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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

Quincy, MA

JULY THRU DECEMBER

2017

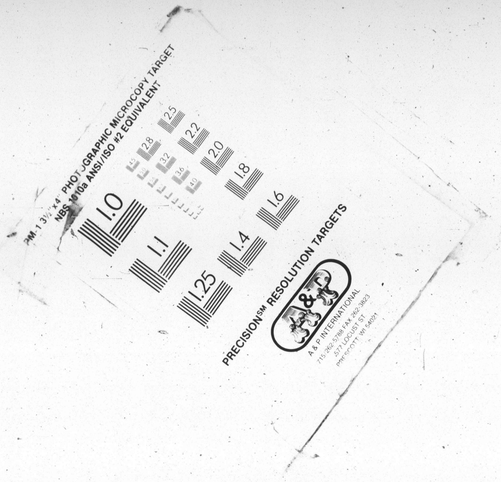
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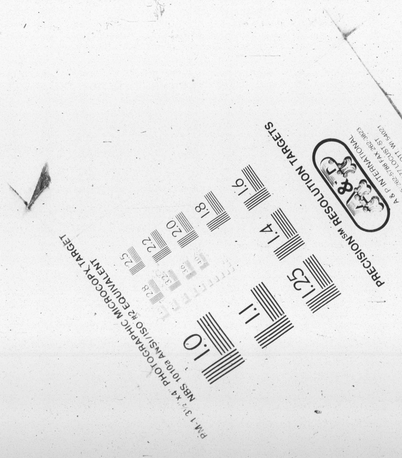

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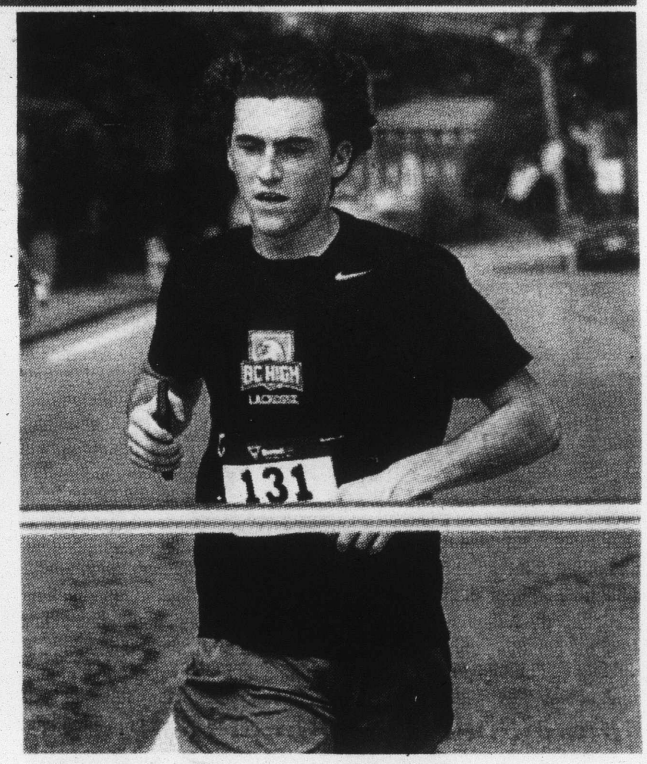
The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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KIM BUCKLEY-WHITE sounds the horn to start the annual Squantum Road Race July 1. Her late father, Bob Buckley, was a familiar figure at the race. About 100 runners took part in this year's race.



ANDREW GOLDEN heads for the tape to win the annual Squantum Road Race.

★ *Squantum Races For* ★
★★ Independence Day ★★



THE ANNUAL SQUANTUM Road Race gets underway on Huckins Avenue July 1. Proceeds benefitted the Squantum July 4th parade. More race photos in the July 13th issue of The Quincy Sun. *Quincy Sun photos/Tom Gorman*



ERICA BRADY breaks the tape to win the women's division of the Squantum Road Race.



RUNNERS HEAD down Huckins Avenue as the annual Squantum Road Race gets underway July 1.



SHANE WRIGHT keeps ahead of James Roper as they head for the finish in the Squantum Road Race.

July Children's Activities, Events At Library - *Page 6*
What Is Ultraviolet Radiation? Health Message - *Page 9*
Fire Vs. DPW/Parks Charity Softball Game - *Page 19*

More Quincy news:
The Quincy Sun.com



BIRDS OF DIFFERENT FEATHER, FLOCKING TOGETHER - Quincy wildlife photographer Laurel Blanchard snapped this interesting photo of four different species of birds together at high tide along the Quincy shoreline across from the Kennedy Center. From left are a Ring-billed Gull, Laughing Gull, Snowy Egret, and Great Egret together near the water's edge.

Photo Courtesy Laurel Blanchard

DPW Commissioner Raymondi Retires

By SCOTT JACKSON

The city is looking for a new commissioner of public works after the retirement of Daniel Raymondi, a former longtime city councillor who held that position for six years.

Raymondi, who had served as the commissioner of public works since 2011, retired effective June 30, according to Mayor Thomas Koch's office.

"Commissioner Raymondi did an extraordinary job in one of the most demanding positions in the city, and I am grateful for his work and his lifetime of commitment to the people of this community," Koch said in a statement.

"We are getting more work done today on our sidewalks, roads, and vital underground infrastructure than at any time, and that's a testament to the commissioner's professionalism, passion, and leadership he brought to the DPW."



DANIEL RAYMONDI

The mayor's director of operations, Al Grazioso, will lead the department on an interim basis until a permanent replacement is hired. The commissioner's position has a $120,000 salary in the city's budget for fiscal year 2018, which started July 1.

Messages left for Raymondi were not returned before The Sun went to press early Saturday due to the Independence Day holiday.

Cont'd On Page 28

John Quincy Adams 250th Birthday Ceremony July 11

Presidential Wreath Laying, Speakers, Book Signing At United First Parish Church

The History and Visitors Program at United First Parish Church, Church of the Presidents announces the annual Presidential Wreath-Laying Ceremony for John Quincy Adams, Sixth President of the United States of America, will be held at noon on Tuesday, July 11 at the "Church of the Presidents," 1306 Hancock St., Quincy Center.

Commander Paul Annexstad of the Navy Operational Support Center Quincy will serve as President Donald Trump's representative for the official ceremony.

This year's ceremony commemorates the 250th birthday anniversary of the Sixth President and the 50th anniversary of the presidential wreath-laying tradition at United First Parish Church, Church of the Presidents. In honor of these two important anniversaries, the Navy Color Guard and participants in the wreath-laying celebration will accompany the presidential wreath in a procession from the Adams mansion at Peacefield to the United First Parish Church immediately prior to the ceremony.

The ceremony's speakers will include Mayor Thomas Koch, Douglas Adams, direct descendant of John and Abigail Adams, Marianne Peak, superintendent of the Adams National Historical Park, and Assistant Secretary of the Commonwealth Michael Maresco.

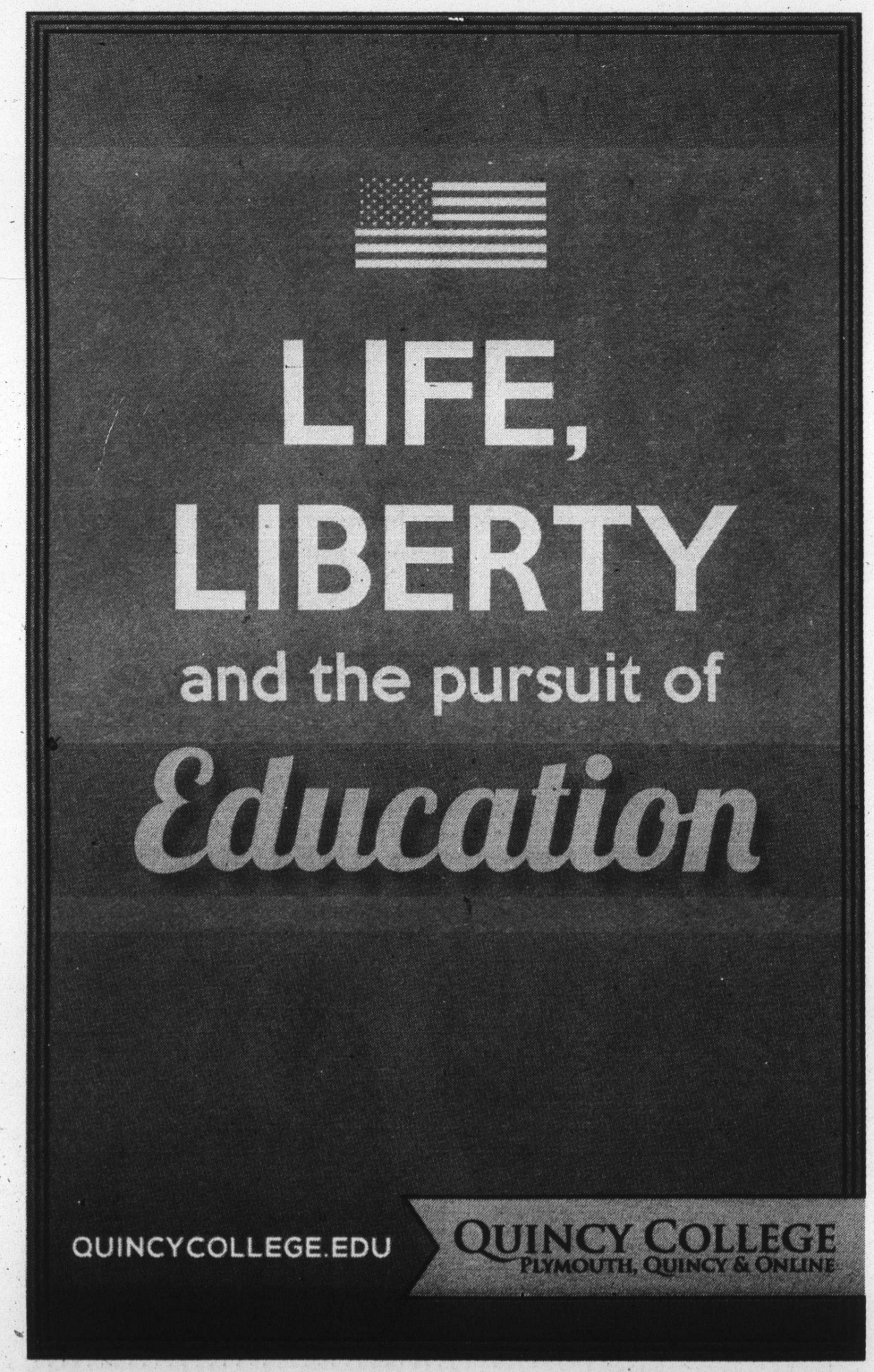
The featured speaker will be James Traub. Traub is a journalist and scholar specializing in international affairs. He is a columnist and contributor to the website foreignpolicy.com. He worked as a staff writer for The New Yorker from 1993 to 1998 and as a contributing writer to The New York Times Magazine from 1998 to 2011. He is also the author of the 2016 biography *John Quincy Adams: Militant Spirit*.

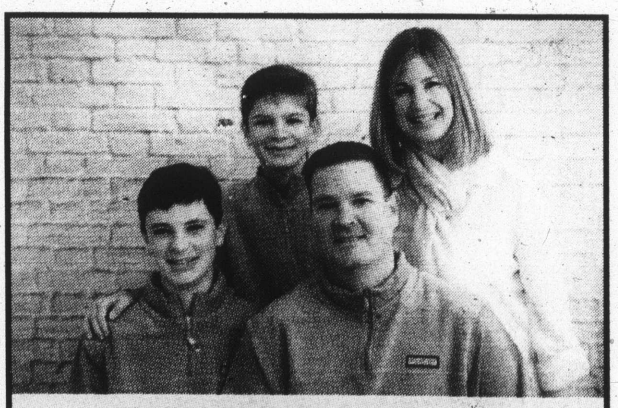
Music for the ceremony will be provided by Navy Band Northeast's Woodwind Trio and the Quincy Choral Society with guest organist Justin Blackwell, Associate Director of Music at Marsh Chapel at Boston University.

A reception including a book signing with James Traub and birthday cake generously provided by Konditor Meister bakery in Braintree will take place in the church's parish hall immediately following the ceremony.

Admission to the wreath-laying ceremony, the Adams Crypt and Church Sanctuary is free. Donations to support the History and Visitors Program are appreciated.

For more information, contact Bob Damon at 617-773-0062 or visitorsprogram@ufpc.org.





Official: Cigarettes Spark 2-Alarm Fire

By SCOTT JACKSON

Cigarettes are to blame for a two-alarm fire at a Quincy Point rooming house that displaced 18 residents, according the city's fire chief.

The fire at 31-33 Winter St., a rooming house owned by the non-profit NeighborWorks of Southern Mass., started in the building's designated smoking area, according to Fire Chief Joseph Barron.

Quincy firefighters were called to the rooming house around 3 a.m. on June 28 after alarms inside the building went off. Deputy Fire Chief Ed Fenby said the first crews on scene reported heavy and smoke on the rear side of the building, with residents hanging out of windows.

"They immediately went into rescue mode," he said.

Two residents were taken out of windows by ground ladders, and one man jumped from a second story window.

Fenby said 19 people – 18 tenants and one guest – were inside the building at the time of the fire, and seven were taken to Quincy

Cont'd On Page 27



CINDY MANNING (third from left) has retired after a 30-year career as a city employee, including 18 as the secretary for the Board of License Commissioners. The board's June 20 meeting, her last, was dedicated to her. Pictured (from left): Fire Chief Joseph Barron, Inspectional Services Director Jay Duca, Manning, Health Commissioner Drew Scheele, City Clerk Nicole Crispo and Police Chief Paul Keenan.

Quincy Sun Photo/Scott Jackson

Quincycles Neighborhood Ride Series: Historic Quincy

Join Quincycles and cycling groups from nearby Boston neighborhoods for a ride highlighting many of Quincy's historical sites, both well-known and not so well-known, on Saturday, July 8 at 9 a.m.

The ride is the third in a series of rides to connect and explore the neighborhoods of Boston and Quincy by bike.

Rides are appropriate for ages 16+ and helmets are required. Get your Neighborhood Ride Series Passport stamped as you enjoy all five rides around South Metro Boston and be entered to win prizes from local businesses.

Participants meet at Quincy City Hall, 1305 Hancock St., before start time. Ride is approximately two hours. Rain date is July 9.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy.

More information about the group and the full schedule of rides can be found on their website at www.Quincycles.org. Review the ride guidelines posted on the site before participating and check Quincycles Facebook page for weather related updates. For any questions, email quincycles@gmail.com.

'Ospreys, Egrets And Poetry' Stroll July 15

The Park Department's Environmental Treasures Program is offering a free stroll at 7:45 p.m. on Saturday, July 15.

Entitled "Ospreys, Egrets and Poetry," the tour will take participants to view an osprey nest with young birds and their parents. Poet Molly Bennett will read a poem she has written about this osprey nest.

The tour will then continue to Sailors' Home Pond where Bennett will read a poem about egrets as participants watch the spectacular flight of great egrets returning to their night time roost.

The tour will begin in front of Beechwood Knoll School, 225 Fenno St. Participants should wear long pants and socks that cover the bottom of the pants (to minimize tick exposure) and bring bug spray.

For more information, call 617-472-0799.

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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



A REAL STEM WINDER

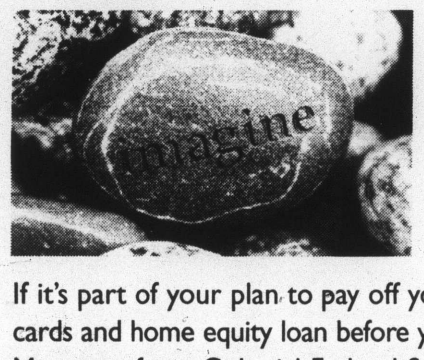
For those who collect high-end automatic watches, "watch winders" are as much of a necessity as a luxury. These useful devices generally consist of elegant boxes with one or more compartments with mechanisms that rotate self-winding watches in three directions—clockwise, counterclockwise, and bi-directional. These motions simulate the various directions in which an arm would naturally move. In doing so, watch winders allow self-winding watches to keep proper time. This negates any need to reset the watch after it has been left unused for prolonged periods of time. Sometimes as elaborate or as ornamental as the watches they hold, watch winders are fine decorative pieces in which watch enthusiasts can house and display their collections.

We feature a constantly changing assortment of estate and preowned jewelry and other items. This category makes unusual treasures available at attractive pricing to the public. Included at any time may be watches or gems from the 1800's along with items as recent as the 1990's. To learn more about our jewelry selection, please call 617-773-3636 or see us at 1402 Hancock St. in Quincy Center. If we don't have something in stock, we will get it, usually within 72 hours with no obligation on the customer's part.

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MERRYMOUNT SCHOOL fourth grade teacher Lorie Hammerstrom (second from left) was recently named a finalist in Massachusetts for the Presidential Award for Math and Science Teachers. Offering congratulations are (from left) Quincy Public Schools administrators Keith Segalla, director of Career and Technical Education; Ann Pegg, principal of Merrymount School and Quincy School Supt. Dr. Richard DeCristofaro. *Photos Courtesy Quincy Public Schools*

Moments in time

THE HISTORY CHANNEL

• On **July 18, 64 A.D.**, the great fire of Rome breaks out and destroys much of the city. Despite the well-known stories, there is no evidence that the Roman emperor, Nero, played the fiddle while Rome burned. The fiddle did not even exist at the time, and Nero was 35 miles away when the fire broke out.

• On **July 21, 365 A.D.**, a powerful earthquake causes a tsunami that devastates the city of Alexandria, Egypt. The tsunami wave carried ships over the sea walls, landing many on top of buildings. Some 5,000 people lost their lives.

• On **July 23, 1918**, Della Sorenson kills the first of her seven victims in rural Nebraska. Over the next seven years, friends, relatives and acquaintances died under mysterious circumstances. Sorenson was arrested and confessed, saying, "I like to attend funerals. I'm happy when someone is dying."

• On **July 17, 1955**, Disneyland opens on 160 acres of former orange groves in Anaheim, California. Today, Disneyland hosts more than 14 million visitors a year.

• On **July 20, 1973**, actor and martial-arts expert Bruce Lee dies in Los Angeles at age 32 from a brain edema, possibly caused by a reaction to a prescription painkiller. Growing up, Lee was a child actor who appeared in 20 Chinese films.

• On **July 19, 1989**, 21-year-old actress Rebecca Shaeffer is murdered at her Los Angeles home by Robert John Bardo, a mentally unstable man who had been stalking her. Schaeffer's death helped lead to the passage in California of legislation aimed at preventing stalking.

• On **July 22, 2003**, Army Pvt. Jessica Lynch, a prisoner of war who was rescued from an Iraqi hospital, receives a hero's welcome when she returns to the U.S. Critics -- and Lynch herself -- later charged the U.S. government with embellishing her story to promote the Iraq war.

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Merrymount Teacher Lorie Hammerstrom Named Presidential Award Finalist

Lorie Hammerstrom, a fourth grade teacher at Merrymount Elementary School, is one of two finalists in Massachusetts for the Presidential Award for Math and Science Teachers.

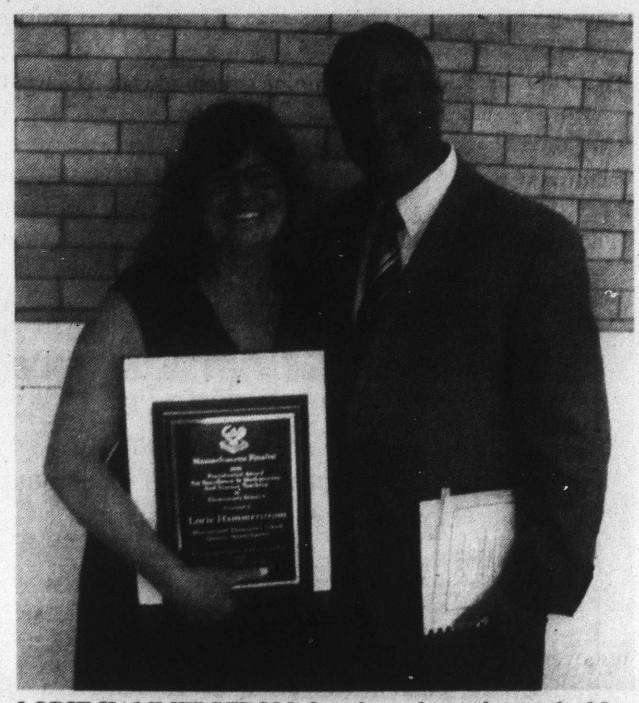
Hammerstrom was honored at the State House on June 15. The winner will be announced this summer.

Hammerstrom earned her Bachelors of Science in Elementary Education in 1986 from Eastern Nazarene College in Quincy, and her Masters of Education in 1989, also from ENC.

Hammerstrom said science has always been her passion. She began teaching 4th grade in Quincy in 1986, and has been the science focus teacher for 4th and 5th grade students for 31 years at Atherton Hough Elementary School, Point Webster Middle School and currently at Merrymount Elementary School. She said her dream is to motivate students to love learning, particularly science.

In the summer of 2011, Hammerstrom won a scholarship to attend Space Academy for Teachers in Huntsville, Alabama. The next summer, she was awarded a second scholarship to attend the Advanced Space Academy for Teachers. She has created an ongoing after-school Space Camp STEM enrichment program for students, which includes many STEM projects, including rocket launches and visits by real astronauts to Merrymount School.

More than 60 students take part in this exciting program each year. Her principal (and former PAEMST award winner) Ann Pegg nominated Hammerstrom for the PAEMST award.



LORIE HAMMERSTROM, fourth grade teacher at the Merrymount School and finalist for the Presidential Award for Math and Science with School Supt. Dr. Richard DeCristofaro.

49 Quincy Students On Boston College High School Honor Roll

Forty-nine students from Quincy are listed Boston College High School's fourth quarter Honor Roll.

They are:

Andrew Bargoot, 2019, Honors; Matthew Brandi, 2019, High Honors; Owen Carberry, 2018 High Honors; Brendan Cole, 2018, Honors; Samuel Danby, 2019, High Honors; Declan Deasy, 2018, Honors; William Farrell, 2920, Honors; John Fitzpatrick, 2018, High Honors; Coleman Flaherty, 2020, High Honors; Stephen Flynn, 2019, Honors.

Colman Gillis, 2019, High Honors; Zachary Hatfield, 2020, High Honors; Sean Healy, 2018, High Honors, Joseph Henry, 2018, High Honors; Christopher Hussey, 2020, High Honors; Ethan Johnson, 2020, High Honors.

Dattatreya Kalluri, 2018, High Honors; Dylan Kazmouski, 2019, Honors; Kevin Keenan, 2019, Honors; Jack Kelly, 2018, Honors; Brendan Kennedy, 2019, Honors; Alexander Kiley, 2019, Honors; Nicholas Kuranda, 2019, High Honors; Braydon Lawrence, 2020, High Honors; Ethan Lunny, 2020, High Honors.

John MacDonald, 2018, High Honors; Thomas McCormack, 2020, High Honors; Martin McCormack, 2018, Honors; Dylan McDonald, 2019, Honors; Diarmuid McGonagle, 2018, High Honors; Joshua McMillen, 2020, High Honors; William McMillen, 2020, Honors; Reese Mullen, 2019, Honors; Aidan Murphy, 2020, High Honors; Jake Murray, 2019, High Honors.

Steven Ngo, 2018, High Honors; Edward Ordway, 2018, Honors; Donald Ormond, 2019, High Honors; Aidan O'Sullivan, 2019, Honors; James Pham, 2019, Honors; Robert Pittman, 2019, High Honors; Thomas Potts, 2020, High Honors.

Michael Richardson, 2020, High Honors; Thomas Richardson, 2019, Honors; Patrick Shalvey, 2018, High Honors; Michael Song, 2019, High Honors; Matthew Summering, 2019, Honors; Andy Trebicka, 2018, High Honors; Vishvakishore Venkatesan, 2020, High Honors.

6 Residents Graduate Mass. Maritime

Six Quincy residents recently graduated from the Massachusetts Maritime Academy in Buzzards Bay.

They are:

Cadet 1st Class Edward J. Villard graduated with a Master of Science in Emergency Management.

Cadet 1st Class Danilo Dos Santos Lopes graduated with a degree in International Maritime Business.

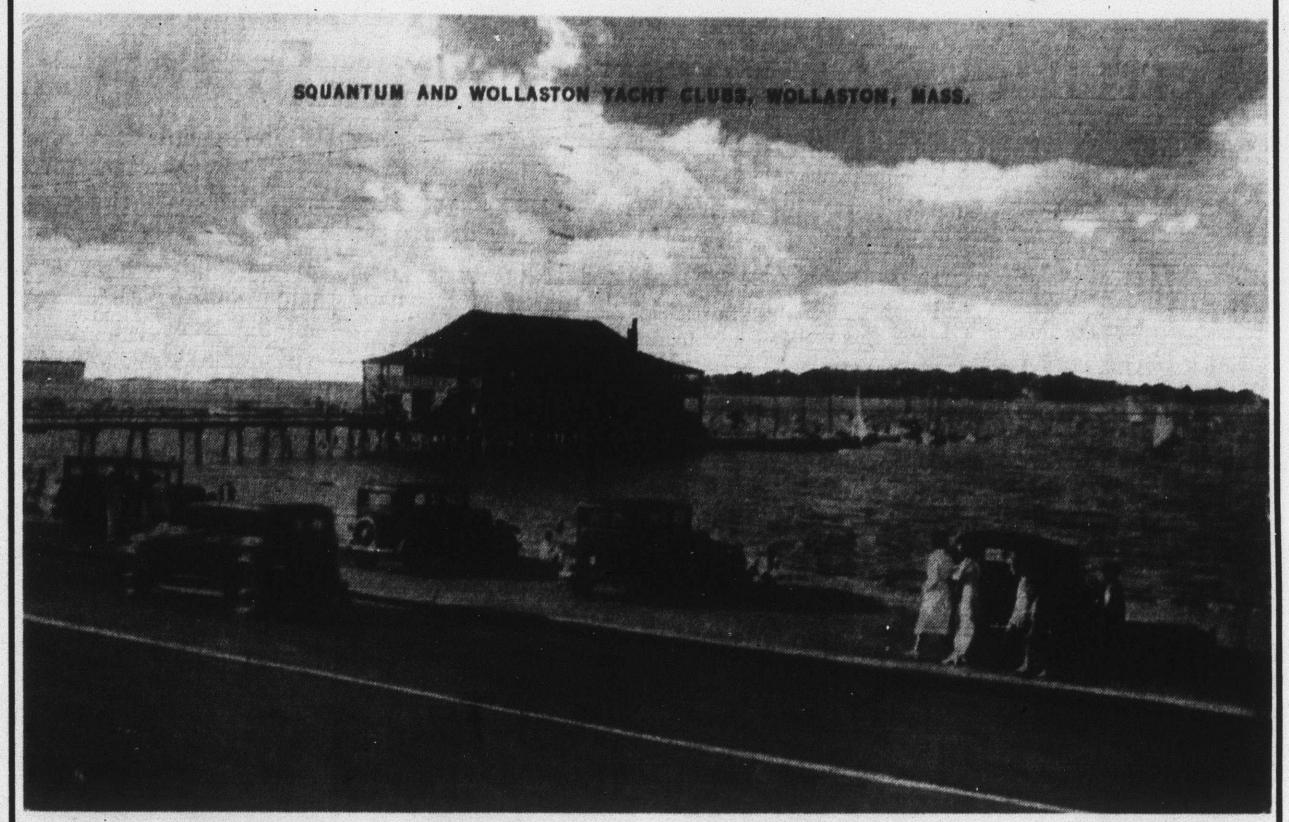
Cadet 1st Class Christopher Mathias Kerin graduated with a degree in Marine Engineering.

Cadet 1st Class Kristina Vey graduated with a degree in Marine Engineering.

Cadet 1st Class Walter J. Hannon IV graduated with a degree in Facilities Engineering.

Cadet 1st Class Cassandra Lynne Swanson of Wollaston graduated with a degree in Marine Engineering.

Scenes From Yesterday



THIS IS A 1920s postcard view of Wollaston Beach showing the old Wollaston Yacht Club building. The Squantum Yacht Club is out of sight on the left. Automobiles parked on the beach here until the first seawall was built in 1926. This clubhouse was originally on land on the shore and was floated out to the pilings just before the boulevard and beach were constructed in 1908. The building had been expanded just before this picture was taken and it looked like this for almost 30 years until it was reduced to its present shape by a disastrous fire in the late 1940s. The club has never fully recovered from the fire. The Squantum peninsula is in the distance. This view is from the old MDC lifeguard and police station, now the site of a small park. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1970
47 Years Ago

Flood Insurance Now Available For Homeowners

Quincy homeowners now have the official go-ahead to purchase low-rate flood insurance under a federally subsidized program.

Letters are going out from Mayor James R. McIntyre's office to an estimated 1,000 owners of trouble area properties instructing them on how to obtain the insurance.

Quincy is the first city in the state to be approved for the program under which owners of single to four-family dwellings may obtain the financial flood protection at a rate of $4 to $5 per $1,0000 coverage.

"Until now it had been impossible to get flood protection because the high insurance rates were prohibitive," Mayor McIntyre said.

FINNISH PRESIDENT TO BE INVITED TO VISIT QUINCY

Mayor James R. McIntyre is inviting President Urko Kekkonen of Finland to visit Quincy this month. President Kekkonen will make an official visit to the United States and is expected to fly to Fitchburg from Washington, D.C. on July 15 to inspect the United Cooperative Summer Festival there.

"If President Kekkonen's visit to Fitchburg is firmed up, I will invite him to stop in Quincy," said McIntyre. "It wouldn't take him that far out of his way. We have a large Finnish population in Quincy of whom we are proud. They have helped make Quincy the great city that it is," McIntyre declared.

QUINCYISMS

Kenneth P. Fallon, Jr., vice-president in charge of sales for Radio Station WJDA, Quincy, was scheduled to be installed as Supreme Counselor (International President) of the Order of United Commercial Travelers of America at the group's 83rd Annual Convention in New Orleans... **Harold S. Crowley, Jr.**, 3 Flagg St., Wollaston, was appointed to the Conservation Commission by Mayor James R. McIntyre... **Miss Jean Fossati** and **Mrs. Margaret King**, teachers in the Quincy Public School system, were attending the 108th Annual Convention of the National Education Association in San Francisco... The "Grand Opening" of "Beauty Time," located at 1466 Hancock St., Quincy Center, was scheduled for July 6. Introductory prices included a "Haircut for only $2"... The Quincy High School Class of 1965 was planning a fifth-year reunion to be held at the South Shore Country Club in Hingham. Members of the class may contact **Daniel Raymondi**, class president, for further information... **Mr.** and **Mrs. Joseph Nichol** celebrated their 30th wedding anniversary at a surprise party given by their children. The event was held at the Houghs Neck American Legion Post Home. The couple was married by Mrs. Nichol's brother, **Rev. John Duffy, CSSR**. Mr. Nichol had been a member of the Quincy Police Department for over 20 years while Mrs. Nichol was employed by Montilio's Bakery. The couple has four children and six grandchildren... **Arthur R. Curtis** was elected by the Congregation to the position of Associate Minister at Bethany Congregational Church. Rev. Curtis was a graduate of Boston University School of Theology... Quincy Minit Car Wash, 459 Southern Artery, was advertising "Custom Car Washes for $2.25"... Wollaston Federal Savings and Loan Association, 15 Beach St., Wollaston, was offering a 5 ½% per annum interest rate: "On Our New 90-Day Special Notice Account"... **Robert F. Denvir, Jr.**, 11 Spring St., was elected president of the Houghs Neck Community Council for the year 1970-1971. He succeeds **John Powers**. The Council, at the request of **Leo J. Kelly**, a member of the Sgt. Grenham Youth Center Board of Directors, voted to become the official sponsor of the center... At Brett's Package Store, West Squantum St., Montclair, a full part of "Colonel Quincy, Blended Whiskey" was selling for $4.69... **Rep. Clifford H. Marshall** has endorsed legislation, which if passed, will create an executive office of elder affairs, headed by a cabinet level secretary... **MDC Detective Leo A. Papile** received high departmental honors from **MDC Commissioner John W. Sears** for his role in helping to solve the shooting of **MDC Officer Edward G. Sullivan** on Jan. 12, 1970.

Readers Forum

Less Asphalt Will Keep Quincy Beautiful

The City of Quincy is revitalizing the downtown by City Hall to make a pedestrian accessible greenway by removing asphalt and redirecting auto traffic. The changes will make the area more environmentally friendly.

Yet, a five-minute walk toward "Quincy Point" to Main Street one can see the obvious change from a nice green lush neighborhood to a street of asphalted and black tops by replacing front lawns for large paved areas.

These homeowners chose to remove tons of dirt and granite walls for parking lots for their tenants.

Yes, parking lots. I can only speak for Main Street that a stroll down here you will notice many homes converted their front lawns for renters' cars. This is wrong.

I am sure that the city inspectors and code enforcers have approved many of these paved areas. But, I recently found out that a nine-car asphalted yard that I am an abutter to was not permitted. Done without the proper permits and for years I thought it was approved and never questioned why a 20x34 foot single home needs nine car spaces and by removing the original retaining structural wall which prevented water runoff and land erosion.

I recently received a city letter that the owners of 5 Main St. want to add another floor on top of this structure which is only 20x34. This property was built in the 1800s as a small neighborhood grocery store for the two leather factories that were on Main and Baxter. This structure has been maintained with the original façade for over 100 years which is historical in many ways. Not on the city's register, but in 1989 it was approved to be converted to a single one bed/bath and to be kept in its style and charm by the original façade. The building's footprint was to be kept the same not to be built up or out and with a two permitted car parking space and a structural granite retaining wall.

These owners who purchased it 14 years ago have added another bedroom and bath. Plus two families live there.The owners without consulting the City of Quincy removed the granite retaining wall and two spots to replace and asphalt a nine-car space which slopes to the rear back yard. As an abutter I did not question this paving but have been concerned for years of the water runoff and pooling and obvious erosion and drainage issues.

At a Variance meeting I found out that the nine-car paved areas were done without the proper permits. There is a reason we have city inspectors and code enforcers that protect our city and its residents. This permit-less pavement is of grave concern not only to my property as an abutter but to the others that abut also. Flooding, run off and drainage problems when heavy rains can occur has eroded that property. I can only speak for 5 Main Street since I am an abutter. On Main Street there are so many homes that might not comply with paving excessive land. The city inspectors can only do so much and will always act in the preservation and integrity of the city's neighborhoods.

My home abuts this property and with continuous erosion my property will be adversely affected more. I praise the city officials for their help in understanding and the process of improving the quality of life and safety of its residents. I know this is one issue that has strong environmental repercussions if we allow any owner to pave and alter their property without the city's permits, then we open a can of worms.

Let city inspectors do their jobs. Bring back grass, flowers, shrubs and trees.

Keep Quincy beautiful.

John Russo
Main Street

Quincy 2020 Wish List From A Concerned Activist

Here is a wish list for Quincy for the year 2020.

1. The need for affordable housing.
2. No more bars and car dealerships.
3. Install No U Turn signals on major streets.
4. No truck traffic on West Squantum Street.
5. Stop converting single-family homes into boarding rooms.
6. Respect our laws.
7. Increase fines for illegal work.
8. Bright crosswalks.
9. Fine jaywalkers.
10. We need traffic cops.
11. Lunch programs for seniors.
12. Remove bus stop from West Squantum Street T Station.
13. Dress code for schools.
14. Cut down dead trees.

Howard MacKay
Ardell Street

Mai Thanh Dang On Clark Dean's List

Mai Thanh Dang of Quincy has been named to first honors on the Clark University Dean's List for the spring semester.

Arts & Entertainment

Children's Events, Activities At Crane Library In July

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the month of July.

The Children's Movies @Main Library

Bob the Builder Marathon, Friday, July 7th at 10 a.m. – 4 p.m., Children's Room.

Stop by the Children's Room any time today and check out some of your favorite Bob the Builder episodes. Use our small building blocks to do your own building while you watch.

Sponsored by the Friends of the Thomas Crane Public Library

Art-to-go is a 9-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 and 4 p.m. Monday, Main Library; Tuesday Adams Shore; Wednesday Wollaston; Thursday North Quincy to make this week's craft.

Week of July 10th – Construction hats.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy

Lady and the Tramp

Monday, July 10th at 2 p.m., Rated G.

Experience the thrilling adventures of Lady, a lovingly pampered cocker spaniel, and Tramp, a free-wheeling mutt with a heart of gold. When Lady's master and mistress, Jim Dear and Darling, leave town for a few days, Aunt Sarah arrives with her two cats to babysit. This heartwarming tale features exquisite animation, unforgettable songs and one of the greatest love stories of all time.

Rated G. Run time 75 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

LEGO Building at Wollaston

Tuesday, July 11th from 1:30 p.m. to 4:30 pm

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week.

How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week!

This week's challenge: Towers

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Storytelling at the Wollaston Playground, weather permitting

Tuesday, July 11th at 3 p.m., all ages.

Join a children's librarian at 3 p.m. at the Wollaston Beach Playground Park on the corner of Sachem St. next to the Clam Box across from Wollaston Beach on Tuesday, July 11, 18 and 25 for stories, songs and more.

Stop by to hear a story or two and pick up a calendar listing all of the summer events. Weather Permitting

Book Discussion— Outcasts of 19 Schuyler Place

Tuesday, July 11th at 7 p.m., Main Library Children's Room.

Ages 10-14 (entering grades 5-8)

Grab a copy of the book from the Main Library Children's Room, then come join us to talk about it!

Freshly rescued from a miserable experience at Camp Talequa, where she was housed with seven cruel cabin mates, Margaret Rose is looking forward to spending the rest of her summer with her beloved great-uncles, Morris and Alexander. Little does she know, the Uncles themselves are in need of a rescue.

For the last forty-five years, the Uncles have been building three giant towers in their backyard from scrap metal and shards of glass and porcelain. But now, bowing to pressures from some powerful home owners, the towers have been declared a blight on the neighborhood. Even worse, the city council has voted to have them destroyed.

Margaret Rose is outraged. She knows the towers for what they truly are: irreplaceable works of art. To Margaret, the towers sing. They sing of the joy of making something big and beautiful out of bits and pieces; of integrity; but perhaps most important of all, they sing of history. And Margaret Rose is determined to make sure they always will.

Copies of the book, Outcasts of 19 Schuyler Place by E.L. Konogsburg will be available in the Children's Room beginning on June 14th, to be read before the group meets.

Fourth graders who will be entering 5th grade in September 2017 are welcome to join the Phoenix Book Club this summer. We can't wait to meet you!

Pajama Storytime

Wednesday, July 12th at 6:30 p.m., Main Library Large Meeting Room

Ages 2-5 with an adult.

Join Mrs. Miller for a 3-week series of pajama storytimes designed especially for children ages 2-5 and their parents. Join us for 45 minutes of interactive stories songs and rhymes. This program is designed for adults and children ages 2-5 to enjoy stories and songs as a family. This is a great time for you and your children to sing, dance, listen and talk with each other.

Online Summer Reading Challenge

This summer from June 23rd through Aug. 31st track your reading on your computer, phone or other mobile device with our new summer reading game. Sign up, log books, and complete challenges. As you add books and complete challenges you will earn online badges and online raffle tickets. We'll have a drawing for the raffle prizes the first week in September. We have two programs one for babies and young children up to age 6 and the other for ages 7-13. Teens are invited to join our teen summer reading program.

Looking for some good books to read?

When you sign up for the online summer reading program you will begin receiving weekly emails with book suggestions. Parents of younger children will also receive an early literacy tip to extend your reading experience for older children these suggestions are a great way to find new books and authors to try.

Historical Society Summer Trip July 27

The Quincy Historical Society will take a summer trip to the Gloucester seascoast and waterfront Thursday, July 27.

The day trip features a tour of the Beauport Sleeper-McCann house, lunch at the Gloucester House Restaurant, and a chance to explore the Rocky Neck Art Colony.

Participants will depart the Adams Academy at 8:30 a.m. and arrive at Gloucester's Eastern Point for a 10:30 a.m. tour of Beauport House, the creation of Henry Davis Sleeper, one of America's earliest and most influential interior designers. Beauport was both Sleeper's home and his lifelong project. Each of the house's 40 rooms has its own distinctive design concept, from Early American to the Jazz Age, and is outfitted with paintings and art from Sleeper's lifetime of collecting.

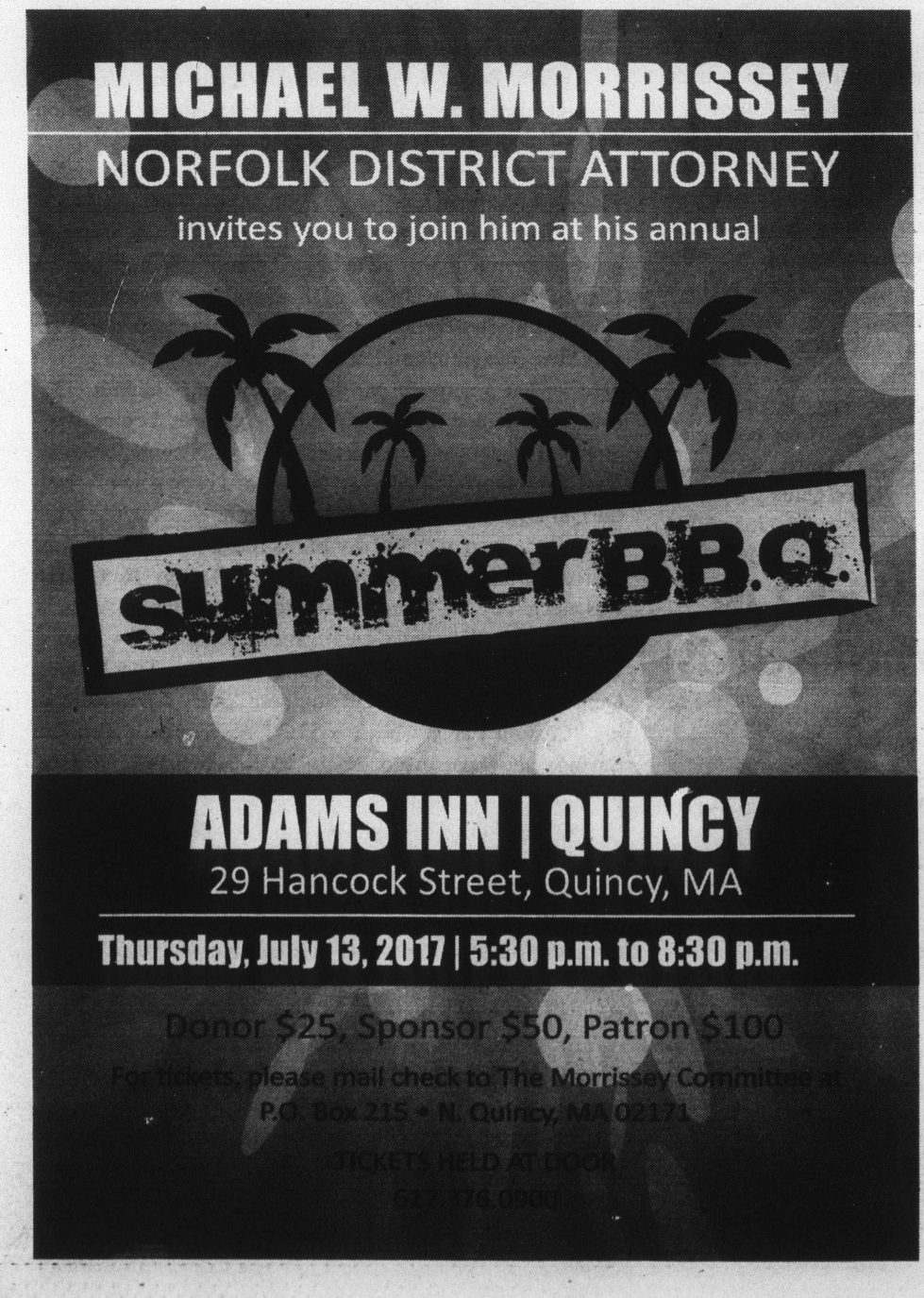
Lunch at the Gloucester House offers a choice of baked scrod or baked stuffed chicken, served with potato and a garden salad, and strawberry shortcake for dessert.

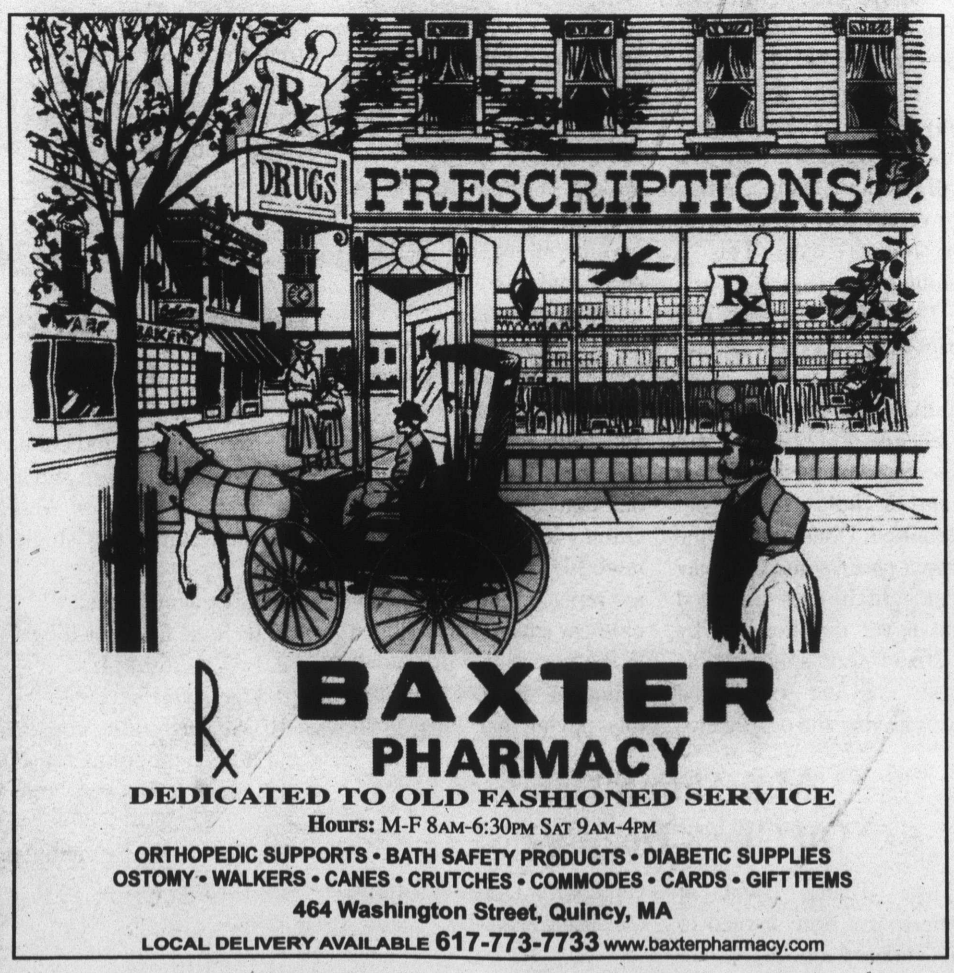
After lunch, roam through 36 waterfront galleries and shops of the Rocky Neck Artists Colony.

Depart at 4 p.m. with arrival back at the Adams Academy at about 5:30 p.m.

Price for the trip is $75 for Historical Society members and $80 for non-members.

To register for the trip, call the Quincy Historical Society at 617-773-1144.





Manet CHC Celebrates New Foundation, Affiliation

Supporters, community leaders, elected officials, patients and staff recently gathered at The Common Market Restaurant in Quincy to attend Manet Community Health Center's June Bloom celebration -- and they had a lot to celebrate.

The event was the introduction of the founding board members for the newly formed Manet Community Health Foundation (MCHF), and it was the official launch of Manet's primary affiliation with Boston Medical Center (BMC) Health System.

Serving as master of ceremonies for the evening was Joseph Reardon, who is the immediate past president of Manet's Board of Directors and the chairperson of the MCHF. He introduced his fellow foundation board members:

• Eric Cohen, MD, gastroenterologist and board-certified internal medicine physician with offices in Quincy

• Sean Curry, local Quincy businessman, co-owner of Curry Hardware and co-founder of QMC's Marie A. Curry Fund, named for his mother

• Patricia "Patty" Dillane, senior director at Blue Cross Blue Shield of Massachusetts and South Shore resident

• Matt Littlefield, member of the Manet Board of Directors, Hull resident and director of business development for Innovative Cost Solutions



KATE WALSH

• Grace McAuliffe, former member of Quincy Medical Center Board of Trustees and the former QMC Estate and Foundation Committee, Quincy resident

• Helen Shiner, a lifelong Quincy resident, broker/owner of The Shiner Group real estate firm and board member of DOVE

The evening also included greetings from Mayor Thomas Koch and Jim Hunt, president and CEO of the Massachusetts League of Community Health Centers, before Manet's Board President Eva Greenwood introduced Kate Walsh, president and CEO of BMC Health System. Walsh lauded the formation of the new foundation and expressed her excitement about the expanded relationship between Manet at BMC, which began in 1999 and expanded in February with the announcement of a new primary affiliation.

"Earlier this year we took steps to deepen this partnership and we really couldn't be more pleased to have this expanded affiliation," Walsh said. "This deeper relationship will allow us to move forward to work together on a number of initiatives to improve care…It will bring together the creative and innovative thinking of the team at Manet and the team at BMC to better serve our patients. At BMC, we call this exceptional care without exception, and Manet's commitment is 100 percent real.

"The people we are privileged to care for face similar challenges in their lives – these are our neighbors, these are our friends and family members. Some have barriers to good health – higher rates of chronic disease, behavioral health issues, substance misuse disorders or other conditions.

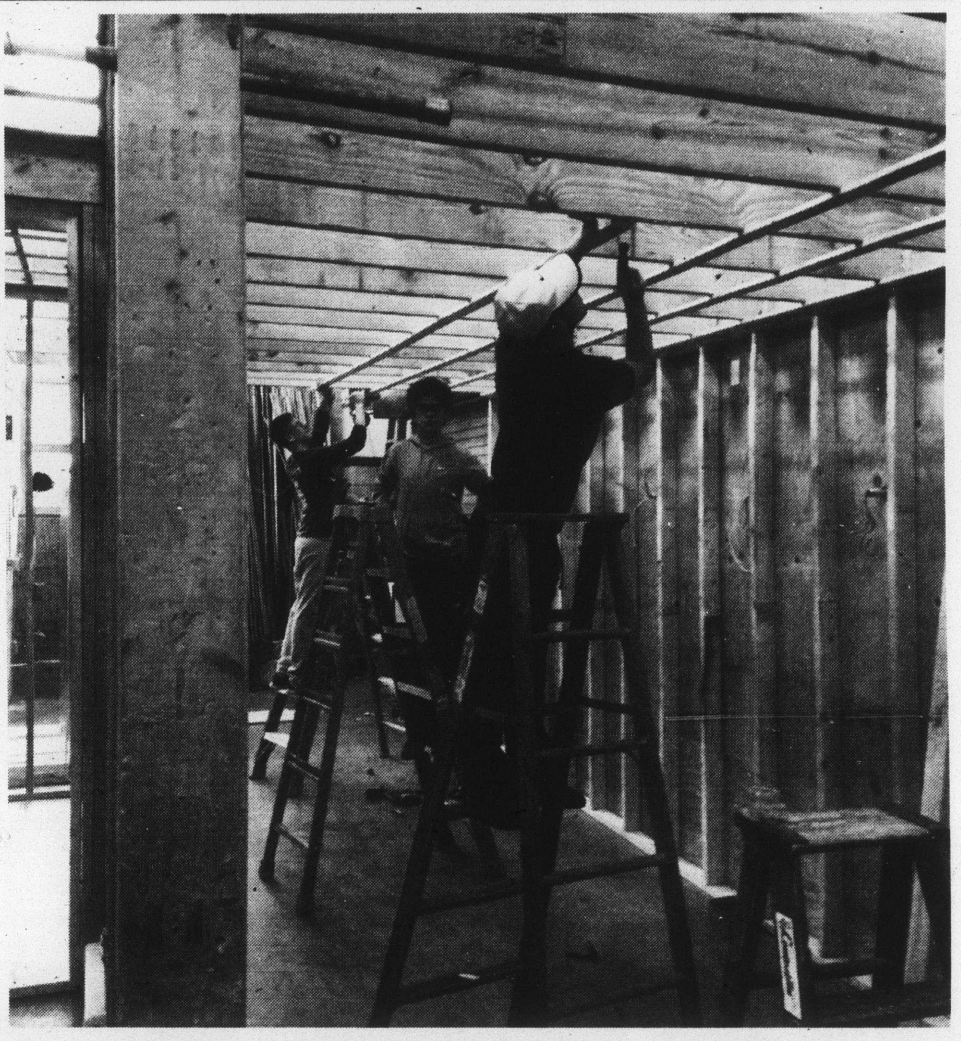
"Together – everyone in this room and everyone we represent -- we can make a difference in the trajectory of people's lives and their futures. I can't think of a more rewarding thing to try to do and I cannot think of a better partner to try to do this with. I am really proud to be here to be part of the launch of the Manet Community Health Foundation. It is an honor to be here to support this important work," Walsh added.



MANET PATIENTS Scott Sundquist and Seana Harris enjoy a moment with Dr. Jennifer Sabir and Cynthia Sierra, Manet CEO. *Photos Courtesy Manet Community Health Center*



ENJOYING A MOMENT at Manet Community Health Center's recent June Bloom celebration are (from left) Dr. Lily Yung, patient Gwendolyn Franks and Kate Walsh, president and CEO, BMC Health System.



Aldo Electric Donates Building Supplies For QHS Work Stations

Quincy High School's Career & Technical Education Electrical Technology Program now has 12 additional work stations due to the generosity of Aldon Electric. Al and Don Mullaney of Aldon Electric have donated building supplies for the additional work space. The generosity of Al and Don Mullaney not only supports our program but bolsters its success. This year was no exception.

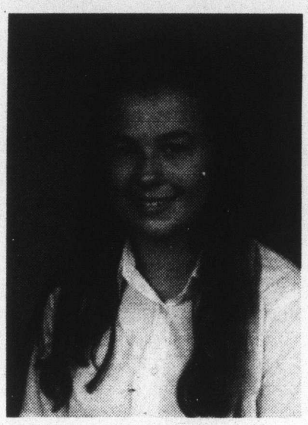
Many CTE students have found their passion for Electrical Technology in our classrooms. The program has produced numerous students who have successful careers as electricians. Al and Don participated in the electrical program and graduated Quincy High School in 1976 and 1977.

Fionnuala McDermott Wins Latin Exam Award

Fionnuala McDermott of Quincy, a freshman at The Newman School in Boston, is a National Latin Exam Award winner.

McDermott achieved summa cum laude, the highest level of honor for the exam.

The Newman School is a private high school offering both the globally recognized, rigorous International Baccalaureate Program, as well as traditional liberal arts studies, preparing all its students to meet the academic demands of college.



FIONNUALA McDERMOTT

Teachers and students form strong, meaningful bonds from which confidence, self-discovery, respect, and success blossom

Rich in diversity, Newman students interact daily with a wide range of cultures and socio-economic backgrounds.



Srivatsan Marimuthu Dependable Cleaners' Read To Ride Bicycle Winner

Dependable Cleaners announces Srivatsan Marimuthu of Quincy has won a new bike through its annual Read to Ride program.

The program is designed to encourage students to keep up with their reading during the summer months. Students from ages 6-15 will have the chance to win a bike or an exciting prize for every book they read. Since the program's inception in 1999, more than 72,000 books have been read.

Srivatsan, age 6, is a reading enthusiast and has already completed over 30 entries this year. His favorite author is Dr. Suess and loves the book *Horton Hears a Who*.

Srivatsan will be in first grade this fall at Montclair Elementary School and enjoys playing soccer, spelling bees, swimming, and doing his homework. He is very excited to be starting the summer with a brand new bike.

Participation in Read to Ride is easy. For every book a child reads, they fill out an entry form and submit it at any of the 16 Dependable Cleaner locations or with Dependable Cleaners' Home Delivery Drivers. Entry forms are available at all Dependable Cleaners locations, delivery routes, Country Ski & Sport locations, Farina's Bike Store in Watertown, local libraries, bookstores and online at www.dependablecleaners.com/read-to-ride/.



DEPENDABLE CLEANERS' Read to Ride bike winner Srivatsan Marimuthu with his new red bike at Country Ski & Sport in Quincy. *Photo Courtesy Regan Communications*

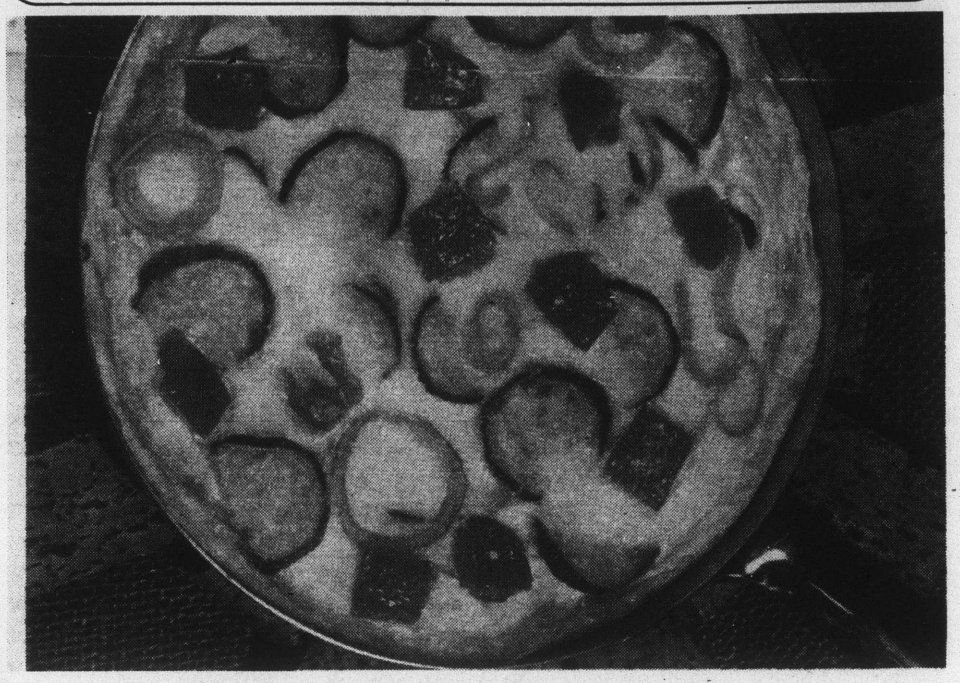
One grand prize winner will be drawn each Monday beginning June 5 until Aug. 14 (except for July 3rd). The grand prize winners will receive a new bike and helmet. Two additional winners will receive a runner prize. A full list of Read to Ride partners, terms and conditions, and a printable entry form are accessible at www.dependablecleaners.com/read-to-ride/.

WHAT'S COOKING with *Marie & Susie*





By MARIE D'OLIMPIO and SUSIE FALCO



Zucchini Frittata

By MARIE

The way I look at it anything over 3 eggs is a frittata, at least in my family it is.

Today's delicious recipe is for a zucchini frittata. The nice thing about zucchini is that they are always available in supermarkets in winter or summer. Zucchini frittata left overs can always be reheated in the microwave or toaster oven making a quick and nutritious snack!

RECIPE

¼ cup olive oil or cooking oil
1 medium zucchini, thinly sliced
¼ cup onion, finely chopped
1 large tomato, finely chopped
¼ teaspoon dried oregano or Italian season (optional)
Salt and pepper to taste
6 eggs beaten
½ cup grated provolone or mozzarella cheese

Heat oil, add zucchini and onion and sauté until lightly browned. Add the tomato, oregano, (if using) salt and pepper and sauté to evaporate the liquid.

Pour the eggs over the mixture and cook as you would an omelet until the egg is set and the bottom is lightly browned. Sprinkle with cheese, cover and cook over low heat until top of frittata is set and cheese is melted. Slide frittata on to a platter, cut into wedges and serve.

Fudgy Blender Brownies

By SUSIE

These brownies are so easy to make, with just a few ingredients that you just throw in your blender.

Who needs a mix loaded with sugar and usually ingredients you never heard of? (Or at least ingredients your grandmother did not use when making brownies!)

Cassava flour is made from the Yucca root. Ottos makes my favorite brand. Cassava flour is easy to digest and naturally gluten free. Great for people with food intolerances.

These freeze well too! Take them to your next party and you will be the hit, for sure! (No one has to know they are "healthy" brownies.)

RECIPE

1/2 cup melted butter (I prefer Kerrygold Irish butter. It is made from grass fed cows and lots of studies are backing up the health benefits of real butter.)
1 1/4 cup coconut sugar
1 1/2 teaspoons pure vanilla (not the fake stuff)
2 organic eggs
1/4 cup PLUS two tablespoons organic cocoa powder
1/4 tsp sea salt

INSTRUCTIONS

Preheat oven to 350. Grease an 8-inch by 8-inch pan.

Throw everything in the blender and blend until well combined adding flour and cocoa powder LAST.

Bake for about 20 minutes.

These must cool at least 1/2 hour before eating otherwise they fall apart.

24 Quincy Residents Graduate BU

Twenty-four Quincy residents recently received degrees from Boston University.

They are: Mary Conroy, Master of Fine Arts in playwriting; Mark W. McPherson, Juris Doctor in law, Cum Laude; Gabriel Fernandes De Britto, Bachelor of Science in management studies; Teresa M. Tam, Bachelor of Arts in psychology; Patrick L. Querido, Master of Science in computer science; Michael R. Haley, Bachelor of Science in computer engineering; Heather A. Brown, Master of Social Work in social work; Amanda L. Ferg, Master of Fine Arts in production; Anna Mroz, Bachelor of Science in management studies, Cum Laude.

Sophie Lee, Bachelor of Science in human physiology; Michael I. Baysa, Master of Sacred Theology in biblical and historical studies; Nicholas Quinby, Juris Doctor in law, Magna Cum Laude; Ashley B. Deskins, Master of Science in health communication; Thuy Duong T. Le, Bachelor of Arts in biochemistry and molecular biology; Kara E. Rowland, Bachelor of Science in communication; Monica H. Le, Bachelor of Science in human physiology; Abigael J. Yotts, Bachelor of Science in athletic training; Nathaniel F. Trusten, Master of Science in project management; George A. Bill, Bachelor of Science in mechanical engineering.

Vicky Nguyen, Master of Social Work in social work; Helen L. Tran, Bachelor of Science in health science; Yufei He, Master of Public Health in epidemiology and biostatistics; Jillian M. Norris, Bachelor of Arts in biochemistry and molecular biology; Raphael Denimir I. Baysa, Bachelor of Arts in computer science.

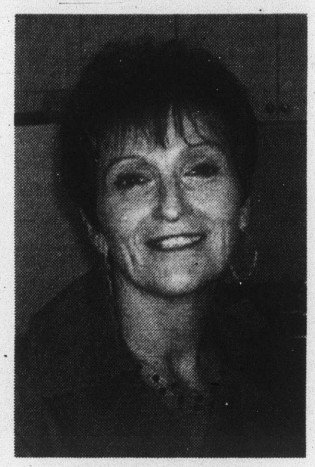
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What Is Ultraviolet (UV) Radiation?

A Message From The Quincy Health Department



RUTH JONES

By RUTH JONES
BSN, RN, BC, CP-F

Radiation is the emission of energy from any source. There are numerous types of radiation.

Ultraviolet (UV) radiation is a form of electromagnetic radiation. The main source of UV radiation is the sun, although it can also come from man-made sources such as tanning beds and welding torches. UV rays have more energy than visible light, but not as much as x-rays. Since UV rays don't have enough energy to penetrate deeply into the body, their main effect is on the skin.

Researchers often divide UV radiation into 3 wavelength ranges:

UVA rays are the weakest of the UV rays. They can trigger skin cells to age and can be the source of some indirect damage to cells' DNA. UVA rays are mainly associated with long-term skin damage such as wrinkles, but it is also believed that they play a role in some skin cancers.

UVB rays have somewhat more energy than UVA rays. They can damage the DNA in skin cells directly, and are the principal rays that cause sunburns. They are also thought to be the root of most skin cancers.

UVC rays have more energy than the other types of UV rays. Fortunately, because of this, they react with ozone high in our atmosphere and do not reach the ground.

Sunlight is the major source of UV radiation, even though UV rays make up only a slight portion of the sun's rays. About 95% of the UV rays from the sun that reach the earth are UVA rays, with the residual 5% being UVB rays. The strength of the UV rays reaching the ground depends on a number of influences, such as:

- **Time of day:** UV rays are strongest between 10 a.m. and 4 p.m.
- **Season of the year:** UV rays are stronger during spring and summer months. This is less of a factor near the equator.
- **Distance from the equator** (latitude): UV exposure goes down as you get farther from the equator.
- **Altitude**: More UV rays reach the ground at higher elevations.
- **Clouds**: The effect of clouds can vary. Sometimes cloud cover blocks some UV from the sun and lowers UV exposure, while some types of clouds can reflect UV and can increase UV exposure.
- **Reflection off surfaces**: UV rays can rebound off surfaces such as water, sand, snow, pavement, or grass, leading to intensification in UV exposure.
- **Contents of the air**: Ozone in the upper atmosphere, for example, filters out some UV radiation.

The amount of UV exposure a person gets is contingent on the strength of the rays, the length of time the skin is exposed, and whether the skin is protected with clothing or sunscreen.

Man-made sources of UV rays can also be significant. These include:

- **Sunlamps and sunbeds** (tanning beds and booths). Most prevailing UV tanning beds emit typically UVA rays, with the rest being UVB.
- **Phototherapy** (UV therapy): Some skin problems (such as psoriasis) are helped by treatment with UV light.
- **Black-light lamps**: These lamps use bulbs that give off UV rays (mostly UVA). These bulbs have a purple glow and are utilized to view fluorescent material. Bug-zapping insect traps also use black light that gives off some UV rays, but the bulbs use a different filter that causes them to glow blue.
- **Mercury-vapor lamps**: Mercury-vapor lamps can be used to light large public areas such as streets or gyms. They do not expose people to UV rays if they are functioning properly.
- **High-pressure xenon** and xenon-mercury arc lamps, plasma torches, and welding arcs. Most of these are primarily of concern in terms of workplace UV exposure.

The majority of skin cancers are a direct result of exposure to the UV rays in sunlight. Both basal cell and squamous cell cancers (the most common types of skin cancer) are inclined to be found on sun-exposed areas of the body, and their incidence is typically related to lifetime sun exposure. The risk of melanoma, a more grave but less common form of skin cancer, is also correlated with sun exposure, although possibly not as strongly as other types. Skin cancer has also been connected to exposure to some artificial sources of UV rays.

In addition to cancer, exposure to UV rays can initiate other health difficulties. UV rays, either from the sun or from artificial sources like tanning beds, can cause sunburn. In some people, exposure to UV rays can trigger a rash or a type of allergic reaction. Exposure to UV rays can also lead to premature aging of the skin and signs of sun damage such as liver spots, actinic keratosis, and solar elastosis.

UV rays can also be the basis for eye problems. They can cause the cornea (on the front of the eye) to become inflamed or burned. They can also set in motion the formation of cataracts (clouding of the lens of the eye) and pterygium (tissue growth on the surface of the eye), both of which can impair vision.

Exposure to UV rays can also weaken the immune system, so as to cause the body to have a more difficult time fending off infections. This can inadvertently lead to complications such as reactivation of herpes triggered by exposure to the sun or other sources of UV rays. It can also cause vaccines to be less effective.

It's not possible or healthy to completely avoid sunlight, but there are ways to help safeguard you from not getting too much sun. If you are going to be outdoors, simply staying in the shade, especially during midday hours, is one of the soundest ways to limit your UV exposure from sunlight. Protect your skin with clothing and put on a hat to protect your head, face, and neck. Wear sunglasses that block UV to protect your eyes and the skin surrounding them. Use sunscreen to help protect skin that isn't covered with clothing.

Know the rules to staying sun safe and then enjoy the season!

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Nine Residents Earn MGH Institute Degrees

Nine students from Quincy recently received degrees from MGH Institute of Health Professions in Boston.

They are:

Rachael Bochicchio, Master of Science in nursing degree.

Bing Xiao, Master of Science in nursing degree.

Cristina Galecia-Tung, Bachelor of Science in nursing degree.

Carla Sanilita Robbs, Bachelor of Science in nursing degree.

Mina Ayad, Master of Science in nursing degree.

Chris Coughlin, Master of Science in nursing degree.

Lauren Erickson, Bachelor of Science in nursing degree.

Stacy Hough, Master of Science in nursing degree.

Elyse Raymond, Master of Science in nursing degree.

Acrylic Painting At Kennedy Center July 14th

Artist Janet Harrold will be at the Kennedy Center Friday, July 14th at 10 a.m. for a fun and relaxing "Paint in the Moment" session.

No experience necessary.

Coffee and danish will be provided.

Cost of the class is $15 per person. Prior registration is required. Payment is due upon registration.

For more information about the class call the Kennedy Center at 617-376-1506.

Two On Assumption Dean's List

Two students from Quincy are on the Dean's List for the spring semester at Assumption College in Worcester.

They are: Tamra Adams, Class of 2018, and Julianna Montminy, Class of 2019.



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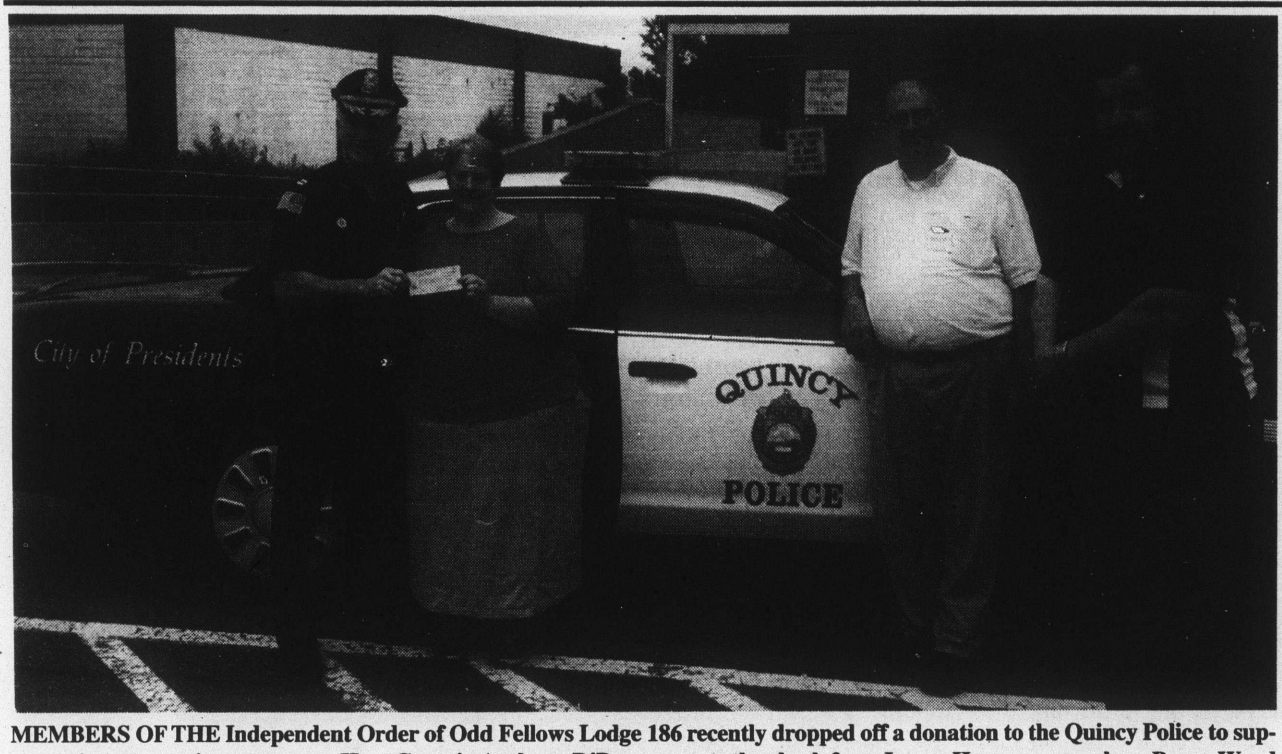
* Le Goff et al. 2016. Opn Clinical Evidence White Paper. Oticon, Inc.

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MEMBERS OF THE Independent Order of Odd Fellows Lodge 186 recently dropped off a donation to the Quincy Police to support crime prevention programs. Here Captain Anthony DiBona accepts the check from Lynne Hersey as members Barry Wood and Michael Linscott look on. The donation will go directly to department outreach programs. *Photo Courtesy Quincy Police*

AARP Fraud Watch Update For July

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides tips and resources to help spot and avoid identity theft and fraud so citizens can protect themselves and their family.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork for more information on fraud prevention.

Here are some recent scam alerts:

SCAM ALERT #1:

If you have a sign for a home security system in your yard, be wary of this summer scam.

Fraudsters will hire college students to walk through neighborhoods looking for houses with security system signs. The student will tell the homeowner the security company is going out of business, and the student's "company" is taking over the account. The homeowner is told she has to buy new equipment and sign a new contract. Only the equipment is fake and the homeowner is paying for a service she isn't receiving.

If you get this kind of visit, check first with your home security company. Better yet, don't do business with someone who comes unsolicited to your home.

SCAM ALERT #2:

Caller ID spoofing is making its way to phones near you. Scammers have mastered calling people using a fake name and number that will pop up on your phone. The call will seem urgent; for example, it could concern something like an account that is about to be cancelled unless you immediately give your bank information or credit card number for payment.

Never give out personal information via an incoming phone call. You never know who is actually on the line.

SCAM ALERT #3:

We are in prime time for home repair scams. A common tactic is a "contractor" will come to your door and offer to do work on your home at a steep discount. He or she will likely demand payment upfront and then disappear. Or they will do the work but it will be shoddy, or they will demand more money to finish the job.

Avoid working with contractors who contact you. Before you start any work, ask for references and check them, get a written estimate and compare bids. Also, check with the Better Business Bureau for complaints. And never pay anything until you have a written contract.

SCAM ALERT #4:

Using public Wi-Fi puts you at risk of sharing personal information with criminals. If you're on free public Wi-Fi at the gym, a hotel or a coffee shop, anyone else on that same network can tap into the information you're transferring over the network. This means any bad guy can see what you're doing, leaving passwords, usernames, and account numbers vulnerable.

Stick to browsing the web and checking news when on public Wi-Fi. Avoid online banking, checking email, making credit card purchases or even posting on Facebook while on public Wi-Fi.

Social Security Matters

Ask Rusty: Divorced Multiple Times

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: Reading your current letter regarding Social Security benefits for ex-spouses, I pose this question: Would an individual who has had multiple marriages be entitled to distributions of Social Security for each of his or her marriages? **Signed:** *Thrice Divorced*

Dear Thrice: No, I'm afraid that you are entitled to benefits from only one of your marriages, so obviously you would want to pick the one which gives you the greatest benefit. That would normally be from the ex-spouse who was entitled to the highest benefit based upon his or her own lifetime work record.

You would have to be at least 62, have been married to that ex-spouse for at least 10 years and not be currently married to receive benefits on your ex-spouse's work record. Also, any benefit you are entitled to on an ex-spouse would need to be more than you are entitled to on your own work record; otherwise you will only receive what you are entitled on your own work record.

You can apply for benefits on an ex-spouse's record even if your ex-spouse is not yet collecting Social Security, if you have been divorced for at least two years and if they are at least eligible to collect (at least age 62 or receiving SSDI).

If you were born before Jan. 2, 1954 and have not yet filed, you can wait until your own full retirement age to apply for spousal benefits only based on your ex-spouse's record (Restricted Application), allowing your benefit based on your own work record to grow in order to receive a higher benefit later.

If you wait until your full retirement age to apply, you'll be entitled to 1/2 of your ex-spouse's full benefit (or disability benefit), but if you apply earlier your benefit amount will be reduced. And if your ex-spouse has died, you would still be entitled to widow(er)'s benefits.

Note that you collecting benefits on an ex-spouse's record does not affect your ex-spouse's benefit, nor will it affect the benefit of anyone else (e.g., a current spouse) also getting benefits from your ex-spouse's record.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

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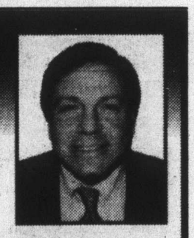
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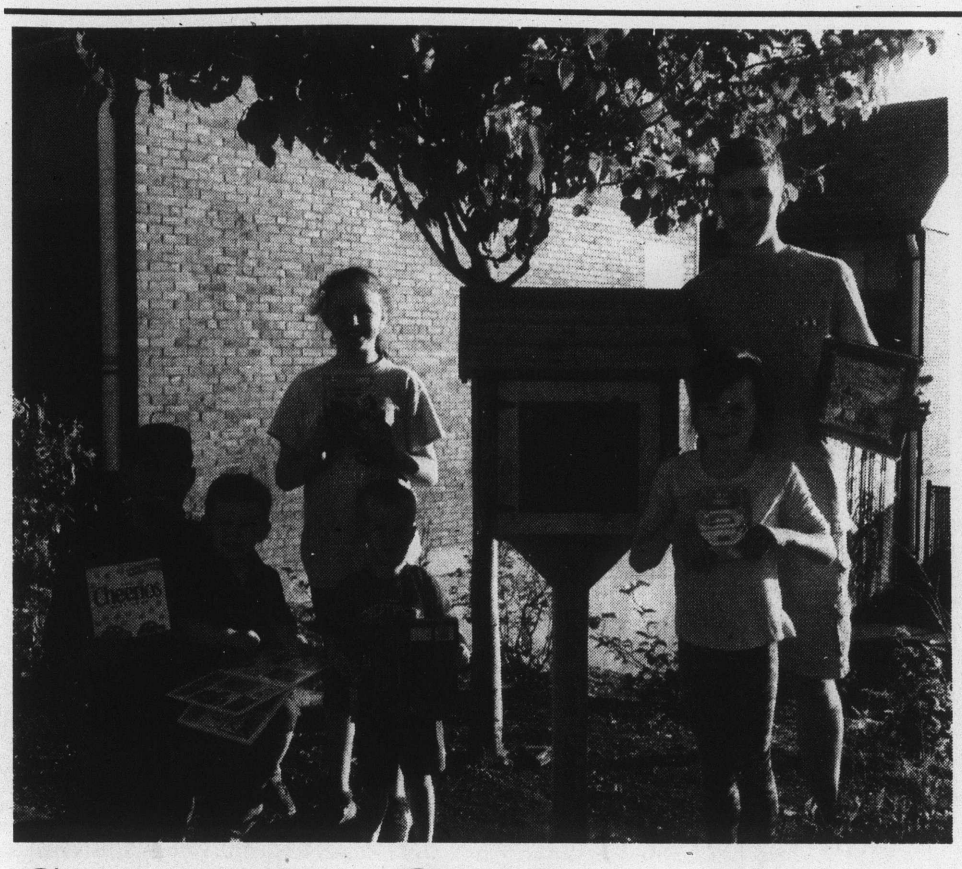


DENTAL CONTOURING

For patients with minor dental irregularities, "dental contouring" or "reshaping" provides a relatively easy remedy. This cosmetic procedure involves removing small amounts of enamel to minimize or alleviate imperfections. For instance, chipped or fractured areas can be smoothed out, and specific angles or edges can be rounded or squared. Tooth reshaping can also be undertaken to alter the shape, length, contour, or position of a tooth and its relationship to adjacent teeth to improve the look of a smile. The technique can also be used to reshape overlapped teeth, as well as to minimize the appearance of crowding. Dental contouring may even be used to correct developmental imperfections and abnormalities such as pitting and grooves in the enamel.

Your smile is important. It's one of the first things you notice when you meet someone. A whiter, brighter smile with beautiful teeth can help you feel better about yourself and make a memorable impression. If you are looking for a cosmetic dentist, we would love to welcome you to our office as a new patient. Whether you need one tooth restored or a full smile makeover, we will make sure your teeth look beautiful and feel natural. To schedule an appointment, please call our office. You can also visit us on the web at www.quincydentist.com.

P.S. Tooth reshaping does not usually require an anesthetic and often provides instant results.





Squantum Outdoor Classroom Receives The Perfect Gift

Bergin Family Donates Free Public Library

The Squantum elementary school outdoor classroom received the perfect gift from a local family just before the summer break. The Bergin family generously donated and installed a free public library in the outdoor classroom supporting literacy and promoting reading in the school community.

The library was donated by past, present and future Bergin children and is registered with the national Little Free Library program. The book box was unveiled during the school day with 3rd grade student Eleanor Bergin describing to classmates how the library is free and that you can take a book anytime and then return it when you are finished reading.

Josh, Ryan, Lea, Eleanor, Noah and Brody Bergin helped to install the book box along with their parents Jen and Leo and then watched Eleanor open the library by placing the first book in the book box. Ms. Kiley and her third grade students then followed by donating books from their classroom to officially get the library up and running.

"I cannot say thank you enough to the Bergin family for their support of the school and community over the years," said school Principal Stephen Sylvia. He then added, "This is a great example of the strong sense of pride and community surrounding Squantum School."

The free library is a perfect addition to the popular outdoor classroom which was completed in 2015 and made possible by the Quincy Community Preservation committee and school community.

USS Salem Relocating To New Pier At FR Shipyard

By SCOTT JACKSON

The USS Salem will relocate to a new pier inside the Fore River Shipyard this month.

The Quincy Conservation Commission approved the move to the new pier in December, but it was put on hold for several months to prepare electrical and utility lines needed to keep the cruiser operating as a museum ship.

The non-profit group that owns the Salem and operates it as a museum ship, the U.S. Naval Shipbuilding Museum, signed a five-year lease with shipyard owner Jay Cashman in February 2016, ensuring the ship will stay on site through the end of that pact. The Salem has operated as a museum ship at the Quincy Point shipyard, where it was built, since 1995.

The MBTA shutdown the pier at the shipyard where the Salem had been located in 2013, citing structural issues. Cashman purchased the pier from the transit agency for $1.1 million in 2014.

The Salem nearly moved from Quincy – to a marina in East Boston and then Battleship Cove in Fall River – before the new lease was signed last year.

Margaret Laforest, the head of Discover Quincy, said the organization is happy the Salem will stay in the city where it was built.

"The USS Salem is a great representative of Quincy's proud shipbuilding past," said Laforest, who was involved in the original campaign to bring the cruiser to Quincy.

"We're very excited to keep her here in Quincy."

The USS Salem (CA-139), a Des Moines-class heavy cruiser, was built at the Fore River Shipyard and launched in 1947. Two years later the Salem was commissioned and it would serve as the flagship of the U.S. Navy's Sixth Fleet in the Mediterranean Sea in the 1950s during the Cold War before being decommissioned in 1959. It sat mothballed for decades until its return to the Fore River Shipyard in the early 1990s.

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Spring Fashion Show: 'Bringing Hope To Life'

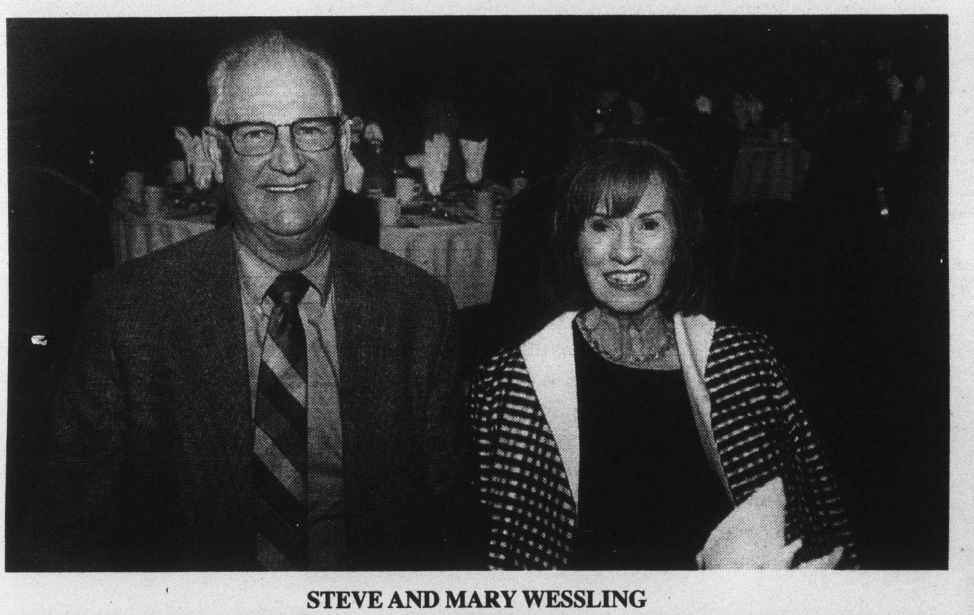
The Maria Droste Counseling Agency recently held its 25th Annual Spring Fashion Show. The gala, "Bringing Hope to Life," was a full-fledge welcome to a very long-awaited spring and as always, proved to be a very fashionable opportunity to socialize with friends and associates.

Several local trend setters, both male and female, took to the runway that evening. State Auditor Suzanne Bump was among the celebrity ladies who modeled important spring selections from well-known Boston couture designers, David Josef and Denise Hajjar. The male side of the fashion story featured a collection from Hajjar's Men's Apparel. As usual, the male models group stole the show and were the real stars of the evening.

Four basic values: Acceptance, Respect, Compassion, and Healing are the guiding credo for the staff of counseling professionals at the Maria Droste Counceling Services. Services are provided on a sliding fee scale and based on the client's financial ability to pay; therefor it is possible to offer support to all people in need of help. The ability to offer this program relies on the work of the committee organizing this special everning each year. Check the agency's website, www.mariadroste-counseling.com for more information about the agency, their services and staff.



ENJOYING THE EVENING ARE (left to right) Sister Elish McPartlin, Ginnie Shanahan, Michael Shanahan (Director of Maria Droste) and Marta De la Torre (Agency Board).



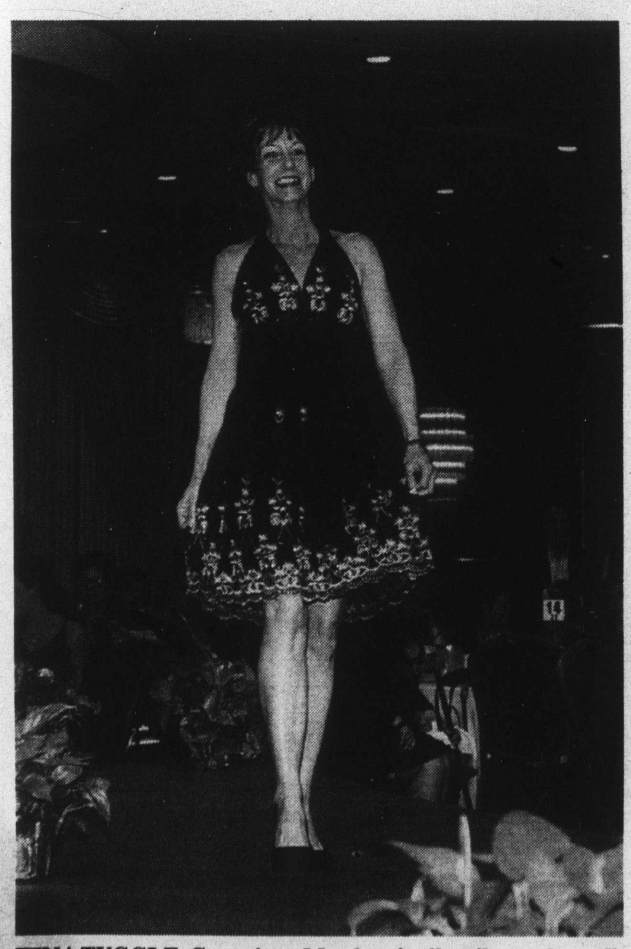
STEVE AND MARY WESSLING



MARTHA WESTWATER, Carol Howley, Dee Hankey and Maralin Manning.



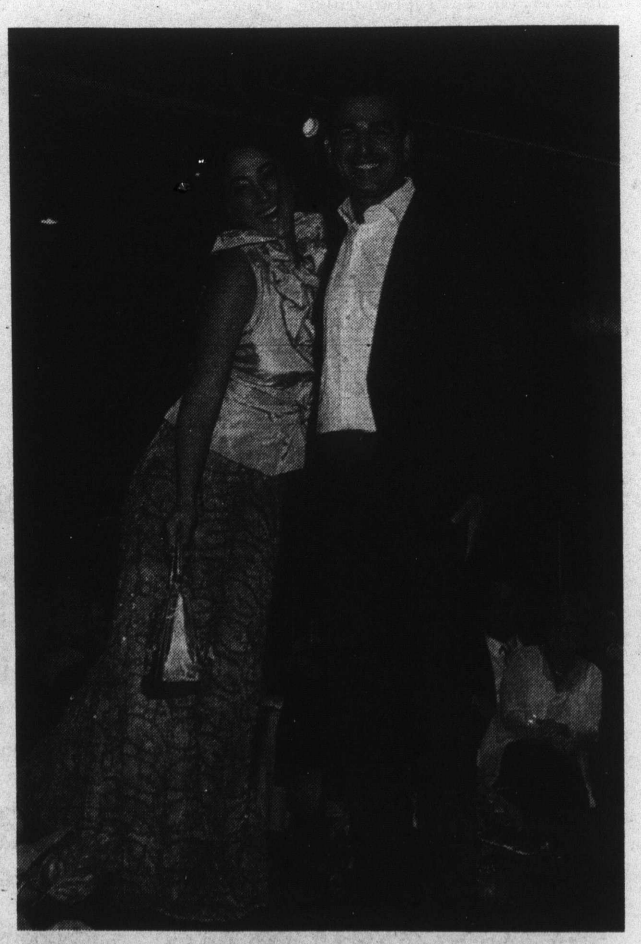
FONTBONNE ACADEMY SENIOR Caroline Fitzpatrick, center, was awarded the First Annual Lorraine Bernier Scholarsip. Pictured with her are Dee Hankey, left, and Gail White, right.



TINA TUGGLE, Committee Member, is all smiles as she walks the runway.

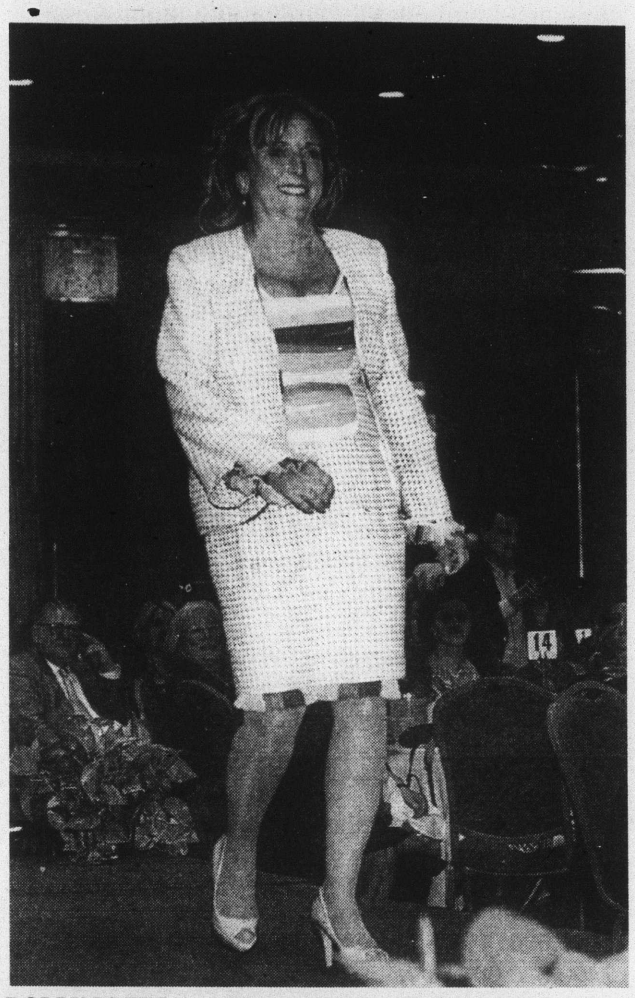


EVENT CO-CHAIR, Michelle Stenberg, left, and Mary Wessling of Milton.



CHRISTINA AND MICHAEL HAJJAR, of Quincy's Hajjar Men's Wear, stop and pose for the camera.

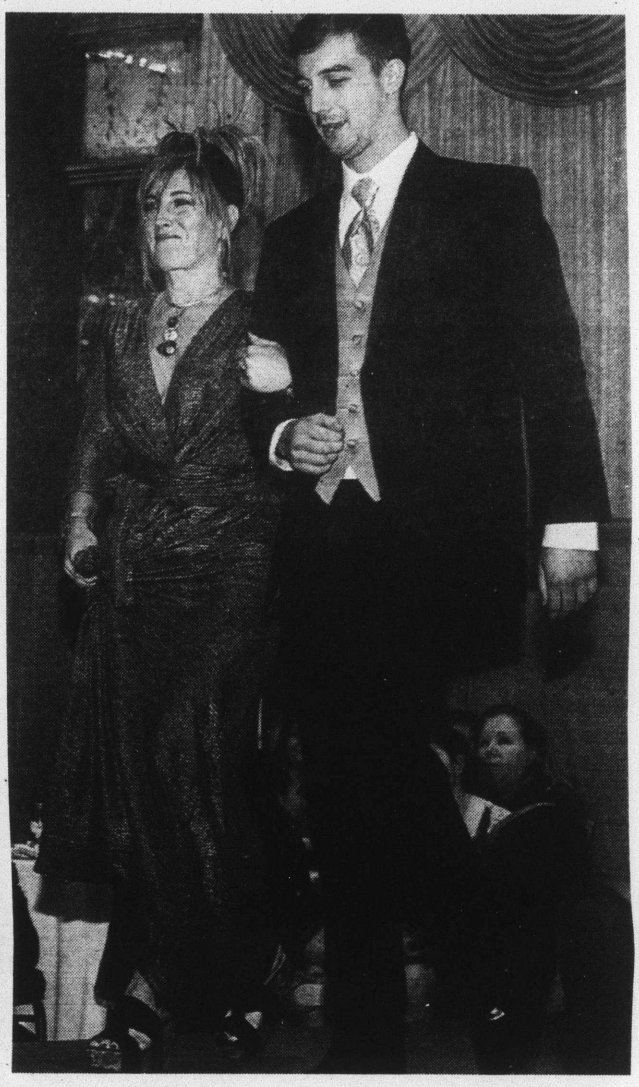
Maria Droste Spring Fashion Show: 'Bringing Hope To Life'



DOLLY DI PESA, of Milton, of Di Pesa & Company.



STEVE DESROCHES, Maria Droste Board Member.



LARRY LIUZZO escorts Beth Veneto, both Quincy residents.



MARALIN MANNING AND BRUCE STENBERG, both of Quincy, take their turn down the runway.



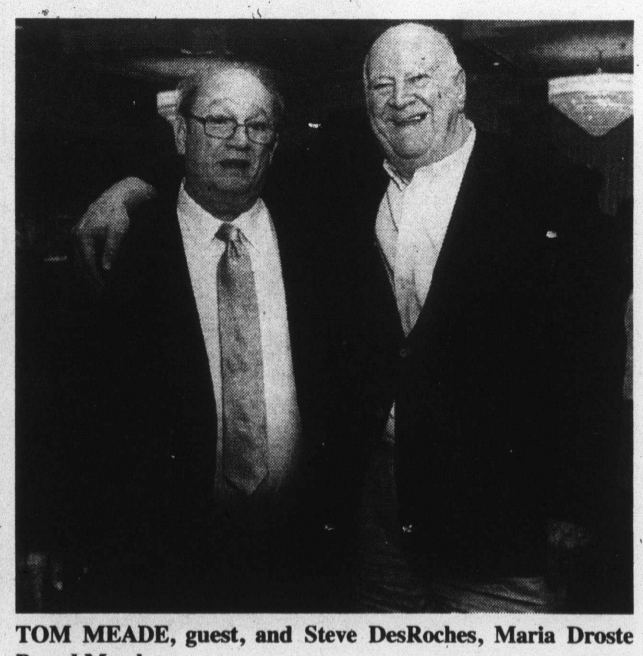
JEAN KENNEDY, of Weymouth, was escorted down the runway by Rick Fitzpatrick of Quincy.



QUINCY CITY COUNCILLOR AT LARGE Nina Liang shows off a casual look.



ANNE MARIE GAGNEY, was escorted by Frank Trainor of Quincy.



TOM MEADE, guest, and Steve DesRoches, Maria Droste Board Member.

Real Estate

Quincy Real Estate Transactions June 26 - June 29

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Evan M. & Angela M. Trivits	Lauren Fabbrucci & Gregory Burk	$465,000.00	1399 Quincy Shore Drive
Nicole Thompson	Hillary Bryan	$368,000.00	10 Seaport Drive Unit 2410
JF & S Realty Corporation	Watson Redevelopment Limited Partnership	$4,940,000.00	94-128 East Howard Street
Yu Guo; Ying & Zuchan Li	Yu Guo & Zuchun Li	$640,000.00	54 Grandview Avenue
Minh V. Tran & Minh T. Le	Bari Bendell & Melissa Carter	$510,000.00	63 Arnold Street
Stephen A. & Janet M. Stanton	Ann Cosentino	$575,000.00	143 East Elm Avenue
William J. & Anne M. Acerra	Caryn & Timothy Belisle	$625,000.00	9 Wampatuck Road
Residences at 1022 Hancock Street LLC	Kaveh Mojtabai	$332,000.00	1022 Hancock Street Unit 204
Residences at 1022 Hancock Street LLC	Justin Nyborn	$350,000.00	1022 Hancock Street Unit 208
Corey E. Sullivan & Jari R. Martin	Timothy J. Michael & Akira Kondo	$475,000.00	61 Curtis Street
White Realty Trust	William K. & Erin J. McCoy	$459,000.00	53 Kimball Street
Shirley N. Leaman	William F. Griffin	$479,000.00	426 Sea Street
Julie Vercillo-Hutcheon	Wen Q. Mai	$500,000.00	133 Hillside Avenue
Christina B. Betts	Nicholas C. & Mary E. Romano	$560,000.00	142 Furnace Brook Parkway
Ventures Trust 2013-I-H-R & MCM Capital Partners LLC	Annie Zhang & Mike Huang	$245,000.00	15 Bower Road Unit A-10
Paul C. & Sarah E. Meyers	Khoa Pham & Mi Tran	$490,000.00	13 Wilgus Road
DJS Realty Trust	Danny Nguyen	$490,000.00	25-27 Dee Road
Jerome F. & Debra L. Sybertz	Margaret J. Haffey	$369,900.00	7 Windsor Road
Dorothy M. Sweeney	Brittni A. Cunha & Rebecca G. Bruno	$370,000.00	148 Quincy Shore Drive Unit 30
Paul C. & Lynn M. McGonagle	Eric Wong	$393,000.00	8 Doble Street
Donna Finnerty	Ao Wei & Kai Tao	$245,000.00	200 Cove Way Unit 920
Mark Lombardi	Xionghui Chen & Annie Chin	$608,000.00	117 Barham Avenue
Ronald S. Luccio	David & Colby Colarossi	$555,000.00	101 Liberty Street
Paul Hardiman & Loretta Berthoz	Scott & Laura Collins	$825,000.00	46 Presidents Lane
Lecarrow Partners LLC	Kai L Huang & Min Q. Lin	$750,000.00	137-139 Sagamore Street
Jeffrey P. & Margaret A. Shellenberger	J&J Realty Trust Partnership LLC	$225,000.00	200 Falls Boulevard Unit A103
Galvcon Development LLC	Kye Z. & Xueshizi Liang	$574,900.00	1545 Hancock Street
Holly Storm	Joris W. Van Dam & Pascale Hubert	$835,000.00	20 Saint Germain Street
Feeley Family Nominee Trust	Gabriel Homes Company Inc.	$170,000.00	108 Garfield Street
Chang Z. Mei & Ging L. Chan	Huang Li	$469,500.00	79 Montclair Avenue
Daniella Poeta	William L. Tse	$377,000.00	161 Harriet Avenue
10 Heath Street Realty Trust	Ann J. Koplow	$650,000.00	10 Heath Street
Kwai M. Fan	Ming Gan & Ming Bo Wu	$467,200.00	227 E. Squantum Street

Terry Connor Bank Of Canton Regional Lending Manager

Lifelong Quincy resident and mortgage lender Terry Connor has been named Regional Lending Manager at Bank of Canton.

Based out of the bank's 60 McGrath Highway branch in Quincy, Connor will work directly with South Shore homebuyers and homeowners to explore home financing possibilities and obtain loans that meet their specific goals.

Connor has more than 20 years of experience in mortgage lending, most recently at Santander Bank where she earned several Top Producer awards. "Quincy's waterfront location, proximity to Boston, and its current booming real estate market make it a dynamic place to work and live for a real estate professional," said Connor. "I am also excited to work for a bank that believes in giving back to the community, a philosophy that I share."



TERRY CONNOR

She also currently serves as a board member and treasurer at QCARE (Quincy After School Child Care), as a basketball coach at Sacred Heart, and as a member of the Merrymount Neighborhood Association.

"Terry brings to Bank of Canton a wealth of experience both as a loan officer and as a longtime member of the Quincy community," said George DeMello, senior vice president of Residential and Consumer Lending. "She's an expert on the South Shore market. With 20 years in the business, she's developed an expert professional network of local realtors and attorneys, and helped many buyers from the Greater Quincy area obtain financing."

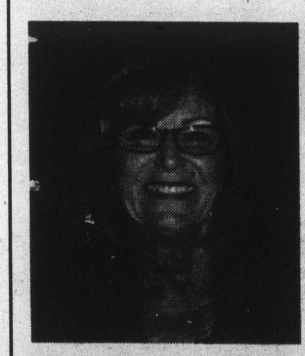
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Late Firefighter's Family Donates A New Kitchen

In Memory Of John Austin At West Quincy Fire Station



PARENTS OF THE late Quincy firefighter, John Austin, John D. Austin and Lillian Austin, left, are joined by firefighter Austin's aunt and uncle, Suzanne and Walter Austin, in the newly remodeled kitchen at Station 5 in West Quincy.

Quincy Sun photos/Tom Gorman

By TOM GORMAN

When Lillian Austin visited the West Quincy fire station the night her son, Firefighter John Austin, passed away, she was struck by the outdated kitchen. Thanks to a generous donation by the Austin family, the firefighters now have a new, modern kitchen to prepare their meals.

The Austin family recently joined firefighters at the Copeland Street firehouse where the remodeled kitchen was revealed and dedicated to Firefighter Austin, who served at the station for 11 years. He was 37 years old when he died of a heart attack while on duty in July, 2012.

The Engine 5 crew gutted the old kitchen, located at the back of the first floor bays, and completely renovated it with materials paid for by the Austins. The project took nearly four years to complete.

"The money you gave us allowed us to do this," Fire Captain John Gillan told the family. "We wanted to do this kitchen like John would have wanted it. The guys had that spirit in mind. They worked with John. They loved John. We miss his presence here."

Lillian Austin told the gathering that her son had showed her pictures of the poor condition of the city's fire stations. He had asked her to talk to city officials about upgrading the firehouses. A month after that conversation, John passed away.

"When John passed, we came by (Station 5) that night," Lillian Austin said. "It was sad for us, but, even sadder when I looked at that kitchen."

A week later, Lillian, with a check in hand, went to see Mayor Thomas Koch and asked him to look into renovating the firehouses.

"I told the mayor the stations are in deplorable condition and they need to be upgraded," she said.

Lillian Austin said Koch was receptive to her request and said a committee would be formed to explore the matter.

In the meantime, the Austins' donation went to work. Firefighters purchased cabinets and countertops. The jakes performed all the work, from gutting the old kitchen to installing the new cabinetry.

"Pretty much everything you see here was built by some members of the department," Gillan said. "The guys put a lot of time and effort into it."

He explained there were a lot of logistics to be worked out – from removing a large, old refrigerator to bringing the air conditioning into the kitchen from upstairs.

Gillan said that the firefighters wanted the kitchen to be like a firehouse kitchen. The splashboards consist of grated metal pieces that are used as stepping boards on firetrucks. The floor is made from a heavy duty material.

He noted that fire station kitchens take a lot of abuse.

Firefighters work 24-hour shifts and the kitchen is often the place to unwind after returning from a call.

"When they come back from a fire or a bad accident, it takes their mind off their job," said Lillian. "Even police officers come in after duty. It's good place to relieve stress."

Gillan said there is a bit more work to do, including completion of a new table the firefighters are piecing together.

Lillian Austin said she hopes the new kitchen is the jumping off point for the city's firehouses to get a fresh look.

"I feel this is a start, hopefully, of the beginning of what is to come for all the other fire stations," she said.

Lillian said that her son was always looking out for all his brother firefighters.

"John wasn't just thinking of this station," she said. "He was about all the fire stations. He thought of all of you as his brothers."

She noted other people also donated to the cause and that it "was a combined effort" to pay for rebuilding the kitchen. She expressed appreciation for the way the kitchen turned out and that her son would have been pleased.

"We have this beautiful kitchen you have been working on in memory of John," Lillian told the firefighters. "I hope this brings you lots of pleasure. When you're in there, think of him. He is with us in spirit and he would have wanted his brothers to be happy in a safe place."

Gillan said there is a bit more work to do, including completion of a new table the firefighters are piecing together.

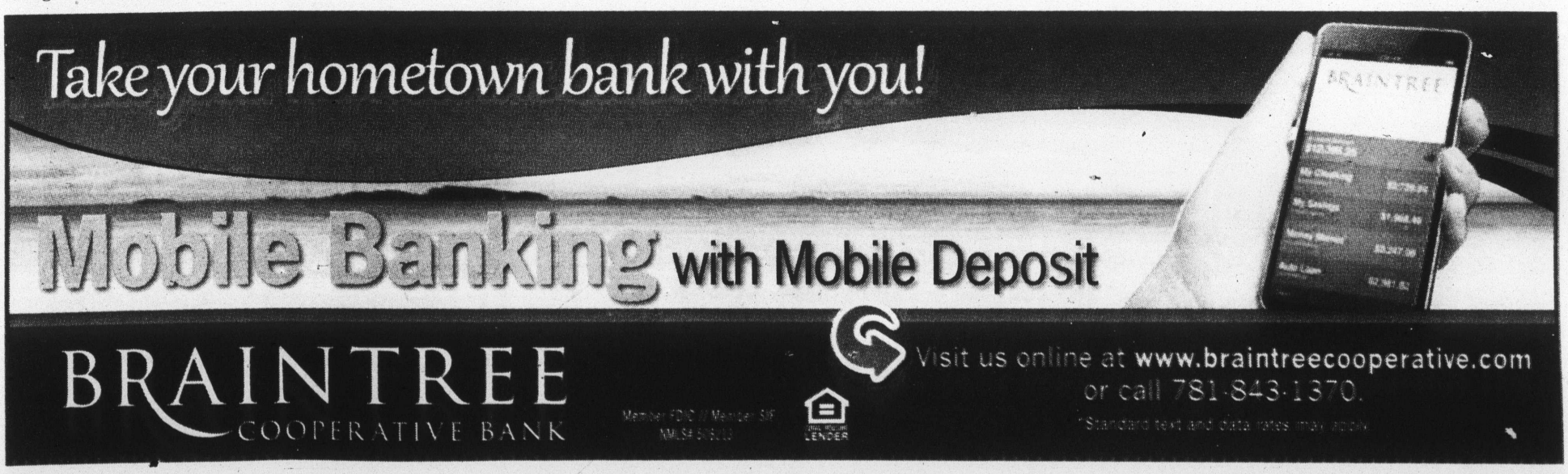
Lillian thanked the firefighters "for all you do. You're with us from cradle to grave."



QUINCY FIRE CAPT. John Gillan, left, thanks the Austin family - John, Mareen, Suzanne and Walter - for their donation to revamp Station 5's outdated kitchen in memory of the late firefighter, John Austin.



AS FIRE CAPT. John Gillan looks on at left, Lillian Austin, mother of the late firefighter John Austin, relates how her family was prompted to make a donation to upgrade the station's kitchen.



Pastor William Harding Retires From Bethany Congregational Church

Reverend William C. Harding III, the 15th settled minister of Bethany Congregational Church, recently retired. A retirement reception celebrating his ministry at Bethany from 1996 to 2017 was held at the church.

The celebration was attended by about 230 people which included his wife Carol, Mayor Thomas Koch, state Sen. John F. Keenan, state Rep. Tackey Chan, and Quincy DPW Commissioner Daniel Raymondi and Matthew Hughes who organized the celebration along with many family, friends and members of the congregation.

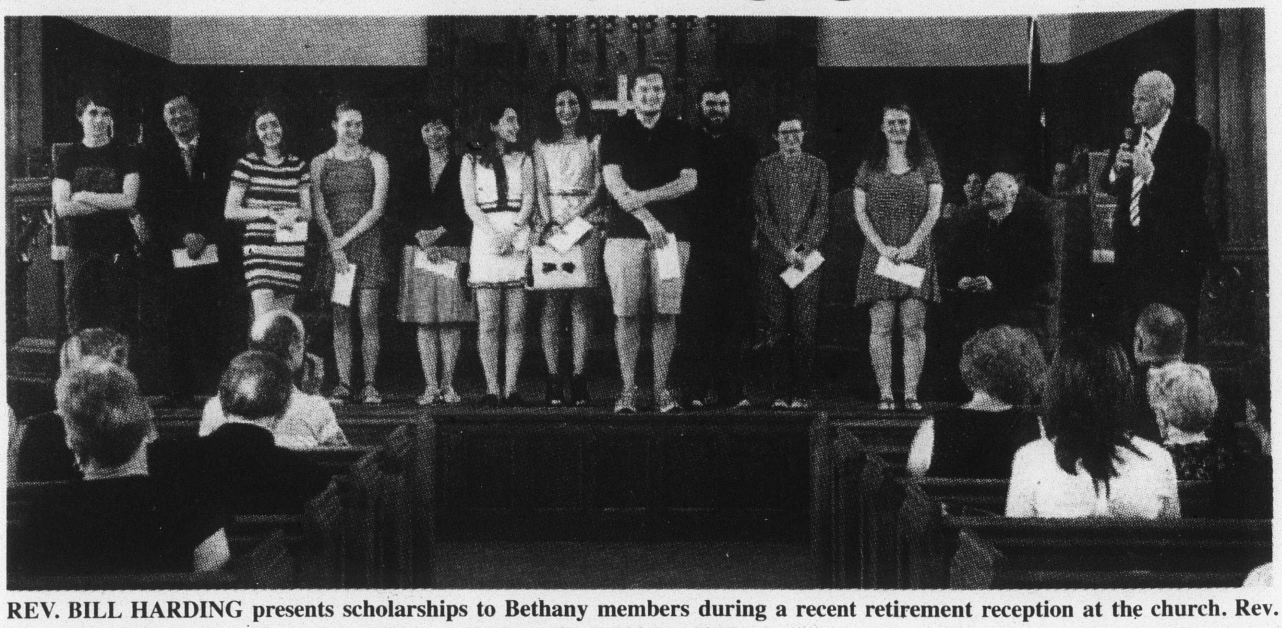
After serving 22 years as the minister of the church, Pastor William C. Harding III has left the church under the guidance of interim minister Peter Preble who has been the associate pastor.

During the celebration Mayor Koch proclaimed June 11 as William Harding Day in Quincy.

Daniel Raymondi on behalf of the City of Quincy presented Pastor Harding with a pin.

While talking to the congregation and specifically the children who had come to the front of the church with him, Pastor Harding showed them the U.S. flag that he had with him during his service in the U.S. Army (Lt. Colonel). He explained that this flag had been with him in Iraq, Bosnia, and Kosovo. He then explained the other flag (with two less stars on it and obviously much older) which his father had carried with him during his service with the U.S. Army.

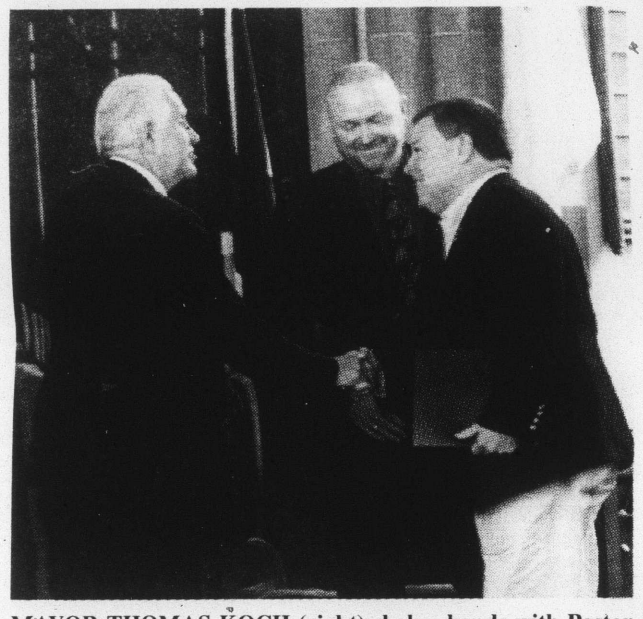
Scott Beers, a member of the Bethany Church congregation, said: "I am certain that I speak for everyone in saying that we have been blessed to have had Reverend Harding watching over us. We all wish him and his wife Carol all the best."



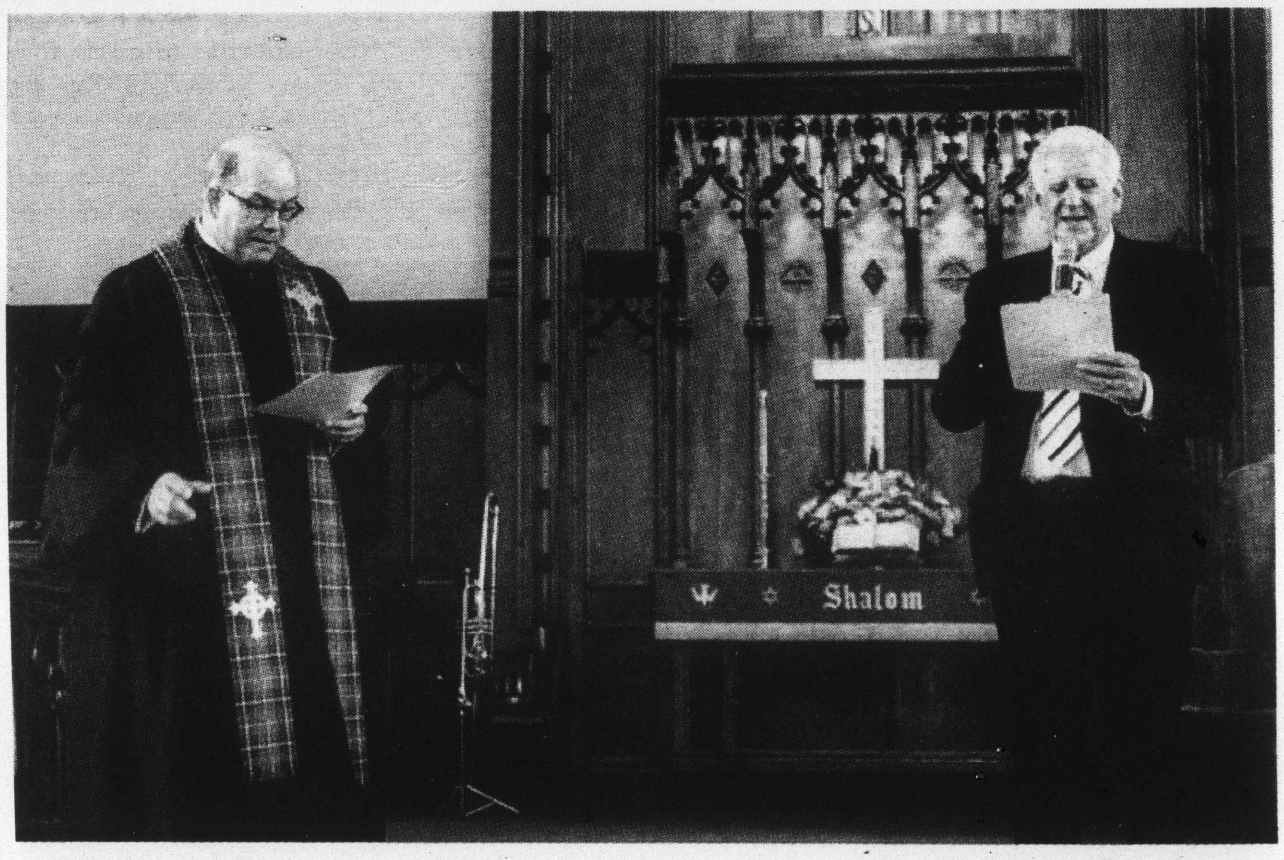
REV. BILL HARDING presents scholarships to Bethany members during a recent retirement reception at the church. Rev. Harding served as the 15th settled minister at Bethany from 1996 to 2017.



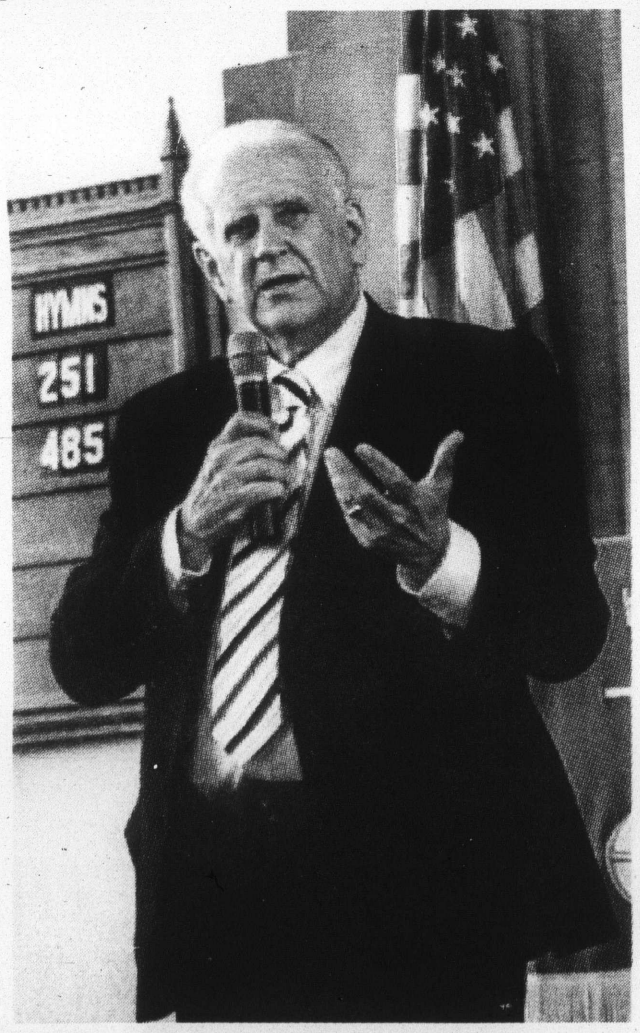
REV. BILL HARDING shows Bethany's children both the U.S. flag that he carried in Iraq, Bosnia and Kosovo during his service in the U.S. Army as well as the U.S. flag that his father carried during his service in the U.S. Army.



MAYOR THOMAS KOCH (right) shakes hands with Pastor William Harding. The mayor proclaimed June 11 "William Harding Day" in Quincy in celebration of the pastor's retirement after 22 years of service as minister at Bethany Congregational Church.



BETHANY CONGREGATIONAL CHURCH Interim Minister Peter Preble (left) with retiring Pastor William Harding.



RETIRING BETHANY CONGREGATIONAL Church minister Pastor William Harding addresses the congregation and guests at his recent retirement reception.



ABOVE: DPW Commissioner Daniel Raymondi (right) presents a City of Quincy lapel pin to Rev. William Harding who recently retired as the minister of Bethany Congregational Church. Right: state Sen. John Keenan and Carol Harding, wife of Rev. Bill Harding, share a moment at Rev. Bill's retirement reception.



Photos Courtesy Scott Beers Photography





Lincoln-Hancock School Flag Day Celebration

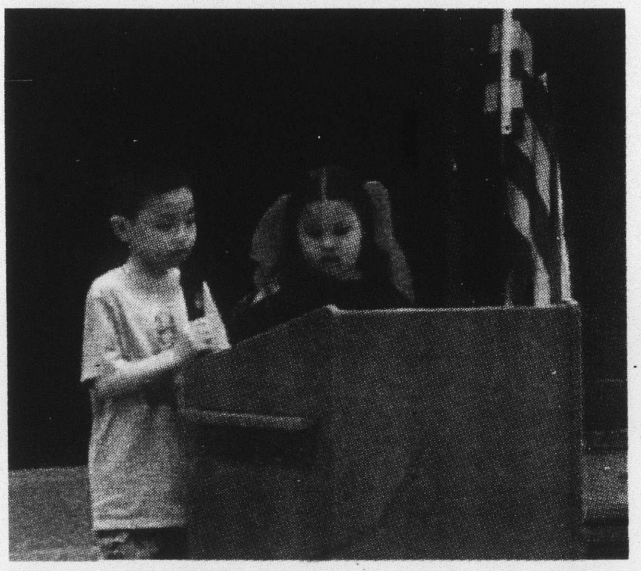
Students at Lincoln Hancock Elementary School recently celebrated Flag Day at a school-wide assembly. Special guests Mayor Thomas P. Koch and School Supt. Dr. Richard DeCristofaro greeted the students.

In honor of Flag Day, kindergarten students shared "Flag Day Facts" while first and second graders recited poems "O Flag of our Union" and "I Am Old Glory." Third graders shared "World's Largest Flag Facts" and fourth graders led in a moment of silence.

Favorite songs about our flag/country including *The Star Spangled Banner*, *America*, *You're a Grand Old Flag* and *It's Flag Day* were sung by all.

Special thanks to Mary Sheehan, president of NAGE Charities, and John Mann, treasurer, who presented Lincoln Hancock's 525 students with flags. NAGE also donated American flags to each school, to be displayed on school flagpoles. NAGE is a platinum level sponsor of the Quincy School - Community Partnership.

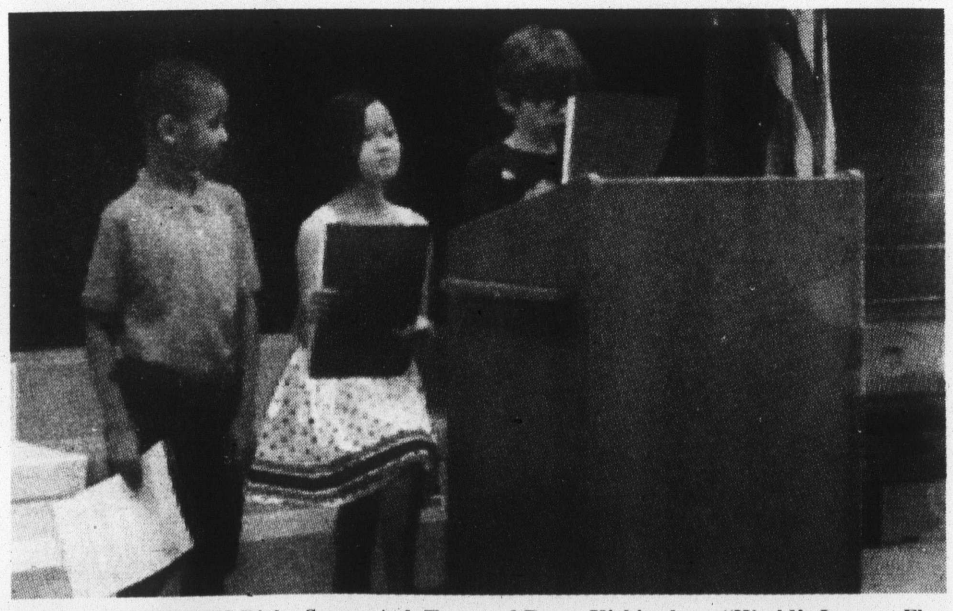
Ruth Witmer, principal of Lincoln Hancock Community School, made closing remarks.



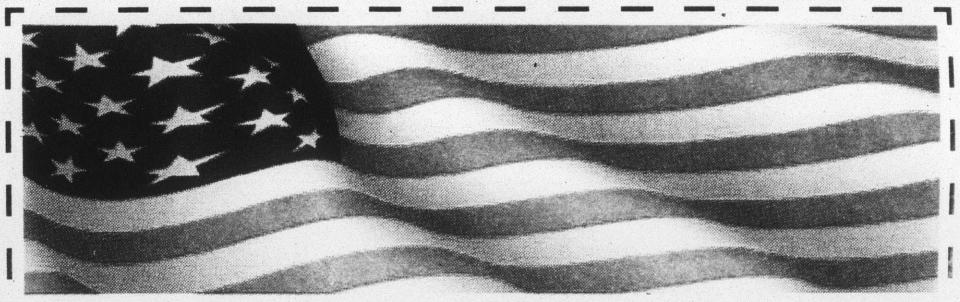
LINCOLN-HANCOCK School grade 1 students Jacob Weng and Maya Tribuna recite a poem during the school's recent Flag Day celebration.



SHARING "Flag Day Facts" at Lincoln-Hancock School's recent Flag Day celebration are kindergarten students (left to right) Braighlynn Ronca, Isabella Brown, Cassidy McCarthy, Daniel Gladstone and Rafael Garcia. *Photos Courtesy Quincy Public Schools*

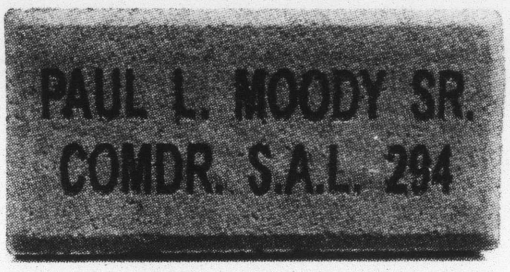


GRADE 3 STUDENTS Ricky Souza, Anh Tran and Dante Kirkia share "World's Largest Flag Facts" at Lincoln-Hancock School's recent Flag Day celebration.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



Announcing PHASE 2

Last year, the Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy began a new initiative called "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

The program was a success with more than engraved 416 bricks sold and placed along the walkway to the island's main flag pole.

Now, the Squadron is announcing **PHASE 2**.

These engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

For more information or to order, call 617-472-5952



QUINCY HIGH SCHOOL Classes of 1943, 1948, 1966, and 2011 recently donated plaques to recognize the Student/Athletes who earn Patriot League All-Star status. The plaques are displayed at the entrance to the Munroe McLean Gymnasium. Pictured in the photo are members of the Class of 1948: front: Alice (Moscardelli) Pecce; back (from left) Dinny DiNardo, Adele (Bove) Milani, Ann (Phelan) McAuley, Julie (Speranzo) D'Andrea, and Leo DePaulo. *Photo Courtesy Quincy High School*

O'Connell-Thomson Hoop Tournament July 15-16

The 12th annual O'Connell-Thomson Basketball Tournament will be held on July 15-16 at the Fenno Street courts.

The event is held in memory of John O'Connell and Dennis Thomson, two standout athletes who graduated from North Quincy High in 2002 and tragically had their lives cut short in the past 13 years.

Their families have set up memorial scholarships in their names to benefit North Quincy graduates and the tournament serves to raise funds for these scholarships.

The weekend will feature a 16-team men's tournament and a four-team women's tournament, featuring a number of local college basketball players, as well as many former and current high school players from Quincy. Games begin at 10 a.m. on Saturday and Sunday and will run throughout both days. There will be raffle prizes and concessions for spectators.

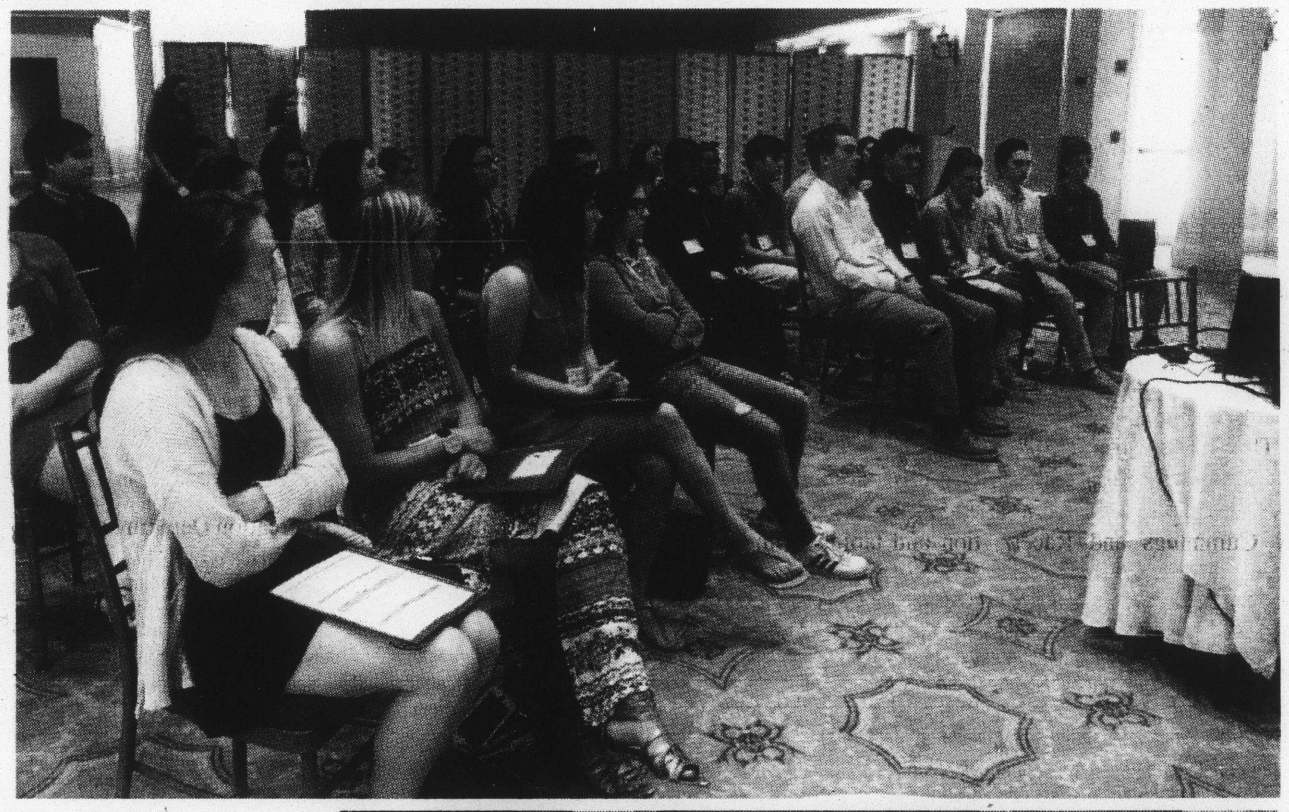
100 11th Graders Attend Student Athlete Summit

The fifth annual Quincy Public Schools Student Athlete Summit was recently held at the Granite Links Golf Course.

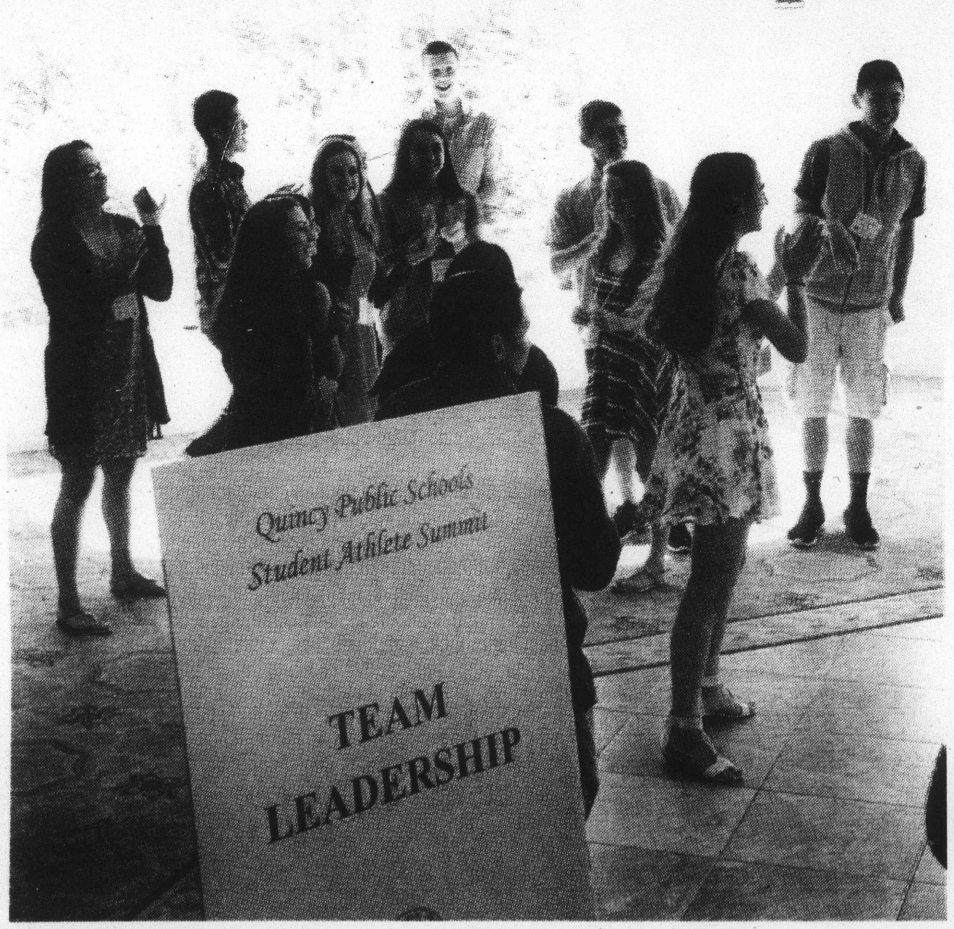
One hundred 11th grade students, from both North Quincy High School and Quincy High School, participated in the event. Students were selected to attend because of their leadership roles and qualities, displayed in their respective high schools.

The Student Athlete Summit provided students the opportunity to participate in three 40-minute workshops that directly affect them. Workshops included Sports Injury Prevention, facilitated by Rita Bailey, coordinator of Health Services for Quincy Public Schools and Kristin Houlihan, a nurse at North Quincy High School; Nutrition, facilitated by Sara Defour, director of Quincy Public Schools Food Services and Team Leadership, facilitated by Phil Gay, Community Outreach & Team Program director from the South Shore YMCA.

Special thanks to the South Shore YMCA, a platinum level sponsor of the Quincy School - Community Partnership, for sponsoring this event.









Five Quincy Students On URI Dean's List

Five students from Quincy are on the Dean's List for the spring semester at the University of Rhode Island in Kingston, R.I.

They are:

Jessica M Muscato, Charlotte L Chretien, Long Gong, Ying Chen and Si Han Huang.



THE U.S. A-TEAM speedboat team featuring Quincy's Billy Allen recently won a bronze medal at the 2017 OSY-400 World Championship held on the Mosel River in Traben-Trabach, Germany. *Photo Courtesy David Recht*

Quincy Team Nabs Bronze In Germany

The core members of The U.S. A-Team recently assembled at The Parke Avenue Speedboat Club in Quincy to begin their run at the 2017 OSY-400 Word Championship.

This year's drivers, Mike Akerstrom and Billy Allen, were joined by pit men Jimmy Cummings and Racer Allen. The foursome then boarded a taxi to Logan International Airport for the 10 p.m. flight to Frankfurt, Germany. The race was to take place on June 3-4 on the scenic but challenging Mosel River in the picturesque town of Traben-Trabach. The course features a single turn buoy at each end of the 800 meter straightaways with a bend in the tight river course. Upon landing in Frankfurt they were picked up by fellow team members Dudley and Lois Smith and photographer David Recht for the two hour ride to the race venue.

A howl of anguish reverberated through the Mosel Valley when the van door slid open and the European race teams realized that A-Team regulars Rachel Warnock and Valerie Lighthart had not made the trip this year. After many of the foreign clubs packed up their trailers in disgust and headed back home, choosing not to compete in the absence of the two A-Team regulars, the remaining drivers which decided to stay heade i for the registration tent to take care of all the necessary paperwork and to prepare for Fridays grueling pre-race scrutineering process.

The team was well received by the German race organizers Roland and Bernd Ölschmike who could not have been any a more helpful to the Americans having already unpacked the teams container and safely stored the trailer in a locked garage for safekeeping until set-up day.

The team assembled in the pit area and after replacing their climbers hooks with more appropriate hardware, attaching springs to their turn fins, adding beach balls under the decks for floatation and taping shim sticks across the thumb screws which hold the engine on the hull, the two American entries were finally deemed fit for UIM competition.

The next day dawned cloudy and warm with a fresh breeze blowing down the Mosel Valley as the best teams from around the globe readied for the 11:30 a.m. one hour open practice session. After spending five weeks in the shipping container, the American boats seemed no worse for wear and seemed to be handling well on the tight, two-pin course.

Pit men Jimmy Cumming and Bob "Crowbar" Cronin were handling the roping and jetty duties for #8 Akerstrom and another helpful German, Alex Graeff of Team 33, assisted Dudley Smith and volunteered to handle the starting rope for the #16 of Allen.

After the time trials had ended and the 12 final qualifying spots were secured it was the class of the field once again emerging to the top. Last year's silver medalist Cezary Strumnik from Poland gained the pole position when he toured the circuit at 51.97 seconds followed by 2016 Gold Medalist Rasmus Haugasmagi from the boat racing powerhouse of Estonia turning in a 52.67. The two top guns were followed by American Billy Allen who turned in a 53.13, England's James Marr with a 53.30 and the

Cont'd On Page 20

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



A WRISTED DEVELOPMENT

Every golfer strives to make solid contact with the ball. Because the grip of the hand is the body's only connection to the club, wrist action is a critical part of the game. However, the repetitive motions of golf and the high speed of the typical golf swing place the wrists at high risk for injury. The most common golf-related wrist injury is "tendonitis," or swelling of the tendons responsible for wrist movement. Wrist tendonitis is characterized by localized pain in the wrist muscles and tendons, as well as occasional swelling and "crepitus" (a creaking, grinding sensation that occurs when the wrist is flexed). To prevent most injuries associated with golfing, including back pain, regular chiropractic treatment is recommended.

Golfers are increasingly finding chiropractic care to be a valuable tool to help them deal with back injuries. **FAMILY PRACTICE OF CHIROPRACTIC** is dedicated to helping everyone achieve their natural wellness objectives. We accomplish this goal by combining skill and experience that spans the entire chiropractic wellness spectrum. To schedule an appointment for chiropractic care, please call **617-472-4220**. We are located at **112 McGrath Hwy., Quincy**.

P.S. Regardless of which grip a golfer uses (overlapping, interlocking, or ten-fingered), proper wrist flexibility during a swing requires that both hands be in parallel alignment with the palms facing one another along the target line.

www.freedmanchiro.com

Fire Vs. Parks/DPW In Charity Softball Game

Benefit Saturday At 7 P.M. At Faxon Park

Quincy Fire Local 792 will take on the Quincy Cemetery/Parks/DPW Local 1139 in a charity softball game Saturday, July 8 at 7 p.m. at Faxon Park in Quincy.

Team Captains George Zirngiebel (QFD) and Scott Logan (Cemetery) have decided to turn this exhibition game into a charity fundraiser for 22kill.com, an organization that works to raise awareness to the veteran suicide epidemic that is plaguing veterans in the United States. The VA released a staggering statistic in 2013 that 22 veterans commit suicide in this country every day.

Funds raised by 22kill.com are used to support partnered organizations who offer programs focusing on veteran empowerment, mental health treatment, and therapy/counseling for veterans and their families.

Representatives of 22kill will be up at the game selling 22kill merchandise to help raise money for their cause and anyone who would like to donate can go to www.22kill.com or contact Kim Trillcott-Caporale at KTrillcott@msn.com to make a donation.

According to Cemetery Team Captain Scott Logan, Mayor Tom Koch is going to lace up the cleats and pitch an inning or two for his squad.

The public is encouraged to attend the game and support a great cause.

Recreation Dept. Offering Sculling Rowing Program

Registration At Ryan Boating Facility, Online

Recreation Director Barry Welch announces a new program as part of its Sports and More programing for Quincy residents which will introduce the sport of crew to boys and girls entering grades 8 through 10.

Utilizing the Quincy Recreation Department two-man rowing shells, this activity will provide the entry level skills of sculling that will build a foundation for advancing to the four- and eight-man rowing shells which are used in high school rowing programs.

The program will be conducted at the Quincy Recreation Department William F. Ryan Boating and Sailing Facility at Blacks Creek, which is located in Merrymount Park.

Beginning on Tuesday, July 10th there will be three separated classes from 10 to 10:50 a.m., 11 to 11:50 a.m. and noon to 12:50 p.m. The program will continue on Tuesday and Thursdays until with eight classers ending Aug. 3rd.

Alicia Golden, the department rowing coach for the combined high school crew club, will be supervising the program utilizing the two man new rowing shells that were recently approved for the department by the Mayor Thomas Koch and the Quincy City Council.

Registration began Wednesday, July 5 at 9 a.m. at the Ryan Boating Facility or online at the recreation department website quincyrec.com. Cost is $30 for participants who are not currently enrolled the department boating and sailing program this summer and $20 for those who are current participants at Blacks Creek.

All participants must complete a pre-requisite swim test which will be conducted by the recreation department aquatic staff at the Lincoln Hancock pool. Enrollment will be limited and done on a first come first served basis.

For additional information contact the recreation department at 617-376-1394.

Dylan Dunn On Westfield Dean's List

Dylan J. Dunn of Quincy received academic honors at Westfield State University by making the University's Dean's List for the spring semester.

Local Programming Highlights on ... QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8	Government Access Channel 9
Thursday, July 6 6:00pm: The Call: 100 Yrs of Our Lady of Fatima 8:00pm: AM Quincy: Quincy Asian Resources	Thursday, July 6 6:00pm: Update DPW: Summer Season 6:30pm: FYI: QHD Vegetarian Lifestyle 7:30pm: Legislative Update: Deb Goldberg 8:30pm: At Your Library: July Happenings
Friday, July 7 11:30am: LIVE: Currently in Quincy 10:00pm: The Constitution: Then & Now	Friday, July 7 6:30pm: FYI: QHD Personal Care Product Safety 8:00pm: Now Showing; US Coast Guard Band 9:30pm: At Your Library: July Happenings
Saturday, July 8 12:00pm: QATV: 20 Years of Commitment 12:30pm: QATV 20th Anniversary Celebration	Saturday/Sunday, July 8/9 10:30pm: At.the Library: July Happenings 3:00pm: At the Library: Sweet Wednesday 5:30pm: Quincy in Focus 7:00pm: Quincy District Court: Law Day
Sunday, July 9 11:30am: Terra Santa News 10:00pm: The Constitution: Then & Now	Monday, July 10 6:30pm: FYI: QHD Powassan Tick Virus
Monday, July 10 11:30am: LIVE: Currently in Quincy 6:00pm: Legislative Update: Deb Goldberg	Tuesday, July 11 6:00pm: Health Links: Eye Health 7:00pm: Bringing Beacon Hill to You: MBTA
Tuesday, July 11 7:00pm: In the Know: Substance Use Prevention 7:30pm: Quincy in Focus	Wednesday, July 12 6:00pm: In the Know: Family and Probate Court 8:00pm: Now Showing; US Coast Guard Band
Wednesday, July 12 6:00am: LIVE: AM Quincy with Joe Catalano 9:30pm: Sound Advice	

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Council Commends Air Force Junior ROTC Students

By SCOTT JACKSON

The City Council honored the six members of the Air Force Junior ROTC program at North Quincy High School who recently traveled to the nation's capital to participate in an academic competition.

The six team members – Carmen Chen, Wilson Chen, Jessica Tai, Allison Wong, Gigi Wong and Brian Zou – travelled to Washington, D.C., for the All-American Academic Bowl from June 23 to 27 at The Catholic University of America.

Councillor Nina Liang presented the students with a commendation June 5. She noted the students who participate in North's Junior ROTC program give back to the community throughout the year.



NORTH QUINCY HIGH'S Junior ROTC All-American Academic Bowl team headed to Washington, D.C., to compete in a national competition June 23 to 27. The six team members were recently honored by the City Council. Front row (from left): Councillors William Harris, Nina Liang and Kirsten Hughes; team members Gigi Wong, Brian Zou, Allison Wong, Jessica Tai, Wilson Chen, and Carmen Chen; Councillor Joseph Finn. Back row: Major Greg Jones and Councillors Noel DiBona, Ian Cain and Brad Croall. *Quincy Sun Photo/Scott Jackson*

"The entire Air Force Junior ROTC program within this last year completed combined over 11,000 hours of community service – these include participating in honoring our veterans and other celebrations across the city throughout the year," Liang said.

"They're not only dedicated to community service and giving back to the city, they're also dedicated students that are focused on excelling in their studies."

The six students on the academic team, Liang added, have shown exceptional dedication, self-discipline and leadership.

"As members of the North Quincy Junior ROTC All-American Academic Bowl team, having excelled in your studies and commitment to excellence, the Quincy City Council hereby recognizes Wilson Chen, Allison Wong, Gigi Wong, Brian Zou, Jessica Tai and Carmen Chen in recognition of your exceptional dedication, self-discipline and leadership," Liang said, reading from the commendation.

"The Quincy City Council extends its gratitude and appreciation for your efforts in representing our city on a national stage, placing at the highest levels in mathematics, science, leadership, vocabulary and grammar. Your efforts are truly amazing and inspiring. We wish you continued success in all your future endeavors in Washington, D.C."

Quincy Speedboat Team Nabs Bronze In Germany

Cont'd From Page 19

Slovakian, previous World Champion Miroslav Bazinski , with a lap time of 53.65. The top five qualifiers were followed by Poland's Grezegorz Stepniak, 55.23, American Mike Akerstrom, 55.53, England's Wayne Morse, 55.66, Germany's Philipp Franz, 56.44, Latvia's Viesturs Lacis, 56.46, Sweden's Lärs Dickfors, 56.61 and rounding out the field was Germany's Jörg Gleinert with a time of 58.69. It was then back to the tents for set-up adjustment, prop changes and readying the boats for heat one of the world finals.

At the onset of heat one it was a surprise to no one when defending champion Haugasmagi once again shot to the front followed by Strumnik. The battle raged for third as Allen passed Bazinski and Marr in turn one and spent the rest of the heat trying his best to hold off the hard charging Bazinski who seemed to have top speed on the American but not quite enough to make the pass. When the checkered flag flew it was the speedy Estonian Haugasmagi with another heat win followed by Strumnik with Allen barely beating Bazinski to the line. England's Marr rounded out the top five with Stepniak sixth and American Akerstrom finishing seventh.

Back to the tents once again went the respective teams as they prepared for heat two and the last heat of the long Saturday of racing. Heats three and four were to be run on Sunday.

Heat two saw a more competitive contest when Strumnik came up the inside of Haugasmagi on lap two and was sawed off at the one pin turn putting the Polish driver momentarily out of shape. Bazinski made the pass to second while Strumnik did an impressive job of driving as he steadied his hull and somehow kept from tipping over. Now it was Strumnik's turn to try to catch the crazed Slovakian and after a fierce two laps of deck to deck racing Strumnik was finally able to re-gain the second spot with Bazinski finishing third and Allen in fourth.

The next day's heats three and four shaped up to be ultra-competitive as all of the top teams were seen making set-up changes or engine adjustments looking for that little bit of extra speed to try to move up a position or two.

The U.S. A-Team would like to give a huge shout-out to the German race organizers who have so far hosted a world class contest as well as their shipper, Stephen Bruning of Bruning Worlwide, for getting their container to the race venue without a hitch.

In the evening, rain, thunder and intense lightning rumbled through the Mosel valley drenching the pits in the tumult. A few canopies took to the air and many teams had their equipment saturated. Once again the German race organizers' Roland and Bernd Olschimke who had been keeping sentry in the pits, came to the rescue as they jumped on the phone notifying the various teams to abandon their dinners and check up on their pit areas.

The next morning cool, cloudy weather greeted the World Championship contenders as they arrived for the 8:30 a.m. drivers briefing. The teams then shook the water out of their respective rigs and readied for heats 3 and 4 of the world final which were to be held at 11:30 a.m. and 2:15 p.m. respectively. The previous day was awash in hard racing as well as drama as defending world champion Rasmus Haugasmagi took a tough spill, flipping his hull during the 1 hour open time trial. Fortunately for the speedy Estonian he had already completed the second fastest lap of the day and overcame the accident by going on to win heat 1 from the second starting spot as well as heat 2 from the pole. Polish driver Cezary Strumnik was second in points with two second place finishes followed by Slovakia's Miroslav Bazinski and America's Billy Allen who were tied on points with a third and fourth apiece.

At the start of heat three Strumnik, driving from the second starting spot, uncorked some hidden speed and caught up to the previously unchallenged Haugasmagi coming out of turn one. The diminutive Polish pilot, now driving the outside line, overcame the leader in a dramatic pass coming down the backstretch and beat Haugasmagi to the pin in turn two. Unfortunately for Strumnik, countryman Gregorz Stepniak spun out in turn one and was hit by England's Jamie Marrs causing a red flag and sending all the remaining boats back to the jetty for a restart. The tension on the jetty now rose to a fever pitch as the teams refueled and were then forced to wait what seemed an eternity as the patrol boats tried in vain to chase a stubborn swan out of turn one. When the bird was finally chased off the course and A-Team pitman Crowbar Cronin vowed to bring a shotgun to next year's race, the remaining boats were once again lined up for the restart. This time Strumnik was not as fortunate as Haugasmagi beat him to the first turn pin and was once again in command of the heat with Strumnik second as Slovakia's Miroslav Bazinski and America's Billy Allen slugged it out for third. Coming out of turn two on the second lap Bazinski took a violent spin and was attempting to regain position in the corner when he was slammed by Germany's Philipp Franz. Both drivers continued their pursuit although losing a few positions. At the heat's conclusion it was Haugasmagi winning his third heat in a row as well as the Gold Medal, Strumnik in second to secure the Silver followed by Allen in third, fellow American Akerstrom in fourth, Latvia's Viesturz Lacis fifth, Germany's Philipp Franz sixth and Slovakia's Bazinski, who limped to the line in the seventh position with a severely damaged hull.

Haugasmagi, the Gold Medal winner and Strumnik, who had captured the Silver, were quickly whisked into the technical scruteneering tent. The battle for the Bronze Medal now became the focal point as Allen and Bazinski were so close on points that whoever won heat four would win the Bronze Medal.

During the two hour intermission the Slovakian team was busy in their tent as the drills, saws, sandpaper and glue flew through the air in a heroic attempt to get Bazinski's hull in racing shape for heat 4 which would be run at precisely 2:15.

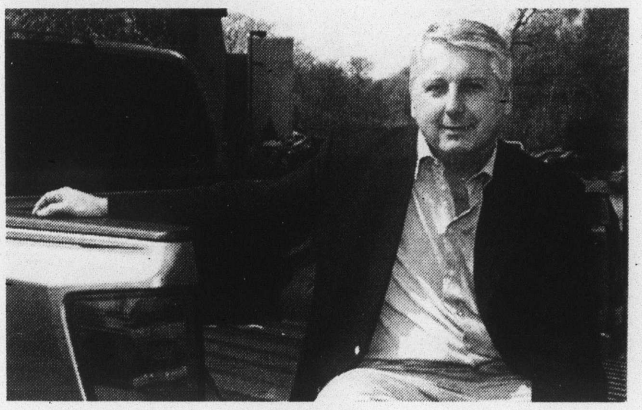
As the boats lined up on the jetty for the fourth and final heat of the weekend and with the Gold and Silver Medal winners watching from the beach, it was Allen on the pole, Akerstrom starting in the second spot, Latvia's Lacis third and Germany's Franz fourth. With only minutes remaining till the 2:15 start, the Slovakian team's tent ripped open and Miroslav Bazinski, the other Bronze Medal contender, now hastily fastening his helmet and with a freshly repaired hull, hurriedly rolled his charge to the fifth starting position among cheers from the growing crowd.

When the red light expired starting heat four, Allen, Lacis and Bazinski shot to the front and staged an all-out drag race to the one pin first corner with Allen on the inside, Lacis in the middle and The Crazed Slovakian, Miroslav Bazinski, screaming down the outside just inches from the riverbank. As the three set-up for the tight, one pin corner, Bazinski jumped through the wakes to the inside and came out beside Allen as Lacis held a tight third. The maddened thousands crowding the riverbanks now jumped to their feet in unison as Allen and Bazinski screamed down the backstretch with Bazinski now jumping to the outside. The two Medal contenders now locked themselves together in the duel of the weekend and for the entire six laps Bazinski hounded Allen like a dog on a hambone trying every weapon in his arsenal to make the pass. As the laps ticked down Bazinski tucked inside on every corner but Allen had just enough speed in his wooden kneeler to edge The Slovakian to the next corner. When the checkered flag flew ending the heat it was Allen with the first to claim the Bronze, Bazinski second and Polish driver Gregorz Stepniak in third.

The post-race area was awash in smiles and congratulations as the foreign teams and German fans lined up to shake the hands of Bazinski and Allen for putting on the show of the weekend. Lifting his boat off the scales Billy Allen was grabbed by both shoulders by the six foot Bazinski who stated in his best English, "Good racing Beelly, good racing."

Replacing Axles, Self-Driving Cars, Check Engine Light

Ask John Paul: AAA New England's Car Doctor



JOHN PAUL
AAA's Car Doctor

I need to have an axle shaft boot replaced on my car and the shop is suggesting replacing the entire axle. The car seems to operate normally; do I really need to replace the entire axle? What does all this do?

The constant velocity joint boot protects the constant velocity joint which is the flexible portion of the front axle that connects from the transmission to the wheel. If the constant velocity joint boot has been leaking grease for a while there is a good chance the C/V joint has become damaged due to lack of lubrication and contamination from sand and dirt. Then there is the cost of the repair, the labor to remove the axle, clean and lubricate the axle joint and install the boot in many cases equal to or more than replacing the axle. The cost of axles has also gone down considerably over time. I looked online for a replacement axle for my car and a new axle was less than $70, a boot kit from the dealer was almost that much and a boot kit online was about $20. To me for the extra $50 it is worth it to put in a new axle. Now of course you would expect to pay more if the shop were buying the parts.

My neighbor has a Tesla and keeps talking about how great the self-driving system is. I'm not so sure, I think some aspects of self-driving cars are great but I don't think I would want to own one, what do you think?

There is almost nothing more that I like to do than drive and at times nothing more than I hate to do more than drive. Recently it took me two hours to drive 21 miles and it would have been great to have the car driving while I did something else. Recently the press association that I belong to and MIT did a survey regarding autonomous vehicles and their overall acceptance by the general public and the results were interesting. What was thought provoking is that in some cases 50 percent of the public surveyed have no interest in buying an autonomous vehicle. Meaning that half the buying public has no interest in buying vehicles that auto manufactures are spending billions of dollars. For more information on the study http://agelab.mit.edu/news/new-england-motor-press-association-and-mit-agelab-announce-results-annual-automation-survey

I recently brought my 2014 Ford Escape to the dealer for service as it had been bucking severely when going from stop to start at street lights. They had my car for a weekend, couldn't reproduce the issue and sent me home. The issue happened again on my drive home from the dealer and they then kept my car for nine weeks trying to figure out the problem. It turns out that when they had flushed the transmission fluid exactly a year prior, they had put the incorrect amount of fluid in, 3.5 quarts low. In the year from when that happened, I drove the car about 6,000 miles. What are the potential issues that could arise from having driven the car for so long without the correct amount of transmission fluid?

I'm surprised the vehicle shifted at all. The transmission only holds 9 quarts of fluid and with only five and one half quarts of fluid in the transmission there has to be some possible long-term issues. At this point if the vehicles shifts to your satisfaction I would at a minimum ask them for an extended warranty to cover any future issues. I'm also not sure why it took 9 weeks to think of checking the fluid level and why the fluid needed flushing on such a new vehicle.

I recently took my 2003 Honda to the dealer for a recall service and while I was there the advisor suggested that I replace the timing belt at a cost of $700. Then I took my car to my local shop and they said my car has a timing chain not a belt, now what?

If your Honda has the four-cylinder engine it uses a timing chain and that chain should last the life of the car. If your Honda has a six-cylinder engine it uses a timing belt that should be replaced at 105,000 miles. If your car's engine does use a timing belt, failing to replace it could result in catastrophic engine damage.

The water pump on my Chevrolet Suburban was replaced at 27,000 miles, under warranty. At a recent oil change I learned that the water pump was again leaking and needed to be replaced. Chevrolet will not cover the cost of the repair. It seems that a water pump should last more than 20,000 miles. Have you heard of issues with Chevrolet water pumps? Do I have any recourse?

Chevrolet and many other manufactures expect some seepage from the water pump over time. The question is what amount of leaking is normal; to me if there is nothing more than a stain and not an actual leak I would not consider replacing the water pump. If there is actual leaking of coolant then the pump should be replaced. As far as I can determine General Motors has not had any specific issues with premature water pump failure.

This happened to me recently. I was on a road trip 75 miles from home. I came out in the morning and the 'check engine' light was on. The car is a 2010 Toyota Camry hybrid. The car drove okay so I headed home. When I got home, my husband said that I shouldn't have driven home but should have had the car towed since I could have caused some damage. What do you think?

The check engine light can come on for any number of reasons, from a loose gas cap to a malfunctioning component or sensor. As a general rule unless the check engine light is flashing you can drive the car. A flashing check engine light indicates an engine misfire, which can cause irreversible damage to the car's catalytic convertor. Since the light was on steady and not flashing, I think you were fine driving the car. The issue shouldn't be ignored and you should get the car into a repair shop as soon as possible for proper diagnosis and repair.

I have a 2006 Hyundai Sonata with a couple of problems I hope you can help me with. The problem is the horn only works sometimes and I have been told it could be the airbag or the horn switch. The second problem is the driver's door lock doesn't work with the push button of the remote fob. Is the problem the switch or the lock motor?

The door lock should be fairly straightforward. You need to remove the switch and check for continuity across the unlock and lock terminals. This will rule out if the switch is faulty or not. The horn, horn relay and wiring can be tested in a similar fashion. If those parts test out okay, then it is possible the airbag is the cause of the problem. The airbag as well as the horn use a part called a clock-spring as the ground in the electrical circuit.

I went to the store to buy a battery for my BMW (it was five years old) and was told that once I installed the battery I would have to register the battery with the car's computer system. I was trying to save a little money by replacing the battery myself, but bringing the car back to the dealer is both inconvenient and does away with any cost savings of me putting the battery in. I haven't done anything yet can you help clarify this nonsense?

It isn't nonsense, in some cars you need to reset the car's computer and charging system to let it know the battery is new. Failure to do this will result in much shorter than normal battery life usually due to overcharging. The good news is that many aftermarket tool manufacturers have battery reset tools that are simple to use and will ensure the charging system works correctly.

I have a 2013 Ford F150 that I use for work. The truck has 150,000 miles on it and recently when it gets driven more than 15 minutes or so the oil pressure drops very low and now the engine is starting to knock. I'll be honest I wasn't great about maintenance for the last 100,000 miles. Any ideas what is wrong?

It sounds like either the engine is worn or the oil pump or pick-up screen is clogged. More than likely the noise is due to a worn bearing, due to lack of lubrication. At this point check the oil pump and pick-up screen. I suspect with your admitted lack of maintenance you may find the oil pump screen is full of sludge and blocking oil flow.

I was recently driving my Honda Pilot home from the beach and started to feel sleepy and tired. I remember once you mentioned carbon monoxide issues with one reader's car, is that possible with my Pilot?

This comes up periodically this time of year. I think the problem may be an allergic reaction to mold and mildew. Studies show that mold allergies can make people feel tired and lethargic and also a bit hazy. The air conditioner ducts are a perfect place for mold to grow; it is damp, dark and can get warm. But just to rule out the carbon monoxide issue, a portable household carbon monoxide tester can be placed in the car to test for CO. If there isn't a CO problem change the cabin air filter and have the HVAC system checked and cleaned if necessary.

I have a Ford Ranger pick-up truck and a few months ago it wouldn't start. I opened the hood and shook all the wires and then the engine started. Now it is acting up again but the wire shaking trick is not working, although it will eventually start. Any thoughts?

The problem is a wiring issue from the battery to the starter. You will need to check the main wiring and all the components in between. Don't just assume because the wire insulation looks good the wire is okay. Electrical power and ground connections all need to be inspected and tested for voltage drop.

I have only used my emergency brake when parking my car on a major decline and once a year when the car gets inspected. I know the brake is mechanical, is there some sort of maintenance that I should do to prevent the cables from rusting?

The best maintenance is using the parking brake once a week or so to prevent sticking. Also when the oil is getting changed ask the shop to apply a little lube on the cables. This should keep the parking brake working properly.

What are your thoughts on buying a former rental or lease car? I have seen cars advertised by all the major rental companies and they look like a good deal but I wonder about the condition.

A lease car is always a pretty good deal. These cars generally have one owner and have the specified maintenance performed and are sometimes "certified" which adds an extra level of maintenance and warranty. A former rental car can be a good deal to but keep in mind that not all renters take care of the car while it is in their possession. As a general rule, I would probably stay away from sports and performance cars that were daily rentals; these vehicles may have been abused and in some cases even raced. That being said over the years I have purchased former rental cars and generally had good luck. As with any used car, it is always a good idea to have "used-car" inspection performed before you purchase the vehicle.

I have a Chevrolet Suburban that from time to time will crank over for a long period before it starts. This happens more on cold starting than after it has been running for the day. This truck was a former livery/limo and it has 200,000 miles on it. Where should I start looking for problems?

One problem that many General Motors vehicle have is excessive carbon deposit buildup on the valves. This carbon will act like a sponge and absorb the extra fuel needed to start the engine. I would start with trying some top-engine and fuel injector cleaner and see if that makes any difference. If it does show signs of improvement, then you should consider a complete fuel injection cleaning.

I read your column and find it interesting. I'm considering a new car. I have a 2007 Hyundai Santa Fe with all-wheel-drive. I like everything about this car but it is approaching 191,000 miles and I'm thinking it's time for a new one. This Hyundai has been the best vehicle I have owned in 40 years of driving. Replacing this Sante-Fe with another Hyundai probably makes sense but my current vehicle is a six-cylinder and the new Hyundai has a four-cylinder engine. I like the pick-up in my little SUV. What do you think of dropping down to a four-cylinder engine? Will I miss the power? My second question is will these four-cylinder engines last as long as the bigger six-cylinders?

My first suggestion is don't overlook today's four-cylinder engines in any vehicle. They are smooth and in some cases more powerful than older six-cylinder engines. The 2.7 liter six-cylinder engine in your 2007 Hyundai develops 185 horsepower. The 2.0 liter engine in the Santa Fe Sport develops the same 185 horsepower. If you want a little more performance the turbo-charged version develops 240 horsepower. Drive the latest from Hyundai; I think it should satisfy your needs. Regarding engine longevity, it takes only about 15 horsepower to maintain highway speed. If you drove with your foot to the floor all the time the engine wouldn't last, but that is not how we drive. In most cases drivers only use "full-throttle" 10 percent of the time. To me this should translate into long engine life.

I own a 2006 Honda CR-V with approximately 107,000 miles. My little SUV needs four new tires, which I estimate will cost about $800, plus I'm thinking it may need some suspension work. I'm undecided as to whether I should invest this amount of money in an 11 year old vehicle or trade it in.

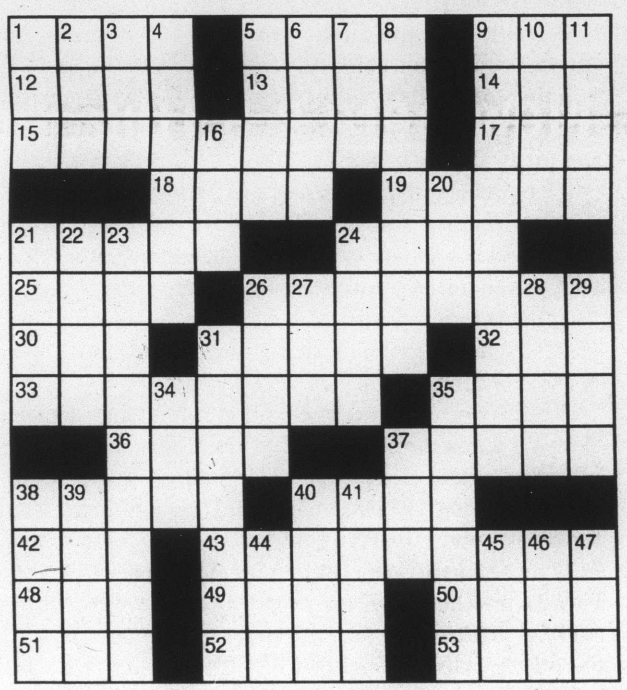
Today, we see cars routinely lasting 200,000 miles or more. If the CR-V still meets your needs and you are prepared to spend more money on additional maintenance such as brakes, drive belts and fluid changes, I can't see any reason not to keep your car. My biggest concern would be the overall structure. If the undercarriage of the vehicle is still pretty rust free and the overall dependability has been good, it would make sense to hang on to it.

SUN FUN PAGE

King Crossword

ACROSS
1 Finished
5 Western state
9 Netflix rental
12 Tragic
13 Mexican money
14 Debtor's letters
15 Doctor's determination
17 Beer cousin
18 Family member
19 Hides
21 Contribute to the mix
24 "Galloping dominoes"
25 Destroy
26 Proud birds
30 Alias (abbr.)
31 "No man is an island" writer
32 Cravat
33 Maryland city
35 Ill will
36 Wedding shower?
37 Breakfast side dish
38 Part of Hispaniola
40 Tolerate
42 Recede
43 Vibrating part of a microphone
48 Honest politician
49 Rim
50 Always
51 — Moines
52 American Beauty, e.g.
53 Allows

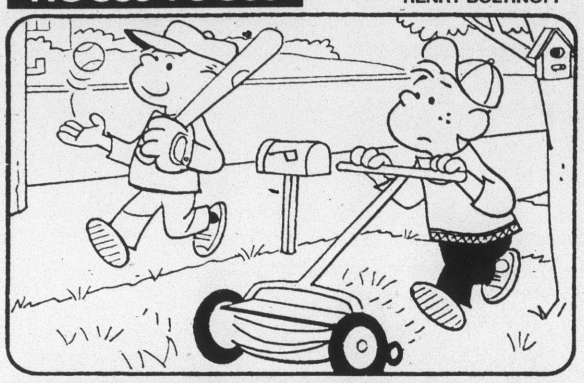
DOWN
1 Peculiar
2 Half of XIV
3 Historic period
4 Get back
5 "Once — a time ..."
6 Examination
7 "— was saying, ..."
8 Monastery lodging
9 Science of logic
10 Chevrolet model
11 Union payment
16 Sister
20 "Foucault's Pendulum" author
21 Bedouin
22 Noble title
23 Bitter speeches
24 Carvey or Delany
26 Sit for a shot
27 Conclusion
28 Narc's measure
29 Spotted
31 Tie-breaking game, e.g.
34 Smack
35 Keg
37 "Humbug!"
38 Leader
39 French cleric
40 Luggage
41 Duel tool
44 Altar affirmative
45 Rd.
46 Understand
47 Wife's address



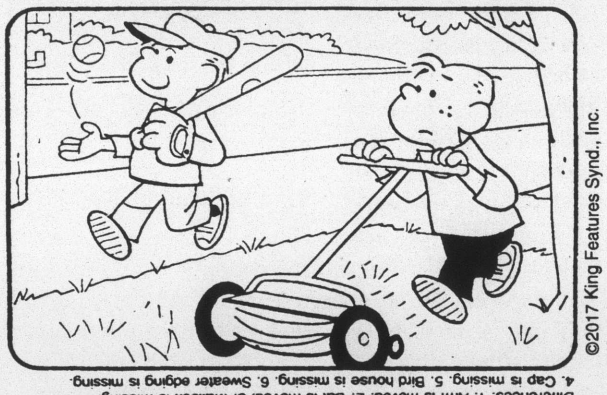
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Arm is moved. 2. Bat is moved. 3. Mailbox is missing. 4. Cap is missing. 5. Bird house is missing. 6. Sweater edging is missing.

24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

Trivia test

by Fifi Rodriguez

1. ANIMAL KINGDOM: What is a group of kangaroos called?
2. MEASUREMENTS: How many tablespoons are in a gallon?
3. LANGUAGE: What does the Spanish word "verde" mean in English?
4. U.S. STATES: Which U.S. state has the longest freshwater shoreline?
5. ANATOMY: What side of the brain is believed to be important for logic and rational thought?
6. FOOD & DRINK: What was the first successful brand of instant coffee?
7. MATH: How many letters are used in Roman Numerals?
8. ASTRONOMY: The Mariner probe program was developed to explore which planets?
9. COMICS: What was the secret identity of Batwoman?
10. GAMES: What is the first railroad you can land on after starting Monopoly at "Go"?

Answers

1. A mob
2. 256
3. Green
4. Michigan
5. Left
6. Nescafe
7. Seven
8. Mars, Venus and Mercury
9. Kathy Kane
10. Reading Railroad

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Salome's Stars

ARIES (March 21 to April 19) Aspects favor socializing with family and friends, but an irksome workplace situation could intrude. No use grumbling, Lamb. Just do it, and then get back to the fun times.

TAURUS (April 20 to May 20) There's still time for you Ferdinands and Fernandas to relax and sniff the roses. But a major work project looms and soon will demand much of your attention through the 24th.

GEMINI (May 21 to June 20) Your enthusiasm persuades even the toughest doubters to listen to what you're proposing. But don't push too hard, or you'll push them away. Moderate for best results.

CANCER (June 21 to July 22) Your energy levels are rising, and you feel you can handle anything the job requires. That's great. But don't isolate yourself. Keep your door open to your workplace colleagues.

LEO (July 23 August 22) A workplace change could lead to that promotion you've been hoping for. But you'll have to face some tough competition before the Lion can claim his or her share of the goodies.

VIRGO (August 23 to September 22) Your rigidity regarding a difficult workplace situation could be the reason your colleagues aren't rushing to your assistance. Try being more flexible in your demands.

LIBRA (September 23 to October 22) That uneasy mood could be your Libran inner voice reminding you that while it's great to be with your new friends, you need to take care not to ignore your old ones.

SCORPIO (October 23 to November 21) A sudden spate of criticism could shake the Scorpion's usually high sense of self-confidence. Best advice: You made a decision you believed in -- now defend it.

SAGITTARIUS (November 22 to December 21) Your reluctance to help restart a stalled relationship could be traced to unresolved doubts about your partner's honesty. Rely on a trusted friend's advice.

CAPRICORN (December 22 to January 19) The capricious Sea Goat is torn between duty and diversion. Best advice: Do both. Tend to your workaday chores, then go out and enjoy your well-earned fun time.

AQUARIUS (January 20 to February 18) Cutting back on some of your activities for a few days helps restore your energy levels. You should be feeling ready to tackle your many projects early next week.

PISCES (February 19 to March 20) A co-worker might be secretly carping about your work to mutual colleagues. But associates will come to your defense, and the situation will ultimately work to your advantage.

BORN THIS WEEK: Your ambition makes you a success at whatever you choose to do -- especially if it's in the world of the performing arts.

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MAGIC MAZE

JAMES BOND VILLAINS

I O L R J G D A X V S P N L K
A I F S E C A X V S Q O E V L
J G H E W G C A B X V C O T R
P N N N L A N O J H H L F Z D
B Y X A V T J I R I R P O E M
K I G H M D L E F O L B E H V
D B Z K D A M F X D B W L C O
U T R O R T R E V E L Y A N K
Q O N L A E B A L J I O R A S
G F D C X A I K C Y X D G S O
W V T S R P G O N S L K O J K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Blofeld, Dr. No, Drax, Goldfinger, Khan, Klebb, Koskov, Largo, Le Chiffre, Mr. Big, Oddjob, Orlov, Sanchez, Scaramanga, Trevelyan

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Wishing Well®

4	5	8	2	4	6	3	2	8	6	4	5	7
N	F	L	Y	E	L	P	O	O	O	W	I	B
2	8	2	5	6	3	4	2	5	7	4	2	5
U	O	S	R	V	L	A	P	M	E	C	A	E
8	7	2	4	8	2	3	8	3	2	5	8	2
K	D	N	C	T	B	U	O	N	A	R	T	R
3	2	6	4	8	3	8	5	6	8	3	6	8
G	R	E	L	H	E	E	C	O	F	I	F	U
6	2	5	7	5	8	4	7	5	4	2	6	2
R	I	O	E	M	T	A	T	M	I	E	E	R
8	3	2	8	5	7	4	6	5	8	6	7	5
U	N	S	R	I	E	M	S	T	E	E	R	M
6	5	7	5	6	7	5	6	7	5	6	7	7
A	E	M	N	R	I	T	C	N	S	H	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **Q** equals **T**

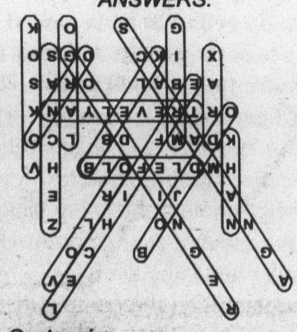
ML ZJT ATFNBRYH MUAHFLHNQ
UHFNBRKWMYH ZJT JTXBQ QJ XHQ
R FHLTKW — JF YJUHQBMKX QJ
QBRQ WHLHNQ.

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— King Crossword —
Answers
Solution time: 21 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

If you purchase imperfect merchandise you ought to get a refund — or something to that defect.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Fans of "Downton Abbey" rejoice, the latest news is that the popular British series soon will be a feature film. Producer/creator Julian Fellows says he's working on a script and a budget so he'll be ready when the studio gives the green light. The original TV actors were signed for six seasons, and when that was completed, their salaries had risen so high because of working in other projects that they were unaffordable. A film, however, can pay those salaries.

One fly in the ointment is the often cantankerous Dame Maggie Smith, who says, "I just think it's squeezing it dry. I don't know what it could possibly be, it's too meandering." She added, "It's so difficult getting into those corsets and costumes." Alluding to not wanting to do it, she added, "Maybe it could start with the funeral of the Dowager Crawley (her character)."

You can't fool us, Maggie; you protest too much. You'll be the first one on the set when it starts shooting this fall.

One cast member definitely not returning is Dan Stevens (Matthew Crawley), who was killed off in 2012. He's gone on to be "The Beast" to Emma Watson's "Beauty" and is involved in five other films: the recently released "Kill Switch," "Permission" (limited release), "Marshall" (due out Oct. 13), "The Man Who Invented Christmas" (Nov. 3) and "Apostle (2018). In addition, FX has renewed his series "Legion" for season 2.

***

The amazing Mel Brooks, who turned 91 years young on June 28, celebrated by headlining at The Wynn Hotel in Las Vegas for two nights with "An Evening with Mel Brooks." Brooks, who won four Emmys, three Grammys, an Oscar and three Tonys (yes, that spells EGOT), explained he hasn't played Vegas before because, "Many years ago, Carl Reiner and I got tremendous offers to play Vegas, but we had other careers." He's already done his show in New York City and Chicago, and judging from the reception they'll probably beg him to extend. Brooks then heads to London to oversee rehearsals of his musical "Young Frankenstein."

***

Universal Studios says "The Mummy" is the first in a series of many reboots of its old monster movies it's calling "Dark Universe." While "The Mummy" fared poorly in U.S., it's been a hit overseas, taking in $239 million for a worldwide total of $295 million ("Wonder Woman" has earned $571 million worldwide since its opening a week earlier). Universal's next reboot will be "The Bride of Frankenstein."

And speaking of monster movies, Thomas Middleditch, who stars in the HBO series "Silicon Valley" and those annoying Verizon ads, will be starring in "Godzilla: King of the Monsters" with Kyle Chandler and Vera Farmiga, due in March 2019. It takes a lot of courage to go through life with a name like "Middleditch" and have the nerve to be successful!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	−		×		25
÷		×		+	
	×		×		32
+		+		×	
	+		×		30
17		18		26	

1 2 3 4 5 6 8 8 9

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Collecting

by Larry Cox

Q: I attended the first Daytona 500 stock-car race held at the new track in Florida in 1959. I have the official souvenir program that features the history of Bill France, NASCAR and the building of the track. The program also has photos of all the drivers of that era, including Junior Johnson, Tim Flock, Lee Petty and so forth. Does it have any value? -- D.L. C., Hapeville, Georgia

A: I found several Daytona programs issued in 1959 for sale. They seem to be selling in the $50 to $75 range. There is a nice one on eBay, full framed, listed for $60.

***

Q: I have inherited two bowls produced by Marblehead Pottery. I love the simplicity of the pieces. Can you tell me how much they are worth? -- Susan, Virginia.

A: Marblehead Pottery was hand-thrown and first produced in 1905 as part of a therapeutic program for patients in a sanitarium located in Marblehead, Mass. Operations ceased in 1936. In recent years, this line of pottery has become quite collectible, especially in Massachusetts, where it was made. Most pieces are, as you indicated, rather simple in design and finished in a single color. You need the services of a good appraiser to determine current values.

***

Q: I have a collection of sheet music, "Music of the Modern World," published in 1895 by D. Appleton. The musical selections were edited by Anton Seidl. Do they have any value? -- Stephanie, Florida

A: After consulting with several sheet music collectors, I have come to the conclusion that your music has very little value. The series was published primarily for music teachers in public schools and, although more than a century old, are not very collectible.

***

Q: I came across a gold-colored frame with a copy of Whistler's Mother and a child's prayer encased. Does it have any value? -- Doris, Rhode Island

A: Prints, such as the one you describe, were popular throughout the 1920s and '30s. Most currently sell in the $35 to $50 range, with certain exceptions. Prints by such artists as Maxfield Parrish and Wallace Nutting are much more valuable.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was American journalist and political satirist P.J. O'Rourke who made the following sage observation: "No drug, not even alcohol, causes the fundamental ills of society. If we're looking for the source of our troubles, we shouldn't test people for drugs, we should test them for stupidity, ignorance, greed and love of power."

* If you're like many Americans, you celebrate the Fourth of July by cooking out. In fact, it's estimated that in the United States, 150 million hot dogs and 700 million pounds of chicken are consumed on that single day.

* Those who study such things say that the milk from a mother hippopotamus is pink.

* The Declaration of Independence was signed by 56 men from 13 colonies, but only one of them -- John Hancock -- actually signed it on July 4, 1776. Only two signers went on to become president of the United States: John Adams and Thomas Jefferson. In a striking coincidence, both men died on the same day, July 4, 1826 – exactly 50 years after the adoption of the Declaration. Jefferson died first, at 12:50 p.m., at Monticello, his home in Virginia. At 6:20 that evening, at his home in Quincy, Massachusetts, John Adams died. Unaware of Jefferson's death earlier that day, Adams acknowledged his longtime friend and rival with his final words: "Thomas Jefferson survives."

* It was once believed that people with the bacterial infection cholera were suffering the wrath of God for their sins. In fact, the disease's name comes from the Spanish word for anger.

* The typical horse walks at a speed of 3 1/2 miles per hour.

***

Thought for the Day: "We all have our time machines. Some take us back; they're called memories. Some take us forward; they're called dreams." -- Jeremy Irons

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Now here's a tip!

by Jo Ann Derson

* If the clinking and clacking your dog's tags are driving you crazy, wrap one of them in clear packing tape. Cut off excess and the tags can hit each other all night without making a sound.

* "You can keep salad dressing from coming out so fast if you use a knife tip to poke several holes along one side of the foil safety covering on a bottle of dressing. This works for oil and vinegar based ones, but not as well for creamy ones. For those, just remove half of the foil by cutting it with the knife tip. It's much better to control the flow!" -- M.R. in Idaho

* "I use baking soda to scour my kitchen sink. Then I rinse it down with a little vinegar. It cleans up really nicely and leaves the drains fresh." -- J.C. in California

* Here's a great tip for cooking a baked potato in the microwave. You may have heard to pierce the potato with a sharp knife or the tines of a fork, but you also can use four toothpicks to give it some legs to stand on. This allows the air to circulate all around the potato, therefore ensuring even cooking! Plus, it looks cute.

* Using an online recipe? Slip your tablet or phone into a plastic zipper-top bag so that it will be ingredient free when cooking time is over. You can still use the touchscreen through the bag, but no mess!

* Clean a coffee grinder with a cup of uncooked rice. Process it through, then dump the contents.

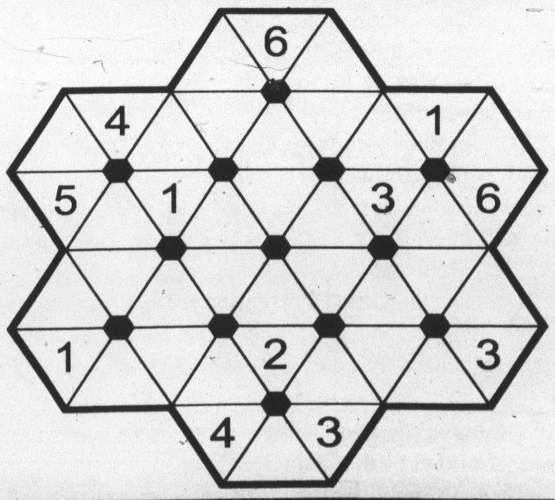
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

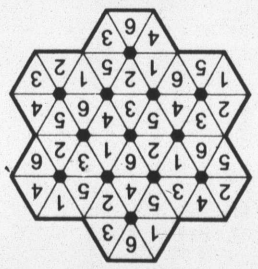
by Terry Stickels

Match the words on the left with their meanings on the right.

1. oneirism	a. shelter, protection
2. aslant	b. absent-minded daydreaming
3. anathematize	c. mitigate, alleviate
4. aegis	d. oblique
5. allay	e. declare to be evil

©2017 King Features Syndicate

SNOWFLAKES solution



— Go Figure! —

answers

8	−	3	×	5	25
÷		×		+	
1	×	4	×	8	32
+		+		×	
9	+	6	×	2	30
17		18		26	

Stickelers Answer

1-b, 2-d, 3-e, 4-a, 5-c

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

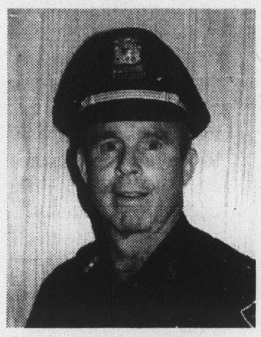
On June 28, at approximately 7:45 p.m., Officers Joseph Paccioretti and Paul Murphy were dispatched to the area of the Lincoln Hancock School on a report of a male assaulting a woman and damaging a vehicle.

A male matching the description given out was stopped by Officer Murphy a block away. The officer recognized the suspect from numerous past interactions and was well aware of the suspect's lengthy criminal record. The suspect had a strong odor of alcoholic beverage coming from him and appeared to be on some type of drug.

At this time, a witness pulled up in a damaged vehicle and identified himself as a city employee. He told the officers that he was inside the school and as he walked out he heard a female screaming. He looked over and saw the suspect assaulting a female in the nearby parking lot. He said that he saw the female break free of the suspect's hold and attempt to run away.

The witness yelled to the female to come into the safety of the school but instead she ran away from it only to be caught and punched numerous times by the suspect. The witness called "911" and then yelled to the suspect that the police were on their way. The female then ran off as the suspect focused on the witness, who was now standing next to his official vehicle.

As the woman then ran toward Water Street, she yelled to the witness, "Please don't call the police - I don't need any trouble." The suspect approached the witness aggressively and in a threatening tone said, "What are you going to do cop? Is this your cop car?" The suspect continued yelling as he jumped on the hood of the city owned vehicle, kicking in the windshield and then jumped down to kick the sides. The suspect left the scene but was followed by the witness.



LT. DAN MINTON

Officer Paccioretti examined the vehicle and confirmed the damage while noting that fresh sneaker prints were visible on the hood. Meanwhile, the suspect became belligerent and combative, threatening the officers. He started yelling that he was innocent and was being framed by the police, who were fabricating a story to make an arrest. He said he didn't cause any damage to the police vehicle and denied any assault of a female. The suspect was so intoxicated that he didn't even know that the blue plate on the damaged vehicle said, "Official" rather than "Police" and thought that the witness was a police officer.

Based on this information, the officers placed the 25-year-old suspect, a Quincy resident, under arrest and transported him to the station for booking. Officers searched the area for the female victim but could not find her.

Photos of the damage to the city owned vehicle were taken for court purposes. The sneaker prints matched the sneakers that the suspect was wearing, so his sneakers were seized as evidence too. In addition, security video from the school will be obtained as evidence.

Nice Work!

❑

PHONEY DEBT RELIEF OPERATION: A federal court recently shut down an operation that stole millions of dollars from elderly, disabled and financially strapped consumers. According to the FTC, a group of 11 companies tricked vulnerable consumers into paying as much as $1,000 per month after falsely promising to help eliminate or repay their debts and improve their credit ratings. After these companies began debiting victim's bank accounts, people discovered their debts still unpaid, their accounts in default and their credit scores ruined. Some of the victims face lawsuits from creditors and others had to file for bankruptcy. As always, do your homework before accepting an offer that is too good to be true. Check online for reviews of the company, reach out to family and friends or give me a call to assist you in determining if the company is legitimate.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
June 16 – 23
Calls: 1,270
Arrests: 33
Stolen Vehicles: 2

FRIDAY, JUNE 23

VANDALISM/PROPERTY, 1:08 a.m., Paddy Barry's, 1574 Hancock St. There was a fight inside bar, one party walked out and more still inside. No weapons. No need for medical attention at this time. Man broke window. Arrest for malicious/wanton destruction. Tresspassed by owner.

LARCENY, 10:56 a.m., Sterling Middle School, 444 Granite St. Gas saw from job site.

LARCENY, 1:31 p.m., Anodyne Corp., 10 Granite St. Employee's belongings taken.

LARCENY, 6:32 p.m., 900 block Sea St. Caller's son gave his bike to a friend to fix and the bike was stolen from the friend.

SATURDAY, JUNE 24

VANDALISM/PROPERTY, 9:36 p.m., Metro PCS, 1363 Hancock St. Black male wearing a black t-shirt smashed window. Headed on foot towards Stop & Shop building. Another male just entered through window. Suspect on foot headed towards Burger King. One party under arrest for vandalism.

SUNDAY, JUNE 25

ATTEMPTED BREAKING AND ENTERING, 12:24 p.m., 511 Hancock St. Someone broke the lock attempting to get into building.

LARCENY, 4:55 p.m., Applebees, 200 Hancock St. Wallet. Past. Employee has suspect on video.

INDECENT EXPOSURE, 8:30 p.m., Billings Rd. & Faxon Rd. Caller reports white male in his 50s or 60s in white t-shirt fled in white pickup down Faxon Road. Male reportedly had no clothes on. Vehicle stopped at Atlantic MS. Male was naked when it was stopped. One party under arrest for open and gross, stop sign violation, failing to stop for police officer. Occurred at Parker School.

VANDALISM/PROPERTY, 8:43 p.m., Cross St. Appears to be old damage to siding on her home. Doesn't appear to be recent.

MONDAY, JUNE 26

VANDALISM/PROPERTY, 9:38 a.m., Flynt St. Caller reports young neighborhood kids are responsible for damaging his car while in his driveway between 6 and 7 p.m. last night. Officer observed small dent/scratch on rear left side.

MOTOR VEHICLE LARCENY, 10:31 a.m., W. Elm Ave. Son's father took the car. Not a stolen vehicle. Ongoing domestic dispute. Detective handling case.

LARCENY, 5:29 p.m., Ruggles St. Mini bike stolen out of shed sometime in the past two days.

LARCENY, 8:08 p.m., Wash Dry, 236 Washington St. Clothing.

LARCENY, 10:59 p.m., China Pearl, 237 Quincy Ave. Reports he used his debit card at China Pearl and forgot his wallet. Called/went back and they claim they no longer have it.

TUESDAY, JUNE 27

BREAKING AND ENTERING, 6:20 a.m., Wollaston Convenience, 5 Brook St. Past break into store.

ATTEMPTED LARCENY, 2:17 p.m., Holmes St. Unknown description or direction of travel. Male attempted to steal caller's bike but was scared away by neighbor.

LARCENY, 5:51 p.m., Bicknell St. Medication.

VANDALISM/PROPERTY, 7:56 p.m., South St. Officer observed someone throw something off a vehicle while responding to another incident. Youth threw a rock.

WEDNESDAY, JUNE 28

LARCENY, 12:42 a.m., Sumner St. Caller let a friend stay at her residence. She came home from work and her friend and TV are gone.

LARCENY, 11:05 a.m., Planet Fitness, 50 Adams St. iPhone. Tracked phone to Fayette Street. Unfounded.

VANDALISM/PROPERTY, 3:20 p.m., Victory Rd. Dented front hood. Possible someone jumped on it.

BREAKING AND ENTERING, 9:18 p.m., McCarthy's Moving Storage, 42 St. Ann's Rd.

THURSDAY, JUNE 29

VANDALISM/PROPERTY, 10:49 a.m., Sea St. Storm door smashed sometime last night.

ASSAULT AND BATTERY, 2:14 p.m., Ridgeway St. Cross complaints to be filed.

LARCENY, 9:49 p.m., River St. Two solar lights from yard. Caller has video.

FRIDAY, JUNE 30

LARCENY, 9:09 a.m., Harrington Ave. Package.

LARCENY, 12:12 p.m., Captain Fishbones, 332 Victory Rd. Pillow taken.

BREAKING AND ENTERING, 2:27 p.m., Norfolk St. House is vacant. Owner came to find it looks like people were staying in house. Neighbor says previous tenant was looking for mail. No one inside.

MOTOR VEHICLE LARCENY, 5:38 p.m., Seawinds Condos, 90 Quincy Shore Dr. Caller cannot find motorcycle in garage.

VANDALISM/PROPERTY, 8:50 p.m., St. Mary School, 121 Crescent St. Three youths, white males, walking towards Copeland. Caller is unsure which window they broke, he just heard glass smash. Boys playing stickball, denied they broke the window. Officer spoke to their mother. Mother will reach out to janitor to remedy.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 90 Quincy Shore Dr., West Elm Ave.

❑

CAR BREAKS: Sims Rd., Dickens St., Weston Ave., Woodbine St., Linden St., Rice Rd., Franklin Ave., Marlboro St., 511 and 1416 Hancock St., Sewall St., Taylor St., Becket St., Linden St.

❑

BREAKS AND ATTEMPTED BREAKS: Norfolk St., Avalon Dr., Central Ave., St. Ann's Rd., Norfolk St.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Pokey: 16, male Shih Tzu, special needs

AVAILABLE CATS

Mollie: 2, female, gray tabby
Baker: 10, male, black
DZ: 12, female, tabby
Spotley: 1, male, white & black
Indigo: 13, male, gray tabby
Billee: 2, female, black & white

Rev. Steve Law Pastor Wollaston Lutheran Church

Pastor Steve Law was ordained into the Holy Ministry and installed as pastor of the Wollaston Lutheran Church in Quincy, in a special afternoon service on Pentecost Sunday, June 4.

The two former pastors, the Rev. Dr. Adolph Wismar Jr. and the Rev. Richard Law, have retired after having served the congregation and the community for many years.

Pastor Steve Law will serve as pastor to both English-speaking and Chinese-speaking members of the congregation. Pastor Law is a graduate of North Quincy High School. He received a Bachelor of Science degree in Computer Science from Worcester Polytechnic Institute and a Master of Divinity degree from Gordon-Conwell Theological Seminary. To qualify for ordination into the Lutheran ministry he then continued his theological training at Concordia Theological Seminary in Fort Wayne, Indiana, graduating this past spring.



PASTOR STEVE LAW was recently ordained and installed as the pastor of the Wollaston Lutheran Church in Quincy. *Photo Courtesy Wollaston Lutheran Church*

Pastor Law is married to Elaine Mak. The couple has two young children: Rayna, presently a student at Beechwood Knoll Elementary School, and Evan, who is attending the Wollaston Child Care Center, one of the social ministry community services of the Wollaston Lutheran Church.

Cornerstone Fellowship Supports DOVE Agency



Cornerstone Fellowship, a Chinese Christian fellowship of the Wollaston Lutheran Church, 550 Hancock St. for young families and young professionals, held a special program to prepare urgent need items and support cards offering encouragement to survivors of domestic abuse being served by the DOVE agency.

CORNERSTONE FELLOWSHIP, a fellowship from Wollaston Lutheran Church at 550 Hancock Street, held a special gathering to prepare urgent need items and support cards to the DOVE survivors. *Photo Courtesy Wollaston Lutheran Church*

The support cards were hand-made by individual Cornerstone Fellowship members, and they included comforting and encouraging messages.

This program was part of the group's Community Awareness Week. The main purpose of the special program is to help bring to the Chinese community an awareness of the needs of city residents and to respond with help and care.

The Wollaston Lutheran Church is committed to continue serving the community through various social ministry programs and ministries.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., begins at 10 a.m.

A member of the Diaconate will lead the service with a guest speaker giving the sermon. Shirley Pearson and Robert Rheault will serve for the Diaconate. Steve Reed is Minister of Music.

A fellowship coffee hour follows the service hosted by Nancy Jacobs.

Monday night the Church Council meets in the Gordon Room at 7 p.m.

Boy Scout Troop 6 will meet in Fellowship Hall at 6 p.m. each Monday during the summer.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter Preble will conduct the service and preach the sermon, "Chosen Journeys." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit: www.bethanycongchurch.org for updates and activities. If you're unable to attend worship service, it is broadcast on QATV on Thursdays at 6 p.m. and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

HOPE PEACE

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Morning Worship Service starts at 10 a.m.
Member of the Diaconate will lead the service & a guest speaker will give the sermon
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "Chosen Journeys"
Child Care Available For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
SCIENCE & HEALTH
Holy Bible
ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

William J. Miller

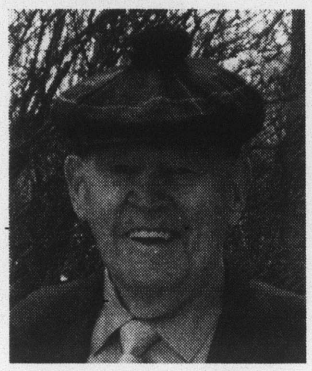
A funeral Mass for William J. "Hank" "Skippy" Miller, of Quincy and formerly South Boston, was celebrated July 1 in Our Lady of Good Voyage Shrine, Boston.

Mr. Miller died peacefully on June 26, surrounded by his loving family at Brigham & Women's Hospital.

His life was balanced between his family, faith, work, and service to his country. His wife, children, grandchildren, and lifelong friends were the foremost people in his life. Growing up in South Boston he had a strong Catholic faith, which guided him throughout his journey. Longtime devoted parishioner and member of Our Lady of Good Voyage Chapel.

A longshoreman by trade, Mr. Miller was a past president of the International Longshoremen's Association Local 800 (ILA), a business agent for 18 years and pension administrator since 1993 to the present day. He also served as vice president of New England Dock and Marine Council. A United States Marine Corps veteran, Mr. Miller served during Korean War. He was a former commander of the Michael J. Perkins Post in S. Boston.

He will be remembered for his caring nature, love of family, and his ability to never forget a birthday.



WILLIAM J. MILLER

Devoted husband of the late Priscilla "Penny" (Ingalls) Miller. Loving father of Michele Miller-Roche and her husband Leo of Quincy, Michael Miller and his wife Viktoria of Quincy, Colleen Miller-Stevenson of Quincy, and Billy L. Miller and his wife Missy of Dorchester. Cherished brother of Edward Miller of Quincy, and the late Ruth Roberts, Claire Hardacker, Charles Miller, and Elayne Bryant. Loving "Papa" to Casey, Madelyn, Caitlyn, Corey, Loren, Jordan, Viktoria, Makayla, and William. Also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Marian Manor Skilled Nursing & Rehabilitation Center, 130 Dorchester St., S. Boston, MA 02127.

More Obituaries online at thequincysun.com

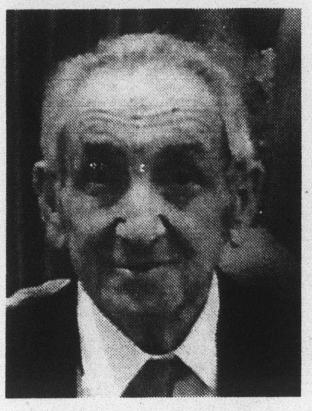
Hyman Levine, 92

Graveside services for Hyman Levine, 92, of Quincy were held June 16 the Quincy Hebrew Cemetery, West Roxbury.

Mr. Levine died June 13.

A lifelong resident of Quincy, Mr. Levine was the owner of Levine Scrap Metal, founded by his father, Samuel, where he worked until he was 90. He was an Army veteran of WWII having participated in the Normandy landing of the Allied invasion of Europe. Mr. Levine was in the Battle of the Bulge where he earned the Purple Heart and served in General Patton's 3rd Army, which invaded Germany. He was a Mason and a life member of the Beth Israel Synagogue in Quincy.

Mr. Levine was the devoted son of the late Samuel & Lena (Reingold) Levine. He was the beloved husband of the late Ruth (Levy) Levine. Loving father of Steven Levine and his wife Nancy



HYMAN LEVINE

of Owings Mills, MD, Alan Levine of Quincy and Sandra Levine and her husband Steven Howard of Revere. Cherished grandfather of Allison Levine and Jared Levine. Dear brother of the late Anne Weiner and Abraham Levine and is survived by his beloved niece Diana Weiner.

Memorial donations may be made to the charity of your choice.

Arrangements by Schlossberg & Solomon Memorial Chapel, Canton.

Carol A. Lydon

A Mass of Christian Burial for Carol A. (Moriarty) Lydon of Quincy was celebrated July 1 in St. Joseph's Church, Quincy.

Mrs. Lydon died on June 27 with her family by her side.

She was the loving mother of John "Jack" Lydon and his wife Jacqueline of Quincy, Michael of Dorchester, Susan Lydon Morrell and her husband Kenny of Quincy, Kevin Lydon and his wife Anne of Mansfield, Maura Gallagher and her husband Jack of Weymouth and Amy McDermott and her husband Chris of Quincy. Wife of the late John W. Lydon. Grandmother of 9 cherished grandchildren Roxanne, Patrick, Jonlyn, Mikayla, Molly, Jake, Seán, Meghan and Brigid. Sister of Francis Moriarty and his wife Regina of Middleboro. Also survived by many beautiful nieces, nephews and friends.

Mrs. Lydon will be long remembered by the YMCA, Kennedy Senior Center and the Department of Defense where she worked for many years. She loved to travel with friends and her faith and family were very important to her.

Private interment.

Funeral arrangements were made by the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Memorial donations may be made to the Ellie Fund, 200 Reservoir St., Suite 300, Needham, MA 02494 or info@elliefund.org.

Simone Koch, 87

A funeral Mass for Simone (Levasseur) Koch, a pioneer in organizing in youth sports for girls in Quincy and a long-time advocate for local charities, will be celebrated at 10 a.m. Thursday in Sacred Heart Church, Quincy.

Mrs. Koch died peacefully surrounded by family at home in North Quincy on June 29. She was 87.

Mrs. Koch created the city's first softball league for girls in 1952 as part of the Koch Club recreation and charity organization started by her husband, Richard Koch, a few years earlier. A talented shortstop herself, the league founded by Mrs. Koch provided young girls the same opportunity for participation, self-esteem and camaraderie that had previously been largely reserved for boys.

The softball league and the Koch Club's charitable work would ultimately touch the lives of thousands of young people and those in need for decades in Quincy, with Mrs. Koch leading the group's annual Christmas charitable drive during the Koch Club's most formative years. The legacy of the Koch Club Mrs. Koch helped build continues today in the city's annual Flag Day Parade and Celebration and an annual scholarship for high school graduates.

She was inducted in the North Quincy High School Hall of Fame in 2016 for her contributions to the young people of the city and named the grand marshal of the Flag Day Parade in 2008.

Mrs. Koch was born in Maine as the 12th of 14 children, and moved to Quincy when she was 14. In addition to her contributions to the city she loved, Mrs. Koch's passions were her faith and her large family. She was a highly active parishioner of Sacred Heart Parish in North Quincy for more than 70 years, and was a daily communicant and brought communion to the homebound for many years.



SIMONE KOCH

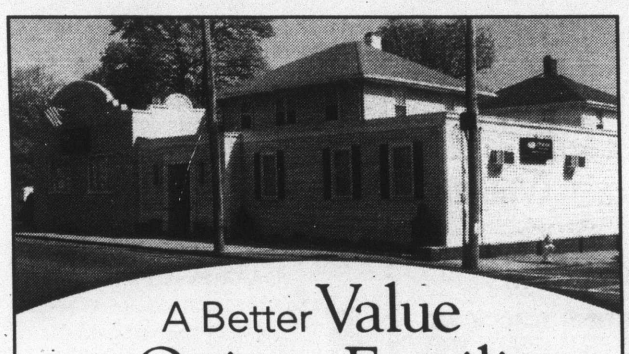
She cherished the fact that she was nearly always surrounded by family for much of her life, including her 8 children, 14 grandchildren and 16 great-grandchildren. The family was blessed to have been able to spend time with Mrs. Koch in the days and weeks before her passing.

Mrs. Koch is predeceased by her beloved husband Richard J. Koch. Loving mother of Linda Bowes and her husband Thomas of Quincy, Richard J. Koch, Jr. (Brewster Police Chief) and his wife Nancy of Brewster, Susan Larsen and her husband Glenn of Hyannis, Debra Eaton and her husband Bill of Quincy, Thomas P. Koch (Mayor of Quincy) and his wife Christine, Simone J. Leary and her husband Ed of Quincy and the late Nicole Koch and Joseph Koch. Cherished grandmother of 14 grandchildren and 16 great-grandchildren. Devoted sister of Chanel Levasseur. Also survived by many nieces and nephews.

Visiting hours were 3 to 8 p.m. Wednesday in Our Lady's Chapel at Sacred Heart Church, Quincy. A celebration of life service will be held in the Keohane Funeral Home, 785 Hancock St., Quincy at 9 a.m. Thursday, prior to the Mass.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to The Koch Club Scholarship Fund c/o City Treasurer, 1305 Hancock St., Quincy, MA 02169 and Sacred Heart Church Elevator Fund, 386 Hancock St., Quincy, MA 02171.



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Mary A. Dell'Orfano, 98

A funeral Mass for Mary A. (Colarusso) Dell'Orfano; age 98, a lifelong Quincy resident, was celebrated June 30 in St. John the Baptist Church, Quincy.

Mrs. Dell'Orfano died peacefully June 26 at home, surrounded by her loving family.

She was born in Quincy to the late Aleseio and Carmina (Rossetti) Colarusso. She was raised in Quincy and was a graduate of Quincy High School, Class of 1936.

Mrs. Dell'Orfano was employed as an upholstery stitcher, working fifteen years at the former Hancock Upholstery Company of Quincy and later fifteen years with the Twin City Upholstery Company in Braintree. She retired in 1987.

Mrs. Dell'Orfano was a devout Catholic and lifelong member of St. John the Baptist Church in Quincy and was a member of the former Ladies Sodality.

Beloved wife of the late Albert A. Dell'Orfano. Devoted mother of Albert A. Dell'Orfano, Jr. and his companion Amy C. DeVico of Quincy and the late Ann



MARY A. DELL'ORFANO

Marie Dell'Orfano. Loving grandmother of Michael Anderson, Alex Anderson, Mary Elizabeth Anderson and Cassandra Anderson all of Weymouth.

One of seven siblings, she was predeceased by James Colarusso, Lucy Mottola, Rose, Leonard, Dominic and Pasquale "Patsy" Colarusso. She is survived by many nieces and nephews.

Interment Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. John the Baptist Parish, c/o 21 Gay Street, Quincy, MA 02169.

Gertrude M. Wilson

A funeral Mass for Gertrude M. (Donovan) Wilson of Quincy was celebrated June 29 in St. Ann's Church, Quincy.

Mrs. Wilson died June 26.

Beloved daughter of the late Margaret M. (Sullivan) and Dr. Albert J. Donovan. Loving wife of the late James Wilson. Cherished mother of James Wilson and his late wife Cynthia of Marshfield, Patricia Squillante and her husband Stephen of Weymouth, Paul Wilson and his wife Sheila of Marshfield, Richard Wilson and his wife Antoinette of Marshfield, Michael Wilson and his wife Antoinetta of Weymouth, and the late Donald Wilson and his surviving wife Patricia of Weymouth. Dear sister of the late Margaret R. Donovan, Albert W.S. Donovan, Dr. Joseph J. Donovan, and Thomas D.



GERTRUDE M. WILSON

Donovan. Also survived by 10 grandchildren and 3 great grandchildren.

Interment at Mount Benedict Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Asthma and Allergy Foundation of America, 8201 Corporate Dr., Suite 1000, Landover, MD 20785, AAFA.org.

Wolas, Ex-Wife Indicted On Federal Charges

By SCOTT JACKSON

The fugitive who allegedly bilked investors out of $1.7 million in a scheme involving Quincy's Beachcomber Bar has been indicted on federal fraud and identity theft charges, and his ex-wife has been indicted on charges of lying to investigators.

Scott J. Wolas, age 68, has been indicted on seven counts of wire fraud and one count of aggravated identity theft, federal investigators and Quincy police announced June 29. Wolas was arrested in Delray Beach, Fla., in April and is being detained pending his trial.

His ex-wife, Cecily Sturge, 69, of Delray Beach, was indicted on charges of making a materially false statement to federal investigators concerning Wolas' whereabouts. She had been arrested earlier in June.

Wolas, using the alias Eugene Grathwohl, operated a real estate business known as Increasing Fortune Inc. and worked as a licensed real estate broker Century 21 in Quincy, from at least 2009 to 2016, according to court documents. From 2014 through 2016, he solicited investments for the development of the Beachcomber Bar property on Quincy Shore Drive and for the construction of a single-family home on the adjacent property. He collected more than $1.7 million from at least 20 investors and promised each of them a significant return on their investments. He allegedly promised to pay out at least 125 percent of the profits related to the single-family home construction. The court documents also indicate that the bank account into which Wolas deposited investor funds has been drained, and that Wolas used the money mostly for his personal expenses unrelated to development of the real estate projects.

Wolas was scheduled to close on the Beachcomber property on Sept. 15, 2016. A week before, however, he left Quincy and ceased all contact with his then-girlfriend, his co-workers, and his investors. Law enforcement then discovered that Grathwohl was actually Wolas, a former lawyer who had been a fugitive since 1997 after being charged with fraud and grand larceny in New York. The real Eugene Grathwohl resides in Florida and is known to Wolas, prosecutors said.

According to court documents, law enforcement officers interviewed Sturge, Wolas' ex-wife, on Nov. 17, 2016. During the interview, Sturge said that she had not been in contact with her ex-husband for approximately 15 years. Sturge continued to say that this was so, despite evidence of contact between her cell phone and one known to belong to Wolas that demonstrated more recent communication between the two.

After further investigation, Wolas was arrested on April 7, 2017, at a condominium he was renting in Delray Beach, Fla. Investigators learned that Wolas had first rented the room in the condo from Nov. 12 through Nov. 21, 2016, through an online rental website in the name of Cecily Sturge. Messages exchanged between the condo owner and Sturge depicted a photo of Sturge and messages claiming that Wolas (using the name Cameron Sturge) was Sturge's brother and a retired paleontologist in need of a place to stay. The owner of the condo told authorities that Sturge and Wolas arrived at the condo together in the same car on Nov. 12, 2016, five days before Sturge's interview with law enforcement.

Sturge was divorced from Wolas in 2001 by default judgment in Palm Beach County, Fla. In February 2017, Sturge filed a petition to modify the judgment in order to obtain the contents of Wolas' retirement account, which had a balance of approximately $647,000, from the New York law firm

Cont'd On Page 28

Ruth E. Tuffy, 92

A funeral service for Ruth E. Tuffy, 92, of Quincy was held Monday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mrs. Tuffy died June 28.

Born in Boston where she was raised and educated, she lived in Houghs Neck, Quincy, most of her life and worked as a clerk for the US Postal Service.

The loving wife of the late James F. Tuffy, Mrs. Tuffy was the beloved mother of James C. Tuffy and his wife Kathy of Braintree, Elaine R. Lantz and her fiancé Richard Frechette of Worcester, Catherine M. Kenney and her husband Ed of Braintree and Colleen M. Peterson and her husband Walter of Quincy; dear grandmother of Colleen, David, Greg and his wife Danielle, Carl and his wife Kristina, Eric and his fiancée Kelly; Andrew and his wife Rosana, Patrick, Christopher and his wife Kristen, and Thomas; great grandmother of 12; great-great grandmother of 1; sister of the late Charles Connor and Marjorie Caswell; and is also survived by her caretaker Ginny Thompson and her dear friend Ruth Ellen Galligan.

Interment at Pine Hill Cemetery, Quincy.

Official: Cigarettes Spark 2-Alarm Fire

Cont'd From Page 3

Medical Center or South Shore Hospital in Weymouth. NeighborWorks, in a statement, said 18 people were in the building at the time and six were taken to hospitals with smoke inhalation issues and were released "relatively quickly."

"The quick action of the Quincy Fire Department and the sprinkler and alarm systems throughout the building saved many lives," NeighborWorks said.

None of the firefighters on scene reported any injuries, Fenby said.

The deputy chief said the fire caused an estimated $250,000 in damages.

NeighborWorks said the blaze caused no serious structural damage, "but the water damage to the rear of the property from the fire hoses and sprinkler system is quite severe." The organization said it would take at least three months to repair the damage and that it was working with community partners, including Father Bill's & MainSpring, to accommodate the 18 residents displaced by the fire.

"Together we will get through this challenging event and get this property back to occupancy as soon as possible," NeighborWorks said.



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Wolas, Ex-Wife Indicted On Federal Charges

Cont'd From Page 27

where he worked prior to being indicted in 1997 by New York authorities. In pleadings filed in February and March 2017 regarding that matter, Sturge swore that Wolas' whereabouts were unknown to her, despite telephone records showing frequent contact between the two. In addition, copies or drafts of documents filed in the Florida proceeding, along with a thumb drive, were found in the room where Wolas was arrested. The United States has obtained a court order freezing the retirement account until the resolution of the criminal proceedings.

The charge of wire fraud provides for a sentence of no greater than 20 years in prison, three years of supervised release and a fine of up to $250,000 or twice the gross gain or loss. The charge of aggravated identity theft provides for a minimum of two years in prison, which must be served consecutively to any term for the wire fraud, one year of supervised release and a fine of up to $250,000. Sentences are imposed by a federal district court judge based upon the US sentencing guidelines and other statutory factors.

Acting United States Attorney William Weinreb; Harold H. Shaw, special agent in charge of the Federal Bureau of Investigation, Boston Field Division; Joel P. Garland, special agent in charge of the Internal Revenue Service's Criminal Investigation in Boston; Scott Antolik, special agent in charge of the Social Security Administration, Office of Inspector General, Office of Investigations, Boston Field Division; and Quincy Police Chief Paul Keenan, made the announcement. Assistant U.S. Attorneys Sandra S. Bower of Weinreb's Criminal Division and David G. Lazarus and Brendan Mockler of Weinreb's Civil Division are prosecuting the case.

LEGAL NOTICE

CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT
Docket No. NO89P2814C1
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Robert Dalton Whitney
Of: Quincy, MA
Protected Person/Disabled Person/Respondent

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the **amended 27th & 28th** account(s) of

Robert Naser of North Easton, MA as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of **07/26/2017**. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: June 23, 2017
PATRICK W. McDERMOTT
Register of Probate

7/6/17

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION TO EXPAND THE POWERS OF A GUARDIAN
Docket No. NO15P2536GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the interests of:
June Libby
Of: Quincy, MA
RESPONDENT
Incapacitated Person/ Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Hunt Nursing & Rehabilitation Center of Danvers, MA in the above captioned matter requesting that the court:

Expand the powers of a Guardian. The petition asks the court to make a determination that the powers of the Guardian and/or Conservator should be expanded, modified, or limited since the time of the appointment. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **07/18/2017**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: June 15, 2017
PATRICK W. McDERMOTT
Register of Probate

7/6/17

Please RECYCLE This Paper

10 Residents On UNH Dean's List

Ten students from Quincy are on the Dean's List at the University of New Hampshire in Durham for the spring semester.

They are:

Rachel Mullin, Highest Honors; Mollie Oldham, Highest Honors; Isabella Falco, Honors; Jessica Eynatian, Highest Honors; Rachel Papile, Honors; Jaclyn Scuzzarella, Highest Honors; Evlyn Scuzzarella, Highest Honors; Aislinn Collins, Honors; Nancy Aimola, Honors; and Amber Man, Highest Honors.

DPW Commissioner Raymondi Retires

Cont'd From Page 2

Raymondi, an attorney, was no stranger to city government when Koch tapped him as public works commissioner in 2011 amid a restructuring of the department. He served 22 years on the City Council and eight years on the School Committee.

Raymondi, a 1965 graduate of Quincy High School, turns 70 on Oct. 18.

He was first elected to public office in 1971 at the age of 24, winning a seat on the school board. He was elected Ward 2 councillor in 1975 and served three terms before making a bid for mayor 1981; Raymondi lost the mayoral race to Francis McCauley.

He was appointed Norfolk County treasurer in 1985 and served in that post for six years. In 1991, Raymondi was again elected to the School Committee and in 1995 was elected Ward 2 councillor, a position he would hold onto until resigning in July 2011 to become DPW commissioner.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-70

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of 5 J's Convenience Store Inc for a Finding to change the use from a hair salon to a convenience store in violation of Title 17 as amended Chapter 3.4.2 (nonconforming use) on the premises numbered 618-622 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-71

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Doug Menz et al for a Variance/Finding to subdivide the lot into 2 lots and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 45 BABCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-72

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of The Marion Group, LLC for a Variance to demolish the existing single family and construct 9 townhouse style residential units in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 5.1.4 (parking setback) and Chapter 4.2.8 (fence height) on the premises numbered 27 MILL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-73

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Likyu Chow for a Finding to change the use from a nail salon to a vegetarian cafe in violation of Title 17 as amended Chapter 3.4.3 (alteration to nonconforming) on the premises numbered 749 SOUTHERN ARTERY, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-74

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Arista Development for a Special Permit/Flood Plain/Variance to construct a 100 unit residential development in violation of Title 17 as amended Chapter 8.1.9 (Special permit flood plain), Chapter 4.0 (dimensional requirements), and Chapter 3.0 (use regulations) on the premises numbered 1 (-13) NEWPORT AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-75

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Fred & Melanie Palascak for a Variance/ Finding to construct a second level, front farmers porch and rear deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 71 SHORE AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17



Quincy Rotarians Visit Adams National Historical Park

The Rotary Club of Quincy has long been an institution promoting good health and well being, doing great work in the City of Quincy and throughout the world.

Over the years, the Rotary Club has raised funds to help eradicate polio in the world, raise funds for various local causes and awards over $35,000 in college scholarships to Quincy and North Quincy high school students annually. In addition, Quincy Rotary club members volunteer their time at various community events and support charitable endeavors. Members consist of local business men and women who support the community through civic engagement.

Quincy Rotarians take great pride in their Quincy heritage while their mission is to support wellness, youth, charities and scholarship. Welcoming several new members into the Club, the members arranged a tour of the Adams National Historical Park. This year is the 250th birthday anniversary of President John Quincy Adams so while touring the home reflective of four generations of the Adams family who lived in Quincy 140 years, they experienced the formal Dining Room table set with porcelain used in the home and at the White House by the President.

Andrew Oatway of Morisi & Oatway serves as president, Wendy Simmons of Prism Energy Services is president-elect.

The Rotary Club meets on Tuesdays at 12:15 p.m. at Neighborhood Club of Quincy. All are welcome to visit to learn more about the Rotary Club of Quincy.

Dorothy Quincy Homestead Open For Tours Saturday

The Quincy Homestead, originally built in 1686 and later modified to become the beautiful Georgian mansion it is today, was home to generations of the Quincy family.

The Homestead will be open to the public at no charge on Saturday, July 8th between 11 a.m. and 3 p.m. Free tours through both house and history will begin on the half hour, with the last tour starting at 2:30 p.m. Walk where they walked, see what they saw, and hear how the historic Quincy Family influenced our nation.

While there, continue the patriotic spirit of Independence Day and visit John Hancock's chariot which has a history of its own. Captured by privateers in 1777 on its way from England to the Caribbean, this splendid vehicle was given by the ship's captain to John Hancock in honor of his contributions to the cause of Freedom. Donated in 1920 to the National Society of Colonial Dames in The Commonwealth of Massachusetts (NSCDA-MA) by a Hancock descendant, the Chariot was beautifully preserved and restored in 2014 thanks to funding approved by the City of Quincy's Community Preservation Committee.

The Quincy Homestead is listed as a National Historic Landmark and is on the National Register of Historic Places. It is owned by the MA Department of Conservation and Recreation (DCR) and is operated in public/private partnership with the NSCDA-MA.

The Homestead is run by volunteers as a not-for-profit, 501(c)(3) organization. Its grounds are open to the public daily from dawn to dusk and are situated at 34 Butler Rd., on the corner of Butler Road and Hancock Street, just south of the Furnace Brook Parkway.

For more information on private tours, the season's calendar of Open Houses and/or how to donate, please go to www.nscdama.org or friend us on Facebook at Quincy Homestead 1686.

Following the July 8th Open House, the next date for Open House tours of the Quincy Homestead will be July 22nd.

READERS FORUM

Lebo: State Should Correct Electronic Version Of MCAS Writing Test

Dear Quincy Sun:

I want to thank you for your recent article that highlighted my concerns about the electronic version of the MCAS. This year school systems were required to pilot the electronic version of the test in two grades; Quincy chose Grades 4 and 8. This meant our students had to take the entire test using a computer. Through practice sessions, Quincy teachers prepared our students for this version of the test. The practice sessions allowed our students to develop their word processing skills as well as their writing skills.

After the MCAS testing was completed, the schools and school committees had an opportunity to see some of the test items. When I saw what our students were required to do on the writing portion of the test, I was deeply dismayed and angry.

In Grade 4, at the age of nine, our students were asked to type a one page essay into a text box. Although they were asked to write a full page, they could only see and work on about four lines of text from that page at a time. In Grade 8, what was required of our students was even more disturbing. Writing prompts asked students to complete a 4-page essay but again the students could only see several lines of their writing at a time. A scroll bar only appeared when students were close to using all the allowed space. Using the scroll bar, the student had to scroll up or down and side to side to be able to see what they had written. Students had no opportunity to view or review their work except in small pieces.

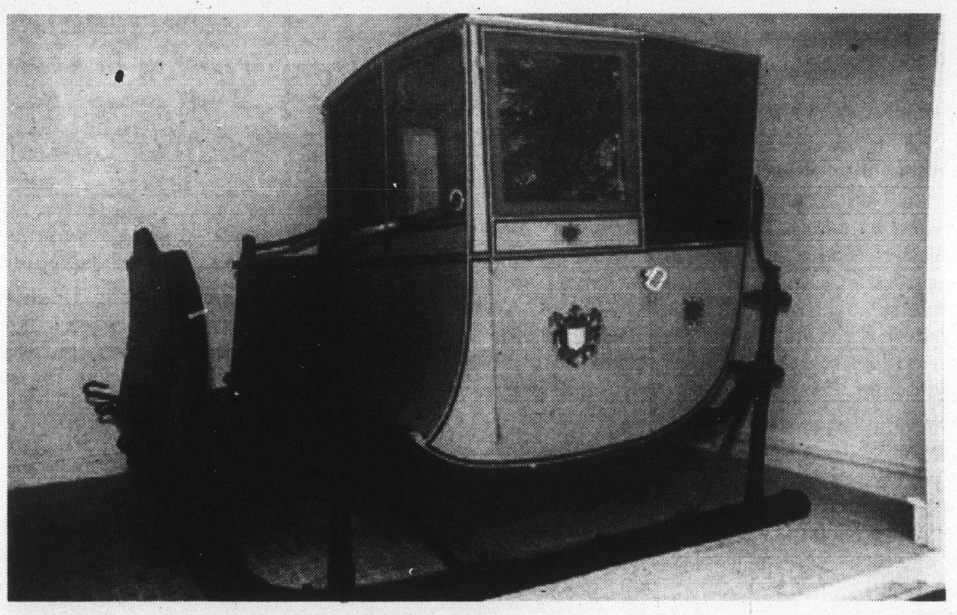
I was dismayed and angry about this format because this would be like asking a student to write a 4-page essay on index cards. The student may not see previous cards as they fill each new card with writing. They can only access all the cards when they have filled a considerable number of cards and even then, they can only see one card of writing at a time. How could our students be expected to review their complete work before they submit it, and is this really a fair and legitimate assessment of the students' writing skill?

Judith Hockman, Ed.D., founder of The Writing Revolution uses evidence based strategies to help schools and districts improve writing skills. Based on her research, one of the basic tenets of her successful method is the use of revisions to insure consistency and clarity in writing. A good writer would never send any piece out before reviewing it for content and form, yet we are not allowing our young students to do the same on the electronic version of the MCAS. We are not allowing them to present their best work for this important assessment.

As a member of the school committee I know how hard our Quincy teachers work to teach and prepare our students to be good writers. I believe the current format for the MCAS writing test is a poor assessment tool for measuring our students writing abilities/skills.

On behalf of the students and teachers of Quincy, I have written a letter to the MA Department of Elementary and Secondary Education expressing my concerns and the concerns of my school committee colleagues about the format of the test and asked them how they plan to correct this unfair situation.

Emily Lebo
Quincy School
Committee member



JOHN HANCOCK'S CHARIOT will be on display at an open house Saturday, July 8 at the Dorothy Quincy Homestead, 35 Butler Rd., Quincy.

Photo Courtesy National Society of Colonial Dames

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

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CHECK ONE BOX IN EACH COLUMN

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JOE 781-588-3786 9/14

Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

Quincy Market
Corner of Temple & Washington St.

Goodie's Store
1250 Hancock St., Presidents Place

New Store on the Block
1183 Hancock St., Quincy Ctr. T Station

Hancock Market
5 Cottage Ave.

Mignosa's Fruit Basket
138 Granite St.

Rite-Aid
132 Granite St.

Coffee Break Café
77 Parkingway

Hancock Park Lobby Shop
164 Parkingway

Franklin St. BP
60 Franklin St.

7-11
78 Franklin St.

Shop N Save Liquors
20 Independence Ave.

Donut + Donuts
33 Scammell St.

Presidential Liquors
25 Scammell St.

7-11
85 Quincy Ave.

Daily Mart
291 Quincy Ave.

Roche Brothers
The Falls

Walgreens
418 Quincy Ave.

Corner Food Shop
171 West St.

Artery Grocery
1000 Southern Artery

7-11
495 Washington St.

Dairy Farm
330 Washington St.

7-11
230 Washington St.

Stop & Shop
Southern Artery

CVS
Southern Artery

Baxter's Pharmacy
385 Washington St.

Tedeschi's
650 Adams St.

7-11
678 Adams St.

Village Comm. Market
100 Willard St.

Copeland Liquors
273 Copeland St.

Granite Mart
308 Willard St.

7-11
Copeland St.

Joe's Place
260 Centre St.

Corner Food Market
1060 Hancock St.

200 Food Mart
200 Sea St.

Adams Shore Supermarket
494 Sea St.

Palmer Street Market
231 Palmer St.

Bernie's General Store
1147 Sea St.

West Elm Variety
139 W. Elm Ave.

Walgreens
550 Adams St.

7-11
721 Hancock St.

Beale St. Smoke Shop
17 Beale St.

CVS
42 Beale St.

Coffee Break Café
12 Old Colony Ave.

Supreme Liquors
615 Hancock St.

Big Y
475 Hancock St.

Rite-Aid
475 Hancock St.

Mullaney's Variety
205 W. Squantum St.

Stop & Shop
65 Newport Ave.

7-11
363 Hancock St.

Walgreens
324 Hancock St.

Red Apple Food Shop
48 Billings Rd.

Sam's Variety
125 Billings Rd.

Lucky's Wine & Liquor
66 Newbury Ave.

Atlantic Market & Liquors
247 Atlantic Ave.

CVS
321 Quincy Shore Dr.

Carmine's Café
69 Huckins Ave.

Tedeschi's
751 E. Squantum St.

Lucky Shamrock
265 Beale St.

Andre's Store
20 Brook St.

Everest Market
121 Standish Ave.

PERSONAL

Everyone is wishing birthday blessings to Nannette Canniff! 7/6

Prayer to The Blessed Virgin
(Never Known To Fail)
O, most beautiful flower of Mt. Carmel, Fruitful Vine, splendour of Heaven. Blessed mother of the son of God, Immaculate Virgin, assist me in this necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in this my necessity (make request). There are none that can withstand your power. O, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after that the request will be granted. The prayer must be published. A.O.S. 7/6

HELP WANTED

DG's YARD MAINTENANCE
HELP WANTED
Contact Dana
(617)786-9558

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
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- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

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1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

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11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____



THE NATION celebrated the birth of this country on Tuesday, July 4 – the 241st anniversary of the adoption of the Declaration of Independence. These fireworks were part of the city's Flag Day celebration at Pageant Field.

Quincy Sun Photo/Robert Bosworth

50 DAYS of "FREE" DOM

50+ FREE events ★ June 10 - July 29

Quincy, City of Presidents

Featured Events July 5 - 11

Wednesday, July 5

Wolly Beach Wednesdays Concert Series

Across from Clam Box,
789 Quincy Shore Drive

6:00 p.m.

Free

Superflyis a fun, funky and versatile band that makes you groove!

Thursday, July 6

Lawn Concerts @ the Crane, Albinio Mbie

Thomas Crane Public Library Lawn, 40 Washington Street

7:00 p.m. - 8:00 p.m.

Free

The Friends of the Thomas Crane Public Library sponsor this annual concert series on Thursdays in July. Albinio Mbie performs Afro-pop and dance from Mozambique.

Friday, July 7

The Gallery, Summer Fridays Art Pop Up

Wesner Hall, 20 Greenleaf Street

6:00 p.m. - 10:00 p.m.

Free

Come view the work of 60+ local artists and enjoy the entertainment lineup of Rabbit Revolution.

Saturday, July 8

Inter-Neighborhood Ride: Historic Quincy

Meet at Quincy City Hall

9:00 a.m. Rain date July 9.

Free

Quincycles shows off many of Quincy's historical sites both well-known and not so well-known. Rides are appropriate for 16+ and helmets are required.

Saturday, July 8

Quincy Militia Football vs. Worcester Mass Fury

Veterans Memorial Stadium
850 Hancock Street

Kick-Off at 7:00 p.m. Gates open at 6:00 p.m.

$10 for adults and teens. $5 for children ages 6-12. Free for children under 6 years old. Free for all Veterans.

Tuesday, July 11

Presidential Wreath Laying in honor of John Quincy Adams, 6th President of the United States of America

United First Parish Church
1306 Hancock Street

12:00 p.m.

Free

Each year on their birthday anniversaries the President of the United States sends a wreath to the church to be placed on the tombs of the Presidents.

Tuesday, July 11

Celebrate the 250th Birthday of John Quincy Adams!

Adams National Historical Park
Carriage House, 135 Adams Street

2:00 p.m. - 4:00 p.m.

Free

With John Quincy Adams looking so dour in his portraits and photos, it's hard to imagine him dancing. Yet, Adams studied dance while living in Europe as a child, attended dances in his college years, and even in the Old House at Peace field for his 80th birthday! To honor his life-long interest of dance, the park will celebrate with a dance hosted by the Commonwealth Vintage Dancers and the Rosewood Ensemble.

DISCOVER QUINCY
City of Presidents

Discover Quincy

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 10, we welcome you to participate in over 150 events.

★ Red Star = Free

★ Blue Star = admission

Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

For a full list of events, please visit DiscoverQuincy.com.

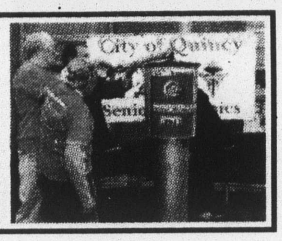
Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117



Catholic Collaborative Festival July 20-23 - *Page 12*

County Real Estate Sales Up, Lending Down - *Page 14*

Senior Olympics Highlights, Results - *Pages 16 - 20*

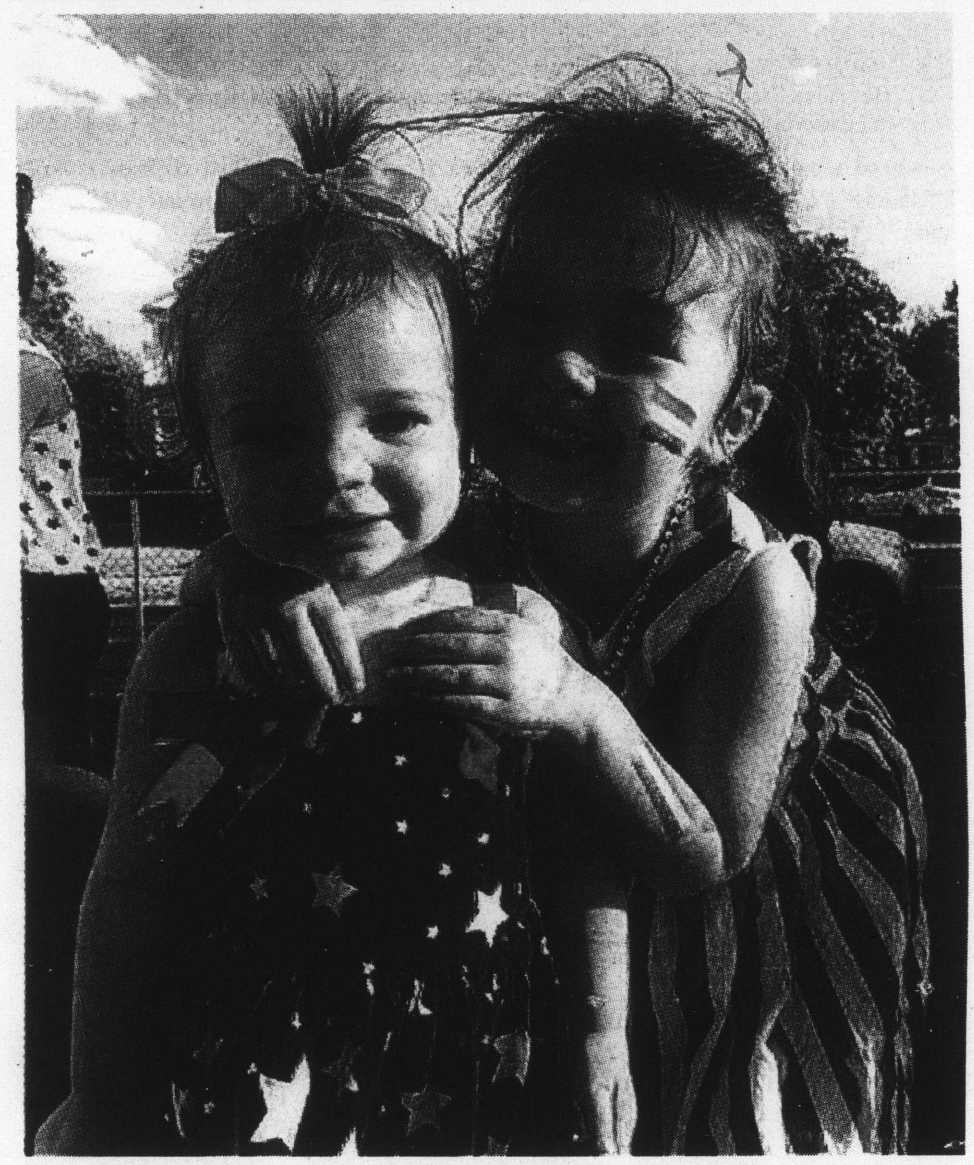


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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 43 Thursday, July 13, 2017 $1.00



FUN ON THE FOURTH – Sturtevant sisters Caleigh (left), age 1, and Mila (right), age 4, are all smiles as they take a break from dancing at the Merrymount July 3rd celebration. They are the daughters of Meaghan and Taylor Sturtevant of Quincy. More Independence Day neighborhood celebration photos on Pages 3, 6, 15 and 31. *Photo Courtesy Meaghan Sturtevant*

Wollaston T Station Set To Close This Fall

For $38M Renovation Project; Reopening Seen Summer Of 2019

By SCOTT JACKSON

The Wollaston MBTA station will close for a $38 million renovation project this fall and re-open in the summer of 2019, Sen. John Keenan said Monday.

Keenan, in an interview Monday, said he met with officials from the transit agency that morning to discuss the schedule for the renovation project. The Quincy Democrat said the MBTA's contractor for the Wollaston station work signed a notice to proceed June 30. The contractor is required to have the station re-opened for regular, daily use 24 months from when the notice to proceed was signed.

"The expectation is it will take them about four months to get things in order, and then the station would close for the 20 months that we've been talking about," Keenan said.

The timeline would mean the station would close

Cont'd On Page 11

Raymondi Enters Race For Councillor At-Large

By SCOTT JACKSON

Daniel Raymondi ended months of speculation on Tuesday when he officially began circulating nomination papers to run for an at-large seat on the City Council this fall.

Raymondi had spent the last six years as the city's commissioner of public works before retiring from the position on June 30. Raymondi was no stranger to city government when Mayor Thomas Koch appointed him to that position in July 2011 following a restructuring of the department.

Raymondi was first elected to public office in 1971 at the age of 24, winning a seat on the school board. He was elected Ward 2 councillor in 1975 and served three terms before making a bid for mayor 1981; Raymondi lost the mayoral race to Francis

Cont'd On Page 13

Playground, 'Buddy Bench' Dedicated At Parker School

Community Remembers 2nd Grader Vincent Ma

By TOM GORMAN

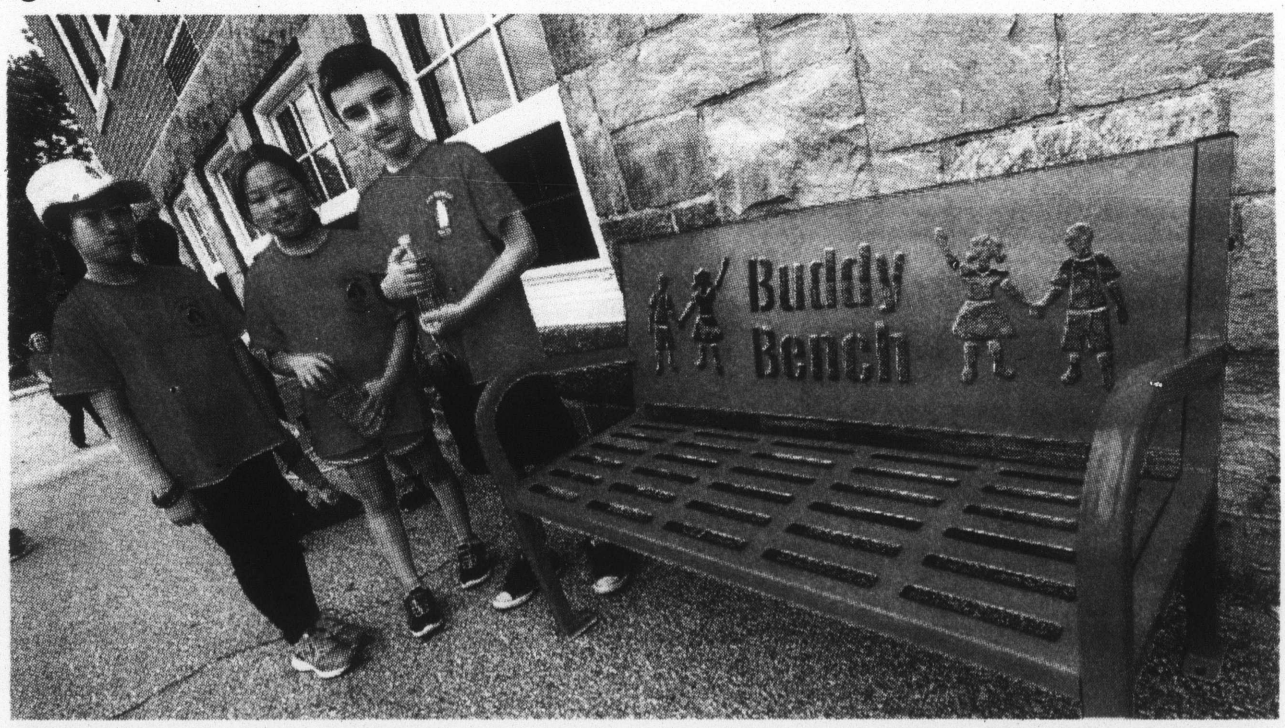
When Parker School students sit on the playground's new "Buddy Bench," they will be reminded of their late classmate, Vincent Ma, who passed away two years ago when he was in the second grade.

Recently, students, teachers and parents gathered to dedicate the bench during a ceremony marking the completion of the school's new playground. A walking track, five new benches and climbing and slide structures make up the new playground that was funded through donations and a fundraising drive by the school's PTO.

"This has been a long journey completing this playground that included many people who generously gave us their time and resources to make this playground a reality," Principal Dr. Maryanne Palmer told the gathering. "It was the effort of the whole neighborhood."

She explained that the Buddy Bench will serve as the centerpiece of all the new benches. The Buddy Bench originated in Germany and the idea later came

Cont'd On Page 2



PARKER SCHOOL STUDENTS Nancy Chieu, Jessie Huang and Dominick Jones pose at the buddy bench that was dedicated in memory of their late classmate, Vincent Ma. *Quincy Sun photo/Tom Gorman*

Summer Water Safety: Pools, Beaches, Parks - *Page 9*
Children's Events At Library July 13 - 20 - *Page 10*
50 Days 'FREEdom' Featured Events July 12 - 19 - *Page 32*

More Quincy news:
The Quincy Sun.com

Playground, 'Buddy Bench' Dedicated At Parker School

Cont'd From Page 1

to Pennsylvania in 2014 by 10-year-old Christian Bucks with the goal of helping shy or new students make friends. The Buddy Bench has since spread throughout the nation.

"If you're in the playground and you feel lonely or too shy to make a friend, you sit on the bench and someone will come over and offer to play with you," Palmer explained to the students. "On the flip side, if you see someone sitting on the bench, you can go over and invite that child to make a friend."

Palmer said that it is fitting that the bench honors Vincent Ma.

"Vincent was a wonderful friend who showed kindness and compassion every day," she said.

Several of Vincent's classmates, who are now fourth graders, each spoke about his friendliness and humor and that he helped other students with their school work.

Palmer said that there initially was only one bench in the playground and that others were needed for parents to rest while their children played. The five new benches were created by Quincy High School students and purchased by Parker's PTO.

Planning for the new playground started in the spring of 2016. The school's playground committee worked with the park department on the design and the students weighed-in on what they wanted. The PTO spearheaded a community coin drive in local stores.

The playground was built over the summer and ready for the first day of school. Colonial Federal Savings Bank in Wollaston donated $2,000 to help the school purchase some final pieces including a climbing structure.

The benches and walking track were added along with the climbing structure this year. Taking advantage of the new track, the school will be forming a student walking club to promote healthy habits.

Former Parker student Brian Maloney put the finishing touches on the playground this year by painting hop scotch and various playground game stencils on the asphalt as part of his Eagle Scout project.

The games are part of a program called "Peaceful Playgrounds." This offers staff and students a variety of playground games.

Palmer extended appreciation to the businesses and residents for their donations and efforts to bring the new playground to fruition.

"All of the community helped us get our playground project finished," she said.



PARKER SCHOOL PRINCIPAL Dr. Maryanne Palmer leads students in a song during the dedication of a bench in memory of the late Vincent Ma, a second grader who passed away two years ago.

Center Stage
507 Furnace Brook Pkwy., Quincy • 617-328-8669
www.centerstagequincy.com



OPEN HOUSE DATES:
SUNDAY, JULY 23RD 5-7PM
SATURDAY, AUGUST 19TH 9-11AM
THURSDAY, AUGUST 31ST 5-7PM



PARKER SCHOOL STUDENTS enjoy their new playground during a recent dedication ceremony. *Quincy Sun photos/Tom Gorman*

Meet And Greet Mario 'Coach' Casali Aug. 20

Mario Casali has turned 90 and there will be a Meet and Greet on Sunday, Aug. 20, at the Furnace Brook Golf Club.

Casali, who retired from the Quincy Public Schools in 1995, spent 30 years as a physical education teacher at Central Junior High School until the early 1980s. During his 30 years at Central, Casali coached football, basketball and baseball, impacting the lives of thousands of young men and women.

Many who played under Casali pursued a career in education, many going on to also coach. He was a role model both as a teacher and a coach.

Doors will be open at 3 p.m. Aug. 20. The public is invited to attend.

For more information, contact Ed Miller at 617-799-3523 or Paul Bregoli at 617-947-7618.

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QUINCY COLLEGE
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State Budget Would Increase Local Aid

FY2018 Spending Plan On Governor Baker's Desk; Money For State Programs Here Could Be Level Funded, Says State Sen. John Keenan

By SCOTT JACKSON

Cities and towns across Massachusetts would see an increase in local aid under the $40.2 billion budget for fiscal year 2018 that was approved by legislators last week and is now pending before Gov. Charlie Baker.

Sen. John Keenan, a Quincy Democrat, discussed the budget during an interview Monday. The Legislature passed the budget for FY18 on July 7 – seven days after the start of the fiscal year – and Baker has 10 days from that date to review the spending plan. The governor can sign it as is, veto it entirely or veto individual line items. Baker had not taken any action on the budget as of Tuesday.

The budget approved by lawmakers July 7 includes more than $700 million in cuts from proposals introduced earlier this spring, though it still increases state spending by about $1 billion over the previous budget. The $700 million was trimmed from the budget because revenue projections for fiscal year 2018 have decreased since the spring.

Despite the reductions made to the budget, the amount set aside for local aid would increase under the spending plan approved by the Legislature. Cities and towns would receive $4.75 billion in Chapter 70 money for education – an increase of $118 million over FY17 – and about $1 billion in unrestricted local aid.

"Local aid figures will go up – both general local aid and Chapter 70. There is a pretty strong consensus between the governor and the Legislature that local aid should continue to grow," Keenan said.

"It did grow and Quincy will see an increase in local

Cont'd On Page 13



GLENNON FAMILY won first place in the group marchers at the Squatum Fourth of July Parade. Their group name was "Squantum Runs on Dunkin." From left to right: Jocelyn and Brady Koch, Robert and Andrew Glennon, Cole Eaton and Jake Lazaron.

Photo Courtesy Erin Glennon

Discovering Quincy Ride: Wollaston, Milton Saturday

Quincycles invites area cyclists to learn new routes through the back streets of Wollaston and Milton neighborhoods on Saturday, July 15 at 9 a.m.

The Discovering Quincy rides are relaxed rides that provide an opportunity to explore local neighborhoods and ways to navigate between them by bike. Meet at the Wollaston MBTA Station, Newport Avenue Entrance.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group and the full schedule of rides can be found on their website at www.Quincycles.org.

Review the ride guidelines posted on the site before participating and check Quincycles Facebook page for weather related updates.

For any questions, email quincycles@gmail.com.

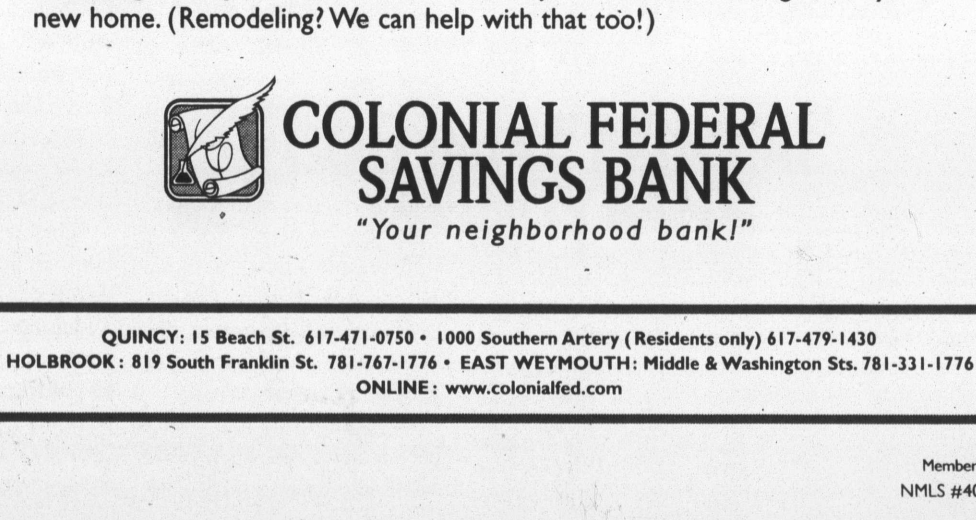
Chris, Trudy Peter Blood Drive July 18

The Houghs Neck Community Council will hold its annual Chris and Trudy Peter Blood Drive, Tuesday, July 18, from 2 to 8 p.m. at St. Thomas Aquinas Hall, Darrow Steet, Quincy.

Donors are asked to call ahead and make an appointment at 1-800-733-2767 or visit redcrossblood.org. Also fill out all health questions at rapid pass on their site.

Walk-ins are also welcomed but reservations are highly recommended.

For more information contact Eileen Timcoe at 617-479-4107 or etimcoe@yahoo.com.



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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



FOR APPEARANCE'S SAKE

Upon seeing a diamond, many people remark about how big the gemstone seems to be. At this point, it is important to remember that, while the term "carat" refers to gemstone weight, the manner in which a gemstone is cut will affect its size. With this in mind, you may hear a jeweler use the term "spread" when referring to how large a diamond appears to be. For instance, a diamond may "spread" one carat, but it may not weigh one carat. It may look to be the size of a perfectly cut one-carat diamond, but it is likely to weigh less. The biggest advantage of spread diamonds is that they look quite large without costing more.

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Historic Quincy's Hometown Weekly Newspaper Since 1968

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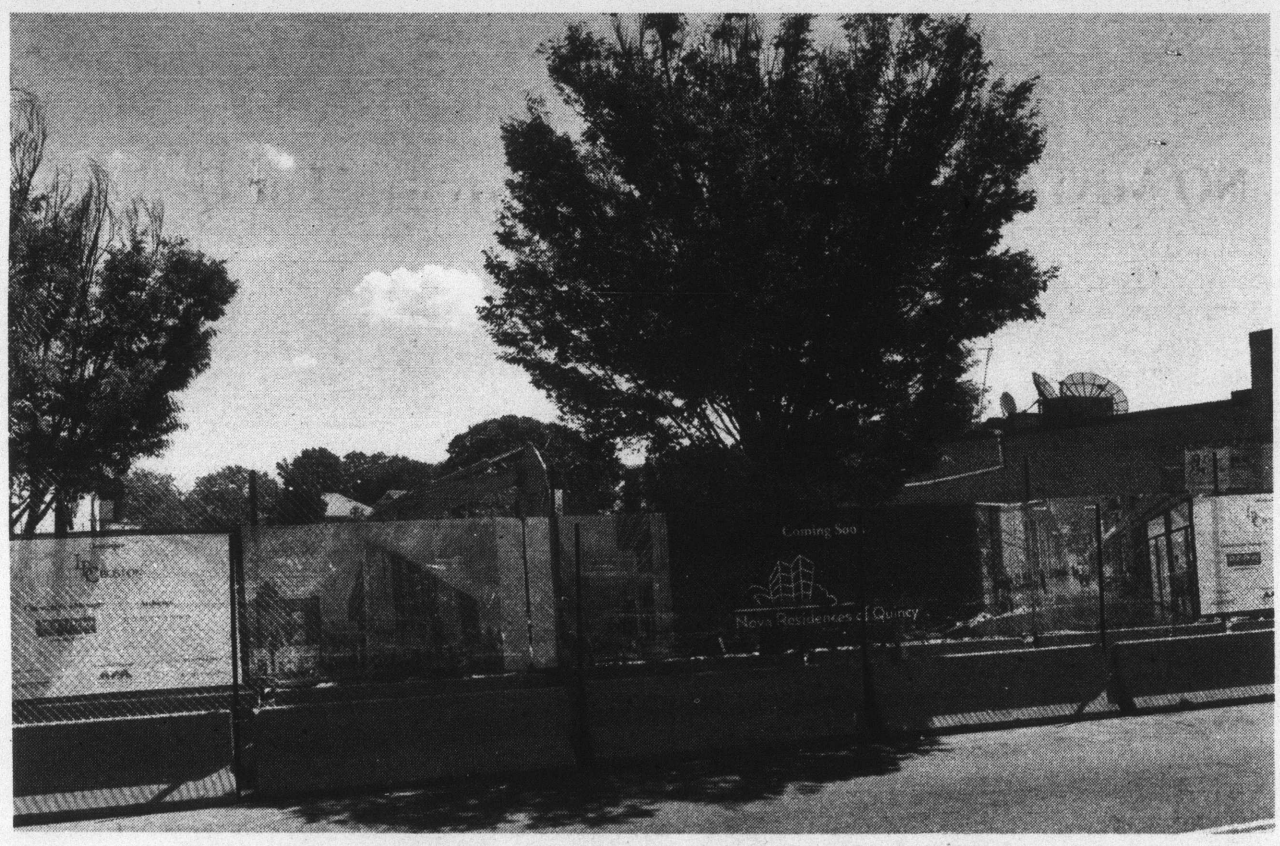
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DEMOLITION OF SEVERAL single-story buildings has begun in the 1500 block of Hancock Street, where a seven-story building featuring 171 apartments and 15,000 square feet of retail space will be constructed. The photo above shows the demoliton underway July 6th as seen from the Hancock Municipal Parking lot looking towards Hancock Street. The photo below shows the area with one of the buildings cleared as seen from Hancock Street on Monday. *Quincy Sun Photos/Robert Bosworth*

Demolition Begins For New Quincy Center Building

By SCOTT JACKSON

Demolition of several single-story buildings has begun in the 1500 block of Hancock Street, where a seven-story building featuring 171 apartments and 15,000 square feet of retail space will be constructed.

LBC Partners of Boston received approval for the new project, known as Nova Residences, in May. The developers also operate a hotel, Nova Suites, located at nearby 3 Cottage Ave.

A portion of the Nova Residences will be located on the Hancock Lot. The City Council in April approved Mayor Thomas Koch's land disposition agreement with LBC under which the city will sell a 10,196 square foot portion of the Hancock Lot to the developer. In exchange, the city will receive 5,657 square feet of land from LBC, plus $473,000.

The city will use the land it acquires from the developer for two purposes: widening the sidewalk in front of the new building to conform with the master plan for Quincy Center and creating a glass-enclosed atrium between Nova Residences and Nova Suites that would provide access to the Hancock Lot from Hancock Street, with a new city drain line underneath it. An $80 million bond approved by the council last month provides funding for both construction of the atrium and installation of the new drain line, among other items.

The land disposition agreement with LBC includes no tax incentives for the developer. City officials estimate the new building would generate $478,000 in property taxes annually – more than 10 times the $40,000 the company pays in taxes on the same land now. Additionally, the city may be able to rent out space in the 3,600 square foot atrium.

The proposed development at 1500 Hancock St. was first unveiled in 2015. At the time, LBC planned to build a hotel on site, but switched to apartments because of market conditions. The second floor, with 36 units, could be converted into a hotel in the future if market conditions were favorable to doing so.

Moments in time

THE HISTORY CHANNEL.

• On **July 24, 1567**, during her imprisonment in Scotland, Mary Queen of Scots is forced to abdicate in favor of her 1-year-old son, later crowned King James VI of Scotland. Twenty-five years earlier, while just six days old, Mary ascended to the Scottish throne upon the death of her father, King James V.

• On **July 25, 1832**, the first recorded railroad accident in U.S. history occurs when a cable securing boulders snaps, throwing four people over a cliff on the Granite Railway in Massachusetts.

• On **July 26, 1931**, a swarm of grasshoppers descends on crops throughout the American heartland, devastating millions of acres. The swarm was said to be so thick that it blocked out the sun and one could shovel the grasshoppers with a scoop.

• On **July 28, 1945**, the U.S. Senate approves the charter establishing the United Nations by a vote of 89 to 2. The Senate didn't formally approved U.S. participation in the United Nations until December 1945.

• On **July 29, 1967**, a fire on the U.S. Navy carrier Forrestal stationed off the coast of Vietnam kills 134 service members. The deadly fire began with the accidental launch of a rocket from one of its own F-4 Phantom jet fighters. The resulting fire then detonated a 1,000-pound bomb.

• On **July 30, 1976**, American Bruce Jenner sets a world record in winning the decathlon at the Montreal Olympics. After his win, Jenner enjoyed the unofficial title of "world's greatest athlete."

• On **July 27, 1990**, the last Citroen 2CV rolls off the production line in Portugal. Since its debut in 1948, a total of 5,114,959 2CVs had been produced. The 2CV ("Deux Chevaux Vapeur" in French, or "two steam horses") is a reference to France's policy of taxing cars based on their engine output.

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Quincy Housing Authority Landlord Workshop July 28 At Crane Public Library

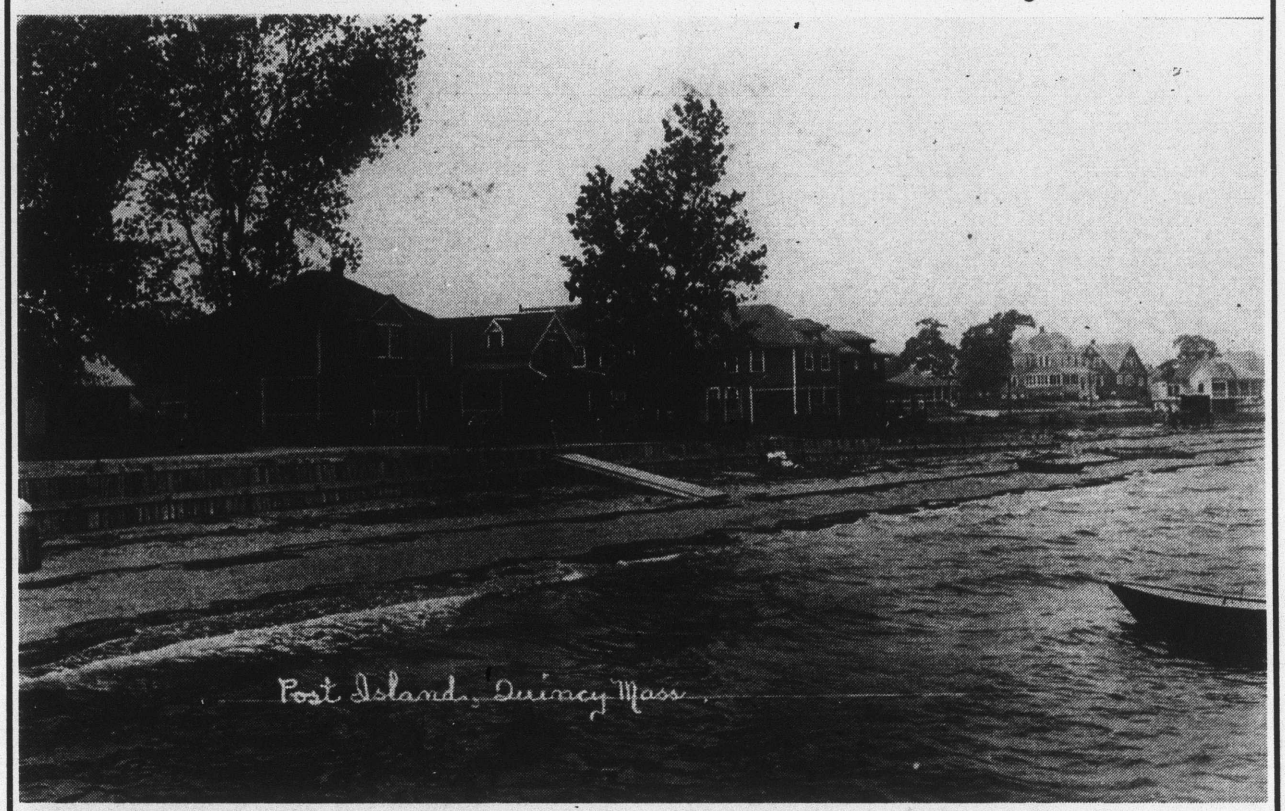
The Quincy Housing Authority's Section 8 Department will hold a Landlord Workshop Friday, July 28 from 1 to 3 p.m. at the Thomas Crane Public Library, main floor meeting room, 40 Washington St., Quincy.

Guest speaker will be Marjorie A. Adams of Adams & Sammon.

The workshop title is "What Can A Landlord Do About Marijuana – Medical and Recreational."

Seating is limited. To RSVP contact Terry Coleman at tcoleman@quincyha.com or call (617) 847-4396.

Scenes From Yesterday



THIS IS A 1910 postcard view of the beach and cottages on Post Island Road in Post Island, a little known and secluded section of Quincy. Post Island is situated between Shell Beach in Adams Shore and The Bit in Houghs Neck. It is not part of Houghs Neck. Post Island was originally the easternmost section of the colonial land grant to William Coddington in 1634. When he was self-exiled to Rhode Island, he sold a large portion of his land stretching from what is now Mount Wollaston Cemetery to and including Post Island and beyond nearly to The Bit. Through inheritance it later became the Mount Wollaston Farm of Colonel John Quincy for whom the city is named. In the 19th century it became the property of John Quincy Adams II and his wife, Fanny Crowinshield Adams. They built a large mansion on the farm near Samoset Avenue. Adams died in 1894 and his wife and family began selling the property to land developers. In 1896, Post Island was the first parcel to be sold. The subdivision has 34 house lots with 10 of them on the water including the cottages shown above. Today, these are year-round homes. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

READERS FORUM

NQ MBTA Development 'Smart Growth' For Quincy

As I read the news story on the North Quincy MBTA Project and viewed the artist rendition to the new MBTA station, it looked very much like many other Smar Growth developments near public transit hubs.

I was glad to see that D.J. MacKinnon from Atlantic Development in Hingham will be on the development team. I remember him from many years ago when he developed The Falls Boulevard on Quincy Avenue. That place has gone through transition over the years and has a new name but it is still a good residential development for Quincy.

My only hope is that when all is said and done, this new mixed use development with 610 apartments will not become an island in North Quincy.

I would like to see it fit into the neighborhood and be a positive for all.

The City of Quincy over the years has grown into a true destination for folks wishing to make Quincy their home. With the MBTA right next to it, it would allow folks to use public transit to get in and out of the city.

Eventually, I see the MBTA Wollaston Station going through a similar redevelopment. Quincy is most definitely the Hub of the South Shore and making a big statement in the last several years. Smart Growth can be good for developers, good for residents and good for the city, a win, win, win.

Sal Giarratani
East Boston

Simone Koch Will Be Greatly Missed

I was very sorry to learn of the passing of Simone Koch whom I have known for over 60 years.

The late Richard Koch arranged for me to be the campaign manager in the City of Quincy for the late President John F. Kennedy. I will always be thankful for that opportunity.

I started playing for the Koch Club and in 1959 the Koch Club won the New England Semi-Pro Championship Basketball Game beating a team that had a future mayor of Boston playing for it by the name of Ray Flynn. I wore the Koch Club jersey and four years later a future mayor of Quincy was born, Thomas Koch.

Richard and Simone Koch through the Koch Club provided recreation for thousands of children throughout Quincy. Both Richard and Simone as a team did more for the City of Quincy than any couple I have ever known.

After each basketball game, I would go up to the second floor apartment on Newbury Street and give the jerseys to Simone and she would wash and mend them and get them all ready for the next basketball game.

Simone Koch will be greatly missed as she was one of the finest women I have ever known.

May she rest in peace.

Attorney George G. Burke

Former district attorney of Norfolk County, former state representative, former president of the City Council and former acting mayor of the City of Quincy

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Quincy's Yesterdays

This Week
1979
38 Years Ago

FAA, Citizens Groups Seek Compromise Over Airplane Noise

Representatives of the Federal Aviation Administration and citizen groups from Boston, Quincy and three other communities are scheduled to meet July 19 to see if they can reach a compromise in the long dispute over airplane noise that has gone on for over a year.

Federal Judge David Nelson had urged the meeting be held before he rules on a petition by the city of Quincy and the towns of Milton and Hull to intervene in a suit brought by the city of Boston to force aircraft taking off from Logan Airport to use a route other than one over South Boston.

One of the alternate routes would take the planes over Quincy. The 180 degree heading raised a ruckus in Squantum and Wollaston last summer when a change in routes was made without consulting Quincy residents.

Bernice Mader, chairperson of Citizens Against Airport Noise, demanded aircraft departing Logan use routes over the ocean.

CITY EYES TAKEOVER OF MBTA PARKING LOTS

Mayor Arthur Tobin is considering a city takeover of the parking lots at the MBTA stations in order to improve maintenance and policing of the areas.

"We're dissatisfied with the way the parking around the stations has been handled," said Tobin, noting the leases between the MBTA and Allright Boston Parking will expire next April 30.

QUINCY-ISMS

Judith Ann Suket, 76 Bicknell St., Germantown, was elected president of the Massachusetts Association of Nurse Anesthetists for the next two years . . . Obie's Fitness Center, 11 Revere Rd., Quincy Center, advertised a "Women Only Special, 2 for the price of 1, 6 weeks for 2. $35 (with this ad only) . . . **Grace Giunchiglia** was installed as president of the South Shore Chapter of the National Secretaries Association, International . . . The Quincy High School Class of 1929 was planning its 50th anniversary reunion for Oct. 5 at the Neighborhood Club . . . **Paul Hunt**, scholarship chairman of the Morrisette Legion Post, announced scholarship awards to the following Quincy students: **Dina DeLuca**, **John Shea**, **Diane Somontes**, **Robin Starck** and **Carol Tosches**, all of Quincy High School . . . **John McDuff**, 216 South St., Quincy Point, announced his candidacy for the School Committee, citing the need for "good, old-fashioned education — a return to the basic three R's" . . . **Steven Viegas**, son of Mr. and Mrs. **Steven Viegas**, 95 Butler Road, received his Doctor of Medicine degree from Boston University School of Medicine . . . **John (Jake) Comer,** 45 Lancaster St., Quincy Point, was elected alternate national executive committeeman for the American Legion . . . **Fr. William McCarthy**, pastor of St. John's Church, celebrated a special Mass on the occasion of the 203rd birthday of the United States . . . Ten junior high students won honors in the third annual Junior High School Josiah Quincy Oratorical Contest: **Jackie Boiss**, **Jennifer McCauley** and **Peter McPartlin**, grade 7; **Ann Keenan**, **Diane Raftery**, **Sidney Hajjar**, **Patricia O'Toole**, grade 8; and **Joan MacDonald**, **David DeMeo**, **Ellen Salibe**, grade 9 . . . The Dragon Hut, corner of Beach Street and Quincy Shore Drive, was advertising an Egg Foo Yung Sandwich for 75 cents . . . The Bryan VFW Post, Broad Street, announced a Homecoming Reception for post member **Thomas McDonald**, VFW state commander for 1979-1980 . . . Former Mayor **Joseph LaRaia's** "tell all" book titled "City Under the Influence" hit the bookstores; price, $10 . . . State Sen. **Paul Harold** announced the state had awarded Quincy a $4,000 grant to be used for a study of the Black's Creek Salt Marsh.

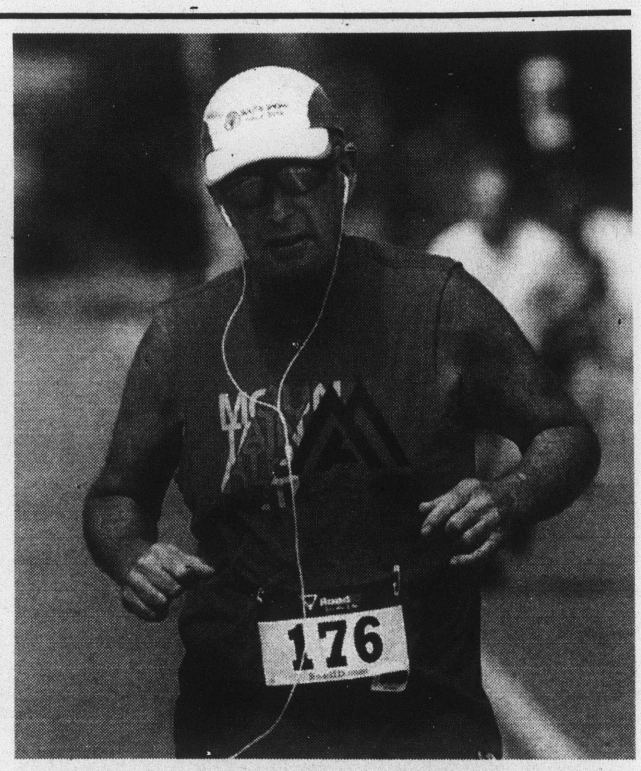
KEEPING UP WITH THE RED SOX

At the halfway point in the 1979 season, the Boston Red Sox were in second place in the American League East, two games behind the league leaders. Jim Rice, batting .325, was the only Red Sox player in the top 10 in hitting in the American League.

Squantum Runs For The Red, White & Blue



KIM BUCKLEY-WHITE sounds the horn to start the annual Squantum Road Race July 1. Her late father, Frank Buckley, was a familiar figure at the race. About 100 runners took part in this year's race. Proceeds benefitted Squantum's July 4th Parade.



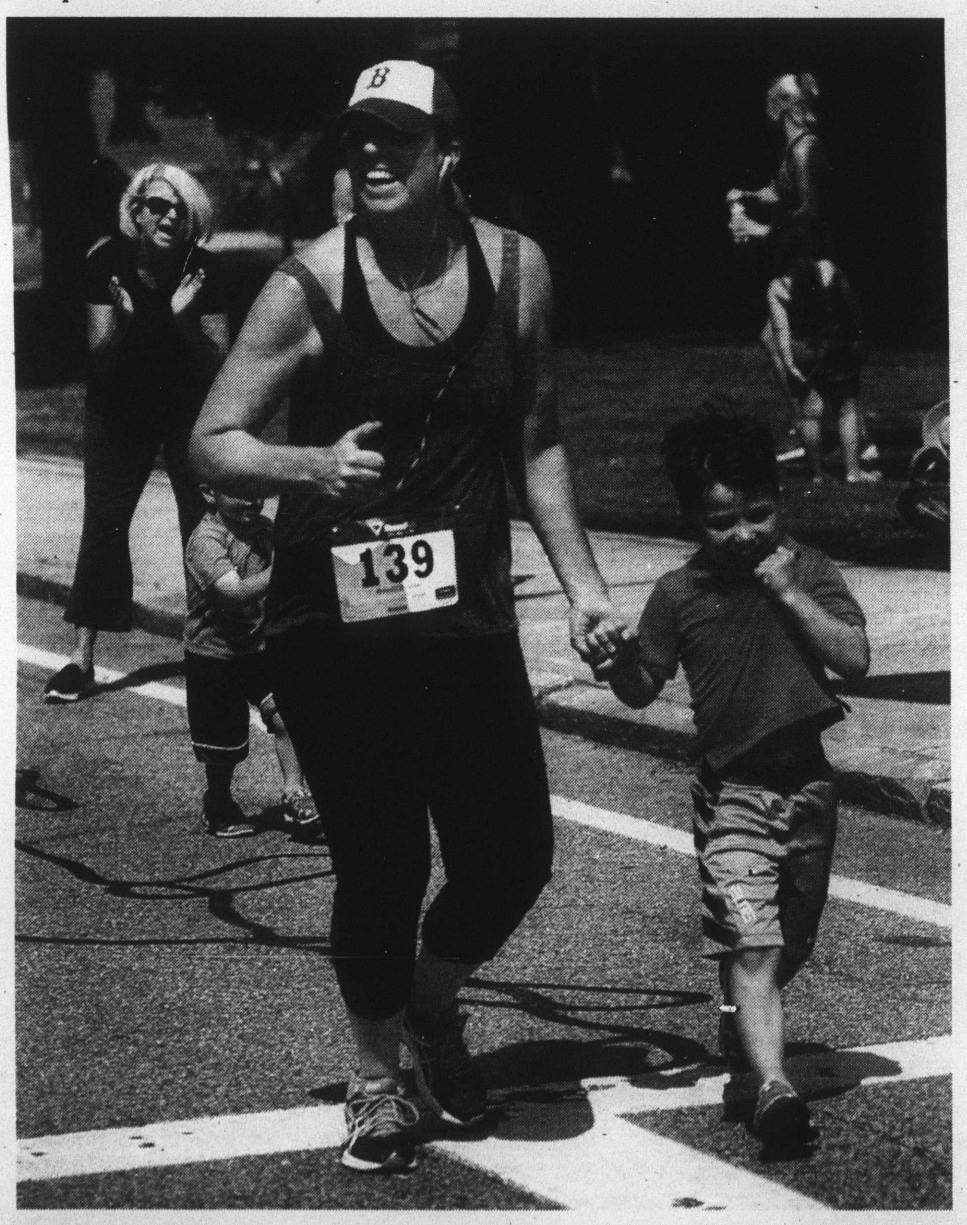
JACK GRANEY sports the shades as he finishes the Squantum Road Race. *Quincy Sun photos/Tom Gorman*



INGRID THORVALDSEN-MANNIX, 2, races with her dad, Kevin Mannix, to the finish line of the Squantum Road Race.



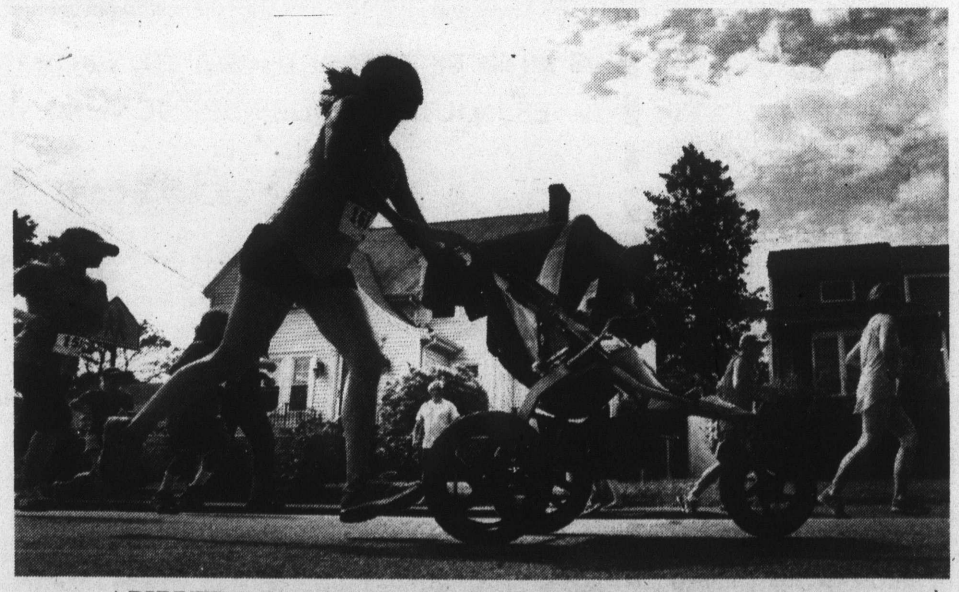
MELANIE MAGNAN celebrates her run as she crosses the finish line of the Squantum Road Race.



KELLY GILSON and her son, Teagan, 5, are cheered on as they cross the finish line of the Squantum Road Race.



SQUANTUM ROAD RACE coordinator, state Rep. Bruce Ayers, gives some final instructions to the runners.



A RUNNER pushes a baby carriage along the Squantum Road Race route.

Social

Amanda Brandi University Of St. Andrews Graduate

Amanda Brandi, the daughter of Cindy and Richard Brandi, of Quincy, recently graduated from the University of St. Andrews, Scotland, UK.

Brandi was awarded a Master of Arts in Sustainable Development by the University. She is a 2012 graduate of Fontbonne Academy.

Brandi will be returning to the United States in the fall and is currently pursuing potential opportunities with AmeriCorps and the Peace Corps.



AMANDA BRANDI

19 Local Students On Thayer Honor Roll

Nineteen students from Quincy are on the Honor Roll at Thayer Academy's Upper School.

Anna Chau, Grade 9, earned Honors for Term 2 and Semester 2.

Beryl Chen, Grade 12, earned High Honors for Term 2 and Semester 2.

Samantha Colman-Lerner, Grade 11, earned High Honors for Term 2 and Semester 2.

Padraigh Desmond, Grade 9, earned High Honors for Term 2 and Semester 2.

Madeleine Farrell, Grade 9, earned High Honors for Term 2 and Semester 2.

Amy Le, Grade 10, earned Honors for Term 2 and Semester 2.

John Lucas, Grade 12, earned High Honors for Term 2 and Semester 2.

Gao Mo, Grade 10, earned High Honors for Term 2 and Semester 2.

Molly Mullally, Grade 11, earned High Honors for Term 2 and Semester 2.

Finley Mullally, Grade 12, earned High Honors for Term 2 and Semester 2.

Charlotte Nickerson, Grade 10, earned High Honors for Term 2 and Semester 2.

Eoin O'Sullivan, Grade 11, earned High Honors for Term 2 and Semester 2.

Lauren Petrie, Grade 12, earned Honors for Term 2 and Semester 2.

Miriam Post, Grade 10, earned High Honors for Term 2 and Semester 2.

William Scola, Grade 10, earned Honors for Term 2 and Semester 2.

Emma Steffan, Grade 11, earned Honors for Term 2.

Maria Theodore, Grade 10, earned High Honors for Term 2 and Semester 2.

Huiyuan Zhang, Grade 11, earned Honors for Term 2 and Semester 2.

Myles Fagan, Grade 12, earned Honors for Term 2 and Semester 2.

'Ospreys, Egrets And Poetry' Stroll Saturday

The Park Department's Environmental Treasures Program is offering a free stroll at 7:45 p.m. on Saturday, July 15.

Entitled "Ospreys, Egrets and Poetry," the tour will take participants to view an osprey nest with young birds and their parents. Poet Molly Bennett will read a poem she has written about this osprey nest.

The tour will then continue to Sailors' Home Pond where Bennett will read a poem about egrets as participants watch the spectacular flight of great egrets returning to their night time roost.

The tour will begin in front of Beechwood Knoll School, 225 Fenno St. Participants should wear long pants and socks that cover the bottom of the pants (to minimize tick exposure) and bring bug spray.

For more information, call 617-472-0799.

Historical Society Summer Trip July 27

The Quincy Historical Society will take a summer trip to the Gloucester seascoast and waterfront Thursday, July 27.

The day trip features a tour of the Beauport Sleeper-McCann house, lunch at the Gloucester House Restaurant, and a chance to explore the Rocky Neck Art Colony.

Participants will depart the Adams Academy at 8:30 a.m. and arrive at Gloucester's Eastern Point for a 10:30 a.m. tour of Beauport House, the creation of Henry Davis Sleeper, one of America's earliest and most influential interior designers. Beauport was both Sleeper's home and his lifelong project. Each of the house's 40 rooms has its own distinctive design concept, from Early American to the Jazz Age, and is outfitted with paintings and art from Sleeper's lifetime of collecting.

Lunch at the Gloucester House offers a choice of baked scrod or baked stuffed chicken, served with potato and a garden salad, and strawberry shortcake for dessert.

After lunch, roam through 36 waterfront galleries and shops of the Rocky Neck Artists Colony.

Depart at 4 p.m. with arrival back at the Adams Academy at about 5:30 p.m.

Price for the trip is $75 for Historical Society members and $80 for non-members.

To register for the trip, call the Quincy Historical Society at 617-773-1144.

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Grace Warren Dependable Cleaners' Read To Ride Bicycle Winner

Dependable Cleaners announces Quincy resident Grace Warren has won a new bike through its annual Read to Ride program.

The program is designed to encourage students to keep up with their reading during the summer months. Students from ages 6-15 will have the chance to win a bike or an exciting prize for every book they read. Since the program's inception in 1999, more than 74,000 books have been read.

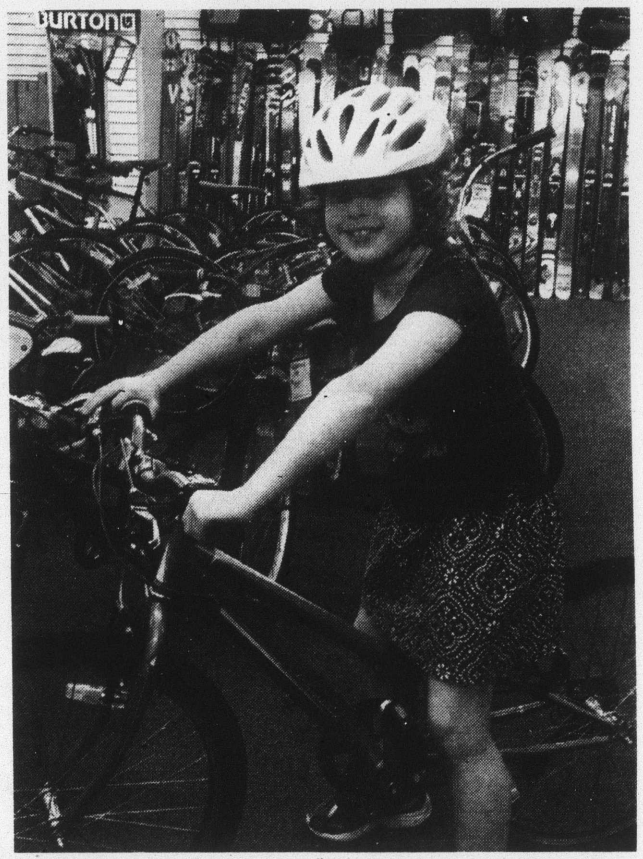
Grace, age 8, has been participating in Dependable Cleaners Read to Ride program for three years. Naturally, when she found out that her 60 entries this year paid off, she was ecstatic.

The Quincy native will be going into third grade at Squantum Elementary School this fall. Grace who has read over 300 books this year is an Amelia Bedelia fanatic, but also enjoys books about fairies and magic. When Grace is not reading she enjoys drawing, running, and riding bikes with her friends. Grace will be kicking off the summer in style with her brand new bike.

Participation in Read to Ride is easy. For every book a child reads, they fill out an entry form and submit it at any of the 16 Dependable Cleaner locations or with Dependable Cleaners' Home Delivery Drivers. Entry forms are available at all Dependable Cleaners locations, delivery routes, Country Ski & Sport locations, Farina's Bike Store in Watertown, local libraries, bookstores and online at www.dependablecleaners.com/read-to-ride/.

One grand prize winner will be drawn each Monday beginning June 5 until Aug. 14, (except for July 3rd). The grand prize winners will receive a new bike and helmet. Two additional winners will receive a runner-up prize.

A list of Read to Ride partners, terms and conditions, and a printable entry form are accessible at www.dependablecleaners.com/read-to-ride/.



DEPENDABLE CLEANERS' Read to Ride bike winner Grace Warren with her new blue bike at Country Ski & Sport in Quincy. *Photo Courtesy Regan Communications*

LGBTQuincy Cookout At Houghton's Pond

LGBTQuincy Meetup will hold a cookout at Houghton's Pond in Milton, on Sunday, July 30th from 11 a.m. to 4 p.m.

The cookout is open to all members of the LGBT community in Quincy and across the South Shore.

The event will be located at picnic site number 5.

In lieu of an event fee, LGBTQuincy Meetup asks that attendees bring something for the cookout.

RSVP by emailing Frank Rubino at frank55887@gmail.com. For more information, visit http://www.meetup.com/LGBTQuincy-Meetup/

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WHAT'S COOKING
with
Marie & Susie
By MARIE D'OLIMPIO and SUSIE FALCO



Escarole With Potatoes

By MARIE

One of my mother's favorite vegetables to cook was escarole sautéed with potatoes. We had a large vegetable garden when we were kids, so there was always an abundance of fresh escarole.

This dish is a wonderful side dish and goes with just about anything. To save time, when I made it recently, I boiled the escarole in the morning.

RECIPE:

One large head of escarole – washed and cut pieces in half

4 medium potatoes, cut in half or whole

3 tablespoons of olive oil

2 garlic cloves chopped

Salt and pepper to taste

First, boil the escarole in water until tender (takes about 15 minutes) and set aside to cool. Boil the potatoes and set aside. When cooled, cut escarole in small pieces.

Mash the potatoes roughly. Then in a skillet in hot oil sauté the garlic, add the escarole, salt and pepper and then the potatoes, cooking and mixing until well blended.

I like to brown everything a bit on the bottom for a crispy and more delicious taste. Left overs can be enjoyed reheated or room temperature like a potato salad.

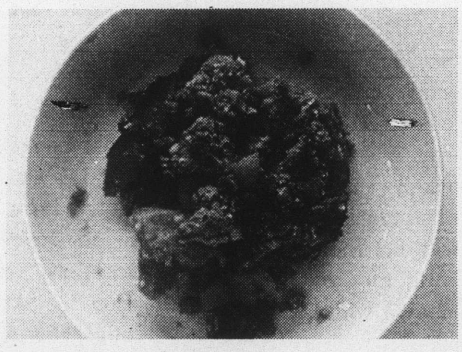
No Bake Peach Crisp

By SUSIE

This recipe I adapted from the "Organic Authority" website and I just love it.

At the time of this writing, the temperature is above 90 degrees! Not a baking type of night, but there is always room for a dessert with some fresh fruit. The longer you let the peaches sit, the better!

You can add some berries or apricots as well to this dessert. You can also top it with some boxed or bagged already made granola but it wont be as tasty. Still, great in a pinch.



NO BAKE PEACH CRISP

7 ripe peaches, peeled, chopped
¼ cup raw honey
2 tablespoons fresh lemon juice
2 tablespoons melted butter or Ghee(I use Kerry Gold butter)

Topping

1 ½ cups chopped walnuts
1 cup pitted dates
2 tablespoons grapeseed oil
1 teaspoon vanilla extract
1 teaspoon ground cinnamon
Pinch sea salt

Prepare the peaches: Combine all ingredients in a medium bowl; toss well. Arrange evenly on a baking dish; set aside.

Put topping ingredients in food processor and process until just chunky, not too fine. Spoon on top and serve with some whipped cream!

NO BAKING REQUIRED!

The Atrium At Faxon Woods' '1,000 Radiant Acts of Kindness'

Nearly everyone has heard of "random acts of kindness," but Benchmark Senior Living employees are taking things up a notch by committing 1,000 Radiant Acts of Kindness during the month of June in the towns and neighborhoods where their 54 senior living communities are located, including Benchmark Senior Living at The Atrium at Faxon Woods in Quincy.

If you live near one of the employees or near one of their senior living communities, you might open your front door one morning and find a pot of flowers waiting for you, or your newspaper moved to your front porch with a little card saying, "In honor of Benchmark Senior Living's 20th anniversary, we are committing Radiant Acts of Kindness!"

"This is Benchmark's 20th anniversary year," says Tom Grape, the company's founder and CEO, "and we want to give back to the communities and families that have supported our company's growth since 1997. So, every one of our 54 senior living communities across seven Northeast states has committed to performing at least 20 Radiant Acts of Kindness during June in their local neighborhoods and towns."

Why radiant instead of random?

"Our Benchmark mission is to Elevate Human Connection," Grape says. "Connecting with people and putting them at the center of everything we do is what has set us apart for 20 years. Our 1000 acts won't be random. They will be conscientious efforts to radiate kindness and make people feel good. They may even help restore belief in the goodness of those around them."

Executive Director of Benchmark Senior Living at Faxon Woods, Dawn Maligno, says their associates are well on their way to achieving their committed 20 and more Radiant Acts of Kindness in the Quincy area. Many in the local community have been surprised by kind gestures such as finding a bouquet of flowers on their car in the local WalMart parking lot or finding random dollar bills in the book section of a local store! The Faxon Woods associates have been kind to those less fortunate by providing toiletry supplies and lunch to Father Bill's shelter in Quincy and passing out coffees and food to homeless people in the area. The animals have not been forgotten either. The Faxon Woods associates delivered PetCo gift cards to the Milton Animal League. All of these, and many more Radiant Acts, have been welcomed by the local community.



SOUTH COVE MANOR in Quincy has received a "perfect survey" from the Departnent of Public Health. From left: Ruolan Zhao, director of Nursing; Doris Stetson, director of Quality Assurance, and Li Chen, administrator. *Photo Courtesy South Cove Manor*

South Cove Manor 'Perfect Survey' From Department Of Public Health

South Cove Manor at Quincy Point, a rehabilitation and skilled nursing care community, has announced that their annual Department of Public Health quality review resulted in a finding of zero deficiencies – or a "perfect survey."

The Department of Public Health (DPH) is responsible for monitoring the quality of post-acute care facilities in the state and ensuring compliance with federal and state safety and health standards. The annual surveys are conducted by the DPH, who sends teams to each nursing facility unannounced and conducts a thorough review of practices ranging from direct nursing care to kitchen operations and building safety.

"We know how rare perfect surveys are and we are extremely gratified that the work that our staff does 365 days a year was recognized in this way," said South Cove Manor Board Chair Richard Lui. "Our mission is to provide excellent care and these survey results are evidence of this."

Less than 15 percent of Massachusetts nursing homes have survey results with no deficiencies noted.

Founded in 1985, South Cove Manor moved in 2014 to an expanded, new state-of-the-art building at 288 Washington Street in Quincy. The new campus significantly expanded South Cove's rehabilitation capacity, and created a series of small resident communities for elders.

Acrylic Painting At Kennedy Center July 14th

Artist Janet Harrold will be at the Kennedy Center Friday, July 14th at 10 a.m. for a fun and relaxing "Paint in the Moment" session.

No experience necessary.

Coffee and danish will be provided.

Cost of the class is $15 per person. Prior registration is required. Payment is due upon registration.

For more information about the class call the Kennedy Center at 617-376-1506.

LGBTQuincy Social Wednesday

LGBTQuincy Meetup hosted casual evening social on Wednesday, July 12th at 6 p.m., at Siros Restaurant, located at 307 Victory Rd.,, in Marina Bay.

The social was open to all members of the LGBT community in Quincy, and across the South Shore. Light appetizers and a cash bar - $10 per person.

RSVP by emailing Frank Rubino at frank55887@gmail.com. For more information, visit http://www.meetup.com/LGBTQuincy-Meetup/

Joshua Goldberg University Of Albany Grad

Joshua Goldberg of Quincy recently graduated from the University of Albany Summa Cum Laude with a Bachelor of Science in Nanoscale Science.



BENCHMARK SENIOR LIVING at the Atrium Faxon Woods associates Mamaly Ture (left) and Hawa Koroma (right) purchase flowers to hand out to unsuspecting customers at local store in a Radiant Act of Kindness." *Photo Courtesy GSB Communications*

Summer Water Safety: Pools, Beaches, Parks

A Message From The Quincy Health Department



RUTH JONES

By RUTH JONES BSN, RN, BC, CP-F

Swimming is an excellent recreational sport that can be appreciated by people of all ages. But it's imperative to know how to be safe while you're in the water. Drowning is the second most common cause of death from injuries among kids under the age of 14. Drowning can happen in an instant, sometimes in less than 2 minutes after a person's head goes beneath the water. That allows very little time for someone to help.

Millions of us enjoy warm weather every year by swimming in backyard pools and unwinding in hot tubs. Pool owners should make safety their first priority by following some essential guidelines:

• Completely surround your pool with a fence or barrier with a self-closing, self-latching gate. Place a safety cover on the pool or hot tub when not in use and remove any ladders or steps used for access. Consider installing a pool alarm that is triggered if anyone enters the pool.

• Keep children under active supervision at all times. Stay in arm's reach of young kids. Designate a dependable person to watch the water when people are in the pool, never allow anyone to swim alone. Require that young or inexperienced swimmers wear a Coast Guard-approved life jacket. Many children who drown in home pools were out of sight for less than five minutes and in the care of one or both parents at the time.

• Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.

• Ensure everyone in the home knows how to swim well by enrolling them in age-appropriate learn-to-swim courses.

• Keep your pool or hot tub water clean and clear. Maintain proper chemical levels, circulation and filtration. Regularly test and adjust the chemical levels to minimize the risk of earaches, rashes or more serious diseases.

• Establish and implement rules and safe behaviors, such as "no diving," "stay away from drain covers," "swim with a buddy" and "walk please."

• Ensure everyone in the home knows how to respond to aquatic emergencies by having appropriate safety equipment and taking water safety, first aid and CPR courses.

Swimming in the ocean requires distinctive skills, so before you take a dip in the sea, it's best to learn how to swim in the surf. You should also swim only at a lifeguard-protected beach, within the designated swimming area. While you're enjoying the water, stay alert and check the local weather conditions. Make sure you swim sober and that you never swim alone. And even if you're confident in your swimming ability, make sure you have enough energy to swim back to shore. Other beach safety tips to keep in mind:

• Don't dive headfirst, protect your neck. Check for depth and obstructions before diving, and go in feet first the first time.

• Pay especially close attention to children and elderly persons when at the beach. Even in shallow water, wave action can cause a loss of footing.

• Keep watch for aquatic life. Water plants and animals may be dangerous. Avoid patches of plants. Leave animals alone.

Rip currents are responsible for fatalities on our nation's beaches every year, and account for most of the rescues performed by lifeguards. Rip currents can form in any large open water area, such as low spots and breaks in sandbars, or near structures such as piers and jetties.

For your protection, be aware of the threat of rip currents and remember the following:

• If you are caught in a rip current, stay calm and don't fight the current.

• Swim parallel to the shore until you are out of the current. Once you are free, turn and swim toward shore.

• If you can't swim to the shore, float or tread water until you are free of the rip current and then head toward shore.

• If you believe that you can't make it to the shore, draw attention to yourself by waving and calling for help.

• Stay at least 100 feet away from piers and jetties. Permanent rip currents often exist near these structures.

• If someone is in trouble in the water, get help from a lifeguard. If a lifeguard is not available, have someone call 9-1-1.Throw the victim something that floats such as a lifejacket, cooler, inflatable ball and yell instructions on how to escape the current.

• When at the beach, check conditions before entering the water. Check to see if any warning flags are up or ask a lifeguard about water conditions, beach conditions, or any potential hazards.

Many people swim in streams, lakes, or ponds. Take extra care when swimming in these picturesque spots. You can't always see the bottom of the lake or pond, so you may not be aware of the depth of the water.

Wave pools, giant slides, and gushing fountains are a lot of fun. To remain safe, find out what each attraction is like and how deep the water is. Some wave pools can get turbulent, so it's wise to have an adult close at hand.

Here are other water park safety tips:

• Wear a life jacket if you don't know how to swim or if you're not a strong swimmer.

• Read all of the signs before going on a ride. Make sure you are tall enough, old enough, and don't have any of the medical conditions that are listed. If you have questions, check with a staff member.

• Always make sure there's a lifeguard at each ride and listen to his or her instructions. Wait until the rider ahead of you has passed a safe point for you to go down a slide.

• Always go down the water slide face up and feet first. This is the safe and correct way to ride.

The pool and the beach are great places to learn new skills and socialize. Being prepared will make you feel more comfortable and in charge while you're enjoying the summer sun.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Can I Keep This Benefit Payment?

By KRISTEN ALBERINO
Social Security Public Affairs Specialist

Social Security is with you through life's journey, securing today and tomorrow for millions of people. We know that reliability and dependability is an important part of your financial security. We use the same throughout the month eligibility rules for the first month's Social Security check through the last month's check, so it's easy to know when checks are payable.

Securing today and tomorrow

If you meet all the requirements to receive benefits, Social Security pays your benefit after you have lived throughout the month. At 62, the first month many people are eligible for benefits may be in the month after their birthday. Social Security follows an English law that says you actually reach your age the day before your birthday. So, if you were born on the first or second day of the month, your first month of eligibility will be your birthday month. If you were born on any other day in the month, the first month you could receive benefits will be the month after your birthday month. When starting benefits after age 62, people are eligible to be paid for the month they file, since they were previously age 62 throughout the month.

An example of this would be: if Michael is born on June 1 or 2 and is age 62, the first month he will receive his benefit payment is July. If Michael's birthday is any other day in June, the first month he will be eligible for benefits is July and his first benefit will be paid in August. If Michael starts benefits at age 63 and files in June, he can be paid for June in July.

Benefits are always paid the following month for all types of Social Security benefits including retirement, disability and survivors. This does not apply to Supplemental Security Income (SSI).

Being eligible throughout the month also applies to the month of death of a Social Security beneficiary. To be eligible for the payment, the person must have lived all month long to receive the payment that comes the following month. That includes throughout the entire last day of the month. Your survivor may be eligible for a payment for the last month and should contact us at 1-800-772-1213. For information about applying for survivors benefits, visit our website at www.socialsecurity.gov/planners/survivors/howtoapply.html.

Understanding how the benefits are paid gives you a sense of certainty about your payments.

You'll know how to plan when starting benefits and what happens to the last check. We continue to secure your today and tomorrow by providing the Social Security information you need.



QUINCY FIREFIGHTERS LOCAL 792 recently held their annual cookout for seniors at the Kennedy Center. The firefighters, on their day off, set up the hall, shop, cook and serve the seniors. This is the fifth year the firefighters have held the event. It is one of the most popular events held at the Kennedy Center. From left: Mike Palaza, state Sen. John Keenan, Enrico Gomes, Paul Moody, Mayor Tom Koch, Kevin Ferent, Steve Sweet, Gerry Murphy, Will Franklin, Brian Franklin, Mike Dwyer, Chris Murphy, Tom Bowes, Kevin O'Connor, Sam Rossini and Ted Rossini. *Photo Courtesy Quincy Council on Aging*

Maeve Rogers Graduates The College Of Wooster

Maeve Rogers, a resident of Quincy, recently received a bachelor of arts degree from The College of Wooster during commencement exercises.

Rogers, a political science major, is a graduate of Quincy High School.



Children's Library Programs July 13 - July 20

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of July 13-July 20.

Preschool Discovery – Building @ Wollaston

Thursday, July 13th at 10 a.m.; Ages 2-5

Bring your preschooler in for some building and engineering fun! We'll be using blocks and DUPLO to build towers and other structures, making marble runs, and trying to build a bridge that can hold a toy car.

Sponsored by the Friends of the Thomas Crane Library.

Mother Goose and Little Bo Peep on the Lawn

Thursday, July 13th at 10 a.m.

Main Library Lawn weather permitting (rain location large meeting room)

Ages 0-4

Join children's librarians Jane Miller and Gail Columbare on the lawn at the Main Library as they present Mother Goose and Little Bo-Peep: a Nursery Rhyme and Song Extravaganza. This is a fun-filled program of stories and songs for children ages 4 months to 4 years old accompanied by an adult. No registration is required. This program is especially geared toward very young children.

The show will go on come rain or shine; in case of inclement weather we will move into the large meeting room at the Main Library. Meeting room space is limited to the first 125 people; when we reach capacity we will close the doors.

Sponsored by the Friends of the Thomas Crane Public Library.

Bubble Time

Friday, July 14th, 10 to 11:30 a.m.

Main Library Lawn (rain date 7/21 must be outside)

All Ages

Join us on the lawn outside the children's room to blow some bubbles! We will have tubs of bubble solution and plenty of bubble makers to experiment with. Can you make giant bubbles? Little tiny bubbles? Can you make bubbles with your hands or do you need a bubble wand? Find out if a square bubble wand makes square bubbles and grab some bubble solution recipes to try out at home. Parents this is sure to be loads of soapy, soaking fun so make sure your children are dressed to get messy.

This program must take place outdoors so in case of bad weather we will blow our bubbles on July 21st.

Sponsored by the Friends of the Thomas Crane Public Library.

Science Workshop – Blizzards: Outwit the Elements

Monday, July 17th at 10:30 am

Join an educator from the Museum of Science for this 50 minute hands on workshop where you will design and test ways to protect people from snowstorms and avalanches.

First you will design a house, making it as snow proof as possible and then you will test your design in the Blizzard Box, which creates a whirling swirling cascade of simulated snow. How well did your house keep the snow out?

Your second challenge is to create an avalanche protection system. Once your design is complete we'll introduce a snowboarder to your design and send down a simulated avalanche. Can the snowboarder survive?

Because everyone needs time to create and test their designs space is limited. This program cannot accommodate camp groups. Tickets will be passed out in the children's room beginning at 10:00 am, you must be here in person to pick up a ticket. While children as young as 5 may participate in this program with an adult's help this engineering challenge is best suited to children ages 8 and older.

Sponsored by the Quincy Cultural Council

Art-to-go is a 9 week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch. Children up to age 8 are invited to drop in any time between 2:00- 4:00 pm

Mon., Main Library; Tues., Adams Shore; Wed.,Wollaston; Thurs., North Quincy

to make this week's craft. Week of July 17th – Paper bag houses

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy—Hunchback of Notre Dame

Monday, July 17th at 2:00 pm

Rated G

In 15th century Paris, Clopin the puppeteer tells the story of Quasimodo, the misshapen but gentle-souled bell ringer of Notre Dame, who was nearly killed as a baby by Claude Frollo, the Minister of Justice. But Frollo was forced by the Archdeacon of Notre Dame to raise Quasimodo as his own. Now a young man, Quasimodo is hidden from the world by Frollo in the belltower of the cathedral.

But during the Festival of Fools, Quasimodo, cheered on by his gargoyle friends Victor, Hugo, and Laverne, decides to take part in the festivities, where he meets the lovely gypsy girl Esmeralda and the handsome soldier Phoebus. The three of them find themselves ranged against Frollo's cruelty and his attempts to destroy the home of the gypsies, the Court of Miracles. And Quasimodo must desperately defend both Esmeralda and the very cathedral of Notre Dame.

This movie is rated G and runs for 90 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

LEGO Building at Wollaston

Tuesday, July 18th from 1:30 to 4:30 p.m.

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week. How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week! This week's challenge: Boats.

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Storytelling at the Wollaston Playground, weather permitting

Tuesday, July 18th at 3 p.m.

All ages

Join a children's librarian at 3 p.m. at the Wollaston Beach Playground Park on the corner of Sachem St. next to the Clam Box across from Wollaston Beach on Tuesday, July 11, 18 and 25 for stories, songs and more.

Stop by to hear a story or two and pick up a calendar listing all of the summer events. Weather Permitting

Dungeons and Dragons Encounters

Tuesday, July 18th at 7 p.m.

Main Library Children's Room

Ages 10 and older

New and experienced players are invited to join us for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this monthly Dungeons and Dragons game. We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play. Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

Pajama Storytime

Wednesday, July 19th at 6:30 p.m.

Main Library Large Meeting Room

Ages 2-5 with an adult

Join Mrs. Miller for a 3 week series of pajama storytimes designed especially for children ages 2-5 and their parents. Join us for 45 minutes of interactive stories songs and rhymes. This program is designed for adults and children ages 2-5 to enjoy stories and songs as a family. This is a great time for you and your children to sing, dance, listen and talk with each other.

Harry Potter Book Club @ Wollaston

Wednesday, July 19th at 7 p.m.

All Ages

Get ready for both Harry Potter's birthday and the 20th anniversary of the U.S. release of the first Harry Potter book by coming in to discuss the last book in the series, Harry Potter and the Deathly Hallows, and the series as a whole!

Stop by the main library to pick up a copy of the book to read before we meet.

Harry Potter Movie Matinee @ Adams Shore

Thursday, July 20th at 1:30 p.m.

Rated PG 13

Join us for the seventh in our Harry Potter film series, The Deathly Hallows Part 1.

Voldemort's power is growing stronger. He now has control over the Ministry of Magic and Hogwarts. Harry, Ron, and Hermione decide to finish Dumbledore's work and find the rest of the Horcruxes to defeat the Dark Lord. But little hope remains for the Trio, and the rest of the Wizarding World, so everything they do must go as planned.

Rated PG-13 Runtime 153 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

Online Summer Reading Challenge

This summer from June 23rd through Aug. 31st track your reading on your computer, phone or other mobile device with our new summer reading game. Sign up, log books, and complete challenges. As you add books and complete challenges you will earn online badges and online raffle tickets. We'll have a drawing for the raffle prizes the first week in September. We have two programs one for babies and young children up to age 6 and the other for ages 7-13. Teens are invited to join our teen summer reading program.

Looking for some good books to read?

When you sign up for the online summer reading program you will begin receiving weekly emails with book suggestions. Parents of younger children will also receive an early literacy tip to extend your reading experience for older children these suggestions are a great way to find new books and authors to try.

Social Security Matters

Ask Rusty: Deemed Filing & 50% Of Spouse's Benefit

Dear Rusty: I would like to know more about spousal benefits allowing a husband or wife to receive up to 50 percent of a spouse's Social Security benefits. I believe it is called spousal deeming of Social Security benefits, and I'm wondering if this is something we can take advantage of. My wife, who is 64, has not retired yet, and I retired in June at the age of 66. Thank you for your time. I hope you can clarify whether or not this is something relative to us. *Signed:* **Wondering**

Dear Wondering: From your question I assume you are referring to your wife possibly receiving up to 50% of your current Social Security benefit.

The "deeming" you refer to is called "deemed filing" by Social Security and it refers to when a person files for benefits and is also entitled to spousal benefits, they are "deemed" to have filed for benefits on both their own record and their spouse's record. When your wife files, Social Security will calculate the benefit she is entitled to on her own work record, and then what she is entitled to as your spouse, and she will receive whichever benefit is higher.

You are correct that your wife can receive up to 50% of your benefit, but she will only get the full 50% if she has reached what Social Security considers her "Full Retirement Age" (or "FRA", which for her is 66). If she files before that, her benefit amount will be reduced to something less than 50% of yours, depending upon how many months before her FRA she files. Since you retired at your FRA of 66, you are receiving 100% of the benefit you are entitled to. Since your wife's 65th birthday is approaching in February, if she chooses to retire then she would get 45.8 % of your full benefit instead of 50%. If she chooses instead to retire in December of 2016, she would get 45.1% of your full benefit, and if she chooses to wait until after February the percentage of your benefit she will receive will increase monthly until she reaches age 66 when it will be the full 50%.

Please note that filing early has consequences in that once your wife files, her benefits will be at the reduced level permanently; they do not increase at her full retirement age. This not meant to discourage her from filing early if financially necessary, but rather just to make you aware. Note also that this same scenario would apply if the wife was the higher wage-earner and it was the husband seeking 50% of the wife's Social Security benefit.

While the above answers your question about "spousal deeming", there is another strategy your wife may want to pursue to maximize her own benefits. Since your wife attained age 62 prior to the end of 2015, if she waits until age 66 to file she would be entitled to file a Restricted Application for Spousal Benefits Only. Doing this would mean she could avoid the new deemed filing rules that were enacted in 2015, apply for spousal benefits only, and allow her own benefit to grow. By doing this her benefit amount on her own work record would increase by about 8% for each year after she became 66, until age 70 when it would reach a maximum of 132% of her benefit at age 66. She could then switch from spousal benefits to increased benefits on her own work record at any time it becomes financially prudent to do that.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the U.S. Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues.

To submit a request, contact the Foundation at info@amacfoundation.org.

Wollaston T Station Set To Close This Fall

Cont't From Page 1

sometime around Nov. 1 and re-open by the end of June 2019, though some work would still remain at that point. Keenan said residents should begin to see signs of activity on site in the coming weeks, and the T would be able to give a firmer timeline for the station closing around Labor Day.

During the 20 months the station is closed, Red Line trains will pass through the station without stopping. The MBTA will operate shuttle buses between Wollaston and North Quincy stations. The buses will run in a loop, heading north from Wollaston on Newport Avenue and back from North Hancock along Hancock Street via Woodbine Street and Greenwood Avenue. Commuters will be able to board the shuttle buses at Wollaston on Greenwood Avenue and Newport Avenue.

"All of that is still being worked on," Keenan said. "As of today, they're still looking at that loop, but based on comments from residents they are open to looking at other ideas."

The MBTA on Monday agreed to form a citizens advisory committee to gather feedback from commuters during the 20 months the station is closed on a regular basis. Those commuters could give feedback on a number of topics, such as the number of bike racks available, snow removal, frequency of shuttle service and flow of foot traffic into North Quincy, for example.

"The citizens are going to be able to voice their concerns," Keenan said. "The T's feeling is it (the advisory committee) can't be so big it gets unwieldy, but they want to get constructive input from people."

Keenan said his meeting with the T on Monday covered about 20 different concerns residents raised during a community meeting last month. The main concerns revolve around ensuring the plan for shuttle buses works, making sure there is room at North Quincy station – both on the platform and on trains arriving there – for commuters who normally would use Wollaston, and having adequate parking spaces available at North Quincy once developers break ground on a mixed-use development there sometime in 2018.

Among the topics discussed at the meeting Monday was keeping a Red Line train on standby at Quincy Center so there would be room onboard for commuters waiting at North Quincy.

"We talked about redundancy – having standby trains ready in case the platform is crowded, they can run a train right from Quincy [Center] to North Quincy and not have people from Braintree or Quincy Adams on it," Keenan said. "By the time it got to North Quincy it wouldn't be packed. We could get people on quickly."

He also discussed with the MBTA allowing passengers at Quincy Center to board commuter rail trains there if the Red Line becomes backed up.

"The other thing we've looked at is having commuter rail as a fallback if there is some overcrowding or some sort of incident," Keenan said. "People might be able to use commuter rail on an as-needed basis – an emergency basis – to get right to South Station to take the pressure off."

The MBTA is also considering increasing the frequency of regularly scheduled bus service that connects the Quincy Center and North Quincy stations via the Wollaston and Montclair neighborhoods.

"We're looking at perhaps increasing the frequency of those so that people who live on say Highland Ave. or Belmont Street that now maybe walk to Wollaston train station to get on the train to get into Boston, they could either get on a bus and get to Quincy Center and get on a train or they can get on a bus and go to North Quincy and not have it be the shuttle bus," Keenan said.

The MBTA might also in the coming months run buses along the shuttle loop to identify any issues that could arise, such as the effect a funeral at Sacred Heart Church or an area funeral home would have on service, and the impact of delivery trucks that stop along the route.

"I've driven the route I don't know how many times now with my phone and stopwatch and I think it can work," Keenan said. "It just has to be well organized."

The Wollaston station, which opened in 1971, is the only Red Line station not in compliance with the Americans with Disabilities Act. Plans for the station include three elevators – one will be included in an expanded lobby under the station and the other two will connect the platform to the parking lot via a new walkway over the tracks. The project is also meant to alleviate concerns about flooding at entrances to the lobby below the station, which will remain open as a pass through for residents following completion of the renovations.

"I sold newspapers there as a kid when I was in fourth, fifth and sixth grade," Keenan recalled. "It's still not handicapped accessible and it still floods like it did back then."

"It's going to be a whole new station," he added. "They're going to basically tear this thing down and go from scratch, and that's why it would have been very difficult to leave it open during construction. They could have, but it would have been a much longer process, a much less safe process, and a more costly process."

The T is planning to commence several other projects along the Braintree branch of the Red Line at the same time Wollaston station is being renovated. Those include the demolition of the shuttered garage at Quincy Center for $25 million starting this fall and ending in December 2018; a $42 million, 39-month project to renovate the garage at Quincy Adams starting in September; and a $31 million, 23-month project to renovate the Braintree station's garage starting this summer.

The MBTA is also replacing its entire fleet of Red Line cars at a cost of $452 million. Those cars will come into service over five years starting in 2019 and feature wider doors and reconfigured interior layouts meant to allow for faster boarding at stations.

Starting this November and continuing through 2023, the MBTA will spend $186 million to replace the signal system used on the Red Line. The T is also in the process of upgrading the five traction power substations along the Braintree branch of the Red Line at a cost of $20 million; that work should be completed by mid-2018.

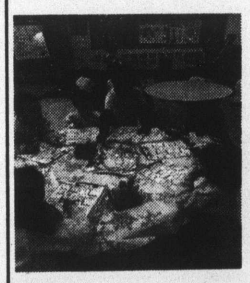
The new trains and signal systems will allow the MBTA to increase capacity along the Red Line by reducing the headway between trains.

"There will be tens of thousands more passengers we'll be able to accommodate daily when everything is said and done," Keenan said. "It's going to be pretty dramatic."

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Trader Joe's of Hingham
Wachusett Mountain Ski Area

Quincy Catholic Collaborative Festival, Carnival July 20-23

Family-Friendly Event At Sacred Heart

Quincy Catholic Collaborative will host a multi-dimensional religious festival and carnival Thursday, July 20 through Sunday, July 23.

"There's something for everyone, and it's all conveniently located on the grounds of Sacred Heart parish, 386 Hancock St., North Quincy," said John Distefano, one of the organizers of the family-friendly event.

The festival and carnival will feature rides, live entertainment, religious goods, food, a fashion show, collaborative table, games, street procession, baked goods, raffles and a sing-a-long,

There will also be pie, canning and quilting contests.

There is no charge for many of the events.

Carnival hours are: Thursday, July 20 and Friday, July 21 from 6 to 10 a.m.; Saturday, July 22 from noon to 10 p.m.; and Sunday, July 23 from 11 a.m. to 6 p.m.

Free parking will be available at North Quincy High School and Atlantic Middle School. Free shuttle service will run on Friday, July 21 from 4 to 10 p.m. For the remainder of the weekend, the shuttle will run during the same hours as the carnival.

On Friday, July 21, the judging of various contests will take place at 5:30 p.m. in the Parish Hall, and will open to the public at 7 p.m. Entry forms for the pie, quilting and canning contests can be found in the back of all three churches, and in the weekly bulletin (or online at www.qcc14.org).

Friday's live entertainment begins with Sentimental Journey with Deb Nelson at 8 p.m., Mark Carey and Friends will perform at 9 p.m.

A parade of the Lion in the Asian tradition will take place on Saturday, July 22 at 1:30 p.m. followed by the Fashion Show produced by Grandasia of Quincy. A Kung Fu demonstration will follow the fashion show.

At 3 p.m., there is Irish step dancing in the auditorium, sampling of homemade products at 5:30 p.m., and competition winners announced. At 6 p.m., the cantors from all three parishes will sing a variety of musical numbers. At 7 p.m., Time and Again – Renee McGrew and Company – will be center stage. David Foley – the last performance of the evening – will begin at 8 p.m.

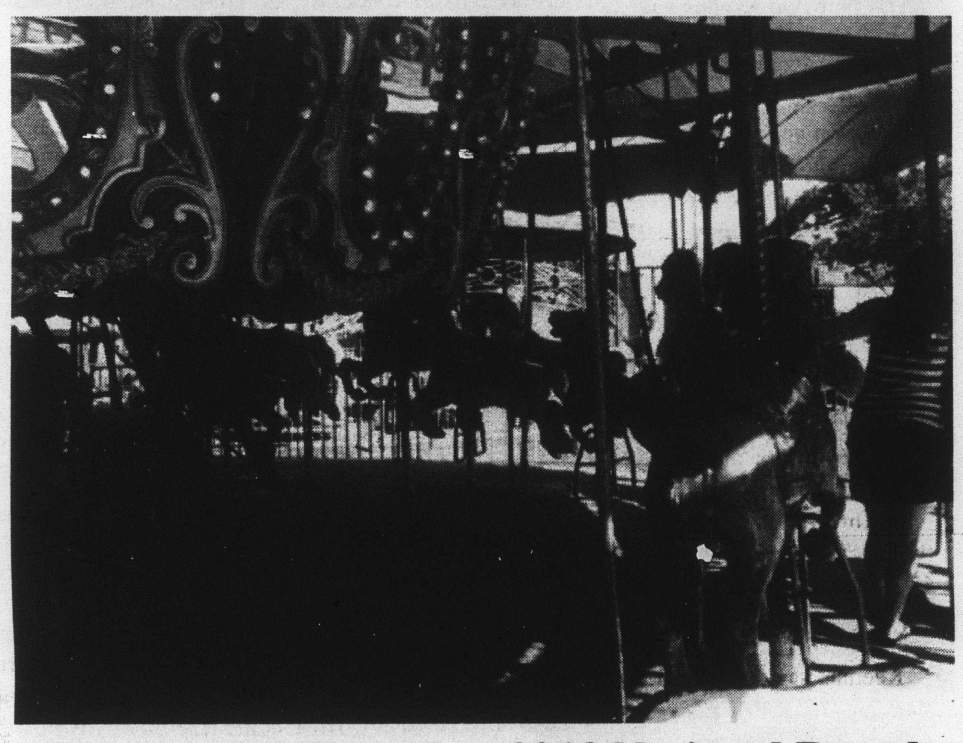
A procession to honor St. Ann will take place on Sunday, July 23 at 1:30 p.m. St. Ann is the patroness of one of the three parishes in the collaborative and her feast day is July 26. The procession will be followed by a short prayer service at 1:45 p.m. in the main church at Sacred Heart., At 3:30 p.m. raffle winners will be drawn; at 4 pm, American Sing-a-long, and at 6 p.m., evening Mass.

The Franciscan Friars of the Atonement of Brockton will have a pop-up religious articles store in the Parish Hall throughout the weekend. This is an opportunity to purchase any religious articles you might need.

All aspects of this four-day festival/fair are open to the public.

For further information, call Sacred Heart Rectory at 617 328-8666; visit the website at www.qcc14.org, "like" us on Facebook at https://www.facebook.com/sacredheartquincy-200347821789/ or email hlotis@qcc14.org.





DiBona City Hall Office Hour Monday

City Councillor at-Large Noel DiBona will host an office hour on Monday, July 17 from 6 to 7 p.m. in the James R. McIntyre Government Center (Old City Hall), 1305 Hancock St., first floor conference room.

Residents are welcome to come by with any questions or concerns.

Anyone who cannot but have questions can contact DiBona at ndibona@quincyma.gov or call 617-376-1357.

Critical Red Cross Blood Shortage; Blood Drives Here July 18, July 24

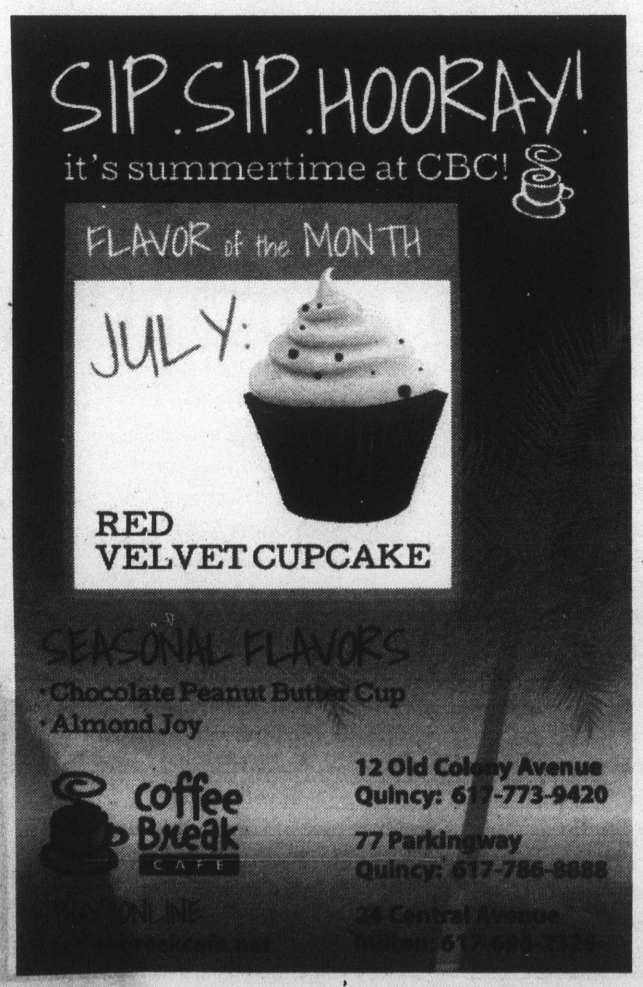
The American Red Cross will hold two blood drives in Quincy later this month.

Blood drives are scheduled for Tuesday, July 18 from 2 to 8 p.m. at Saint Thomas Aquinas Hall, 2 Darrow St., Houghs Neck; and Monday, July 24 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

The American Red Cross is facing a critical blood shortage and is issuing an emergency call for eligible blood and platelet donors of all blood types to give now and help save lives.

Blood donations have fallen short of expectations for the past two months, resulting in about 61,000 fewer donations than needed and causing a significant draw down of the Red Cross blood supply. The shortfall is the equivalent of the Red Cross not collecting any blood donations for more than four days.

To schedule an appointment to donate, use the free Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767)

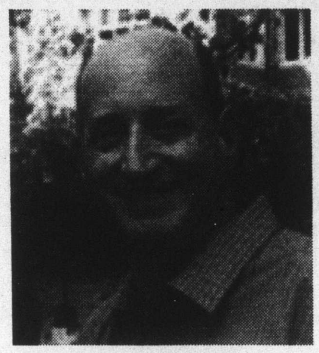


Jon Abrams Elected to 2018 National Board Association Of Charitable Gift Planners

The National Association of Charitable Gift Planners (CGP) announces Jon E. Abrams of Quincy has been elected to serve as a member of the national Board of Directors.

Six members were elected to the board to serve three year terms beginning January, 2018. The members were elected at the Assembly of Delegates held June 29 in Indianapolis, IN.

Abrams, director, Gift Planning with the Mid-Atlantic and Northeast Divisions of the American Red Cross, has served that organization since 2007.



JON ABRAMS

Previously he held executive fundraising positions at Harvard Medical School, Brown University and Joslin Diabetes Center. He is a current member of the Planned Giving Group of New England and has previously served as its Board President.

Abrams joins 18 individuals from throughout the country who serve on the national board that represents over 100 councils and 8,000 professionals in the field of charitable gift planning.

Four Residents Earn Mount Ida College Degrees

Four students from Quincy recently earned degrees at Mount Ida College in Newton.

They are:

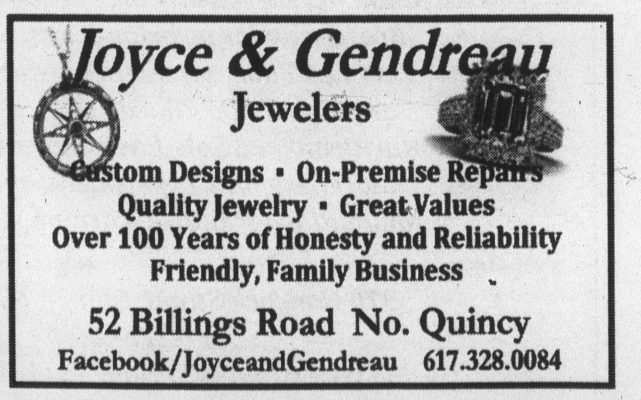
Natalie Bishop graduated with a Associate in Arts degree in dental hygiene.

Ashley Catizone graduated Cum Laude with a Bachelor of Science degree in veterinary technology.

Helen Do of Quincy graduated with an Associate in Arts degree in dental hygiene.

Augusta Hahnel graduated with a Master of Science degree in management of interior architecture.





State Budget Would Increase Local Aid

Cont'd From Page 1

aid in this year's budget."

Keenan said several items sought by the Quincy delegation made it into the budget now pending on the governor's desk. Those include funding for the Quincy Fire Department's hazardous materials unit and increased police patrols on Wollaston Beach, items the delegation has included in past budgets as well.

New this year is a $25,000 earmark for the United First Parish Church, which would allow the Quincy Center church to upgrade electrical systems in the building to support sprinklers there in the future. Keenan said he sought the funds after learning the church, which was built in 1828 and houses the Adams family crypt, did not have a sprinkler system.

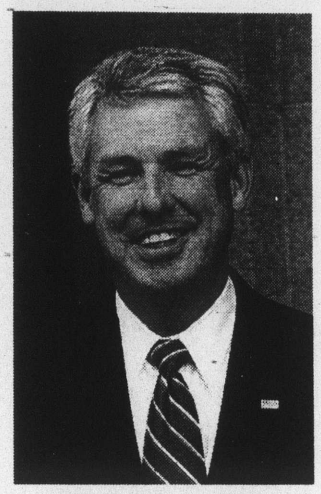
"The church doesn't have sprinklers, which I find incredible, especially when you think about the fire across the street at City Hall and what it did to the granite," he said, referring to the three-alarm fire inside the McIntyre Government Center in September 2014 while it was undergoing renovations.

Keenan said money for state programs that goes to local organizations in Quincy could be level funded in the budget, meaning there could be a cut in some services.

"Some of them may not see a cut, but it may be level funded, which could result in a cut in local services," he stated. "A level-funded budget for them means a cut in local services."

With the budget now pending before the governor, legislators have turned their attention back to the legalization of recreational marijuana in the Bay State.

Massachusetts voters approved the legalization



Sen. JOHN KEENAN

of recreational marijuana in a November 2016 referendum, with 54 percent of voters in favor of legalization. In Quincy, 51 percent of voters were in favor of legalization.

The Senate and House have passed competing bills to address concerns in the legislation approved by voters in November. A conference committee with three members of each chamber is now meeting to reach a compromise – House Majority Leader Ronald Mariano, a Quincy Democrat, is among those on the conference committee. Negotiations on the marijuana law were put on hold while the budget was being ironed out.

Keenan, who is not a member of the conference committee, said the two major stumbling blocks are taxes and local control.

The law approved by voters includes a 12 percent tax on recreational marijuana – 10 percent for the state and a two percent local option. The Senate bill would keep the tax rate at 12 percent, while the House legislation would raise it to 28 percent.

In terms of local control, the law passed by voters requires communities hold a referendum to ban recreational marijuana sales. The Senate bill kept that process intact while the House bill would allow local elected officials to ban marijuana sales.

Keenan said he believes the sides will be able to reach a compromise on those and other issues and send a bill to the governor's desk, though he did not have a timeline for doing so.

"They're still meeting, so that leads me to believe they'll come to some sort of agreement," he said.

The Legislature's formal sessions will end July 31 and restart in September, though informal sessions can take place in August. As it currently stands under the law approved by voters, Keenan said the governor would have to start appointing members of an advisory board on Aug. 1, and Treasurer Deborah Goldberg would have to appoint members to the Cannabis Control Commission Sept. 1.

The budget approved by the Legislature includes $2 million for the regulation of recreational marijuana.

Keenan identified several other priorities lawmakers could take up in the fall and into next year. Those include a possible tax on short-term rentals such as those offered on Airbnb, criminal justice reform and non-compete agreements. Keenan said he plans to push for passage of several bills he has already filed concerning the state's opioid crisis, including one that would require insurance companies to cover up to 30 days of treatment.

Raymondi In-At-Large Race

Cont'd From Page 1

McCauley.

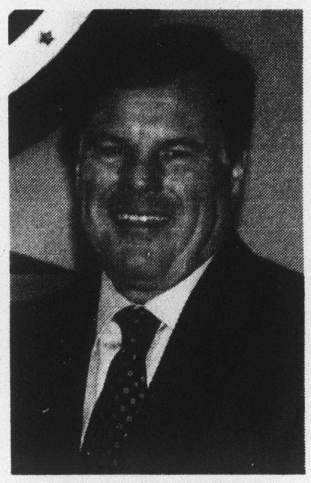
He was appointed Norfolk County treasurer in 1985 and served in that post for six years. In 1991, Raymondi was again elected to the School Committee and in 1995 was elected Ward 2 councillor, a position he would hold onto until resigning in July 2011 to become DPW commissioner.

Raymondi, who lives on Elm Street, is the ninth resident to pull papers to run for the three at-large seats on the council.

The other residents to do so are incumbents Noel DiBona of Chickatabot Road and Nina Liang of Williams Street; Ward 1 Councillor Margaret Laforest of Rock Island Road; School Committee member and former mayoral challenger Anne Mahoney, a Ferriter Street resident; Domenic Papile of Ridgeway Drive; Robert Ross of Howe Street; Stanley Dong Fang Xiao of Bicknell Street; and John Rodophele of Grenwold Road.

The third incumbent at-large councillor, Joseph Finn, is not seeking re-election this year. He has served on the council since 2002 and is its longest-serving current member.

The would-be candidates have until July 25 to return nomination papers with the signatures of 50 registered voters to the City Clerk's Office. As of Tuesday afternoon, Xiao and Laforest were the only two candidates in the at-large field who had returned their nominations papers and had them certified. If seven or more candidates qualify for the ballot, a preliminary election would be held Sept. 12 to whittle the field down to six. The final election is set for Nov. 7.



DANIEL RAYMONDI

Within the last week a sixth candidate has also pulled papers to run for a seat on the School Committee this fall. Geraldine Manning, a resident of Southern Artery, did so on July 7.

Three seats on the committee are up for election this year. The other residents circulating papers to run for School Committee are incumbent Emily Lebo of Highland Avenue, former city councillor Douglas Gutro of Marlboro Street, Anthony Andronico of Charles Street, David Jacobs of Dunns Court and Mark Sauter of Longwood Road.

The other two incumbent school board members whose seats are up for reelection are Barbara Isola – who is not running this year – and Mahoney, who opted to seek an at-large seat on the City Council.

Those running for the school board must also collect the signatures of 50 registered voters to qualify for a spot on the ballot. Andronico, Jacobs and Sauter have done so as of Tuesday. Like the councillor at-large race, a preliminary election would be held for the school board seats if seven or more candidates were to qualify for the ballot.

Contests are also shaping up in Wards 1, 5 and 6, including two possible preliminaries.

Four candidates have emerged for the open seat in Ward 1: former school board member David McCarthy of Whitney Road; Michael Falcione of Graham Terrace; Joseph Murphy of Macy Street; and Daniel Davis of Babcock Street.

In Ward 5, incumbent Kirsten Hughes of Willow Avenue is facing a potential challenge from Mary Lally of Weston Avenue.

In Ward 6, incumbent William Harris of Ashworth Road could face three challengers: H.A. "Alie" Shaughnessy of Essex Street, Ashly Eikelberg of Quincy Shore Drive and Steven Striffler of Huckins Avenue.

The remaining incumbents – Brad Croall (Ward 2), Ian Cain (Ward 3) and Brian Palmucci (Ward 4) – are so far unopposed.

Those seeking a ward seat must collect 50 signatures from residents living in their ward; Murphy, Croall and Palmucci have done so as of Tuesday. If three or more candidates qualify for the ballot for any ward seat, a preliminary election would be required for that seat.

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Real Estate

Quincy Real Estate Transactions June 30 - July 7

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Jessica Briody & Jessica O'Hara	Colleen, James & Mary C. Hayden	$ 335,000.00	100 Marina Drive Unit 419
Aristidis & Marie Veves	Joseph P. & Irene L. Trainor	$ 660,000.00	2105 Victory Road Unit 13-2
M&T Bank	Elizabeth Johnson	$ 200,000.00	90 Quincy Shore Drive Unit 715
Alan Christian & Robyn Hannigan	Mirjan Xhabrahimi	$ 458,250.00	26 Gridley Street
David Kong	Julie Doherty	$ 600,000.00	15 Cuttler Lane Unit 8
Todd Silverman & Jeffrey Hack	Nicholas A. Papadopolous	$ 329,000.00	270 Palmer Street
Ben M. Lee	Lynne A. Coppens	$ 499,000.00	2001 Marina Drive Unit 207W
James E. & Theresa M. Angelis	Thomas & Dina Maria Valente Leoutsakos	$ 750,000.00	2 Hutchinson Lane Unit 37
Reem Property LLC	Anne To	$ 780,000.00	219 Gardiner Road
Ricky K. Ching & Vanessa Y. Ho	Lili Cheng & Xiongjie Zheng	$ 455,000.00	218 Wilson Avenue
Coquina LLC	Mark Kintigos & Anne K. Fallon	$ 425,000.00	884-888 East Squantum Street
Residences at 1022 Hancock Street LLC	Thomas Rielly & Liliana Marquez	$ 332,000.00	1022 Hancock Street Unit 303
28 River Realty LLC	28 River Street Realty Trust	$ 650,000.00	28 River Street
Stephen S. & Dawn L. King	Mei Z. Dong	$ 486,000.00	9 Douse Road
Residences at 1022 Hancock Street LLC	Topaz Family Living Trust	$ 409,000.00	1022 Hancock Street Unit 306
Daniel S. Clevenger & Julie E. Macklin	Shamir Patel	$ 625,000.00	15 Maypole Road
TS Land Trust LLC & 232 Quincy Shore Drive Realty Trust	Yanhong Weng	$ 273,800.00	232 Quincy Shore Drive
Alice B.,Tiffany M. & Johnny T. Wan	Mirosalw Rak & Edyta Oles-Rak	$ 502,000.00	28 Churchill Road
Rebecca G. Watson	Serenus Hua & Tuongvi T. Nguyen	$ 360,000.00	59 Bartlett Street
Residences at 1022 Hancock Street LLC	Matthew T. Stern	$ 356,000.00	1022 Hancock Street Unit 114
Xiaoxia Zeng & Jiaming Tan	Yinyu Gong	$ 309,000.00	200 Falls Boulevard Unit A108
Shirui Lin; Xin G. Li & Qui E. Liu	Hao B. Liu	$ 750,000.00	45 Myopia Road
Galvcon Development LLC	Rajasudha Saroja	$ 569,900.00	2-18 Cliveden Street Unit 406W
16 Clifton Street Realty Trust	Lucas A. & Dasneves G. Depina	$ 480,000.00	16 Clifton Street
Timothy Norton	Chae H. & In S. Ban	$ 410,000.00	63 Nightingale Avenue
Daniel C. & Moira S. Vayda	Nicholas B. & Marissa S. Hanney	$ 422,750.00	106 Independence Avenue
Hamilton Bay Apartments LLC	Goonan Irrevocable Home Trust	$ 302,500.00	185 Quincy Shore Drive Unit A-82
Frank & Holly Dicostanzo	Joseph Schmitt & Debra A. Newborg	$ 600,000.00	47 Sea Avenue
BP Liberty LLC	Jane W. Stewart	$ 389,000.00	999 Hancock Street Unit 310
Peishan Zhao; Xiaoyu Zhang & Yao Cao	Yongqing Chen	$ 870,000.00	100-102 Intervale Street
Hai Y. Xu & Yan Zhao	Lingwu Zeng	$ 318,000.00	115 West Squantum Street Unit 906
Residences at 1022 Hancock Street LLC	Matthew S. Roberge	$ 392,000.00	1022 Hancock Street Unit 201
John C. Barnett & Karen M. Garrity	Karen M. Garrity	$ 191,000.00	235 North Central Avenue
William P. & Donna McHugh	Jing Zheng	$ 530,000.00	184 Pine Street

RE Activity Sees Solid Gains, Lending Activity Down

Norfolk County real estate sales activity exhibited solid gains during the second quarter of this year but also showed continuing declines in lending activity, possibly spurred by rising interest rates, according to a report released by Register of Deeds William P. O'Donnell.

"The positive news for the second quarter (April - June) was a four percent increase in combined residential and commercial real estate sales compared to the same quarter from the previous year," O'Donnell said. "In addition, the total dollar sales volume and average real estate sales price, again both residential and commercial, increased by a significant 20 percent and 13 percent respectively. The average real estate price, combining both residential and commercial sales, for the quarter was $778,122."

Overall, the number of land documents recorded (such as deeds, mortgages, liens, foreclosures, mortgage discharges, homesteads, etc.) during the Registry's second quarter was 39,645, a six percent decrease from the previous year.

"This decline can be attributed to a significant 16 percent reduction in lending activity during the quarter," O'Donnell said.

Specifically, 7,255 mortgages were recorded at the Registry during the quarter compared to 8,622 for the same time period in 2016. Total mortgage borrowing was $3.7 billion for the second quarter compared to $5.2 billion during the second quarter 2016.

"Clearly," noted O'Donnell, "the increases seen in interest rates are causing consumers to be cautious when contemplating borrowing to pay for big ticket items such as home renovations."

More Norfolk County homeowners continued to benefit from the Homestead Act. A total of 3,562 Homesteads were recorded during the second quarter, a five percent increase year over year.

"The Homestead law provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to $500,000. I urge Norfolk County residents to consider this consumer protection tool," O'Donnell said.

Foreclosure activity in Norfolk County was mixed during the quarter. The total number of foreclosure deeds recorded during the second quarter 2017 was 78, a substantial 30 percent increase year over year. However, this sobering news was lessened by the reduced number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process. 160 Notice to Foreclose Mortgages were recorded during the second quarter, a significant 25.9 percent reduction from the previous year.

"While the increase in foreclosure deed filings was disconcerting, I continue to be optimistic that the reduced numbers we are seeing with Notice to Foreclose Mortgage filings bodes well for the future," O'Donnell said.

The Registry continues to work with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks SouthernMass, 508-587-0950 to help homeowners who have received a Notice to Foreclose Mortgage document. A third option is to contact the Attorney General's HomeCorps program at 617-573-3333.

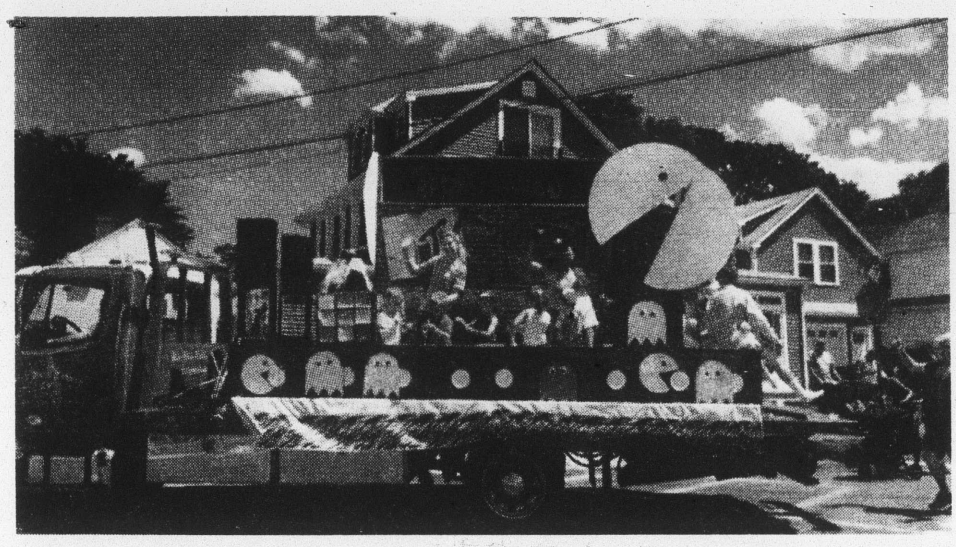
"Considering the continuing issues we are seeing with low real estate inventory, I was buoyed by the real estate sales activity figures for the quarter," O'Donnell said. "Conversely, with the continuing uptick in interest rates, I do not see lending activity trend lines changing for the foreseeable future."

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

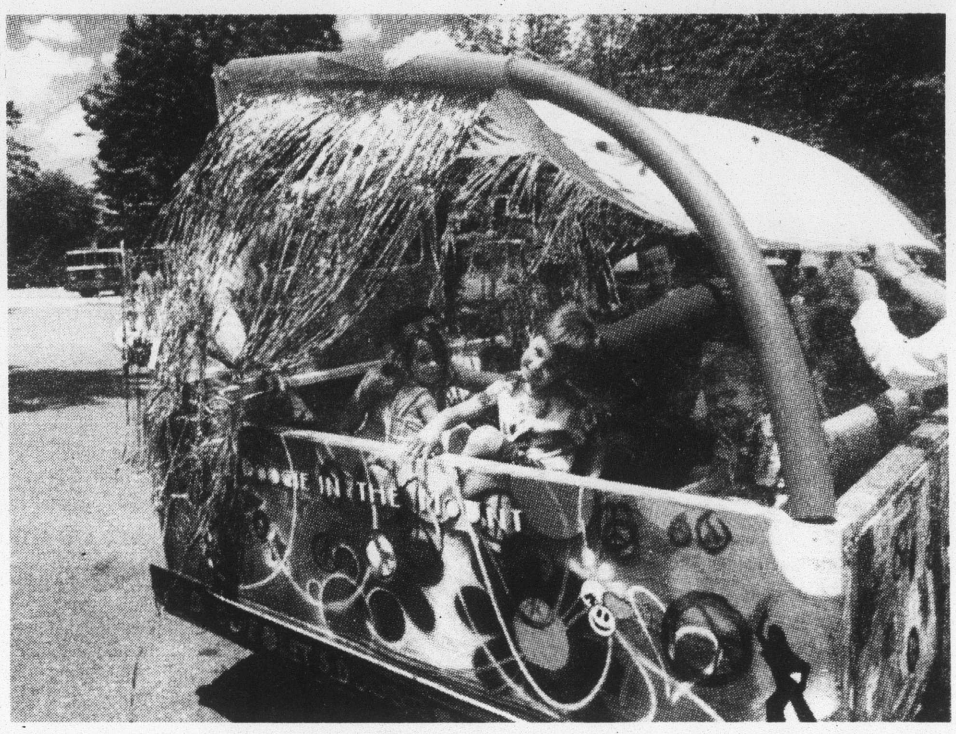
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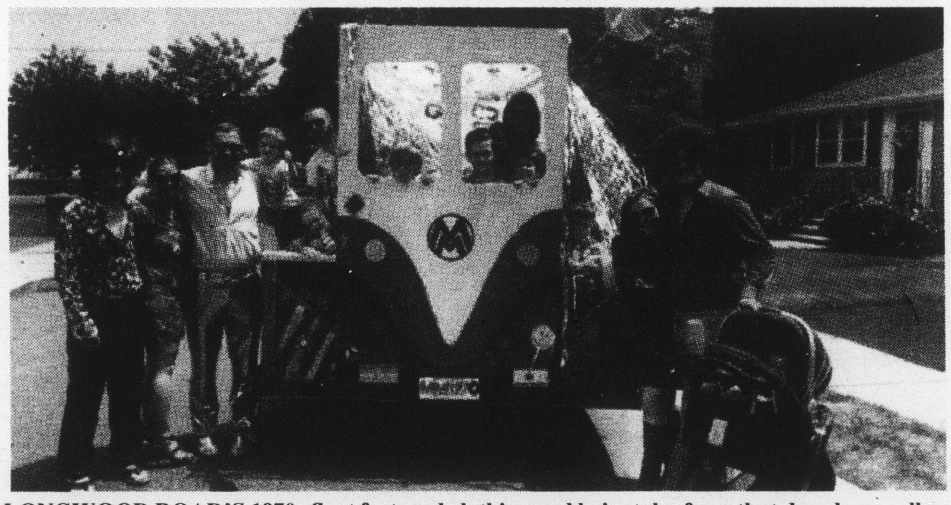
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★ 'America Through The Decades' Theme ★
★ Merrymount Independence Day Parade ★



'AMERICA THROUGH THE DECADES' was the theme of the Merrymount Independence Day Parade this year. This float created by residents of Hobomack Road depicting the 1980s including the arcade game "Pac-Man" won best overall float in the parade.





LONGWOOD ROAD'S 1970s float featured clothing and hair styles from that decade as well as the front of the iconic Volkswagen bus.



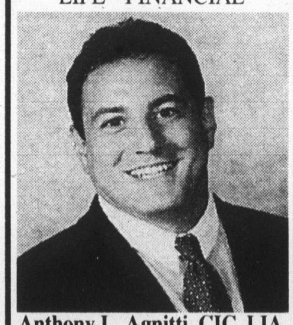
JULY 3RD festivities at Merrymount Beach attract a crowd.



YOUNGSTER DRESSED in patriotic clothing is ready for the Minibike parade.

Photos Courtesy Mark Sauter

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Quincy Hosts 35th Annual Senior Olympic Games

For the 35th year, Quincy was the site for senior athletes from the South Shore and beyond to gather for 10 days of sports competition, seeing old friends and meeting new ones.

The Quincy Senior Olympics, administered by the Office of the Mayor, the Kennedy Senior Center and the Quincy Recreation Department, has become a statewide model for communities who wish to promote healthy life styles and adult activities that lead to longevity.

For the second year Alice Bonner, state secretary of Elder Affairs, came to the Faxon Field track as a participant in the annual one-mile run. Also on the track was 91-year-old Herb Cameron, a regular participant in this event. Bonner took home a silver medal in her age group, while Cameron won a gold.

After the Olympic torch lighting done by Barbara Gilliland and Ted Coburn, the two oldest senior athletes who compete in the one mile walk, the 10 days of competition concluded with the awarding of medals at a ceremony at the Kennedy Center. The ceremony, which also included a pre-award dessert party hosted by River Bay Club, is a fitting conclusion to the friendly competition and a great way of recognizing the accomplishments of the participants.

Special acknowledgements were also given to Linden Ponds, the Games' sponsor, River Bay Club for hosting the Sportsmanship Luncheon, and the closing night social. Also thanks were extended by Receation Director Barry Welch and Tom Clasby, director of the Kennedy Center, to the site hosts Torre Dei Passeri Bocce Club, Presidents Golf Course, and Olindy's. Friends of the Olympians were also credited with the success of the annual event, Q.A.T.V, The Quincy Sun, as well as other assisting city agencies including the Police Department, Traffic and Parking, and the Data Processing Print Shop was singled out for producing the Award booklet and games registration forms.

Mayor Thomas Koch acknowledged the seniors for their commitment to an active healthy lifestyle and congratulated them on their achievements as he presented awards and medals. Welch introduced Michelle Hanly from the recreation staff as the person most responsible for the details that make the games possible and Clasby offered similar praise to Linda Bowes of the Department of Elder Services Staff. The list of award winners and medalists are as follows; gold, silver, and bronze medals were presented to the following Senior Olympians:

Senior Olympian Volleyball Team

Jim Lynch, Irene Sou, Phil Borneo, Mary Fuller, Kristen Johnson Charline Taylor, Joan Kierman, Romeo Malimban, Helen LaRose, J.C. Borneo, Meg Doherty and Yvonne Tang.

Cont'd On Page 17



ALL SENIOR OLYMPIAN participants of the half mile walk.



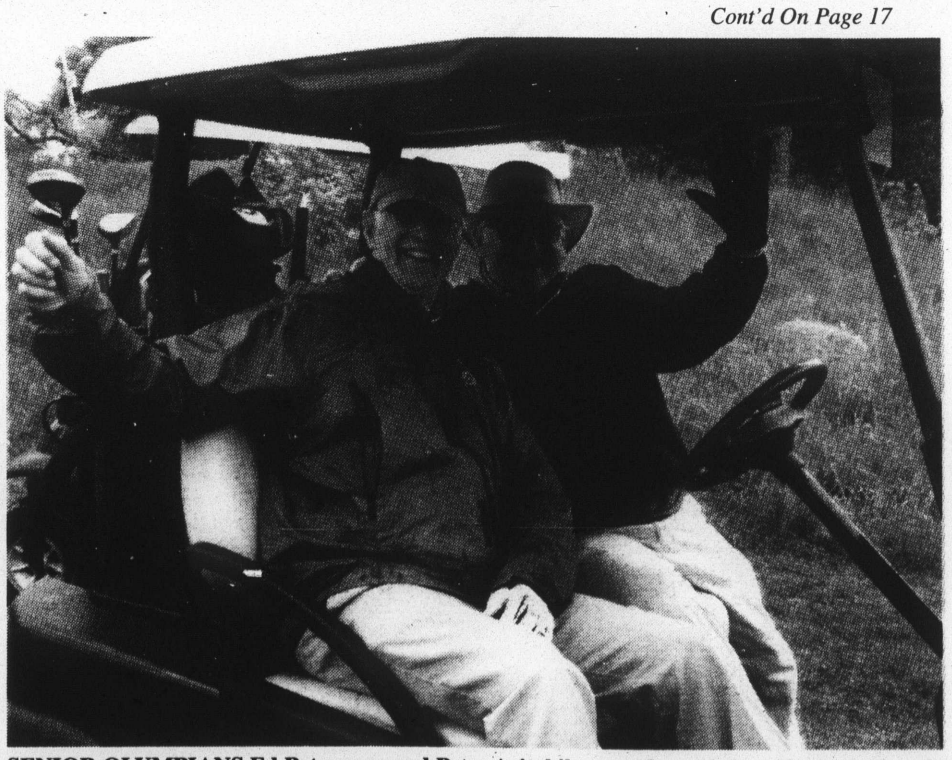
SENIOR OLYMPIANS Barbara Gilliland and Ted Coburn along with Mayor Thomas Koch light the torch at the one mile walk. *Photos Coutesy Quincy Recreation Department*



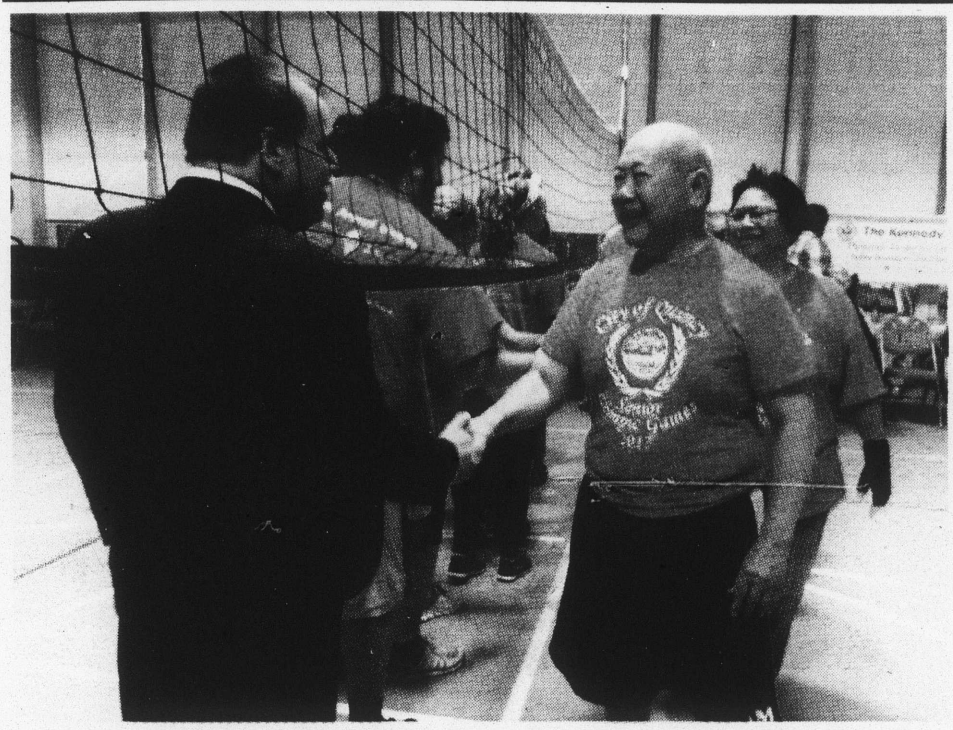
SENIOR OLYMPIAN and Gold medal winner, Barbara Gilliland, throws a horseshoe.



SENIOR OLYMPIAN Gold medal winners, George Mallett and Herb Cameron in the half mile run.



SENIOR OLYMPIANS Ed Petcavage and Peter Avitabile wave from their golf cart during the golf tournament.



MAYOR TOM KOCH and J.C. Borneo shaking hands after a thrilling volleyball match.



SENIOR OLYMPIAN dart winners (from left to right) Carolyn Loyta, Pam Sawyer, and Lily Todd.

Photos Coutesy Quincy Recreation Department

Quincy Hosts 35th Annual Senior Olympic Games

Cont'd From Page 16

Bowling — Men

Gold
Ed Regan
James DeGraaf
Will Smith
Chuck Bohlken
Paul Schofield
Bill Bonzani
Herb Cameron
Al Johnson
Silver
Peter Avitabile
Bronze
Jack Kelly

Darts — Women

Gold
Kay Schuetz
Pam Sawyer
Silver
Marcia Ramsay
Lily Todd
Bronze
Janet Powers
Carolyn Loyta

Billiards — Men

Gold
Richard Ganem
Silver
Robert Stachowski
Bronze
Bill Eaton

Bowling — Women

Gold
Helen LaRose
Rose Cleary
Linda Nolan
Shirley Pearson
Sally McCusker
Nancy Cirillo
Silver
Barbara King
Enid Holmes
Marge Sullivan
Ginny Jankowski
Jackie Gentile
Bronze
Pam Sawyer
Barbara Smith
Terri Schofield
Carol Hallett

Darts — Men

Gold
Ed Petcavage
Silver
Fred Barta
Bronze
Francis Adamczyk

Billiards — Women

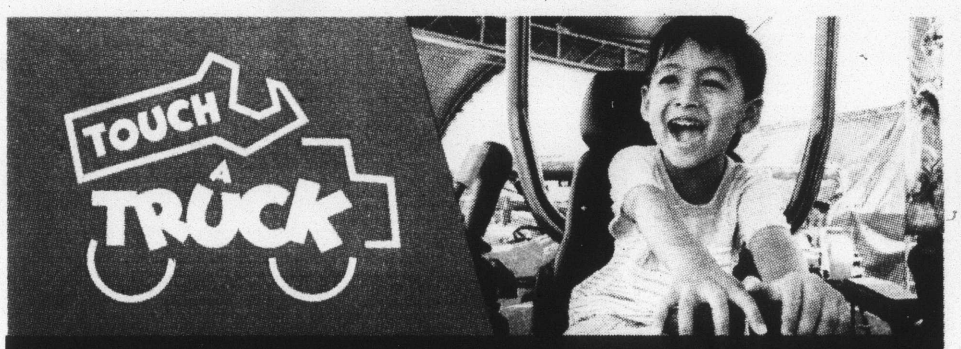
Gold
Virginia Lindsay
Silver
Joanne Bythrow
Bronze
Irene Sou

Bocce — Men

Gold
Will Smith
Josephil Borneo
Romeo Malimban
Aurthur Erikson
Silver
J.C. Borneo
Francis Lacey
George Mallett
Joseph Zaccheo
Bronze
Bruce DiBella
Daniel Bythrow
Paul Schofield
Al Johnson

Cont'd On Page 19

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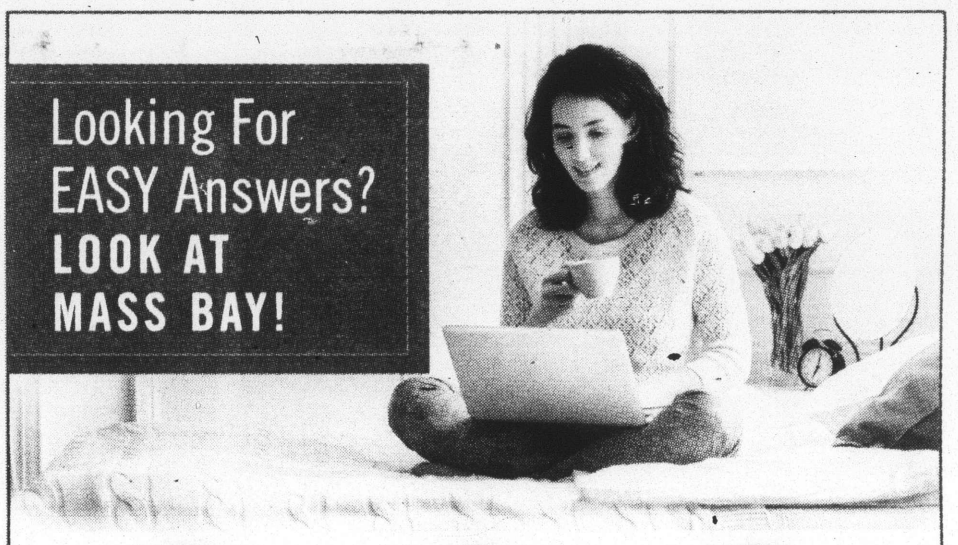
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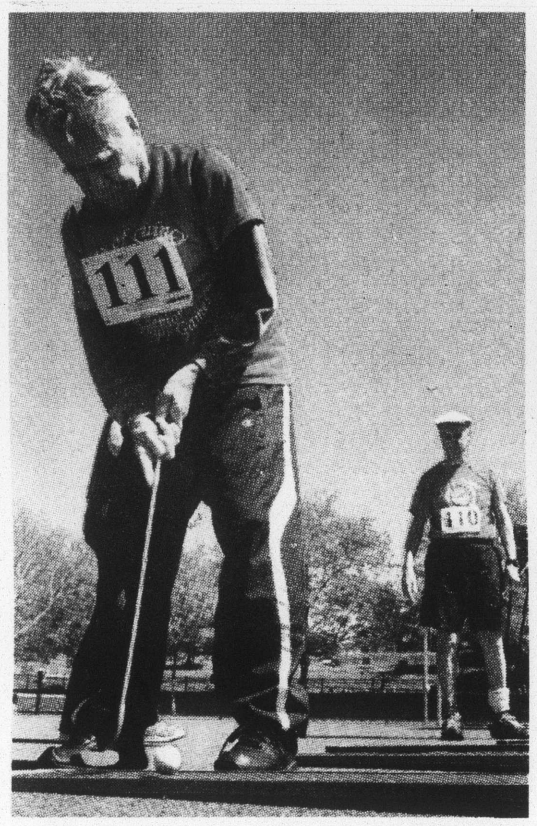
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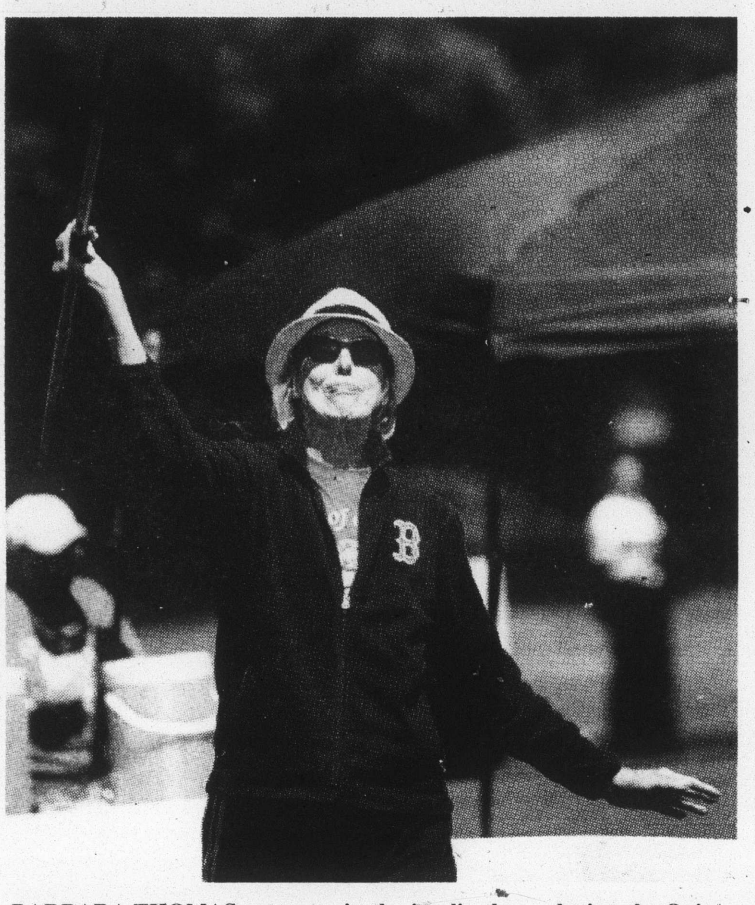
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Seniors Show Gold Medal Form At Their Own Olympics

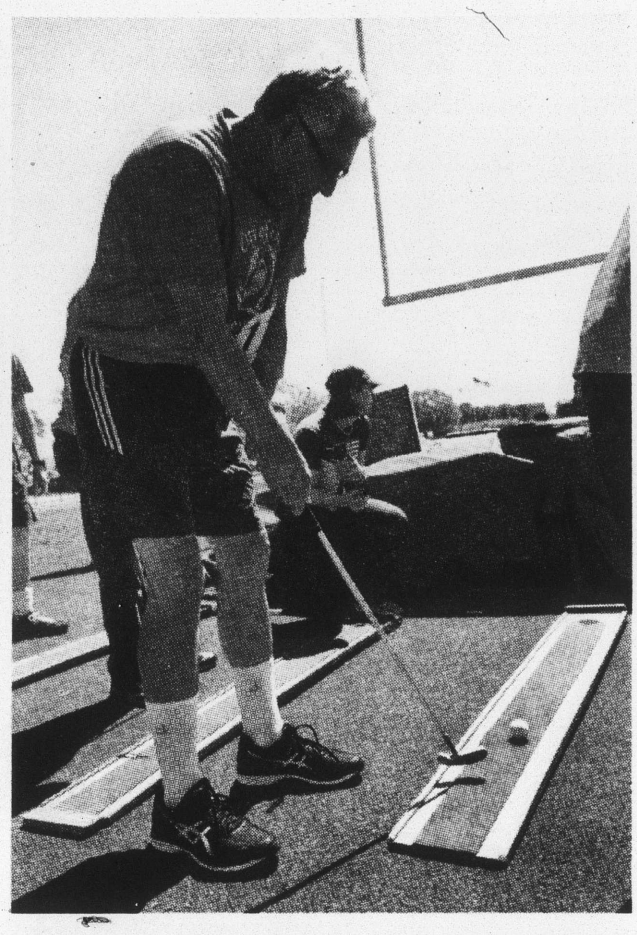


BART SPANIAK lines up his putt during the Quincy Senior Olympics.

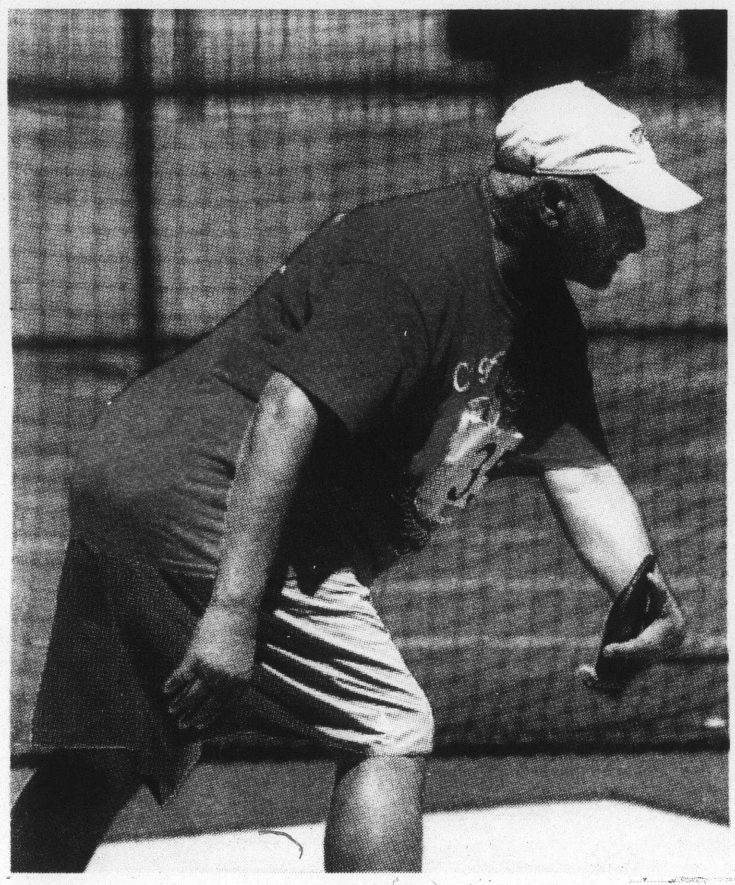
Quincy Sun Photo/Tom Gorman



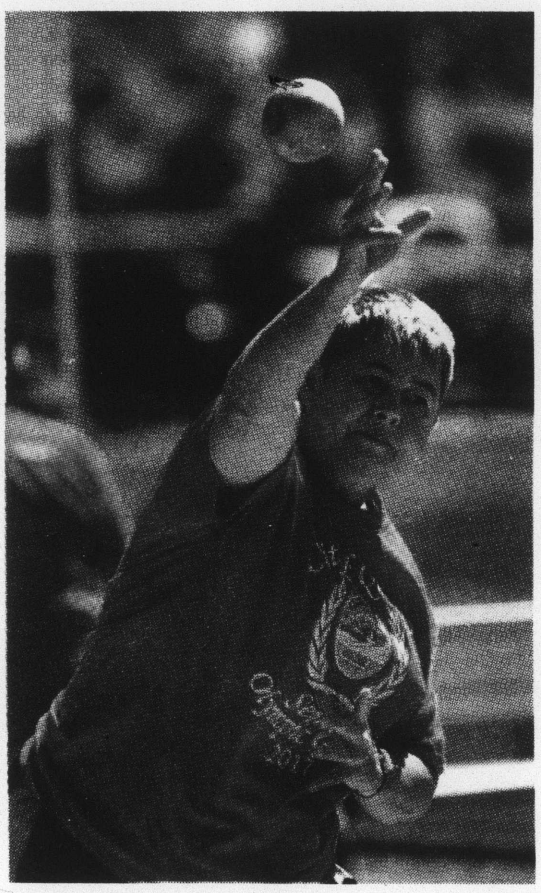
BARBARA THOMAS competes in the javelin throw during the Quincy Senior Olympics.



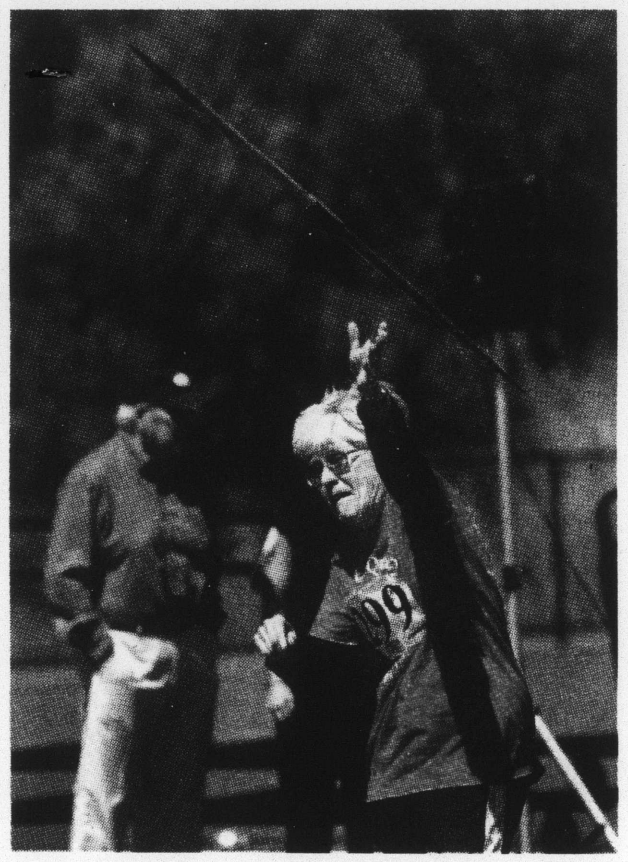
GEORGE MALLOTT watches his putt head for the hole during the Quincy Senior Olympics.



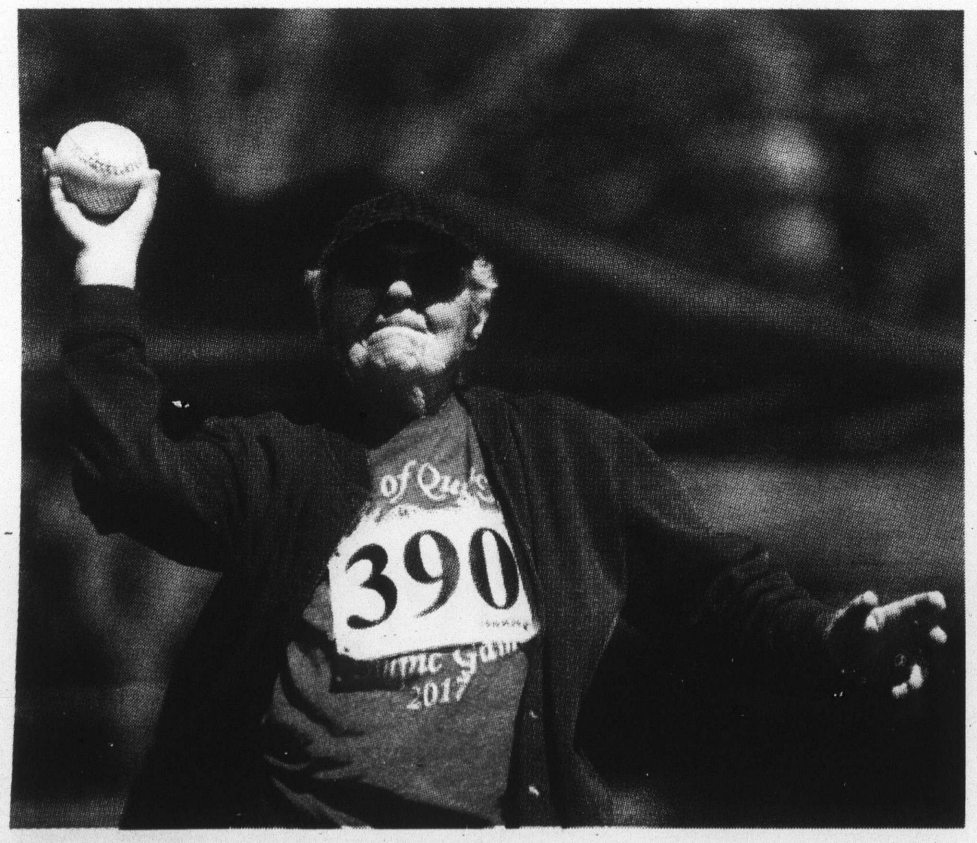
GULISTAN MALIK winds up in the discus competition during the Quincy Senior Olympics.



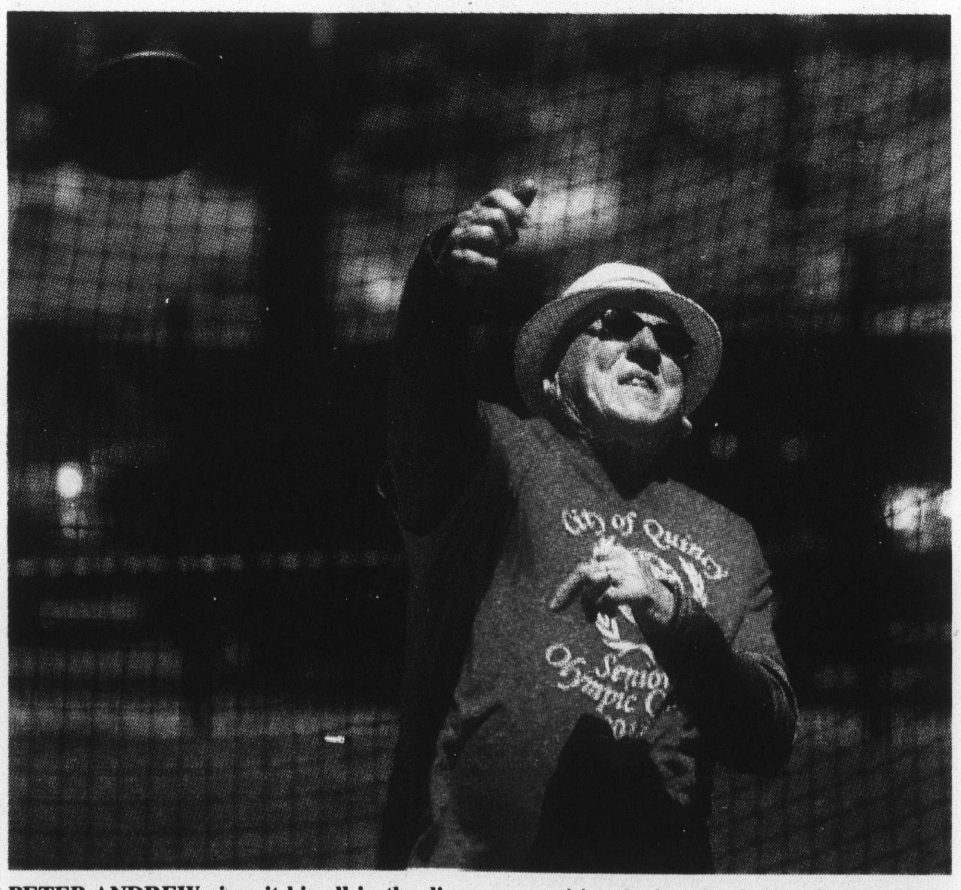
DEBORAH RUDOLF competes in the shot put during the Quincy Senior Olympics.



MEG DOHERTY shows good form in the javelin competition during the Quincy Senior Olympics.



BARBARA GILLILAND competes in the shotball throw during the Quincy Senior Olympics.



PETER ANDREW gives it his all in the discus competition during the Quincy Senior Olympics.

Quincy Hosts 35th Annual Senior Olympic Games

Cont'd From Page 17

Horseshoes — Men

Gold
Bill Bonzani
Chuck Bohlken
Don Duggan
Fred Barta
George Mallett
Gus Diezmann
James DeGraaf
Paul Petrone
Silver
Peter Andrew

Bocce — Women

Gold
Virginia Lindsay
Ginny Jankowski
Barbara Thomas
Barbara Gilliland
Silver
Michele Greeley
Shirley Pearson
Ann Carleton
Joanne Bythrow
Bronze
Irene Sou
Patricia Burgess
Yvonne Tang
Sally Erickson
Meg Doherty

Horseshoes — Women

Gold
Barbara Gilliland
Barbara Thomas
Bobbi Presley
Marge Sullivan
Peg Buchanan
Terri Schofield
Silver
Carol Cunningham
Donna Desmond
Ginny Jankowski
Virginia Lindsay
Bronze
Joanne Bythrow
Karen Young

Basketball — Men

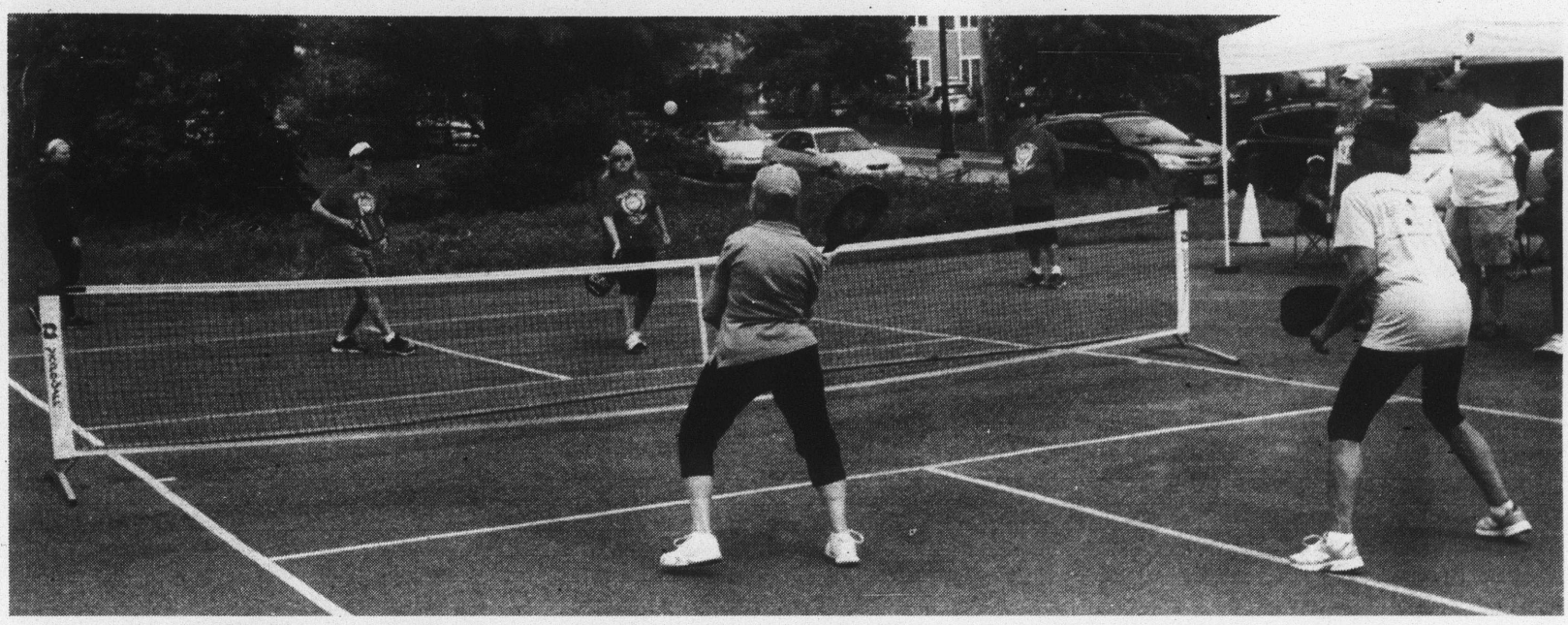
Gold
Bill Bonzani
Don Allison
Don Duggan
Gulistan Malik
Herb Cameron
Jack Kelly
James DeGraaf
Jim Lynch
Silver
Bill Eaton
Bronze
Peter Andrew

Golf Putting — Men

Gold
Chuck Bohlken
George Mallett
Gulistan Malik
Pat Nevins
Richard Ganem
Ted Coburn
Silver
Ed Petcavage
George Cormey
Ken Burgess

Basketball — Women

Gold
Anne Perno
Barbara Gilliland
Barbara Thomas



A PICKLEBALL TOURNAMENT at the Kennedy Center was among the events during this year's Quincy Senior Olympics.



EILEEN BRAUDIS returns a shot during the Quincy Senior Olympics pickleball tournament.



JUDY CARNEY prepares a backhand return during the Quincy Senior Olympics pickleball tournament.

Maryann McMahon
Terri Schofield
Silver
Bobbi Presley
Irene Sou
Roz McCann
Shirley Pearson
Bronze
Donna Desmond
Ginny Jankowski
Yvonne Tang

Golf Putting — Women

Gold
Anne Perno
Barbara Thomas
Deborah Rudolf
Helen LaRose
Moya Baldwin
Silver
Terri Dempsey
Lead Mitiguy
Charline Tinkham
Patricia Burgess
Bronze
Linda Nolan

Swimming — Men

Gold
100 Yard Freestyle
Gulistan Malik
50 Yard Freestyle
Peter Andrew
Tim Tobin
50 Yard Breaststroke
Peter Andrew
50 Yard Backstroke
Peter Andrew
Tim Tobin
100 Yard Backstroke
Gulistan Malik
500 Yard Freestyle
Peter Andrews
Tim Tobin

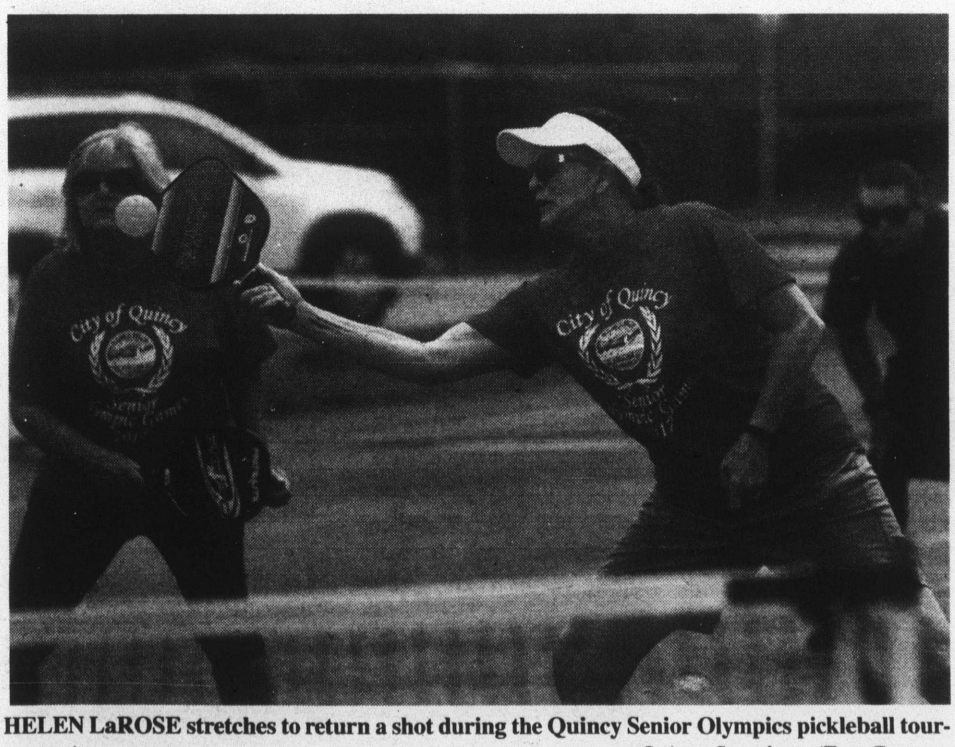
Softball Throw — Men

Gold
Bill Bonzani
Don Allison
George Mallett
Gulistan Malik
James DeGraaf
Peter Andrew
Ted Coburn
Silver
Chuck Bohlken

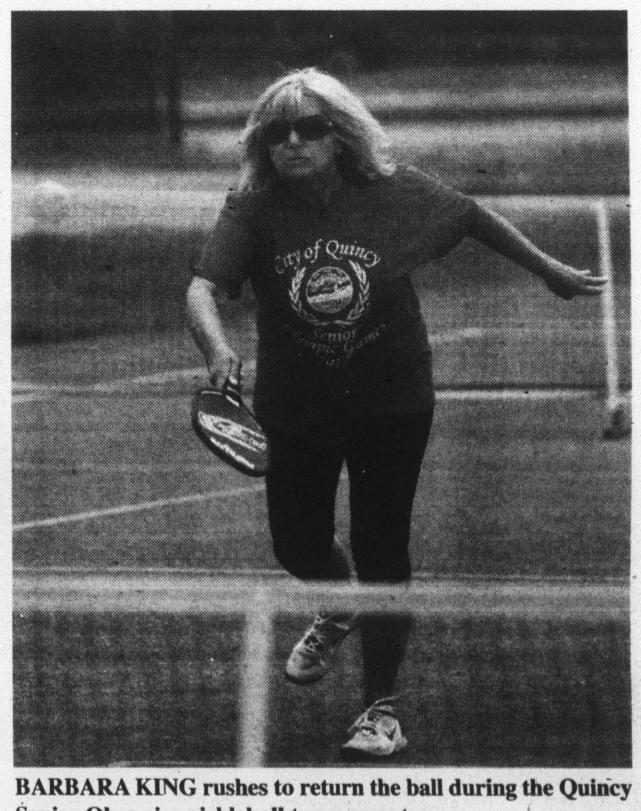
Swimming — Women

Gold
100 Yard Freestyle
Trish Smith
Roberta Allison

Cont'd On Page 20



HELEN LaROSE stretches to return a shot during the Quincy Senior Olympics pickleball tournament. *Quincy Sun photos/Tom Gorman*



BARBARA KING rushes to return the ball during the Quincy Senior Olympics pickleball tournament.

Quincy Hosts 35th Annual Senior Olympic Games

Cont'd From Page 19

50 Yard Freestyle
Anna Richardson
100 Yard Breaststroke
Roberta Allison
Trish Smith
100 Yard Backstroke
Roberta Allison
Trish Smith
500 Yard Freestyle
Roberta Allison
Trish Smith

Softball Throw — Women

Gold
Barbara Gilliland
Barbara Thomas
Deborah Rudolf
Helen LaRose
Linda Nolan
Mary Roever
Maryann McMahon
Silver
Betsey Cibotti
Ginny Jankowski
Irene Sou
Moya Baldwin

Golf Tournament — Men

Gold
Jim Ducey
Tim Tobin
Rob Clark
Ed Petcavage
Al Johnson
Silver
Will Smith

One Mile Walk — Men

Gold
Bobby Nevins
Brendan Cleary
Peter Avitabile
Richard Ganem
George Mallett
Herb Cameron
Bill Bonzani
Silver
Peter Andrew

One Mile Run — Women

Gold
Patricia DelVal
Charlotte Cuneo
Silver
Alice Bonner

Golf Tournament — Women

Gold
Betsey Cibotti
Patricia Tobin
Ginny Jankowski

One Mile Walk — Women

Gold
Rebecca Coburn
Carolyn Loyta
Rose Cleary
Patricia DelVal
Tina Richardi
June Newman
Nancy Cirillo
Barbara Gilliland
Silver
Marilyn O'Malley
Ginny Jankowski
Virginia Lindsay

One Mile Run — Men

Gold
Rod Clark
George Mallett
Herb Cameron

Half Mile Walk — Men

Gold
Don Allison
Brendan Cleary
Ed Petcavage
Dan Saunders
George Mallett
Bill Bonzani
Ted Coburn

Three Mile Walk — Women

Gold
Rose Cleary
June Newman
Barbara Gilliland
Ginny Jankowski
Trish Smith
Betsey Cibotti
Silver
Tina Richardi
Virginia Lindsay

Half Mile Walk — Women

Gold
Rose Cleary
Patricia DelVal
Barbara Gilliland
Virginia Lindsay
Helen LaRose
Leah Mitiguy
Mary Roever
Silver
Ginny Jankowski
Deborah Rudolf

Three Mile Walk — Men

Gold
George Mallett
Ed Petcavage
Brendan Cleary
Herb Cameron

Javelin — Men

Gold
Bill Bonzani
Dan Saunders
George Cormey
Gulistan Malik
Herb Cameron
James DeGraaf
Peter Andrew
Silver
Ed Petcavage

Standing Long Jump — Men

Gold
Bill Bonzani
Dan Saunders
Ed Petcavage
George Mallett
Gulistan Malik
James DeGraaf
Ted Coburn
Silver
Chuck Bohlken

Javelin — Women

Gold
Barbara Gilliland
Deborah Rudolf
Helen LaRose
Linda Nolan
Mary Roever
Maryann McMahon
Leah Mitiguy
Silver
Anne Perno
Ginny Jankowski
Virginia Lindsay
Charline Tinkham
Bronze
Roz McCann

Standing Long Jump — Women

Gold
Anne Perno
Barbara Gilliland
Deborah Rudolf
Ginny Jankowski
Mary Roever
Maryann McMahon
Silver
Terri Dempsey

Discus — Men

Gold
Bill Bonzani
Dan Saunders
Don Allison
George Mallett
Gulistan Malik
James DeGraaf
Peter Andrew
Ted Coburn
Silver
Ed Petcavage

Shotput — Men

Gold
Bill Bonzani
Dan Saunders
Don Allison
George Mallett
Gulistan Malik
James DeGraaf
Peter Andrew
Ted Coburn
Silver
Chuck Bohlken

Discus — Women

Gold
Anne Perno
Barbara Gilliand
Barbara Thomas
Helen LaRose
Irene Sou
Mary Roever
Maryann McMahon
Silver
Deborah Rudolf
Ginny Jankowski
Roz McCann
Terri Schofield

Shotput — Women

Gold
Barbara Gilliland
Helen LaRose
Marge Sullivan
Mary Roever
Maryann McMahon
Leah Mitiguy
Charline Tinkham
Silver
Deborah Rudolf
Ginny Jankowski
Linda Nolan
Terri Dempsey
Bronze
Roz McCann

Pickleball — Men

Gold
Paul Petrone
John Tolson
Silver
Tony Petrone
Edward Cragin
Bronze
John Imbruglia
Peter Avitabile

Pickleball — Women

Gold
Ann Mullen
Sarah Weafer
Silver
Eileen Braudis
Judy Carney
Bronze
Helen LaRose
Barbara King

Michael Mollins Graduates Roger Williams University

Michael Mollins of Quincy recently graduated from Roger Williams University with a bachelor of arts degree in psychology.

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Chiropractor



SPINE CURVATURE THAT COMPROMISES BREATHING

A condition that causes exaggerated forward curvature of the thoracic spine, called "hyperkyphosis," can make it difficult to breathe. This extreme curvature, also known as "dowager's hump," is thought to affect as many as 20% to 40% of older adults. When adult hyperkyphosis is severe, reduced space in the chest and mobility of the rib cage make lung expansion difficult. In some cases, the loss of breathing ability can be compared with smoking 15 cigarettes per day. Treating this condition, preferably early on, begins with adopting good posture and maintaining strength and flexibility in the muscles of the upper back and chest. Regular chiropractic adjustments and education about proper posture can help prevent adolescents from developing "postural kyphosis" ("round back").

FAMILY PRACTICE OF CHIROPRACTIC is a family oriented chiropractic office. We see infants, children, pregnant women, adults and also patients into their 80s and 90s. We are able to help patients with sports injuries, chronic pain, and acute trauma. We often help patients that have tried many other types of treatment, even other chiropractors, to no avail. To schedule an appointment for chiropractic care, please call **617-472-4220**. We are located at **112 McGrath Hwy., Quincy**.

P.S. Because the bone-thinning disease "osteoporosis" is a possible risk factor for hyperkyphosis, those at risk for the disease (post-menopausal women, in particular) should be particularly vigilant regarding abnormal spinal curvature.

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Derek Schmitt Named Head Volleyball Coach At ENC

Eastern Nazarene College Director of Athletics Dr. Brad Zarges announces the hiring of Derek Schmitt as head men's and women's volleyball coach.

Schmitt becomes the ninth women's volleyball coach in program history and just the second men's volleyball head coach. He returns for his second stint as head women's volleyball coach at ENC after leading the Crusaders for three seasons from 2002 to 2004. Schmitt guided Eastern Nazarene to three-consecutive Commonwealth Coast Conference semifinal appearances.

A 1996 graduate of Eastern Nazarene, Schmitt returns to Wollaston after a two-year stint as head men's volleyball coach at NCAA Division I California Baptist University in Riverside, California. He guided the Lancers to 22 wins in two seasons, including eight victories in the highly-talented Mountain Pacific Sports Federation with the likes of UCLA and USC. Schmitt spent the 2015 campaign as an assistant coach with the California Baptist men's volleyball program.

"On behalf of ENC and ENC Athletics, it gives me immense pleasure to introduce Derek Schmitt as the head coach for women's and men's volleyball. The opportunity to add a coach of Derek's experience would be sufficient enough to get excited about, but the connections that he and his family have to ENC and the local community make this hiring all the more fantastic," said Zarges.

"Coach Schmitt's vision for both ENC volleyball programs as part of our striving for comprehensive excellence in athletics is a perfect match. The men and women that will play under his leadership will be challenged to new levels of accomplishment on the court, in the classroom, and in their personal growth."

"First, I would like to thank Director of Athletics Brad Zarges and Vice President for Student Development Jeff Kirksey, for offering me the opportunity to return to my alma mater. I, along with my wife Monique (and daughter Annika), are looking forward to returning to the ENC community, the Wollaston Church of the Nazarene community, and the local Quincy community. Our decision to return is largely based on the quality of people who we have known in these communities for the past 30 years along with those we recently met during the interview process," said Schmitt.

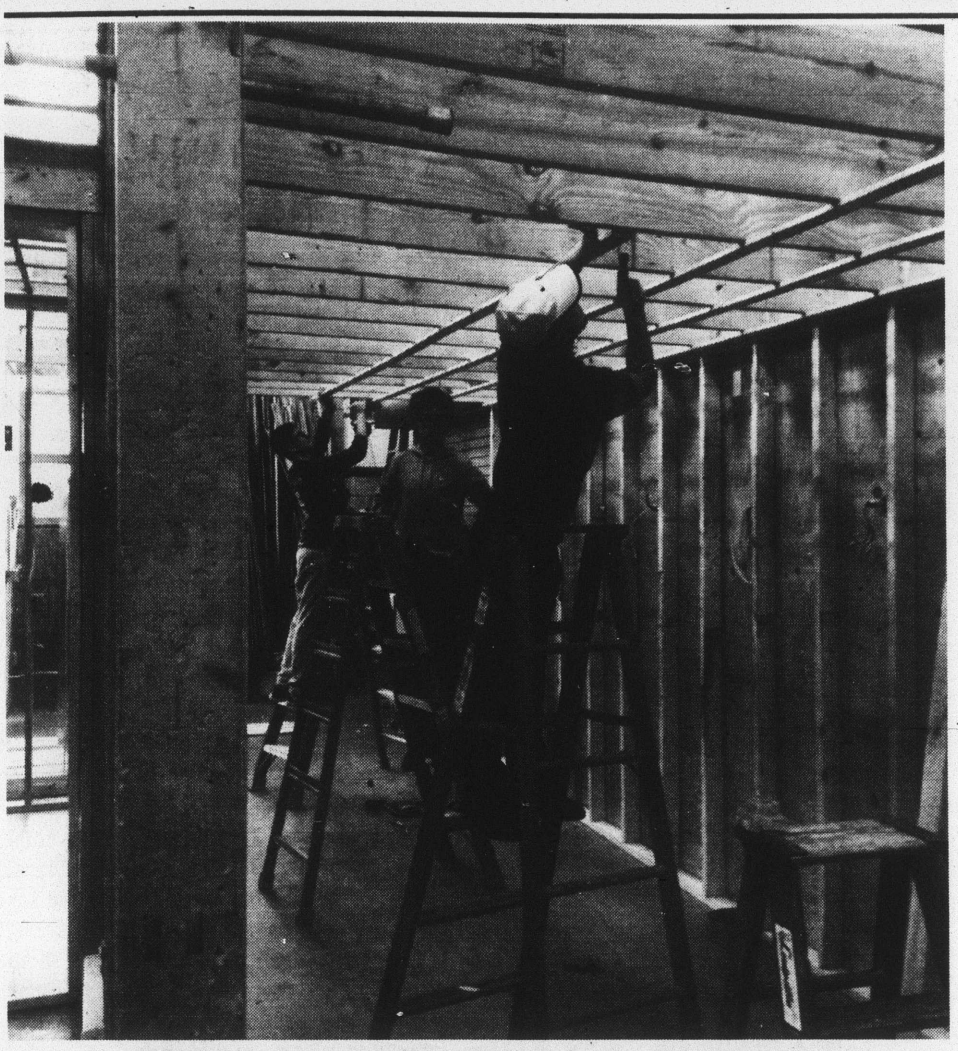
Prior to arriving at California Baptist, Schmitt served as the head men's volleyball coach and assistant women's volleyball coach at Erskine College in Due West, S.C. He started the men's program in 2013 and guided the Flying Fleet to a 13-16 record in their first season. In the program's second year of competition, Schmitt led Erskine to a 21-7 record along with a Conference Carolinas championship and NCAA National Tournament berth.

Schmitt spent two seasons as an assistant women's volleyball coach at Clemson University after five years as head women's volleyball coach at Southern Wesleyan University in Central, South Carolina where he also served as Assistant Director of Athletics and Sports Information Director.

"We are excited to have Coach Schmitt return to his alma mater. He brings years of experience and a commitment to student growth and development to his work as a coach. We are confident he will be a blessing to ENC on and off the court. We are looking forward to his leadership of the men's and women's volleyball programs," commented Jeff Kirksey, Vice President for Student Development.

As a student at Eastern Nazarene, Schmitt competed on the men's volleyball club team and returned to coach the club team for six seasons after graduating in 1995 with a Bachelor of Arts degree in Youth Ministry.

"Having previously been the women's volleyball head coach at ENC from 2002-2004 and having been affiliated with the men's volleyball club from 1990-2000 as a player and coach, ENC volleyball has been a major part of my professional development and I look forward to leading both programs," added Schmitt. "While I will not guarantee how many matches we will win year in and year out, I am confident that the student-athletes in both programs will work hard in the classroom, on the volleyball court, and in the weight room. Additionally, I look for them to be a positive influence in campus life at ENC."



Aldon Electric Donates Building Supplies For QHS Work Stations

Quincy High School's Career & Technical Education Electrical Technology Program now has 12 additional work stations due to the generosity of Aldon Electric.

Al and Don Mullaney of Aldon Electric donated building supplies for the additional work space. The generosity of Al and Don Mullaney not only supports the program but bolsters its success. This year was no exception.

Many CTE students have found their passion for Electrical Technology in our classrooms. The program has produced numerous students who have successful careers as electricians. Al and Don participated in the electrical program and graduated Quincy High School in 1976 and 1977.

Top N.E. Boxers In Action On 'Fight Night At The Bay' Aug. 5

Many of New England's best and most popular professional boxers will be showcased Saturday night, Aug. 5, on the "Fight Night at the Bay," presented by Granite Chin Promotions, at Marina Bay Sportplex in Quincy.

Former N.E. welterweight champion Derek Silveira (12-1, 6 KOs), fighting out of Salem, will headline against an opponent to be determined in the eight-round main event.

In the eight-round co-feature, hometown favorite Chris Traietti (23-4, 19 KOs) and Nick Lavin (4-5, 4 KOs), of Shelton, CT, square off for the vacant New England Cruiserweight Championship. Traietti, fighting at home in Quincy, is also the co-promoter of "Fight Night at the Bay." A former World Boxing Council United States cruiserweight titlist, Traietti is a college graduate who did one tour of duty in Iraq while serving in the U.S. Air Force.

Three-time world title challenger, welterweight Aleksandra Lopes (17-4-2, 1 KO) will be in action versus former world super lightweight champion Lisa Garland (15-7-1, 8 KOs) in an eight-round Special Female Welterweight Attraction. The popular Lopes is a native of Poland who lives in Marshfield, while Garland hails from York, S.C.

"Granite Chin Promotions is turning it up a notch for our Aug. 5th event," co-promoter Chuck Shearns said. "We are keeping promising, well-known young fighters busy. They're fighting in front of their hometown fans, in some good scraps that promises to be an entertaining show. By the time the night is over, I expect we will have had a few surprises. Tickets are priced reasonably for this family-friendly venue on the beautiful South Shore."

Unbeaten Brooklyn middleweight Carlos Gongora (8-0, 7 KOs) faces battle-tested Texan Larry "Slow Motion" Smith (10-33-1, 7 KOs) in a six-round fight.

Also fighting on the undercard in six-rounders is Dorchester welterweight Gabriel Duluc (11-2, 2 KOs) vs. Norwalk, CT's Shaka Moore (12-23-3, 2 KOs), Quincy's undefeated U.S. Marine veteran Brandon Montella (7-0, 6 KOs) vs. Florida light heavyweight "Money" Mike Sawyer (7-8, 5 KOs), and Irish junior middleweight Paddy Irwin (3-0, 2 KOs), who lives in Quincy, vs. Philly's Demetrius Thomas (0-4). Holbrook welterweight Mike O'Han, Jr. (1-0) takes on Dorchester's Daniel Amaro (0-2-1) in a four-round match.

All fights and fighters are subject to change.

Tickets, priced at $60 (ringside), $50 (general admission) and $40 (standing room), are on sale and available to purchase at www.ticketriver.com.

Doors open at 6:45 p.m., first bout 7:30 p.m.

Merrymount Assn. Events

The Merrymount Association announces the following summer events for Association members and their guests.

On Sunday, July 30 at 10 a.m., the Association will host a Summer Jazz Brunch at Merrymount Beach. The brunch is sponsored by Flavin and Flavin Realty.

On Saturday, Aug. 5 at 6:30 p.m., the annual duck race, movie night, and campout will take place.

On Saturday, Aug. 26 at 7:30 p.m. the Association will host a Sunset Cruise on the Boston Belle out of Marina Bay. Visit www.merrymountquincy.com/events for more details.

Lipton Cup Regatta At Squantum Yacht Club

31st Annual Event This Saturday, Sunday

The 31st annual Lipton Cup Regatta will be held Saturday, July 15th and Sunday, July 16th at the Squantum Yacht Club in Quincy.

The festivities will begin with registration on Friday, July 14th from 7 to 9 p.m. in the lower hall of Squantum Yacht Club.

The Lipton Cup Regatta is considered a premiere sail racing event and illustrates all Squantum Yacht Club has to offer. In past years sailors' young and old have traveled from up and down the East Coast and as far away as California to participate in this historical regatta.

The mission of The Lipton Cup is to promote sailing excellence for both the novice and the experienced within a challenging competition. More importantly, the Lipton Cup provides a fun, safe, sail racing forum for the youth of Quincy Bay and beyond. Classes of sailboats expected to race are N10, Optimist, Laser, Club 420, Sunfish, 210, Hustler, Thunderbird.

The Lipton Cup Trophy was originally given to the Massachusetts Bay Yacht Clubs Association in 1930 by tea magnate, Sir Thomas J. Lipton. The Lipton Cup Trophy was first awarded to Herbert Allbright, the victorious skipper of the Indian Class sailboat. After more than fifty five years of inactivity the Lipton Cup Trophy, nearly three feet tall in its silver Victorian splendor, is once again the object of grand sailboat racing competition in the waters of Massachusetts.

Pre-registration forms are available at the Squantum Yacht Club on Wollaston Beach 617-770-4811 or by calling Paul Lewis at 617-999-7289, or on line at:

www.squantumyc.org and follow the link to the Lipton Cup Regatta page.

Quincy Bay Race Week Inside Line Racing July 22-23

The 80th annual Quincy Bay Race Week will be held later this month featuring Inside Line Racing from 9 a.m. to 2 p.m. on Saturday, July 22 and Sunday, July 23 at Squantum Yacht Club.

Families of sailors are invited to watch at the club.

Trophies will be awarded at Squantum Yacht Club Sunday, July 23rd, after the races.

This regatta features South Shore children from Weymouth, Braintree, Quincy, Hingham, Hull, Marshfield, Scituate, Norwell, Hanover and other boating communities on Boston's South and North Shores.

Competitors must meet age eligibility requirements under their respective fleet rules. All competitors must be age 18 or under as of July 29, 2017.

Entries: Club 420's, Laser, Laser Radial, N-10 (Red, White, Blue), Optimists (Red, White, Blue, Green) and Widgeons. The N-10 Red Fleet is considered a beginner fleet and shall not fly a spinnaker sail.

The entry fee is $25 per sailor. Registration forms are available for download at www.qbrwa.org or at race day.

For more information, contact JB Swan at jbswan@rsredco.com.

Eight South Shore yacht clubs make up the Quincy Bay Race Week Association. They are: Braintree Yacht Club, Metropolitan Yacht Club, Quincy Yacht Club, South Shore Yacht Club, Squantum Yacht Club, Town River Yacht Club, Wessagussett Yacht Club, and Wollaston Yacht Club.

Sponsors of this year's Race Week include the Quincy Credit Union and the Liberty Bay Credit Union.

$10 - ADULTS/TEENS
$5 - CHILDREN 6 TO 12 YEARS
FREE - UNDER 5 YEARS
FREE - ALL VETERANS

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PRESEASON
4PM JUNE 17 VS. BOSTON BANDITS @ RANDOLPH HIGH SCHOOL
JUNE 24 VS. SOMERVILLE RAMPAGE

REGULAR SEASON
JULY 8 VS. BAY STATE BUCS
JULY 15 @ MIDDLEBORO COBRAS
JULY 22 VS. SOUTHCOAST OUTLAWS
JULY 29 VS. MASS FURY

BYE WEEK AUGUST 5
AUGUST 12 VS. BOSTON PANTHERS
AUGUST 19 VS. TAUNTON GLADIATORS
AUGUST 26 @ SOUTHCOAST OUTLAWS

BYE WEEK SEPTEMBER 2 & 9
SEPTEMBER 16 @ BAY STATE BUCS
SEPTEMBER 23 @ MASS FURY
SEPTEMBER 30 @ BOSTON PANTHERS

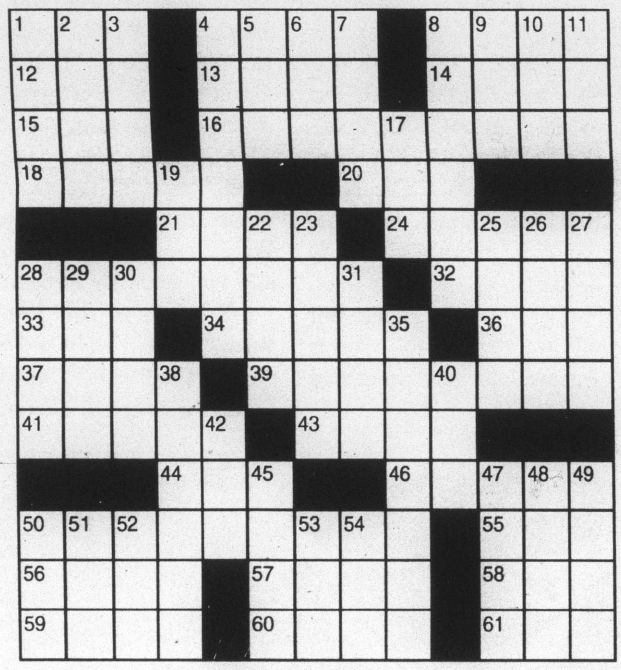
ALL GAMES 7PM KICKOFF EXCEPT WHERE NOTED

SUN FUN PAGE

King Crossword

ACROSS
1 James Bond, e.g.
4 "Nip/—"
8 Pizzazz
12 Afternoon affair
13 Curved molding
14 San —, Italy
15 Grecian vessel
16 Diploma
18 Prejudiced person
20 Meadow
21 On the right track
24 Book of maps
28 "Beauty is only —"
32 Region
33 Wrestling win
34 Llamas' range
36 Set of parts
37 Choir voice
39 Chicago-style, as pizza
41 Rage
43 Unsigned (abbr.)
44 Favorite
46 Shul VIP
50 Exemplar of dullness
55 Say it's OK
56 On the briny
57 Prolonged sleep
58 List-ending abbr.
59 Feds
60 Animated character
61 "Doo" follower

DOWN
1 Half a ticket
2 Actress Gilpin
3 Masculine side
4 Fat-fried tortilla
5 "That's awful!"
6 Third letter
7 Ship's backbone
8 Lesser substitute
9 Albanian money
10 Parisian pal
11 — sequitur
17 Shell game need
19 Possess
22 Tear
23 Jason's wife, in myth
25 Norse trickster god
26 Blackbirds
27 Rogen or Meyers
28 Hot tubs
29 Scot's garment
30 Really enjoying
31 Hammerhead part
35 Accessory for 29-Down
38 Parentless child
40 "CSI" evidence
42 Kitten's comment
45 Diplomacy
47 Suffered from a cut
48 Alpha follower
49 Pruritus
50 Hammarskjold of UN fame
51 Doctrine
52 Get a glimpse of
53 As well
54 Comedian Philips



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Dog's ear is shorter. 2. Pirate hat is missing. 3. Cap is moved. 4. Walkie-talkie is missing. 5. Owl is missing. 6. Shovel is missing.

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Trivia test

by Fifi Rodriguez

1. MONEY: Who was the first U.S. president to appear on a circulating coin?
2. GEOGRAPHY: The Elbe River flows mostly through which European country?
3. GAMES: How much are black poker chips worth?
4. GENERAL KNOWLEDGE: What major U.S. city is in the 305 area code?
5. U.S. PRESIDENTS: Which candidate did Richard Nixon defeat in 1972 to win re-election?
6. AVIATION: How long did the Wright brothers' first flight last on Dec. 17, 1903?
7. U.S. STATES: The bluebonnet is the official flower of which state?
8. HISTORY: When did the French and Indian War end?
9. MOVIES: In which movie does Judy Garland sing, "Have Yourself a Merry Little Christmas"?
10. COMICS: Brigadier Gen. Amos T. Halftrack is a character in which comic strip?

Answers

1. Abraham Lincoln
2. Germany
3. $100
4. Miami
5. George McGovern
6. 12 seconds
7. Texas
8. 1763
9. "Meet Me in St. Louis"
10. "Beetle Bailey"

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Salome's Stars

ARIES (March 21 to April 19) You're wise to let your Arian skepticism question a former adversary's request to let bygones be bygones. Time will tell if they are trying to pull the wool over the Lamb's eyes.

TAURUS (April 20 to May 20) Congratulations. Your hard work soon pays off with some well-deserved recognition. Meanwhile, that important personal relationship needs more attention from you.

GEMINI (May 21 to June 20) That new person in your life seems trustworthy, but don't turn him or her into a confidant just yet. Remember: The secret you don't reveal is the one you won't lose sleep over.

CANCER (June 21 to July 22) Your kindness makes a difference in someone's life. But by week's end, a touch of Cancerian envy could create a problem with a colleague. Take care to keep it under control.

LEO (July 23 to August 22) A new spurt of energy sends you roaring back into that challenging work situation. But be careful not to overdo it, or your sizzle could fizzle before your task is completed.

VIRGO (August 23 to September 22) Your practical sense helps you see the logic of being a bit more flexible with a workplace colleague. But you still have a ways to go before there's a true meeting of the minds.

LIBRA (September 23 to October 22) A surprise situation could cause you to spend more money than you feel you can afford. But careful budget adjustments will help. Your fiscal picture soon brightens.

SCORPIO (October 23 to November 21) That decision you made might still have its detractors, but your supporters are growing. Meanwhile, your personal life takes on some welcome new developments.

SAGITTARIUS (November 22 to December 21) Matters of the mind intrigue the sage Sagittarian through week's end. By then, you should feel more than ready to make room for pursuits of the heart.

CAPRICORN (December 22 to January 19) The canny Capricorn can offer good counsel to others. But how about taking some advice yourself from a close friend or family member who is able and ready to help?

AQUARIUS (January 20 to February 18) A new workplace opportunity offers a variety of challenges that you might find intriguing. Best advice: Take things one step at a time so that you don't feel overwhelmed.

PISCES (February 19 to March 20) A bid to revive a relationship that ended on a bitter note needs to be carefully thought out before you can even begin to consider plunging into a new emotional commitment.

BORN THIS WEEK: You enjoy being with people, and people love being with you. You would probably do very well in politics.

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MAGIC MAZE ● — DUCK

D T Q N J G D A X U R O L J G
D L A X V Y S P N K I F C A X
V C A N V A S B A C K S Q O L
J H G N I T T I S E Y C A X V
T R P N O R R N A L V F J H F
D B Y X I D A E A D O V F T R
P O M K I K R D B G C E E A Y
D B Z X W U E T N B S R I Q D
O N L J I A D P E A U G U O D
F D C A D Y I X R W M R O V U
T S R P O N E M A L L W L K R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Abner, Canvasback, Daffy, Daisy, Dead, Donald, Eider, Lame, Mandarin, Muscovy, Peking, Rubber, Ruddy, Sitting, Wood

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Wishing Well®

6	5	8	5	4	8	2	8	2	7	4	3	8
Y	L	Y	O	L	O	S	U	P	W	I	H	W
3	8	4	3	6	4	3	7	4	7	4	3	8
A	E	F	P	O	E	P	I	I	S	S	Y	L
4	8	6	8	6	4	6	7	8	6	8	5	4
N	C	U	O	A	O	R	H	M	E	E	V	T
7	3	2	5	4	5	4	3	2	3	4	5	2
G	T	E	E	B	D	O	I	C	M	R	O	I
6	7	2	6	7	8	7	8	7	4	2	5	4
N	R	A	O	A	F	N	R	T	I	L	M	N
6	4	2	3	7	5	8	7	5	8	2	6	8
W	G	E	E	E	I	I	D	N	E	V	G	N
6	2	6	5	6	3	2	8	5	8	5	2	5
L	E	A	A	D	S	N	D	T	S	E	T	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals G

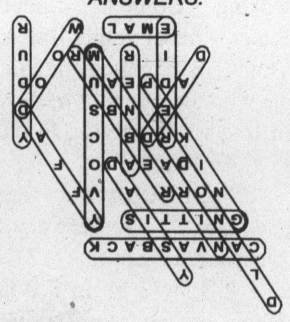
H NHZOJSPJZ OGPPQSC KQI
BHIPJSJZI QSPR PKJQZ
NRZZJIORSTQSC DQSI QI SR
TRGDP BQVQSC KQI SHQVI.

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— King Crossword —
Answers
Solution time: 25 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:
A carpenter putting his fasteners into their correspondingbins is no doubt filing his nails.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Daniel Day Lewis, the only actor to win three best actor Oscars -- for "My Left Foot" (1989), "There Will Be Blood" (2007) and "Lincoln" (2012) -- has decided to quit acting and retire. He is 60. Jack Nicholson won three Oscars, though one was as supporting actor for "Terms of Endearment" (1983).

Lewis has always been a private person and gave no reason for this momentous decision, but the fact he's now living in Ireland could signal he feels his greatest role will be raising his sons. Lewis has three boys: Gabriel was born in 1995 while he was partnered with actress Isabelle Adjani (1989-1995), and Ron and Cashel are from his marriage to the daughter of American playwright Arthur Miller, Rebecca, whom he married in 1996.

If he stays true to his word, his last film will be "Phantom Thread" (about the London couture fashion world of 1950s) with his "There Will Be Blood" director Paul Thomas Anderson at the helm. The film will be released Christmas Day.

***

Meryl Streep, who also has won three Oscars -- though one was for supporting actress in "Kramer vs Kramer" (1979) -- still has to win two more best actress Oscars just to tie Katherine Hepburn's four best actress Oscars. Before we see her in "Mary Poppins Returns" (out Christmas 2018), she'll appear in the historical drama "The Papers," being produced and directed by Steven Spielberg.

It's about a cover-up spanning four presidents that forces Kay Graham, the first female publisher of The Washington Post, to work with its hard-driving editor, Ben Bradlee (being played by Tom Hanks) as a battle ensues between journalists and the government (sound familiar and topical?) causing them to publish "The Pentagon Papers." The cast also includes Bruce Greenwood, Matthew Rys and Bradley Whitford. "The Papers" opens Dec. 22.

***

George Clooney lost money producing "Our Brand is Crisis" (2015), with Sandra Bullock ($28 million cost/$8.6 million gross) but scored with "Money Monster" (2016), with Julia Roberts ($27 million cost/$93 million gross). Now he has really scored, selling his four-year-old tequila company, Casamigos (which means house of friends), along with partners Rande Gerber and Mike Meldman, to the London-based spirits giant Diageo for $1 billion. Diageo is giving them $700 million now and $300 million over the next 10 years.

Clooney has completed producing "Suburbicon," with Matt Damon and Julianne Moore, due Nov. 3, and "Ocean's Eight," with Sandra Bullock, Cate Blanchett, Anne Hathaway and Rihanna, due June 2018. Now that Clooney won't have to act anymore, he can devote himself to spending all that money and watching tequila sunrises!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	÷		+		13
+		+		+	
	−		×		8
×		×		×	
	×		+		11
20		20		15	

1 1 2 3 4 5 6 7 8

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Collecting by Larry Cox

Q: I have three old magazines that are from 1950. I have the April and December issues of McCall's and also a Look magazine. They are in good to fair condition. I would appreciate any comments you have. -- Suzanne, Grosse Ile, Michigan

A: Even though your magazines would be on Social Security if they were people, they really don't have much value. Most post-war McCall's sell in the $5 to $10 range. Your magazines should include a column written by former first lady Eleanor Roosevelt. Look magazine, depending on what is on its cover, is worth perhaps a little more. You mentioned your magazines are not in excellent condition and this also could be a problem, since most collectors like publications that are pristine.

***

Q: I have inherited a bowl that has been identified as being Monart. What exactly is Monart? -- Sue, Arizona

A: John Moncrief, a Scottish glassmaker, was fascinated by the technique of suspending colored enamels within molten glass during the glassmaking process. He opened a business in Perth, Scotland, in about 1924, and he called the glassware he created Monart. Typical prices for Monart are a red mottled vase, $130, and a green/orange/aventurine bowl in clear, yellow and orange mottle, $175. Not many pieces are found in this country.

***

Q: I have some U.S. postage stamps of 1 cent and a series of stamps featuring American presidents. Where can I sell them? -- Josie, Goodyear, Arizona

A: You are near Phoenix, where there are dozens of excellent coin and stamp dealers for you to contact. I suggest you get two or three opinions. One of the better price guides is The Krause-Minkus Standard Catalogue of U.S. Stamps, edited by Fred Baumann and published by Krause Books.

***

Q: I have an unopened bottle of Coors beer with a paper label. My dad told me it was bought in 1950. I've been offered $25 for it. Should I take it? -- Steve, Colorado

A: I found your bottle referenced in the second edition of Warman's Bottles Field Guide by Michael Polak. Polak believes your bottle is worth in the $110 to $150 range.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was 20th-century American author and journalist Emily Kimbrough who made the following sage observation: "Remember, we all stumble, every one of us. That's why it's a comfort to go hand in hand."

* The very first drive-thru fast-food restaurant opened in 1948, in Baldwin Park, California. The idea was obviously a success -- by 1990, In-N-Out burger had 60 locations, all in the Los Angeles metropolitan area. The private, family-owned chain now has 313 locations across six states.

* You probably didn't know that Little Miss Muffet was a real person. It's true -- Dr. Thomas Muffet wrote the nursery rhyme for his daughter, Patience.

* If you're fortunate enough to be planning a trip to the Southeast Asian nation of Cambodia -- home to the 12th-century temple complex and UNESCO World Heritage Site Angkor Wat -- keep an eye out for some local comestibles. If you get hungry, you can try out a local delicacy such as deep-fried tarantula. If you're feeling ill (and particularly daring), try out a medicinal liquor – there's a popular one that is made by putting live spiders into rice wine.

* Those who study such things say that the most widely used word in the world is "okay" -- though the spelling varies widely.

* You might be surprised to learn that 7 percent of American adults -- that's 17.3 million people -- believe that chocolate milk comes from brown cows. The same survey, conducted by the Innovation Center for U.S. Dairy in May of this year, found that 95 percent of Americans have at least one kind of cheese in the fridge.

***

Thought for the Day: "As a general truth, communities prosper and flourish, or droop and decline, in just the degree that they practice or neglect to practice the primary duties of justice and humanity." -- William Henry Seward

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Now here's a tip!

by Jo Ann Derson

* "A great use for an old purse is to hold the basic tools you need around the house, such as a hammer, pliers, a set of screwdrivers, etc. I keep an assortment of fasteners in mine too: Nails, safety pins and screws go easily in a side pocket." -- R.L. via e-mail

* If you need to keep a door from closing, use this rubber-band trick: Loop a thick rubber band (like the ones that bind stalks of broccoli) around the doorknob, twist, then loop it around the opposite door knob. It will keep the latch from catching, and the door can close, but will push right open. This is handy if you have little ones who like to lock the bathroom door or if you're bringing groceries inside and want to close the door between trips without shutting yourself out!

* "When I go shopping in the grocery store, nothing irritates me more than to open a carton of eggs to see if any are broken, and to have the carton not close back up. So, I decided to find my own solution. I now take a rubber band in my purse to wrap around the carton to hold the lid in place until I get home. Once they've been opened, they never shut tight again. Case solved!" -- E.D. in Alaska

* Paper coffee filters are great in the microwave as splatter guards.

* Studies show that the higher the temperature, the lighter the fare. Dieters take note: Turn off the air conditioning about 20 minutes before dinner. You'll take in less food and will be more likely to eat lighter foods.

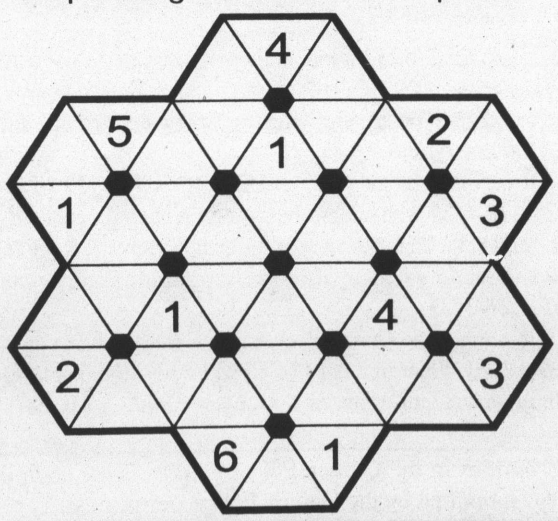
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

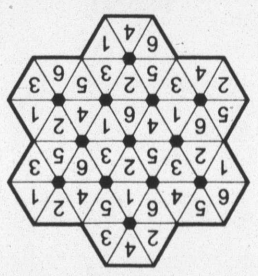
by Terry Stickels

Lily recently conducted a poll in her hometown. She found that 75% of all the residents in her city liked peanut butter cookies. She also found that 15% of the town's residents were under the age of 18. Her brother asked her, "If you were to pick someone at random, what are the chances of that person not liking peanut butter cookies and being older than 18?"

A) 32% **C) 52.5%**
B) 21.25% **D) 8.75%**

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SNOWFLAKES solution



Go Figure! answers

	15		20		20
11	1	+	5	×	2
	×		×		×
8	8	×	3	−	4
	+		+		+
13	7	+	1	÷	6

Stickelers Answer

The answer is **B) 21.25%**.
Multiply 25% (the people who didn't like peanut butter cookies) by 85% (the people older than 18).
.25 x .85 = .2125 or 21.25%

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Thursday, July 6, at approximately 1:18 a.m., Officers Michael Reilly and John McGovern were dispatched to the CVS pharmacy on Beale Street on a report of an unwanted male refusing to leave the store.

Upon arrival, Officer Reilly was approached by the store manager in the parking lot. He appeared nervous and upset, yelling to the officer, "They're fighting! They're fighting!"

Officer Reilly immediately entered the store where he observed two males fighting with

two other males. An older male, just a few feet away, had rips in his shirt, was sweating profusely and appeared upset.

Officer Reilly radioed Officer McGovern that a brawl was in progress. The officer then broke up the fight but peace could not be restored because the two males/suspects remained disorderly by yelling verbal insults at the older male. Officer Reilly escorted the two suspects outside the business where both of them continued to yell and swear. At this point, Officers McGovern and Donovan arrived on scene.

Officer Reilly questioned the two suspects and tried to determine their identity but they refused and attempted to walk away. They were detained as the officers attempted to determine what occurred inside that caused an escalation into a brawl involving five people. Officer Reilly interviewed the store manager who said the two suspects came into the store and were walking around the aisles disrespecting other customers by yelling insults and attempting to instigate fights. He added they knocked off several items on the shelves and then came up to the counter and asked if they sold cigarettes.

When told that CVS no longer sold cigarettes, they turned their focus on an elderly man who was waiting in line. He then stated that he called the police when the two males started pushing the elderly male. Two other males in the store observed what happened to the elderly male and came to his rescue.



LT. DAN MINTON

The focus of the assault was now on the two males who intervened on behalf of the elderly male. Officer Reilly then interviewed the elderly male who said he was waiting in line minding his own business when the two males began arguing with the CVS staff about cigarettes. He said the two males began verbally harassing him, which quickly escalated to pushing and punches. As he attempted to defend himself, the other two males in the store came to his rescue by initially stepping between them which quickly erupted into a fight.

Officer Reilly then interviewed the two males who defended the elderly male. They said they were in one of the aisles when they heard a commotion by the registers at the front of the store. As they neared the commotion, the two suspects began calling them racial slurs. They said they initially avoided contact with the two suspects however as they approached the checkout counter, they observed the two suspects assaulting the elderly male. The two males were able to ward off the two suspects until the police arrived.

After gathering all the necessary information, Officer Reilly returned outside where the two suspects were still being uncooperative and argumentative with the other officers. Neither suspect had provided their personal information to the officers.

Based on the available information, the two suspects were placed under arrest for assault and battery on an elderly person, assault and battery, and disorderly conduct. At the station, it was determined that one suspect was a 21-year-old male from Quincy and the second one a 20-year-old male from South Boston.

Nice Work!

❑

NEW SCAM: Some people are receiving telephone calls claiming to be from well known non profit organizations, such as "Make-a-Wish Foundation", stating that they have won a huge sweepstakes. To get the money, the callers say, the "winner" must first pay thousands of dollars to cover taxes or insurance on the prize. The call may even come from a 202 (Washington, DC) area code to appear credible. This is just another scam to rob thousands of dollars from people. Once you wire the money, it goes directly to the scammer.

Here are a few facts and tips to protect yourself and others:

*If someone asks you to wire money or provide your bank account information over the telephone, it's a scam.

*Anytime you have to pay to get a prize, it's a scam.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
June 30 – July 7
Calls: 1,178
Arrests: 29
Stolen Vehicles: 2

FRIDAY, JUNE 30

LARCENY, 9:09 a.m., Harrington Ave. Package.

LARCENY, 12:12 p.m., Captain Fishbones, 332 Victory Rd. Pillow taken.

BREAKING AND ENTERING, 2:27 p.m., Norfolk St. House is vacant. Owner came to find it looks like people were staying in house. Neighbor says previous tenant was looking for mail. No one inside.

MOTOR VEHICLE LARCENY, 5:38 p.m., Seawinds Condos, 90 Quincy Shore Dr. Caller cannot find motorcycle in garage.

VANDALISM/PROPERTY, 8:50 p.m., St. Mary School, 121 Crescent St. Three youths, white males, walking towards Copeland. Caller is unsure which window they broke, he just heard glass smash. Boys playing stickball, denied they broke the window. Officer spoke to their mother. Mother will reach out to janitor to remedy.

SATURDAY, JULY 1

ATTEMPTED ARMED ROBBERY, 2:01 a.m., Fort St. & School St. White car in front of church on School Street. Approach caller one black male with two guns. 5'10" black male, bald, in zip-up hoodie.

LARCENY, 2:45 p.m., Dorchester St. Currency missing from house.

VANDALISM/PROPERTY, 7:33 p.m., Parkman St. Caller states ongoing problem with neighbor vandalizing her mailbox; has it on video. Phone died. No video. Advised.

SUNDAY, JULY 2

LARCENY, 1:34 a.m., Revel, 79 Parkingway. Stolen pocketbook. Suspect on scene; no description. Most of items recovered, except pocketbook.

VANDALISM/PROPERTY, 10:24 a.m., Granite St. Graffiti.

VANDALISM/PROPERTY, 10:25 a.m., Burgin Pkwy. Ext. & Quincy St. Graffiti.

MONDAY, JULY 3

LARCENY, 1:26 p.m., Pleasant St. Pocketbook taken at AA meeting.

LARCENY, 4:17 p.m., Sea St. Umbrella. Caller called back and said son took the umbrella.

TUESDAY, JULY 4

VANDALISM/PROPERTY, 11:59 a.m., Willard St. Emptied a box of outdoor belongings in parking space.

VANDALISM/PROPERTY, 12:46 p.m., Sea St. Caller states someone has again taken air out of tires of his Ford van. No suspect info.

LARCENY, 5:21 p.m., Southern Arty. Caller reports his ex-girlfriend, who lives at the above, has his phone and keys and will not return them. She states she doesn't have it and caller was advised.

BREAKING AND ENTERING, 8:03 p.m., 39 Pond St. Caller found front door damage and states money is missing.

ATTEMPTED BREAKING AND ENTERING, 11:23 p.m., Blackwell St. Someone tried to pry the door open.

WEDNESDAY, JULY 5

LARCENY, 8:27 a.m., Rock Island Rd. LL Bean kayak and paddles found down Nut Island at abandoned beach. Owner has reported stolen items.

LARCENY, 12:40 p.m., Clay St. Caller's husband had dropped wallet near building office. Party found it and returned it, but $258 was gone from wallet.

MOTOR VEHICLE LARCENY, 12:41 p.m., Adams St.

LARCENY, 6:41 p.m., 1552 Hancock St. Shop has video of a female stealing a pocketbook and cellphone. Suspect arrested on last half probable cause.

LARCENY, 8:33 p.m., Planet Fitness, 50 Adams St. Keys stolen from locker. Caller was gone on arrival.

LARCENY, 8:38 p.m., YMCA, 79 Coddington St. Car keys and cellphone in bag. Seems that bag is lost and not stolen.

LARCENY, 9:31 p.m., Planet Fitness, 50 Adams St. See caller at home. Wallet and laptop taken from locker.

THURSDAY, JULY 6

ASSAULT AND BATTERY, 1:18 a.m., CVS, 42 Beale St. Employee states a customer came in to buy cigarettes. He was told they don't sell them and is now refusing to leave. Unwanted party now fighting with employees. Two in custody transported to station. #1 arrested for two counts A&B and disorderly, #2 for A&B on an elder. #1 additionally charged with PD Boston MTC default.

LARCENY, 6:43 p.m., KFC/Taco Bell, 707 Hancock St. Pocketbook.

LARCENY, 7:16 p.m., Marshall School, 200 Moody St. Caller said his brother's phone was stolen by another ice cream truck driver. Ice cream truck turf war. One truck gone on arrival. Caller got his phone back. Advised about ice cream trucks on school property.

LARCENY, 8:05 p.m., Walgreens, 330 Hancock St. Friend had caller's Xanax prescription transferred and filled and took the pills.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 400 block Adams Street, 90 Quincy Shore Drive.

❑

CAR BREAKS: 79 Coddington Street, Overlook Road, Blackwell Street, 91 Washington Street.

❑

BREAKS AND ATTEMPTED BREAKS: Norfolk Street, 39 Pond Street.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Brow: 4, male, Boxer mix

AVAILABLE CATS

Mollie: 2, female, gray tabby
Baker: 10, male, black
DZ: 12, female, tabby
Spotley: 1, male, white & black
Indigo: 13, male, gray tabby
Billee: 2, female, black & white
Fargo: 16, female, tortie

RELIGION

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter Preble will conduct the service and preach the sermon, "The Seeds We Sow." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational Church

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Church Member Gayle Mackay will lead the service and preach a sermon entitled "The Complexity of Change."

Liturgist Sue Rheault will call to worship and read the scripture lesson. While the choir is on summer hiatus church members will participate in a Hymn Sing. The congregation will choose two verses of three hymns to sing.

Steve Reed, minister of music will play the organ.

Jaime Gordon and Glenn Brown will serve for the Diaconate.

A fellowship coffee hour hosted by Nancy Jacobs will follow the service.

Quincy Point Congregational Church

Bible Dating Tips From Father Abraham (and other sage advice from 4,000 years ago), will be the title of Rev. Stan Duncan's sermon Sunday at 10 a.m. worship service in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

The church is handicap accessible via the Abbey Road entrance to the building.

Summer 'Sunday school is available. Bring students to the children's room on the basement level adjacent to the kitchen before worship if children want to attend.

After worship, there will be fellowship and light refreshments in the Social Hall.

Non-perishable food items are due back this week (the third weekend of every month) to be delivered to Interfaith Social services.

Restore Christian Church Hosts Summer Block Parties

Restore Christian Church hosted two summer block parties in June.

Hundreds of people were in attendance on June 22nd at Brill Field in Houghs Neck and on June 29th at Flynn playground in Quincy Point where they enjoyed lawn games, live music, inflatables and free food.

The block parties each featured live music from local musician Matt Putnam. Attendees were able to listen to music and enjoy free hot dogs and hamburgers.

Kids of all ages learned how to play 9-Square and Ga-Ga-Ball. Jack Mueth (9 years old) said, "Ga-Ga-Ball is the best game ever!" The parties also included Giant Jenga and Connect Four games, Corn Hole and inflatables.

Laura Clark, who is on staff with Restore, said, "Restore really enjoys the opportunity to connect with our community. It's a big part of who we are as a church. We're looking forward to hosting three more parties in July and August and we hope everyone will come out and celebrate the summer with us."

Other parties scheduled:

• Thursday, July 13, Safford Park, Wollaston Hill, 166 Beale St.

• Thursday, July 20, Beechwood Knoll, Wollaston, 225 Fenno St.

• Thursday, Aug. 3, Perkins Playground, Merrymount, 25 Narragansett Rd.

The public is welcome.





Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Church member Gayle Mackay will lead the service & preach the sermon "The Complexity of Change"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "The Seeds We Sow"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Patricia A. Duggan Greene, 61



PATRICIA A. DUGGAN GREENE

Funeral services for Patricia A. "Pattie" Duggan Greene, age 61, of Hanson, formerly of Rockland and Quincy, were held July 8 in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Duggan Greene died peacefully July 4 at home, surrounded by her loving family, after a courageous battle against cancer.

She was born, raised, and educated in Quincy. Mrs. Duggan Greene was a graduate of North Quincy High School, Class of 1973. She had lived in Hanson for seventeen years, previously in Rockland.

Mrs. Duggan Greene was employed as an executive assistant in Financial and Business Affairs for the Boston University Medical Center for thirty years. She had been retired for four years. Mrs. Duggan Greene loved to travel, especially with her husband and sisters. She also enjoyed reading, gardening, and raising chickens.

Beloved wife for nineteen years of Craig S. Greene. Devoted daughter of Sadie (Cunningham) Duggan of Quincy and the late Paul E. Duggan. Loving sister of Kathleen M. Cox and her husband Richard of Hanson, Margery J. Duggan of Weymouth, Paul R. Duggan and his wife Harriett of Easton, and Sally A. Falconer and her husband William of Carver. Also survived by several nieces and nephews.

Interment Fern Hill Cemetery, Hanson.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Hilda A. Kickham, 103

A funeral Mass for Hilda A. (Schnabel) Kickham, 103, of Sandwich and formerly Quincy, was celebrated July 7 in St. Ann's Church, Quincy.

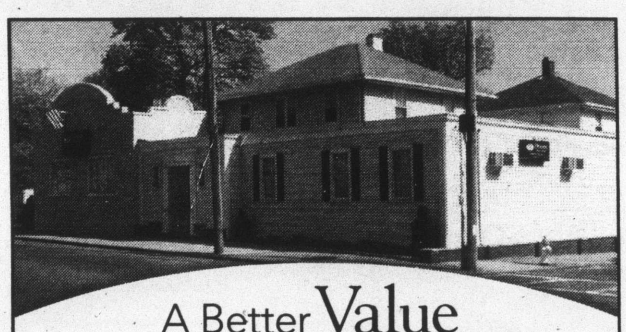
Mrs. Kickham died June 30.

The beloved wife of the late Ralph E. Kickham. Loving mother of Ellen L. Green and her husband Dennis of East Sandwich and the late David E. Kickham and Linda M. Ezersky. Sister of the late Mary Johnson and Harold Schnabel. She is also survived by 9 grandchildren and 5 great grandchildren.

Interment at St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Perkins School for the Blind, 175 North Beacon St., Watertown, MA 02472.



A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

At Deware Funeral Home, we put the needs of our customer first. We also offer a Simple Burial Plan for $3,395.

With Deware Funeral Home, you can trust us to provide the compassionate care you expect at an exceptional value, backed by a 100% service guarantee.

Exclusive provider of Dignity Memorial® benefits.

Deware Funeral Home

576 Hancock Street | Quincy, MA 02170 | 617-472-1137

Dignity Memorial

For more information visit
www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

Georgiana M. DeSantis, 90



GEORGIANA M. DESANTIS

A funeral Mass for Georgiana M. (DiGiusto) DeSantis, age 90, of Braintree and formerly of Quincy, was celebrated July 7 in St. John the Baptist Church, Quincy.

Mrs. DeSantis died accidentally July 3 at Massachusetts General Hospital, surrounded by her loving family.

She was born in Pittsburgh, Pa., to the late Thomas and Erminia (Pace) DiGiusto. She was raised in Quincy and was a graduate of Quincy High School, Class of 1946. Mrs. DeSantis had lived in Braintree for thirty-nine years and previously in Quincy. She had been employed as an administrative assistant for the Federal Government in Boston for forty-two years.

Mrs. DeSantis was a longtime parishioner at St, John the Baptist Church in Quincy and was a member of the St. John's Church Senior group. She was also a member of the Braintree Council on Aging. She enjoyed gardening and loved cooking and baking and especially making pies. She also enjoyed music and as a young woman was a talented violinist.

Mrs. DeSantis was dedicated to her family and was proud of her cherished grandchildren, supporting all their activities and accomplishments.

Beloved wife for sixty-six years of the late William A. DeSantis. Devoted mother of Carol A. Nuss and her husband Jay of Braintree, Lisa M. Tarashuk and her husband Richard of Braintree. Loving grandmother of Angela M. Nuss of Braintree, Michael A. Nuss of Boston, Richard W. Tarashuk of Boston and William A. Tarashuk of Long Island, NY.

Entombment Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701-1803 or to the American Heart Association, 300 5th Ave., Suite 6, Waltham, MA 02451-8750.

Alice M. Chelluk, 91

Entombment services for Alice M. (Bradley) Chelluk, age 91, of Braintree, were held July 6 in Blue Hill Cemetery, Braintree.

Mrs. Chelluk died peacefully July 2 at her home, surrounded by her loving family.

She was born and raised in Quincy. Mrs. Chelluk graduated from the former St. John's Elementary School in Quincy and Mount St. Joseph's Academy, Class of 1943. She then graduated from the former School of Nursing at Quincy City Hospital in 1946. She had lived in Braintree and Quincy for most of her life, but also lived in North Carolina for several years.

Mrs. Chelluk worked as a registered nurse in various nursing homes including Braintree Manor. She retired in 1978. She was a member of the First Congregational Church in Braintree.

Beloved wife of the late John Chelluk. Devoted mother of Janice A. Bauver of Northampton, Helen M. Heath of California and A. Joseph Chelluk of Braintree. Loving grandmother of Adam, Kyle, Nick, Anna, Robert and Shelly. Loving great-grandmother of several great-grandchildren. Dear sister of the late Daniel A. Bradley and the late Paul L. Bradley. She was survived by many nieces and nephews and her friend and caregiver, Sydney Noyes of Braintree.

Arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA 02452.



Honor Your Loved One's Memory With Flowers

cliffords.com

1.800.441.8884

Jean D. Sherriff, 96



JEAN D. SHERRIFF

A funeral service for Jean D. (McKim) Sherriff, age 96, of Weymouth and formerly of Quincy, was held July 7 in the Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. Sherriff died July 2 surrounded by her loving family after a long illness.

Born in Port Glasgow, Scotland, to the late Thomas and Agnes (Taggert) McKim. She immigrated to America at the age of 4 and worked as a hostess for many years. Mrs. Sherriff was a longtime member of the Quincy Point Congregational Church in Quincy were she belonged to the Daughters of Scotia.

Devoted wife of 50 years to the late Stewart Sherriff. Loving mother of Thomas Sherriff of North Weymouth and his former wife Lorraine of Dorchester, Glen Sherriff and his wife Debra of Quincy and the late Gail Law. Sister of Alexander McKim of Quincy. Cherished grandmother of Laura Sherriff, Christopher Sherriff and the late Glen Sherriff, she is also survived by 3 great-grandchildren.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Quincy Point Congregational Church, 444 Washington St., Quincy, MA 02169.

Angelina M. Cenci, 95

A funeral Mass for Angelina M. Cenci, age 95, a lifelong resident of Quincy, was celebrated July 6 in St. John the Baptist Church, Quincy,

Ms. Cenci died July 2 at Quincy Health and Rehabilitation Center.

Born in Quincy on April 4, 1922, she was the daughter of the late Biagio and Loreta (Quintiliani) Cenci. Ms. Cenci was a graduate of Quincy High School; prior to her high school education she was a standout basketball player at her middle school being named captain of her team.

She was employed for many years at the Hartford Insurance Company as an insurance salesperson. Ms. Cenci enjoyed traveling all over the world to different countries. Accompanying her on her travels was her late sister Licia Cenci; the both of them would enjoy their travels in and out of counties and would share their stories of travels with family and friends.

Besides her late sister Licia Cenci, she was also the sister to the late Virgilio Cenci and Dante Cenci. She is survived by several nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Marie A. Horton, 70

A funeral service for Marie A. (Harrison) Horton, age 70, of Quincy was held July 8 in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mrs. Horton died June 29.

Born in Boston, she lived in Quincy since 1980 and worked in retail.

The daughter of the late Frederick G. and Emma Rose Harrison, Mrs. Horton was the beloved wife of Ralph W. Horton and is also survived by many nieces, nephews, grand nieces and grand nephews.

Interment at Blue Hill Cemetery, Braintree.

Norman A. Schlegel, 86

A funeral service for Norman A. Schlegel, 86, of Quincy was held July 7 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Schlegel died July 4.

Husband of the late Elaine (Acorn) Schlegel. Father of Everett K. Schlegel and his wife Arlene Fedele of Salem, NH. Brother of Barbara A. Keyes of Brockton and Henry Schlegel of NH. Grandfather of Katherine A. Schlegel of FL.

A proud United States Navy Korean War veteran. Mr. Schlegel worked for North Quincy High School for more than 33 years. He was an avid Red Sox and N.E. Patriots fan. He loved to read the daily newspaper to keep up with current events. Mr. Schlegel will be sadly missed by all those who knew him.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

Rev. Kevin P. Duggan, 63

A Mass of Christian Burial for the Rev. Kevin Paul Duggan, age 63, of Toms River, N.J., formerly of Quincy, will be celebrated at 10:30 a.m. Thursday in Sacred Heart Church, Quincy.

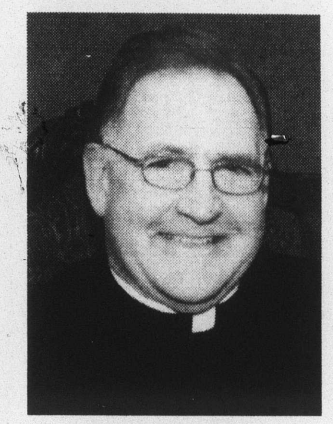
Fr. Duggan died suddenly July 6 at home.

Born in Dorchester, he had lived in New Jersey since 1985. He was ordained a Roman Catholic priest in St. Francis of Assisi Cathedral, Metuchen, N.J., on May 30, 1987, by the Most Rev. Edward T. Hughes.

Fr. Duggan attended Quincy Public Schools and graduated from Archbishop Williams High School in Braintree in 1972, where he was chosen by his peers as "Mr. AWHS." After graduation from high school he attended St. John's College of Liberal Arts, receiving a Bachelor's Degree in philosophy and history in 1976. He then worked within the successful Massachusetts gubernatorial campaign of Edward J. King and worked in state government before returning to St. John's Seminary, ultimately obtaining a Masters of Divinity Degree.

After ordination Fr. Duggan served in New Jersey as associate pastor at St. Thomas the Apostle Church, Old Bridge, pastor of Corpus Christi Church, South River, weekend assistant at St. Mary's Church, South Amboy and pastor of St. James the Less Church, Jamesburg. He recently obtained a Master's Degree in counseling from The College of New Jersey, Ewing and passed the National Certification Exam.

Son of the late Dennis M., Sr. and Margaret E. Garvin Duggan he is survived by his brother and sister-in-law Dennis M., Jr. and Mary Duggan of Milton; his sisters



REV. KEVIN P. DUGGAN

and brothers-in-law Maura Ann and Jonathan Howe of Norwell and Sheila Mary and Robert Fisher of Lady Lake, Fla.; his nieces and nephews Jonathan M. Duggan, Jennifer Duggan Korn, Emily Duggan Harrison, Elizabeth Duggan; Patrick and Austin Howe; Robert and Kevin Fisher; his great-nieces and nephews Bradan, Cael, and Dermot Duggan, Allison, Matthew, and Meredith Korn, and Peter Harrison; and his friend and colleague of over 30 years the Rev. Dennis Weezorak of St. Mary's Church, South Amboy, N.J.

Visiting hours were 4 to 8 p.m. Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9:30 a.m. Thursday, prior to the Mass.

Interment at St. Joseph's Cemetery, West Roxbury.

A Mass of Commemoration was celebrated Tuesday in St. James the Less Church, Jamesburg, N.J. New Jersey arrangements were under the direction of The Gundrum Service "Home For Funerals," South Amboy, N.J.

Memorial donations may be made to Archbishop Williams High School, c/o 40 Independence Ave., Braintree, MA 02184.

Paul J. Curtin, 79

A funeral Mass for Paul J. Curtin, Quincy Police Department, Retired, age 79, a lifelong Quincy resident, was celebrated Monday in St. Joseph's Church, Quincy.

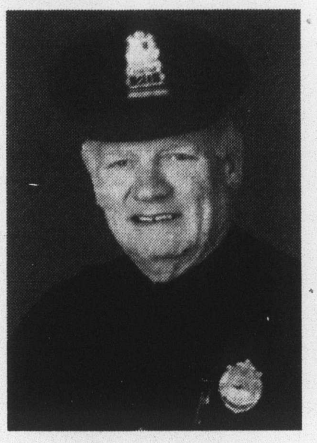
Mr. Curtin died peacefully July 4 at the Hancock Park Rehabilitation and Nursing Center.

He was born in Quincy to the late John J. and Helen Z. (Buckley) Curtin. He was a graduate of Quincy High School, Class of 1957.

Mr. Curtin was appointed to the Quincy Police Department on July 22, 1968, and retired on Feb. 26, 2000, after thirty-two years of service. He had served as an airman 3/c in the U.S. Navy during the early 1960s.

Mr. Curtin was an antique enthusiast and collector and an avid sports fan. He was a member of the Torre Dei Passeri Social Club in Quincy and the Adams Heights Men's Club of Quincy.

One of six siblings, he was the devoted brother of John J. "Jack" Curtin, Jr. of Quincy and pre-deceased



PAUL J. CURTIN

by Mary Z. LaMontagne, Mildred "Billee" Curtin, Edward T. Curtin and Richard J. Curtin. Also survived by many nieces, nephews, grandnieces, grandnephews and cousins.

Interment with Military Honors at St. Mary's Cemetery, Randolph.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Roberta L. Gore, 80

A funeral Mass for Roberta Louise (Lane) Gore, age 80, of Quincy, formerly of Mattapan, was celebrated June 27 in Saint Agatha's Church, Milton.

Mrs. Gore died June 20 after a brief illness, surrounded by her loving family.

She was born in Brooklyn, New York to the late John G. and Mary Louise (MacNeil) Lane. She later became the step-daughter of the late Edward Schell.

She was raised and educated in Brooklyn, New York and Mattapan schools and was a graduate of the Jeremiah E. Burke High School for Girls. She had lived in Quincy for 55 years, previously in Mattapan.

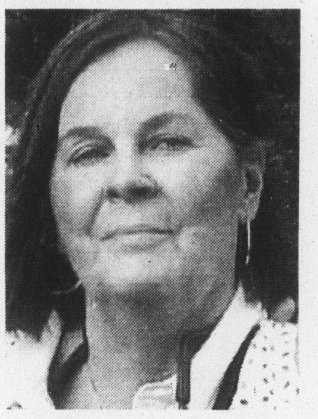
Mrs. Gore was employed as a communications operator for the Quincy Police Department for many years.

She was devotedly religious and loved to celebrate her faith through church services and bible study. Roberta valued her friendships, many of which spanned decades.

The greatest love of Roberta's life was her family. She was dedicated to her children and grandchildren and was fiercely loyal to those she loved. She also loved her dog, Bailey.

Wife of the late Edward S. Gore.

Devoted mother of David L. Gore and his partner Isa-



ROBERTA L. GORE

bel of Quincy, Ellen L. Gore Patrolia and her husband Kevin of Norwell, Christine A. Gore and her partner Larry of Quincy, Matthew Gore of Quincy, Edward G. Gore and his partner Vikki of Quincy and the late Andrew L. Gore.

Loving grandmother of Jeffrey Gore and Jacqueline Gore both of Quincy, Racheal Patrolia and Lisa Patrolia both of Norwell.

Sister of the late Edward Lane and also survived by many nieces and nephews.

Interment was in Saint Joseph Cemetery, West Roxbury.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Quincy Animal Shelter, 56 Broad St., Quincy, MA 02169.

Beatrice Azar, 87

A funeral Mass for Beatrice "Pearl" (Stevenson) Azar, 87, a longtime Quincy resident originally from Dorchester, was celebrated Wednesday in St. Ann's Church, Quincy.

Mrs. Azar died July 7.

The beloved wife of the late Archie Azar of Dorchester. Devoted mother for 72 years to her children, Frederick Azar and his wife Dottie of Norton, Janet Pino and her husband John of Naples, FL, Stephen Azar and his wife Josephine Early of Quincy, Robert Azar and his wife Terri-Lyn of Wrentham, Stella Hooley and her husband John of Carver, Carol Webber and her husband Stephen of Westford, Thomas Azar and his wife Julie of Whitman, William Azar and his wife Laura of Norton, Mark Azar and his wife Josephine of Quincy, Marianne Goodnight and her husband Dr. James Goodnight, MD of Wyckoff, NJ and Laura Azar of Quincy.

Sister of the late Martha Brown and Mary Landry. Stepsister of Theodore Stevenson of Quincy and Judith French of Rockland and the late Robert and Donald Stevenson and Dianne Moore. Cherished grandmother of 17 grandchildren and 13 great grandchildren and many nieces and nephews.

Interment at Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Old Colony Hospice, 321 Manley St., W. Bridgewater, MA 02379-1022 or to Dwyer Home at Fairing Way, 25 Stonehaven Dr., South Weymouth, MA 02190

Paul P. Clancy, 77

A Mass of Christian Burial for Paul P. Clancy, 77, a resident of Quincy for 25 years, formerly of South Boston, was celebrated July 7 in Gate of Heaven Church, Boston.

Mr. Clancy died July 2.

Beloved husband of Marion Clancy for 59 years. Loving father of Joanne Clancy and Kathaleen Brown and the late Paul P. "Humpy" Clancy. Dear brother of John D. Clancy (twin), Thomas J. Clancy, Donald A. Clancy and the late Joane Bunzell, Edward R. Clancy and William H. Clancy. Also lovingly survived by 10 grandchildren, 11 great-grandchildren, cousins, nieces and nephews.

Mr. Clancy was a U.S. Army veteran, 4th Army Welterweight Boxing Champion, successful business owner of 5 Clancy Brothers Pest Control, a member of the Chippewa Club and a member of the Elks Club since 1983.

Interment at Cedar Grove Cemetery, Boston.

Funeral arrangements were made by Casper Funeral Home, Boston.

Memorial donations may be made to the Little Sisters of the Poor, 186 Highland Ave., Somerville, MA 02143.

Mary J. Gougian, 84

A graveside celebration of life for Mary J. (Parrow) Gougian, 84, of Squantum was held Monday at Pine Hill Cemetery, Quincy.

Mrs. Gougian died peacefully July 5.

Born and raised in Cambridge, she became a nurse at the Holy Ghost Hospital before marrying the late John A. Gougian and becoming the mother of Greg Gougian and his wife Susan of Pepperell, Gary Gougian, Retired U.S. Navy, Greta Ferriera of Taunton, Gloria Rizzo and her husband John of Squantum. Both a grandmother and great-grandmother, she was especially close with her grandsons John and Paul Rizzo who whom she lived.

Mrs. Gougian retired as being director of elder services at Beechwood on the Bay. She was always an



MARY J. GOUGIAN

active member of her community; she constantly volunteered and was an active church member at the Star of the Sea.

Funeral arrangements were made by the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

In lieu of flowers, Mrs. Gougian has expressed that she wishes you to take a friend to lunch and enjoy the friendship you have.

Shirley M. Gargano, 84

Shirley M. (Skinner) Gargano, age 84, a lifelong resident of Quincy, died June 30 at the Marina Bay Nursing Home in Quincy after a period of failing health.

She was the beloved wife of 55 years to the late John Gargano.

Born in Quincy on Jan. 2, 1933, she was the daughter of the late Warren and Elizabeth (Robertson) Skinner. Mrs. Gargano was a graduate of Quincy High School. She enjoyed crocheting and other arts and crafts and playing bingo. Her most enjoyment was time spent with her family.

Mrs. Gargano is survived by her children, Debra Colley of Weymouth, Diane Stewart and her husband Kevin of Brockton, Darlene Gargano of Quincy and John Gargano and his wife Christina of NH; six grandchildren, Rachel, Justin, Derek, Sage, Sophia and Jonathan; two sisters, Betty Pellegrini of Quincy and Joan Milani of Hanover. Also survived by several nieces and nephews. She was also predeceased by six siblings.

Her funeral and burial were held privately as requested by her family.

Arrangements were made by the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Kathleen E. Gillard, 86

Funeral services for Kathleen E. (Wood) Gillard, 86, of Quincy were held July 8 in Deware Funeral Home, 576 Hancock St., Quincy.

Mrs. Gillard died peacefully July 4 at the Colonial Nursing Home in Weymouth.

Daughter of the late Edwin and Sadie Wood. Proceeded in death by her husband Henry Gillard and her daughter Donna Marie Gillard. She is survived by her five children, Susan Dyson and her husband Paul of Stoughton, Sandra Gaudiano and her husband Daniel of Hanson, Steven Gillard and his wife Deborah of Sebec, Maine, Mark Gillard and his wife Jewel of Pembroke and Julie Ventosi and her husband Thomas of Quincy. Also survived by nine grandchildren and 14 great grandchildren.

Mrs. Gillard was an avid Boston Bruins and Boston Red Sox fan, and enthusiastic Elvis fan. In her free time she enjoyed crocheting and reading. She also donated to numerous charities including the Cam Neely Foundation and St. Jude's.

Interment at St. Joseph Cemetery, West Roxbury.

Memorial donations may be made to the Cam Neely Foundation or to St. Jude's.

OBITUARIES

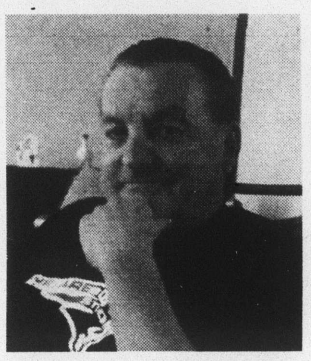
Stephen E. Parsons, 65

A funeral Mass for Stephen Edward Parsons, 65, of Quincy was celebrated Tuesday in St. Joseph's Church, Quincy.

Mr. Parsons died after a brief illness on July 7 surrounded by his loving family.

Beloved husband for 42 years of Lee-Anne Rooney Parsons; father of Amy Parsons of Brooklyn, and Laurie Parsons Bailey and Michael Bailey of East Bridgewater; and grandfather of Ella Grace Bailey. Brother of Elaine Faraday of Bridgewater and the late Douglas F. Parsons, Jr. Son of the late Douglas F. Parsons and Ann M. Largey Parsons. He was like a second father to Allen Parsons of Bourne, Michael Parsons of Haymarket, VA, and Mary Parsons of Las Vegas, as well as many other nieces, nephews, close family members and friends.

Mr. Parsons was the proud owner and operator of Anchor Marina in Quincy (1988-2004) and recently



STEPHEN E. PARSONS

was an assembler for Advantage Sales and Marketing at Home Depot in Rockland. He graduated from North Quincy High School, Class of 1972.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Crystal Lake in Harrison, ME, via The Lakes Environmental Association of Western Maine, Mainelakes.org, or at 230 Main St., Bridgton, ME, 04009.

To honor Mr. Parsons' legacy, raise a Coors Light to him tonight (no glass!), hug your loved ones tight, and live for today.

Timothy F. Donovan

A Mass of Christian Burial for Timothy Francis Donovan of Quincy was celebrated Monday in St. Mary's Church, Quincy.

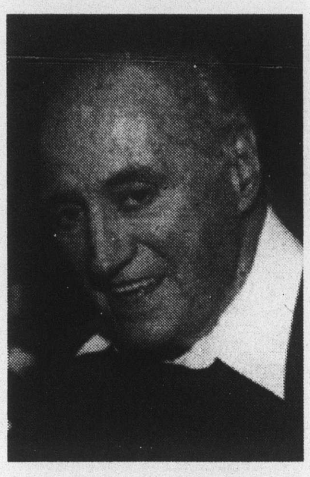
Mr. Donovan died peacefully at his home on July 6.

He grew up in East Boston. He was a graduate of Boston College High School, Class of 1951. Mr. Donovan graduated Northeastern University after many years of evening classes while balancing family responsibility. He served four years as a sergeant in the U.S. Army, being honorably discharged in 1962.

Mr. Donovan's dedicated working career consisted of nearly 40 years with the New England Telephone Company. He started in the lower ranks as a lineman and achieved several promotions, retiring as a second line regional manager, staff director.

Mr. Donovan served as grand knight to the West Quincy Knights of Columbus, Ave Maria Council in the 1970s. He was an avid storyteller. He enjoyed dog racing, travel and basking in the sun doing puzzles. Being with family was his top priority.

Son of the late Susan K. and Timothy F. Donovan of East Boston, he was also predeceased by his older brother James H. Donovan of Melrose. Survived by



TIMOTHY F. DONOVAN

his loving wife of nearly 60 years Patricia A. (Kirrane) and their five children, Timothy F. of Surfside Beach, SC, James and his wife Janine of Hanover, Mary Beth and her husband Daniel McNeil of Plymouth, Michael and Jane of Dedham and Kathleen Shanley of Quincy. Also survived by 15 grandchildren and 1 great-grandchild, many nieces, nephews, extended family and friends.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Dolan Funeral Home, East Milton Square.

Memorial donations may be made in the name of his wife, Patricia A. Donovan, to the Alzheimer's Foundation of America, 322 8th Ave., Fl. 7, New York, NY 10001.

Martha E. Dano, 61

A funeral for Martha Elizabeth "Marti" Dano, 61, of Whitman and formerly of Quincy was held Wednesday in Covenant Church, Quincy.

Ms. Dano died peacefully at her home on the afternoon of July 7 surrounded by the love, comfort and care of her family following a short illness.

Born in Ann Arbor, Mich., she was a daughter of the late Alexander & Gitta (Dobl) Dano. She graduated Quincy High School in 1974 and received a certificate in graphic arts from the Quincy Vocational Technical School.

Ms. Dano worked for 15 years as an assembler with the former Grass Instruments Co. in Braintree, but it was in her later work that she fully utilized her caring ways when she became a home health aide and companion. She had worked privately and for various agencies before accepting a position with the former William B. Rice Eventide Home in Quincy. In addition, she provided care for her late mother and her disabled sister, Luisa.

A longtime member of Covenant Church of Quincy,



MARTHA E. DANO

Ms. Dano was active in the choir for more than 30 years. She was a talented baker and also enjoyed arts and crafts projects, but her favorite times were those spent with her loving family.

Beloved sister of Luisa M. Dano of Whitman, Maria A. Dano-Graves and her husband Gary of Littleton, Robert H. Dano of Whitman, Gustav G. Dano and his wife Beth of Abington and the late Frankie Dano. Cherished aunt of Alex, Kristiana, Kristen, Sarah and Katherine. Also survived by her church family and good friends.

Private interment.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Shirley M. Sutherland, 82

A funeral Mass for Shirley M. (Wood) Sutherland, age 82, of Quincy, formerly of South Boston, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Sutherland died peacefully July 7 at the Hancock Park Rehabilitation and Nursing Center, surrounded by her loving family.

She was born in Boston, raised in South Boston and was a graduate of South Boston High School. She had lived in Quincy for forty-three years.

Mrs. Sutherland had been employed for the Stop and Shop Company in the Quincy corporate office for many years. As a young woman, she had attended hairdressing school.

She enjoyed arts and crafts and was talented at crocheting. Mrs. Sutherland was dedicated to her family and was especially proud of her grandchildren and great-grandchildren. She actively supported their many activities and accomplishments.

Beloved wife of the late Robert A. Sutherland. Devoted mother of Diana M. Halley and her husband Robert of Malden and Ronald D. Critcher of Quincy. Loving grandmother of Eric Halley, Stephanie Funderburg and her husband Keon and Jennifer Critcher. Cherished great-grandmother of Hudson, Ava and Ariana. Stepmother of Robert A. Sutherland, Jr., John Sutherland and Judith Sweeney all of Framingham.

Dear sister of Gerald Wood of Shrewsbury, Carol Allen of Florida, Marilyn McLaughlin of Quincy, Lorraine McDevitt of Weymouth, Kenneth Wood of Quincy and Janis Casey of Braintree. Also survived by many nieces and nephews.

Interment at Knollwood Memorial Park in Canton.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701-1803.

Virginia M. Kamb

A funeral Mass for Virginia M. (Trider) Kamb of Quincy will be celebrated at 11 a.m. Thursday in Most Blessed Sacrament Church, Quincy.

Mrs. Kamb died July 8.

Beloved wife of Robert W. Kamb. Loving mother of Robert W. Jr., Joseph, Stephen and Mary Kamb.

Visiting hours were 4 to 8 p.m. Wednesday in Dolan Funeral Home, East Milton Square.

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. NO16P0599EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Diane C Castrini
Date of Death:
February 20, 2016

A Petition for **Order of Complete Settlement** has been filed by: **Richard G Regan** of **Epping, NH** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on the return day of 07/26/2017**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: June 22, 2017
PATRICK W. McDERMOTT
Register of Probate

7/13/17

LEGAL NOTICE

CITATION ON PETITION FOR ALLOWANCE OF ACCOUNT
Docket No. NO91P2299T1
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the matter of:
Thomas M. Bryant
Date of Death:
August 31, 1991

To all interested persons:

A Petition has been filed by: **Bank of America NA, trustee** requesting allowance of the 9th-13th (being the 22nd-26th) account(s) as Personal Representative and any other relief as requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 07/26/2017**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: June 20, 2017
PATRICK W. McDERMOTT
Register of Probate

7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-74

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Arista Development for a Special Permit/Flood Plain/Variance to construct a 100 unit residential development in violation of Title 17 as amended Chapter 8.1.9 (Special permit flood plain), Chapter 4.0 (dimensional requirements), and Chapter 3.0 (use regulations) on the premises numbered 1 (-13) NEWPORT AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-75

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Fred & Melanie Palascak for a Variance/ Finding to construct a second level, front farmers porch and rear deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 71 SHORE AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

Child Injured In Fall From Fourth Floor Window

By SCOTT JACKSON

Quincy police are alerting parents about steps they can take to stop children from falling from windows after a 2-year-old girl was taken to a local hospital Saturday after falling out of a fourth floor apartment.

Sgt. Karyn Barkas said the girl's parents called 9-1-1 around 8:15 p.m. Saturday to report the girl had fallen from the fourth floor window at 995 Southern Artery about two hours earlier. The girl appeared fine at first, Barkas said, but began vomiting when she woke up, prompting her parents to call emergency services.

Barkas on Monday afternoon said the girl was in stable condition at Boston Medical Center.

This was second time a child has fallen out of a window in as many weeks in Quincy.

A 4-year old boy fell from a seventh floor window at Captain's Cove Condominiums, 200 Coveway, on July 1. The boy was leaning on a window screen when it popped out of the window; the boy held onto the screen and struck a tree before landing on the ground. Police at the time said the boy, who was taken to Quincy Medical Center, was expected to be OK.

Police said residents should consider purchasing window stops or window guards. Window stops cost $5 to $10 at local hardware stores, and window guards about $40. Massachusetts' building codes mandate that window guards have a quick-release that can be operated by an adult or older child in an emergency. Unopened doors and windows should be locked and windows should be opened from the top down, if possible, or window stops used to limit the opening to four inches at the bottom.

Additionally, police said parents should keep furniture that children can crawl and play on – such as beds, sofas and dressers – away from windows. Children should also be encouraged to play in the center of the room and toys should be stored away from windows.

Porch and balcony railings should be spaced no more than four inches apart to prevent children from slipping through or trapping body parts. Railings and windows should also be checked regularly to ensure they are not loose.

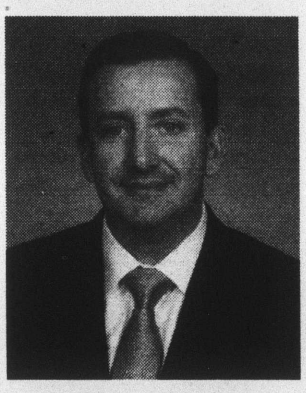
Police said families should also establish fire escape routes at home and regularly hold family drills. Adults and older children should also practice disabling window stops or removing window guards in the event of emergency.

Above all else, police said, no tool or equipment is 100 percent foolproof and children should be supervised.

Stephen DiCenso Named A Top Loan Originator

BNY Mellon Wealth Management vice president of Residential Jumbo Mortgage Lending for the Northeast Region Stephen DiCenso was recognized in Banker & Tradesman's fourth annual Top Loan Originators list. DiCenso ranked third in the Statewide Top Loan Originators by Volume, Banks category and fifth in the Eastern Massachusetts Top Loan Originators by Volume, Banks category.

DiCenso, a Quincy native, has more than 18 years of experience in the mortgage lending and wealth management fields. He is responsible for all residential mortgage marketing and production in the northeast markets and helps identify investment management opportunities and relationships for BNY Mellon Wealth Management.



STEPHEN DiCENSO

The Warren Group, publisher of Banker & Tradesman, compiled this list of the top loan originators from April 1, 2016 through March 31, 2017. The originators are ranked by number of loans and loan volume statewide, by region and by the institution with which they are most closely affiliated (credit unions, banks and mortgage companies). All loan totals in these rankings are for loans closed between April 1, 2016 and March 31, 2017; totals include both purchase and non-purchase loans for residential properties.

To see the full list of loan originators, please visit: http://www.bankerandtradesman.com/special-sections/loan-originator.

Police Seek Convenience Store Robbers

By SCOTT JACKSON

Quincy police are looking for a pair of teenagers who robbed a Wollaston convenience store at gunpoint.

Police were called to West Elm Variety on West Elm Avenue shortly before 3 p.m. on July 7. Police said two black males in their late teens had just robbed the store and fled. The suspects forced the store's clerk and a customer to the ground at gunpoint.

The suspects made off with an undetermined amount of cash, police said.

Sgt. Karyn Barkas said the robbery remained under investigation as of Monday afternoon. Anyone with information that may assist the investigation is asked to contact Quincy police at 617-479-1212. Tips may also be submitted using the MyPD smartphone app.

Free Group Hypnosis Seminar

Local Consulting Hypnotist, Kathryn McGlynn will present a free educational seminar entitled "The Spa of Your Inner Mind" today (Thursday) from 6:30 to 8 p.m. at The Tam Center for Healing, 15 Cottage Ave., fifth floor, Quincy. This is a group hypnosis session.

McGlynn, who is also a motivational coach, has a private hypnosis practice in Quincy and additionally teaches numerous adult-ed hypnosis seminars in various schools, colleges, hospitals and healing centers throughout New England.

For further info. about this event and to pre-register, call 781-340-2146 or visit: http://www.hypnosis.ws.

Donations are accepted, with all proceeds going to the OCI Healing Research Foundation.

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS (RFP)
CONSULTANT REVIEW SERVICES
CITY OF QUINCY
QUINCY, MASSACHUSETTS

NOTICE

In accordance with M.G.L. Chapter 44, Section 53G, and Chapter 30B, The City of Quincy acting on behalf of the Planning Board, is soliciting proposals for furnishing non-exclusive on-call consultant review services for Subdivisions, Site Plans and Special Permits. Proposals will be received at the office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, July 27, 2017 at 11:00 a.m.**

Proposals may be submitted for one or more of each type of plan review. One contract may be awarded for the whole service, or more than one contract may be awarded if it is deemed to be in the best interest of the City of Quincy

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

The City of Quincy Planning Department shall determine the selected proposer(s). The City of Quincy Planning Department reserves the right to withdraw the Request for Proposal; to reject any and all proposals; and to accept any proposal deemed to be in the best interest of the City of Quincy.

7/13/17

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8	Government Access Channel 9
Thursday, July 13 6:00pm: Can Sue Can...Apple Sauce 7:00pm: Merrymount 4th of July Parade	Thursday, July 13 7:00pm: AM Quincy: License Board Update 8:30pm: At Your Library: July Happenings
Friday, July 14 11:30am: LIVE: Currently in Quincy 6:00pm: Sound Advice	Friday, July 14 5:30pm: Quincy in Focus 6:30pm: FYI: QHD Powassan Virus 7:30pm: In the Know: Meals on Wheels
Saturday, July 15 12:00pm: Merrymount 4th of July Parade 12:30pm: AM Quincy: Lipton Cup Regatta	Saturday/Sunday, July 15/16 9:30am: Fire Prevention & You: Grill Safety 2:30pm: Legislative Update: Deb Goldberg 4:00pm: AM Quincy: License Board Update 7:00pm: CDGB Week 2017 8:00pm: A Look Back: QFD 1980's
Sunday, July 16 11:30am: Terra Santa News 10:00pm: The Constitution: Then & Now	
Monday, July 17 11:30am: LIVE: Currently in Quincy 8:00pm: AM Quincy: License Board Update	Monday, July 17 6:00pm: Your Police Department: Social Media 7:00pm: Quincy Senior Olympic Highlights
Tuesday, July 18 7:00pm: AM Quincy: Fr. Bill's/Discover Quincy 8:00pm: Faces of South Asia	Tuesday, July 18 6:00pm: Health Links: Child Safety 8:00pm: At the Library: Fumito Nunoya
Wednesday, July 19 6:00am: LIVE: AM Quincy with Joe Catalano 10:00pm: The Constitution: Then & Now	Wednesday, July 19 6:00pm: In the Know: Substance Use Prevention 6:30pm: FYI: QHD Tanning

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-70

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of 5 J's Convenience Store Inc for a Finding to change the use from a hair salon to a convenience store in violation of Title 17 as amended Chapter 3.4.2 (nonconforming use) on the premises numbered 618-622 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-71

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Doug Menz et al for a Variance/Finding to subdivide the lot into 2 lots and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 45 BABCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-72

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of The Marion Group, LLC for a Variance to demolish the existing single family and construct 9 townhouse style residential units in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 5.1.4 (parking setback) and Chapter 4.2.8 (fence height) on the premises numbered 27 MILL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-73

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, July 25, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Likyu Chow for a Finding to change the use from a nail salon to a vegetarian cafe in violation of Title 17 as amended Chapter 3.4.3 (alteration to nonconforming) on the premises numbered 749 SOUTHERN ARTERY, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/6/17, 7/13/17

CLASSIFIEDS

SERVICES

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- Spring & Fall Cleanups
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Free Estimates
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Real Estate Attorney Services for Buyers and Sellers
Call Pamela Linskey at
Linskey Law
617-471-6161
730 Hancock Street, Quincy 7/13

FOR SALE

FOR SALE -
Individual Fine Bone China Cups and Saucers
$15.00 ea.
781-883-1854 7/13

WHOLESALE perfect for gift shop or boutique. Good quality costume jewelry handmade by 2 local designer crafters with decades of experience
Dolly 617-479-1956
Grey 617-471-7771 7/20

HALLS FOR RENT

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings • Showers • Christenings • Meetings
After Funeral Gatherings TF

YARD SALE

HUGE YARD SALE!
Sat. 7/15 & Sun. 7/16
9am-3pm
2 Winthrop Lane - Hough's Neck
Use 14 Winthrop St. in GPS 7/13

SERVICES

GOODRICH
GUTTER CLEANING REPAIRS
Roof Leaks Fixed
HANDYMAN SERVICES
OPEN 7 DAYS!
PEST CONTROL
Same Day Service
I Answer My Phone!
617-773-6432 9/7

YARD WORK
- SMALL JOBS -
Stockbridge Agriculture Graduate
617-888-7984 7/13

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OLD HAND TOOLS & BOOKS WANTED
Planes, chisels, adzes, shaves, machinist, and sheetmetal tools, calipers, clamps, anvils, vises.
USEFUL TOOLS, ALL TRADES.
New England history books
Collections: old postcards, toys, military, fishing & old auto items
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888-405-2007
Davistownmuseum.org
www.jonesport-wood.com TF

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We are committed to your property
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Trim IT
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- Overseeding/Sod
- FULLY INSURED
- Mulching, Weeding & Edging
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- Trimming or Removal
- Rototilling & Dethatching

Serious about Service... Reasonable Rates
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617-786-9558...FREE ESTIMATES 11/30

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Kitchens
Residential & Commercial
Granite Countertops
C K M CABINETS
Cabinet Refacing
STEVE & CHARLES MIKAITIS
Licensed & Insured
Quincy, MA 02169
Call: 617-471-6805
Cell: 857-939-5807
mikaitis@yahoo.com 8/17

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Commercial/Residential
Gutter Cleaning and Repair
617-851-1688
LIC. & INS. 9/21

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Great References
CALL 617.980.6558 8/31

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References 10/5

HELP WANTED

DG's YARD MAINTENANCE
HELP WANTED
Contact Dana
(617)786-9558 7/20

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Sales, Service, Parts & Installation
Since 1945
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hancocktvandappliance.com

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Interior & Exterior
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All Types of House Repairs
Reasonable Price
Small Jobs Welcome TF
Leave Message 781-267-9913

SOUTH SHORE ROOFING & REMODELING
- All Styles of Roofs
- All Forms of Remodeling
- Interior & Exterior Builders

Siding, Doors, Windows, Decks, Kitchens, Bathrooms, Additions
Gutter Installation & Repairs
Masonry • *Fully Insured*
JOE 781-588-3786 9/14

FOR HIRE
Garages, Decks
Torn Down
Rubbish Piles
Moorings Moved
or Me with Dump & Liftgate
or 18ft Box Truck
$75/hr.
"Your Trash is my Ca$h"
(617)479-5410 8/17

Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

Quincy Market, Corner of Temple & Washington St.
Goodie's Store, 1250 Hancock St., Presidents Place
New Store on the Block, 1183 Hancock St., Quincy Ctr. T Station
Hancock Market, 5 Cottage Ave.
Mignosa's Fruit Basket, 138 Granite St.
Rite-Aid, 132 Granite St.
Coffee Break Café, 77 Parkingway
Hancock Park Lobby Shop, 164 Parkingway
Franklin St. BP, 60 Franklin St.
7-11, 78 Franklin St.
Shop N Save Liquors, 20 Independence Ave.
Donut + Donuts, 33 Scammell St.
Presidential Liquors, 25 Scammell St.
7-11, 85 Quincy Ave.
Daily Mart, 291 Quincy Ave.
Roche Brothers, The Falls
Walgreens, 418 Quincy Ave.
Corner Food Shop, 171 West St.
Artery Grocery, 1000 Southern Artery
7-11, 495 Washington St.
Dairy Farm, 330 Washington St.
7-11, 230 Washington St.
Stop & Shop, Southern Artery
CVS, Southern Artery
Baxter's Pharmacy, 385 Washington St.
Tedeschi's, 650 Adams St.
7-11, 678 Adams St.
Village Comm. Market, 100 Willard St.
Copeland Liquors, 273 Copeland St.
Granite Mart, 308 Willard St.
7-11, Copeland St.
Joe's Place, 260 Centre St.
Corner Food Market, 1060 Hancock St.
200 Food Mart, 200 Sea St.
Adams Shore Supermarket, 494 Sea St.
Palmer Street Market, 231 Palmer St.
Bernie's General Store, 1147 Sea St.
West Elm Variety, 139 W. Elm Ave.
Walgreens, 550 Adams St.
7-11, 721 Hancock St.
Beale St. Smoke Shop, 17 Beale St.
CVS, 42 Beale St.
Coffee Break Café, 12 Old Colony Ave.
Supreme Liquors, 615 Hancock St.
Big Y, 475 Hancock St.
Rite-Aid, 475 Hancock St.
Mullaney's Variety, 205 W. Squantum St.
Stop & Shop, 65 Newport Ave.
7-11, 363 Hancock St.
Walgreens, 324 Hancock St.
Red Apple Food Shop, 48 Billings Rd.
Sam's Variety, 125 Billings Rd.
Lucky's Wine & Liquor, 66 Newbury Ave.
Atlantic Market & Liquors, 247 Atlantic Ave.
CVS, 321 Quincy Shore Dr.
Carmine's Café, 69 Huckins Ave.
Tedeschi's, 751 E. Squantum St.
Lucky Shamrock, 265 Beale St.
Andre's Store, 20 Brook St.
Everest Market, 121 Standish Ave.

PERSONAL

Happy Birthday Papa Carl!
Love, Ethan & Lea Dorothy 7/13

Congratulations!
Colin Mooney & Colleen McHatton
on your upcoming nuptials!
We love you!
Maureen, Danny, Patti, Buddy 7/13

HOPE EVERYONE IN QUINCY HAS A GOOD YEAR 7/13

Prayer to The Blessed Virgin
(Never Known To Fail)
O, most beautiful flower of Mt. Carmel, Fruitful Vine, splendour of Heaven. Blessed mother of the son of God, Immaculate Virgin, assist me in this necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in this my necessity (make request). There are none that can withstand your power. O, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after that the request will be granted. The prayer must be published. P.J. 7/13

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

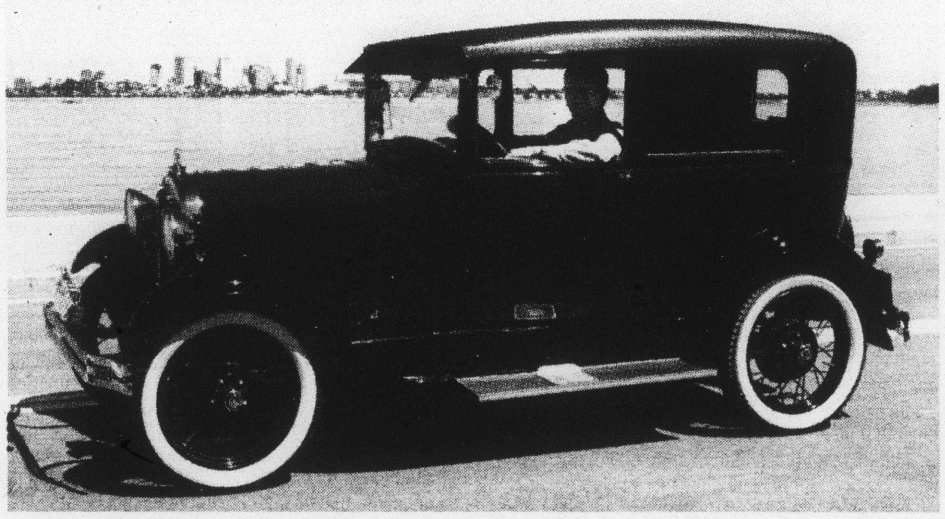
5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____





ROLLING ALONG – Paul O'Brien of Weymouth behind the wheel in his 1928 Ford Model A. O'Brien and the Model A Restorers Club of Massachusetts were among the groups that participated in the Squantum Fourth of July Parade. *Photos Courtesy Ann O'Brien*



LARGE AMERICAN FLAG atop the boom truck of Bogan Tree Service greets inbound vehicles on the Bergin Parkway to celebrate Independence Day on July 4th.

Photo Courtesy Guy Ferris

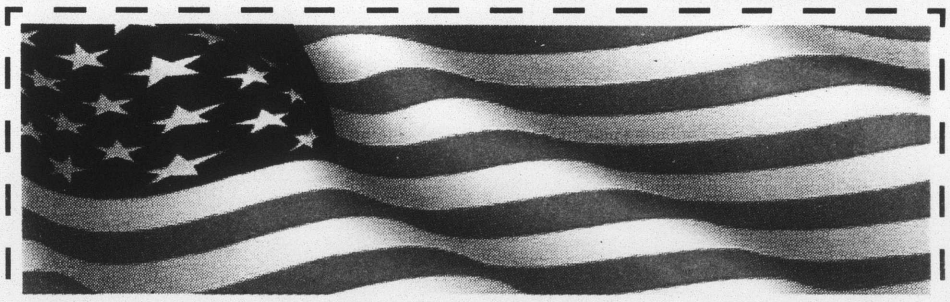
Sons Of American Legion Elects Officers

Sons of the American Legion Squadron 294, Cyril P Morrisette Post, Quincy recently elected officers for 2018.

They are:

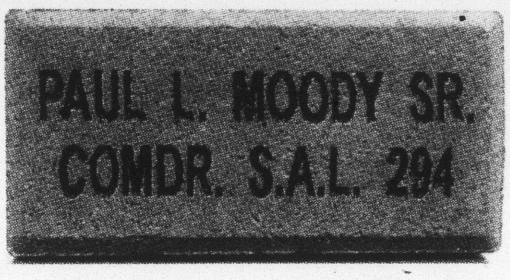
Paul Moody, commander and historian; Bob Lafleur, adjutant; Joe Brill, senior vice commander; Noel DiBonia, junior vice commander; Guy Ferris, finance officer; Joe McDonald, chaplin; Bob Lewis, sergeant-at-arms; and Mike Norton, judge advocate.

"We hope to have another good year serving and helping our veterans," Moody said.



FLAGS FOR VETS ISLAND
SQUADRON 294

Bricks for Veterans Program



Announcing PHASE 2

Last year, the Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy began a new initiative called "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

The program was a success with more than engraved 416 bricks sold and placed along the walkway to the island's main flag pole.

Now, the Squadron is announcing **PHASE 2.**

These engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

For more information or to order, call 617-472-5952

50 DAYS of "FREE" DOM

50+ FREE events ★ June 10 - July 29

Quincy, City of Presidents

Featured Events July 12 - 19

Wednesday, July 12

Wolly Beach Wednesdays Concert Series

Across from Tony's Clam Shop
861 Quincy Shore Drive

6:00 p.m.

Free

DEVRI Boston with Pauline Wells - all styles of Irish music, as well as classic and modern rock, country and folk.

Thursday, July 13

Lawn Concerts @ the Crane, Peter Buzzelle & the Academy

Thomas Crane Public Library Lawn,
40 Washington Street

7:00 p.m. - 8:00 p.m.

Free

A founding member of the pop-noise band Frequency dB, Peter Buzzelle hails from the great Northwest and is a devotee of guitar-centered Power Pop in the tradition of Big Star, The Posies, and The Shins. His latest band, born in 2015 just released the album Devil Love to great critical acclaim. Comprised of Petter on guitar and vocals, Ken Rothman on guitar and backing vocals, Chuck Ferreira on drums, percussion, and backing vocals, and Jason Raffi on bass, this band rocks!

Friday, July 14

Quincy Farmers Market

Pageant Field, One Merrymount Parkway

11:30 a.m. - 5:00 p.m.

Free

One of the oldest farmers markets in Massachusetts, vendors work family farms, some over 100 years old. All produce is picked within 24 hours of sale. More than a market, it's a true piece of Americana featuring local small businesses, family activities, and live music. Open Fridays, June 26 - November20, 11:30am – 5:30 pm. SNAP, WIC, SFNMP, & Credit Cards accepted.

Saturday, July 15

Quincy Militia Football @ Bay State Bucs

Bridgewater State University
Swenson Stadium, 325 Plymouth St.
Kick-Off at 7:00 p.m.

Admission Fee.

Our hometown team, Quincy Militia is part of the Eastern Football League (EFL), the oldest semi-pro football league in the United States. Home games are held Saturday nights in the summer at Veterans Memorial Stadium, 850 Hancock Street. Quincy Militia Football Merchandise and the Q-Zone Food Concession Stands are open at all home games. Schedule is posted online.

Saturday, July 15

Tours of the Josiah Quincy House

20 Muirhead Street

11:00 a.m. - 4:00 p.m. Tours on the hour. Last tour at 4pm.

$5 adults, $4 seniors, $2.50 students. Free to Historic New England members and Quincy residents.

Historic New England has undertaken a major project to refurnish the Quincy House to reflect the late nineteenth century, when the family historian, Eliza Susan Quincy, linked her family's story to the building that four generations of Quincys called home.

Saturday, July 15

John Adams Health Walk

Pageant Field, 1 Merrymount Parkway

8:00 a.m.

Free

An effort to inspire local residents to walk in the historic footsteps of Adams and get healthy, this free three mile walking tour which meets the third Saturday of the month at 8am May through October. President John Adams lived to be 90, and it is thought that his penchant for exercise was a contributing factor. Adams said, "I walk every fair day, sometimes 3 or 4 miles."

Tuesday, July 18

Tot Lot Tuesdays - Storytime

Quincy Shore Drive at East Elm Ave

3:00 p.m. Weather permitting.

Free

Join the staff of the Thomas Crane Public Library for storytime at Wollaston Beach.

Discover Quincy

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 10, we welcome you to participate in over 150 events.

★ Red Star = Free

★ Blue Star = admission

Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117



Burke Club, Golden Manet Baseball Champs - *Page 16*

Introduction To Sculling Program Sunday - *Page 3*

Quincy Homestead Open House Saturday - *Page 13*



2 ********CAR-RT LOT**C-004
THOMAS CRANE PUBLIC LIBRARY
40 WASHINGTON ST
QUINCY MA 02169-5304

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 44 | Thursday, July 20, 2017 | $1.00



JOHN QUINCY ADAMS 250th birthday anniversary – Navy color guard members Anna Sweeney and Tatiana Antoine place a Presidential wreath on the tomb of President John Quincy Adams in the crypt at United First Parish Church in Quincy Center July 11. The wreath and a special program commemorated the 250th anniversary of the birth of the nation's sixth president. Looking on are (from left) Rev. Cliff Brown of Christ Church, Adams National Park Supt. Marianne Peak, Doug Adams, author James Traub, United First Parish Church President Wiley Cox, Mayor Thomas Koch and Quincy Navy Operations Center Commander Paul Annexstad. Story, other photos Pages 14, 15. *Quincy Sun photo/Tom Gorman*

Legislature Unlikely To Approve Mascot Bill

By SCOTT JACKSON

Lawmakers on Beacon Hill are unlikely to approve a bill now pending in a Senate committee that would ban public schools from using Native American mascots or team names, said Sen. John Keenan, who does not support the measure and would rather the issue be decided at the local level.

The proposed bill would prohibit public schools statewide from using Native American names or imagery for their team names, logos or mascots.

North Quincy High School would be one of the school's affected by the bill

Cont'd On Page 4



THE 'YAKOO' has been the symbol and mascot of the North Quincy Red Raiders for some 60 years. It was created by artist Pete Fredericksen and modeled after Al Yacubian, both 1958 graduates of NQHS. Yacubian is of Armenian descent. A bill that would ban Native American mascots is pending on Beacon Hill.

Residents Establish Little Free Library On Penn's Hill

Ron, Janet MacDonald Dedicate Library On Dale Avenue

By SCOTT JACKSON

Quincy's newest Little Free Library – designed to resemble one of the city's most well-known historic homes – opened Saturday in the Penn's Hill neighborhood.

Ron and Janet MacDonald dedicated the library Saturday morning outside their home on Dale Avenue. Ron spent about six months designing and building the wooden structure, which is meant to resemble the nearby birthplace of John Quincy Adams on Franklin Street, part of the Adams National Historical Park.

The MacDonalds dedicated the Little Free Library

Cont'd On Page 2



JOHN QUINCY ADAMS birthplace was the inspiration for Ron and Janet MacDonald's Little Free Library. The library was dedicated Saturday, days after the 250th birthday anniversary of the sixth U.S. president, congressman and diplomat on July 11. The small wooden replica of the president's birthplace (center) opens and holds between 40 and 50 books.

Photo Courtesy Janet and Ron MacDonald

$46M In Local Aid For City

The city of Quincy will receive $46 million in local aid under the state's budget signed into law Monday by Gov. Charlie Baker.

Sen. John Keenan, a Quincy Democrat, said in a statement that the state's budget for fiscal year 2018, which began on July 1, includes an increase in general local aid and education funding for cities and towns. It also expands the state's Housing Court to include Quincy, he announced, and includes other items of importance to the city.

Baker signed into law the $39.4 billion budget Monday. He vetoed $320 million in funding from the spending plan lawmakers sent to his desk – those vetoes can be overridden.

"First, and very importantly, the governor's actions today relative to the fiscal year 2018 state budget preserved our commitment to local aid," Keenan said Tuesday in a statement. "The final budget will include a 3.9 percent increase in general local aid and a $118.9 million increase in Chapter 70 funding. For Quincy, this amounts to total funding of $19 million in general local aid, used for public safety, libraries, public works and other city departments, and $27 million in school fund-

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Dehydration In Adults - Health Message - *Page 9*
Children's Library Activities July 20-26 - *Page 17*
50 Days 'FREEdom' Featured Events July 19 - 23 - *Page 28*

More Quincy news:
The Quincy Sun.com

Penn's Hill Little Free Library Dedicated

Cont'd From Page 1

days after the 250th birthday anniversary of the sixth U.S. president, congressman and diplomat on July 11.

They were inspired to build the Little Free Library – which allows readers to pick up and drop off books at their leisure – after reading about the city's first such library. Henry Wilde, then a fifth grade student at the Bernazzani School, opened his Little Free Library outside his family's home on Summit Avenue this January. Wilde's library is housed in a refurbished newspaper vending machine.

"It caught our attention," Ron recalled Monday in an interview. "We thought that's a great idea. We liked it, started looking into it more, found it to be a national organization…We thought it was a great way to get early learning moving and get kids to start a lifetime of reading."

Ron said the neighborhood's changing demographics – more and more young families are moving in, and a new neighborhood organization has also taken root in recent years – and the proximity to both the Adams birthplaces and the Abigail Adams Cairn atop Penn's Hill helped inspire him to complete the project as well.

"Our neighborhood had changed dramatically also," he said. "We used to be the young people in the neighborhood and now we're the old people in the neighborhood. A lot of young families moved in – a lot of young kids. The Penn's Hill Neighborhood Association was formed in the last few years. So it's an active area and it's a wonderful place to live and it's a historical area because it's right between the Quincy old houses and the Abigail Adams Cairn at the top of the hill.

"So we said let's build this, but I thought I'd like to make it a historical building as well. So I built it in the likeness of the John Quincy Adams birthplace. The façade of the building is a double-door opening, so there is plenty of room to put books in there. Then we located it at the property at what we thought would be good eye level and good height for 4-, 5- and 6-year-old kids to open up and explore and find the books they want to read.

"What we thought was going to be a month or two project turned out to be six months to make it."

Ron said the project took so long because he paid keen attention to details that went into the wooden structure.

"If you build a house, people don't see the top of it, but when you build something like this, people are looking down on it and seeing all the details," he said. "I thought children would have fun with it because they'd think of it almost as a dollhouse – they don't know the historical significance of it."

"But it might get them interested too," Janet added.

The MacDonalds also met with Wilde and his mother to discuss the art of constructing a Little Free Library.

"We went to Henry's house and he happened to be home," Janet said. "He came out and his mother came out and we talked about it. We had a great chat about it and they gave us some pointers."

"They're lovely people – just lovely people," Ron added.

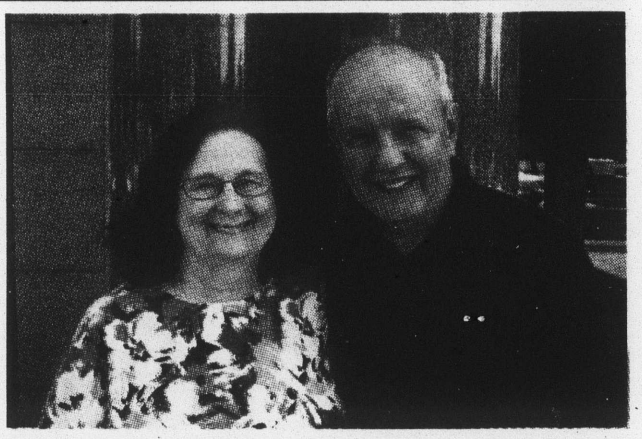
The Little Free Library on Dale Avenue has room for 40 to 50 books. The MacDonalds had about five books they were going to leave in the library, but it quickly filled up over the weekend because of donations from neighbors.

"Right now we're pretty much just concentrating on children's books," Janet said. "We started with maybe five books ourselves we could put in. We were kind of worried. The night before, somebody just left us a bag of books and it was enough to at least get started. Saturday afternoon, you couldn't fit anymore in. People brought stuff. People bought stuff and brought it. It was just really heartwarming."

"The donations came not just from moms and dads of young children," Ron added. "It's people who didn't have children or people who have children who are all grown up. The last donation came from a neighbor who, after seeing what we had done and sitting with us all, ran out to Barnes & Noble and bought a bag full of books and brought them back.

"It was really exciting to be part of it and it was so well received and we're so pleased."

About 30 people were on hand for the Little Free Library's dedication on Saturday morning. Ron spoke briefly and then Janet removed the tarp covering the library, revealing it to onlookers. Children were then allowed the browse the selection of books inside.



JANET AND RON MacDonald dedicated a new Little Free Library outside their home on Dale Avenue Saturday morning. It took six months to complete to library, which has room for 40 to 50 books. They hope the Little Free Library initiative spreads elsewhere across the city.

Quincy Sun Photo/Scott Jackson

"I lifted the thing off and the kids came running over," Janet recalled. "They opened it and they were pulling books out. It was really fun to watch."

"They were wonderful," Ron said. "They were just having such a good time."

The first Little Free Library opened in Madison, Wisconsin, in the summer of 2010. There are now more than 50,000 such libraries worldwide, according to Little Free Library, the registered non-profit group behind the initiative.

There are at least three in Quincy: the one on Summit Avenue, the MacDonalds' library on Dale Avenue, and one at the Squantum School donated and installed by the Bergin family this spring. Ron would like to see the initiative expand across the city.

"I can understand why this would be very popular because it isn't always easy for mom or dad to jump in the car with the kids and take them down to the Crane Library," he said. "Most of these major libraries have parking issues. Now they can run down with a cup of tea and sit down with them and look at it

"I'd like to see more built in Quincy, using the theme of historical places. Even if you don't build the whole building that way, you can do the façade and the likeness of one of the buildings."



MBTA Seeking Developers' Input For QC Station

By SCOTT JACKSON

The MBTA wants to hear from companies who might be interested in developing the Quincy Center site ahead of a request for proposals for the project that could be issued as soon as next month.

The transit agency released a request for information for the Quincy Center station development project July 10. The 10-page document touts the 6.3-acre station site as one ready for development – either for residential or office use.

"As the city of Boston continues to experience a wave of urbanization, suburban locations such as Quincy have directly benefited by offering high-quality rental/condominium properties at a discount to downtown pricing," the request for information states.

"The transit options at the property offer residents access to quality employment opportunities and entertainment venues within the city of Quincy, as well as in Boston and Cambridge."

Mayor Thomas Koch, in a statement Tuesday, said he

Cont'd On Page 24

Gunfire Strikes Car On I-93 In Quincy

By SCOTT JACKSON

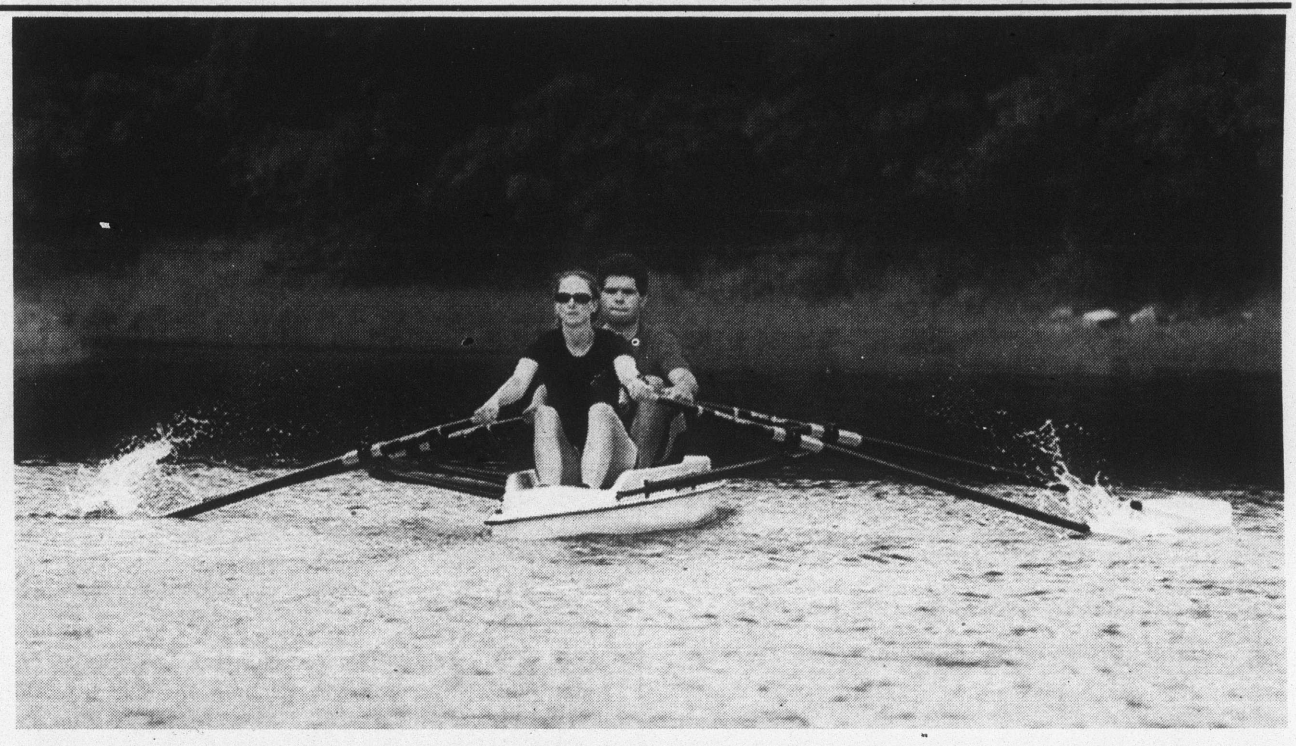
State Police are investigating a possible car-to-car shooting that took place Tuesday morning along Interstate 93 in Quincy.

A motorist flagged down a state trooper on Furnace Brook Parkway Tuesday morning and said he had been driving along the interstate when he came under fire from someone in another vehicle. The apparent shooting took place around 5:20 a.m. Tuesday on I-93 northbound in Quincy, south of Exit 8.

The trooper found a possible bullet hole in the rear door of the victim's car, which also had a broken window. The motorist was not injured.

The shooter was described as a male driving a dark-colored Dodge Charger. Local police departments were notified to be on the lookout for a vehicle matching that description.

State Police towed the victim's car to a facility where it is being processed for ballistics evidence, and the investigation into the incident is ongoing.



CREW COACHES Alicia Golden and Jonathan Sheehan in the Quincy Recreation Department new two-man shell on Blacks Creek. Quincy Recreation will hold a special introduction to sculling Sunday, July 23 from noon to 2 p.m., at the William F. Ryan Boating and Sailing program at Blacks Creek in Merrymount Park.

Photo by Lisa Aimola for the Quincy Recreation Department

Introduction To Sculling Sunday At Boathouse

The Quincy Recreation Department will hold a special introduction to sculling Sunday, July 23, at the William F. Ryan Boating and Sailing program at Blacks Creek in Merrymount Park.

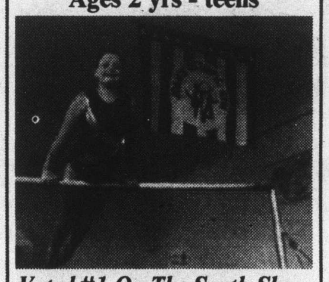
The program will be from noon to 2 p.m.

This free program will utilize the recreation department's new two man shells and is open to adults and youth who are entering the eighth grade through grade 12. Alicia Golden, the department rowing coach for the combined high school crew club, will present an introduction to the basics of sculling and no previous experience is necessary.

"This is an excellent opportunity to try a new activity that is not commonly available to our residents and a wonderful way to build interests in our growing crew program in Quincy," said Recreation Director Barry Welch.

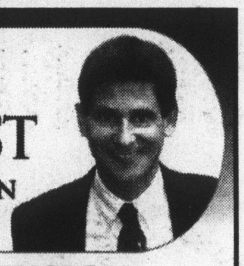
For more information call 617-376-1394 or visit Quincyrecreation.com.

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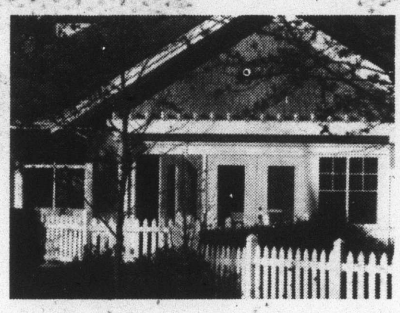
If you want your diamond to stand out from all others, you should consider a "tension setting." While most traditional diamond rings use prongs or metal channels to hold the gemstone in place, a tension setting relies on the ends created by an opening in the shank portion of the band to hold the gemstones firmly in place. Because the tensile force created by the ends on each side of the opening is essentially "invisible," the gemstone seems to be "floating" in the band, resulting in the diamond being in full view from virtually any angle. Moreover, because a tension setting allows the maximum amount of light to reach the diamond, the gemstone sparkles to its full potential.

Because there is a lot of tension between the diamond and the metal, it is important to use stones and metals of only the highest quality. Gemstones that can hold up to the pressure exerted on them should have at least a 9.0 rating on the Moh's scale of mineral hardness, meaning diamonds, rubies and sapphires are the best choices. For more information, please call or visit our store at 1402 Hancock St. in Quincy Center (617-773-3636).

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Moments in time

THE HISTORY CHANNEL.

• On **Aug. 4, 1753**, George Washington, a 21-year-old Virginia planter, becomes a Master Mason, the highest rank in the secret fraternity of Freemasonry. Washington soon would command his first military operation as a major in the Virginia colonial militia.

• On **Aug. 5, 1858**, after several unsuccessful attempts, the first telegraph line across the 2,000-mile Atlantic Ocean is completed, often at a depth of more than 2 miles. It ceased functioning a month later. In 1866, a British ship succeeded in laying the first permanent telegraph line.

• On **Aug. 6, 1926**, on her second attempt, 19-year-old American Gertrude Ederle becomes the first woman to swim the 21 miles across the English Channel, besting the time of the five previous male channel swimmers.

• On **Aug. 2, 1934**, Chancellor Adolf Hitler becomes dictator of Germany under the title of Fuhrer. Hitler assured his people that the Third Reich would last for a thousand years, but Nazi Germany collapsed 11 years later.

• On **Aug. 3, 1949**, the Basketball Association of America and rival National Basketball League merge to form the National Basketball Association. By the 1954-55 season, only eight teams remained in the NBA. That year, the league transformed the game with the creation of the 24-second clock.

• On **July 31, 1975**, James "Jimmy" Hoffa, one of the most influential American labor leaders of the 20th century, disappears in Detroit, never to be heard from again. Though he is popularly believed to have been the victim of a Mafia hit, conclusive evidence has never been found.

• On Aug. 1, 1981, "MTV: Music Television" goes on the air for the first time, with the words (spoken by one of MTV's creators, John Lack): "Ladies and gentlemen, rock and roll." The Buggles' "Video Killed the Radio Star" was the first music video to air.

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Norfolk Dist. Atty. Michael Morrissey Warns Of Home Repair Scams

By GAYLE BELLOTTI
Norfolk County District Attorney's Office

Summer is here and with that comes the need and desire to make necessary home repairs and improvements. Norfolk District Attorney Michael W. Morrissey warns home owners to beware of perennial home repair and improvement scams that can rob homeowners of their money and sense of security. Corrupt businesses routinely scam unsuspecting homeowners into either paying higher prices for services rendered or talk homeowners into fully or partially pay for work upfront and then ultimately never provide the contracted services.

According to AARP, these home improvement and home repair scams typically target low income families and the elderly, with a primary focus on our most vulnerable population. Scammers look for external signs that indicate a vulnerability - homes with wheelchair ramps, handicap placards displayed on cars, and, sometimes, unkempt lawns and homes.

Once identified, scammers typically will make introductions by engaging in small jobs and then progress to larger jobs at a higher cost. Services offered by scammers include roof repair, driveway paving, duct cleaning, tree trimming, chimney cleaning and general household maintenance like lawn mowing or leaf blowing. Scammers contact homeowners by door-to-door solicitation, flyers, local advertisements and high pressured phone calls. Often scammers will highlight the quality of their work in neighboring communities.

While there are many legitimate and hardworking home improvement and home repair companies, be wary when you encounter the following:

• Door-to-door solicitations, phone calls and emails offering home improvements and repairs at low prices;

• Solicitations where the business tell you they are doing work in your neighborhood and have extra materials left from the old job that can be used on your home;

• High pressure sales pitches which require you to make a decision that day or lose out on a discounted price;

• High pressure sales pitches that emphasize the urgency of the needed improvement or repair;

• Businesses that are not established. Check with the Better Business Bureau prior to engaging in contract work;

• Solicitations that require you to execute a contract immediately;

• Solicitations that request full or partial payment upfront;

• Solicitations that lack information identifying the business to conduct the requested work;

• Solicitations that provide a list of references that are not local to the area;

• Solicitations that confuse you; and

• Solicitations that you don't understand;

It is imperative that you be an informed consumer. Here are tips to protect you and your loved ones from scams:

• Do not let solicitors in your home if you are alone;

• Have a trusted friend or family member with you when solicitors come inside your home;

• Seek referrals from family and friends if you need any home improvements or repairs;

• Investigate all businesses you seek to do business with prior to signing any agreements;

• Check with the Better Business Bureau prior to engaging the services of a business;

• Avoid contractors without proof of insurance;

• Carefully read all contracts and agreements prior to signing;

• Seek the assistance of a trusted family or friend to assist you in reading and understanding contracts prior to engaging their services;

• Never sign a contract or agreement just because you feel pressured;

• Require all agreements to be in writing;

• Refuse to sign an agreement you do not understand;

• Recognize if it sounds too good to be true, it probably is;

• Ensure project completion prior to payment;

• Do not pay with cash;

• Contract with established in-state reputable businesses;

• Ensure proper licensure by looking online at https://services.oca.state.ma.us/hic/licenseelist.aspx

Finally, be wary of solicitors arriving at your home in pairs. These scammers could be there to rob you. One might be tasked with diverting or distracting you while the other steals your personal belongings.

If you have been scammed, immediately contact your local police department to report the conduct and file a police report.

Keenan: Legislature Unlikely To Approve Mascot Bill

Cont'd From Page 1

if it were approved. The school's teams use the name Red Raiders and its mascot is Yakoo. The mascot is based on a caricature of North Quincy High graduate Dr. Allan Yacubian, who is not Native American but of Armenian descent. Yakoo is commonly shown wearing a two feathers and carrying a hammer. The Yakoo was drawn by Pete Fredericksen, a classmate and friend of Yacubian's while they attended NQHS in the late 1950s. The hammer is confused by some as a tomahawk and was originally drawn into the mascot caricature to convey perseverance and hardwork. The "Yakoo" has been a symbol of pride for generations of NQHS students and alumni.

The bill was introduced by Sen. Barbara L'Italien, an Andover Democrat, on behalf of several of her constituents after a failed attempt to change the Redmen name used at Tewksbury High School. Keenan, in an interview, said legislators typically file legislation on behalf of their constituents if asked to do so.

"That person approached Senator Barbara L'Italien about the issue, and Senator L'Italien, as an accommodation, same as most reps or senators do, said we'll file legislation if you feel strongly about it," he explained.

"She advised me that she had filed this legislation but she was doing it for an accommodation for a constituent and she wasn't sure where it would go, but she wanted to make me aware of it because she knew it had been an issue in Quincy in the past."

Keenan, a graduate of North Quincy High School, said he "does not know if the legislation will go anywhere this session." A hearing was held on the matter in June, and Keenan said there is a sense now that the issue should be decided locally.

"As a result of the hearing there was kind of a sense that maybe it should just be decided at the local level – that this bill banning it statewide wouldn't be the best way to go," he said.

Keenan stated he would not vote for the bill and would prefer that such decision should be made locally. Yakoo, he said, is viewed as a symbol of pride and honor in Quincy, as are some other mascots that would also be affected by the bill.

"They've become symbols of pride and honor and they're respected in the community, and I think that is what you hear in Quincy," Keenan said. "It (Yakoo) is not a hateful depiction of Native Americans. It's become certainly in the city a source of pride and honor."

"That's the mascot of the school that I went to and I always viewed it in a very favorable light and in no way derogatory towards Native Americans," he added. "I think if it were decided at the local level most people would agree Yakoo has a prominent, proud place in the city's history and that it's not derogatory toward Native Americans."

Neighbors Hear Plans For Buddhist Center

By SCOTT JACKSON

Residents living near the site of a proposed Buddhist learning center in Quincy Point raised questions about traffic and parking during a neighborhood meeting.

The Massachusetts Budhi Siska Society has proposed building the Buddhist learning center on property it owns at 54 Massachusetts Ave. and 15 Glenwood Way. The proposal was set to go before the Planning Board yesterday (Wednesday) at 7 p.m.

Ward 2 Councillor Brad Croall and Ward 1 Councillor Margaret Laforest co-hosted the July 12 community meeting inside the society's Buddhist temple on Massachusetts Avenue, across the street from the site of the proposal. About two dozen people were in attendance – about half were members of the temple and half were nearby residents.

The learning center would be located behind the existing residential building at 54 Massachusetts Ave. and would stand four stories tall with 10,000 square feet of space total. The home at 15 Glenwood Way would be kept on site well; it and the home at 54 Massachusetts Ave. would be utilized by the society to house the visiting scholars who would use the learning center.

Rob Fleming, the attorney for the applicant, said the temple had originally sought to use the new building as a learning center for children but agreed to use it as a learning center for selected scholars after city officials balked at the initial plan. The building was also scaled down in size, from 12,000 square feet to 10,000.

Eight to ten scholars, plus one or two employees, will be inside the learning center at any given time, Fleming said, reiterating at several points during the hour-long meeting that it would not be a place where people would congregate.

"You're not going to have

Cont'd On Page 21

Scenes From Yesterday



THIS REAL PHOTO postcard reproduction is a view of one of the oldest commercial blocks on Hancock Street in Quincy Square. It was decorated with flags and bunting during the weeklong Tercentennial celebration of Quincy in June 1925. The 300th anniversary event drew thousands to Quincy including 140,000 on the last day alone to view the three-hour parade which passed by here. The building on the right has been replaced with the one-story home of today's Acapulcos Mexican restaurant. The large building in the center with the arched windows was the Quincy Savings Bank that later added a fourth floor. The Adams Building with Woolworth's 5 & 10 Cents Store on the street level completed the block. The Friendly Bank flag was outside of what is now the home of The Quincy Sun. To contact Tom Galvin, e-mail tmgalvin@verizon.net. Another photo showing the historic Tercentennial celebration parade route appears on Page 11.

From the Collection of City Historian Tom Galvin

Quincy Awarded Pedestrian Safety Grant

By SCOTT JACKSON

Quincy is among 79 communities across Massachusetts receiving a state grant for pedestrian and bicyclist safety.

Quincy will receive a $3,750 from the Highway Safety Division of the Massachusetts Executive Office of Public Safety and Security. The state agency awarded the 79 communities a total of $222,500 on July 13. The grants are for traffic enforcement, equipment to heighten the visibility of crosswalks, and community education.

The number of pedestrians killed around the nation last year jumped by 11 percent, the largest single-year increase ever, according to the National Highway Traffic Safety Administration. As a percentage of all traffic fatalities, Massachusetts pedestrian deaths outpaced the nation, 23 percent compared to 15 percent. From 2011 to 2015, 420 people died and nearly 25,000 were injured while walking or riding on or near Massachusetts roads. In addition, bicyclist deaths are disproportionately higher than the number of bicycle trips being taken, 2.4 percent vs. 1 percent.

At least two pedestrians have been struck and killed by vehicles on Quincy roads this year. A 45-year-old man was struck and killed on Quincy Shore Drive last month, and a 78-year-old man was struck and killed at the intersection of Burgin Parkway and Granite Street in February.

Readers Forum

Wollaston MBTA Project: Cost Higher Than $38 Million

In considering the Wollaston T Renovation Project, I've noted that on the surface at least, it appears that the projected cost of the project is $38M.

I certainly hope that no one believes this. This may be the cost for the T, but it's far from the total cost of the project.

Let's consider the average daily commuter for a few moments and run a few numbers. I'll be conservative in my assumptions – 15 extra minutes per trip (waiting and surface traffic), one round trip per day, 5 days per week, 48 work-weeks per year, 20 months for the project.

According to my calculations, I come up with slightly less than 200 hours – roughly the equivalent of 5 weeks of work. If your spouse also commutes, that's 10 weeks. That will be time from your life, time from your work, and time from your family that you'll never get back.

Now suppose that your boss told you that he wanted you to work for 5 weeks without pay. In addition, part of the 5-week period would be spent in a setting without heat in the winter or AC in the summer, the rest crammed onto a bus at rush hour. What would you say?

Please remember that I'm not even including the students or the seniors or the impact on already crowded streets at rush hour or the inevitable delays due to weather or the construction noise . . . I could go on. And suppose that you wanted to sell your house? Would you say to prospective buyers, "It's an easy walk to the Red Line, er, make that the shuttle bus to the Red Line." How will that affect the property value of your home?

So who dreamt this up? And where were our elected officials when they dreamt it up? I can understand the need for an elevator but, $38M and all of this pain? Seriously?

William MacDonald
Flagg Street
Quincy

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Quincy's Yesterdays

This Week
1973
44 Years Ago

8-Ward Redistricting Plan On Election Ballot

Sept. 6, Nov. 6, and Dec. 4 should be dates for Quincy voters to remember this year.

The City Council was expected to unanimously approve a plan to hold a referendum vote on the 8-Ward Redistricting plan Sept. 6. The primary election would then be held Nov. 6 and the final election Dec. 4.

The proposed action was being taken in an effort with the "one man, one vote" recent court decision.

As presently constituted, the original boundaries were set in 1889 when Quincy became a city. Under the present configuration Wards 1, 5 and 6 are larger than Wards 2, 3 and 4.

The eight-ward plan was devised to comply with the court decision. (Editor's note: The eight-ward plan was defeated and the ward lines for the six wards were redrawn to comply with the court's decision.)

QUINCYISMS

Amelio Della Chiesa, former mayor, city councillor and state representative, celebrated his 72nd birthday July 31. Since retiring from public office, the former official and his wife Evelyn have been living in Pembroke… The Quincy Cooperative Bank, Quincy Center, was advertising "Term Deposit Certificates with rates and maturity dates ranging from 7-?% for 5 years down to 5-?% for six months"… Two sisters and their husbands, who are also friends and neighbors in Houghs Neck, jointly celebrated their 50th wedding anniversaries. More than 200 guests attended the celebration for **Mr.** and **Mrs. Christopher Simonelli**, 74 Charles St., and **Mr.** and **Mrs. John Romano**, 76 Charles St.… **Jean H. Phelan**, 105 Alstead St., North Quincy, received a Doctor of Education degree from Boston University's School of Education… Roberta's Fashion Shoppe, 1538 Hancock St., Quincy Center, was advertising a sale of "Dresses, Pant Suits and Sportswear, Save 20% to 50%"… Patriot Ledger photographer Everett Tatreau was installed as president of the Quincy Lions Club at ceremonies held at Duttons' Restaurant. Tatreau, who succeeds Roger Hamel, will serve from July 1 through next June 30… **Charles M. Melchionne**, a Marine Corps veteran of the Korean War and a member of the Robert I. Nickerson Post of Squantum, was installed as commander of the Norfolk County Legion Council… Foley Chrysler, 330 Hancock St., North Quincy, was advertising 1973 Chrysler New Yorkers for $5,795… Kimberley's, Quincy Shore Drive, was offering "Friday, Saturday and Sunday Specials, "Two Baked, Stuffed or Boiled Lobsters for $5.95"… The Fireside Lounge at Duttons', 125 Sea St., was featuring Sunday to Wednesday sing-a-longs with the Myrtle Kelley Duo… Two members of the girls' track team at North Quincy High School participated in the Youth Games in Birmingham, Alabama. They were **Jill Seamans** and **Janice Kelly**… The Quincy Bantam Minors won their first Bay Colony Hockey Association summer league game with a 4-0 win over Abington. **Jimmy Moore** scored two goals while **Jim Triglia** and **Mike Van Tassel** scored the other two goals… **Quincy Recreation Director William F. Ryan** announced that **Colleen O'Day** and **Stephen Mele** had been selected as "Leaders of the Week"… **Ruth McCrann**, daughter of Mr. and Mrs. James McCrann, 169 Wilson Ave., Wollaston, received a B.S. degree from Boston University's Sargent College. Miss McCrann was a Dean's List student… **Navy Personnel man Third Class Michael R. Fallon**, son of Mr. and Mrs. George F. Fallon, 112 Elm Ave., Wollaston, reported for duty aboard the guided missile cruiser U.S.S. Albany at Mayport, Fla… **Robert F. Denvir**, a candidate for Ward One Councillor, in a letter to **Mayor Walter J. Hannon**, criticized illegal dumping on city owned marshes in the Houghs Neck area. Denvir suggested that guard rails be placed in the affected areas to prevent further dumping… **Putnam S. Borden**, executive director of the Council on Aging, announced that arrangements have been made with the MBTA to issue reduced one-half fare passes to senior citizens over age 65. The program will commence Aug. 1… The seniors' menu for Monday, July 30 at Sawyer Towers, Martensen St., included scalloped hamburger and macaroni, carrots, roll, butter, coffee and dessert… **Marine Pvt Roger P. Johnson**, son of Mr. and Mrs. David W. Johnston, 75 Curtis Ave., Quincy Point, has completed infantryman training at the Marine Corps base at Camp Pendleton, California.

Successful Fundraiser For Saint Yves School Of Haiti

By MARIE-DENISE FABIEN

A wonderful fundraiser was held May 21 at the Knights of Columbus in North Quincy to help Saint Yves School in Haiti and to celebrate the feast of Saint Yves, Patron Saint of the Attorneys.

The event began with the blessing of the food, of the baskets and all the attendees. Father Jason Macos of Saint Agatha gave the blessings before the attendees started to cast lots for the prizes. Father Marcos was amazed to see the wide range of gift certificates and the great number of beautiful baskets displayed throughout the room. The people of Quincy came in large numbers to show their support for Saint Yves School. They also enjoyed a lavish buffet of Haitian foods, plus Italian goulash courtesy of Gennaro Eatery and cookies baked by Mrs. Jeanings.

After making a tour of the Hall, Father Marcos exclaimed, "The people of Quincy are very generous."

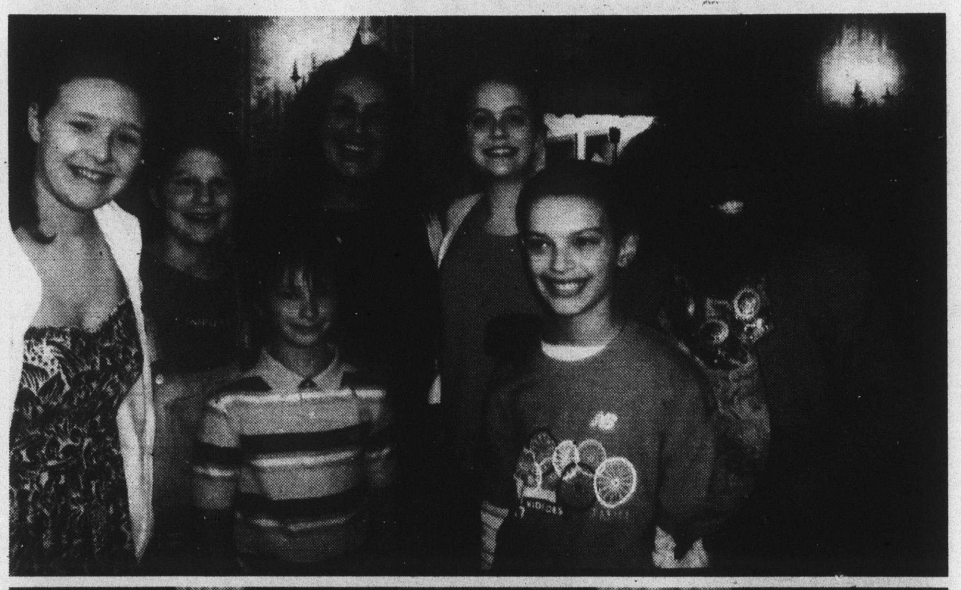
Since the terrible earthquake destroyed the Saint Yves school in 2010, and killed approximately 316,000 Haitians, this fundraiser has helped the removal of the rubble, proper burial of the victims and the rebuilding of the school. Funds came almost exclusively from Quincy businesses and residents, for which we give thanks.

At the fundraiser this year, the highlights of the soiree were performances by several talented Quincy residents who entertained while the attendees dined. Singer Amy Brooks gave a breathtaking interpretation of several songs including the well-known canticle, "Amazing Grace." Amy sang the hymn sensationally with Grace L'OrJean, Kimi Vallee and Michelle Chang. Just before the door prizes were distributed, George Wagner, a longtime Quincy resident, kept the attendees happy by telling funny jokes which made every one laugh and also prompted many to exclaim while clapping, "Now we know, Quincy has talent!"

At about 7:30 p.m. there was another breathtaking performance by the Atlantic Youth Orchestra led by Mrs. Suzan Bill. The orchestra gave an extraordinary performance of the national anthem of the U.S.A, "The Star Spangled Banner," followed by La Dessalinienne.

At 8 p.m. there were the drawings for the baskets and the gift certificates. It was a heavenly moment since all the attendees were very joyful as they received a huge delivery of pizza courtesy of Papa Ginos and Dominoes Pizza. Almost every one got one two or three gift baskets along with gift certificates.











The event was a great success thanks to the hard work of many residents of Quincy and the generous donations and contributions of many Quincy residents and businesses and schools in Quincy. Our greatest thanks to the event coordinator and Quincy teacher who not only initiated this mission but travels with us to Haiti, Mrs. Gail McDonald, former principal of Cornerstone Campus in Wollaston. Our greatest thanks to Mrs. Christine Leblanc who worked tirelessly to prepare the most beautiful baskets. Also to Ms. Cindy Mullen, and the people of the Four Corners Elderly Residence in Braintree, who donated lovely baskets.

Thanks to many parents and teachers who came with their children to serve and to teach their children a great way to change the world from their community of Quincy. These are good Samaritans from Quincy who are raising many generous and world changing children for a better life on earth. This is a great example which Quincy is pioneering and which we hope other communities will follow.

Quincy and its residents are not only working for the rebuilding of St Yves School Haiti they are working for shalom, the peace of the city of Quincy and of the world. They are sowing seeds which will change life for several generations to come. For this reason, we are asking for God's blessings on them and are extending our greatest thank you to them.

Thanks to all the fifth graders from Quincy Catholic Academy, the classmates of Grace L'Or who showed their talents and served at the soiree. Our thanks especially to Kimi Vallee, Abigail Zito, Ava Donahue, Aaron Fernandes, and to their siblings, Zachary Donahue and Enzo Vallee. Thanks also to the Valle family who donated 200 French children books to begin a library at the school.

Our greatest thanks to my mom, Tita Fabien, who works diligently at the school and greets the students daily. Her increasing blindness does not stop her from doing her part at the school. She is like a grandmother to many orphans who lost their parents during the earthquake. She travelled to the US especially for the event, and to bring gifts and pictures from Haiti to keep us updated. Because of her diligence, we will begin providing a free breakfast in October to all the children from K to 6th grade, because many of the children were coming to school hungry.

Thanks to teacher Mrs. Cathy Shamitz, the first parent after the earthquake in 2010 to donate funds of $60 for this huge endeavor.

Thanks to North Quincy High School, the Law Offices of Attorney Georges Burke, Attorney Robert Dolbec, Attorney Jimmy Gavigan. Further thanks to Gennaro's Eatery, and Dominoes Pizza. Some members of the clergy, Father Jason Macos of Saint Agatha, Pastor Carol Palmetier and Mr. Kenneth Nelson of the Covenant Church in Quincy, and Father Finn of the Irish Pastoral Center in Dorchester. Mrs. Hannon, daughter of Attorney George Burke, received a plaque on her father's behalf, from the principal of Saint Yves. Other contributors include: Dr. and Mrs Suzan Bill, the Atlantic Youth Orchestra, Mr. Fitzpatrick of Roofing Cie, Mrs. Denise Reneghan, Mrs. Simmy Koch, Mr. Eugene Raux, the people of Sacred Heart in Quincy and the congregation of Abundant Church, Dr. Ward from Gordon Conwell TheologicalSeminary, Donovan Brothers Car Care Center, Kimarie Hair Salon, Meineke Southern Artery, The 99 Restaurant, the Newport Avenue Wendy's, CVS Pharmacy, Big Y, Pick of the Litter, Sean's Barber Shop, Velocity Dance Company, Mrs. Julie Sanders (camera and music), Barbara and Cathleen Cheney, Marilyn Crehan, Steve Buckley, Elsie Cordoza, Dr. and Mrs Christine Jeanning, Marie Dyer, Amie and Comeback Physical Therapy, Star Dance Company, Velocity Dance for music CDs, Singers Amy, Brooks and Mrs, Christine Jeanning. Our luckiest prize winners were Mrs. Helen Comeau, Ann Morash, Yvonne O'Donavan, John and Lucy Fair, Peter and Sue Graceffa, Mr. and Mrs. Fran Sullivan, Joe and Linda McGee.

Thanks to all who could not attend and still gave their donations to Saint Yves. Those donations made a great difference this year. We salute the memory of the two attorneys who founded the school: my late father, Attorney Joseph Fabien and Osias Semovil. We also salute the memory of our great friend and helper, Ann Morash's mom, who went to the Lord in Ireland just before the event. Peace to their souls.

Today, the Saint Yves School operates in two sessions and accommodates 250 children from K to 12 grade. All donations are sent directly to the principal, Jacques Robert Jean Louis, who is in charge of rebuilding. There is only a small $15 dollar fee per thousand for the transfer from Western Union. The funds will be used to build six rooms this summer including a library assisted by a large donation of funds by Mr. Kenneth Nelson and the Covenant Church led by Pastor Karen Palmetier. Our goal is to build an earthquake resistant school to accommodate twice the number of students since the need is great there.

The Saint Yves School foundation is a registered nonprofit organization and all donations are tax deductible. Visit www.saintyvesschool.com or e-mail to saintyvesschool.com. Donations can be made to Saint Yves School Foundation at Citizen Bank account #1320715580 or mailed to PO Box 60, Wollaston, MA, 02170.

With God's help and your help we will turn this important existing project from a dream to a reality.

Social



QUINCY RESIDENT Anne Johansen was recently honored as members of the Massachusetts Commission on the Status of Women's 2017 Class of "Unsung Heroines." She was also recognized for her tireless advocacy for individuals with disabilities by Quincy legislators state Sen. John Keenan (left) and state Rep. Bruce Ayers.



STATE SEN. John Keenan (left) and state Sen. Walter Timilty (right) also recognized another "Unsung Heroine" - Patrice Kelly of Braintree (center). Kelly who, alongside her family, founded Prayers for Charlotte and the annual Run for Charlotte in honor of her daughter, who passed away at the age of five from neuroblastoma, a rare and aggressive form of cancer.

Photos Courtesy Office of State Sen. John Keenan

Sen. John Keenan Recognizes Two South Shore 'Unsung Heroines' At State House

State Sen. John Keenan (D-Quincy) recently recognizing two South Shore residents who were honored as members of the Massachusetts Commission on the Status of Women's 2017 Class of Unsung Heroines.

Anne Johansen of Quincy and Patrice Kelly of Braintree attended the Massachusetts Commission on the Status of Women's ceremony June 21 in the Great Hall at the State House in Boston. They were joined by other Unsung Heroines from across the Commonwealth, as well as state legislators, friends and family.

State Rep. Bruce Ayers recommended Anne Johansen for this recognition due her tireless advocacy for individuals with disabilities. She is frequently at the State House, meeting with legislators on an array of topics, such as adequate housing for the disabled and lifting the cap on overtime restrictions for personal care attendants. Anne is disabled herself and is confined to a wheelchair; however, that does not stop her from facilitating meaningful change. Her tireless efforts are only matched by the smile and friendly demeanor that she brings to every meeting, lobby day, and event she attends.

State Sen. Walter Timilty recommended Patrice Kelly who, alongside her family, founded Prayers for Charlotte and the annual Run for Charlotte in honor of her daughter, who passed away at the age of five from neuroblastoma, a rare and aggressive form of cancer. Turning tragedy into hope for other families, the foundation has donated over $175,000 to pediatric cancer research and has made over 100 donations to assist families with the financial hardship that comes with a cancer diagnosis. In her work with the annual road race, Patrice has continually lived out the foundation's motto of, "Supporting the fighters, admiring the survivors, honoring the taken and never, ever giving up hope."

The Unsung Heroines are women who don't make the news, but make the difference. They are the women who use their time, talent and enthusiasm to enrich the lives of others and make a difference in their neighborhoods, cities and towns. They are mentors, volunteers and innovators who do what needs to be done without expectations of recognition or gratitude. These women are the glue that keeps a community together and every community is better because of their contribution.

The ceremony included a program emceed by MCSW Chair Margot Parrot, acknowledging each of the 2017 Unsung Heroines, along with remarks from Speaker of the House Robert A. DeLeo, Senate President Stanley C. Rosenberg and Representative Colleen M. Garry, Co-Chair of the Massachusetts Caucus of Women Legislators. The ceremony was followed by a group photograph on the Grand Staircase and a Just Desserts reception.

This event was made possible with the support of the following community sponsors: Harbor Sweets, Kerry Goodwin Photography, Jacqueline's Gourmet Cookies, Market Basket, Polar Beverages, and Tropical Foods.

The Massachusetts Commission on the Status of Women is an independent state agency that was legislatively created in 1998 to advance women of the Commonwealth to full equality in all areas of life and to promote their rights and opportunities. The MCSW provides a permanent, effective voice for the women of Massachusetts.

Katelyn McEvoy, Dominic Venuti Honored For Volunteerism

Quincy residents Katelyn McEvoy and Dominic Venuti were recently honored at South Shore Stars Rising Stars Gala for their volunteerism efforts and for giving back to their communities.

McEvoy, the owner and operator of Commit 2B Fit Studio in Quincy, enjoys giving back to the community by being a Big Sister, volunteering at local schools and teaching children the importance of exercise and nutrition. She also enjoys fundraising and donates her time to DOVE, Interfaith Social Services, and Quincy Mental Health.

Venuti, born and raised in Quincy, serves on the Board of Directors for Good Sports, a non-profit organization whose mission is to give children the life-long benefits of sport and physical activity by providing new equipment, apparel and footwear to those most in need. He also fundraises for a variety of other non-profit organizations.

NBC Boston and NECN Meteorologist Michael Page served as emcee for Honoring Rising Stars – Annual Benefit for South Shore Stars at the Boston Marriott Quincy in Quincy, Mass. Stars Executive Director Sheri Adlin hosted the honorees and recognized the importance of mentoring, volunteerism and leadership in building community.

Proceeds from the reception benefited Stars early education and youth development programs for children across the South Shore, as well as special funding for Stars Youth in Motion program at Randolph High School.

For more information, visit http://www.southshorestars.org/rising-stars/.

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BBB Warning: Jury Duty Scams Can Cost Thousands

By PAULA FLEMING

Better Business Bureau Serving Eastern MA, ME, RI & VT (BBB) is warning the public about a recent phone scam claiming you have failed to report to jury duty and need to pay a fine, usually costing around $2,000.

According to BBB Scam Tracker, 46 jury duty related scams were reported to BBB across the U.S. and Canada in 2016 - twice as many as the year before. As of January 2017, there have already been 23 scams of this sort reported to BBB.

The scam came to rise again this year when Better Business Bureau of Acadiana reported receiving notifications that scammers were calling residents and claiming to be from the sheriff's office or a federal marshal, telling residents that they missed a federal jury duty summons and will be arrested unless they pay the fines immediately.

A scam of this type typically follows with the victim being asked to provide credit card numbers or to wire money to cover the fake fines. Scammers may also ask for a Social Security number or other personal information for "verification purposes."

"Many of these scams can seem real and intimidating because scammers often use real law enforcement names and phone numbers with local area codes," says Paula Fleming, spokesperson for the local BBB. "BBB is warning those who have been summoned to jury duty to watch out for impersonator scams."

BBB offers these tips to help the community avoid jury duty imposter scams:

Never wire money

Wiring or transferring money should automatically raise a red flag because police will never ask for payment, including Green Dot MoneyPak or iTunes gift cards, over the phone.

Don't trust a phone call

Most contact between a court and a prospective juror will be through the U.S. mail. Any phone calls by real court officials will not include requests for sensitive personal information. If contacted by law enforcement, always ask for police identification or credentials. Hang up the phone and look up the police or sheriff department's number listed online and call back to verify someone has just called.

Don't give out your personal information

Many of these scammers will ask you to verify or confirm your name, birthdate and Social Security number, but jury duty notifications will never ask for personal information. This is one way scammers can steal your identity.

Those who have been affected by this scam are encouraged to report their information to their local police department, the Federal Trade Commission, your state's Attorney General, and BBB Scam Tracker.

For more information, visit bbb.org/boston, like us on Facebook, or follow us on Twitter and Instagram.

WHAT'S COOKING with *Marie & Susie*

By MARIE D'OLIMPIO and SUSIE FALCO



Pizza In Muffin Tins

By MARIE

With communions, graduations, confirmations, birthdays . . . and so many other family events, I find myself trying to make a different dish to add to the menu that is not the usual norm.

And that's how it was when I found an easy recipe to make pizza in muffin tins. They can be popped in the oven and enjoyed hot or just at room temperature.

RECIPE:

1 pound of dough
2 cups or so of tomato sauce
6 ounces of mozzarella cheese
Salt, pepper, oregano, basil as seasoning
12-cup muffin pan
Corn meal

Sprinkle a little corn meal on the bottom of each muffin tin for a crispy crust.

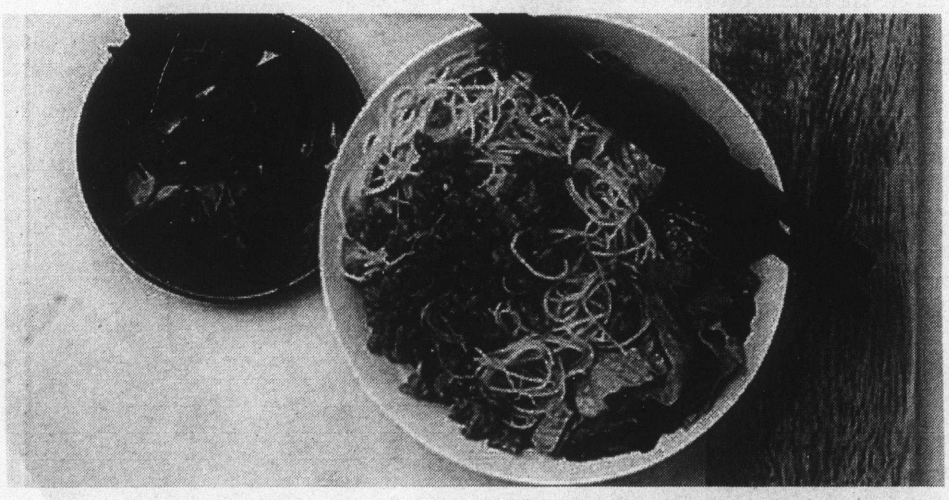
Roll out the dough and then press in muffin tin cups, covering the whole cup. Layer tomato sauce and cheese on top of dough, filling them to the top. Top with oregano, basil, salt and pepper.

This dish is that easy!

Bake at 400 degrees, about 20 minutes, until dough is browned and cheese is melted. This can be re-heated in a warming oven or toaster oven or eaten at room temperature.

P.S. You can add any favorite pizza topping to the layers, i.e. pepperoni, sausage, meatballs, vegetables, etc.

Vietnamese Noodle Salad



By SUSIE

Here is a simple and delicious noodle salad for those lazy summer days.

With just a few ingredients, this recipe relies on the fresh herbs and seasonings to shine. If you are not a fan of cilantro (many are not) then use the other ones combined how you like.

This is also a pretty dish, and nice to serve with some fresh mango and pineapple on the side. If you are allergic to peanuts, just substitute cashews.

VIETNAMESE NOODLE SALAD

- **8 oz. rice noodles**
- **3 tbsp. fish sauce**
- **1 heaping tablespoon raw honey**
- **2 tbsp. white vinegar**
- **1 tbsp. sesame oil**
- **1 lb. ground organic chicken or turkey**
- **1 jalapeño chile, finely chopped**
- **1 romaine heart, sliced**
- **1/4 c. chopped peanuts and fresh herbs (such as mint, cilantro, and basil)**
- **3 cloves garlic, minced**

Directions

1. Prepare rice noodles

2. In cup, whisk fish sauce, honey, and vinegar.

3. Heat oil on med.-high. Add ground meat, garlic, jalapeño, and 2 tbsp. fish sauce dressing. Cook 5 minutes or until meat is cooked through, crumbling with back of wooden spoon.

4. Add noodles to large bowl with meat, romaine heart, and remaining dressing. Toss. Garnish with peanuts and herbs.

Sterling Middle School Lists 176 Students On Honor Roll

One hundred seventy-six students are listed on the third term Honor Roll at Sterling Middle School.

They are:

HIGH HONORS

Grade 8: Lezly L. Acevedo, Maggie R. Cristiani, Nguyen H. Dao, James M. Doan, Michael D. Duong, Anthony J. Haviland, Supriti Karki, Jenelle M. Kimura, Parishkrit Lamichhane, Ngai K. Lee, Molly J. McGillivray, Huy M. Nguyen, Huy Van Nguyen, Wayne Nguyen, Andrew F. Nickerson, Cepherino T. Rodriguez, Sean P. Ryan, Chengrong Zheng.

Grade 7: Ahmad A. Al-Rekabi, Brahim A. Atif, Nuna Beatriz V. Avelar, Caleb T. Baliton, Meira T. Baliton, Wesley D. Byrne, Ellen Chen, Dany Darwich, Rachel W. Feng, Meaghan E. Foley, Tianyi N. Gao,

Johnny N. Garcia Acosta, Adriana O. Healy, Mia C. Heim, Garrett M. Hinkley, Helena L. Huynh.

Kaila L. Jacques, Kevin M. Jarek, Daniel W. Lung, Thu G. Luong, Jennifer S. Meng, Cindy Nguyen, Vansh J. Patel, Gianni I. Perea-Nunez, Athena G. Perry, Bryan Pham, Sophie A. Saint Marc, Lauren Y. Tam, Derek Tran, Doan N. Tran, Kayla N. Tran, Brian S. Wallace, Kaitlyn E. Zemotel, Benson N. Zheng.

Grade 6: Collincia Adwoa N. Agyapomaa, Amira F. Aitsaid, Anthony P. Anastasia, Mahmoud H. Arghand-Mazlan, Edwin G. Astronomo Jr., Luana Batista Soares, Peter M. Cooney, Nghi N. Hua, Aden E. Le, Thomas J. McGillicuddy, Colin K. McPherson, Lillian T. Nguyen, Robert L. Pitts, Sean W. Rosado Jr., Katrina M. Tran.

HONORS

Grade 8: Joseph M. Brahimi, Jayden K. Chui, Giani A. Colon, Amanda A. Depaula, Alvin C. Devasconcelos, Grace N. Devine, Abednego B. Do Rosario Lopes, Cody J. Francil, Katelyn G. Garcia, Jayvin J. Graham, William L. Hibbard, Susan R. Hoare, Sunny C. Huang, Ethyn C. Kerr, Colby V. Lai, Danny Ly, Shannon R. Mackay.

Hannah R. Mahn, Kristen A. Mahoney, Angel L. Marquis, Kyle P. McMurray, Ciro L. Moura, Issabella N. Nguyen, Sorcha M. Quinn, Anthony D. Rooney, Clyde Shtino, Harmony F. Soares, Matheus Henrique N. Souza Duarte, Johnny K. Tang, Eduard M. Tsvetanov, Xuefeng Zhao.

Grade 7: Kailayne M. Araujo, Zachary T. Corbett, Kaua Fellipe T. David, Tia N. Dibona, Lawsun Q. Do, Tiarnan Eaton, Alissa M. Fernandes, Malik M. Francis, Aaliyah C. Gomez, James T. Hoare, Nyck A. Jean-Philippe, Walker G. Jeffery, Dyani M. Joyce, Makhi I. Justice, Malik A. Justice, Milani G. Luna, Harry T Mcguire Jr.

Mackenzie R. Mclellan, David Meng, Alexandria V. Monteiro, Benny Nguyen, Mia L. Nguyen, Collin M. O'Donoghue, Keyara L. O'Neal, Haley E. O'Reilly, Julianna M. Paluzzi, Evelyn C. Parker, Paola N. Pena-Garcia, Scott C. Ritz, Sarah E. Rizzi, Abby R. Romano, Samantha R. Shuman, Amaya S. Six-Tiger, Erny A. Sundosd, Jacquline T. Tang, Kassyleas L. Tavares, Nnene N. Ugah, Gabriel Vilarino, Ngan D. Vo, Jarod M. Walker, Jair T. Whyte.

Grade 6: Angelica E. Aikens, Zyona Z. Alfonso, Brianna M. Backman, Dynasty V. Cardoso, Brian Chan, Kenny Chen, Olivia E. Colligan, Rebekah H. Dang, Shaina E. Daphnis, Nicholas V. Day, Evan J. Devine, Adyelzer B. Do Rosario Lopes, Gavin W. Eve, Ira Habiba, Rebekah H. Hall, Brandon L. Hibbard.

Bridget A. Hoare, Summer Latta, William D. Le, Alex A. Lei, Shannen K. McCarthy, Christian A. Monteiro-Spagnolo, Chase J. Morales, Brenda A. Moura, Ty J. Neal, Trang T. Nhu, Madison R. Payne, Nicholas K. Pereira, Connor W. Putnam, Richardy C. Ramos De Melo Castro, A'syiah N. Reeder, Andrew P. Riva, Marissa R. Rodriguez-Davis, Alexandria M. Simeone, Carley E. Sullivan, Arunee J. Sundosd, Christian A. Tineo.

Six Quincy Students At Woodward School Earn Recognition In National Latin Exam

Six Quincy students at the Woodward School for Girls in Quincy were recently recognized for their exceptional scores in the National Latin Exam.

The students are:

Daria Ramiz '21, Ashlynn Eisner '21, Marina Ferreira '22, Ally Gagne '22, Jordyn Geary'22 and Zoe Maher '22. They study with Latin teacher and Classics Department Chairperson Rosemary West.

Ramiz earned a Silver Maxima Cum Laude award and medal for the Latin I level exam; Eisner earned a Magna Cum Laude for the Latin I level exam; Ferreira earned a Blue Ribbon award for the Introduction to Latin level exam; Gagne, Geary and Maher earned a Certificate of Merit for the Introduction to Latin exam.

The exam is offered every year under the aegis of the American Classical League and the National Junior Classical League. More than 149,000 students worldwide sat for the exam this year: students from all fifty states, as well from places as far away as New Zealand, Belize, Ghana, Zimbabwe, the Netherlands and Spain.

Three Quincy Students On Rochester IT Dean's List

Three students from Quincy have been named to the Dean's List for the spring semester at the Rochester Institute of Technology in Rochester, N.Y.

They are:

Scott Brink, who is studying computing security; Ellen Chen, who is studying game design and development; and Stephen Cook, who is studying software engineering.

Dehydration In Adults: Signs, Symptoms, Treatments

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Dehydration is a disorder that occurs when the loss of body fluids, mostly water, surpasses the amount that is taken in.

With dehydration, more water is moving out of our cells and bodies than what we take in as a result of drinking. We lose water every day in the form of water vapor via the breath we exhale and in our excreted sweat, urine, and stool. In conjunction with the water, small amounts of salts are also lost.

When we lose an excessive amount of water, our bodies may develop an imbalance that can progress to dehydration. Severe dehydration can lead to death.

Numerous conditions may instigate rapid and continued fluid losses and lead to dehydration:

- Fever, heat exposure, and excessive exercise
- Vomiting, diarrhea, and increased urination due to infection
- Diseases such as diabetes
- The inability to seek appropriate water and food, as in the case of a disabled person
- An impaired ability to drink, for instance, someone in a coma or on a respirator
- No access to safe drinking water
- Significant injuries to skin, such as burns or mouth sores, or severe skin diseases or infections (water is lost through the damaged skin)

The signs and symptoms of dehydration span from minor to critical and include:

- Increased thirst
- Dry mouth and swollen tongue
- Weakness
- Dizziness
- Palpitations
- Confusion
- Sluggishness
- Fainting
- Inability to sweat
- Decreased urine output

Urine color may also be an indication of dehydration. Urine that is concentrated and dark yellow or amber, may signify dehydration.

Call your doctor if the dehydrated person experiences any of the following:

- Increased or constant vomiting for more than a day
- Fever over 101°F
- Diarrhea in excess of 2 days
- Weight loss
- Decreased urine production
- Confusion
- Weakness

Seek emergency treatment if these situations occur:

- Fever higher than 103°F
- Confusion
- Sluggishness or lethargic
- Headache
- Seizures
- Difficulty breathing
- Chest or abdominal pains
- Fainting
- No urine output in the last 12 hours

To diagnose, the healthcare provider may perform a variety of simple tests at the examination or send blood or urine samples to the laboratory. Through tests and examination, the doctor will try to pinpoint the underlying reasons that led to the dehydration.

For those who are dehydrated, even those who have been vomiting, it is imperative for them to attempt to take in fluids in the following ways:

- Sipping small amounts of water and/or drinking carbohydrate/electrolyte-containing drinks. Suitable choices are sports drinks such as Gatorade or prepared replacement solutions like Pedialyte.
- Sucking on ice chips

If the person has been exposed to heat or has an elevated temperature, attempt to cool the person, in the following ways:

- Remove any excess clothing and loosen other clothing.
- Air-conditioned areas are beneficial for helping return body temperatures to normal and alleviating the heat exposure cycle.
- If air conditioning is not available, facilitate cooling by evaporation, by placing the person near fans or in the shade, if outside. Place a wet towel around the person.
- If available, use a spray bottle or misters to spray lukewarm water on exposed skin surfaces to help with cooling by evaporation.
- Avoid exposing skin to extreme cold, such as ice packs or ice water. This can cause the blood vessels in the skin to constrict and will decrease rather than increase heat loss. Exposure to excessive cold can also cause shivering, which will increase body temperature, the reverse of what you're trying to accomplish.

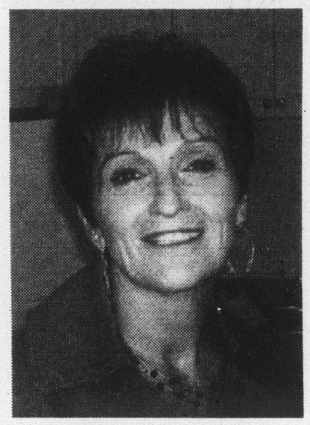
Treatment in the emergency department focuses initially on restoring blood volume and then body fluids, while verifying the cause of the dehydration. If your core body temperature is greater than 104 °F, doctors will cool the entire body. They may promote cooling by evaporation with mists and fans or cooling blankets and baths.

Fluid replacement is begun either by the initiation of oral fluids or if there are signs of significant dehydration (elevated resting heart rate, low blood pressure), fluids are generally given through an IV. If your condition improves, you may be discharged home, preferably in the care of friends or family who can help monitor your condition. If the dehydration persists, or if you experience confusion, are feverish, have persistently abnormal vital signs, or signs of infection, you may need to stay in the hospital for additional monitoring and treatment.

The prime treatment for dehydration is prevention. It is crucial for everyone to anticipate the need for increased fluid intake.

Remember to:

- Plan ahead and take extra water to all outdoor events and work where increased sweating, activity, and heat stress will increase fluid losses. Encourage athletes and outdoor workers to replace fluids at a rate that equals the loss.
- Avoid exercise and exposure during high heat index days. Pat attention to weather forecasts for high heat stress days, and plan events that must occur outside during times when temperatures are cooler.
- Safeguard that the elderly and infants and children have adequate drinking water or fluids available and assist them as required. Assure that those who are any incapacitated or impaired are encouraged to drink and provided with adequate fluids.
- Avoid alcohol consumption, especially when it is extremely warm. Alcohol intensifies water loss and impairs your ability to sense the early signs associated with dehydration.



RUTH JONES

- Wear light-colored and loose-fitting clothing if you must be outdoors when it is hot outside. Carry a personal fan or mister to keep you cool.
- Divide your time exposed to hot temperatures. Seek air-conditioned or shady areas and allow yourself to cool between exposures. Transporting someone into a cooled area for even for a short period of time each day will help to counteract the cumulative effects of high heat exposure.

When dehydration is treated and the underlying cause identified, most people recover normally without any residual effects.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Ryan Miller Graduates Trinity College

Ryan Andrew Miller of Quincy recently graduated from Trinity College in Hartford, CT.

Miller earned a bachelor of arts degree in political science.

QATV
Quincy Access Television
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Quincy, MA 02169
617-376-1440

Public Access Channel 8

Thursday, July 20
6:30pm: Quincy Planning Dept. CDBG Week
8:00pm: Quinzee Memories, episode 1

Friday, July 21
11:30am: LIVE: Currently in Quincy
6:30pm: AM Quincy: Quincy Bay Race Week

Saturday, July 22
12:00pm: Presidential Wreath Laying Ceremony
1:30pm: CIQ Interview: Father Bill's/Mainspring

Sunday, July 23
11:30am: Terra Santa News
3:30pm: Sound Advice

Monday, July 24
11:30am: LIVE: Currently in Quincy
8:00pm: Presidential Wreath Laying Ceremony

Tuesday, July 25
7:30pm: Quincy in Focus
8:00pm: AM Quincy: Discover Quincy

Wednesday, July 26
6:00am: LIVE: AM Quincy with Joe Catalano
10:00pm: The Constitution: Then & Now

Government Access Channel 9

Thursday, July 20
10:00am: In the Know: Substance Use Abuse
12:20pm: Presidential Wreath Laying Ceremony
6:30pm: FYI: QHD Sinusitis

Friday, July 21
6:00pm: Update DPW: Summer Season
6:30pm: FYI: QHD Recreational Camps
7:00pm: Presidential Wreath Laying Ceremony
9:00pm: In the Know: Meals on Wheels

Saturday/Sunday, July 22/23
9:30am: Fire Prevention & You: Grill Safety
9:45am: In the Know: Meals on Wheels
1:30pm: Dynamic Living: Quincy 400
3:00pm: At the Library: Kate Kayaian
4:00pm: AM Quincy: License Board Update
7:00pm: Presidential Wreath Laying Ceremony

Monday, July 24
7:00pm: Quincy Planning Dept. CDBG Week

Tuesday, July 25
8:00pm: At the Library: Paul Agnew

Wednesday, July 26
6:00pm: In the Know: Meals on Wheels

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For a complete list of programs, please visit our website at qatv.org



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343 Students On Atlantic Honor Roll

Three hundred forty-three students are listed on the third term Honor Roll at Atlantic Middle School.

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Olivia J. Keaney, Eric S. Lee, Christy W. Li, Kenny Li, Michelle Li, Sara Liang, Kevin Lin, Vicky J. Lin, Andy Y. Liu, Mary C. Loney, Lauren E. Manning, Cindy Y. Mei, Viktoria P. Miller, Nicholas T. Nguyen, Brigid R. Norris, Ciara R. O'Connor, Tai A. Ong, Ruiye N. Ou, Katrina Pham.

Thomas W. Roche, Sierra A. Rodrigues, Victoria M. Talarico, Steven Tan, Melanie N. Tran, Vanessa T. Tsang, Paris O. Vestal, Tammy Wang, Maeve A. White, Elaine M. Wong, Eric Wu, Jia J. Wu, Qi Q. Wu, Kelvin X. Xu, Zhichao N. Xu, Annie Yu, Chuhua N. Zhang, Cecily Zhao, Michelle Y. Zhen, Marissa Zhu, Gina Zou.

Grade 7: Alexandra F. Abrahamovich, Jessica Aliosa, Yoon M. Aung, Jieheng N. Cao, Christopher Chan, Fiena Chen, Nancy X. Chen, Rou N. Chen, Samantha K. Chen, Mia N. Cluett, Liana S. Dararaksmey, John M. Fehan, Yuxuan Gang, Phoebe Guan, Tina V. Hoang, Bridget A. Keane, Emily Kuang.

Ada V. Lai, Quinn H. Lamotte, Brian Lee, Rachel K. Lee, Kevin Lin, Tammy Y. Lin, Kayla M. Lindsay, Ashley D. Lu, Francesca G. Magnarelli, Victoria G. Mariano, Jamie A. McAleavey, Ashley B. Morash, Phuong V. Nghiem, Andrea N. Ngo, Quinlan J. Perry, Olivia N. Pham, Nikki T. Phan.

Melody Tai, Stanley Tian, Jeffrey Wu, Jeff Yu, Nancy Zhang, Decheng Zheng, Han Zheng, Ivan N. Zheng, Nathan Zheng, Joyce Zhong, Jia Ye Zou.

Grade 6: Dylan S. Almeida, Brianna B. Alvarado, Daniel F. Alvarez, Lea R. Bergin, Kien T. Bui, Bridget A. Capone, Natalie Chan, Yvonne N. Chan, Adin M. Cheang, Donna Chen, Jingen N. Chen, Erica C. Cheung, Yumiko Chow, Melanie J. Chretien, Abigail B. Coughlin.

Paula D. Day, Joycelynn D. Diep, Maya E. Egan, Nicholas E. Enbar-Salo, Caitlin M. Feeney, Artiom Fernandez Correa, Matthew S. Fitzgerald, Van K. Hoang, Jiahong Huang, Megan Huang, Sophia Huang, Elton D. Huynh.

Graeme W. Johnston, Helen Ke, Niamh E. Kelly, Beck A. Lamotte, Jennifer M. Lee, Kayla G. Lew, Jocelyn K. Li, Sahara Liang, Hoa Lin, Allyson A. Liu, Christine H. Loney, Alyssa L. Ly, Heidi Malushi, Molly A. McGovern, Jerald D. Mortel, Nicholas Y. Moy, Grant T. Murphy, Khang D. Nguyen, Mitch J. O'Brien.

Keiko E. Shafton, Zixian N. Situ, Jeffrey Z. Tam, Nicolas J. Tang, Julia Kow, Ceana A. Tran, Jada Tran, Aaron Tsang, James Weng, Joseph K. Whooley, Kimberly Xiaohong N. Wu Deng, Emily Z. Wu, Isabelle Wu, Tammie A. Xu, Jocelyn A. Yee, Yanfeng Yu, Emily Zeng, Jacky C. Zhang, Jacky Zhao, Amy Zheng, Ivan N. Zou.

HONORS

Grade 8: Sriya M. Annambhotla, Brian B. Bui-Tran, Phillip P. Byrne, Makayla L. Carini, Mindy M. Chan, Huan N. Chen, Kunhong Chen, Xiao Lei Chen, Narah C. Cohen, Jordan D. Della Barba, Emma M. Devin, Peter Do, Shariel Joy M. Fielder, Ava E. Fin, Keandra C. Finn, Cullen C. Flynn, Emma J. Ford.

Klejt Gega, Maeve M. Griffin, Xiao Feng N. Guan, Emily A. Hardiman, Nicole M. Hartnett, Joseph M. Healy, Sean T. Jackson, Megan A. Jonah, Lindsey B. Keenan, Ronan P. Kelly, Mikayla G. Kennedy, Tyler D. Le, Ryan E. Lee, Jie Hong Li, Yuting Lin, Yutong Lin, Andrew H. Luo.

Charles B. Marcheski, Maxberly Martinez, Shane M. McDougall, Lauren C. Medeiros, Jiaqi Mei, Joyce Q. Mo, Rebecca A. Morrill, Jackson E. Murphy, Megi Mustafaraj, Ryan N. Naili, Haley E. O'Connor, Christian J. Perez, Molly R. Phinney, Talha N. Qasim.

Seamus S. Trainor, Danny Tran, Elena M. Tran, Eliana K. Tran, Evan N. Truong, Bao Neng Wei, Baoying Weng, Richard Wu, Timothy S. Xu, Jacob K. Yee, Zeling N. Zhang, Christina Y. Zhen, Harry H. Zheng.

Grade 7: Isabel J. Ahumada Pedraza, Gulisumuayi Aihemaiti, Yusef H. Alzubaidy, Deana L. Antunes, Emmett S. Bandzak, Sophia J. Barnes, Kiyan L. Bias, Kathryn E. Boylan, Liam J. Carey, Crystal Chen, Jeffrey Chen, Junrong Chen, Vivian Chen, Brian M. Choi, Mairead C. Curran, Martin Demo, Omar M. Elhashash.

Shane M. Faherty, Taylor P. Ferolito, Jamar J. Finn, Jared P. Gaven, Shayla M. Goba, Michael J. Gorman, Eric Y. Guan, Vanessa S. Guan, Wilson Huang, Safiye S. Iskenderoglu, Charlotte E. Kelliher, Kobe H. Khuong, Olivia Kosinski, Artur T. Kudaiarov, Moe Pwing P. Kyaw, Zong Hai Li, Tanisha C. Laing, Iasmine N. Lima Rocha, Jialing N. Lin, Sherri Lin, Yan Xin Lin, Kitty S. Liu, Carlos H. Lu.

Baileigh D. McMahon, Orla J. O'Driscoll, Caitlin Y. O'Regan, Wilson Phan, Michael A. Pollastretti, Myra N. Qasim, Isabell P. Scott, Kexin N. Shi, Kaylee A. Sleiman, Dahlia R. Smith, Alexandra N. Talarico, Marissa I. Tolini, Amber Tran, Ryan A. Van, Pamela R. Williams, Samuel K. Wong, Jiawei Wu, Meiying Wu, James B. Zheng, Li Juan Zheng.

Grade 6: Jacquelyn C. Andrade, Sachi Andrade, Yaphet M. Browning, Adriana M. Campbell, Olivia L. Chan, Jessica N. Chen, Jia Ming Chen, Shaelyn A. Clark, David J. D'Antona, Elijah J. Eno, Collin J. Gates, Ella M. Gates, Aida Lee B. Giordano, Kayla C. Grippi, Hui Xian Guan.

Kazuki M. Hedge, Anthony S. Holmes, Alan Q. Huang, Ken Huang, Ava E. Hunt, Suleka J. Hussein, Isaac T. Li, Aria X. Long, Miranda K. Luke, Tuan V. Lu, Cara Susanna L. MacDonald, Desiree E. Masone, Neil B. McCole III, Giordano J. McKenzie, Marcus W. Moore, Anh Q. Nguyen.

Brendan D. O'Connor, Solana C. Ocean, Sophia J. Owens, Duyen T. Phan, Avery J. Pitta, Mya T. Rodriguez, Vincent Shi, Asani T. Smith, Mary F. Stanton, Caitlin M. Stockdale, Destiney C. Stokes, Zachary Taylor, Kayla N. Tucker, Harry Wang, Jia Lin Weng, Yong Wen Xu, Joey Yu, Allen Zheng, Nora E. Zraizaa.

22 Residents Earn Degrees At Simmons College

Twenty-two Quincy residents recently earned degrees at Simmons College in Boston.

They are:

Anas Aljamaan, M.S. in management; Thanh Luc, M.S. in nursing: family nurse practitioner; Kathleen Sullivan, Master of Science; Kirby Montgomery, Master of Social Work; Lais Soares Evora, Bachelor of Science in biochemistry; Amelia Wool, Bachelor of Science in public health; Fenny Gao, M.A.T. ESL; Shu Chen, Bachelor of Science in exercise science and public health.

Nancy Bedore, Bachelor of Science in nursing, summa cum laude; Danielle Flaherty, Bachelor of Science in nursing; Nina Plabutong, Bachelor of Science nursing; Samantha Tan, Bachelor of Science in nursing; Jalessah Jackson, M.A. in gender/cultural studies; William Kennedy, M.A. in teaching; Christine Cahalan, M.S. in nursing: family nurse practitioner.

Brittany Henry, Master in business administration; William Lynch, Master of Science; Kevin MacAuley, Master of Science; Christiana Adu, Master of Social Work; Michelle LeBlanc, Master of Social Work; Cesarina Dos Santos, MSW with a certificate in urban leadership; Elizabeth Hendry, Bachelor of Arts cum laude in economics.

Five On Thayer Academy Middle School Honor Roll

Five students from Quincy are on the honor roll at Thayer Academy Middle School in Braintree.

They are:

Emma Dahl, William Kourafas, Ty Mainini, Gavin Toland and Conor Walsh.

Spencer Guerschuny Norwich Grad

Spencer Louis Guerschuny of Quincy recently received a Bachelor of Science degree in construction management from Norwich University in Northfield, VT.

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Social Security Matters

Ask Rusty: DRCs vs. Collecting And Continuing To Earn

Dear Rusty: My wife is now 66 and not collecting Social Security. She wants to wait until age 70 to collect the larger benefit. However, I know that she could collect now and her payments will grow if she continues to work until age 70 because she had some years in her lifetime with zero earnings. My question is what will be the difference in benefits at age 70 if she waits to collect, or she collects now at age 66 and continues to contribute to S.S.?

Signed: **Working Wife's Husband**

Dear Working: This is an interesting question. Let's examine the parts.

When a person reaches their full retirement age (FRA) but does not apply for Social Security benefits, they earn Delayed Retirement Credits (DRCs) at a rate of 2/3rds of 1 percent for each month they delay. So for each full year beyond their FRA, up to age 70, they earn 8 percent more than they would receive at their full retirement age, to a maximum of 132 percent of their FRA benefit.

When you apply for benefits, Social Security examines your lifetime earnings record, adjusts (indexes) your earnings in each of those years for inflation, and finds the 35 years with the highest earnings (only earnings up to the annual payroll withholding tax limit are counted). If you don't have a full 35 years of earnings, they put zeros in some years to reach a total of 35, the number of years used to calculate your benefit amount. They then add up the earnings for those 35 years, divide the total by 420 (the number of months in 35 years) to arrive at your Average Indexed Monthly Earnings (AIME). Your AIME is then subjected to a formula using "bend points", where different percentages are applied to three different portions of your average monthly earnings to arrive at your Primary Insurance Amount, or PIA, the amount of benefit you are entitled to at your full retirement age.

Social Security reviews each beneficiary's earnings record annually and, if their current earnings are more than the indexed earnings in any of the 35 years used to calculate your benefit, they will replace that year with the higher earnings amount and re-compute your benefit accordingly. In this way the monthly benefit amount can increase if current earnings exceed the indexed earnings in any of the years used to compute your PIA. But, how would this potential increase compare against the annual 8 percent delayed retirement credit your wife would receive if she does not apply at her full retirement age?

Assuming four years of zero earnings, an AIME of $3,000 and a PIA of $ 1,473, I calculate that replacing those four zero years with $25,000 per year in earnings would boost your wife's benefit to $1,549 per month at age 70. However, when the 8 percent DRC's are applied to the $1,473 PIA her benefit amount at age 70 would be $1,944 per month, $395 more. So, if your goal is to maximize her monthly benefit, there is a clear financial advantage to delaying.

But, when to start benefits is never as simple as looking only at the financial numbers; health and lifestyle factors must always be taken into account. And you should also consider that if your wife applies now, by the time she reaches 70 years of age she will have collected 4 years' worth of benefits. If your wife is healthy and as a couple you are financially comfortable with her earnings from work, waiting to collect is certainly viable option.

If, instead, she becomes unable to work, needs the extra money, or simply decides she wants to begin Social Security, she can apply at any time to start collecting her benefits. Also note that if she continues to work, her current earnings may, if they are large enough, improve her benefit amount regardless of whether or not she is already collecting Social Security benefits.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues.

To submit a request, contact the Foundation at info@amacfoundation.org.



LIKE THE 'Yesterdays' postcard on Page 5, this file photo also shows part of the Quincy Tercentennial celebration parade route in 1925. The photo shows Hancock Street and Temple Street, one of the oldest commercial blocks in Quincy Square. As described by Quincy Historian Tom Galvin, the block was decorated with flags and bunting during the weeklong Tercentennial celebration of Quincy in June 1925. The 300th anniversary event drew thousands to Quincy including 140,000 on the last day alone to view the three-hour parade which passed by here.

Quincy Center Restaurant Granted All Alcohol License

By SCOTT JACKSON

The city's licensing board granted an all alcohol license to a Quincy Center restaurant at its most recent meeting.

The Board of License Commissioners approved an all alcohol license for Rozafa Mediterranean Bistro on July 11. The restaurant, located at 1089 Hancock St., currently has a beer and wine license.

The eatery currently opens at 6 a.m. for breakfast, closes between 3 and 5 p.m. and then stays open until 10 p.m. Marlon Vila, an owner of the restaurant, told the board he doesn't intend to change the hours, but could do so in the future if customers prefer it. The license granted July 11 would allow Rozafa to remain until 1 a.m.

The restaurant currently has a bar where beer and wine are served. The setup will remain the same after the full liquor license is granted.

"The layout will be exactly the same," Vila said. "There will be no change."

The board approved the request unanimously.

"I've never been in but I hear great things," said Police Chief Paul Keenan. "Keep up the good work. Good luck."

In other business July 11, the board:

Announced the Massachusetts Alcoholic Beverage Control Commission has suspended the liquor license held by Revel, located at 79 Parkingway, for 48 days – with 20 to be served and the remaining 28 suspended for two years. State investigators said they found 14 minors in possession of alcohol on the premises this February. The ABCC's decision can be appealed in Superior Court and the commission in some instances allows establishments to pay a fine in lieu of suspension.

Approved a request from Leo Keka, owner of Alba at 1486 Hancock St., to continue offering alcohol service at Zef Cicchetti & Raw Bar at adjacent 1472 Hancock St. under the same license. Keka opened Zef Cicchetti & Raw Bar, a Venetian restaurant, earlier this year.

Approved a request from Five Guys Burgers and Fries, 1250 Hancock St., for a patio space with room for five two-seat tables that will be located outside the restaurant along the Washington Street side of Presidents Place. Fire Chief Joseph Barron and City Clerk Nicole Crispo voted against the license; Barron said the sidewalk in front of Presidents Place is too crowded. Health Commissioner Drew Scheele, the board's chairman, said the board could review the issue again if any problems arise.

Approved a retail beer and wine license for the Quincy Farmers Market, which is open on Fridays through Nov. 17 at Pageant Field in Merrymount Park. Westport Rivers Vineyard & Winery will offer wine tastings and sell wine for off-site consumption at the market.

Approved a one-day beer and wine license for Meriel Marina Bay, 552 Victory Rd., on Aug. 12 from 3 p.m. to 8 p.m. A ribbon-cutting ceremony will be held that day to mark the completion of the 352-unit high-end apartment building.

Granted a one-day beer and wine license to Baystate Equipment, 153 Brook Rd., for an event for employees and vendors on Aug. 10 from 4 to 8 p.m.

Granted a one-day beer and wine license to Elena's Café, located inside the National Fire Protection Association's headquarters at 1 Batterymarch Park, for a corporate event on Aug. 22 from 4 to 9 p.m.

Approved a request to allow Mark Paolucci to become a co-owner, along with Edward Cochrane, of S6 Sports Bar, located at 1550 Hancock St.

Granted a common victualler license for Double Happiness Bakery d/b/a Mei Mei Baker, which will take over the storefront at 22 Brook St.



23rd Annual North Quincy High School Football Alumni Golf Tournament
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For the Benefit of the NQHS Scholarship Fund
Barry Welch ~ 2017 Honoree

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In Memory of Great Teammates and Friends Frank Barrett, Hank Fisher and Patrick Cluett, Class of 1946. T-Day: North 6, Quincy 0! ~ *The Barrett Family*
In Memory of Stephen "Steff" O'Donnell, NQHS 1981 ~ *The O'Donnell Family*
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Mayor Thomas Koch ~ *Tom Koch, NQHS Class of '81*
NQHS Class of '73 = 44 Years United! ~ *The Class of '73*
NQHS Principal Rob Shaw
Paul McAlduff Class of '67, Peter McAlduff '63, Janice McAlduff, '70, Geraldine McAlduff McCarthy '61, Rich McCarthy '81, John McCarthy '82 and Janet Marie McCarthy '85. Thanks for the great years at NQHS and Congratulations to Barry Welch! ~ *Paul McAlduff and Rich McCarthy*
Raise Your Hand If You Love Mike! ~ *Aunt Sue and Steve Stamos*
Roadway Tire, *1301 SW 2nd Street, Pompano Beach, FL, roadwaytire.com, 877-242-6481, Congratulations, Barry Welch! ~ Paul McAlduff and Rich McCarthy*
Stamos & Stamos Realtors, *747 East Squantum St., Squantum, 617-328-9400, stamosandstamosrealtors.com ~ Jim Stamos*
Stephen B. Constant, DMV, Westover Animal Clinic, Reproductive Consultations, westoverac.com ~ *Steve Constant*
Thanks for the great memories and all the fun I had coaching! ~ *Coach Ralph Frazier*
Thank You to Paul McAlduff & Rich McCarthy, and Leo Papile, Sustaining Sponsors, NQHS Football Alumni Golf Tournament Scholarship Fundraiser
The Schaetzl Family ~ *Bill Schaetzl*
The White Family, 430 Beale Street, Walter '71, Mary '72, Theresa '73, Michael '74, John '79, Linda '84 ~ *John White*
2006 NQHS Football Alumni Honoree Billy Carroll, We Miss You! ~ *The Whole Gang*

~ SPECIAL THANKS ~

Abington Ale House, Boston Tavern, Jimmy Ducey, Greg Fisher, Neal Fisher, John Flynn, Coach Ralph Frazier, Joanne Guilfoy, Hajjar's Bar & Grill, Steve Hopkins, Hyannis Golf Course, Mayor Thomas Koch, Keith Lindberg, Paul & Ellen Lippens, John Magnarelli, Bob McCormick, Bob & Liz Morton, Tom Norton, Novaro, Leo Papile, Lesley & Ron Pollara, Jack Pomarole, John Provost, Roadway Tire and Tire Hero ~ Paul McAlduff and Rich McCarthy, Bill Schaetzl, Bill Shea, Steve & Sue Stamos, Lou Trubiano, United Liquors, Barry Welch, John White, The Quincy Sun and everyone who supports this terrific event!

~ CONGRATULATIONS 2017 NQHS SCHOLARSHIP RECIPIENTS ~

Stephen Cobble, Brendan Ganno, Shannan Kennedy, Ryan Manning

Rep. Tackey Chan House's First Asian-American Chairman

Committee On Consumer Protection And Professional Licensure

By ANDY METZGER
State House News Service

Rep. Tackey Chan, a union-friendly Quincy Democrat, was named Monday to co-chair the Committee on Consumer Protection and Professional Licensure where his purview will include laws and bills regulating gambling, alcohol and licensed professions.

Chan at first said that the distinction of being the House's first Asian-American chairman belongs to Rep. Paul Schmid, a Westport Democrat and farmer who led the Committee on Environment, Natural Resources and Agriculture last session.

"Paul Schmid is technically the first Asian. That was kind of overlooked," said Chan, whose family is from Hong Kong.

Rep. Tackey Chan of Quincy said his appointment on Monday as House chairman of the Consumer Protection and Professional Licensure Committee is "an exciting opportunity."

Schmid said his mother's father was Chinese and her father was Swedish and she was an active supporter of the Chinese community, but he said the distinction of first Asian House chairman belongs to Chan.

"I think it is true that he is the first Asian," Schmid told the News Service, and Chan's office subsequently deferred to Schmid.

The chairmanship of the Consumer Protection Committee opened up as a domino effect from Rep. Brian Dempsey's resignation announcement and the appointment on Monday of Rep. Jeffrey Sanchez to succeed Dempsey as chairman of the House Committee on Ways and Means.

While it's his first official chairmanship, Chan in the 2013-2014 session unofficially headed up the Committee on Community Development and Small Businesses when the committee's former House chairwoman, Linda Dorcena Forry, was elected to the Senate in 2013. At the time, Chan was vice chairman.

Appointed Monday in a Democratic caucus that ratified House Speaker Robert DeLeo's selections, Chan said he looks forward to digging into the bills in committee, getting to know the issues and staff, and talking to his Senate counterpart, Andover Sen. Barbara L'Italien, a former House member.

"It's an exciting opportunity," Chan said.

Chan acknowledged that he has filed "a lot of labor-friendly bills," and he said he represents many union members in his Quincy district.

One of Chan's bills (H 1344) would allow state employees with a union contract to adopt a salary escalator that follows the consumer price index if they go for more than a year with a contract extended through an "evergreen clause." That bill was filed with the endorsement of a National Association of Government Employees official and referred to the Public Service Committee.

Chan said he is interested in protecting consumers and employees while balancing the needs of businesses. Chan said the Consumer Protection Committee involves a great deal of interaction with other government agencies.

Chan said he is also a member of the Screen Actors Guild - American Federation of Television and Radio Artists, a union also known as SAG-AFTRA. These days Chan mostly performs as an extra, he said, though he said he previously had roles in training videos.

Chan is also of counsel to the firm Boyle Shaugnessy Law. He said he does not receive a salary from the firm and he has "not made any money either, as a result, so my ethics report shows zero dollars last year."

"There should not be any conflicts," Chan said about his relationship with the firm.



STATE REP. TACKEY CHAN (D-Quincy) was named Monday to co-chair the Committee on Consumer Protection and Professional Licensure. Rep. Chan is the Massachusetts House of Representatives first Asian-American to chair a House committee. *Photo Courtesy Sam Doran/State House News Service*

Potential City Election Candidates At 30; Papers Due July 25

By SCOTT JACKSON

Thirty residents have pulled nomination papers to run for seats on the City Council or School Committee this fall with the deadline to qualify for the ballot looming.

Two residents have pulled papers within the last week – Michael Hurley of Elm Avenue and Steve Tougas of Gilbert Street – both for seats on the council. Hurley is circulating papers to run for the Ward 5 seat while Tougas pulled papers in the at-large contest.

Those running must return their nomination papers, signed by 50 registered voters, to the City Clerk's Office by Tuesday, July 25. The candidates running for a ward seat must collect those signatures in that district. Eleven candidates had their nomination papers certified as of Tuesday.

This year's municipal election will be held on Nov. 7, with preliminary contests, if necessary, on Sept. 12.

Hurley is the third resident to pull papers in the Ward 5 race, along with incumbent Kirsten Hughes of Willow Avenue and Mary Lally of Weston Avenue. If all three qualified for the ballot it would trigger a preliminary election for the seat. Hughes has had her nomination papers certified.

Nine others have pulled papers to run for the three at-large seats on the council. They are incumbents Noel DiBona of Chickatabot Road and Nina Liang of Williams Street; Ward 1 Councillor Margaret Laforest of Rock Island Road; School Committee member Anne Mahoney of Ferriter Street; former commissioner of public works Daniel Raymondi of Elm Street; Domenic Papile of Ridgeway Drive; John Rodophele of Grenwold Road; Robert Ross of Howe Street; and Stanley Dong Fang Xiao of Bicknell Street.

The third incumbent at-large councillor, Joseph Finn, is not seeking re-election.

Laforest and Xiao have had their nomination papers certified as of Tuesday; Raymondi has submitted his and they were in the process of being certified Tuesday afternoon. If seven or more qualify for the at-large race a preliminary election would be held to whittle the field down to six.

Preliminary elections are also possible in Wards 1 and 6.

Four candidates have emerged for the open seat in Ward 1: former school board member David McCarthy of Whitney Road; Daniel Davis of Babcock Street; Michael Falcione of Graham Terrace; and Joseph Murphy of Macy Street. Davis and Murphy have had their nomination papers certified by election officials; Falcione returned his papers as well, but had fewer than the requisite 50 signatures.

In Ward 6, incumbent William Harris of Ashworth Road could face three challengers: Ashly Eikelberg of Quincy Shore Drive, H.A. "Alie" Shaughnessy of Essex Street and Steven Striffler of Huckins Avenue. Striffler's nomination papers have been certified.

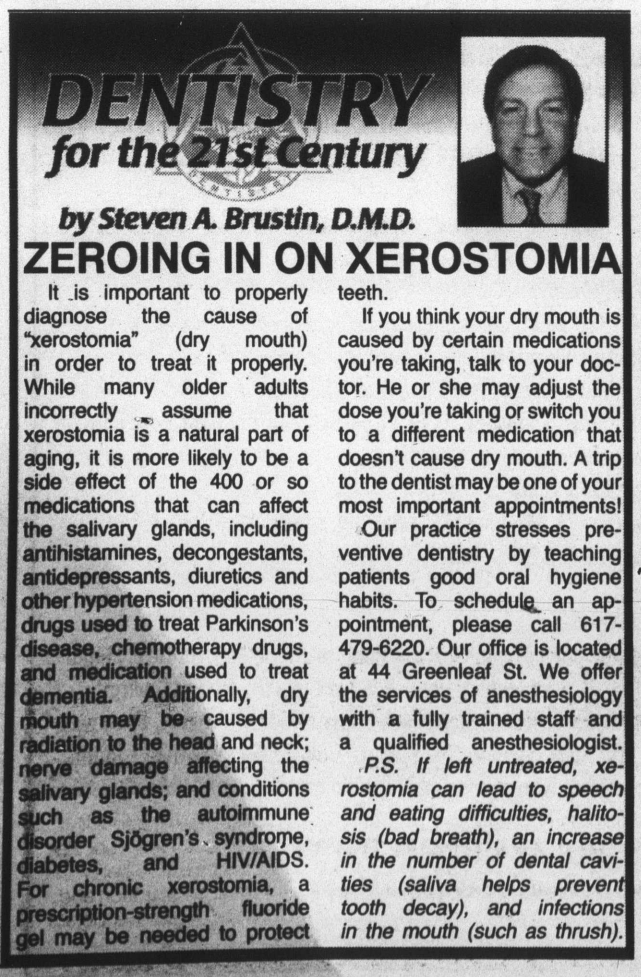
Incumbent Councillors Brad Croall (Ward 2), Ian Cain (Ward 3) and Brian Palmucci (Ward 4) are so far unopposed. Croall and Palmucci have had their nomination papers certified.

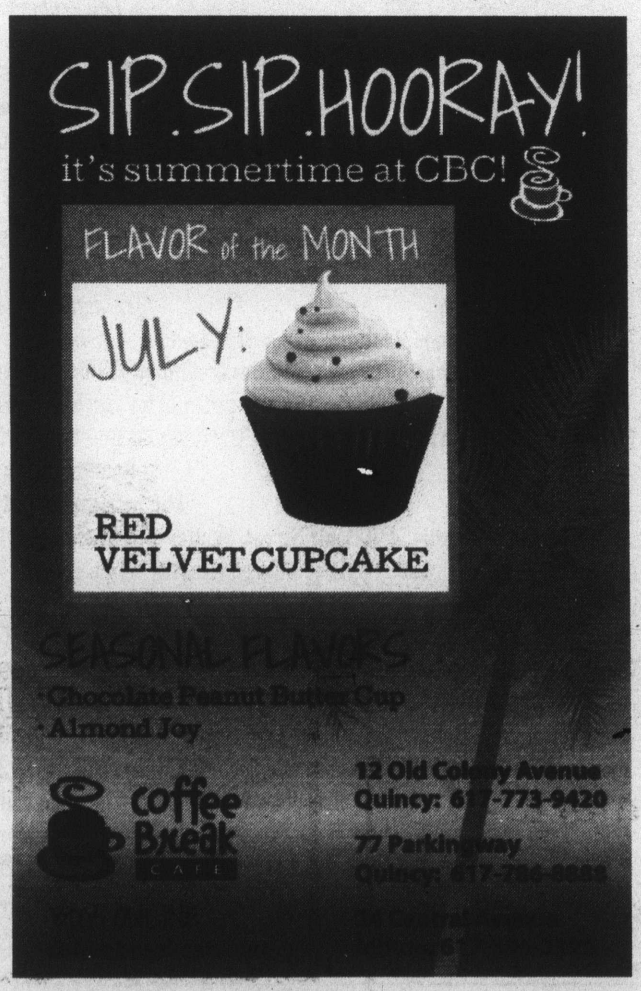
Six candidates have emerged for the three School Committee seats being contested in the fall. They are incumbent Emily Lebo of Highland Avenue; former city councillor Douglas Gutro of Marlboro Street; Anthony Andronico of Charles Street; David Jacobs of Dunns Court; Geraldine Manning of Southern Artery; and Mark Sauter of Longwood Road.

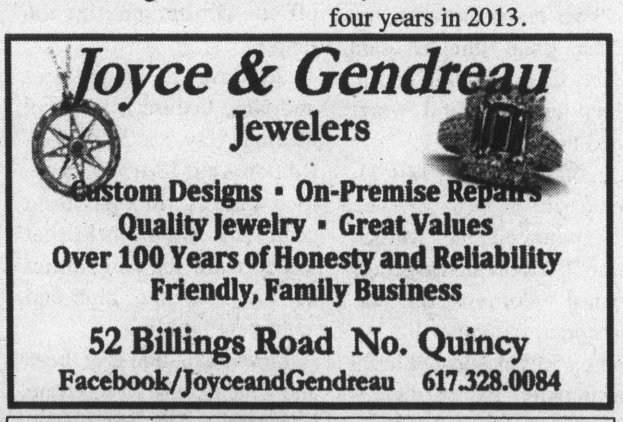
The other two incumbent school board members whose seats are up for re-election are Barbara Isola – who is not running this year – and Mahoney, who opted to seek an at-large seat on the City Council.

Andronico, Jacobs and Sauter have qualified for the ballot in the school board race; Lebo has also returned her papers and they were in the process of being certified Tuesday afternoon. Like the councillor at-large contest, a preliminary election would be held for the school board seats if seven or more candidates were to qualify for the ballot.

Mayor Thomas Koch is not up for re-election this year. He won the first four-year mayoral term in Quincy's history in 2015. Voters had approved changing the mayoral term from two to four years in 2013.

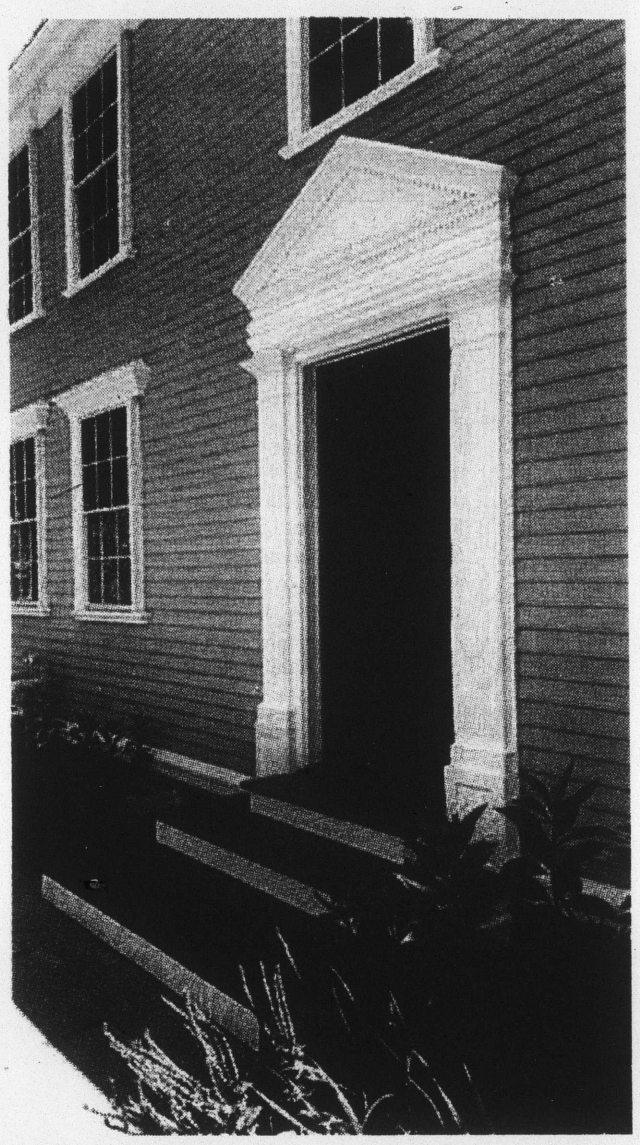








Quincy Homestead Open Saturday



NEWLY RESTORED west entrance of the Quincy Homestead at 34 Butler Rd. overlooking the garden toward Hancock Street. The NSCDA-MA is grateful to the City of Quincy and the Quincy Community Preservation Committee for their support. The historic site will be open for public tours Saturday, July 22 from 11 a.m. to 3 p.m. (last tour begins at 2:30 p.m.)

Photo Courtesy National Society of Colonial Dames in The Commonwealth of Massachusetts

The Quincy Homestead will be open for public tours Saturday, July 22.

Visitors will be able to tour the 1686 Homestead and gardens on the historic site located at 34 Butler Rd., Quincy.

Trained guides will be on hand to interpret the architectural history as well as the lives of the Quincy family who settled here 382 years ago. Learn how the family survived and thrived, hear what challenges they faced, and see how life and tastes changed over five generations. There is more than just the fabled tale of Dorothy Quincy and John Hancock to tell.

The Homestead is situated at 34 Butler Rd., on the corner of Butler Road and Hancock Street in Quincy. Free parking is available.

Tours begin at 11 a.m. and continue every half-hour until 3 p.m., with the last tour leaving at 2:30 p.m. There is no admission charge or fee for Open House tours, but as a non-profit organization, donations are gratefully received.

For private tours and more information, call 617-742-3190 - or look for Quincy Homestead 1686 on Facebook and online at www.nscda.org /ma.

Owned by the state Department of Conservation and Recreation (DCR), the Homestead is operated for educational purposes through a public/private partnership with the National Society of Colonial Dames in The Commonwealth of Massachusetts (NSCDA-MA).

The 1.8 acre grounds are open to the public daily from dawn to dusk. The mansion is listed as a National Historic Landmark and is on the National Register of Historic Places. Open Houses will also be held on Aug. 5th and Aug. 19th.

Quincy Asian Resources Offering ESOL Classes This Fall

Quincy Asian Resources announces it will offer several English as a Second Language classes this fall.

They are:

• Intensive Basic classes, Oct. 2 to Dec. 12, 1 to 4 p.m., 1509 Hancock St., Quincy.

Beginning students will very quickly learn the basics of the English language, focusing on speaking and listening for everyday needs. Class rate is $360 including book fee.

• ESOL 1-4 classes, Sept. 5 to Dec. 20, 9 a.m. to noon, 1509 Hancock St., Quincy.

QARI offers four levels of ESOL on weekday mornings. The classes are offered at a rate of $180 per semester. Registration starts Aug. 1

Most classes are three hours long and meet two times per week. To register, visit the QARI Office at 1509 Hancock St., Suite 209, or call the office (617-472-2200) to make an appointment for a placement test. All students must take a placement test to assure the proper placement in class.

Thank You, Quincy



We are happy to celebrate a third year of service with the City of Quincy. Since July 1, 2015, we have worked side-by-side with Quincy fire, police and town officials to provide the best quality 9-1-1 emergency service.

As we enter into our third year of contracted service, we wanted to share a few highlights from our work with Quincy:

- Operated four ALS ambulances, two BLS ambulances and one ALS intercept, consistently meeting contracted response times with a total of 10,268 responses in the last year
- Provided first responders nearly 1300 hours of training last year
- Established three strategic base locations
- Conducted public CPR, AED and first aid training classes
- Deployed automated external defibrillators (AEDs)
- Helped the city fight substance abuse, countermeasure training
- Offered EMT scholarships with mentorships at Brewster
- Launched Smart911™ service and held registration events

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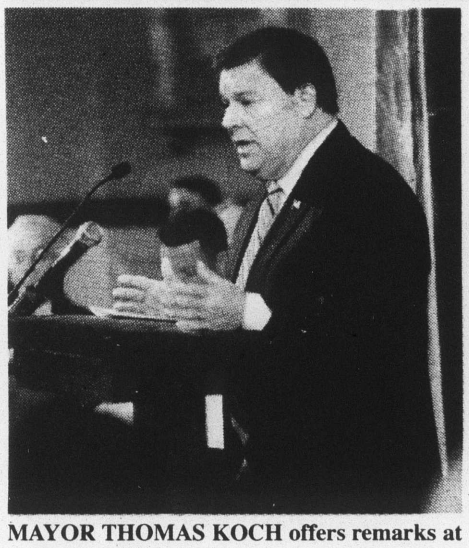
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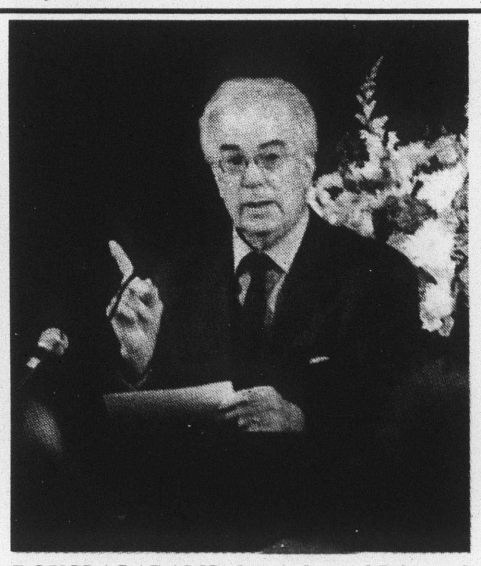
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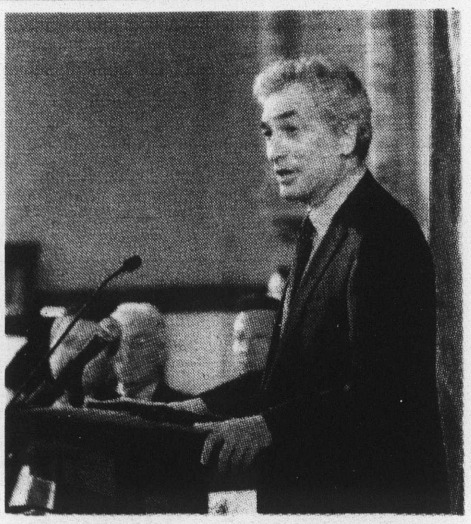
MAYOR THOMAS KOCH offers remarks at a special ceremony July 11 commemorating the 250th birthday of President John Quincy Adams at United First Parish Church.



DOUGLAS ADAMS, descendant of John and Abigail Adams, speaks about the life of Sixth President John Quincy Adams.



ADAMS NATIONAL HISTORICAL Park Supt. Marianne Peak adresses the gathering at a ceremony July 11th commemorating the 250th birthday anniversary of President John Quincy Adams.



JAMES TRAUB, journalist, scholar and author of "John Quincy Adams: Militant Spirit", talks about the presidency of John Quincy Adams. *Quincy Sun photos/Tom Gorman*

John Q. Adams Honored On 250th Birthday Anniversary

Life, Contributions Of Nation's Sixth President Commemorated At United First Parish Ceremony

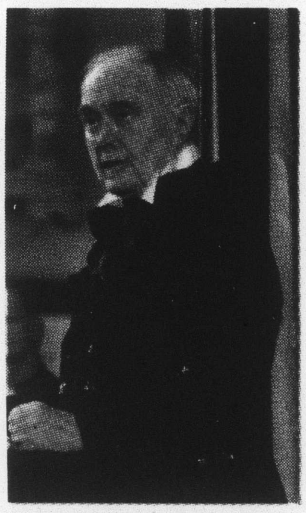
By TOM GORMAN

The 250th birthday anniversary of the nation's sixth President and Quincy native, John Quincy Adams, was celebrated at the United First Parish Church – the Church of the Presidents - on July 11.

The ceremony also marked the 50th anniversary of the presidential wreath that is placed on the tomb of Adams in the church crypt where he, his father, second President John Adams, and their wives, Louisa Catherine and Abigail, respectively, are also entombed. The wreath laying ceremony started in 1967 by President Lyndon Johnson where wreaths are placed on the graves of past presidents on the anniversary of their births.

Mayor Thomas Koch welcomed the residents and officials that gathered to honor Adams, who served as president from 1825 to 1829.

"The story of John Quincy Adams is a remarkable one and is probably unparalleled in our nation's history," he said. "He was a statesman, president and member of congress. The whole Adams legacy is something we hold dear in this great city."



JIM COOKE, an historical character actor, portrays President John Quincy Adams.

Retired United First Parish minister, Rev. Sheldon Bennett, noted Adams' integrity and character and that he had a "far reaching vision for the nation."

"As to his character, his far reaching vision for the growing nation and his selfless dedication to the larger good, John Quincy Adams was a public servant who is still relevant and is especially very much needed for our times today," he said.

Douglas Adams, a direct descendant of President John Adams and First Lady Abigail Adams, talked about how their son was the first ambassador to Russia, his fight for American fishing rights in the Grand Banks off Newfoundland and his work in securing the Treaty of Ghent with Great Britain that ended the War of 1812.

John Quincy Adams was appointed by his father as the first U.S. minister to Russia. While there, he became friends with the Tsar. Adams was later recalled to Washington to help negotiate the Treaty of Ghent. The Russian Tsar became involved in the negotiations as a third party arbitrator over certain provisions of the proposed treaty.

He also spoke about how John Quincy Adams came to be elected president despite losing the popular vote.

Since none of the four candidates won the majority of the Electoral College votes, it was up the House of Representatives to elect the new president. Henry Clay, who came in last and was not among the three eligible candidates to be considered by the House, swayed his colleagues to vote for Adams although Andrew Jackson had won most of the popular votes. On the first ballot, Adams was elected president.

"There was an uproar of protest," said Douglas Adams.

After being elected, President John Quincy Adams appointed Clay to succeed him as secretary of state, a move that sparked suspicion.

"Was this intended as an act of succession, was a deal made or was this an alignment of convenience?" asked Douglas Adams. "We don't fully know."

He drew a correlation between current affairs and that of John Quincy Adams' time.

"So, we have a minority president who strongly collaborated with a Russian leader and a compromise that created the sixth president," he said. "Perhaps, that has a familiar ring."

Adams said his ancestor abhorred slavery, saved the gift of the Smithsonian and its telescopes to study the universe and worked to make the country a better place.

"At least one minority president sought to join us all with a better vision…so a central order of government might achieve a balance of betterment and sacrifice which unites a nation best motivated by inspiration," he said.

Jim Cooke, portraying John Quincy Adams, pointed out busts of John Adams and John Quincy Adams in the church and the pew where his family sat during worship.

He read a line from a poem written by John Quincy Adams that he would fight " till not a slave be bound."

Marianne Peak, superintendent of the Adams National Park in Quincy, where artifacts of John Quincy Adams' life are on display, described how he at age 10 travelled aboard, mastered several languages and returned to the House of Representatives after serving as president.

"As we commemorate the last 250 years of his birthday anniversary, 81 years of John Quincy Adams' life was dedicated to public service," she said. "But, it wasn't public service, it was people service. He served his constituency at an early age."

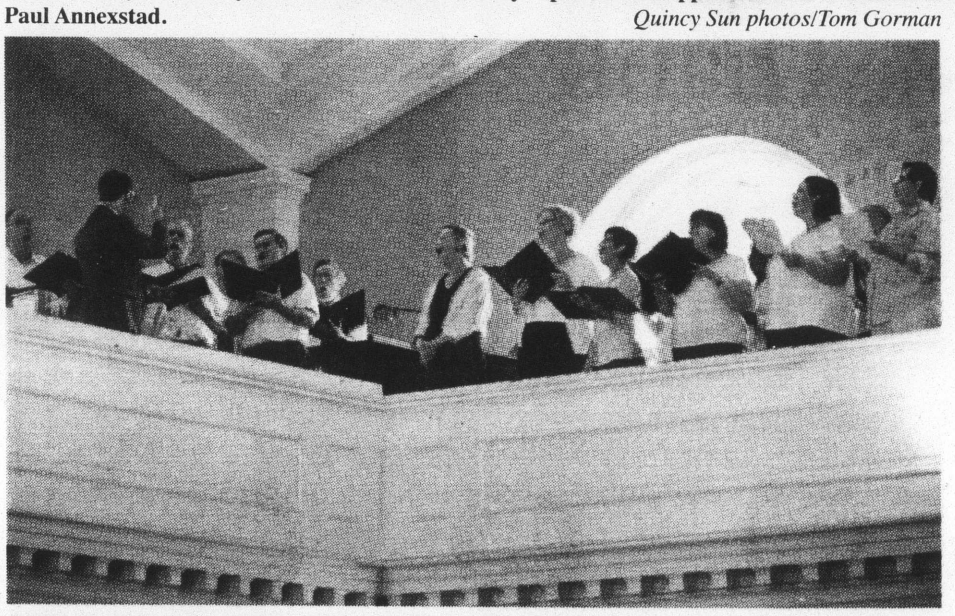
She said noted his support of education, the arts, astronomy and human rights.

"May he continue to serve as an example to oth-

Cont'd On Page 15



PAUSING AT THE tomb of President John Quincy Adams in the crypt at United First Parish Church after a Presidential wreath was placed at the final resting place of the nation's Sixth President are (from left) Adams National Park Supt. Marianne Peak, Douglas Adams, James Traub, Wiley Cox, Mayor Thomas Koch and Navy Operations Support Center Commander Paul Annexstad. *Quincy Sun photos/Tom Gorman*



QUINCY CHORAL SOCIETY performs "America the Beautiful" at a ceremony July 11th at United First Parish Church commemorating the 250th birthday of President John Quincy Adams.



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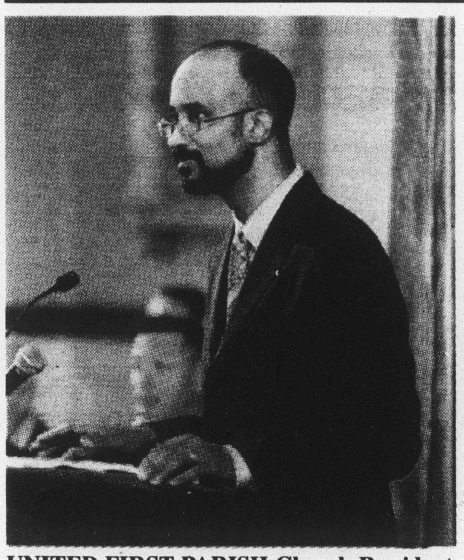
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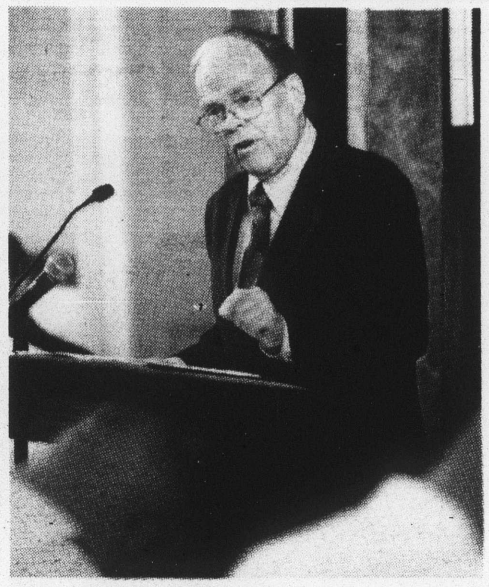
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UNITED FIRST PARISH Church President Wiley Cox welcomes the gathering at a special ceremony July 11th commemorating the 250th birth of President John Quincy Adams.



REV. SHELDON BENNETT, retired minister, United First Parish Church, offers a prayer at the John Quincy Adams birthday ceremony.

Quincy Sun photos/Tom Gorman



REV. CLIFF BROWN of Christ Church offers the benediction concluding the ceremony commemorating the 250th birthday of President John Quincy Adams.

John Q. Adams Honored On 250th Birthday Anniversary

Cont'd From Page 14

ers," she said.

Sean Costello, representing state Rep. Bruce Ayers, presented a proclamation to United First Parish President Wiley Cox from the city's State House delegation commemorating Adams' 250th birthday.

Keynote speaker James Traub, a journalist, scholar of international affairs and author of the book, "John Quincy Adams: Militant Spirit," talked about Adams' presidency.

He said that Adams was instilled by his family with the understanding of sacrificing for patriotism and principles.

"Patriotism was a credo," said Traub, adding that Adams set out "to help establish and then to serve the new nation of the United States."

He noted Adams' principles and his adherence to the Constitution.

"When asked to do something pragmatic, he would ask, 'Where is that in the Constitution?" said Traub.

He said Adams should serve as an example in today's political climate.

"He stood as a reminder to a new generation of Americans of the principles of the founders," he said. "That is the reminder that we today, in this low moment of our history, need to hear."

Following the remarks, a color guard from the Quincy Navy Operations Center, led by Commander Paul Annexstad, were joined by dignitaries in carrying a wreath from the church to the crypt in the basement where it was placed on Adams' granite tomb.

The Navy Northeast Woodwind Trio and Quincy Choral Society performed selections during the wreath laying.

Massachusetts Assistant Secretary of State Michael Maresco and United First Parish Church Historic Preservation Committee Chairman Kirt Swtizer, outlined plans to restore and upgrade the church. A grant awarded in June will study preservation needs.

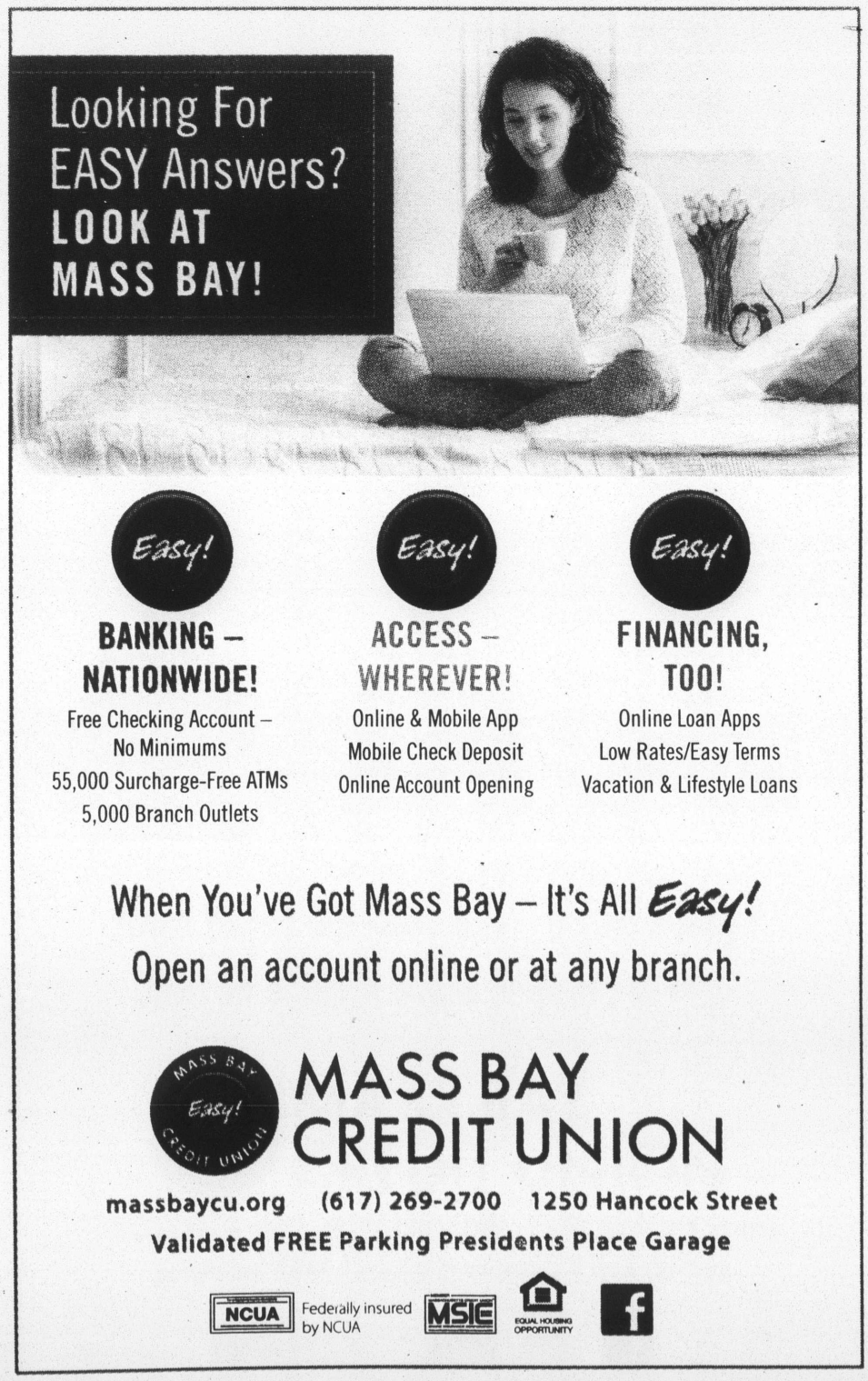
August Moon Festival Aug. 20

Quincy Asian Resources, Inc. (QARI) announces the 30th annual August Moon Festival will take place Sunday, Aug. 20 at a new location: Coddington Street in Quincy Center.

The festival celebrates the harvest and the moon as symbols of prosperity, happiness and unity in Asian culture. The event historically attracts more than 10,000 guests who gather to enjoy both traditional and contemporary performances, a taste of Asia, street fare from local restaurants and amusements.

New this year will be an August Moon Remix featuring hip hop, rap and beatbox performances, as well as a petting zoo and rides.

This event is free and open to the community. For more information or for sponsorship, vendor, advertising and volunteer opportunities, con-tact events@quincyasianresources.org or visit quincyasianresources.org.



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Burke Club 'Three-Peats' as Cal Majors Champs

Walk-Off Win Over Keohanes For Title

Trailing 5-1 with two outs on the bottom of the sixth, Burke Club launched an historic rally to walk-off with their third consecutive Cal Majors championship in dramatic fashion. Burke Club defeated Keohanes twice July 8th, both with sixth-inning rallies, to capture the 10-12 year-old title.

Burke Club finished the regular season 14-0 and won their first playoff game in convincing fashion. In the second round Keohanes handed Burke Club its first loss of the year and sent them into the losers' bracket of the double-elimination format. Burke then defeated Colonial Federal, Elks, and McDonald Insurance during the course of that week to set up the showdown with Keohanes.

In the first game Saturday, the teams were deadlocked 3-3 in the top of the sixth when Kevin Pritchard hit a decisive grand slam handing Burke Club the 7-3 win. Pritchard also pitched a complete game for the win.

In the championship showdown, Kyle DeBoer pitched a gem for Keohanes and they held on to an early lead all the way until just before the last out of the game. Will Conley led off the bottom of the sixth with a double. After DeBoer retired the next two hitters, Patrick McDonald lined a double to make the score 5-2. Leo Lombardi followed with a single to put runners on first and third. Dylan Green then hit a monstrous three-run blast to tie the score at 5-5. Kevin Pritchard followed with a hustle double to put the winning run in scoring position. Grant Murphy took a two-strike pitch the other way that got by the second baseman and scored the championship-winning run.

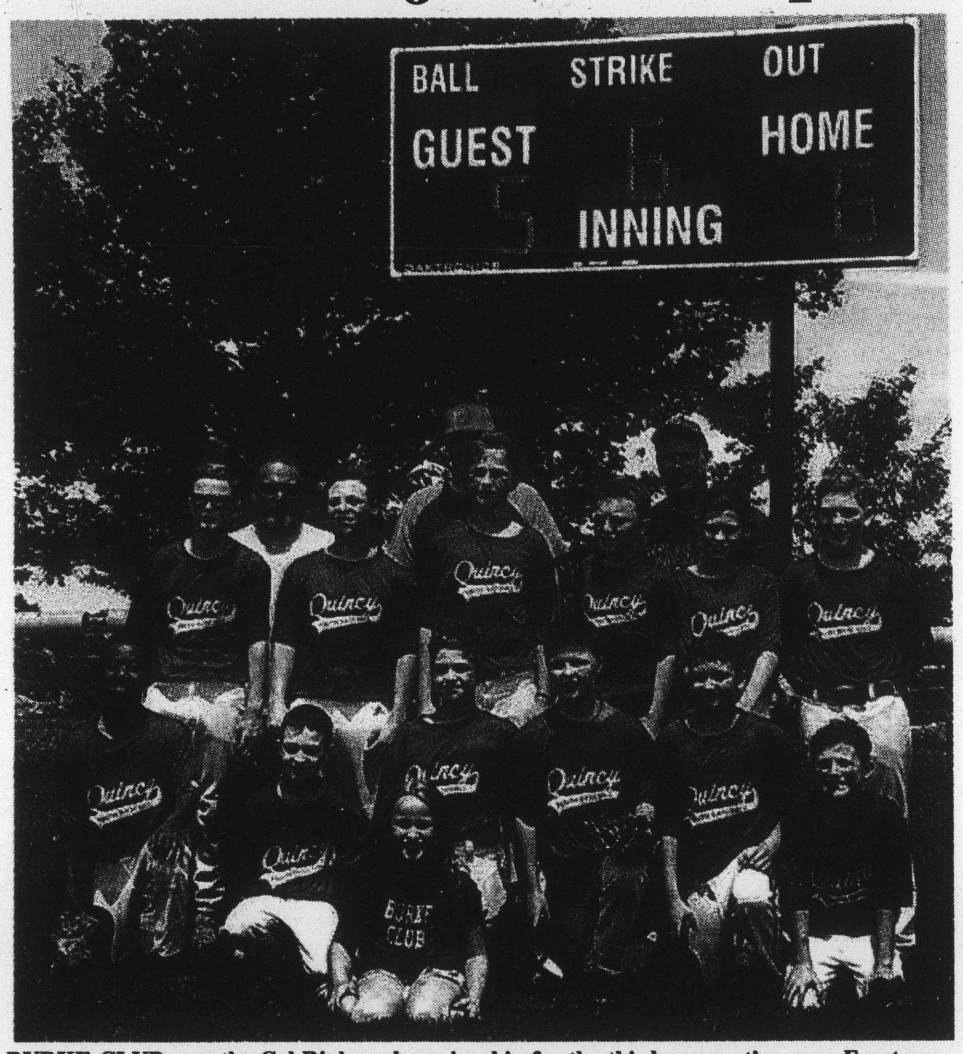
Burke Club players include Dylan Green, Kevin Pritchard, Patrick McDonald, Grant Murphy, Neil McCole, Aiden Fleming, Aiden Bridges, Leo Lombardi, Quentin Van Dam, Will Conley, Jack Dunn and Mikey Newton.

Keohanes players include Lucas Hooley, James Hooley, Scott Gutro, Theo Porter, Kyle DeBoer, Vinnie O'Leary, Dan Hudach, Ben Hudach, Sean Szylva, Matthew Farrell, Owen Callaghan and Brian Buckley.

"I am extremely proud of these boys who showed tremendous belief in themselves and in each other to mount a comeback like that," said Coach Dave Murphy. "The lessons learned today and throughout this season hopefully translate to other aspects of these young men's lives for years to come. They are truly an incredibly resilient bunch of young people."

Burke Club is the first team in memory to win three straight Majors championships. The core of the Burke Club team went 58-8 in their three years in the league.

Added Murphy, "Keohanes played incredible throughout the playoffs and Coach Erik DeBoer deserves a ton of credit for what he does. They were great adversaries and deserved to win just as much as we did. They are the team to beat next year."



BURKE CLUB won the Cal Ripken championship for the third consecutive year. Front row: good luck charm Caroline "Sunshine" Pritchard. Second row (kneeling) Quentin Van Dam, Michael Newton, Leo Lombardi, Will Conley, Jack Dunn and Aiden Bridges. Third row: Grant Murphy, Dylan Green, Kevin Pritchard, Patrick McDonald, Neil McCole and Aiden Fleming. Fourth row: Coaches Steve Lombardi, Chris Pritchard and Dave Murphy. Missing from photo is Coach Jon Green. *Photo Courtesy Dave Murphy*

Golden Manet Print Wins Babe Ruth (13-16) Crown

Golden Manet Print recently won Quincy Youth Baseball's Babe Ruth Division (age 13-16) Championship defeating Quirk Chevrolet in a very close game at Bishop Field in Montclair.

Overall, the Babe Ruth playoffs and regular season were tremendously competitive this year with many exciting, well played games.

In a true testament to the quality of play and sportsmanship that QYB produces, the championship game was tied 4-4 in the fourth inning when it was stopped for 30 minutes due to a lightning storm. In a great show of camaraderie the players from both teams spent the waiting period joking and jousting with each other – all in good fun. When play resumed, Golden Manet Print was lucky enough to push three runs across and then hang on in a nail-biting bottom of the 7th inning to earn the championship.

Every player contributed for Golden Manet Print this season. Pitching stalwarts were Robert Broderick, Damian Brown, Charlie Clifford and the team's closer, Danny Scolaro. Pitching superbly and with tremendous poise in the Championship game was 13 year-old Danny Freeman. Shining defensively and offensively all season were Ben Wines, Asher Wines, David Noble, Mike Levine, Cooper Hanson and Jason Whalen – who hit a dramatic home run in the championship game. Behind the plate, the team's primary catcher, Reese Mullen, backstopped the team superbly all season.

Quincy Youth Baseball and Softball is a non-profit organization. The sole purpose of QYB&S is to provide quality recreation for the youth of Quincy. Hundreds of boys and girls ages 5-16 participate in the different age level leagues each year – learning sportsmanship, the fundamentals of their games and having fun.



GOLDEN MANET PRINT recently won Quincy Youth Baseball's Babe Ruth Division (age 13-16) championship, Front row (from left to right) David Noble, Danny Freeman, Robert Broderick and Damian Brown. Back row (left to righ) Coach Joe Mullen, Reese Mullen, Jason Whalen, Danny Scolaro, Charlie Clifford, Mike Levine and Coach John Scolaro. Missing from photo: Ben Wines, Cooper Hanson and Asher Wines. *Photo Courtesy Joe Mullen*

Football Apaches Open Camp July 25 At Cavanagh Field

The North Quincy Apaches Youth Football and Cheerleading program will open pre-season camp Tuesday, July 25th.

The 2017 season will mark the Apaches' 67th consecutive year of operation as Quincy's oldest youth sports program. This will be the final season of the traditional Quincy Youth Football League lineup, as the Apaches and the other four QYFL programs will merge together as two teams and join the Bay State Youth Football & Cheer Conference of American Youth Football (AYF) beginning in 2018.

This season the Apaches tackle football program will continue to have three levels of play for children ages 8-14 entering grades 3-8. Tackle football will hold three practice sessions per week throughout the season. All equipment and uniforms are provided. They will be issued during these practices.

Tuesday	**5:30 - 7:30 p.m.**	**Cavanagh Field**
Wednesday	**5:30 - 7:30 p.m.**	**Cavanagh Field**
Thursday	**5:30 - 7:30 p.m.**	**Cavanagh Field**

The Apaches Cheerleading program has three levels of play for children ages 6-14, entering grades 1-8. The Apaches will host a three-day camp on July 25, 26 & 27, 5-7 p.m. at Cavanagh Field.

Regular practice sessions for the cheerleading program will held twice per week throughout the season beginning on Tuesday, August 7th:

Tuesday	**5 - 7 p.m.**	**Cavanagh Field**
Thursday	**5 - 7 p.m.**	**Cavanagh Field**

The Apaches Flag Football program is scheduled to begin practice on Wednesday, Aug. 2nd from 6 to 7:30 p.m. at Cavanagh Field. They will practice every Wednesday throughout the month of August.

The Apaches will continue to accept new sign-ups throughout August. Register in person during any practice, or online at www.northquincyapaches.com.

The Apaches are also looking for additional coaches in their tackle football, cheerleading and flag football programs. Must have experience in the sport, be able to complete all USA Football qualifications and pass Massachusetts CORI background check.

For more information on the Apaches or any QYFL program, contact Sean Halpin at (617) 980-2674 or by email at nqapaches@gmail.com.

Children's Library Events, Activities July 20 - July 26

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of July 20 through July 26.

Pyramids and Pharaohs @ North Quincy

Thursday, July 20th at 2 p.m.

Ages 5+

Join Paulette Morin for a fun and educational exploration of Pyramids and Pharaohs. This highly interactive multimedia presentation will focus on such things as jewelry, clothing, wigs and mummification. This fast paced, lively program has opportunities for participation such as modeling jewelry. The program includes a display of Egyptian artifact reproductions to examine.

This program is for children ages 5 and older accompanied by an adult.

Sponsored by the Quincy Cultural Council.

Friday, July 21st Raindate for Bubble Time

Art-to-go is a nine-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 and 4 p.m., Monday, Main Library; Tuesday, Adams Shore; Wednesday Wollaston; Thursday North Quincy to make this week's craft. Week of July 24th – Tool belt.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy- Great Mouse Detective

Monday, July 24th at 2 p.m.

Rated G

In Victorian London, England, a little mouse girl's toymaker father is abducted by a peglegged bat. She enlists the aid of Basil of Baker Street, the rodent world's answer to Sherlock Holmes. The case expands as Basil uncovers the crime's link to a plot against the Crown itself.

This movie is rated G and runs for 75 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

LEGO Building at Wollaston

Tuesday, July 25th from 1:30 to 4:30 p.m.

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week. How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week! This week's challenge: Secret Hideouts.

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Storytelling at the Wollaston Playground, weather permitting

Tuesday, July 25th at 3 p.m.

All ages

Join a children's librarian at 3 p.m. at the Wollaston Beach Playground Park on the corner of Sachem St. next to the Clam Box across from Wollaston Beach on Tuesday, July 25 for stories, songs and more.

Stop by to hear a story or two and pick up a calendar listing all of the summer events. Weather Permitting

Teddy Bear Storytime @ North Quincy

Tuesday, July 25th at 6:30 pm

Ages 2-5

Join Children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch for stories and songs for children ages 2-5 accompanied by an adult. Feel free to wear your comfy jammies and bring along your favorite stuffed friend, as we read vacation travel stories.

This program is for children ages 2-5 accompanied by an adult.

Pajama Storytime

Wednesday, July 26th at 6:30 p.m.

Main Library Large Meeting Room

Ages 2-5 with an adult

Join Mrs. Miller for a three-week series of pajama storytimes designed especially for children ages 2-5 and their parents. Join us for 45 minutes of interactive stories songs and rhymes. This program is designed for adults and children ages 2-5 to enjoy stories and songs as a family. This is a great time for you and your children to sing, dance, listen and talk with each other.

Online Summer Reading Challenge

This summer from June 23rd through Aug. 31st track your reading on your computer, phone or other mobile device with our new summer reading game. Sign up, log books, and complete challenges. As you add books and complete challenges you will earn online badges and online raffle tickets.

We'll have a drawing for the raffle prizes the first week in September. We have two programs one for babies and young children up to age 6 and the other for ages 7-13. Teens are invited to join our teen summer reading program.

Looking for some good books to read? When you sign up for the online summer reading program you will begin receiving weekly emails with book suggestions. Parents of younger children will also receive an early literacy tip to extend your reading experience for older children these suggestions are a great way to find new books and authors to try.

Ezekiel's Wheels Klezmer Band Concert On Library Lawn Thursday

Ezekiel's Wheels Klezmer Band will perform tonight (Thursday) at 7 p.m. on the lawn at the Thomas Crane Public Library, 40 Washington St., Quincy.

The performance is part of the library's "Concerts at the Crane" series this summer. Concerts are scheduled for 7 p.m. Thursday evenings on the lawn. In the event of rain, the performance will take place inside the library.

Learn more and watch videos with each musician on the library's concerts webpage: http://thomascranelibrary.org/concerts

Internationally-recognized klezmer ensemble Ezekiel's Wheels brings passion, virtuosity, and contagious energy to every performance. The Wheels improvise with the intimacy of chamber music and the intensity of a rowdy dance band. They are equally at home on the stage of the International Jewish Music Festival, where judges heralded them as "a true musical democracy," as in the classroom, where sixth-grade student Jonathan raised his hand to tell them, "Y'all got swag."

The Wheels' unique style was forged in the subway stations and farmers' markets of Boston, where the informal setting and ever-changing audience created an ideal environment for musical experimentation. They honed their craft with bulgars and 90's pop covers for the morning rush hour and mixed doinas and zhoks with fresh produce on the weekends, building a community of fans and friends across the city. On the advice of an admirer from the Porter Square T station, they entered the 2012 Boston Jewish Music Festival's "Klezmer Idol" competition, winning first place and a recording session. Seven months later, with a brand new EP under their belt, they won both the jury-awarded City Winery Prize for best klezmer ensemble and the Audience Pick Award at the third biennial International Jewish Music Festival in Amsterdam.

Ezekiel's Wheels features Abigale Reisman (violin), Jonathan Cannon (violin), Kirsten Lamb (upright bass), Nat Seelen (clarinet), and Pete Fanelli (trombone). For more information about the musicians and individual biographies, visit the band's website: https://ewklezmer.com.

For more information, visit thomascranelibrary.org or call 617-376-1316.

Correction

The last name of one of the participants in the Quincy Senior Olympics was inadvertently misspelled in information provided by the Quincy Recreation Departm ent.

The name of the participant is Carolyn Leuchte, not Loyta, as it appeared in the story and one photo caption in the July 13th issue of The Quincy Sun.

Carolyn Leuchte received a bronze medal in Women Darts, and a gold medal in the Women's One Mile Walk.

Leuchte also appeared in a photo with two other winners in the women's dart competition.

The Sun regrets the error.

Two Residents Graduate RIT

Two Quincy residents recently earned degrees at Rochester Institute of Technology in Rochester, N.Y.

Haris Kohls graduated with a BFA in industrial design.

Kawaljeet Sidhu graduated with an MS in electrical engineering.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



BAD VIBES

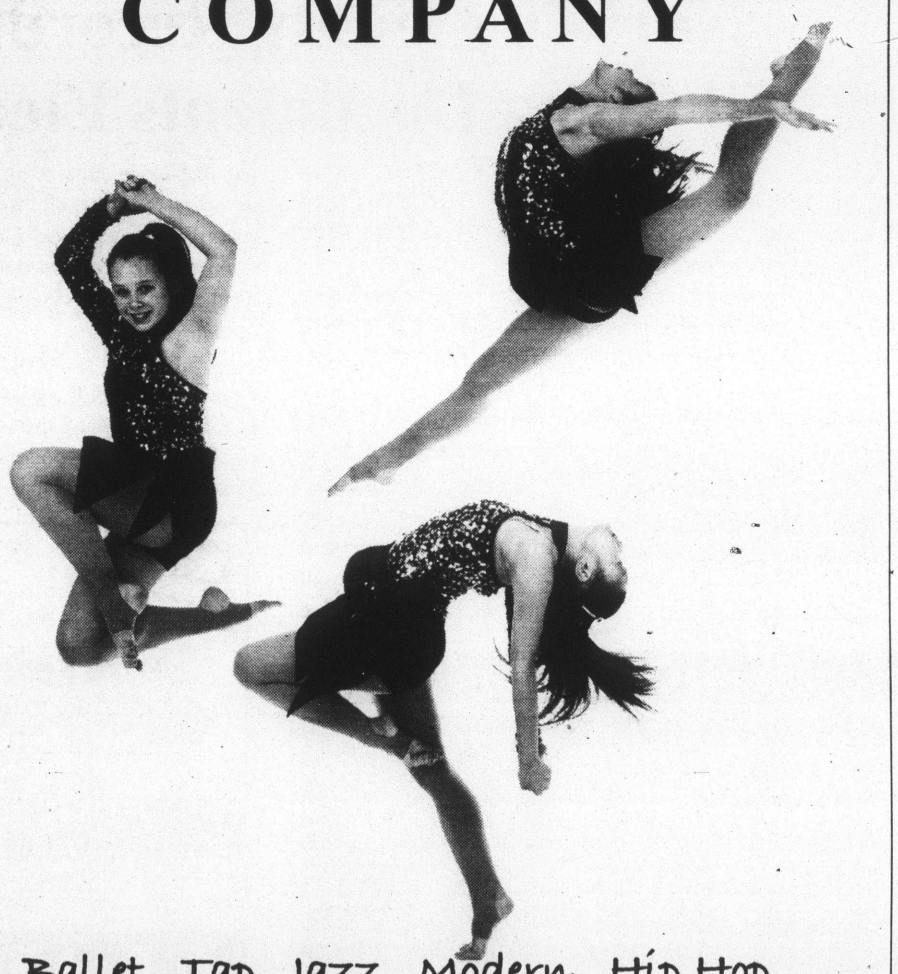
Prolonged exposure to vibrations emitted by hand tools can give rise to a condition known as Hand-Arm Vibration Syndrome (HAVS). Early symptoms usually include pain, tingling, numbness, and increased sensitivity to cold, eventually followed by impaired sensibility and limited dexterity. Smokers and people who work in cold temperatures may be particularly vulnerable to this condition, which stems from arterial constriction and neurological damage. Research shows that, as the arteries in the hand are subjected to prolonged vibration, they become constricted, which may in turn starve nerves. At some point, it's possible the numbness caused by the vibration could lead to permanent damage. With this in mind, workers and hobbyists should have their symptoms checked out as soon as they appear.

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P.S. The sensation of tingling, numbness, and/or muscle weakness in any part of the body often stems from a nerve-related problem that the chiropractor can diagnose and treat.

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Quincy Real Estate Transactions July 10 - July 14

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Mary Glover	Robert L. Harris	$ 1,000,000.00	13 Ludlow Road Unit 56
Ernest W. & Mary McAlister	Marie & Irod Lindsay	$ 800,000.00	1001 Marina Drive Unit 603E
Bernadette A. Reynolds	Gregory R. Reynolds	$ 260,000.00	151 Rock Island Road
William J. Murphy	Angel J. Nieves	$ 281,000.00	230 willard Street Unit 309
Kimberly I. Labrie & Kimberly Dubuque	Xiangdan You & Peijiang Su	$ 500,000.00	97 Cummings Avenue
Peter Tribuna	John Swain & Maria Natapov	$ 385,000.00	95 Madison Avenue
Thanh H. Cao & Kim T. Vo	John Caohuy	$ 422,000.00	22 Hopedale Street
Marilyn M. Lionel A. Lumaghini	Daniel L. Brauer	$ 563,000.00	12-14 Kent Street
41 Summit Avenue Realty Trust	Lerong Wang & Hui Y. Cheng	$ 585,000.00	41 Summit Avenue
Ethan W. & Cindy M. Clark	Nicholas Chin	$ 499,000.00	107 Bunker Hill Lane
Hop S. & Mee F. Cheung	Anton Deschrijver & Alexandra Diraimo	$ 841,500.00	162 Monroe Road
Galvcon Development LLC	Jeannie M. Lee	$ 595,900.00	18 Cliveden Street
Seth S.& Imelda M. Stoffregen	Furnace Brook Apartments LLC	$ 3,425,000.00	1193 Furnace Brok Parkway
Residences at 1022 Hancock Street LLC	Hua Li & Yifei Duan	$ 380,000.00	1022 Hancock Street Unit 112
Albert N. Mosesso	Mark Hayes	$ 390,000.00	99 Cliff Street
Florence M. Costello & Kathleen Whalen-Giannandrea	Wai F. Leung	$ 218,000.00	58 South Street
John F. & Michelle McDonald	Eduardo & Jennifer Torres	$ 715,000.00	29 Hobomack Road
Wells fargo Bank NA	Duarte M. Carvalho	$ 349,329.00	111 South Walnut Street
Tat C. & Macy M. Chan	Xiayi Huang	$ 410,000.00	3 Douse road
19-21 Trask Realty Trust	Trask Avenue Realty Trust	$ 491,000.00	19-21 Trask Avenue
Leonard P. & Barbara A. Kasanoff	Michael R. Sweeney	$ 555,000.00	1405 Quincy Shore Drive
Joseph & Deanna Hsiao	Umar A. Hussain & Saira J. Chaudary	$ 398,000.00	153 Sumner Street Unit 9
Geoffrey & Mary C. Theobald	Jian M. Zhang	$ 650,000.00	235 Whitwell Street
Galvcon Development LLC	William Kam & Winlian Qiao	$ 550,000.00	18 Cliveden Street Unit 202W
Galvcon Development LLC	Venkata R. Vutukuri	$ 512,500.00	18 Cliveden Street Unit 203W
Galvcon Development LLC	Harbor Family Trust	$ 574,900.00	18 Cliveden Street Unit 205W
BP Liberty LLC	Glenna O'Halloran & Scott Laclair	$ 399,000.00	999 Hancock Street unit 308
Sammy & Red Realty Trust	31 Avalon Ave Quincy LLC	$ 600,000.00	31 Avalon Avenue
Baeo Jiang & Chia C. Wang	Zi Mai	$ 303,000.00	62 South Street Unit 17
Leo & Elaine Damren	Danielle Damren & Robert Lurie	$ 395,000.00	15 Ames Street
Deborah J. Muray	Jeremiah M. Knowles	$ 305,000.00	7 Utica Street
Michael W. & Margaret H. Ballard	Jenny Lum & Shan Y. Gian	$ 480,000.00	157 Everett Street
Howard E. Allison	Maurice J. & Jennifer A. Granfield	$ 450,000.00	35 Merrymount Road Unit A3
David A. Copeland-Will; Katriel Black-Will & Katriel B. Will	Jeffrey D. Sorrell	$ 288,000.00	94 Newbury Avenue Unit 307
Hong T. Ngo	Adam Tragellis	$ 297,000.00	17 Landers Road
Residences at 1022 Hancock Street LLC	Cameron J. Reid	$ 446,000.00	1022 Hancock Street Unit 301

Norfolk County Recording All Land Court Documents Electronically

The Norfolk County Registry of Deeds has begun recording all county Land Court documents electronically, Register William O'Donnell announces.

"The productivity gains that will result from electronic Land Court recording benefit the homeowners and taxpayers of Norfolk County and our institutional users by allowing all of us to work smarter and more efficiently," O'Donnell said.

Norfolk County is comprised of 20 percent registered land or "Land Court land."

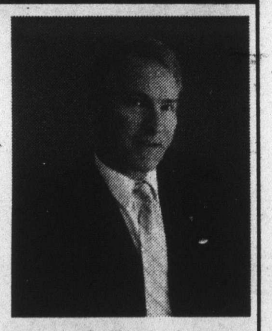
"We implemented the program," noted O'Donnell, "on April 12th of this year with just mortgage discharges. We thought this would be a good first step to ensure our institutional customers and Registry's staff were comfortable with electronically recording land court documents. On July 1st, we expanded this program to allow for the electronic recording of all Land Court documents, such as deeds, mortgages, Homesteads and liens."

Electronic recording came about with the passage of Chapter 404 of the Acts of 2016, an act to modernize Massachusetts Registries by eliminating the need to retain original land court documents. The law was spearheaded by a number of state legislators and Registers of Deeds.

The Register noted that since 2010 the Norfolk County Registry of Deeds has been electronically re-

Cont'd On Page 19

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Norfolk County Recording All Land Court Documents Electronically

Cont'd From Page 18

cording recorded land documents, which comprises 80 percent of the county's land. "Our experience of being up to the challenge of efficiently recording documents electronically on the recorded land side has prepared us well to record electronically registered land or Land Court documents," O'Donnell said.

He added:

"Electronic recording is part of a continuing effort by the Norfolk County Registry of Deeds to leverage cutting edge technologies to record land documents - both recorded land and now registered land or Land Court land - in a secure, efficient, modernized manner."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

Ask Barbara Graceffa

Wall Paint, Room Color

Will painting my walls a dark color make the room seem small? Ryan

It depends on several factors. If the room is small to begin with, yes, most likely the walls will appear to close in. However, if you have a lot of natural light in a good-sized room, no. Or if you have light colored furniture, accessories, and artwork, no.

I suggest you try one focal wall and see if you like it. Look at it in the daylight, evening hours, and sunny, cloudy, and rainy days before you make your final decision to paint the entire room.

PS. The focal wall is typically the wall straight ahead as you walk into the room.

Check out images on Pinterest for inspiration.

Is there a decorating formula for adding color to a room? Bridget

Why yes, there is: the 60-30-10 rule makes color theory stress-free. Your dominant color should be 60 percent of the room's color; for example, this could be the paint or wallpaper and rug or carpet color. Your second choice will take up 30 percent –if you use the 60 percent as noted here, the 30 percent will be the colors in the furniture and window treatments. And that final 10 percent of color will be the



BARBARA GRACEFFA

ubiquitous "pop" of color typically found in accessories.

There are other combinations to the formula, too. Perhaps the 10 percent is found a small focal wall surrounding your fireplace or a paint color on your ceiling. The 60 and 30 percent in the above example can be switched, too.

If you are hesitant to blend colors in a room, this formula definitely works. In no time you will combine colors like a true professional.

Watch a few videos on HGTV to learn more.

Do you have a decorating problem needing a professional solution? Send your questions to Barbara Graceffa at barbara@secinterior.com.

For more information on her services including her portfolio, visit www.secinterior.com.

Batteries, Oil Changes, Headlights

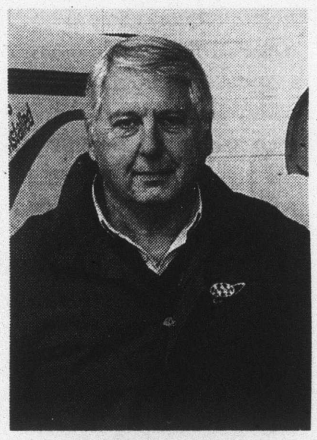
Ask John Paul: AAA New England's Car Doctor

I recently had to call AAA road service to jumpstart my Prius battery because of me leaving my headlights on. I realized this battery is not the most common and may be hard to replace and was wondering why the hybrid battery can't be used to start the car.

The Prius uses a separate battery to run the computer system but not start the car. Although as you experience when the 12 volt battery fails the car won't start because the car's electrical system is not getting power. The Hyundai Ioniq which I recently drove uses a separate partition with a 12 volt battery in the hybrid battery pack. This provides essentially a permanent method to jumpstart the car. If the 12 volt battery fails there is a button inside the car that boosts the starter battery.

I have a Honda Accord with nearly 230,000 miles on it and it is rusting away around me. My first question is does the car have any value and what would be a good replacement? I really like the size of my 15 year old Accord and would want something about the same size.

Just about any car that starts, steers and stops has some value. I would do some comparison shopping on used car websites and look a car similar to your Accord and then price the car accordingly. For a replacement car I would look at the Toyota Corolla. It is a nice, competent four-door sedan. For something a little different I would take a look at the Kia Soul, this is a versatile little wagon with a somewhat funky style that is fun to drive. Finally it is hard to go wrong with a VW Jetta or Golf.



JOHN PAUL
AAA's Car Doctor

I have a 2017 Ford Focus, my first new car in 20 years. With older cars I have always changed the oil every 3,000 miles and had tune-ups every two years. The owner's manual states that I should change the oil every 7,500 miles, the spark plugs and coolant at 100,000 miles and the transmission fluid at 150,000 miles Do you think these interval are too long?

The days of 3,000 mile oil changes and frequent tune-ups are long gone. But that doesn't mean the drivers have no obligation to look under the hood and check all the vital fluids, in fact some cars you can electronically check the fluids with the car's on-board computer. My advice is to follow the recommendations in the car's owner's manual.

I have a 2011 Subaru Outback and I had to replace the low beam headlight on the driver's side. Then a short time later I had to replace the passenger light. Just recently I was told that the headlights were recalled, but when I looked it up I didn't find anything. Were these headlights defective?

Some Subaru models from 2010-2012 did have an issue with the low beam headlights. Although not a recall Subaru in some models did extend the warranty on the headlights to 10 years from the date of manufacture with no mileage limitations. I'm not sure if Subaru will reimburse you for the past repairs but if you still have the receipt for the replacement bulbs, it couldn't hurt to send it in to Subaru for consideration.

I have an old Ford Focus and decided to replace the timing belt. I thought I did everything right and now the engine won't start. It cranks over fine, has compression numbers that are good but doesn't seem to have any spark at the spark plugs. The engine ran great before, any ideas?

Since the crankshaft position sensor sits right where you were working that would be the first place I would look. If the crank sensor isn't working there wouldn't be any spark to the plugs. Check the wiring and see if the sensor connection is fully plugged in. Is there any chance you had any parts left-over such as the reluctor wheel for the crankshaft sensor? Without the reluctor wheel the car won't start.

When I had the brake pads replaced in my car recently, the mechanic used ceramic pads. The mechanic didn't say why he wanted to use the ceramic pads, just that they were better. There was an extra charge for these pads, was this just an upcharge to get me to run up my bill or is there a real benefit?

I do get a bit frustrated when shop owners don't explain why they do certain work, to me this is as important as doing the repair. Regarding ceramic brake pads I have used ceramic brake pads in my cars and there are two distinct benefits, the first lack of brake dust and the second, quieter operation. Ceramic brake pads are more expensive but to me, and I am admittedly frugal, the benefits are worth the extra cost.

When will my car need a new battery? My car is seven years old and the battery is original.

The average life of a battery is just about five years so you may be pushing your luck. That said the battery is in my car was seven years old and I believe only failed because the dome light was on for a weekend. My people think the real test of a battery is cold weather when in fact it is that heat is the number one cause of battery failure as well as shortened battery life. My suggestion is have your car's battery tested and replace it if questionable.

Readers: With summer driving season here day or night, if you see the red, blue or yellow lights of an emergency vehicle at the roadside, slow down or move over. Let the people who help you do their job safely.

Quincy Housing Authority Landlord Workshop July 28

The Quincy Housing Authority's Section 8 Department will hold a Landlord Workshop Friday, July 28 from 1 to 3 p.m. at the Thomas Crane Public Library, main floor meeting room, 40 Washington St., Quincy.

Guest speaker will be Marjorie A. Adams of Adams & Sammon.

The workshop title is "What Can A Landlord Do About Marijuana – Medical and Recreational."

Seating is limited. To RSVP contact Terry Coleman at tcoleman@quincyha.com or call (617) 847-4396.

Homebuyer Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in Quincy.

The first part of the course will be taken online; following completion of the online component, participants will attend an in-person class Saturday, Aug. 19 from 8:30 a.m. to 12:30 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The in-person workshop will give participants an opportunity to meet and hear from real estate brokers, attorneys and loan originators. Attendees also will have an opportunity to learn about NeighborWorks' down payment assistance programs and speak to a lender about different mortgage options.

The registration fee for the workshop is $20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x44 for more information.

Free Financial Support Services

Quincy Community Action Programs Greater Quincy Financial REACH Center, 1509 Hancock St., Quincy will hold orientations Aug. 4 and Aug. 18 beginning at 10 a.m.

Learn about free services including job search, support and placement; workforce development, education and training; credit counseling and repair; money management and budgeting and financial education and coaching.

To register contact Theresa Whittaker at 617-657-5355 or twhittaker@qcap.org.

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Pre-Owned Vehicles
Insurance Rentals Available

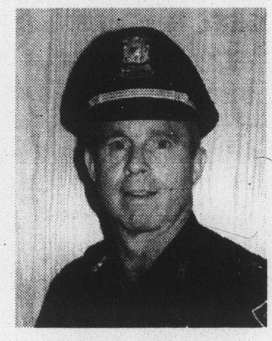
A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Tuesday, July 11, at approximately 7:30 p.m., Officer Jeffrey Bossart was working a paid detail at Stop and Shop Supermarket on Southern Artery in full police uniform. As he stepped outside to check the perimeter, Officer Bossart observed a male and a female approaching him. Upon closer inspection, the officer observed that the male had pinpoint pupils, indicating that he was most likely on some drug. The male bent down and picked up a used cigarette butt to smoke.

When the couple spotted the officer, they had a surprised reaction, quickly acknowledged him and quickly walked away. The female went inside Stop and Shop and the male walked to the end of the walkway by the corner of the building. The officer covertly stood on the other side of a pillar where he could hear the male conversing on his cell phone, arranging to meet someone in Quincy Center after "she's done in the bathroom." Officer Bossart believed that the male was referring to the female who just went inside. After the telephone conversation ended, the male went inside Stop and Shop too. The officer was concerned because he knew that public restrooms are a common place for drug addicts to use illicit drugs and overdose. Officer Bossart followed the male to the area of the restrooms. As the officer rounded the corner and came into the hallway leading to the bathrooms, he observed the male leaning up against the wall. When asked what he was doing, the male replied, "Just waiting for her" while motioning to the female restroom.

The officer asked the male if he is a user (referring to drug use) and the male said he was. When asked if that is why they were in the public bathroom, he replied that was not the reason. When asked for an ID, the male said that he did not have one because he was recently released from the Nashua Street Jail and they kept his ID because his driver's license is suspended. He then provided his name. Officer Bossart immediately recognized his name from numerous heroin overdose reports over the last few days and weeks as he was either present at overdoses or overdosing himself. The Officer recalled that on July 1, the male and a female overdosed twice within a nine-hour time span, requiring the use of Narcan to regain consciousness.



LT. DAN MINTON

At this time, the female exited the restroom and had a shocked look upon seeing the officer in the hallway. At the officer's request she provided her name, which was the same name of the double overdose a week earlier with the male suspect. Although the officer knew that she just used the bathroom, he asked her if she did and she replied no. He then asked her to show him her arms, which she did. The officer observed numerous track marks, however none appeared to be fresh. She denied shorting anything too.

Officer Bossart asked the couple if they had any drugs on them and both replied no. Without any prompting by the officer, the female dumped her handbag out on the floor to show the contents. The officer observed numerous syringes, condoms, bottle caps, cotton swabs, and alcohol wipes – several items known to be drug paraphernalia. She then picked up a cigarette pack, which the officer swiftly took possession of because he knew that cigarette packs are common hiding areas for drugs. Inside the cigarette pack, Officer Bossart found a glass pipe with black charring and brillo pad material in the end as a filter, which makes up a "crack pipe." In the crack pipe was crack cocaine residue. There were also two plastic bags with white powder in them labeled "Vitamin B." The female was asked what the Vitamin B was for and she said that it is used to break down crack cocaine in order to shoot it. Inside the metal bottle cap was either heroin or fentanyl residue.

At this time, Officer Bossart requested a marked cruiser for assistance. Sergeant J.P. Kelly arrived on scene and Officer Bossart placed the female under arrest for "Possession of Class A - Heroin and Possession of Class B - Cocaine." The male was free to leave, so he went outside. Officer Bossart followed him out and observed he meet a wheel chair bound man at the side of Stop and Shop. When questioned earlier who he was arranging to meet on the phone in Quincy Center, the male provided a name, the location as the main library and that the person was in a wheelchair. Officer Bossart walked over to this person, who confirmed his identity and said that he only met the couple three days ago in Quincy Center, adding, "I have nothing to do with them." He then hastily left the area with the other male. Officer Bossart was able to determine the identity of this man too. Nice Work!

❑

Quincy Residents Being Hit Hard By Telephone Scammers:

Recorded messages claiming to be from the IRS, stating that the police or the FBI will be coming to your house to arrest you for unpaid taxes. The IRS does not call you – they don't send the local police or the FBI to your house. They will send you a letter instructing you to call them.

Microsoft computer technician call – this is a scam claiming that you have a virus on your computer. You are told to follow their instructions by opening up your computer to them. They will either put a virus on your computer or access your personal information. There is no way that someone on a telephone can tell you have a virus on your computer without gaining access.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
July 7 – 14
Calls: 1,104
Arrests: 22
Stolen Vehicles: 1

FRIDAY, JULY 7

VANDALISM/PROPERTY, 8:36 a.m., Hall Pl. Food thrown all over house last night. No suspects. Caller believes it came from Brae-Well apartments.

MOTOR VEHICLE LARCENY, 8:58 a.m., Quadrant Cir. U-Haul truck last seen last night. Keys missing from caller's apartment. Possible communication issue among renters. Will call back if vehicle not returned by noon. Spoke with party and he requested to give renter's sister a little longer to return rental before having it designated as stolen. Sister in process of bring it back. Past agreed upon time by renter to have vehicle entered as stolen. No copy of rental agreement. Don't know when it was to be returned. No name of sister. No NIBRS report. NCIC cancelled.

LARCENY, 12:11 p.m., Edgewood Cir. Tools.

BREAKING AND ENTERING, 1:34 p.m., Holmes St. Caller states her ex-husband entered house this morning.

ARMED ROBBERY, 2:54 p.m., West Elm Variety, 139 W. Elm Ave. Two black males wearing masks covering faces each showed silver firearm. Fled through rear of store and out back toward East Elm Ave. Second witness said suspects fled up West Elm along sidewalk. K-9s deployed.

VANDALISM/PROPERTY, 6:50 p.m., Centre St. Car window smashed. No entry made to vehicle.

SATURDAY, JULY 8

VANDALISM/PROPERTY, 12:54 p.m., Good Fortune, 230 Quincy Ave. Caller says her shopping cart struck another car. That owner is now giving caller a hard time. Advised all parties/minor damage.

LARCENY, 6:30 p.m., Revere Rd. Claims friend took her money. Party gone on arrival.

BREAKING AND ENTERING, 7:39 p.m., Copeland St. Caller believes her apartment was broken into. Not a break. Caller no longer wants police services.

SUNDAY, JULY 9

LARCENY, 4:13 p.m., Marina Bay, 542 E. Squantum St. Cellphone. Both parties agreed to work this out together. Criminal charges may be filed by officer if they don't.

MONDAY, JULY 10

LARCENY, 12:19 p.m., Crescent St. Larceny over.

VANDALISM/PROPERTY, 2:04 p.m., Sally's Beauty Barber Supply, 231 Quincy Ave. Caller states damage to door. Requested officer to file complaints. No damage. Advised.

LARCENY, 8:16 p.m., Naval Ter. Items taken by home health care worker.

LARCENY, 9:00 p.m., Safford St. Packages.

LARCENY, 10:02 p.m., Agawam Rd. Caller believes plumber scammed him out of $2,000.

LARCENY, 10:28 p.m., Des Moines Rd. Reports known party took her phone and pocketbook. Some property picked up.

BREAKING AND ENTERING, 11:39 p.m., Suds Duds, 520 Sea St. Looks like someone tried to kick in the door. Determined entry made. Loose change on the sidewalk. a break obviously occurred.

TUESDAY, JULY 11

LARCENY, 9:18 a.m., Channing St. Jewelry.

WEDNESDAY, JULY 12

LARCENY, 11:10 p.m., Curtis Ave. Medication.

BREAKING AND ENTERING, 12:49 p.m., West St. Entry made through rear door.

VANDALISM/PROPERTY, 6:29 p.m., Pond St. Reports the carpet in front of his door was damaged by a firework. Appears kids were just fooling around. Advised. No ill intent.

THURSDAY, JULY 13

LARCENY, 7:13 p.m., Presidential Pub, 29 Temple St. Larceny of a bag with 4K and cellphone in it.

LARCENY, 10:28 p.m., 7-Eleven, 76 Franklin St. Caller's wallet stolen from outside store. Possible homeless party as suspect.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Quadrant Circle.

❑

CAR BREAKS: Holmes Street, Copeland Street, Sherman Street, 200 Hancock St., Dysart Street, Heritage Road, Howe Street, Crown Colony Drive, Elm Street.

❑

BREAKS AND ATTEMPTED BREAKS: West Street.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Brow: 4, male, Boxer mix

AVAILABLE CATS

Baker: 10, male, black
DZ: 12, female, tabby
Spotley: 1, male, white & black
Indigo: 13, male, gray tabby
Fargo: 16, female, tortie
Payton: 13, male, buff & white
Tyler: 10 male, gray tabby

Religion

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter Preble will conduct the service and preach the sermon, "The Time for Judgment." Fellowship with light refreshments will follow the service.

All are welcome to attend Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at: www.bethanycongchurch.org for updates and activities. If you're unable to attend worship service, it is broadcast on QATV at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational Church

Sunday morning worship service begins at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

This week is the 123rd anniversary of the church. Guest speaker Rev. Wayne Earl will preach the sermon "Love Is Stronger Than Death." He will be assisted by Deacon Ralph Jacobs.

Liturgist Shirley Pearson will call to worship and read the scripture lesson. Susan Stimpso and Joseph Flores will serve for the Diaconate. Steve Reed, minister of music, will play the organ for a congregation hymn sing.

A fellowship coffee hour hosted by Nancy Jacobs will follow the service.

After the coffee hour a fundraising meeting will take place in the Gordon Room.

A yoga class with Amy Ross will be held on Thursday, July 27 at 7 p.m. in Fellowship Hall.

Quincy Point Congregational Church

Sunday worship begins at 10 a.m. in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

The church is handicap accessible, complete with an elevator via the Abbey Road side of the building. Peter Johnston's sermon title is "O Sabbath Rest." After worship, there will be light refreshments in the downstairs social hall. While there take a moment to sign the "Birthday and Thinking of You" cards.

A "One Room" Summer Sunday school is available during the summer months. If you wish your child to attend, bring them to the children's room on the basement level adjacent to the kitchen before worship. The summer curriculum is the One Room Sunday school series by Deep Blue, see: www.deepbluekids.com for more details.

Neighbors Hear Plans For Buddhist Center

Cont'd From Page 4

200 people coming in here using this facility," Fleming said. "That wouldn't be right. They couldn't accommodate that."

Under the current proposal before the Planning Board, the top two floors of the building would house an extensive collection of texts owned by the Rev. Shi Kuan Yin, which Fleming said is comparable to collections at Harvard and Princeton. The second floor of the building would mostly be set aside meditation space for the visiting scholars, and the first floor would house a lobby.

The proposal includes a total of 12 parking spaces – three in an existing driveway at 54 Massachusetts Ave. and nine that would be located in a parking area between the learning center and 15 Glenwood Way – to be used by the residential buildings and the learning center.

Fleming said the building should be classified as a religious institution – thus exempting it from certain zoning requirements, including those for parking. City officials, however, are determining if the building would qualify for the exemption; if not, up to 25 parking spaces would be needed for the learning center and residences under Quincy's zoning code.

Parking and traffic were the main concerns for residents at the meeting.

Lisa Carinci, whose father lives near the site, said traffic is already problematic in the neighborhood – parked vehicles have blocked in her father's driveway on several occasions, and emergency vehicles have difficulty driving through the area.

"The traffic is a big issue on Mass. Ave.," she said.

Fleming said the learning center would not exacerbate the current traffic situation in the neighborhood. Some of the new parking at the learning center could also be used on Sundays during services at the temple, he added, which could provide some relief.

Croall said he was in favor of creating a learning center for the scholars, but was concerned about the size of the building and the parking.

"The concern coming out of the neighborhood is density – density and parking," he said. "I understand mechanically the Sunday school, for lack of a better word, has been eliminated, but still it's a really large structure."

Croall asked if the temple would be amenable to tearing down the home at 15 Glenwood Way, or purchasing and tearing down another home nearby, to create additional parking spaces. Philip Chu, a volunteer with the temple, said the society would be open to doing so if the learning center proved problematic after one year, but several area residents said they would prefer the home not be torn down.

For more news visit: thequincysun.com

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
123RD Anniversary - Rev. Wayne Earle will preach the sermon "Love Is Stronger Than Death"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "The Time for Judgment"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

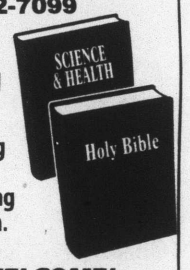
Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Antonietta Fabrizio, 85

A funeral Mass for Antonietta (Gatti) Fabrizio, age 85, a longtime resident of Quincy, was celebrated July 14 in St. John the Baptist Church, Quincy.

Mrs. Fabrizio died peacefully July 11 at her daughter's home in Cohasset, surrounded by her loving family.

She was born in San Donato Val di Comino, Italy, to the late Carlo and Donata (Cecilli) Gatti. She was raised and educated in San Donato. As a young woman, she worked in her parents' bakery before immigrating to the United States in 1959, where she was a homemaker, raising her three daughters. She had lived in Quincy for fifty-eight years.

Mrs. Fabrizio will be remembered the most for her passion for baking and all the exquisite Italian pastries and cookies she made for family and friends. She also loved spending her summers in her hometown of San Donato, Italy.

Mrs. Fabrizio was dedicated to her family and especially to her ten cherished grandchildren. She actively supported all their activities and was proud of their many accomplishments.

Beloved wife of the late Aldo Fabrizio. Devoted mother of Rita F. Ledonne and her husband Gennaro of



ANTONIETTA FABRIZIO

Quincy, Lucia M. Flibotte and her husband Mark of Cohasset, and Donatella A. Galluccio and her husband Thomas of Stoneham. Loving Nonna of Luca, Lucia, and Annalisa Ledonne, Mark, Gabriella, Thomas, Isabella, and Marcella Flibotte, and Briana and Monica Galluccio.

One of three siblings, Mrs. Fabrizio was predeceased by her brothers, Donato Gatti and Giovanni Gatti, and is survived by several nieces and nephews.

Interment Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Joan Carty, 83

A funeral Mass for Joan (Buckley) Carty, age 83, was celebrated July 15 in St. John the Baptist Church, Quincy.

Mrs. Carty died peacefully at her home on July 7 in Quincy.

She is survived by her five children: Michael Carty of West Bridgewater, Debbie O'Donnell and her husband Larry of Onset, Doug Carty and his wife Linda of West Bridgewater, Bill Carty of Marshfield, Tricia Carty of West Bridgewater, and her siblings: Robert Buckley of Lakeville, Raymond Buckley and his wife Nancy of New Bern, NC, Irene Collorone and her husband Chris of Brockton. She was also survived by eleven grandchildren and one great grandchild, as well as many nieces and nephews.

Originally from the Ashmont section of Dorchester, she was a member of a large Irish catholic family. As a tomboy, she grew up spending much of her time at the local ballpark. She married and started a family, keeping her roots in Dorchester in St. Kevin's Parish. She joined a bowling league as a way to get out and socialize. She quickly became a very good bowler, amassing many high average trophies at Lucky Strike Lanes.

Mrs. Carty also started a business out of her home, Joanie's Daycare. It quickly became a popular destination for the children of her many clients over the years. Most of those clients became friends and extended



JOAN CARTY

family. Always the socialite, her annual Christmas party was looked forward to by the entire family as well as her many friends.

After getting divorced, Mrs. Carty moved back to the Ashmont area. After health issues caused her to give up bowling, she concentrated her efforts on her business and her family. She always made sure everyone of them would get a phone call from her on their birthday. She had relocated for a brief time to North Quincy before setting up shop in West Quincy for many years. She retired her daycare business there before moving to Quincy Center where she lived out her days worrying about her siblings and her children, advising her grandchildren, and watching sunsets from her fifth floor balcony.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Shriners Hospital for Children, 51 Blossom St., Boston, MA, 02114, Attn: Development.

Janice M. Leonard, 65

A funeral Mass for Janice Marie Leonard, 65, of Quincy was celebrated Monday in Our Lady of Assumption, East Boston.

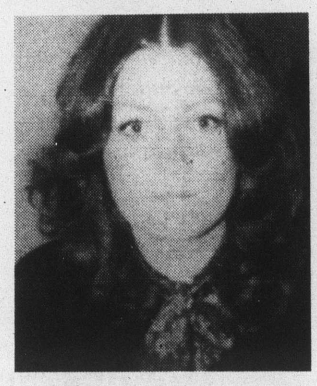
Ms. Leonard died July 11.

She was a creative gypsy who had a tremendous ability to love. She began her design career as a florist and then turned her creativity to clothing. As a secretary for Barrett Ring in the Garment District of Boston, her talents were soon discovered and she flourished as designer of her own missy sportswear collections, producing design labels, "nanciel," "Janice Leonard" and "Jan Martinez Designs." Her passions followed her to Maui, HI where she had incredible new experiences and made amazing lifelong friends. Her siblings all visited and had their stamp of pineapple love. After giving birth to the love of her life, her daughter, Raine, Ms. Leonard returned to the East Coast.

She joined the notes marketing and investor relations teams at Lotus Development where she enjoyed many years of learning and laughter. She left to have her heart surgery but then rejoined the working world where she left her mark and friendship on a variety of companies, such as Gentle Giant and most recently Fuller Village. She kept her creativity alive by designing, making and presenting wedding favor ornaments and holiday wreaths over many years to tradeshows and local markets.

Her return to the East Coast also began her walk with her community at the Our Lady of Assumption church in East Boston. She found her inner peace and love of Christ among her new 'family'. She and Raine have enjoyed many years of love, laughter, travel and support in their church community. We are very grateful.

Once you became Ms. Leonard's friend it was for life. Her friends included church members, employers, co-workers, neighbors and her NQHS classmates. You would soon be invited to lunch or dinner for 'just a little something,' and arrive to an amazing feast. She absolutely loved to cook for those she loved. She began reading cookbooks but was soon texting her recipes, menus or food shopping lists, to friends near and far. Those of you who knew Ms. Leonard, knew she couldn't quite figure out how to only cook for two! It was over decades that her meals brought together her variety of friends and family. You would arrive not knowing



JANICE M. LEONARD

if you would sit next to one of her childhood friends, her parish priest, a sibling, a friend from Hawaii, or perhaps someone she had only met that day. She and Raine always opened their home, wherever that was, with love, laughter and comfort. It was Ms. Leonard continuing her creativity but more importantly, her service to others.

In addition to cooking, Ms. Leonard loved to paint, listen to Raine play guitar, being close to the ocean and talking about her friends and bragging about her nieces and nephews. She traveled to many places throughout the US, Caribbean and Europe. Her most recent trip fulfilled her dream of going to the Holy Land. However, it was by close oceans and lakes where she enjoyed and created incredible memories with her friends. She went by many names, Janice, Jan, Red, Sis, Auntie, or Mom, but she was always friend. Ms. Leonard has left her imprint on many hearts and lives and will be sadly missed but never forgotten. Ms. Leonard would always say she wished she had a greater intellect but it was all of us who truly learned from her.

Daughter to the late Daniel and Claire "Rainy" (Morrissey) Leonard of Charlestown and Quincy; former wife to Abel Martinez. Beloved mother to Raine Martinez of Quincy. Cherished sister to Daniel J. Leonard, Jr. and his wife Nancy of Pembroke, David J. Leonard of Delray Beach, FL, Neil M. Leonard and his wife Barbara of Stoughton, Nancy McAdams and her husband Jim of Quincy. Hilarious and loving aunt to Adam, Desiree, Ashleigh, Jessica, Ryan, Jill, Nicole, Brendan, Matt, Bridget, Daniel and Cormac. Also survived by countless family and friends.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

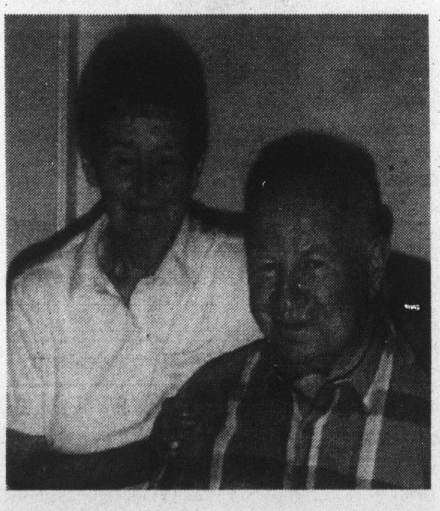
Memorial donations may be made to Redemptions Martyr Seminary, Brookline, MA, attn.: Fr. Tony Medeiros, rmsboston.org.



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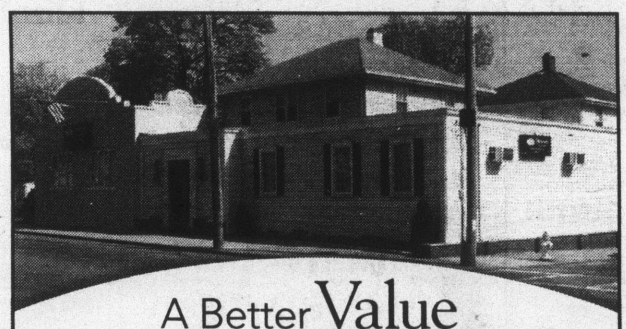
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JOHN R. MENZ
August 31, 1918 – September 1, 2003

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Leocadia Banuk, 101

A funeral service for Leocadia "Lidia" (Gusciora) Banuk, 101, a longtime resident of Quincy and Weymouth, was held July 13 in Clancy-Lucid Funeral Home, Weymouth.

Mrs. Banuk died July 10 after a short illness.

Mrs. Banuk was born and raised in South Boston, where she was an avid winter and summer sportswoman in her early 20s who entered many local competitions, winning many trophies for her ice skating, track and tennis skills. She married a Quincy man, Joseph Banuk, before the war and worked in the Quincy Shipyard during WWII.

When the war started, her husband Joseph J. Banuk joined the Navy and became a petty officer. Joseph died in 1979. Mrs. Banuk was a very independent woman and lived on her own until the age of 95. She spent the last few years of her life in the Pope Nursing Home in Weymouth where she was well cared for.

Devoted mother of Ron and his wife Patricia of Rosamond, CA., Gary and his wife Barbara of Hanson, Elaine Trudell of Weymouth, Miriam Dennis of Weymouth and John Banuk QFD and his wife Debbie of Weymouth. Loving grandmother to Kim, Lance, Anathea, Garrett, Joseph, Marilyn, Daniel, Kenneth, Alexandra, Zachary, Jon and Andrew. Besides her grandchildren, she leaves 10 great-grandchildren and many nieces and nephews who adored her.

Interment at Pine Hill Cemetery, Quincy.

Kathleen L. McLeod, 74

Services for Kathleen L. McLeod, 74, will be private.

Mrs. McLeod died July 13 at Braintree Alliance Healthcare with her loving family by her side.

She is survived by her husband of 52 years Peter E. McLeod of Quincy. Loving mother of Lisa McLeod and devoted grandmother of Christina McLeod, both of Quincy.

Condolence flowers may be sent to the McLeod Family, 10 Winter St. Apt. 609, Quincy, MA 02169.

Other donations may be made to Old Colony Hospice, 321 Manley St., West Bridgewater, MA 02379 or the MA Alzheimer's Association, 309 Waverley Oaks Rd, Waltham, MA 02452.

Arrangements were made by the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Nancy I. Sullivan

A funeral service for Nancy I. (Lancellotti) Sullivan of Quincy was held Sunday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Sullivan died July 3.

Music and songs were a big part of Mrs. Sullivan's life. She was a member of the Glee Club in high school and the St. Ann's theater group in Dorchester. She was the lead singer of the wedding band the Guildsman and a professional singer at many night clubs around Boston in the '70s. She frequently performed at Duttons of Quincy and Hugo's Lighthouse of Cohasset.

Mrs. Sullivan was a retired supervisor for the Parking and Transportation Department at UMass Boston and was a union rep. for many years. She was proud to be a "surrogate mom" to student employees from all over the world (such as Greece, Bangladesh, Colombia, and the Philippines). She called her office "The League of Nations" and hosted many gatherings for her students.

Mrs. Sullivan was extremely creative. She enjoyed singing and dancing, arts and crafts, making costumes for a variety of events, playing second base for softball in Houghs Neck, and spending as much time as possible at the beach. She was well known for her Italian cooking, especially meatballs and braciole. Mrs. Sullivan will be greatly missed by all who knew her.

Daughter of the late Florena Hagan and her husband Robert of Burlington and the late Anthony Lancellotti. Loving mother of Michael Joseph Sullivan, Lisa Marie Sullivan, and Nanci Ann Sullivan, all of Houghs Neck. Grandmother of Donovan Patrick Sullivan of Quincy. Dear sister of Carol McGrath of CA, Joan Betcher of NH, Sally Petreyko of RI, and the late Leo Lancellotti. Also survived by many nieces and nephews.

Joan M. Jaehnig

A funeral Mass for Joan M. (Conlan) Jaehnig of Quincy was celebrated Wednesday in St. Joseph's Church, Quincy,

Mrs. Jaehnig died July 13 in her own home, surrounded by her loving family.

Her life centered around her loving family, deep faith, and strong sense of community. She and her late husband Charlie raised seven active boys in a community they loved. She cherished the vacation time spent at Camp Wulamat, Newfound Lake, NH. A 52-year parishioner at St. Joseph's Church; Mrs. Jaehnig was a Eucharistic minister, prefect of the Ladies Sodality and longtime volunteer at the annual Christmas Bazaar. She faithfully attended Mass right up until the end of her life.

Mrs. Jaehnig was a member of the Red Hat Society, had a passion for cooking, and won many baking awards. She and her late husband Charlie have attended countless sporting events, recitals, and activities for their children and grandchildren, something they have enjoyed their entire lives. Joan was a secretary, prior to her marriage, for Worcester, Inc., an architectural firm, as well as assisting her son Mark in his chiropractic practice for over 20 years.

She was a graduate of both St. Gregory's School in Dorchester and Boston Clerical School. A devout Catholic, Mrs. Jaehnig always remembered and prayed for her three children; Christopher, Robert, and Denise, who died at child birth. She



JOAN M. JAEHNIG

will be remembered for her strength, friendly face, loving disposition, and strong faith.

Beloved wife of the late Charles D. Jaehnig, Sr. Loving mother of Mark C. and his wife Christine of Quincy, Stephen F. of Hull, Michael G. and his wife Liz of Braintree, James E. and his wife Patti-Ann of Quincy, Charles D., Jr. and his wife Andrée of Quincy, Dan J. and his wife Jane of Quincy, and the late William D. Jaehnig. Sister of Mary Keeley of Dorchester, and the late John, Patricia, and Paul Conlan. Cherished grandmother of Patrick, David, Matthew, Andrew, Jennifer, Ryan, Samantha, Robert, Jillian, Thomas, Christopher, Emma, and Caroline. Also survived by many nieces and nephews.

Interment at St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Joseph's Church, 556 Washington St., Quincy, MA 02169.

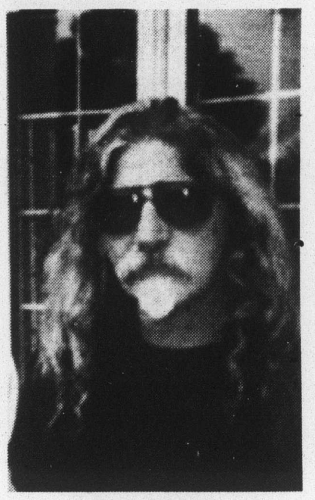
Ralph M. Maturo, Sr., 73

Funeral services for Ralph M. Maturo, Sr., 73, of Hanover were privately held.

Mr. Maturo died July 3.

Beloved husband of Diane (Carrara) Maturo; dear father of Ralph Maturo, Jr., his wife Sandra of Bellingham, Michele Maturo and Andrew of West Haven, CT and Michael Maturo and his wife Patricia of North Haven, CT; grandfather of Jake and Anthony Maturo and Toni Marie; brother of the late Linda Faulkner.

Mr. Maturo was born in New Haven, CT and moved to Hanover, where he lived for 43 years. He and his wife Diane, as owners of Good Health Natural Foods, with locations in Quincy and Hanover, have impacted thousands of lives and guided many to a healthier lifestyle.



RALPH M. MATURO, SR.

The world of Harley-Davidson Motorcycles opened up to Mr. Maturo at a young age a lifelong passion for riding.

Memorial donations may be made to St. Jude Children's Research Hospital at stjude.org.

Arrangements were made by MacDonald Funeral Home, Marshfield.

Josephine M. Tutela

A funeral Mass for Josephine M. (Panarelli) Tutela will be celebrated at 10 a.m. Thursday in St. John the Baptist Church, Quincy.

Mrs. Tutela died peacefully Sunday surrounded by her loving family.

She was born in Quincy and was a lifelong resident.

She was the beloved wife of the late Ralph A. Tutela. Loving mother of Carol Ann Marx and John Tutela, both of Quincy. Cherished grandmother of David and Scott Marx. Sister of Gerald Panarelli of Braintree and sister-in-law of Josephine Panarelli of Quincy. Devoted daughter of the late Antonio and Francesca (Gatta) Panarelli. Sister of the late Michael, Peter, Matteo and Nicholas. Also survived by many nieces and nephews.

Mrs. Tutela was a graduate of Quincy High School and Burroughs Business School. She was employed by Bethlehem Steel and was a billing clerk at the Webster B. Thomas Co. in Boston. After the death of her loving husband Ralph in 1980, she became a preschool teacher and was employed at Jack 'n' Jill Daycare in Quincy for fifteen years.

Her life was centered around her loving family and devout faith. Mrs. Tutela was a member of St. John the Baptist Parish.

Visiting hours were 4 to 8 p.m. Wednesday in the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

The family would like to thank the staff nurses and CNA at Care One at Weymouth for their loving care.

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$46M In Local Aid For City

Cont'd From Page 1

ing.

"The budget also includes some other items important to Quincy. It will continue to fund the Metropolitan Beaches Commission, and their important work to maintain and improve Wollaston Beach, and it provides some funding for the operation of the Blue Hills Trailside Museum and pedestrian trail improvements in that area.

"The final budget also includes reforms that I and others in the Senate have been advocating for several years, for instance, the expansion of the Housing Court system so that it will now cover Quincy. This will shift housing cases involving Quincy residents out of the district court, allowing residents to access a more specialized setting that will better serve both tenants and property owners.

"While there is some positive news in this year's budget, overall it evidences the very difficult financial situation we face as a commonwealth. Reacting to sharp revenue shortfalls, the budget now reflects reductions of over $1.5 billion since the governor first introduced his budget back in January, including $320 million in cuts this week by the governor through his veto authority. Essential programs like HIV/AIDS prevention and treatment, suicide prevention, public libraries, and Adult Basic Education (for English language learners) all suffered reductions.

"Perhaps the most difficult challenge we face is keeping health care accessible and affordable, and our revenue picture has forced some short-term cuts that will have damaging long-term impacts. For example, the Legislature was unable to fund the Prevention and Wellness Trust Fund, which supports grants to community programs for opioid addiction, tobacco cessation, and falls prevention. Quincy benefits from one such grant, and has used it towards collaboration with Weymouth, Manet Community Health Center, and other community agencies. The Senate had proposed new tobacco tax revenue to fund these health programs, but any discussion of new revenue has consistently been rejected by the House of Representatives and the governor.

"Additionally, to balance last year's budget, the Governor removed $140 million from previously established trust funds, including one that has funded innovative pilot programs at community hospitals, and the Distressed Hospital Fund that has provided a boost in reimbursement rates to hospitals that serve a high proportion of MassHealth patients.

"For the new fiscal year the Legislature accepted portions of a health care proposal from the Governor asking employers to contribute slightly more ($26 more per employee) to support public medical assistance, and charging a penalty against companies whose employees rely on MassHealth for their insurance. But the governor has blocked this plan, insisting on the full adoption of his proposal. His plan would remove 140,000 adults barely above the poverty line – just above $12,060 for an individual, or $24,600 for a family of four – from MassHealth and require them to pay for a subsidized Connector plan.

"This would move us away from our goal of universal health care. The Senate will continue to advocate for better access to health care for low income and working class people, for example by supporting high-value and low-cost health providers, like Quincy's two Community Health Centers. Local programs, such as one implemented by the Manet Community Health Center that diverts patients out of South Shore Hospital's emergency room and into more appropriate care, make medical and economic sense, and will continue. I am working with the League of Community Health Centers on projects like this, and hope that these and others will be considered before we further reduce health care access for Massachusetts residents."

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0126CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Jieling Cao
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Jieling Cao requesting that:

Jieling Cao be allowed to change his/her/their name as follows:

Jieling Cho

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **08/23/2017**.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: July 6, 2017
PATRICK W. McDERMOTT
Register of Probate

7/20/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-77

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Vasil Pani for a Variance to legalize a porch in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 7-9 HAMMOND COURT, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

NOTICE OF PUBLIC HEARING

City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-80

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Quincy Donuts, Inc for a Special Permit/ Variance/Finding to open a Dunkin Donuts facility and occupy approximately 2,100 square feet of the existing building in violation of Title 17 as amended Chapter 9.4 (special permit), Chapter 3.1.4 Appendix A (use regulations, drive thru uses), Chapter 5.3 (signs) and Chapter 3.4.3 (finding) on the premises numbered 582 (-598) WASHINGTON STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

MBTA Seeking Developers' Input For QC Station

Cont'd From Page 3

looks forward to working with the T on the development of the station.

"We're excited to move forward together with the MBTA on capturing on the opportunity that exists with revitalizing the Quincy Center T station," he said.

"It is a perfect location for major economic development that fits within our transit-oriented planning model. The station and the surrounding area is the heart of downtown and now's the time to harness its potential."

The RFI states apartment rental rates in the area average $3.25 per square foot, based on comps such as West of Chestnut, The Amelia and Deco. The average rent for office space in the area are $24.53 per square foot, it says, making Quincy a "value option" compared to Boston, Cambridge and the Route 128 corridor.

The RFI also notes more than $400 million in infrastructure improvements are being undertaken in Quincy or have been completed in recent years. Those include improvements to the Neponset Bridge, construction of Adams Green and related roadway work, the opening of the Hannon Parkway and other citywide utility, street and flood relief projects.

The RFI asks potential suitors for the site nine questions related to its development.

It asks developers which product type – institutional, office, residential, retail, etc. – would be most and least feasible for the site; the scope of development – height and square footage – that would be feasible, and if zoning variances would be needed; if a public subsidy were likely to be needed to support the project; if additional land or rights would need to be acquired to make development feasible; if it is preferred for financial, operational or other reasons to cover additional parts of the track; anticipated parking demand; if the bus terminal needs to be redesigned; and if any information and studies would be needed to be provide a better understanding of the feasibility of developing the site, and if they should be provided before a request for proposals were released.

The MBTA wants responses to the request for information returned by July 31 and those responses will be used to determine if a request for proposal would be released. The T anticipates releasing an RFP around Aug. 14 with proposals due back by Sept. 25. At that point, the T would work with Quincy officials to designate a developer for the site.

The Quincy Center station, which is a stop on the Red Line and various commuter rail lines, first opened in 1971. State officials closed its 870-car garage without warning in July 2012 because of structural concerns. Demolition of the garage will start later this year and continue through 2018.

City officials have eyed the station site for development since the garage closed. Preliminary plans for the parcel included a new justice center – a replacement for the Quincy District Courthouse – but Koch said last fall that concept was no longer on the table.

The T owns the station site and the request for information says the chosen firm would enter into a 99-year lease for the property to develop it. The mayor and City Council must both approve of any development over the air rights at the Quincy Center station – or anywhere over the Red Line tracks in Quincy – under a 1967 state law passed as the MBTA expanded southward.

Two firms – Atlantic Development of Hingham and Maryland-based Bozzuto Development – have reached an agreement with the T for a $205 million project with 610 apartments, 50,000 square feet of retail space and 1,600 parking spaces at the North Quincy station. The firms will pay the agency $200 million in lease payments over 99 years and will also pay the city $1.6 million annually in property taxes, plus one-time payments for permitting fees and a contribution to the Affordable Housing Trust Fund.

The Planning Board signed off on the North Quincy project on June 22. The council and mayor previously approved the development as well, as required under the 1967 law. Development at the North Quincy station is set to begin in 2018 and take about three years to complete.

Kids Week At Lighthouse Church

Galactic Starveyors will be the theme of Kids Week at Lighthouse Church, 65 Newbury Ave. in North Quincy.

Kids are invited to take part in activities including games, crafts, Bible exploration and KidFun cinema Aug. 14-18, 9 a.m. to 12:15 p.m.

Families desiring to register their children may call Helen at 617-328-8771.

Each year the church has a mission focus on children in need. This time donations will go to Kardelen Mercy Teams in Turkey.

Kardelen is Turkish for "snowdrop," an early-blooming flower that bursts through the cold ground and snow. It symbolizes God's ability to bring the fullness of life to special needs children in Turkey. The Teams work with refugee families, educating them on ways to improve their child's life and assisting the whole family with educational, medical and spiritual needs.

Families from war-torn countries like Iraq and Syria have fled in terror from the rampant destruction of the neighborhoods, jobs and homes. With nothing more than what they can carry, they escaped to a strange country, only to be met with hostility, rejection, hunger, poverty and fear as they struggle to survive another day.

Children in Quincy will have the chance to bring joy to some of the world's most neglected children through their gifts.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-78

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Judy Chen for a Finding to expand the existing restaurant into retail area of the property in violation of Title 17 as amended Chapter 3.4.2 (nonconforming use) on the premises numbered 663-681 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-79

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of 176 Willard Street, LLC for a Variance to move the existing parking and create additional parking in violation of Title 17 as amended Chapter 5.1.4 (parking setbacks) and Chapter 5.1.8 (parking requirements) on the premises numbered 176 WILLARD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

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Rowan, Jovi, Nana,
Papa, Auntie & Matt
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Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

QUINCY MARKET
Corner of Temple & Washington St.

GOODIE'S STORE
1250 Hancock St., Presidents Place

NEW STORE ON THE BLOCK
1183 Hancock St., Quincy Ctr. T Station

HANCOCK MARKET
5 Cottage Ave.

MIGNOSA'S FRUIT BASKET
138 Granite St.

RITE-AID
132 Granite St.

COFFEE BREAK CAFÉ
77 Parkingway

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

7-11
85 Quincy Ave.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

CORNER FOOD SHOP
171 West St.

ARTERY GROCERY
1000 Southern Artery

7-11
495 Washington St.

DAIRY FARM
330 Washington St.

7-11
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

BAXTER'S PHARMACY
385 Washington St.

TEDESCHI'S
650 Adams St.

7-11
678 Adams St.

VILLAGE COMM. MARKET
100 Willard St.

COPELAND LIQUORS
273 Copeland St.

GRANITE MART
308 Willard St.

7-11
Copeland St.

JOE'S PLACE
260 Centre St.

CORNER FOOD MARKET
1060 Hancock St.

200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

WALGREENS
550 Adams St.

7-11
721 Hancock St.

BEALE ST. SMOKE SHOP
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

BIG Y
475 Hancock St.

RITE-AID
475 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

RED APPLE FOOD SHOP
48 Billings Rd.

SAM'S VARIETY
125 Billings Rd.

LUCKY'S WINE & LIQUOR
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CVS
321 Quincy Shore Dr.

CARMINE'S CAFÉ
69 Huckins Ave.

TEDESCHI'S
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.

EVEREST MARKET
121 Standish Ave.

The Quincy Sun
CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

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1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

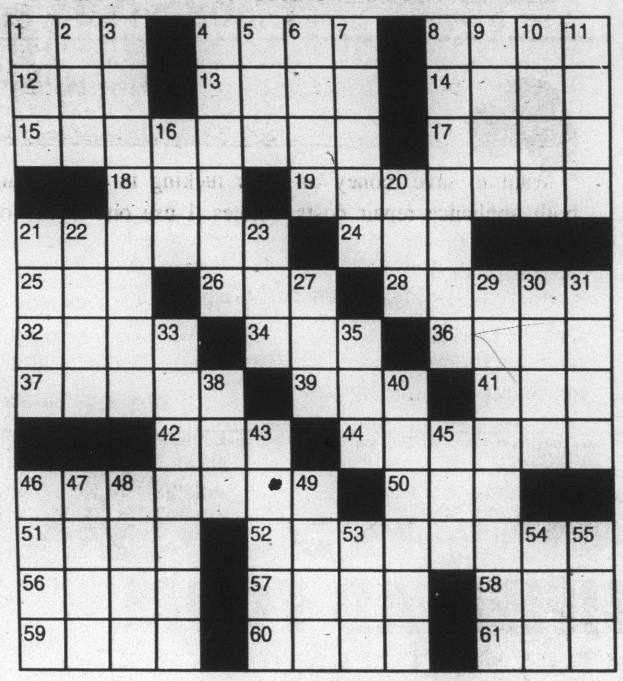
COPY: _____

SUN FUN PAGE

King Crossword

ACROSS
1 Speedometer stat
4 Puncturing tools
8 Into the sunset
12 Savings plan acronym
13 Biblical boat-wright
14 Eastern potentate
15 Wanting company
17 One of the Jackson 5
18 Margery of nursery-rhyme fame
19 Played aloud, as a TV
21 Without a cent
24 Winter woe
25 Year, in Uruguay
26 Snitch
28 Square dance group
32 Rickey flavoring
34 Shrill bark
36 Genealogy chart
37 Put forth
39 Cookie holder
41 Coffee vessel
42 U.K. flyers
44 Burns or Browning
46 Serving piece
50 Astronaut Grissom
51 Floater
52 Boring
56 Con
57 Culture medium
58 Scratch
59 Uncategorized (abbr.)
60 Legislations
61 Early bird?

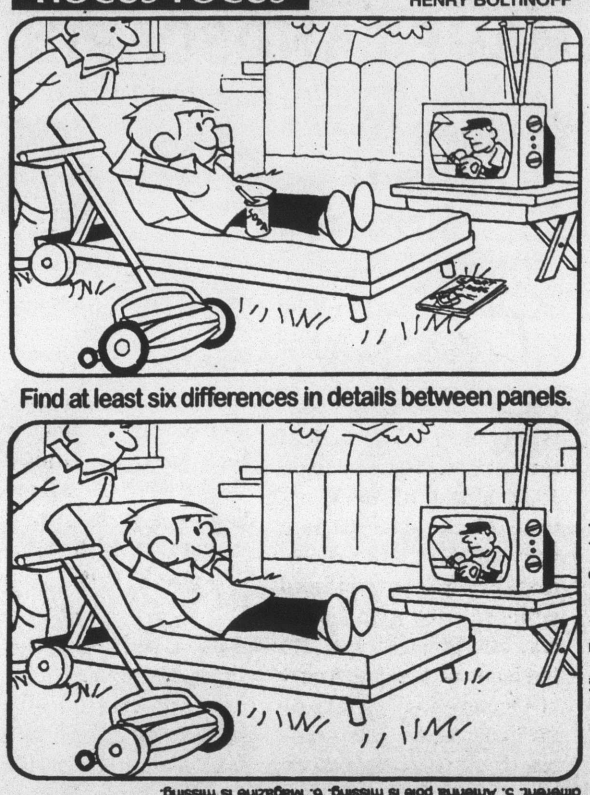
DOWN
1 Wire measure
2 Expert
3 Good-looking
4 "Jeopardy!" clue, e.g.
5 Court
6 Mary's follower
7 Ledge
8 Diving garb
9 Send forth
10 Location
11 Walked (on)
16 Corrode
20 Hearty brew
21 Hay bundle
22 Alternative to Windows
23 Rotation duration
27 — Mahal
29 Macabre
30 Frau's mate
31 Camp shelter
33 Unsteady
35 Standard
38 Highlander's hat
40 Astaire's frequent partner
43 Of the unborn
45 Urban transport
46 Pull an all-nighter
47 Hindu princess
48 Little salamanders
49 Latvia's capital
53 Uncooked
54 Periodical, briefly
55 Work measure



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Arm is moved. 2. Wheel is different. 3. Can is missing. 4. Fence is different. 5. Antenna pole is missing. 6. Magazine is missing.

24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

Trivia test

by Fifi Rodriguez

1. LANGUAGE: What is a kerfuffle?
2. MEDICAL: What are you suffering from if you have a condition called veisalgia?
3. GENERAL KNOWLEDGE: Which famous World War II general had a bull terrier named Willie (named after William the Conquerer)?
4. GEOGRAPHY: What ocean is the Coral Sea in?
5. MEASUREMENTS: How many cups are in 2 gallons?
6. FOOD & DRINK: What fish has varieties called skipjack and bonito?
7. PSYCHOLOGY: What causes spectrophobia?
8. LITERATURE: What was the setting for Shakespeare's play "A Midsummer Night's Dream"?
9. MILITARY: What year was the Pentagon completed?
10. COMICS: What superhero had an enemy called The Riddler?

Answers
1. Fight or argument
2. A hangover
3. George S. Patton
4. Pacific Ocean
5. 32
6. Tuna
7. A fear of mirrors
8. Athens, Greece
9. 1943
10. Batman

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Salome's Stars

ARIES (March 21 to April 19) A turn in a relationship upsets the amorous Arian, who is puzzled by Cupid's romantic antics. Be patient and considerate. The confusion soon will sort itself out.

TAURUS (April 20 to May 20) It's a good time for travel-loving Taureans to take off for fun-filled jaunts to new places. And don't be surprised if Cupid tags along for what could be a very eventful trip.

GEMINI (May 21 to June 20) You appear to be of two minds about continuing a relationship that seems to be riding roughshod over your emotions. A frank talk could help you decide one way or the other.

CANCER (June 21 to July 22) Stepping back from a relationship problem provides a fresh perspective on how to deal with it. Meanwhile, watch your words. Something said in anger now could backfire later.

LEO (July 23 to August 22) A changing situation makes the Big Cat uneasy. But hold on until things settle down around the 5th. Meanwhile, continue your good work on that still-unfinished project.

VIRGO (August 23 to September 22) A decided improvement in a workplace situation results in an unexpected, but very welcome, added benefit for everyone. Personal relationships also improve.

LIBRA (September 23 to October 22) Money matters remain a bit unsettled but soon will ease into the kind of stability you appreciate. Meanwhile, an expanding social life offers a chance to make new friends.

SCORPIO (October 23 to November 21) Use an unexpected roadblock in your monetary dealings to reassess your financial plans and make changes, if necessary. It soon will be smooth sailing again.

SAGITTARIUS (November 22 to December 21) Aspects of love are strong for both single and paired Sagittarians. Professional dealings also thrive under the Sag's clever handling of difficult situations.

CAPRICORN (December 22 to January 19) Set a realistic goal and follow it through to completion. Remember: You're more likely to impress the right people with one well-done job than with lots of jobs left undone.

AQUARIUS (January 20 to February 18) You like to plan ahead. That's fine. But be prepared to make some changes because of an unsettled period that influences your aspects through the 5th.

PISCES (February 19 to March 20) A brief phase of instability affects your usual work cycle. Use the time to catch up on chores around the house or office. Things settle down soon after the 5th.

BORN THIS WEEK: You love being the center of attention and probably would be a big success in show business.

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MAGIC MAZE ● MAJOR HARBORS

Y N J G D A X U R P O L J G D
A X V S P N U K N E I F I C A
R X H V S A Q O B A L J A H E
C E A A S X V O T R B P B R P
N L V S J H K N Y L F R M D B
Y X A U V R Q T R K P E U O M
K N N W O T E E R F O W M D I
G E A Y S C D D U L U T H B Z
X W W O U T N O T S G N I K R
Q E B O I H C A R A K A N L J
N I G F R O D A V L A S D C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Antwerp, Boston, Duluth, Durban, Freetown, Havana, Karachi, Kingston, Kobe, Mumbai, Nassau, New York, Salvador, Tokyo, Vancouver

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Find More Word Search Puzzles • 6 Volumes $3.50 ea. • Order at: rbmamall.com

Wishing Well®

3	4	5	8	7	4	7	2	5	6	2	7	6
N	G	C	L	N	U	O	B	O	B	E	T	E
3	4	6	8	3	5	7	8	2	6	3	4	3
O	E	U	O	M	N	H	V	C	N	O	S	R
7	2	7	4	3	7	3	4	2	8	3	6	2
I	A	N	T	E	G	M	S	U	E	E	D	T
4	7	4	2	3	6	5	3	2	3	5	7	3
A	B	R	I	L	E	S	A	O	N	I	U	C
5	3	6	5	3	5	4	8	2	7	6	4	7
D	H	R	E	O	R	R	G	U	G	S	I	S
3	5	7	6	2	6	8	3	5	4	5	4	7
L	C	Y	T	S	A	R	Y	H	V	O	E	O
6	5	7	6	8	6	5	6	5	6	8	5	8
N	I	U	D	O	I	C	N	E	G	W	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

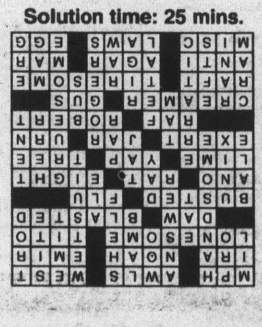
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals E

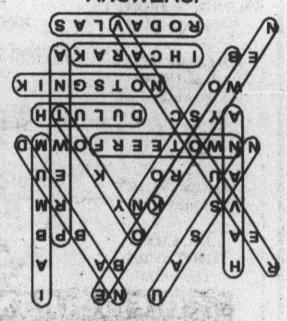
SJYC L VHCOHBOKHCKXO ZYVHNYX NKUUYA HB ERXYO, SHEFA IHE XLI JY'X BYLFFI ZYCO HEO HU XJLRY?

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CryptoQuip puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

— King Crossword —
Answers
Solution time: 25 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

When a contortionist becomes miffed or upset, would you say he's really bent out of shape?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Hugh Jackman will play P.T. Barnum in "The Greatest Showman," out Christmas Day, with Zack Efron, Michelle Williams, Zendaya and Diahann Carroll. Jackman will then take on playing former Senator Gary Hart during the early stages of the 1988 Democratic presidential nomination.

If the name Diahann Carroll sounds familiar, it may be because she was the first woman of color to star in her own series, "Julia" (1968-71), and she also starred in "Dynasty" (1984-87) and "The Colby's" (1985-86). She has an Oscar nomination, for "Claudine," has five Emmy nominations and was even up for a Grammy. Carroll returned to TV for "Grey's Anatomy" (2006-07) and "White Collar" (2009-14). No stranger to musicals, she starred on Broadway in Richard Rodgers "No Strings" (1962), winning a Tony award. She's even written a book, her memoir "The Legs Are the Last to Go." Carroll next stars in the live-action film "The Little Mermaid," with Shirley MacLaine, Gina Gershon and William Moseley (of the "Narnia" franchise), due out later this year.

Meanwhile, Ryan Reynolds has begun shooting "Deadpool 2" with Leslie Uggams, T.J. Miller and Josh Brolin. It will open June 1, 2018.

***

The 1990 film "Tremors" was such a hit that it spawned five sequels, two TV series and a video game. Michael Gross, who played Michael J. Fox's father in "Family Ties" (1982-1989), starred in all six films and both TV series. Now Kevin Bacon, the star of the original film, is set to headline a new "Tremors" series for SYFY, which picks up 25 years later. Bacon says, "This is the only character I've ever thought about revisiting. I just got to thinking, where would this guy end up after 25 years? We hope to create a show that will be fun and scary for fans of the movie? Ironically enough, while this reboot is great news, there's no mention if Michael Gross, now 70, will be in the series. Stay tuned.

***

A Facebook post on June 18 announced that William H. Macy had died the night before. I knew he'd just re-signed for Showtime's "Shameless," in which he'd played Frank Gallagher since 2011 and 84 episodes. I was saddened for his wife, Felicity Huffman, an Oscar-nominee and "Desperate Housewives" star. I thought it very odd that no major news outlets had reported this, until I found out it was a HORRIBLE HOAX. William H. Macy was not only very much alive, but busy directing and starring in the film "Krystal," with Rosario Dawson, Grant Gustin, William Fichtner, John Leguizamo and wife Felicity Huffman.

Macy, who won two Emmys in 2003 for writing and starring in "Door to Door," has directed two other films, "Rudderless," with Billy Crudup, Selena Gomez and Laurence Fishburne, as well as the upcoming sex-comedy "The Layover," with Alexandria Daddario, Kate Upton, Molly Shannon and himself. For an alleged dead guy, he's sure been busy!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	×		+		14
+		×		−	
	×		+		19
×		−		×	
	×		+		14
16		18		12	

1 2 3 4 4 5 6 7 9

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Collecting

by Larry Cox

Q: I have an original typewritten letter from 1918 about military actions of the AEF. It is a very detailed letter documenting the travel and actions of the 47th Infantry, 7th Brigade and 4th Division of the 3rd Army of Occupation in Germany. The letter was written by my grandfather, and I keep it in a safety deposit box. I feel it may be worth something and would like any suggestions you might have. -- Cindy, Walworth, New York

A: You have an extremely important heirloom, and I suggest you keep it. I spoke to several collectors, who seem to feel your letter might be worth in the $50 to $150 range, but my advice is to preserve and cherish your grandfather's letter.

***

Q: I have a cast-iron stove that I bought in California about 30 years ago. It is the Progress model manufactured by the Empire Stove Company of Chicago. How much should I sell it for? -- Marlene, Rio Rancho, New Mexico

A: One of the better sources for antique stoves is Richard Richardson, owner of the Good Time Stove Company, P.O. Box 306, Goshen, MA 01032. Check out his webpage at www.antiquestorves.net. Richardson buys, sells and restores antique stoves and kitchen ranges.

***

Q: Back in May you featured a letter from a woman in Illinois who had an early edition of the Book of Mormon. Could you please put me in contact with her so I can purchase it? -- David, Buckeye, Arizona

A: It is my policy to not share the names and addresses of people who contact this column. This is for security reasons. So I won't be tempted, as soon as I answer a letter, it goes into my shredder. I can't help you.

***

Q: I have a sketch done by Chester Gould, cartoonist and creator of Dick Tracy. It is signed twice by Gould. Would it be of value to a collector? -- Gene, Rio Rancho, New Mexico

A: Contact "Autographs for Sale." The business is bonded and will give you an expert opinion. Contact is 858-384-7057. For others who have written me recently about autographs, heads up.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was best-selling author and aviation pioneer Amelia Earhart -- the first female pilot to fly solo across the Atlantic Ocean -- who made the following sage observation: "The most difficult thing is the decision to act, the rest is merely tenacity. The fears are paper tigers."

* The elephant is the only animal that can be trained to stand on its head (other than humans, of course).

* Historians of ancient Rome say that a three-man crew was required to handle a war chariot: The rein handler was responsible for managing the horses, and the shooter focused on launching arrows at the enemy. The straphanger, who stayed at the back of the chariot, had the unenviable task of making sure the other two crew members didn't fall out as the chariot bounced over bodies.

* Those who study such things say that your blood is filtered through your kidneys approximately 20 times every hour.

* You surely know what a boycott is -- a method of protest entailing the refusal to buy a product or deal with a person or organization. You might not know, however, where we got the word. Here's the story: In 19th-cuntury Ireland, there was an English land agent named Charles C. Boycott. During a time when crops were failing -- depriving many farmers of income as well as food -- he refused their pleas to lower rents. In retribution, he was ostracized, with many people refusing to do business or even socialize with him.

* Statisticians say that women who marry younger men tend to live longer.

***

Thought for the Day: "A man who is 'ill-adjusted' to the world is always on the verge of finding himself. One who is adjusted to the world never finds himself, but gets to be a cabinet minister." -- Hermann Hesse

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Now here's a tip!

by Jo Ann Derson

* Want to save money on both appliance repair costs and your power bill? Do yourself a favor and stay on a filter replacement schedule for your air conditioner unit. Dirty filters make the machine work harder and less efficiently, costing you money!

* "When grandparents live out of town, set up a phone call between them and your kids a week or so before visiting. They can talk about what the kids might like to do. It gives the grandparents time to prepare, and it gives kids a chance to build excitement before the trip." -- G.R. in Ohio

* If you have cloudy glassware, you can try to bring it back to clear with a vinegar soak. Warm vinegar in the microwave and fill the glass or soak in a tub.

* "Line the inside of a closet door with a fabric-backed memo board. They are great for tucking in pictures and notes. I use one in my office closet solely for storing business cards for contacts. It's easy to see them and to grab one if I need it." -- A.V. in Massachusetts

* Smelly dog bed? It's baking soda to the rescue. Simply shake baking soda liberally on the surface of your pet's pillows. Rub or brush into the fabric. Let it sit while you vacuum your carpets and tidy up, then use the wand attachment to vacuum it up.

* A nuisance papercut can be sealed up with regular household glue. Just dab a bit on the cleaned and dried papercut, and let it dry.

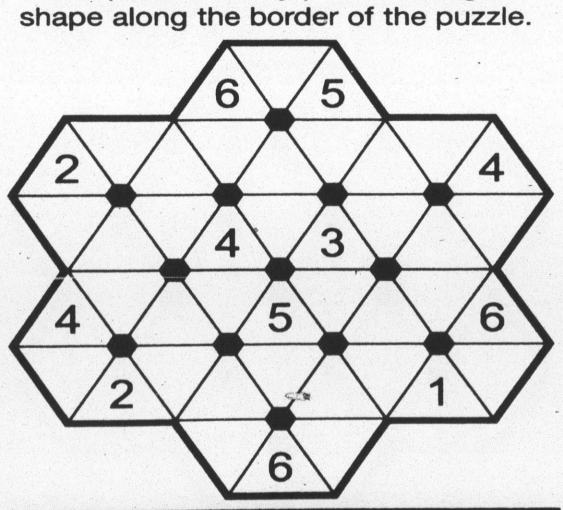
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

Here's a "double-dip" alphametic ... both the letters and the numbers add up correctly.

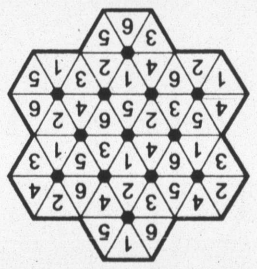
Remember, no word may begin with a zero.

SEVEN
SEVEN
SEVEN
+ NINE
THIRTY

Let S = 4
T = 1
I = 2

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SNOWFLAKES solution



Go Figure! answers

	12		18		16
14	6	+	2	×	4
	×		−		×
19	7	+	4	×	3
	−		×		+
14	9	+	5	×	1

Stickelers Answer

152618
+ 3239
49793
49793
49793

50 DAYS of "FREE"DOM

50+ FREE events ★ June 10 - July 29

Quincy, City of Presidents

Featured Events July 19 - 23

Wednesday, July 19

Lunchtime Summer Concert Series - Riverboat Stompers

Stop and Shop Plaza, 1385 Hancock St

12:00 p.m. - 1:15 p.m.

Free

Fourth annual summertime concert series outside of Stop & Shop Headquarters. Entertainment varies weekly. Live music, reggae, pop, country, folk, dixie land, etc.

Wednesday, July 19

Wolly Beach Wednesdays Concert Series

Across from Clam Box
789 Quincy Shore Drive

6:00 p.m.

Free

Curragh's Fancy , an Irish trio, plays several instruments: guitar, banjo, bass, mandolin, bouzouki, and tin whistle, and perform a lively mix of old pub favorites and newer material.

Thursday, July 20

Book & Boogie

Wollaston Beach Tot Lot
Quincy Shore Drive at East Elm Ave

6:00 p.m. - 8:00 p.m.

Free

Bring a used children's book to swap at this family friendly dance party sponsored by the Friends of Wollaston Beach.

Thursday, July 20

Lawn Concerts @ the Crane, Ezekiel's Wheels Klezmer Band

Thomas Crane Public Library Lawn
40 Washington Street

7:00 p.m. - 8:00 p.m.

Free

Internationally-recognized, Ezekiel's Wheels Zlezmer Band brings passion, virtuosity, and contagious energy to every performance. With a style forged in the subway stations and farmers' markets of Boston and sharpened on the stage of the International Jewish Music Festival, this band combines the familiarity of chamber music with the energy and force of dance band music; this passionate, creative band has earned rave reviews.

Saturday, July 22

Tours of the Dorothy Quincy Homestead

34 Butler Road

11:00 a.m. - 3:00 p.m.

Free, donations accepted

The earliest surviving home of the Quincy family, this house was built in 1686 by Edmund Quincy and greatly expanded and remodeled in 1706 displaying the evolution of colonial architecture. The childhood home of Dorothy Quincy, who became Mrs. John Hancock, the house welcomed Benjamin Franklin as a guest and had frequent visits from young lawyer John Adams.

Saturday, July 22

Quincy Militia Football vs. Middleboro Cobras

Veterans Memorial Stadium
850 Hancock Street

Kick-Off at 7:00 p.m.

Gates open at 6:00 p.m.

$10 for adults and teens. $5 for children ages 6-12. Free for children under 6 years old. Free for all Veterans.

Our hometown team, Quincy Militia is part of the Eastern Football League (EFL), the oldest semi-pro football league in the United States. Home games are held Saturday nights in the summer at Veterans Memorial Stadium, 850 Hancock Street. Quincy Militia Football Merchandise and the Q-Zone Food Concession Stands are open at all home games. Schedule is posted online.

July 22-23

Quincy Bay Race Week

Squantum Yacht Club
646 Quincy Shore Drive

Registration fee for regatta participation.

Eight South Shore Yacht Clubs make up the Quincy Bay Race Week Association and the 80th Annual Regatta has Inside Line Racing for junior sailors in the N-10, Optimist and Laser fleets and adult racing on the Outside Line featuring 210, Club 420, Hustler, Laser, Multihulls, Rhodes 19 and Thunderbirds. Spectators can view from various locations along Quincy Shore Drive.

Discover Quincy

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 10, we welcome you to participate in over 150 events.

★ Red Star = Free

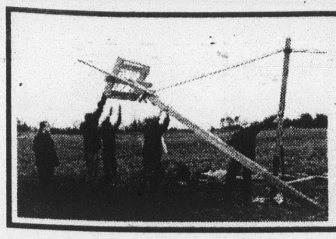
★ Blue Star = admission

Our Supporters

Funded, in part, by the City of Quincy, Massachusetts Cultural Council, and Save the Harbor/Save the Bay.

For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117



Boys Complete Eagle Scout Projects - *Pages 16, 17*

U9 Baseball Team Cal Ripken State Champs - *Page 13*

Grow, Build, Learn At Josiah Quincy House - *Page 4*

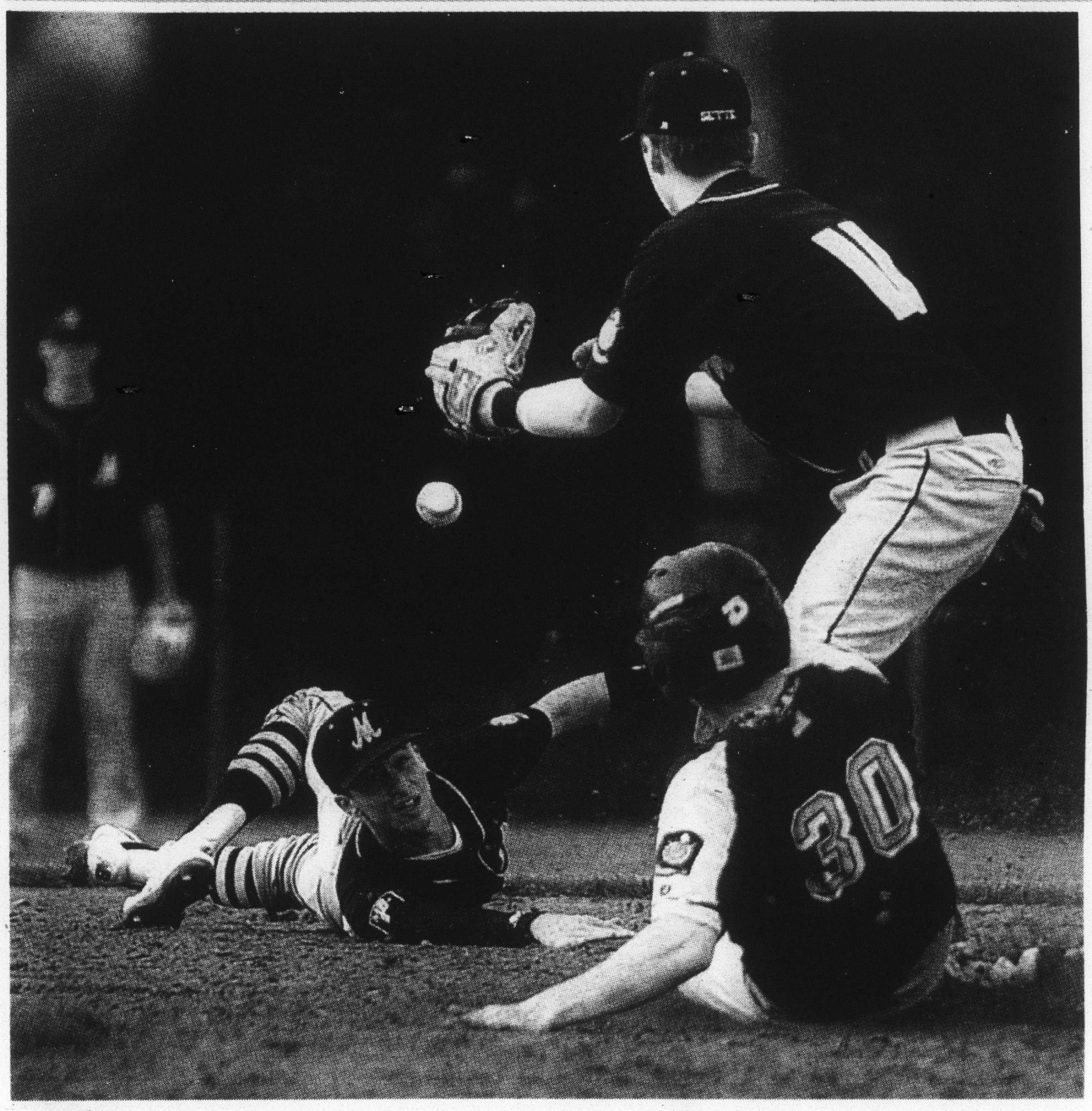


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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 45 Thursday, July 27, 2017 $1.00



MORRISETTE LEGION shortstop Chris Mann (on ground) tosses the ball to second baseman Pat Roche after fielding a grounder to force out a Canton Legion runner during the District 6 Tournament July 18 at Braintree High School. Morrisette defeated Canton, 10-9, but bowed to Braintree 5-1 in the Zone 6 district championship. Story, other photos on Pages 18 and 19.

Quincy Sun photo/Tom Gorman

27 Residents Return Nomination Papers By Tuesday's Deadline

4 Preliminary Council Races

- For Council At-Large, Wards 1, 5 And 6
- 6 Vying For 3 School Committee Seats
- Incumbents Unchallenged In Wards 2, 3, 4

By SCOTT JACKSON

Twenty-seven residents aspiring to run in this fall's municipal election returned their nomination papers to the City Clerk's Office by Tuesday's 5 p.m. deadline, setting up as many as four preliminary elections for City Council seats in September.

The deadline to return nomination papers with the

Cont'd On Page 26

Middle Schools To Focus On Student Life Skills

By TOM GORMAN

Through a collaboration with a private school, Quincy officials are ramping up support to help middle school students with coping and study skills during a crucial development period of their life.

During a recent school committee meeting, Director of Special Education Erin Perkins, Senior Student Support Services Director Maura Papile and Senior Curriculum Director Madeline Roy outlined plans to expand training for middle school teachers through the private Landmark School partnership. The school has been providing professional development in literacy for special education teachers the past four years and last

Cont'd On Page 4

Heart of the City Tour Begins Monday Through Friday

Old City Hall, Hancock Cemetery, Church Of The Presidents

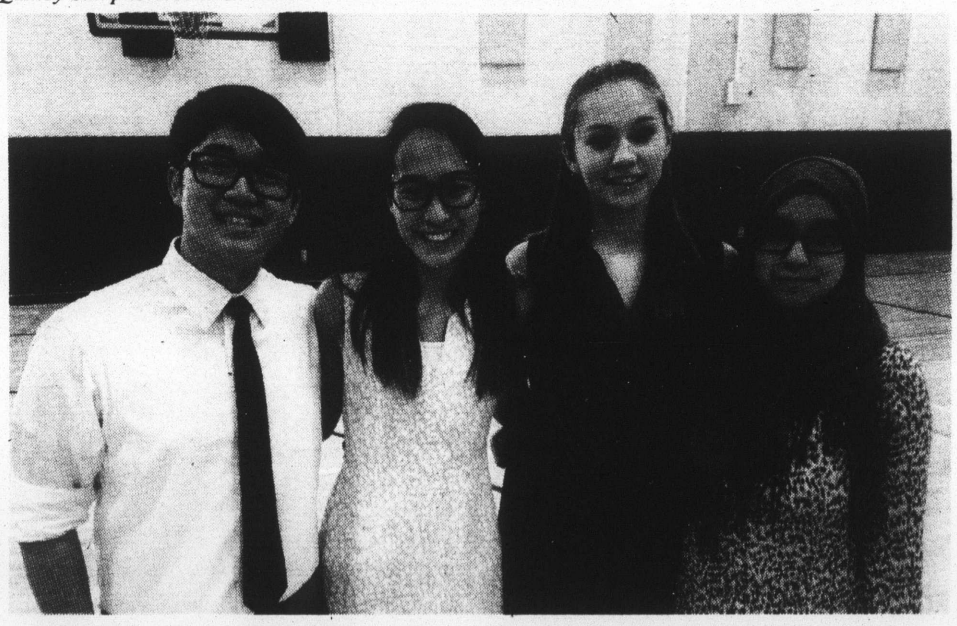
After a successful pilot program in 2016, the free "Heart of the City Tour" is now open, Monday through Friday from 10 a.m. to 4 p.m. The hour-long tour begins in the Old City Hall (James R. McIntyre Government Center), continues to the Hancock Cemetery and concludes at the United First Parish Church, "Church of the Presidents."

"Quincy is home to so many national treasures and with the Hancock Adams Green preparing to take center stage in Quincy's Downtown area redevelopment, it was time to shine a light on these historic national landmarks for all to see," Mayor Thomas Koch said.

Last year's introduction of the tour yielded in visitors from over a dozen different countries from Australia to China, Europe to South America. Visitors from at least 31 states were recorded yet most of the visitors came from Quincy, the surrounding towns and throughout Massachusetts.

Some of the favorite highlights on the tour consist of the old jail in the basement of city hall, Quincy's American Revolution Memorial and notable graves sites at the Hancock Cemetery and the Presidents and First Ladies' crypts at the Church of the Presidents.

The tour is funded through an appropriation from the Hotel/Motel Tax.



NORTH QUINCY HIGH School and Quincy High School National Honor Society members spoke during a recent school committee meeting about the society's four pillars: scholarship, character, leadership and service. From left, Jason Kung, NQ, Michelle Mark, NQ, Alexandra MacPherson, QHS, and Yusra Ahmed, QHS. *Quincy Sun photo/Tom Gorman*

Dispelling Stigma of Electroconvulsive Therapy - *Page 9*
Local Athletes Shine At Bay State Games - *Page 20*
50 Days 'FREEdom' Featured Events July 26 - 29 - *Page 31*

More Quincy news:
The Quincy Sun.com

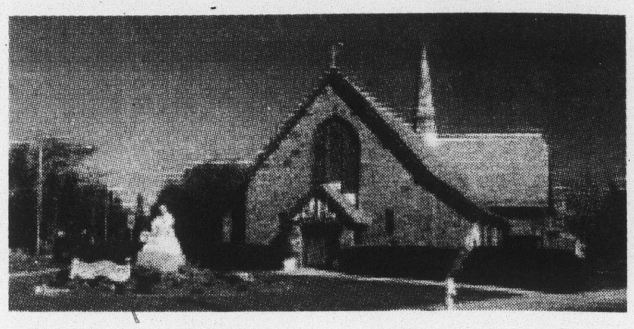
Bumper Stickers Tout Colbert Candidacy, Support Mass. Eye, Ear



'PRESIDENTIAL FUNDRAISER' – Uncle Sam Rounseville (right) of Quincy is advocating television host, author and comedian Stephen Colbert run for the White House in 2020. The local realtor is also selling bumper stickers in support of a Presidential campaign for Colbert as a fundraiser for charity. The bumper stickers are selling for a donation of $17.76 and all proceeds benefit the Massachusetts Eye and Ear Infirmary in Boston. Here Nora Schneider also of Quincy shows her support for Colbert and Mass Eye and Ear by purchasing some bumper stickers for a donation of $70. Since beginning the bumper sticker fundraiser earlier this month, Uncle Sam has raised nearly $1,000. To make a donation and receive a "Colbert for President 2020" bumper sticker call 617-875-1776 or email ussam76@gmail.com.

Photo Courtesy Uncle Sam Rounseville

Most Blessed Sacrament Church Centennial Celebration Sept. 24



Most Blessed Sacrament Church will celebrate its centennial Sunday, Sept. 24 with a Holy Mass at noon followed by a dinner at 2 p.m. in St. Thomas Aquinas Hall.

Price is $25 per person and payment and reservations are required no later than Sept. 10.

Checks should be made out to Holy Trinity Parish and marked for MBS 100th. Full name, address and telephone number should be provided.

Tables for eight may be reserved. Payment secures reservation.

Reservations may be placed in the collection basket, given to one of the committe members or mailed to the Holy Trinity Parish rectory, 227 Sea St., Quincy, MA 02169.

Committee contacts are Harry Kimball, 617-471-4093; Barbara Logan, 617-479-8573; and Eileen Timcoe, 617-479-4107.

As part of the celebration, the church is seeking photos of the church and events which may have happened over the century, some of which may be included in a memorial book. Date of picture should be included, and event, if applicable.

Photos will be returned to owner.

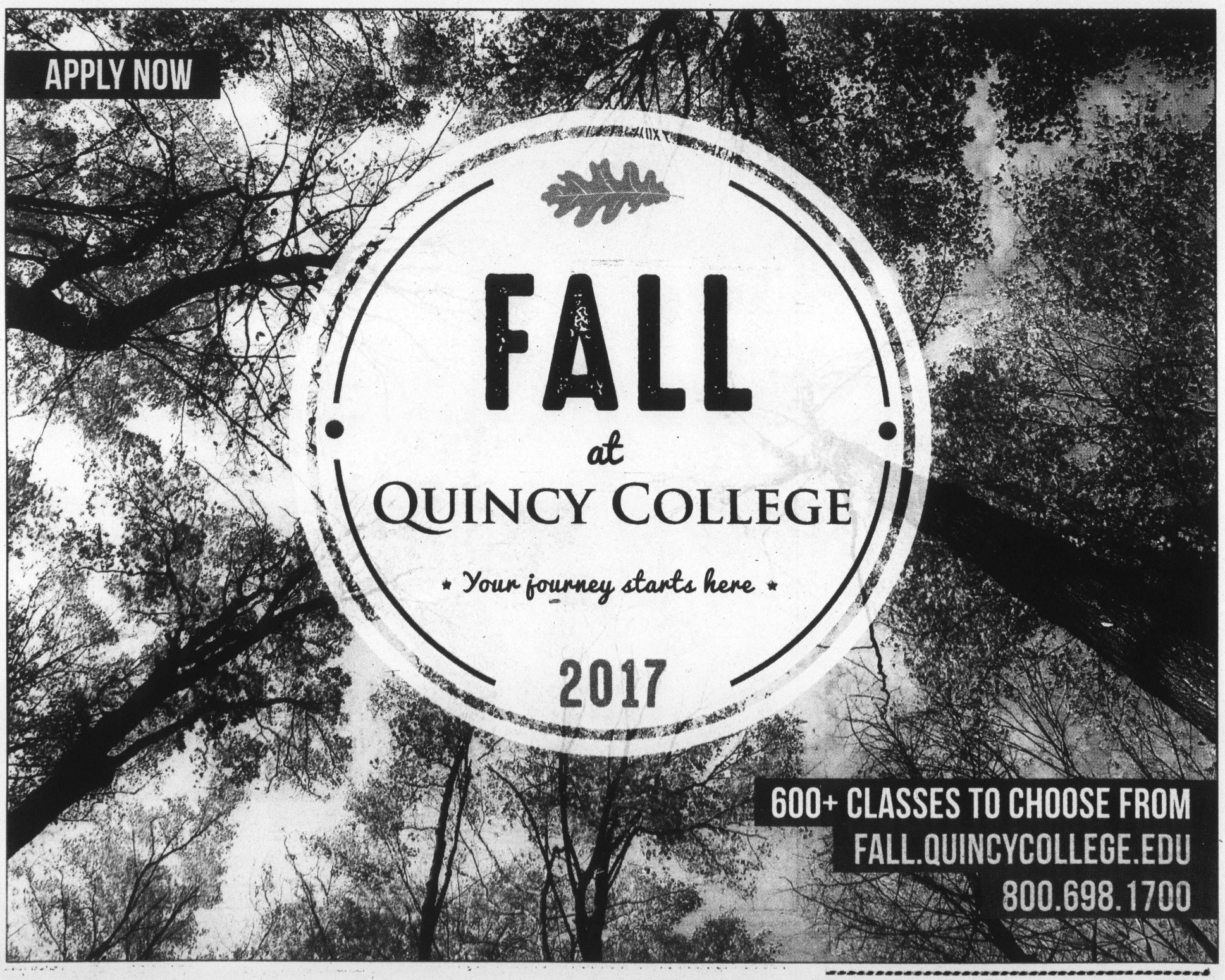
Talk, Walk Celebrate 200th Anniversary Of Thoreau's Birth

The Park Department's Environmental Treasures program and the Thomas Crane Library are celebrating the 200th year of Henry David Thoreau's birth with two free events.

On Tuesday, Aug. 1 at 7 p.m. Adam Gamble, author of *In the Footsteps of Thoreau, 25 Historic Hikes and Nature Walks on Cape Cod*, will talk at the Main Library, 40 Washington St., about Thoreau's encounter with the "wildness" of the ocean and share a slide show of his photographs of Cape Cod.

On Saturday, Aug. 5, Peter Fifield and Sally Owen will lead a stroll around Squaw Rock Park, using quotes from Thoreau, to imagine how he might have experienced it. Participants are encouraged to share their thoughts, knowledge and questions about Thoreau.

Bring bug spray and wear long pants and socks that can cover pants bottoms (to minimize tick exposure). The tour will commence at 6:30 p.m. in the Nickerson Post parking lot at the end of Dorchester Street in Squantum. For more information and rain date rescheduling, call 617-472-0799.



Board Approves Plan For New Car Dealership

Corner Of McGrath Highway And Brackett Street

By SCOTT JACKSON

A proposal by local auto dealer Daniel Quirk to construct a new Mazda dealership at the corner of McGrath Highway and Brackett Street was well received during a Planning Board meeting.

Quirk is proposing to construct the new facility at 91 McGrath Highway and 5 Brackett St. Those properties – with a total area of 92,176 square feet – are currently home to a Quirk building and the former home of Yellow Cab, both of which will be razed to make way for the new dealership. The Quirk Mazda building on the opposite side of Brackett Street, next to Stop & Shop, will remain as is.

The proposed building would stand two stories tall with nearly 24,000 square feet of space inside and an 18,786 square foot footprint. The lot would include 142 parking spaces on site – 44 for vehicles on display, 36 for customers, 30 for employees and 32 for service/storage. There would be room for additional vehicles in the showroom inside the building.

The proposal went before the Planning Board July 19. Christopher Harrington, the attorney representing Quirk before the board, said the proposal would greatly improve upon the site by adding new underground utilities and stormwater drainage systems, reconfiguring the layout of the parking lot,

Cont'd On Page 27



MUSIC FANS of all ages from Quincy and the surrounding area flocked to the second annual PorchFest Quincy that featured some 120 bands performing in four neighborhoods in Quincy. The event drew some 5,000 people who enjoyed the music and socialized in Wollaston, Wollaston Beach, Squantum and Merrymount areas of the the city. Shown here enjoying the music: back row wearing PorchFest shirts are Willy and Dottie Ostiguy of Quincy; and children in the front row (from left) Dottie LeMay of Quincy, Elle Ryan of Milton, Sophia Ostiguy of Quincy and Mae Ryan of Milton. More PorchFest photos on Page 6.

Photos Courtesy Stacey Ostiguy LeMay

Quincy Housing Authority Landlord Workshop Friday

The Quincy Housing Authority's Section 8 Department will hold a Landlord Workshop Friday, July 28 from 1 to 3 p.m. at the Thomas Crane Public Library, main floor meeting room, 40 Washington St., Quincy.

Guest speaker will be Marjorie A. Adams of Adams & Sammon.

The workshop title is "What Can A Landlord Do About Marijuana – Medical and Recreational."

Seating is limited. To RSVP contact Terry Coleman at tcoleman@quincyha.

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Ask the **GEMOLOGIST**

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



LIVE LONG AND PROSPER

Those fortunate enough to have August as their birth month should know their birthstone, peridot, has long been associated with good fortune and prosperity. Many people believe this rare, gem-quality variety of the common mineral olivine derives its name from the Greek word "peridona," which means "giving plenty." Hence, there is the link between this yellowish-green gemstone and wealth. Peridot is also said to possess healing properties that protect against nightmares and evil. Regarding its color, it is also noteworthy that peridot's distinctive green color is derived from the composition of the mineral itself, not from trace impurities. Therefore, while it may vary in shade from yellowish-green to olive to brownish-green, peridot only comes in one color.

Peridot can be assessed with the same criteria as diamonds, using color, clarity, cut and carat weight to determine value. For the latest trends in jewelry, please visit our store at 1402 Hancock St. in Quincy Center or call 617-773-3636. We feature a constantly changing assortment of estate and pre-owned jewelry and other items. If we don't have something in stock, we will get it, usually within 72 hours with no obligation on the customer's part.

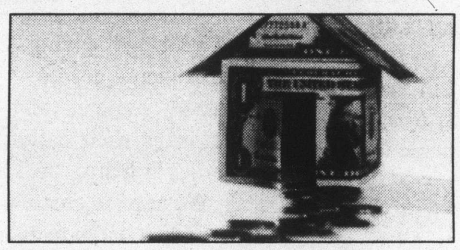
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ONLINE: colonialfed.com

Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 07/19/17 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 15-Year Loan would be repaid in 180 equal monthly principal plus interest payments of $7.03 per $1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater.

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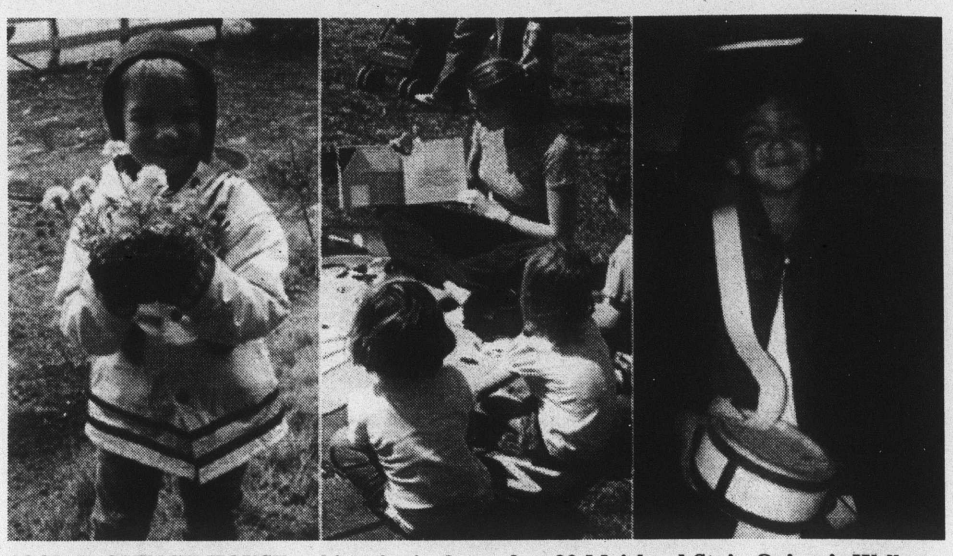
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Grow, Build, Learn At The Josiah Quincy House

Aug. 3, 10, 17
From
10 A.M. - Noon



JOSIAH QUINCY HOUSE, a historic site located at 20 Muirhead St. in Quincy's Wollaston neighborhood, will host a series of activities entitled "Let's Grow, Build, and Learn" Thursday, Aug. 3, Aug. 10 and Aug. 17 from 10 a.m. to noon. Ideal for children ages 4-10, each week features a Story Walk®, hands-on activities that promote development of the skills early elementary students need, craft projects to foster creativity, and lots of fun.

Photos Courtesy Historic New England

The public is invited to join join Historic New England educators for three days of activities at historic Quincy House in August.

Ideal for children ages 4-10, each week features a Story Walk®, hands-on activities that promote development of the skills early elementary students need, craft projects to foster creativity, and lots of fun. This drop-in program draws on themes from 400 years of New England's rich history.

Each week will focus on a different topic.

On Thursday, Aug, 3, the theme will be gardening and farming.

On Thursday, Aug. 10 it will be preservation, architecture, and design, and in advance of the new school year the topic on Aug. 17 will be education and play. Each week the program runs from 10 a.m. to noon.

This is a drop-in program. The cost is $5 per family, free to Historic New England members and Quincy residents. All children must be accompanied by an adult.

The Quincy House is located at 20 Muirhead St. in Quincy's Wollaston neighborhood.

For more information, call 617-994-5930 or visit HistoricNewEngland.org.

Moments in time
THE HISTORY CHANNEL

• On **Aug. 12, 30 B.C.,** Cleopatra, queen of Egypt and lover of Julius Caesar and Mark Antony, takes her life following the defeat of her forces against Octavian, the future first emperor of Rome.

• On **Aug. 13, 1878**, a restaurant owner dies of yellow fever in Memphis, Tennessee, after a man who had escaped a quarantined steamboat visited her restaurant. In the 19th century, it was not known that mosquitoes carried yellow fever, and victims were quarantined in an attempt to prevent its spread.

• On **Aug. 7, 1912**, former president Theodore Roosevelt is nominated for the presidency by the Progressive Party. Also known as the Bull Moose Party, its platform called for the direct election of U.S. senators, women's suffrage and reduction of tariffs.

• On **Aug. 8, 1963**, the 15 men involved in the Britain's Great Train Robbery use an ex-British Army truck and two stolen Land Rover all-terrain vehicles to escape with some $7 million in stolen loot.

• On **Aug. 10, 1977**, postal employee David Berkowitz is arrested and charged with being the "Son of Sam," the serial killer who terrorized New York City for more than a year. Berkowitz claimed that demons and a black Labrador retriever owned by a neighbor named Sam had ordered him to commit the killings.

• On **Aug. 11, 1984**, President Ronald Reagan, while testing a microphone before a radio address, jokingly announces, "My fellow Americans, I am pleased to tell you today that I've signed legislation that will outlaw Russia forever. We begin bombing in five minutes."

• On **Aug. 9, 2000**, tire manufacturer Bridgestone/Firestone Inc. announces the recall of 6.5 million of its tires after the National Highway Traffic Safety Administration linked at least 46 deaths to problems with tread peeling off the tires. *(c) 2017 King Features Synd., Inc.*

Middle Schools Focus On Student Life Skills

Cont'd From Page 1

year began training middle school educators on teenage executive functioning – the brain's cognitive management system.

The administrators explained that middle school students need to be taught coping and life skills as the frontal lobe of their brain begins developing such mental facets as attention control, behavior, reasoning and problem solving. They said students need to be organized, engaged and able to manage their daily tasks in order to learn.

"We need to create a system for students to manage their time, get them focused and get them engaged in the learning process," Papile said.

Beginning in the fall, middle school teams – comprised of guidance counselors, special education and classroom teachers and assistant principals - will implement a plan through the Landmark School partnership. The school will provide teacher professional development, site visits and coaching. In the spring, the program's progress will be assessed.

Additionally, parent academies will be held in the fall to help parents create expectations and routines for their children.

The Landmark School of Manchester-By-The-Sea provides districts with outreach programs in professional development concentrating on students with language-based learning disabilities.

Perkins said Quincy's relationship with the school started in the 2011-12 school year with a literacy workshop for special education and English Language Learner teachers. The following year, Landmark provided a workshop in study skills and executive function for middle and high school special education teachers.

"We recognized there was a need in the middle schools and high schools for some of our executive functioning and study skills," said Perkins. "The professional development they (Landmark) provide is really wonderful and we wanted to spread the wealth to some of the other areas in the district."

Impressed with the school's training methods, Quincy officials decided to expand its partnership in the 2014-15 school year to include Landmark's consultant who has been working on-site with elementary and middle school language teachers providing coaching and support in the area of executive function.

In addition, middle school health teachers receive training to help students with organizational skills, stress management, concentration, building self-awareness and managing time and materials. Papile said that helping managing middle school student's daily tasks is critical.

"Life changes for students entering middle school," she said.

Roy said the Landmark program will help students be more confident.

"We want students to go from they can't, to, they can," she said.

Perkins said that Landmark's special education literacy program is now including English Language Learner students. The program uses picture support, sentence hierarchy, themes and vocabulary building.

There are 10 Quincy special needs students who attend the out-of-district program at Landmark. Committee Vice Chairman Paul Bregoli questioned if ultimately those students would be able to stay in-district.

Perkins said that in-district is "always the goal" but explained that some students need the extra support outside placements provide.

Committee member Anne Mahoney said the district is "not equipped" to handle some students' special needs. She added the Landmark training is giving teachers "the opportunity to deliver academics in a different way to broaden the students."

School Supt. Dr. Richard DeCristofaro said that the Landmark "professional development goes across the system" in addressing students' various needs.

In another matter, the committee recognized the National Honor Society members of Quincy High School and North Quincy High School. Two society officers of each school – Jason Kung and Michelle Mark of North Quincy High and Alexandra MacPherson and Yusra Ahmed of Quincy High - spoke on the society's four pillars: scholarship, leadership, service and character.

"We have incredible students who have a great future," said DeCristofaro of the society members. He praised their teachers including pre-kindergarten and elementary educators for giving them "a great foundation."

Quincy High School National Honor Society advisor Mollie Good said that the students were "held to very high standards this year."

The National Honor Society, organized in 1921, recognizes high school students who have demonstrated excellence in the four pillars and challenges them to be active in their school and community. There are more than 1 million students nationwide who participate in the National Honor Society.

Blood Drive Aug. 5 At Coddington Parking Lot

The Amelia Apartments will host a blood drive on Saturday, Aug. 5 from 9 a.m. to 3 p.m. aboard the Dana-Farber Cancer Institute and Brigham and Women's Hospital Blood Mobile in the Coddington Building parking lot, 34 Coddington St., Quincy.

All blood types are needed with an urgent need for O positive and O negative donors.

People undergoing treatment for cancer, heart disease - as well as accident victims, transplant recipients, and many other patients depend on transfusions to control their bleeding. Volunteer donors are the only source of blood products for these patients.

For appointments: log on tinyurl.com/AmeliaAug2017.

For eligibility questions: email BloodDonor@partners.org or call 617-632-3206

In general, to donate blood, you should be at least 17 years old, 110 pounds or heavier, and in good health.

Meet And Greet Mario 'Coach' Casali Aug. 20 At FB Golf Club

Mario Casali has turned 90 and there will be a Meet and Greet on Sunday, Aug. 20, at the Furnace Brook Golf Club.

Casali, who retired from the Quincy Public Schools in 1995, spent 30 years as a physical education teacher at Central Junior High School until the early 1980s. During his 30 years at Central, Casali coached football, basketball and baseball, impacting the lives of thousands of young men and women.

Many who played under Casali pursued a career in education, many going on to also coach. He was a role model both as a teacher and a coach.

Doors will be open at 3 p.m. Aug. 20. The public is invited to attend.

For more information, contact Ed Miller at 617-799-3523 or Paul Bregoli at 617-947-7618.

Scenes From Yesterday



THIS 1930 postcard is a photo of the old Norfolk Downs railroad depot on Newport Avenue taken from the end of Holbrook Avenue. This depot was built in 1892 to serve the fast growing surrounding neighborhoods of Norfolk Downs and Montclair. At the time it was advertised as a 12 to 15 minute commute to the New York, New Haven & Hartford's Kneeland Street terminal in Boston. After the railroad stopped commuter service in 1959 this depot was boarded up until the MBTA Red Line was built 10 years later. Then this depot along with the old Atlantic depot were demolished and replaced by the North Quincy Red Line station on the north side of West Squantum Street. While the new station is a platform-station pretty much like this one, this old depot had a small waiting room with a potbelly stove to keep you warm and dry. Workingman's tickets for regular daily commuters were only 6 1/4 cents on specified trains. This depot site is now home to a Chipotle Mexican restaurant. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Lynch Urges Stronger Pipeline Safety Provisions

Following Reports Of Unsafe Air Quality Levels Near Proposed Weymouth Compressor Station Site At Fore River

As House Republicans bring legislation to the House Floor that would speed up the approval of pipeline projects, Cong. Stephen F. Lynch (D-Boston) offered amendments to H.R. 2910, the Promoting Interagency Coordination for Review of Natural Gas Pipelines Act, seeking to improve safety for communities near proposed pipeline projects and ensure environmental and safety standards are met before construction begins.

In response to independent testing showing air pollutant levels higher than Massachusetts Department of Environmental Protection standards near the site of the proposed Weymouth Compressor Station located near Quincy at the Fore River, Cong. Lynch filed an amendment to ensure that pipelines are not placed in communities that already face unsafe air quality levels.

"Rather than expediting pipeline projects, federal regulators ought to carefully evaluate whether a pipeline project meets proper safety and environmental standards before issuing federal approval. Local families in Weymouth, West Roxbury, and surrounding cities and towns have many questions about how recent pipeline proposals will impact public safety, public health, and the environment." Cong. Lynch said. "By taking legislative action to improve environmental and safety standards, we can better protect our constituents from the risks posed by pipelines that are placed in densely populated neighborhoods with existing threats to public safety, such as unsafe air quality or an active blasting area."

In particular, Cong. Lynch's amendment would suspend the certificate of public convenience and necessity for project sites where certified independent air quality testing demonstrates existing violations of National Ambient Air Quality Standards or existing violations of requirements relating to hazardous pollutants listed under the Clean Air Act.

In addition, Cong. Lynch filed an amendment to increase pipeline safety certification, particularly for projects where a pipeline developer has been the subject of an enforcement action by the Pipeline and Hazardous Materials Safety Administration (PHMSA).

In November of 2016, a fatal gasoline pipeline explosion in Shelby County, Alabama killed one pipeline worker and injured five others, igniting two wildfires that burned over 30 acres of land. In April of 2016, a natural gas pipeline in Salem, Pennsylvania, operated by Spectra Energy, exploded injuring one person and damaging two homes.

Cong. Lynch's amendment requires the PHMSA Administrator to certify to the Federal Energy Regulatory Commission (FERC) that the project is compliant with existing PHMSA regulations regarding pipeline safety.

Cong. Lynch also offered an amendment to improve pipeline security by requiring FERC to consult with the Transportation Security Administration (TSA) prior to the issuance of federal authorization to ensure compliance with TSA security guidance and best practices regarding pipeline infrastructure security, pipeline cyber security, pipeline personnel security, and other pipeline security measures designed to ensure the public safety.

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The Quincy Sun

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1372 HANCOCK STREET, QUINCY, MA 02169

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Quincy's Yesterdays

This Week
1981
36 Years Ago

Connector's Fate In State Hands

The fate of the controversial East-West Connector is in the hands of the state.

The upwards of 150 people who packed the City Council Chamber at City Hall for a state DPW hearing appeared to be split just about equally for and against the federal- and state-funded project. The road would connect Southern Artery with the Ross Parking Area.

Proponents argued the proposed roadway was needed to offer easy access to the downtown business district from the proposed Burgin Parkway extension. Opponents claimed the connector would be too disruptive to existing businesses on Hancock Street.

The two candidates seeking to succeed Mayor Arthur Tobin, Councillors Francis McCauley and Daniel Raymondi, expressed opposition to the plan.

COMMITTEE NAMED FOR McINTYRE MALL DEDICATION

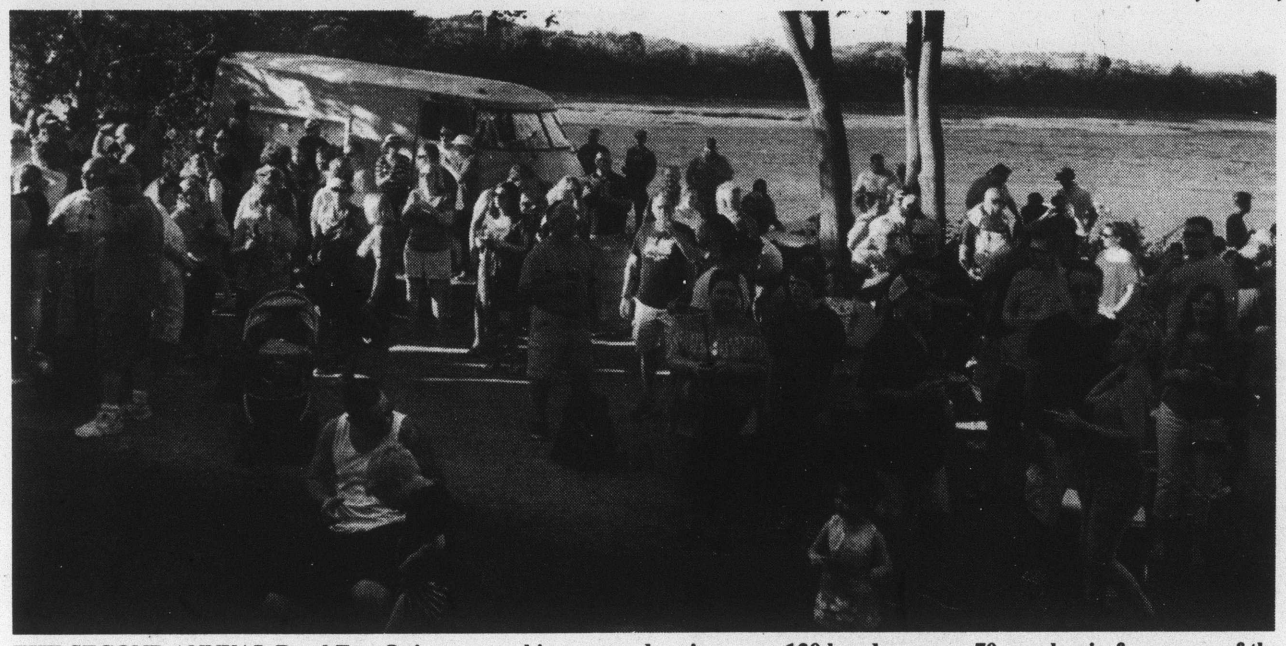
Mayor Arthur Tobin named a committee to plan for the dedication of McIntyre Mall, named in memory of Police Captain William McIntyre. Tobin said, "The McIntyre family has made lasting and significant contributions to the history and the growth of our city." The late Captain McIntyre was the father of former Mayor and Sen. James McIntyre.

QUINCY-ISMS

Mr. and Mrs. **Richard Koch Sr.** welcomed two new grandchildren recently. Their daughter, **Linda Bowes**, delivered a 10-pound, 10-ounce daughter, **Kristen Marie**, while son **Richard Koch Jr.'s** wife, **Nancy**, delivered a son, **Matthew Richard**, weighing 7 pounds, 13 ounces. Both babies were delivered at Quincy City Hospital . . . Burke's Seafood, 61 Billings Rd., North Quincy, weekly specials included "Fresh Bay Scallops for $3.99 a lb." . . . **Carol DiGusto**, daughter of Mr. and Mrs. **Richard DiGusto**, was named to the dean's list at Tufts University after maintaining a 4.0 grade-point average . . . Quincy Cooperative Bank, 1259 Hancock St., Quincy Center, was offering 30-month certificates with an effective annual yield of 16.603 percent . . . The Quincy City Club planned its annual cookout for the staff and members of the Happy Acres Day Camp to be held Aug. 4 at Pageant Field. **Ted DeCristofaro** was in charge of the food preparation, assisted by **Shaun Mulvaney** and **Ray Cattaneo** . . . Former state Rep. and City Councillor **Joseph Brett** was honored at a recent awards dinner for his service on the board of directors of Cerebral Palsy . . . **Forrest Neal** received a Paul Revere Bowl commemorating his 11 years service as a member of the MBTA Retirement Funds Board of Directors . . . Airman First Class **Daniel Higgins**, son of Mrs. **Arlene Higgins**, 132 Palmer St., Germantown, arrived for duty at the Royal Air Force Base in Bentwalers, England . . . Second Lt. **Russell Hodgkins Jr.**, son of Mr. and Mrs. **Russell Hodgkins Sr.**, graduated from pilot training at Vance Air Force Base in Oklahoma . . . **Judith LaFleur** and Steven Bonoli, both of Quincy, were awarded degrees at the 110th commencement of Plymouth State College. Miss LaFleur graduated magna cum laude . . . A service of sermons based on the Book of Revelations continued at the First Church of Squantum where the **Rev. Dr. Gene Langevin** preached on "The Final Conflict: Armageddon" . . . **Dr. Joseph Nicastro** was appointed assistant superintendent of the King Philip Regional School District, Wrentham. Dr. Nicastro has been employed in the Quincy school system for 20 years . . . **Patty Raber**, 41 Traffrail Rd., Germantown, was selected as the winner in "Month of Sundaes" promotion held by Baskin-Robbins, Quincy Center. The first prize entitles her to 31 free sundaes . . . **Wayne Gardner**, son of Mr. and Mrs. **Robert Gardner**, 38 Riverside Ave., Adams Shore, completed a six-week tour of the West, studying geophysics. Wayne is studying at Bates College in Lewiston, Maine . . . **Patricia Howe**, daughter of Mr. and Mrs. **Larry Scarnici**, 24 Sunnyside Rd., West Quincy, was named to the dean's list for the fall and spring semesters at Salem State College . . . **William O'Hare**, a 27-year-old attorney, announced his candidacy for councillor at-large in the November elections . . . The Seafood Outlet, 86 Sumner St., Quincy Point, was offering "Fresh Haddock $1.49lb." . . . Atty. **Gerald Kirby**, an assistant district attorney for Norfolk County, was appointed to the board of directors of the Norfolk County Agricultural School in Walpole. The appointment was made by Gov. Edward King.

Arts & Entertainment

Porchfest 2017 Draws 120 Bands, 5,000 Music Lovers

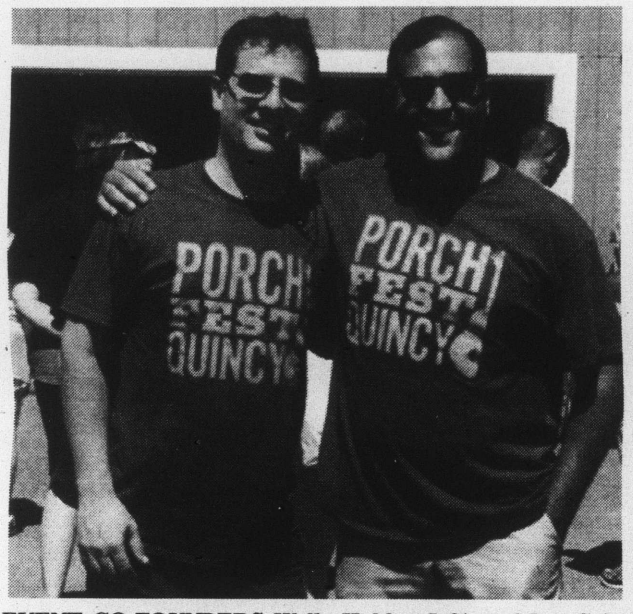


THE SECOND ANNUAL PorchFest Quincy was a big success drawing some 120 bands on over 70 porches in four areas of the city. More than 5,000 people enjoyed the event listening to the music and socializing throughout sections of Wollaston, beach area, Squantum and Merrymount. Here the crowd enjoys the festivities on Bayside Road in Squantum.

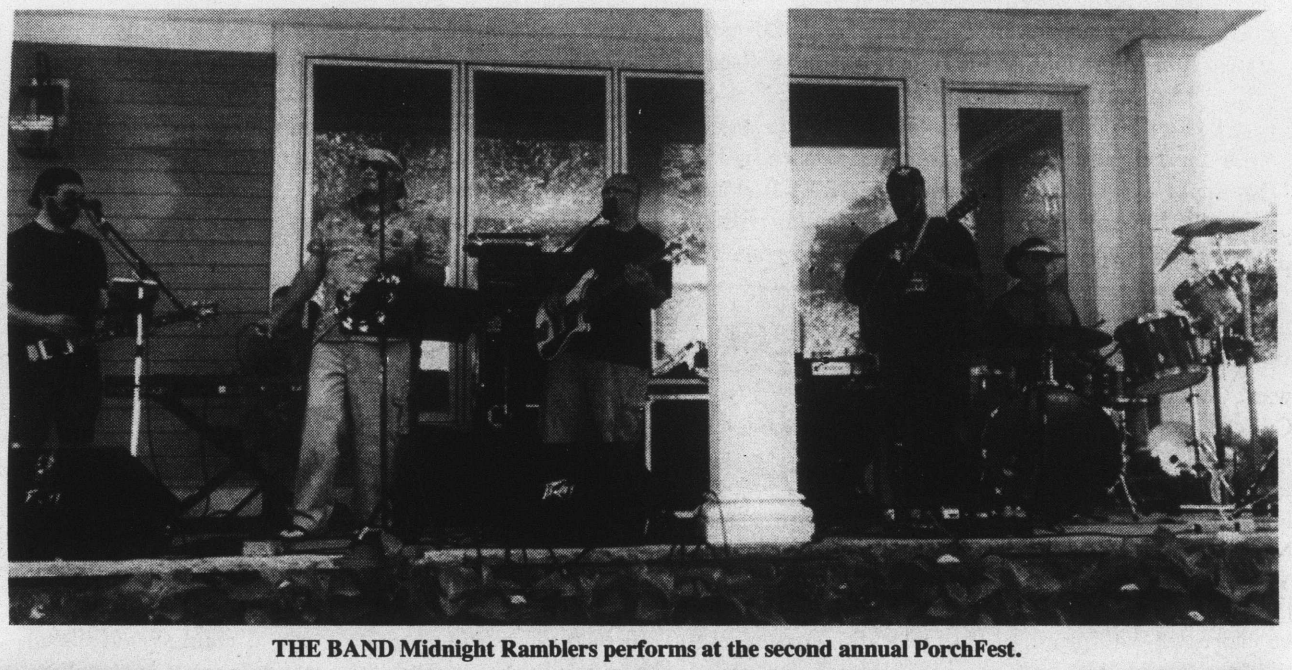
Photos Courtesy Stacey Ostiguy LeMay/PorchFest Volunteer



AMONG THE more than 100 bands and acts that performed at the second annual PorchFest Quincy were Main Street News.



EVENT CO-FOUNDERS Wally Hubley (left) and Ian Cain share a moment at the recent PorchFest Quincy.



THE BAND Midnight Ramblers performs at the second annual PorchFest.



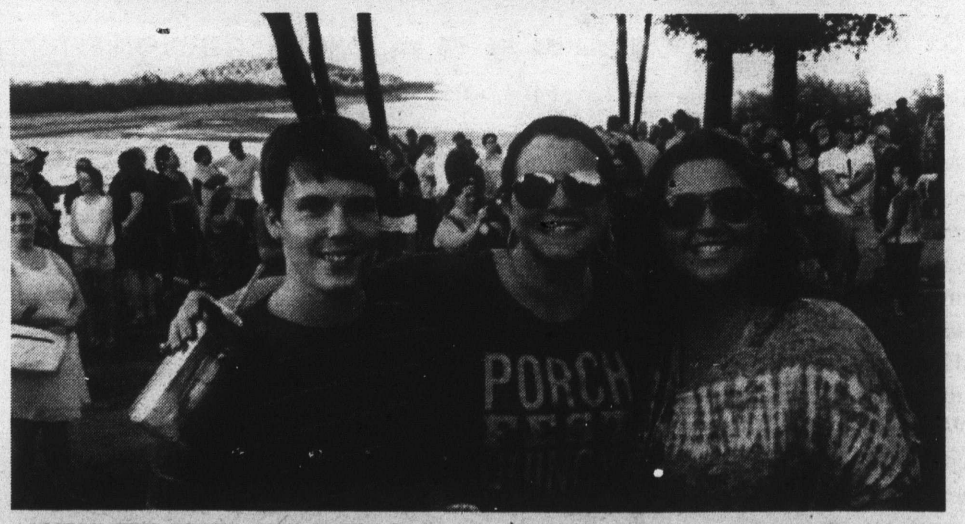
UP THE DOWNS band performs at Porchfest Quincy.



ANOTHER BAND that performed at Porchfest Quincy was Who's Down.



THE BAND Ramshackle jams at the second annual PorchFest Quincy.



AMONG THE ESTIMATED 5,000 people who enjoyed the second annual PorchFest Quincy were (from left) Chris Afienko, Stacey LeMay and Tina Josephs.

Social

Community Appreciation Day Aug. 2 At Germantown Neighborhood Center

The Germantown Neighborhood Center/South Shore YMCA will host its annual Community Appreciation Day Wednesday, Aug. 2 from 10 a.m. to 2 p.m. at 366 Palmer St. in Quincy.

Following an awards ceremony where community partners and volunteers will be honored for their contributions to the Germantown Neighborhood Center and the Y's Quincy Branch, there will be a block party style cookout with fun for the entire family.

All are welcome to join in this special community celebration. There will be music, refreshments, games, and a dunk tank. For information, contact the Germantown Neighborhood Center at (617) 376-1384.

121 On UMass Amherst Dean's List

One hundred and twenty-one students from Quincy are on the Dean's List for the spring semester at the University of Massachusetts Amherst.

They are:

Daisy Ban, Rachel Anna Bargoot, Abdulrahman Omar Basabrainm, Ahmed Omar M Basabrain, Wei Cai, Eric Jon Casinelli, Yuh Ling Chan, Lily Purcell Chapman, Jalen Richard Chase-Malcolm, Cindy Chau, Wing Lung Chau, Hong Gao Chen, Jia Yi Chen, Jianhong Chen, Jin Zeng Chen, Michelle Chen, Perry Chen, Wen Hao Chen, Yuling Chen, Lisa Chi, Jannett Chin, Jeanne Chin, Sin Wing Chung, Stephen Edward Condon, John Joseph Cusick.

Ryan Der, Eileen Mary Devane, Tommy Do, Ka Wo Fong, Megan Emily Fox, Nicholas Edward Frasso, Yi Fung, Stacey Lee Gallagher, Minxin Gao, Mark Gillespie, James Allen Hagborg, Evelyn Yusi He, Li Ping He, Tiffany Mei Ting He Lam, Hailey Houlihan, Qian Wen Hu, Avan Yuanfeng Huang, Carolyn Jiexian Huang, Kevin Huang, Xiaoxiao Huang, Zixuan Huang.

Lauren Kelley Humphreys, Karen Anne Huynh, My Boi Huynh, Vanessa Mikayla Igoe, Victoria Yun Jiang, Sanjana Kadirvel, Shane Bernard Kelly, John Michael Kennedy Jr, Zachary Baren Korff, Angela Yayan Lei, Michelle Jiaying Li, Mingjun Li, Jadyn Liang, Ju Liang, Sophie Liang, Alan Lin, Che-Ting Lin, Che-Wei Lin, Haoxian Lin, Liping Lin, Dingkang Liu.

Ting Liu, Stanley Yu Man Lok, Stephanie Lopez, Xinying Lu, Amy Ly, Li Ma, Colleen Elizabeth Madden, Emily Manqing Mai, Jared Anthony McCleary, Daniel Mei, Jacqueline Mary Montminy, Emily Mottolo, Emma Katherine Murphy, Rory James O'Connor, Changseok Oh, Martha Pham, Matthew Q Pham, Thanh Cong Pham, Michelle Marjorie Puopolo, Simon Quach.

Samantha Elizabeth Reardon, Brian William Rooney, Zachary Roos, Agnes Setow, Joshua Setow, Aditi Sharma, Annie Shtino, Shuxian Situ, Jasmine Su, Anxhelo Taho, Jason Tan, Vincent Law Tran, Lily Vo, Alexander Peng Wang, Nicole Catherine Welliver, Lok Man Wong, Xiaoyue Wong, Yunting Wong.

Peishan Xie, Wei Xie, Ethan Yau, Kelly Ann Yovino, Devon Yu, Terrence Hong Yu, Stephanie Zeng, Yuming Zeng, Yuying Zhang, Dionne Zhen, Caitlyn Zheng, Chujun Zheng, Emily Zheng, Mary Zheng, Wei Zheng and Xin Tong Zheng.

30th Annual August Moon Festival Aug. 20

Quincy Asian Resources, Inc. (QARI) announces the 30th annual August Moon Festival will take place Sunday, Aug. 20 at a new location: Coddington Street in Quincy Center.

The festival celebrates the harvest and the moon as symbols of prosperity, happiness and unity in Asian culture. The event historically attracts more than 10,000 guests who gather to enjoy both traditional and contemporary performances, a taste of Asia, street fare from local restaurants and amusements.

New this year will be an August Moon Remix featuring hip hop, rap and beatbox performances, as well as a petting zoo and rides.

This event is free and open to the community. For more information or for sponsorship, vendor, advertising and volunteer opportunities, con-tact events@quincyasianresources.org or visit quincyasianresources.org.

QCAP Offering Free Financial Support Services

Quincy Community Action Programs Greater Quincy Financial REACH Center, 1509 Hancock St., Quincy will hold orientations Aug. 4 and Aug. 18 beginning at 10 a.m.

Learn about free services including job search, support and placement; workforce development, education and training; credit counseling and repair; money management and budgeting and financial education and coaching.

To register contact Theresa Whittaker at 617-657-5355 or twhittaker@qcap.org.

3 Residents Graduate URI

Three Quincy residents recently earned degrees at the University of Rhode Island.

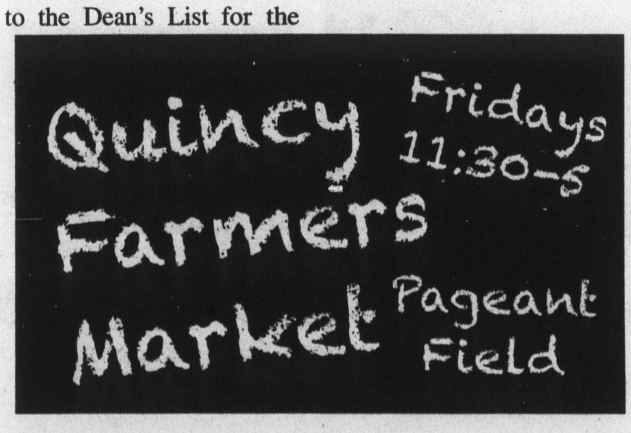
They are:

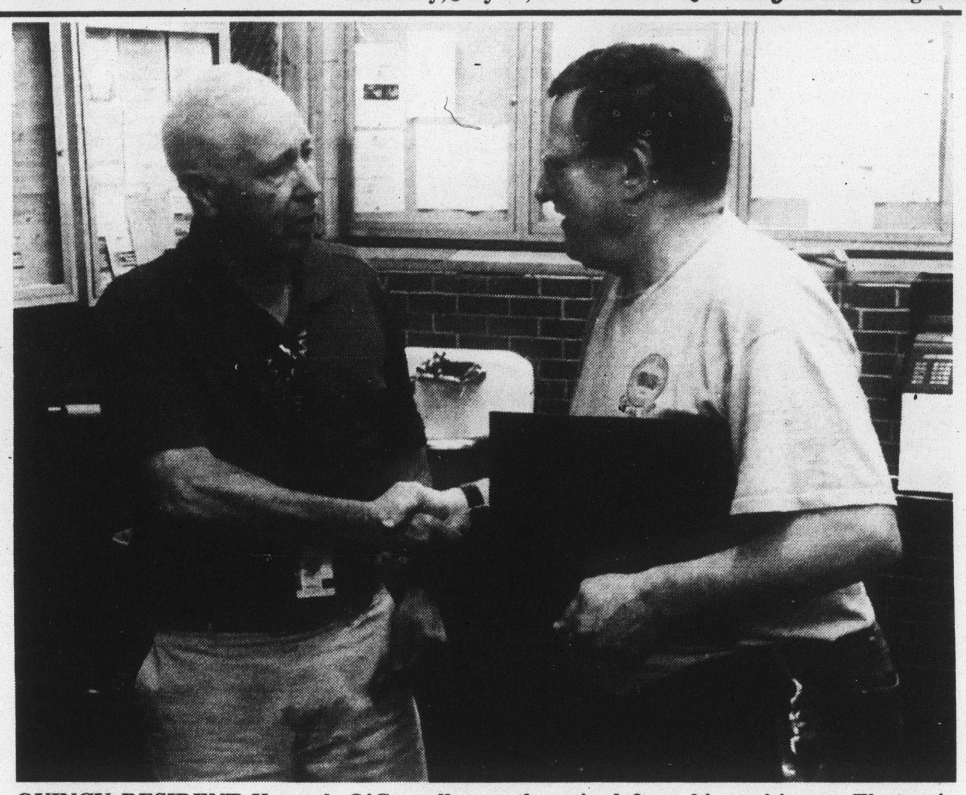
Johnathan James Yacano, Bachelor of Arts, film media, cum laude; Si Han Huang, Bachelor of Science, chemical engineering; and Kim Luong, Bachelor of Science, nursing.

Bridget Hobin On Dean's List

Bridget Hobin of Quincy, a second year student at the College of the Holy Cross in Worcester, has been named to the Dean's List for the second semester.

A global health major, she is the daughter of Carol and Tom Hobin.





QUINCY RESIDENT Kenneth O'Connell recently retired from his position as Electronics Technician at the U.S. Postal Service's Boston Processing and Distribution Center. Pictured here, O'Connell receives a service award recognizing his 39 years of government service from Maintenance Manager Robert Allen. *Photo Courtesy Sybil and Kenneth O'Connell*

Summer Camp, Naval Sea Cadet Style

Squadron 7-Zulu Open House Aug. 27

Seven area teens from Squadron 7-Zulu, Naval Sea Cadet Corps in Quincy, recently completed an intensive two-week Recruit Training Course at Fort Devens.

The "boot camp" style training program includes rigorous daily physical training and competitions, along with classroom and field training on topics ranging from naval history and values to first aid and survival, and stressful personnel and barracks inspections.

Andrew Alberski, 17, from Braintree; Matthew Brennan, 14, from Braintree; Martin Ervin, 14, from Hull; Mikayla Jordan, 16, from Norwood; Shane McCarthy, 16, from Scituate; Kyle O'Keefe, 16, from Quincy, and Carl Rege, 17, from Braintree, along with approximately 250 other young men and women from all over New England attended the training, which is designed and operated by current and former navy and other military personnel.

"This is not your average summer camp," said Master Chief Barry Crawford, USN (ret), Commanding Officer of Squadron 7-Zulu, Quincy. "There is no singing around the camp fire or nature hikes at this camp, Recruit Training Course builds character, discipline, teamwork, pride, humility, respect for authority, while building endurance in the face of mental and physical challenges.

"I'm truly impressed with all of our Squadron 7-Zulu Sea Cadets and the many volunteers who made this training experience such a great success."

After completing recruit training, Sea Cadets are eligible to participate in advanced summer trainings in specialized areas all around the country.

Squadron 7-Zulu is holding at Open House at the U.S.S. Salem on Aug. 27, in Quincy, for interested young adults ages 13-18 (and their parents). For more information about the United States Naval Sea Cadet program, visit Squadron 7-Zulu's website at www.squadron-7zulu.org.

The Naval Sea Cadet Corps is a congressionally-chartered, U.S. Navy-based youth organization that serves to teach young adults about the sea-going military services, U.S. naval operations and training, community service, citizenship, leadership, and an understanding of discipline and teamwork. There is no obligation to join the military after graduation; however, Cadets who do often receive valuable credit towards a higher rank and pay.

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8

Thursday, July 27
7:30pm: CIQ Interview: Women's Network
8:00pm: Quinzee Memories, episode 2

Friday, July 28
11:30am: LIVE: Currently in Quincy
6:30pm: QRD Cheerleading Clinic

Saturday, July 29
12:00pm: QRD Cheerleading Clinic
1:00pm: Media Advisory: Highway Improvements

Sunday, July 30
11:30am: Terra Santa News
3:30pm: Sound Advice

Monday, July 31
11:30am: LIVE: Currently in Quincy
6:00pm: AM Quincy: Quincy Asian Resources

Tuesday, August 1
7:30pm: Quincy in Focus
8:00pm: Media Advisory: Highway Improvements

Wednesday, August 2
6:00am: LIVE: AM Quincy with Joe Catalano
10:00pm: The Constitution: Then & Now

Government Access Channel 9

Thursday, July 27
7:00pm: Media Advisory: Highway Investments
8:00pm: Dynamic Living: Quincy 400

Friday, July 28
12:30pm: In the Know: Are You Okay
7:00pm: Media Advisory: Highway Investments
7:30pm: Norfolk County Prevention Coalition
9:30pm: At Your Library: August Happenings

Saturday/Sunday, July 29/30
12:00pm: Presidential Wreath Laying
2:00pm: Norfolk County Prevention Coalition
3:00pm: At the Library: Bloom & Leighton
5:30pm: Quincy In Focus
6:30pm: FYI: QHD HPV
7:00pm: Media Advisory: Highway Investments
8:30pm: Dynamic Living: Quincy 400

Monday, July 31
6:30pm: FYI: QHD Recreational Camps

Tuesday, August 1
6:00pm: Health Links: Hearing AIDS

Wednesday, August 2
8:00pm: Quincy Flag Day Parade & Ceremony

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

WHAT'S COOKING
with
Marie & Susie
By MARIE D'OLIMPIO and SUSIE FALCO



Maple Syrup & Oatmeal Muffins

By MARIE

There is no end to the versatility of oatmeal, whether eaten just as a cereal, mixed into a cookie or cupcake, or it can even be used in place of bread crumbs in some recipes.

I found this delightful recipe for Maple Syrup and Oatmeal Muffins in an old cook book. The muffins are sweetened entirely with the maple syrup which gives them an intensely sweet and savory flavor.

RECIPE

½ cup of milk
1 cup of quick oats, uncooked
1 cup pure maple syrup
¼ cup vegetable oil or coconut oil
1 egg
1 and ½ cup all-purpose flour
2 teaspoons of baking powder
A dash of salt
¼ teaspoon ground cinnamon
¼ cup walnuts or pecans, chopped

Preheat oven to 375 degrees and grease a 12-cup baking tin or line tin with paper baking cups.

Stir milk into oats and set aside. Place maple syrup, oil and the egg in a large bowl, stir until well blended. Add the oatmeal mixture and mix well. Add the flour, baking powder, salt and cinnamon and most of chopped nuts (save some nuts for the topping.)

Stir together until completely combined. Spoon batter into muffin tins filling each cup 2/3rds full. Sprinkle remaining nuts over the top. Bake in oven 20 – 25 until toothpick is clean. Place on wire to cool. Enjoy!!

Chicken And Salad

By SUSIE

Salads are everyone's go to meal on a hot day. A freshly made homemade one is so much better than the ones you can get at a restaurant, or takeout.

Here is a recipe that has everything you need and is a "chopped" style salad which makes it easier to eat as well. With chicken and bacon, a nice creamy Italian style dressing homemade dressing and lots of colorful crunchy vegetables, this is sure to be a favorite.

Great for leftover chicken and just make some extra bacon during the week so you have it on hand in a jiffy.

DRESSING

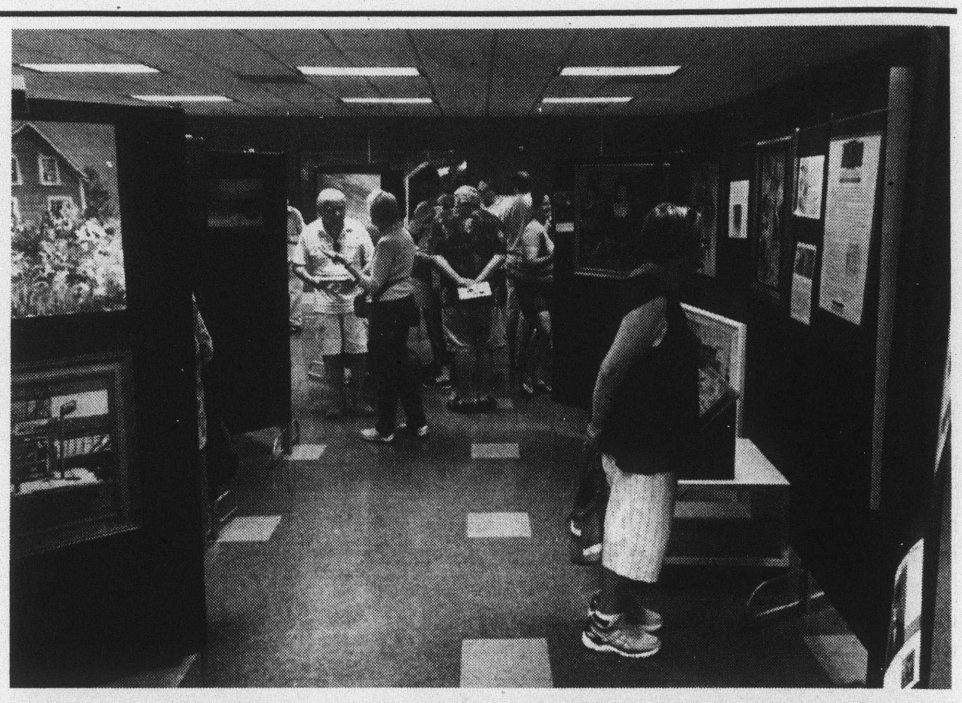
¼ cup Greek Yogurt (Full fat is best when purchasing Greek yogurt)
3 tablespoons extra-virgin olive oil
3 tablespoons wine vinegar
2 tablespoons chopped fresh chopped basil
1 tablespoon chopped fresh Italian parsley
1 tablespoon minced shallot (or red onion is fine)
2 cloves garlic, minced
1 tsp dijon mustard
1/2 teaspoon sea salt
1 teaspoon raw honey

CHICKEN AND SALAD

1 lb leftover or freshly cooked chicken chopped (it can be grilled, baked, however you prepare it is fine.)
4 cups chopped romaine lettuce
3/4 cup finely chopped red cabbage
3/4 cup diced red bell pepper
1/2 cup diced red onion
1/2 cup assorted cherry tomatoes, chopped
1/2 fennel bulb, halved again, thinly sliced
1 avocado, diced
2 slices cooked chopped bacon

To prepare dressing: Puree the dressing ingredients in a food processor or blender until smooth. You can also whisk if you are feeling like doing it the old school way.

Combine lettuce, cabbage, bell pepper, onion, tomatoes, fennel, avocado and bacon in a large bowl. Add the chicken and dressing and toss well. Season to taste. Enjoy!!



THE 22ND ANNUAL Arts Affair at Marina Bay will be held Saturday, Aug. 5 and Sunday, Aug. 6 at Corporate Park, 500 Victory Rd., Marina Bay, Quincy. *File Photos Courtesy Ellyn Moller*



Elizabeth Foley On UMaine Farmington Dean's List

Elizabeth Foley of Quincy has been named the Dean's List at the University of Maine at Farmington for the spring semester.

ChowdaFest Sept. 9

The 13th annual Houghs Neck ChowdaFest and reunion will be held Saturday, Sept. 9 at the Maritime Center, Bayview Avenue, from 2 to 6 p.m.

22nd Annual Arts Affair At Marina Bay Aug. 5-6

The 22nd annual Arts Affair at Marina Bay will be held Saturday, Aug. 5 and Sunday, Aug. 6 at Corporate Park, 500 Victory Rd., Marina Bay, Quincy.

Hours will be Saturday, Aug. 5 from 10 a.m. to 6 p.m. and Sunday, Aug. 6 from 10 a.m. to 5 p.m.

One of the largest art events on the South Shore, the Arts Affair at Marina Bay is a two-day exhibition that showcases talents of artists, sculptors, and photographers who live and work in many South Shore and Boston communities.

The lobby and cafeteria of Corporate Park are transformed into a pop-up gallery the first weekend every August. Event-goers will be treated to a variety of works including drawing, mixed media, oil & acrylic painting; photography, sculpture, and watercolor. Back again is the popular "Fabulous Fakes" category.

All work is original and available for purchase. The event will also feature raffles and art demonstrations throughout the weekend, rain or shine.

Admission is free and there is free parking.

For more information call 781-961-2378, visit artsaffair.org, or find us on Facebook.



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Dispelling The Stigma Of Electroconvulsive Therapy

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Electroconvulsive therapy (ECT) was developed in Italy in the late 1930s. ECT provides a minor modification in brain activity, or a small seizure, when a brief electric pulse is applied to the scalp. Prior to the application of ECT psychiatrists had already determined that inducing seizures could alleviate symptoms of mental illness. This was achieved with the use of chemicals, usually one called Metrazol. Italian researchers proposed using electricity instead on a quest for a safer, more humane and less frightening mode of inducing the seizures. Their international colleagues were in agreement that they had succeeded. Within only a few years of its origination, ECT was utilized in mental hospitals world- wide.

Historically, movies which depicted early, dramatic and inhumane experiences with ECT had increased the stigma and fear surrounding the therapy. Many representations of ECT in film and television have portrayed the therapy as an abusive form of control. Indisputably, ECT was benefiting patients at that time, but there is also a lot of evidence from that period exposing that ECT, and the threat of it, were used in mental hospitals to intimidate and manipulate difficult patients and to maintain order in the institutions. Currently there are ways to mitigate those endangerments. Present-day practice, recognized as modified ECT, utilizes muscle relaxants to avert the physical dangers of a seizure and anesthesia to avoid discomfort from the electricity. These modifications were ascertained early, but it took a period of time for them to become standard practice.

By the 1960s, the evidence that ECT was exceptionally effective for treating depression was compelling. But there were also valid reasons for patients to be apprehensive about ECT. In the earlier decades of the 1900s, some patients were administered this treatment against their will as the strict, legally required consent procedures of present day did not exist. ECT was also physically dangerous when initially developed. When ECT was originally pioneered, it did not have the safety and comfort measures that are required presently. These reasons, merged with widespread revolts against authority and conformity that thrived in the 1960s, also gave escalation to a revolt against medical authority, the anti-psychiatry movement. The anti-psychiatry movement rejected the actual notion of mental illness, and ECT particularly provoked its strongest denunciations. Most advocates of anti-psychiatry, even those who questioned the actual existence of mental illness, were dire advocates of talk therapy. ECT, by acting so directly on the body, without any exploration into the life history of the patient, elicited queries about what mental illness was, and what kind of psychiatry was most beneficial. This therapy that went against the norm provides another clue about why ECT prompts such deep divisions in opinion as far as its efficacy.

Usage of ECT declined in the 1960s and 1970s, but revived beginning in the early 1980s. Increasingly, ECT came to be offered with consent, and the practice of modified ECT became customary. With the upsurge of the use of antidepressant medications, our culture became more at ease with physical remedies for mental illnesses. Statistics show, that according to psychiatrists who perform ECT, many patients frequently return for voluntary repeat ECT treatments. Although it is estimated that as many as 100,000 patients a year receive ECT and 80% of patients improve with this treatment, negative images continue to remain in the public domain.

ECT is implemented under anesthesia and is administered with meticulous, careful calculation for each individual patient. The recipient is given general anesthesia just prior to receiving the procedure. Patients do not encounter any pain or discomfort during the procedure, which itself is relatively short, only about 30 seconds. During the procedure the patient remains asleep.

Countless patients get relief from ECT when previous options failed to alleviate their pain and anguish. The majority of the time, ECT is used to remedy severe, treatment-resistant depression, but it may also be medically indicated for use in a variety of other mental disorders, such as bipolar disorder or schizophrenia. ECT is used most often for patients who:

- Have depression, some schizophrenic disorders, mania, or are severely suicidal
- Have not responded to and /or improved from other treatments, such as medication or psychotherapy
- Have had medical clearance to have the procedure
- Have completed the necessary consent forms to have the procedure

There are risks associated with any medical procedure. With ECT these risks are related to the body's reaction to the procedure rather than the electrical current itself.

To minimize these risks:

- Patients undergo a complete history and physical exam prior to the procedure.
- Routine tests are performed prior to ECT including Blood work, Chest X-ray and an Electrocardiogram
- The procedure is customarily conducted in a unit equipped with all elements required to manage any complications
- There is continuous monitoring of vital signs and cardiac function during the procedure and in the recovery room

Most people who have ECT describe very limited side effects, and these usually subside after completing the ECT course. Most frequently reported ECT side effects include:

- Memory problems (the great majority of patients experience only minor, short-term memory loss, if any)
- Headache
- Muscle aches
- Jaw pain
- Nausea and vomiting (occur very rarely)

The main source of ongoing controversy concerns a possible adverse effect of memory loss. Unquestionably ECT causes some memory loss, particularly of events close to the time of the treatment. These memories most often return, however. Research indicates an overwhelming number of patients get potent therapeutic results, and many recount little, if any, permanent memory loss. However permanent long-term memory loss is a possibility, and its commonality is uncertain. Clinicians consider it to be exceedingly rare, based on their experience treating multitudes of patients for extended durations.



RUTH JONES

ECT has proven to be an invaluable treatment for many suffering from a lifetime of despair and distress as a result of mental illness. Dispelling the stigma associated with ECT opens the door for countless people with a promising outlook to regain control of their lives.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

South Shore Bank, Braintree Cooperative Bank Merger

South Shore Bank and Braintree Cooperative Bank announce the signing of an agreement to merge operations under the South Shore Bank name.

Subject to regulatory approval, the transaction is expected to close in the fourth quarter of 2017 with the customer conversion scheduled to be complete in early 2018.

With 16 locations in eight communities, South Shore Bank brings 180-plus years of expertise and heritage to the markets it serves. Likewise, Braintree Cooperative Bank's 128 years of serving the Braintree community have made it the trusted financial institution for generations of area residents. Officials said the combined institution's resources and breadth of services will create one of the area's leading mutual community banks.

When the merger is complete, Braintree Cooperative Bank customers will benefit from an extended network of branch locations and ATMs, along with an expanded offering of products and services. South Shore Bank customers will gain access to a strong team of bankers, solidifying the Bank as a leader in the Braintree market.

"Banking is a high-touch and personal business, and when considering partners with which to expand our footprint, Braintree Cooperative was the clear choice," said James M. Dunphy, President and CEO, South Shore Bank. "Their culture, values and commitment to customers mirror our own, and this merger will clearly position us as the leading mutual community bank headquartered on Massachusetts' South Shore."

"Our bank has continued to grow, and we have a strong reputation in Braintree for being service-oriented and customer-centric in our approach," added Paul M. Pecci, President and CEO, Braintree Cooperative Bank. "This move not only solidifies that position, but also benefits our customers through an expanded network of products and services to help them achieve their financial goals."

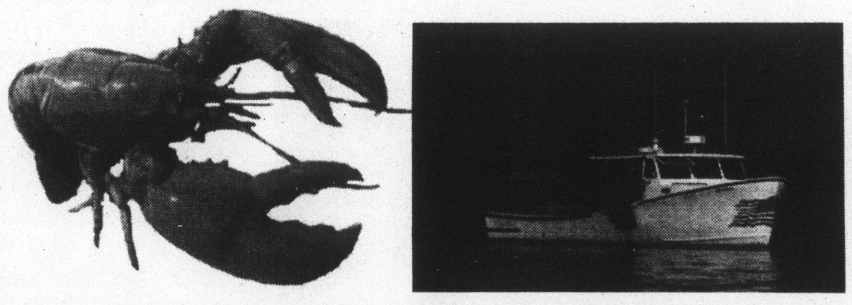
At the close of the transaction, Braintree Cooperative Bank's President and CEO, Paul M. Pecci, will become President of the expanded company. South Shore Bank President and CEO, James M. Dunphy, will serve as the bank's CEO. Members of both banks' management teams will retain senior roles in the new entity.

Both Braintree Cooperative Bank locations will remain open and transition to the South Shore Bank name when the customer conversion happens in early 2018. The bank is committed to providing an ongoing culture of support, growth and success for all employees and its communities.

For more information on the merger and updates on the transition, visit www.togetherasonebank.com.

LOBSTER

The fishing vessel November Gale will be at the Houghs Neck Maritime Center, 137 Bay View Avenue this summer every Friday and Saturday from 3:00 to 6:00 p.m., Start Friday June 2nd and continuing through the months of June, July and August to provide you with the freshest and most inexpensive lobsters.



Lobster fresh off the boat from my pots to yours.
Always a sell-out, be sure to come early.

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Contact Capt. Steven Holler at 617-590-4579
for pricing and information

Directions: Follow Sea Street into Houghs Neck, turn right after Louis Crossing Restaurant onto Bay View Avenue. Go straight for 200 yards, parking is on your left.

Also visit us online **www.november-gale.com**
Follow us on Facebook

'Scan The Street For Wheels And Feet' Bicycle And Pedestrian Safety Campaign



The Massachusetts Department of Transportation (MassDOT) has launched a new statewide safety campaign to raise awareness for the safety of motorists, pedestrians and cyclists who are sharing the streets.

This initiative seeks to help reduce the number of motor vehicle crashes involving pedestrian and cyclists.

"This safety campaign highlights the importance of having motorists, pedestrians and cyclists be cognizant of each other while sharing the road," said MassDOT Highway Division Manager of Highway Safety Bonnie Polin. "MassDOT is pleased to partner with state agencies, community and civic organizations to provide this helpful public safety campaign to encourage all travelers to be keenly aware of those traveling around them."

Although Massachusetts has experienced a decline in overall motor vehicle fatalities and injuries during the past eight years, the fatalities and injuries involving people walking and cycling actually increased.

The new statewide safety campaign involves motorists, pedestrians, and cyclists and encourages the public to, "Scan the Street for Wheels and Feet." Safety ads will highlight crash statistics that underscore the need for greater awareness on the road, such as, "1 in 4 deaths in motor vehicle crashes involve people walking or bicycling." The ads will be communicated through various media platforms, and will also appear on buses and billboards. Digital ads will link to a series of videos that seek to raise awareness of the most common situations where crashes occur.

Two videos that highlight the safety risks present for all travelers on urban roadways are also available to help support this safety initiative. The videos emphasize the notion that everyone who is traveling on a roadway is responsible for doing his/her part to ensure safety. Videos can be viewed at the following links: https://www.youtube.com/watch?v=_gEcSubcnHk (full version) and https://www.youtube.com/watch?v=bIeNXTbhKsQ (30-second version).

As part of the campaign, signs have been posted around Boston reminding travelers to "Scan the Street for Wheels and Feet." The signs incorporate strategic messaging and colors, and are currently located in some of the city's most traffic-heavy areas.

MassDOT is working collaboratively on this public safety initiative with the Massachusetts Executive Office of Public Safety and Security, the Massachusetts Department of Public Health, Boston Vision Zero, Walk Boston, MassBike, and the Safe Roads Alliance.

144 Students On Point Webster Honor Roll

One hundred forty-four students are listed on Point Webster Middle School's third term Honor Roll.

They are:

HIGH HONORS

Grade 8: John Cawley Jr., Ruihua Chen, Jacky Chiu, Abigail Deane, Kelsy Duong, Jacob Ferrullo, Yaritza Flores, Noela Janka, Rachel Anne Lafferty, Limei Li, Annie Liang, Raymond Liu, Rachel McKenna, Mark Nguyen, Vera Nguyen, Henry Nim, Emily PhamNguyen, Kenia Rosemberg, Joselle Samson, Katherine Shaughnessy, Andrew Tran, Nelson Tsang, Hsiu Tsao, Lilian Uong, Kenny Vo, Xiang Guang Xu, Dong Pei Zhang, Yuyang Zheng.

Grade 7: Kevin Aprea Cabrera, Emma Brown, Ricky Chieng, Nicolas Costantino, Andrew DeFranca, Kyle Galecia, Sandy Guan, Emily Huang, Julia Jin, Emily Leong, Nicola Liang, Priyal Nanda, Tammy Nguyen, Nandini Paliwal, Anee Patel, Vraj Patel, Dhanvi Puttur, Paige Raber, Harini Raman, Varshini Raman, Ekow Sam, Jamie Tam, Sandra Tan, Mackenzie Thai, Natalie Tran, Celine Zheng.

Grade 6: Yaseen Ali, Zaila Alves, Jason AuDuong, Jayda Berry, Heli Bhagat, Keerthana Bhuvanam, Saahithi Bhuvanam, Kayla Blatcher, Kyle Cao, Isabella Carinci, Ashley Chamu Charco, Vanessa Chan, Ruben Charles, Elaine Chung, Kloee Gora, Bonnie Huang, Shubhum Kumar, Josephine Leung, Ivan Li Jr., Meidong Ma, Deekshita Madhalam, Brianna McKinney Roman, Dayanie Mejia Cisneros, Christopher Moon, Emily Nguyen, Huy Nguyen, Kelly Phu, Satya Pulapa, Ivy Tiet, Kaitlyn Vo.

HONORS

Grade 8: Russell Alexander, Isabela Do Vale, Ray Daniel Feliciano, Houda Haiti, Antonia Logan, Mia Marcello, Manuel Murillo-Wong, Varun Muruganandam Murali Krishnan, Daniel Nguyen, Cassandra Patch, Jose Villalon Martinez, Ariel Williams.

Grade 7: Yumna Ali, Bryan Amorim, Peter Boylan Jr., Hengjie Chen, Thomas Christian, Vy Do, Jasime Duong, Kareem El-Dayisty, Eleanor Fortin-Stokes, Cynthia Henderson Nick Janka, Andy Le, Oscar Li, Caleb Liang, Adriana MacPherson, Kyle Murphy, Sarah Nguyen, Pyetra Pereira, Brandon Pham, Brian Rodrigues, Emily Ryan, Belle Tran, Brandy Tran, Vivian Tran.

Grade 6: Onuchi Alamba, Skyler Antonowicz, Anthony Bina-Rodriguez, Vivian Burke, Robert Chambers-Holland, Andy Chen, Olivia Collins, Rugved Doke, Elham Elham, Daniel Gedutis, Joshua Henderson, Robert Horsley, Ismayil Ismayilov, Shawn Kozlowski, Sophia Lima, Arisa Nakanishi, Anthony Pham Nguyen, Alex Pham, Andrew Philibert, Kenneth Reale III, Adner Sanchez Llano, Thomas Spano III, Allison Thiha-Wong, Michael White.



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Social Security Matters

Ask Rusty: WEP - Windfall Elimination Provision

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: During my first career, which lasted about 25 years, I worked for companies that withheld Social Security FICA taxes from my income. In my new second career my employer doesn't take Social Security from my wages, but I'll still be eligible for a company pension after 15 or so years of service. From my co-workers I've heard about something called "WEP" which could affect my Social Security benefits, but when they try to explain it I get totally confused. Can you clarify? ***Signed:*** **Changed Careers**

Dear Changed: If you work in your second career long enough to earn a pension, "WEP" will, indeed, affect your future Social Security benefit. WEP, the Windfall Elimination Provision, applies to those who are entitled to a "non-covered" pension from an employer who did not withhold FICA Social Security taxes from their earnings, and who is also entitled to Social Security benefits from other employment which did. Since the Social Security benefit calculation is weighted to replace more income for lower-earning workers, dual-benefit recipients were getting proportionately higher income replacement than truly low-income workers, causing Congress to enact WEP in 1983.

Social Security's standard formula for computing your benefit includes segmenting your average indexed monthly earnings into 3 portions called "bend points", multiplying each portion by a percentage and totaling them. A majority of your benefit amount comes from the first bend point, which is normally 90 percent of the first $885 of your average monthly earnings (for someone applyingin 2017).

The WEP reduction is computed by adjusting the percentage used in that first "bend point" to something less than 90 percent, depending upon the number of years of Social Security covered employment you had. If you had 20 or fewer years of Social Security substantial earnings, the percentage used in the first bend point will be 40 percent, rather than 90 percent. If you have more than 20 years of Social Security covered earnings, the first bend point percentage increases by 5 percent for each year over 20. Since 90 percent is the normal first bend point computation, if you have 30 or more years of substantial Social Security earnings, WEP doesn't apply.

In your case, since you have 25 years of Social Security employment, your first bend point percentage will be 65 percent rather than 90 percent, so your first bend point amount (using 2017 numbers) would go from $796.50 to $575.25, thus reducing your monthly Social Security benefit by about $221.25. The reduction amount will become $214, which is the maximum WEP reduction for someone first applying for benefits in 2017 with 25 years of substantial Social Security earnings.

There are some other factors that come into play with WEP:

• WEP reduction to the Social Security benefit cannot be more than ½ of the amount of your non-covered pension, or more than a maximum based on your years of covered substantial earnings

• A WEP adjustment to a worker's Social Security benefit also affects (reduces) spousal and other dependent benefits, but does not affect survivor's benefits.

• WEP will not affect Social Security benefits until the first month of entitlement to your non-covered pension. For example, if you start Social Security benefits at age 62 and are not entitled to your non-covered pension until age 65, your Social Security benefit will not be reduced by WEP until you are 65. Conversely, if you take your non-covered pension and delay Social Security for some years beyond that, WEP won't apply until you start Social Security.

• If you take your non-covered pension in a lump-sum, it will be prorated to determine an equivalent monthly amount for WEP purposes. If you outlive the number of months used in the proration, WEP will cease to impact your Social Security benefit.

So, if you remain in your second career long enough to earn a pension, then WEP will eventually affect the Social Security benefit earned from your first career. Hopefully, knowing the above information gives you an opportunity to manage the level of impact.

The information presented in this article is intended for general information purposes only.

The Foundation welcomes questions from readers regarding Social Security issues.

To submit a request, contact the Foundation at info@amacfoundation.org.

NQHS Senior Stay Out 2017



Thanks You!

Although most of the Quincy Public Schools community has shut down for the summer, it's never too late to extend a "wish" of gratitude to those who worked tirelessly and contributed throughout the school year to the North Quincy High School Senior Stay Out 2017. It takes an entire school year to coordinate and fundraise for this after prom party which takes place over one night. And for the past 21 years, parents, local businesses, associations and community members have given donations, volunteered their time, energy and services to ensure that our seniors enjoy a fun and safe after prom party. This year was no different as the event was a success; we had over 200 prizes, plenty of food and games, and EVERYONE HAD A GREAT TIME!! (Even the volunteers!!!) The NQHS Senior Stay Out Committee would like to extend a heart-felt and most sincere THANK YOU to everyone who contributed to make this event happen... it definitely does not happen without you!

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Egans Sunoco
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Emily Lebo, School Committee
Furnace Brook Golf Club
George Burke Law Offices
Graeber, Davis & Cantwell, P.C.
Greater Quincy Knights of Columbus
Hancock Taver
Harry's Pizza
Hingham Endodontics
Imperial Terrace Restaurant
The Ice Cream Parlour
Joseph G. Finn, Councilor at Large
Kelly Roast Beef
Keohane Funeral Home
Kimarie Hair Salon
Kip Orlando's Men's Hairstyling
KKatie's Burger Bar
Lincoln Hancock PTO
Lowell Spinners
Maggiano's Little Italy
Mahoney & Harnais Attorneys at Law
Marylou's Coffee, Inc.
Marylou's Coffee, Quincy
Mass Bay Credit Union
McDonalds Restaurant / Brewster Co.
McGinn Service Station Inc.
Mendon Twin Drive In
MIT Museum
Monster Mini Golf of Norwood
Montclair PTO
Noel T. Dibona, Councilor at Large
North Shore Music Theatre
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NQHS Boys Soccer Boosters
O'Lindy's Bowling Lanes
Pastene Company
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Quincy Credit Union
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Quincy Traffic Supervisors
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Tackey Chan, State Representative
Tedeschi Food Shops
Texas Road House
Trader Joes'
Trombetta's Farm
Tuxedo Time
Up and Running
Wilson Sporting Goods
Wollaston School PTO
Zumba with Dee

We would like to give a "special' THANKS to those parents and alumni that went above and beyond this past year. We also want to send "well wishes" and "good luck" to the Senior Stay Out and PAC parents who will be moving on with their children who have recently graduated. YOU WILL BE MISSED!

551 Students On Central Third Term Honor Roll

Five hundred fifty-one students are listed on Central Middle School's third term Honor Roll.

They are:

HIGH HONORS

Grade 8: Kayla Agcaoili, Caitlin J. Ainsley, Dea Avdulla, Reilly M. Barrett, Shayna N. Bellotti, Anatoliy O. Berezyuk, Arya M. Bhalla, Emma D. Boothroyd, Darby M. Boudreau, Catherine D. Brown, Julie E. Buckley, Mackenzie L. Canty, Kelly Chan, Sabrina Chan, Benson Chen, Dennis Chen, Di N. Chen, Michelle Y. Chen, Timothy S. Chen, Benjamin D. Chin, Alex Chui.

Charles T. Clifford, Charles D. Codner, Michael J. Collins, Christopher J. Comlin, Patrick J. Cullinane, Steve Dalla, Hannah M. Demore, Joseph L. Dinh, Haley M. Drinkwater, Kaylan B. Dunlea, Eileen K. Durgin, Ted G. Eng, Kylee M. Flemming, Gabriella M. Franceschini, Liana Gao, Bridget M. Gardiner, Elizabeth M. Germain, Marsha S. Germain, Ryleigh G. Gilmartin.

Isabella E. Hanley, Manar H. Hassan, Emilia A. Henry, Victoria L. Hill, Fallon G. Hobin, Oceana Huang, Qilin Huang, Charlotte A. Hughes, Michelle Huynh, Thuan M. Huynh, Thuy N. Huynh, Angela K. Jee, Jose Maria Gabriel L. Las, William J. Lau, Shawn Lee, Lawrence Li, Michelle Li, Ryan Li, Thomas P. Li, Vicky Li, Selina Lin, Xing Yu Lin, Youliang Liu.

Isabella C. Lombardi, Ying L. Loo, Tendga N. Louie, Emma P. Lyons, Kelly D. Ma, Calvin Mai, Dongrong Mai, Horace H. Mai, Sarah E. McDonald, James R. McGillicuddy, Julia C. McGillicuddy, Ava M. Meaney, Nicole Y. Mei, Hannah E. Murphy, Niamh E. Mwafulirwa, Jack M. Nelson, Steven H. Nguyen, Courtney E. O'Brien, Rayne M. O'Gara-Pratt, Emma J. O'Neil.

Kaci M. Pettigrew-Lynch, Khoa Ngoc Pham, Joyce A. Ramos, Jasmine M. Santos Fragoso, Lily G. Scola, Rebekah J. Shields, Fiona G. Smith, Cindy A. Su, Lingkai N. Sun, Shirley L. Tang, Danny T. Tran, Quangvinh N. Tran, Eileen K. Trenholm, Diana Truong, Standy C. Truong, Vivian Truong.

Dayana N. Ukraine, Dan D. Vu, Yuyang N. Wei, Richard Xie, Jenny J. Yang, Michael A. Yu, Gregory Zeng, Michael Zhang, Sonny Zhang, Marsha Zheng, Menglin Zheng, Nancy N. Zheng, Ryan N. Zheng, Sophia Zheng, Alvis R. Zou.

Grade 7: Charles K. Afflec, Melissa A. Ainsley, Noel Jose G. Alvero, Carly S. Amendolare, Maurice R. Ampane, Alex Andoni, Brandon C. Baker, Fiona Berberi, Jonathan E. Bina, Julia T. Bo, Jennie A. Burgess, Dallas M. Burnes, Anna B. Cahill, Nia M. Cahill, Sandy M. Cai, Caroline C. Cavicchi, Adelin K. Chan, Katelyn K. Chan, Natalie Chan, Chonghao Chen, Flora Chen, Kevin Chen, Michelle X. Chen, Nicholas J. Chen, Serena H. Chen, Sho Chen, Song Yu Chen.

Florence T. Daley, Amyah A. Davis, Rebecca C. Deng, Natalya M. Desmond, Maya A. Dijkstra, Zachary M. Donaghue, Aisling A. Donoghue, Maeve C. Dugan, Sabrina M. Egan, Nicholas R. Ferrara, Pablo A. Flores-Munoz, Simon C. Ford, Elle-Teresa O. Frechette, Emma V. Glavin, Avery J. Glennon, Cassandra E. Gordon, Aoibhe S. Gormley, Alexander Z. Gu, Nathan K. Guan, Scott Q. Gutro.

Lily M. Hart, Lindsey A. Hatfield, Alivea A. Healy, Grace M. Hickey, Colin J. Hingston, Xiaoyan N. Huang, Antenella T. Ibrahim, Upasana Joshi, Natalia A. Kepczynski, Kevin V. Le, Angelina L. Lee, Frank X. Lee, Trista J. Lee, Joe H. Lei, Sabrina Leung, Jaden S. Liang, Ada Lin, Hsuan Yu Lin, Jeffrey Lin, Shelly Lin, Wilson Lin, Ting Shing Liu, Annie Q. Lu, Rihui N. Lu, Yuanxin N. Lu.

Maggie C. Ma, William J. MacDonald, Madeline A. Mayo, Kayla R. McNelley, Shay P. Meaney, Matthew J. Miranda, Colleen M. Moran, Rebecca L. Morris, Quinn R. Murphy, Thomas B. Murray, Henry D. Neil, Jim V. Nguyen, Liem C. Nguyen, Gabriel L. O'Brien, Riley P. O'Connell, Olivia T. Pham, Samarth Prashanth, Zoe O. Rakarich, Dylan H. Rizzo, Elise V. Roche, Coleman J. Ross, Megan M. Ross.

Olivia T. Santangelo, Michael A. Schinazi, Karthik N. Shankar, Teresa N. Sheedy, Sarah Shishko, Ananya A. Singh, Johnson L. Sloane, Oliver C. Smith, Benjamin F. Snyder, Alexander D. Tran, An Dat L. Tran, Amy L. Truong, Shayla N. Truong, Jada K. Tu.

Elisa N. Van Dijk, Martin Vo, Grace Y. Xu, Ivan C. Yang, Songen Yu, Yongmie Yu, Aiden T. Zeng, Zhi Ming Zeng, Nicole Zhang, Gina Zheng, Ivan Zheng, Jilin K. Zheng, Selina X. Zheng, Tiger Y. Zhu, Xuqiu Zhu, Elena T. Zlatanova, Sarah N. Zyba.

Grade 6: Jouri W. Alsadeq, Matthew T. Bartkus, Madeline C. Baryza, Joseph C. Bates, Anya M. Brenner, Jack S. Cavicchi, Yuet Tung Chan, Brian Chen, Helen Chen, Jessica K. Chen, Vanessa Z. Chen, Yu Qiu Chen, Yumi Chen, Liam M. Cody, Ava M. Coffey, Caitlin M. Cormican, Norah R. Cronin, Dominique T. Dang, Benjamin T. Dawe, Julian J. De Jesus, Catharine J. Demopoulos, Mary A. Doherty, Anthony J. Enos.

Declan J. Ferreira, Vivian W. Fu, Linda Gao, Kaitlyn A. Gough, Tristan Guan, Jonan J. Hamilton, Huy Q. Ho, Nicholas J. Hughes, Angelina S. Jewell, Katie Jiang, Kendall M. Kazmouski, Brianna C. Keddy, Arnav Kumar, Michaela Y. Lam, Sadie E. Lee, Eric W. Li, Jason W. Li, Emily Lin, Serena Lin, Eileen Liu, Precious Gabrielle J. Llaga, Amy Q. Lu.

Michelle C. Ma, John Thomas M. Malvesti, Sivapriya Marimuthu, Bharat Kiran Reddy N. Mekala, Melanie Moy, Keira G. Murphy, Catherine G. Murray, Mollie J. Nelson, Abigail Newton, Isaac Ng, Anthony Nguyen, Casey V. Nguyen, Christiana P. Nguyen, Dante T. Nguyen, Diana T. Nguyen, Sophia Nguyen, Danielle N. O'Brien, Thomas P. O'Neil, Amanda L. O'Neill.

John C. Petrongolo, John R. Pickering, Madeline E. Pwer, Margaret M. Power, Dheeraj Aravind Prakash Viswanath, William P. Rafti, Victoria N. Rak, Curtis Ru, Marybeth M. Smith, Sam A. Spendlove, Alexander L. Stankov, Jinglin N. Tan, Sabrina N. Ten, Antonie D. Tran, Lily Tran, Trinity N. Tran, Andy Truong, Kaitlyn T. Vu, Sumayya Wafapoor, William A. Wismar, Stella J. Wong, Josie J. Wu, Christina Xu, Ray L. Zheng, Rylee W. Zhuo, Elaina R. Zou.

HONORS

Grade 8: Kylie B. Acerra, Nicole A. Acerra, Michael P. Allen, Neddy C. Andre, Michael N. Bassett, Patrick R. Bates, John R. Bell, Luke J. Bertrand, Khaim A. Brice, Jeffrey J. Burke, Duksing Chau, Ryan K. Chau, Janet Chen, Jiecy Chen, Kasey Chow, Robert D. Conboy Murphy, William P. Cook, Marlana J. Davis, Alexander K. Demeritt, Robert F. Donovan.

Collin P. Driscoll, Kylie S. Driscoll, Victoria Duong, Patrick D. Elliot, Emily L. Fitzpatrick, Colleen B. Flynn, Salvatore G. Garcia, Declan P. Geary, Seamus E. Geary, Nicholas M. Govostes, Ashley R. Grehan, Brian J. Gutro, Jaden B. Hallisey, Kyla C. Ho, Samuel C. Hurley.

Robert J. Jaehnig, Joseph P. Johnson, Aaradhana Joshi, Matthew C. Kelly, Madison R. Kubera, Matthew T. Leonard, Cheng Wu N. Li, Jason Y. Li, Jenny Li, Wei Cheng Liang, Tina Lin, Christopher Joshua A. Llaga, Amy F. Lu, Marco C. Ma, Charles J. Maher, David Mardani, Vanessa M. Mazzini, Mikala Moy, Connor X. Mui, Amy H. Nguyen.

Adam P. O'Neill, Ryan P. Phelan, Alyssa M. Ryan, Alyssa M. Ryan, Daniel A. Scolaro, Blake A. Smith, Samantha E. Smith, Lena M. Solimini, Samuel D. Stone, Landon K. Thong, Kevin O. Toler, Julia N. Tran, Casimir Valencius, Tiffany Vu, Kylie A. Wright, Helen J. Yan, Abby R. Yanovitch, Jessica L. Zisk.

Grade 7: Jizelle M. Bellotti, Kathleen J. Browden, James F. Bradley, Dorothy S. Brown, Carmela R. Canavan, Cheuk Yin N. Chan, Justin Z. Chan, Cheuk Yin Cho, Michael A. Colantonio, Jack E. Collins, Clayton H. Corley, Tony G. Eng, Mario J. Evora Fonseca, Gracie L. Falletti, Niamh S. Gallen, Ryan S. Gately, Harrison C. Gaudiano, Colm J. Geary, Brendan M. Glynn.

Ronan J. Healy, Molly J. Hendry, Adam S. Huang, Xing Hao Huang, Dallas R. Hudgins IV, Leslie W. Kahugu, Charles D. Kelson, Sai C. Kuchulakanti, Nicholas C. Ladas, Xingyu N. Lin, Benson Liu, Lane M. Lowry, Huy K. Luong, Lawrence M. Ly, Hunter A. Mac Isaac, Adam J. Maier, Megan L. Mann, Adam D. Manter, Sophia T. Mayo.

Patrick W. McDonald, Keighley E. McLaughlin, Benny Mei, Cameron B. Melchin, Brooke T. Messing, Dylan H. Mui, Laila L. Mullgrave, Nandan S. Nair, Michael P. Nellany, Max S. Nixon, Brendan V. O'Leary.

Shea M. Pascarelli, Phoenix J. Petrucci, Luke J. Pierron, Jordan D. Reilly, Gerelle L. San Jose, Mia F. Scott, Renea L. Smart, Tari-Anna L. Thomas-Smoot, Phu Han N. Van, Lana E. Vangorder, Athina Vrapi, Ming Wei Wang, Bonnie N. Zeng, Steven W. Zhou, Jenny Zou.

Grade 6: Dilan S. Arda, Caroline E. Bertrand, Kaya R. Bianculli, Kevin M. Blido, Jesse S. Bollinger, Katalina M. Bui, Sean T. Burns, Nathan C. Caldwell, Liam P. Callard, Candace Chan, Amin Charepoo, Arnold H. Chen, Justin J. Chen, Elizabeth R. Chetwynd, Ammar A. Chunda.

Dylan J. Clifford, Jamie L. Collins, Hailey A. Concannon, Oisin D. Coogan-Coyne, Matthew R. Cop, Katelyn E. Craig, Julianna M. Currie, Nathan J. Davis, Juliana M. Di Blasi, Amber R. Doyle, Abigail R. Dunn, Kevin Duong, Kristen Duong, Fatima T. Faiza, Nicholas G. Fontaine, Kofi K. Fordjour.

Ava Q. Garcia, Julia L. Gillespie, Wei Yu N. Huang, Xu N. Huang, Mia E. Irion, Gianna H. Jean-Louis, Noah B. Kearney, Emma R. Kinsley, Ava B. Knops, Jackie N. Kuang, Sonny Le, Annie N. Li, Jiawen N. Li, Ivan Lin, Jerry Lin, Keyi Lin, Grace M. Lukelo.

Klaudia Mance, Jace S. Mauriello, Andrew L. Mazzini, William K. McCoy III, Yu Fan Mei, Devin T. Nellany, Ashlee Nguyen, Elizabeth G. O'Grady, Vincent M. O'Leary, Jake M. Ollman, Khoa A. Pham, Kiet B. Phu, Theodore J. Porter, Talitha K. Predin, Cullen J. Quilty, Jeffrey M. Reese, Brandon J. Riley, Chloe H. Robertson, Liam J. Rogers, Peter J. Romeo, Mia L. Ryan.

Vasiliana Sota, Max A. Spendlove, Nathan D. Stagg, Ryan J. Tobin, Jason Ton, Samuel J. Traynor, Andy Vu, Patrick J. Webber, Matthew J. Whooley, Sophia Xie, Kevin K. Xu, Jonathan V. Carter Ying, Jiayu Zhen, Jesse Zheng, Brandon Zhou.

Blood Drive Aug. 11 At Kennedy Center

The American Red Cross is currently experiencing a severe blood shortage and has issued an emergency call for blood donations.

The American Red Cross will hold a blood drive at the Kennedy Center, 440 East Squantum St., Quincy, on Friday Aug. 11th from 12:30 to 5:30 p.m.

Call 1-800-RED CROSS (1-800-733-2767) to schedule an appointment or visit redcrossblood.org and enter: QUINCYCOA.

For more information, call the Kennedy Center at (617) 376-1506.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



PLACING LIMITS ON BED REST

Bed rest may be good in small doses when standing or sitting causes back pain, but long-term bed rest is counterproductive. Health professionals have largely concluded that bed rest, which is more of a quick-fix, home-remedy solution, actually does more long-term harm than good. The longer patients stay off their feet, the weaker their muscles are likely to get, which poses some potentially serious problems. In addition, prolonged bed rest may lead to digestive issues, such as constipation, and there is some risk of developing blood clots in the veins of the pelvis and legs. A better approach includes slow but determined efforts to increase muscle strength, flexibility, circulation, and function, which chiropractic treatment is designed to facilitate.

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P.S. The sensation of tingling, numbness, and/or muscle weakness in any part of the body often stems from a nerve-related problem that the chiropractor can diagnose and treat.

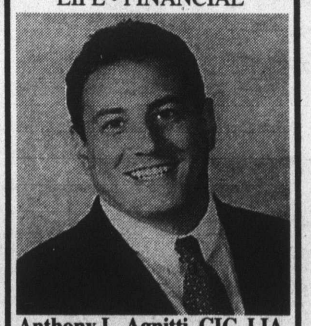
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LED Installation Begins In August

Officials: 6,500 New Streelights Expected To Reduce City Energy Consumption By 10 Percent

The installation of more than 6,500 energy efficient LED streetlights is slated to begin on August 1 in a project that will ultimately reduce the City's overall municipal energy consumption by 10 percent, Mayor Thomas Koch announced Tuesday.

The state-of-the-art LED streetlights provide a cleaner, crisper light; will dramatically reduce the need to regularly replace bulbs; and are anticipated to save the city $425,000 in annual energy and maintenance costs, savings that will be used to pay for the cost of the project.

"This project makes great sense for so many reasons – it's a quality of life improvement for our neighborhoods; it will save money, and it will greatly reduce our overall consumption of electricity," Koch said. "I wish to thank the City Council for its strong support of this important initiative."

A total of six crews with electricians from IBEW Local 103 – working under the City's contract with Siemens – will start fanning out across the city next week to begin the conversion. The installation is expected to begin Aug. 1 in Squantum and remain in the city's coastal areas with the hopes of completing those areas before any major weather events in the fall or early winter.

Construction is scheduled to be completed before the end of the year, and one of the six crews is expected to be working around school areas during the summer months. The project also includes the conversion of traffic signals throughout the City.

Currently, the city's streetlights use 3.8 Megawatts of electricity every year. Once the conversion is complete, that will reduce to 1.6 Megawatts. That's the equivalent of a reduction of 1,000 tons of carbon dioxide and about 10 percent of the City's total electrical consumption, officials said.

The LED lights have a lifespan of 20 years compared to six years for the existing sodium vapor lights, which will dramatically reduce the number of outages and allow for far faster repair times when there is a malfunction. The process for the conversion started several years ago when Mayor Koch petitioned National Grid to take ownership of the city's streetlights.

And this year, the City Council approved a $3.6 million request from the Administration to fund the conversion to LED. With anticipated rebates from National Grid and state regulators, the final cost is expected to be $2.5 million. Based on the cost savings from the new lights, the project will pay for itself in about 6 years.



QUINCY'S U9 CAL RIPKEN baseball team won the state championship in Somerset July 22 and was undefeated for the entire tournament. They will be playing in the Regional Tournament beginning this Friday in Lakeville. Proudly displaying the championship plaque and their medals are (front row) Ryan Wirtz, Adrian Alviarez, Tim Toland and Nicholas DePalma. Back row: Cameron Leiman, Patrick Bryan, Billy Kennedy, Tyler Cromwell, Liam Lee, Aiden McCarthy and Ronan Brown. The team is coached by Pat Bryan, George Wirtz, Paul Brown and Steve Vaccaro. Also shown in this photo in the front are James Bryan (laying down) and Teddy Bryan (sitting) - they are the sons of coach Pat Bryan. Missing from photo: Xavian Suero. Among the many highlights for the team in the title game was a home run by Tim Toland. It was the only home run of the entire tournament.

Photo Courtesy Karen Alviarez

Acrylic Painting Aug. 11 At The Kennedy Center

Artist Janet Harrold will be back at the Kennedy Center on Friday, Aug. 11th at 10 a.m. for a fun and relaxing "Paint in the Moment" session.

No experience necessary. You will leave with your very own masterpiece.

Coffee and danish will be provided. Cost of the class is $15 per person. Prior registration is required. Payment is due upon registration.

For more information about the class call the Kennedy Center at 617-376-1506.

DiBona Office Hour Monday

City Councillor at-Large Noel DiBona will host an office hour on Monday, July 31 from 8 to 9 a.m. in the James R. McIntyre Government Center (Old City Hall), 1305 Hancock St., first floor conference room.

Residents are welcome to come by with any questions or concerns.

Granite City Electric Opens New Distribution Ceneter

Quincy-based Granite City Electric Supply Company has opened a new, 80,000 square foot distribution center, and relocated its Springfield retail counter service to 451 Meadow St., Chicopee.

The distribution center will provide service to the Western Mass., Connecticut and New York markets, and enhance night delivery.

"Our new state of the art facility incorporates leading edge innovations in material management, and leverages the latest advances in automation and LEAN practices," said Adrian Grundy, COO for Granite City Electric.

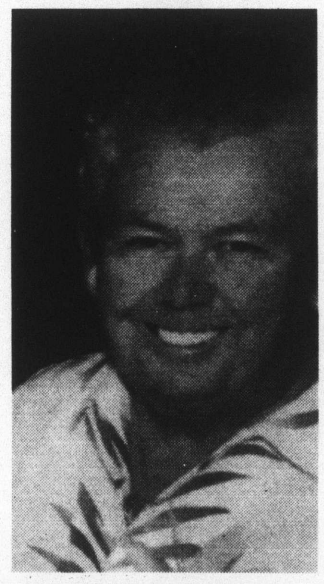
"We have implemented best practices of class leading enterprises from several industries to give us a highly efficient and scalable platform to best serve the current and evolving needs of our customers. This will allow us to continue to be at the forefront of our industry, and to solidify Granite City as the leading local provider of electrical supplies throughout New England."

Grundy also noted the capacity and operational efficiencies of the new facility will support expanded inventory levels to better serve all customer needs.

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Owner/Realtor

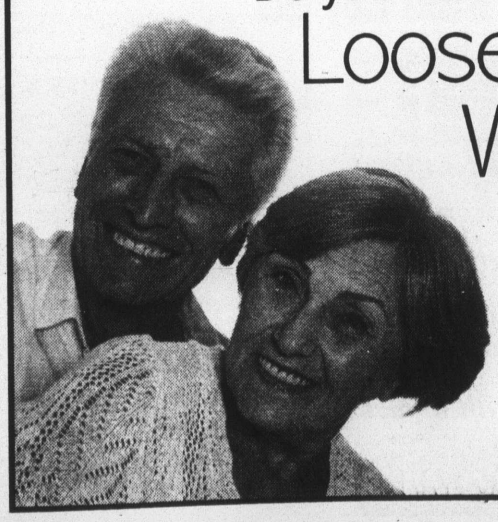


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Real Estate

Quincy Real Estate Transactions July 17 - July 21

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Thomas Leoutsakos Revocable Trust	Edward M. Lynch, Jr., Rosalin Acosta & Edward M. Lynch	$775,000.00	231 Victory Road Unit 12-5
Robert L. Harris	Stephen M. & Grazia F. Rosenbaum	$609,000.00	44 Tilden's Drive Unit 5-8
Mark Rogers	Jonathan Galvin & Sarah Kane	$420,000.00	40 Bloomfield Street
Bruce W. Bell & George Smart	Stuart & Kathleen B. Hughes	$628,500.00	9 Cutter Lane Unit 5
Hamilton 1025 LLC	Yufen Liu	$239,900.00	1025 Hancock Street Unit 12D
Hamilton 1025 LLC	Qin Chen	$239,900.00	1025 Hancock Street Unit 12 A
Joseph G. Barron	Lewis & Dianne Nassif	$310,000.00	1 City View Lane Unit 815
Mary J. Cannon	Gary J. Cunniff & Maria A. Cataldo-Cunniff	$550,000.00	53 Gladstone Street
Hamilton 1025 LLC	Xihui Chen	$250,000.00	1025 Hancock Street Unit 13E
Sanchez Family Trust	Thomas A. & Jiahong Graney	$390,000.00	76 Edison Park
Peter S. & Jane S. Warwick	Kimberly Mace & Berenice Mace-Diaz	$520,000.00	40 Samoset Avenue
Langille Realty Trust	Victor & Gail Sanchez	$534,000.00	30 Edison Street
Zhong J. Mei, Xiao-Hong Li, Zheng R. Li & Ye Zong	Bo Chen & Yen Q. Lin	$730,000.00	89-91 Dysart Street
William M. & Julie E. Kenerson	Zi Q. & Chaohe Chen	$480,000.00	89 Norfolk Street
Gerard W. Guarnotta	Guizhen Liang & Yaoquan Luo	$475,000.00	288 Beach Street
Diana C. Delaney	Hong C. Huang & Liyun Zheng	$792,000.00	87 Goddard Street
Residences at 1022 Hancock Street LLC	Christine Chau	$359,000.00	1022 Hancock Street Unit 109
Ann D. Dittman Revocable Living Trust	Qiong Yang	$399,990.00	176 West Elm Avenue
Leanne Graney	Emily J. Mathieson	$242,500.00	21 Edinboro Road Unit 4
Judith A. Jones	Ai L. Ding & Xiao Q. Tian	$303,000.00	40 Cross Street Unit 11
Christopher M. Head	Junting Zhang & Guilan Cui	$402,000.00	89 Utica Street
Susan M. Cooke	Ai Q. Chen	$502,000.00	109 Taylor Street
Kenneth R. & Elizabeth A. Sawyer	Kimberly A. Kossman	$462,500.00	135 Crescent Street Unit 7
Madison Place Holdings LLC	Ruiling Chen	$323,000.00	196C Quincy Shore Drive
Adrian C.H.. Leung & Yuen T.R. Yeung	Mirela & Arben Berberi	$623,000.00	5 Heritage Road
Jeffrey, Susanna & Frank Ng	Wei He & Lirong Lin	$683,000.00	96 Franklin Avenue
Diana L. Christian & Rhoda A. Hagan	Minh Q. Che, Kathleen M. Humphrey & Hong Che	$699,999.00	197-199 Federal Avenue
Mikel & Mejli Blido	Qun J. Liang	$270,000.00	915 Hancock Street Unit HA-3
Nicole McDonagh	David M. Boyd	$400,000.00	184 Washington Street Unit 1
Beth P. & Glenn A. Brown	Matthew Sweet & Cailin Campbell	$380,000.00	30 Winthrop Street
Kelley Joyce	An P.H. Vo	$551,000.00	96-98 Intervale Street
John S. McMahon	Mikel & Mejli Blido	$399,900.00	34 Oval Road
Copeland Street Realty LLC	Irene M. Winters	$363,000.00	328 Copeland Street Unit 3D
Residences at 1022 Hancock Street LLC	Donna Penn & Susan Krause	$355,000.00	1022 Hancock Street Unit 304
Ryan & Hillary Deschler	Derong Yin	$300,000.00	20 Turning Mill Lane Unit 11
John Gillooly	Harrision Nguyen & Christina M. Tran	$565,000.00	75 Appleton Street

NeighborWorks Offering Homebuyer Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in Quincy.

The first part of the course will be taken online; following completion of the online component, participants will attend an in-person class Saturday, Aug. 19 from 8:30 a.m. to 12:30 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The in-person workshop will give participants an opportunity to meet and hear from real estate brokers, attorneys and loan originators. Attendees also will have an opportunity to learn about NeighborWorks' down payment assistance programs and speak to a lender about different mortgage options.

The registration fee for the workshop is $20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x44 for more information.

QCAP Homebuyer Workshop Aug. 10, Aug. 12

Quincy Community Action Programs, Inc. (QCAP) will host a comprehensive workshop designed for first time homebuyers.

The two-day workshop will be held Thursday, Aug. 10 from 6 to 9 p.m. and Saturday, Aug. 12, from 9 a.m. to 3 p.m. at Quincy Community Action Programs office, 4th floor, 1509 Hancock St, Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

This monthly workshop provides a comprehensive review of the home buying process.

Real estate professionals will lead instruction on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Individual counseling is also available.

Registration is underway and ends on Tuesday, Aug. 8th.

For more information about the program and to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit qcap.org.

Founded in 1965, QCAP is the leading non-profit organization dedicated to reducing poverty by providing educational and economic opportunities to residents.

For more information, visit www.qcap.org

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Real Estate

Registry Of Deeds Clothing Drive Benefits Suits For Success

Due to the generosity of countless Norfolk County residents, Register of Deeds William P. O'Donnell recently delivered a sizeable clothing donation, through its Suits for Success program, to Interfaith Social Services of Quincy.

"On behalf of the many compassionate Norfolk County residents and Registry staff who contributed clothing, it is my pleasure to deliver these critically needed items," O'Donnell said. Among the clothing articles donated were men's suits, dress pant,; collared shirts, women's suits, women's dress pants and blouses.

Rick Doane, executive director of Interfaith Social Services said, "We appreciate very much the generosity of countless Norfolk County residents and Registry users who contributed to the Suits for Success program. This donated clothing is invaluable to helping South Shore residents in need of a helping hand get back on their feet."

Suits for Success is a program designed to help men and women reach economic independence and personal self-fulfillment.

"The Registry is proud to partner with Interfaith Social Services on behalf of this worthwhile program," O'Donnell said.

Those interested in making a clothing donation can drop off new or gently used business appropriate clothing, professionally cleaned, during the hours of 8:30 a.m. to 4:30 p.m. at the Registry. If you have any questions regarding a donation, contact Alicia Gardner at (781) 461-6104.

"Having something in your closet that you don't usually wear can make a world of difference to someone else," O'Donnell said. "It just might be the item that helps them get ahead in life."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.



DUE TO THE GENEROSITY of countless Norfolk County residents, Register of Deeds William P. O'Donnell recently delivered a sizeable clothing donation, through its Suits for Success program, to Interfaith Social Services of Quincy. From left: Norfolk County Register of Deeds William P. O'Donnell, Interfaith Social Services Bureau Drawer Thrift Shop Manager Cindy Lee, Interfaith Social Services Volunteer Charlene Manning and Registry of Deeds Intern David Spicer.

Photo Courtesy Norfolk County Registry Of Deeds

Strip Mall Proposed For Tom O'Brien Site

By SCOTT JACKSON

A developer has proposed renovating a closed Quincy Point car dealership and opening a strip mall with four or five businesses in its place, including an urgent care clinic, cellphone store and bank.

FX/Harborlight is behind the plan to convert the former Tom O'Brien dealership at 479 Washington St. – at the corner of Southern Artery – into the strip mall. The existing building on site has 14,000 square feet of space inside, according to the city assessor's online database, and sits on a 45,700 square foot lot. A portion of the existing building would be removed during renovations.

About 20 residents attended a community meeting on the plan July 18 at the Fore River Clubhouse, and many were supportive of the concept but voiced concerns about traffic and other impacts. The project requires approval from the Planning Board before moving ahead.

The developer has tentative deals with two tenants to lease storefronts on site. The first is ConvenientMD, an urgent care clinic that would lease about 5,000 square feet of space, and the second is Verizon, who would open a wireless store to replace the one previously located at 480 Southern Artery.

Bob Harnais, the attorney for the developer, said the third storefront would likely be home to a bank. It would not be a full bank branch, however; Harnais said only mortgages and similar products would be offered on site, plus an ATM.

The remaining one or two stores have yet to be determined, but Patrick Cleary, one of the developers, said a deal is nearly in place with an electronics store.

Sixty parking spaces are included in the developer's plan for the site.

Cleary said he hopes to receive approval from the Planning Board for the project this fall, which would allow the renovation work to begin by the end of the year and be finished by the spring. Max Puyanic. the CEO of ConvenientMD, said it would take about six months from then to

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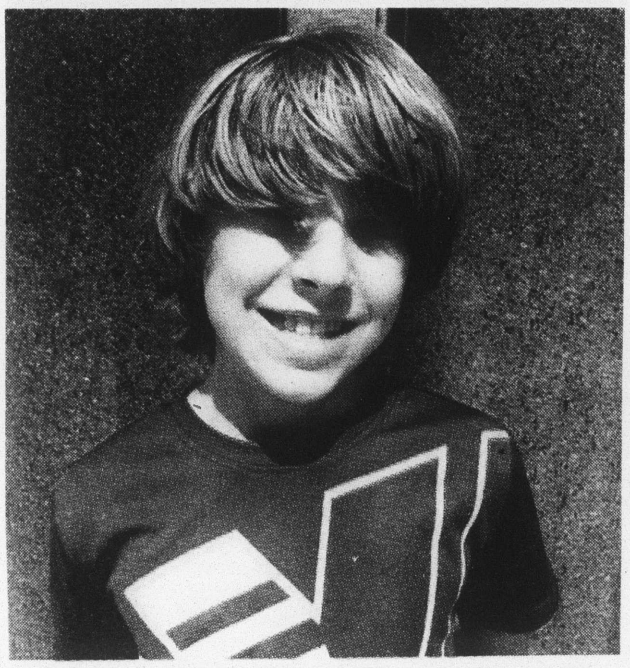
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NICHOLAS ENBAR-SALO recently completed his Eagle Scout project, entitled 'Saving Ospreys in Squantum,' this spring. Enbar-Salo, age 12, will receive scouting's highest honor this fall. *Quincy Sun Photo/Scott Jackson*



NEW OSPREY nest was installed in the marsh off the Squantum causeway on May 13. Helping install the platform were (from left): Samantha Enbar-Salo, Eric Salo, Stephen DeBisschop, Arthur Erickson, Karl DeBisschop, Isabella Enbar-Salo.

Nicholas Enbar-Salo Completes Eagle Scout Project



VOLUNTEERS who helped install the osprey nest on May 13 included (from left): project coach Arthur Erickson, Scoutmaster Karl DeBisschop, Caleb Gray, Stephen DeBisshop, Eagle Scout candidate Nicholas Enbar-Salo, Isabella Enbar-Salo, Eric Salo, Ronan Lapsley, Paul Dumont, Johnny Manning, Samantha Enbar-Salo, and Assistant Scoutmaster Catharina Enbar.

Photos Courtesy Catharina Enbar

By SCOTT JACKSON

Nicholas Enbar-Salo is set to begin seventh grade at Atlantic Middle School in the fall, and will also receive his Eagle Scout award for a project he completed this spring.

Enbar-Salo, age 12, oversaw the installation of an osprey nest in the marsh off the Squantum causeway in May as part of his project. He also spoke to students at the Squantum School in June about the importance of nature, and gave the school's fifth graders backpacks with the message 'Keep Squantum Clean.'

"Basically what I did was I built an osprey nest on the causeway near Squantum – in the marsh," Enbar-Salo said during a recent interview. "After that I went to Squantum School and I did a presentation about what we did in the marsh. I tried to raise awareness about wildlife."

"And how important it is to keep nature clean,' added his mother, Catharina Enbar, who is an assistant scoutmaster for her son's troop, Troop 24.

"The birds, they pick up trash and think they're building a nest with it, and it can strangle the chicks. That was an important thing. He actually designed a drawstring backpack that said 'Keep Squantum Clean' with an eagle on it. That was part of his Eagle project."

Enbar-Salo become a Life Scout in March and has to wait six months to be eligible for the Eagle Scout Award. After the six months are up, he will undergo an Eagle Scout review. He expects to receive the award sometime this fall.

"With really, really good luck he will get it before his birthday Sept. 29 and be a 12-year-old Eagle Scout," Catharina said. "Most likely he will have just turned 13 and be an Eagle Scout."

Catharina said her son decided to build the osprey nest after attending a Conservation Commission meeting in October 2016.

"The really nice about this project is when the troop went into the Conversation Commission meeting in October, they actually asked our troop 'do you have anyone who wants to be an Eagle Scout soon? And could you do the osprey nest?'" she recalled.

"He stood up and said 'yes, I will be next spring.' It has been really nice working with the city and our troop."

Enbar-Salo began planning for his project in March and started fundraising in early April. Home Depot donated supplies and the Quincy Community Preservation Committee gave a $400 grant. Several of Enbar-Salo's neighbors and friends contributed to the project as well, and New England Base Camp donated backpacks for students in grades one through four at

Cont'd On Page 21



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Airman 1st Class Tenzin Gyurme Graduates Basic Military Training

U.S. Air Force Airman 1st Class Tenzin Gyurme recently graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Gyurme is the son of Lobsang Shastri and Peldon Tsamcho of Quincy.

Reese Mullen Refurbishes Memorial Poles For Eagle Project

A Quincy Boy Scout recently oversaw the refurbishment of 30 memorial poles honoring the city's veterans for his Eagle Scout project.

Reese Mullen is a member of Troop 5 Boy Scouts sponsored by St. Agatha Parish in East Milton. He lives in Quincy and is a sophomore at BC High. He is currently a Life Scout and one of the last steps to achieving the rank of Eagle Scout is to complete an Eagle Project. The Eagle candidate must plan, develop and give leadership to others in a service project helpful to any religious institution, any school or your community.

Mullen completed his Eagle Project over the weekend of May 5 and 6. He worked with George Bouchard of the Quincy Veterans' Council to take on the refurbish-

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JOHN Hancock Square, located at the Adams Academy in Quincy Center, was one of 30 memorial squares the Reese Mullen and his fellow volunteers cleaned up. From left: Al Lenz, Reese Mullen and Joe Moschella.

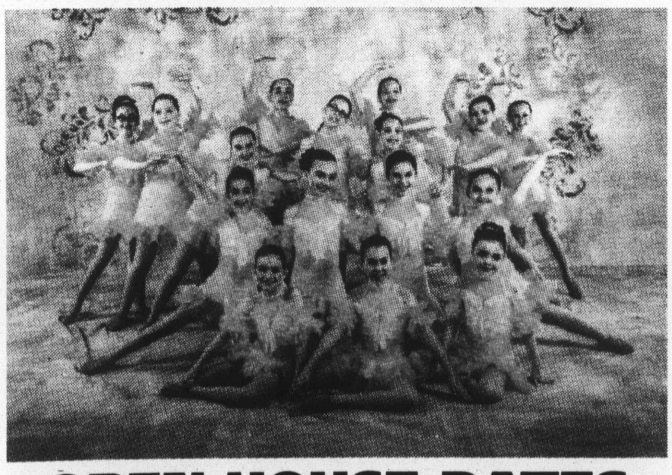


REESE MULLEN (second row, second from left) recently refurbished 30 memorial poles throughout Quincy for his Eagle Scout project, joined by a team of 20 volunteers from Troop 5. Among them was Raoul Nordquist Square at the former Cranch School on Whitwell Street. Front row (from left): Max Lenz and James Swanson. Second row: Joe Moschella, Mullen, Al Lenz, and John Oleson. *Photos Courtesy Reese Mullen*



VOLUNTEERS helped cleanup Clifford Fratus Square, near Welcome Young Park in North Quincy. From left are: Bill Byrne, Josh Kackley, Connor Foley, Reese Mullen and James Follett.

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Morrisette Bows In District Final After Defeating Canton

By TOM JOYCE

The Morrisette Post 294 baseball team could not go undefeated on July 18.

After advancing to the title game with a 10-9 win over Canton, Morrisette bowed in their second game of the day, 5-1, to Braintree in the District 6 Senior Legion Championship at Braintree High School. With the loss, Quincy-based Morrisette Post 294 finished their season at 18-6.

Even if they were not able to win the championship, Morrisette still made a deep playoff run. In doing so, they also were able to showcase some of the top baseball talent from Quincy and North Quincy High.

"That's what we try to do every year," head coach Steve Maze said. "We have a few kids who are from BC High and play out of town, but the majority of the kids play for one of the Quincy schools. I don't think they'll ever combine the schools but if they did, here's what we'd get every year. Oh man, they'd be pretty good."

After hitting a walk-off single in the first game, Shawn Kelly got the start for Morrisette in game two and for most of his outing, he threw well. He did not allow a run in the first three innings he pitched, but then Braintree's offense unloaded in the fourth inning and put up five runs. On the day, Kelly let up five runs on three hits, and eight walks while striking out three batters.

When Kelly was lifted, Owen Carberry came in to finish out the game for Morrisette. He threw 2.1 scoreless innings; he allowed two hits and struck out a pair of batters on 36 pitches.

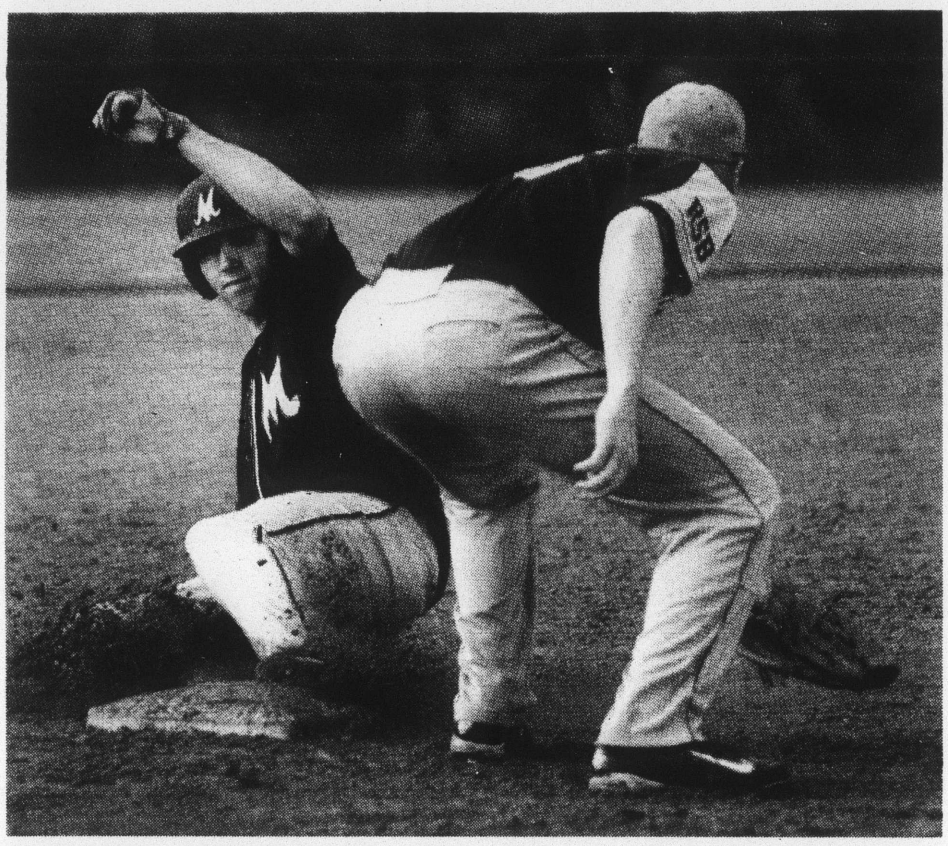
It was not until their last at-bats that Morrisette was able to do something offensively. In the seventh inning, John MacDonald hit a leadoff single over the head of Braintree's shortstop. William McCarthy hit after him and got ahead in the count, 2-1. He took advantage of a pitch right over the plate and ripped a hard ground ball into the outfield for a single, putting MacDonald in scoring position.

During Kelly's at-bat with one out in the inning, MacDonald advanced to third base on a passed ball. With the opportunity to knock in a run, Kelly lifted a ball to left field for a sacrifice fly. After the at-bat, Braintree pulled their starting pitcher. Down four runs with two outs in their last inning, however, Morrisette was not able to amass a comeback despite the timely hitting.

Maze said he was pleased with the way his team battled all year.

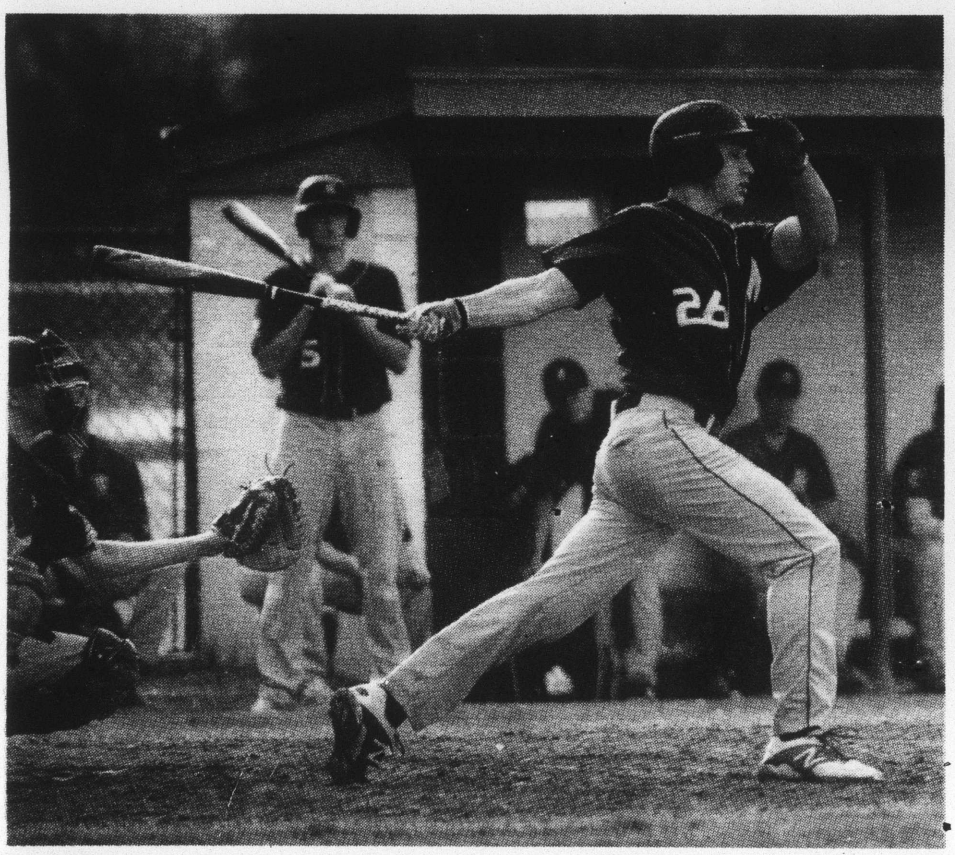
"Morrisette as a program is consistently in the playoffs and plays well, but this time of year is when it really gets fun," he said. "These kids are a great

Cont'd On Page 19

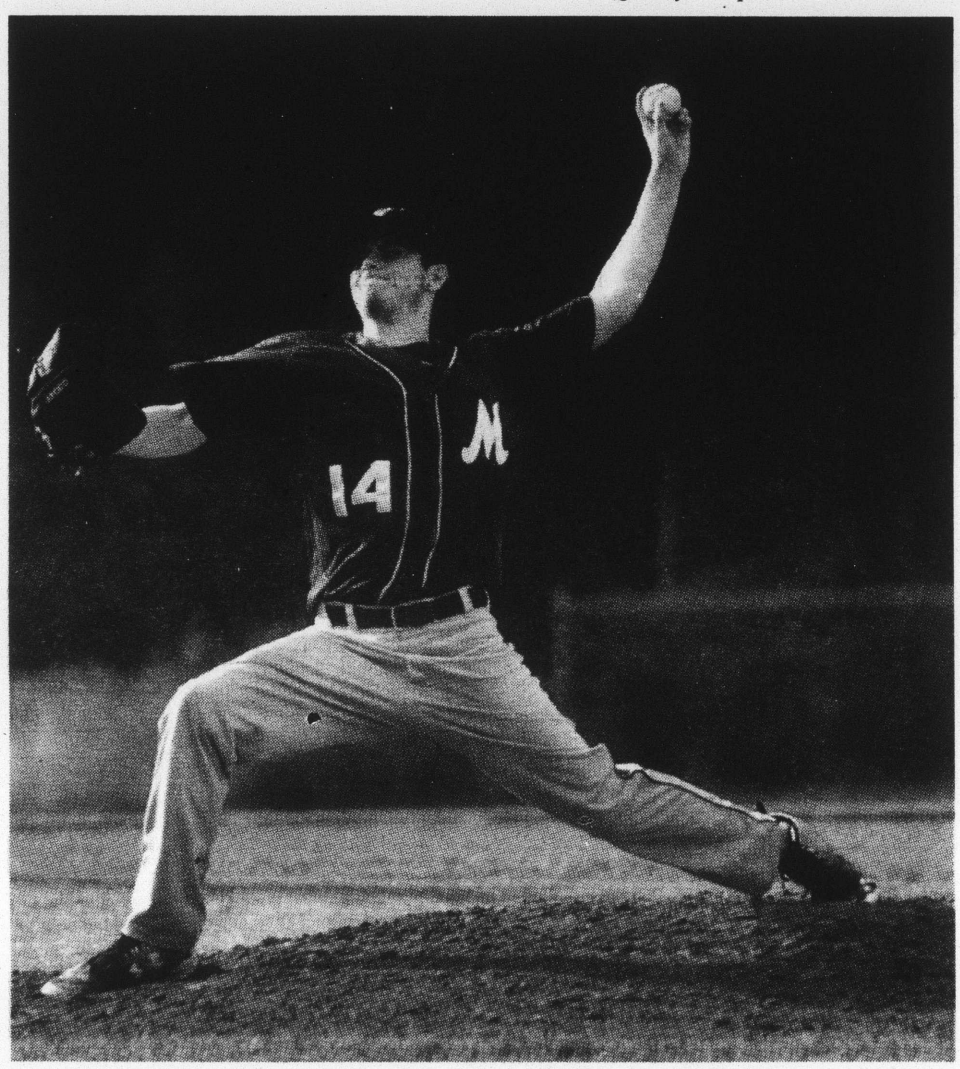


MORRISETTE LEGION'S John MacDonald beats the throw to third on a base hit in the team's 10-9 win over Canton in the Zone 6 District Tournament July 18 at Braintree High School. Morrisette bowed to Braintree, 5-1, in the title game later that evening.

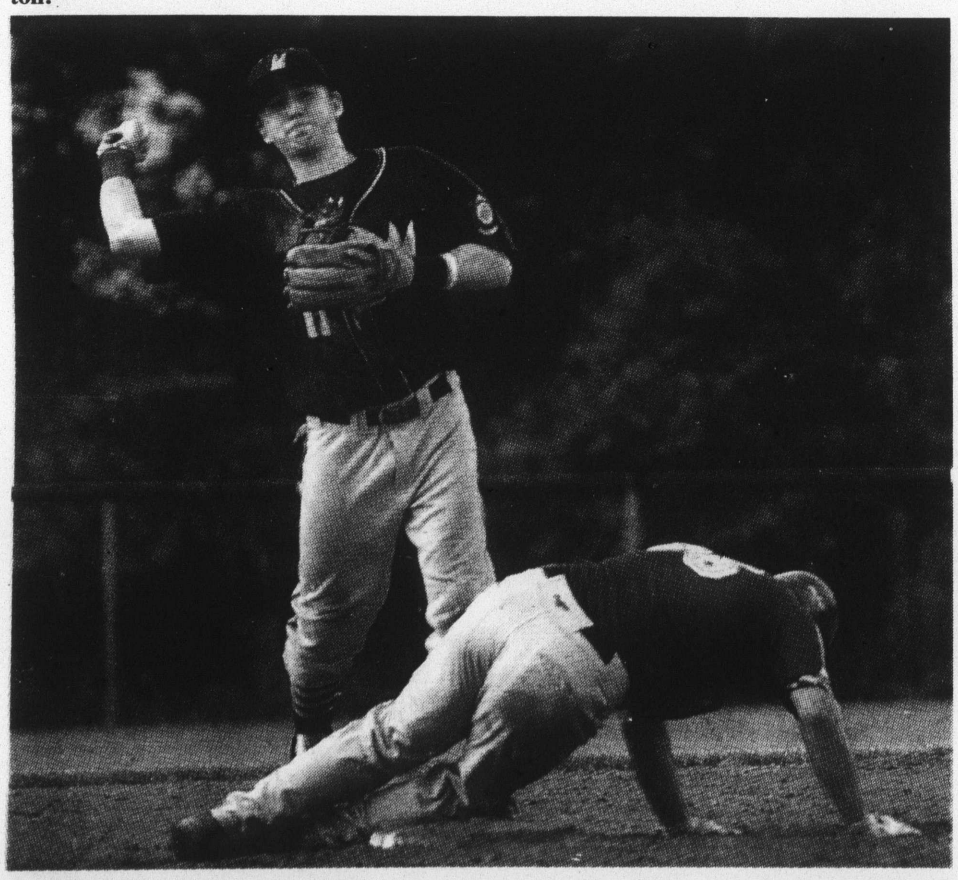
Quincy Sun photos/Tom Gorman



MORRISETTE'S J.P. KELLEY follows through on his swing as he cracks a hit against Canton.



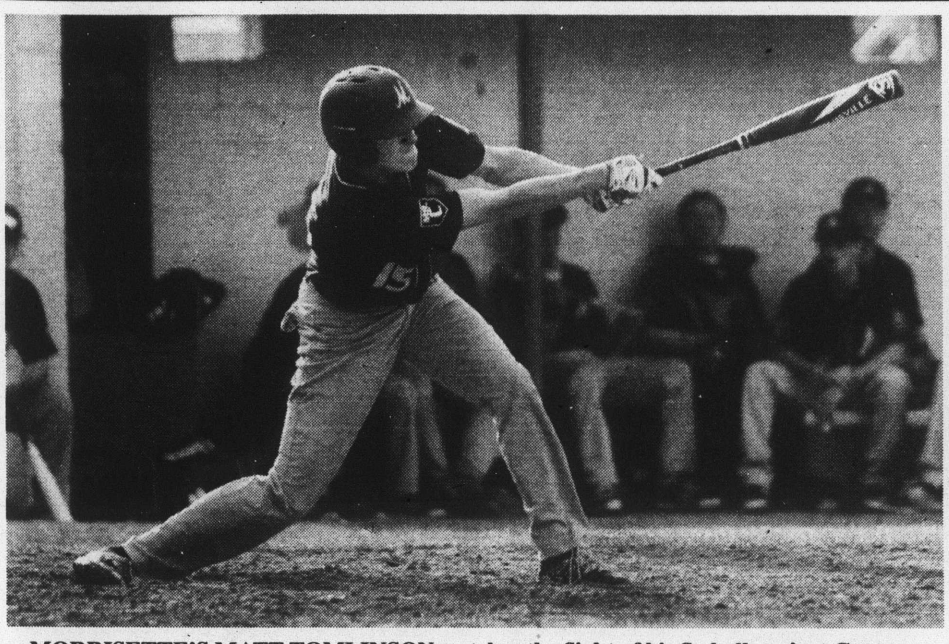
MORRISETTE RELIEF pitcher Alex Kiley hurls one in agaisnt Canton.



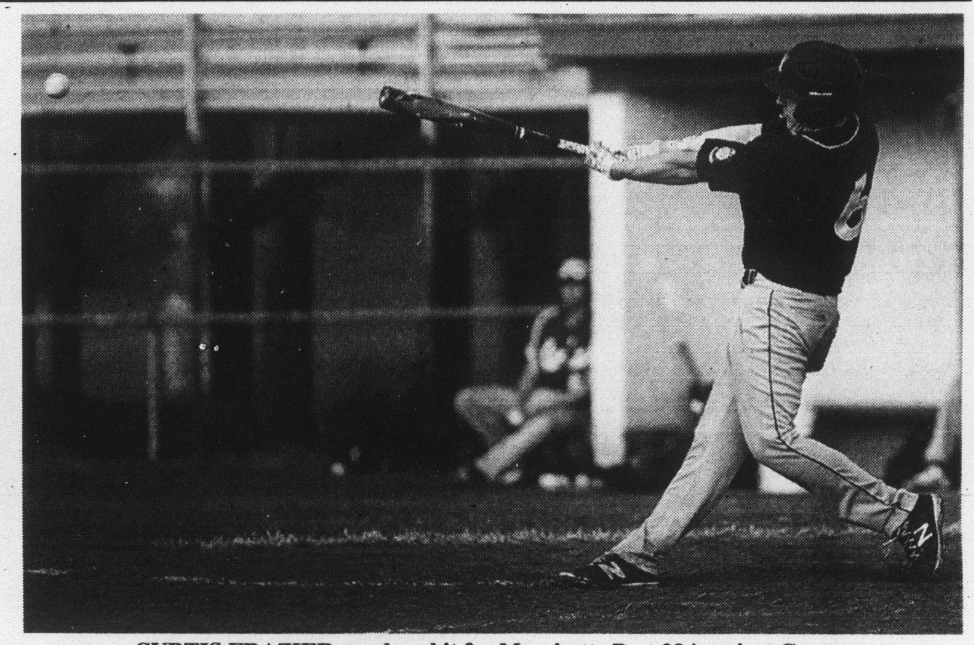
MORRISETTE SECOND BASEMAN Pat Roche makes the throw to first after forcing out a Canton runner to complete a double play.



MORRISETTE LEGION BASEBALL fans huddle under umbrellas during a downpour during the team's District 6 tournament game against Canton at Braintree High School July 18.



MORRISETTE'S MATT TOMLINSON watches the flight of his fly ball against Canton.



CURTIS FRAZIER cracks a hit for Morrisette Post 294 against Canton.

Morrisette Bows In District Final After Defeating Canton

Cont'd From Page 18

group of kids. They know how to win. They play hard and they pick each other up. Someone does something wrong and there's someone there to make up for it. It's just a great group of kids."

With the quality team Morrisette put together this season, they received a well-rounded effort from their team.

"I can't just pick out a few kids; I'd just give you the whole roster," Maze said when asked about his team's leaders. "Everyone is stepping up and contributing for us. If Matt Tomlinson is hitting a home run, then you'll have Shawn Kelly hitting singles and getting on-base. Tommy Kelly has been great defensively behind the plate. Pat Roche has been great for us.

"You've got pitchers like John MacDonald who do a great job," he added. "You can't pick a leader. Curtis Frazier hadn't played in two or three games, but he had a couple of hits in our first game tonight. Everybody just complements everyone else."

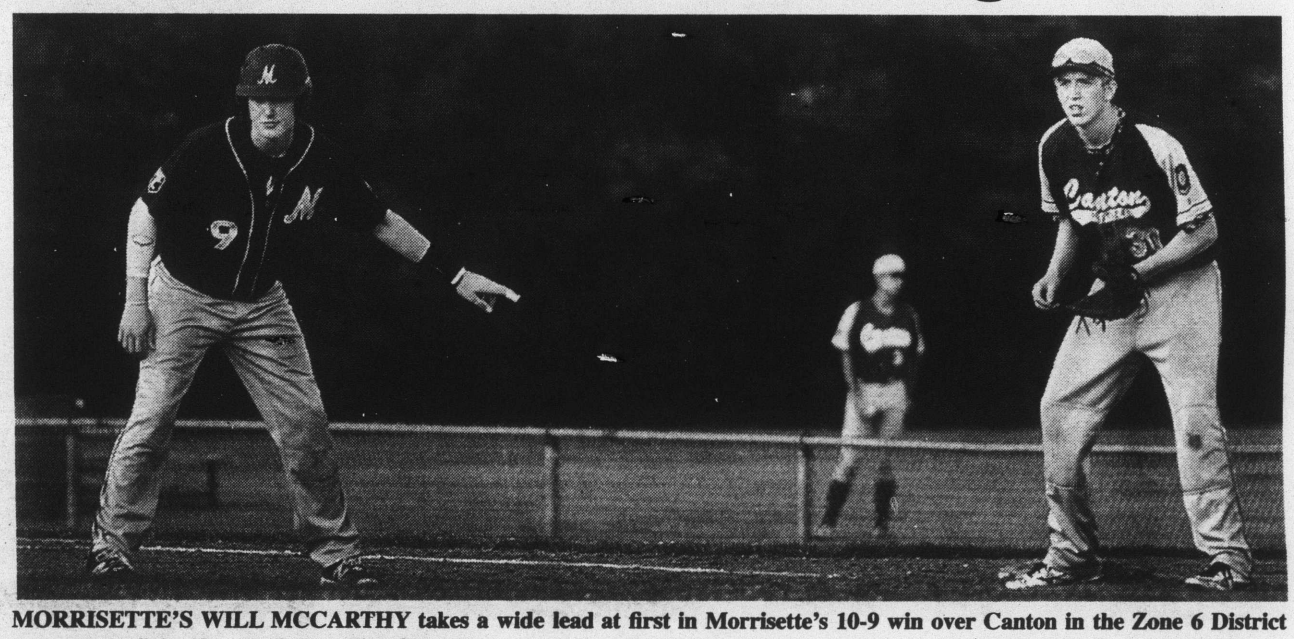
In the team's 10-9 win over Canton earlier that evening, Morrisette got hits when they needed to in their District 6 battle against Canton.

Pinch-hitting for Curtis Frazier in the bottom of the ninth inning, Brandon Sullivan had a swinging bunt single that loaded the bases and gave Morrisette a chance to break away. Shawn Kelly took advantage of the chance; he ripped a walk-off single up the middle to give his team a 10-9 lead which advanced them to the championship game at Braintree High on Tuesday evening.

Early in the game, it appeared as though Morrisette might be able to win the game via the slaughter rule. They chased Canton's starter out of the game with one out in the second inning, putting up nine runs on 11 hits against him.

"We were just settled in," Maze said. "We were ready to go. It's tough. When you play four or five days in a row and you've got to play a doubleheader that starts at 5 p.m. when it's 92 degrees and humid, it wears on you after awhile.

"You come out hot and then the sun comes down and beats on you a little bit," he added. "You can get lax from that, but you hope you can get through it. The other team can get some momentum from that, but then you realize you've got to pick it up again."



MORRISETTE'S WILL MCCARTHY takes a wide lead at first in Morrisette's 10-9 win over Canton in the Zone 6 District tournament July 18 at Braintree High School. *Quincy Sun photos/Tom Gorman*

The entire Morrisette lineup hit well. They used 10 different batters and each of them ended up with at least one hit. In all, the lineup amassed 16 hits and showed strong plate discipline as they drew more walks (five) than strikeouts (four).

Pat Roche reached base more than anyone else in the contest, going 2-for-3 with a pair of walks while scoring two runs. He also made a diving grab at shortstop in the top of the eighth inning and nearly turned a double play with his strong throw.

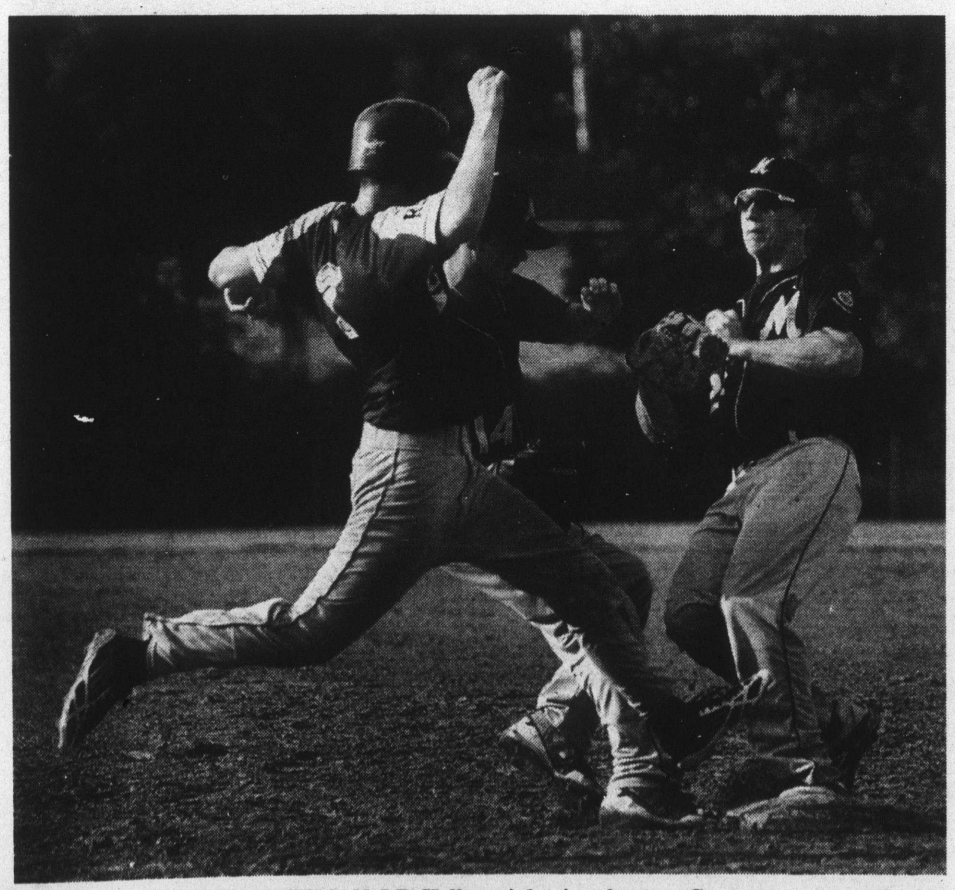
After two innings, Morrisette held a 9-5 lead but as the inning piled on, the lead began to slip away. Regardless, they were able to collect the go-ahead hit when they needed it and Maze said that speaks to the character of his team.

"They're just great kids," he said. "They have each other's backs. They play hard whether it's seven innings or goes extra innings. They complement each other really well all the time."

Albeit Canton made it clear they were a threat at the plate, Matthew Tomlinson, who picked up the win for Morrissette, was able to stymie their effort in relief. He tossed four scoreless innings on 67 pitches. He only allowed four baserunners in the process, giving up two hits and walking two batters. He also struck out four batters.

In addition to his strong performance on the mound, Tomlinson also hit well. He collected two hits in five at-bats and knocked in a game-high three runs. Both he and Kelly had three RBI.

Matt Eagles got the start for Morrisette and gave up five runs on five hits and a walk. Alexander Kiley pitched in relief of him and surrendered four runs on nine hits in three innings of work, keeping his team in the game by escaping a couple of jams.



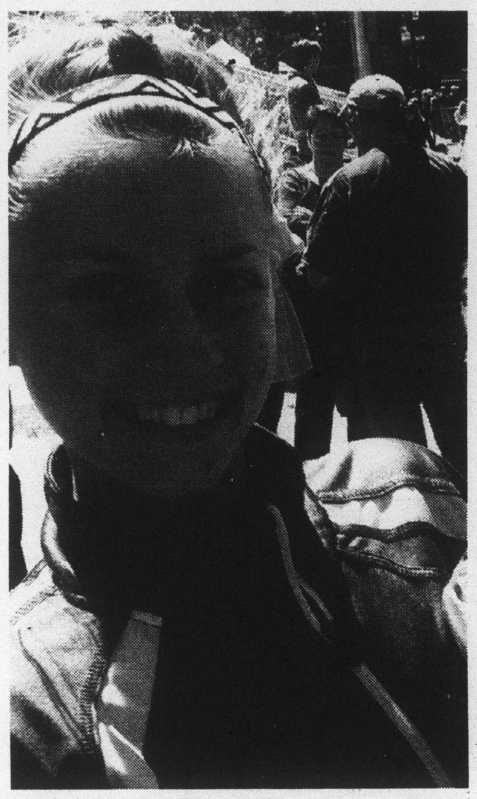
MORRISETTE FIRST BASEMAN J.P. Kelley, right, just beats a Canton runner to the bag after fielding a grounder as pitcher Alex Kiley backs him up.



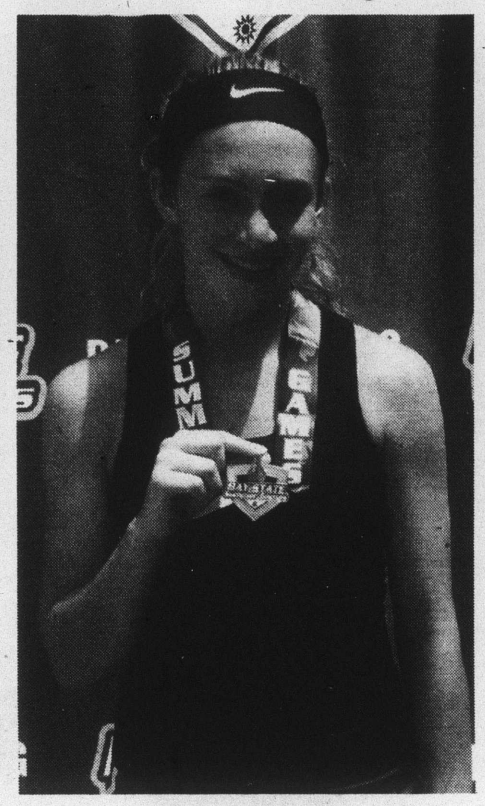
MORRISETTE'S PAT ROCHE checks his swing during action against Canton.

Three Local Athletes Shine At Bay State Games

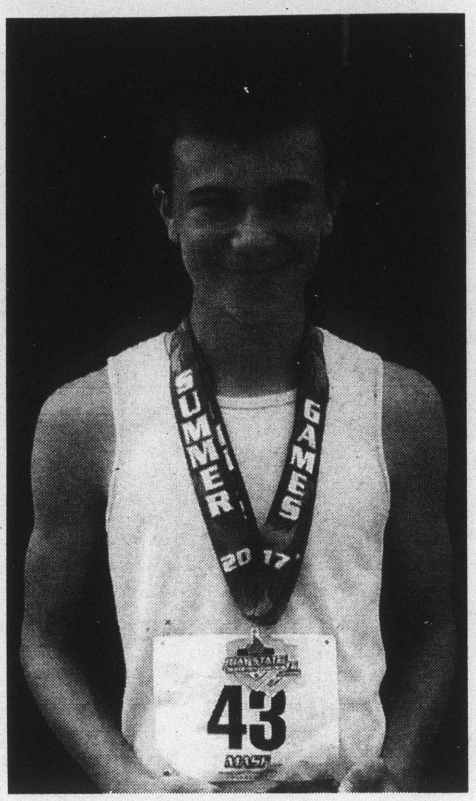
Quincy's Alex Case, Olivia Palazzi, Brian Gutro Compete At Fitchburg State U.



ALEX CASE



OLIVIA PALAZZI



BRIAN GUTRO

Three Quincy athletes recently competed at the Annual Bay State Games held this year at Fitchburg State University. The results were outstanding.

Quincy High sprinter Alex Case took third in the 100 meters and second in the 200 meters to grab bronze and silver. Her time of 13.28 in the 100 was her fastest fully automatic time ever. She clocked 26.88 in the 200.

Case is a captain-elect for next year's Indoor and Outdoor track teams and also works with younger children in the Quincy Track club.

Olivia Palazzi clocked her second fastest time ever winning the Scholastic Division of the 400 meters hurdles in 71.44. Palazzi will also be a captain of all three track seasons (cross country, Indoor, Outdoor) at Quincy High.

A former volleyball and basketball player, she has turned her focus to running and placed 15th in this spring's MIAA Division 1 Championships. Her grandfather, Togo Palazzi, was a basketball star at Holy Cross and also had a stint with the Boston Celtics back in the 1950s. Palazzi also works with younger athletes in the Quincy Track Club.

The final athlete to compete was 8th grader Brian Gutro. The prospective freshman at Quincy High took the longjump (16'00") and the 400 meters (57.48) in the Youth Division (12-14). Brian was the city champion representing Central Middle School in the 400 this past spring. He has been training the past month with the Quincy Track Club and is planning on playing football for the Presidents.

The same weekend was a good one for the Gutro family as bother Scott was competing at the same time in the New England Baseball tournament for Juniors as a member of the Quincy Red Stockings. Scott was MVP and had a home run versue Vermont. Quincy was the Eastern Mass representative in that tournament held in Raynham. The Red Stockings are coached by Dave Murphy.



CHARITY SOFTBALL GAME featuring players from Quincy Fire Local 792 and Quincy Parks/Cemetery/DPW Local 1139 recently squared off in support of 22kill, an organization that helps spread awareness and prevention for the high suicide rate amongst veterans in the United States. The game played at Faxon Park raised more than $2,500 for the charity.

Photos Courtesy Lori Dillon

Charity Softball Game Raises Over $2,500 For 22kill

Quincy Fire Local 792 Defeats Quincy Parks/Cemetery/DPW Local 1139, 15-14

The Quincy Firefighter Association Local 792 defeated the Quincy Parks/Cemetery/DPW Local 1139 by a score of 15-14 at Faxon Park in a very competitive back and forth contest in a game that featured some outstanding play.

After two scoreless innings, Local 1139 was able to grab six runs in the top of the third, in large part due to a grand slam by 1139 Captain Scott Logan against 792 pitcher, Captain George Zirngiebel.

After finally figuring out the outstanding pitching of Mayor Tom Koch, Quincy Fire answered back with six runs in the bottom of the third inning to tied the score. Al Grazioso relieved the mayor in the fourth inning and both teams went back and forth the rest of the way, with Quincy Fire Local 792 edging out the 15-14 win in nine innings thanks to some power hitting by Mark Gilbody and Tom Malvesti.

Scott and George thought that in addition to playing the game, the game could raise some money for charity, so the best part of this game was that the teams were able to raise over $2,500 for 22kill, an organization that helps spread awareness and prevention for the high suicide rate amongst veterans in the United States. A report in 2013 came out that said an average of 22 veterans commit suicide in this country every day. This organization was formed to help raise awareness and do what they can to reduce that number to hopefully zero.

This event would not have been possible if not for all the people who helped out. Game organizers would like to thank Roxie's Market of Quincy for their generous donation of food, Kim Trillcott-Caporale who was the treasurer and photographer, Councillor Margaret LaForest who emceed the event, Janet Batson for DJ'ing the game, and to Robbie Buttomer for donating equipment. Organizers would also like to thank everyone who donated to the event, including Mayor Tom Koch who made a very generous donation.

None of this would have been possible without the support and participation by the two teams. Quincy Fire Local 792 roster included firefighters George Zirngiebel, Andy Smith, Matt Tobin, Mike Fitzpatrick, Dave DeYoung, Tom Bowes, Tom Malvesti, Justin Pothier, Joe Barron Jr., Mark Gilbody, Anthony Gilbody, and Matt Kisiel. Local 1139's roster included from the Parks Department Dave O'Connor, Willie Parsons, Mike Burke, Billy Macdonald, Tom Healy, Phil Cosgrove, and Tyler Lagroterria. From the DPW Al Grazioso and Adam Valentino. From the Cemetery Department Scott Logan and Derek Murphy. The 1139 team also included Mayor Tom Koch and George Bouchard of Veteran's Services.



AMONG THOSE supporting and participating in the charity softball game were Mayor Thomas Koch (left) and Graves Registration Officer George Bouchard.

Reese Mullen Refurbishes Memorial Poles For Eagle Project

Cont'd From Page 17

ment of 30 memorial poles for the city's veterans.

The project included cleaning up the traffic island memorial on Federal Avenue and doing a planting in Germantown at another traffic island. Mullen coordinated 20 Troop 5 volunteers who spent their weekend with him traveling around the city scraping and painting approximately 30 veterans' memorial poles and cleaning up the traffic island memorials.

His project would not have been a success without the help of all his volunteers and the numerous people who donated funds to his project. The project took close to 100 man-hours over two days.



SCOUTS with Troop 5 spruced up the John Granahan Square at the Germantown Rotary. From left: Sam Coover, Reese Mullen, Austin Wright (in back), Philip Phan, Camden Levereault, Matt Tibets, Nick Daly and Bowen Popkin.

Photos Courtesy Reese Mullen

Nicholas Enbar-Salo Completes Eagle Scout Project

Cont'd From Page 16

the Squantum School.

Enbar-Salo joined Troop 42 as a Webelo in October 2014 at the age of 10. His received his Arrow of Light Award the following April, which allowed him to become a Boy Scout at that time as opposed to waiting until he started fifth grade.

"I became a Boy Scout like one-and-a-half years earlier than you would normally," Enbar-Salo said.

"If you don't do Arrow of Light, then you have to wait until you graduate fifth grade or you turn 11 years old," his mother added. "But since he did and he's a fall child – he has a birthday in September – it was possible for him to start one year earlier than most boys. That's why he is very young."

Enbar-Salo has been involved in several other community service projects over the last several years, such as planting flowers around Squantum, making pillows for seniors living at Marina Bay, clean ups at Squaw Rock and elsewhere in Squantum, and ringing the bell for the Salvation Army during its Red Kettle campaign.

Enbar-Salo hopes to pursue a career in programming when he gets older. He plans to remain active with Troop 42 as he finishes middle school and high school.

"My goal is to stay in scouts until I become 18 years old," he said

Catharina said she is proud of her son and glad she could be there with him.

"I am very proud. Very, very proud," she said. "It has been a joy to be on this journey, because they develop. The boys develop so much independency. He was actually afraid to speak in front of a group in fourth grade – not anymore…His self confidence is enormous. It's really great how they build them up."



NICHOLAS ENBAR-SALO gave a presentation at the Squantum School on the importance of nature in June as part of his Eagle Scout project. He presented fifth graders there with backpacks bearing the message 'Keep Squantum Clean.' Front row (from left): Scoutmaster Karl DeBisschop and Assistant Scoutmaster Catharina Enbar. Second row: science teacher William Regan, Johnny Manning, Caleb Gray, Nicholas Enbar-Salo, Stephen DeBisschop and Principal Stephen Sylvia.

Photo Courtesy Catharina Enbar

Boston Celtics, Bona Unveil Ultimate Interior Room Makeover

The Boston Celtics and Bona recently hosted an unveiling event to celebrate the culmination of their partnered interior room makeover contest.

David Bloom, Martyna Bloom and their five-month old daughter, Francesa, welcomed Celtics mascot Lucky, Celtics dancers and Celtics street team members to their Quincy home to witness the unveiling of their newly renovated, Celtics-themed room.

Highlighted by a 5-foot by 5-foot piece of the official 2008 Championship parquet floor, the revamped room also includes new furniture and freshly decorated walls honoring the history of the 17-time world champion Celtics.

"Bona is thrilled to be the Official Hardwood Floorcare Partner of the Boston Celtics," said Bona's National Sport Manager Bill Price. "Days like today highlight the best of who we are – bringing beautiful floors to homeowners. Of course, the Blooms received an extra special treatment with the world renown Celtics parquet installed in their floor."

"Having a 2008 Championship parquet piece is a once in a lifetime opportunity. I think I'm the only person in the world with this," said David Bloom. "It is a great honor to have this in my man cave and pretty incredible that they put such a piece of history in our house."



QUINCY RESIDENTS David Bloom and Martyna Bloom along with their five-month old daughter, Francesa, recently welcomed Celtics mascot Lucky, Celtics dancers and Celtics street team members to their Quincy home to witness the unveiling of their newly renovated, Celtics-themed room. Also attending the unveiling was Bona's National Sport Manager Bill Price.

Photo Courtesy Brandon Chinn/Boston Celtics

ESOL Classes This Fall

Quincy Asian Resources announces it will offer several English as a Second Language classes this fall.

They are:

• Intensive Basic classes, Oct. 2 to Dec. 12, 1 to 4 p.m., 1509 Hancock St., Quincy.

Beginning students will very quickly learn the basics of the English language, focusing on speaking and listening for everyday needs. Class rate is $360 including book fee.

• ESOL 1-4 classes, Sept. 5 to Dec. 20, 9 a.m. to noon, 1509 Hancock St., Quincy.

QARI offers four levels of ESOL on weekday mornings. The classes are offered at a rate of $180 per semester. Registration starts Aug. 1

Most classes are three hours long and meet two times per week. To register, visit the QARI Office at 1509 Hancock St., Suite 209, or call the office (617-472-2200) to make an appointment for a placement test. All students must take a placement test to assure the proper placement in class.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Monday, July 17th, at approximately 6:50 p.m., Officer Paul Foley was monitoring traffic at the Fore River Bridge Rotary. He randomly queried a Massachusetts license plate using his cruiser's mobile data terminal.

Soon after, the Registry information showed that the license plate was "revoked" for insurance cancellation back in January 2015. In addition, the plate belonged on a different type of vehicle. Officer Foley caught up to the suspect vehicle on Washington Street at a red light. When the light turned green, the vehicle suddenly turned right onto Silver Street.

Suspecting the vehicle may be stolen and having probable cause that the operator was committing the crime of attaching plates, Officer Foley activated his blue lights and siren and stopped the vehicle. After requesting a second unit to his location, Officer Foley approached the passenger side of the vehicle and instructed both the driver and front seat passenger to place their hands on the dash board which they did.

Once Officer Tim Kaes arrived on scene, Officer Foley asked both occupants if they had any weapons on them or in the vehicle and they both responded, "No." Seconds later, Communications stated the last known person to be in possession of the license plate had a revoked license, a suspended license to carry a firearm license and still had a firearm registered in his name.

Officer Foley asked the operator of the vehicle his name for the purposes of determining if there may be a firearm present. The operator then gave the same name that Communications gave. The operator was told to exit his vehicle and as he opened the driver's door, the Officers saw a large black "MTech" brand knife on the floor of the vehicle. After a negative pat frisk, the operator was placed under arrest for operating after revocation. The operator waived his Miranda rights and was asked what his passenger's name was and how he knew him. The operator said he only knew his first name as, "John" despite the fact the operator added that they live together. When asked if there was anything illegal in the vehicle, the operator said, "No, just the medication I have a prescription for."

Officer Foley then spoke with the passenger and advised him of his Miranda rights which he also waived. He admitted he was currently on parole and was wearing a GPS ankle bracelet. He stated he was unaware that the vehicle had attached plates or that the operator did not have a license. Officer Kaes looked in the side window and saw several license plates sticking out from under the passenger's seat in plain view. Based on the circumstances, the passenger was removed from the vehicle.



LT. DAN MINTON

Officer Foley then retrieved four New Hampshire license plates. One of the license plates came back as stolen. Officer Foley then checked the vehicle's VIN which showed the truck's title had recently been transferred to the operator but had never been registered or insured. While inventorying the vehicle, Officer Foley located a transparent pill bottle labeled "Alprazolam" with the operator's name on it in the center console. The label said it had been last filled on "5/8/15" and described the medication as "blue" in color and "oval" in shape. The single capsule inside was not oval and its color was orange.

Having probable cause that the bottle contained medication other than what was identified on the label, Officer Foley opened the bottle and showed the operator the capsule and asked him what it was. He responded, "Oh that's Adderall and I'm just waiting to get my prescription for it refilled." There was no prescription for Adderall located at the scene and a check of the capsule's inscription "#3061" in the DEA's drug book confirmed the capsule to be Adderall.

The passenger was sent on his way and the operator, a 28-year-old Boston resident, was transported to Police Headquarters where he was booked for "attaching plates, operating after license revocation, operating an unregistered and uninsured vehicle, receiving stolen property (stolen NH license plate) and possession of a class B controlled substance.

Nice Work!

❑

COMPUTER ISSUES: Has your computer been acting strange lately? Maybe your default search engine or other browser settings changed, or you're getting suspicious warnings about your computer's performance. Are you are seeing ads that don't seem to belong – like ones that cover up parts of the webpage or are on a site that doesn't usually show ads? If so, you may have unwanted software on your computer.

How does unwanted software get on your computer in the first place? If you installed some free software, you may have accidentally downloaded it at the same time. Extra software – and sometimes malware – can get bundled together with popular free software downloads, and you might not realize what you're getting. To avoid this problem:

- Be on the lookout when installing free software. Read each screen during the installation process. Choose the "custom" install option instead of the "express" option. Then, if you see software you don't want in the bundle, decline the additional program or just exit the installation process.
- If you want a particular download, go straight to that company's site – or another source you trust. Sites that offer lots of popular software – for free – are more likely to bundle it with extra software.
- Talk to your kids. If you let your kids download software, help them recognize reputable sources.
- Don't click on popups or banner ads. Clicking on popups or banner ads about your computer's performance might start a download of unwanted software.
- Keep your security software up to date. Up-to-date security software can catch malicious software and protect your computer.

Remember – software companies will never call you to fix your computer, whether it is a claim of a virus or the need to update software/virus protection!

*excerpts from FTC

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
July 14 – 21
Calls: 1,162
Arrests: 29
Stolen Vehicles: 2

FRIDAY, JULY 14

LARCENY, 11:21 a.m., 608 South St. Bank fraud. Complaint for larceny.

VANDALISM/PROPERTY, 11:48 a.m., Bank of America, 1400 Hancock St. Car was keyed while party was inside the building. No suspect.

MOTOR VEHICLE LARCENY, 1:29 p.m., North Quincy High School, 318 Hancock St. Caller states his car was stolen from the high school between 10 a.m. and 1:30 p.m.

LARCENY, 2:20 p.m., Edgewood Cir. Tools and equipment. Suspect info. Report already taken on incident. Party will follow up with detective if they learn more information about suspect.

LARCENY, 4:20 p.m., Faxon Ave. Package taken from lobby of building.

LARCENY, 6:26 p.m., Flynt St. Paid suspect $2,500 for paving work. Work not completed and suspect will not answer calls. Suspect identified. Charges to be filed for larceny by false pretenses.

SATURDAY, JULY 15

LARCENY, 1:50 p.m., Winter St. Medication.

VANDALISM/PROPERTY, 5:10 p.m., Stop & Shop, 495 Southern Arty. Damaged property. Three teenage girls – one with jean shorts and black sweatshirt, light pink backpack and Squantum sweatshirt, light-colored shorts and grey sweatshirt. $1,000. Parties located in parking lot. Youths left in the custody of their parents.

SUNDAY, JULY 16

LARCENY, 2:14 a.m., Waterclub, 319 Victory Rd. Caller reporting his cellphone was taken while at Waterclub.

VANDALISM/PROPERTY, 8:39 a.m., 2 Billings Rd. Massage parlor. Passerby. Broken window. Officers checked building, it appears secure.

LARCENY, 3:23 p.m., Brook Rd. Garage broken into and two bikes taken.

MONDAY, JULY 17

BREAKING AND ENTERING IN PROGRESS, 8:19 a.m., 15 Foster St. Caller states male in office. One arrested for B&E daytime and malicious damage.

LARCENY, 10:08 a.m., Palmer St. Documents.

BREAKING AND ENTERING, 10:11 a.m., 138 Willard St. Tools.

ASSAULT AND BATTERY, 10:58 a.m., Sea St. Past. Party looking for copy of report.

LARCENY, 1:06 p.m., Freedom Park, 58 Burgin Pkwy. Park Dept. saying cellphone just taken.

MOTOR VEHICLE LARCENY, 1:12 p.m., Prime Gas, 571 Hancock St. 2006 Mercedes wagon. Employee took car for test drive Saturday around 1. Hasn't returned car. Has dealer plate. Unit to check Blackwell Street. Plates recovered, vehicle wasn't. The employee was taking the car for test drive for service. While he was using the car there was a snap on OBD scanner. Both vehicle and plate have been recovered.

LARCENY, 2:55 p.m., Good Fortune, 230 Quincy Ave. Cellphone.

LARCENY, 5:21 p.m., Apthorp St. Cat sitter stole caller's engagement ring. Larceny less than $250.

TUESDAY, JULY 18

LARCENY, 9:03 a.m., Quincy District Court, 1 Ryan Pkwy. Phone. Case found in men's bathroom. Phone shut off.

LARCENY, 12:09 p.m., Town Fair Tire, 450 Quincy Ave. Tires. Has suspect info. Restitution made. Store satisfied.

LARCENY, 12:46 p.m., Lois Ter. Caller states people are coming into yard and stealing fruit from trees.

LARCENY, 6:27 p.m., CVS, 42 Beale St. Caller, a customer, saw an older male get a bag stolen by a Hispanic male in a red shirt about 20 minutes ago. Unknown if victim still on scene; officer will follow up at address.

ASSAULT AND BATTERY, 10:14 p.m., Hancock St. & Merrymount Pkwy. Caller in a Nissan Altima reports a past road rage incident at red light. When she got out of the car to talk with the other driver, she punched her in the face. The other vehicle has since left and she does not known what type of car it was. Partial plate. Party picked up by friends. Declining any further assistance.

WEDNESDAY, JULY 19

VANDALISM/PROPERTY, 12:13 a.m., Hancock Lot, 50 Revere Rd. Suspect in blue Camry seen tagging property. Stopped on Hancock Street. Arrest for tagging.

VANDALISM/PROPERTY, 8:45 a.m., Town River Yacht Club, 60 Mound St. Tagging on garage on beach. No suspects at this time.

LARCENY, 8:55 a.m., Brockton Ave. Medication.

LARCENY, 3:09 p.m., Harvard Vanguard, 1250 Hancock St. Wallet.

VANDALISM/PROPERTY, 4:34 p.m., Farrington St. Thinks someone put feces on the corner of the kitchen and bathroom. Unfounded. Caller was lonely and just wanted someone to speak to.

LARCENY, 6:08 p.m., Linden St. UPS package was left in lobby and stolen.

THURSDAY, JULY 20

LARCENY, 12:43 p.m., Korean Grill, 1429 Hancock St. Business keys. No suspect info.

LARCENY, 5:23 p.m., Fr. Bill's Place, 38 Broad St. See caller at CVS on Southern Artery. Trying to refill her prescription. States her medications were stolen from Fr. Bill's last night. Party reported similar incident in Natick.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 318 and 571 Hancock St.

❑

CAR BREAKS: Howe Street, Glover Avenue, Taffrail Road, Bromfield Street, Franklin Street, Liberty Street, 8 Adams St., 1534 Hancock St., Franklin Avenue.

❑

BREAKS AND ATTEMPTED BREAKS: 138 Willard St.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Deaconess Nancy Jacobs will lead the service and preach a sermon entitled "What Is Truth?" Laurel Wainwright, Liturgist, will call to worship and read the scripture lesson. Shirley Pearson and Chris Jacobs will serve for the Diaconate.

Following the service a fellowship coffee hour is served. All are welcome.

Tonight, (Thursday) Summer Monthly Yoga meets at 7 p.m. with Amy Ross in Fellowship Hall. Bring a mat, water and $5.

Looking ahead, plans are underway to celebrate Paula Younie's 100th birthday on Aug. 13th. Following the church service a luncheon will be held in her honor in Fellowship Hall. In place of gifts Paula requests donations may be made to the new "Save the Belfry Fund."

Quincy Point Congregational

Worship begins at 10 a.m. on Sunday, July 30th, in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

Rev. Stan will preach a sermon entitled, "Wrestle."

The church is handicap accessible, complete with an elevator via the Abbey Road side of the building. After worship, there will be light refreshments in the downstairs social hall. While there take a moment to sign the "Birthday and Thinking of You" cards.

A "One Room" Summer Sunday school is available during the summer months. If you wish your child to attend, bring them to the children's room on the basement level adjacent to the kitchen before worship. The summer curriculum is the One Room Sunday school series by Deep Blue, see: www.deepbluekids.com for more details.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Stephen Vandergrift will conduct the service and preach the sermon entitled "On Earth as it is in Heaven." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Beach Church In August

The public is invited to attend Beach Church the first three Sundays in August, Aug. 6, 13 and 20 at 8 a.m. on Wollaston Beach between the Squantum and Wollaston Yacht Clubs.

The worship service will be a half hour in length and is offered by Rev. Martha Swanson of Christ Evangelical Church, a mobile Christian ministry, and Rev. John Swanson, pastor of the First Church of Christ in Lynn.

For further information visit the Christ Church website at christevangelicalchurchmobmin.org

Save The Belfry Fund At Houghs Neck Church

For over 122 years, the Houghs Neck Congregational Church has been a foundation in the Houghs Neck community.

It is more than a building – it's a symbol of what "community" is all about. The church is not large in size but it is in heart.

The many events held benefit the members and the community at large. Many of Quincy's non-profit organizations such as Interfaith Social Services, DOVE, Inc, The Quincy Animal Shelter among others are generously supported by the church.

The Houghs Neck Congregational Church needs help. After all these years, the granite façade and belfry for which the church is famous are in much need of repair. The bells have been heard on Sunday mornings as a call to worship and also been tolled for weddings and in honor of many who lost their lives. It has become a source of pride to the tight-knit community.

The Community Preservation Act through the City of Quincy has awarded the church funds to assist in those repairs but $15,000 must be raised in order to complete the restoration. The extensive repairs need to be done as soon as possible to prevent more damage. The granite façade needs to be restored to its original condition so that it can once again withstand the elements of nature, thus stabilizing the structure of the belfry.

The "Save the Belfry" project is about the restoration, but it will also allow the church to continue to serve the community as it over the years. If you consider making a donation to help meet the goal of completing the work it may be sent to Houghs Neck Congregational Church, 310 Manet Ave., Quincy, MA 02169. Mark it "Save the Belfry."

For more news visit: thequincysun.com

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m. Deaconess Nancy Jacobs will preach the sermon "What Is Truth?"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Stephen Vandergrift will conduct the service and preach the sermon "On Earth as it is in Heaven"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

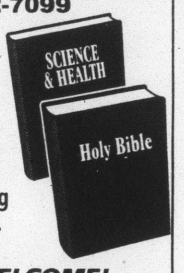
Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:36PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Marion R. Beston, 93

A funeral Mass for Marion R. (Muise) Beston, age 93, of Hingham, formerly of Quincy, was celebrated Wednesday in St. Joseph's Church, Quincy.

Mrs. Beston died peacefully July 19 at South Shore Hospital in Weymouth, surrounded by her loving family.



MARION R. BESTON

She was born in Halifax, Nova Scotia, Canada, to the late Marshall and Martha (LeBlanc) Muise. She immigrated to the United States as a child and was raised and educated in Quincy. Marion was a graduate of Quincy High School, Class of 1942. She had lived in Hingham for four years and previously was a lifelong resident of Quincy.

Mrs. Beston was a homemaker who was dedicated to her family. She was especially proud of her grandchildren and great grandchildren, actively supporting all their activities and accomplishments. She also enjoyed music, dancing and her time at the 1000 Southern Artery complex in Quincy where she had developed many friendships.

Beloved wife of the late Harold C. "Turk" Beston. Devoted mother of Harold D. Beston and his wife Patricia of Weymouth, Paul T. Beston and his fiancée Charlene Bonome of Quincy, and Catherine J. Malvesti and her husband James of Braintree.

Loving grandmother of Gregory Beston and his wife Darcy of Marshfield, Amy Beston and her husband Ben Morgan of Orford, NH, Christopher Beston and his wife Katie of Irvine, CA, Matthew Beston and his wife Lori of Braintree, Sarah Beston and her husband Travis Courtney of Manhattan Beach, CA, Kristen Walters and Robert Dever of Manhattan Beach, CA, James Malvesti, Jr. of Arlington, Michael Malvesti and his wife Ashley of East Bridgewater. Cherished great grandmother of Nicholas, Christopher, Hailey, Brendan, Molly, Graham, Michael, Brynn, Cooper and Charlotte.

She was sister of the late Daniel Muise and is also survived by many nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Albert F. Seghezzi, 94

A funeral Mass for Albert Francis Seghezzi, deputy superintendent, MDC Police Department, retired, age 94, of Quincy, was celebrated Monday in St. Agatha Church, Milton.

Mr. Seghezzi died suddenly July 17 at Beth Israel Deaconess Medical Center in Boston, surrounded by his loving family.

He was born in Boston to the late Emilio and Judith (Sartor) Seghezzi. He was raised in Roxbury and was a graduate of Boston Technical High School, Class of 1940. He later earned a bachelor's degree in criminal justice from Northeastern University. He had lived in Quincy for over sixty-five years.

Mr. Seghezzi was a World War II veteran having served as a private in the U.S. Army Air Corps and later as an aviation machinist mate 2/c for the United States Navy. It was during this time that he developed a love for flying and obtained his pilot's license.

He was proud to have served as a Metropolitan District Commission (MDC) police officer for thirty-eight years. During his career he rose through the ranks to become the deputy superintendent of the Bureau of Patrol Operations. Mr. Seghezzi was well known for his commitment, integrity, and professionalism. After his retirement in 1988, he worked as a private investigator for a Boston firm.

He loved fishing with his family and flying airplanes with his son, Edward, also a pilot. Mr. Seghezzi and his wife, Mary, were longtime active parishioners of St. Agatha Parish in East Milton.



ALBERT F. SEGHEZZI

His greatest passion was his grandchildren and great-grandchildren. He actively supported all of their activities and accomplishments and especially enjoyed talking and playing with them and their pet dogs.

Beloved husband for sixty-six years of Mary L. (Bruce) Seghezzi, the love of his life and inseparable friend. Devoted father of Karen McLaughlin and her husband John of Scituate, Edward Seghezzi and his wife Brenda of Londonderry, NH, Mark Seghezzi and his wife Michele of Scituate. Loving grandfather of Eric McLaughlin and his wife Erin, Kevin McLaughlin, Sara Paster and her husband Craig, Ashley, Michael, Morgan, Olivia, William and Matthew Seghezzi. Cherished great-grandfather of Hannah and Brendan McLaughlin, Madison and Grace Paster. Dear brother of Frank Seghezzi of Canton. Also survived by many nieces and nephews.

Interment with Military Honors at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

Theresa A. Schneider, 79

A funeral Mass for Theresa A. Cavanaugh (Curran) Schneider, 79, of Scituate and formerly Quincy was celebrated Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Schneider died July 15 at home, surrounded by her loving family.

Born in Boston, she was a daughter of the late Timothy Patrick and Mary (Mannion) Curran. She was predeceased by her brother, Timothy and her sister Margaret. She was the beloved wife of the late John Cavanaugh and the late Eugene Schneider.

Mrs. Schneider loved baking, painting, gardening at her home near the ocean, and most especially ballroom dancing with her dearest friend Tony Sulfaro of Braintree.

Mother of John Cavanaugh and his partner Susan of Plainville, Steven Cavanaugh and his wife Mary of Norfolk, Paul Cavanaugh and his wife Suzette of Plymouth, Lisa Kelly and her husband Michael of Ashford, CT, Deborah O'Brien and her husband Frank of Quincy, Timothy Cavanaugh



THERESA A. SCHNEIDER

of Boston, and Maryellen Burke and her husband Brian of Scituate. She is survived by her 15 grandchildren. Sister of Mary McLellan of Randolph, Jack Curran and his wife Paulina of Melrose, Maury Curran and his wife Mary of Marshfield, Helena Griffin of Randolph. Sister-in-law of Kay Curran of Dedham and many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Lois V. Andre, 95

A funeral service for Lois V. (Kugler) Andre, 95, of Quincy and Beverly, formerly of Oil City, Pa., was held July 22 in Deware Funeral Home, 576 Hancock St., Quincy.

Mrs. Andre died July 15 at Masconomet Health Care Center in Topsfield.

She was born in Titusville, Pa., and spent most of her life in the Oil City, Pa., area where she worked for The Derrick newspaper. Mrs. Andre and her husband, Lester, moved to the Quincy area shortly after retirement to be near their daughter, Sue, and grandchildren and to work for Eastern Nazarene College.

She was preceded in death by her husband, Lester O. Andre, who died in December of 2012. She is survived by her daughter, Sue A. (Andre) Hersey and her husband Clifford B. Hersey; two grandchildren, Janelle (Hersey) Amadon (husband Peter) and Joshua B. Hersey (wife Julie); and four great-grandchildren, Myles Amadon (6), Madelyn Amadon, (4), Mason Amadon (2) and Demi Hersey (1 month). Additionally, she is survived by two sisters, Phyllis McDonough of Oil City and Ann Holman of Chicago, along with many nieces and nephews.

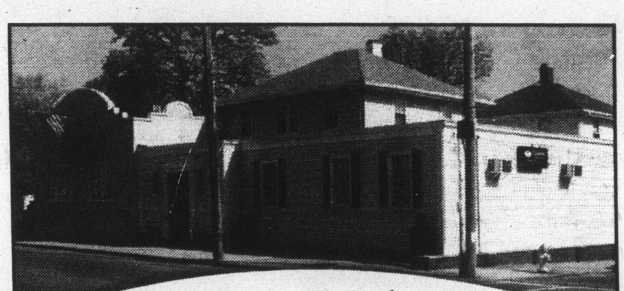


LOIS V. ANDRE

Mrs. Andre was a loving and caring faithful mother, grandmother and great-grandmother for whom family was paramount. She will be greatly missed by family and friends.

Interment at Massachusetts National Cemetery, Bourne, at a later date.

Memorial donations may be made to Eastern Nazarene College Class of 1976 Fund, 23 East Elm Ave., Quincy, MA 02170.



A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

At Deware Funeral Home, we put the needs of our customer first. We also offer a Simple Burial Plan for $3,395.

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*$5,995 plus includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationery package (register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of ARFS and Service Corporation International, 206 Winter Street, Weymouth, MA 02188, (508) 676-2434.

More obituaries online at: thequincysun.com

10th Anniversary

Patrick J. Faherty 3rd

"Big Pat"

3-18-47 - 8-1-07



Remembering you on this special day. Love you and miss you.

- The Family of Patrick J. Faherty



Honor Your Loved One's Memory With Flowers

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Ann M. McGrath, 79



ANN M. McGRATH

A funeral Mass for Ann Marie (O'Donnell) McGrath, 79, of Quincy, formerly of Charlestown, Dorchester and Hyde Park, was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. McGrath died peacefully surrounded by her loved ones on July 18.

She was the beloved wife of the late Michael J. McGrath with whom she shared 53 years of marriage. Devoted and loving mother of Michael T. and his wife Sylvia of Quincy; John P. of Quincy; Mary E. of Holbrook; Kevin F and his wife Helen of Weymouth; and Brian and his wife Heather of Bridgewater. Doting "Nana" to seven grandchildren, Bryanna of Charlestown, Katie of Weymouth, Kevin, Lindsey and Brendan of Weymouth, Ava of Foxboro, and London of Bridgewater; and one great-grandchild, Jordan of Charlestown. She is also survived by two sisters, Patricia Carroll of Hanover and Jane Mulford and her husband Porter of Hanover; and her brother Thomas O'Donnell of Bridgewater. She was also beloved by many relatives in MA, OH, TX, Ireland, England and Canada, and many, many friends, near and far.

Mrs. McGrath worked in the medical field throughout her career, as a nurse's aide at Carney and St. Margaret's Hospitals in Dorchester, and as a home health aide. However, her true passion and devotion was always to her family. From family events to travel, as long as it was with her husband and children, she was happiest. Mrs. McGrath also loved to waltz and was a longtime member of St. Peter's Irish Club in Dorchester, where she and her husband enjoyed Saturday evening Irish dances.

Interment at New Calvary Cemetery, Boston.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Very special thanks to Patrick Stapleton, CEO, and all the wonderful staff members of the Sherrill House Skilled Nursing and Rehabilitation Center of Jamaica Plain, who so compassionately and lovingly cared for Mrs. McGrath. Memorial donations may be made to the Sherrill House Pastoral Care Fund, 135 South Huntington Ave., Jamaica Plain, MA 02130.

James A. Cully III, 82



JAMES A. CULLY III

A funeral Mass for James A. Cully III, 82, of Quincy, formerly of Dorchester, Savin Hill, Milton and Marathon, Fla., was celebrated Monday in St. Margaret Church of St. Teresa of Calcutta Parish, Dorchester.

Mr. Cully died July 18.

He leaves the mother of their children, Kathleen M. (Keady) Cully of Milton. Loving father of James M. Cully of South Boston, Carolyn A. Cormican of South Weymouth, Diane M. Cully of Hanover, and Kevin J. Cully of South Boston. Son of the late James A. Cully Jr. and Florence G. (Duris) Cully. Brother of Mary Ellen Manning of Milton, Gerald L. Cully of Norwood, Richard J. Cully of Milton, Joan E. Cully of Milton, and the late Paul F. and Kevin J. Cully. Devoted grandfather of Caitlyn, Molly, and Laura Cormican, Harry and Kevin Cully, and Liam Sears. Godfather of Renee Conway of North Andover.

Veteran Korean War – U.S. Navy. Former volunteer firefighter in Marathon, Fla., for 10 years. Late retired member of the IBEW Local #103 for 61 years, member of the American Legion Post #380, the Braintree DAV, and the Knights of Columbus, Columbus Council #116.

Interment private.

Funeral arrangements were made by Murphy Funeral Home, Dorchester.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Pl., Memphis, TN 38105.

Genevieve M. Courtney, 92

Visiting hours for Genevieve Murray Courtney, 92, mother, grandmother, great grandmother, sister, aunt and friend, will be held from 4 to 7 p.m. Saturday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Courtney died peacefully at Bay Path Nursing and Rehab on July 20.

She was born in Wollaston, resided in Squantum for 30 years and Braintree for 40 years.

Dear wife to the late Charles R. Courtney. Loving mother to Joan LeGallo and her husband Lawrence of Charlottesville, VA, Richard Courtney and his wife Chirline of San Antonio, TX, James Courtney of Center Ossippe, NH, Jean White and her husband Charles of Yarmouth. Cherished sister to Carole Haigney of East Orleans. Also survived by five grandchildren and thirteen great-grandchildren.

Memorial donations may be made to Rosie's Place, 889 Harrison Ave., Boston, MA 02118.

Ronald A. Glennon, 87



RONALD A. GLENNON

A funeral Mass for Ronald A. Glennon, age 87, of Quincy, formerly of South Boston, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mr. Glennon died peacefully July 18 at South Shore Hospital, surrounded by his loving family.

He was born in Boston to the late Franklin and Johannah (Daly) Glennon. He was raised in West Roxbury and was a graduate of the former Brandeis Technical High School in Boston, Class of 1948. Mr. Glennon had lived in Quincy for over fifty years and previously in South Boston for twenty years.

He was employed as a laborer in the construction industry for forty years. He was a proud member of Local 223 and served as union president for many years.

Mr. Glennon was a truly a "man for others," both as a mentor and friend for those in need for fifty-eight years. He was also dedicated to his family and especially to his grandchildren and great grandchildren, supporting all their activities and accomplishments.

Beloved husband for sixty-six years of Joan M. (Wysė) Glennon. Devoted father of Kathleen Picardi and her husband Albert of Scituate, Ronald Glennon, Joanne McGee and her husband John, Sheila Donovan and her husband Francis, all of Quincy, Elaine Foley and her husband Thomas of Weymouth, Sean Glennon, detective, Quincy Police Department and his wife Jo-Anne of Quincy. Loving grandfather of eleven grandchildren and four great grandchildren.

One of four siblings, he was pre-deceased by Franklin Glennon, Elizabeth Guiod and David Glennon. He is also survived by many nieces and nephews.

Interment Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Gavin Foundation, 675 E 4th Street, South Boston, MA 02127.

Roberta R. O'Connor



ROBERTA R. O'CONNOR

A funeral Mass for Roberta R. (Campbell) O'Connor of Quincy and formerly of South Boston was celebrated Wednesday in St. Mary's Church, Quincy.

Mrs. O'Connor died July 21.

She grew up in South Boston and Medford. She was a graduate of South Boston High School, later moving to Quincy and raising her family. Mrs. O'Connor worked for many years in the banking industry in various roles and as a clerk at the Norfolk County Family and Probate Court.

Mrs. O'Connor loved to spend time with her family, especially her grandchildren, vacationing with them in New Hampshire. She loved to shop and crochet. She will be sadly missed by all who knew and loved her.

Beloved wife of the late Francis J. O'Connor, BFD retired. Loving mother of Fran O'Connor and his wife Toni-Ann of Pembroke and Karen Dilworth and her husband Dan of South Weymouth. Dear sister of Rita Deffler of NJ, Robert Campbell of Woburn and Kenneth Harford of NH. Proud Nana of Shawn, Connor, Bridget, Collette and Paige. Daughter of the late Robert Campbell and Rose Harford. Also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the charity of your choice.

Local Residents Supporting Boston GreenFest

Three residents from Quincy are taking part in the Foundation for a Green Future's 10th Annual Boston GreenFest at Boston City Hall Plaza set for Friday, Aug. 11 through Sunday, Aug. 13.

Friday and Saturday hours are noon to 10 p.m. Sunday hours are noon to 6 p.m.

Boston GreenFest is the largest free event of its kind in the region. The goal is to educate and empower people to create a more sustainable, healthier world.

Three Quincy residents are involved in this year's event.

Shimon Warden is in charge of bringing innovative environmental companies to the three-day event as the Innovation and Entrepreneurship Director.

Jeremy Lacey is CEO of Phoenix Revolution, an innovative water filtration system, will be at the event.

Yujing Li, another Quincy resident, is an event coordinator associate for Boston GreenFest.

"The 10th Annual Boston GreenFest is a celebration of our environmental progress and a call to action for communities, citizens and corporations committed to an even brighter future," said Boston GreenFest Executive Director Karen Weber. "We can no longer wait for someone to tell us what to do to improve our world; we're experiencing a crisis and we need to find the solutions ourselves. The answers are within reach and we applaud the many communities in and around Boston already making positive change worthy of celebration and recognition."

The three-day festival transforms Boston City Hall Plaza into a fun interactive community classroom. Festival-goers can visit around 200 interactive exhibits including a Showcase of Innovation and Casa Latina. Scheduled events include:

- Live multicultural music and dance performances by local and international guests including a wonderful lineup of rock, world, folk, hip hop, rap, reggae, indie, and country artists. International guests include Mezzotono from Italy, Stormcellar from Australia, Chrycee from St. Lucia, along with dancers from India, Nepal, and Papua New Guinea.
- BostonGreenFilmFest will screen nine movies throughout the weekend touching on various environmental issues, followed by panel discussions.
- EcoForums at Faneuil Hall: discussions to include pertinent topics in sustainability including transportation, water, sustainable urban design, energy, green tech, health, local food economy, and more. Cindy Fitzgibbon of Channel 5 WCVB will moderate the "Designing Our Future" forum. Hours: Friday 10 a.m. to 6 p.m. | Saturday & Sunday 10 a.m. to 4 p.m.
- EcoFashion Show under the direction of The House of Nahdra, will feature numerous local designers along with Nathalia JMag, recent finalist on Project Runway. This will highlight the importance of upcycling, recycling and sustainability in fashion.
- The International Youth Summit on Sunday, August 13th from 11 a.m. to 1:30 p.m. at Faneuil Hall, will be held in honor of World Youth Day. Youth, ages 15-35, will come from all parts of the globe, to talk to each other about environmental problems they confront and think about innovative enterprising ways of solving them.
- EcoKids Center with: Robots, Science on the Street, Museum of Science, EcoArt, Making Vertical Walls, Pony Rides, Face Painting, Games, Inflatables, Mallakhamb Yoga, and more! Family Stage with a lineup of music, storytellers, children's performers, dance and poetry.
- Free fitness mini-classes from our stage of Zumba, BollyX, and Yoga.
- Local Food Emporium with a selection of international cuisines, locally grown, locally prepared.
- Wine & Beer Garden with sustainable brews and a view of the Main Stage.
- EcoRide & Drive with KIA and others to try out an electric vehicle.

Additional information, including the full lineup of activities and events can be found at www.bostongreenfest.org. To learn how to sponsor 10th Annual Boston GreenFest, contact Kyle Tancrell, 617-529-9755, kyle@sponsorbrokers.com.

Please RECYCLE This Paper

4 Preliminary Council Races; 6 Vying For 3 School Seats

Preliminary Election Sept. 12, Ballot Positions Drawn Aug. 18, Final Nov. 7

Cont'd From Page 1

signatures of 50 registered voters to the City Clerk's Office was 5 p.m. Tuesday. Twenty-four candidates for seats on the City Council and School Committee had their papers certified by election officials as of 5 p.m. Tuesday, plus two others whose papers were still being reviewed – certification can take up to a week – and one who had fewer signatures than required.

Preliminary elections will be held on Sept. 12 for the City Council seats in Wards 1 and 6. Additional preliminaries might also be held for the at-large spots on the council, and for the Ward 5 seat, depending on how many candidates have their nomination papers certified. Preliminary elections are required if more than two candidates run for a ward seat, or if more than seven qualify in the at-large race.

The final election is set for Nov. 7.

Four candidates will appear on the ballot for the open Ward 1 seat: Daniel Davis of Babcock Street; Michael Falcione of Graham Terrace; former school committee member David McCarthy of Whitney Road; and Joseph Murphy of Macy Street.

In Ward 6, three candidates will appear on the ballot: incumbent William Harris of Ashworth Road, H.A. "Alie" Shaughnessy of Essex Street, and Steven Striffler of Huckins Avenue. A fourth resident, Ashly Eikelberg of Quincy Shore Drive, had pulled papers for the seat but had yet to return them as of 5 p.m. Tuesday.

Ward 5 Councillor Kirsten Hughes, a Willow Avenue resident, will face at least one challenger this fall: Michael Hurley of Elm Avenue. A third candidate, John Rodophele of Grenwold Road, returned his papers Tuesday and they were in the process of being certified. Mary Lally of Weston Avenue had also returned her papers, but had less than the required number of signatures as of 5 p.m. Tuesday.

Six candidates had qualified for the ballot in the race for the three at-large seats on the council as of Tuesday afternoon. They are incumbent Noel DiBona of Chickatabot Road, Ward 1 Councillor Margaret Laforest of Rock Island Road, school committee member Anne Mahoney of Ferriter Street, former public works commissioner Daniel Raymondi of Elm Street, Steve Tougas of Gilbert Street and Stanley Dong Fang Xiao of Bicknell Street.

Incumbent Nina Liang, a Williams Street resident, had also returned her papers to the clerk's office before Tuesday's deadline; those signatures were still in the process of being certified. Two other residents – Domenic Papile of Ridgeway Drive and Robert Ross of Howe Street – had pulled papers to run at-large and not returned them to election officials by 5 p.m. Tuesday.

The third incumbent at-large councillor, Joseph Finn, is not seeking re-election.

The remaining incumbent councillors – Brad Croall (Ward 2), Ian Cain (Ward 3) and Brian Palmucci (Ward 4) – are unopposed this year.

All six candidates who pulled papers to run for the three seats available on the School Committee this year have qualified for the ballot. They are incumbent Emily Lebo of Highland Avenue; Anthony Andronico of Charles Street; former city councillor Douglas Gutro of Marlboro Street; David Jacobs of Dunns Court; Geraldine Manning of Southern Artery; and Mark Sauter of Longwood Road.

The other two incumbent school board members whose seats are up for re-election are Barbara Isola – who is not running this year – and Mahoney, who opted to seek an at-large seat on the City Council.

Mayor Thomas Koch is not up for re-election this year. He won the first four-year mayoral term in Quincy's history in 2015. Voters had approved changing the mayoral term from two to four years in 2013.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P1626EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Ace Romulo
Date of Death:
March 4, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Jovita Bautista** of **Quincy, MA.**

Jovita Bautista of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

7/27/17

'Puppy Doe' Trial Postponed Until Aug. 7

By SCOTT JACKSON

The trial of the man accused of torturing a young dog and leaving her for dead in a Quincy playground nearly four years ago has been delayed.

Radoslaw Czerkawski, a Polish national, is facing multiple counts of animal abuse in Norfolk County Superior Court for allegedly torturing the dog so severely she needed to be euthanized. He has pleaded not guilty to those charges.

Jury selection was set to begin Tuesday, but on Monday it was postponed because of a medical issue involving an assistant district attorney. A hearing will take place Aug. 7, at which time a new trial date could be set.

The dog, a pit bull, was found in a Whitwell Street playground on Aug. 31, 2013. The dog was beaten with a heavy object, stabbed in the eye, burned repeatedly, had her tongue split down the middle and her joints were dislocated. The dog's injuries were so severe she was euthanized.

The case quickly gained national attention and the dog was nicknamed "Puppy Doe" as Quincy police sought to identify her and her abuser. Czerkawski was arrested in October 2013.

Prosecutors allege Czerkawski was living with an elderly Quincy woman in 2013 as her caretaker and responded to a Craigslist advertisement for a pit bull puppy named Kiya. Prosecutors say that was the same dog found in the Whitwell Street playground.

Czerkawski was later charged with stealing $130,000 from the Quincy woman, who died inside her home the same day Puppy Doe was found in the playground. Czerkawski was convicted in Norfolk County Superior Court of all four charges he faced related to the theft of the $130,000 and was sentenced to three to five years in prison in July 2015.

In October 2016, Czerkawski pleaded guilty in Bristol County Superior Court to charges he stole $4,500 from St. Lawrence Martyr Church in New Bedford in 2012. Czerkawski was sentenced to three to five years in that case, with no credit for time served.

Rep. Chan Named House Chair

State Representative Tackey Chan (D-Quincy) has been named the House Chair of the Joint Committee on Consumer Protection and Professional Licensure, following a vote of the Democratic Caucus and upon recommendation of House Speaker Robert DeLeo.

"Thank you to Speaker DeLeo and my colleagues for this opportunity," said Representative Chan. "The Joint Committee on Consumer Protection and Professional Licensure deals with many complex regulatory matters and I look forward to digging into these issues alongside Senator L'Italien and our committee members."

The Joint Committee on Consumer Protection and Professional Licensure considers legislation concerning the Alcoholic Beverages Control Commission, the Massachusetts Gaming Commission, the state lottery system, and any matter of professional licensure outside of medical licensing. The Committee also considers any consumer protection matters that fall within Chapter 93A of the Massachusetts General Laws.

Representative Chan, whose family is from Hong Kong, is the first Asian-American to be appointed chair of a committee in the House of Representatives. Prior to this position, Representative Chan served as Vice Chair of the Joint Committee on Telecommunications, Utilities, and Energy, as well as Acting Chair of the Committee on Small Business and Community Development for 18 months during the 2013-2014 legislative session. He served on the Joint Committee of Consumer Protection and Professional Licensure from 2011 to 2016. Representative Chan was first elected in 2010, and is currently serving his fourth term as State Representative of the Second Norfolk District.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-77

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Vasil Pani for a Variance to legalize a porch in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 7-9 HAMMOND COURT, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-78

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Judy Chen for a Finding to expand the existing restaurant into retail area of the property in violation of Title 17 as amended Chapter 3.4.2 (nonconforming use) on the premises numbered 663-681 HANCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-79

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of 176 Willard Street, LLC for a Variance to move the existing parking and create additional parking in violation of Title 17 as amended Chapter 5.1.4 (parking setbacks) and Chapter 5.1.8 (parking requirements) on the premises numbered 176 WILLARD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

NOTICE OF PUBLIC HEARING

City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-80

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 8,, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Quincy Donuts, Inc for a Special Permit/ Variance/Finding to open a Dunkin Donuts facility and occupy approximately 2,100 square feet of the existing building in violation of Title 17 as amended Chapter 9.4 (special permit), Chapter 3.1.4 Appendix A (use regulations, drive thru uses), Chapter 5.3 (signs) and Chapter 3.4.3 (finding) on the premises numbered 582 (-598) WASHINGTON STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

7/20/17, 7/27/17

Plan For New Car Dealership OK'd

Cont'd From Page 3

and creating new landscaping – including the removal of invasive species along the Town Brook and planting native species along the river bank.

"The entire property will be new," Harrington said. "The property is going to be greatly improved over existing conditions, with a redesigned parking layout and a parking lot that works properly with aisle widths and parking spaces sizes as required, all new pavement, landscaping, lighting, underground utilities and stormwater management."

Ward 1 Councillor Margaret Laforest supported the project. She called the current property blighted and said the removal of the radio antenna atop the Yellow Cab building by itself would be a "major game changer" for the surrounding neighborhood.

Laforest, who previously hosted a community meeting on the proposal, also said Quirk and his design and engineering team went above and beyond what is required under the city's code by proposing an entirely new stormwater drainage system on site and adding new landscaping, particularly replacing invasive species along the Town Brook with native ones.

"This is a project right on the gateway, the periphery of the downtown. It's really important to the neighborhood," Laforest said. "[Quirk] really has checked all the boxes of all the questions that we asked. We appreciate that his team has really reached out to us from the get go and worked with the neighborhood."

Jeff Hynes, an Elm Street resident, said the Quincy Center Neighborhood Association is also behind the project.

"I can't say enough about Mr. Quirk. If other businesses in the neighborhood were as good as him, it would be a better neighborhood," Hynes said. "We fully support this."

No vote was taken on the proposal July 19. Planning Director James Fatseas said the project is still undergoing review, but could be ready for the board to act on during its next meeting on either Aug. 9 or Sept. 13.

Harrington said he would prefer the board meet on Aug. 9 to review the proposal, which would allow Quirk to start demolition soon after Labor Day.

Because the project is located within a flood plain and on the banks of the Town Brook, it required approval from both the Conservation Commission and Zoning Board of Appeals. The former approved the project June 7 and the latter did so on June 27.

The other item on the July 19 agenda was a continued public hearing on the proposal by the Massachusetts Budhi Siska Society for a new four-story, 10,000 square foot learning center at 54 Massachusetts Ave. and 15 Glenwood Way in Quincy Point. The applicant sought a continuance prior to the meeting and was granted it at the meeting. The project will be before the board again on either Aug. 9 or Sept. 13.

Strip Mall Proposed For Tom O'Brien Site

Cont'd From Page 15

build out the urgent care clinic, estimating it would open sometime in the fall of 2018.

As part of the proposal, the developers would install new landscaping – with trees, shrubs and grass – along the perimeter of the property. That would include a new sidewalk along Bessie Street at the rear of the property – there is no sidewalk there now.

"They want to make a lot more green space there," Harnais said.

Two of the three curb cuts on Southern Artery would be eliminated – the one nearest Bessie Street and farthest from the intersection with Washington Street would be maintained and used for vehicles entering and exiting the lot.. The existing curb cut on Washington Street would be maintained, but would be used only for entering vehicles. A third curb cut – for entering and exiting vehicles – would be added on Beacon Street.

Several residents at the meeting voiced concern about having the entrance/exit on Beacon Street and said they would prefer it be relocated to Bessie Street – which is a one-way road from Beacon Street to Southern Artery.

Cleary said the entrance/exit was placed on Beacon Street to ensure traffic in the parking lot flows smoothly; if it were relocated to Bessie Street, customers could find it difficult to maneuver in the corner of the lot where Beacon and Bessie meet.

Ward 2 Councillor Brad Croall, who hosted the meeting, asked Cleary if he would consider moving the entrance/exit to Bessie Street and setting aside the area of the lot near Beacon Street for employee parking only.

"If you're a motorist and you turn the corner and you see cars towards the end, you're probably not going to drive at them," Croall said.

Cleary said he could have his traffic engineers review Croall's suggestion to see if it would work.

Another concern of residents was traffic at the intersection of Washington Street and Southern Artery. Steve Pizzi said exiting the site would be difficult because traffic on Southern Artery often backs up past Bessie Street.

"Trying to get in and out of there is going to be a horror show," he said. "It's a nightmare."

There was an agreement among many of the residents present that the project would improve the look of the site.

"Aesthetically it's going to be a big improvement," said Charlie Kalell.

Puyanic fielded several questions about ConvenientMD, which has nine locations in New Hampshire and plans for two in Massachusetts, including the one in Quincy Point.

The urgent care clinic will be open daily from 8 a.m. to 8 p.m., and he expects to see about 100 patients a day in several years. He said the clinic would have emergency-room doctors on site, allowing for treatment of more conditions than other urgent care clinics. As an urgent care clinic, ambulances would not be allowed to take patients there, he added; ambulances might be needed to transport patients with life-threatening emergencies – heart attacks, for examples – to a hospital.

Medical waste is stored within a dedicated room inside the clinic and would not be left in the dumpster located outside the building, Puyanic said; the medical waste is hauled away by a company specializing in its disposal, using box trucks.

In response to concerns about the opioid epidemic seen in Quincy and neighboring communities, Puyanic said the New Hampshire clinics he operates have never been broken into and narcotics are not stored on site.

Cleary fielded questions about the Verizon store. Verizon, he said, had done well enough at its former Southern Artery location that it wanted to open in the new space. He estimated the store would stay open to 9 p.m. most nights at the latest.

Croall said the Tom O'Brien property is a "signature site" for the city of Quincy and Quincy Point, and that he has fielded numerous questions from constituents about its future since the dealership closed. He stated he wanted to see Washington Street kept as a commercial corridor, even as the rest of the city sees strong residential growth.

"Washington Street in my mind has always been a business corridor," Croall said. "I notice there is a high level of appetite for residential development throughout the city – it's been my goal to collaborate with potential suitors in the hopes of keeping Washington Street a commercial corridor."

Shaughnessy Calls For Free Parking During MBTA Station Projects

Alie Shaughnessy, a candidate for Ward 6 city councillor, is calling on elected city officials and members of the state delegation to ask the MBTA and DCR to provide free parking during the construction and reconstruction of the Wollaston and North Quincy MBTA Red Line stations.

"While I firmly believe that we should be asking the MBTA to delay the reconstruction of the Wollaston project until the North Quincy train station development is completed, it does not appear that is the direction the projects are headed," said Shaughnessy. "I am all in favor of development that will help reduce the tax burden on people but it must be smart development, performed in a manner that will not provide additional burden on local residents," Shaughnessy stated in a letter to elected officials.

Shaughnessy said his plan calls for free parking at both Wollaston station to encourage people to leave their cars there and take the shuttle and free parking at Squantum Point Park to help alleviate the congestion. Free parking would be a good incentive for people to take alternative transportation during the construction. "It is also important," he said, "that we ask the MBTA to offer free parking to support the existing ferry service and extend additional ferry service as a way of encouraging people to stay away from the construction area."

However, Shaughnessy also urged officials to work with the residents of Marina Bay and obtain a temporary easement from Boston Scientific so that direct roadway access to Squantum Point Park could occur and not impact the residents of the area.

"No work should start until the access roadway is put in place," Shaughnessy said. He also asked that Marina Bay residents be given access to the free shuttle during the construction.

"It is important that we just not move the problem from one area to another," Shaughnessy said.

Shaughnessy also suggested the city investigate the possibility of using the high school parking lot during non-educational periods. Any revenue from the use of the high school parking lots could be used towards education and sports-related activities in the public schools, as well as providing summer job opportunities for some of the young people.

"This has been and will be a priority if I'm elected," Shaughnessy said. "I know how important it is to have complicated constructions projects performed and not adversely impact local residents. We need smart growth and smart solutions to help solve complicated problems.

"I believe we can and we must do more to help alleviate the concerns of local residents, particularly those who live in the north end of the city," Shaughnessy said.

Free Financial Support Services

Quincy Community Action Programs Greater Quincy Financial REACH Center, 1509 Hancock St., Quincy will hold orientations Aug. 4 and Aug. 18 beginning at 10 a.m.

Learn about free services including job search; support and placement; workforce development, education and training; credit counseling and repair; money management and budgeting and financial education and coaching.

To register contact Theresa Whittaker at 617-657-5355 or twhittaker@qcap.org.

Carney Hospital Achieves All Quality Standards

In its Semi-Annual Report for the period of July 1, 2016 - June 31, 2017, Carney Hospital achieved 100 percent of all healthcare quality metrics set by MassHealth's DSTI program.

Delivery System Transformation Initiatives (DSTI) is an incentive payment program to support eligible safety net hospitals? investments in initiatives that aim to enhance the quality of care, improve population health, and lower health care costs. Acute hospitals who treat a higher than average number of patients enrolled with MassHealth are eligible for the program. In order to earn DSTI payments, eligible hospitals must meet the performance goals outlined in their three-year transformation plans as approved by the Massachusetts Executive Office of Health and Human Services and the Centers for Medicare and Medicaid Services.

The quality measures achieved by Carney include decreasing Emergency Room visits for frequent patients by scheduling them for regular Primary Care visits, integrating and expanding access to behavioral health services available to patients who visit the ER, increasing utilization of available inpatient behavioral health services, and increased communication with healthcare providers and education for patients upon discharge to reduce readmissions.

"Programs such as DSTI are vital for reducing the cost of healthcare and increasing access to health services for our community," said Carney Hospital President Walter Ramos.

The DSTI program is part of the Commonwealth's effort to restructure MassHealth to emphasize value in care delivery and better meet patient needs through more integrated and coordinated care, while reducing healthcare costs. This restructuring represents a shift from the traditional fee-for-service healthcare model, where healthcare providers are paid for the services they provide, to an accountable care organization model, where healthcare providers are paid based upon the quality of care they provide and achieving defined health outcomes for their service populations.

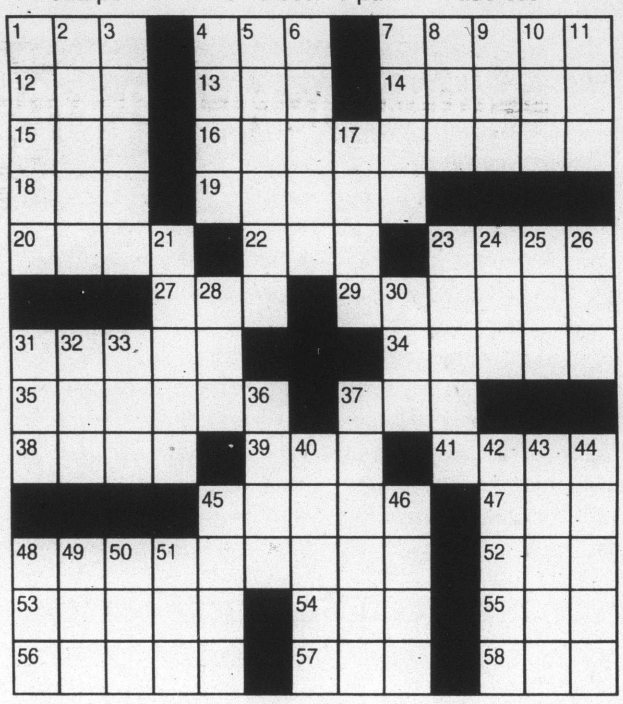
Since 1863, Carney Hospital has served the City of Boston and neighboring communities. Carney Hospital has received the Joint Commission?s Gold Seal of Approval for health care quality and safety and numerous other quality and safety awards, including being designated a Top Hospital for 2014 and 2015 by the Leapfrog Group. The 159-bed hospital has more than 400 physicians and delivers care to approximately 140,000 patients annually.

SUN FUN PAGE

King Crossword

ACROSS
1 Several scenes
4 Track circuit
7 Root for
12 Feathery accessory
13 Actress Thurman
14 Sill
15 Branch
16 Joey and his parents?
18 Hi-tech SFX
19 Be philanthropic
20 Contraband measure
22 Author Brown
23 Got up
27 Vast expanse
29 Successful horticulturist
31 Upright
34 Pint fraction
35 Hitting sound
37 Plead
38 Gardener, at times
39 Hosp. section
41 Sharpen
45 Poe topic
47 Scale member
48 Dime portrait
52 Midafternoon, in a way
53 Trip around the world?
54 Lawyer's due
55 Superlative ending
56 Dams
57 Engine additive brand
58 Alternative to white

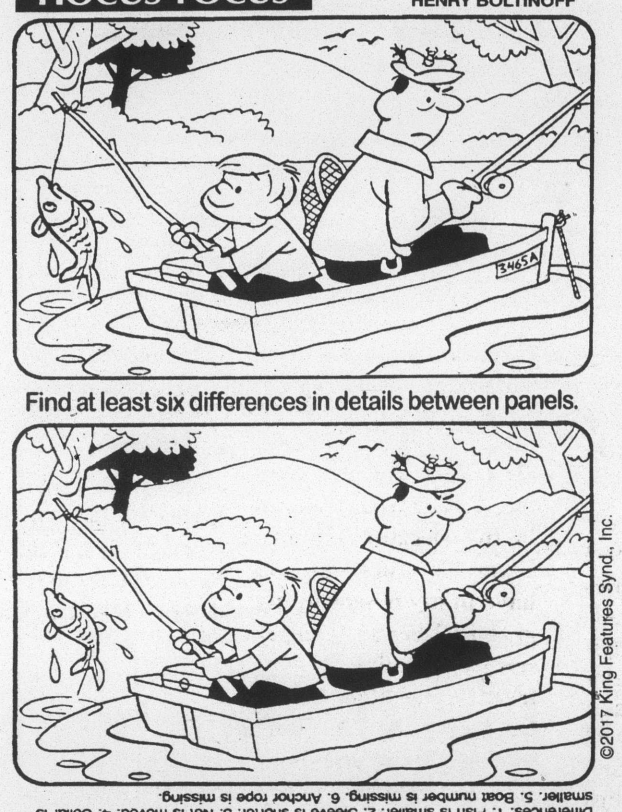
DOWN
1 By surprise
2 Welsh pooch
3 Sri Lankan language
4 "Star Wars" hero
5 Blake or Bynes
6 "Kung Fu —"
7 Talon
8 That girl
9 Tokyo's old name
10 Id counterpart
11 Scale members
17 Talent show prop
21 PBS curmudgeon
23 Coarse
24 Possess
25 Moment
26 Before
28 And the like (abbr.)
30 Fish eggs
31 Biblical verb suffix
32 Pi follower
33 Lamb's dam
36 Chicken —
37 Ammo unit
40 Staff leaders?
42 Wickerwork willow
43 Loud
44 Upper crust
45 Wagers
46 Pace
48 Tier
49 Raw rock
50 Sapporo sash
51 Round Table address



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Fish is smaller. 2. Sleeve is shorter. 3. Net is moved. 4. Collar is smaller. 5. Boat number is missing. 6. Anchor rope is missing.

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Trivia test by Fifi Rodriguez

1. GEOGRAPHY: What body of water separates European and Asian Turkey?
2. PROVERBS: What is the ending to this famous proverb: "Actions speak ..."?
3. LITERATURE: What flower does the following Shakespearean line refer to: "That which we call ... by any other name would smell as sweet"?
4. U.S. STATES: Which state is last in alphabetical order?
5. COMICS: What was Wolverine's secret identity?
6. MEDICAL: What is a more common name for tussis?
7. ANIMAL KINGDOM: What is a group of herons called?
8. MATH: How many zeroes are in a trillion?
9. ANATOMY: What role does the olfactory nerve play in the human body?
10. HISTORY: What was the name of the military operation for the Allied invasion of France?

Answers

1. Bosphorus Strait
2. ... louder than words."
3. A rose ("Romeo and Juliet")
4. Wyoming
5. James Logan Howlett
6. Cough
7. A siege
8. 12
9. Responsible for sense of smell
10. Operation Overlord

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Salome's Stars

ARIES (March 21 to April 19) A turn in a relationship upsets the amorous Arian, who is puzzled by Cupid's romantic antics. Be patient and considerate. The confusion soon will sort itself out.

TAURUS (April 20 to May 20) It's a good time for travel-loving Taureans to take off for fun-filled jaunts to new places. And don't be surprised if Cupid tags along for what could be a very eventful trip.

GEMINI (May 21 to June 20) You appear to be of two minds about continuing a relationship that seems to be riding roughshod over your emotions. A frank talk could help you decide one way or the other.

CANCER (June 21 to July 22) Stepping back from a relationship problem provides a fresh perspective on how to deal with it. Meanwhile, watch your words. Something said in anger now could backfire later.

LEO (July 23 to August 22) A changing situation makes the Big Cat uneasy. But hold on until things settle down around the 5th. Meanwhile, continue your good work on that still-unfinished project.

VIRGO (August 23 to September 22) A decided improvement in a workplace situation results in an unexpected, but very welcome, added benefit for everyone. Personal relationships also improve.

LIBRA (September 23 to October 22) Money matters remain a bit unsettled but soon will ease into the kind of stability you appreciate. Meanwhile, an expanding social life offers a chance to make new friends.

SCORPIO (October 23 to November 21) Use an unexpected roadblock in your monetary dealings to reassess your financial plans and make changes, if necessary. It soon will be smooth sailing again.

SAGITTARIUS (November 22 to December 21) Aspects of love are strong for both single and paired Sagittarians. Professional dealings also thrive under the Sag's clever handling of difficult situations.

CAPRICORN (December 22 to January 19) Set a realistic goal and follow it through to completion. Remember: You're more likely to impress the right people with one well-done job than with lots of jobs left undone.

AQUARIUS (January 20 to February 18) You like to plan ahead. That's fine. But be prepared to make some changes because of an unsettled period that influences your aspects through the 5th.

PISCES (February 19 to March 20) A brief phase of instability affects your usual work cycle. Use the time to catch up on chores around the house or office. Things settle down soon after the 5th.

BORN THIS WEEK: You love being the center of attention and probably would be a big success in show business.

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MAGIC MAZE ● REPEATED PAIR OF LETTERS

X J G D A X U R O L J G D A X
V S P N K I F C A X V S Q O L
J C H D H E C A X T V T T R P
N L O J L H O F T A N D P B T
Y X T N V E N T R O P R A N O
O N F M D K I I R B H E R O P
E T O N T O O F G T E S T D S
D B O T Z X N W D A U A T N T
T R T Q N O O E N L L R A O O
J I G F C O D C A F O E R L H
Y D E G D E W T N A R G A R F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Condone	Flatboat	Hotfoot	Rattrap
Confront	Footnote	Hotshot	Wedged
Edged	Fragrant	Hotspot	Wonton
Eraser	Goldfield	Onion	

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Wishing Well®

3	8	6	5	7	5	6	8	5	4	8	5	2
Y	D	F	M	A	O	R	E	R	G	V	E	J
6	5	2	6	5	8	7	5	6	8	5	6	8
I	G	O	E	I	E	P	V	N	L	E	D	O
2	7	2	8	4	2	7	5	8	3	5	7	2
Y	E	F	P	R	O	R	A	T	O	N	F	R
5	7	4	7	8	3	8	5	4	5	7	2	3
D	E	E	C	R	U	U	T	A	A	T	P	T
4	2	8	4	7	2	5	6	7	2	5	6	3
T	A	E	J	U	S	K	S	N	T	E	V	H
8	3	8	6	2	8	4	7	3	2	4	7	8
N	R	A	I	A	T	O	I	I	C	Y	O	U
3	2	3	4	2	7	6	8	6	8	2	6	2
V	T	E	S	I	N	S	R	I	E	O	T	N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

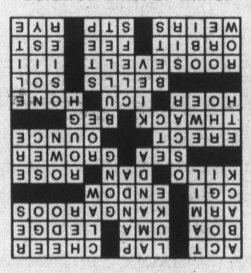
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **D** equals **P**

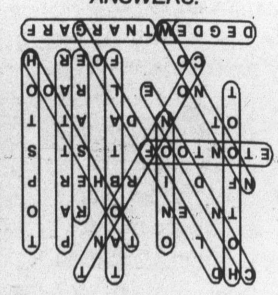
O'S ROGI LW LXUFYUOHJV QNBV WFLS IFOGROGH TLVB LW DZFVE WFNOV QNOKU. YLNTI ELN BZE O JZXU Z DNGKJ DZNGKJ?

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— King Crossword —
Answers
Solution time: 27 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

I'm kind of overweight just from drinking lots of party fruit juice. Would you say I have a punch paunch?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Daniel Dae Kim and Grace Park are not returning to "Hawaii 5-0" for its eighth season because CBS and "5-0" producers refused to pay them as much as the two main stars, Alex O' Laughlin and Scott Caan, who also have a deal for profits from the back end of the series. Kim, who received $115,000 an episode and has a net worth of $8 million, and Park, who was making $60,000 a show and has a net worth $10 million, have intimated that the network and the producers are refusing their pay hike because they are Asian.

The network and producers say the show has more than 10 regulars (some of them Asian) and it's not about nationality but that O'Loughlin and Caan have always been "the stars" of the show. Both Kim and Park turned down a pay hike that would have raised their pay just below 10 percent or 15 percent of what the two stars are making.

Meanwhile, Emmy Rossum delayed shooting the new season of Showtime's series "Shameless" because she was demanding equal pay with star William H. Macy. In this case, producers caved and production was resumed. Lose some, win some!

***

Bruce Dern, who went 35 years between Oscar nominations for "Coming Home" (1978) and "Nebraska" (2013), is making up for lost time. He's upcoming in "Class Rank," with Olivia Holt and Kristin Chenoweth; Netflix's "Our Souls at Night," with Robert Redford and Jane Fonda; "Nostalgia," with John Hamm, Amber Tamblyn and his "King of Marvin Gardens" (1972) co-star Ellen Burstyn; and "White Boy Rick," with Matthew McConaughey. Dern currently is shooting "Chappaquiddick," playing Joseph Kennedy, with Jason Clarke as Ted Kennedy and Kate Mara as Mary Jo Kopechne.

The sequel to "Fantastic Beasts and Where to Find Them" has begun shooting with Oscar-winner Eddie Redmayne, Johnny Depp and Jude Law. This one's set in Paris in 1920.

Netflix is making a 10-episode reboot of the 1993 San Francisco-based series "Tales of the City," by Armistead Maupin. The original series boasted Laura Linney and Olympia Dukakis (who are returning), as well as Rod Steiger, McLean Stevenson, Edie Adams, Nina Foch (all deceased now), Billy Campbell, Parker Posey, Paul Dooley and Ian McKellen.

Jennifer Lawrence is headlining the psycho/thriller/horror film "Mother," with Oscar-winner Javier Bardem, Michelle Pfeiffer, Domhnall Gleeson, Ed Harris and Kristen Wiig, in theaters Oct. 13; the spy thriller "Red Sparrow," with Joel Edgerton and Jeremy Irons, due in March; and "X-Men: Dark Phoenix," with James McAvoy, Michael Fassbender and Nicholas Hoult, opening November 2018. Perhaps Lawrence will one day headline "X-(Wo)man." Why should "Wonder Woman" be alone out there?

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		17
−		+		÷	
	÷		×		9
×		×		×	
	−		×		20
14		6		12	

1 2 2 3 4 6 7 8 9

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Collecting

by Larry Cox

Q: I hope you can help me. I read your column in the Decatur Tribune. I am 98 years old and have in my basement my grandmother's Singer sewing machine. It is a treadle machine driven by foot power. I would like to sell it and hope you can help me. -- Natica, Arcola, Illinois

A: Singer treadle machines were built to last. Because of that, hundreds of thousands have survived and many are still in use in American homes. When my mother died several years ago, she had three Singers scattered around her house, two that she used fairly frequently. Most of the early Singers I have spotted in antique and secondhand shops have been priced in the $150 to $250 range. My advice is to see if there are any sewing groups in your area, because that is where you might find a buyer for the one you have.

***

Q: I have a vase that is marked "Abington USA" and was given to my mother during the 1940s. Can you tell me anything about this company? -- Brenda, Vermont

A: I found a reference to Abington pottery in one of my favorite reference books, U.S. Marks on Pottery, Porcelain and Clay by Lois Lehner (Collector Books, $24.95). According to Lehner, the company opened in Abington, Illinois, in 1908. It originally manufactured plumbing fixtures, but added a line of vases, cookie jars and other decorative pieces during the 1930s. In 1950, the art-pottery kiln was destroyed by fire. Prices vary, and to determine how much your vase is worth, you need to contact a good appraiser.

***

Q: Although I am not a collector, I have two Pez dispensers that I am curious about. One is of Casper, the friendly ghost, which I remember from when I was in grade school during the 1950s. The second is Bambi. -- Steve, Rapid City, South Dakota

A: I found both of your dispensers referenced in Warman's "Pez," by Shawn Peterson. According to this reference, Casper is valued in the $150 to $175 range. A die-cut base would add about $50 to its value. Bambi is valued in the $59 to $75 range. With copyright, add $100.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was 19th-century English writer Sir Arthur Helps who made the following sage observation: "Reading is sometimes an ingenious device for avoiding thought."

* You might be surprised to learn that when Walt Disney first released the animated film "Sleeping Beauty," in 1959, it was a box-office flop. However, the success of the various re-releases -- in 1970, 1979, 1986, 1995 -- have made it one of the most successful films released in 1959, second only to "Ben-Hur." The domestic total gross amounts to $623 million (when adjusted for the inflation of ticket prices), which puts "Sleeping Beauty" in the top-40 films of all time.

* You might be surprised to learn that hyenas are more closely related to cats than to dogs.

* Those who study such things say that men who tuck in their shirts on a regular basis -- and 49 percent of American men do tuck -- tend to be happier than non-tuckers. For starters, they earn, on average, 19 percent more. They're also 22 percent more likely to have an optimistic outlook, are 10 percent more likely to feel that they're outgoing, and are more likely to report that they date often.

* Marsupials and platypuses are the only mammals that don't have belly buttons. A marsupial loses its umbilical cord before emerging its mother's pouch, so a scar never forms. Platypuses are hatched and never have an umbilical cord to begin with.

***

Thought for the Day: "The great secret of success is to go through life as a man who never gets used up. That is possible for him who never argues and strives with men and facts, but in all experience relies upon himself, and looks for the ultimate cause of things in himself." -- Albert Schweitzer

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Now here's a tip!

by Jo Ann Derson

* "To loosen grime in the shower, run the shower hot for a few minutes and then use a cleaner. The heat and steam make it easier to clean. Or you can clean up the shower just before you clean up yourself." -- T.G. in Texas

* When moving, pack a suitcase or two with essentials for a few days: toiletries, clothing, medicines, etc. This way, the pressure is off to everything set up right away.

* "To make sure you don't get any slipped stitches when you're interrupted while knitting or crocheting, just clip the work at the needle with a clothespin. It stays put, and you can pick it right back up after you are done taking a break." -- C.C. in Arkansas

* If you use cold water to clean all of your clothes, you can save about $40 a year in electricity costs. Your clothes will last longer, as well. And consider a clothesline for air-drying items like towels and sheets on nice days. That saves electricity too.

* Be sure to get and check references for any home-service professional you hire. Get estimates in writing, and make sure the estimates list what is included -- and what is not.

* "My 3-year-old wants to help with EVERYTHING these days, so when I clean house, I give her a spray bottle with plain water and a large, clean cloth. She's responsible for 'cleaning' the sliding glass door, which she does very well and safely. I also have her dust shelves and fold washcloths." -- R.V. in Arizona

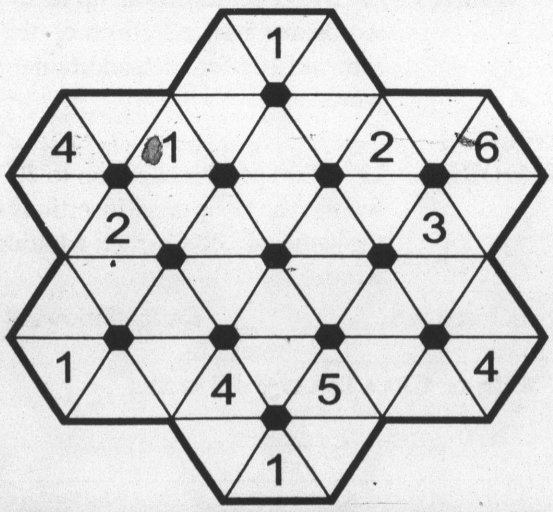
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

If X = Y = 2Z

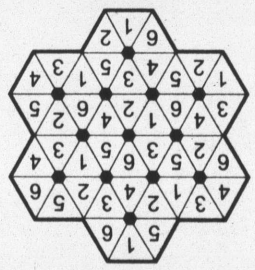
and

X times Y times Z = 864,

what is the value of Y?

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SNOWFLAKES solution



Go Figure! answers

	12		6		14
20	4	×	2	−	7
	×		×		×
9	3	×	2	÷	6
	÷		+		−
17	9	+	1	÷	8

Stickelers Answer

Since X = Y:
1) Since Z = Y/2, we can rewrite $\frac{Y^3}{2}$ = 864
2) Y^3 = 1728
3) Y = 12
4) So both X and Y = 12

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INDEX

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- ❑ Miscellaneous

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

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Quincy, City of Presidents

Featured Events July 26 - 29

Wednesday, July 26

Wolly Beach Wednesdays Concert Series

Across from Tony's Clam Shop
861 Quincy Shore Drive
6:00 p.m.
Free

Idle Rumors - Three South Shore musicians makeup this Classic Rock Party Band.

Thursday, July 27

Lawn Concerts @ the Crane, Hit the Roof

Thomas Crane Public Library Lawn
40 Washington Street
7:00 p.m. - 8:00 p.m.
Free

The "ultimate eclectic experience", Hit the Roof is Matt on keys and Albert (his younger brother) on drums. With roots in the classical world, they fuse elements from Americana, blues, funk, soul, country, and ultimately, progressive rock. Hailing from New York City, this duo is sure to delight with their unique spectrum of sound.

Friday, July 28

Quincy Farmers Market

Pageant Field
One Merrymount Parkway
11:30 a.m. - 5:00 p.m.
Free

One of the oldest farmers markets in Massachusetts, vendors work family farms, some over 100 years old. All produce is picked within 24 hours of sale. More than a market, it's a true piece of Americana featuring local small businesses, family activities, and live music. Open Fridays, June 26 - November20, 11:30am – 5:30 pm. SNAP, WIC, SFNMP, & Credit Cards accepted.

Saturday, July 29

Guided Hike and Fire Re-Growth Survey

Blue Hills Reservation, meeting place to be determined
10:00 a.m. - 2:00 p.m.
$12 donation and advance reservations required.

This three mile guided hike explores the Quincy and Milton areas of the Blue Hills Reservation. Recommended for intermediate hikers. To register, call Blue Hill Adventure & Quarry Museum 781-326-0079 or email motjuste@earthlink.net, and provide name, phone number, and number of participants.

Saturday, July 29

Family Fun at the Beach

Wollaston Beach, Quincy Shore Drive
Noon - 9:00 p.m.
Free

Life Community Church welcomes all to their free family event at DCR Wollaston Beach which will feature carnival games, face painting, inflatables, crafts, and much much more. Families can picnic on the beach, or purchase food from Daddy's Fried Dough and local restaurants. In addition, everyone is encouraged to bring blankets or lawn chairs for the showing of Moana at sundown. Don't miss it!

Saturday, July 29

Showboat Cruises

Departs from Marina Bay, Squantum Point Park Ferry Dock
$47.50- Advance tickets recommended.
11:00 a.m and 3:00 p.m.
Swing, Jazz & Rockabilly
7:00 p.m.
Popular Music from the 60's-90's

These three hour cruises aboard the Music Queen for ages 21+ feature Catering by Craig's Cafe and a Cash Bar. Matinee & Twilight cruises include buffet. Sunset/Moonlight includes passed hors d'evours. Purchase tickets online or call 800-838-3006.

Saturday, July 29

Quincy Militia Fottball vs. Boston Panthers

Veterans Memorial Stadium
850 Hancock Street
Kick-Off at 7:00 p.m.
Gates open at 6:00 p.m.
$10 for adults and teens. $5 for children ages 6-12. Free for children under 6 years old. Free for all Veterans.

Our hometown team, Quincy Militia is part of the Eastern Football League (EFL), the oldest semi-pro football league in the United States. Home games are held Saturday nights in the summer at Veterans Memorial Stadium, 850 Hancock Street. Quincy Militia Football Merchandise and the Q-Zone Food Concession Stands are open at all home games. Schedule is posted online.

DISCOVER QUINCY City of Presidents

Discover Quincy

Quincy is rich in arts and culture, community, historic and recreational assets. As the organization dedicated to promoting tourism in the City of Quincy, Discover Quincy has coordinated this program series in partnership with many local organizations. Starting with the City's signature Flag Day Celebration on June 10, we welcome you to participate in over 150 events.

★ Red Star = Free
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For a full list of events, please visit DiscoverQuincy.com.

Discover Quincy, 180 Old Colony Avenue, Quincy, MA 02170. Phone: 617-639-1117

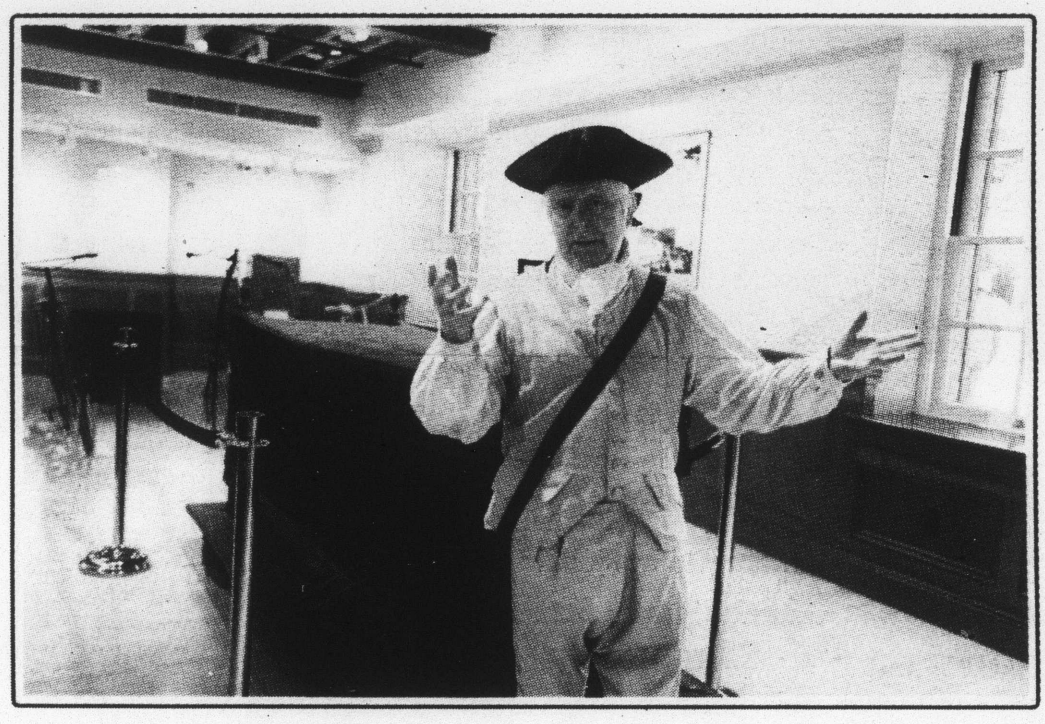
Heart Of Quincy Tour

Old City Hall - Hancock Cemetery - Church of the Presidents

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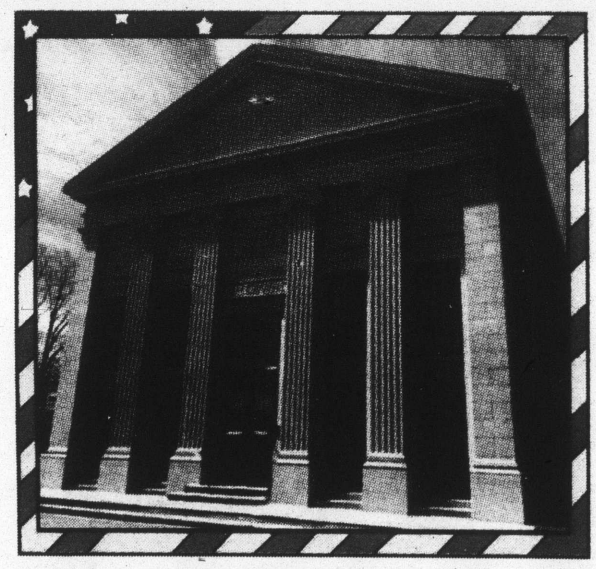
Monday through Friday

10AM to 4PM

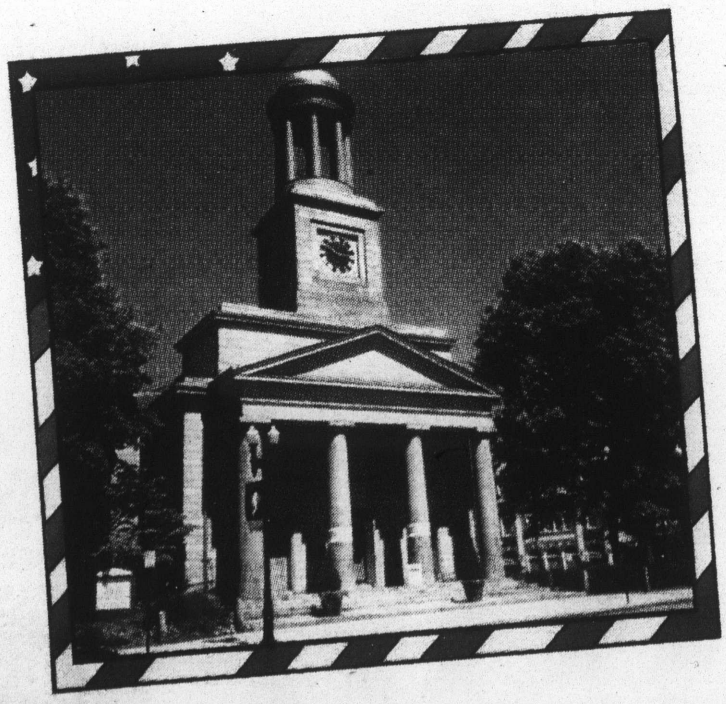


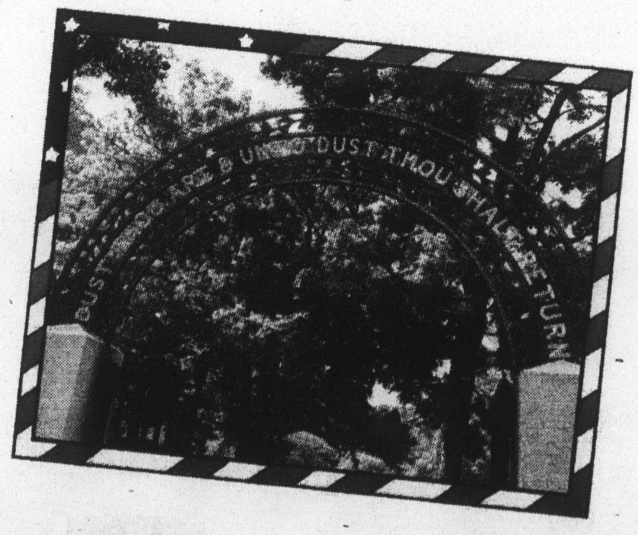
Take a guided tour of
Old City Hall
Hancock Cemetery
& The Church of the Presidents

The tour begins at Old City Hall



Experience The Heart of the City Tour FREE





The Church of the Presidents has its own visitation program in place and accepts donations



New Bike Helmets For DARE Campers - *Page 16*

Quincy Homestead Open House Saturday - *Page 8*

Quincy 12s Reach N.E. Final Four - *Page 20*



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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 46 | Thursday, August 3, 2017 | $1.00



REGIONAL CHAMPIONS – The Quincy Red Stockings recently won the 10u AAU New England Championship defeating Maplewood by a score of 7-1. Front row (left to right) Sean Szilva, Max Gaudiano, Matthew Toland, Jack Dunn and Charlie Maki. Second row: Coach Adam Szilva, Charlie Baker, Paul Glynn, Charlie Ambroult, Brian Buckley, Lincoln Hennessy and Michael Campbell. Back row: Coach Kaarlo Maki, Coach Fran Gaudiano and Coach Tim Baker. *Photo Courtesy Christine Toland*

City Officials Reviewing New Marijuana Law

By SCOTT JACKSON

Quincy officials are reviewing the Bay State's new marijuana law and will do their due diligence before deciding what next steps, if any, they will take.

Gov. Charlie Baker on July 28 signed into law a bill overhauling the 2016 ballot initiative approved by Massachusetts voters that legalized recreational marijuana in the Bay State for adults 21 and older.

The new law, among other items, increases the total tax on marijuana from a maximum of 12 percent under the ballot measure to a maximum of 20 percent, including a 3 percent local option. Medical marijuana will remain untaxed.

The new law also changes the way some communities can ban stores from selling recreational marijuana, or set strict restrictions on them. In municipalities such as Quincy where a majority of voters were in favor of the ballot measure, a separate referendum is still required to ban recreational dispensaries or impose strict restrictions on them, but in

Cont'd On Page 13

Cahill: 'Quincy Chamber Of Commerce Means Business'

Supporting Small Business, Attracting Entrepreneurs, Growing Organization Among Goals, Says New President

By ROBERT BOSWORTH

A month into his hiring as the new president of the Quincy Chamber of Commerce, Tim Cahill has a message for current members and new businesses considering setting up shop here.

"The Quincy Chamber of Commerce means business. That may even be our new logo," Cahill said during an hour-long interview at *The Quincy Sun* last week.



TIM CAHILL

The former small business owner, city councillor and state treasurer says the Quincy of Chamber of Commerce will be a "business-centric operation" focused on making the organization more relevant and engaging for its 500-plus members.

"I would ask that people give me some time to show them that we mean business," said the 58-year-old Cahill. "It's going to be a business-centric operation. . . . I'm happy to go before the City Council and talk about things that are important.

"My focus at the Chamber and Quincy 2000 is to be an agency or association or a chamber that works for small business. We need the larger companies and we want them to be a part of us

Cont'd On Page 2



FRANK TOWNSEND of Squantum Yacht Club maneuvers his Opti toward the finish line during Quincy Bay Race Week. More photos on Page 17 and Page 31.

Quincy Sun Photo/Tom Gorman

Merrymount Association Hosting Councillor At-Large Candidates Night Aug. 8

The Merrymount Association is hosting a series of Meet the Candidate nights at Merrymount Beach prior to Quincy's preliminary and city elections this fall.

Bring your own lawn chairs or blankets for seating. Food and beverages will be available for purchase.

The first event for the seven candidates running for three council at-large seats is set for Tuesday, Aug. 8 from 6 to 8 p.m. The council at-large candidates who have qualified to be on the Sept. 12th preliminary ballot are incumbent Noel DiBona, 70 Chickatabot Rd.; incumbent Nina Liang, 2 Williams St.; Ward 1 councillor Margaret

Cont'd On Page 4

Quincy Elks Award College Scholarships - *Page 6*

Children's Library Programs Aug. 3-9 - *Page 8*

Food Safety: Clean, Cook, Separate, Cool - *Page 9*

More Quincy news:

The Quincy Sun.com



BEFORE EMBARKING ON a successful political career that would win him a seat as a Quincy city councillor, Norfolk County treasurer and state treasurer, 23-year-old Tim Cahill (left) opened a small business - Handshakes Cafe - in Quincy Center in 1982 with two partners, John Irving (center) and Ed Graham (right). This photo was taken in 1984 when the cafe moved from Granite Street to the Adams Building at 1354 Hancock St. in Quincy Center.

Photo Courtesy Tim Cahill



TODAY, TIM CAHILL (right) is the president of the Quincy Chamber of Commerce and Handshakes Cafe is now Craig's Cafe, owned and operated by Tom Anacone. Anacone is a member of the Quincy Chamber of Commerce and a director of Discover Quincy, the tourism arm of the Chamber of Commerce. *Quincy Sun Photo/Robert Bosworth*

New President Cahill: 'Quincy Chamber Of Commerce Means Business'

Cont'd From Page 1

but the ones that need us are the small businesses – the start ups and the entrepreneurs, too."

He also hopes the membership can be patient while some changes are implemented.

"I would like our members to be a little patient but not too patient because we are going to make some changes. We are going to reinvigorate and make the chamber more relevant to their lives, more interesting. We are already trying to think creatively on how to do the standard chamber events that chambers do and do them differently.

"We want to engage in those businesses – not just those at the top – but all the way through," Cahill continued. "We have a young professionals group that is in its infancy that is really dynamic and is the future of our chamber. They're pushing me to do things differently.

"It's not going to be your mother's or your father's Chamber of Commerce. It's going to be different in a good way and we're going to adapt. We want to lead by example. Why should you invest in an updated website? Because it helps your business grow. You're not just throwing money away if you do it right.

"I'm not going to tell people how to run their business. But we can help break down those barriers between different types and entities and different neighborhoods and not just make it about Quincy Center. Wollaston Center is doing pretty good and so is Norfolk Downs.

"We want to be a part of their business in any way that we can. Not an intrusive way but in a helpful way. And to create a community where other entrepreneurs can interact like we have at the Innovation Center."

The Innovation Center is located at the Chamber, 180 Old Colony Ave., Wollaston. It offers workspace for start-up businesses that join the Chamber of Commerce.

"We have a really good Innovation Center that we oversee as part of Quincy 2000 that is positioned well for growth," Cahill said. "We have about 35 people there – entities in one form or another – but we can certainly double that."

Cahill brings an impressive and diversified skill set as Chamber president. He operated Handshakes Café in Quincy Center for 13 years from 1982 to 1995. He served 15 years as a city councillor (1988-2003) and six years as Norfolk County treasurer (1997-2003) before winning two terms as state treasurer in 2002 and 2006. He ran unsuccessfully for governor as an Independent candidate in 2010. Among his key accomplishments in state government was filing legislation to reform the School Building Assistance Program. The new program, now called the Massachusetts School Building Authority, has helped dozens of communities rebuild schools with state fiscal oversight and management.

In local government, he earned a reputation as a maverick, freely speaking his mind and at times taking unpopular positions on some issues of the day. He was also a risk taker. He vacated "safe" seats as county and state treasurer to run for higher office.

"I did know that full well that I was taking a risk . . . it worked out the first time (from county treasurer to state treasurer). It did not work out the second time (state treasurer to governor) but it's led me here (as the new Chamber president). I really do have a passion for the city and I love and I'm intrigued by what's going on here."

After leaving state politics, Cahill worked for two small businesses. One was a compliance consultant called Saro Partners. The other a small investment manager called Compass Securities.

"It was a good experience because I got to see what it's like for someone else to run a small business and the challenges have changed. I do appreciate that I have had a lot of experiences in life and they all kind of fit in this one job. I don't think there would be too many other jobs that would be a better fit," he says.

The new president said the Chamber hopes to help

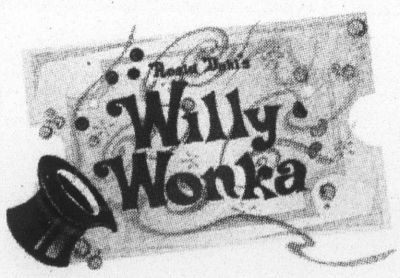
Cont'd On Page 4

South Shore School Of Theatre

ON STAGE THIS SUMMER AT SOUTH SHORE SCHOOL OF THEATRE



GETTING TO KNOW
THE KING AND I
July 28 at 7pm & July 29 at 2pm



WILLY WONKA
August 4 at 7pm & August 5 at 2pm

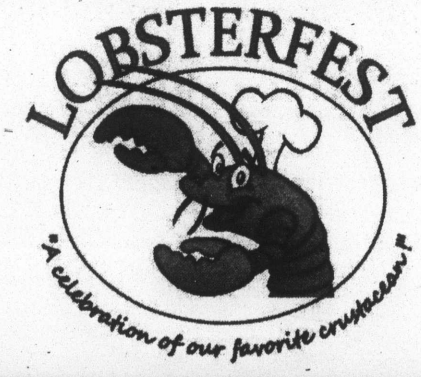


CHICAGO
August 11 & 12 at 7:30pm

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MassDevelopment Regional Team Moving To Quincy

MassDevelopment has entered into a lease as tenant with Fifteen Fifteen Hancock LLC for office space at 1515 Hancock St. in Quincy to house the agency's Boston regional team beginning this month.

The new office will be easily accessible from the Quincy Center MBTA stop and I-93.

"Since moving into our Boston headquarters in May 2013, MassDevelopment has grown as the Commonwealth has assigned us new missions and asked us to expand others," said MassDevelopment Executive Vice President of Finance Programs Laura Canter. "We are excited to move our Greater Boston regional team to Quincy, where the additional office space will allow us to serve the region more efficiently."

MassDevelopment's Greater Boston regional team serves Arlington, Avon, Belmont, Boston, Braintree, Brookline, Cambridge, Canton, Chelsea, Cohasset, Dedham, Dover, Everett, Foxboro, Framingham, Hingham, Holbrook, Hull, Lincoln, Malden, Medfield, Medford, Melrose, Millis, Milton, Natick, Needham, Newton, Norfolk, Norwood, Quincy, Randolph, Revere, Sharon, Sherborn, Somerville, Walpole, Waltham, Watertown, Wayland, Wellesley, Weston, Westwood, Weymouth, Winchester, and Winthrop.

MassDevelopment, the state's finance and development agency, works with businesses, nonprofits, financial institutions, and communities to stimulate economic growth across the Commonwealth. During FY2016, MassDevelopment financed or managed 352 projects generating investment of more than $4 billion in the Massachusetts economy. These projects are projected to create about 8,200 jobs and build or rehabilitate about 4,200 residential units.



TAKE ME OUT TO THE BALL GAME – Some 163 participants and leaders from the Quincy Recreation Department's free summer playground program and Sports and More clinic program recently traveled to Fenway Park to see the Boston Red Sox play the Toronto Blue Jays. Among those enjoying the outing (front row from left) Francis Zheng, Markel Noti, Louis Pan, Henry Puka, Kevin Noti and Mike Zheng. Back row: Recreation leaders Isabel Doherty, Joann Rafti and Recreation Director Barry Welch.

Photo Courtesy Quincy Recreation Department

Council On Aging Back To The Beach Aug. 15

The Quincy Council on Aging will head back to the beach Tuesday, Aug. 15th with an event at Tony's Clam Shop from 12:30 to 3 p.m.

Always a fun afternoon, members of the Kennedy Center will receive a free small fountain soda and a 10 percent discount on any meal from Tony's Clam Shop, when they show their membership ID card.

Music will be provided.

To register for this event, call the Kennedy Center at (617) 376-1506 – or sign up at the Kennedy Center.

Acrylic Painting Aug. 11

Artist Janet Harrold will be back at the Kennedy Center on Friday, Aug. 11th at 10 a.m. for a fun and relaxing "Paint in the Moment" session.

No experience necessary. You will leave with your very own masterpiece.

Coffee and danish will be provided. Cost of the class is $15 per person. Prior registration is required. Payment is due upon registration.

For more information about the class call the Kennedy Center at 617-376-1506.

Quincy Farmers Market
Fridays 11:30-5
Pageant Field

Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



WORLD'S LARGEST BLUE TOPAZ

Blue topaz has ranked as one of the most popular gemstones among consumers for some time. If you're a fan of this popular gem, you may know that "London Blue" and "Swiss Blue" are two of the most expensive varieties. You may not know, however, that these color designations are credited to the Ostro family. Several decades ago, Max Ostro emigrated from his native Poland to South America, where he embarked upon a career of hunting for gemstones in remote locations. In the 1980's, he discovered the flawless 9,381-carat Swiss Blue Topaz "Ostro Stone." This magnificent 4.4-lb blue topaz (approximately 6 by 4 inches) was recently loaned to the permanent Mineral Collection Exhibit of the London Museum of Natural History.

Topaz is a symbol of love and affection, and has been said to be an aid to ones sweetness and disposition. Different colors of topaz are used in jewelry, in rings, earrings, necklaces, pendants and bracelets. The blue, orange, and pink colors are most often cut as gemstones, and colorless topaz is becoming increasingly popular. To learn more about our jewelry selection, please call 617-773-3636 or see us at 1402 Hancock St. in Quincy Center.

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Cahill: 'Quincy Chamber Means Business'

Cont'd From Page 2

the business climate in Quincy during this period of renewal especially in the downtown retail district where new apartments, condominiums, hotels, restaurants and speciality stores have opened or planned to do so.

"We have an ability to have an impact on the change that is going on in Quincy. It's not too early and it's not too late," Cahill says. "It's kind of at the right time. It's the private sector's job to actually build the buildings. It's the city's job to permit those buildings and sort of give direction and it's our job to help fill the buildings and help those businesses survive."

One of Cahill's immediate goals is to reach out to the Asian businesses for potential membership.

"Our population is about 30 percent Asian so our business composition might be about that much or more and our Chamber membership should reflect that," he said.

Another short-term objective is shoring up Chamber membership.

"We want to get our arms around our current membership – who's up to date, who's not up-to-date – who's in, who's out – and in effect shore up our finances. We are a business and we have to run like a business."

Another goal of Cahill's is to reexamine the mission of Quincy 2000.

"What is it we do and what is it we can do for the City of Quincy. We are seriously working to reestablish our loan pool and member banks and financial institutions together so we can create a really robust loan program for small businesses," he said.

Long-term, Cahill said the chamber hopes to increase membership as well as create a Chamber model that is relevant in today's business world.

"We need to reach people where they are, become technologically advanced the way businesses are; tie social medial into our presence and get people where they are," Cahill explains. "We also hope to be a place where entrepreneurs are comfortable and feel like they are part of a community, no matter what type of business you have because I don't care what type of business it is . . . everyone needs to work with technology today to survive.

"As a Chamber, we need to be relevant, we need to be up-to-date; we need to lead on that front and say (to our members) 'this is how you do it.' We are going to connect you, now you have to go and connect with other people. Chambers should provide events and services so that people can physically connect but also an environment where people can connect online digitally."

For instance, Cahill envisions a Chamber website where members are not only listed by name but with descriptions of their business and biographical information including photos and/or videos.

"We should expand business bios on our website beyond just a listing. Right now you really don't know what the business does unless you already know what the business does. What we want to do is bring that to life so when you go onto our website you can connect with people, you can see who they are, who is the president or CEO or the chief marketing officer like the way you can with Linked-In or Facebook. So when you come to a Chamber event you can actually recognize that person because you saw their picture on the Chamber website.

"We want to highlight Chamber members every day, every week, every month, with videos so it's not just a static list of businesses. Our job is to help promote the businesses and help them interact."

Cahill said Quincy is uniquely positioned to attract entrepreneurs as well as established businesses considering relocating here.

"Why Quincy? Location is number one. Ease of doing business number two. Quincy has the greatest people in the United States of America is number three. And I say that sincerely because I've been up and I've been down. They are the greatest people in the country. I couldn't think of a better place to raise a family, build a business and live a real good lucky life. We have it all.

"We should be asking (start-ups and outside businesses) what do you need from us because we have it all. The rest is on you. We are there to help not such the business but with the attitude.

"There are two types of business people and I've seen them all because I've been both. Those who see a problem and complain about it and those who see a program and try to fix it and try to deal with it and see it as a challenge. Those are the optimists. You ask them how they are doing and they say 'we're doing really well.'

"Then there are those who say 'the world's failing. Business is awful.' You won't go back to that business. You don't want to hear how tough life is. You came to escape your life. I used to say that all the time (running Handshakes Café.)

"They are not coming in here to hear about your problems. They're coming in to escape their own challenges."

Cahill is well versed in the entrepreneurial spirit. The 1977 graduate of Quincy High School and 1981 graduate of Boston University where he majored in political science opened Handshakes Café with two partners as the age of 23, in 1982. Originally located on Granite Street the business moved to Hancock Street in the 1300 block in 1984. He sold the business in 1995 but the café has continued to operate as a food establishment now under its third owner since Cahill's departure.

He's also authored a book profiling several local businessmen who essentially started with very little only to become some of the most successful in city history including Dunkin' Donuts founder William Rosenberg, restaurant-motel franchiser Howard Johnson, lumber magnate Louis Grossman and Fore River shipyard founder Thomas Watson.

"We are known as the City of Presidents but we could easily be known as the City of Entrepreneurs," Cahill says. "Howard Johnson, William Rosenberg, Louis Grossman, Tom Watson . . and others before that. Today, we have businesses here that have already been recognized nationally as some of the fastest-growing companies in the country and they are right here in Quincy.

"But many don't know about them because they're not storefronts. They're not political organizations. They basically located here because of transportation – the T stations – location and the opportunity to attract good young talent which is why we are becoming known for every bit as much as Cambridge and Boston and Somerville.

"It's cliché but the quality of life here is different than in Cambridge. It's less congested, less expensive, you still have all the natural resources that most cities our size don't have like the beaches and the Blue Hills and really cool neighborhoods like Marina Bay.

"You have a lot of options here that you really don't have in most urban environments," Cahill says.

"We have about 500 members and there are thousands of businesses that could be a part of the Chamber but aren't. We really don't know who they are. Some of them are very successful and are going places but are under the radar screen from a business perspective.

"We want to shine a light on them and show people that this city is still a city of entrepreneurs."



Moments in time

THE HISTORY CHANNEL

• On **Aug. 14, 1900**, during the Boxer Rebellion, an international force featuring British, Russian, American, Japanese, French and German troops relieves the Chinese capital of Peking. The Chinese nationalists besieging Peking's diplomatic quarter were crushed.

• On **Aug. 18, 1920**, the 19th Amendment to the Constitution, guaranteeing women the right to vote, is ratified by Tennessee, giving it the required two-thirds majority of states. The amendment culminated more than 70 years of struggle by woman suffragists.

• On **Aug. 20, 1932**, in Flanders, Belgium, German artist Kathe Kollwitz unveils the monument she created to memorialize her son, Peter, who was killed during World War I. Entitled "The Parents," the statue depicts an elderly couple kneeling before the grave of their son.

• On **Aug. 15, 1947**, The Indian Independence Bill, which carves the independent nations of India and Pakistan out of the former Mogul Empire, comes into force at the stroke of midnight. The long-awaited agreement ended 200 years of British rule.

• On **Aug. 17, 1969**, the grooviest event in music history -- the Woodstock Music Festival -- ends after three days of peace, love and rock 'n' roll in upstate New York. Some 186,000 tickets were sold, but half a million people showed up, forcing promoters allow concertgoers to enter for free.

• On **Aug. 16, 1977**, popular-music icon Elvis Presley dies in Memphis, Tennessee. He was 42. The death of the "King of Rock 'n' Roll" brought legions of mourning fans to Graceland, his mansion in Memphis.

• On **Aug. 19, 1980**, a fire aboard a plane bound for Saudi Arabia from Pakistan forces an emergency landing. The pilot was able to land the plane safely, but it burst into flames on the runway, and none of the 301 people onboard survived. An investigation revealed a butane gas stove cooker in the passenger compartment.

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Meet And Greet Mario 'Coach' Casali Aug. 20

Mario Casali has turned 90 and there will be a Meet and Greet on Sunday, Aug. 20, at the Furnace Brook Golf Club.

Casali, who retired from the Quincy Public Schools in 1995, spent 30 years as a physical education teacher at Central Junior High School until the early 1980s. During his 30 years at Central, Casali coached football, basketball and baseball, impacting the lives of thousands of young men and women.

Many who played under Casali pursued a career in education, many going on to also coach. He was a role model both as a teacher and a coach.

Doors will be open at 3 p.m. Aug. 20. The public is invited to attend.

For more information, contact Ed Miller at 617-799-3523 or Paul Bregoli at 617-947-7618.

Merrymount Association Candidates Nights

Cont'd From Page 1

Laforest, 236 Rock Island Rd.; school committeewoman Anne Mahoney, 12 Ferriter St.; former DPW commissioner Daniel Raymondi, 88 Elm St.; and first-time candidates Stanley Dong Fang Xiao, 73 Bicknell St. and Steve Tougas, 78A Gilbert St.

The Association will also host the four candidates running for Ward 1 councillor on Wednesday, Aug. 16 from 6 to 8 p.m. Those candidates are: former school committeeman David McCarthy, 48 Whitney Rd. and first-time candidates Michael Falcione, 3 Graham Ter., Joseph Murphy, 18 Macy St. and Daniel Davis, 155 Babcock St.

The Association has scheduled a School Committee night forum Thursday, Sept. 7 at 6 p.m.

School committee candidates are:

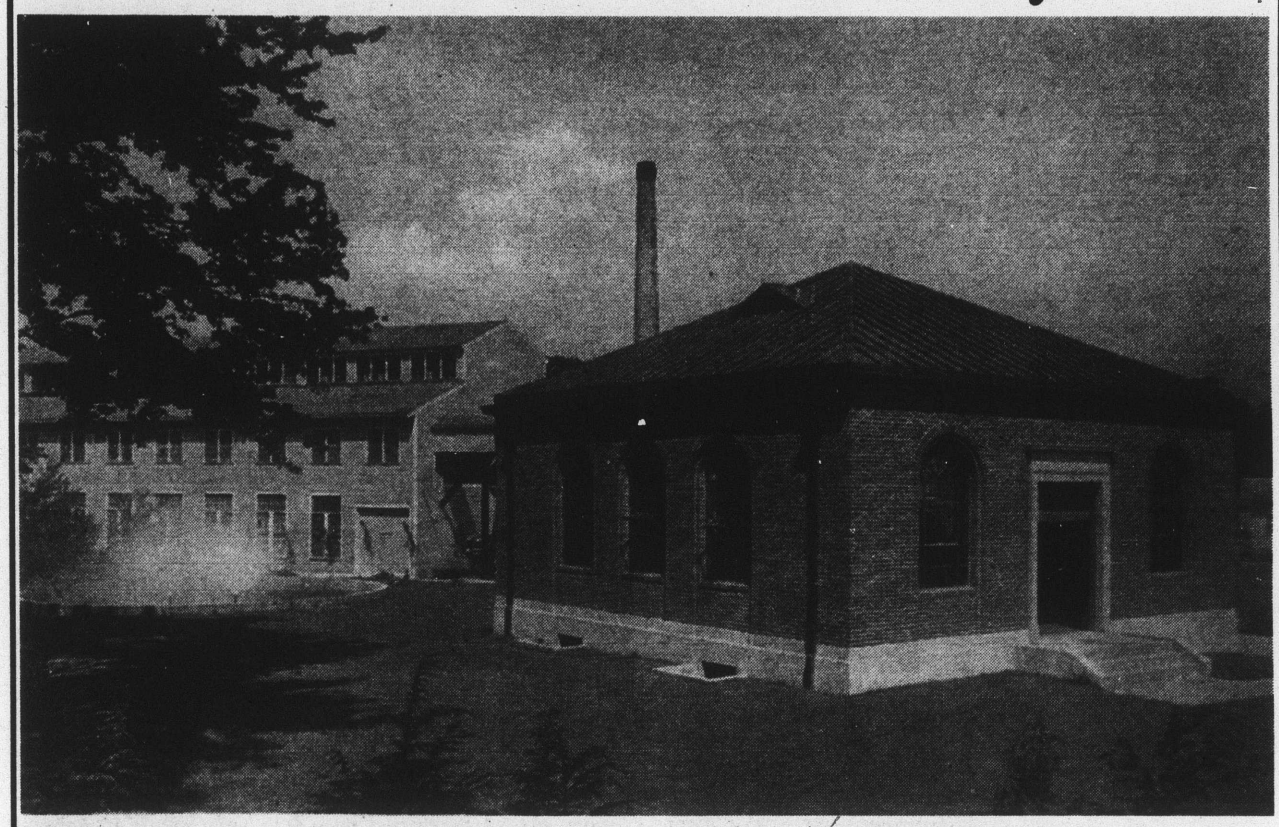
Incumbent Emily Lebo, 354 Highland Ave.; former councillor at-large Doug Gutro, 36 Marlboro St.; Anthony Andronico, 126 Charles St.; David Jacobs, 11 Dunns Court; Mark Sauter, 76 Longwood Rd.; and Geraldine Manning, 1035 Southern Artery.

The Merrymount Association asks the candidates and attendees to bring a non-perishable food item or canned good to donate to Interfaith Social Services for the Councillor-at-Large candidates night and for the Germantown Food Pantry for the Ward 1 candidates night. Additional information for a donation on the School Committee night will be available in the near future.

In the case of inclement weather, check the Association's webpage at www.merrymountquincy.com or Facebook page "Merrymount Association Official" for updates.

Each candidate will receive an opportunity to address the crowd and answer a question from the Association Board and the audience depending on time. Submit questions prior to the event to merrymountquincyboard@gmail.com.

Scenes From Yesterday



THIS IS A 1926 view of the Granite Railway Company's old compressor house and stone shed at the end of Mullin Avenue in West Quincy. The company was one of the largest, most important and longest-running companies during Quincy's era as a granite producer. The year 1926 was the 100th anniversary of the company and Henry M. Faxon was its president. For many years the smokestack with the company's name, albeit broken in half, was a West Quincy landmark. It was clearly visible from the Southeast Expressway, which passes just a stone's throw from here. These buildings were located at the foot of the incline of America's first railroad that came down from the rim of the Granite Rail Quarry above. The large stone-cutting shed on the left has long been demolished and its site, along with much of the company's property here, is now a residential subdivision. However, the brick compressor house in the foreground, now with a second floor, still stands at the foot of the incline. For a while, several years ago, it was used as a home for a Quincy granite industry museum. It is now owned and used by the state's Department of Conservation and Recreation for storage. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Parker School PTO Grateful For Playground Support

READERS FORUM

On behalf of Parker PTO, I want to thank the Sun for the nice article they did a couple weeks ago highlighting the Buddy Bench at Parker School and all the other playground improvements we've had over the last year.

I would like to take this opportunity to add to that article by saying that none of it would have been possible without a generous grant from the Community Preservation Act Committee in the amount of $75,000. This grant, which was also approved and supported by the city councillors and Mayor Koch, allowed Parker to install a new modern play structure. Our playground is visited by kids of all ages at all times of the day and week and the addition was so important to our community.

Parker PTO received additional funding from over 26 businesses in Norfolk Downs and beyond which allowed us to buy five benches and update our basketball court, plus, there will be more to come. So we just want to thank everyone, the CPA Committee, the city, the Park Department, Colonial Federal Bank, all the local businesses and of course, all the people who donated to any of our fundraisers.

Heather Carey
Hamilton Street
Quincy

Rider: Squantum Ferry Service Needs Improvement

After much press on the new ferry service from Squantum Point, we decided to try it for summer commuting to Boston.

The results are not encouraging and are sadly likely to doom the service which is a nice and quick ride into town. The main issue is that the operator does not seem to want to dwell at the dock and tends to leave early before the posted departure times. We've been left twice in the last week: once in Squantum and once at Rowe's Wharf. In both cases the operator left several minutes ahead of the published schedule.

In Boston, the reason was obvious – he apparently wanted to get out in front of the larger MBTA ferry which was leaving around the same time. Speaking of which, for what you might say about MBTA service, at least you can depend on the T to leave either on time or late!

Furthermore, after calling the contact number, I was told that the number given was for the harbormaster in Winthrop and they were not associated with the ferry at all. I was also told that they had received several calls from others with similar concerns.

I also learned that the ferry is run by federal grants which to me explained why they might not really care if you make the boat or not – they get paid either way! And not listing their actual number, come on folks, that's not professional!

After some additional digging, I found that the person to call is Tanji J. Cifuni in the Winthrop Town Manager's office who oversees the ferry service. Tanji's direct line is 617-846-1705 and is the one that should be listed. Please, if the service is to improve, make sure that she hears your discontent.

Ridership has been poor and inferior service is not going to improve that. When the federal dollars run out I don't see any way the ferry can survive without some improvements.

As it stands now, the service is at best an environmental waste of marine fuel since the ferry boats are empty and the riders are left on the docks.

Warren Poschman
Herbert Road
Quincy

Colbert Not Presidential Timber

When I saw the photo printed in last week's *Quincy Sun* showing Uncle Sam Rounseville holding up campaign materials pushing Stephen Colbert for president in 2020, I first thought it was just some kind of gimmick by Uncle Sam to raise funds for a good cause. However, this wasn't just a gimmick. Uncle Sam actually believes that Colbert has what it takes to fix what ails this country.

In all transparency, I admit that I voted for Donald Trump last November. I never thought Trump was all aces but no way could I vote for Hillary's joker card. Colbert is a funny guy who hasn't been that funny in ages. His shtick on his late night show has gotten old quite fast. He is a faker who is loved by the Anti-Trump Resistance. His monologues are tiring and he comes across as a "smart (blank).

For president? Give me a break. The Democrats had me lock, stock and barrel once back in my youth but after Hubert Humphrey's campaign in 1968, the Democrats lurched far to the left and lost me and so many millions of Americans who were once proud to be Democrats.

Colbert is many things mostly unprintable in this newspaper but he is not Presidential timber.

Sal Giarratani
Princeton Street
East Boston

Quincy's Yesterdays

This Week
1990
27 Years Ago

Falco, Mullen Face 'Intensive Interviewing' For Police Chief's Job

With the retirement of former Police Chief Francis X. Finn approved by the State Retirement and Pension Boards, Mayor James A. Sheets said that he will begin "intensive interviewing" with the two candidates to succeed Finn next week.

Sheets said he plans to meet with Sgt. William Falco and Lt. Francis Mullen for two hours each next week.

If all goes according to plan, Sheets said he will name the new chief by Sept. 1. Falco was the top scorer in a Civil Service examination while Mullen finished second.

(Editor's note: Mayor Sheets chose Lt. Mullen to fill the Chief's job. Sgt. Falco, who went on to become a police captain, was later appointed police chief by Mayor William Phelan.)

REHIRING UNLIKELY, MORE LAYOFFS LOOM

With the city slated to lose $1.5 million in local aid this fiscal year, Mayor Sheets said it is unlikely 47 laid-off workers will be rehired this year and it is possible that more employees will be cut from the payroll next year.

The state legislature voted to reduce local aid by four percent to balance the state budget. With the governor expected to approve the measure, Quincy's local aid will drop from $35,535,759 to $34,100,000.

Sheets called the legislature's action "the worst news of my administration" because it's really the first time the legislature has itself cut local aid.

QUINCYISMS

Previte's Market, 72 Sumner St., Quincy Point, was offering, "at a low, low price, Boneless Chicken Breasts for $1.79 a pound"... The State Legislature approved a bill changing the name of Quincy Junior College to Quincy College... The Quincy Sun's Sunbeams column asked the question "Do you like Leo Kelly's moustache? Think he looks better with it than without it? Should he keep it or shave it? Tell Leo when you see him"... **Nancy Barrett**, daughter of Chris and Doreen Barrett of Quincy was named to the President's List at Framingham State College. To qualify for the President's List a student must receive a 3.25 grade point average for each of three consecutive semesters... **Mr.** and **Mrs. Paul Schofield** were honored at a 50th wedding anniversary celebration at their home, given by their five children. Mr. and Mrs. Schofield (the former **Geraldine Mann**) were married July 16, 1940 at the Blessed Sacrament Church Rectory in Houghs Neck... **Linda J. Robinson** of Quincy graduated from Eastern Nazarene College, Cum Laude, with a Bachelor of Arts degree in Accounting... **Peggy Demers** was installed as the 1990-1991 president of the Quincy Legion Post 95 Auxiliary. The installation was conducted by Norfolk County officers... The Committee to Elect **Paul Van Schaick** State Senator was planning a fundraising cruise Aug. 11, donation $35... Four Quincy residents received second honors at Don Bosco Technical High School. They are **Thomas Leonard**, **Christopher Mazzini**, **Brian Jeanette** and **Thomas Piotrowski**... **Jane A. Sparks** of Quincy received her associate degree with highest honors from Middlesex Community College... President Pharmacy, 152 Franklin St., South Quincy, was offering "All Greeting Cards, 50% Off (Year Round"... **Richard Armstrong, Jr.**, son of **Mr.** and **Mrs. Richard Armstrong, Sr.**, received a bachelor degree from Brandeis University. He plans to attend law school... **Michele Del Vecchio**, daughter of **Leo** and **Marilyn Del Vecchio** of Quincy, recently received a Bachelor of Science degree, majoring in physical therapy. Miss Del Vecchio graduated cum laude... **William Geary**, former MDC Commissioner, received a special recognition plaque for his efforts to establish an esplanade along Dorchester's shoreline... **William Esselstyn** of Quincy, was named the outstanding senior in accounting by Eastern Nazarene College during the college's annual Honors Chapel... **Erin Kinnally** of North Quincy High School, was named first place winner in the Fleet Reserve Association Essay Contest "What Freedom of Speech means to Me"... **Bruce Ayers** of North Quincy, was licensed as a Community Access Monitor by the State Office of Handicapped Affairs. He is responsible for enforcing federal and state laws, which prohibit discrimination against handicapped persons... **Peter M. McElory** was promoted to an elected member with the firm of Cosgrove, Eisenberg and Kiley, P.C. McElory was a former associate with the firm.

Elks Award Scholarships To 54 College-Bound Students

The Quincy Lodge of Elks #943 recently recognized more than 50 college-bound high school seniors at their annual Scholarship Awards ceremony.

The event, held June 22 in the Tirrell Room, was hosted by the Quincy Lodge of Elks under the leadership of Exalted Ruler Frank Bertoni, his officers and trustees.

Students from Quincy and across the South Shore were recognized for their academic achievements.

In total, 54 students were selected from hundreds of applicants to receive a scholarship award, making this year the largest class of scholarship recipients the Quincy Lodge has ever had.

State Rep. Bruce Ayers, who serves as the chairman of the Quincy Elks Scholarship Committee, congratulated the scholarship recipients and commended their family and friends at the ceremony, which was attended by over 200 people.

Ayers also thanked Exalted Ruler Bertoni and the Elks officers and trustees for their financial support towards the scholarship recipients.

After opening remarks from Esteemed Leading Knight Juli Creedon and Representative Ayers, the names of each scholarship recipient were announced, as well as where they will be attending college. The students were then presented official Massachusetts state citations by Ayers and Creedon, commemorating their accomplishments.

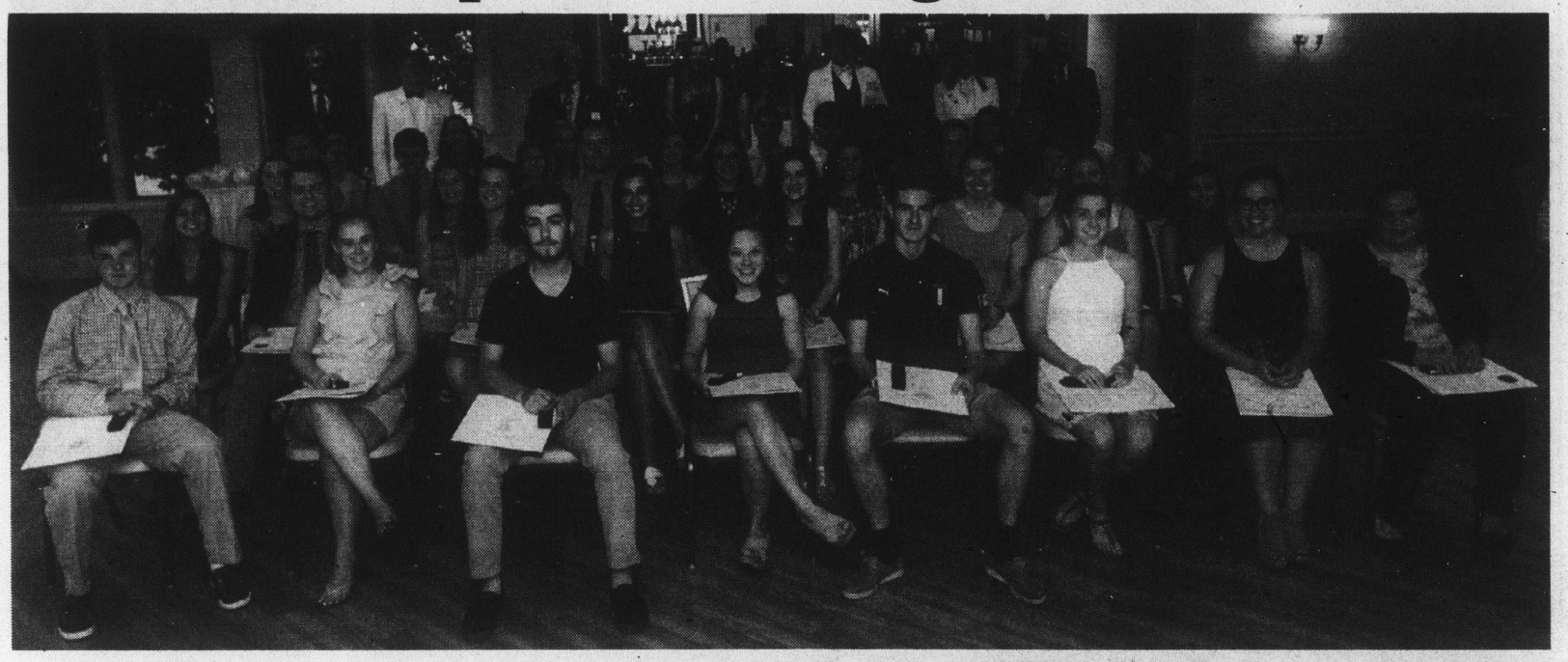
This year's class of scholarship recipients will attend a combined total of more than 35 colleges and universities, and will study over 30 different majors. Schools the students will attend include UMass Amherst, Merrimack, Syracuse, Boston University, and Mass Maritime Academy.

Ayers praised the Elks for all they do to support continuing education

"The Quincy Lodge of Elks give so much back to the community," Ayers said. "Whether it's through youth support programs; veterans' services; holiday food basket drives; senior activities; or the scholarship program, the Elks are always willing to volunteer their time for the betterment of others."

Nationwide, the Elks are the second-largest provider of financial assistance for continuing education, behind only the United States Government.

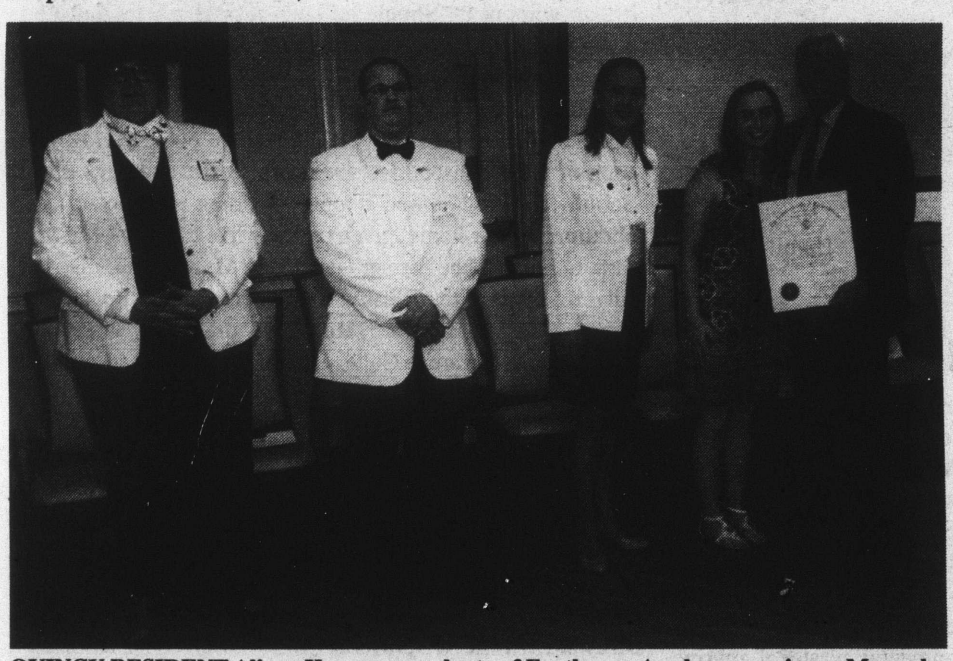
For more information on the Quincy Lodge of Elks scholarship program, contact Scholarship Chairman Bruce Ayers at brucej.ayers@yahoo.com.



QUINCY LODGE OF Elks recenlty held its annual Scholarship Awards ceremony and presented scholarships to 54 college-bound high school graduates.



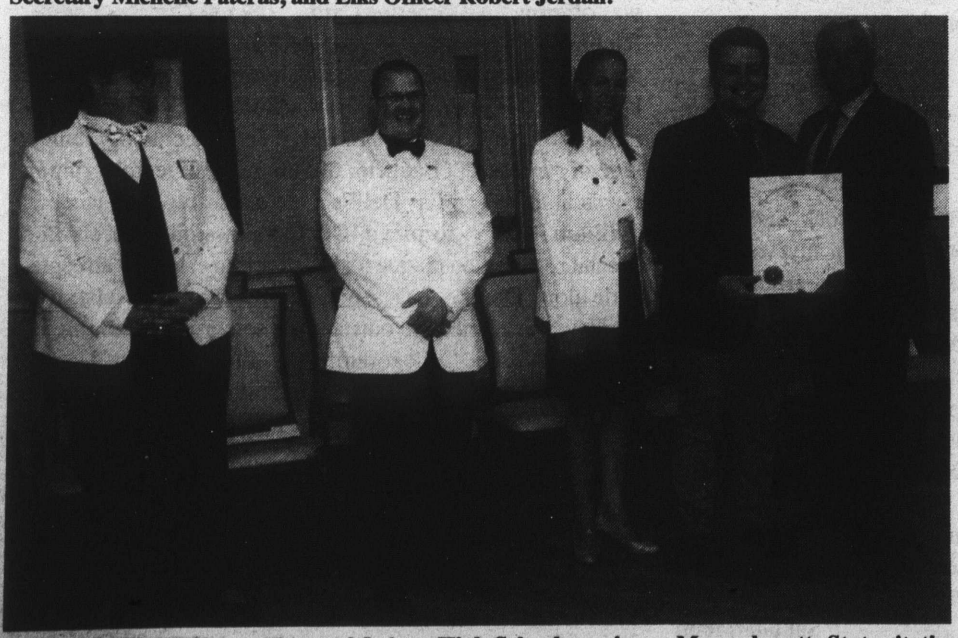
SCHOLARSHIP RECIPIENT Liam O'Connor, a graduate of North Quincy High School, with his family and state Rep. Bruce Ayers.



QUINCY RESIDENT Alison Keener, a graduate of Fontbonne Academy, receives a Massachusetts State citation from state Rep. Bruce Ayers, Esteemed Leading Knight Juli Creedon, Elks Secretary Michelle Pateras, and Elks Officer Robert Jerdan.



STEPHEN COBBLE, a graduate of North Quincy High School, with his mom Kelly.

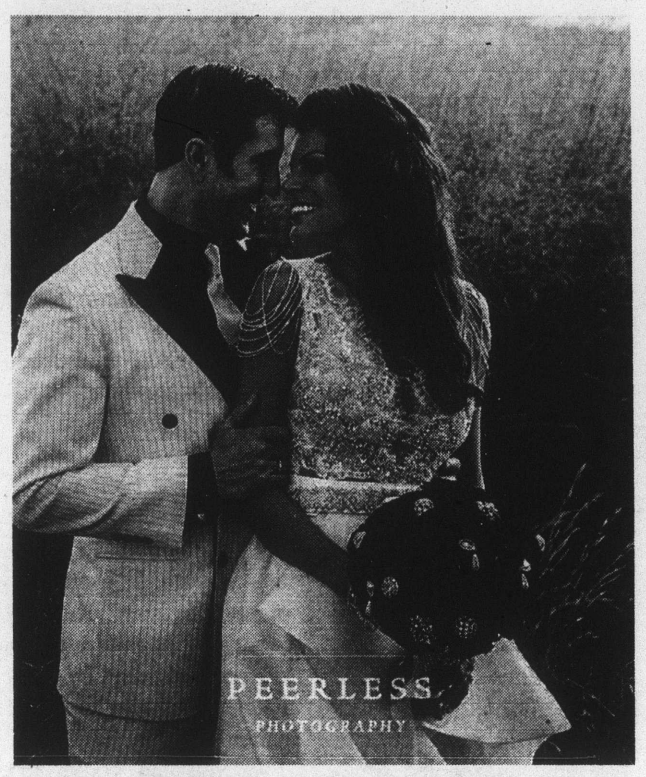


OWEN DOHERTY, a graduate of Quincy High School, receives a Massachusetts State citation from state Rep. Bruce Ayers, Esteemed Leading Knight Juli Creedon, Elks Secretary Michelle Pateras, and Elks Officer Robert Jerdan.



STATE REP. BRUCE AYERS, Esteemed Leading Knight Juli Creedon, and Mayor Tom Koch.

Social



Mr. and MRS. THOMAS GRACEFFA
Peerless Photography

Valeria Geluso Wed To Thomas Graceffa

Valerie Susan Geluso and Thomas Peter Graceffa were married October 1, 2016, in Nashville, Tennessee. Lisa Johanson, sister of the bride, was matron of honor.

Peter Graceffa, father of the groom, was best man.

Mrs. Graceffa, the daughter of Charlie and Chris Geluso of Cincinnati, Ohio, is a 2007 graduate of Arizona State University with a major in interdisciplinary studies. She is employed as vice president of marketing and sales by RedHill BioPharma.

Mr. Graceffa, the son of Peter and Susan Graceffa of Quincy and Hull, is a 2005 graduate of Archbishop Williams High School and a 2010 graduate of Bridgewater State University with a major in exercise physiology. He is employed as national field sales trainer by RedHill BioPharma.

Mr. and Mrs. Graceffa reside in Raleigh, N.C.

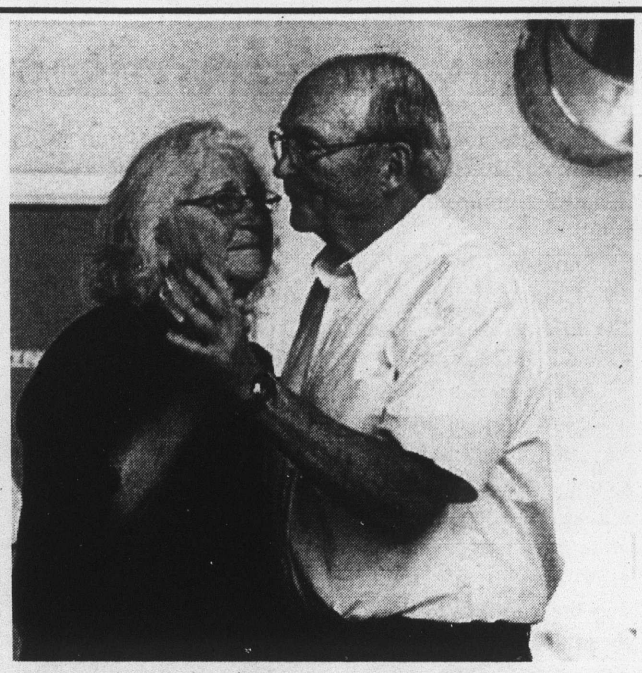
Talk, Walk Aug. 1, Aug. 5 Celebrate 200th Anniversary Of Thoreau's Birth

The Park Department's Environmental Treasures program and the Thomas Crane Library are celebrating the 200th year of Henry David Thoreau's birth with two free events.

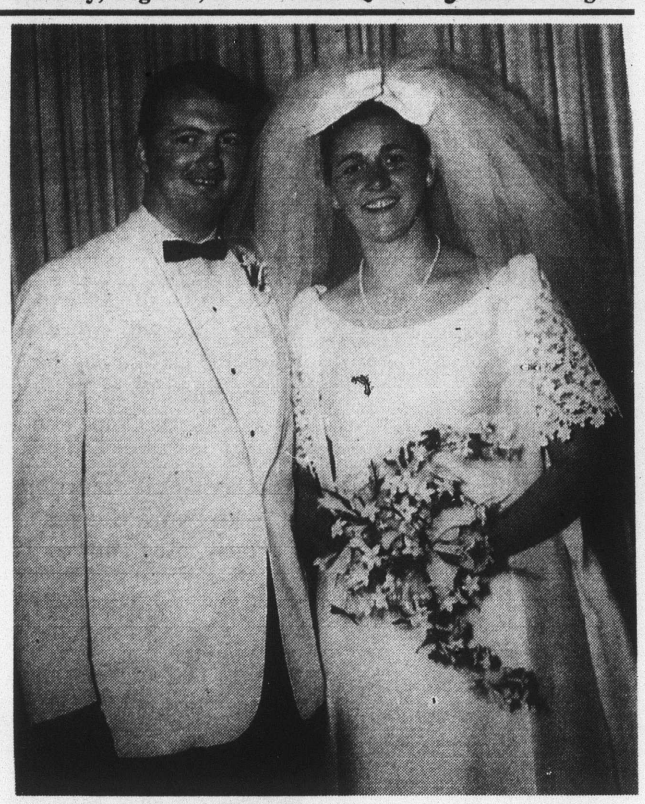
On Tuesday, Aug. 1 at 7 p.m. Adam Gamble, author of *In the Footsteps of Thoreau, 25 Historic Hikes and Nature Walks on Cape Cod*, will talk at the Main Library, 40 Washington St., about Thoreau's encounter with the "wildness" of the ocean and share a slide show of his photographs of Cape Cod.

On Saturday, Aug. 5, Peter Fifield and Sally Owen will lead a stroll around Squaw Rock Park, using quotes from Thoreau, to imagine how he might have experienced it. Participants are encouraged to share their thoughts, knowledge and questions about Thoreau.

Bring bug spray and wear long pants and socks that can cover pants bottoms (to minimize tick exposure). The tour will commence at 6:30 p.m. in the Nickerson Post parking lot at the end of Dorchester Street in Squantum. For more information and rain date rescheduling, call 617-472-0799.



JIM AND LAURA ROONEY recently renewed their wedding vows at a 50th anniversary celebration at the Squantum Yacht Club. The couple was married July 1, 1967 in St. Peter's Church, Dorchester (photo right).



Jim, Laura Rooney Renew Vows On 50th Anniversary

Jim and Laura Rooney of Quincy celebrated their 50th wedding anniversary on July 1 with a special vow renewal ceremony at the Squantum Yacht Club by Justice of the Peace Michelle Lydon.

They were first married July 1, 1967 in St. Peter's Church in Dorchester.

With three loving children – Laura, Rita, Leo – and five grandchildren, their family and friends are of the utmost importance to them. Laura is the rock of the family and loves to feed everyone. Jim is an active Catholic who attends church weekly and is also a Religious Education instructor.

Described as a couple who has lots of compassion and always fights for the underdog, when they are not busy with their family they are busy with book clubs, poker groups and cruise buddies.

Arts Affair At Marina Bay Saturday, Sunday

The 22nd annual Arts Affair at Marina Bay will be held Saturday, Aug. 5 and Sunday, Aug. 6 at Corporate Park, 500 Victory Rd., Marina Bay, Quincy.

Hours will be Saturday, Aug. 5 from 10 a.m. to 6 p.m. and Sunday, Aug. 6 from 10 a.m. to 5 p.m.

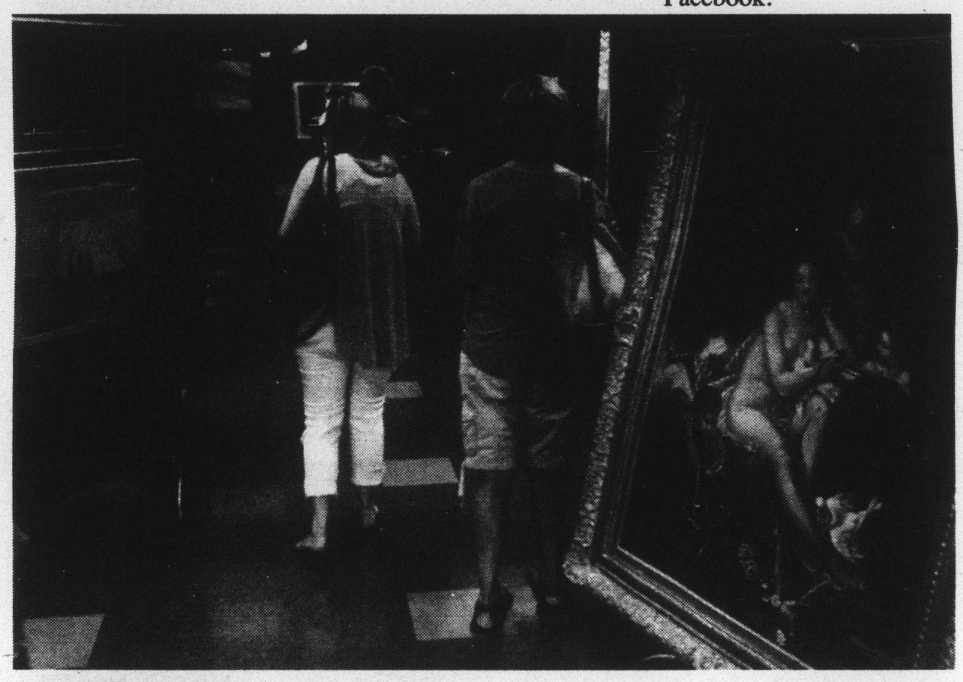
One of the largest art events on the South Shore, the Arts Affair at Marina Bay is a two-day exhibition that showcases talents of artists, sculptors, and photographers who live and work in many South Shore and Boston communities.

The lobby and cafeteria of Corporate Park are transformed into a pop-up gallery the first weekend every August. Event-goers will be treated to a variety of works including drawing, mixed media, oil & acrylic painting; photography, sculpture, and watercolor. Back again is the popular "Fabulous Fakes" category.

All work is original and available for purchase. The event will also feature raffles and art demonstrations throughout the weekend, rain or shine.

Admission is free and there is free parking.

For more information call 781-961-2378, visit artsaffair.org, or find us on Facebook.



THE 22ND ANNUAL Arts Affair at Marina Bay will be held Saturday, Aug. 5 and Sunday, Aug. 6 at Corporate Park, 500 Victory Rd., Marina Bay, Quincy. *File Photo Courtesy Ellyn Moller*

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Children's Library Programs Aug. 3 - Aug. 9

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of Aug. 3 through Aug. 9.

Field Day for Esther Earl Day

Thursday, Aug. 3rd from 2 – 4 p.m.

All ages

Esther Earl, a Quincy resident, passed away from cancer in 2010. Her moving story, *This Star Won't Go Out*, inspired millions of readers. We will be celebrating her birthday with fun outdoor activities: games, races, capture the flag, and more. You will also have the opportunity to send a postcard to a friend and create a wishing star.

In case of inclement weather we will move indoors and play games there.

Sponsored by the Friends of the Thomas Crane Public Library

Mother Goose Storytime with Denise Shaver

Friday, Aug. 4th at 10 a.m.

Main Library Large Meeting Room

Ages 1&2 with an adult

Join Storyteller Denise Shaver for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library

Art-to-go is a nine-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 - 4 p.m. Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy to make this week's craft.

Week of Aug. 7th – Dump truck.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy: Ratatouille

Monday, Aug. 7th at 2 p.m.

Rated G

In one of Paris' finest restaurants, Remy, a determined young rat, dreams of becoming a renowned French chef. Torn between his family's wishes and his true calling, Remy and his pal Linguini set in motion a hilarious chain of events that turns the City of Lights upside down.

This movie is rated G and runs for 120 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

LEGO Building at Wollaston

Tuesday, Aug. 8th from 1:30 to 4:30 pm

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in August and see what new LEGO building challenge is up each week. How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week! This week's challenge: Trucks

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Book Discussion— Every Soul a Star

Tuesday, Aug. 8th at 7 p.m.

Main Library Children's Room

Ages 10-14 (entering grades 5-8)

At Moon Shadow, an isolated campground, thousands have gathered to catch a glimpse of a rare and extraordinary total eclipse of the sun. It's also were three lives are about to be changed forever:

Ally likes the simple things in life--labyrinths, star-gazing, and comet-hunting. Her home, the Moon Shadow campground, is a part of who she is, and she refuses to imagine it any other way.

Popular and gorgeous (everybody says so), Bree is a future homecoming queen for sure. Bree wears her beauty like a suit of armor. But what is she trying to hide?

Overweight and awkward, Jack is used to spending a lot of time alone. But when opportunity knocks, he finds himself in situations he never would have imagined and making friends in the most unexpected situations.

Told from three distinct voices and perspectives, Wendy Mass weaves an intricate and compelling story about strangers coming together, unlikely friendships, and finding one's place in the universe.

Copies of the book, *Every Soul a Star* by Wendy Mass are available for pick up in the Children's Room.

Fourth graders who will be entering 5th grade this September are welcome to join the Phoenix Book Club this summer. We can't wait to meet you!

Fuse Bead Crafting @ Wollaston

Wednesday, Aug. 9th at 6:30 p.m.

Ages 8 and older

Join us for an evening of crafting with fuse beads. Using these small beads you can create all kinds of things, back pack tags, jewelry, even small 3D sculptures following a premade design or creating your own.

This program uses very small beads that require focus and attention to detail making this a project suitable for children 8 and older.

Sponsored by the Friends of the Thomas Crane Library.

Online Summer Reading Challenge

This summer from June 23rd through Aug. 31st track your reading on your computer, phone or other mobile device with our new summer reading game. Sign up, log books, and complete challenges.

As you add books and complete challenges you will earn online badges and online raffle tickets. We'll have a drawing for the raffle prizes the first week in September. We have two programs one for babies and young children up to age 6 and the other for ages 7-13. Teens are invited to join our teen summer reading program.

Looking for some good books to read? When you sign up for the online summer reading program you will begin receiving weekly emails with book suggestions.

Parents of younger children will also receive an early literacy tip to extend your reading experience for older children these suggestions are a great way to find new books and authors to try.

Melissa Linskey-Curry College Grad

Melissa Linskey of Quincy recently received a Bachelor of Science degree from Curry College in Milton.

Linskey was also named a co-salutatorian of the undergraduate class.

Two Residents Graduate Ithaca

Two Quincy residents recently received degrees from Ithaca College in Ithaca, N.Y.

They are:

Niamh O'Connor and Helen Murphy.

WHAT'S COOKING with *Marie & Susie*

By MARIE D'OLIMPIO and SUSIE FALCO



Ann Marie's Tortellini Pasta Salad

By MARIE

Today's recipe is not only a pretty salad to serve - but equally delicious as well.

My daughter, Ann Marie, made this pasta salad dish recently when we all got together for one of the graduation parties. The thing of it is you can make this in the morning and it tastes even better when the flavors have blended for a couple of hours.

1 pound tortellini (cheese)
¼ cup black pitted olives, chopped olives
¼ pound mortadella, diced
½ pound salami, diced
1 cup of red roasted peppers, cut up
1 cup of artichoke hearts, cut up
¼ cup green pitted olives, cut in half
**** Ann Marie used Newman's Organic Italian Balsamic dressing**

Cut up all of ingredients and set aside.

Boil tortellini according to directions.

When tortellini is cooled, place in a large, pretty bowl.

Add all of the chopped ingredients and toss together until well mixed.

Top with salad dressing.

Italian Cannelini Bean Salad

By SUSIE

This quick salad is sure to please.

Beans contain fiber, protein, and lots of important nutrients (including potassium and 7 grams of protein) that does a body good. Adding your other vegetables along with good quality oil makes this salad a filling and delicious quick meal to bring to the office for your lunchtime break, as well as great as a quick and easy dinner.

2 cans (15 1/2 ounces each) cannellini beans, drained and rinsed
2 small zucchini, trimmed, quartered lengthwise, and thinly sliced on the diagonal
1 cup of green beans
1 cup chopped tomatoes
1 clove garlic, minced
2 tablespoons minced red onion
2 ounces fresh Parmesan cheese, crumbled (1/2 cup)
1/2 cup fresh basil leaves, torn
Grated zest and juice of 1 lemon
1/4 cup olive oil tablespoon olive oil
Sea salt and pepper to taste

Mix the oil, lemon, salt, pepper, and garlic in a small bowl. Spoon over beans and veggies. Sprinkle with cheese.

Adjust seasonings if needed.

This tastes even better the next day!

22nd ANNUAL
ArtsAffair
Marina Bay
August 5 & 6 / Rain or Shine
Saturday 10am to 6pm
Sunday 10am to 5pm
Oils & Acrylics
Watercolor
Drawing
Mixed Media
Photography
Sculpture
Fabulous Fare
Awards presentation Saturday, 2pm in the Cafeteria.
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www.artsaffair.org
Marina Bay Corporate Park Lobby & Cafeteria, 500 Victory Road, Quincy, MA 02171

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Summer Food Safety: Clean, Cook, Separate, Cool

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Picnic and barbecue season offers many prospects for outdoor fun with family and friends. But these warm weather events also present a multitude of opportunities for foodborne bacteria to thrive.

As food heats up in summer temperatures, bacteria multiply swiftly, presenting some serious challenges to keeping your food safe and free from harmful pathogens.

Food safety starts with proper hand cleaning including in outdoor settings. If you don't have access to running water, use a water jug, some soap, and paper towels. Or, consider using moist disposable towelettes for cleaning your hands. Make certain you keep all utensils and platters clean when preparing food.

Maintaining food at proper temperatures both indoors and outside is crucial in averting the growth of foodborne bacteria. The key is to never let your picnic food remain in the "Danger Zone"- between 35°F and 140 °F for more than 2 hours, or 1 hour if outdoor temperatures are above 90 °F. This is when bacteria in food can multiply rapidly, and lead to foodborne illness.

Cold food should be stored at 40 °F or below to inhibit bacterial growth. Place cold food in a cooler with ice or frozen gel packs. Meat, poultry, and seafood can be packed while still frozen so that they stay colder for an extended period of time. Wisely organize the contents of your cooler and think about packing beverages in one cooler and perishable food in another. Limit the number of times the cooler is opened to assist in maintaining the temperature inside. Be sure to keep raw meat, poultry, and seafood securely wrapped in order to keep their juices from contaminating prepared/cooked foods or foods that will be eaten raw, such as fruits and vegetables. Rinse fresh fruits and vegetables under running tap water before packing them in the cooler.

Safe cooking temperature and picnicking regularly go hand-in-hand. Similarly as cooking indoors, there are essential guidelines that should be followed to ensure that your grilled food reaches the table safely.

• Marinate foods in the refrigerator never on the kitchen counter or outdoors. Furthermore, if you plan to use some of the marinade as a sauce on the cooked food, reserve a portion separately before adding the raw meat, poultry, or seafood.

• Cook immediately after "partial cooking." Partial cooking before grilling is only safe when the partially cooked food can go on the hot grill immediately.

• Cook food thoroughly. Have your food thermometer standing by and always use it to be sure your food is cooked to a safe temperature.

• Keep "ready" food hot. Grilled food can be kept hot until served by moving it to the side of the grill rack, just away from the coals. This keeps it warm but prevents overcooking.

• Check for foreign objects in food. If you clean your grill using a bristle brush, inspect it to make sure that no detached bristles have made their way into grilled food.

Prevent cross-contamination when serving, under no circumstances reuse a plate or utensils that previously held raw meat, poultry, or seafood for serving unless they've been initially washed in hot, soapy water. Otherwise, you can spread bacteria from the raw juices to your cooked or ready-to-eat food.

Keep in mind the 4 basic principles of food safety: Clean, Cook, Separate, Cool

CLEAN

• Wash your hands with warm water and soap for at least 20 seconds before and after handling food and after using the bathroom, changing diapers, and handling pets.

• Wash your cutting boards, dishes, utensils, and counter tops with hot soapy water after preparing each food item.

• Consider using paper towels to clean up kitchen surfaces. If you use cloth towels, launder them often in the hot cycle.

• Rinse fresh fruits and vegetables under running tap water, including those with skins and rinds that are not eaten. Scrub firm produce with a clean produce brush.

• With canned goods, remember to clean lids before opening.

COOK

• Using a food thermometer is the only way to ensure the safety of meat, poultry, seafood, and egg products for all cooking methods. Color and texture are undependable indicators of safety. These foods must be cooked to a safe minimum internal temperature to destroy any dangerous bacteria.

• Cook eggs until the yolk and white are firm. Only use recipes in which eggs are cooked or heated completely.

• When cooking in a microwave oven, cover food, stir, and rotate for even cooking. Always allow standing time, which completes the cooking, before checking the internal temperature with a food thermometer.

• Bring sauces, soups and gravy to a boil when reheating.

SEPARATE

• Separate raw meat, poultry, seafood, and eggs from other foods in your shopping cart, grocery bags, and refrigerator.

• Use one cutting board for fresh produce and a separate one for raw meat, poultry, and seafood. •Never place cooked food on a plate that previously held raw meat, poultry, seafood, or eggs unless the plate has been washed in hot, soapy water.

COOL

• Use an appliance thermometer to be sure the temperature is consistently 40° F or below and the freezer temperature is 0° F or below.

• Refrigerate or freeze meat, poultry, eggs, seafood, and other perishables within 2 hours of cooking or purchasing. Refrigerate within 1 hour if the temperature outside is above 90° F.

• Under no circumstances thaw food at room temperature, such as on the counter top. There are three safe ways to defrost food: in the refrigerator, under running cold water, and in the microwave. Food thawed in cold water or in the microwave should be cooked immediately.



RUTH JONES

• Always marinate food in the refrigerator.

• Divide large amounts of leftovers into shallow containers for quicker cooling in the refrigerator.

Every summer millions of us are eagerly looking forward to firing up the grill at family backyard BBQs, picnics, and tailgates. Safe food handling when eating outdoors during warm-weather months, is critical in keeping food poisoning off the menu and protecting yourself and those around you from foodborne illness.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Blood Drive Aug. 11 At Kennedy Center

The American Red Cross is currently experiencing a severe blood shortage and has issued an emergency call for blood donations.

The American Red Cross will hold a blood drive at the Kennedy Center, 440 East Squantum St., Quincy, on Friday Aug. 11th from 12:30 to 5:30 p.m.

Call 1-800-RED CROSS (1-800-733-2767) to schedule an appointment or visit redcrossblood.org and enter: QUINCYCOA.

For more information, call the Kennedy Center at (617) 376-1506.



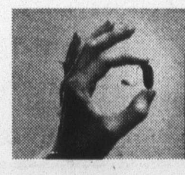
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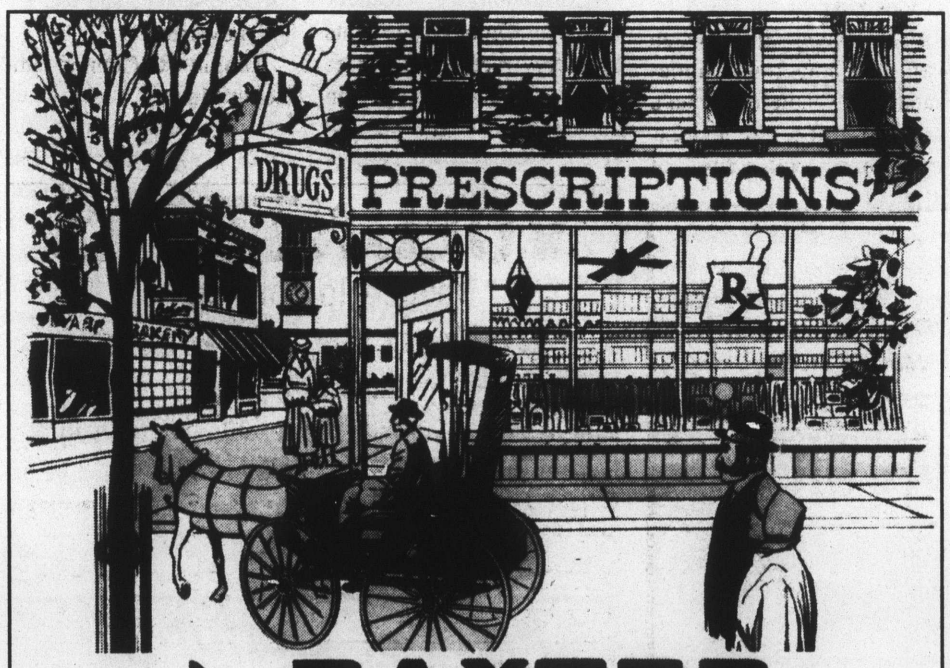
* Le Goff et al. 2016. Opn Clinical Evidence White Paper. Oticon, Inc.

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Social Security Matters

Ask Rusty:

Ex-Spouse Benefit – Does It Affect Mine?

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: Two years ago, after 34 years of marriage, my wife divorced me. She was a full-time homemaker most of those years. Is she entitled to half of my Social Security benefit when I collect at age 62? She currently gets half my pension from work, and having her also take half of my Social Security benefit would kill me financially. *Signed: **Going Broke***

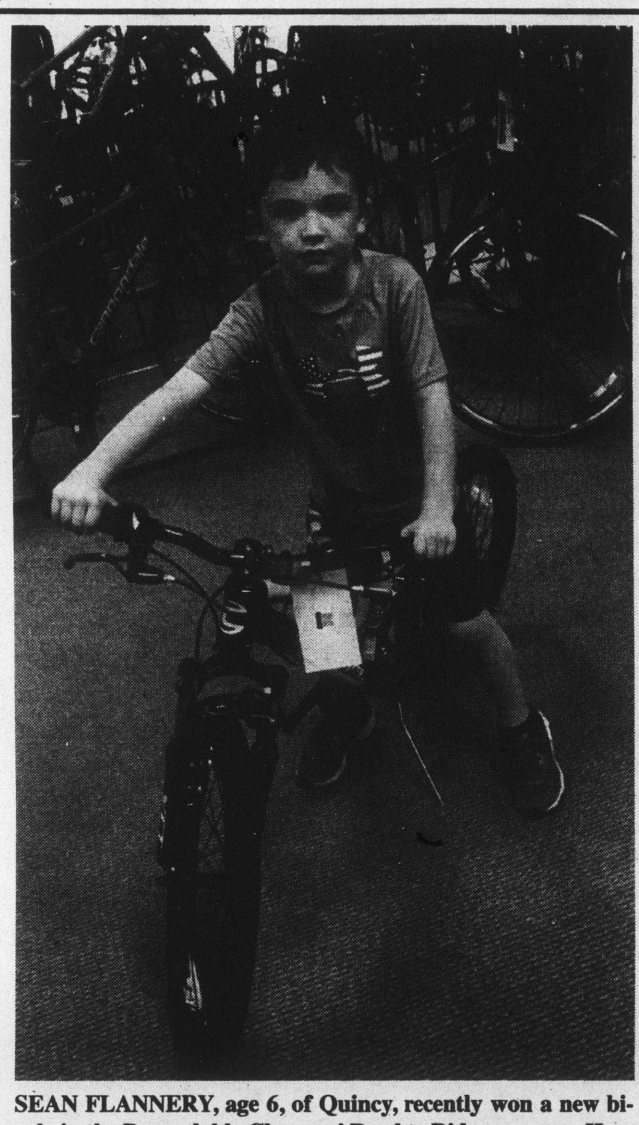
Dear Broke: Yes, because you were married for more than 10 years, when she becomes 62 your ex-wife will be entitled to receive Social Security spousal benefits based upon your work record (even if she didn't work). What she gets, however, will not be taken from or otherwise affect your Social Security benefit amount.

If your ex waits until her own full retirement age to apply, she can get 50% of your Primary Insurance Amount (PIA) - the amount you will be entitled to at your full retirement age. This is true even if you apply earlier at age 62. But if she starts spousal benefits before she reaches her full retirement age, her benefit amount will be reduced.

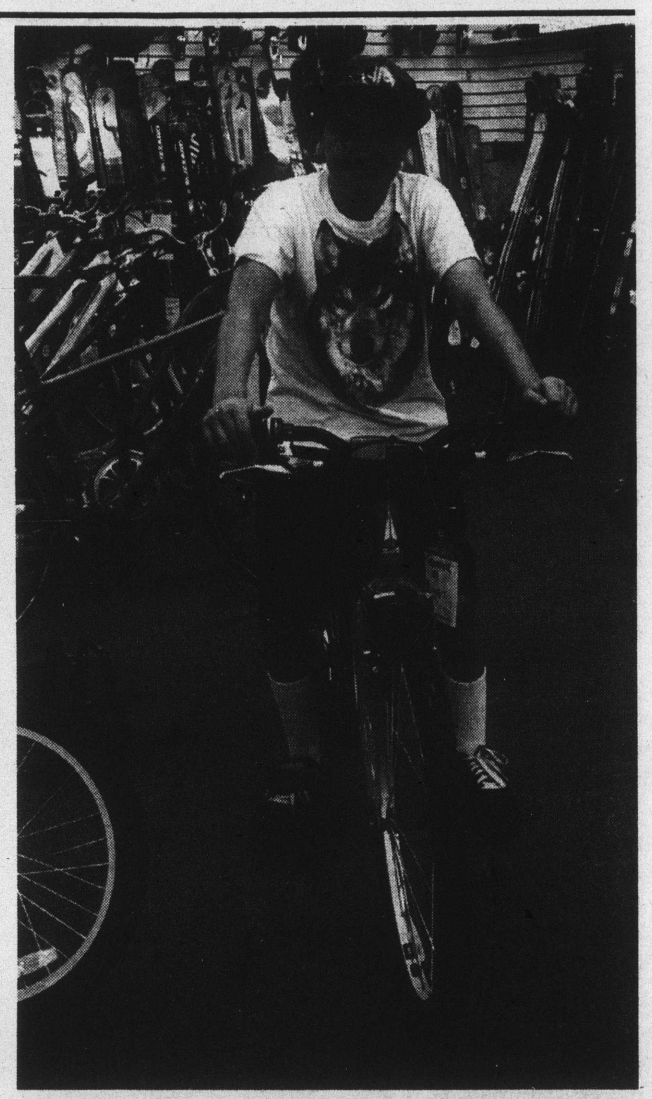
Assuming her full retirement age is 66, if she applies for spousal benefits when she's 62 she'll only receive about 35 percent, rather than 50 percent, of your PIA. Also, you don't have to be already collecting retirement benefits in order for your ex-wife to collect her spousal benefits; you only have to be eligible to collect. But no matter what your ex-spouse receives as a result of your marriage, the benefit you receive will not be affected and you will still get the full amount of Social Security that you are entitled to at the age you start collecting.

Please note that if you start your own benefit at age 62 as you say you intend, it will be reduced to about 74 percent of what it would be if you waited and applied at your full retirement age (which I assume is about 66). This is not meant to discourage you from applying early if your circumstances demand it, but only to make you aware that taking your Social Security benefit early will result in a permanent reduction in the amount you receive.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org



SEAN FLANNERY, age 6, of Quincy, recently won a new bicyle in the Dependable Cleaners' Read to Ride program. Here he tries out his new bike at Farina's Bike Store in Watertown.



ANOTHER QUINCY YOUTH who is a Dependable Cleaners' Read to Ride winner is Logan Lucier, age 10. He received his new bicycle at the Country Ski & Sport in Quincy.

Quincy's Sean Flannery, Logan Lucier 'Read To Ride' Bicycle Winners

Two Quincy youngsters have each won new bicycles as part of Dependable Cleaners' "Read to Ride" program.

The program is designed to encourage students to keep up with their reading during the summer months. Students ages 6-15 will have the chance to win a bike or an exciting prize for every book they read. Since the program's inception in 1999, more than 74,000 books have been read.

The two winners are Sean Flannery and Logan Lucier.

Sean, age 6, has already read over 30 books this summer and says he doesn't plan on slowing down. His favorite books are the Junie B. Jones series but also enjoys playing basketball in his neighborhood and playing with friends. Sean will be in first grade at the Bernazzani School in Quincy this fall.

Logan, age 10, has already completed a handful of books this summer and is looking forward to diving into more fantasy fiction stories. Outside of reading, Logan enjoys camping, video games, skiing and playing hockey and lacrosse. Logan will enter the fifth grade at St. Agatha's in Milton this fall.

Participation in Read to Ride is easy. For every book a child reads, they fill out an entry form and submit it at any of the 16 Dependable Cleaner locations or with Dependable Cleaners' Home Delivery Drivers. Entry forms are available at all Dependable Cleaners locations, delivery routes, Country Ski & Sport locations, Farina's Bike Store in Watertown, local libraries, bookstores and online at www.dependablecleaners.com/read-to-ride/.

One grand prize winner will be drawn each Monday beginning June 5 until Aug. 14, 2017 (except for July 3rd). The grand prize winners will receive a new bike and helmet. Two additional winners will receive a runner prize.

A full list of Read to Ride partners, terms and conditions, and a printable entry form are accessible at www.dependablecleaners.com/read-to-ride/.

Seven On Xaverian Honor Roll

Seven students from Quincy are on the honor roll for the fourth quarter at Xaverian Brothers High School in Westwood.

They are:

Kevin Chau, 10, First Honors; Michael Lindsay, 11, First Honors; Steven Shalvey, 10, First Honors; Brian Cantor, 11, Second Honors; Michael Fonte, 9, Second Honors; John Mariano, 10, Second Honors; and Liam Nee, 11, Second Honors.

Kitchen Dedication At Germantown Center

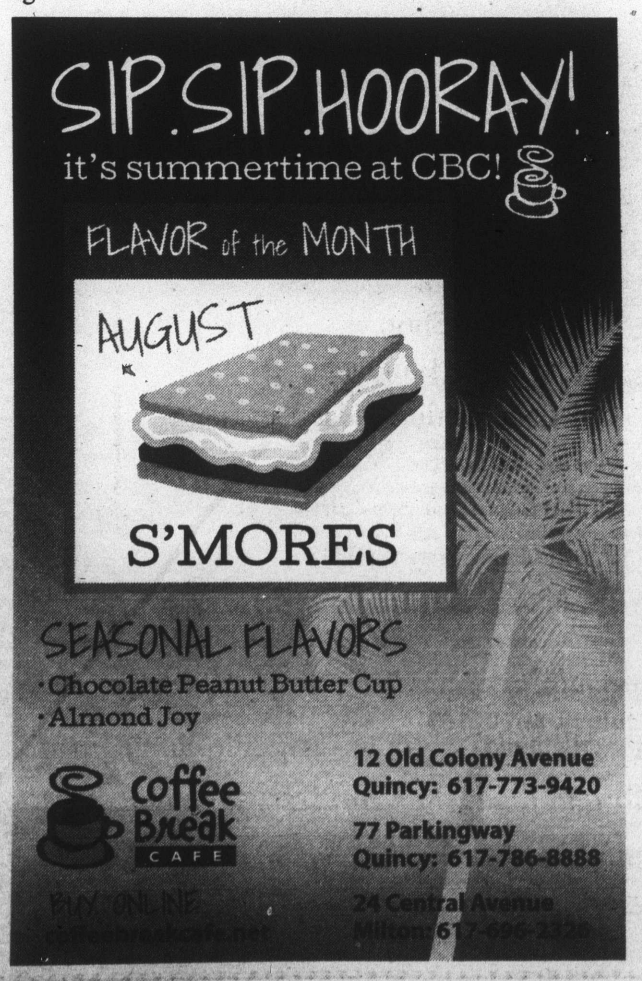
Community leaders joined staff and board members from the South Shore YMCA Wednesday to dedicate a new teaching kitchen at the Germantown Neighborhood Center, 366 Palmer St., Quincy.

Guests at the ribbon cutting were invited to see the new teaching kitchen and hear how the Center's programs are making an impact in the Germantown community.

Community partners and volunteers were also honored for their contributions to the Germantown Neighborhood Center and the Y's Quincy branch.

The Center offers enrichment programs, recreational activities and camps for youth in Germantown. The staff, which is representative of the diverse cultural makeup of Germantown, designs programs for youth to promote self-esteem and stress the importance of education.

The opening of the new teaching kitchen further supports the mission of the Germantown Neighborhood Center.



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On Friday, June 9, Quincy High School Parent Advisory Council held their annual 'Senior Night Out' an all-night after prom party for all seniors and their guests. Each year local businesses, organizations and parents give donations, as well as their time, to ensure that the students of Quincy High School enjoy a fun-filled night after the prom. THANK YOU! Because of your generosity, we were able to provide fantastic prizes, great food and many games and activities that kept the students entertained throughout the night. Thank you once again! It was a huge success!

Distinction:

Wayne Batson
Bayside Resort Hotel
Boston Bowl
Brewster Ambulance
Cathay Pacific
Cedar Grove Gardens
City of Boston Credit Union
Coffee Break Café Wollaston
Dr. Richard DeCristofaro, QPS Superintendent
Fruit Center Marketplace
Thomas & Margaret Hall
Officer John Grazioso, QPD DARE
JP Fuji Group
Mayor Thomas Koch
L&M Slush
Louis Anthony Hair Salon
Ellen Murray, QHS Asst. Principal
Neponset Circle Car Wash
Norfolk County DA's Office
Norfolk County Sherriff's Office
PS Gourmet Coffee
QHS Parent Advisory Council
QHS Custodians, Security & Food Services
The Quincy Sun
Quirk Automotive
Roche Bros. Supermarket
Sterling Golf Management
Lawrence Taglieri, QHS Principal
Tuxedo Time
Walt Disney World
Wegmans Supermarket

High Honors:

AAA of New England
Abdon Service Station
Amtrak Downeaster
Community Pediatricians
Cranmore Mountain
Jay Davis
Joe Finn, Councillor-at-Large
Emily Lebo, School Committee
Furnace Brook Golf Club
Hair On Point
Hancock Tavern
Harry's Pizza
Keohane Funeral Home
Rita and Dan Murphy
Plimoth Plantation
Quincy Traffic Supervisors
Quincy Youth Soccer
Sons of Italy
Stop and Shop Supermarket
The Four's Restaurant
The View Restaurant & Tavern

Honor Roll:

Alfred Aiello Italian Foods
Almquist Florists
Attitash Mountain
Aura Salon
Back to Basics Massage
Bank of Canton
Ben & Jerry's Ice Cream
Big Y Supermarket
Boston Duck Tours
Boston Red Sox
Brockton Rox Baseball
George Burke, Esq.
John and Noreen Campbell
Canobie Lake Park
Central Middle School PTO
Representative Tacky Chan
Christine's Day Spa
The Clam Box
Clifford Marshall School PTO
Colonial Federal Savings Bank
Coop's Bar & Grill
Copeland Package Store
Cream and Sugar
Brad Croall, Ward 2 Councillor
Dave and Buster's
Dependable Cleaners
Noel Dibona, Councillor-at-Large
Dick Doherty's Comedy Productions
Donovan Brothers Automotive
Dunkin Donuts, Adams Street
EcoTarium Museum
Egan's Sunoco Service station
Fitness Unlimited
Fratelli's Pastry Shop
Gennaro's Eatery
Leah & Christopher Giunta
Glow Golf
Granite Group Realtors
Hancock Street Car Wash
Imperial Terrace
Inn at Bay Pointe
John F. Kennedy Library & Museum
Greater Quincy Knights of Columbus
La Paloma Restaurant
Lil Sox Day Care
Lincoln Hancock School PTO
Little Duck Thai Restaurant
MacPherson Mechanical Group
Maggy's Lounge
Marylou's Coffee
Mass Bay Credit Union
Massachusetts Bay Lines
Chris and Heidi Meyers
Monaco Family
Monster Mini Golf
Montclair School PTO
Christopher & Molly Mullin
New England Aquarium
Olindy's Bowling Lanes
Panera Bread
Pawtucket Red Sox
Pepsi Bottling Group
Pirate's Cove Adventure Golf
Point Webster School PTO
QPAC for Special Education
Quincy Creamery
Quincy Credit Union
Quincy Education Association
Reggie's Oil Company
Roseann Russell & Bob Griffin
Royal Hotpot Sushi Bar
South Shore Savings Bank
Squantum School PTO
Sterling Middle School PTO
Sweeney Brothers Funeral Home
Sweet Frog
The Village Common Food Mart
Time Out Pizza
Tony's Clam Shop
Trader Joe's, Hanover
USS Constitution Museum
Water Wizz
Willard Veterinary Clinic
Wollaston School PTO
Dr. Alan Yacubian

A special Thank You to all the volunteers that spent countless hours in the planning of this event and to all the volunteers who worked the night to ensure the students of QHS and their guests had a night to remember!

Dorothy Quincy Homestead Open House Saturday

The Dorothy Quincy Homestead, 1686, will hold a free Open House Saturday, Aug. 5th from 11 a.m. to 3 p.m.

Guided tours of the house, gardens and architecture will start on the half hour, with the last tour beginning at 2:30 p.m.

Curious about the "old days"? Learn more about what the settlers found here when they arrived in 1635.

Following Quincy's historic and informative celebration of John Quincy Adams' 250th birthday on July 11th, take another step back in time and visit the very house built in 1686 by Edmund Quincy II, the great, great grandfather of John Quincy Adams' mother, Abigail.

The Quincy Homestead still stands on the corner of Hancock Street and Butler Road (34 Butler Rd.).

Step inside the kitchen where Judge Samuel Sewall of the 1692 Salem Witch Trials and husband of Edmund Quincy's niece, visited according to his diary.

Hear tales of the turmoil which stirred the Boston community as the Church tried the Quincys' neighbor and friend, Anne Hutchinson, for heresy and sedition.

The Quincy Homestead was purchased in 1904 and historically restored by the National Society of Colonial Dames in The Commonwealth of Massachusetts. It is currently owned and operated in partnership with the Massachusetts Department of Conservation and Recreation who beautifully maintain the property and the buildings.

Groups may request private tours by calling 617-742-3190 or emailing dames@nascdama.org. For more information please visit www.nscdama.org or follow the site on Facebook under Quincy Homestead 1686.

The next Open House is Saturday, Aug. 19.



PHOTOGRAPH OF A copy of a portrait of Judge Samuel Sewall, by John Smibert, which hangs in the Museum of Fine Arts, Boston. Sewall was the husband of Edmund Quincy's niece. He once visited the Dorothy Quincy House, 34 Butler Rd., Quincy, which is holding an open house Saturday, Aug. 5 from 11 a.m. to 3 p.m.

212 On Broad Meadows Honor Roll

Broad Meadows Middle School lists 212 students on its third term Honor Roll.

HIGH HONORS

Grade 8: Grace P. Akkara, Eleanor J. Anderson, Kevin J. Ballerino, Maria M. Bengoa Croxatto, Veronica M. Bentley, Allison R. Boyd, Kayleigh J. Caldwell, Brayan J. Cruz Rafael, Brooke E. Deady, Olivia R. Delprete, Abigail G. Drinkwater, Rebecca L. Fitzpatrick, Juliana Y. Gee, Jacob M. Gordon, Ilkim Gumus.

Mia M. Hurley, Brianna E. Joyce, Jacquelyn M. Kane, Aisling R. Kelly, Emily E. Kraunelis, Ryan J. Laroche, Simon Lin, Megan S. MacNeil, Aiden J. McDonnell, Stephanya D. Mendes, Alessia M. Mochi, Shannen E. Murphy, Celine K. Nguyen, Cindy Nguyen.

Grace K. O'Handley, Samantha R. O'Neil, Andrew R. Peterson, Alyssa J. Ruan, Yinyin Ruan, Julianne R. Sheehan, Ryleigh D. Smith, Jefferson Tian, Jennifer Truong, Jason Vo, Anna Weng, Asher D. Wines, Benjamin P. Wines, Owen X. Wu, Ivy Zhou.

Grade 7: Leila Akhouzine, John Alessandro, William B. Baharian, David S. Bridges, Jerry M. Caldwell Jr., Sophie G. Cerone, Lawrence K. Ching, Abigail E. Codner, Aleksandra Dedo, Margaret P. Fay, Dylan B. Green,

Lillian D. Hanly, Alex J. Keeley, Kellen P. Kopp, Tony Ke, Jacob M. Lustig, Lucy M. Lynch, Thomas C. Murphy, Aria B. Oakes, Isabella R. Pagliarulo, Charles J. Quigley, Ninh T. Thi, Matthew C. Wong.

Grade 6: Victoria P. Bentley, Caroline C. Campbell, Audrey R. Capone, Kyle R. Deboer, Mairead J. Folan, Mattea B. Garrett, Oscar Huang, Sophia Y. Huang, Alexandria G. Kane, Huong V. Le, Tiffany Le, Thomas W. Lebo, Ruby M. Levine, Tess S. Louzan, Nathaniel M. McMillen.

Nhi T. Nguyen, Delia A. Nichol, Andrew R. Novak, Alexander T. Rheault, Mallory C. Rimovitz, Jaimie J. Sansouci, Reese M. Smith, Katelyn R. Stirling, Brynn B. Toler, Caroline E. Tracey, Anna K. Tran, Jason C. Zheng, Anna Zheng.

HONORS

Grade 8: Benjamin R. Akkara, Zeinab H. Alfetlai, Kyle T. Baharian, Jack H. Barry, Priscilla B, Bonica, Chris Cakuli, Michael L. Capone, Mitzi M. Crowe, Brody D. Degust, Bella M. Delprete, David B. Dennis, Bryson A. Dunbar, Kirsten R. Fennelly, Gianna E. Gatturna, Basra A. Hassan, Isabelle T. Ibrahim.

Darian L. Jordan, Delana A. Jordan, Aurora D. Kilrain, Jake L. Lamonica, Devin T. Lopez, Tommy M. Luong, Julianna P. MacPherson, Paul S. Martin, Robert C. McClelland, Melissa C. McDonald, Zachary T. McDonough, Martin E. Muscato.

David G. Noble II, Erin K. O'Callaghan, Christy N. Pham, Chloe Pierre-Paul, Jaida L. Reid-Jackson, Joseph M. Saccoach, Haoyuan N. Shi, Colby G. Simone, Isaiah E. Steinberg Johnson, Harrison S. Stengel, Emily G. Suarez, Kaylie A. Sullivan, Campbell F. Tierney, Danielle M. Toomer, Li Xin Xu, Christina S. Zero.

Grade 7: Sean W. Andrews, Jania M. Astacio, Madilyn E. Bailey, Louis P. Brown, Anthony L. Butler, Yuan Yi Chen, Joseph P. Connor, Owen P. Coppola, Kate A. Downey, Leah A. Forte, Sarah A. Gorham, Alfredo V. Gudiel, Cooper D. Hansen, John M. Hopps, Sarah D. Houlihan, Mairene A. Ibardaloza.

Allison M. Keeley, Timothy P. Kelly, Jeffrey M. Louissaint, Chloe E. Lynch, Calvin P. Mandawe, Julia R. O'Leary, Vy Yen T. Pham, William T. Ploof, Milena G. Semexant, John O. Shen, Jaycee L. Sloan Mitchell, Lily B. Tang, Tiffany N. Tran, Ryan Zheng.

Grade 6: Mukhtar M. Adan, Laisha Y. Arrendell Pimentel, Guinevere M. Bates, Julie H. Blois, Emily R. Bowers, Morgyn T. Butler, Madelin T. Caggiano, Marissa Cakuli, Corey N. Chaparro, Kyleigh H. Cipriano, Vinh Khang V. Duong, Alexis M. Dussault, Ethan J. Earnest, Eleon A. Fenelus, Chloe A. Fitzgerald, Rajan Hamzallari.

Haley M. Johnston, Stanley Li, Adam Lin, Maggie A. Lynch, Shene M. MacNeil, William G. Martin, Grace N. McDonald, Lilly P. McKeon, Mya J. Millette, Samuel K. Mulyanga, Lena K. Nguyen, Maureen J. O'Brien, Madison M. O'Connor, Anthony J. Paccioretti, Angela N. Pham.

Cameron A. Quigley, Kyle N. Reynolds, Yuwary A. Rodriguez, Lily Rong, Meghan A. Sweeney, Steven K. Tran, Quinten B. Van Dam, Liam D. Van Gestel, Maximus M. Vantassell, Stephen J. Wright, Haixiang Yu.

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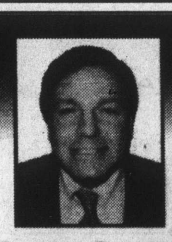
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Public Access Channel 8	Government Access Channel 9
Thursday, August 3 6:00pm: Bethany Congregational Church 8:00pm: Quinzee Memories, episode #3 Friday, August 4 11:30am: LIVE: Currently in Quincy 8:00pm: Flag Day Parade, Ceremony & Fireworks Saturday, August 5 12:00pm: Flag Day Parade, Ceremony & Fireworks 2:00pm: The Call Sunday, August 6 11:30am: Terra Santa News 3:30pm: Sound Advice Monday, August 7 11:30am: LIVE: Currently in Quincy 6:00pm: CIQ Interview: Quincy Women's Network Tuesday, August 8 7:30pm: Quincy in Focus 8:00pm: AM Quincy: John Paul, AAA Wednesday, August 9 6:00am: LIVE: AM Quincy with Joe Catalano 10:00pm: The Constitution: Then & Now	Thursday, August 3 5:30pm: Quincy in Focus 6:30pm: FYI: QHD Arrhythmias 8:30pm: At Your Library: August Happneings Friday, August 4 5:00pm: Currently in Quincy replay 6:30pm: FYI: QHD Sinusitis 7:00pm: QATV Classic: QRD TV Workshop 2011 8:00pm: AT the Library: Ashmont Station Saturday/Sunday, August 5/6 11:00am: At Your Library: August Happnings 3:00pm: At the Library: Brad Ellenberg 7:00pm: QRD Cheerleading Clinic 7:30pm: Media Advisory: Highway Investments 8:00pm: Bringing Beacon Hill to You 8:30pm: Norfolk County Prevention Coalition Monday, August 7 6:00pm: Your Police Department: Marine Unit Tuesday, August 8 6:30pm: FYI: QHD Extreme Heat Wednesday, August 9 7:00pm: Legislative Update: Deb Goldberg

Programming is subject to change.
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DENTISTRY for the 21st Century



by Steven A. Brustin, D.M.D.

DETECTING ORAL CANCER

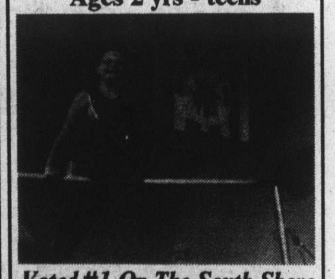
Last year, approximately 48,000 new cases of oral and throat cancer were diagnosed in the United States. Because dental checkups involve a close look at oral tissues, dentists are often the first to spot oral cancer, which may first appear as red or white patches or sores that do not heal on the tongue, insides of the cheeks, floor of the mouth, hard and soft palates, and elsewhere in the mouth and throat. It is crucial these signs be detected early with regular dental checkups and oral monitoring. Otherwise, mouth and throat cancers tend to be diagnosed when the disease is more advanced, leading to a five-year survival rate of only 63%. Symptoms should be brought to the dentist's attention.

Biannual dental visits are important because the dentist checks for oral cancer, the early signs of gum disease, and other potentially serious problems that can only be detected during the dental visit. To schedule an appointment, please call our office. At your first visit, we will review your medical history and x-rays and perform a thorough examination, checking for tooth decay, gum disease, and oral cancer. You can also visit us on the web at www.quincydentist.com.

P.S. Symptoms of oral cancer include loose teeth for no apparent reason, a painful tongue, a lump or thickening of the skin or lining of the mouth, a sensation that something is stuck in the throat, and persistent swelling.

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City Officials Reviewing New Marijuana Law

Cont'd From Page 1

communities where a majority rejected the measure, local elected officials now have the ability to do so.

Statewide, 53.6 percent of voters approved the 2016 referendum, and 51 percent of voters in Quincy did so as well.

Mayor Thomas Koch in December 2016 proposed a set of regulations for stores that would sell recreational marijuana in the city, similar to the 2013 ordinance that limited where medical marijuana facilities can operate in the city. That ordinance is pending before the City Council.

Mayoral spokesman Chris Walker on Monday said city officials were in the process of reviewing the new state law to see if the proposed ordinance needs to be amended and would need to do their due diligence before deciding on other possible steps, such as starting an effort to ban stores from selling recreational marijuana outright.

"Currently, there is a zoning ordinance relative to the locating of recreational marijuana outlets at the City Council, so we're going to have our team dig into the new state law and see how our proposal would work within that framework, what changes may need to be made, and what additional provisions may need to be pursued," Walker said in a statement.

"Right now, it's a due diligence period for the city before any determinations on next steps can be made."

Quincy is currently home to a medical marijuana dispensary, which Ermont, Inc. opened in October 2016 on Ricciuti Drive. Under the state law, the company could seek state approval to sell recreational marijuana on site. Jack Hudson, Ermont's founder and CEO, in a statement Monday said the company was reviewing the new marijuana legislation and would work with city officials and the community going forward.

"Ermont, Inc. is closely reviewing the recently signed recreational marijuana law in relation to our business plan, and we look forward to continuing to work with the leadership and community of Quincy as we determine the best path forward for our organization and the city," Hudson said.

The ballot measure would have allowed recreational dispensaries to open their doors on Jan. 1, 2018, but lawmakers previously approved delaying that by six months to July 1, 2018. The ballot measure also allows residents 21 and older to grow marijuana in their homes, up to 6 plants per person and 12 per household. Those provisions are unchanged under the new law the governor signed last week.

House Majority Leader Ron Mariano, a Quincy Democrat and one of three House members on the conference committee that negotiated the final bill, said the law includes new protections the ballot measure did not. Those include regulations on advertisements and rules on packaging meant to ensure marijuana and marijuana-infused products are not marketed toward children; the use of cartoon characters, for example, is prohibited.

"We produced a bill that has more protections than the ballot question," Mariano, who had opposed the referendum, said in a phone interview.

"We think we did a lot to improve the ballot question…All in all, I think it's a much better bill for the Commonwealth."

Mariano said he does not believe the legalization of recreational marijuana will eliminate the black market for the drug in Massachusetts. The black market, he predicted, would still exist for those under the age of 21, and the state will have to increase its efforts to educate students on marijuana to help eliminate illicit sales.

"We certainly have to increase our efforts to educate children," Mariano said.

Sen. John Keenan, a Quincy Democrat who voted against the new law and had also opposed the 2016 referendum, said he appreciated the work done in conference committee to draft the final bill, but believes Massachusetts would have been better off waiting and learning what does and does not work from states like Colorado and Washington. Voters in those states legalized recreational marijuana in 2012, with dispensaries in both opening in 2014.

"I am not fundamentally opposed to the adult use of marijuana, but I am opposed to moving so quickly on this issue without the benefit of the experiences, both positive and negative, of other states," Keenan said in a statement July 20, the day the Senate approved the bill.

Keenan – who traveled to Colorado last year with several other Bay State lawmakers – said he was concerned about the impacts on driving, education, public health and public safety, as well as the appropriate level of government oversight. In a phone interview following Baker's approval of the law, Keenan reiterated those concerns.

"The better course would have been to study what's going on in Colorado and Washington state," he told The Sun. "It would have been wiser to learn from both of those states before jumping in."

Keenan said he was also concerned about the impact on communities, on issues such as zoning.

"This is going to be a big undertaking – a billion dollar industry – and I'm not sure communities are ready for that," he said.

Robert Shiner, MD, Chief Quality Officer For Manet Community Health Center

Manet Community Health Center announces Robert Shiner, MD, has been named Chief Quality Officer for the health center, which has three sites in Quincy and one in Hull and Taunton.

Board certified in family medicine, Dr. Shiner has been a member of the Manet medical staff since 1999. He has served as the lead physician for family medicine at Manet's North Quincy site and as Medical Director for Quality Improvement.

In his new role, Dr. Shiner will lead and direct all quality management and performance improvement activities for Manet. He will also continue to see and care for patients.

"This expanded role for Dr. Shiner is a natural progression as he has been an integral part of our quality and performance improvement initiatives for a long time, and this is an opportunity for Manet to recognize his talents and capitalize upon his expertise to help us in our work as part of an Accountable Care Organization. We couldn't be happier for Rob," said Cynthia Sierra, Manet's chief executive officer.



Dr. ROBERT SHINER

He earned his medical degree from Robert Wood Johnson Medical School in New Jersey, after receiving a Bachelor of Science degree in Anthropology from the University of Michigan-Ann Arbor. He completed his residency at Malden Hospital, now called Tufts Family Practice Residency.

Dr. Shiner treats patients of all ages and has a special expertise in Medication Assisted Treatment for substance use disorders. He is also currently the school physician for Quincy Public Schools.

Free Financial Support Services

Quincy Community Action Programs Greater Quincy Financial REACH Center, 1509 Hancock St., Quincy will hold orientations Aug. 4 and Aug. 18 beginning at 10 a.m.

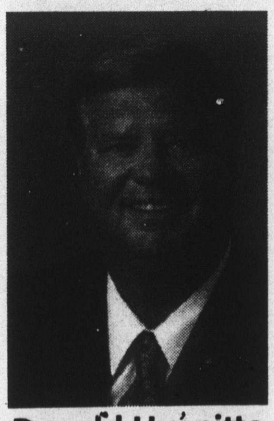
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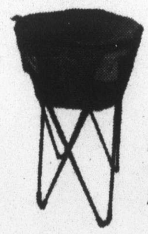
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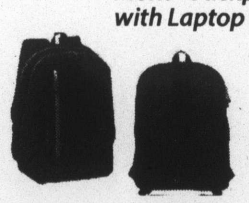
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Real Estate

Quincy Real Estate Transactions July 24 - July 28

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Stephanie M. Callis	Bei Zhou	$ 300,000.00	One Cityview Lane Unit 610
Lillian M. Bertazzoni Irrevocable Trust	Justin Bernard Dicristofalo & Katerina Koutrobis	$ 520,000.00	189 Plymouth Street
Stephanie L. Hoyt	Joey W. Chan	$ 287,000.00	308 Quarry Street Unit 604
George R. Mackey	Vicky L. Chan	$ 353,000.00	64 Willard Street Unit 310
Mary S. Dennis	Rhonda Miller	$ 605,000.00	2001 Marina Drive Unit 506W
Gene & So Mui	Andrew M. Aizenstadt	$ 395,000.00	161 West Elm Avenue
Vo & Karen Lam	Ri & Xiuting Zheng	$ 560,000.00	119 Kemper Street
Village of Green II LLC	Chin L. Yeh	$ 252,000.00	86 Greenleaf Street Unit 204
Eric Chen & Xiao Q. Zheng	Caitlin M. Fowler & David C. Broderick	$ 515,000.00	59 Bay View Street
Phuong Nguyen	Hien H. Doan	$ 405,000.00	345 Granite Street
Peng V. Zhang	Adam C. & Crystal M. Zewe	$ 419,000.00	118 Holmes Street Unit 305
David P. & Lynne A. McNally	Jacqueline A. Pomposelli	$ 315,000.00	57 Shennen Street
Joan Realty Trust	Jiwen & Yaner Chen	$ 420,000.00	479 Beale Street
Philip J. & Gaye F. Tarallo	Janice Chicha	$ 230,000.00	772 Willard Street Unit B-6
John McDonald	Ziuqin Zeng	$ 345,000.00	142 Vassall Street
BP Liberty LLC	Ahmad Hosein	$ 369,000.00	999 Hancock Street Unit 404
US Bank National Association	Stephen Kelly	$ 355,000.00	61 Moffat Road
Michael Leonard	James Morrissey	$ 386,600.00	5 Helene Street
Paul Durante-Mahoney	Robert E. & Leslie K. Larocca	$ 585,000.00	40 Oakland Avenue
Residences at 1022 Hancock Street LLC	Tao Lin	$ 409,000.00	1022 Hancock Street Unit 113
Nancy Ross	Gershon & Chichi N. Larsen	$ 370,000.00	49 Rawson Road Unit 49
Hop S. & Mee F. Cheung	John & Brigette Borkowski	$ 890,000.00	43 Presidents Lane
Hua & Bao R. Pan; Xiaoling Zou	An Jia LLC	$ 630,000.00	135 Independence Avenue
Dave H. Du	Jackie Chin	$ 80,000.00	195 Thomas S. Burgin Parkway Unit 612
Copeland Street Realty LLC	Christopher Montano & Kristen Hasselschwert	$ 349,000.00	328 Copeland Street Unit 2B
Hamilton Bay Apartments LLC	Barry M. Ryan	$ 237,900.00	165 Quincy Shore Drive Unit C88
Lois A. Malvesti & Debra L. Mignosa	Manan N. Forde	$ 444,000.00	40 Pearl Street
Michael J. & Constance Welch	Ross Goldman & Tafadzwa Gwitimah	$ 360,000.00	119 Turner Street
Terry M. Parker & Nadine L. Millis	Jidong Lu & Li Chen	$ 418,500.00	78 Robertson Street
Caryn D. & Timothy Belisle	Yanna Li	$ 374,000.00	334 Sea Street
Jeremy & S. Reedy Kream	Richard Eaton	$ 503,500.00	139 Winthrop Street
DIG One LLC	Farrington Realty Trust	$ 1,575,000.00	83 Farrington Street
160 Whitwell Street Trust	Choung X. Huang	$ 531,000.00	160 Whitwell Street
James G. & Laura E. Rooney	Daniel Monteiro & Nguyet T. Nguyen	$ 322,000.00	55 Franklin Avenue
John W. Dalton Jr.	Dimmock Hancock LLC	$ 340,000.00	1157 Hancock Street Unit 1157
Thia M. & Michael Philibin	Bennett T. Hires	$ 620,000.00	25 Morley Road
Laurie A. Carter & Patricia Williams	Christine Chan	$ 364,000.00	15 Woodward Avenue
Edward Campbell	613 South Street Park LLC	$ 105,000.00	613 South Street Unit 2
Edward Campbell	613 South Street Park LLC	$ 105,000.00	613 South Street Unit 3
Fourth Washington Street Trust	Allen Chin	$ 539,000.00	863-865 Southern Artery

Registry Of Deeds Internet Research Available

Norfolk County Register of Deeds William P. O'Donnell reminds consumers Registry land records are available to view online via the Registry's internet-based document research system at www.norfolkdeeds.org.

"A recent review of online traffic interacting with our website, done through Google Analytics, indicates that without question our most popular feature is providing an online research capability for users to access all our online land documents. Consumers can see up to 6,000,000 scanned

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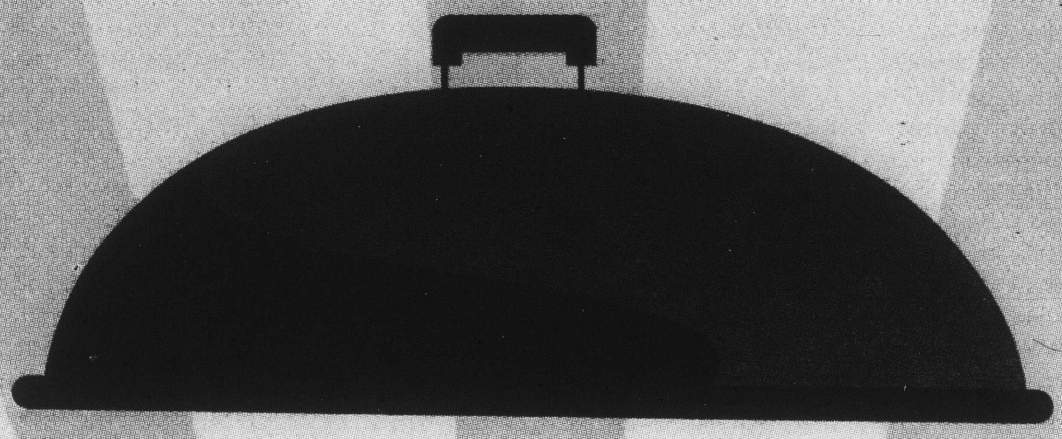
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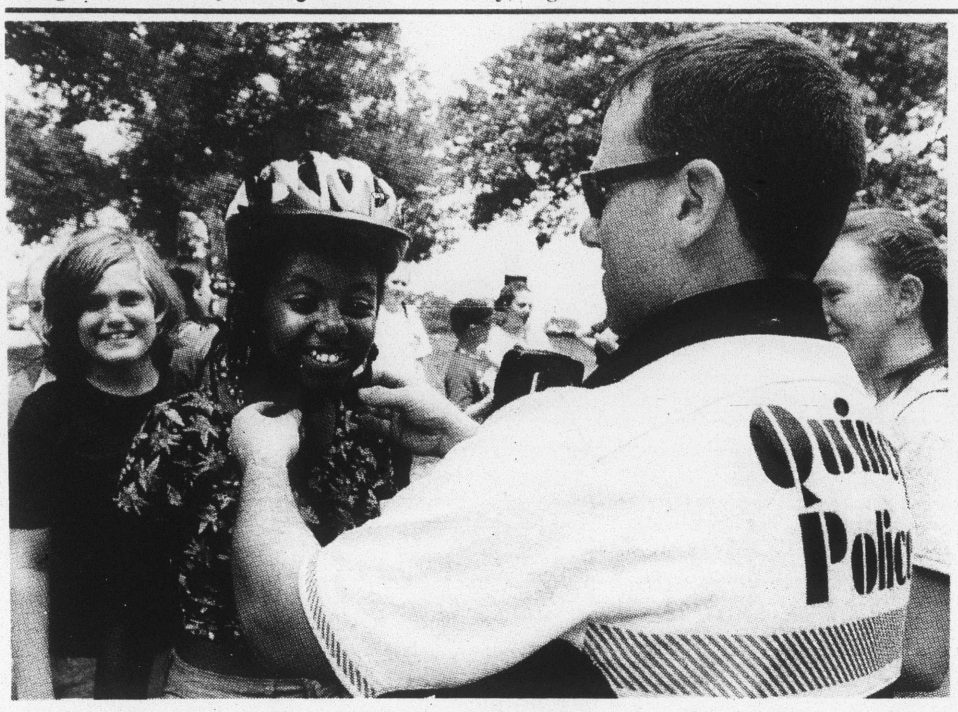


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SIMONE TRAINOR has her new bicycle helmet fitted by Quincy Police Officer Bill Mitchell during a recent bicycle safety program at the Quincy Police DARE Camp.



QUINCY POLICE SGT. Karyn Barkas adjusts Sam Conley's new bicycle helmet at the DARE camp. *Quincy Sun photos/Tom Gorman*



QUINCY POLICE LT. Rob Bina distributes bicycle helmets to DARE campers. The helmets were donated by the law firm of Breakstone, White & Gluck as part of its Project Kid Safe.

DARE Campers Receive New Bicycle Helmets

By TOM GORMAN

A group of Quincy youngsters will have an added layer of protection when riding their bicycles this summer.

More than 100 campers at the Quincy Police DARE Summer Camp each received a bicycle helmet donated by the Boston-based law firm of Breakstone, White & Gluck on July 17 at Pageant Field. The donation was part of the firm's Project Kid Safe.

Quincy bicycle patrol police officers Matt Miller, Jim Whedbee, Bill Mitchell and Lt. Rob Bina conducted a bicycle safety presentation to the campers. They emphasized the importance of wearing a helmet while bicycling.

The officers questioned why most bicyclists don't want to wear a helmet.

"It's because they don't think they look cool," said Miller.

That prompted Bina to don his helmet and sunglasses.

"Now, don't I look cool?" he asked to applause from the campers.

The officers explained that a helmet helps prevent serious head injury, or even death, from a collision or falling from the bike. They noted that a state law requires bicyclists of all ages

Cont'd On Page 29





TOWN RIVER YACHT Club's Ian Gillan sports the shades as he competes in the Opti division race during the recent 80th annual Quincy Bay Race Week hosted by Squantum Yacht Club. More than 100 young sailors from eight local yacht clubs competed in the two-day event.

Quincy Sun photos/Tom Gorman



SMOOTH SAILING – Katie Myler and Tom Cracinn of Community Boating sail past the Boston skyline with their spinnaker catching the wind during the recent Quincy Bay Race Week. More photos on Page 31.



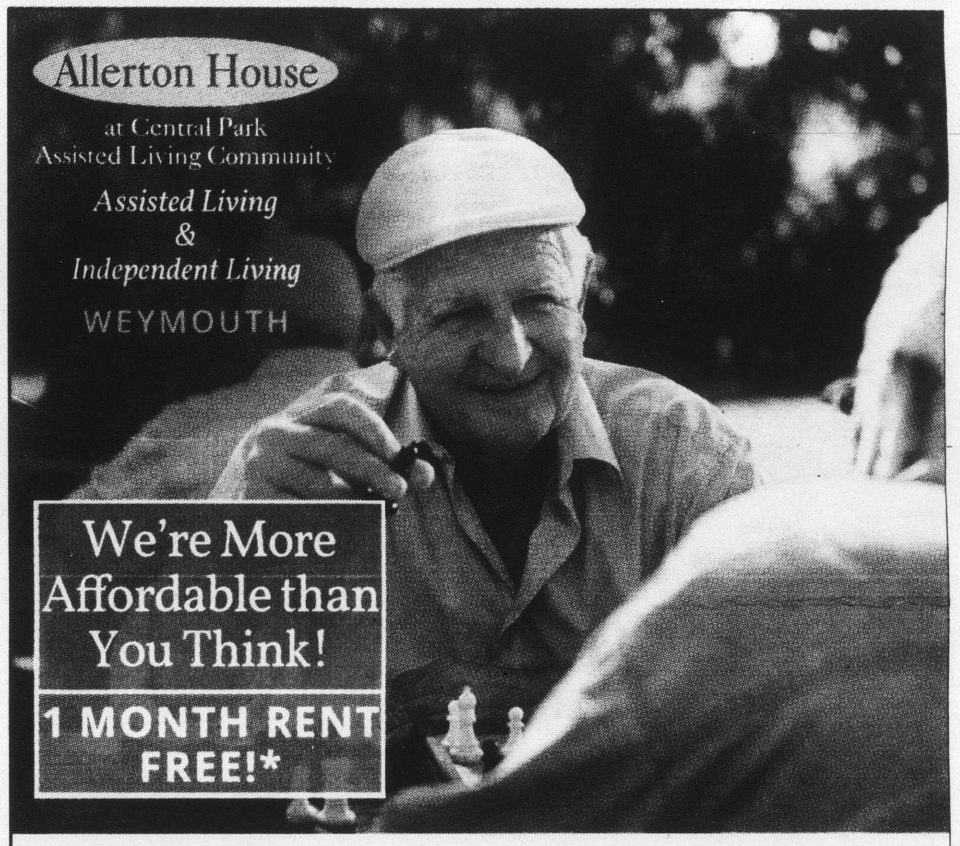
WESSAGUSSET YACHT CLUB'S Dominic Ruggiero pulls ahead of competitor.

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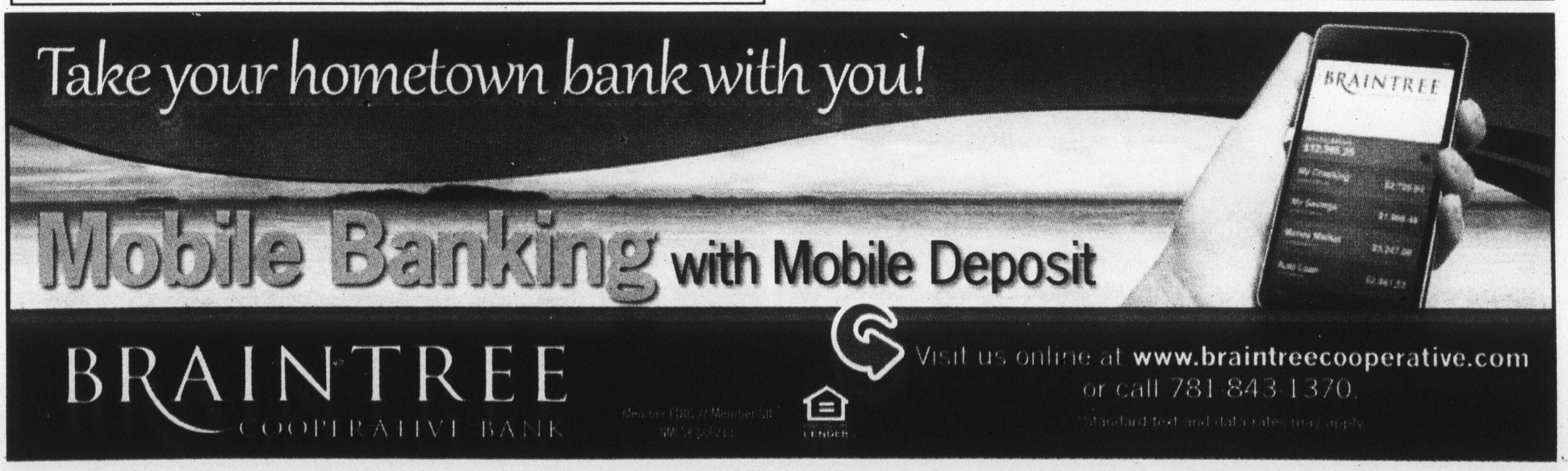


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12th Annual O'Connell-Thomson Hoop Tourney Success

Event In Memory Of John O'Connell, Dennis Thomson Raises $1,600 For 12-Year Total Of Over $40,000

By DAN DUGGAN

It was a blazing hot summer weekend, which has come to mean one thing in Quincy over the past 12 years: The Fenno Street courts were bustling for the O'Connell-Thomson basketball tournament.

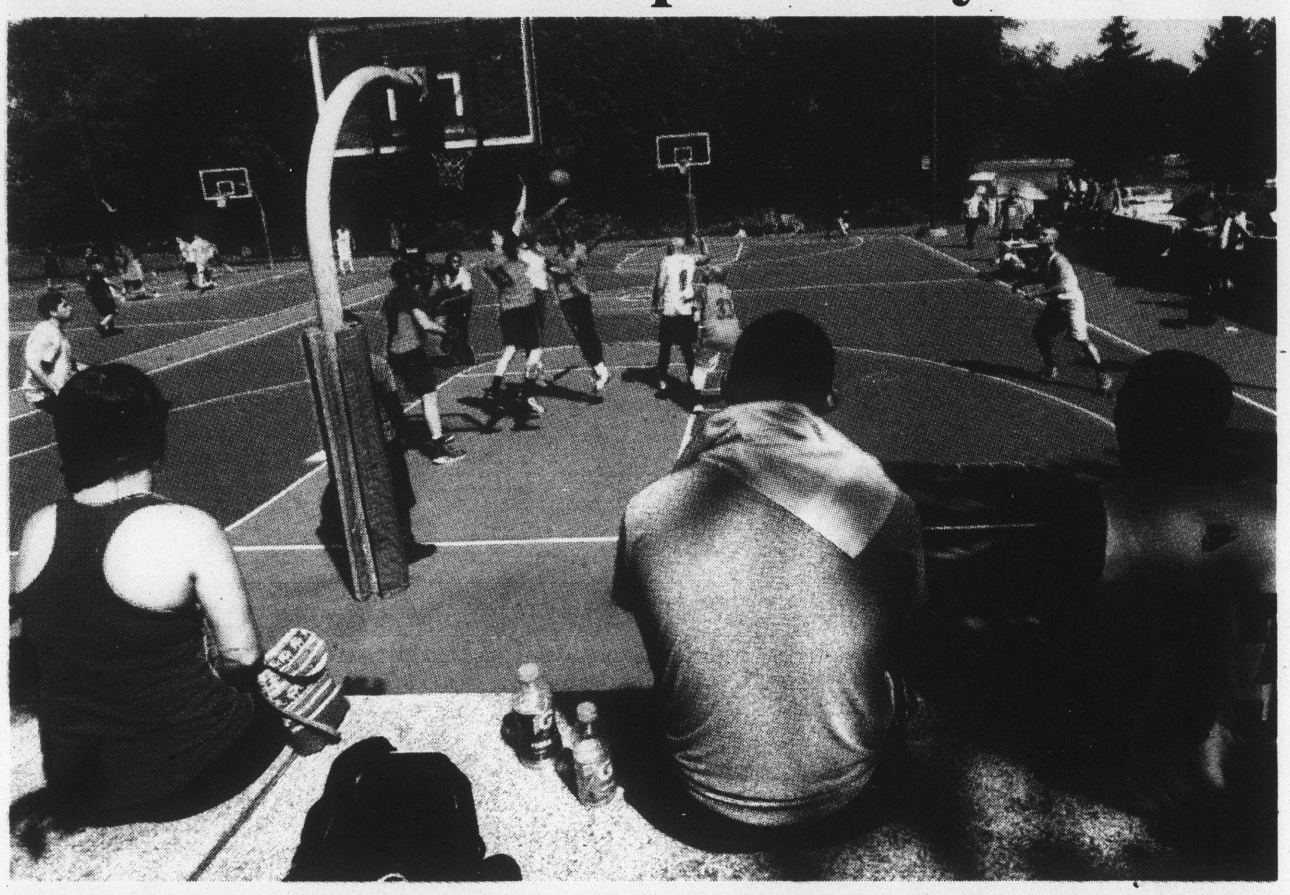
Sixteen men's teams and four women's teams played from sunrise to sunset on July 15-16 in the 12th installment of the annual tournament that was created in 2006 in remembrance of John O'Connell and Dennis Thomson. Members of North Quincy High's class of 2002, O'Connell and Thomson died tragically in 2005 and 2004, respectively.

The 16-team men's tournament featured mostly Quincy residents when it began in 2006, but it has blossomed into an annual showcase of top players from the area. This year's crop of talent included recent Babson graduate Joey Flannery, who had a pre-draft workout with the Los Angeles Clippers, and 7-foot-1 Andrew McCarthy, who played at UMass, among many other current and former collegiate players.

The men's championship was won by a team led by Weymouth native Jason Tarr. Tarr's team went undefeated in the double-elimination tournament, beating McCarthy's squad in the championship.

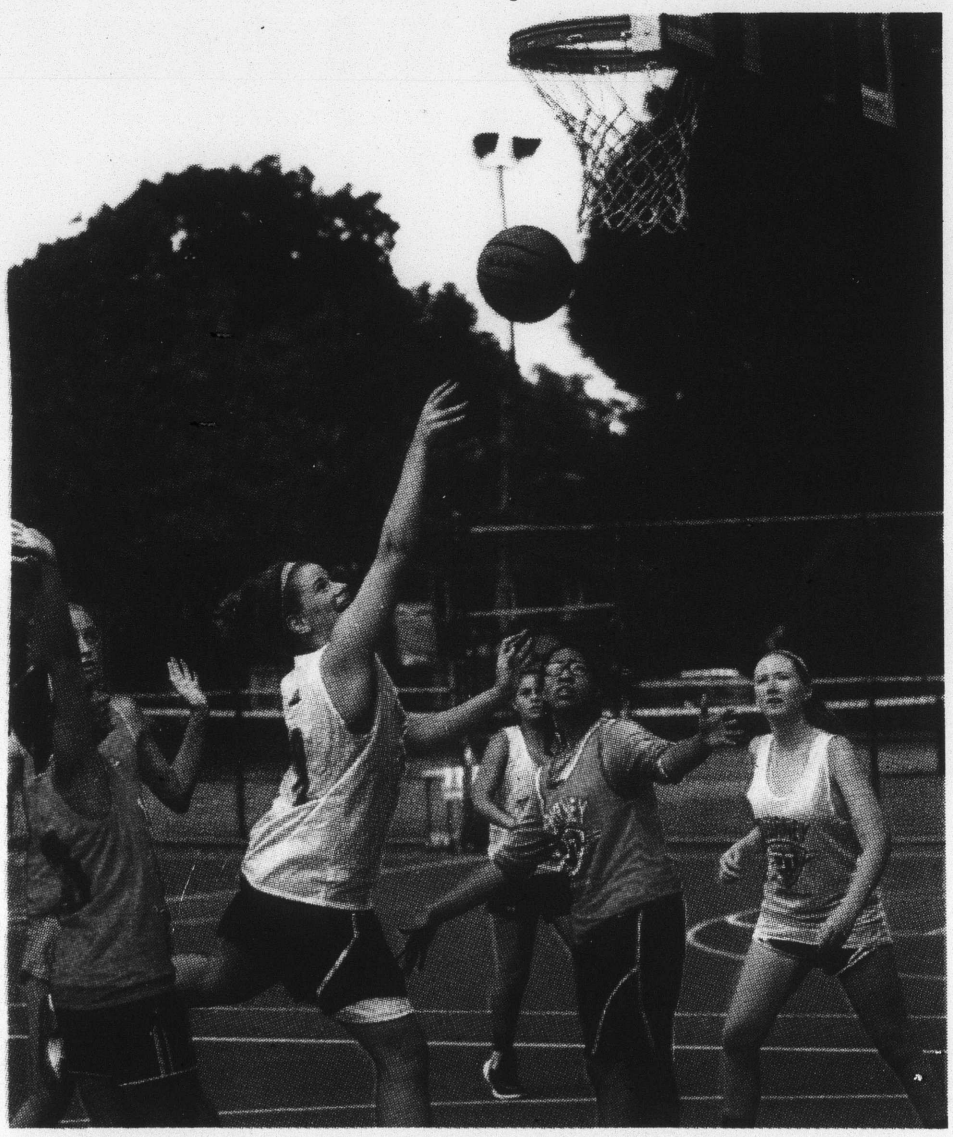
Former Merrimack player and current Rockland High

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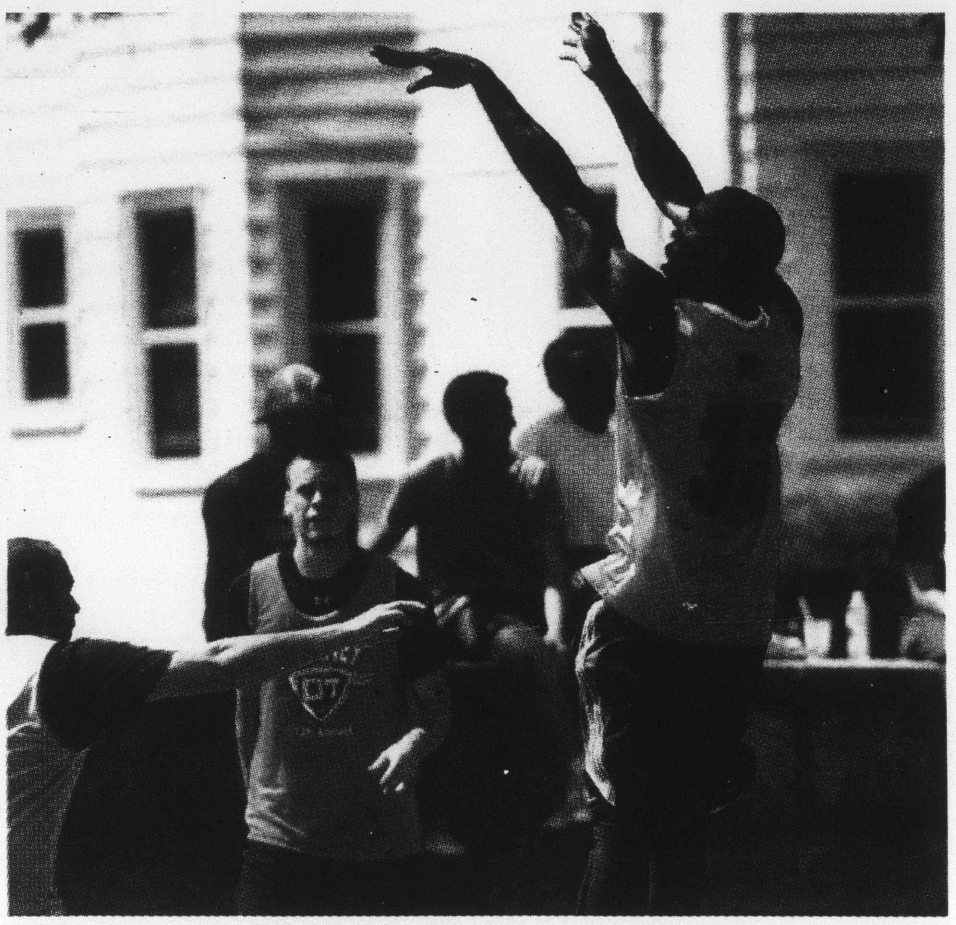


SPECTATORS LOOK ON during the 12th annual O'Connell-Thomson basketball tournament held recently at the Fenno Street basketball courts. This year's tournament raised over $1,600, bringing the 12-year total to over $40,000.

Quincy Sun Photos/Tom Gorman



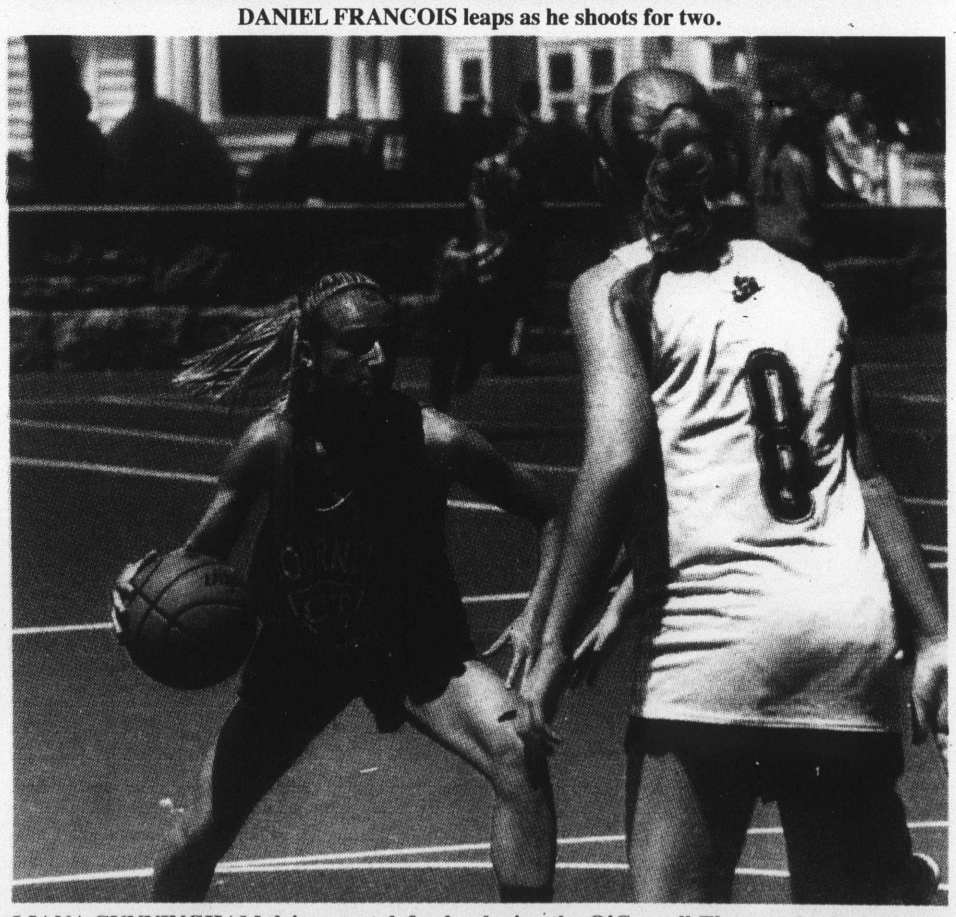
JENN BUTKA shoots for two during the O'Connell-Thomson basketball tournament.



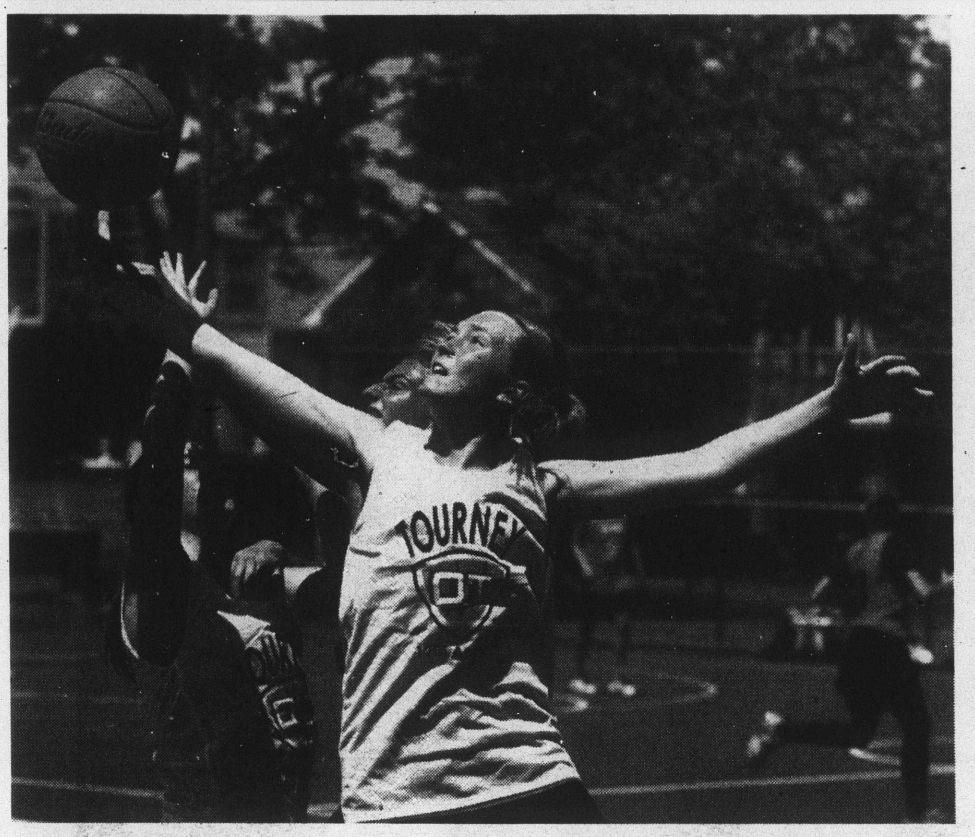
DANIEL FRANCOIS leaps as he shoots for two.



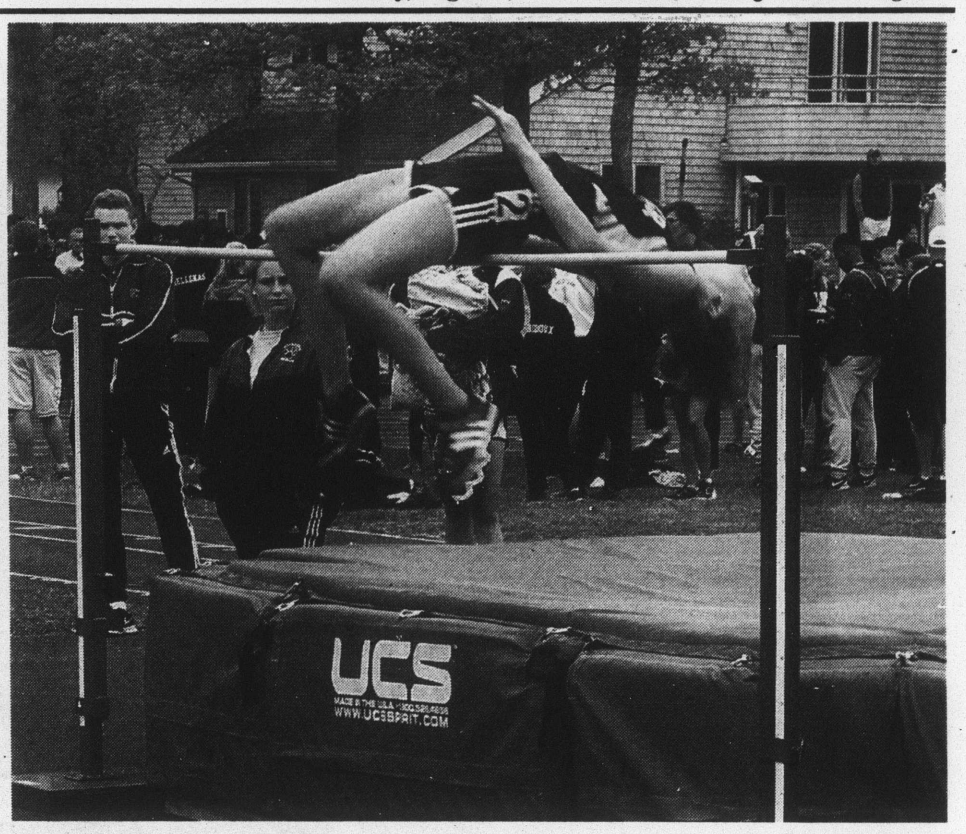
JORDAN HARRIS, right, drives past defender Delroy Lawrence during the O'Connell-Thomson basketball tournament July 15 at the Fenno Street basketball courts.



LIANA CUNNINGHAM drives past defender during the O'Connell-Thomson basketball tournament July 16.



MARY KATE MCALEAVEY grabs the rebound during the O'Connell-Thomson basketball tournament July 16. *Quincy Sun Photos/Tom Gorman*



QUINCY'S LAUREN PETRIE, a 2017 graduate of Thayer Academy, will be attending the University of Wisconsin-Madison on a track scholarship. The high jumper captured the gold medal with a leap of 5 feet, 4 inches this spring in the NEPSAC championships. *Photo Courtesy Lauren Petrie*

O'Connell-Thomson Hoop Tourney Another Success

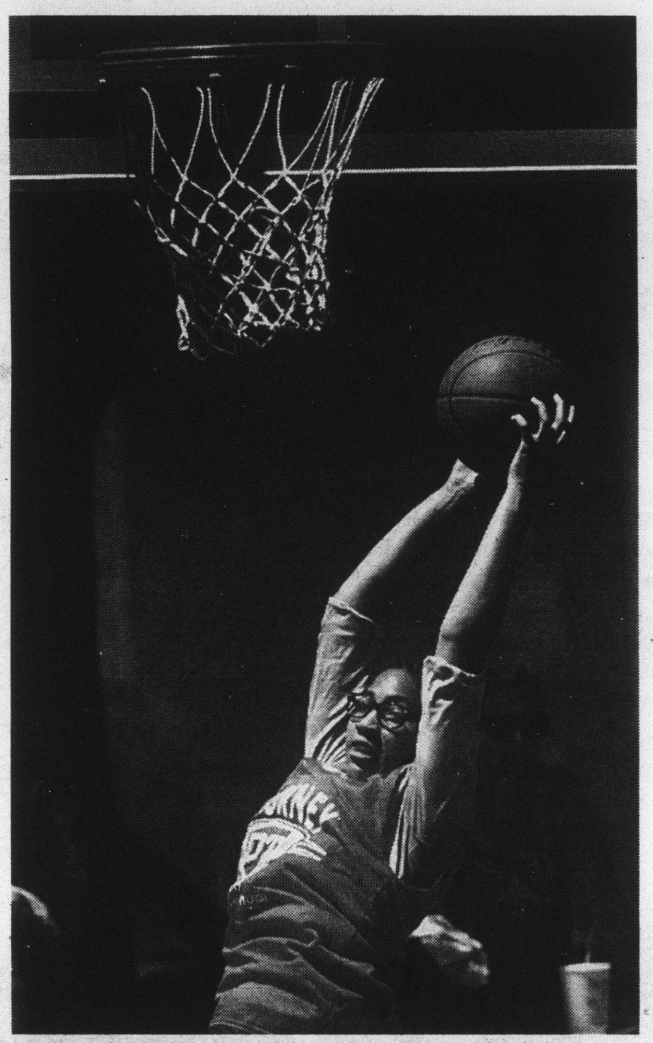
Cont'd From Page 18

girls' coach Diana Mitchell's team won its fifth straight title in a four-team women's tournament that took place on Sunday. Mitchell's squad of former college basketball players, including Merrimack's all-time leading scorer Joelle Martin, beat a team of former North Quincy High and current Quincy and Braintree High players in the championship.

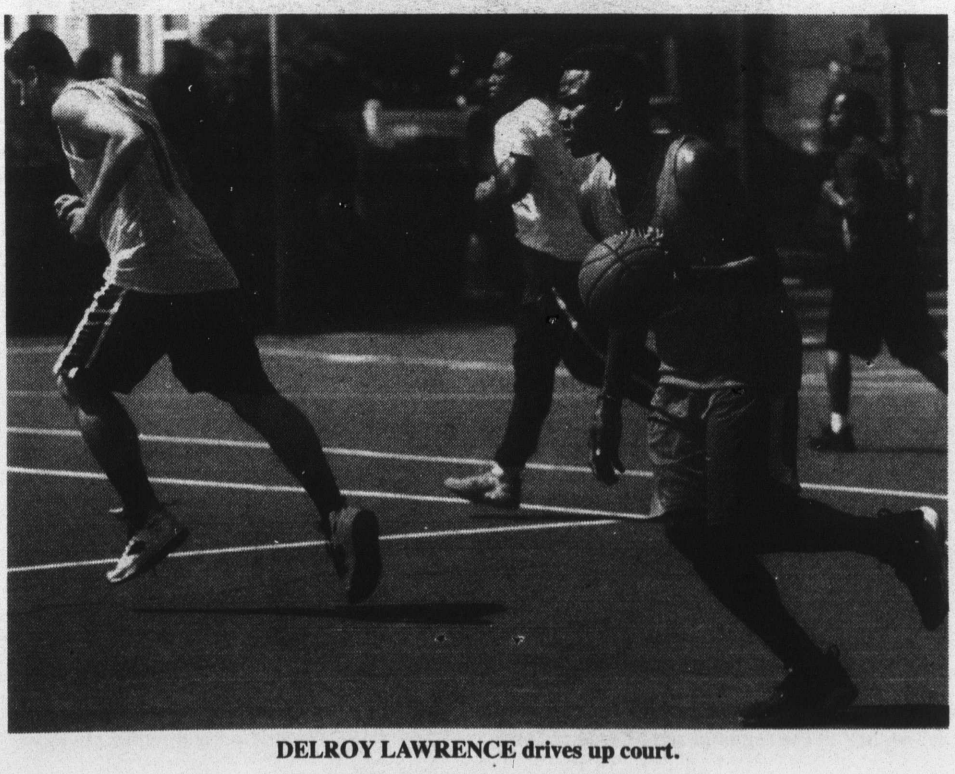
Basketball is the centerpiece of the weekend, but the tournament is truly about bringing people to together. Family and friends continue to gather each year to remember their lost loved ones.

Both families have scholarship funds established for North Quincy High graduates. This year's tournament raised over $1,600, which brings the 12-year total over $40,000.

The 13th tournament will be back next July. Count on hot temperatures, great basketball and memories of two great friends.



JENIYAH JONES grabs a rebound during the O'Connell-Thomson basketball tournament.



DELROY LAWRENCE drives up court.

Quincy's Lauren Petrie Heading To Wisconsin On Track Scholarship

By JOE REARDON

Lauren Petrie truly is the thinking-girl's high jumper when it comes to her approach in the event.

The Quincy resident and recent Thayer Academy graduate likens one of track's most finesse events to a physics equation with the result ultimately culminating in a solid leap. That's a far cry from when she first tried the event as a 5 year old participating on the Quincy Track Club.

"It's kind of like a physics equation to be honest," said the 18-year-old Petrie. "It's about the angle of your lean, the force you put into the ground and the force the ground gives back to you. I think it's really interesting to look at it with physics perspective. When you break it down each part is super important. Every part counts."

The University of Wisconsin-bound trackster was in total command at the NEPSAC Championships this spring when she captured the gold medal with a leap of 5 feet, 4 inches. And with the near-perfect height (6-foot-3) and lean build of the prototypical high jumper, Petrie is confident she has plenty of room for improving her personal best.

"I've been working really hard this summer because I want to PR again when I go to college," said Petrie. "Being tall really helps and

Cont'd On Page 21

Blood Drive Saturday At Coddington Parking Lot

The Amelia Apartments will host a blood drive on Saturday, Aug. 5 from 9 a.m. to 3 p.m. aboard the Dana-Farber Cancer Institute and Brigham and Women's Hospital Blood Mobile in the Coddington Building parking lot, 34 Coddington St., Quincy.

All blood types are needed with an urgent need for O positive and O negative donors.

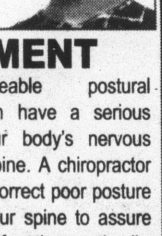
People undergoing treatment for cancer, heart disease - as well as accident victims, transplant recipients, and many other patients - depend on transfusions to control their bleeding. Volunteer donors are the only source of blood products for these patients.

For appointments: log on tinyurl.com/AmeliaAug2017.

For eligibility questions: email BloodDonor@partners.org or call 617-632-3206

In general, to donate blood, you should be at least 17 years old, 110 pounds or heavier, and in good health.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



ATTITUDE ADJUSTMENT

According to a number of recent studies, the posture that a person assumes can affect his or her state of mind. For instance, when people with slouched postures were compared with those who assumed erect postures, it was found that those with the more upright stances were more confident in their self-assessments and opinions of themselves. Researchers have also found that people who took on "high-power" postures (characterized by low, wide stances) had higher levels of testosterone and lower levels of cortisol (the "stress hormone") than those who assumed "low-power" postures (characterized by contractive low positions). High-power postures were also associated with overall feelings of powerfulness. It seems that improved posture has a positive effect on attitude.

A noticeable postural imbalance can have a serious effect on your body's nervous system and spine. A chiropractor can help you correct poor posture and realign your spine to assure that your body functions optimally. To schedule an appointment, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. We are dedicated to helping everyone achieve their natural wellness objectives. We accomplish this goal by combining skill and experience that spans the entire chiropractic wellness spectrum. Our office is located at **112 McGrath Hwy., Quincy**.

P.S. Research suggests that people with more upright postures are better able to cope with stressful events because they exhibit greater self-confidence, positivity, and feelings of strength than those with slouched postures.

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Quincy 12s Win State Title; Advance To N.E. Final Four



QUINCY 12-YEAR-OLD Cal Ripken travel baseball team had a successful season winning a state championship and advancing to the Final Four of the New England tournament.

The Quincy 12 year-old Cal Ripken travel team had a dramatic run this summer, steamrolling its way to a State Championship and almost playing their way into Nationals. Quincy won the District 3 title, EMASS State title, and then lost in the New England semi-finals.

After a tough back and forth battle with Weymouth South in the District 3 playoffs, Quincy won the District 3 title 5-0 behind a strong pitching performance by Colm Geary. Scott Gutro hit a decisive homerun and two-run single to help provide the margin of victory.

At the state tournament in Franklin, Quincy ran roughshod over the competition. They opened with a slaughter rule victory over Raynham 11—1. The offensive attack was led by Geary (2 HRs). Dylan Green, Kevin Pritchard, and Johnny Lynch all went deep that game. Tommy Gates pitched four outstanding innings for Quincy.

Quincy then defeated defending New England Champion Freetown-Lakeville 7-4. The tone was set early by Green who hit a monster three-run homerun in the first. Gates also homered for Quincy. Pritchard and Geary silenced the vaunted Freetown-Lakeville attack with outstanding pitching.

The bats started slowly in their next game against Franklin but then erupted for 11 runs in the fourth inning in a 15-5 slaughter rule win. Franklin took an early 2-0 lead but Quincy scored three in the second inning before plating the first nine hitters in the fourth inning and 11 total in that frame. The offensive attack was led by Ryan Beardsley, Patrick McDonald, Barry Page and Johnny Lynch.

Quincy captured the State title in a rematch against Franklin, who advanced to the finals on a dramatic walk-off homerun against Arlington the night before. Quincy was led by continued clutch pitching by Gates, Geary, and Pritchard. Lynch's two-out, two-strike grand slam in the fourth inning was the decisive play in the game, giving Quincy a 7-0 lead and they never looked back in the 7-3 win.

The 12-year old State Champion team is made up of: Nick Ferrara, Grant Murphy, Hunter MacIssac, Colm Geary, Dylan Green, Tommy Gates, Johnny Lynch, Scott Gutro, Ryan Beardsley, Kevin Pritchard, Patrick McDonald, and Barry Page.

"What I love about these kids, and all Quincy kids, is that they don't back down; no moment is too big for them; no goal is beyond their reach," said Manager Dave Murphy. "Our kids played their hearts out all through Districts, States, and Regionals. They played tough; they played smart; and most importantly they played together. These young men put the work in to match their lofty goals What they accomplished this summer fills me with pride and admiration for these young men."

Quincy advanced to the New England Regional tournament in Raynham and played its way to the edge of a national championship before being defeated by Maine in a dramatic extra-inning semifinal game.

Quincy started the weekend in the winners column with Grant Murphy winning the "Golden Arm Competition" in the Friday night Skills Competition. Murphy won the contest in a playoff by throwing a perfect strike from right field to home plate.

The game action started on Saturday with Quincy defeating the Western Massachusetts champion Ashburnham 5-4. The offensive attack was led by Scott Gutro (HR) and Grant Murphy (3 hits). Great pitching by Gates and Geary helped lead Quincy to victory in the battle of Massachusetts.

Quincy then dropped a tough 9-6 game to Maine in their next pool game. Quincy was led by Geary (2 HR) and Green (HR) but some sloppy play led to the defeat despite only giving up four hits. Green and Murphy pitched well for Quincy in defeat.

Quincy rounded out their pool play games by thumping Vermont 19-7. Everybody contributed offensively but the charge was led by Gates (4 hits), Hunter MacIssac (2 hits) and Geary (3 hits, HR). Ryan Beardsley pitched a complete game for Quincy to get the win.

Quincy faced Newtown, CT in the New England Quarterfinals. A five run first inning set the tone for a 10-0 slaughter rule win. Continued dominant pitching by Tommy Gates, Colm Geary and Kevin Pritchard led Quincy to victory. Beardsley and Green started the game with back-to-back homeruns. Nick Ferrara had a two-rbi double to add to the lead. Pritchard and Gates also homered for Quincy. Murphy added a double and a triple.

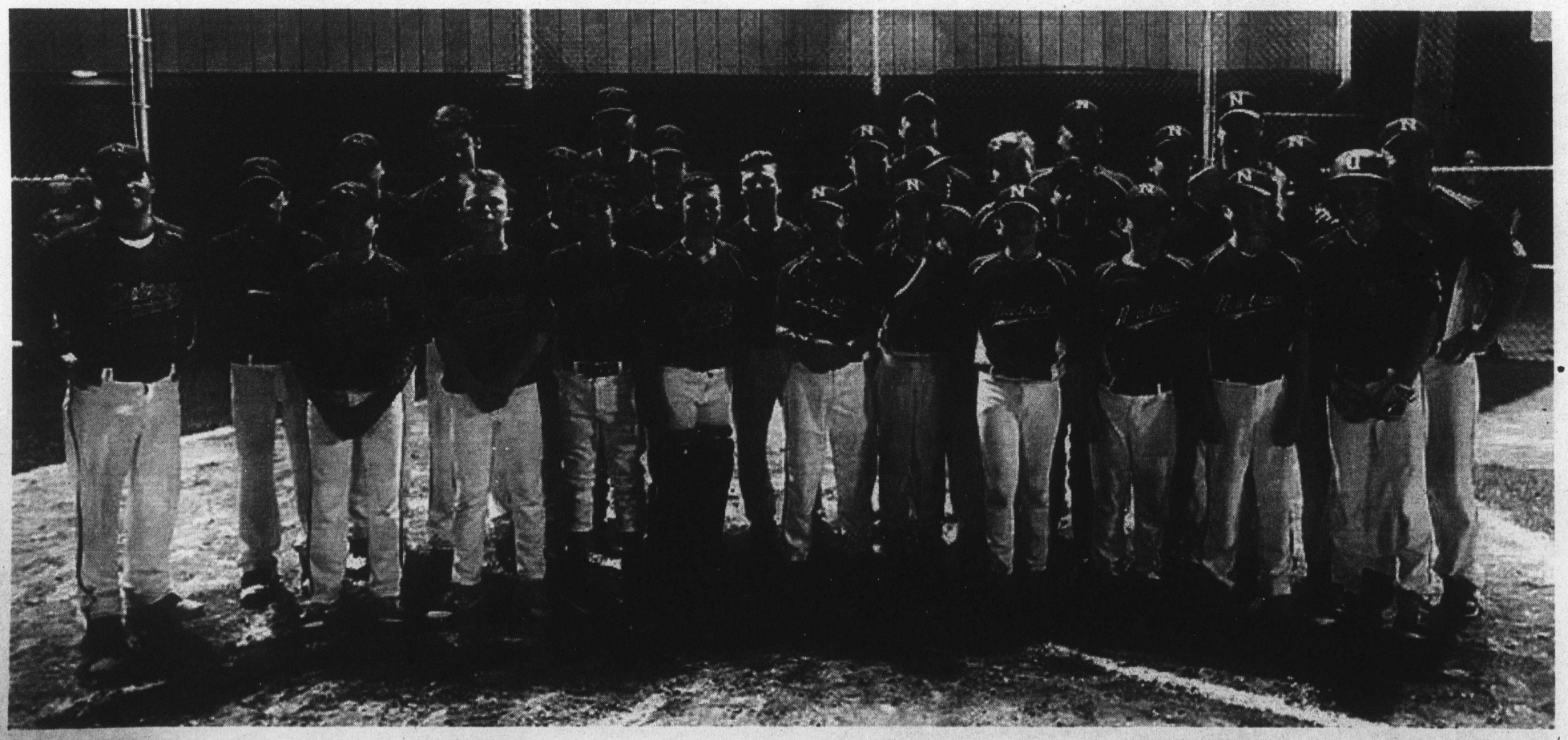
The magical ride ended in the New England Final Four with an extra-inning loss to Lisbon, Maine. Quincy fell behind early 3-0 but as is their custom they scratched and clawed their way back cutting the deficit to 3-2 heading into the fifth inning.

Scott Gutro hit a dramatic two-run homerun to give Quincy a 4-3 lead. Maine tied the game at 4-4 with a homerun of their own in the bottom half of the fifth. Both sides went scoreless into the sixth. Quincy put two runners on in the top of the 7th but Maine was able to get out of the jam. The game ended on a walk-off homerun by Maine in the bottom of the seventh. Gates, Geary, and Pritchard pitched valiantly for Quincy in defeat.

In the New England Regional Championship, Maine was defeated by Washington Park-Providence, Rhode Island the next night 3-2. Rhode Island will play for the National Championship down in Clemmons, NC starting on August 3rd.

"The strength of this team is the balance from all twelve," added Coach Matt Beardsley. "All of the boys have ability and they play with confidence. This is no fear on this team. It allows them to compete at their very best."

The Quincy 12s are currently undefeated in Suburban league play. They will end their summer playing at Cooperstown's All-Star Village later in August.



BASEBALL PLAYERS from Quincy and Newtown, CT gather near home plate during the 12-Year-Old Cal Ripken New England Tournament in Raynham. Quincy defeated Newtown in the quarter-finals and advanced to the Final Four of the tournament before bowing in extra innings to Lisbon, ME in the regional semi-finals. *Photos Courtesy David Murphy*

Quincy's Lauren Petrie Heading To Wisconsin On Track Scholarship

Cont'd From Page 19

I've strength trained a lot to be more explosive."

She's spent much of the summer inside the YMCA working with weights to strengthen her legs and back, then it's off to the Quincy High track to pack on a series of sprints to help with her overall explosiveness. Petrie has also studied tape of herself jumping, slowing it down to examine her approach, turn and takeoff at the bar. She oftentimes studies the technique and form of Olympians as well - most notably 2016 IAAF World Indoor champion Vashti Cunningham who owns a personal best of 6-6-1/4. "I love watching her jump," said Petrie. "She's amazing."

Ultimately, Petrie believes she can reach 6 feet in the high jump pit at the college level. "It's a huge benchmark for every athlete collegiately," she said. "I think it's just a matter of getting stronger. The stronger you are the easier it is."

Petrie is looking forward to being reunited with former Thayer teammate Emma Fitzgerald of Braintree. The 2016 national champion in the heptathlon, Fitzgerald had a big freshman year at Wisconsin, culminating with a fifth-place finish in the Big 10 championships.

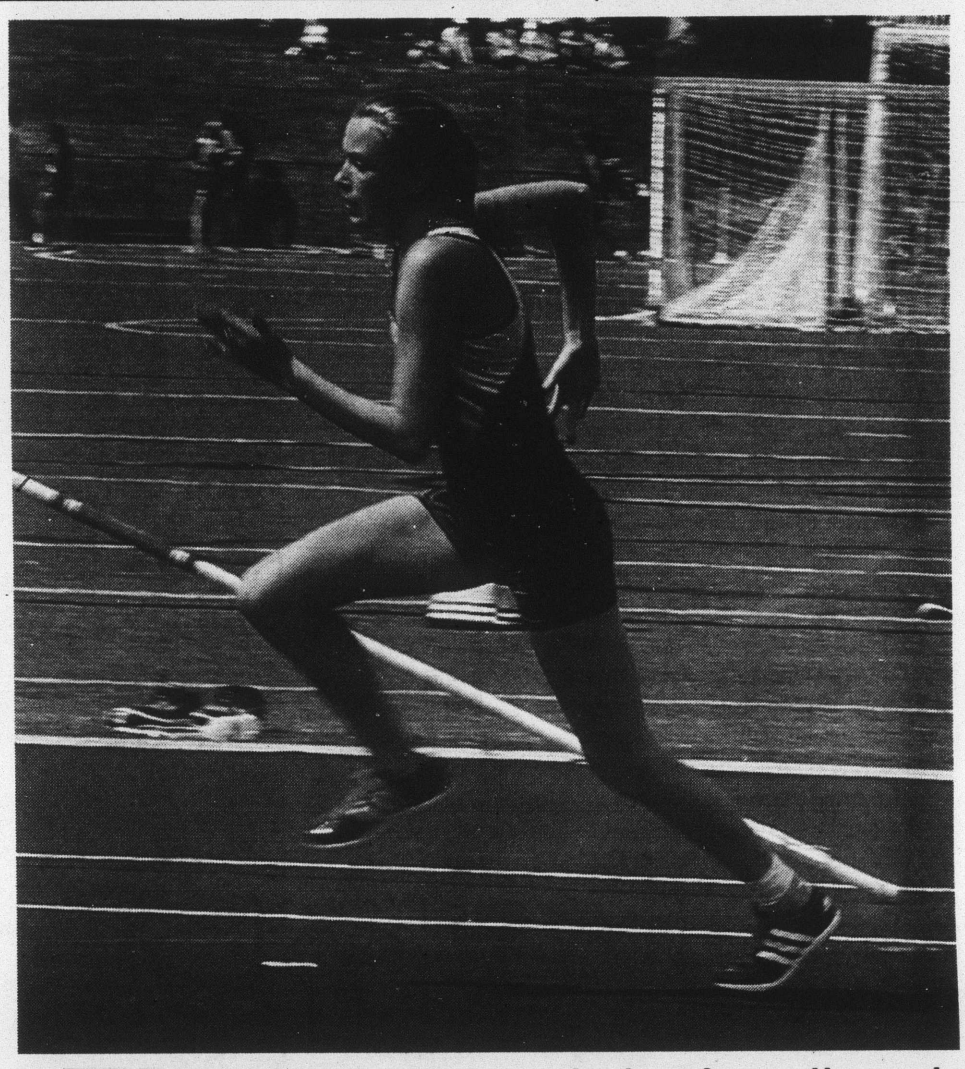
"She helped me a ton with everything in high school," said Petrie. "She's a great athlete."

Fitzgerald, inarguably the greatest trackster to come out of Thayer, believes the sky is the limit for Petrie in the high jump.

"Lauren has the potential to do really well at Wisconsin," said Fitzgerald. "The coaching is really amazing there. She has an amazing build for the high jump. She's tall and so coordinated which is really rare. Emma was an awesome teammate. She's one of the nicest people I know."

As much as she does love competing in the high jump, Petrie has other interests and is looking forward to diving into her International Studies and Arabic major. She is banking on four or five more years of competition and wants to make the very most of her time in the high jump pit.

"I'm really excited about doing it in college, but I want to be multi-faceted," Petrie said.



LAUREN PETRIE of Quincy began her track career when she was five years old as a member of the Quincy Track Club. The 18-year-old accomplished highjumper is now heading to the University of Wisconsin on a track scholarship after graduating this spring from Thayer Academy in Braintree. *Photo Courtesy Lauren Petrie*

Quincycles Dorchester Ride Saturday; Sea To Summit Ride Aug. 12

The public is invited to join Quincycles on Saturday, Aug. 5 in the fourth of a series of rides to connect and explore the neighborhoods of Quincy and Boston by bike.

During this free 10-mile ride, participants will take a "puddingstone tour," visiting four locations in Dorchester that have "puddingstone" rock outcroppings and one "puddingstone" parish. Parts of Metro Boston's geological history, including Roxbury puddingstone and Mattapan volcanic complex, will be shared. Hear famous Boston-poet Oliver Wendell Holmes' verse "The Dorchester Giant" read from these ancient stones.

The ride, which is a no-drop ride with multiple stops, starts at 10 a.m. at 551 Talbot Ave. in Dorchester, but Quincycles will lead a convoy over to the ride's starting point. To join the convoy, meet at Montillio's Bakery on Adams Street at 9 a.m. The Dorchester Ride is appropriate for ages 16 and over; helmets are required.

Quincycles Sea To Summit Ride

Join Quincycles on Saturday, Aug. 12, for a ride to both the highest and the easternmost points in the city. Meet at the the Bernazanni School on Furnace Brook Parkway at 7:30 a.m. to peddle up Chickatawbut Hill in the Blue Hills to enjoy the view at the overlook before heading down to Nut Island in Houghs Neck. Quincycles rides are free and open to the public.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group and the full schedule of rides can be found on their website at www.Quincycles.org.

Review the ride guidelines posted on the site before participating and check Quincycles Facebook page for weather related updates.

For any questions, email quincycles@gmail.com.

Atty. George Burke Donates $5,000 To Boston College Law School

Attorney George Burke recently made a donation of $5,000 to Boston College Law School. The contribution brings Burke's total commitment to $200,000.

Eleven members of Burke's family have attended either Boston College or Boston College Law School.

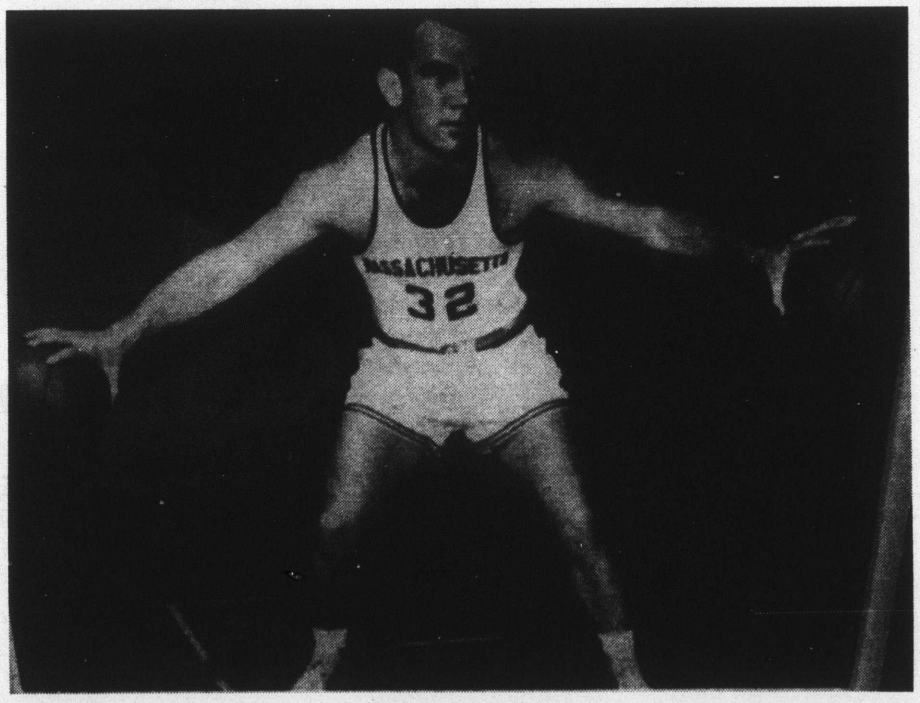
Atty. Burke was president of the class and graduated in the Class of 1959 and has given to Boston College every year ever since.

Burke's sister, Joyce, attended in the first class that women were admitted to Boston College in the year 1948. Burke's daughter, Jeanne, continued that tradition by graduating in the school of nursing the same as Atty. Burke's sister, Joyce.

Also, Burke's son, George C. Burke III, graduated from Boston College Law School.

Happy 85th Birthday George "Trigger" Burke

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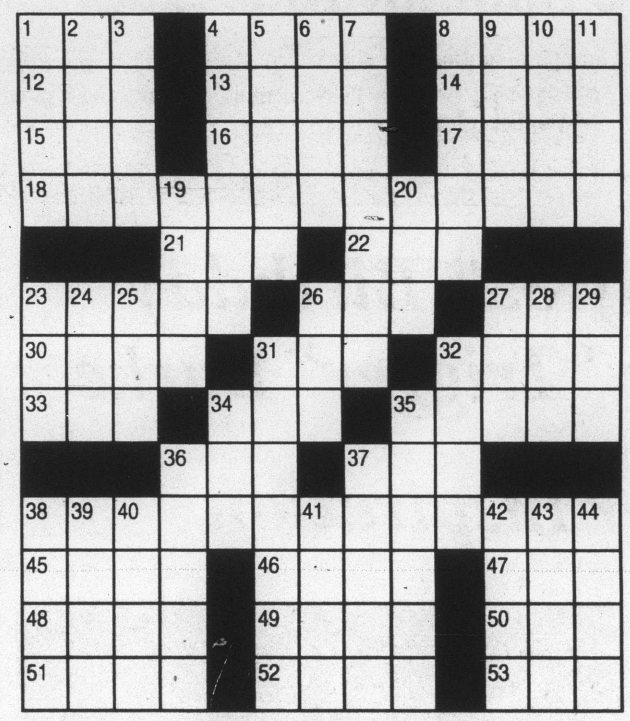
WE DELIVER (limited area)

SUN FUN PAGE

King Crossword

ACROSS
1 Do something
4 Apparel
8 Crockpot creation
12 Thickness
13 Radius neighbor
14 Head
15 Bribe
16 Paper quantity
17 Hebrew month
18 Cosmetic item
21 "Of course"
22 Young fellow
23 "Ivanhoe" author
26 Rarin' to go
27 Vagrant
30 Aesopian also-ran
31 Foundation
32 Foundation
33 Ram's partner
34 Plague
35 Tier
36 Spread seeds
37 Household member
38 Paperwork specialists
45 Met melody
46 Annoys
47 Have a bug
48 Volition
49 Reebok rival
50 Masseur's workplace
51 Gotta have
52 FBI employee
53 Evergreen type

DOWN
1 Church section
2 Satiate
3 Sort
4 Structure on a tank
5 Spreads for bread
6 Chew away at
7 Tried
8 Shell out
9 Body powder
10 Needle case
11 Healthy
19 Computer unit
20 Dine
23 The lady
24 Cornfield call
25 Tramcar load
26 Driver's license datum
27 Fundy, for one
28 Work with
29 Mal de —
31 Pete Weber's game
32 Dog owner's chore
34 Luau treat
35 Diminish
36 Burn with steam
37 Authentic
38 Chess piece
39 Ontario neighbor
40 Cleo's water
41 Proper companion?
42 Uncomplicated
43 Mature
44 Deli salad



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Whistle cord is shorter. 2. Stripe is different. 3. Book is missing. 4. Headset is missing. 5. Frog is missing. 6. Flagpole is missing.

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Trivia test by Fifi Rodriguez

1. GEOGRAPHY: Which is the largest of the U.S. National Parks?
2. MYTHOLOGY: Whose kidnapping was said to trigger The Trojan War?
3. AWARDS: Who was the youngest person to receive a Nobel Prize?
4. MOVIES: Which 1988 movie starred a character named John McClane?
5. MATH: How would you write the number 1015 in Roman numerals?
6. GENERAL KNOWLEDGE: What profession's members would most likely wear a toque?
7. MUSIC: What pop-music star sang the theme song "Nobody Does It Better" in the James Bond movie "The Spy Who Loved Me"?
8. SCIENCE: Who developed the Periodic Table of Elements?
9. ANATOMY: How many pints of blood are in the human body?
10. LANGUAGE: What is noteworthy about the word "facetiously"?

Answers

1. Wrangell-St. Elias in Alaska (over 8 million acres)
2. Helen
3. Malala Yousafzai, at age 17
4. "Die Hard"
5. MXV
6. Chefs
7. Carly Simon
8. Dmitri Mendeleev
9. About 10
10. It uses all vowels in alphabetical order

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Salome's Stars

ARIES (March 21 to April 19) Relationships continue to thrive, but watch for any telltale signs of potential problems. Take needed action now to set things straight before they become troublesome later.

TAURUS (April 20 to May 20) Your powers of persuasion, backed up, of course, by your considerable expertise, help you establish your case even to the most dubious decision-makers in your workplace.

GEMINI (May 21 to June 20) You might still be a bit reluctant to face up to some less-than-pleasant realities. But the sooner you accept the facts, the sooner you can set about making some needed changes.

CANCER (June 21 to July 22) Expect to make adjustments, even when things seem locked up and ready to go. But cheer up: At least one change could lead to something you've been hoping for.

LEO (July 23 to August 22) The success of a recent project should do a lot to boost your self-confidence. You might want to start now to check out ways to make that long-deferred bigger and bolder move.

VIRGO (August 23 to September 22) Ease up on the pressure you might be putting on the new person in your life. It takes time for a budding relationship to blossom. Show more patience and understanding.

LIBRA (September 23 to October 22) You have lots of inner strength in reserve. Use some of it to resist intimidation from those who might try to impose on your good nature for their own reasons.

SCORPIO (October 23 to November 21) The good news is that your on-the-job status is improving. The one cautionary note, however, involves a personal situation you might have been ignoring for too long.

SAGITTARIUS (November 22 to December 21) Congratulations. Once again, your sharp Sagittarian "horse sense" helps you work through a complicated situation that would leave most people confused.

CAPRICORN (December 22 to January 19) Plan on indulging yourself in some well-earned good times through much of the week. Then be prepared to face some thought-provoking issues by the 19th.

AQUARIUS (January 20 to February 18) Positive factors continue to dominate following a recent change in both your professional and personal lives. Expect to make contact with someone from your past.

PISCES (February 19 to March 20) Workplace stability allows you to continue making progress on your projects. But don't ignore your personal life. Spend more quality time with those special folks.

BORN THIS WEEK: You have the gift for making people feel special. Maybe because you know how special you are.

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K F D A X V S T Q O M J H F C
A Y W L U R P E T N L J C H G
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V E R T I C A L F I L E L Q O
M W E N E R I K I L H A D I H
F D B S T V Z D N F T C D N Y
W V T S R Q R U O A O L R O I
N L B I K I M E C I O R H A F
D A S C A B Z X S H R L C W V
U B S R E C N E R E F E R I Q
N A I R A R B I L O R N P M M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Abstract, Archives, Call number, Hold, Index, ISBN, ISSN, Librarian, Loan, Microfilm, Periodical, Reference, Renew, Reserve, Vertical file

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8	2	4	2	3	6	2	7	5	7	6	8	5
T	G	A	O	A	D	O	B	G	U	O	E	I
2	5	6	2	8	7	6	7	4	2	6	3	8
D	F	C	F	N	S	U	I	W	O	M	S	S
5	3	7	6	4	5	3	8	5	4	6	3	4
T	U	N	E	O	F	N	I	R	R	N	N	T
2	8	7	3	7	5	4	5	3	7	4	2	7
R	O	E	Y	S	O	H	M	D	S	Y	T	T
4	3	2	7	4	5	6	7	2	7	5	8	3
G	A	U	R	I	A	T	I	N	P	F	N	Y
4	6	8	6	5	6	5	2	4	5	2	6	5
F	I	R	D	R	E	I	E	T	E	I	A	N
8	2	5	2	8	6	2	8	2	8	2	8	8
E	N	D	L	D	S	O	U	V	C	E	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

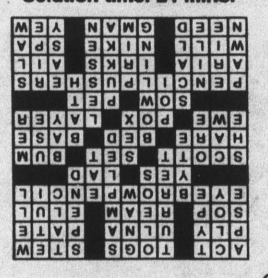
Clue: Z equals M

CGT ZYFTE, DSNF CBMYFL ONZT NET CN CGT XBFM, GBP XTLDF CN ZBMT ETLDUBE ZYFTEBU PTSNOYCO.

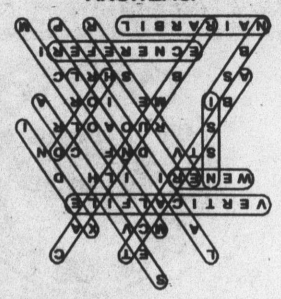
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— King Crossword —
Answers
Solution time: 24 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

The miner, upon taking some ore to the bank, had begun to make regular mineral deposits.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – It seems hard to believe that three-time Oscar-nominated director/screenwriter Christopher Nolan didn't know how famous Harry Styles, formerly of the boy band One Direction, was when he cast him in his film "Dunkirk," which has just opened in theaters. Nolan received Oscar nominations for his scripts for "Memento" (2005) and "Inception" (2010), as well as best director for "Inception." He's also the man who guided "Batman Begins" (2005), "The Dark Knight" (2008) and "The Dark Knight Returns" (2012) to top box-office success.

"I don't think I was aware of how famous Harry [Styles] was," Nolan said. "I mean, my daughter had talked about him, my kids talked about him, but I wasn't really aware of it. ... I cast Harry because he fit the part wonderfully. What he does in the film is really remarkable."

Seems strange he'd cast a singer with no acting experience to act with seasoned professionals Kenneth Branagh, Cillian Murphy and Tom Hardy unless he knew he could bring something to the table. You'd have to have lived in a cave not to know who Harry Styles is!

***

Robert Pattinson, red hot because of "The Twilight Saga" (2008-2012), had six films released since 2014, all of which were box-office duds. He now has three more films due: the crime drama "Good Time," with Jennifer Jason Leigh, out Aug. 11; the Western comedy "Damsel," with Mia Wasikowska; and the sci-fi adventure "High Life," with Patricia Arquette. At 31, Pattinson has to hit with these films if he's going to headline any others.

***

British actor Douglas Booth shaved his eyebrows and wore heavy make-up when he played Boy George in the 2010 BBC TV film "Worried About the Boy." An enthusiastic Boy George remarked, "He gets it, he reminds me of me when I was 17" (he wishes!). When he played Pip in a BBC film of "Great Expectations" (2011), critics went crazy over his looks. One female critic gushed "He gave a mesmerizing performance and was distractingly lovely; one can't expect Dickens ever intended Pip to be more beautiful than Estella!" Who gets reviews like that?

Booth then starred as Romeo in "Romeo & Juliet" (2013) to Oscar-nominee Hailee Steinfeld's Juliet; and Emma Watson's husband in "Noah" (2014), causing her to observe, "He's a 90-year-old man in a young body." He also starred in "Jupiter Ascending" (2015) with Mila Kunis, Channing Tatum and Oscar-winner Eddie Redmayne. His next film is "Mary Shelley," in which, as Percy Shelley, he inspires her to write "Frankenstein" (The Doctor or the Monster? Is that a compliment either way?) From Boy George to "distractively lovely" and inspiring Frankenstein, now that's a stretch, even for "an old man in a young body"!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		21
×		×		×	
	×		−		28
+		+		+	
	×		−		23
26		23		31	

2 3 4 5 5 6 7 8 9

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Collecting by Larry Cox

Q: I am in the process of clearing out my late mother's Chicago apartment. I am finding designer clothing from the 1940s and '50s, including a Christian Dior satin cocktail dress, a Givenchy hat and dozens of purses and shoes. I think these items are too good for thrift shops. How can I market them and get a fair price? -- Bob, Naperville, Illinois

A: You might begin by contacting some of the upscale clothing stores in the Chicago area. Get several offers before you decide to sell. Condition is extremely important, but keep in mind serious collectors are always on the prowl for design items. Designer clothing from the 1950s, '60s and even the '70s is extremely hot. For example, a 1970s Louis Feraud jacket and dress ensemble recently sold at auction for $475.

***

Q: I have a heart-shaped cedar box with a mirror inside the lid. It has an original price sticker of 59 cents on the bottom along with "Pilliod, Swanton, Ohio." The box can be locked with a small key. Any value? -- Marilyn, Oklahoma.

A: You have a trinket box, probably from the 1930s. The heart design and the fact that it is crafted of cedar make it quite collectible. Boxes of this type were sold as souvenirs and often contained small pieces of jewelry and keepsakes. They were especially popular in the South throughout the 20th century. Trinket boxes generally sell in the $20 to $35 range, if in good condition.

***

Q: I bought an old radio at a church sale and wonder how much it is worth. I paid $150 for a 1935 "tombstone" General Electric table radio in walnut finish. It has five tubes, three knobs and its original grille. -- Bill, Arkansas

A: I found your radio in three of my price guides, and all seem to agree that your radio is worth in the $90 to $110 range.

***

Q: I have a small pin shaped like a shovel with "Bury a Jap" embossed on it. Is it worth anything? -- Bob, Rhode Island

A: Your piece of World War II memorabilia from the home front is worth about $10.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was aviation pioneer Amelia Earhart who made the following sage observation: "Never interrupt someone doing what you said couldn't be done."

* You might be surprised to learn that famed composer Wolfgang Amadeus Mozart wanted to marry the notorious Marie Antoinette. Of course, at the time he stated this desire, he was 6 years old and she was 7.

* It's possible that you've never tried to imagine a baby bat nursing -- though, as mammals, they certainly do. Now that you are imagining it, here's a hint: The babies have to nuzzle into mom's armpit (wingpit?) to get to the milk.

* The year the Second Continental Congress issued the Declaration of Independence, establishing the United States of America, the fledgling nation had a total population of 2 1/2 million -- less than one-third of 1 percent of the global population. By 1800, even though the population of the growing nation had more than doubled, America still ranked 16th in the list of most-populous nations. Today, though, with a population of over 325 million, the United States has more people than any country except China and India.

* Those who study such things say that as we get older, we breathe more slowly.

* Sure, a group of swans can be referred to as a flock or a flight, but why not show some creativity? You can refer to a grounded group as a bank or a drift (presumably due its resemblance to a drift of snow); in the air, they can, collectively, be called a wedge. The best choice, however, might be the fanciful term "a lamentation of swans."

***

Thought for the Day: "It has been said that a pretty face is a passport, but it's not. It's a visa, and it runs out fast." -- Julie Burchill

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Now here's a tip!

by Jo Ann Derson

* When decluttering, use this tried and true tip: Set up four boxes with labels for Keep, Donate/Sell, Trash and Recycle. It's amazing how much you can take care of quickly.

* "We had a big basket for shoes by our door. It just kept getting messy as people would search for their own shoes in it. Finally, I got smart. I put a low bench by the door and stashed one small basket for each family member underneath. Your shoes go in your basket, and it's much less mess." -- A.L. in Georgia

* "Tired of waiting for that frothy head on your beer or root beer to go down? Stick your finger in it and watch it disappear like magic." -- K.E. in Idaho

* "My kids kept losing the plastic sticks for the ice-pop maker, and I ended up with several of the molds. I kept one, and we use craft sticks instead of the plastic ones that came with it. We use another mold in the car to keep little items sorted, like change, gum and mints and charging cords. It's set in the center console and works great!" -- M.R. in California

* Common substitutions: Use a tablespoon of lemon juice mixed with enough milk to make one cup for every cup of buttermilk a recipe requires. Let the mixture stand five minutes before use.

* A tub full of soapy bubbles after a kids' bathtime? Shake salt on the foam and watch it disappear!

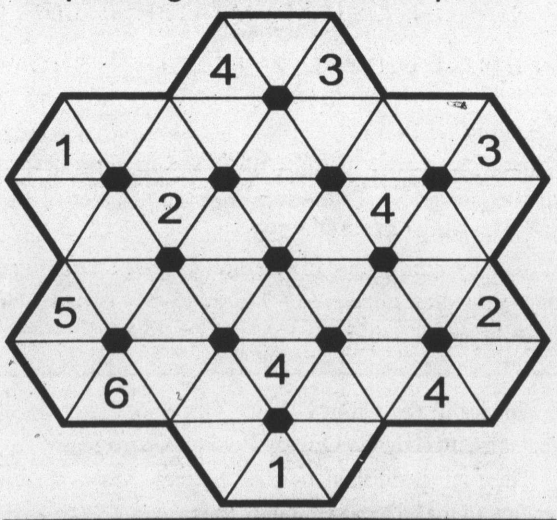
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

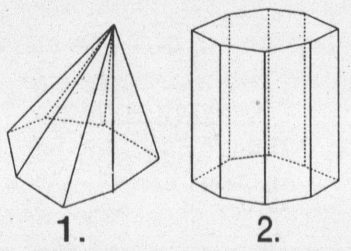
◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

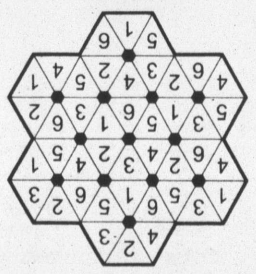
by Terry Stickels

What are the names of the solid objects?



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SNOWFLAKES solution



Go Figure! answers

5	+	2	×	3	21
×		×		×	
4	×	9	−	8	28
+		+		+	
6	×	5	−	7	23
	31		23		26

Stickelers Answer

1. Oblique heptagonal pyramid
2. Right octagonal prism

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

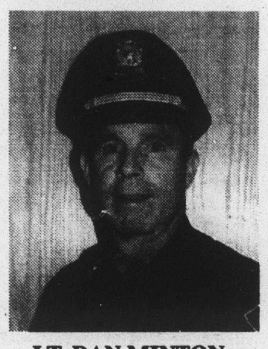
On Thursday, July 27, at approximately 1:30 p.m., Officer William Lanergan was working in plain clothes as part of the Anti-Crime Unit. At this time, the officer checked on the area of the Pond Street Playground for any suspicious activity. This area is often frequented by homeless people and drug users.

Officer Lanergan observed a male and female sitting on a bench so he watched them as well as others in the park area. After a few minutes of observation, the officer watched the male take a small nip bottle and pour it into a can of coke. Anti-Crime Officer Ryan Donnelly arrived on scene to assist. The male then forcefully grabbed the female's hand and pulled her across the skate board park and over to the skate board ramp. He then attempted to pull her under the ramp.

Concerned for the female, the officers rapidly approached them. The male pulled the female under the ramp and it was at that point the officers approached the male and female to check on the safety and well being of all involved. The officers pulled out their badges and said Quincy Police several times. The male came out aggressively and asked what the officers wanted.

As Officer Donnelly started to speak with him, the male used his right hand to throw two small blue pills to the ground and then step on them. Officer Lanergan immediately placed the male in handcuffs for safety reasons. The female crawled out from under the ramp and with relief in her voice thanked the officers. As Officer Lanergan reached for the blue pills on he ground, the female said, "Those are my pills - my Xanax. I knew he took them."

The male, yelling that he did nothing wrong, had an odor of alcoholic beverages on his breath. He denied throwing down any blue pills. Officer Lanergan advised the male that not only did they see him do this, the pills were completely dry despite the fact it was raining. The male was placed into an awaiting police cruiser and transported to the station for booking. Once the male was removed from the scene, the female approached the Officers and stated she was so relieved when the officers arrived when they did.



LT. DAN MINTON

She then said she was hanging out near the park when the unknown male came up to her and engaged in a conversation. He suggested she buy some nips of vodka, which she agreed to. There were several open and unopened nips of Smirnoff watermelon vodka in the area where the couple were. She stated everything was fine at first and "I thought he was a good guy until he asked me to go under the ramp." She said she didn't want to so he dragged her to that direction anyway. She told the male to stop several times but he kept pulling her.

Once under the ramp, she said the male started to pull her sweatpants down but she said, "No don't" and pushed him away with her feet. He then started to kiss her face and neck while she told him she did not want to do anything with him and to get off of her. It was at this point that the officers arrived and intervened.

As to the drugs, the female stated that before the Police arrived, the male grabbed her handbag and start going through it. She confronted him and he said that he wanted some of her prescription pills. She didn't think that he took any of her pills until he threw them on the ground.

The suspect, a 33-year-old homeless man, formerly from Gardner and Boston, was charged with indecent assault and battery possession of class "E" drug –Xanax, Larceny under $250 - the Xanax, and possession of an open container of alcohol (Ccty ordinance 9.04.020).

The female declined medical attention and stated she was uninjured. Officer Cleary arrived on scene and transported the female to her home.

Nice Work!

❑

Fake Publishers Clearing House scams

Publishers Clearing House ads can often be seen on television with a group of people knocking on a resident's door with balloons and a big check for millions of dollars. The recipient(s) are seen jumping for joy.

As always, there should be some concerns, such as, Is this legitimate? Publishers Clearing House and the FTC have both received many reports about scammers using the Publishers Clearing House name to deceive people. Scammers call, claiming you've won the sweepstakes – but, to collect your prize, you need to send money to pay for so-called fees and taxes.

Paying to collect a prize, no matter what the reason, is a scam. Scammers will often ask you to send money by Western Union or MoneyGram, or to get a prepaid card or gift card to be sent to them before you receive your prize. The scammers use this method because it is practically impossible to trace that money – and you'll almost never get your money back.

If you think you've won a prize, consider this:

- Publishers Clearing House will never ask you to pay a fee to collect a prize. In fact, no legit prize promoter will ever charge you to win.
- If anyone calls asking you to pay for a prize, hang up and report it to the FTC.
- Never send money to collect a prize. It's a scam.

According to Publisher's Clearing House, they do not call ahead to say you've won.

Did you send money to a prize scammer, or know someone who has? Report the loss immediately to the company you paid through (Western Union, MoneyGram, the prepaid or gift card company). Follow this up by contacting the FTC and if you wired money to a scammer via Western Union between January 1, 2004 and January 19, 2017, you might be eligible for a refund.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
July 21 – 28
Calls: 1,147
Arrests: 19
Stolen Vehicles: 2

FRIDAY, JULY 21

LARCENY, 9:06 a.m., Brackett St. $100 taken from drawer.

VANDALISM/PROPERTY, 11:07 a.m., Atlantic St. Stair railings, composite plastic, smashed. No suspect info.

LARCENY, 11:47 a.m., Bigelow St. Several items.

LARCENY, 3:55 p.m., Lobster Stop, 732 Washington St. Caller's phone stolen from the Lobster Spot and pinging in the area of the Fat Cat.

VANDALISM/PROPERTY, 7:50 p.m., Quincy Catholic Academy, 370 Hancock St. Fence. Youths were gone on arrival.

SATURDAY, JULY 22

ASSAULT AND BATTERY, 2:14 a.m., Marina Bay Marina, 333 Victory Rd. Caller witnessed three males assaulting two other males. Victims still there, bleeding. Ambulance to QMC with two. Suspects last seen traveling near public lot heading towards East Squantum Street. Suspects detained at Victory by East Squantum. Three parties to be summonsed for A&B.

VANDALISM/PROPERTY, 9:35 a.m., Brook Rd. Party did not gain entrance but both locks severely damaged.

LARCENY, 11:10 a.m., Frozen Freddies, 435 Washington St. Male on video stealing from tip jar.

VANDALISM/PROPERTY, 4:41 p.m., Grossman St. Caller's fence damaged. Thinks a vehicle might have struck it.

SUNDAY, JULY 23

VANDALISM/PROPERTY, 11:15 a.m., Liberty St. Passenger side window broken.

VANDALISM/PROPERTY, 11:15 a.m., Arlington St. Car drawn on with some sort of chalk paint, caller is able to remove it.

MONDAY, JULY 24

BREAKING AND ENTERING, 5:01 a.m., Palmer St. Caller believes someone stole $3,200 from his briefcase in his apartment. Briefcase still there but empty.

VANDALISM/PROPERTY, 9:09 a.m., Arlington St. Yellow tagging on driver's side.

VANDALISM/PROPERTY, 9:47 a.m., Siam Thai Massage, 136 Washington St. Broken windows. No suspect info.

VANDALISM/PROPERTY, 2:28 p.m., Billings Rd. Window broken. Caller has video of suspect.

TUESDAY, JULY 25

BREAKING AND ENTERING, 1:26 p.m., Granite City Self Storage, 95 Old Colony Ave. Storage unit.

LARCENY, 4:16 p.m., Crane Library, 40 Washington St. Charger for e-cigarette.

VANDALISM/PROPERTY, 4:34 p.m., Water St. Caller states she had her vehicle towed this morning to Firestone because her tires were flat. Firestone has since advised her they were slashed.

WEDNESDAY, JULY 26

VANDALISM/PROPERTY, 2:47 p.m., Cross St. Front window broken. Vehicle in driveway keyed. No suspect info.

LARCENY, 4:14 p.m., Franklin Pl. Package.

INDECENT EXPOSURE, 8:41 p.m., Appleton St. Male was walking around outside with no pants on, is now inside. Caller states this is an ongoing problem. Brewster notified for eval. Party sectioned by the CR1 to QMC. Complaints for open and gross.

MOTOR VEHICLE LARCENY, 10:33 p.m., Walnut St. Party in a Papa Gino's uniform met caller to possibly buy a motorcycle. Party took it for a test ride but has not returned.

THURSDAY, JULY 27

BREAKING AND ENTERING, 2:59 a.m., Young St. Alarm went off in garage 5 to 10 minutes ago. Coat covering male's face on security camera. Pry bar seen on camera. Nothing taken but suspect gained access to garage.

INDECENT EXPOSURE, 1:47 p.m., Copeland St. Drunk female. One under arrest for indecent exposure.

MOTOR VEHICLE LARCENY, 3:51 p.m., Hertz, 686 Southern Arty. Party in lobby states vehicle was stolen. Refused to give details.

ATTEMPTED BREAKING AND ENTERING, 7:47 p.m., Arlington St. Damage. No entry made.

FRIDAY, JULY 28

ASSAULT AND BATTERY, 12:55 p.m., Arlington St. Caller states she can hear them yelling 'I'm going to call you with a knife.' Caller unable to see anything. XRay 5 clear with patient refusal. ABDW with knife, suspect identified.

VANDALISM/PROPERTY, 5:26 a.m., Zen Spa, 496 Hancock St. Passerby reporting the front glass of business appears to be smashed with brick.

VANDALISM/PROPERTY, 5:53 a.m., Billings Rd. Brick thrown through business window. Camera at business. Two similar past incidents.

LARCENY, 7:36 a.m., United First Parish Church, 1306 Hancock St. Caller reports his bag was taken from him on steps of church. Medication stolen.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Walnut Street, 686 Southern Artery.

❑

CAR BREAKS: Franklin Street, Bromfield Street, Hunt Street, Sims Road, Water Street, Phillips Street, 79 Coddington St., Falls Boulevard, Brook Road, Fort Street, Wendell Avenue.

❑

BREAKS AND ATTEMPTED BREAKS: Palmer Street, Standish Avenue, Old Colony Avenue.

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

Quincy Point Congregational

Holy Communion will be served by intinction Sunday, Aug. 6th at 10 a.m., in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

Peter Johnston's sermon is, "Everyone Who Thirsts, Come to the Waters."

The church is handicap accessible, complete with an elevator via the Abbey Road side of the building. After worship, there will be light refreshments in the downstairs social hall for light refreshments. While there take a moment to sign the "Birthday and Thinking of You" cards.

A "One Room" Summer Sunday school is available during the summer months. If you wish your child to attend, bring them to the children's room on the basement level adjacent to the kitchen before worship. The summer curriculum is the One Room Sunday school series by Deep Blue, see: www.deepbluekids.com for more details.

Pick up a bag this week in the narthex at Quincy Point Congregational to fill with non-perishable food for Interfaith Social Services. Items are due back the third Sunday of every month. Remember if were helping or wanted to help with ISS's "Plant, Grow, Share" program – fresh fruit and vegetable donations are accepted from 8:30 a.m. to 3:30 p.m. Monday through Friday and until 7 p.m. on Tuesdays at The ISS building located at 105 Adams St. See www.interfaithsocialservices.org for more information.

Open House Aug. 20 Temple B'nai Shalom

The public is invited to an Open House Sunday, Aug. 20 from 10 a.m. to noon at Temple B'nai Shalom of Braintree, 41 Storrs Ave., Braintree.

Enjoy coffee and a bagel and meet congregants, learn more about religious school and weekly services.

For further information call 617-921-0368.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Communion Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Compassion & Power." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Guest speaker, Rev. Wayne Earl, will lead the service and preach the sermon "When I Am Afraid."

Maureen Flores, Liturgist will call to worship and read the scripture lesson. Steve Reed minister of music will play the music and hymns for the Hymn Sing. Janice Hughes and Susan Stimpson will serve for the Diaconate.

Donations for the "Save the Belfry Fund" are accepted in church and by mail.

A fellowship coffee hour follows the service hosted by Helen Miller and Susan Stimpson. All are welcome.

Save The Belfry Fund At Houghs Neck Church

For over 122 years, the Houghs Neck Congregational Church has been a foundation in the Houghs Neck community.

It is more than a building – it's a symbol of what "community" is all about. The church is not large in size but it is in heart.

The many events held benefit the members and the community at large. Many of Quincy's non-profit organizations such as Interfaith Social Services, DOVE, Inc, The Quincy Animal Shelter among others are generously supported by the church.

The Houghs Neck Congregational Church needs help. After all these years, the granite façade and belfry for which the church is famous are in much need of repair. The bells have been heard on Sunday mornings as a call to worship and also been tolled for weddings and in honor of many who lost their lives. It has become a source of pride to the tight-knit community.

The Community Preservation Act through the City of Quincy has awarded the church funds to assist in those repairs but $15,000 must be raised in order to complete the restoration. The extensive repairs need to be done as soon as possible to prevent more damage. The granite façade needs to be restored to its original condition so that it can once again withstand the elements of nature, thus stabilizing the structure of the belfry.

The "Save the Belfry" project is about the restoration, but it will also allow the church to continue to serve the community as it has over the years. If you consider making a donation to help meet the goal of completing the work it may be sent to Houghs Neck Congregational Church, 310 Manet Ave., Quincy, MA 02169. Mark it "Save the Belfry."

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m. Guest Speaker Rev. Wayne Earl will preach the sermon "When I Am Afraid"
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Communion Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "Compassion & Power"
Child Care Available For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
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www.wollastonucc.com

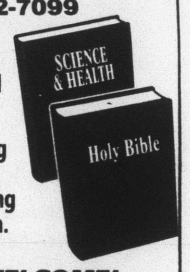
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4TH Friday – Youth 7:30PM

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6:30PM WEDS. BIBLE STUDY

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OBITUARIES

Eileen M. Rodgerson

Visiting hours for Eileen M. (Joyce) Rodgerson of Naples, Fla., and formerly of Quincy were held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Rodgerson died suddenly July 18.



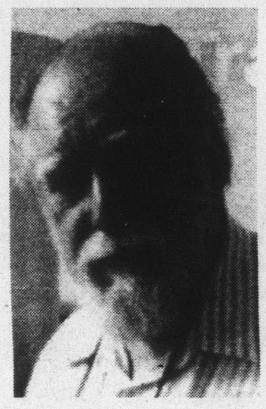
EILEEN M. RODGERSON

She and her son Paul were in the process of moving back to Massachusetts. She was the beloved mother of Joyce M. Gillespie and her husband John of Squantum, Stephan J. Rodgerson and partner Janice Dolan of Readville, Brian P. Rodgerson of N. Quincy and Daytona Beach, FL, Janet E. Doe and her husband Bruce of Naples, FL, and Paul F. Rodgerson of Naples, FL and N. Quincy. She is also survived by her grandchildren John F. Gillespie III and wife Beth Dunigan of S. Boston, Terrance J. Gillespie of Squantum, Taylor E. Doe of Naples, FL and S. Boston and Molly M. Doe of Naples, FL and S. Boston. Also is survived by two great grandchildren, Jordan M. Gillespie of Chicago and Kayla McMahon of Quincy. She was the daughter of Margaret and Patrick Joyce of S. Boston, and her deceased sisters Peggy Shea of Squantum, Mary Murphy of Squantum, and the late Patrick Joyce of Weymouth.

Mrs. Rodgerson was also one of the original meter maids of Boston and she also worked for the Massachusetts Racing Commission. She was also an avid fan of the Boston Red Sox and New England Patriots and anything to do with her beloved Boston! Mrs. Rodgerson was a single parent who brought up her five children on her own. She leaves a legacy of love and strength to her family.

Memorial donations may be made to the Gavin Foundation, Development Department, 675 E 4th St., Boston, MA 02127.

In Memoriam
John G. Fantucchio



May 15, 1938 - August 4, 2016

You left us one year ago, but you will always be in our hearts.

Mary & Marianne

William D. Galloway, 84

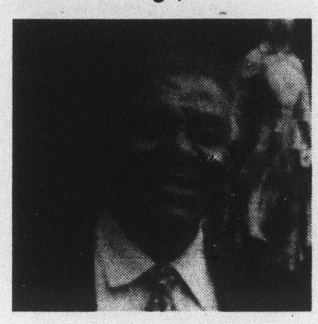
A memorial service for William Douglas "Dicey" Galloway, 84, of Houghs Neck, a talented baritone whose songs entertained millions on the radio and silver screen, will he held Aug. 12 at 2 p.m. in the Kingdom Hall of Jehovah's Witnesses, Dorchester.

Mr. Galloway died peacefully in his sleep on July 18 after many years of multiple illnesses.

Affectionately known as "Dicey," he was born in Eden, NC on June 23, 1933 to Theodore Roosevelt Galloway and Annie Finney Galloway. Raised in NC, he lived in New York City for 34 years before moving to New Bedford, and later Quincy. He served his country with honor in the US Army during the Korean War.

Mr. Galloway was best known as the original baritone of the popular doo-wop group The Harptones in the 1950s, whose best-known recordings include "A Sunday Kind of Love" (1953), "Why Should I Love You?" (1954), and "Life is But a Dream" (1955), which was also featured in the 1990 film Goodfellas and can be found on the film's original motion picture soundtrack.

In his later years, he was employed at Shaw's Market in Braintree where he often entertained customers in song. As one of Jehovah's



WILLIAM D. GALLOWAY

Witnesses, Mr. Galloway loved sharing with people his faith and the Bible's hope for the future.

He is survived by his wife, Joyce FitzGerald Galloway of Quincy, daughters Jeannine Galloway of East Boston, Denise LeBlanc of Brooklyn, NY, Saundra Galloway of Staten Island, NY, son William Galloway of Staten Island, Joyce Galloway of Seattle, and Elaine Jones of NY. His sisters Jacine Chappell and her husband William of Kissimmee, FL, Barbara Jean Galloway of the Bronx, NY, Peggy James and her husband William Dempsey of New York City, Anne Fontaine of Greensboro, NC, 12 grandchildren and many nieces and nephews. He was predeceased by brothers Paul Galloway, Gordon Galloway and Charles T. Galloway

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Stephen A. Tomasetti, 65

Stephen A. Tomasetti, age 65, of Quincy, brother of John Tomasetti of Shutesbury, died July 15 at his home in North Quincy.

Mr. Tomasetti and his twin brother Paul were the first twins born in Boston on Jan. 1, 1952, at the New England Hospital for Women & Children.

Mr. Tomasetti attended the Quincy public schools and graduated from North Quincy High School. He loved sports and played both baseball and football for North Quincy.

Mr. Tomasetti excelled in baseball and at the age 17 was informed by the then world champion Oakland Athletics that he would be selected in their next draft. Also at the age 17, Mr. Tomasetti's twin brother Paul won his first body building title becoming Mr. New England of 1969.

Mr. Tomasetti's dream of being drafted by major league baseball team came true when the Oakland Athletics took him in the free agent draft of 1970. Mr. Tomasetti was signed by Jack Valley, an Oakland scout. He was assigned to play for the Athletics baseball club in the North West League, Coos Bay, Oregon.

After his first season, Mr. Tomasetti was severely injured in a motorcycle accident, suffering a traumatic brain injury, losing sight in one eye, and ending his dream of becoming a major league baseball player.

His greatest thrill in baseball was facing Oakland's great pitcher Vida Blue in an intra-squad practice game with the major league team. After striking out on three pitches, Mr. Tomasetti hit a home run off of Blue in his second at bat.

After his accident, Mr. Tomasetti returned home and lived with his parents. He was hired by the Liberty Mutual Insurance Co. working at their facility in Stoughton. After his parents' death, Mr. Tomasetti was able to live independently until his death at the age 65.

In June 2016, he was inducted into the North Quincy High School Baseball Hall of Fame.

He was predeceased by his twin brother Paul and his parents Arthur and Viola Tomasetti. Surviving are two brothers John Tomasetti of Shutesbury and Arthur Tomasetti Jr., last known residence Boston.

As requested by Mr. Tomasetti, there will be no service and private burial arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Brain Injury Association of MA, 30 Lyman St. Suite 10, Westborough, MA 01581.



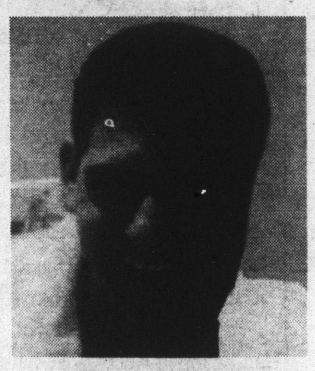
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Robert J. Biagini

A funeral Mass for Robert J. Biagini of Quincy was celebrated Wednesday in St. Ann's Church, Quincy.

Mr. Biagini died July 27 surrounded by his loving family.



ROBERT J. BIAGINI

Beloved husband of 59 years of Joan Biagini (Marini) of Quincy. Loving father of Anita Christie and her husband Van of Quincy, Debra Biagini and her partner Douglas Noonan of Plainville, Robert J. Biagini, Jr. and his wife Cynthia of Weymouth, Teresa Kelly and her husband James of Quincy, Patricia Biagini of Stoughton, Daniel Biagini and his wife Heather of Weymouth and Joseph Biagini of Quincy. Devoted grandfather of Maria, Danielle, John, James, Alyssa, Malcolm, Brian, Sophia, Claudia, Ava, Mariposa and Soleil. Cherished great-grandfather of Josephine and Riley. Caring brother of Diane Acorn and her husband Lorence of Quincy, Ronald Biagini and his wife Carol of Florida and the late Lorraine Woodbury. Also survived by many nieces and nephews.

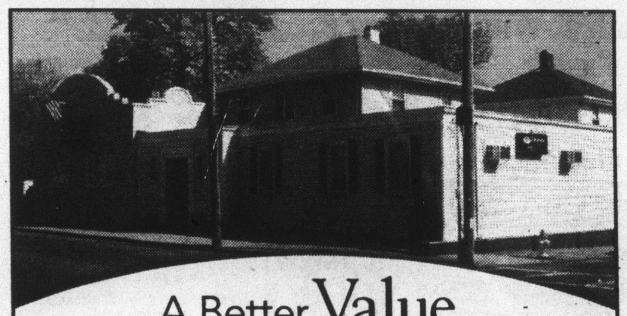
Mr. Biagini graduated from Quincy High School, class of 1956, where he played football and baseball. He was an ironworker for most of his life working as an apprentice for Bethlehem Steel and later for Dorel Steel, a boss at the Quincy Ship Yard and retired from Clean Harbors. He also worked as a bar tender at the VFW in Quincy.

Mr. Biagini was a long time member of the General Dynamics long service club. He enjoyed bowling, especially for the league at Olindy's in Quincy. His main passion in life was his family and spending time with those he loved. He will be sadly missed but never forgotten.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to VNA Care Hospice, 5 Federal St., Danvers, MA 01923 or to an animal shelter of your choice.



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*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).

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Carol A. Ridge, 74

Visiting hours for Carol Ann (Webster) Ridge, 74, of Quincy were held July 28 in the Peck Funeral Home, Weymouth.

Mrs. Ridge died July 23 at South Shore Hospital after a period of failing health.

She was born in Boston and raised in the Medford and Somerville area. Her entire adult life was spent in Hull and Marshfield. She moved to Quincy nine years ago.

Mrs. Ridge enjoyed her life as a homemaker and mother. She converted to Buddhism in 1977 and became a member of the SGI-USA, a Buddhist organization. She was very devoted to the faith and made many lifelong friends, remaining active until her recent illness. Mrs. Ridge had a special gift of putting everyone at ease with her warmth and charisma. She made a strong impression on all that she met. She enjoyed traveling to Ft. Lauderdale and Palm Springs, CA., to visit numerous friends and relatives.



CAROL A. RIDGE

Mrs. Ridge is survived by her loving son, Michael A. Ridge of Weymouth. She was the devoted mother of the late Brigette Ridge formerly of Ft. Lauderdale, Fla. She was the loving grandmother of Taryn Salamone and Alex J. Petrucelli both of Ft. Lauderdale; loving sister of Joan D. Cater of Raleigh, N.C., and Ronald D. Webster of Palm Springs, CA. She was the former wife of the late Edward M. Ridge and companion of the late Martin Leonard formerly of Marshfield.

Memorial donations may be made to the Home for Little Wanderers, 780 American Legion Hwy., Roslindale, MA 02131.

South Shore Bank Donates $20,000 To S.S. Hospital

South Shore Bank recently presented a check for $20,000 to South Shore Hospital as part of its annual campaign to benefit the residents and business served by the bank's extensive portfolio of financial services.

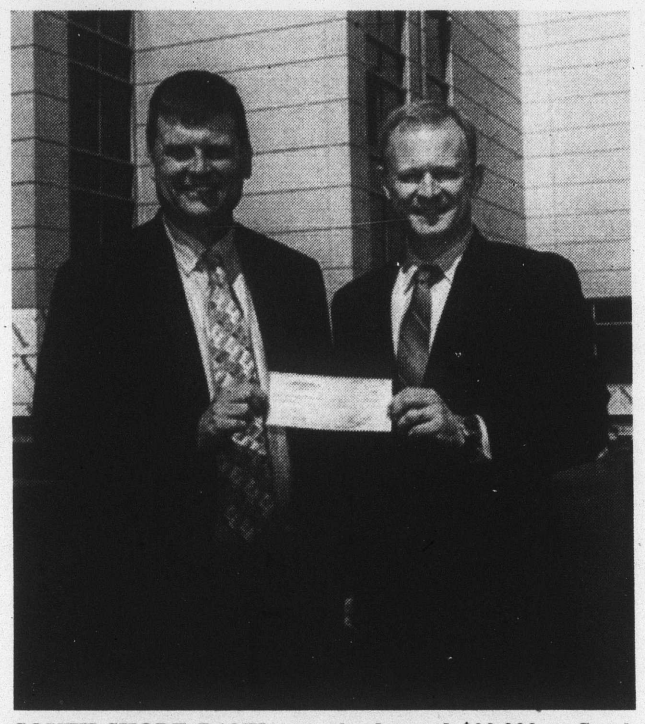
Since 2009, South Shore Bank has donated more than $200,000 to South Shore Hospital, and July's donation is the third in a four-year commitment to assist the hospital in its fundraising efforts to procure new equipment and make capital improvements. The hospital hosts several events each year to raise money to ensure the people of our shared communities continue to receive exceptional health care close to home and this donation serves to support those fundraising efforts.

"We are so proud to again be presenting South Shore Hospital with a donation which we hope reinforces our shared message to the people of our region that collaborations like the one between South Shore Bank and South Shore Hospital helps create a vibrant and healthy South Shore," said James M. Dunphy, South Shore Bank president & CEO.

South Shore Bank has been serving Southeastern Massachusetts since 1833, with a tradition of commitment to the community and a network of 16 retail offices. South Shore Hospital, which is part of South Shore Health System, opened its doors in 1922 to provide local, high quality medical care for the people of the South Shore Region. Despite the near century between their inceptions, both institutions were founded with missions to support and improve the quality of life for the people they serve.

"The ongoing, synergistic relationship between South Shore Bank and South Shore Hospital runs deep and wide, with a combined two hundred and seventy-nine years of service to the South Shore community," said Gene E. Green, South Shore Health System's president and CEO.

"Both of our organizations remain devoted to providing the most advanced services, technology, expertise and most importantly the best possible experiences for our patients and customers. We are grateful to South Shore Bank for their unyielding support of our shared missions."



SOUTH SHORE BANK recently donated $20,000 to South Shore Hospital in Weymouth. Pictured are James Dunphy (left), the bank's president and CEO, and Christopher O'Connor, the senior vice president of philanthropy for the South Shore Health System Foundation.

Photo Courtesy South Shore Bank

Eileen C. Lord

A funeral Mass for Eileen C. (Purtell) Lord will be celebrated at 10 a.m. Thursday in St. John the Baptist Church, Quincy.

Mrs. Lord died peacefully Monday.

A longtime Quincy resident she formerly lived in Westwood. Mrs. Lord was born in Boston, grew up in Mattapan and was a graduate of Hyde Park High School. During those years she was an active member of "The Bishop Regan Club."

A loving and supportive wife and mother, Mrs. Lord lived for family and in her later years spent as much time as possible spoiling her grandchildren. She had a passion for antiques and collectibles, visited yard sales regularly, and whenever possible attended "antiquing events" such as the Brimfield Fair. She retired from her position as office manager of the Robert V. Wallace Real Estate Co.

The beloved wife of the late Edward A. Lord, she is survived by her devoted children: Edward A. Lord Jr. and his wife Isabella of Wrentham, Theresa M. Lord and her husband Brian of Weymouth, Donna C. Clapp and her husband Stephen of Braintree and Daniel C. Lord of Dedham. Cherished grandmother of Rachel Lord, Lee Edward Piatelli, Samantha Lord and Bridget Clapp. Dear sister of Anne Lord of Quincy and the late Dorothy Farrell, Audrey Smith, Gloria Sweeney, Rev. John Purtell, James Purtell, and Edward Purtell.

Visiting hours were 4 to 7 p.m. Wednesday in the Alfred D. Thomas Funeral Home, Milton.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, P.O. Box 1000, Dept. 142, Memphis TN 38148.

More obituaries online at: thequincysun.com

Annual Shannon Grant Basketball Tournament Aug. 5

Law enforcement officials, youth services workers and local teens will join together for the Annual Shannon Grant Basketball Tournament on Saturday, Aug. 5, in a show of solidarity among youth and those who fight for their safety.

Cambridge, Chelsea, Everett, Malden, Quincy, Revere, Somerville and Winthrop will send teams to a five-on-five tournament hosted by the Metro Mayors Coalition as a way to celebrate a safe summer 2017, and kick off the coming school year.

The Metro Mayors Coalition, facilitated by the Metropolitan Area Planning Council (MAPC), is a collaborative group that brings together 13 mayors and city and town managers from the Greater Boston area to find common solutions to shared problems.

The tournament takes place from 10 a.m. to 1:30 p.m. at Trum Field in Somerville, located at 541 Broadway. There will be an eight-team, 5-on-5 tournament, a 3-point contest, DJ, pizza and t-shirts. Referees and entertainers will volunteer their time, and local businesses have donated supplies such as food and basketballs for the event. The rain location is Somerville High School, 81 Highland Ave.

The tournament is funded in part by the Charles E. Shannon, Jr. Community Safety Initiative, a state grant program supported by the legislature and the Governor, which promotes a regional approach to addressing youth and gang violence throughout Massachusetts. Shannon funds provide resources to support prevention and enforcement in the battle against youth- and gang-related crime.

Beach Church Aug. 6, 13, 20 On Wollaston Beach

Beach Church, a brief Christian Worship Service, will be held Aug. 6, Aug. 13 and Aug. 20 at 8 a.m. on Wollaston Beach between the Squantum and Wollaston Yacht Clubs.

The public is invited to attend. This is a wonderful way to begin a summer Sunday and the service will include singing, Bible readings and a brief message.

For further information see the website of Christ Evangelical Church at www.christevangelicalchurch-mobmin.org.

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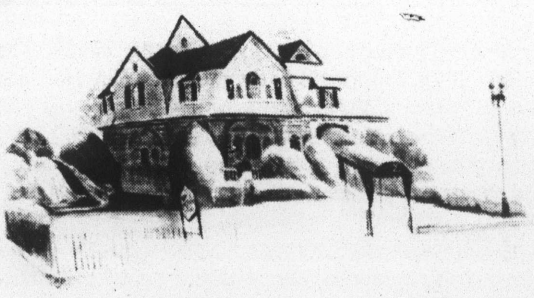
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Convenience Store Robbed At Knifepoint

By SCOTT JACKSON

Quincy police are looking for the man who robbed at Quincy Avenue convenience store at knifepoint Friday night.

Police were called to the Tedeschi's at 85 Quincy Avenue at 9:35 p.m. Friday, according to Sgt. Karyn Barkas. The cashier told officers the suspect approached the register wielding a silver folding knife and demanded money. The cashier handed an undetermined amount of cash to the robber, who then fled on foot towards Water Street.

Barkas said the suspect was described as a 5'11" white male with a thin build. He was wearing a light blue shirt under a gray hooded sweatshirt and tan khaki shorts and had a white bandana covering his face.

Anyone with information on the robbery is asked to contact Det. Ed Bagley at 617-745-5766.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-81

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Donald C. Smith for a Special Permit/Flood Plain/Finding to change the use of the garage to a single family home in the flood plain overlay district in violation of Title 17 as amended Chapter 3.4.2 (nonconforming uses), Chapter 3.4.3 (nonconforming structures) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 31 BABCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-82

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Felicia Tierney for a Variance to construct a deck to the front of the home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 119 MANET AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-83

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Zhe Bin Zheng for a Finding to construct a sunroom over the existing first floor foyer in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 47 NEWBURY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. NO16P0427EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Claire Theresa Doherty
Also known as:
Claire T. Doherty
Date of Death:
October 15, 2015

A Petition for **Order of Complete Settlement** has been filed by: **Mary L Murphy** of **Brighton, MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: **10:00 A.M. on the return day of 08/16/2017**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: July 10, 2017
PATRICK W. McDERMOTT
Register of Probate

8/3/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P1627EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Dorothy O. Fall
Date of Death:
March 14, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Wayne F Jansen** of **Braintree, MA** **Noralee Reardon** of **Quincy, MA.**

a Will has been admitted to informal probate.

Wayne F Jansen of Braintree, MA **Noralee Reardon** of **Quincy, MA** have been informally appointed as the Personal Representatives of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representatives under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/3/17

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

PUBLIC WORKS	**SNOW TRANSPORTATION & DISPOSAL**	**AUGUST 17, 2017 @ 11:00 A.M.**

Detailed bid specifications for all above bids are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov. Questions will be accepted until August 11, 2017 at 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

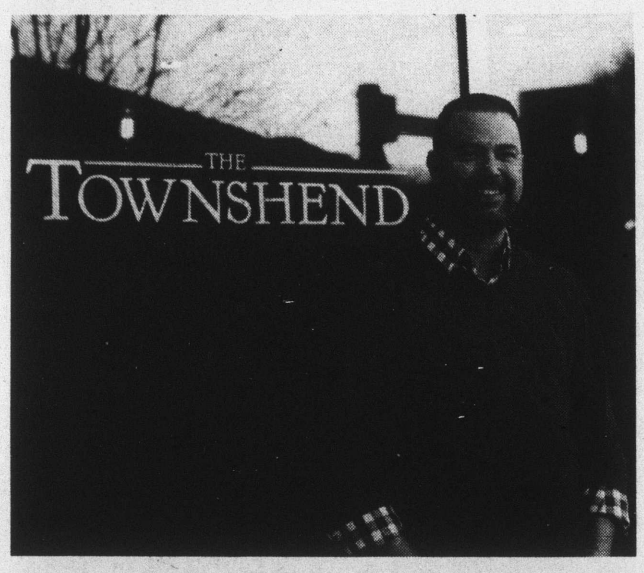
8/3/17

Cub Scout Pack 42 Field Day Aug. 9

Families of boys grades K-5 are welcome to attend a fun and free event with Quincy's Cub Scouts Pack 42 on Wednesday, Aug. 9 from 6:30 to 8 p.m. at Perkins Field, Merrymount Elementary School.

Youngsters are invited to play field games, catapult some water balloons and more. Parents and siblings are encouraged to participate as well.

For more information on the Cub Scout program visit the Pack 42 website at http://cubscoutpack42.doubleknot.com or find us on Facebook, Cub Scout Pack 42 (Quincy, MA).



JOSHUA SUPRENANT, general manager of The Townshend, will work with the raffle winner to create an unforgettable dining experience at the top of the Blue Hill Observatory.

Best Of Boston Restaurant To Provide Dinner In The Blue Hills

The Townshend Partners with Friends of the Blue Hills On Dinner Atop The Blue Hill Observatory

The Friends of the Blue Hills is raffling off a once-in-a-lifetime dinner for six at the top of Blue Hill Observatory, the oldest continually operating weather observatory in the country.

The winner will enjoy breathtaking views of the Boston skyline and the ocean while dining on an unforgettable meal provided by The Townshend, located on Hancock Street in the heart of historic Quincy Center. The Townshend just won the prestigious 2017 Best of Boston award for General Excellence- South.

The dinner will include appetizers, entrée and dessert, served by staff from The Townshend in an elegant setting on the rooftop of the Observatory. The winner will also receive a private tour of this historically significant landmark.

Tickets for the raffle are $15 each or 3/$35 and can be purchased at www.FriendsoftheBlueHills.org/raffle2017.

The drawing will be held at the organization's Annual Celebration at the Milton Hoosic Club on Thursday, Oct. 5, but you need not be present to win. For more information, email info@FriendsoftheBlueHills.org.

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0157CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Pamela M. Holmes
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Pamela Marie Holmes on behalf of Aidan Brian Holmes requesting that:

Pamela M. Holmes and Aidan Brian Holmes be allowed to change his/her/their name as follows:

Pamela M. Scarvalas and Aidan Brian Scarvalas

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **08/30/2017**.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: July 20, 2017
PATRICK W. McDERMOTT
Register of Probate

8/3/17

Raymond McGrory On Dean's List

Raymond McGrory of Quincy has been named to the Dean's List for the spring semester at Becker College in Worcester.

DARE Campers Receive New Bicycle Helmets

Cont'd From Page 16

to wear a helmet. Violators are subject to a citation.

According to Helmets.org, nearly 75 percent of fatal bicycle crashes involved a head injury and 97 percent of those that died were not wearing a helmet. Bicyclists wearing helmets sustained fewer serious injuries and even a greater number survived a crash.

The officers told campers that bike riders must follow the same rules of the road as motor vehicle drivers – stop at red lights and stop signs, yield to pedestrians and drive on the right side the road. A camper demonstrated arm signals bicyclists must use: extended left arm for a left turn; the left arm bent upward at the elbow for a right turn; and the left arm bent at the elbow pointing downward for a stop.

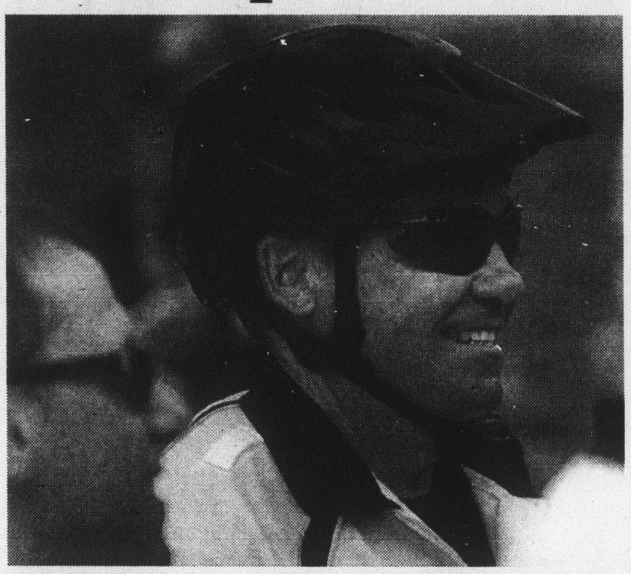
After the presentation, the officers fanned out among the youngsters and individually fit each with a helmet. They also showed the campers how to adjust the helmets for a custom fit.

Sara Withee of Breakstone, White & Gluck said the firm started Project Kid Safe in 2013 and works with 13 local police departments promoting safety among children. The project includes safety programs on motor vehicle driving, swimming pools, sports and toys in addition to donating helmets for bicycle safety.

"Since 2013, we are nearing 15,000 bicycle helmets that we have donated," she said.

The police officers and DARE campers extended appreciation to the firm for the donation.

The Quincy DARE Summer Camp runs two weeks in July and is open to fifth grade students. The program includes various activities including sports and games.



QUINCY POLICE LT. Rob Bina shows DARE campers they can "look cool" wearing a bicycle helmet.



QUINCY POLICE OFFICER Matt Miller explains to youngsters the importance of wearing a helmet while riding a bike. *Quincy Sun photos/Tom Gorman*



QUINCY POLICE BICYCLE officers, from left, Matt Miller, Jim Whedbee, Bill Mitchell and Lt. Rob Bina talk to DARE campers about bicycle safety.

Ask Barbara Graceffa

Display, Don't Clutter; Favorite Colors

I have recently inherited my grandmother's large collection of framed cross-stitch pieces. Although I do like them, I neither want to display the entire collection nor do I have the space for it. Any ideas? Am I terrible to keep only a few? Rachel



BARBARA GRACEFFA

As someone who helps lots of people with downsizing and decluttering, you are most wise to ask these questions. By all means, keep a few. They can be the ones you like most, that match your color scheme, or even the smallest ones – it is your choice.

I suggest you display one at a time and rotate them. Locate one space in your home and just swap it out every so often. That space can be hanging on a wall, leaning on bookcase shelf, or on an easel.

To avoid clutter in your attic or basement, share the wealth with other family members and friends or donate them to charity. Some people take photos of such keepsakes so they can look back at them fondly without the need to store them only to be thrown away at a later date – either by you or your heirs.

What is your favorite color? JJ

It changes from time to time. Lately it has been a calming turquoise.

In general, I am drawn to happy colors. As a teenager, I had a tangerine paint color in my bedroom (don't judge me; it was the '70s, after all!) Five years ago, I painted a pretty lime green accent wall in my windowless kitchen.

Yet, the majority of my walls and furniture are neutral colors like white and beige so I can add any color in the accessories as my preferences change.

However, as a decorator, I have to put aside my favorites for yours! If you love charcoal gray or any other dark shade, I say, "Bring it on."

Do you have a decorating problem needing a professional solution? Send your questions to Barbara Graceffa at barbara@sec-interior.com.

For more information on her services including her portfolio, visit www.sec-interior.com.

Registry Of Deeds Internet Research Available

Cont'd From Page 16

land document images dating back to the founding of Norfolk County in 1793. We are bringing the Registry records into people's homes and businesses," O'Donnell said.

"Providing secure, accurate and accessible land record information, coupled with our on-site customer service center, is critical to our success at the Norfolk County Registry of Deeds."

Elaborating on the Registry's research capabilities, O'Donnell said, "Land record information can be researched by multiple options, including the name of the property owner and property address. Consumers can access our internet-based document research system for many endeavors such as, to determine property ownership, to research land titles, to review land plans (only plans which are recorded at the Registry) and finally to confirm that documents affecting a person's property- such as a mortgage discharges - have been duly recorded."

The Registry's website also provides information on how to obtain copies of land documents. The Registry copy charges are $1 per page, plus an additional $1 per document for postage.

In conclusion, O'Donnell stated, "A crucial focus we bring to our work at the Registry of Deeds each and every day is ensuring all our users are receiving first-class customer service. Norfolk County residents and businesses deserve a Registry of Deeds that provides them with access to land record information in an easily accessible and consumer friendly manner. The Registry website www.norfolkdeeds.org does that by bringing the Registry records into your homes and businesses."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

NAME _____

STREET _____

CITY _____ STATE _____ ZIP _____

CHECK ONE BOX IN EACH COLUMN

[ ] 1 YEAR IN QUINCY $32.00

[ ] 1 YEAR OUTSIDE QUINCY $37.00 [ ] CHECK ENCLOSED

[ ] 1 YEAR OUT OF STATE $45.00

CLASSIFIEDS

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- Lawn Mowing Services
- Yard Mulching
- Bushes & Trees Trimmed

Free Estimates
617-733-4554
~ Affordable Rates ~ 12/14

PERSONAL

Prayer to The Blessed Virgin
(Never Known To Fail)

O, most beautiful flower of Mt. Carmel, Fruitful Vine, splendour of Heaven. Blessed mother of the son of God, Immaculate Virgin, assist me in this necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in this my necessity (make request). There are none that can withstand your power. O, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after that the request will be granted. The prayer must be published. M.T. 8/3

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GUTTER CLEANING REPAIRS
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PEST CONTROL
Same Day Service
I Answer My Phone!
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Rubbish Piles
Moorings Moved
or Me with Dump & Liftgate or 18ft Box Truck
$75/hr.
"Your Trash is my Ca$h"
(617)479-5410 8/17

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MISCELLANEOUS

SAWMILLS from only $4397.00? MAKE & SAVE MONEY with your own bandmill? Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.Norwood-Sawmills.com 1-800-578-1363 Ext. 300N

WANTED TO BUY OR TRADE

GUITAR WANTED! Local musician will pay up to $12,500 for pre-1975 Gibson, Fender, Martin and Gretsch guitars. Fender amplifiers also. Call toll free! 1-800-995-1217.

YARD SALE

HUGE YARD SALE
Sat. Aug. 5th & Sun. Aug. 6th
10am-2pm
100 Connell St., Quincy
Tools, Holiday Decorations, Catering Equipment, Meat Slicer, 3 Stooges Collection, GI Joe Collection, Baking Pans & Supplies, Candy Making Supplies, Musical Equipment, Baskets, Wilton Supplies, Books, Dishes & More!
**In case of bad weather, yard sale will be held indoors* 8/3

ANIMAL SHELTER

QUINCY ANIMAL SHELTER
56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS
TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.
New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Freedom: 12, male, Pomeranian
Hilo: 1, male, black & white mixed breed

AVAILABLE CATS

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Indigo: 13, male, gray tabby
Payton: 13, male, buff & white
Tyler: 10, male, gray tabby
Alex: 5, male, gray & white
Luna: 2, female, black

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- Small Tree Removal
- Hedge & Shrub
- Overseeding/Sod
- Trimming or Removal
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LIC. & INS. 9/21

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JOE 781-588-3786 9/14

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

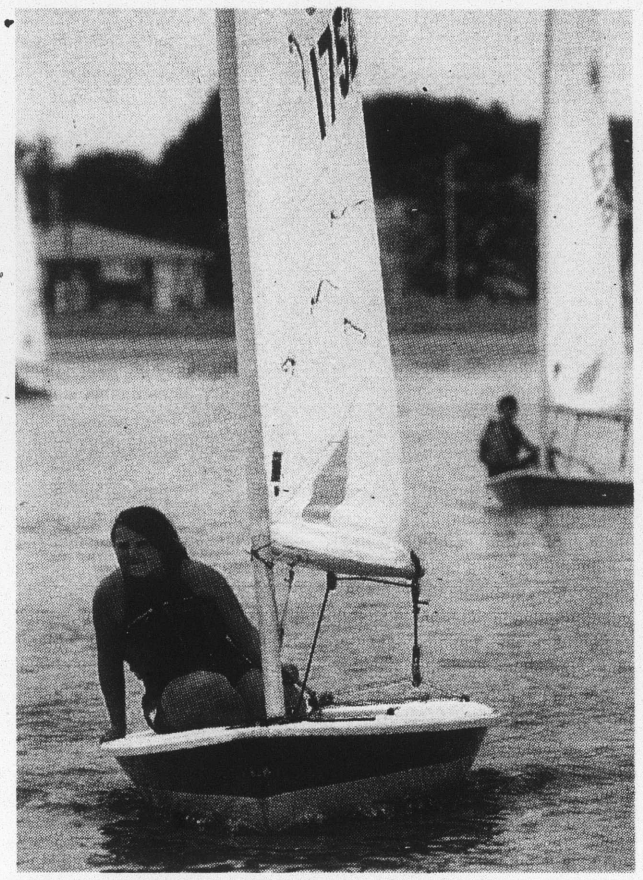
5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

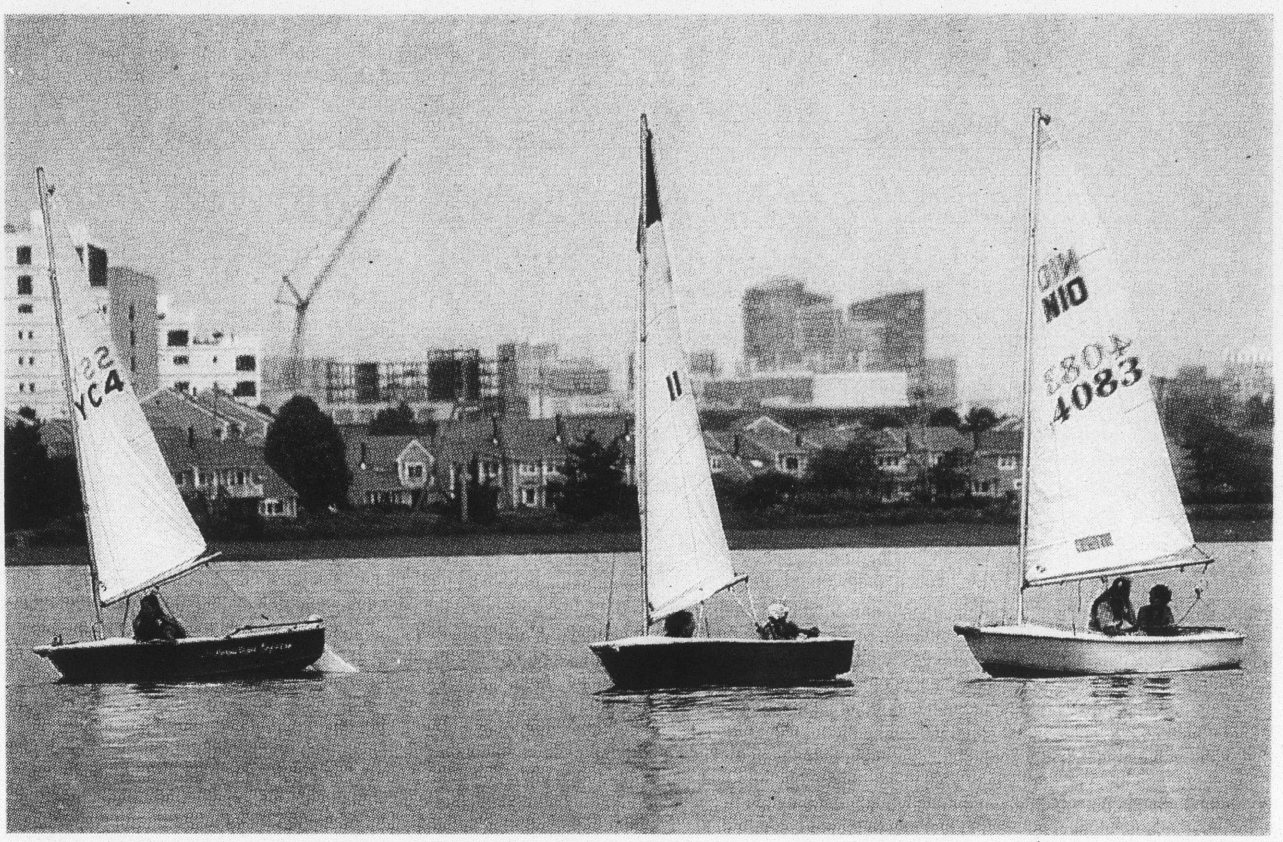
❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

Sailing Along . . . During Quincy Bay Race Week



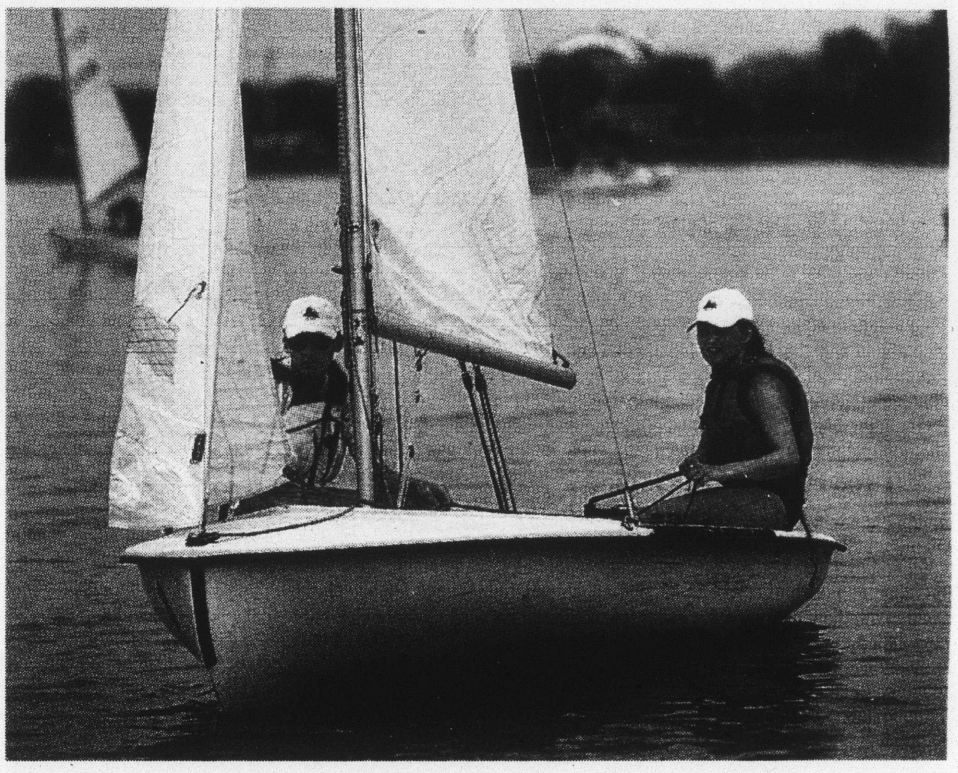
MEGHAN FREEL of Town River Yacht Club sails to the finish in the Laser divison race during the recent Quincy Bay Race Week sailing competiton. *Quincy Sun photos/Tom Gorman*



SOUTH SHORE YACHT Club's Rebecca Tier and Lillian Hayduk, Wessagusset Yacht Club's Larry Phillips and Shea Roche and Wessagusset's Austin Hollander and Dan Keagan compete during Quincy Bay Race Week.



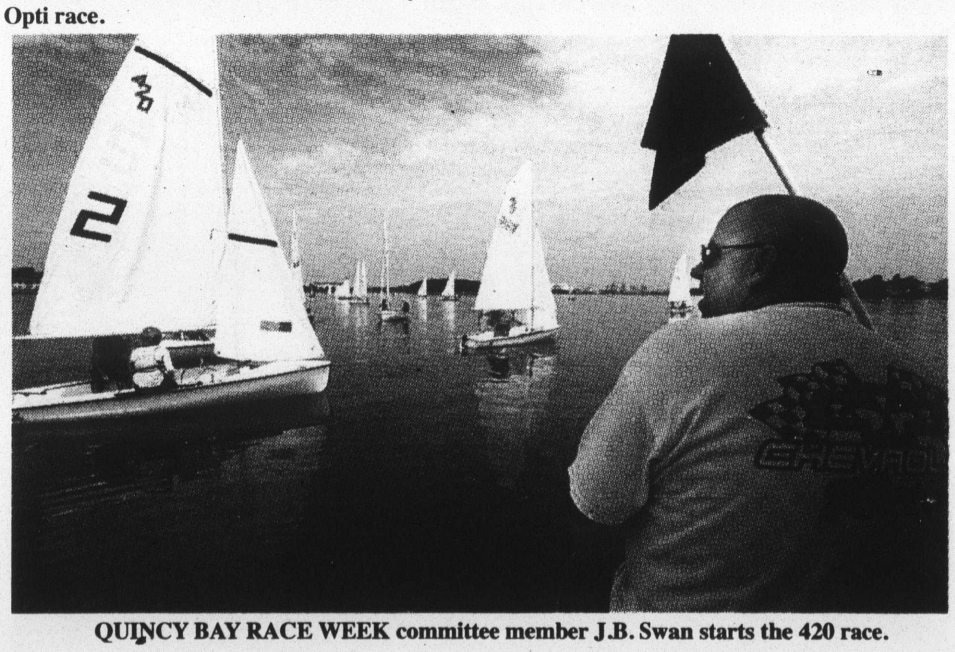
BRENDAN HEALY of Squantun Yacht Club looks back at his competitors as he crosses the finish marker to win the Laser division race.



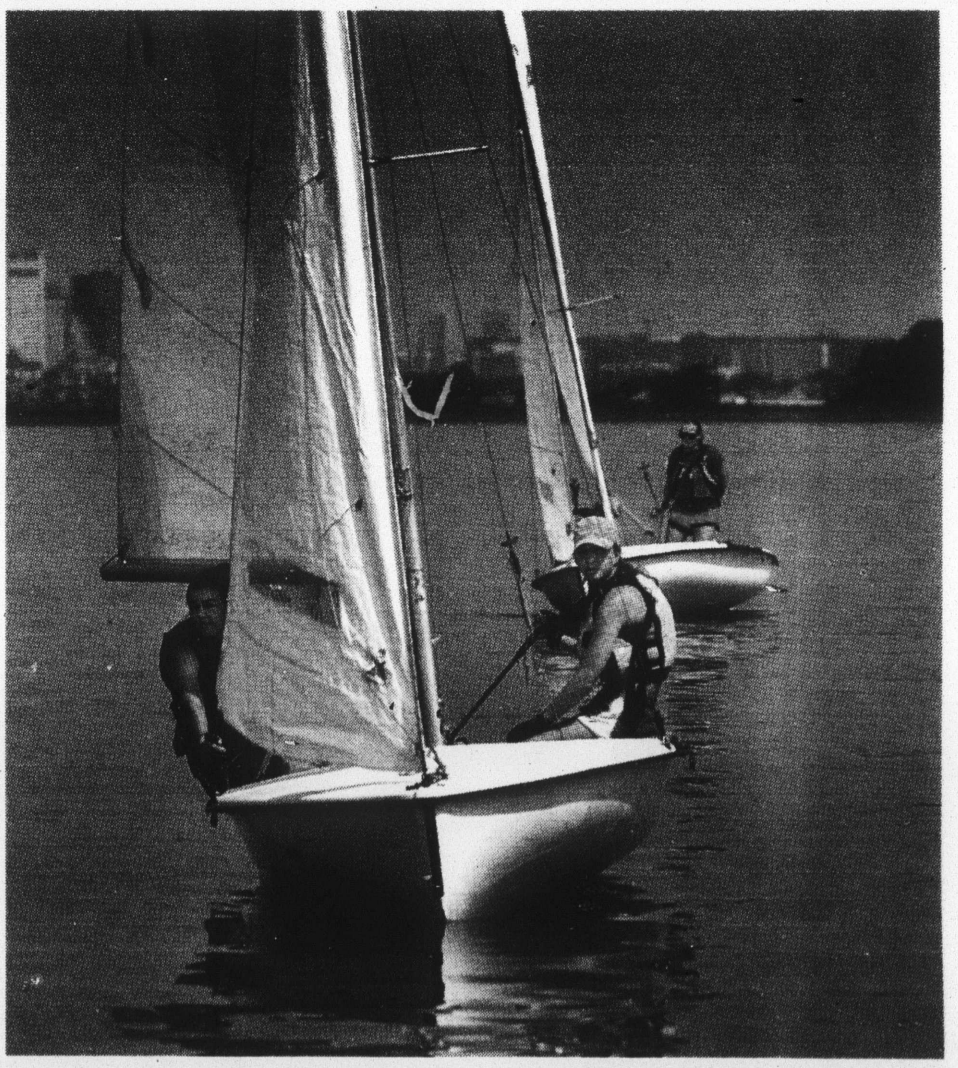
COLIN KELLIHER and Lauren Manning of Squantum Yacht Club compete in the 420 division.



WESSAGUSSET YACHT CLUB'S Jerry Roche mans the tiller as he tacks to the finish in the Opti race.



QUINCY BAY RACE WEEK committee member J.B. Swan starts the 420 race.



KATIE LAURIE and Julie Sheehan of South Shore Yacht Club pull ahead in the 420 division race.

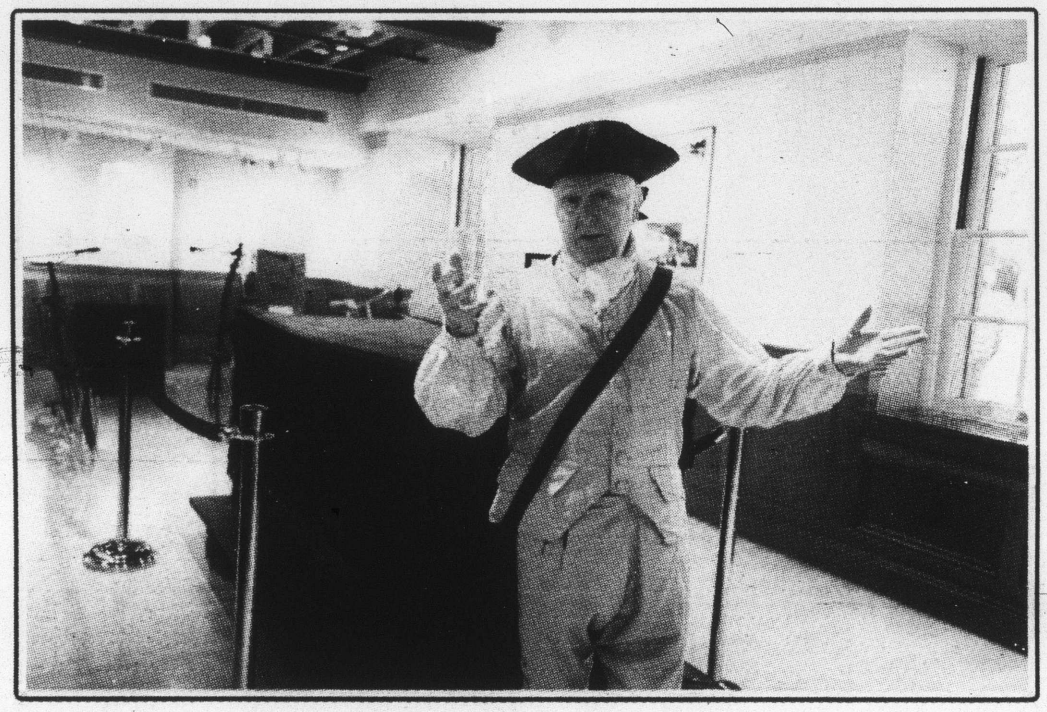
Heart Of Quincy Tour

Old City Hall - Hancock Cemetery - Church of the Presidents

FREE Guided Tours

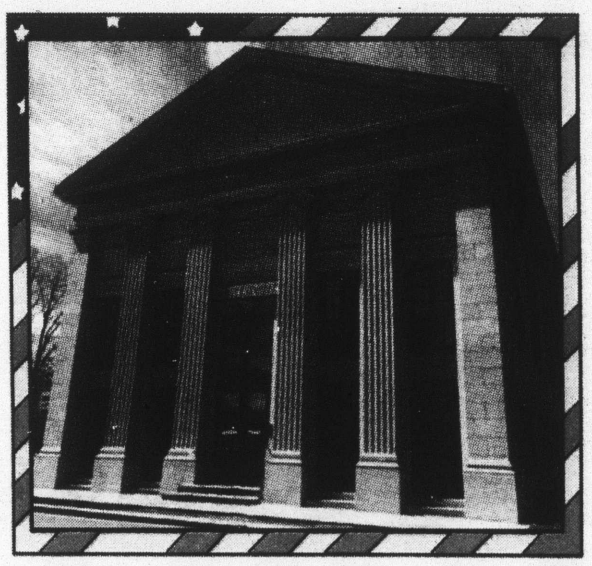
Monday through Friday

10AM to 4PM

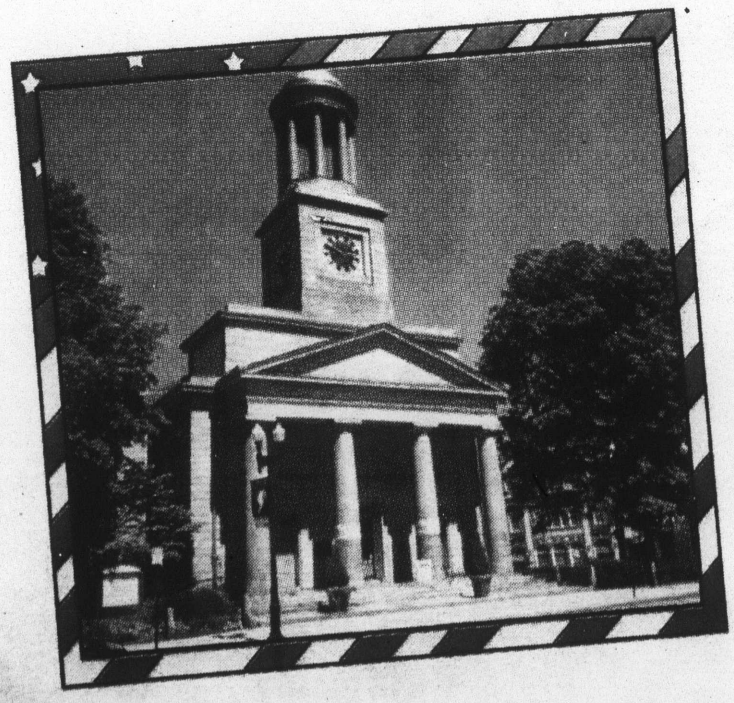


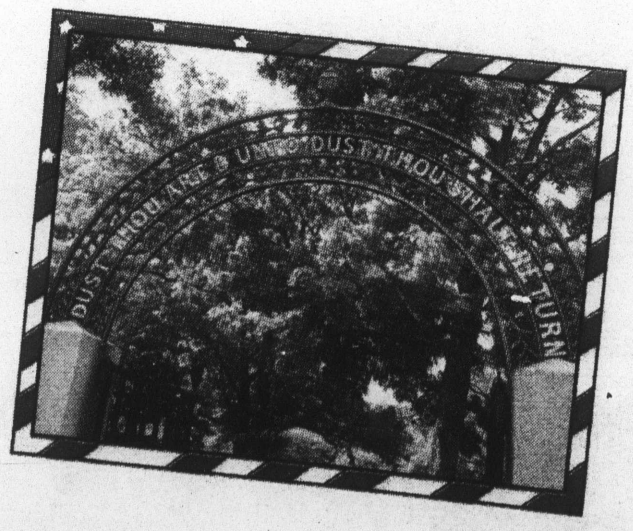
Take a guided tour of
Old City Hall
Hancock Cemetery
& The Church of the Presidents

The tour begins at Old City Hall



Experience The Heart of the City Tour FREE





The Church of the Presidents has its own visitation program in place and accepts donations



Siblings Awarded Congressional Gold Medal - *Page 2*

Norfolk County Real Estate Market 'Flat' In July - *Page 24*

Leo Papile's Team Wins 20th National Title - *Page 23*

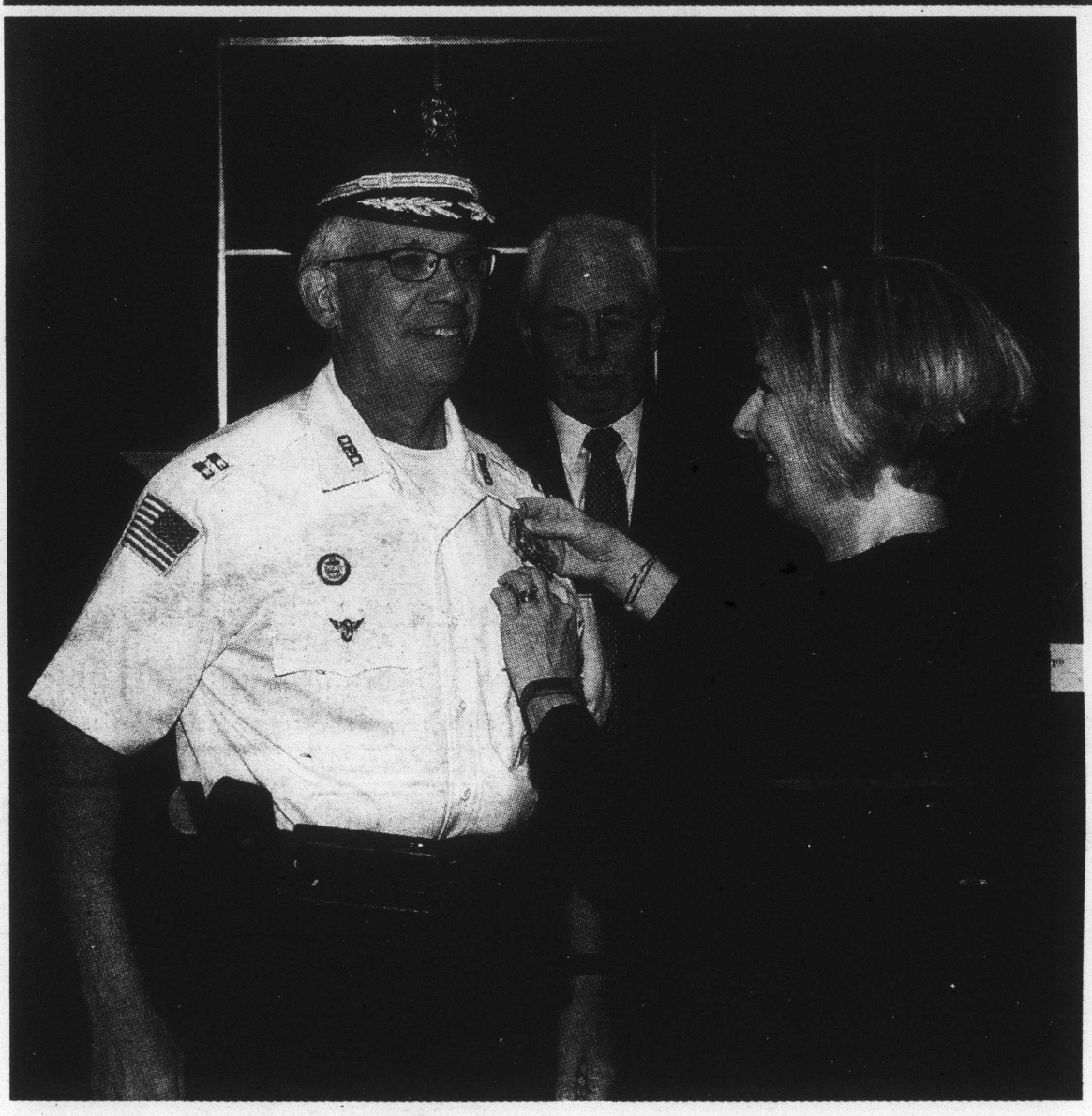


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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 47 | Thursday, August 10, 2017 | $1.00



NEWLY PROMOTED POLICE CAPT. Richard McCusker is all smiles as his wife, Susan, pins him during a promotion ceremony Aug. 3 at City Hall, with Police Chief Paul Keenan looking on. McCusker has been a member of the Quincy Police Department for more than 29 years and will likely oversee the department's specialized units in his new position. Story, other photos on Page 18. *Quincy Sun Photo/Robert Bosworth*

Koch: Downtown Parking Plan Will Be In Place

By SCOTT JACKSON

There will be a plan in place to accommodate drivers who park in the Hancock Lot once the area closes in early 2018 for construction of two mixed-use developments and a new municipal parking garage, Mayor Thomas Koch said, though its details are still being worked out.

Koch, in a recent interview, said the city would have a plan in place before the lot closes in the first quarter of next year to make way for the construction projects.

"We will have a plan," he said. "It will not be to everybody's 100 percent satisfaction, however we will have a plan; we will be accommodating the needs of the parkers in the downtown."

The lot will be closed to allow for the construction of Chestnut Place – Peter O'Connell's 15-story, 124-unit apartment building on

Cont'd on Page 15

Grazioso New DPW Commissioner

Mayor Thomas Koch Monday appointed his operations chief, Alfred Grazioso, the city's new commissioner of Public Works.

Grazioso, 63, has nearly 20 years of executive management experience in both local and state government. He spent the last four years managing day-to-day government activities as Operations Director in the Mayor's Office, serving as Mayor Koch's primary liaison to a broad range of City de-

Cont'd on Page 13



AL GRAZIOSO

18-Year-Old Killed In Palmer Street Crash

Police are continuing their investigation into a fatal truck crash early Monday morning that took the life of an 18-year-old Quincy teen and injured two other occupants, one seriously, in Germantown.

Police believe speed was a factor in the crash that occurred around 12:30 a.m. Monday on Palmer Street near Baker Beach. No charges had been filed as the Sun went to press Tuesday afternoon.

"Police are continuing their investigation and think speed was a factor, but have not made any es-

Cont'd On Page 30

Police Using Carbon Monoxide Detectors In Ford SUVs

By SCOTT JACKSON

Quincy police have installed carbon monoxide detectors in their Ford Explorers after an Auburn police officer crashed after being exposed to the potentially lethal gas.

Police Chief Paul Keenan said the Quincy Fire Department inspected six of the department's Explorers – one from each model year the department uses – and all checked out okay. The department is in the process of installing CO detectors in the 40 Ford Explorers

Cont'd On Page 4



SPECIAL DELIVERY – Tyler Carach, 9, of Florida, arrives at Quincy police headquarters Aug. 2 with doughnuts as part of his cross-country campaign of delivering doughnuts to police officers in appreciation of their service. Story, other photos on Page 12. *Quincy Sun photo/Tom Gorman*

Margaret MacNeil New Parker School Principal - *Page 3*

Gout: A Complicated Form Of Arthritis - *Page 9*

$320,000 Raised To Help End Homelessness - *Page 21*

More Quincy news:

The Quincy Sun.com

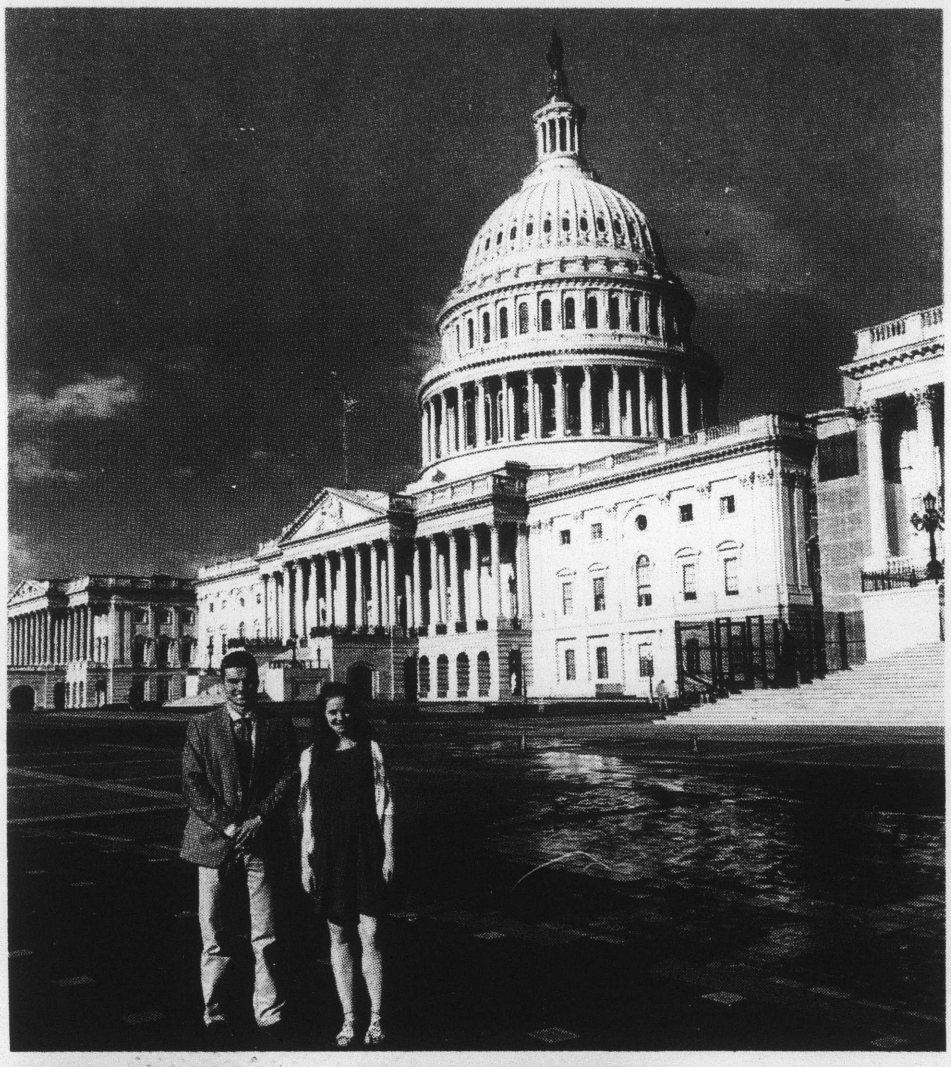
Quincy Siblings Awarded Congressional Gold Medal

Harrison George Theodore, Maria Angela Theodore Receive Nation's Highest Civilian Award

Quincy residents and siblings, Harrison George Theodore and Maria Angela Theodore, recently traveled to Washington, D.C. to be awarded the Congressional Gold Medal.

The U.S. Congressional Gold Medal Award is the highest civilian award that is bestowed by the US Congress. Since its inception in 1979, the U.S. Congress has continued to "recognize ini-

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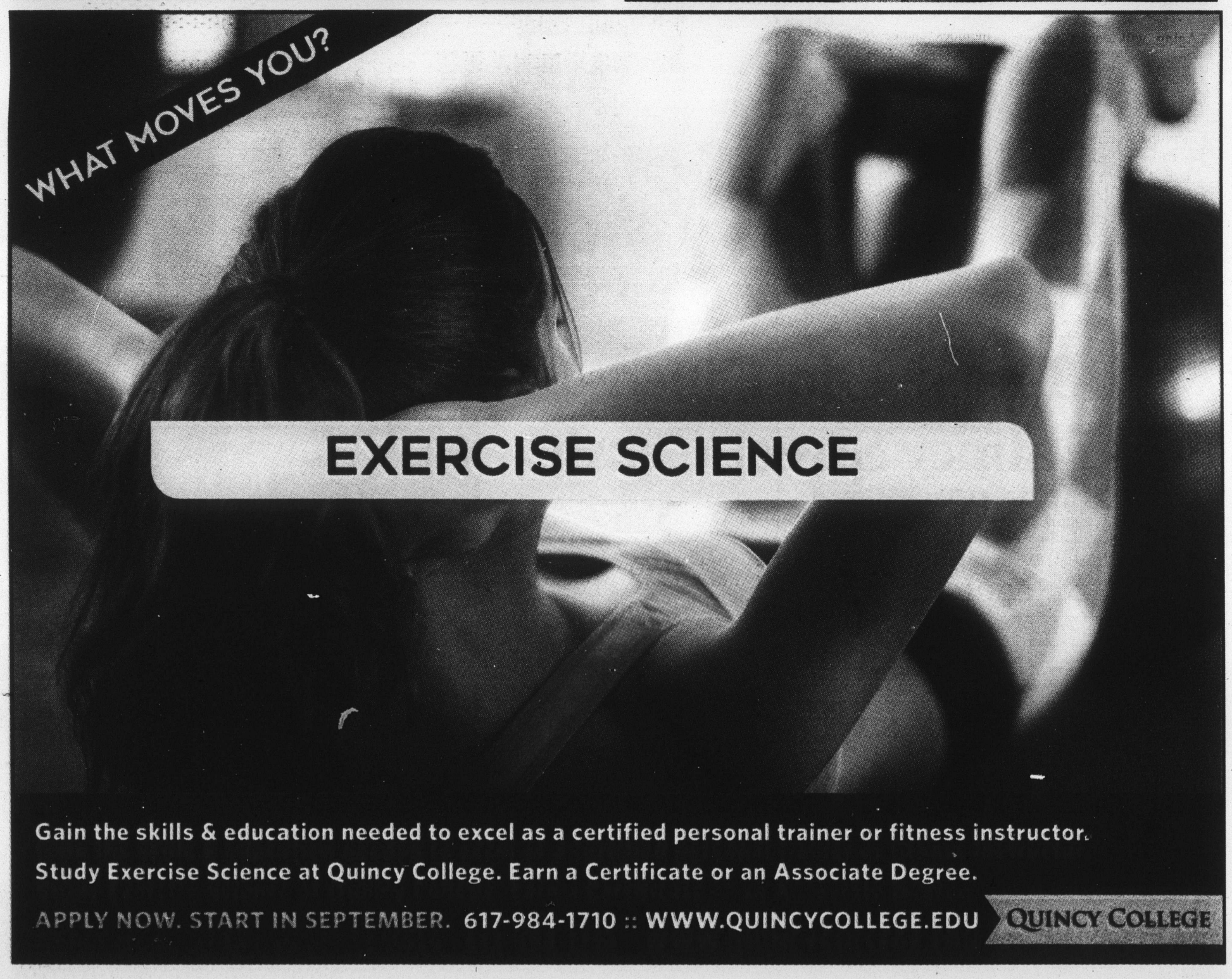




QUINCY RESIDENTS and siblings Harrison George Theodore and Maria Angela Theodore recently traveled to Washington DC to be awarded the Congressional Gold Medal, the nation's highest civilian award. Photo below left: Harrison and Maria in front of the U.S. Capitol building. Above and below: Maria and Harrison with Paxton K. Baker (left), chairman of the Board of The Congressional Award Foundation; and Cong. Richard Neal (right).

Photos Courtesy Maria Theodore





Margaret MacNeil New Principal At Parker School

Michael Marani Acting Principal Snug Harbor School

Quincy School Supt. Dr. Richard DeCristofaro announces Margaret MacNeil has been appointed the new principal of the Parker Elementary School.

"Margaret brings over 20 years of Quincy Public Schools experience to this new position, most recently as principal of the Snug Harbor Community School for the last four years," DeCristofaro said. "Margaret's leadership of the Snug Harbor Reset initiative led to impressive gains in student achievement and I look forward to her collaboration with the Parker Elementary staff in sustaining and expanding student achievement there.

"In addition, Margaret's background in special education and management of the citywide CARES and LDC programs at Snug Harbor will be invaluable as the STARS program transitions to Parker for this school year."

The superintendent also announced that he has appointed Michael Marani as acting principal of the Snug Harbor Community School.

"Mike has been assistant principal at Snug Harbor for four years and prior to that, was a math teacher at Point Webster Middle School. In addition, Mike has been the citywide Extended Day Program coordinator, working with principals and assistant principals on summer programs and school year afternoon and weekend extracurricular programming.

"Mike's mathematics background was instrumental in the success of the Reset initiative at Snug Harbor and his leadership will continue the collaboration with Snug Harbor staff on providing differentiated educational opportunities for all students," DeCristofaro said.

SQ Social Club Donates Baskets To QPS Homeless Program



MEN AND WOMEN members of the South Quincy Social Club recently collected daily living essentials such as toiletries, socks, first aid kits to make baskets that were donated to the McKinney-Vento Homeless Assistance Program at the Quincy Public Schools System. Most of these students are unaccompanied (which are those not living with a parent or guardian), homeless, or at risk. Some 20 baskets were donated. This program gives youth experiencing homelessness hope for a better chance and a better future. From left to right are: Lynne McKeever, Ladies Auxiliary President; Leslie Bridson, Homeless coordinator, QPS; and Jill Walker, Ladies Auxiliary Board member. For more information on this program, call Leslie Bridson @ 617-376-1197. For more information on the South Quincy Social Club, email Lynne McKeever @ lilpj4242@hotmail.com.

Photo Courtesy Lynne McKeever

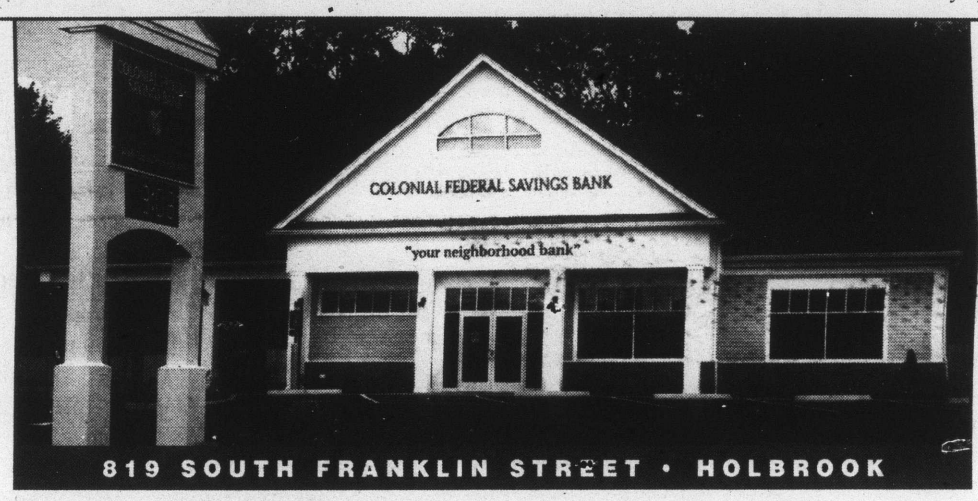
Day Trip - The Platters

The Quincy Council on Aging will depart for the Chez Josef in Agawam Thursday, Sept. 21 for a luncheon and afternoon of nostalgic music, starring the incomparable Tony Funches - former lead vocalist of Herb Reeds "Original Platters."

Funches and his all-star band will be performing all the Platters" hits including "Smoke Gets in Your Eyes," "My Prayer," "Twilight Time," "Only You," "The Great Pretender" and more, re-creating the classical harmonies of the original band.

Luncheon will be served in the banquet hall. Menu includes choice of yankee pot roast, baked Boston scrod, or apple and sage stuffed chicken, along with a garden tossed salad, oven roasted potatoes, green beans almondine, rolls and butter, dessert and beverage. Cheese and crackers and coffee and tea will be provided on arrival.

The bus will leave the Kennedy Center at 8:45 a.m. and return at 6 p.m. Cost of this trip is $77. Payment must be made at time of registration. For more information call the Kennedy Center at (617) 376-1506.



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SERVING UP DIAMONDS

There is hardly another piece of diamond jewelry that is as sporty as a diamond tennis bracelet. This thin, in-line bracelet with a pattern of symmetrical and individually set diamonds, the ends of which are held together by a clasp, was not always associated with tennis. While it has endured since the 1920s, it owes its modern popularity to a 1987 U.S. Open tennis match involving Chris Evert. When the clasp of her diamond bracelet broke and the bracelet fell from her wrist during a match, play was suspended so that Chris could collect her diamonds. From then on, tennis players and non-tennis players alike were seen wearing this elegant, yet informal piece of jewelry both on and off the court.

Make your wrist sparkle with an elegant tennis bracelet from Rogers Jewelry. Along with three other jewelers, we maintain a permanent presence in the diamond centers of the world. This established relationship affords us the ability to bring you all the qualities, sizes, and shapes at value prices. For the latest trends in jewelry, please call 617-773-3636 or visit our store at 1402 Hancock St. in Quincy Center. We can help you find a necklace, bracelet, ring, or pair of earrings that will show your special someone how much you care!

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Police Using CO Detectors In Ford SUVs

Cont'd From Page 1

ers it has in its fleet, at a cost of about $1,200 total.

"We want to err on the side of caution and protect our officers," Keenan said.

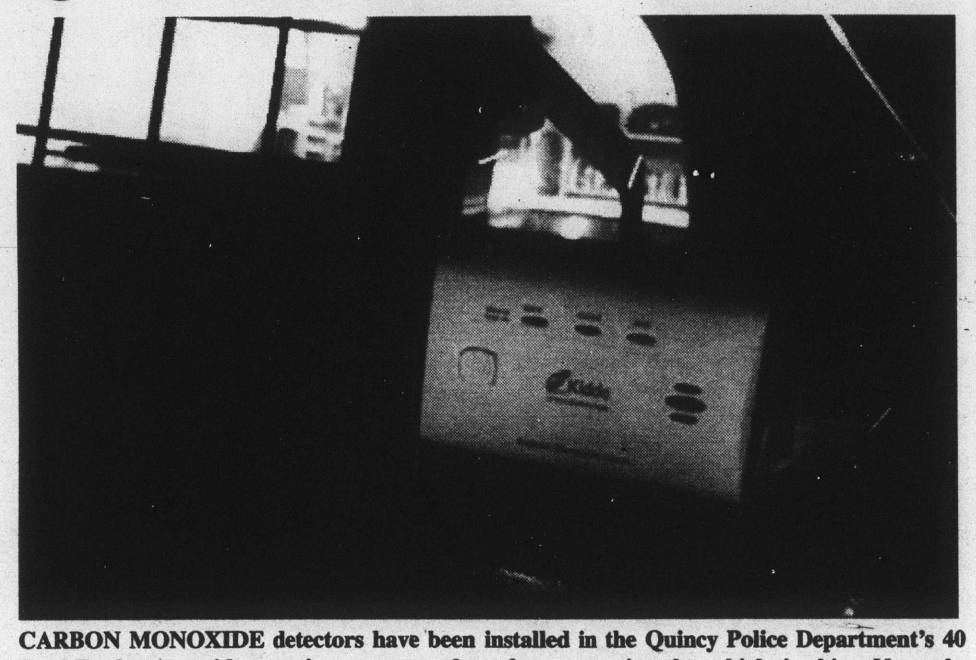
Keenan said other police chiefs throughout the state have become concerned about the possibility of carbon monoxide entering the Explorers' cabins. The installation of the carbon monoxide detectors has been recommended as a proactive measure.

"A lot of departments are looking for solutions and that's one of them," Keenan stated.

Keenan said the installation of the carbon monoxide detectors is a temporary solution as police await recommendations from Ford, which could potentially include a recall.

On Aug. 2, an Auburn police officer tested positive for carbon monoxide after passing out behind the wheel and rear-ending another vehicle. No one was badly hurt in the collision, Auburn police said. Another two officers were treated for exposure to carbon monoxide that day.

Police departments throughout the country have raised concerns about officers being exposed to carbon monoxide inside their Explorers. In Austin, Texas, for example, 400 Explorers were taken out of service in late July after at least 20 officers were found with carbon monoxide in their blood.



CARBON MONOXIDE detectors have been installed in the Quincy Police Department's 40 Ford Explorers amid mounting concerns about fumes entering the vehicles' cabins. No problems have been detected with Quincy's fleet of Explorers to date. *Photo Courtesy Quincy Police*

Moments in time

THE HISTORY CHANNEL

• On **Aug. 24, 1572**, King Charles IX of France orders the assassination of Huguenot Protestant leaders in Paris, resulting in the massacre of tens of thousands of Huguenots across France. An estimated 3,000 French Protestants were killed in Paris, and as many as 70,000 in all of France.

• On **Aug. 22, 1851**, the U.S.-built schooner America bests a fleet of Britain's finest sailing ships in a race around England's Isle of Wight. The ornate silver trophy won by the America was later donated to the New York Yacht Club on condition that it be forever placed in international competition.

• On **Aug. 23, 1902**, pioneering cookbook author Fannie Farmer, who changed the way Americans prepare food by advocating the use of standardized measurements in recipes, opens Miss Farmer's School of Cookery in Boston.

• On **Aug. 25, 1939**, "The Wizard of Oz," which will become one of the best-loved movies in history, opens in theaters across the U.S. Nominated for an Academy Award in the Best Picture category, "The Wizard of Oz" lost to the Civil War-era epic "Gone With the Wind."

• On **Aug. 21, 1959**, President Dwight Eisenhower signs a proclamation admitting Hawaii into the Union as the 50th state. He also issued an order for an American flag featuring 50 stars arranged in staggered rows: five six-star rows and four five-star rows.

• On **Aug. 26, 1964**, Lyndon Johnson is nominated to run for president at the Democratic National Convention. Johnson had assumed the reins of government in November 1963 when President John F. Kennedy was assassinated.

• On **Aug. 27, 1982**, Oakland Athletics outfielder Rickey Henderson steals his 119th base of the season, breaking Hall of Famer Lou Brock's 1979 record. The game was stopped, and American League President Lee MacPhail came on the field to congratulate the new record-holder.

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READERS FORUM

No Fakers In White House

It is with great interest that I read in Mr. Giarratani's letter "Colbert Not Presidential Timber," that Stephen Colbert's loss of wit apparently coincided with Donald Trump becoming president.

I am comforted by the fact that Mr. Giarratani laid out valid reasons why Mr. Colbert is not qualified to be President, i.e. he "hasn't been funny in ages" and he is a "faker". It's valuable that Mr. Giarratani can direct our attention to these important traits. Those on the left are too often distracted by such elite virtues as intelligence, understanding and temperament.

I too, do not want a faker in the White House.

I wonder what the world would be like if more of us had the "honesty?" and "integrity?" of the man Mr. Giarratani voted for last Nov. 8th?" Sad.

Mark Poli
Bird Street
Quincy

Koch: Violent Behavior 'Unacceptable'

By SCOTT JACKSON

Mayor Thomas Koch said Quincy would not tolerate violence after a video emerged online of an assault on a Quincy pier that is being investigated by State Police.

The 98-second video, which spread across social media last week, shows one group of teenagers attacking another on what appears to be a Marina Bay pier. Two teens are thrown to the ground in the video at different times, and then kicked and punched by others. The assailants are allegedly Quincy residents, while the victims are reportedly from Milton.

The incident is being investigated by State Police because it occurred near Massachusetts Water Resources Authority property. Quincy and Milton police are assisting the investigation. No charges had been filed as of Aug. 8.

Koch, in a recent interview, said the attack was unacceptable and would not be tolerated.

"It's behavior that's unacceptable. I don't know personally who these punks are, but we're not going to tolerate it," they mayor said.

"Quincy police was there first. Quincy police has done some great detective work and have passed that on to the State Police, who I expect are going to pursue with the [district attorney] some prosecution – I can't say much more than that."

"The other thing I'd like to remind people – this isn't some random thing that people should be overly concerned about," Koch added. "I don't want to minimize it, but I know going back as a kid there were already incidents with teenagers – outside Quincy kids and Quincy kids. But nobody had these (cellphones) back then.

"Again, I'm not trying to minimize it – it's unacceptable."

Quincy police, in a statement, said they responded to Marina Bay shortly after 5 p.m. on July 31 on reports of a disorder involving teens. There was no ongoing disorder when officers arrived and the scene was cleared within 40 minutes.

Quincy police said officers contacted State Police and would be assisting in the investigation. Anyone with information is asked to contact State Police at 508-820-2300.

"We just wanted to assure everyone that we are aware of the situation and will assist the MA State Police in any way possible," Quincy police said.

"For victim privacy reasons, we would request that if a similar situation occurs, rather than post to social media, contact the investigating police agency and forward directly to them – particularly if it could involve juvenile victims."

AARP Fraud Watch Update For August

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides tips and resources to help spot and avoid identity theft and fraud.

Here are some recent scams to watch out for:

SCAM ALERT #1:

There's a new twist to the IRS imposter scam. Scammers call taxpayers to claim the IRS has already mailed them two certified letters about an outstanding tax bill, but the letters were returned as undeliverable. The scammer threatens immediate arrest unless the tax bill is paid using a prepaid debit card. The IRS and its authorized private collection agencies do not accept prepaid debit cards, wire transfers or gift cards as forms of payment. It's a scam if you are threatened with arrest for nonpayment. Report IRS imposter scams to the Treasury Inspector General for Tax Administration online or by phone, 800-366-4484.

SCAM ALERT #2:

Be on the lookout for phony subscription invoices this month. If you receive an offer or renewal for magazines and newspapers that sound too good to be true, don't make any payments! Be sure to call the publisher and verify that it is legitimate before giving any personal or credit card information. Take the time to double check, and you can beat the scammers at their own game.

SCAM ALERT #3:

If you're planning to move this summer, be on the lookout for unlicensed movers and fake moving companies. You should get at least three quotes from prospective moving companies before hiring one. Be aware of movers that don't send an estimator to your house beforehand, demand cash or a large deposit up front, and/or have unrealistic low-ball offers. Make sure you know whom you're working with before you pay any money.

SCAM ALERT #4:

Scams in the name of charities are particularly shameful. The Federal Trade Commission (FTC) reports that imposters, claiming to be with the FTC, are calling people and claiming they have won a major sweepstakes with the Make-a-Wish Foundation. All the 'winner' has to do is pay thousands of dollars for taxes or insurance on the prize. The target wires the money or shares banking account information, and then never sees that money again. If you encounter this or other scams, report it to the FTC at 1-877-FTC-HELP or ftc.gov/complaint.

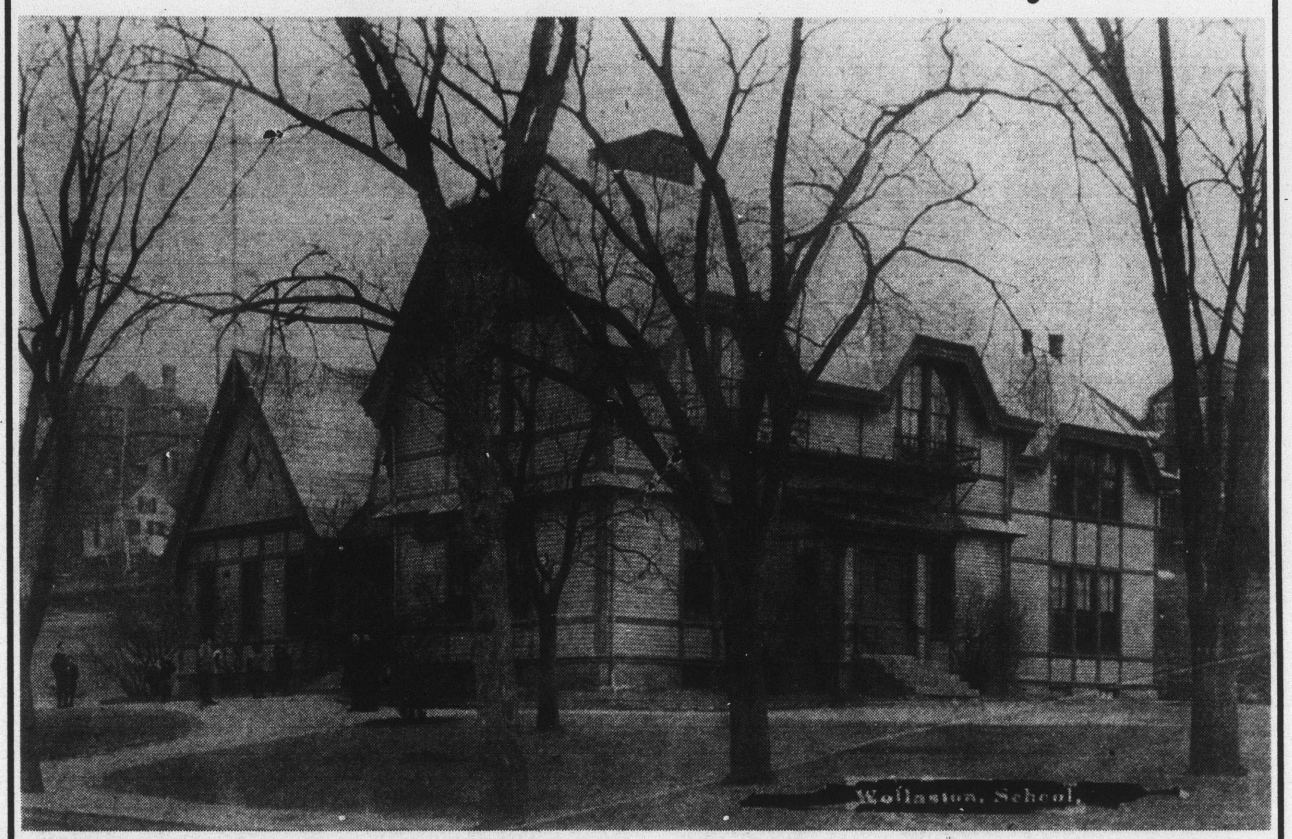
SCAM ALERT #5:

If you get a call from a tech support company saying they have detected a virus on your computer, hang up! You may get the same pitch from a pop-up ad. These are scams, intended to get you to fork over money to "fix" your computer or get you to buy phony virus protection. Get an inside look at this scam from a con artist who reveals jut how the scam works to the AARP Fraud Watch Network at www.aarp.org/techscams.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork for more information on fraud prevention.

Scenes From Yesterday



THIS IS A 1910 real photo postcard showing the old wooden Wollaston School that was on the corner of Winthrop Avenue and Beale Street. In 1871, when the Wollaston Heights area was first developed, the first school was held in a land company office. Then in 1873 the company built the small building shown here on the left with two classrooms. The then Town of Quincy rented and furnished it and hired the teachers. The larger section shown here in the foreground was an 1890 addition built and paid for by the new City of Quincy. The present brick Wollaston School was built in 1912 and the building shown here was then demolished. This site, now known as Safford Park, was gifted to the city by Nathaniel F. Safford, the treasurer of the land company. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Classic Rock DJ Carter Alan On 50 Greatest Rock Concerts Aug. 16 At Historical Society

Carter Alan, Boston's legendary rock DJ, will present a reading, discussion, and signing of his new book, *The Decibel Diaries* on Wednesday, Aug. 16 at 7 p.m. at Quincy Historical Society, the Adams Academy, in Quincy Center.

In his book, subtitled "A Journey Through Rock in 50 Concerts," Alan recalls and historicizes the importance of memorable performances (many of which occurred in the greater Boston area) that he attended between the mid-1970s and 2015.

Alan is currently a classic rock DJ at Boston's WZLX, and was formerly DJ and music director at Boston's WBCN. His previous books include *Radio Free Boston: The Rise and Fall of WBCN*.

Everyone is welcome. Admission is free.

This will be the first in a new Historical Society series on the history of popular culture on the South Shore. Copies of *The Decibel Diaries* and *Radio Free Boston* will be available for purchase at the event.

For further information, call the Historical Society at 617 773-1144 or e-mail quincyhistory@verizon.net.

Marching Camp For Q/NQ High School Band

There will be a mandatory marching camp held the week of Aug. 28th for all members of the Quincy High School and North Quincy High School bands.

The marching camp will take place at Pageant Field from Monday, Aug. 28 to Thursday, Aug. 31, and run from 8 a.m. to 12:30 p.m. each day. All incoming ninth grade students who have registered for band and/or band experience will also be required to attend.

Students who participated last year in their middle school band as eighth graders, but were not able to register for high school band for ninth grade, are also asked to come and participate. They should speak with Mr. DeMarco or Mr. Kenneally, who can help them solve any registration issues.

If parents or students have any questions at all about marching camp, contact Mr. Michael DeMarco (michaeldemarco@quincypublicschools.com), Mr. Richard Kenneally (richardkenneally@quincypublicschools.com), or Mr. Matthew Cavanaugh (matthewcavanaugh@quincypublicschools.com) and cc all emails to qpsband@gmail.com.

On May 13 of this year the Quincy Band Boosters, in conjunction with Quirk Ford of Quincy, held a test-drive fundraiser for the QPS band program at Pageant Field. Band students from grades 4 through 12 performed at the Ruth Gordon Amphitheater throughout the day's event. The effort raised $5,940 in Ford test-drive pledges, paid to the Quincy Band Boosters to help with the band program. Some of these funds have already been put to good use with the purchase of a marimba that can be used for both concert band and marching band. The Quincy Band Boosters express their sincere thank you to Quirk Ford for their generosity and support.

The Quincy Band Boosters are happy to answer any questions about the band program. They can be reached at quincybandboosters@gmail.com. They also have a website https://quincybandboosters.wordpress.com and a facebook page.

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Quincy's Yesterdays

This Week
1980
37 Years Ago

City Says 80 Owe $1.25M In Back Taxes

The city has started the process of placing liens against property of some 80 Quincy taxpayers who owe more than $1.25 million in unpaid real estate taxes for the year 1978. Included in that sum is more than $1.1 million claimed by the city from General Dynamics in a tax dispute that was recently heard in Superior Court. A decision is expected in October.

The list of taxpayers and the amount they owe was published in The Quincy Sun in a city of Quincy legal notice as the first step toward possible foreclosure.

"Once published," said Tax Collector Robert E. Foy III, "the city has 30 days to put the lien on over in Dedham Court. It is then recorded in the Registry of Deeds."

STUDY COMMITTEE RECOMMENDS PRIVATE AMBULANCE SERVICE

A study committee has recommended that the city ambulance service be contracted out to a private firm, according to Mayor Arthur H. Tobin. The city is now preparing to put that recommendation into effect, Tobin said.

The nine-member committee noted that the police ambulance service costs $250,000 per year compared to a $56,000 low bid by the Bay State Ambulance service and concluded that, "the same professional expert services can be provided to the citizens of Quincy at far less cost by a private company."

The group recommended that Mayor Tobin accept Bay State as the lowest responsible bidder.

Members of the committee were Police Chief Francis X. Finn, Auditor Charles Shea, Henry Bradley, police dept., Treasurer Robert Foy, Councillor Francis X. McCauley, City Solicitor Robert Flemming, Purchasing Agent William Kelly and John Felci of Quincy City Hospital.

QUINCYISMS

Rep. Thomas F. Brownell (D-Quincy) was calling on MDC Commissioner Terrence J. Geoghegan to eliminate a foul odor that was emitted from Nut Island Sewerage Treatment Plan in Houghs Neck. Brownell noted in his letter to the commissioner, called it "unhealthy and totally unfair to expect residents of Houghs Neck to put up with the nuisance"... **Eddie Ceriani**, 34 Schlager Ave., West Quincy, son of Mr. and Mrs. Primo Ceriani, submitted the winning entry in a Massport poster-coloring contest. Eddie was a student at the Willard School... Government contracts totaling $1,567.860 have been awarded to the Raytheon Company, 464 Center St., Quincy, by the Defense Electronics Supply Center. The contracts call for the production of 231,000 electron tubes... **Mary C. Bredin** of Quincy, graduated from the Katherine Gibbs School in Boston. Miss Bredin, daughter of Mr. and Mrs. Francis A. Bredin, was a graduate of Quincy High School and also attended the University of Mass-Boston... The Quincy High School Class of 1931 was making plans for the 50th anniversary reunion to be held in June 1981. For further information, classmates were asked to contact **Mrs. Rudolf Oberg (Doris Shalit)** in North Quincy or Harold Slate in Braintree... **Janice** and **Alejandro Calderon**, husband and wife of Lenox Street, Houghs Neck, were recently named to the Dean's List for outstanding academic work at Fisher Junior College... Three Quincy residents were named to the president's honor roll for the second semester at Wentworth Institute. They are **Paul Beaton**, **Michael Sheehan** and **Kevin White**... The Quincy Sun's Sunbeams column noted, "Trying to spot the first mayoral candidate is like trying to find the first robin of spring. Don't look now, but isn't that **Councillor Frank McCauley** bob bob bobbing along? (Editor's note: Frank McCauley did run for mayor and won.)... The Board of Directors of South Shore Mental Health Center chose **Mayor Arthur H. Tobin** as a recipient of its 1980 Distinguished Service Awards... **Rev. Robert L. Johnston**, headmaster of the Woodward School for Girls, was scheduled to be the guest speaker at the Sunday, August 17 service at the Houghs Neck Congregational Church... **Mayor Tobin** appointed his executive secretary **Thomas R. Burke** to chair the Mayor's Committee to assess the community needs of disabled persons in Quincy... **Patricia Yovino**, 82 Carlisle St., North Quincy, was named director of the Atlantic Neighborhood Center, succeeding **Jane Ford**. She had been vice-president of the Association since 1979... **David Maloney** of Town River Yacht Club, Quincy Point, was president of Quincy Bay Race Week 1980.

Arts & Entertainment

13th Annual Houghs Neck 'ChowdaFest' Sept. 9

The Houghs Neck community will hosting its 13th annual "ChowdaFest" on Saturday, Sept. 9th from 2 to 6 p.m. at the Maritime Center in Houghs Neck, 137 Bay View Ave.

The "ChowdaFest" will feature at least two dozen recipes from local restaurants and individual contestants. Admission is $5 and includes a taste of each chowda and live entertainment by SuperFly.

There will be a cash bar serving wine and beer from Burke Distributors mobile keg trailer sponsored by Mark DiBona of The Pour Yard in Quincy.

A selection of cold drinks and food will be sold by the Boy Scouts. The Houghs Neck Congregational Church will have their bake sale with all proceeds going to McKinney-Vento Homeless Assistance Program. For more details or to donate baked goods email Gayle Mackay at gaylemackay@comcast.net.

All proceeds raised from ChowdaFest will support local youth and family programs of the Houghs Neck Community Council.

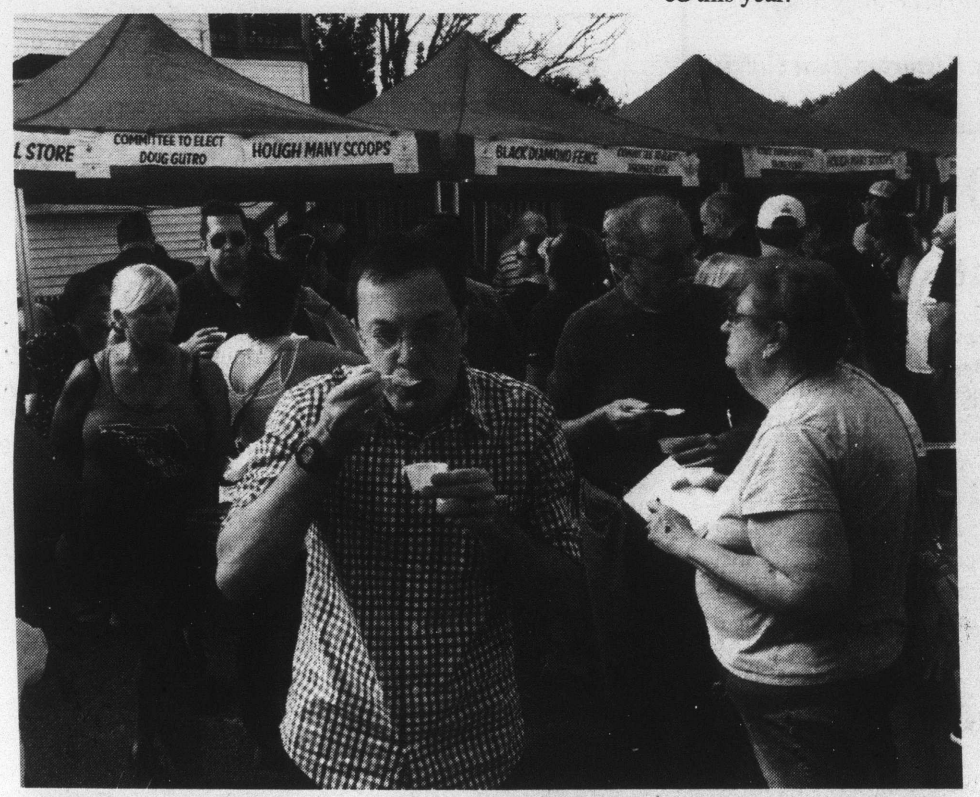
Any individuals interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com.

Restaurants or businesses interested in entering a chowda or sponsoring the band for $600, tent for $100 or a keg for $50 should contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com

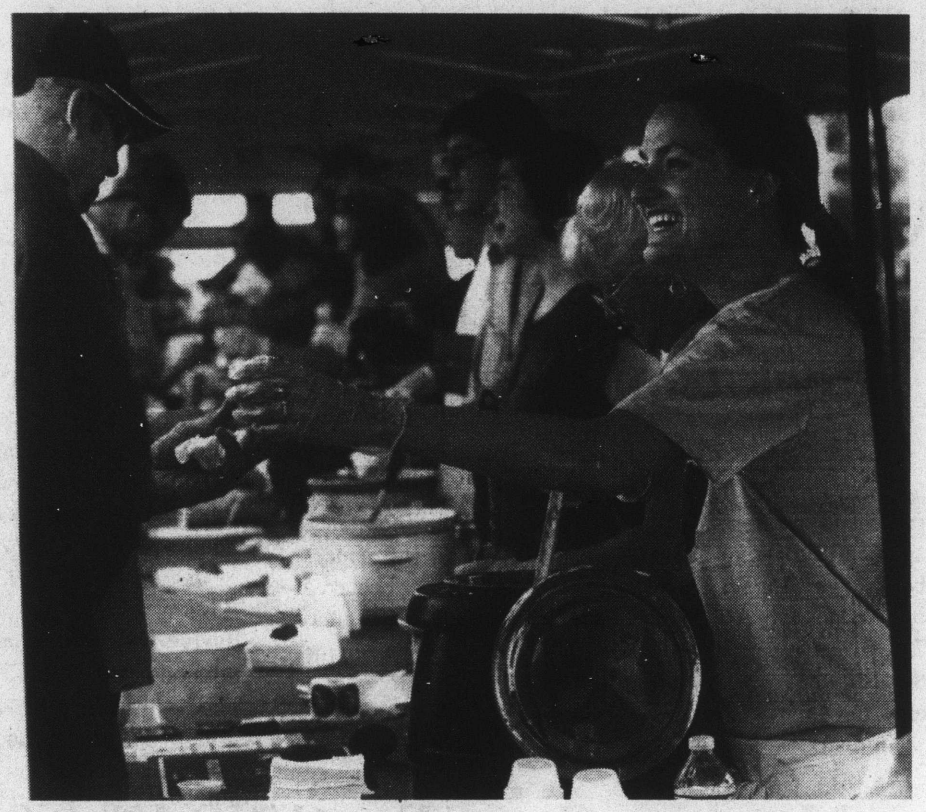
The event is an opportunity to reconnect with friends and neighbors, past and present, in a beautiful seaside location. Last year, more than 1,500 people attended and more are expected this year.



THE 13TH ANNUAL Houghs Neck 'ChowdaFest' will be held Saturday, Sept. 9 at the Maritime Center, 137 Bay View Ave. The event attracted some 1,500 people last year. *Quincy Sun File Photos/Robert Bosworth*



ADMISSION TO THE 13th annual Houghs Neck ChowdaFest is $5 and includes a taste of each chowda and live entertainment by SuperFly.



ANY INDIVIDUALS interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com. Restaurants or businesses interested in entering a chowda or sponsoring the band for $600, tent for $100 or a keg for $50 should contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com.

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All-natural BBQ pork, cole slaw and sweet potato fries

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THE CHOWDAFEST will also feature a cash bar serving wine and beer from Burke Distributors mobile keg trailer sponsored by Mark DiBona of The Pour Yard in Quincy. Tending to the bar at a recent chowdafest are (from left) Laurie Pavidis, Alison McCarthy, Celia Laroche, Kathy Hubley, Brian Laroche and Jaime Gordon.

Fenno House Indoor Yard Sale Aug. 18 - Aug. 19

Fenno House, 540 Hancock St., North Quincy, will hold its 9th annual Giant Indoor Yard Sale Friday, Aug. 18 and Saturday, Aug. 19 from 9 a.m. to 3 p.m.

There will also be raffle prizes and a bake sale. The public is welcome.

Fenno House is a not-for-profit Assisted Living and Traditional Apartments for seniors.

Social



AMONG THOSE ENJOYING the recent fundraiser for the Souther Tide Mill at the Squantum Yacht Club are (from left) Frank Hogan, Kathy Hogan, singer Lil' Miss Sofia and entertainer Ken Morrell. *Photo Courtesy Kathy Hogan*

Music – And Much More - For Souther Tide Mill

By Kathy Hogan

Down by the Souther Tide Mill,
The old one -- on 3A still.
With one visit, you will know
That it should never go.
It's there we hope you'll see
This early industry,
Grinding corn and more
Right by the old seashore.
Low tide ... high tide
Make the millstone glide
At the Souther Tide Mill.

When stepping onto the back deck or just looking out the window, a view of a glorious sunset at the beach was a treat for visitors at the recent fundraiser for the Souther Tide Mill, held at Squantum Yacht Club.

Guests soon joined in singing a new song, *Down by the Souther Tide Mill*, written to the tune of *Down by the Old Mill Stream*. With entertainer Ken Morrell at the keyboard and Li'l Miss Sofia Hurley, Kathy Hogan introduced this song, which was well received and fun for all!

"King of the Classics: Songs of Stage and Screen" musician Morrell later accompanied Miss Sofia on *Where the Boys Are* and *Crazy*, two of this young lady's favorites; in addition, during the evening he played many of the songs that we all recall.

Lest you think this event was only for entertainment, this was in addition to an evening's program that began with a welcome from President Doug Morrill to our Ward 1 councillor and Discover Quincy director Margaret Laforest. Laforest congratulated Friends of Souther Tide Mill on their accomplishments to date as well as announced Quincy's 50 Days of Freedom and provided everyone with a copy of the flyer to take home.

Morrill then guided the audience, via PowerPoint, through a tour of the inside of the mill. This included the milling process and blueprint drawings of mill equipment. He said that Friends wants to put an educational kiosk in front of the mill, and the group is eager to install electrification at the mill and to bring fresh water to it.

Carolyn Marks, former President, FSTM, urged the public to step forward in support of the efforts to restore the mill.

Ms. Hogan pointed out the importance of the Quincy Canal at the mill to the granite industry, as this was where granite from North Commons on Quarry Street was brought to be loaded onto barges and boats (rock from this area was not transported on the commercial railway). The whole infrastructure of the Souther industrial area was essential to the grain, lumber, shipbuilding and shipping industries of the day, and this would, of course, benefit not only the general public but our Founding Fathers and their families and businesses, beginning in the early 1800s. She pointed out that the past industries at the mill, too, are a potential link to school curriculums, joining both history and STEAM (science, technology, arts, engineering, math).

The members of Friends of Souther Tide Mill were happy to welcome supporters who included Anneli Johnson, founder of the Quincy Farmers Market, and Councillor at-Large Noel DiBona plus members of the Wollaston Garden Club, Seaside Gardeners, Environmental Treasures, and Quincy Quarries & Granite Workers.

New member Carol Taylor was introduced, the granddaughter of James McDermott, one of the last officers of Quincy Lumber Co. - the Souther lumber mill being its forerunner.

Finally, the table display that greeted guests as they arrived included, among other things, a table-top model of a tide mill and its operation as well as a poster with the history of Souther tide mill and an explanation of how it works; various artifacts; and a painting of the mill. Guests enjoyed fruit, cheese, crackers and homemade oatmeal cookies, not to mention that beautiful view and relaxing atmosphere at the back deck of host venue Squantum Yacht Club.

New Members Needed

Above all! We need new members – members who want to get involved. There are many jobs available, depending on your talents and time. Weeding the garden, clearing the brush, making repairs, picking up trash that blows onto the property, helping to run the website, clerical, etc.

Watch for news of special events at the mill and at the Farmers Market.

Call Doug Morrill at 617-471-3628 for more information.



JOSEFINE MARSTJEPOVIC (center), a 2017 graduate of Quincy High School who will be attending Salem State University in the fall, receives a $1,000 schoalarship from Ari Haseotes (left), CEO of Cumberland Farms; and Gwen Forman, vice president of marketing for Cumberland Farms. *Photo Courtesy Warner Communications*

Josefine Marstjepovic Awarded Cumberland Farms Scholarship

Josefine Marstjepovic, a college-bound 2017 graduate of Quincy High School, was recently awarded a "Believe & Achieve" scholarship from Cumberland Farms.

Marstjepovic will be attending Salem State University in the fall.

Since the launch of Cumberland Farms scholarship program over a decade ago, the company has provided more than $1 million of financial assistance to over 1,100 college-bound young adults to help them realize their dreams of achieving a college education.

The "Believe & Achieve" program provides $1,000 scholarships annually to 130 eligible graduating high school seniors across its service area. This year Cumberland Farms has awarded $130,000 in "Believe & Achieve" Scholarships to 48 students in Massachusetts, 24 in Florida, 11 in New York, 13 in New Hampshire, 12 in Connecticut, 5 in Maine, 8 in New Jersey/ Pennsylvania, 6 in Vermont, and 3 in Rhode Island.

Quincy Students Win B.C. High Awards

William J. Kemeza, president of Boston College High School, announces the following students from Quincy received special awards at an end of the year assembly to honor BC High undergraduates.

Students honored and the awards received are:

Andrew Bargoot, 2019 Academic excellence in English II.

Matthew Brandi, 2019 Exelauno Latin II.

Owen Carberry, 2018 Academic excellence in US History AP.

Samuel Danby, 2019 Robotics-Creativity Award, Academic excellence in Algebra II Honors.

Colman Gillis, 2019 Robotics -New Cat in the Alley Award.

Sean Healy, 2018 Academic excellence in US History AP.

Joseph Henry, 2018 Celtic Culture Club.

Christopher Hussey, 2020 Academic excellence in Biology I and Theater Foundations.

Jack Kelly, 2018 Academic excellence in Algebra II (level 1).

Nicholas Kuranda, 2019 Academic excellence in Sculpture Studio.

Braydon Lawrence, 2020 Academic excellence in Global History I.

Ethan Lunny, 2020 Academic excellence in Global History I.

Thomas McCormack, 2020 Academic excellence in English I.

Dylan McDonald, 2019 Academic excellence in Geometry.

Diarmuid McGonagle, 2018 Catholic Gay Straight Organization, Celtic Culture Club, Univ. of Rochester (Kodak Eastman Young Leaders), Academic excellence in English III: Celtic and Precalculus Honors.

William McMillen, 2020 Academic excellence in Spanish I.

Aidan Murphy, 2020 Academic excellence in Spanish I.

Jake Murray, 2019 Stephen J. Collins Modern Language Award – Spanish, Academic excellence in Acting I, Algebra II (Level 1), Chemistry I, and Global History II/US History I Honors.

Roman Natale, 2020 Concert Choir, Ping Pong.

Steven Ngo, 2018 Concert Band, St. Michael's Book award, Academic excellence in Algebra II Honors, English Literature and Composition AP, and Physics Honors.

Donald Ormond, 2019 Academic excellence in Acting II.

Robert Pittman, 2019 Academic excellence in Spanish III.

Thomas Potts, 2020 Concert Choir.

Patrick Shalvey, 2018 Academic excellence in Algebra II (Level 2).

Michael Song, 2019 Academic excellence in Algebra II (Level 1), Chinese III Honors, and Global History II/US History I Honors.

Andy Trebicka, 2018 Robotics Award - Electronics.

Vishvakishore Venkatesan, 2020 Academic excellence in Digital Photography.

Franck-Herve Yhomby, 2020 Black/Latino Student Union Award.

Jeffrey Perez On Nichols Dean's List

Jeffrey Perez from Quincy has achieved Dean's High Honors for the spring semester at Nichols College in Dudley.



Children's Library Programs Aug. 9 - Aug. 16

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of Aug. 9 through Aug. 16.

Preschool Discover – Super Science @ Wollaston

Thursday, Aug. 10th at 10 a.m.

Ages 2-5

Bring your preschooler in to do some of our favorite science activities from the past year of Preschool Discovery. Did you have fun mixing colorful baking soda and vinegar or miss out on making light-up constellations? Come in and try out these activities and more!

This program is for children ages 2-5 accompanied by an adult.

Sponsored by the Friends of the Thomas Crane Public Library.

Creature Teachers @ Adams Shore

Thursday, Aug. 10th at 2 p.m.

Ages 3+

Wallabies, kinkajous and skinks, oh my! Join an educator from Creature Teachers as we learn all about animals around the world. Come take a trip around the world with us and find out where our live animals come from. This program explores the diverse habitats of our planet and the animals that live within them. See why some animals are well suited for certain areas and why some are not.

We cannot promise what animals may be part of this program but we can promise that everyone who wants to will get a chance to touch at least some of the animals.

This program is for children ages 3 and older accompanied by an adult. This program will be held outdoors in the shade of the trees weather permitting.

Sponsored by the Quincy Cultural Council.

Mother Goose Storytime with Denise Shaver

Friday, Aug. 11th at 10 a.m.

Main Library Large Meeting Room

Ages 1&2 with an adult

Join Storyteller Denise Shaver for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

Art-to-go is a nine-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 - 4 p.m. Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy to make this week's craft.

Week of Aug. 14th – Block house collage.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy

Rescuers Down Under

Monday, Aug. 14th at 2 p.m.

Rated G

Cody, a boy from Mugwomp Flats, responds to a distress call about a trapped giant Golden Eagle called Marahute. Freeing her, he gains a close friendship with the bird. However, Cody is soon abducted by the murderous poacher, Percival McLeach, who is after the bird.

In a panic, a mouse Cody freed from one of McLeach's traps sends a desperate call for help to the Rescue Aid Society in New York City who assigns their top agents, Miss Bianca and Bernard, to the task. With transportation provided by the goofy albatross, Wilbur, the agents arrive in Australia and link up with the RAS' local field operative, Jake the Kangaroo Rat. Together, the trio must race against time to find Cody, stop McLeach, and save Marahute.

This movie is rated G and runs for 75 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

LEGO Building at Wollaston

Tuesday, Aug. 15th from 1:30 to 4:30 p.m.

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week.

How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week!

This week's challenge: Monsters

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Dungeons and Dragons Encounters

Tuesday, Aug. 15th at 7 p.m.

Main Library Children's Room

Ages 10 and older

New and experienced players are invited to join us for this introduction to D&D 5th edition game play.

Take on the role of a fantasy hero in this monthly Dungeons and Dragons game. We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play.

Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

Harry Potter Book Club @ Wollaston

Wednesday, Aug. 16th at 7 p.m.

All Ages

The Cursed Child, Tales of Beedle the Bard, Fantastic Beasts and Where to Find Them, and *Quidditch Through the Ages*.

We're not quite done with Harry! Even after the series is over there's more to read. Join us to talk about these extra stories set in J.K. Rowling's Wizarding world.

Stop by the main library to pick up the books to read before we meet.

WHAT'S COOKING with *Marie & Susie*

By MARIE D'OLIMPIO and SUSIE FALCO



Almond Joy Cookies

By MARIE

Today's recipe is for an Almond Joy cookie that some of you may have already tried. They are so popular because not only do they taste like Almond Joy candy, these cookies and are very tasty and the recipe is very simple calling for only four ingredients.

I got the recipe from my daughter, Ann Marie, and she found the recipe online, baked them and brought them over for me to taste. After I tasted one I was on the band wagon and made a batch for myself.

RECIPE

Preheat oven to 325 degrees

Line a large cookie sheet with Parchment paper

One 14 ounce bag sweetened coconut flakes

Two cups semi-sweet chocolate chips

2/3 cup chopped lightly salted almonds

One 14 ounce can sweetened condensed milk

DIRECTIONS

In a large bowl combine coconut, chocolate chips, almonds and sweetened condensed milk. Stir until mixed very well.

Using a tablespoon spoon batter onto the prepared baking sheet keeping cookies about 2 inches apart. Pat the tops down flattening a little.

Bake cookies for 12 to 14 minutes or until tips of coconut are just starting to turn golden brown.

Let cool on baking sheet and store cookies in an airtight container.

Summer Vegan Veggie Spring Rolls

By SUSIE

These rolls are just delicious and so fun to make. You do have to cook the rice noodles but other than that this is a nice meal that even the kids will love.

These are my kids absolute summer favorite. Mine like the sauce spicy so adjust recipe accordingly. Remember: Recipes are just guidelines. You can take out or add anything you wish to this list.

I have also added leftover shrimp or chicken. Loaded with healthy crisp veggies and an easy to make homemade no cook sauce, this one is a winner for a hot summer night. If a nut allergy exists just substitute sunbutter (made of sunflower seeds) and it will taste just as good. Enjoy!



- 6 sheets rice paper
- 1 carrot
- 1 avocado
- 1 small cucumber
- 1 small red bell pepper
- Handful fresh basil
- 1 small mango
- Small handful fresh cilantro
- 5 lettuce leaves
- Rice noodles (the thin kind sold in the Asian foods section)
- Chopped scallions

For the sauce:

- 1/3 cup natural unsweetened peanut butter
- 2 garlic cloves
- 2 teaspoons minced fresh ginger
- 1 tablespoon raw honey
- 1 tablespoon miso
- Juice of 1 lime
- 1/8 cup tamari or soy sauce
- Some water to help with consistency (up to 1/3 cup or so)
- Dash of Siracha sauce if desired. Or hot sauce.

DIRECTIONS:

Cut the carrots, avocado, cucumber, mango, bell pepper and lettuce into thin strips.

Cook the rice noodles according to package directions and cool completely. Place in bowl.

Dip the rice paper into warm water so that they soften, one at a time so they don't stick together.

One at a time, lay out each rice paper on a moist towel. Arrange a few leaves of basil and cilantro in the center.

Add a few slices each of the carrot, avocado, mango, cucumber, bell pepper and lettuce. Position them horizontally.

Add some noodles.

Top with scallions.

Fold over the top edge of the paper over the filling. Pull in the sides and then fold the bottom layer over the fillings as well.

Slice each roll in half.

For the sauce, just whisk until smooth or put in food processor. Serve aside the summer rolls. Dip and enjoy!

Narragansett Lighthouse Cruise Aug. 28

The Quincy Council on Aging will travel to Rhode Island on Monday, Aug. 28th for lunch and a cruise.

Upon arrival at the Quonset Point Officer's Club you will be served a full course luncheon which includes a garden tossed salad, entre of fresh baked scrod or baked chicken with lemon, mashed potatoes and green beans, mud pie ice cream and choice of coffee or tea.

After lunch you will board the Millenium Ferry for the Narragansett Lighthouse Tour, including ten beautiful lighthouses and a Newport Harbor Tour. Cruise under the breathtaking Jamestown and Newport Bridges, past mansions, historic Fort Adams and many other historic Rhode Island sites.

To register for this trip visit the Kennedy Center at 440 East Squantum St. in Quincy. Payment must be made at time of registration.

For more information call the Kennedy Center at (617) 376-1506.

QHS - Vo-Tech Class Of 1972 Reunion Sept. 16

The Quincy High School - Vocational Technical High School Class of 1972 will hold its 45th reunion Saturday, Sept. 16 at the Adams Inn, Quincy.

This casual evening of sharing memories with old friends will begin at 7 p.m. on the scenic banks of the Neponset River. The planning committee has secured "The Landing," a tented facility that accommodates up to 300 people, river side.

A cash bar will be available throughout the evening and light hors d'oeuvres will be served from 8 to 9 p.m. At 10:30 p.m., a dessert table will be made available.

Tickets are $40 per person. Checks should be made out to "QHS 1972 Reunion" and can be mailed to Laura (Lawrence) Blumberg, 113 Setterland Farm Rd., Hanover, MA 02339 by Aug. 15th. Those with questions are asked to email Lauralb1972@gmail.com. Include your current email address with your check. If you become aware of any classmates who have not received this invitation, we would appreciate you forwarding it to them as tickets will not be sold at the door.

Guest rooms available at the Adams Inn.

All checks must be received by Aug. 15.

Gout: A Complicated Form Of Arthritis

A Message From The Quincy Health Department



RUTH JONES

By RUTH JONES BSN, RN, BC, CP-F

Gout is characterized by sudden, severe attacks of pain, redness and tenderness in joints, often the joint at the base of the big toe.

Gout, a complicated form of arthritis, can affect anyone. Men are more likely to get gout, but women become progressively more vulnerable to gout post-menopause. An attack of gout can occur suddenly, often disrupting your sleep with the feeling that your big toe is on fire. The affected joint is hot, swollen and so sensitive that even the weight of a bedsheet may seem unbearable.

Gout occurs when urate crystals accumulate in your joint, causing the inflammation and powerful pain of a gout attack. Urate crystals can develop when you have excessive levels of uric acid in your blood. Your body produces uric acid when it breaks down purines, substances that are found naturally in your body, and in certain foods, such as steak, organ meats and seafood. Other foods also stimulate higher levels of uric acid, such as alcoholic beverages, especially beer, and drinks sweetened with fruit sugar (fructose).

Typically, uric acid dissolves in your blood and travels through your kidneys into your urine. Occasionally, your body either produces an excess of uric acid or your kidneys excrete too little uric acid. When this happens, uric acid can build up, forming sharp, needle-like urate crystals in a joint or surrounding tissue that cause discomfort and swelling.

The signs and symptoms of gout almost always transpire suddenly, frequently at night, and without warning. They include:

• **Intense joint pain** - Gout generally affects the large joint of your big toe, but it can occur in your feet, ankles, knees, hands and wrists. The pain is likely to be most severe within the first four to 12 hours after it arises.

• **Lingering discomfort** - Some joint discomfort may last from a few days to a few weeks. Later attacks are likely to be longer lasting and affect additional joints.

• **Inflammation and redness** - The affected joints become swollen, tender, warm and red.

• **Limited range of motion** - Decreased joint mobility may ensue as gout progresses.

Factors that increase the uric acid level in your body include:

• **Diet** - Eating a diet that's high in meat and seafood and high in beverages sweetened with fruit sugar (fructose) stimulates higher levels of uric acid. Alcohol consumption, especially of beer, also increases the risk of gout.

• **Obesity** - If you are overweight, your body produces more uric acid and it is more challenging for your kidneys to eliminate uric acid, which significantly increases your risk of gout.

• **Certain diseases and conditions** make it more likely that you'll develop gout, including untreated high blood pressure and chronic conditions such as diabetes, metabolic syndrome, and heart and kidney diseases.

• **Certain medications** - The use of thiazide diuretics and low-dose aspirin also can escalate uric acid levels.

• **Family history of gout**.

• **Age and sex** - Gout occurs more often in men between 30-50 years old. Women generally develop signs and symptoms after menopause.

• **Recent surgery or trauma.**

People with gout can develop more-severe conditions, such as:

• **Recurrent gout**.

• **Advanced gout** - Untreated gout may trigger deposits of urate crystals to form under the skin in nodules called tophi. Tophi can develop in multiple areas such as your fingers, hands, feet, elbows or Achilles tendons along the backs of your ankles. Tophi usually aren't painful, but they can become swollen and tender during gout attacks.

• **Kidney stones**.

If you are experiencing symptoms that are common to gout, make an appointment with your healthcare provider. After an initial examination, they may refer you to rheumatologist, a specialist in the diagnosis and treatment of arthritis and other inflammatory joint conditions.

Tests to help diagnose gout may include:

• Joint fluid test to examine your joint fluid for urate crystals.

• Blood tests to measure the levels of uric acid and creatinine in your blood.

• X-ray imaging to rule out other causes of joint inflammation.

• Musculoskeletal ultrasound that can detect urate crystals.

Treatment for gout customarily involves medications. Gout medications can be used for the treatment of acute attacks and also to prevent future attacks, as well as diminish your risk of complications from gout, such as the occurrence of tophi from urate crystal deposits.

Drugs used to treat acute attacks and prevent future attacks include:

• Nonsteroidal anti-inflammatory drugs (NSAIDs).

• Colchicine a type of pain reliever that effectively reduces gout pain.

• Corticosteroids such as the drug Prednisone, which manages gout inflammation and pain.

If you encounter several gout attacks each year or if your gout attacks are less frequent but exceptionally painful, your doctor may suggest medication to reduce your risk of gout-related complications.

Options include:

• Medications that block uric acid production. Drugs called xanthine oxidase inhibitors may lower your blood's uric acid level and lessen your risk of gout.

• Medication that improves your kidneys' ability to remove uric acid from your body.

Medications are the most established effective treatment for gout symptoms. Nevertheless, achieving certain lifestyle changes also may assist, such as:

•Limiting alcoholic beverages and drinks sweetened with fruit sugar (fructose).

• Limit intake of foods high in purines, such as red meat, organ meats and seafood.

• Exercising regularly and losing weight. Maintaining your body at a healthy weight reduces your risk of gout.

Certain foods are being studied for their potential to lower uric acid levels, including:

• Coffee

• Vitamin C

• Cherries

During symptom-free phases, these dietary guidelines may help you defend against future gout attacks:

• Keep your fluid intake adequate. Stay well-hydrated, including plenty of water. Restrict the amount sweetened beverages you drink, especially those sweetened with high fructose corn syrup.

• Limit or avoid alcohol.

• Low-fat dairy products may essentially have a protective effect against gout, so these are your soundest sources of protein.

• Limit your intake of meat, fish and poultry.

• Maintain a desirable body weight.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

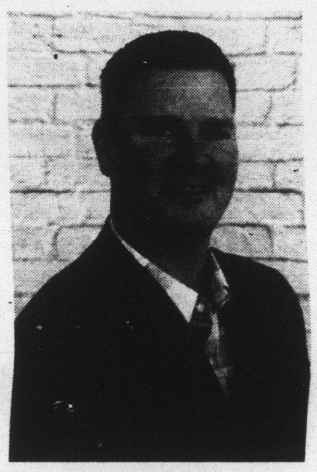
Why You Should Visit Your Physical Therapist

By DARRYL ELLIOTT, PT
Elliott Physical Therapy

Summer is here and that means everyone from the elite runner to the weekend hiker is out and about enjoying the beautiful weather.

As you increase your activity level, you may find that you aren't as physically capable as you once were, or maybe you have been ignoring a nagging pain for far too long or perhaps there's a longer race distance looming on the horizon. Whatever the reason, just as a regular oil change promises to keep your car running at its peak performance, an evaluation by a physical therapist may be just what you need to rev up your own engine and get back on the road safely.

A recent health segment that aired on The Today Show, featuring sports medicine physician Dr. Jordan Metzl and a team of physical therapists from the Hospital for Special Surgery, shared tips for staying healthy as we enjoy a number of summer activities from bike riding and running to kayaking and swimming.



DARRYL ELLIOTT, PT

Under the supervision of a physical therapist, you can learn exercises that will strengthen muscles and prevent injuries and will be given tools to ease pain and recover faster. Physical therapists are trained to take care of the entire kinetic chain, that is, all of your muscles from head to toe.

When you take your car in for an oil change, the mechanic changes the oil, replaces the oil filter and inspects your tires, air conditioning, battery and more. You'll likely head home with a list of future needs such as rotating the tires or changing the air filter and your car will be good to go for the next 3,000 to 5,000 miles. Similarly, a physical therapist is trained to evaluate your strength, body mechanics, posture and mobility, and to set reasonable goals for your recovery or fitness aspirations. By gathering a thorough assessment of your strengths and limitations, the physical therapist will devise a therapy plan that includes a home exercise program and maintenance component.

In New England, summer is a fleeting season and there's only so much time to get outside and participate in the activities we enjoy most. So, what are you waiting for? Making an appointment with a physical therapist might be the difference between puttering through life or riding at high performance.

Elliott Physical Therapy has two convenient locations for Quincy residents in Milton and Dorchester. They offer free Injury Screens with a physical therapist. Call Milton at 617-696-8141 and Dorchester at 617-506-7210 to schedule yours today.

darryl@elliottphysicaltherapy.com

Blood Drive Friday At Kennedy Center

The American Red Cross is currently experiencing a severe blood shortage and has issued an emergency call for blood donations.

The American Red Cross will hold a blood drive at the Kennedy Center, 440 East Squantum St., Quincy, on Friday Aug. 11th from 12:30 to 5:30 p.m.

Call 1-800-RED CROSS (1-800-733-2767) to schedule an appointment or visit redcrossblood.org and enter: QUINCYCOA.

For more information, call the Kennedy Center at (617) 376-1506.

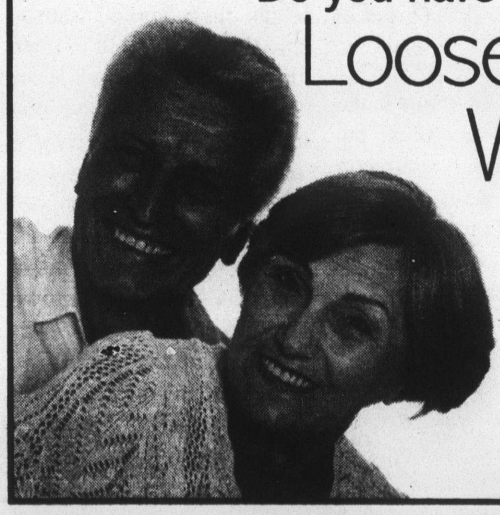
COA Back To The Beach Tuesday

The Quincy Council on Aging will head back to the beach Tuesday, Aug. 15th with an event at Tony's Clam Shop from 12:30 to 3 p.m.

Always a fun afternoon, members of the Kennedy Center will receive a free small fountain soda and a 10 percent discount on any meal from Tony's Clam Shop, when they show their membership ID card.

Music will be provided.

To register for this event, call the Kennedy Center at (617) 376-1506 – or sign up at the Kennedy Center.



Child Off To College? Free Seminar For Parents To Provide Three Critical Legal, Medical And Financial Protections

The Quincy law firm of Baker, Braverman & Barbadoro, P.C., in conjunction with the South Shore Bank, invites parents of students headed off to college to a free seminar Wednesday, Aug. 23.

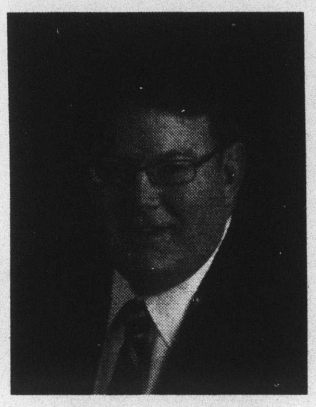
The seminar will be held at the South Shore Bank Operations Center, 1584 Main St., Weymouth, and will focus on the legal, medical and financial protections for students attending college and how planning can prevent unexpected adversity.

The 45-minute seminar is free and is intended for parents of children attending college – even if it is not their first year this fall.

"Turning 18 may be a milestone birthday, but most parents fail to notice that from a legal standpoint, it means that they are no longer entitled to make decisions for their children," said BB&B Attorney Elizabeth Caruso, one of the presenters. "Too often parents get a call that their college child needs medical care, or help



ELIZABETH CARUSO



PHILIP MELANSON



JACQUELINE HURSTAK

with insurance or banking, and the care providers rebuff the parents? attempts to weigh in on the decisions," she said.

The seminar will give parents three important tools that give them back their right to help their child, preventing situations like:

• My child suffered serious injuries, and because he is 18-years-old the hospital staff cannot give me information or accept my decisions related to his medical treatment.

• My child has gotten into a bad financial situation with her landlord and her bank half way across the country, and I do not have the legal authority to help her resolve it.

• My child passed away unexpectedly, leaving behind $60,000 in education loans that I have the responsibility to pay in the midst of my grieving.

The presenters include:

• Elizabeth Caruso, Esq., an estate planning attorney with Baker Braverman & Barbadoro, P.C. She will discuss the importance of Healthcare Proxies and Durable Powers of Attorney for college students.

• Philip Melanson, Vice President South Shore Bank, Infinex Investment Executive, will present on important benefits of Life Insurance for college-aged students.

• Jacqueline Hurstak, Retail Officer/Branch Manager South Shore Bank, who will discuss important guidelines for the security and safe use of student checking accounts and debit cards.

To attend, RSVP to Jacqueline Hurstak (jhurstak@sssb.com, (781) 682-3735 or to Lisa Kenepp (lisak@bbblawfirm.com), (781) 848-9610 by Aug. 21st. Choose from either the 9:30 a.m. or the 6:30 p.m. seminar.

Meet And Greet Mario 'Coach' Casali Aug. 20 At FB Golf Club

Mario Casali has turned 90 and there will be a Meet and Greet on Sunday, Aug. 20, at the Furnace Brook Golf Club.

Casali, who retired from the Quincy Public Schools in 1995, spent 30 years as a physical education teacher at Central Junior High School until the early 1980s. During his 30 years at Central, Casali coached football, basketball and baseball, impacting the lives of thousands of young men and women.

Many who played under Casali pursued a career in education, many going on to also coach. He was a role model both as a teacher and a coach.

Doors will be open at 3 p.m. Aug. 20. The public is invited to attend.

For more information, contact Ed Miller at 617-799-3523 or Paul Bregoli at 617-947-7618.

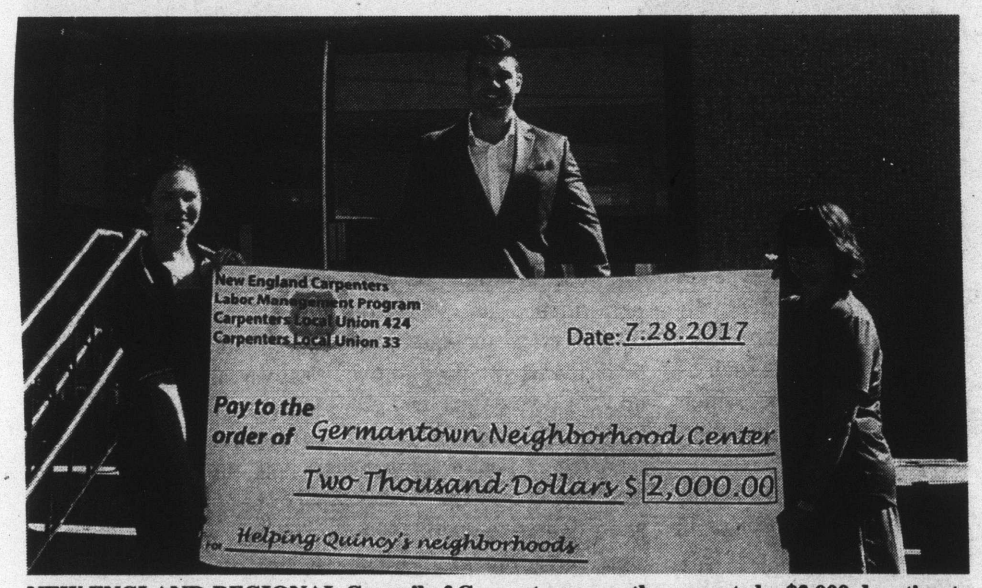
Germantown Neighborhood Center Receives $2,000 for New, Existing Services

The Germantown Neighborhood Center on Palmer Street, which hosts a food pantry, a children's day camp, an after-school program, a community garden and a music center, recently received a $2,000 donation from the New England Regional Council of Carpenters to support new programs and boost existing services.

The Center, a branch of the South Shore YMCA, is perhaps known best in the community for its local farm-sourced food pantry and the Meal On Wheels-esque mobile extension of the same. The pantry sources food from local farms, Stop and Shop and Trader Joe's and provides guests with meat, eggs, milk and non-perishables.

But the Germantown Neighborhood Center is not only a food pantry; it is a multi-faceted community pillar with a focus on health, wellness and youth development.

During a recent tour, representatives from the New England Regional Council of Carpenters said they were impressed by the services and programs offered at the Center, which included a brand new kitchen where community members will learn new ways to prepare food they receive at the food pantry and a full-fledged after-school music studio, where children and teenagers work together to create collaborative albums and EPs.



NEW ENGLAND REGIONAL Council of Carpenters recently presented a $2,000 donation to the Germantown Neighborhood Center. From left to right are: Amelia Phinney, Carpenters Union Local 424; Mike Falcione, Ward 1 city council candidate; and Chrissy Shah, Germantown Neighborhood Center executive director. *Photo Courtesy Benjamin Branchaud/Carpenters*

"I didn't realize just how much they do here," said Amelia Phinney, a representative of Carpenters Union Local 424. "What they do here for kids in this neighborhood is absolutely amazing. To be able to donate any amount of money and immediately see where the money is going – directly to the community – is really important to me and the members of Local 424."

On the tour, Taylor Gilbertie, the youth music specialist, played the group a song called *Against the Current* that was written, performed and produced by one of the students of the Germantown music studio. Over soft piano chords and a drum beat, the 14-year-old sings of fear, anxiety and what it's like to grow up with the struggles that she faces every day.

"Some of these kids come from broken homes, and they don't want to open up," said Gilbertie while the song played. "To have that trust and that consistency is really important. They love knowing that they can just be free and create."

The Carpenters' donation to the Germantown Neighborhood Center was raised partially by Local 424, which services Quincy, partially by Local 33 in Boston and partially by the New England Regional Council of Carpenters after Councillor at-Large Noel DiBona connected the Center with the Carpenters. The $2,000 was not specifically earmarked, and may be split between services or programs. The Center is currently pursuing both a new vehicle for their mobile food pantry operation and a culinary staff person for the new kitchen education program.

"I appreciate being able to see our donation dollars at work, creating sustenance and confidence with the kids," said Mike Falcione, a member of Local 33 and candidate for the Ward 1 Quincy city council seat. "The more we put into this, the better the whole community is going to be."

Social Security Matters

Ask Rusty:

High Earners And The Family Maximum

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: My question is this: If both spouses are high earners with significant Social Security contributions in their own right, delaying their benefits to get a bigger Social Security amount could mean they will exceed the maximum "family" payment. Isn't it to their advantage for both spouses to take Social Security at 62 at the "reduced amount" if together they would still exceed the "family maximum"? Otherwise, aren't they leaving money on the table and getting no increase in payment by delaying collecting? ***Signed:*** **Inquiring Mind**

Dear Inquiring: What an excellent question! Let's lay out the pieces:

1) Regardless of how much these hypothetical "high earners" actually earned, they would have only paid payroll taxes up to the annual contribution limit for each year they worked. That limit - $127,200 for 2017 - increases periodically if a formula used by the Social Security Administration calls for it. Once they reached the earnings contribution limit each year they would have no longer paid into Social Security for that year.

2) Let's assume that the earnings of both were greater than the annual contribution limit for their entire careers, and that they are both eligible for the maximum monthly benefit ($2,687 for 2017) at their full retirement age. Their combined SS benefit based upon their own work records at their full retirement age (assumed as 66) would be $5,374.

3) The Family Maximum applies to survivors, spouses, and children, etc. families who receive benefits based upon a primary wage earner's work record. Couples who collect only retirement benefits are not affected unless three or more family members receive benefits. So, in this hypothetical example of two high wage earners, the Family Maximum benefit does not apply.

So the answer to your question is: For these two high-earners, applying early for both of their benefits at age 62 will cause them both to receive benefits at a permanently reduced rate of about 75 percent ($1,934) of their full amount. If they delay they can both receive their full benefit amount ($2,687) at their full retirement age, and if they choose to defer beyond their full retirement age their benefits will continue to grow at about 8 percent per year until they are age 70, when their monthly benefit amount would be about $3,546 each, or $7,092 combined.

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To submit a request, contact the Foundation at info@amacfoundation.org.

1 Million S.F. Of Commercial Space Eyed For Ross Garage

By SCOTT JACKSON

A land disposition agreement for a large commercial development on the site of the former Ross Garage could be presented to the City Council for review this fall.

Mayor Thomas Koch said the agreement with North Quincy-based FoxRock Properties could call for construction of up to 1 million square feet of commercial space on the site of the now demolished garage and several other buildings in the vicinity.

"We're looking to be before the City Council this fall, which isn't far away," Koch said of the land disposition agreement in a recent interview. "Both teams – the lawyers, the financial crunchers, all those folks – we've got them at the table on a regular basis. I meet with FoxRock weekly. We have a pretty aggressive agenda, both sides, trying to get there."

The city and FoxRock in December 2016 struck a deal in which the company was designated as the developer for the Ross Garage. The agreement was also tied into FoxRock's purchase of the 14.4-acre Quincy Medical Center site from Steward Health Care for $12 million.

Koch said he believes there will be a mix of uses in the new commercial space at the Ross Garage site. Among them could be certain medical uses given FoxRock's portfolio of other properties, which includes Columbian Wellness & Professional Park and 90 Libbey Parkway, both in Weymouth, South Shore Medical Center in Norwell and the Plymouth Medical and Professional Center.

"I think it's going to be a mix of uses," Koch said of the future development on the Ross Garage.

"[FoxRock] has said right from the start they've done a lot of medical commercial space, so my guess is there is going to be a percentage of it as medical space. As we all know, with the closure of the medical center and the continued build out of Quincy, I think there is a little of a void in certain medical services and I think [FoxRock] recognizes that and I think there will be some entities interested in being part of this program as well."

Koch said the developers are continuing to do their due diligence for the Quincy Medical Center site.

"They don't have plans yet," he said. "They've updated us on conversations on them testing it in the marketplace to see where it would go, but there are no plans at this point.

"I think what they're finding out is that hospital is old. The buildings are very old and obsolete and it would cost an awful lot of money to try and convert it into something, and I don't know what that something would be. I think they're still doing their due diligence and we'll see what happens there."

The December 2016 pact between FoxRock and the city, Koch said, does require the company to include medical uses at the Quincy Medical Center site or the Ross Garage site. Additionally, FoxRock was required to lease the emergency room at the hospital to Steward for at least five years.

"As part of the deal structure there is a commitment to do some medical," Koch said. "We're not talking about an acute care hospital here by any means – I don't want to get anybody's hopes up in that regard – but I do think there is going to be some additional medical services provided and we are going to continue to push for an emergency department in the city. That's certainly important."

FoxRock is owned by Rob Hale, who is also the CEO and president of Granite Telecommunications. Granite Telecommunications, Koch said, will not be moving from its headquarters in North Quincy to Quincy Center.

"We've been told this is separate from Granite Telecommunications," the mayor said. "Rob Hale is obviously involved in the company, FoxRock, but it's a separate company from Granite Telecommunications. They're looking to build and lease commercial space that is separate from Granite Telecommunications' operations."

FoxRock has been in talks with various companies about moving into the new space at the Ross Garage site.

"I know they're talking to a lot of folks," Koch said. "Some names they've shared with me. Some they haven't. It's really all in confidence because they are in that stage of negotiating – no one likes to do that publicly.

"But for Rob Hale to say publicly at the chamber of commerce he is going to build a million square feet of commercial space has got to tell me he's got great confidence and perhaps he already has some folks lined up."

FoxRock has recently said its plans to purchase the building at 1495 Hancock St., which was formerly home to the Iron Furnace restaurant and houses office space on its upper floors.

Koch said that acquisition could tie into FoxRock's plans for the Ross Garage site and noted the city's Urban Revitalization and Development Plan for Quincy Center has included acquisition of that building to create a better pedestrian thoroughfare between the Ross Garage and Hancock Street – he compared it to the atrium planned to connect Hancock Street to the new parking garage and civic space on the Hancock Lot.

"It ties into the general plan for the downtown," the mayor said of the pending purchase. "As we continue to work – our team together with FoxRock – everything is on the table.

"If you go back and look at the URDP, that building was on the chopping block to be taken by the city at some point to open up the Ross side to Hancock Street. Right now you've got that alleyway – it doesn't really flow that well – so we are looking for better access, whether it's going to be there or somewhere on that side of Hancock Street, preferably in that range."

"The plan with FoxRock and the city," Koch added later, "is working together, coming up with the best plan that's going to create obviously what they're committed to – which is a million square feet of commercial space – but also from the city's vantage point as part of that program, what are we going to be doing to connect the downtown, more breathing space? What are we going to do for open space and civic space? That's all going to be part of it.

"We're not talking about another Hancock-Adams Green – it's not going to be of that magnitude. However, there is going to be areas over there that will be available for the public to enjoy."

The new civic space and improved pedestrian corridors are also important from FoxRock's perspective, Koch said.

"They're going to be marketing a lot of square feet in these buildings to companies. When companies are looking to come to a place, yes, they're looking at the facility. But they also look at the place setting, the surroundings, what's there for the employees," the mayor stated.

"Obviously we have a great restaurant line up today that's only going to grow. You're going to see more retail. There is probably going to be some entertainment type establishments along with it – I'm not talking about pole dancing, but the younger people, the millennials, they want space, whether it's noontime in a public space over there they're going to have concerts in or early evening they're going to have some kind of activities in the new public place so it's more than just going to work, it's going to a place.

"FoxRock knows that. We know that. So in the end the plan that we'll send to the council will be inclusive of obviously their needs – they've got to make a return on their investments – but we want the best looking buildings, we want good place settings, we want the nice connections between Hancock and that side."

The mayor said FoxRock has also reached a deal to purchase the building at 77 Parkingway, home to several businesses, including Coffee Break Café and Revel, which was formerly The Commonwealth.

"They have the Commonwealth building under agreement – that was always slated to be gone. I don't say that callously – there are people that lease that space and they're all good merchants, but it's always been in play that that building would go away at some point," Koch said.



NEW HOME – The USS Salem is berthed at its new home at the Fore River Shipyard after being moved on Aug. 3 from a pier next to the Fore River Bridge. A new walkway, in foreground, has been built to accommodate visitors to the Quincy-built heavy cruiser.

Quincy Sun photo/Tom Gorman

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WEARING A CAPE with doughnuts printed on it, Tyler Carach, "The Donut Boy," greets Quincy Police Lt. Ralph Willard after bringing doughnuts to the police station in appreciation of police officers. *Quincy Sun photos/Tom Gorman*



"THE DONUT BOY," Tyler Carach, 9, is escorted into Quincy police headquarters by officers, from left, Greg Hartnett, John Grazioso, and Matt Miller with boxes of doughnuts.

Florida Boy Thanks Quincy Police With Doughnuts

City Among Stops In 16 States To Show Appreciation Of Law Enfocement Officers



TYLER CARACH, 9, of Florida, brought a dozen boxes of doughnuts to the Quincy police station in appreciation of police officers' service. He has travelled to 16 states honoring police officers.

By TOM GORMAN

Tyler Carach, 9, admires police and can't think of a better way to show appreciation for all they do than to deliver them doughnuts.

As part of his nationwide campaign, the precocious youngster from Bratt, FL, nicknamed "The Donut Boy," stopped by Quincy police headquarters on Aug. 2 with a dozen boxes filled with Dunkin' Donuts doughnuts. Tyler, who has visited police stations in 16 states so far, is travelling cross-country to fulfill his mission of honoring law enforcement officers.

Wearing a superhero-type cape with colorful doughnuts and the phrase "I donut a reason to thank a cop" printed on it, Tyler stood on a stool at a podium in the police station training room and gave a shout-out to a dozen or so officers looking on.

"I love cops," Tyler said, pointing at the officers with both arms outstretched.

He called each officer up and helped them select a doughnut from a box. Just before coming to the station, Tyler stopped by the original Dunkin' Donuts shop on Southern Artery where he helped baker, Kelly Therrien, make and decorate doughnuts with frosting and sprinkles as franchise owner Victor Cavalho looked on.

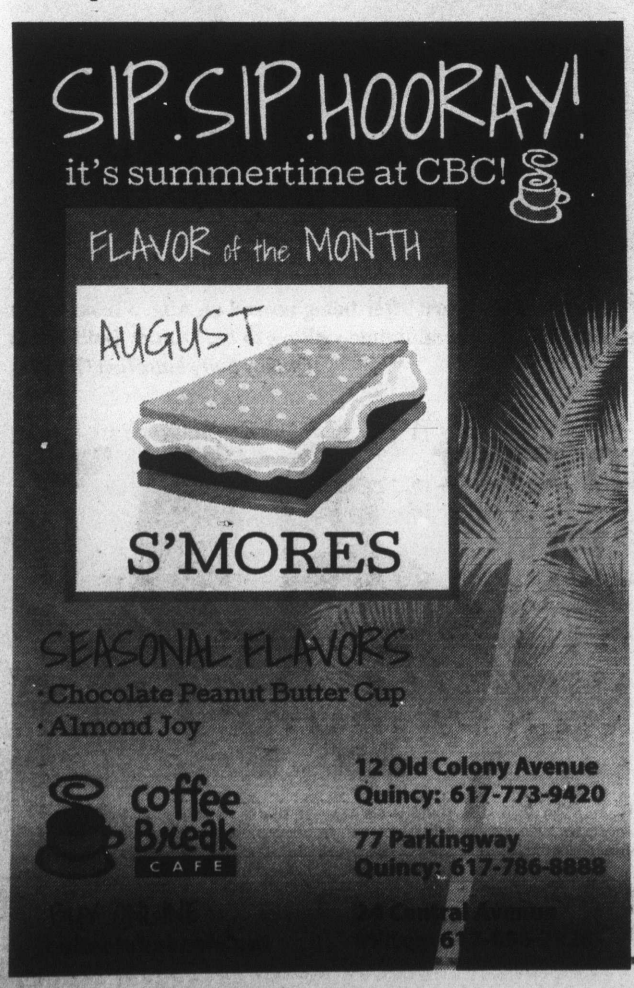
From there, Tyler was given a ride in a police cruiser to the station from the shop where officers helped him carry a dozen boxes of doughnuts to the second-floor training room. There, he greeted and shook hands with officers and offered them the treats.

Police Chief Paul Keenan and DARE Officer John Grazioso presented the youngster with a police cap, T-shirt, the city seal and other mementos in appreciation of his support.

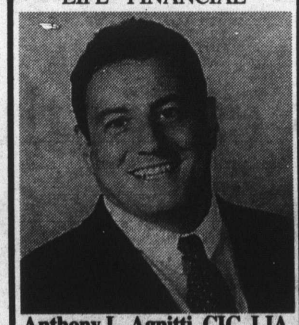
"We're really thankful he chose Quincy," Keenan said. "It's nice when a young kid like this shows the initiative to support the police department. We really welcome it and we encourage it. These times are very difficult for policing in general. So, when we have a kid that shows an initiative like this, we appreciate it."

Sheena Carach said her son's admiration for police began exactly a year ago

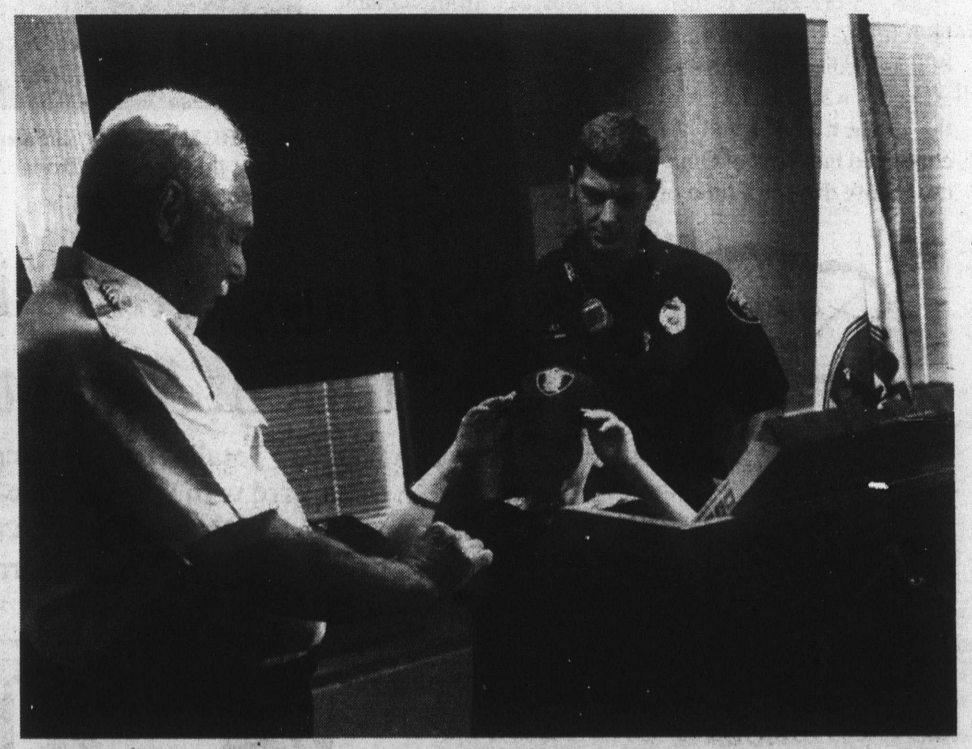
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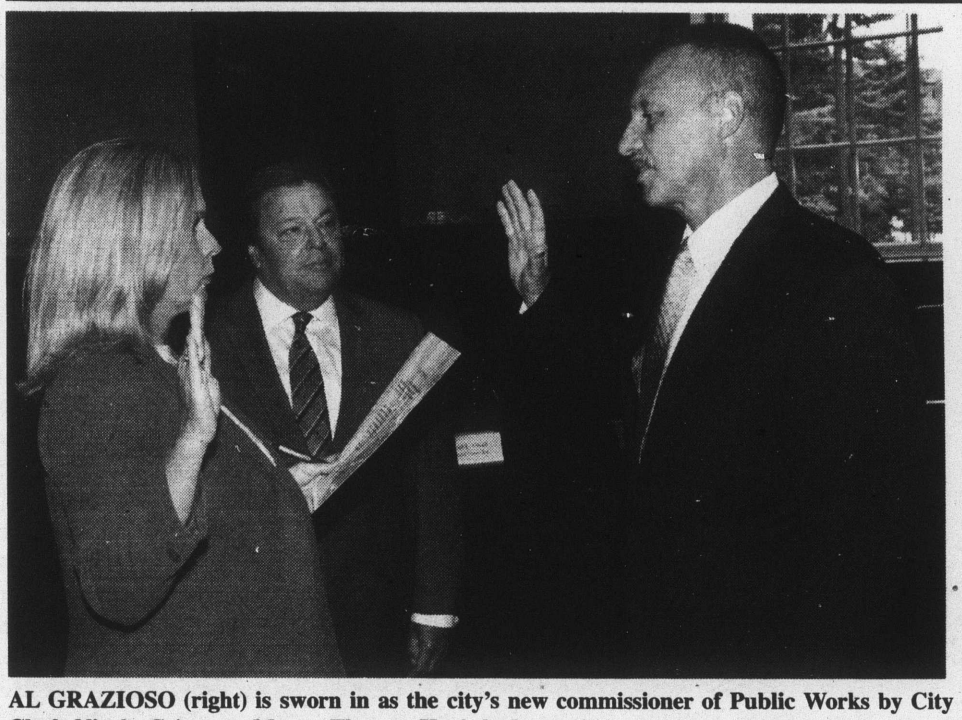
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TYLER CARACH, "The Donut Boy," adjusts his Quincy Police cap given to him by Police Chief Paul Keenan, left, as Officer Greg Hartnett looks on.





AL GRAZIOSO (right) is sworn in as the city's new commissioner of Public Works by City Clerk Nicole Crispo as Mayor Thomas Koch looks on at a ceremony Monday in the Great Hall of the James R. McIntyre Government Center (Old City Hall). At right: Mayor Koch and Commissioner Grazioso shake hands following his swearing in. Grazioso succeeds former commissioner Daniel Raymondi who retired from the post June 30 after six years as the head of the department. *Quincy Sun Photos/Robert Bosworth*

Grazioso Appointed Public Works Commissioner

Cont'd From Page 1



FAMILY OF AL GRAZIOSO celebrated his appointment as the city's new commissioner of Public Works at a ceremony Monday in the Great Hall of the James R. McIntyre Government Center (Old City Hall). From left: daughter Kristin Grazioso, daughter Nicole Kanzler, granddaughter Cora Kanzler, Commissioner Grazioso, wife Cathie Grazioso, father Al Grazioso, Sr. and son Matt Grazioso.

partments like Public Works, Parks, Traffic and Parking, and Public Buildings.

A lifelong Quincy resident, Grazioso also served as Assistant State Treasurer for Administration and Finance and First Assistant Executive Director of the Massachusetts State Lottery. He was the City's Chief Procurement Officer, responsible for managing all City bids and contracts, for eight years under mayors James Sheets and William Phelan.

"Al has tremendous experience; he knows Quincy backward and forward; and he's incredibly passionate about our community. That's truly a perfect fit, and I'm thrilled to make this appointment," said Mayor Koch.

"Al has been involved in all the capital improvement projects, so he's dealt with all these engineering companies. He's been involved in snow operation. He's down there and he knows the folks down there.

"Al is very well respected. He's got a great understanding of government. He knows how to manage. I think it's a great fit."

Koch also said of his new DPW commissioner:

"He is a good guy. Works hard. Loves the city. He's been director of operations, he was purchasing director, so he's got a great understanding of local government. He served Timmy (Cahill) at the state level in the treasurer's (office) and the (state) Lottery. He knows finance, he knows budget, he knows how to manage, so I think it's ideal."

Grazioso, who replaces the retired Daniel Raymondi, takes over department with one of the largest portfolios of responsibility of any city department. The DPW maintains the hundreds of miles of roads and sidewalks and miles of underground sewer, water and drain pipes underneath those roads. The DPW also overseas waste collection and recycling and runs the snow removal operation during the winter.

Grazioso is a native of Wollaston and has lived in Squantum for with his Cathie for more than 30 years. He has three children and recently welcomed his first granddaughter.

Grazioso's family and many city government colleagues attended his swearing-in ceremony Monday afternoon in the Great Hall of the James R. McIntyre Government Center (Old City Hall).

Family attending the ceremony were Grazioso's wife, Cathie; son Matt Grazioso; two daughters, Kristin Grazioso and Nicole Kanzler; granddaughter Cora Kanzler; and his father, Alfred Grazioso, Sr.

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773 Students On North Quincy H.S. Honor Roll

Seven hundred seventy-three students are listed on the fourth quarter Honor Roll at North Quincy High School.

They are:

DISTINCTION

Grade 12: Ryan P. Adduci, Remy L. Aucoin, Corey J. Boretti, Anthony J. Boring, Julia H. Brady, Alexander Bui, Samantha H. Caldwell, Lynne M. Campbell, James D. Cannon, Camron C. Canty, Julia M. Cassetta, Peter P. Chau, Fiona M. Chen, Jessica J. Chen, Karen Chen, Xiuzhi Chen, Gary Chi, Janelle G. Chin, Stephen C. Cobble, Alexander J. Cox, Jordan F. Currie. Jinna Deng.

Nicole C. Flora, Anthony G. Fong, Brendan C. Ganno, Hannah S. Gray, Sean P. Griffin, Vanessa F. Guan, Sinead J. Hanley, Johnny He, Maggie Huang, Mandy Huang, Sacha Ivanov, Shaoxi Jian, Zhiwei N. Jiang, Daniel J. Johnson-Tatelbaum, Shawn M. Kelly, Thomas P. Koch Jr., Abigail M. Koch, Zi Bin Kuang, Jason Kung.

Bui Hin Lam, Cindy Q. Lam, Helen Lam, Man Ching Lam, Austin J. Lee, Chia Chien Lee, Vincent Leung, Emily J. Li, Nathan Li, Wayland J. Li, Hong Jie Lin, Jie Lin, Xiao Hong Lin, Xu Huang Lin, Yu Lin, Alex Y. Liu, Sinan Liu, Jia Bin Lu, Nina Luu, Ryan T. Manning, Kaleigh N. Manton, Michelle Mark, Samantha F. Marshall, Kevin W. McDonald, Karyn E. McEvoy, Brigham B. Mckee, Tianettie H. Mckee, George V. Moutsopoulos, Brenna K. Murphy, Morgan E. Murphy.

Amanda T. Ngo, Daniel Nguyen, Tara H. Nguyen, Justin S. Nickerson, Charles B. O'Brien, Brian A. O'Connell, Kishan V. Patel, Hunter P. Phillips, Katarina R. Pollastretti, Margaret D. Powers, Alison M. Radzik, Kaelin M. Ryan, Ethan Sit, John D. Slattery, Jason K. Soohoo, Matthew T. Soohoo, Michael T. Soohoo, Perry N. Suarez, Rebecca C. Thorne, Kevin Tran, Nhi N. Truong, Erin M. Turner, Melody D. Umoren.

Maureen A. Valli, Jamie N. Van, Quynh P. Vu, Hexian Weng, Kevin J. White Jr., Magdalena Z. Wierzbowski, Kevin Wong, Jason Xiao, Jonathan Yip, Wai Ka N. Yu, Yawen Yu, Jian Kun Zhang, Mindy Zhang, Pengfeng Zhang, Ziqing Zhang, Sandra Zhen, Li Ting Zheng, Ronghui N. Zheng, Suki Zhu, Benjamin Zou,

Grade 11: Antonia M. Alvarado, Nicholas H. Andrade, Joshua M. Anshewitz, Larissa D. Bunmee, Melissa Cai, Alan Chen, Cindy Chen, Cynthia J. Chen, Hongqin N. Chen, Shuo Chen, Wilson Q. Chen, Faye Cheng, Ivy K. Chiu, Anthony C. Chu, Cora A. Cluett, Jingbin Deng, Rami B. Derbel, Elizabeth G. Dimattio, Christopher J. Donaghey, Connor W. Donaghey.

Kevin M. Finn, Sean Patrick Flynn, Timothy W. Goon, Shauna M. Grehan, Jillian L. Hallisey, Megan B. Herlihy, Ethan R. Herman, Devin P. Hiltunen, Ming Yi Jiang, Angel Ke, Brenna K. Kirby, Ryan Kou, Tiffany B. Kwan, Kahei E. Lam, Andrew S. Lee, Kyu Bin Lee, Irving Li, Jing Jing Li, Jinxiu Li, Xin Mei Lin, Yun Lin, Jue Ying Lu, Sydney L. Ly.

Jared J. McDonough, Maggie C. McGoldrick, Eric Mei, Evan Y. Mei, Joseph D. Merrigan, Christine Nguyen, Jennifer Nguyen, Wen Jing Pan, Frances A. Papandile, Ryan V. Pham, Mohamed H. Shuman, Angelina M. Spiropoulos, Samantha W. Striffler, Jessica F. Tai, Tiffany W. Tan, Amanda Tran, Johnny Tran, Allison M. Wong, Gi Gi Wong, Angela X. Wu, Matthew Wu, Fiona T. Xu, Qiang Wei Xu, Bonnie Yee, Jacqueline Yip, Alex Yu, Calvin Zhang, Zi Ting Zhang, Gina Zheng, Hua Feng Zhou.

Grade 10: Dinu N. Aliosa, Jessica Au, May T. Aung, Brittni L. Bastiani, Elijah J. Blondin, Kestrel J. Boyce, Samuel J. Brenner,

Laura B. Butruccio, Veronica M. Byrne, Carmen Chen, Henry X. Chen, Nan Chen, Ning Yu Chen, Qi L. Chen, Yazhi Chen, Yuting Chen, Aaron Cheng, Chun I. Cheng, Reina M. Cheng, Kevin K. Chiu, Sean A. Croft Jr.

Joshua M. Dangora, Jamanee A. Depina, Yi N Ding, Evan M. Driscoll, Shawn K. Dumas, Samantha Duong, Daniel J. Ferrara, Abigail R. Gilmartin, Sarah Glozheni, Michael S. Golden, Ryan W. Goon, Zhou Lun Guan, Eric J. Hellmuth, Nha V. Ho, Kenny Huang, Yong Na Huang, Dinh T. Huynh, Samuel H. Hwang, Grace A. Kelliher, Andrew B. Lee, Wei Tao Liang, Wancheng N. Lin, John C. Liu, Tengfei N. Louie.

Neil Mai, Mahnoor R. Malik, Artemis Mano, Sarah Mei, Aidan M. Mordas, Kar Yeung K. Ng, Michelle Nguyen, Brian L. Pham, Tiffany A. Phan, Aymen H. Sadaka, Nicole J. Setow, Angela Shi, Samantha D. Smith, Joslyn E. Sommers, Alexandria M. Soricelli, Adam R. Tlacoxolal-Chua,

Bryan P. Tran, Evon Tran, Linda Tran, Vivian Tran, Marrilyn M. Tseng, Van N. Vuong, Jason J. Wang, Kayla L. White, Iris Xie, Carmen Xu, Donna Xu, Kelly Xu, Angela Yang, William H. Yang, Tanya Zeng, Brian Zhang, Jasmine Y. Zhen, Shannon S. Zhen, James Zheng, Zhi Le Zheng, Joyce Zhu, Anastasia Zygouras.

Grade 9: Macarena N. Arrue Riofrio, Jaya R. Bhalla, Kaylin M. Chan, Raymond X. Chau, Alyssa Z. Chen, Arleena Chen, Jeffrey L. Chen, Shirley Chen, Shuyang Chen, Yi Fei Chen, Yu Xin Chen, Chunwei N. Chiu, Abigail H. Der, Angela N. Feng, Cormac J. Flaherty, Janne Gao, Amaryllis J. Gu.

Yixuan He, Yuxin N. He, Jordan D. Hoang, Jasmine Horburapa, Xin Yu Hu, Aaron Huang, Ruohui N. Huang, William J. Huang, Gina Jiang, Phoebe I. Johnston, Sammi K. Lai, John V. Le, Mya H. Le, Shane Lerkvikarn, Erin Leung, Jack Li, Qian Wen Li, Yong Yu Li, Jaman W. Liang, Jing W. Liang, Shiqin Lin, Weicheng Lin, Weinuo Lin, Xin Yi Lin, Xinkai Lin, Jessica J. Liu, Anasthasia Luong, Boi G. Luu, Su Yee N. Mon, Hans I. Moreno Robles.

Christina N. Nguyen, Du Nguyen, Edwin D. Nguyen, Shaohang Ou, Rodrick D. Pendleton, Karen Phung, Sarah C. Pillone, Xian Hao Ren, Joanna Setow, John Shi, Alisha T Tran, Twuyen Tran, Charles L. Undag, Xinyao Wang, Sophie A. Wilson, Amanda M. Wong, Wen Bin Wu, Feng Xu, Kathy K. Xu, Bailin N. Yu, Jenny Zeng, Lin Zeng, Jackson Zhao, Junxi Zhao, Xiaocong Zhen, Elva Zheng, Melissa Zheng, Shu Qian Zheng, Jenny Zhuo, Linda Zou.

HIGH HONORS

Grade 12: Kristen R. Bragel, Evgeny P. Buckley, Wigens J. Cadet, Darren K. Chau, Jia Ying Chen, Li Chen, Li Chieh Chen, Taren X. Chen, Kerin S. Coleman, Curtis P. Debisschop, Lina Deng, Allison Diep, Abdelrahman M. Elhashash, Kang Fang, Isabelle E. Flaherty, Brendan C. Gallant, Jinhong Gan, Washington A. Garcia, Velasco, Michael P. Harrington, Joseph E. Hutchins Jr.

Lan Gui Liang, Tong Dan Lin, Robert H. Lindsay, Priscilla A. Ly, Ya Wen Ma, Helen Mai, Thomas R. Maranian, Kelly R. McDonough, Ariel L. Mei, Shane P. Mitchell, Elizabeth L. Mottolo, Danielle R. O'Driscoll, Biao Pan, Linda Phung, Michael P. Porter, Ashley N. Saucier, Brianna M. Sullivan, Ivy K. Tang, Vivian H. Tran, Raymond J. Wong, Wilson Y. Wong, Devan Yilgor, Yasmine Yilgor, Yurou Zeng.

Grade 11: Jennifer Butka, Jessica N. Caldwell, Emmy V. Chau, Annie Chen, Daniel R. Chen,

Hong Zhi Chen, Jian Tao Chen, Shishi Chen, Steven S. Chen, Thomas Chen, Ye Chen, Timothy M. Chiu, Victor Chu, Sammi Chui, Kyle S. Cohen, Michael C. Comerford, Matthew Deng, Zecong N. Deng, Catherine M. Eynatian.

Sofie M. Forbes, Zhen Gao, Shirley Guan, Wun Ling L. Huang, Zizheng Huang, Olivia J. Hussey, Jessica P. Huynh, Jimmy Huynh, Julia I. Klincewicz, Cynthia C. Lau, Jonathan Liang, Tamara Liang, Daniel J. Lin, Mengting Lin, Amy Liu, Yi Luo, Juliana R. Mastrorilli, Nora E. McLaughlin, Victor Nguyen, Vincent H. Nguyen. Micaelah L. O'Malley.

Ryan C. Salazar, Genevieve E. Santilli, Anne Shi, Xiang Lin Su, Jeffrey T. Sullivan, Jade N. Tang, Kristen A. Thornton, Kevin Tran, Richie D. Tran, Mindy N. Truong, Bonnie Tu, Qianyi Weng, Daniel M. Wong, Ryan K. Wong, Sam Ut Wong, Yi Wu, Chen Xuan Zhang, Norman W. Zhang, Joanna C. Zhou, Brian Zou, David Zou, Ze Hong Zou.

Grade 10: Andrew A. Airosus, Gina M. Ash, Christina M. Buckley, Britney C. Bui-Tran, Carrie Chan, Chun H. Chan, Dennis H. Chan, Jasmine K. Chan, James Chen, Jason Chen, Luo Jing Chen, Elisa Chong Mei, Matthew T. Chung, Andrea M. Cristiani, Stephen P. Debisschop, Jeffrey T. Diep Jr., Elisa Dylja, Benjamin H. Egan, Anny Gan, Dimitri Gjini.

Maeve J. Hally, Eric J. Huang, Lok Sum N. Hui, Caroline T. Huynh, Justin Huynh, Steven Le, Lindsay E. Lee, Brian Li, Katherine R. Li, Zi Ying Li, Kevin J. Lin, Kristian N. Pashko, Patricia Simaku, Elena Stratoberdha.

Bryan Tan, Emily Tan, Phoebe Tang, Kenny Tran, Annie Q. Trinh, Tayonna M. Tucker, Ilan Valencius, Sara Y. Wong, Xin Ming Wu, Kevin Xiao, Ruining Xiong, Anthony Xu, Cyrus W. Xu, Ryan L. Zeng, Hui Qian Zhang, Zhirong N. Zhang, Melissa Zhen, Sharon Zheng, Maria N. Zraizaa.

Grade 9: Samantha A. Cao, Emma C. Caulfield, Amanda Y. Chan, Lydia H. Chan, Jason Chen, Stanley Chen, Xi N. Chen, Alexa J. Cohen, Xhoana Cuni, Timothy J. Dargon, Joey Diep, Teaaithea Duka, Sandro C. Fonseca, Nejwa A. Hamad, Amanda J. Hellmuth, Aaron S. Huang, Shi Ting Huang.

Ashley B. Kwan, Jacky Lam, Priscilla H. Lau, Jenny Li, Taylor B. Liang, Zi Yan Lin, Wenyin N. Ma, Patrick J. Macmillan, Wei K. Mei, Delaney E. Murphy, Emily Y. O'Regan, Srujana Pannem, Olivia L. Peluso, Kyler C. Pham, Adam H. Truong, Quynh Mai Ly N. Vu,

Sokha A. Walsh, Jadae K. Watson, Vivian M. Wilson, Jim W. Xi, Annie X. Yang, Britney Zheng, Christine Zheng, Xuebo N. Zheng, Winnie S. Zhou, Juner Zhu.

HONORS

Grade 12: Aifan Aili, Sheila M. Bresnahan, Samin Charepoo, Andy Chen, Calvin Chen, Makeiyah B. Dambreville, Westley Diep, Marvisa Ferro, Lilly A. Hanley, Amy Huang, Victoria Huang, Shirin E. Ismayilli, William J. Janis, Wen Di Jiang, Shannan R. Kennedy, Kennex Lam, Cara G. Lew, Ling N. Li, Xin Li, Larissa Y. Liang, Siyu Liu, Vincent M. Mah, Raymond H. Mei.

Timothy C. Ng, Han N. Nguyen, Michael L. Oldham, Jermaine D. Oliver Jr., Tyla K. Perry, James Pham, Alexandra J. Schuboth, Philipp Simon N. Thalheim, Anthony W. Thornhill, Allessandra N. Toscanini, Hou Nam Wong, Jun Shan Zeng, Yushan Zeng, Devin Zhang, Charlie Zheng.

Grade 11: Kelly K. Bishop, Kara A. Breslin, Douglas E. Brown, Chakshum N. Chan, Cory J. Chiu, Brendan Chow, Supattida Duangpratheep, Grace C. Dugan, Devin M. Ganno, Ze Bin He, Jingwei Huang, Ali J. Hussein, Celia C. Hussey, Ashley Jee, Greis Kalajnxhiu, Olivia R. Keenan, Thomas H. Kelly, Hui Xian Kuang.

Justin Le, Josephine W. Lee, Joshua J. Lee, Dimitri A. Legaspi, Lynn Li, Shen Hong Li, Chuyu N. Liang, Freddie Lin, Xinyu Lin, Maritza H. Mak, Michaela D. Marino, John P. Meade, Mark E. Monahan, Christopher M. Nguyen, Cindy Nguyen, Sarah E. O'Donovan, Zhexi N. Pan, Alexander N. Pham, Kelly G. Phelan, Joanna Rafti.

Jonathan A. Santos, Mia N. Sapienza, Andrew J. Tham, Leonardo R. Vasquez, Saoirse D. Walsh, Raymond M. Wu, Alison W. Xi, David Yang, Sharon Yang, Amy Yu, Jun Zeng, Bao Miao Zhou, Jame Zou.

Grade 10: Eve C. Anderson, Alexsander R. Atanassov, Peter J. Ayers, Alessandra C. Bastien Anduel Berberi, Eric E. Billard, Kari E. Bollinger, Lucjan Ceca, Darren Chen, Winnie Chen, Juliana Chieng, Paul P. Clancy, Kelsey L. Coughlin, Kayleigh A. Crevier, Tina K. Dinh, Leila Y. Dumas Hovey.

Ryan C. Fiasconaro, Lingjie Gao, Dhanai Gjini, Meghan E. Greene, Robert M. Griffin, Sharon Guan, Shuling Guan, Jillian E. Harrington, Weiqi He, Huiyu N. Huang, Jeffrey G. Huang, Bang Wei Jiang, Ryan E. Kelson, Jonathan T. Knowles, Michael C. Ladas, Nathan C. Landaverde, Lanhui N. Li, Olivia H. Liang, Kevin H. Lin, Neo J. Liu, Annie F. Ly, Tich K. Ly,

Erion Mbrice, Mary-Kate McDonald, Luke D. Molloy, Hannah G. Murphy, Daniel D. Nguyen, Holly H. Nguyen, Tommy P. Nguyen, Benjamin T. Nutting, Meghan A. O'Boyle, Kieran A. O'Driscoll, Ollie R. O'Keefe, Vincent N. Pham, Autumn M. Rodriguez, Nikki M. Roman.

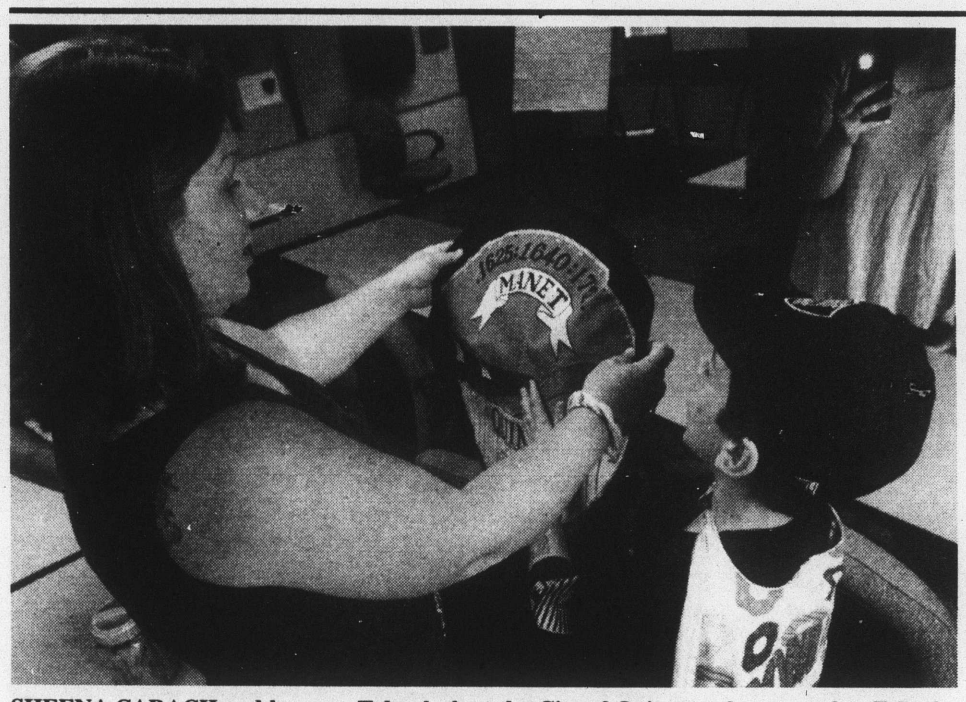
Joseph C. Sands, Sean F. Scanlan, Rowan S. Sloan, Emily A. Steele, Andrew M. Sullivan, Jiaqi N. Tang, Frensi N. Thanasi, Andrew K. Tobin, Jenny T. Tran, Celia E. White, David A. Whitson, Joshua K. Yee, Joey Zhang, Justine Y. Zhen, Cindy Zheng, Yan Xi Zhu, Tony Zou.

Grade 9: Adnane R. Baghough, Ashley L. Caldwell, James D. Cawley, Hau L. Chan, Charlie N. Chau, Brian Chen, Xin Yan N. Chen, Yuan N. Cheng, Maxwell Cheung, Tiffany Chiu, Brian J. Chum, Benjamin P. Debisschop, Jenny Do, Audrey S. Duclos, Jordan Feng, Olivia J. Fitzpatrick.

James C. Haley III, Trent S. Korycinska, Chor Yan Kwong, Anna Lai, Ava F. Lapsley, Sarina P. Lau, Brendon Lee, Daniel P. Levine, Alice N. Lin, Linda Lin, Tony N. Ma, Rory C. Mahoney, Dimitrije Marjanovic, Peyton J. McGaffigan, Michael W. Mei, Richard J. Merna, Olivia O. Murray, Hannah E. Myers, Melissa C. Myers, Kenny Q. Nguyen, Emily E. O'Malley, Alexa K. Radzik, Courtney H. Ross.

Katherine M. Scanlan, Bora Selvi, Austin M. Sheehan, Colby A. St. Marie, Cheng Sun, Isabella A. Thong, Domonic G. Victoria, Benjamin M. Welch, Joshua R. Welch, Matthew C. Wong, Henry H. Zhang, Jia Jie Zhang, Leo N. Zhang, Da Hao Zheng, Wen Qi Zheng, Jake Zhu, Kevin K. Zou, Menglu N. Zou.

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SHEENA CARACH and her son, Tyler, look at the City of Quincy seal presented to Tyler by Quincy police.
Quincy Sun photos/Tom Gorman



TYLER CARACH, "The Donut Boy," gives a shout-out to Quincy police officers as Police Chief Paul Keenan and Dunkin Donuts Southern Artery owner Victor Carvalho and baker, Kelly Therrien look on.

Florida Boy Thanks Quincy Police With Doughnuts

Cont'd From Page 12

when Tyler met four deputies in a store in their hometown where he bought them mini-doughnuts with his allowance to thank them for their service.

"When we left, he asked me why the cops were so happy and excited," she said. "I explained to him that cops have been kind of under attack and unfortunately in today's world a lot of people tend to judge a whole by a few. We've all had a bad experience with a bad doctor or a bad teacher. Every single group has that couple of bad apples in it. No group is perfect."

Sheena said Tyler then told her that he wanted "'to thank every single cop in America and buy them all a doughnut.' I told him what if we started local and see what happens."

Tyler's campaign took off and he, his mom, brother and sister have been on a whirlwind tour since June 26 travelling the country.

"It has snowballed and here we are a year later, 22,000 doughnuts delivered in 16 states and he's keeping on going," said Sheena.

His message caught the attention of the national media. He has been featured in numerous newspapers and television programs including The Steve Harvey Show.

After handing out the doughnuts, Tyler met K-9 officers Scott Doherty and Dan Parisi and their dogs and went for a ride on the department's marine unit boat.

Just before his visit to Quincy, Tyler had stopped by the Hudson, New Hampshire police department. From Quincy, Tyler and his entourage were off to New Jersey and Maryland.

Koch: Downtown Parking Plan Will Be In Place

Cont'd From Page 1

the Dennis Ryan Parkway – and Nova Residences, LBC Partners' seven-story, 171-unit apartment building at 1500 Hancock St.; both buildings will also feature street-level retail space. The Planning Board has approved both projects, and LBC has already begun demolishing several single-story storefronts along Hancock Street to make way for its new development.

At the same time, the city will be constructing a 730-car garage on the lot. The City Council has approved financing for the garage as part of an $80 million bond that also includes other Quincy Center infrastructure improvements. The council still has to sign off on the final designs for the garage.

Koch said the city is considering several options to accommodate drivers who currently park in the Hancock Lot, which could include satellite lots and valets to maximize the amount of spots available in the surface lot on the former Ross Garage site. The mayor said the city is in talks with several property owners regarding their lots, and could not go into further details or discuss specific sites.

"All I can say is the team is working very hard on it, looking at satellite locations, looking at potential valet services. We're going to make this work for the downtown and for the business community," Koch said.

"I can't really say much more than that right now because I know there is some negotiating going on… We're on it, were not taking this lightly and there will be a plan."

The mayor said he believes the city will be able to accommodate the drivers, such as monthly pass holders, who use the lot on a daily basis though perhaps not those who will be looking for parking on busier nights.

"I think that everyone will have a space. I can't speak to the Thursday, Friday, Saturday nights when you have far more than that looking for a spot to go to the restaurants," Koch said.

"We're doing the best we can to mitigate it and I think we'll be able to work things out. Maybe not to everyone's satisfaction, because even if you can find somebody a space, some people, if it's not right in front of their businesses, they don't want them.

"There is going to be obviously some people that won't be totally happy no matter what we do, however we are on it and I assure the public that we're going to have a plan in place."

51 Residents Earn Degrees At UMass-Amherst

Fifty-one residents from Quincy recently earned degrees at the University of Massachusetts at Amherst.

They are:

Abdulrahman Omar Basabrain, Theodore Bousquet, Samantha Fay Brawley, Jianhong Chen, Perry Chen, Andy S Chen, Jamie Chen, LuQian Chen, Jannett Chin, Sin Wing Chung, John Gaeton D'Arcangelo, Ka Wo Fong, Justin Guan, Evelyn Yusi He, Avan Yuanfeng Huang, Zhuodong Huang, Xiaoxiao Huang, Michelle Huang, Hannah Rose Huban.

Matthew J. Jay, Anxhela Kapaj, Angela April Kou, Eric Kai Chun Lam, Michelle Jiaying Li, Mingjun Li, Andy Wei Jie Lin, William L Lin, Li Ma, Thomas Patrick McDonald, Daniel James McLoughney, Jay Bosworth Newman, Tommy Dang Nguyen, Rory James O'Connor, Martha Pham, Aye Pwint Phyu, Michelle Marjorie Puopolo.

Alexandra Katherine Reardon, Joshua Setow, John Paul Stewart, Edward Tang, Raymond M Tang, Lawrence Quang Tran, Phillip Tran, Danny Tran, Kathy Thao Van, Andy Weng, Lisa Wong, Jia Xu, Kelly Ann Yovino, Terrence Hong Yu, Tommy Zhen and Mary Zheng.

James MacDonald On Dean's List

James MacDonald of North Quincy was named to the dean's list at Bates College in Lewiston, ME for the fall semester.

MacDonald, the son of Mr. and Ms. Philip E. MacDonald of North Quincy, is a 2016 graduate of Boston College High School.

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"Making Strides against Breast Cancer" fundraiser

Friday, Sept 8th 7– 11 pm

Nickerson Post, 20 Moon Island Road, Squantum, MA

Tickets / cover charge $10 at door

Raffles, 50/50, light appetizers

DJ services donated by Bill Harris

Please join us for a fun-filled evening and to help get in the spirit of the event, wear something pink!

All proceeds to go to The American Cancer Society

For more information, contact katherine.moreschi@gmail.com

742 Students On Quincy H.S. Honor Roll

Seven hundred forty-two students are listed on Quincy High School's fourth quarter Honor Roll.

They are:

DISTINCTION

Grade 12: Yaseen S. Alkhafaji, Noor Al-Saad, Bradford E. Ames, Priscilla Anjurthe, Emily C. Barker, Lisa P. Barros, Amy Y. Blois, Rebecca J. Brennan, Cassandra A. Brown, Lucia H. Buzzell, Bailee V. Carey, Kenneth Chan, Ya Tzu Chang, Carl A. Charles, Arsul H. Chaudhry, Shirley Chen, Joseph A. Cristiani III, Brianna D. Cristiani.

Brianne R. Dane, Mattia Dema, Hoai Diep, Owen A. Doherty, Julia P. Ford, Emma J. Fuchs, Keida Gaba, Wing Ru Goh, Leanne C. Gough, Eva Gurra, Michelle M. He Lam, Maeve T. Hernon, Alexander L. Huynh, Bao B. Huynh, Marcus A. Johnson, Emilia Kapcia, Casey A. Kelliher, Maysoon Z. Khan.

Tien V. Lam, Jessie W. Lei, David C. Leuchte, Jennifer Leung, Zhennan Li, Alyson R. Linik, Kiara S. Lopes Da Silva, Michelle Lun, Judy L. Luu, Vanessa Ly, Owen D. Lynch, Harold L. Marcheski, Josefine M. Marstjepovic, Melissa Martinello, Shelby M. Maze, Zachery T. McCabe, Ryley L. McCarron, Shauna R. McColgan, Katherine E. McGahey,

Scott A. McGahey, Riley M. McLaughlin, Teresa S. McMillen, Alicia M. Murphy.

Julie C. Nabstedt, Minhthu T. Nguyen, Frank J. Nunziato Jr., James F. O'Leary, Imane Oubtrou, Danielle O. Parry, Luis E. Peguero Isalguez, Simona V. Petkova, Vanan H. Phan, Patrick T. Quirk, Joelle M. Robinson, Kelsey L. Rose, Jacqueline M. Ryan, Nicole R. Salvatore, Shaheen N. Soto, Stephanie L. Stalder.

Alissa M. Tam, Sadaf N. Tauhid, Quan B. Thi, Yvonne To, Alexa M. Topalli, Kristen Y. Tran, Rachel Tran, Thomas V. Tran, Vincent Tran, Hillary E. Valenzuela, Crystal A. Whynot, Yashi N. Xu, Andy W. Zhen, Wendy B. Zhou.

Grade 11: Elliot S. Alpert, Stephen W. Andrews, River M. Barrett, Rachel P. Beck, Slade C. Burke,

Alexandra K. Case, Devin Chan, Dashiell F. Chin, Lee Yeng N. Chin, Mairead B. Connolly, Emily G. Crosta, Liana R. Cunningham, Victoria M. DeAmicis, Neha Deepak, Nicholas A. Defranco, Terry Deng, Lachelle T. Do, Paul R. Donahue, Kenny Dong.

Ava M. Falco, Thomas M. Feeney, Shannon E. Foley, Endi G. Gjeli, Christina R. Haley, Klei Hamzallari, Brandon D. Ho, Meghan A. Joyce, Catlinh T. Le, Ami Lesha, Justin Li, Nhu H. Lieu, Kevin M. Lin, Michelle Lo, Brian K. Mahabir, [illegible] roll, Jona Fejzaj, Kevin J. Ahmed, Connor J. Ainsley, Damyan I. Markov, Myrna Mathieu, Julia R. Mayo, Carly F. McMorrow, Kevin P. Mortimer, Ashley D. Murphy, Celia M. Murphy.

Emily B. Nguyen, Emma X. Nguyen, Jamie Nguyen, Timothy M. Nguyen, Helena L. Norton, Brielle M. O'Malley, Danielle C. Pacione, Benjamin D. Parrish, Jack C. Peckham, Michaela T. Pettinelli, Derek Phan, Soniya Rana, Allison E. Russell, Abigail C. Saint Cyr, Erika Sato, Marissa G. Scolaro, Rachel M. Shen, Victoria Z. Shen, Davi Soares.

Florence M. Tam, Whitney L. Tang, Keilante H. Taylor, Amy M. Trillcott, Catheleen M. Veiga, Adam H. Vu, Zachary J. Walsh, Chan Juan Weng, Kari A. Wismar, Yongying N. Xi, Yong Jie Yu, Anthony J. Zero, Zhenhao N. Zheng.

Grade 10: David Ahumada Pedraza, Abigail M. Amichetti, Anne F. Ballard, Nicole M. Ballerino, Abigail A. Barker, Holly Y. Blois, Olivia M. Brown, Lynn M. Butler, Lesley S. Chen, Tiffany X. Chen, Maeve B. Collins, Eni E. Daci, Meghan R. Davis, Kumudini R. Devalla, Aiden W. Foley, Wingmei Goh,

Allen T. Ha, Pei Heng N. Han, Olivia J. Haney, May Huang.

Braeden N. Johnson, Megan B. Latini, Sarah D. Le May, Christine Le, Vivian Li, Yin N. Li, Abigail T. Little, Taylor A. Lo, Vivian C. Lo, Sara L. McDonald, Mark F. McKenna, Julia M. McQuaid, Xavier A. Molina, Adam E. Nelson Jr., Brandon D. Nguyen, Ha L. Nguyen, Kiet T. Nguyen, Phuc T. Nguyen, Steven V. Nguyen, Maame Ekua O. Oduro, Daniel M. O'Leary, Mi L. Pham, Steven T. Pham, Nieyah Y. Remy.

Matthew J. Sheridan, Rachel A. Smith, Stephanie Soto, Hannah M. Stengel, Henry Thi, Kristen M. Topalli, Cindy Trac, Aaron Tran, David V. Tran, Lisa T. Tran, Samantha R. Vangestel, Maria A. Villalon, Graham T. Vradenburg, Maeve B. Walsh, Nicholas T. Wong, Yuetao N. Wu, Xiao Xuan N. Zhang, Maggie Zheng, Tina Zhou, Wen Wei N. Zhou, Kevin Zhu.

Grade 9: Zeynab H. Alzubaidy, Caitlin R. Amichetti, Lauren K. Anshewitz, Shilan G. Arda, Brendan J. Bailey, Richelle P. Barry, Megan E. Beck, Jose D. Betancourt, Elajia Boyd, Isabella R. Carey, Zoe N. Charles, Li Qi Chen, Rui-Feng Chen, Phoenix H. Childress, Ivy H. Ching, Erin R. Collins, Alessandro Cosgrove, Molly C. Cronin, Charles Justin J. Culata.

Rebecca Dang, Abigail E. Decie, Alecia J. Dicicco, Han T. Diep, Maeve B. Fargallagher, Kelly H. Gerrish, Nicolle Ligia E. Gudiel Winter, Stephen R. Hallahan, Leanne D. Harris, Stephanie G. Henriquez, Olivia R. Herman, Caitlin J. Ho, Kyler Hoang, Grace M. Hobin, Shelagh M. Holler, Wilhen Hui Mei, Elizabeth Huynh, Luan B. Huynh.

Alexander J. Ireland, Caroline J. Jaehnig, Julia Kapcia, Ilia Karello, Nawal S. Khalif, Braedan M. Kopp, Serena M. Krejci-Papa, Annabelle Q. Le, Thomas Le, Cuong M. Luong, Toan H. Luong, Erin E. Mackay, Thomas B. Macpherson, Karya N. Mandalinci, Aisling N. Mannion, Eric D. Manter, Erik T. Mayo, Meghan T. McDonald, Jake B. McGahey, Matthew J. McGourty, Thomas P. McGovern, Allison H. McMorrow, Amanda C. Morris, Maggie R. Murphy.

Jessica Nguyen, Katelyn Y. Nguyen, Melanie T. Nguyen, Madison E. O'Brien, Kayla E. Osorio, Jillian A. O'Toole, Mihir S. Patel, Nidhi Vinodbhai N. Patel, Aidan R. Perry, Ethan C. Pham, Tammy T. Pham, Tiffany Pham, Vy T. Pham, Dayna Phan, Sabrina S. Pinto, Victoria A. Primo, Tedi Qafko, Patrick J. Rak.

Michaelle D. Saint Cyr, Jullana Louise A. Salbibia, Ricardo M. Santos Filho, Jennifer V. Segale, Cameron C. Seviour, Alexandra J. Smith, Sabrina A. Soto, Avash Subedi, Jonathan Tan, Quintin K. Thompson, Virginia To, Adam Trac, Juliana M. Tracey, Brandon W. Tran, Jessica N. Tran, Kenny W. Tran, Timothy C. Truong, Ygan Jae C. Tumapang, Emily B. Vu , Kayla B. Vu, Michelle T. Vu, Alita Wanasilp, Caren Wang, Michalina A. Weglarzy, Crystal Zeng, Cristina Zhao Zhen, Qi Wen Zhou.

HIGH HONORS

Grade 12: Yusra Ahmed, Ryan J. Ahola, Oksana Asllani, Carla L. Awed, Evan F. Bausemer, Bu Z. Cao, Dante E. Cofield, Sammy F. Cordahi, Kelan P. Curran Cross, Taylor R. Darcy, Miguel J. Degrazia, Keith R. Dennis, Linda H. Do, Francesca N. Edouard, Abdallah O. Elkhateeb, Mahmoud O. Elkhateeb, Grace E. Hall, Kaylen S. Kozlowski, Robert T. Kyller.

Soledad M. Lalla, Catly T. Le, Yu N. Lei, Yarui N. Li, Claudnardson K. Louissaint, Jessica J. Mahoney, Grace C. Maldonado, Colin D. Maloney, Abigail R. McDonough, George M. McGee, Dylan J. McGowan, Molly A. Murphy, Brian F. Quach, Mario A. Ragusa, Liam J. Sheedy, Paulo A. Soares, Danny W. Szeto, Mya E. Terry, Michael D. Tervakoski.

Grade 11: Mariam A. Humza S. Ali, Ezequiel Arrendell Pimentel, Zachary N. Bakalos, Glaytson A. Barbosa, Rahma Benmouffok, Rachel P. Brown, Benjamin Chen, Ziuling Cheung He, Carmen Cheung, Briana N. Davis, Patrick J. Deery, Laila T. Ha, Steven R. Honrado-Foster, Reagan E. Hutchens, Rebecca A. Jonah.

Naomi W. Kane, Smriti Kumar, Ling F. Li, Chao Xiang Lin, Brian T. Nguyen, Joseph K. Oduro, Rafael G. Pena Garcia, Christ A. Pham, Edneisha G. Philibert, Yen M. Phu, James M. Robinson, Aliha N. Talat, Jenny N. Tang, William T. Tran, Jacob T. Walsh, Yasmina Zaharian-Touirto.

Grade 10: Sarah L. Ainsley, Isabella G. Allegro, Joseph T. Amendolare II, Sara Avdulla, Karla Eduarda N. Bember, Alyssa M. Brolin, Camryn E. Burgio, Giavanna M. Calabro, Cathy Chen, Jack Z. Chen, Kelly Chen, Colleen T. Connor, Jack J. Cook, Isabel K. Doherty, Madelynne E. Dorsey, Robert L. Dunn IV.

Hannah C. Ford, Theo W. Fox, Gianna A. Franceschini, Shara M. Galvani, Julianne T. Gazzola, Lucas O. Gomes, Angelica Gonzales, Robert Hill, Dorothy Y. Huang, Donald J. Hurld,

Georgi N. Lako, Karmina Cielo A. Llaga.

Collin J. MacDonald, Eamonn J. Mayo, Emma L. McGillicuddy, Matthew P. Mercurio, Elton W. Nim, Rodney P. Parisien, Shelley E. Ramirez, Hannah E. Robinson, Andrew J. Rooney, Samantha Sceppa, Lindsay A. Sheridan, Kayleigh R. Susinetti, Manush Tandon, Lucien F. Theberge, Lily T. Tran, Ariana A. Vu, William B. Zarges, Eric Y. Zhou.

Grade 9: Kawtar Abouyoussef, Sham Almaleh, Sarah E. Baker, Joseph J. Ban, Juliana I. Beane, Ryan T. Bergin, Karen Cao, Candace F. Chan, Samantha Chan, Liny Chea, Hillary B. Chen, Jiaqi N. Chen,

Kelly T. Chen, Vanessa J. Czajkowski, Isabella J. DeAmicis, Julia B. Devlin, David M. Devoy, Jamie L. Dicicco, Ryan D. Duong

Ainslee Eaton, Margaret M. Farrell, Brody E. Gillespie, Telemachos T. Gregoriadis, Emma D. Jaehnig, Taylor A. Kinsley, Patrick J. Lee, Zhao Yu Li, Ryan J. Mahoney, Lorena A. Martinez, Colleen A. McGee, Derek D. Nguyen, Sydney V. Nguyen.

John J. O'Brien Jr., Dylan V. O'Brien, Shabella J. Oliver, Timothy J. Pick,

Drew A. Polsgrove, Simon Rong, Jeanine N. Salameh, Juliana S. Stagg, Peter M. Tang, Brenna M. Tobin, John H. Valenzuela, Karen E. Washington, Jaydek Wong, Nicholas H. Wong.

HONORS

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Semiya M. Harris-Eriyo, Ammar N. Kazem,

Hayley A. Keenan, Lilly E. Keenan, Jake W. Latini, Edon Lazaj, Daniel Y. Liang, Zhi Yang Luo, Samuel H. Luong, Meichang Ma, Alexandra L. Macpherson, Kevin K. Mbogo, Daniel J. McDevitt, Christina N. McDonald, Anna E. McGillicuddy, Holly K. McKeon, Alex A. Melo, Ruwaide Nasser, Carmine J. Oliva, Tiara A. Osgood, Adam H. Ouannass, Ashley N. Philibert, Duc Q. Phu, Connor T. Porter.

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Grade 11: Josiah A. Andrews, Siobhan E. Ashman, Sophia M. Baldino, Neliza S. Baptista, Gabriella R. Bertoldi, Ryan C. Boretti, Jonathan T. Boyd, Amanda K. Burke, Stela Cala, Carlos D. Cardoso, Cheok Ian N. Chan, Ronin A. Contreras, Julia E. Crawford, Sommer R. Davenport, Kaleigh M. Davies, Gretah L. Diorio, Thanh Tung H. Duong, James M. Dwyer Jr., Oliver E. Dyer.

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Lauren P. Saccoach, Kathleen A. Saverse, Anna E. Scolaro, Reinaldo J. Segui, Nasya I. Sical, Jenson Joshua U. Soriano, Jose E. Soto Arvelo, Taniya L. Sprinkle, Dasier N. Tebeau, Kaylee E. Terranova, Chi Jung Tsao, Kelly E. Vo, Caroline J. Walsh,

Ryan J. Warner, Louis M. Wong.

Grade 10: Robert D. Agcaoili, Alyamman A. Al-Saad, Kathryn B. Anderson, Robert M. Blowers, Robert J. Cabral Jr., Angel J. Caisachana Ortiz, Nicholas G. Cedrone, Jason M. Chu, Elizabeth F. Collins, Mayra M. Colon, Matthew B. Connolly, Jessica L. Cruz, Lauren M. Farrell, Ana Paula O. Ferroni, Barrett E. Fraser.

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Bruno Mmaju Uwaoma, Nicholas M. Moosick, Abigail H. Murphy, Stanley H. Ngo, Bill Nguyen, Nina P. Nguyen, Amber S. Norton, Olivia A. Pagliarulo, Emma R. Peterson, Brian N. Pham, Ryan P. Polsgrove, Ashleigh M. Prewitt.

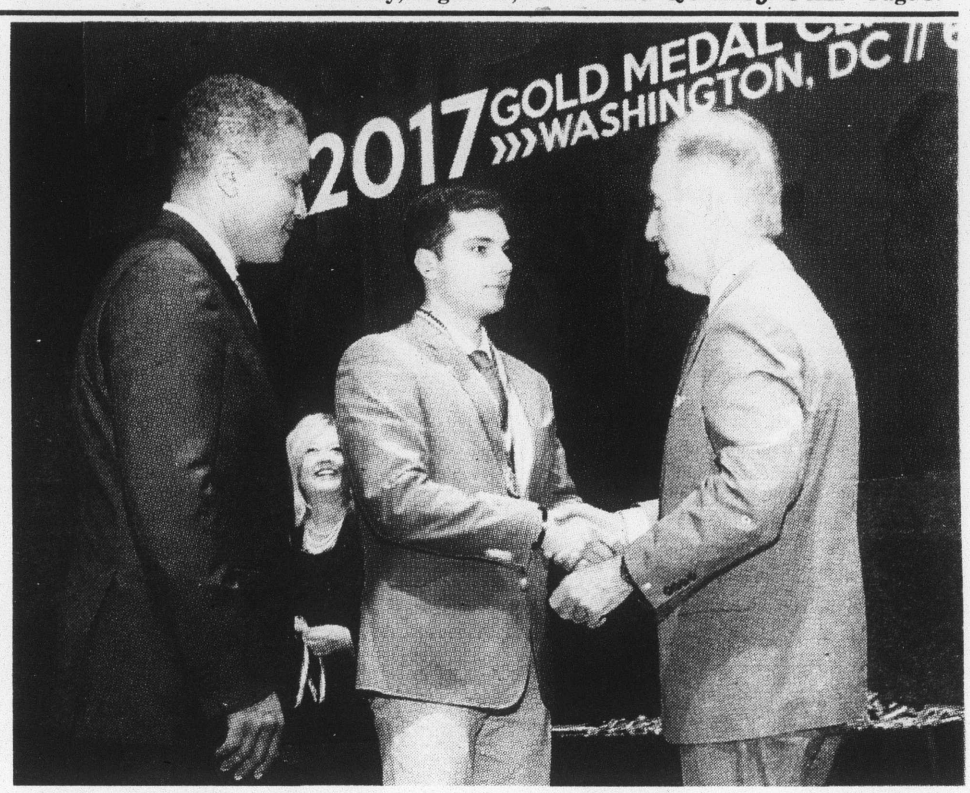
Sophia C. Ragusa, Chase B. Reardon, Brian Rivera, Unique I. Robinson, Carlos G. Roman, Elizabeth A. Roos, Daniel C. Rose, Evan C. Ross, Peggy M. Tam. Emily M. Thorpe, Maguire E. Tierney, Krisna S. Vo, Nolan A. Walker, John D. Walsh, Grant P. Ward, Kevin D. Warner, Jason P. Whalen, Robert S. Zangla, Anthony M. Zhou, Jacob D. Zisk.

Grade 9: Logan S. Almeida, Madeline J. Bergonzi, Robert E. Carney Jr., Alyssa C. Che, Jin Rui Chen, Kean Keong N. Chin, Benjamin Correia, Francesco J. D'agostino, Michaeljon M. Dussourd Jr., Sean E. Dwyer, Brooke I. Farr, Jean J. Feliciano, Kevin A. Ferent, Madelyn H. Ferreira, Chloe B. Ford.

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QUINCY RESIDENTS and siblings Maria Angela Theodore and Harrison George Theodore were recently awarded the Congressional Gold Medal. Maria (left photo) and Harrison (right photo) received the nation's highest civilian award from Paxton K. Baker (left), chairman of the Board of The Congressional Award Foundation; and Cong. Richard Neal (right).

Photos Courtesy Maria Theodore

Quincy Siblings Awarded Congressional Gold Medal

Cont'd From Page 2

tiative, service, and achievement in young people."

The award is bestowed by the United States Congress to young adults aged 16 to 24, who have achieved over 400 hours of public service, 200 hours of personal development, 200 hours of physical fitness in a span of at least 24 months.

Harrison Theodore, a Boston College student, earned his Gold Medal by working with visually impaired students, exploring the sustainability industry, taking up a new sport challenge, and travelling overseas to learn more about his culture.

His sister, Maria Theodore, a rising Thayer Academy junior, was one of the youngest to receive the award this year at just sixteen years of age. She had many unforgettable experiences on her journey to Congressional Gold. By aiding the elderly at a senior center, increasing upcycling programs locally, improving her skills in the sport of fencing, and travelling to Poland, she managed to complete over 800 hours of service.

This year's event was moderated by CNN news correspondent Wolf Blitzer, and was highlighted by a keynote speech by Nancy Pelosi, Minority Leader of the United States House of Representatives. In addition, Senator Edward Markey met with this sibling duo to recognize their achievements.

In the end, this brother and sister team managed to complete well over 1600 hours of civilian service to receive their Congressional Gold Medals; a feat to be recognized. 2017 marked the first year that Congressional Gold Medal winners were logged into the Congressional Record Book, ensuring their names and achievements remain a permanent part of U.S. History.

Register O'Donnell On QATV Program Aug. 21

Norfolk County Register of Deeds William P. O'Donnell will appear live on QATV's "Currently in Quincy" program with Joe Catalano on Monday, Aug. 21st at 11:30 a.m.

O'Donnell will discuss the most current Quincy and Norfolk County real estate trends, along with reminding viewers about the technological improvements and consumer programs that can benefit them.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

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Richard McCusker Promoted To Police Captain

29-Year Department Veteran

By SCOTT JACKSON

A 29-year veteran of the Quincy Police Department was promoted to captain at a City Hall ceremony in front of dozens of family members and fellow officers.

Richard McCusker was sworn-in by City Clerk Nicole Crispo on the morning of Aug. 3 in the Great Hall of the James R. McIntyre Government Center. McCusker's wife, Susan, pinned him with his captain's badge and his daughters Allison and Meghan were present as well.

McCusker, 59, joined the Quincy Police Department in May 1988. He was promoted to sergeant in August 1999 and then to lieutenant in March 2004. After being promoted, McCusker thanked those in attendance, including Mayor Thomas Koch and Police Chief Paul Keenan, for their support.

"I just want to thank the chief and the mayor for their support. I want to thank everyone who came today," he said. "I think the world of everyone that works for the police department – sworn civilians, officers, supervisors – they do a fantastic job.

"I hope I live up to your expectations. I'm going to continue to do what I've done for the past 25, 28, 29 years. Thank you very much."

Koch said he was proud of the work done by the Quincy Police Department.

"I am always so proud of this department. I say that publicly. I say that to other mayors," he said.

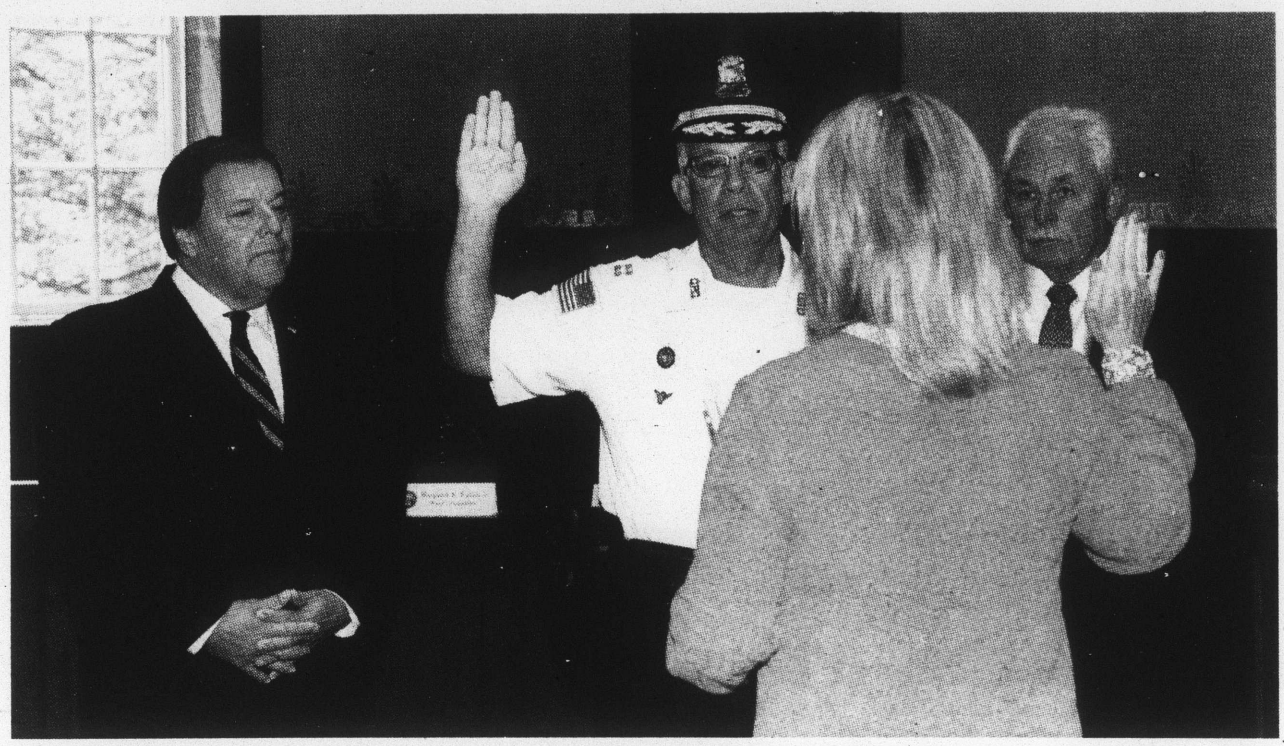
"This department is remarkable. It's so professional and serves the citizens with great class, dignity and respect. Thank you for all you do – each of you here today – because you're a big part of that."

Koch said McCusker is well respected within the department's ranks.

"I've had the good fortune of working with Lt. McCusker on some issues. I've gotten to know him a little bit better," the mayor said. "He's a great guy – a great family guy – and I know he is well respected in the ranks in the department. I'm grateful to be here today to swear-in Lt. McCusker."

Keenan credited Koch for his continued support of the department and filling openings in a timely fashion. The police chief said Aug. 3 was

Cont'd On Page 31



CITY CLERK Nicole Crispo swears in newly promoted Quincy Police Capt. Richard McCusker (center) during a City Hall ceremony Aug. 3. Looking on are Mayor Thomas Koch (left) and Police Chief Paul Keenan (right).

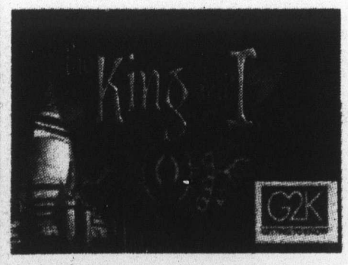


RICHARD McCUSKER, a 29-year veteran of the Quincy Police Department, was promoted to captain Aug. 3 at City Hall. Here, he poses for pictures with members of his family who were on hand for the occasion. From left: mother-in-law Patricia Peach, sister Lynne McCusker, daughters Meghan and Allison, wife Susan and father-in-law James Peach.

Quincy Sun Photos/Robert Bosworth



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HAPPY RETIREMENT – Longtime Quincy UPS driver Rick Carlson (right), 60, retired Aug. 4 after 30 years of service with United Parcel Service. Carlson delivered packages to Quincy Center businesses on Hancock Street for about 27 years. Here he shares a moment with his replacement, Tim Wentworth, on his last day of work. Carlson grew up in Milton and now lives in Braintree. He is the son of the late Harry and Ruth Carlson. His father Harry was a charter member of the Bosox Club and served as the organization's president for many years. The Quincy Sun wishes Rick a happy retirement and expresses thanks for all the packages he delivered to the newspaper office over the last quarter century. *Quincy Sun Photo/Robert Bosworth*

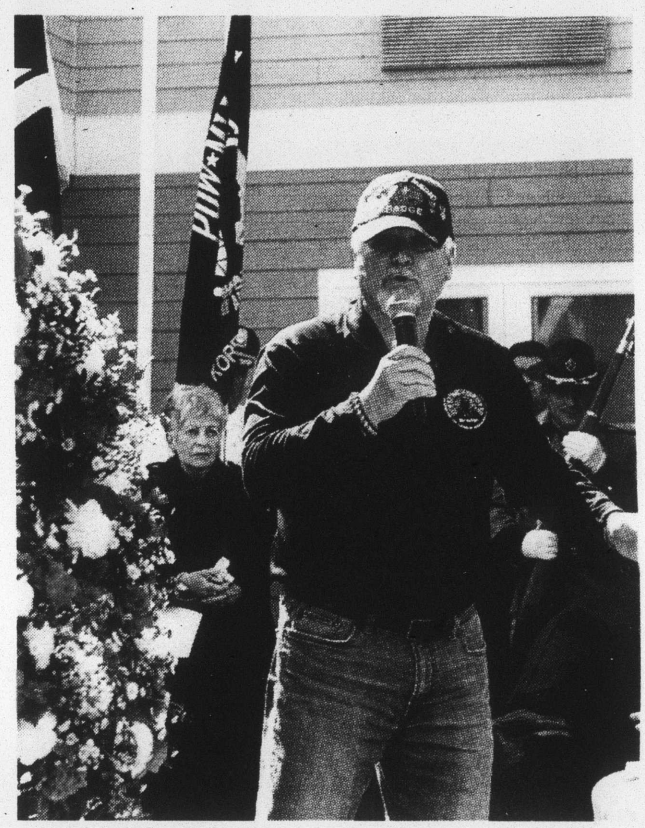
Vietnam Veteran Receives Medal Of Honor

President Trump awarded the nation's highest military honor, the Medal of Honor to retired Army medic James McCloughan – who visited the city earlier this year – at the White House on July 31.

Drafted into the Army McCloughan was a young private first class and medic who, in 1969, was part of the Battle of Nui Yon Hill during the Vietnam War and entered the 'kill zone' to rescue injured comrades despite his own serious wounds.

McCloughan, a native of South Haven, MI, was in attendance this past April 27 in Quincy, at the 30th Anniversary of the Vietnam Veterans Memorial Clock Tower to remember the names of all the Quincy military whose names are remembered for their valor and sacrifices.

The Vietnam War veteran sang a moving rendition of "Fallen, But Not Forgotten" at the conclusion of the ceremony. He then stood and saluted the names of the 48 men inscribed on the Vietnam War Memorial Clock Tower as hundreds – including Chairman of the Joint Chiefs of Staff and U.S. Marine Corps General Joseph Dunford of Quincy, Gold Star Mothers, Gov. Charlie Baker and other dignitaries and guests looked on.



RETIRED ARMY MEDIC and Vietnam War veteran James McCloughan, seen here singing at the Vietnam War Veterans Remembrance Day at Marina Bay in April, was recently awarded the Medal of Honor. He is a native of South Haven, MI. *Quincy Sun Photo/Robert Bosworth*

Merrymount Association Hosting Ward 1, School Committee Candidate Nights

The Merrymount Association will host the four candidates running for Ward 1 councillor on Wednesday, Aug. 16 from 6 to 8 p.m. at Merrymount Beach.

The candidates are: former school committeeman David McCarthy, 48 Whitney Rd. and first-time candidates Michael Falcione, 3 Graham Ter., Joseph Murphy, 18 Macy St. and Daniel Davis, 155 Babcock St.

The Association has scheduled a School Committee night forum Thursday, Sept. 7 at 6 p.m.

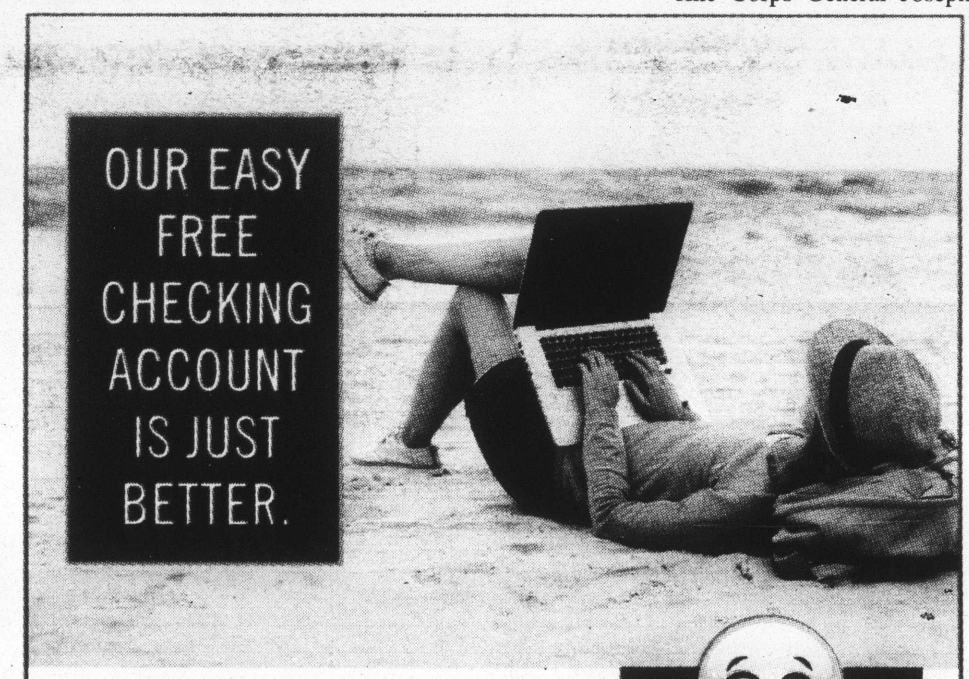
School committee candidates are:

Incumbent Emily Lebo, 354 Highland Ave.; former councillor at-large Doug Gutro, 36 Marlboro St.; Anthony Andronico, 126 Charles St.; David Jacobs, 11 Dunns Court; Mark Sauter, 76 Longwood Rd.; and Geraldine Manning, 1035 Southern Artery.

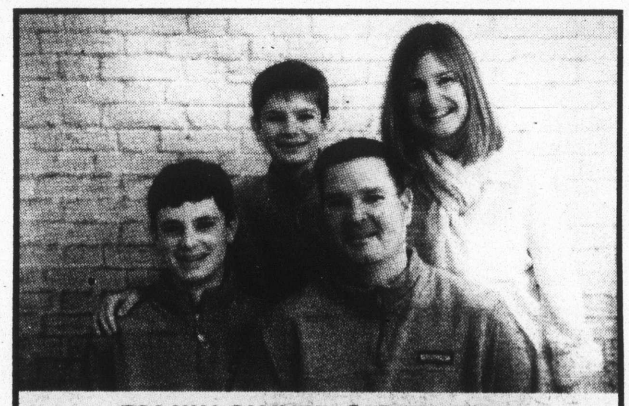
The Merrymount Association asks candidates and attendees to bring a non-perishable food item or canned good to donate to the Germantown Food Pantry for the Ward 1 candidates night. Additional information for a donation on the School Committee night will be available in the near future.

In the case of inclement weather, check the Association's webpage at www.merrymountquincy.com or Facebook page "Merrymount Association Official" for updates.

Each candidate will receive an opportunity to address the crowd and answer a question from the Association Board and the audience depending on time. Submit questions prior to the event to merrymountquincyboard@gmail.com.

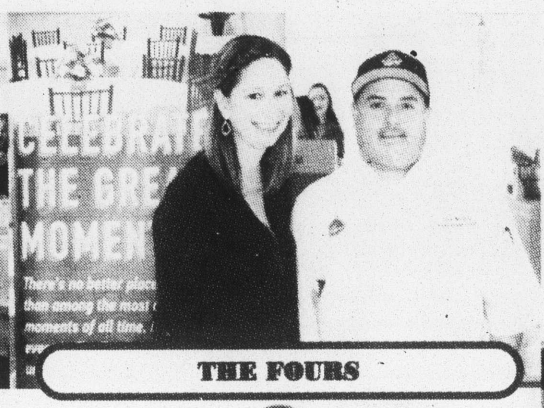


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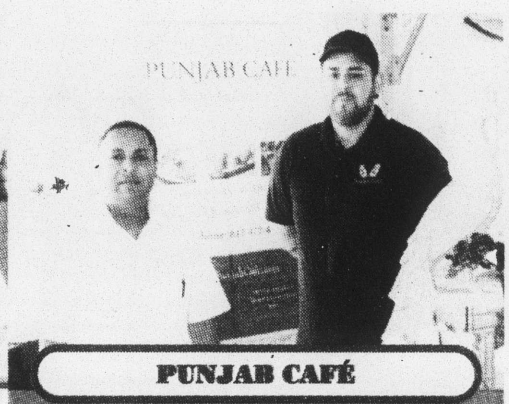

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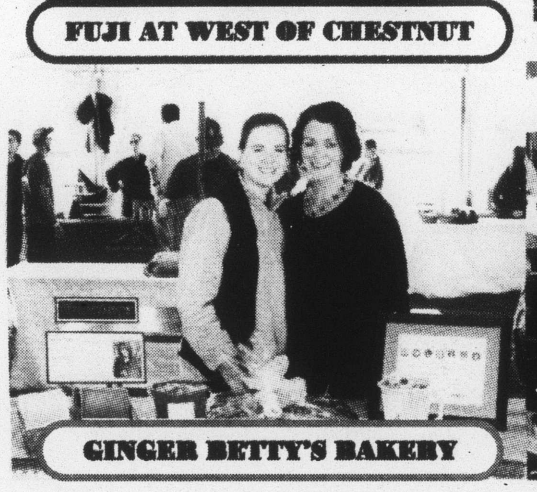
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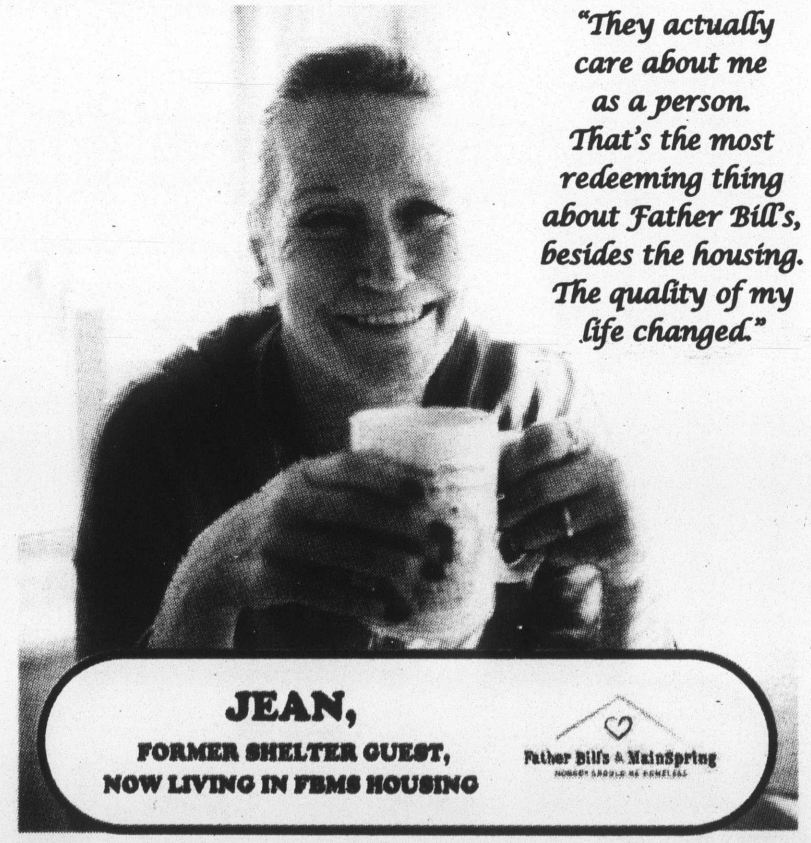
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FoodFest Raises $320,000 To Help End Local Homelessness

Community Unites At Summer Event To Support Father Bill's & MainSpring Mission

Father Bill's & MainSpring (FBMS), a 501(c)(3) non-profit organization dedicated to ending homelessness in Southern Massachusetts, raised approximately $320,000 at its 23rd annual FoodFest fundraiser July 25, at The Launch at Hingham Shipyard and Hingham Beer Works.

Money raised will benefit the 5,000 individuals, including families and children, assisted by the agency through services such as emergency shelter, permanent housing, workforce development, case management, and homelessness prevention. FBMS' largest annual fundraiser was attended by approximately 850 people who enjoyed a tasting featuring 40 of the South Shore's most popular restaurants, bakeries and beverage distributors.

"We'd like to thank the more than 90 corporate sponsors who supported FoodFest this year and who helped send a resounding message that nobody in our cities and towns should be homeless," FBMS President and CEO John Yazwinski said. "Our sponsors, our hosts, the FoodFest vendors, and the many individuals who attended the event and donated to our mission have put us in a much stronger position to bring hope to the most vulnerable individuals, families and veterans who so desperately need a helping hand. Tuesday was yet another example that we are a community that takes care of one another."

Guests of FoodFest 2017 were also treated to a wine pull, live entertainment, and auctions for an assortment of valuable items. Patrick Perkins from Hingham submitted the winning bids for a framed Red Sox jersey autographed by David Ortiz and a Bruins package that included a framed jersey signed by the entire team, game tickets, and a meet-and-greet with the team's 98.5 The Sports Hub radio announcers.

In other highlights:

• Brian Leary from Liberty Bay Credit Union won the Winner's Choice Raffle, meaning he and a guest will be traveling to his choice of either New Orleans, San Diego, or Monterey, Calif.

• Yazwinski presented Liz Kim, assistant vice president of Claims with the Arbella Insurance Group and a longtime FBMS board member, with the Richard C. and Virginia A. Welch Dedicated Volunteer Award.

• Gwen and Jennifer, two former shelter guests, were featured in a video about the agency's innovative Housing Resource Center concept. After the video was shown, Gwen and Jennifer provided one of the night's most moving moments when they embraced each other with a mighty hug.

To view photos and videos from this year's event, visit FBMS' Facebook page at facebook.com/fatherbillsmainspring. For a full list of event sponsors and participating vendors, visit helpfbms.org/foodfest.

Event vendors from Quincy included:

Bistro Chi & Kama Lounge; Fratelli's Pastry Shop; Fuji at West of Chestnut; Ginger Betty's Bakery; Montilio's; Punjab Café, and The Fours Restaurant.

EVENT SPONSORS:

Premier: Arbella Insurance; Bank of America; Citizens Bank; Flatley Foundation; Granite Telecommunications; Reebok; United Way of Greater Plymouth County; United Way of Massachusetts Bay and Merrimack Valley.

Platinum: Ameriprise Financial; Attorney George G. Burke; DST Systems; Electro Switch Corp.; Jack Conway & Company, Inc.; Philip & Deborah Edmundson; Wessling Architects, Inc.

Gold: Anonymous; Cape Cod Lumber; Conway Insurance Agency, Inc.; HarborOne Bank; Eastern Bank; North Easton Savings; P. Leo and Helen Corcoran Foundation; Quincy Mutual Fire Insurance Company; Republic Plumbing Supply; South Shore Bank; Sullivan Tire.

Silver: Arthur Gallagher & Co.; Burke Distributing; Chubb; Churchill Linen Service; CNA; Columbia Gas of Massachusetts; Fallon Health; Gosule, Butkus & Jesson LLP; Ironshore; Kevin Martin Associates; Liberty Bay Credit Union; Lynch & Lynch; Mutual Bank; My Brother's Keeper; NeighborWorks Southern Mass; New England Regional Council of Carpenters; Rotary Club of Weymouth; State Street Corporation; Steward Good Samaritan; Webster Bank; W.B. Mason; Kathleen, Joanne & Richard Welch, Jr, in honor of their parents, Richard & Virginia Welch.

Bronze: Abington Bank; A.W. Perry, Inc.; American Material Handling Corporation; Beacon Communities; Boston Financial Data

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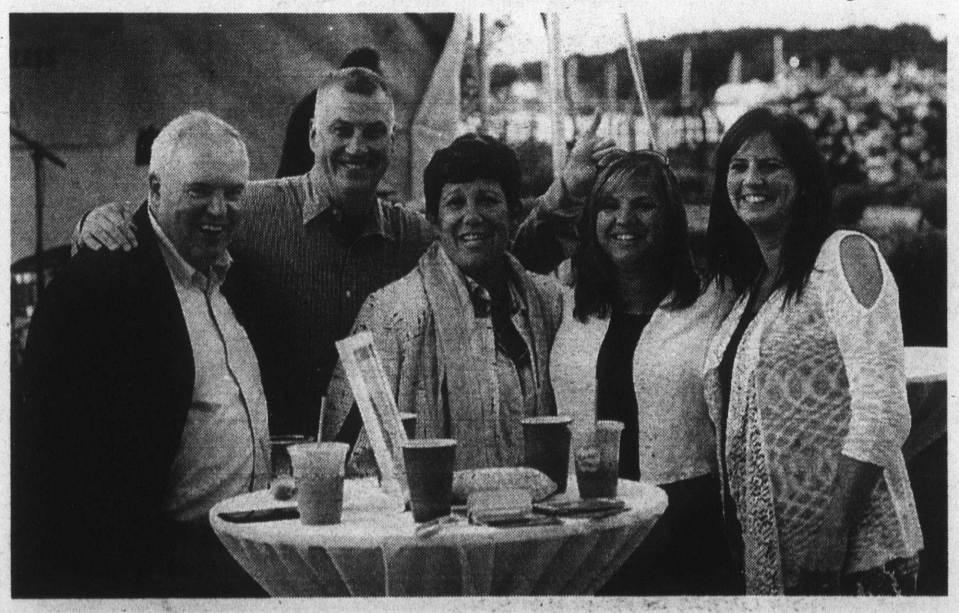
QUINCY ATTORNEY and well-known local philanthropist George Burke, third from right, pictured with his family during Father Bill's & MainSpring's 23rd annual FoodFest fundraiser July 25 at The Launch at Hingham Shipyard and Hingham Beer Works.

Photo Courtesy Rita Paul/For Father Bill's & MainSpring



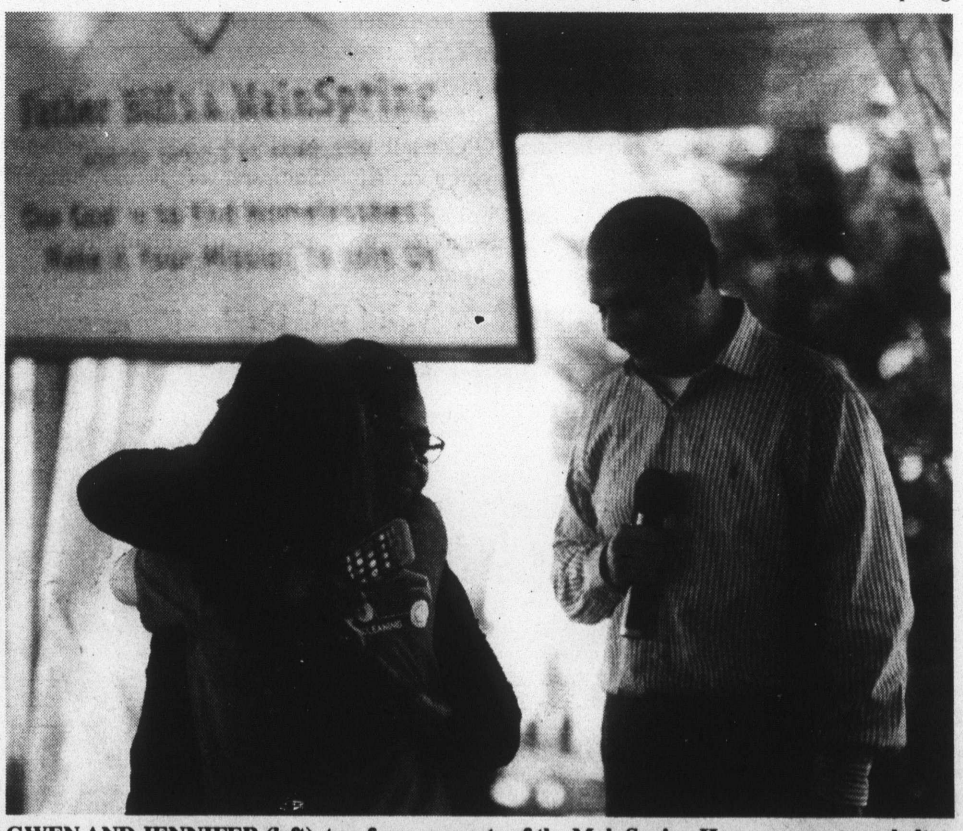
AWARD PRESENTATION – Beverly Tangvik (left), president of the Arbella Insurance Foundation; Liz Kim (middle), assistant vice president of claims at Arbella Insurance Group; and John Yazwinski, president and CEO of Father Bill's & MainSpring. Kim received the Welch Dedicated Volunteer Award during Father Bill's & MainSpring's 23rd annual FoodFest fundraiser at The Launch at Hingham Shipyard and Hingham Beer Works.

Photo Courtesy Jack Foley/For Father Bill's & MainSpring



AMONG THOSE ATTENDING this year's FoodFest were (from left to right) Chuck Phelan, Andrew Pope, Michelle Lydon, Roseann Pope, and Tracy Cristiani.

Photo Courtesy Jack Foley/For Father Bill's & MainSpring



GWEN AND JENNIFER (left), two former guests of the MainSpring House emergency shelter, share a hug after being introduced by Father Bill's & MainSpring President and CEO John Yazwinski during the 23rd annual FoodFest fundraiser July 25 at The Launch at Hingham Shipyard and Hingham Beer Works. Gwen and Jennifer were featured in a video that highlighted the agency's innovative Housing Resource Center concept.

Photo Courtesy Jack Foley/For Father Bill's & MainSpring



2017 PEPSI HOT SHOT BASKETBALL Tournament Midget Division, left to right, are Leader Tim Layden, Kevin Gillespie, Mark Schaaf, Jacob Lin, and Leader Brad Ames.

Photos courtesy Quincy Recreation Department

Pepsi Hot Shot Tournament

The Quincy Recreation Department recently held its annual Pepsi Hot Shot Tournament at the Fenno Street Basketball courts. The Pepsi Hot Shot Tournament is a very popular event and was well attended, with approximately 50 youngsters from the city's 15 playgrounds participating. The tournament was separated into four total groups: Midgets (Boys 8-10), Juniors (Boys 11-12), Seniors (Boys 13-16), and the girls competed amongst themselves in their own respective group. The event was run by sports specialist assistants, Andrew Minton, Jane Minton, and Mike Rowland.

In the Midget Boys Division, all participants shot very well. Kevin Gillespie from Squantum was able to fight off tough competition and ultimately came out victorious. Mark Schaaf from Palmer and Jacob Lin from Welcome Young received the runner-up honors. Jacob Lin's third place finish is the first time a representative from Welcome Young has placed in a city wide event since the park returned to the Quincy Recreation program in 2014.

The Junior Division consisted of a diverse and competitive group. Daithi Quinn from O'Rourke put up an outstanding performance in both rounds that proved tough to top. This score was closely followed up by Colin Cheng from Montclair. Jason He, also from Montclair, finished strong placing third in the group.

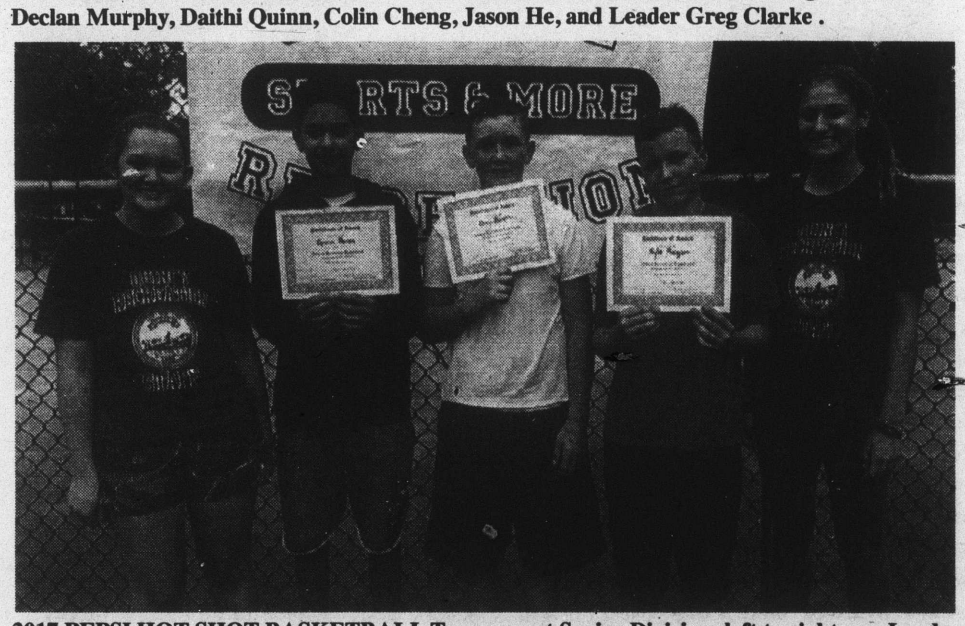
In the Senior Division, experience proved to come with age with the top two boys scoring over 70 points each. Drew Boretti from Fore River put up an almost perfect first round. Gianni Perea from Kincaide followed Drew with a spectacular performance. The competition between the two went the distance, with Drew Boretti becoming the Senior division champion. Gianni received runner-up recognition. Kyle Regan from Labreque also had a solid performance, ultimately coming in third.

In the girls division, Ciara Golden from Beechwood led the competition with a stellar performance that warranted first place. Angie Coletti from Forbes Hill came in a close second. Stephanie Huang from Massy received third.

The Pepsi Hot Shot Tournament was a huge success; all children showed great sportsmanship and enthusiasm. Congratulations to all who participated.



2017 PEPSI HOT SHOT BASKETBALL Tournament Junior Division, left to right, are Leader Declan Murphy, Daithi Quinn, Colin Cheng, Jason He, and Leader Greg Clarke .



2017 PEPSI HOT SHOT BASKETBALL Tournament Senior Division, left to right, are Leader Kelsey Dunn, Gianni Perea, Drew Boretti, Kyle Regan, and Leader Marissa McGue.



2017 PEPSI HOT SHOT BASKETBALL Tournament Girls Division, left to right, are Leader Devan Yilgor, Ciara Golden, Angie Coletti, Stephanie Huang, and Leader Amanda Bottary.

Citywide Knockout Tourney

The Quincy Recreation Department hosted its annual city-wide Basketball "Knockout" Tournament at the Fenno Street Playground. Over 50 boys and girls from 15 parks throughout the city attended the event, displaying their shooting, speed, and basketball skills. The competitors were broken into 3 separate age groups.

In the midget division (ages 8 to 10), the final three contestants were T.J. Manton of Heron Road, Mark Schaaf of Palmer Playground, and Brayden O'Connell of O'Rourke Playground. After a tightly contested battle, Manton was able to pick up the win; while Mark Schaaf and Brayden O'Connell came in second and third respectively.

After a highly contested competition, Daithi Quinn of O'Rourke, Joey Manton of Heron Road and Nathan Sampson of Fenno Street were the last shooters remaining in the junior division (ages 11 and 12). The match came down to the wire with Quinn edging out Manton in the end, with Sampson coming in third. The competitors showed great stamina and basketball skills during the competition.

In the Senior Division (ages 13-16), Gianni Perea of Kincaid Playground put on a fantastic display of shooting to win the event. Some shooters standing in his way was second place finisher James Hooley of Squantum, and third place finisher Drew Boretti of Fore River Playground.

All participants played well and put in a great effort. Sports Specialists Terence Rooney, Curran Jorgensen, and Tyler Braun ran the event.

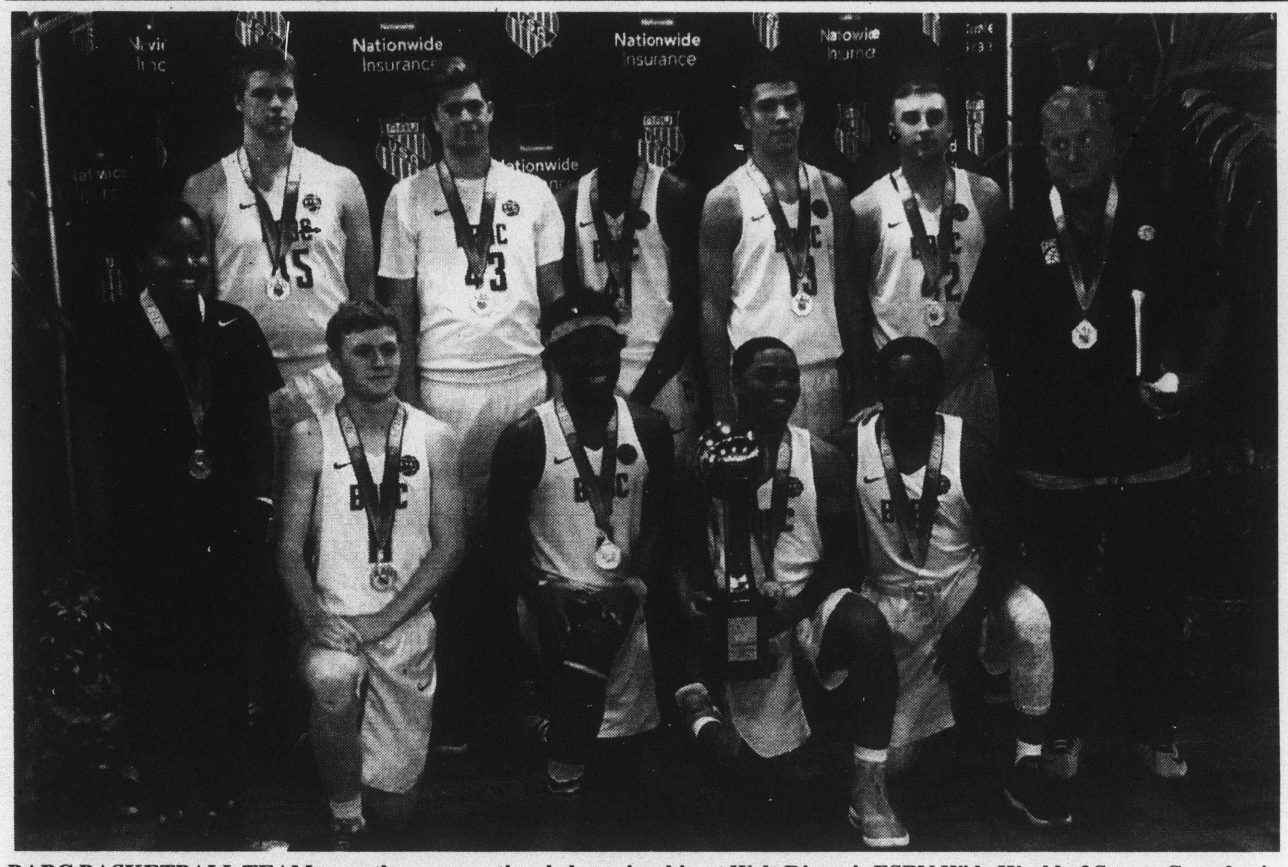


2017 KNOCKOUT BASKETBALL Tournament Champions, left to right, are Recreation Leader Mike Lester, Gianni Perea, Daithi Quinn, TJ Manton, and Recreation Leader Gabby Zorkers.

Photos courtesy Quincy Recreation Department

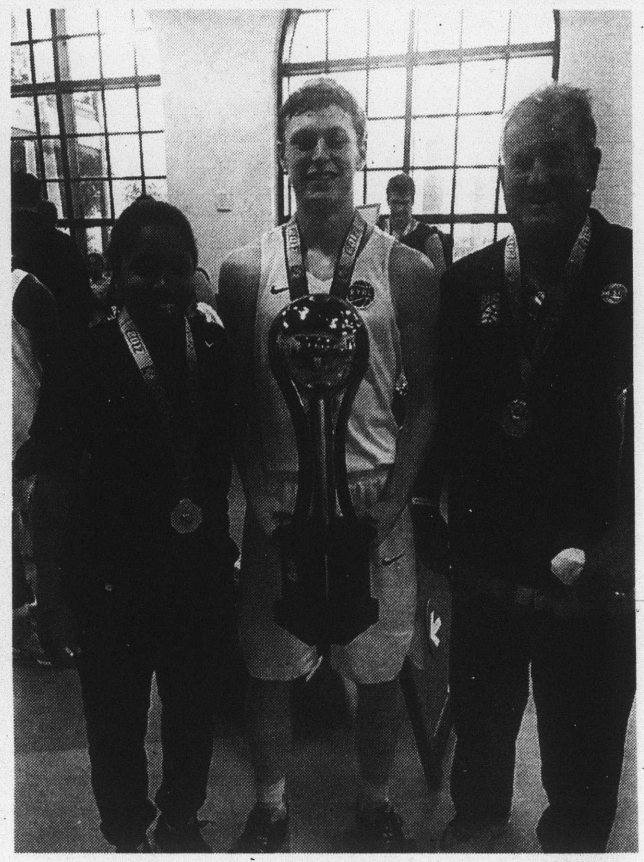


2017 KNOCKOUT BASKETBALL Tournament Runners-Up, left to right, are Recreation Leader Kiera Clifford, James Hooley, Joey Manton, Mark Schaaf, and Recreation Leader Mike Lester.



BABC BASKETBALL TEAM recently won a national championship at Walt Disney's ESPN Wide World of Sports Complex in Orland, FL, defeating a team from Rochester, N.Y. Kneeling (front row from left to right) Will Phelan of Quincy; Jakigh Dottin, Cambridge; Shannon Brown, Boston; and Maurice Works, Boston. Standing (from left to right) Coach Brittney Papile, Alex Christie, Canada; Jared Whitt, Weymouth; Dimon Carrigan, Cambridge; Cole Swider, Rhode Island; Caiden Dumas, Connecticut, and Coach Leo Papile.

Photos Courtesy William Phelan



WILL PHELAN (center) of Quincy and BABC coaches Brittney Papile and Leo Papile celebrate the prestigious amateur basketball team's recent national championship in Orlando, FL.

Leo Papile's BABC Hoop Team Wins 20th National Title

Sixth 19U National AAU Championship For Quincy Native; Players Include Quincy's Will Phelan

Quincy native Leo Paplie's Boston Amateur Basketball Club (BABC) basketball team recently won its 20th national title and its sixth 19U National AAU championship.

Papile's team won the title at Walt Disney"s ESPN Wide World of Sports Complex in Orlando, Florida defeating RAP Stars from Rochester, N.Y. with a 74-43 victory.

Papile credits unselfish play and defense for the winning culture he has been able to develop over the years. Players come from all over New England to play for the BABC program, which has its roots in Boston. Many alumni of BABC go on to play in major division 1 programs and some professionally. This year's players had scholarship offers from Syracuse, Duke, Villanova and many other high profile colleges.

Local Quincy athlete Will Phelan was a member of this year's National title team. Phelan contributed with solid defensive play and added a couple of highlights with two impressive dunks one of which came from a nice back door dish from teammate Jared Whitt.

Papile's BABC 16U and 15U teams made it to the semifinals of their bracket and both the 15U and 16U team won the Super Showcase tournament the following week.

FoodFest Raises $320,000 To Help End Local Homelessness

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Services; Boston Medical Center HealthNet Plan; Braintree Cooperative Bank; Bridgewater State University; Cambridge Savings Bank; Camden National Bank; CeltiCare Health; Cosgrove, Eisenberg & Kiley, P.C.; Curtis Construction Company, Inc.; EILEEN FISHER; Elton + Hampton Architects; Fowler Printing; Lucille Cassis & Jon A. Rogers; Mass Bay Credit Union; Matera Vopat Matera & Johnson, P.C.; Murphy, Hesse, Toomey & Lehane; O'Brien Riley & Ryan, P.C.; Peabody Properties; Quirk Auto Dealers; Richard J. Henken, The Schochet Companies; Roche Brothers Supermarkets, Inc.; Rodman Ford, Ronald "Chappy" & Barbara Chapman; Signature Healthcare; Stonehill College; Tech-Networks of Boston; Twin Rivers Technologies; Whole Foods Market.

Friends of Father Bill: Bay State Federal Savings Charitable Foundation; CliftonLarsonAllen; Effie's Homemade, LLC; Interior Resources of New England; Morrison Mahoney LLP; Randolph Savings Bank; Rockland Trust Company; South Shore Staffing; Superior Plumbing; Vertex Companies; Welch Healthcare and Retirement Group.



KIMBERLY KROEGER (left), program director at Manet Community Health Center, and Cynthia Sierra, chief executive officer of Manet Community Health Center, were among the guests who attended the recent FoodFest.

Photo Courtesy Jack Foley/For Father Bill's & MainSpring



QUINCY RESIDENTS Joyce Hogan, a longtime Father Bill's & MainSpring board member, and her husband, Tom Hogan, attended the recent FoodFest.

Photo Courtesy Rita Paul/For Father Bill's & MainSpring

Quincycycles Sea To Summit Ride Saturday

The public is invited to join Quincycles on Saturday, Aug. 12, for a ride to both the highest and the easternmost points in the city.

Bicyclists should meet at the the Bernazanni School on Furnace Brook Parkway at 7:30 a.m. to peddle up Chickatawbut Hill in the Blue Hills to enjoy the view at the overlook before heading down to Nut Island in Houghs Neck.

Quincycles rides are free and open to the public.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group and the full schedule of rides can be found on their website at www.Quincycles.org.

Review the ride guidelines posted on the site before participating and check Quincycles Facebook page for weather related updates.

For any questions, email quincycles@gmail.com.

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



BACKACHES MAY LEAD TO FALLS

It is an unfortunate fact of life that about one-third of people over the age of 65 fall each year, and the risk of falls increases proportionately with age. Because fall-related hip fractures increase seniors' mortality risk, they and their families should want to do everything they can to avoid falls. According to a recent study, these fall prevention efforts should include treating back pain. When researchers analyzed the data of nearly 6,000 men over age 65 living at home, they found that those suffering from back pain were 30% more likely to fall multiple times than men without back pain. The risk of falling was even higher among men with two or more areas of pain in their backs.

Chiropractic is primarily used as a pain relief alternative for muscles, joints, bones, and connective tissue, such as cartilage, ligaments, and tendons. Chiropractic adjustments rarely cause discomfort. However, patients may sometimes experience mild soreness or aching following treatment (as with some forms of exercise) that usually resolves within 12 to 48 hours. To schedule an appointment for chiropractic care, please call **FAMILY PRACTICE OF CHIROPRACTIC** at **617-472-4220**. We are located at **112 McGrath Hwy., Quincy**.

P.S. Backaches may distract seniors from looking where they are going or may even lead to changes in posture that increase their risk of falling.

www.freedmanchiro.com

Real Estate

Quincy Real Estate Transactions July 31 - August 4

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
William A. & Sandra E. Jacques	Gnanamba Chavali	$ 569,000.00	821 East Squantum Street
Dung Tang & Kelly Chong	Huan Zhong Lin; Meiying Zhen; Qihong Li	$ 480,000.00	145 North Central Avenue
Caroline E. Dahl	James M. & Robyn M. Dunphy	$ 580,000.00	76 Harbourside Road Unit 73
Richard J. Mirkin	Gregory J. Dunham	$ 570,000.00	62 Pratt Road
Donna M. Thompson	Christopher M. Ducar	$ 465,000.00	41 Hamilton Avenue
John M. Hanafin	Diane Linda	$ 549,000.00	23 Shawmut Street
Carl A. & Annie W. Nelson	Huifang Zhao	$ 212,000.00	1025 Hancock Street Unit BA
Gary & Katherine L. Good	Edward C. O'Driscoll	$ 250,000.00	71 Dayton Street
Shao Q. Zhou & Kwong Cheung	Shangkun Li & Ziyi Huang	$ 400,000.00	36 Division Street
BP Liberty LLC	Pengtuan Wu	$ 349,000.00	999 Hancock Street Unit 504
Mark A. & Sandra J. Connors	Jeanine Meehan	$ 439,000.00	17 Peterson Road
Federal National Mortgage Association	Quang X. Nguyenluong	$ 320,000.00	90 Campbell Street Unit 304
Thomas E. O'Brien & Brenda C. O'Brien Trust	Sui N. Chu & Huaying Huang	$ 315,000.00	43 Bay State Road
Chris Chung & Ivy Gao	Hop S. & Mee F. Cheung	$ 675,000.00	247 Farrington Street
Alessandra R. & Brain P. Higgins	Shui Y Yang; Xiuhua Chen	$ 749,000.00	19 Minihans Lane
Daly 2007 Irrevocable Trust	Q Shore Drive 1311 LLC	$ 495,000.00	1311 Quincy Shore Drive
Residences at 1022 Hancock Street LLC	Tarik El-Ashban	$ 445,000.00	1022 Hancock Street Unit 213
Alfred Aiello Revocable Trust	Peroli Realty Inc	$ 500,000.00	8 Franklin Street
Sheila E. Farrell	Christopher M. Conte	$ 675,000.00	96-98 Lancaster Street
Nilam L. Kotadia	Brian D. & Christina D. Bernard	$ 266,000.00	123 Elm Street Unit A-9
Patricia Downey & Patricia J. Whelan	Gavin Williams	$ 373,000.00	120 Holmes Street Unit 301E
Steven Whitston	Ryan Family Irrevocable Trust	$ 612,000.00	29 Viden Road
Nina Tran	Michael J. Brown; Jenna M. Lamy; Thomas L. Kuchenreather; Pablo Bilbaolavieja	$ 634,000.00	18 Bennington Street
Maura L. Jaynes	Kathy Tieu	$ 305,000.00	200 Falls Boulevard Unit I-203
BP Liberty LLC	Christopher Brunnell & Anna L. Bradfield	$ 389,000.00	999 Hancock Street Unit 510
Nancy Fraser & Richard Ahlquist	Weixiong Xue & Chuxin Li	$ 486,000.00	238 Highland Avenue
61 Dysart Street Realty Trust	Boyan & Zhiqiang Liang; Chun L. Huang	$ 619,000.00	61 Dysart Street
48 Grandview Avenue Realty Trust	Yihsien Lin & Ying L. Hsieh	$ 510,000.00	48 Grandview Avenue
Ying L. Hsieh & Yihsien Lin	Qiong Lin & Zhimin Huang	$ 1,030,000.00	48 Grandview Avenue
Residences at 1022 Hancock Street LLC	Mark L. Folino	$ 494,000.00	1022 Hancock Street Unit 212
John & Maura Sharry	Sean & Elisa O'Malley	$ 430,000.00	19 Victoria Road
Barbara M. Hayes	Peter Gialantzis & Mary Cunningham	$ 151,500.00	195 Independence Avenue Unit 147
Bryan C. Mahoney & Renee Sisti	Hung T. Truong	$ 272,900.00	94 Newbury Avenue Unit 108
HSBC Bank USA	Barros Properties LLC	$ 451,000.00	10 Woodward Avenue
BP Liberty LLC	Theresa Kelleher-Palmarin & Mary Kelleher	$ 469,440.00	999 Hancock Street Unit 201
Kathleen Fratus & Kathleen Martell	Ernestina Almeida	$ 530,000.00	16 Hobomack Road

O'Donnell: Norfolk County Real Estate Market 'Flat' In July

Register Reports Low Inventory, Higher Interest Rates, Reduced Mortgage Lending

Continuing low real estate inventory, higher interest rates and reduced mortgage lending were three major factors which led to a flat real estate market for the month of July, according to Norfolk County Register of Deeds William P. O'Donnell.

"Empirical evidence shows there is little doubt that certain housing and lending dynamics are having a sluggish effect on real estate activity in Norfolk County," O'Donnell said. He noted that for the past month of July a total of 1,757 properties, both residential and commercial, were sold in Norfolk County representing a minimal one percent increase from the previous year. Other economic indicators were even less impressive for July, such as the three percent drop in the average sales price for the same time period in 2016 and a three percent year over year reduction in total sales volume.

Furthermore, lending activity also showed decreases for the month of July. A total of 2,407 mortgages were recorded during the month, a 14 percent decrease compared to July 2016.

"Higher interest rates," noted O'Donnell, "and the prospect of rate increases through the end of the 2017 calendar year are making consumers think twice before borrowing money to pay for high ticket expenses such as home improvements."

An aberration seen during the month was the total amount of residential and commercial borrowing, increased by 267 percent to $4.6 billion. However, this is mainly explained by a large $1.6 billion mortgage taken out against a commercial property bordering Weymouth and Quincy.

Foreclosure activity was a mixed bag. A total of 18 foreclosure deeds were recorded in July compared to 17 in July 2017. Where the foreclosure story gets more promising was the total number of Notice to Foreclose Mortgage filings, the first step in the foreclosure process, closing at 34, a sharp reduction from the 43 recordings for the same time last year.

"While one foreclosure recording is one too many, the reduced number of Notice to Foreclose Mortgage filings is a positive trend," O'Donnell said.

For those who are facing challenges paying their mortgage, the Registry continues to partner with Quincy Community Action Programs at (617) 479-8181 x-376 and Neighbor Works Southern Mass at (508) 598-0950 to help anyone who has received a Notice to Foreclose Mortgage from a lender. Another option is to call the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

On the consumer front, the number of Homesteads recorded in Norfolk County was 1,230 for the month of July, a two percent reduction from the same time period in 2016. While the reduced number of Homesteads can be explained in part by the drop in real estate sales seen in the County, O'Donnell noted, "A Homestead is an important consumer protection tool that I urge property owners to consider. By recording a Homestead, a property owner receives limited protection against the forced sale of their primary residence to satisfy unsecured debt up to $500,000."

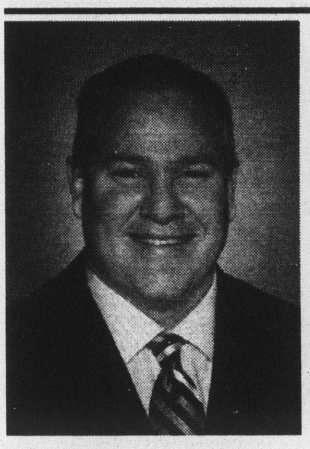
"July 2017 was admittedly an unremarkable month for real estate in Norfolk County," O'Donnell said. "The trend lines – flat real estate sales and reduced lending activity - are the same trend lines seen beyond the county. Until we see increased levels of real estate inventory, particularly for first time home buyers, the market will remain flat. In regards to lending activity, all signs indicate the Fed will increase interest rates causing consumers to pause further before borrowing money."

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

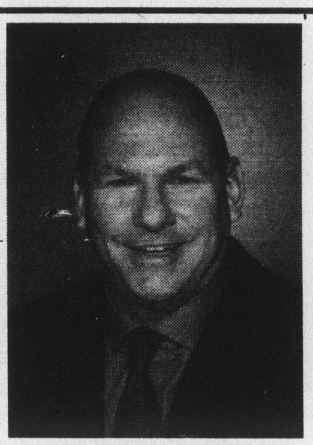
Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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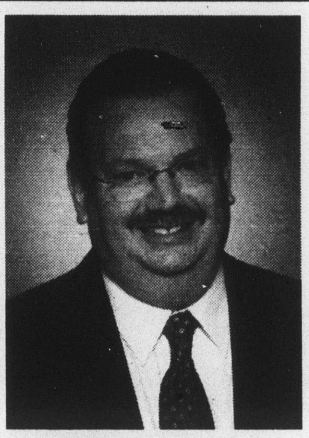
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CRAIG AMES



PAUL AMES



MARK NICHOLAW

MountainOne Bank Adds Three To South Shore Sales Team

MountainOne Bank continues to expand its mortgage banking team, with the recent additions of Craig Ames, Paul Ames, and Mark Nicholaw as senior mortgage originators, announces Sherry Fonseca, senior vice president and senior mortgage officer.

"MountainOne Bank continues to grow, and mortgage lending is an integral part of our strategic plan," Fonseca said. "There is demand for knowledgeable and experienced assistance with the complex home buying process, and our expanded team brings that expertise to our local markets."

Craig Ames has been assisting mortgage clients throughout Boston's South Shore for over 20 years. He has extensive mortgage experience and product knowledge, having served as a Senior Mortgage Consultant with companies and banks in the region during this time. Additionally, he was twice named a "Top 10 Producer" as well as a member of company President's Clubs.

Craig Ames holds a Bachelor of Science degree in regional planning from Westfield State University, and lives in Marshfield.

Paul Ames has over 20 years of mortgage lending experience. He holds a Bachelor of Science degree in business management from the University of Massachusetts at Boston, with a minor in marketing.

Paul Ames has extensive knowledge of VA (Veterans Administration), USDA (United States Department of Agriculture), FHA (Federal Housing Administration), Jumbo Loans, Equity Lines and Loans, Construction Loans and all conventional mortgage products. During his career, he has closed over 3,000 mortgage transactions, and has been named to company President's Clubs six times. In his free time, he coaches ice hockey. Ames lives in Scituate with his wife, Marsha, and their four children.

Mark Nicholaw has over 15 years of mortgage lending experience, and has helped hundreds of buyers through the complex home buying process. Nicholaw specializes in condo loans, first-time homebuyer mortgages, and FHA loans.

Originally from California, Nicholaw holds a Bachelor's degree in accounting from San Diego State University. Now living in Pembroke with his three children, he coaches soccer in the local community.

MountainOne is a mutual holding company headquartered in North Adams. Founded in 1848, MountainOne Bank has assets of over $850 million, and provides a complete array of personal and business banking and electronic services. MountainOne Insurance provides personal and business insurance, bonding services, and group benefits solutions.

MountainOne Investments provides individual investment services and group financial benefit plans (financial professionals offering securities and advisory services through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Advisor). Products are offered at full service offices in the Berkshires (Pittsfield, North Adams, Williamstown), Boston South (Quincy, Rockland, Scituate), and Boston North (Danvers).

Ask Barbara Graceffa

Fabrics For Pet Owners, Arms For Easy Chairs

I need to replace my living room furniture. What fabrics do you recommend for pet owners? Eileen

Of course not every cat and dog are the same when it comes to shedding hair or the tendency to claw your furniture. Here are a few tried-and-true tips.

Leathers are easy to clean and pet hair does not stick to them. However, scratches and claw holes will be visible should Frisky or Rover misbehave.

Microfibers do not allow claws to penetrate the fabric like nubby or textured furniture alternatives including chenille, linen, silk, tweed, velvet, and wool. Outdoor fabrics are terrific, too; in fact, consider a slipcover made from outdoor fabric which now comes in lots of colors and patterns.

Speaking of patterns, look for a patterned fabric or one the same color as the pet's hair to help hide the hair.

Finally, get your new furniture with a fabric protector like Scotchguard and look into repellent sprays at the pet store which help keep your pets from chewing or peeing on your furniture. The products cost about $15 per bottle and you may use them every few days to protect your furniture.



BARBARA GRACEFFA

When choosing a new easy chair, do you recommend wooden arms over upholstered arms? It seems to me that wood would last longer and not be subject to stains and general wear-and-tear. Trixie

Although you are right about those advantages to wooden arms, I prefer upholstered arms for reasons of pure comfort. I find wooden arms far too hard but, of course, it is personal preference.

Do you have a decorating problem needing a professional solution? Send your questions to Barbara Graceffa at barbara@sec-interior.com.

For more information on her services including her portfolio, visit www.sec-interior.com.

James MacDonald On Dean's List At Bates College

James MacDonald of North Quincy has been named to the Dean's List at Bates College in Lewiston, ME.

MacDonald, the son of Mr. and Ms. Philip E. MacDonald of North Quincy, is a 2016 graduate of Boston College High School.

Weymouth Compressor Station: Safe And Necessary To Meet Our Region's Energy Needs

By STEPHEN DODGE
Executive Director,
MA Petroleum Council

OP ED

For all the discussion and debate about the planned natural gas compressor station in Weymouth, here's a question you rarely see asked and answered in press coverage and social media chatter: Why is this compressor station necessary–vital, in fact–for the energy needs of residents and businesses throughout Eastern Massachusetts?

The short answer: In the last 15 years, natural gas output from Nova Scotia has plummeted, 200,000 Massachusetts homeowners and businesses have switched from heating oil to gas, and a dozen major power plants have gone into service–or soon will–in Connecticut, Rhode Island, and Massachusetts that all draw natural gas from the pipeline system that passes through Weymouth.

We'll explain those realities more fully below, but first, a quick primer. Compressor stations do the work that moves gas through pipelines so it gets to your furnace, hot-water heater, or stove, or to a power plant, college campus, hospital, or industrial facility. They're typically sited every 40 to 70 miles along a pipeline to maintain pressure and keep molecules of gas flowing to where they're needed. The stations often have filters or other devices that remove water and impurities to ensure natural gas burns as cleanly as it does.

New England already has more than a dozen natural gas compressor stations that have operated safely, reliably, and out of sight in the region for 20 to as many as 60 years. On Enbridge's Algonquin Gas system, which brings us natural gas from Pennsylvania, the Gulf of Mexico, and other North American production areas, the last compressor station before metropolitan Boston is in Burrillville, R.I. The next one past us is in Eliot, Maine.

For many years, Enbridge, the company behind the project, and its predecessor, Spectra Energy, recognized that an additional compressor station would be needed near Boston to ensure enough gas flows through the system to meet the needs of customers in and north of Boston, including power plants that now generate on average 60 percent of Massachusetts' electricity.

One major reason is that less and less natural gas has been coming into New England from the northeast because of dwindling output from the Sable Island offshore project. Data from the Canada-Nova Scotia Offshore Petroleum Board show that Sable output fell by 73.2 percent from 2001 to 2015. That's created a deficit of 139 billion cubic feet per day of gas–an entire winter month's consumption for all of New England–that, fortunately, the growth in U.S. production from hydraulic fracturing has been able to replace.

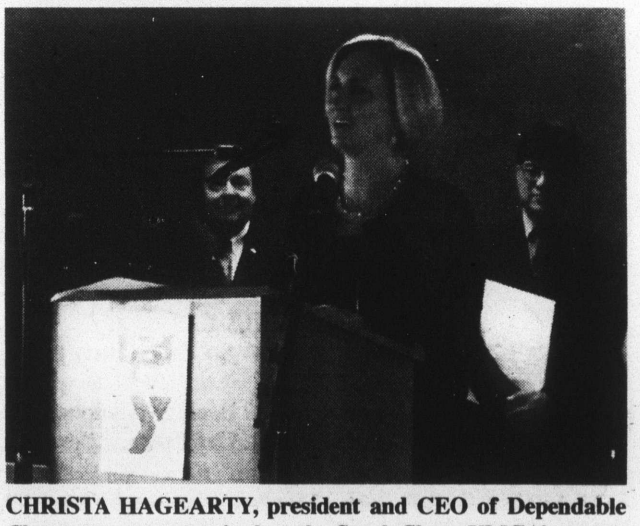
But that means our local gas system needs more equipment moving gas from southwest to northeast to replace the Nova Scotia gas that once flowed from northeast to southwest. That's the critical job the Weymouth compressor station will fulfill.

At the same time, Massachusetts is using far more natural gas. Consumers have voted with their pocketbooks and flocked to natural gas for its convenience and affordability. So have electricity generators. The use of natural gas for power generation across New England has grown from 15 percent in 1990 to more than 50 percent today, replacing many oil- and coal-fired plants. Later this year, the Footprint Power natural gas-fired plant in Salem will go into service, drawing still more of the gas the Weymouth compressor station will move to North Shore customers through the Hubline pipeline that passes under Massachusetts Bay.

Enbridge considered six other locations for the compressor station in eastern Massachusetts. A rigorous regulatory process concluded Weymouth was the right choice. Other locations could have required installing 5 to 12 miles of new pipeline through environmentally sensitive areas. The Weymouth compressor station will be built adjacent to an existing meter station, in an area that already includes a power plant, water-treatment facility, fuel depots, and many other industrial facilities.

U.S. pipelines have an excellent safety record, dependably delivering more than 99.99 percent of all the natural gas and oil they handle and proving consistently among the safest and most efficient methods for moving energy. The Weymouth compressor station will be constantly monitored, using advanced technology, and held to the highest standards of reliability and safety.

The Weymouth compressor station provides benefits to every single resident of eastern Massachusetts who counts on reliable electricity and clean, affordable natural gas to keep warm and cook with, every second of every day. It's a necessary project, it's in an appropriate location, and all of eastern Massachusetts will benefit from this needed infrastructure project.



CHRISTA HAGEARTY, president and CEO of Dependable Cleaners, was recognized at the South Shore YMCA's recent Community Appreciation Day held at the Germantown Neighborhood Center. Hagearty was recognized by the Y and selected as a recipient of the Business Partnership Award of 2017. She was honored for her service to the greater Quincy community by providing the Read to Ride program and author readings to the YMCA for four years. Hagearty, who believes reading is the foundation of a flourishing education, launched the annual Read to Ride program in 1999 as a way to encourage students to keep up with their reading during the summer months. Students ages 6-15 have the chance to win a bike or an exciting prize for every book they read.

Photo Courtesy Regan Communications Group

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Sunday, May 21, at approximately 6:30 p.m., Officer Jay Borden was dispatched to the police station lobby for a report of a suspicious incident.

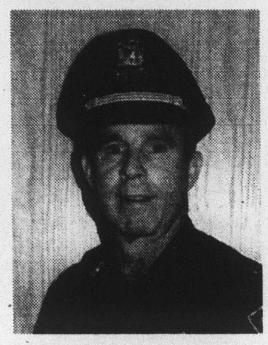
The officer interviewed the female victim, who said that since Friday she had received numerous messages through Facebook Messenger from two people she did not know. She expressed concern because some of these messages contained pictures of her in two separate locations, indicating that someone followed her from one location to the next. She stated that although the first messages she received from suspect 1 did not contain pictures, it was disturbing because the text said that she was cute and sexy, and asked for her number. She stated she ignored but saved these messages.

The more concerning messages came from another name on from Friday night through Saturday afternoon. These messages had pictures from behind while she was inside a local store and then again in a nearby parking lot. These pictures made her nervous because they were taken without her knowledge and sent to her from a person she does not know. She stated she is unaware how these people may have gotten her messenger information to send the messages.

The victim was advised to save all of the messages and the Detective Division would follow up. Detective Bagley quickly reached out to the victim and determined the locations where the pictures were taken were at TJ Maxx and in the parking area of Star Market. The detective went to the TJ Maxx store and obtained store surveillance video of the victim in the store. From the surveillance video, a male suspect was observed following the victim with his cell phone in his hand the entire time.

The male suspect followed the victim to the register check out and was looking at her the entire time. The victim left the store. The male suspect paid for a dress shirt with cash and left the store after the victim.

After obtaining store surveillance video from TJ Maxx loss prevention, Detective Bagley was able to make several still photos of the suspect. The photos of the suspects were distributed to Mass Most Wanted, The BRIC and all area police departments and detective units for identification. He then started working with the Facebook law enforcement portal trying to obtain information regarding who was sending messages to the victim via Facebook, focusing on the two names that the victim provided.



LT. DAN MINTON

A week later, the victim told Detective Bagley that she received additional five messages via Facebook Messenger from suspect 1. She added the suspect also attempted to call her through Messenger. As Detective Bagley spoke with the victim, she received an additional 25 messages from this party. Some of them contained the same pictures that suspect 2 had sent her last Sunday, indicating that suspect 1 and 2 most likely was the same person.

Detective Monteith responded to the suspect identifying himself as a Quincy police detective, requesting the suspect contact him at his office phone at the Police department, but no one called. On June 5th, Detective Bagley received information from the victim that one of her daughters was searching Facebook and came up with a profile resembling the suspect in the Facebook profile that the Police department had posted for identification.

The victim provided the name and upon looking on his Facebook profile, Detective Bagley was able to match pictures on his profile to the surveillance video from TJ Maxx. The name did not match the names of suspect 1 and 2, which now were determined to be false names. A background check on this suspect showed that a nearby police department had encountered him in the rear of an apartment complex in on his cell phone acting suspiciously. The suspect had no criminal record.

Detective Bagley contacted the suspect by telephone and requested he come to the Quincy Police Department to be interviewed. The next day the suspect came to the station and was advised as to how his name became involved in the investigation. The suspect was advised of his Miranda rights and said he wanted to cooperate with the investigation.

After hearing the account of what transpired, the suspect confirmed and admitted to every item of evidence and information obtained during this investigation. In great detail, the suspect gave Detective Bagley a time line of the incident that was consistent of what the victim gave. The suspect said he followed the victim while she was shopping and took photos of her bent over showing her exposed buttocks and lower back. He added he followed the victim and wrote down her Massachusetts License Plate number. He also confessed to taking photos of the victim in the parking lot.

He then used a pay website that he belonged to in order to obtain the victim's personal information to find out her identity and then look her up on the Facebook website. He then made up two false Facebook accounts in the names of suspect 1 and 2 to contact the victim. The suspect added that he did this repeatedly.

He also admitted that he was on Facebook Messenger trying to contact the victim when he received a message from Detective Monteith. He stated that once he learned the police might be involved he erased his phone and accounts. Based on the above information, Detective Bagley filed criminal charges of surveillance of sexual intimate parts and criminal harassment against the 24-year-old East Bridgewater resident. Nice Work!

(Although this case is a few weeks old, BCI requested confidentiality until all pertinent info could be gathered.)

Cont'd On Page 34

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
July 28 – Aug. 4
Calls: 1,181
Arrests: 28
Stolen Vehicles: 2

FRIDAY, JULY 28

***ASSAULT AND BATTERY*, 12:55 p.m., Arlington St.** Caller states she can hear them yelling 'I'm going to call you with a knife.' Caller unable to see anything. XRay 5 clear with patient refusal. ABDW with knife, suspect identified.

VANDALISM/PROPERTY, 5:26 a.m., Zen Spa, 496 Hancock St. Passerby reporting the front glass of business appears to be smashed with brick.

VANDALISM/PROPERTY, 5:53 a.m., Billings Rd. Brick thrown through business window. Camera at business. Two similar past incidents.

LARCENY, 11:40 a.m., Aura Salon, 1155 Hancock St. Ceramic poodle.

BREAKING AND ENTERING, 12:44 p.m., Sullivan Rd. Went to check unit and evicted tenant ran out the back.

LARCENY, 2:53 p.m., Post Island Rd. Items from yard.

VANDALISM/PROPERTY, 5:51 p.m., Granite St. & Kidder St. Caller's 2013 Nissan Altima had two tires slashed and it was keyed on both sides.

LARCENY, 6:36 p.m., 100 W. Squantum St. Caller reports she left a male stay with her for a few days and had given him a key. Male made copy of key and came back later and stole items out of apartment. No crime. Party seems to be suffering from mental health conditions. Family advised.

LARCENY, 7:02 p.m., Woodbine St. Radio stolen from porch.

ARMED ROBBERY, 9:35 p.m., 85 Quincy Ave. White male, 5'11" with thin build, in gray hooded sweatshirt, khaki shorts, white towel over face, showed knife and got unknown amount of cash. Blue t-shirt under hoodie. Fled toward water street.

SATURDAY, JULY 29

LARCENY, 12:44 a.m., 195 Burgin Pkwy. Party reporting being robbed.

LARCENY, 10:13 a.m., CVS, 42 Beale St. Cellphone.

BREAKING AND ENTERING, 12:09 p.m., Liberty St. Past dispute with roommate.

LARCENY, 1:47 p.m., Morgan Memorial Goodwill, 625 Southern Arty. Pocketbook.

LARCENY, 2:39 p.m., Granite City Self Storage, 95 Old Colony Ave. Cellphone. Possible video from employee.

SUNDAY, JULY 30

VANDALISM/PROPERTY, 11:48 a.m., Beach Street. Car keyed on hood.

VANDALISM/PROPERTY, 12:27 p.m., Lansdowne St. Mirror broken on passenger side.

MOTOR VEHICLE LARCENY, 9:33 p.m., Alba, 1486 Hancock St. Red Corolla stolen from Alba valet.

MONDAY, JULY 31

ASSAULT AND BATTERY, 1:19 a.m., Manet Lunch, 1099 Sea St. Claims to have been assaulted by a group of people. No weapons shown. Travelling towards Babcock and Manet and a gray/silver Kia Sportage with two heavyset females. MV located at Manet and Sea.

LARCENY, 7:09 a.m., 57 Washington St. Passerby flagged down by a victim of a larceny. Victim said male stole her phone, jumped in car and drove off. No description of suspect or car.

VANDALISM/PROPERTY, 7:50 a.m., Babcock St. Caller states her plants in her garden were damaged and ripped up by the roots. States she knows the suspect; they argued last night.

ATTEMPTED BREAKING AND ENTERING, 11:15 a.m., Liberty St. Caller states she just noticed evidence of a possible attempted break into her home. One window appears to have the outside pane broken. The screens have also been lifted up on two other windows around the exterior of the home and fingerprints are evident on the glass. Unknown when it might have occurred.

ASSAULT AND BATTERY, 6:07 p.m., Acapulco's, 1388 Hancock St. Summons for simple A&B.

ATTEMPTED BREAKING AND ENTERING, 6:24 p.m., 309 Washington St. Someone tried to break the lock on her garage door and someone also pushed in her A/C unit.

VANDALISM/PROPERTY, 9:56 p.m., Fire Dept. Engine 6, 1082 Sea St. Lt. from firehouse wanted area officers to be advised youths in area turned over a port a john.

TUESDAY, AUG. 1

LARCENY, 12:00 a.m., Gay St. Caller believes his former roommate may have taken a component of his virtual reality device. The component costs over $600. Officer wrote a report on incident that occurred there earlier today.

VANDALISM/PROPERTY, 7:56 a.m., Northeast Electric, 219 Washington St. Graffiti on building.

BREAKING AND ENTERING, 11:01 a.m., CVS, 42 Beale St. Planet Aid collection box.

ATTEMPTED BREAKING AND ENTERING, 2:51 p.m., 605 South St. Door possibly kicked in at address.

WEDNESDAY, AUG. 2

BREAKING AND ENTERING, 1:56 a.m., Falls Blvd. Back window broken. No suspects on scene. Nothing taken from apartment. Unable to locate any prints.

VANDALISM/PROPERTY, 8:09 a.m., Oakland Ave. Both doors on driver's side keyed.

VANDALISM/PROPERTY, 9:49 a.m., Oakland Ave. Car keyed. Word 'dead' on side.

LARCENY, 10:27 a.m., Advanced Auto Parts, 671 Southern Arty. Just came in and took personal cellphone. Caller has suspect info.

LARCENY, 11:25 a.m., 152 Putnam St. Check. Complaint for larceny over, forgery and uttering.

LARCENY, 3:03 p.m., 10 Faxon Ave. Package. No crime committed. Advised.

ARMED ROBBERY, 8:22 p.m., Willet St. Caller thinks female was attacked by a male. Female does not speak English, is hysterical. Male had black checkered checked. No other description. Male fled on foot unknown direction. Female was followed from Wollaston. Black male, middle age, maybe 30s, casual clothing. Used knife. Stole her belongings. Good track from Oxenbridge down Ferndale. Lost into Hancock.

THURSDAY, AUG. 3

LARCENY, 9:37 a.m., Faith Lutheran Church, 201 Granite St. Homeless female was asleep in garden of church property. Male and female homeless took phone.

BREAKING AND ENTERING IN PROGRESS, 9:49 a.m., Morgan Road. White male in his 30s, scruffy facial hair, black hoody and black jeans. Fled unknown direction. Caller states party was going into drawers without gloves on. Might have watches and jewelry.

LARCENY, 3:20 p.m., 708 Washington St. Dark blue backpack with medication inside.

VANDALISM/PROPERTY, 7:49 p.m., Sunrise Rd. Caller states his neighbor took taxi home and taxi ran over and popped garden house. Officer spoke to taxi who will try to work it out with caller.

MOTOR VEHICLE LARCENY, 8:38 p.m., Edgewater Place Condos, 133 Commander Shea Blvd. Motorcycle stolen around 6:45 p.m. tonight from parking lot. Did not have license plate on it.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Commander Shea Boulevard, 1486 Hancock St.

❑

CAR BREAKS: Quadrant Circle.

❑

BREAKS AND ATTEMPTED BREAKS: Morgan Road, Falls Boulevard, 42 Beale St., Liberty Street, Sullivan Road.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the Drug Hot-Line at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremont at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Religion

Quincy Point Congregational

Sunday worship on Aug. 13th at 10 a.m, in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St. Peter Johnston's sermon is, "That Sinking Feeling."

The church is handicap accessible, complete with an elevator via the Abbey Road side of the building. After worship, there will be light refreshments in the downstairs social hall. While there take a moment to sign the "Birthday and Thinking of You" cards.

A "One Room" Summer Sunday school is available during the summer months. If you wish your child to attend, bring them to the children's room on the basement level adjacent to the kitchen before worship. The summer curriculum is the One Room Sunday school series by Deep Blue, see: www.deepbluekids.com for more details.

Union Congregational

The public is welcome to attend Sunday morning worship and Christian fellowship at Union Congregation Church, 136 Rawson Rd. in Wollaston. Service starts at 10 a.m.

This Sunday's guest speaker is Christopher Stirling who will be sharing the word of the Lord, with special music by Art and Peggy Ferris.

A coffee hour will follow the service in fellowship hall.

Spaghetti Supper At Union Church

Union Congregational Church's monthly Spaghetti Supper will be held Saturday, Aug. 12th at 6 p.m.

The meal includes spaghetti, salad, bread, dessert and drink for a minimum donation of $5. All are invited.

The church address is 136 Rawson Rd., (the corner of Beach St. & Rawson Rd.) in Wollaston. The meal will be enjoyed in the church's Fellowship Hall.

Union Congregational Church hosts the spaghetti suppers the second Saturday of every month as an outreach to the community and a fundraiser for the church.

For more information, contact the church office at 617-479-6661.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "In the Hour of Trouble." Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Open House Aug. 20 Temple B'nai Shalom

The public is invited to an Open House Sunday, Aug. 20 from 10 a.m. to noon at Temple B'nai Shalom of Braintree, 41 Storrs Ave., Braintree.

Enjoy coffee and a bagel and meet congregants, learn more about religious school and weekly services.

For further information call 617-921-0368.

Houghs Neck Congregational

The Sunday morning worship service starts at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

Pastor Kathleen Reed, guest speaker, will lead the service and preach a sermon entitled "Grace from the Rag Bag."

Liturgist Laurel Wainwright will call to worship and read the scripture lesson. Steve Reed, Minister of Music will direct the choir singing "Amazing Grace" in honor of Paula Younie. Michelle Paul, flautist, will play the prelude and offertory.

Shirley Pearson and Jeff Craig will serve for the Diaconate.

Following the service a celebration to honor Paula Younie on her 100th birthday will be held in M. Alicia Corea Fellowship Hall. A light luncheon will be served and presentations made. Paula has requested that gifts in her honor may be donated to the "Save the Belfry Fund." Checks can be made payable to HNCC.

Vacation Bible School, led by Sunday School Supt. Jaime Gordon, will be Monday through Friday, Aug. 14-18 from 8:30 to 11:30 a.m.

Beach Church Aug. 13 & 20 On Wollaston Beach

Beach Church, a brief Christian Worship Service, will be held Aug. 13 and Aug. 20 at 8 a.m. on Wollaston Beach between the Squantum and Wollaston Yacht Clubs.

The public is invited to attend. This is a wonderful way to begin a summer Sunday and the service will include singing, Bible readings and a brief message.

For further information see the website of Christ Evangelical Church at www.christevangelicalchurch-mobmin.org.

For more news visit: thequincysun.com

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m. Guest Speaker Pastor Kathleen Reed will preach the sermon "Grace From the Rag Bag"
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "In the Hour of Trouble"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

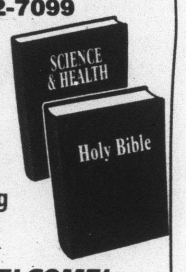
Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Robert E. Gumpright, Sr., 94

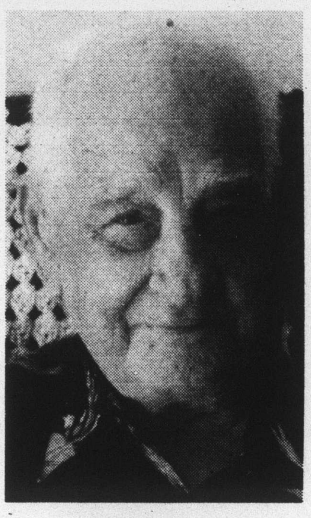
Robert Ernest Gumpright, Sr., 94, passed away in his home Aug. 3.

A decorated veteran of World War II, Korea and Vietnam, he was the beloved husband of more than 67 years to Ruth Barbara (Kantola) Gumpright.

Born in 1923, he was raised in the Houghs Neck section of Quincy and was inducted into the Quincy High School Athletes Hall of Fame in 2002 for his contributions in both baseball and football.

A decorated U.S. Navy Chief Petty Officer, he retired in 1963 after more than 20 years of service. "Gumpy," as he was known, received the Air Medal, Navy Good Conduct Medal (5), Asiatic Pacific Campaign Medal (5 Stars), and United Nations Service Medal (Korea) among other decorations.

He returned to the South Shore of Boston following his retirement in 1962. He worked a short time at Boston Gear Works and ultimately fully retired as a letter carrier in the Wollaston Post Office in 1986.



ROBERT E. GUMPRIGHT, SR.

In addition to his beloved wife Ruth, he is survived by his four loving children, Robert Jr., Gary, Gayle (Baker), and Greg; and by his sisters Barbara of Quincy, and Lorraine of Ventura, CA, and five grandchildren, Rob, Karl, Ashley, Daniel and Abigail.

Interment with full military honors will take place Friday, Aug. 18 at 11 a.m. at the Massachusetts National Cemetery at Bourne.

Assisting the family is Hamel Funeral Care & Cremation Service of Massachusetts, Quincy Center – hamelfuneralcare.com.

Agnes V. Milisi

A funeral service for Agnes V. (Baker) Milisi, lovingly known as Jo and Joey to her family and many friends, was held Aug. 4 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Milisi died Aug. 1 surrounded by her family.

She was the beloved wife of the late Thomas A. Milisi. Daughter of the late Charles and Winifred (Skinner) Baker from Torquay, Devon, England. Sister of the late Winifred, Eileen, Phyllis, Margaret, Joyce, Charles and John. Sister-in-law to Sylvia Baker, Theresa Andrewski, Katherine Finnegan, Josephine and Tom Costello, Bill Robinson and the late Mary Robinson. Loving mother of Jennifer Kerrigan, Rosemarie Rosemond and her husband Donald, Lynda Yalmokas, Thomas J. Milisi, Cheryl Milisi and her husband Tim Donovan, Joseph Milisi and wife Pamela and Robert Milisi and his wife Amy. Mother-in-law to Michele Milisi and



AGNES V. MILISI

the late James Kerrigan and Edward Yalmokas. She is the cherished Nana to many loving grandchildren and great grandchildren.

Mrs. Milisi came to America at the age of 16, coming from a lovely seaside town in England, leaving all her family to settle in South Boston with her husband Thomas and her new family.

Interment at Village Cemetery, Weymouth.

Memorial donations may be made to Fr. Bills Place, 38 Broad Street, Quincy, MA 02169 or to Good Shepherd Community Care Hospice, 90 Wells Avenue, Newton, MA 02459.

John Tobin, 85

A funeral Mass for John Tobin, age 85, formerly of Braintree, will be celebrated today (Thursday) at 10:30 a.m. in Saint Francis of Assisi Church, 856 Washington St., Braintree.

Mr. Tobin died peacefully Aug. 5 at CareOne in Weymouth.

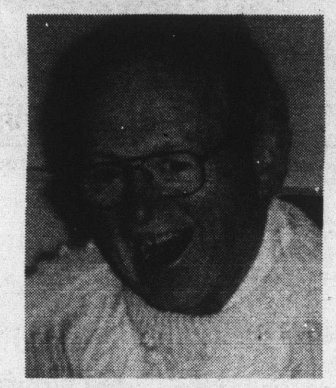
He was born, raised, and educated in Clonakilty, County Cork, Ireland. He met and married his wife, Rose, in Birmingham, England. They were married for 55 years. In the early 1970s, they moved their young family to the United States and lived in Braintree.

Mr. Tobin worked as a mechanic at the former Pneumatic Scale Corporation in Quincy for almost 30 years.

Beloved husband of the late Rose (Conlon) Tobin.

Devoted father of Rosemarie Murdocca and her husband Mark of Milford, James Finbarr Tobin and his wife Heidi of Newton, Caroline A. Karson and her husband Randall of Raynham, and Sean Patrick Tobin and his wife Deirdre of Sudbury.

Loving grandfather of



JOHN TOBIN

Caitlin and Justine Murdocca, Sheila and Gillian Tobin, Kieran Karson and Ryan, Fiona and Catrina Tobin.

He was one of eight children and is survived by his brothers, Stephen Tobin and Thomas Tobin, both of Ireland.

Mr. Tobin is also survived by many nieces and nephews.

Visiting hours were Wednesday from 4 to 8 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment in Braintree Cemetery.

Memorial donations may be made to the Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA 02452.

Elsie A. Carlson, 95

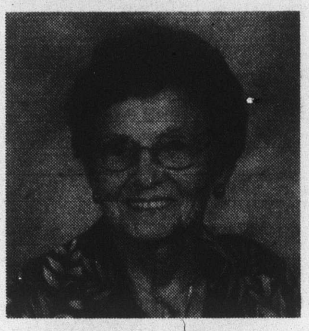
Funeral services for Elsie A. (Johnson) Carlson, age 95, of Hingham and formerly of Quincy were held Wednesday in Faith Lutheran Church, Quincy.

Mrs. Carlson died peacefully Aug. 2 at the Harbor House Rehabilitation and Nursing Center.

She was born in Aland, Finland, to the late Carl E.A. and Gertrude (Winter) Johnson. She was raised and educated there and immigrated to the United Sates as a young woman. Mrs. Carlson had lived in Hingham for several years and in Quincy for most of her life. She also enjoyed her residences in Florida and New Hampshire.

She was a well-known, self-employed hairdresser for many years. Mrs. Carlson had a talent for knitting, sewing, gardening, painting, baking and she also enjoyed traveling. She was a longtime active member of the Faith Lutheran Church in Quincy where she served in many capacities. She assisted with the altar guild, working in the kitchen and was a member of the various church women's groups. She especially took pride in making prayer shawls.

Mrs. Carlson was devoted to her family and especially to her grandchildren



AGNES V. MILISI

and great grandchildren.

Beloved wife for fifty-nine years of the late Clarence H. Carlson. Devoted mother of Carol E. Smith and her husband David of Winchendon, Bruce H. Carlson and his wife Cheryl of Quincy, Linda M. Burns and her husband Jeff of Scituate. Loving grandmother of Jennifer Smith, Stephanie Smith Roszko, James Smith, Kerri Hawkes and Kaitlin Burns. Cherished great-grandmother of seven great-grandchildren.

Pastor Heidi Johnston officiated the services.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Faith Lutheran Church Memorial Fund, 201 Granite St., Quincy, MA 02169.

Virginia Palma, 91

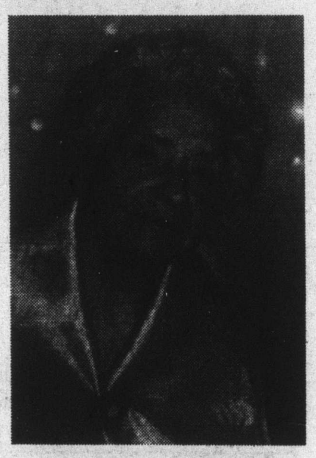
A funeral service for Virginia (Littlewood) Palma, 91, of Quincy was held Aug. 4 in the Peck Funeral Home, Weymouth.

Mrs. Palma died at the John Adams Healthcare Center in Quincy on July 28.

Born in 1925, she was the daughter of William and Cora Jane (Roderick) Littlewood. She was born in Quincy, educated in Quincy schools, graduating from Quincy High School. She moved to Weymouth 20 years ago.

Mrs. Palma was predeceased by her loving husband Joseph and her son John F. Palma. Sister of the late Louise Fuqua, Doris Violette, and William Littlewood. Mrs. Palma was the loving mother of Sheila M. Palma of Weymouth. Mother-in-law of Linda Palma of Mansfield. She was the proud grandmother of Daniel Palma and his wife Melanie of Framingham, and Laura Eggert and her husband Paul of Bridgewater, N.J. She was the loving great-grams to Darren, Paige, Sydney, Juliana, and Ella.

She worked for Commercial Union Insurance Company in North Quincy



VIRGINIA PALMA

before retiring in the 1990s. Mrs. Palma loved her family dearly, especially her grandchildren and great-grandchildren. She was always doing and caring for others. In her memory the family would like you to perform a random act of kindness.

Her family would like to thank the staff at the John Adams Healthcare Center and Compassionate Care for the loving care that they showed Mrs. Palma

The Rev. Father Thomas P. Mulvey, Jr., rector of the Emmanuel Church in Braintree, conducted the service.

Memorial donations may be made to the John Adams Healthcare Center, Activities Department, Attention: Charlene Murphy, 211 Franklin St., Quincy, MA 02169.



A Better Value For Quincy Families

At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is **$5,995* with no hidden costs.** The price includes:

Funeral Ceremony • Visitation • Casket

At Deware Funeral Home, we put the needs of our customer first. We also offer a Simple Burial Plan for $3,395.

With Deware Funeral Home, you can trust us to provide the compassionate care you expect at an exceptional value, backed by a 100% service guarantee.

Exclusive provider of Dignity Memorial® benefits.

Deware Funeral Home

576 Hancock Street | Quincy, MA 02170 | 617-472-1137

Dignity

For more information visit:
www.dewarefuneralhome.com

*$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationery package (register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of AFFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

For more obituaries visit: thequincysun.com



Honor Your Loved One's Memory With Flowers

cliffords.com
1.800.441.8884

Blood Drive At Sons Of Italy Aug. 28

The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy Social Center, 120 Quarry St.

Appointments can be scheduled by calling 1-800-RED CROSS (1-800-733-2767).

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT
NORFOLK DIVISION
DOCKET NO.
NO13P2424GD
GENERAL PETITION

To Angelina Bertoni Holmes of Quincy in the county of Norfolk, and to all persons interested in the estate of Angelina Bertoni Holmes, a person under Guardianship of Minor

A petition has been presented to said Court by Sharon M. Carey Bertoni for authorization to Mother to remove all social media regarding the minor child for reasons stated fully stated in said petition for reasons more fully set out in said petition.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the **14th day of September 2017,** the return day of this citation.

Witness, John D. Casey, Esquire, First Judge of said Court, this 1st day of August 2017.

PATRICK W. McDERMOTT
Register

8/10/17

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0125CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Soultana Kalpakidou
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Soultana Kalpakidou requesting that:

Soultana Kalpakidou be allowed to change his/her/their name as follows:

Soultana Kalpakidis

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **08/23/2017**.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: July 7, 2017

PATRICK W. McDERMOTT
Register of Probate

8/10/17

Antoinette C. Pettinelli, 86

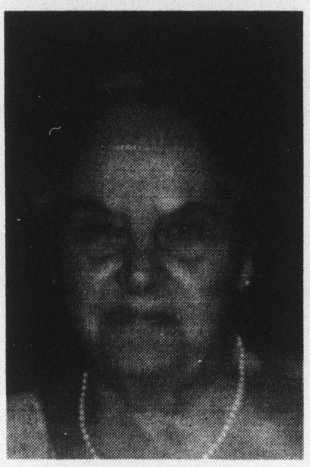
A funeral Mass for Antoinette Cecelia (Razzano) Pettinelli, age 86, of Quincy, was celebrated Wednesday at 11:30 a.m. in Saint John the Baptist Church, 44 School St., Quincy.

Mrs. Pettinelli died peacefully Aug. 5 after a long journey and spirited life.

She was born in Boston on Dec. 9, 1930 and was predeceased by her parents, Vincent and Carmelia (Orlando) Razzano, and her brother, James V. Razzano.

Mrs. Pettinelli, also known as "Toni" to her family and friends, is survived by her beloved husband of 66 years, Guido A. "Budsie" Pettinelli, Sgt., Q.P.D., Ret. of Quincy; her sons, Robert and his wife Donna of South Weymouth, Roy and his wife Jane of Quincy, James and his husband Thomas of Hamden, CT; her grandchildren and great grandchildren, John, Angela, Stephen, Jessica, Andrea, Corinne, Tanya, Colin, Maya, Liam, and Charlotte; and many nieces and nephews.

Before she married Guido, Toni worked for many years at the Sears, Roebuck and Company Mail Order Store in Boston's Back Bay/Fens (now the Landmark Center). After her children were all school age, she became a sales associate at



ANTOINETTE C. PETTINELLI

the former Lerner Shops in Quincy Square. Sales and calculating numbers quickly came naturally. Toni became amazingly skilled in the art of extreme couponing, and discovering the best bargain pricing for a trip or purchase. After a shopping trip, the news was never about what she purchased, but how much she saved.

Toni and her husband, Guido, enjoyed traveling after retirement and loved exotic beach destinations most of all, Aruba being by far their favorite. Toni and Guido were both accomplished cooks and loved food, they treasured sharing a good meal with their family and friends. Toni also loved a good musical, shows at the South Shore Music Circus, or on the Las Vegas strip. When in Las Vegas, she loved the adventure of trying to find the very rare and elusive nickel slot machine. Because she shared a home with numerous sports fanatics, she became a fan by default and truly loved going to one of her son's games and watching Boston sports on television.

Toni and her husband, Guido, were longtime, active members of Saint John the Baptist Church in Quincy.

Later in life, serious health issues may have changed the course of her life – but Toni maintained a fierce spirit, and that smile and her signature laugh were never too far away.

Interment in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-81

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Donald C. Smith for a Special Permit/Flood Plain/Finding to change the use of the garage to a single family home in the flood plain overlay district in violation of Title 17 as amended Chapter 3.4.2 (nonconforming uses), Chapter 3.4.3 (nonconforming structures) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 31 BABCOCK STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

REQUEST FOR PROPOSALS **REQUEST FOR PROPOSALS**

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

TRAFFIC & PARKING PARKING VIOLATION PROCESSING SERVICES AUGUST 24, 2017 @ 11:00 A.M.

The City of Quincy, Massachusetts ("the City") in accordance with M.G.L. Chapter 30B requests proposals from qualified persons or firms to enter into a contract to perform parking violation processing services for the City of Quincy. The City issues on average 20,000 parking citations annually and expects to maintain this volume in the coming years.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Technical Bid/Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - TECHNICAL PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The City reserves the right to reject any or all RFPs or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

8/10/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-82

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Felicia Tierney for a Variance to construct a deck to the front of the home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 119 MANET AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. Z17-83

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, August 22, 2017** at **7:15 pm** in the **First Floor Meeting Room, Quincy City Hall,** 1305 Hancock Street, Quincy, MA 02169. On the application of Zhe Bin Zheng for a Finding to construct a sunroom over the existing first floor foyer in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 47 NEWBURY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

8/3/17, 8/10/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P1226EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Louis J. Volpe
Also Known As:
Luigi Volpe
Date of Death:
January 10, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Louis J. Volpe Jr.** of **Canton, MA.**

a Will has been admitted to informal probate.

Louis J. Volpe Jr. of **Canton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/10/17

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P1880EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Barbara J. McCormack
Date of Death:
May 31, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Patricia M. McCormack** of **Braintree, MA.**

Patricia M. McCormack of **Braintree, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/10/17

18-Year-Old Killed In Palmer Street Crash

Cont'd From Page 1

timates as to how fast the Ford utility truck was driving," said Quincy Police Sgt. Karyn Barkus.

Allan Dunne, 18, of Quincy, was pronounced dead at the scene.

A second occupant – a 17-year-old male – sustained life-threatening injuries and was transported to Boston Medical Center. The third occupant – a 22-year-old male identified as Christopher Mulch of Quincy – was transported to Steward Satellite Emergency Facility in Quincy with non-life threatening injuries.

The name of the 17-year-old hurt in the crash has not been released because he is a minor. Police said he suffered head trauma and was conscious when first responders arrived at the crash scene.

According to police, the Ford utility vehicle was traveling east on Palmer Street in the city's Germantown section when it crossed over the yellow center double-lines at about 12:35 a.m. The vehicle clipped a utility pole on Palmer Street, went off the road, hit a chain link fence, struck another utility pole snapping it in half then hit two parked cars before flipping over.

Police have not said which of three occupants were driving the truck.

A fundraising page has been set up on the website gofundme.com to help pay for Dunne's funeral expenses. Jesse Belcher, identified as Dunne's cousin on the web page, said Dunne "was the most kind and loyal man I've known and would do anything for the people he loved."

Dunne's mother is disabled and has two other sons, ages, 7 and 10, Belcher said.

The crash closed Palmer Street – the narrow main thoroughfare into Germantown – to vehicular traffic for several hours after the crash. One lane of the street reopened around 7 a.m. Monday.

Church Of The Presidents Visitation Up

By SCOTT JACKSON

Quincy Center's historic United First Parish Church saw visitation increase by nearly 25 percent during the first half this year's tourist season compared to the same time frame last year.

The church, which is known to many as the Church of the Presidents, is the final resting place of U.S. Presidents John and John Quincy Adams and their wives, First Ladies Abigail and Louisa Catherine.

Bob Damon, who is the director of the church's visitors program, said the church welcomed 5,485 visitors from the start of the season in April through the end of July. That is an increase of 1,040 (23.5 percent) from the same time period in 2016, when 4,445 visitors toured the church.

Damon credited two factors for the increase: the closure of the portion of Hancock Street that once separated the church from City Hall in late June 2016 as part of the Hancock-Adams Green project, and the addition of new sandwich boards in Quincy Center with information on the church and Adams crypt.

"It's probably a combination of both," Damon said.

The closure of Hancock Street, he explained, has made it easier for people to find their way to the church. Previously, visitors from the City Hall side of the street would have to risk running across several lanes of traffic on Hancock Street or use two sets of crosswalks to the get to the church, one on Hancock and the other on either Temple or Washington Streets. Additionally, Damon said more local residents are stopping by the church, though not taking tours.

"Now that the green is open and hundreds if not thousands are walking through each day, we have seen a lot more local folks stop by," he stated. "It's been really positive and a great change being able to talk to local folks."

Damon said the sandwich boards, which debuted last July, have been a game changer.

"They've been a real game changer with regards to helping raise awareness of where the church is and that it exists," he said.

The church welcomed a total of 8,053 visitors during its entire 2016 season, which began in April and continued into November. That was an increase of 474 people (6.25 percent) compared to the 2015 season, when the church welcomed 7,579 visitors.

Through the end of July, Damon said the church has had visitors from all 50 states and 32 countries from around the world. The church, during last year's visitors season, welcomed tourists from all 50 states and 40 foreign nations.

Quincy Students Win BC High Awards

Twelve Boston College High School recent graduates from Quincy won special awards at a Senior Assembly.

The award recipients are:

Robert Bender, Ryan Carrigan, Evo Fearnley, Andrew Golden, Anthony Gonzales, Aidan Largey, Cormac McAdams, Henry McBride, Sean McDermott, Kevin Pedro, Andrew Prendeville and Jonathan Sheehan.

Bender won a Director's award for Chamber Orchestra. He plans on the University of Maine in the fall.

Carrigan won a Scholar Athlete Award for Football. He plans on Salve Regina University in the fall.

Fearnley, who graduated with Academic Honors and as a member of the National Honor Society, was named a National Merit Program Commended student and he won a Scholar Athlete Award for Swimming and Diving. He plans on the College of the Holy Cross in the fall.

Golden, who graduated with Academic Honors and as a member of the National Honor Society, won a Scholar Athlete Award for Cross-Country, Indoor Track and Lacrosse and a Senior Achievement Award for Multiple Sports. He plans on Purdue University in the fall.

Gonzales, who graduated with Academic Honors, won a Marci Kearney Senior English award. He plans on the College of the Holy Cross in the fall.

Largey, who graduated with Academic Honors and as a member of the National Honor Society, won the Celtic Culture Club award, a Hearts on Fire Award for 4 or more Jr./Sr. Retreats, a Kairos Leader award and a Scholar Athlete Award for Cross-Country. He plans on the College of the Holy Cross in the fall.

McAdams, who graduated with Academic Honors and as a member of the National Honor Society, won an Engineering Club award, a Kairos Leader award, a Marci Kearney Senior English award and a Scholar Athlete Award for Rugby. He plans on Tufts University in the fall.

McBride, who graduated with Academic Honors and as a member of the National Honor Society, won the Jeremiah Mack '89 Memorial award, a Concert/Chamber Choir award and a Scholar Athlete Award for Rugby. He plans on Indiana University at Bloomington in the fall.

McDermott, who graduated with Academic Honors and as a member of the National Honor Society, won a Scholar Athlete Award for Soccer and Rugby and a Senior Achievement Award for Multiple Sports. He plans on St. Joseph's University in the fall.

Pedro, who graduated with Academic Honors, won a Sports Debate Club award. He plans on Quinnipiac University in the fall.

Prendeville, who graduated with Academic Honors, won a Strength and Conditioning award and a Scholar Athlete Award for Football. He plans on Bentley University in the fall.

Sheehan, who graduated with Academic Honors and as a member of the National Honor Society, was named a National Merit Program Commended student, he won the Hyde Scholar award and a Scholar Athlete Award for Swimming & Diving. He plans on Michigan State University in the fall.

BID-Milton 5K Run-Walk Sept. 9

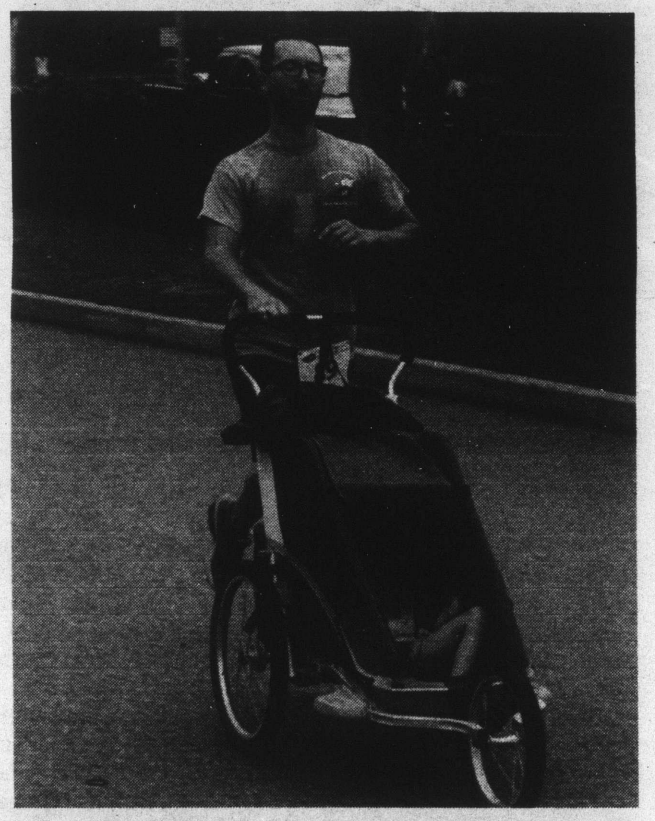
Beth Israel Deaconess Hospital –Milton (BID-Milton) will present the fourth annual Dan Breen Memorial 5k Red Shoe Run/Walk on Saturday, Sept. 9 at 10 a.m. at Cunningham Elementary School, 44 Edgehill Rd., Milton.

The 5k run/walk is in memory of Daniel J. Breen, a transport aide in BID-Milton's Emergency Department, who was killed in a car accident in October, 2013. Mr. Breen, a Scituate native, was also a 2013 graduate of St. Anselm College and a member of the South Shore Anchors Rugby Football Club.

Funds raised by the run/walk will go towards disaster preparedness projects and continuing professional staff education for BID-Milton's Emergency Department.

Runners/walkers may preregister online at www.redshoerun.racewire.com. The registration fee is $35. Registration by check or cash the day of the race begins at 9 a.m. at the school.

For more information email djbredshoerun@gmail.com.



JON ANDERSON, MD, medical director of the BID-Milton Emergency Department, heads towards the finish line at last year's Dan Breen Memorial 5k Red Shoe Run/Walk. Funds raised at the event go towards disaster preparedness and continuing professional staff education at the hospital's Emergency Department.

Quincy Fall ArtsFest Announces Call For Entries

The City of Quincy and the Quincy Art Association announce the 20th annual Quincy ArtsFest will be held Saturday, Sept. 16 and Sunday, Sept. 17 at Adams Field.

The call for entries is underway. Entry deadline is Monday, Aug. 28.

Categories are:

Oil and acrylic paintings, drawing and pastels, watercolor painting, mixed media – collage; printmaking, sculpture, clay, color photography, black and white photography, special effects photography, "Best of Quincy" – artwork and photography; fabulous fakes, separate young artists category (no entry for young artists).

Entry forms for all categories are available at selection locations and online at: https://www.quincyartma.org/events

Full entry details, fees and other information can be found on the entry forms.

ArtsFest hours will be 10 a.m. to 5 p.m. on Saturday, Sept. 16 and 10 a.m. to 4 p.m. on Sunday, Sept. 17.

For more information, contact the Quincy Park Department at 617-376-1251.

Free Wellness Program At Kennedy Center

The Quincy Health Department is offering a free wellness program at the Kennedy Center in September.

The program titled "My Life My Health - Health Self Management Program" is a six-week program developed by Stanford University Medical Center.

It is for those living with or caring for someone with chronic health conditions such as high blood pressure, arthritis, pre-diabetes, etc. Participants will learn how to set and meet personal goals, increase energy levels, handle stress and relax, and improve communications with health providers and others.

The program will take place at the Kennedy Senior Center; 440 East Squantum St., Quincy beginning Sept. 7th through Oct. 12th Thursday evenings from 5 to 7 p.m.

Register by calling the Kennedy Center at 617- 376-1506.

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0210CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Maureen A Valli
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Maureen A. Valli requesting that:

Maureen A. Valli be allowed to change his/her/their name as follows:

Mortimer Adrastos Vallianos

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON 09/06/2017.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: July 31, 2017

PATRICK W. McDERMOTT
Register of Probate

8/10/17

QCA Focuses On Match, Science For 2017-2018 School Year

The faculty and staff of Quincy Catholic Academy have been working hard this summer to prepare for the 2017-2018 school year by continuing to develop an environment where "Tradition Meets Innovation." The long-range academic goal guiding all efforts is the integration of essential 21st century skills, necessary for students to be successful in college and career, into every academic area while continuing to strengthen fundamental core skills and work habits in all subject areas. Math and Science are the areas of focus for the next school year.

In the area of Mathematics, teachers will be creating classroom communities in which students develop essential mathematical skills, develop a deeper understanding of the construction of mathematical knowledge and become enthusiastic problem solvers. Students from Preschool to Grade 8 will engage in discussion using their individual mathematic reasoning in "math-talk communities." They will explain, justify, and communicate their thinking in groups designed to meet each student at his/her instructional level within the classroom. The middle school "Paced Learning" structure will be expanded to include all middle school students in Grades 6 through 8. Students will be placed in math classes designed to meet all required mathematical standards but adjusted to work at an appropriate pace for each student with the necessary support.

Quincy Catholic Academy will also continue to embrace the new Next Generation Science Standards. Engineering is Elementary (EIE), designed by the Museum of Science, will be integrated into classrooms from Kindergarten to Grade 2. Grades 3 through 5 will be using Foss Science units and kits created to "engage all students with meaningful active learning experiences." The Science from Scientists program will enhance the middle school Science program. "Real" scientists will teach students every other week! With a vision "to inspire students, ignite interest, and improve STEM competency…," qualified scientists will bring hands-on, framework-based lessons to all students in Grades 6 through 8 to augment daily Science instruction.

Research indicates that today's students will require what have been labeled as 21st Century skills, including critical thinking, creative thinking, the capability to communicate, and the ability to collaborate, in order be successful. The academic program at Quincy Catholic Academy continues to adjust and expand to cultivate those skills in all students.

Established in 2010, Quincy Catholic Academy (QCA) located in Quincy, is a Roman Catholic School enrolling students in Pre-Kindergarten (starting at age 3) through Grade Eight.

McCusker New Police Captain

Cont'd From Page 18

a great day for McCusker's family.

"I know it's a great day for the family," he said. "Anyone that has made promotion in the Quincy Police Department knows how difficult it is and what a tough task it is to make promotion, and what a sacrifice it is for families and what they have to endure while the officers are studying to make promotion."

Keenan called McCusker well respected within the department and said he looked forward to having the new captain on his leadership team.

"Today we have a great guy who is making promotion," the chief said. "He is a quiet guy, a soft-spoken guy, but he brings a strong message. He is an advocate for his officers, the people who work for him. I know they're strong supporters of his, as witnessed by all the people that are in the audience today. He always backs his officers and I know they think an awful lot of him.

"He is very well respected within the department and I look forward to having him on our management team as part of the leadership of the Quincy Police Department in the years to come."

Keenan said McCusker would likely oversee many of the department's specialized units in his new role, adding that McCusker has done an excellent job leading the Special Operations Unit.

McCusker was promoted to a new captain's position created in the budget for fiscal year 2018, which started July 1; the department now has five captains. Keenan said a pair of additional promotions – a sergeant to McCusker's former lieutenant spot and then a patrol officer to sergeant – would take place in the coming weeks.

Candidate Shaughnessy Calls For More Directed, Intensive Police Patrols

Ward 6 city council candidate H.A. "Alie" Shaughnessy is calling for more directed and intensive police patrols in the aftermath of two recent acts of violence in the Squantum area of Quincy.

"The recent acts of violence at Squaw Rock in Squantum and Squantum Point Park commuter dock demonstrate the need for more intensive patrols by both the Quincy and State Police. The recent violence is more than 'kids being kids,' and requires the police to become more involved in the oversight and management of the parks," Shaughnessy said.

"Squaw Rock comes under the jurisdiction of the City of Quincy and Squantum/Marina Point Park is a state park, patrolled by the Massachusetts State Police. Both parks are a great resource for all to use," he continued. "People want to feel safe and know that the police, both city and state, will commit the necessary resources to prevent these recent problems from happening again.

"Both of the departments are well trained and have the resources that should allow them to patrol the area whether on foot, bicycle, motorcycle, or even marine patrols."

Shaughnessy is calling on a strong police presence at both locations to send the message to people that "they can feel safe in both parks."

"The present situation at the parks is not to be allowed, it cannot be tolerated, and must be addressed immediately to send the appropriate message that this kind of behavior has no place in our city." Shaughnessy is calling on Quincy Police Paul Keenan and the commander of the State Police at the Old Colony Barracks to commit resources to put a stop to these senseless acts of violence and demonstrate that the city and the state's priority is to keep the parks safe.

In addition, he said the state should put up 'No Trespassing' and 'No Swimming' signs on the pier at Squantum Point Park.

If elected Ward 6 city councillor, Shaughnessy said he will be committed to making public safety a top priority, not only in Ward 6, but also throughout the entire city.

Manet CHC To Mark National Health Center Week

Appreciation Events Aug. 13-19

Manet Community Health Center (Manet) will join health centers across the country in celebrating National Health Center Week (NHCW), Aug. 13-19, with events to thank existing patients and supporters, welcome new patients, engage community members, and raise awareness about the mission and accomplishments of America's health centers.

Manet will host appreciation events at each of its sites in Quincy and Taunton and a seaside community health fair at Nantasket Beach in Hull. These celebrations are free and open to the public.

And as a fun and healthy lead-up to Health Center Week, Manet is partnering with the Friends of Wollaston Beach to host the Wollaston Beach Wellness Walk on Saturday, Aug. 12. Proceeds from the Walk will benefit Manet and the Friends of Wollaston Beach. The complete schedule of events is as follows:

- **Saturday, Aug. 12**, Wollaston Beach Wellness Walk, Caddy Memorial Park, Quincy Shore Drive - Registration: 9-10 a.m. Walk begins at 10 a.m. Participants choose a 1, 2, 3 or 4-mile route along the beach and enjoy post-walk healthy snacks, health screenings and activities. $10 registration fee ($15 on the day of the event). Proceeds benefit Manet Community Health Center and the Friends of Wollaston Beach. To register online or for more information go to: http://bit.ly/WollastonBeachWalk
- **Monday, Aug. 14**, Open House and Fresh Truck Pop Up Market, Manet North Quincy, 110 W. Squantum St., 10 a.m. – noon. Stop in for free health screenings, information and activities and visit the Fresh Truck to pick up some fresh and delicious fruits and veggies.
- **Tuesday, Aug. 15**, Improvement Project announcement and Preview, Manet Houghs Neck, 1193 Sea St., 10 a.m. Celebrate Manet's latest facility upgrade in Houghs Neck, thanks to the City of Quincy Community Development Block Grant program.
- **Wednesday, Aug. 16**, Tai Chi on the Circle, Manet, Snug Harbor, 9 Bicknell St., 10 a.m. Learn this gentle form of exercise and stretching often call "meditation in motion." All ages and abilities are welcome to participate in this demonstration.
- **Thursday, Aug. 17**, Open House & Health Fair, Manet, Taunton, 1 Washington St., 10 a.m. to noon. Meet the staff and community partners and enjoy healthy snacks, health screenings, wellness resources, and more.
- **Friday, Aug. 18**, Safe 'n Sunny Seaside Health Fair, DCR Mary Jeanette Murray Bath House, 204 Nantasket Ave., Hull, 10 a.m.- 1 p.m. Celebrate Consumer Board Day. Take a break from the sun and surf and join us for a cold drink, healthy snacks, free health screenings and information.

Special thanks to Health Center Week Supporters Eaton Apothecary, South Shore Health System and BMC HealthNet Plan. For information about sponsorship opportunities, call 617-690-6323.

About Community Health Centers

Community Health Centers serve more than 25 million Americans, a number that continues to grow along with the demand for affordable primary care. They have compiled a significant record of success that includes:

- Producing $24 billion in annual health system savings;
- Reducing unnecessary hospitalizations and unnecessary visits to the emergency room;
- Treating patients for a fraction of the average cost of one emergency room visit;
- Maintaining patient satisfaction levels of nearly 100 percent;
- Serving more than one in six Medicaid beneficiaries for less than two percent of the national Medicaid budget.

Health centers not only prevent illness and foster wellness in the most challenging populations, they produce innovative solutions to the most pressing health care issues in their communities. They reach beyond the walls of conventional medicine to address the factors that may cause sickness, such as lack of nutrition, mental illness, homelessness and opioid addiction. Because of their long record of success in innovation, managing health care costs, and reducing chronic disease, health centers have a proud tradition of bipartisan support in Congress. Follow the health center week conversation using #NHCW17 on Twitter.

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8	Government Access Channel 9
Thursday, August 10 6:00pm: Bethany Congregational Church 8:00pm: Quinzee Memories, episode #4	Thursday, August 10 6:00pm Update DPW: Summer Season 6:30pm: FYI: QHD Non 24
Friday, August 11 11:30am: LIVE: Currently in Quincy 8:00pm: Quincy Recreation Musical Theatre	Friday, August 11 5:30pm: Quincy in Focus 6:30pm: FYI: QHD Personal Care Products 7:00pm: Flag Day Parade & Ceremony
Saturday, August 12 12:00pm: Quincy Recreation Dance Clinic 2:00pm: Faces of South Asia	Saturday/Sunday, August 12/13 11:00am: At Your Library: August Happenings 12:00pm: Quincy Recreation Musical Theater 3:00pm: At the Library: Boston Jazz Voices 4:00pm: Quincy Recreation Dance Clinic 7:00pm: Quincy Recreation Cheerleading
Sunday, August 13 11:30am: Terra Santa News 3:30pm: Sound Advice	
Monday, August 14 6:30pm: Quincy Recreation Dance Clinic 7:00pm: Quincy Recreation Musical Theater	Monday, August 14 6:00pm: Crime Watch: Health Fitness Centers 7:00pm: Veterans Corner Ep. 3
Tuesday, August 15 7:30pm: Quincy in Focus 8:00pm: AM Quincy: Robert Solomon, NFPA	Tuesday, August 15 6:00pm: Health Links: Child Safety 8:00pm: At the Library: Boston Jazz Voices
Wednesday, August 16 6:00pm: Terra Santa News 10:00pm: The Constitution: Then & Now	Wednesday, August 16 6:00pm: In the Know: Substance Use 7:00pm: Quincy Recreation Musical Theater

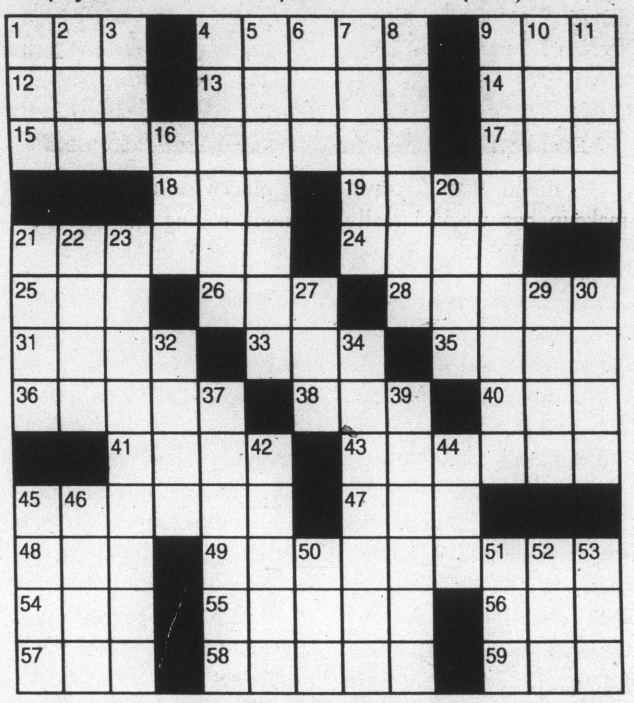
Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

SUN FUN PAGE

King Crossword

ACROSS
1 — out a living
4 Chops clumsily
9 Zodiac feline
12 "The Thin Man" actress
13 Foolish
14 Sixth sense, for short
15 Students' excursion
17 Chubby
18 Oklahoma city
19 Ranking
21 Laundry container
24 "I'll — and I'll puff ..."
25 A Gershwin brother
26 Just out
28 Corn
31 Outlet
33 Depressed
35 Oboe insert
36 Relaxed
38 Pouch
40 Trail behind
41 Bus rider's payment
43 Walk like a duck
45 Original
47 Modern-day evidence
48 Fib
49 Voles, e.g.
54 Every bit
55 Terrycloth item
56 Illuminated
57 Homer Simpson's neighbor
58 Cubic meter
59 Fond du —, Wis.

DOWN
1 Sprite
2 Japanese pond carp
3 CBS logo
4 Stashed
5 Scorpio's brightest star
6 Automobile
7 Doughy snack
8 Anatomical wall
9 Where the unexpected "comes out of"
10 Birthright barterer
11 Chooses, with "for"
16 Sitter's creation
20 Somewhere out there
21 Bee's home
22 Neighborhood
23 Actress Jayne
27 Existed
29 Ardor
30 Advantage
32 Squad
34 Time waster
37 Conscripts
39 Something wicked?
42 His work inspired "Cats"
44 Beaver's structure
45 Blueprint
46 Anger
50 Female sheep
51 Ailing
52 Spy org.
53 And so on (abbr.)



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Butterfly is moved. 2. Fence rail is missing. 3. Jar is smaller. 4. Net is different. 5. Arm is moved. 6. House is missing.

24 HOCUS FOCUS puzzles $3.50 • 24 Volumes • Order at: rbmamall.com

Trivia test

by Fifi Rodriguez

1. MOVIE: What 1980s movie had the tagline, "One man's struggle to take it easy"?
2. GEOGRAPHY: Which is the largest of the Great Lakes?
3. MUSIC: How many notes are in the military bugle call "Taps"?
4. U.S. PRESIDENTS: Who was the only American president born on July 4?
5. EXPLORERS: What European explorer discovered the Grand Canyon?
6. FLAGS: What kind of tree is featured on Lebanon's flag?
7. BUSINESS: What firm was originally known as the National Biscuit Company?
8. TELEVISION: Who starred as Kunta Kinte in the original miniseries "Roots"?
9. ANATOMY: What is the normal temperature of the human body in Celsius?
10. GENERAL KNOWLEDGE: At which school are Rhodes scholars invited to study?

Answers

1. "Ferris Bueller's Day Off"
2. Lake Superior
3. 24
4. Calvin Coolidge
5. Garcia Lopez de Cardenas
6. Cedar
7. Nabisco
8. LeVar Burton
9. 37 degrees
10. University of Oxford

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Salome's Stars

ARIES (March 21 to April 19) As eager as you are to take on that new challenge, it would be best to temper that spurt of "Ram"-bunctious energy until you have more facts to back up your decision.

TAURUS (April 20 to May 20) This is a good time for hardworking Bovines to take a break from their hectic on-the-job schedules to bask in the unconditional love and support of friends and family.

GEMINI (May 21 to June 20) Pay attention to what you hear in the workplace. You could pick up some hints about possible changes. Meanwhile, a new infusion of creative energy sets in by week's end.

CANCER (June 21 to July 22) Try to be more flexible in dealing with a suddenly difficult situation, whether it's on the job or in the home. Others might have some good points to offer. Listen to them.

LEO (July 23 to August 22) You might think you're not getting the royal treatment you deserve. But be careful not to become a royal pain by complaining about it. Be patient and allow things to work out.

VIRGO (August 23 to September 22) Watch that penchant for being super-judgmental at work. It might create a bad impression with someone whose decisions could determine the course of your career.

LIBRA (September 23 to October 22) You've been your usual busy-bee self, gathering nectar wherever you can find it. But now's a good time to kick back, relax and just enjoy smelling the roses.

SCORPIO (October 23 to November 21) That pesky personal situation seems to be improving. But change comes slowly, so be patient. Expect someone to bring more positive news by week's end.

SAGITTARIUS (November 22 to December 21) Whoa! Ease up on that hectic pace you've been putting yourself through. Take time to recharge your energy levels before going full gallop again.

CAPRICORN (December 22 to January 19) Try to be intrigued, not intimidated, by the issues you're suddenly facing, and you'll be ahead of the game. Don't be afraid to demand answers to your questions.

AQUARIUS (January 20 to February 18) New associates freezing you out of their inner circle? Never mind. Put a warm smile on that friendly face of yours, and you'll soon thaw them all down to size.

PISCES (February 19 to March 20) Your wise guidance helps colleagues agree to compromise and move forward. Meanwhile, there are still vital issues you need to deal with in your personal life.

BORN THIS WEEK: You enjoy being free with your emotions, but you also can exercise disciplined focus. You would make a fine artist.

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MAGIC MAZE ● — ENGLISH

B X U R O L J G D A X V S P N
K I C B B F C A X V S Q O N L
D J A H R E C A X V T R P A N
L R N J O H F E D B Y X V C T
R P A R K O Y L M K I G E I D
B N D D E Z X D W U Y D P R T
S B I R N D R D O Q O L N E L
J G A G O A O I I B A O R M G
F D N S D F T M C I A Y X A W
V T S I I I X S N E E U Q R E
P O N L K C P O K J I G F E C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Basic	Canadian	Modern	Plain
BBC	Early	Old	Queen's
Body	King's	Oxford	Standard
Broken	Middle	Pidgin	

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Wishing Well®

7	6	8	4	5	3	6	2	4	6	7	2	5	
R	A	R	P	P	L	B	P	R	U	I	L	E	
3	2	8	7	4	2	6	4	8	7	5	3	4	
O	E	E	F	A	A	N	I	L	T	R	V	S	
5	8	3	8	4	2	4	3	6	5	7	6	3	
S	A	E	T	E	S	O	O	D	O	R	A	F	
8	5	8	4	5	2	7	8	5	7	2	4	2	
I	N	V	T	A	A	E	E	L	P	N	H	T	
6	4	7	6	7	3	2	6	5	4	5	7	6	
N	E	A	T	I	S	D	W	G	R	R	R	E	
7	2	3	4	8	6	5	8	7	5	8	5	2	
E	R	T	S	S	A	O	V	D	W	I	T	E	
6	3	2	6	2	5	8	2	6	3	8	3	8	
L	U	A	T	M	H	S	S	H	D	I	Y	T	

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

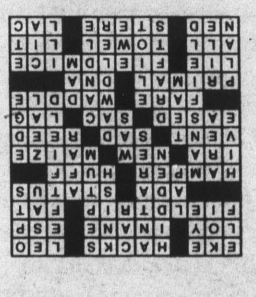
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **B** equals **Q**

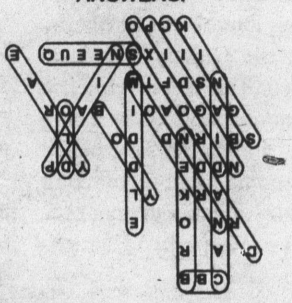
CL T MFORFD'E VKTI HFZ
VKYVDCVAOVM GVLR HFZ XCRN
ITAH BZVERCFAE, XTE CR T
BZCWWCOTG YNHECOTG?

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— King Crossword —
Answers
Solution time: 21 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:
If a doctor's exam you experienced left you with many questions, was it a quizzical physical?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- We told you that Daniel Craig, who said, "I'd rather slash my wrists than do another Bond film," was sure to sign for the next Bond movie, tentatively titled "Bond 25." What was really happening was that Craig was already contracted for the next Bond film, which producers conveniently didn't tell us because they were trying to get Craig to sign for an additional 007 film. They stood by while columnists rambled on about Idris Elba and Tom Hiddleston as the next Bond. That's why he'd been offered $150 million to return for an additional Bond film.

To sweeten the deal, Christopher Nolan, riding high on rave reviews for "Dunkirk," is all but set to direct, something producers knew would appeal to him as well. Quite a raise in pay grade for 007; Craig was paid "only" $39 million for his last Bond film, "Spectre."

***

Oscar-nominee and Emmy-winner Benedict Cumberbatch will do at least three more films as "Doctor Strange": "Thor: Ragnarok," due Nov. 3; "Avengers: Infinity War," due May 4; and the untitled "Avengers" sequel, due May 2019. Somewhere in between he'll star in another "Doctor Strange," now in development. When a film costs $165 million and grosses $670 million, you can bet a sequel is in the works.

In addition, he has "The Current War," with Michael Shannon, Nicholas Hoult and Tom Holland ("Spiderman"), due Dec. 22; the animated fantasy "Magik," with Matthew Goode; will be the voice of Shere Khan in the new live-action "Jungle Book" (out October 2018); and will voice the Grinch in a new animated version of "How the Grinch Stole Christmas," opening November 2018. Could it be that he and wife Sophie Hunter, who have two young sons, wanted animated films the boys can watch?

***

Mark Wahlberg, who hit it big with "Transformers: The Last Knight," will have "Daddy's Home 2," with Will Ferrell, John Cena, John Lithgow and Mel Gibson, opening Nov. 10. The original "Daddy's Home" cost $69 million and grossed $243 million. He's currently shooting the Ridley Scott crime drama "All the Money in the World," with Michele Williams and Oscar-winners Kevin Spacey and Timothy Hutton, for a Dec. 8 release.

Mark has been producing and starring in "Wahlburgers" since 2014 and exec produces the Dwayne Johnson HBO series "Ballers" (which returned July 23 for season three) and the USA series "Shooter" with Ryan Phillippe (which began season two on July 18). A Wahlburgers is opening down the street from me in West Hollywood. Guess I'll have to eat there a lot and hope I get discovered!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		12
×		+		÷	
	−		×		12
−		×		+	
	−		+		11
11		12		11	

1 2 3 3 4 6 7 8 9

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Collecting
by Larry Cox

Q: I have a bisque figure of "Foxy Grandpa," which has been in my family for more than a century. What can you tell me about this character? -- Betty, Santa Fe, New Mexico

A: "Foxy Grandpa" was created by cartoonist C.E. Schultze. It was introduced in the New York Herald in 1900 and was an instant hit. The strip moved to the New York American in 1902 and eventually to the New York Press, where it remained until 1918. The cartoons triggered many products, including games, postcards, song sheets and bisque figurines. It even inspired a Broadway musical. Your figurine probably was issued in 1905 and is valued in the $50 to $200 range, depending on condition.

***

Q: I have a biscuit jar that an appraiser identified as overshot glass. What is overshot glass? -- Mary, Illinois

A: Overshot glass was developed during the 19th century. Pieces generally appear to be frosted or iced, an effect made possible when a gather of molten glass is rolled over a marver covered with crushed glass. Early pieces that I've seen are clear, but examples in color also were made. A search on eBay found many overshot glass items, but no biscuit jars. For example, a number of overshot glass pitchers were listed in the $40 to $100 range, with a few much higher.

***

Q: My grandma collected thimbles throughout the 1940s and '50s. Her collection is unique, since all of her thimbles promoted various political candidates. Her thimbles include ones issued during the Harding, Coolidge, Hoover, Eisenhower and Nixon campaigns. Are they valuable? -- Jon, Ohio

A: After the 19th Amendment expanded women's suffrage throughout the country, thimbles emerged as campaign tools directed toward the new voting constituents. Most of the political thimbles I've seen in shops sell in the $10 to $25 range.

***

Q: I have some 33-rpm LPs of Dean Martin, Perry Como, Al Hirt and others from this era. Where can I sell them? -- Jeane, New Mexico

A: Most LPs -- such as the ones you mentioned -- sell for about a dollar each, sometimes less, sometimes more, depending on rarity and condition.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was 20th-century playwright Lorraine Hansberry who made the following sage observation: "The thing that makes you exceptional, if you are at all, is inevitably that which must also make you lonely."

* Yes, zebras run in herds. It is more interesting, though -- and just as correct -- to call such a group a dazzle of zebras or a zeal of zebras.

* One day in 1994, Duff McKagan, the original bass guitar player for hard rock band Guns N' Roses, was bored. With little else to do, he decided to take a look at the band's financials -- and realized he couldn't make sense of the info. Frustrated, McKagan enrolled in a basic finance course at a community college. One thing led to another, and he ended up at Seattle University's Albers School of Business. Now, the rock star is becoming a money manager, founding wealth-management firm Meridian Rock to help other musicians in the same boat.

* If you saw two ships run into each other, you'd likely call it a collision -- and you'd be correct if both boats were moving at the time. Technically speaking, though, if one of the boats is stationary, it's known as an allision.

* Those who study such things say that when a male beaver gets in a wrestling fight with a female beaver, the female usually wins.

* As it turns out, cuddling isn't just fun -- it's good for you, too! Research shows that snuggling up with a loved one stimulates the release of oxytocin, which (among other things) can help wounds heal faster.

***

Thought for the Day: "Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom." -- Theodore Rubin

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Now here's a tip!

by Jo Ann Derson

* "I found that a travel makeup bag worked really well to keep all my electronic accessories in one place. I have spots for my different device chargers, as well as my wireless mouse, jump drives, earbuds and a spare battery. It makes it easy to grab what I need for a quick trip, and the cords are never jumbled together." -- E.T. in Massachusetts

* "We had a nice set of knives in a knife block. The scissors broke, and then a couple of the smaller knives went kaput, too. The block started to look weird with the spots for missing items. My wife filled a wide mouth vase with little stone beads, and the remaining knives are stored in it on the counter. It looks really cool and different, and keeps the blades safe." -- A.L. in Arkansas

* "I store all my large utensils inside of a plastic gallon-size beverage container. When I have guests, I use it for extra iced tea or juice, but otherwise it holds large spoons, rolling pins and the like." -- M.Y. in Alabama

* Purchase additional measuring cups in the most-used sizes and slip one in the containers of most measured items: flour, sugar, coffee, etc. You'll thank yourself when you don't have to search for the right measuring cup or try to clean one in between ingredients.

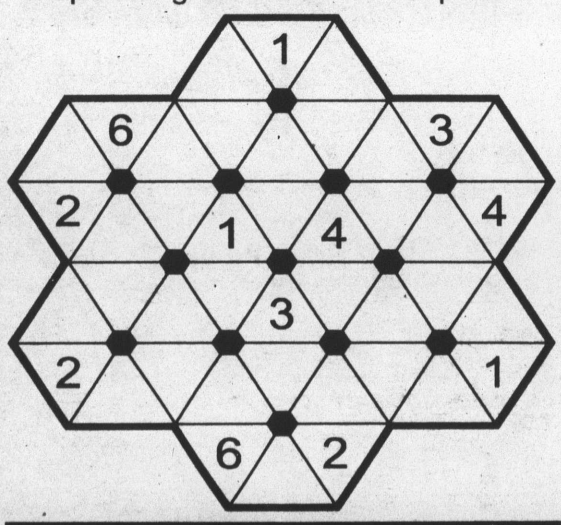
* Here's a tip for caregivers: Please make sure you put personal time on your to-do list, because it's just as important as following up on treatment plans and picking up prescriptions. You can help someone so much better when you are rested and ready to give. Take care of yourself so you can take care of others.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES
by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].
by Terry Stickels

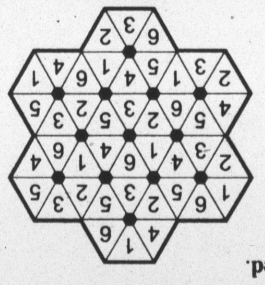
A word and its anagram are used to complete the sentences below. Here's an example:

The building was of RECENT construction, but the cement had been of poor quality and the CENTER was crumbling.

The captain wanted to make sure the entire building had been cleared and everything was _____ before his platoon could be safely _____.

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SNOWFLAKES
solution



Go Figure!
answers

	11		12		11
11	8	+	4	−	7
	+		×		−
12	3	×	2	−	6
	÷		+		×
12	9	+	1	÷	3

Stickelers Answer

The words are secured and rescued.

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PERSONAL

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In Memory of Scott Whitney
8/13/1966 - 2017
To see your smile to sit & talk with you awhile would be my greatest wish today
- Your Family
Miss you!!! 8/10

Thank You, Quincy Fire and Police Stay Safe! 8/10

HAPPY 65TH BIRTHDAY, CANDI! LOVE, MA AND FAMILY 8/10

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A Job Well Done

By QUINCY POLICE LT. DAN MINTON

Cont'd From Page 26

SHOUT OUT TO DISPATCHER MIKE BOWES: a citizen writes, "I want to recognize the 911 dispatcher on Saturday night at approximately 8 p.m. I was calling in for a serious emergency, a life and death situation and I was absolutely hysterical. I was in full panic mode and this dispatcher calmly walked me through one of the darkest moments in my entire life. I think you stated your name was Mike. If you happen to see this post, thank you so much for taking me off the ledge! You're an amazing person and you saved my life that night! Thank you so much! Proud to be a part of Quincy's community. I know I'm in good hands with true professionals when I need them the most!

Nice Work to Mike and all the Dispatchers for the superb work they do that often goes unnoticed.

❑

PROJECT LIFESAVER SAVE: On Tuesday, Aug. 1st, at approximately 10:30 p.m., the Quincy Police Department received a call from a resident stating that her 87-year-old father is on the Project Lifesaver program and was missing. She said her father, who has Dementia, left the house within the hour and she could not find him.

Dispatcher Carol Flynn, who runs the Project Lifesaver program, dispatched numerous officers to the area to begin a search and create a perimeter in hopes of finding the father. Officers trained in using the electronic tracking devices quickly responded to the area and picked up the "ping" signal in the area of Sea Street and Kilby Street. Searching Officers were directed to this specific area and moments later Officer Jamie Greene located the father, who was in good health.

Nice Work!

For more information on this program, contact Dispatcher Carol Flynn at 617 479-1212 (4-12 p.m.) or Lt. Dan Minton at 617 745 5719 (8-4 p.m.)

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- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
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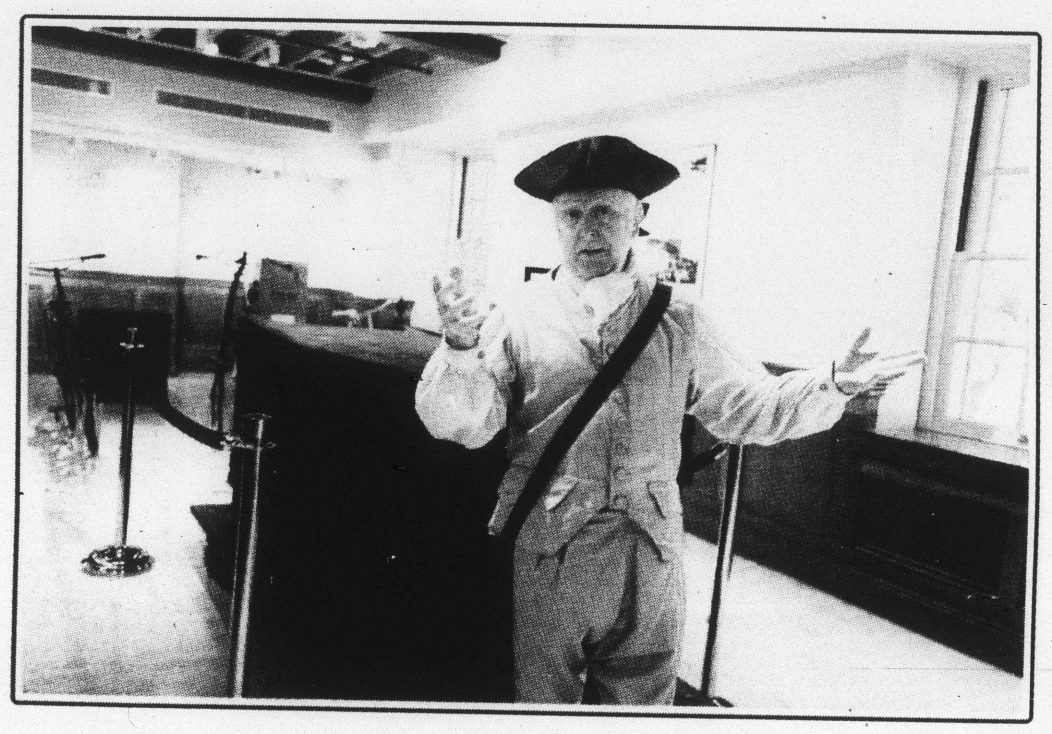
Heart Of Quincy Tour

Old City Hall - Hancock Cemetery - Church of the Presidents

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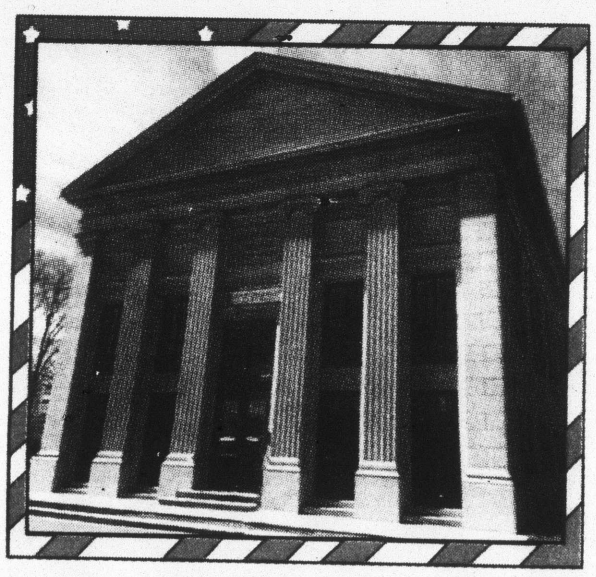
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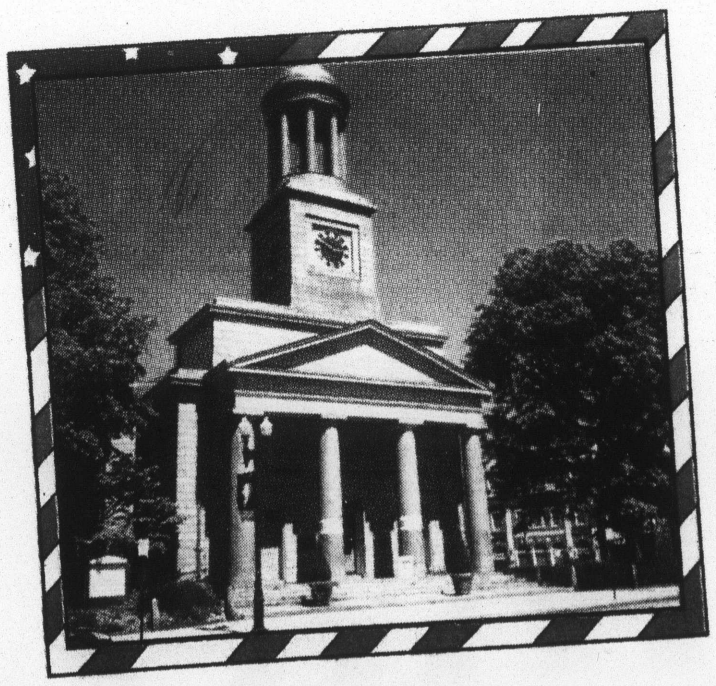


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The tour begins at Old City Hall



Experience The Heart of the City Tour FREE





The Church of the Presidents has its own visitation program in place and accepts donations

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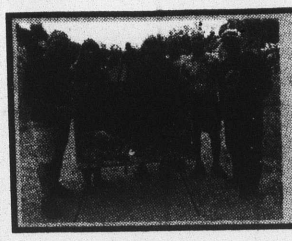
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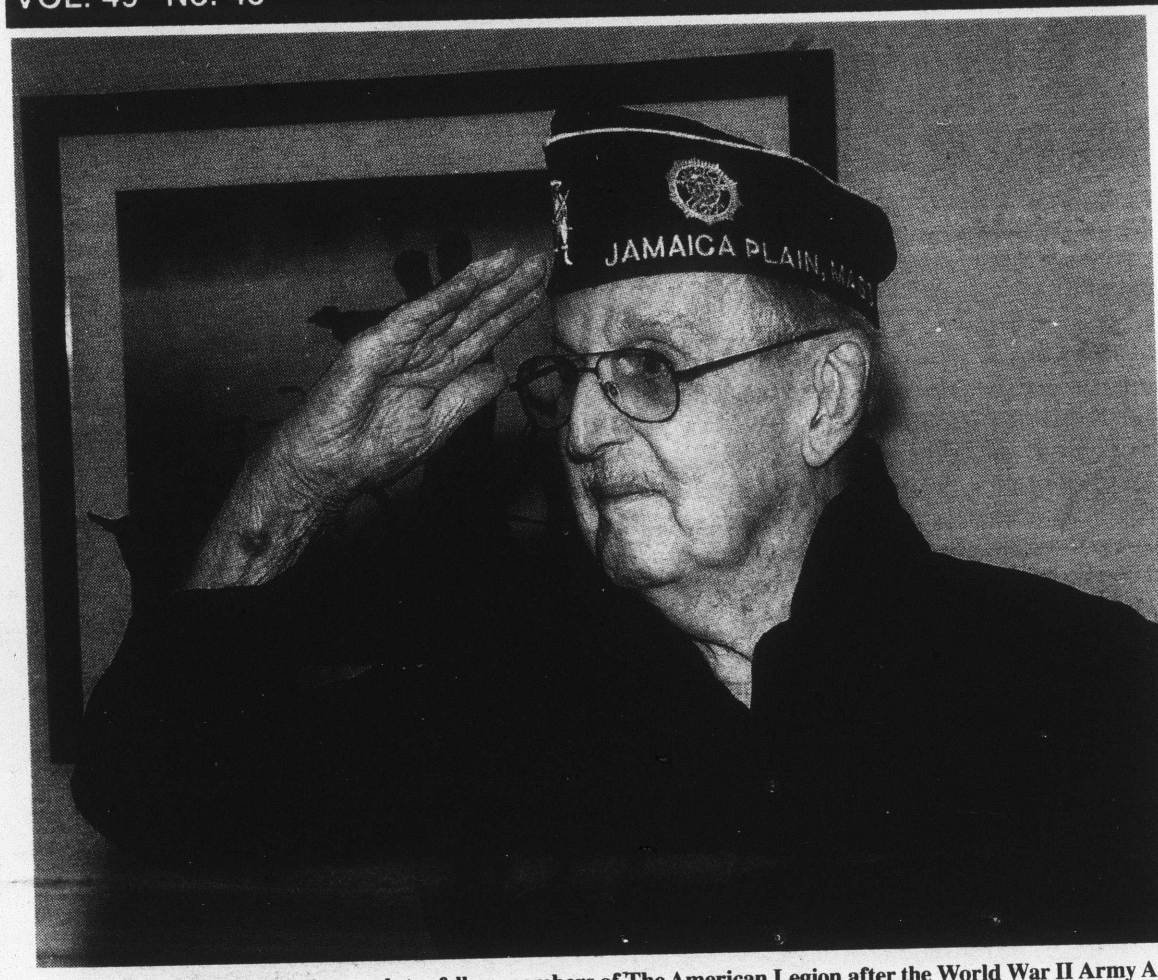
Quarry Painting Saved From Wrecking Ball - *Page 2*
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Ballot Spots Drawn For Sept. 12 Preliminary - *Page 32*



The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 49 No. 48 | Thursday, August 17, 2017 | $1.00



JAMES GALVIN, 96, of Quincy, salutes fellow members of The American Legion after the World War II Army Air Corps veteran was installed into the world's largest veterans organization at a recent ceremony at Atria Marina Place in Squantum. More coverage on Page 4. *Quincy Sun Photo/Robert Bosworth*

New Middle School Site Work Begins

$59M Replacement For Sterling School Expected To Be Open In Fall 2019

By SCOTT JACKSON

Site work for the $59 million replacement for the Reay E. Sterling Middle School has begun and construction should be completed in time for its planned opening in the fall of 2019.

Mayor Thomas Koch said the early stages of the project, which began this summer and include the excavation of the hill on the rear of the site, have gone well.

"Everything is going according to plan – what they want to get done for the summer and then we want limited interruptions for the kids, so it will be limited once the kids go back in but there will still be activity going on on that site," the mayor said in a recent interview.

Cont'd On Page Page 12

Trash, Recycling Collection Overhaul Still On Table

By SCOTT JACKSON

City officials are still pressing ahead with sweeping changes to how trash and recyclables are collected throughout Quincy, but there is no timeline for when the new program will be rolled out.

Mayor Thomas Koch in September 2016 announced he wanted to overhaul how the city's trash and recyclables are collected. The centerpiece of the plan would be the distribution of uniform covered containers – 96-gallon bins for recyclables and 64-gallon ones for trash – to households throughout the city. Similar programs have been put in place in Braintree and Weymouth, among other communities.

Koch hoped to increase recycling, which in turn would reduce the amount the city would pay to

Cont'd On Page 11

Quincy Farmers Market: 35 Years And Still Growing

By TOM GORMAN

As Quincy Farmers Market manager Kevin Dye looked around at the various vendors, he noted how it has grown since its humble beginnings in 1982 – now offering financial and beauty products in addition to fresh produce, prepared foods and baked goods while supporting the small, independent businesses that set up their spots each Friday at Pageant Field.

"All the businesses here are small, family-owned businesses," he said. "There is no business that is acting as a distributor for someone else."

The farmers market is held every Friday from 11:30 a.m. to 5 p.m. It started June 23 and will continue through Nov. 17, rain or shine.

"We are a market for a community founded by farmers, fishermen, steel workers, granite quarry workers and shipbuilders," Dye said. "So, we never close for rain. We dance in the rain."

The Quincy farmers market was founded 35 years ago by Anneli Johnson of West Quincy, a Finnish immigrant.

"She missed the farmers markets in Finland," he said, explaining why she was prompted to start

Cont'd On Page 18



BARBARA JOYCE shucks corn at the Quiny Farmers Market. The market, now in its 35th year, operates Fridays from 11:30 a.m. to 5 p.m. at Pageant Field through Nov. 17. *Quincy Sun photo/Tom Gorman*

Police Boosting Impaired Driving Patrols - *Page 3*
Living With Panic Attacks - Health Message - *Page 9*
Candidates' Nights Set For Aug. 29, Aug. 30 - *Pages 13, 25*

More Quincy news:
The Quincy Sun.com

Saved From The Wrecking Ball

Painting Spared Before Demoliton Of Old QHS Donated To Granite Museum



A NEARLY 80-YEAR-OLD PAINTING that was saved from the wrecking ball before the demoliton of the old Quincy High School depicting a scene at the famed Quincy granite quarries was recently donated to the Quincy Quarry and Granite Workers Museum. The painting shows a young man - identified as Norman Henry who died in 2014 – diving into a quarry and is signed by Philip Adams with the date of 1939. From left to right: Doug Henry, Ruthanne Henry, Tom Curran, Tom Bonomi, Al Bina and Sean Curran.
Photo Courtesy Al Bina

The Quincy Quarry and Granite Workers Museum has received a donation of a painting that was saved from the wrecking ball during the demolition of the Old Quincy High School. The painting is of a young man diving into a quarry.

Ten years before the wrecking ball was set to tear through Quincy High School, Sean Curran did one last walk through of his old alma mater with a friend looking for a keepsake such as a football helmet or some other keepsake of his memorable days at the high school.

Upon walking the halls he decided to go into areas students were never allowed in. He found a crawl space near the roof that ended in a closet. It was pitch black. He lit the area and saw a painting in the corner that caught his eye. He knew right away it was a rendition of the Quincy quarries of the past.

The painting was a summertime scene with youths swimming and diving into the cool waters of the quarries. The painting was centered on a youth getting ready to dive into the quarry. The painting reminded him of his days swimming and diving in the Quincy quarries. He recognized this might be of interest to someone so he took it home.

Recently upon moving the painting, he noticed the artist had signed the bottom with the name Philip Adams with the date of 1939. With that information and thinking it might have a connection to students of the high school in the past, he started his quest to find out more about the painting. With the Goldenrod yearbooks digitized, he thought he might learn more about Philip Adams.

In the Goldenrods of the 1930s there were Adams families in Quincy Point as well as Manet Avenue in Houghs Neck, but he could not find Philip Adams anywhere in the yearbook from 1935 to 1945. As he examined the painting more closely, he also discovered a small note tucked inside the frame. The note was written by the artist and in very rough shape and barely legible. It read "the man standing in the picture getting ready to dive is Norman Henry age 16." After a little research he learned that the man in the painting was Norman Henry who was born in Scotland in 1923. After being educated in Quincy public schools he joined the Navy and fought in both World War II and the Korean conflict. He returned to Quincy and became a welder at General Dynamics and was a member of the carpenters union.

Norman Henry passed away in 2014. With the information he now had in hand, he wanted to see if Norman Henry had relatives in the area. He used the power of the computer and placed the information he had acquired on his Facebook page hoping Quincy area Facebook groups that might have known Norman Henry would get in touch with him.

People in the Quincy area shared the post online and a connection was made to a man in Brockton that turned out to be the son of Norman Henry. Doug Henry responded on Facebook that he was the son of Norman Henry. Doug and his wife, Ruthanne Henry, contacted Sean Curran with more information about his father. Norman Henry was known to his family and friends as Scotty who came to Quincy from Scotland at the age of five. The Henrys were interested in seeing the painting and a date was set to view the painting at the Granite Railway Quarry.

Sean Curran's donation of the painting to the museum is of great value in saving the granite history of Quincy. What makes this painting even more valuable to the museum is that the identity of the young man in the painting, Norman Henry, is now part of Quincy's granite history.

The artist, Philip Adams, was born in Honolulu, educated at Harvard University and believed to be a member of the class of 1903. He studied art at the Museum of Fine Arts School in Boston.

On Dec. 3, 1922 The Washington Post reported extensively on an exhibition of his work at the art center. He worked for the federal government in Washington D.C. during World War I and for several years thereafter he was chief of the passport division. A death date of 1960 has yet to be confirmed.

The painting needs restoration of a tear and a cleaning. The Quarry Museum will seek funding for the repairs to the painting and it will be on display in the Quarry Museum's mini-museum when up and running. Please visit the museum web site quincyquarrymuseum.org for news of up coming events and more.

Fenno House Indoor Yard Sale Friday, Saturday

Fenno House, 540 Hancock St., North Quincy, will hold its 9th annual Giant Indoor Yard Sale Friday, Aug. 18 and Saturday, Aug. 19 from 9 a.m. to 3 p.m.

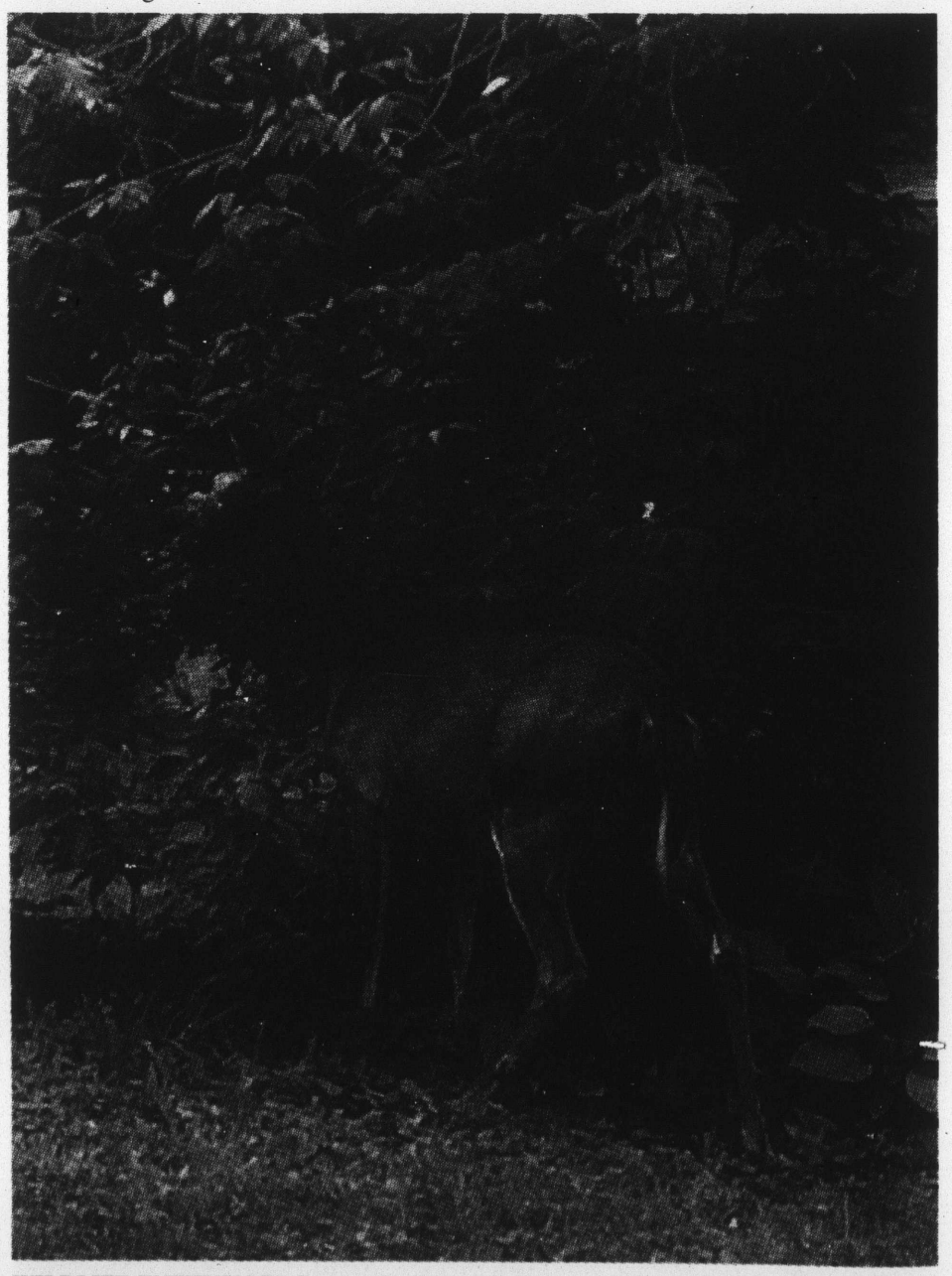
There will also be raffle prizes and a bake sale. The public is welcome.

Fenno House is a not-for-profit Assisted Living and Traditional Apartments for seniors.

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OPEN HOUSE DATES:
SATURDAY, AUGUST 19TH 9-11AM
THURSDAY, AUGUST 31ST 5-7PM



WILDLIFE ENTHUSIAST George Norris took this photo of a deer spotted recently at the end of Manet Avenue in Houghs Neck.
Photo Courtesy George Norris

Hancock-Adams Park Project Moving Smoothly

By SCOTT JACKSON

Construction of the new public park linking two of Quincy Center's historic buildings – City Hall and the United First Parish Church – has gone off without a hitch.

Mayor Thomas Koch, as part of a recent interview, said the early work on the Hancock-Adams Green has gone smoothly. Construction of the latest stage of the park – featuring a promenade along a closed section of Hancock Street – began in late June when the city's contractor started excavating the site.

"I am told that everything is going flawlessly," Koch said. "They haven't run into any bad soil or 'didn't know a pipe was there.' A lot of stuff happens when you start going underground, but everything is going smoothly.

"They were digging a lot of test pits early on to see how they could run the utilities for the fountains and where they are going to place to the foundations for the fountains, statues and other elements of the park. I think that part is

Cont'd On Page 22



WORK ON THE Hancock Adams Green between City Hall (background left) and United First Parish Church in Quincy Center is moving ahead "flawlessly," said Mayor Thomas Koch. *Quincy Sun Photo/Robert Bosworth*

Quincy Police Boosting Impaired Driving Patrols

Quincy Police will increase the number of impaired driving patrols on local roads after being awarded a special grant from the Highway Safety Division (HSD) of the Executive Office of Public Safety and Security (EOPSS).

The Quincy Police department will join more than 200 local police departments across the state and the state police in the national "Drive Sober or Get Pulled Over" enforcement mobilization.

This year's campaign will include the impairment marijuana causes in drivers – and the exponentially increased impairment caused when alcohol and marijuana are combined.

"Drivers who have had too much to drink or ingested marijuana are a menace to everyone on the road with them," said Chief Paul Keenan. "This grant funding will allow us to add patrols specifically to remove impaired drivers and as a result reduce the needless deaths and injuries they cause."

"There is clear evidence that drivers who have used marijuana, especially in combination with alcohol, are significantly impaired," said Jeff Larason, director of the Highway Safety Division. "We are urging motorists to plan ahead for a sober ride home by using public transportation, a ride-sharing service or a designated driver. Do not put yourself and each person in the car and on the road with you at risk."

According to police, statistics in Massachusetts show:

- Marijuana or marijuana-type drugs were the most prevalent types of drugs found in people killed in crashes from 2010 to 2014.
- From 2013 to 2014, alcohol impaired driving fatalities increased 14 percent (125 to 143).
- From 2010-2014, 77 percent of impaired drivers in fatal crashes were men.
- From 2010-2014, 46 percent of all alcohol-related driver fatalities were ages 21 to 34.

Nationally, statistics show:

- NHTSA's Fatality Analysis Reporting System (FARS) reported that drugs were present in 40 percent of the fatally-injured drivers with a known test result, almost the same level as alcohol.
- NHTSA's 2013–2014 roadside survey found drugs in 22 percent of all drivers both on weekend nights and on weekdays.
- Drivers using marijuana demonstrated decreased car handling performance, increased reaction times, impaired time and distance estimation, sleepiness and decreased motor skill coordination (NHTSA).
- Mixing alcohol and marijuana may dramatically produce effects greater than either drug on its own (NHTSA).

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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



CUFF YOUR EARS

Ear cuffs, jewelry designed to hug the upper portion of the ear, are among the hottest jewelry trends. Because their curved shape grasps the outer fold of the ear, ear cuffs do not necessitate ear piercing. Many feature abstract shapes, while others take the form of a clinging female body, a feather, a leafy vine, or a butterfly. These ear adornments may be cast from a single solid piece of precious metal, or they can be strung with beads, wires, chains, or decoratively shaped ornaments that include gemstones or even carved bone. Otherwise, ear cuffs may consist of simple bands that can be arranged in a series that cascades down the outside of the ear.

Historically, ear cuffs were popular among different people around the world to represent styles, ranks, marital status and age. They were seen as art for the ear. Today, there are various kinds of ear cuffs that respond to today's fashion. For example, tribal looking pieces are popular, but we can also accessorize our ears with elegant or extravagant ornaments. For more information, please call or visit our store at 1402 Hancock St. in Quincy Center (617-773-3636).

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The Quincy Sun

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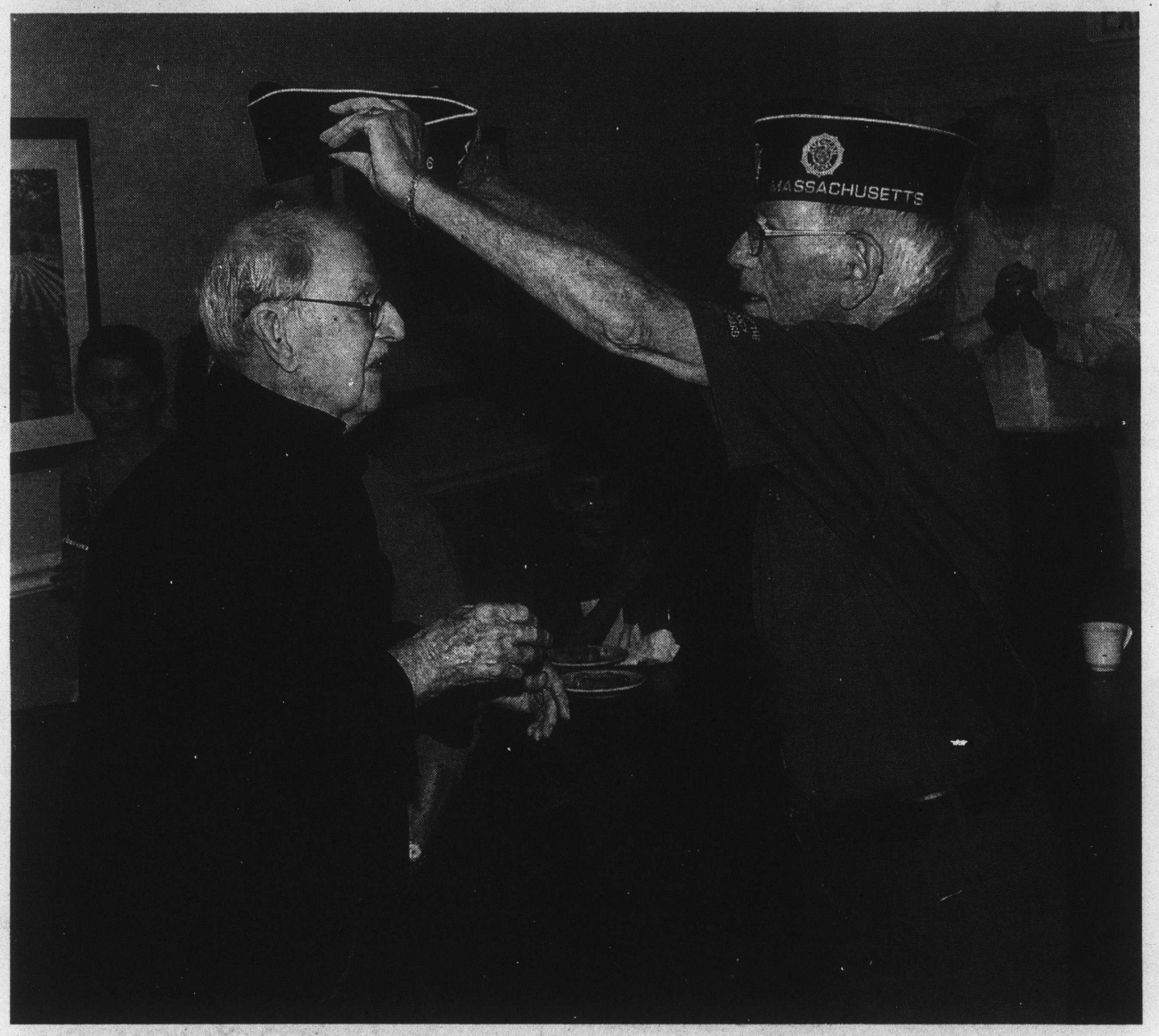
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Son Beams

By ROBERT BOSWORTH



NEW LEGIONNAIRE – James Galvin of Quincy, an Army Air Corps veteran of World War II, receives his new American Legion cap from John (Jake) Comer, also of Quincy, a past national commander of The American Legion, during a ceremony Aug. 5 at Atria Marina Place in Squantum. Galvin, who is 96 years old, flew 50 missions over France and Germany as B-24 gunner in the war. "I always wanted an American Legion cap and now I have one," Galvin said as family, elected officials and other guests applauded in the facility's community room. *Quincy Sun Photo/Robert Bosworth*

WWII Veteran James Galvin And The American Legion: A Perfect Fit

More than 70 years after serving in World War II, James Galvin finally has something he's always wanted.

Membership in The American Legion.

Galvin, age 96, a beloved family man from Quincy and esteemed member of the "Greatest Generation," was installed into the world's largest veterans organization during a recent ceremony at Atria Marina Place in Squantum where he is a resident.

It was a moving tribute to the U.S. Army Air Corps veteran of World War II complete with proclamations, citations but most of all a blue American Legion cap with the words Jamaica Plain Post 76 embroidered on the side. Galvin lived in Jamaica Plain before he and his wife, Josephine, moved to Quincy shortly after they were married. Quincy is where they raised their family.

Moments after receiving his blue cap, Galvin stood soldier-like and looked around the room. He wanted to make a comment.

"I'm just in awe that all of you gentlemen and ladies would give up your time to greet me," he said in the community room where his family, friends, elected officials and members of the American Legion gathered. "I always wanted an American Legion cap and now I have one. Thank you all and God Bless America."

James Galvin is more than a veteran and member of the Legion. He is an American hero.

Galvin served as a gunner on a B-24 with the famed "Flying Horsemen," 449th Bomb Group. The squadron of heavy bombers flew combat missions in central and eastern Europe during critical moments of the war. He is a recipient of the Legion of Honor medal from France, the country's highest military decoration for bravery. Only American veterans who risked their lives during World War II and who fought on French territory qualify to be decorated as Knights of the Legion of Honor.

Presenting Galvin his Legion cap was Quincy's John (Jake) Comer, a past national commander of The American Legion. Comer and Galvin's daughter, Jean, were instrumental in making Galvin a Legionnaire.

"The American Legion is the largest veterans organization in the world and to be a member of the American Legion, you must have served during war time . . . James, we revere you. We are very proud of you.

"We wanted Jim to be a member of the American Legion because the American Legion is the organization that wrote the G.I. Bill back in 1943," Comer continued. "Without the American Legion, there would be no G.I. Bill in this country – it is the second greatest piece of legislation second only to the Bill of Rights.

"It was all because the men and women coming back from World War II did not have many benefits. They did not have college educations so the American Legion said 'we'll make that happen" and we did."

Turning to Galvin who was seated alongside his family, Comer then said, "So Jim, the first thing I want to start off with is that you are now a member of the American Legion. Since you grew up in Jamaica Plain, my post is in Hyde Park, although I live in Quincy. Jamaica Plain paid the initial dues when I signed you up in 2017 and 2018 is right around the corner so my adjutant and the state commander they paid your dues for 2018.

Cont'd On Page 16



Moments in time

THE HISTORY CHANNEL

• On **Sept. 1, 1864**, Union Army Gen. William Tecumseh Sherman lays siege to Atlanta, a critical Confederate hub, shelling civilians and cutting off supply lines. On Nov. 15, Sherman ordered that Atlanta's military resources, including munitions factories, clothing mills and railway yards, be burned. The fire got out of control and left Atlanta in ruins.

• **On Aug. 31, 1886**, an earthquake near Charleston, South Carolina, leaves more than 100 people dead and destroys hundreds of buildings. It was the largest recorded earthquake in the history of the southeastern U.S.

• On **Sept. 3, 1935**, Britain's Sir Malcolm Campbell sets a new land-speed record on the Bonneville Salt Flats of Utah. With its low-slung, aerodynamic body and 2,500-horsepower engine, the Bluebird averaged 301 mph in two runs over a 1-mile course. Today, the land-speed record stands at 763 mph.

• On **Aug. 29, 1958**, pop sensation Michael Jackson is born in Gary, Indiana. Jackson began performing at age 7 with his four brothers in the pop group the Jackson 5, which scored its first No. 1 single in 1969 with "I Want You Back."

• On **Aug. 30, 1963**, at the height of the Cold War, a 24-hour-a-day "hot line" between Moscow and Washington begins operation. The hot line was designed to speed communication between the U.S. president and Soviet premier and help prevent an accidental nuclear war.

• On **Sept. 2, 1973**, J.R.R. Tolkien, author of the best-selling fantasy novels "The Hobbit" and "The Lord of the Rings" -- the source of the award-winning blockbuster movie trilogy -- dies at the age of 81 in England.

• On **Aug. 28, 1988**, with 100,000 spectators on hand, an air show at the Ramstein Air Base in Germany turns tragic when three Italian fighter jets collide in mid-air and fall into the crowd. Sixty-nine spectators were killed and hundreds more injured.

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Blood Drive At Sons Of Italy Aug. 28

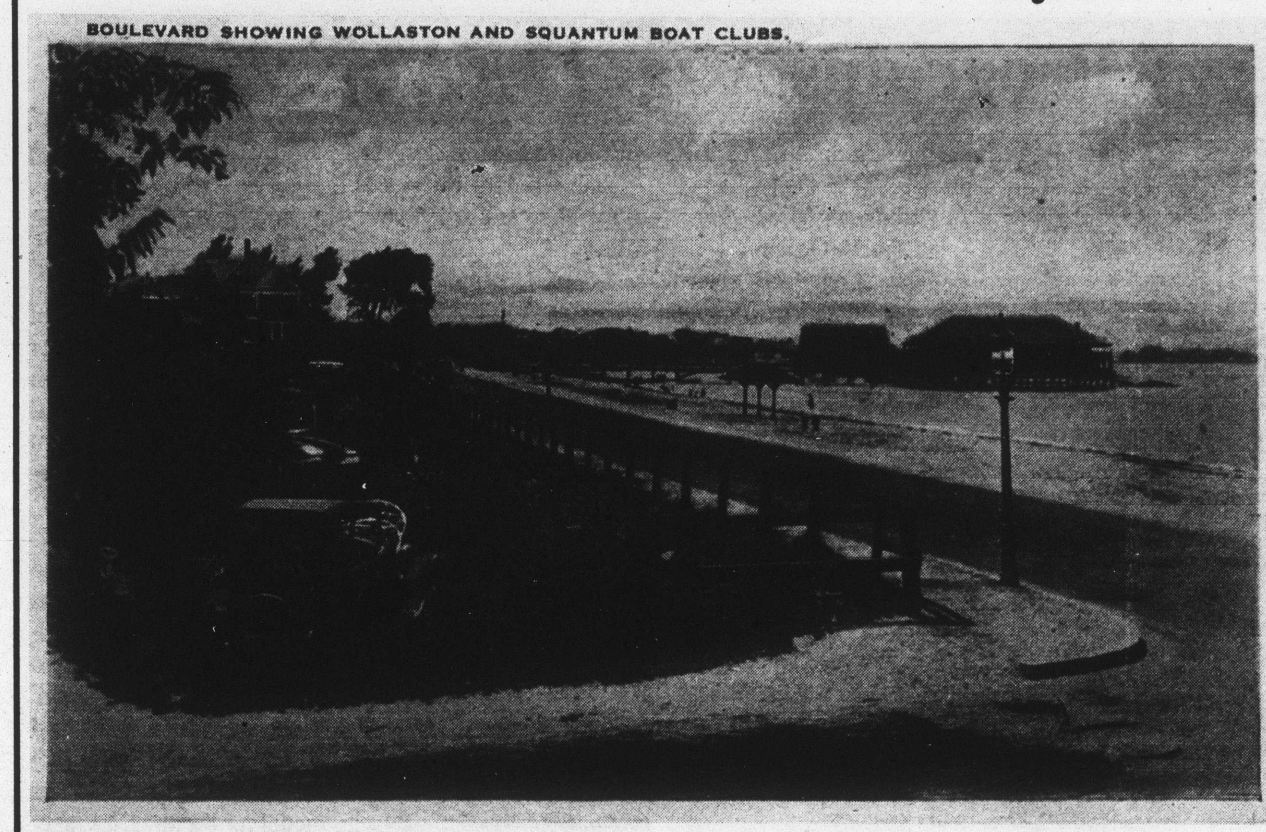
The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy Social Center, 120 Quarry St.

Appointments can be scheduled by calling 1-800-RED CROSS (1-800-733-2767).

The American Red Cross urges blood donors to give in the final weeks of summer to help overcome a chronic summer blood shortage.

In August, regular donors may delay giving as final summer vacations are planned and back-to-school activities ramp up. To fully meet the needs of hospital patients in the coming days and weeks, donations are urgently needed from new and current donors. Those who donated blood earlier this summer may be eligible to donate again. Blood can be safely donated every 56 days, and Power Red cells can be donated every 112 days.

Scenes From Yesterday



THIS IS AN early 1920s postcard view of Wollaston Boulevard looking north from the Beach Lodge Tea House that was on the corner of Sachem Street. Since the roadway was essentially a dike built on top of coastal marshes, the post and rail fence was built all along the inboard side. It was a precaution to keep people from falling into the marshes that were much lower than most of the road. The first seawall had not yet been built on the water side and at first, autos were not allowed to park on the sand. They parked parallel on the side of the roadway. This postcard's publisher added the automobile on the left to show some sign of life in this view. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Readers Forum

Colbert Better Suited As The Jester To The King

I support Uncle Sam Rounseville's charitable fundraiser for Mass. Eye and Ear with his humorous and spirit-lifting championing of the comedian Stephen Colbert for President 2020.

Do I actually believe anyone could induce Colbert to run for the Presidency, given that he has one of the best jobs in the world… making people laugh every day? No, I don't.

But do I think he is eminently qualified for the job? Yes, I do.

We are deep into celebrity culture in this country and at least two prominent film actors, Ronald Reagan and Arnold Schwarzenegger, have served as governors and President. One great comedian, Al Franken, is a very good U.S. senator from Minnesota. Frankly I would encourage every good citizen that cares about our country and wants to work to heal the nefarious and troubling divide of red and blue states, to run for office at every level. We must get past this unhelpful demonizing of folds of different political views.

I voted for Hillary Clinton and Barack Obama but I have friends and neighbors that voted otherwise. We know them to be good people with wonderful families. We are not about to end our friendships or to ostracize them even though we have deep reservations about the Trump presidency and agenda. Our number one priority, as I see it, is to create a national dialogue of unity and compromise.

I served in the Peace Corps and the U.S. Army and I believe that a program of National Service will help to create a more purple-hued, inclusive, understanding electorate. I also support an infrastructure project, "Bike Path Across America," that will unite the coast with the interior and get people to meet face to face.

We love Uncle Sam and Colbert, but we would be content for Stephen to keep his Late Show comedy job. Let him be the jester to the King and do what all satirists do for their country… continually expose the lies and hypocrisy of our government leaders of all persuasions…and move us to action, together, as a nation.

Daniel A. Myers, III
Samoset Avenue
Quincy

In These Parlous Times Relax And See Humor In Life

Allow me to offer my thanks and praise to Uncle Sam Rounseville for his billboard endorsing the political satirist Stephen Colbert for President in 2020. It is Uncle Sam's privilege to affirm the seriousness of Colbert's campaign. I'm sure that there are thousands of commuters who chuckle every day at sheer whimsy of the billboard. Uncle Sam is a true patriot for cheering up his fellow Americans.

Colbert joins a long line of comedians who have run for the highest office in our land. In 1928, Will Rogers led his Anti-Bunk Party; he promised that if elected he would resign immediately. George Burns' "better half" Gracie Allen ran for President in 1940. She led the Surprise Party. She explained that her father was a Republican and her mother was a Democrat. They both called her their 'surprise." Then there was Pat Paulsen who made a career of his campaigns in 1968, 1972, 1980, 1988 and 1996. I urge Sun readers to google them. They were hilarious.

In these parlous times when our nation is so deeply divided, it is healthy for us to try to relax and see the humor in life. Let us remember our grandmothers' advice - "If we didn't laugh, we'd cry."

Claire Fitzmaurice
Calvin Road
Quincy

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Quincy's Yesterdays

This Week
1975
42 Years Ago

IRS Moves Into New Downtown Office

The Internal Revenue Service (IRS) will officially dedicate its new offices at 1200 Hancock St. on Friday, Aug. 15.

Invited guests include Senators Edward M. Kennedy and Edward W. Brooke along with Congressman James A. Burke, Senator and City Council President Arthur H. Tobin and Chamber of Commerce President William E. Kelley.

The IRS offices will be located in the new Quincy Savings Bank Building on the third floor.

$325,000 GRANT TO FIGHT DRUGS IN QUINCY-SOUTH SHORE AREA

Massachusetts has received a total of $325,000 to fund a drug enforcement unit to crack down on narcotics traffic in the South Shore area surrounding Quincy.

Congressman Burke said the total award was broken down into three grants, all funded by the Law Enforcement Assistance Administration.

QUINCYISMS

Miss Jeanne Anne Rathgeb, 17, was chosen Miss Quincy Bay of 1975… **Inspector of Plumbing and Gas Fittings James A. Erwin, Jr.**, reported that 123 applications for a total of $88,679 were granted by his office in July… Construction of the Goliath Crane, the largest crane in the western hemisphere, was completed at the General Dynamics Quincy Shipyard… The Houghs Neck Legion Post was planning a chicken barbeque Sunday, Aug. 17 at the Post home. **John Christensen** was chairman of the committee… Hart's Jewelers, 1422 Hancock St., Quincy Center, was offering the following services: Diamond Appraising, Estate Appraising, and Gemstone Identification… Helen Gurich's Beauty Garden, 1436 Hancock St., was offering "All Permanents Regardless of Their Original Value, Only $9.95"… Sons of Italy Lodge 1295 was planning its third annual Exceptional Dinner-Dance for C.P. adults and their companions, Sunday, Aug. 24, at the Lodge Home, 120 Quarry St. **Venable John Fantucchio** was the chairman of the dinner committee… The Massachusetts Committee to Elect Fred Harris President held a yard sale at the home of **Mrs. Barbara Kelley**; 207 Whitwell St. Harris was one of the six announced candidates for the Democratic presidential nomination. (Editor's note: He didn't make it.)… **Rev. Keith C. Munson** officially began his new pastorate at the United First Parish Church, Quincy Center, by performing a wedding… Fifteen Boy Scouts from Troop 35 sponsored by the Most Blessed Sacrament Church in Hough Neck, attended Boy Scout camp, Adams Pond, Storrer Reservation, Barnstead, New Hampshire. For the fourth consecutive year the troop carried off the first prize in the Olympic Competition. Members of the troop who attended were: **Kevin, Paul** and **Mike Bythrow, Matt** and **Mike Matthews, Kevin** and **John Robertson, Greg McKinnon, Ed Powers, Joey Rudolph, Shawn Winn, Mike Guidice, Ed Brennan, Bob Burke** and **Wally Chapman**… **Mrs. Mildred Ambrosia**, Red Cross Blood Donor Chairman, announced that 37 pints of blood were donated at a recent bloodmobile visit at Quincy Point Congregational Church… *The Quincy Sun's* Sunbeams column reported that the **LaRaia for Mayor Committee** was planning an "in depth voter survey of 3,000 Quincy voters." The survey to begin after Labor Day… **Ellen M. Griffen**, daughter of Mr. and Mrs. William Griffen, 185 South Street, Quincy point, received a Bachelor of Arts degree in Journalism from Northeastern University… **Fred E. Morrill, Jr.**, 100 Grandview Ave., Wollaston, received a Bachelor of Science degree in Business Administration. He was a dean's list student… **Ward 5 Councillor Warren Powers** was scheduled to meet with Police Chief Francis X. Finn to discuss "Tightening Up" enforcement of speeding regulations in the Wollaston area… The Wollaston Credit Union, 651 Hancock St., was offering "No Notice Savings Accounts Paying 5 +% Per Annum, Special Notice Accounts Paying 6% Per Annum"… **Alexander R. McQuarrie**, son of Mr. and Mrs. Vincent Bouvier, 433B Sea St., Quincy, was promoted to Master Sergeant in the U.S. Air Force. He was a 1955 graduate of Quincy High School… **Atty. Paul D. Harold** was recently re-elected National Committeeman of the Massachusetts Young Democrats at the group's convention held in Framingham.

Arts & Entertainment

Children's Library Programs Aug. 17 - Aug. 23

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of Aug. 17 through Aug. 23.

Harry Potter Movie Matinee @ Adams Shore

Thursday, Aug. 17th at 1:30 p.m.

Rated PG 13

Join us for the final movie in our Harry Potter film series, Fantastic Beasts and Where to Find Them.

Holding a mysterious leather suitcase in his hand, Newt Scamander, a young activist wizard from England, visits New York while he is on his way to Arizona. Inside his expanding suitcase hides a wide array of diverse, magical creatures that exist among us, ranging from tiny, twig-like ones, to majestic and humongous ones.

It is the middle of the 20s and times are troubled since the already fragile equilibrium of secrecy between the unseen world of wizards and the ordinary world is at risk of being unsettled. In the meantime, the voices against wizardry keep growing with daily protests led by Mary Lou Barebone and fuelled by the increasing disasters ascribed to a dark wizard, Gellert Grindelwald.

Rated PG-13 Runtime 135 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

Mother Goose Storytime with Denise Shaver

Friday, Aug. 18th at 10 a.m.

Main Library Large Meeting Room

Ages 1&2 with an adult

Join Storyteller Denise Shaver for a special storytime full of songs, stories and rhymes just right for our youngest listeners. This program is for children ages 1 and 2 accompanied by an adult.

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

Solar Eclipse

Monday, Aug. 21st from 1:30 to 4 p.m.

All Ages

Stop by the Main Library Lawn to join us for space science stories and activities during the solar eclipse. Bring along an empty cereal or cracker box and we will show you how to make a pinhole viewer to safely observe the eclipse. Maximum eclipse coverage in the Boston area will be at 2:46 p.m.

Art-to-go is a nine-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 and 4 p.m. Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy to make this week's craft. Week of Aug. 21st – Sundials.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy

"The Emperor's New Groove"

Monday, Aug. 21st at 2 p.m.

Rated G

In this animated comedy from the folks at Disney, the vain and cocky Emperor Kuzco is a very busy man. Besides maintaining his "groove", and firing his suspicious administrator, Yzma; he's also planning to build a new waterpark just for himself for his birthday. However, this means destroying one of the villages in his kingdom.

Meanwhile, Yzma is hatching a plan to get revenge and usurp the throne. But, in a botched assassination courtesy of Yzma's right-hand man, Kronk, Kuzco is magically transformed into a llama. Now, Kuzco finds himself the property of Pacha, a lowly llama herder whose home is ground zero for the water park.

Upon discovering the llama's true self, Pacha offers to help resolve the Emperor's problem and regain his throne, only if he promises to move his water park.

This movie is rated G and runs for 75 minutes.

Sponsored by the Friends of the Thomas Crane Public Library

LEGO Building at Wollaston

Tuesday, Aug. 22nd from 1:30 to 4:30 p.m.

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week. How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week! This week's challenge: Spaceships

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Teddy Bear Storytime @ North Quincy

Tuesday, Aug. 22nd at 6:30 p.m.

Ages 2-5

Join Children's Librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch for stories and songs for children ages 2-5 accompanied by an adult. Feel free to wear your comfy jammies and bring along your favorite stuffed friend, for stories about home.

Science Workshop

"Rockets: There and Back Again"

Wednesday Aug. 23rd at 10:30 a.m.

Ages 5 +

Join an educator from the Museum of Science for this 50-minute hands on workshop where you will engineer, launch and return vehicles for an imaginary space journey.

First you will use balloons of different shapes to create short range rockets with the objective of reaching your astronomical target, 8-10 feet above the ground. Then, of course, you must design a reentry capsule that can hover in a stream of air, modeling the drag a spacecraft encounters on reentry. Can you successfully launch your rocket and return your astronaut from space?

Because everyone needs time to create and test their designs space is limited. This program cannot accommodate camp groups. Tickets will be passed out in the children's room beginning at 10 a.m., you must be here in person to pick up a ticket. While children as young as 5 may participate in this program with an adult's help this engineering challenge is best suited to children ages 8 and older.

Sponsored by the Quincy Cultural Council.

Quincy Fall ArtsFest
Call For Entries Underway

The City of Quincy and the Quincy Art Association announce the 20th annual Quincy ArtsFest will be held Saturday, Sept. 16 and Sunday, Sept. 17 at Adams Field.

The call for entries is underway. Entry deadline is Monday, Aug. 28.

Categories are:

Oil and acrylic paintings, drawing and pastels, watercolor painting, mixed media – collage; printmaking, sculpture, clay, color photography, black and white photography, special effects photography, "Best of Quincy" – artwork and photography; fabulous fakes, separate young artists category (no entry for young artists).

Entry forms for all categories are available online at: https://www.quincyartma.org/events

Full entry details, fees and other information can be found on the entry forms.

ArtsFest hours will be 10 a.m. to 5 p.m. on Saturday, Sept. 16 and 10 a.m. to 4 p.m. on Sunday, Sept. 17.

For more information, contact the Quincy Park Department at 617-376-1251.

13th Annual Houghs Neck 'ChowdaFest' Sept. 9

The Houghs Neck community will host its 13th annual "ChowdaFest" on Saturday, Sept. 9th from 2 to 6 p.m. at the Maritime Center in Houghs Neck, 137 Bay View Ave.

The "ChowdaFest" will feature at least two dozen recipes from local restaurants and individual contestants. Admission is $5 and includes a taste of each chowda and live entertainment by SuperFly.

There will be a cash bar serving wine and beer from Burke Distributors mobile keg trailer sponsored by Mark DiBona of The Pour Yard in Quincy.

A selection of cold drinks and food will be sold by the Boy Scouts. The Houghs Neck Congregational Church will have their bake sale with all proceeds going to McKinney-Vento Homeless Assistance Program. For more details or to donate baked goods email Gayle Mackay at gaylemackay@comcast.net.

All proceeds raised from ChowdaFest will support local youth and family programs of the Houghs Neck Community Council.

Any individuals interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com.

Restaurants or businesses interested in entering a chowda or sponsoring the band for $600, tent for $100 or a keg for $50 should contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com

The event is an opportunity to reconnect with friends and neighbors, past and present, in a beautiful seaside location. Last year, more than 1,500 people attended and more are expected this year.

Narragansett Lighthouse Cruise Aug. 28

The Quincy Council on Aging will travel to Rhode Island on Monday, Aug. 28th for lunch and a cruise.

Upon arrival at the Quonset Point Officer's Club you will be served a full course luncheon which includes a garden tossed salad, entre of fresh baked scrod or baked chicken with lemon, mashed potatoes and green beans, mud pie ice cream and choice of coffee or tea.

After lunch you will board the Millenium Ferry for the Narragansett Lighthouse Tour, including ten beautiful lighthouses and a Newport Harbor Tour. Cruise under the breathtaking Jamestown and Newport Bridges, past mansions, historic Fort Adams and many other historic Rhode Island sites.

To register for this trip visit the Kennedy Center at 440 East Squantum St. in Quincy. Payment must be made at time of registration.

For more information call the Kennedy Center at (617) 376-1506.

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8	Government Access Channel 9
Thursday, August 17 6:00pm: Bethany Congregational Church 8:00pm: Quinzee Memories, episode #5	Thursday, August 17 7:00pm: Robert Noble Arlington Cemetery 7:30pm: AM Quincy: The Kennedy Center
Friday, August 18 3:30pm: CIQ Interview: Quincy Women's Network 6:00pm: Sound Advice	Friday, August 18 8:00pm: Dynamic Living: Quincy 400 8:30pm: CIQ Interviews: DA & Social Securtiy
Saturday, August 19 7:30pm: Quincy Rec. Dance Clinic 8:00pm: Quincy Rec. Musical Theatre	Saturday/Sunday, August 19/20 10:30am: Health Links: Karate 1:30pm: Dynamic Living 4:00pm: AM Quincy: The Kennedy Center 5:00pm: Quincy In Focus 6:30pm: FYI: QHD Thrush 7:00pm: Fire Prevention & You: Grill Safety
Sunday, August 20 11:30am: Terra Santa News 3:30pm: Sound Advice	
Monday, August 21 11:30am: LIVE: Currently in Quincy 7:00pm: Quinzee Memories: South Quincy	Monday, August 21 12:00pm: Media Advisory: Highway Investment 6:30pm: FYI: QHD Back to School 8:00pm: In the Spotlight: Harvery Leonard
Tuesday, August 22 6:00am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: Kennedy Center Events	Tuesday, August 22 6:00pm: Health Links: Tummy Tuck 8:00pm: At the Library: Sweet Wednesday
Wednesday, August 23 6:00pm: Terra Santa News 10:00pm: The Constitution: Then & Now	Wednesday, August 23 8:00pm: At the Library: Lisa Yves & Friends

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Social

Meet And Greet Mario 'Coach' Casali Sunday At Furnace Brook Golf Club

Mario Casali has turned 90 and there will be a Meet and Greet on Sunday, Aug. 20, at the Furnace Brook Golf Club.

Casali, who retired from the Quincy Public Schools in 1995, spent 30 years as a physical education teacher at Central Junior High School until the early 1980s. During his 30 years at Central, Casali coached football, basketball and baseball, impacting the lives of thousands of young men and women.

Many who played under Casali pursued a career in education, many going on to also coach. He was a role model both as a teacher and a coach.

Doors will be open at 3 p.m. Aug. 20. The public is invited to attend.

For more information, contact Ed Miller at 617-799-3523 or Paul Bregoli at 617-947-7618.

4-H Youth Program Seeking Groups For Babysitting Training Program

The Bristol/Norfolk County 4-H Youth Program is looking for groups such as libraries, recreation departments, community groups, and other youth organizations, who would be interested in presenting the 4-H babysitter training program.

The goal of the 4-H babysitter's program is to prepare young people for babysitting and childcare by educating them to become capable, caring and responsible babysitters. Topics include child safety, first aid, emergency response, feeding, discipline, entertaining, stages of child development and the business of babysitting.

Courses take 6-8 hours to complete and can be covered in a variety of time slots. We can either present the program for you or we can give you the resources to present the program yourself. Each participant will receive a Babysitter Manual and a Babysitter Certificate and ID card upon completion of the course.

For more information on the 4-H Babysitter Program, contact 4-H Educator Jay Field at (508) 668-9793 or by email at jfield@umext.umass.edu. 4-H is an outreach education program of the University of Massachusetts/Amherst in cooperation with the U.S. Dept. of Agriculture. Check the website at www.mass4h.org.

O'Brien's Bakery Merges With Montilio's Bakery

O'Brien's Bakery of Quincy has merged with the Montilio Bakery Family.

Montilios and O'Brien's Bakery of Quincy are joining together recipes and traditions of many South Shore patrons. O'Brien's Bakery, current owner Brian Jackle, will be baking his product line out of Montilio's Weymouth location at Columbian Square.

O'Brien's Bakery, known in Quincy for their Irish Bread, Swedish Rye and Vort Limpa for the holidays along with their other desserts such as the maple walnut raspberry shortbread cookies, apple and raspberry TV delights and many others with a strong emphasis on Irish and Swedish Specialties.

Brian Jackle, no stranger to the bakery business, was an active partner of Jackle's Bakery of Brockton and Hyde Park working alongside his grandfather, Adolph Sr., his father Adolph Jr. "Jake", his mother Muriel and his brother Scott.

Montilio's, an institution on the South Shore since 1947, was founded by Ernest Montilio and continues operation under his son George Montilo. The company is excited to merge with a long standing business with rich history on the South Shore.

Currently, Montilio's is located in Braintree, Quincy, Weymouth and Brockton.

Register O'Donnell On QATV Monday

Norfolk County Register of Deeds William P. O'Donnell will appear live on QATV's "Currently in Quincy" program with Joe Catalano on Monday, Aug. 21st at 11:30 a.m.

O'Donnell will discuss the most current Quincy and Norfolk County real estate trends, along with reminding viewers about the technological improvements and consumer programs that can benefit them.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Beth Israel Deaconess-Milton Hospital Fourth Annual 5K Run-Walk Sept. 9

Beth Israel Deaconess Hospital –Milton (BID-Milton) will present the fourth annual Dan Breen Memorial 5k Red Shoe Run/Walk on Saturday, Sept. 9 at 10 a.m. at Cunningham Elementary School, 44 Edgehill Rd., Milton.

The 5k run/walk is in memory of Daniel J. Breen, a transport aide in BID-Milton's Emergency Department, who was killed in a car accident in October, 2013. Mr. Breen, a Scituate native, was also a 2013 graduate of St. Anselm College and a member of the South Shore Anchors Rugby Football Club.

Funds raised by the run/walk will go towards disaster preparedness projects and continuing professional staff education for BID-Milton's Emergency Department.

Runners/walkers may preregister online at www.redshoerun.racewire.com. The registration fee is $35. Registration by check or cash the day of the race begins at 9 a.m. at the school.

For more information email djbredshoerun@gmail.com.

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WES ZASKE, 6, of Quincy, MA alongside New England Revolution midfielder Lee Nguyen attended "Bowl for a Goal" in support of Special Olympics Massachusetts at Splitsville Luxury Lanes in Patriots Place July 26. *Photo Courtesy Elevate Communications*

Quincy Youngster Wes Zaske Joins N.E. Revolution At Bowl For A Goal

Wes Zaske, 6, from Quincy, attended the New England Revolution's Bowl for a Goal presented by Arbella Insurance held recently at Splitsville Luxury Lanes at Patriot Place to support Special Olympics Massachusetts.

Wes spent the evening meeting and taking photos with his favorite Revolution players, coaches, and local celebrities.

The players and coaching staff joined Special Olympic MA athletes and Revs supporters not only on the lanes bowling, but they also jumped on-stage to sing some of their favorite karaoke songs including Taylor Swift's "Shake It Off," the Backstreet Boys' "I Want It Thank Way," and Journey's "Don't Stop Believing." The evening also featured performances from local country singer Timmy Brown.

All profits from the evening, including ticket sales as well as the evening's silent auction and raffle, benefited Special Olympics Massachusetts. The two organizations have once again teamed up for a full summer of events aimed to promote an environment of inclusivity and friendly competition through the power of sports. For more information about the New England Revolution and "Bowl for a Goal" please visit https://www.revolutionsoccer.net/community/bowl-for-a-goal.

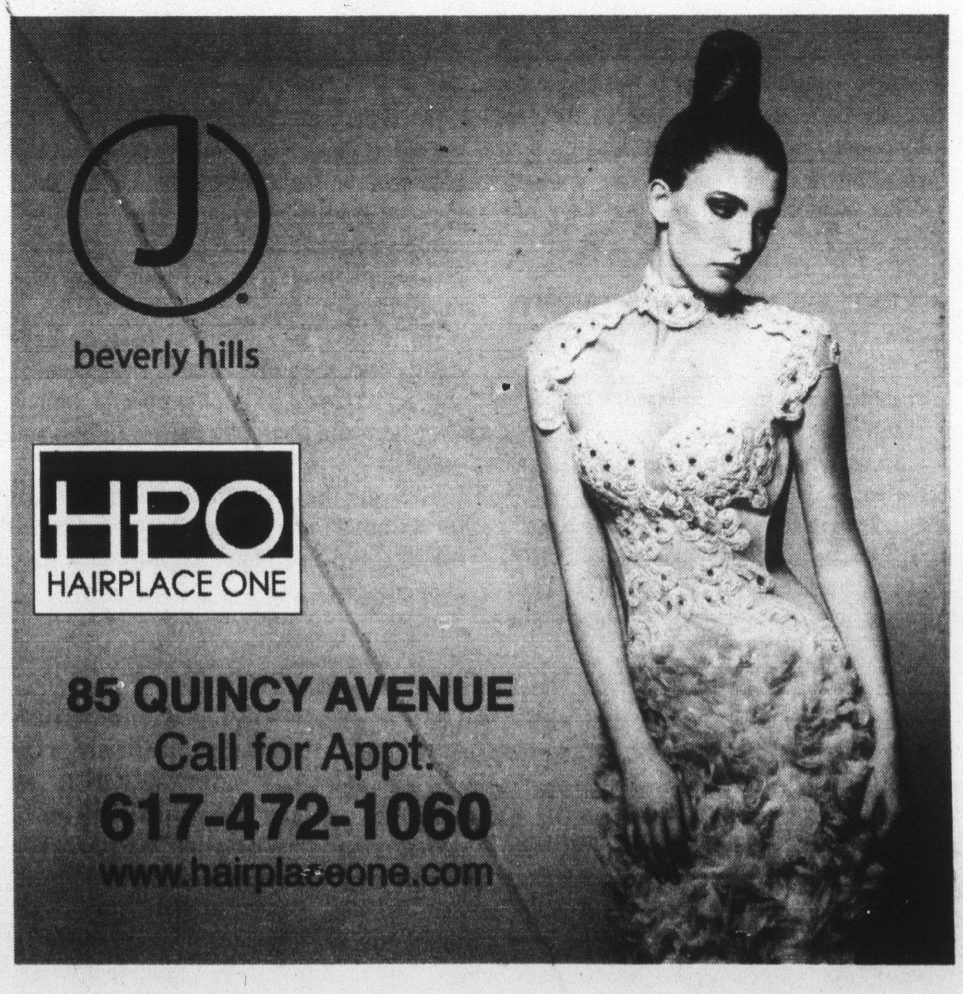
Senior Men's Luncheon Sept. 8 At Kennedy Center

The Quincy Council on Aging will host a Senior Men's Luncheon Friday, Sept. 8 at 1 p.m. at the Kennedy Center in Quincy.

The luncheon is for men over the age of 60 who reside in Quincy.

Enjoy lunch, meet new friends, and discuss ideas and interests. This is a good opportunity to tour the Kennedy Center and see what it has to offer. There may be some activity or event you'd like to participate in.

Registration is required for this event. To register call the Kennedy Center at (617) 376-1506.

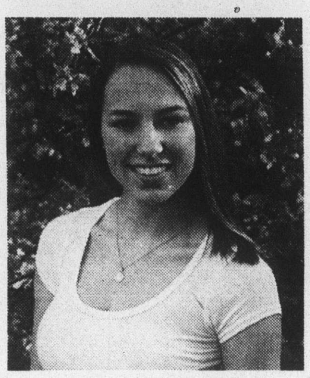


Kelsie Dwyer Awarded College Scholarship From OneBeacon Insurance

Kelsie Dwyer of Quincy was recently awarded a college scholarship by OneBeacon Insurance Group.

Dwyer is a 2017 graduate of Notre Dame Academy where she won the "Outstanding Athlete" and "Distinguished Athlete" awards. Dwyer was also named Catholice Conference High Jump All-Star, Patriot Ledger All-Scholastic Gymnast and Boston Clobe All-Star Gymnast.

Dwyer will attend Springfield College in Springfield



KELSIE DWYER

in the fall where she plans to study health sciences.

She is the daughter of Gina Dwyer, a OneBeacon employee, and Michael Dwyer.

Through its annual college scholarship program, OneBeacon awarded $2,000 scholarships to 16 high school seniors, including eight to OneBeacon employees' children and eight to children of the company's distribution partners. Recipients were selected based on criteria such as academic performance, leadership roles and participation in school and community activities.

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Sausage Strata Casserole

By MARIE

Today's recipe is for sausage strata that you can put together the night before or the morning before and bake it when you are ready.

When entertaining large groups, I have made this instead of my company French Toast dish.

This strata is a great alternative to the French toast dish and always gets rave reviews.

INGREDIENTS

1 loaf of French or Italian bread, diced.
2 tablespoons of Olive Oil
6 eggs beaten
½ pound sausage
Salt and pepper to taste.
1 cup of shredded mozzarella or cheddar cheese
2 cups of milk

Directions:

Grease an 9 x 9 casserole dish. Peel and sauté the sausage in the olive oil. Set aside.

In a bowl beat eggs, add salt, pepper and two cups of milk. In the lightly grease casserole place the diced bread.

Top the bread with the sausage meat. Top the sausage meat with the shredded cheese.

Pour the egg mixture over the top, cover and refrigerate until ready to bake.

Bake at 350 degrees for 50 to 60 minutes or until toothpick comes out clean.

Crustless Vegetable Quiche

By SUSIE

Here is an easy summer recipe when you're hungry and want something healthy, delicious, and simple. Probably you already have all of these ingredients in your fridge.

This is a great way to use up vegetables that are looking less than fresh, too!

There are no rules to this when it comes to what veggies you use, or herbs, or even seasonings. I have used hot sauce, added leftover meats, I have used broccoli and cauliflower but these need to be steamed or partially cooked and chopped so they are fully cooked in the final dish. Make it your own!

This is more like a big and easy omelette!

CRUSTLESS VEGETABLE QUICHE

Serves 4

1 tablespoon grass-fed butter
1 tablespoon olive oil
1 large yellow or white onion, sliced into half-moons
1 teaspoon sea salt, plus more to taste
1/2 teaspoon pepper, plus more to taste
3 to 4 cups chopped vegetables (I like asparagus, red pepper, tomato, spinach, zucchini . . . etc.)
8 large organic eggs
1 cup almond milk (UNSWEETENED) or organic milk/cream.
1 cup grated cheese of choice (I like goat cheese or raw cheddar)
1/4 cup chopped fresh herbs (such as parsley, basil, or savory) You can mix and match these, there are no rules!

Preheat the oven to 400°F.

Melt the butter and oil in saute pan. Add the onion slices and sprinkle a bit of salt and pepper over them. Cook the onions until they are golden-brown and starting to caramelize, about 10 minutes or so. Spread on greased pie plate then add your vegetables of choice.

In a bowl, use a fork to beat the eggs lightly with the milk, cheese, 1 teaspoon of salt, and 1/2 teaspoon of pepper as well as your herb and pour over the vegetables and onions.

Transfer the quiche to the oven and bake for 45 minutes to 1 hour. Once the surface is lightly brown all the way across, it's fully cooked.

Public Service Announcement

Drug overdoses have become the leading cause of accidental death in the United States with heroin and other opiates being the largest contributor.

If your loved one is struggling with drug abuse of any kind, now is the time to get them the help they need.

Learn more about the signs of heroin addiction. If you believe one of your loved ones is abusing drugs, learn how you can make a difference by visiting http://www.narcononnewliferetreat.org/drug-rehab/

ADDICTION SCREENINGS

Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 1- 800-431-1754.

Daniel Raymondi Candidate City Councillor At-Large

Citing his extensive experience and accomplishments as a city councillor, school committee member and DPW commissioner, Daniel G. Raymondi announces his city-wide campaign for an at-large seat on the City Council.

"Throughout my career as a public servant, I have committed myself to improving the lives of all Quincy residents," said Raymondi. "My experience, record of accomplishment and strong work ethic make me uniquely qualified to continue serving Quincy as councillor at-large. The City Council needs a steady hand during a time in which the city is undergoing dramatic change."

Raymondi, a lifelong Quincy resident, will appear on the ballot for councillor at-large during the city's preliminary election on Sept. 12. He hopes to advance to the city's final election on Nov. 7. Voters will elect three councillors at-large in the final election.

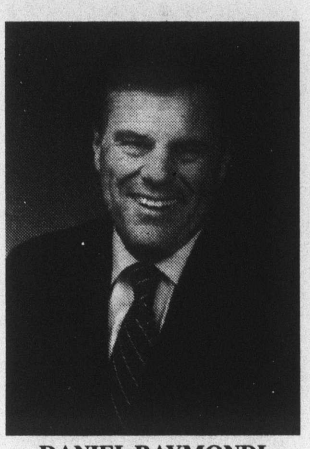
A graduate of Quincy Public Schools, Raymondi said his education and training at a young age helped prepare him for advancement as he later received degrees from Holy Cross College and Boston College Law School.

As a public servant, Raymondi said he has been a consistent and effective advocate for Quincy's schools, leading rebuilding efforts, keeping class sizes down and improving academic and technological opportunities for students.

"Quincy's schoolchildren deserve the best," said Raymondi.

As a city councillor, Raymondi wrote a Hotel/Motel Home Rule Petition, which has raised more than $15 million for open space acquisitions, park, recreation, beach and seawall improvements, restoration of wetlands, historical preservation and tourism. Raymondi worked tirelessly to guide its passage through the Massachusetts Legislature and receive approval by the governor.

"This landmark legislation is a creative and innovative resource that has made, and will continue to make, enhancements to the quality of life for all Quincy residents," said Raymondi. "It has made Quincy a better place to live, work and play without burdening taxpayers."



DANIEL RAYMONDI

As a former prosecutor and public defender, Raymondi said he learned first-hand about the impact of crime on families and neighborhoods. This prompted him to write and pass Quincy's Community Policing Ordinance, which continues to be successful to this day. This proactive policing focuses on areas within neighborhoods that generate crime.

"I will continue to advocate for increased police presence throughout the city," said Raymondi. "Every neighborhood should be a safe place to raise a family."

He also highlighted his unwavering support for Quincy's seniors. Raymondi wrote and passed Quincy's Senior Workers Abatement Program, which allows seniors to work off a portion of their real estate tax bills. He also was the first local official to assist seniors in obtaining benefits under the Circuit Breaker Credit, a state-funded tax break for senior citizens.

"The seniors in our community need our help," said Raymondi. "Many are house-rich and cash-poor, living on fixed income. These programs enable seniors to continue to live in Quincy."

Most recently, Raymondi served as commissioner of Public Works for six years, bringing professionalism and innovative policies, procedures and programs to the department.

"Growing up in Quincy, I learned the importance of Public Works improvements from my dad, a Public Works employee," said Raymondi. "I will continue to advocate for street and sidewalk enhancements and replacing old water mains which add value to homes and neighborhoods."

In 2016, under Raymondi's leadership, the DPW received the New England Stormwater Management Award, which recognizes innovative and inventive ways to increase awareness, funding and political support for stormwater management programs throughout New England.

The state Department of Environmental Protection also recognized the Quincy DPW Water Operations for its outstanding performance and achievement and for its "robust lead (water) service replacement program." The city's DPW was cited as having performed an exemplary job running their public water system in 2016.

Mayor Thomas Koch said of Raymondi's service at the DPW: "Commissioner Raymondi did an extraordinary job in one of the most demanding positions in the City, and I am grateful for his work and his lifetime of commitment to the people of this community."

If elected to the City Council, Raymondi said he would continue to concentrate on schools, public safety, road/sidewalk repairs, public works improvements, Smart development, fiscal responsibility as well as tax and water/sewer bill relief. Raymondi also said it is important for the city to develop and implement a comprehensive vehicular and pedestrian traffic safety plan.

"As councillor at-large, I will be representing all neighborhoods," said Raymondi. "I work and live in Quincy and pride myself on being available to constituents, no matter how small the problem. Using my considerable experience as a public servant, a strong work ethic, and tireless advocacy for issues near and dear to my heart, I can help Quincy secure its footing while undergoing changes. I will be a steady hand on the City Council."

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Living With Panic Attacks – A Variety Of Treatments

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Panic attacks are significantly different from other types of anxiety, in that they occur very suddenly and often are unexpected, appear to be unprovoked, and disabling.

At least 20 percent of adult Americans, or about 60 million people, will suffer from panic at some point in their lives. About 1.7 percent of adult Americans, or about 3 million people, will have a full-blown panic disorder, women twice as often as men. The most common age of onset of their first panic attack is between 15 and 19 years of age.

Once an individual has experienced a panic attack they may cultivate irrational fears, called phobias, about these situations and begin to avoid them. Eventually, the sheer thought of engaging in the activities that preceded the first panic attack triggers future panic attacks, resulting in the person potentially being unable to drive or even step out of the house (agoraphobia).

Panic attacks are real and potentially quite emotionally disabling. Fortunately, they can be managed with specific treatments. Because of the distressing physical signs and symptoms that accompany panic attacks, they may be misconstrued as a heart attacks or other life-threatening medical situation. Actually, up to 25 percent of people who visit emergency rooms due to chest pain are actually experiencing panic. Unfortunately, often more than 90 percent of these individuals are not correctly diagnosed as suffering from panic.

Generally, in an attempt to reassure the panic attack sufferer that he or she is not in great danger, efforts at reassurance can sometimes increase the patient's struggles and may give the false impression that there is no real problem. More accurately, while panic attacks can undoubtedly be serious, they are not organ-threatening. Consequently, a more effective approach tends to be to acknowledge their fear and symptoms while reassuring them that what is occurring is not life-threatening and is treatable.

Although there are no specific causes for panic attacks, panic is recognized as being the result of a combination of biological vulnerabilities, ways of thinking, and environmental factors such as social stressors.

Panic disorder has been found to run in families, and this may mean that genetics plays a role in establishing who will develop the condition. However, many people who have no family history of the disorder will still develop it. Psychologically, people who suffer from panic attacks are more likely to have a history of what is called anxiety sensitivity. Anxiety sensitivity is the inclination of a person to fear that anxiety-related bodily sensations have disastrous personal consequences.

The symptoms of a panic attack develop suddenly, without any obvious cause. These may include:

- racing or pounding heartbeat
- chest pains
- stomach upset
- dizziness, lightheadedness, nausea
- hyperventilation
- difficulty breathing
- a choking sensation
- hand tingling or numbness
- hot flashes/sweating or cold flashes/chills
- trembling and shaking
- dreamlike sensations or perceptual distortions
- a sense that something unimaginably terrible is about to occur and one is powerless to prevent it
- a need to escape
- worrying about not knowing how to control their symptoms, leading to them doing something embarrassing
- fear of dying

Duration of a panic attacks vary greatly and last typically more than 10 minutes. Someone who has repeated attacks with no other apparent physical or emotional cause is said to have panic disorder. Many other emotional problems can have panic attacks as a symptom. Some of these illnesses include posttraumatic stress disorder (PTSD), schizophrenia, and intoxication or withdrawal from alcohol and certain other drugs of abuse. Certain medical conditions, like thyroid abnormalities and anemia, as well as some medications, can also generate severe anxiety.

Anxiety attacks that occur while sleeping, also called nocturnal panic attacks, occur less often than panic attacks during the daytime but affect about 40 percent to 70 percent of those who experience daytime panic attacks. Symptoms of panic attacks in women are apt to include more avoidance of anxiety-provoking situations, recur more frequently, and more often result in the use of medical care.

A variety of medical and mental-health professionals are qualified to treat panic disorders. In addition to asking detailed questions about the sufferer's history and conducting a mental-status examination, mental-health professionals will investigate the possibility of additional emotional illnesses. The practitioner will also likely ensure that a physical examination and medical tests have been conducted to rule out any medical problem, since a multitude of conditions may have panic attacks as a symptom and will necessitate treatment in order to alleviate the associated anxiety.

There are a variety of treatments available to help people who suffer from panic attacks learn how to control the symptoms. Treatment may include specific members of the selective serotonin reuptake inhibitor (SSRI), the selective serotonin and norepinephrine reuptake inhibitors (SSNRI), and the benzodiazepine families of medications. Medications from the beta-blocker family (Inderal) are occasionally used to treat the physical symptoms, like racing heart rate associated with a panic attack. Some individuals who suffer from severe panic attacks may benefit from treatment with neuroleptic medication.

Cognitive behavioral therapy is extensively accepted as an effective form of psychotherapy treatment, for both adults and children suffering from panic attacks. This form of psychotherapy assists those with panic disorder to identify and decrease the irrational thoughts and behaviors that reinforce panic symptoms, and can be accomplished either individually or in group therapy. Behavioral techniques include relaxation methods and gradually increasing exposure to situations that may have formerly triggered anxiety in the panic disorder sufferer. Helping the person with anxiety understand how to handle the emotional forces that may have contributed to developing symptoms has also been found to be successful, in teaching that individual how to prevent an anxiety attack or how to calm down in order to lessen or stop a panic attack once it commences. Other tips to prevent or manage panic attacks include engaging in aerobic exercise and stress-management techniques like deep breathing, massage therapy, and yoga.

Without treatment, panic attacks tend to occur repeatedly for months or years and can have an enormous impact on a person's quality of life.



RUTH JONES

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Free Wellness Program At Kennedy Center

The Quincy Health Department is offering a free wellness program at the Kennedy Center in September.

The program titled "My Life My Health - Health Self Management Program" is a six-week program developed by Stanford University Medical Center.

It is for those living with or caring for someone with chronic health conditions such as high blood pressure, arthritis, pre-diabetes, etc. Participants will learn how to set and meet personal goals, increase energy levels, handle stress and relax, and improve communications with health providers and others.

The program will take place at the Kennedy Senior Center; 440 East Squantum St., Quincy beginning Sept. 7th through Oct. 12th Thursday evenings from 5 to 7 p.m.

Register by calling the Kennedy Center at 617- 376-1506.

Babar Memon, MD Joins BID Hospital – Milton

Babar Memon, MD, an infectious disease specialist, has joined the Beth Israel Deaconess Hospital-Milton (BID-Milton) Medical Staff and is seeing patients every Monday morning in the BID-Milton Center for Specialty Care.



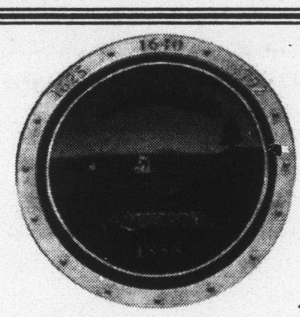
BABAR MEMON, MD

Dr. Memon's clinical interests include general infectious diseases and clostridium difficile infection.

Dr. Memon graduated from Dow Medical College and completed a Masters Degree in control of infectious diseases at the London School of Hygiene and Tropical Medicine. He also completed an internal medicine residency at Carney Hospital and two advanced fellowship programs in cardiac intensive care at Brigham and Women's Hospital and infectious disease at Boston Medical Center.

Dr. Memon is a member of Harvard Medical Faculty at Beth Israel Deaconess Medical Center. He also provides inpatient consultations at BID-Milton along with infectious disease specialist Jorge Barinaga, MD.

New patient appointments are available with Dr. Memon by calling (617) 313-1445.



CITY OF QUINCY
Preliminary Election
Tuesday, September 12, 2017
Last Day To Register To Vote For The City Preliminary Election is
Wednesday, August 23, 2017
At Quincy City Hall
1305 Hancock Street
From 8:30AM to 8:00PM

Voter Registration Is Also Weekdays At City Hall from 8:30AM to 4:30PM or www.sec.state.ma/elections

Board of Registrars
Nicole Crispo, City Clerk
Stephen Doherty
Michael F. Grindlay
John Carl Swanson

Social Security Matters

Ask Rusty:

Collecting SS And Income Taxes; Early Retirement And Working

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: My husband just starting collecting Social Security at his full retirement age. If he wants a part time job how much money does he have to stay under not to mess up his SS income? Someone told us he can make as much as he wants because they changed the law but my sister can only make up to a certain amount so we are concerned. I am taking an early retirement, I will be 62. Do the same rules count for me as to how much money I can make after drawing SS?
***Signed*: Collecting but Still Working**

Dear Collecting: Since your husband has reached his full retirement age, he is no longer subject to Social Security's earned income limit; he can earn has much as he wants and it will not affect his Social Security benefit payments. However, it may affect how much of his total Social Security income is taxable when you file your Federal Income Tax. Assuming your income tax filing status is "Married Filing Jointly", if your combined Adjusted Gross Income (including 50 percent of his annual Social Security benefit) is less than $32,000, none of his Social Security income is taxable. If, however, your AGI is between $32,000 and $44,000, 50 percent of his total Social Security benefit is taxable as income; and if your AGI is more than $44,000, up to 85 percent of his total benefit becomes taxable income. I suggest you speak with a Tax Advisor about how additional income from part time employment, when added to your other income sources (pensions, etc.), may affect the tax liability of your husband's Social Security benefits.

Now as for you taking early retirement, note first that if you start your Social Security benefits at age 62 you will only receive about 74 percent of what you would otherwise get at your full retirement age (FRA), and this reduction will be permanent. Also, when you file for benefits you will be "deemed" as filing for both your own benefit and any spousal benefit you may be entitled to from your husband's work record. But if you do retire early, the rules for working while you're collecting Social Security are different.

Until you reach your full retirement age of 66 and 2 months you will be subject to an annual earned income limit, which for 2017 is $16,920 (this amount is subject to change each year). If you earn over this amount for the year, Social Security will take back $1 for every $2 you earn over the limit by withholding future benefit payments.

The earnings limit and penalty for exceeding it become more generous during the year in which you reach your full retirement age: the earnings limit goes up to $44,880 (2017 amount) and the penalty is less - $1 for every $3 over the limit. And of course, like your husband, once you reach your full retirement age you can earn as much as you want without penalty, but you should always take into account the effect of working on the tax liability of your Social Security income. I'm not suggesting you shouldn't work, only that you should understand the affect working has upon your income taxes. Just like at work, you can choose to have income taxes withheld from your Social Security benefits, if appropriate.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). To submit a request, contact the Foundation at info@amacfoundation.org.

JFYNet, Quincy College, Urban Science Academy Collaborate on Summer Learning

Twenty-eight students from Boston's Urban Science Academy recently completed a summer course at Quincy College thanks to a unique partnership between the high school, the college, and the nonprofit JFYNetWorks.

Urban Science Academy (USA) is located in the old West Roxbury High building at the end of VFW Parkway, the southernmost delta of the city. Its students come from a broad swath of neighborhoods stretching from Jamaica Plain, Roslindale, Roxbury and Dorchester to Mattapan, West Roxbury and Hyde Park. The daily trip to school via T can be an ordeal.

When Headmaster Jeff Cook wanted a college campus-based summer program, the geography of access looked daunting. He discussed the problem with JFYNetWorks, his longtime college readiness partner. JFY executive director Gary Kaplan suggested a solution: Quincy College. JFY, a nonprofit supplemental education provider, had been working with the college for many years on college readiness in the Quincy schools. He told Jeff about Quincy's many degree and certificate programs, its friendly atmosphere, and - the clincher-its location at the Quincy Center Red Line station, 7 stops from Downtown Crossing. One meeting with Dean of Inter-Institutional Affairs Mike Marrapodi was all it took to seal the deal.

The high school applied for a "Summer Bridge" grant from the Department of Elementary and Secondary Education to enable students who needed to make up credits for graduation to take courses at the college. The courses would be developmental English and math courses, and they would serve two purposes: they would fulfill the requirements for a high school diploma, and, depending on final test scores, they would qualify students for subsequent credit-earning courses at the college. There was a third potential benefit: students who passed the Accuplacer placement pretest with JFY could enroll directly in a credit-bearing college course during the summer.

It was a bold idea for a high school that had never offered a college course and a college that had never worked directly with Boston schools. But JFYNetWorks, a college readiness partner to both, was confident that it would work.

And it did. DESE awarded the grant and the program started July 10. Twenty-six USA students have completed developmental English and math courses and graduated August 10 with a high school diploma and an open ticket to credit-bearing college courses. Two more students completed regular Quincy College courses and earned college credit.

Student reaction has been enthusiastic. Areissa Hart said the program "helped me understand how to use time management, a skill that's really important to have in college."

Tyrese Thomas added that the program has inspired him to work harder in school. "After these five weeks, I can see my future in college and really want to attend college more than I ever have."

Both attendance and performance have been so strong that the three partners-USA, Quincy College, and JFY-plan to expand into a full early college program in the fall.

LGBTQuincy Meetup Evening Social Aug. 25

LGBTQuincy Meetup will host a casual evening social on Friday, Aug. 25th, at 6:30 p.m., at The View Restaurant and Tavern on Presidents Golf Course, 357 West Squantum St., North Quincy.

Open to all members of the LGBT community in Quincy, and across the South Shore. There will be lite appetizers and a cash bar.

Cost is $10 per person. RSVP by emailing Frank Rubino at frank55887@gmail.com.

For more information, visit http://www.meetup.com/LGBTQuincy-Meetup/

KKaties Burger Bar Art Contest Winner Sept. 13

KKatie's Burger Bar, 1440 Hancock St. Quincy, will announce the winners of its first annual Art Contest Wednesday, Sept. 13 at 7 p.m.

Contestants are North Quincy High art students (Grades 9-12) who submitted entries in one of two categories: black and white photography and design and visual communications.

Artwork is on display at the restaurant through Sept. 13 and ballot voting is open to the public through Sept. 12.

On Sept. 13th, a panel of local dignitaries and art experts will select two grand prize winners based on adherence to the theme of the history of Quincy and the atmosphere of KKatie's, creativity and originality, and the statement the art work makes. Winners of the popular vote will also be announced at that time.

Grand Prize winners will receive a year of free burgers at KKatie's (one per month), a $50 gift card for art supplies, and passes to the Museum of Fine Arts. Winner of the popular vote will receive a $50 KKatie's gift card. Artwork for the top 6 contestants will be featured in the restaurant for one year.

Ten percent of the proceeds from the judging reception will be donated to the North Quincy High Art Department.

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County Commissioners Present $1,000 Grant To DOVE

Norfolk County Commissioners recently presented a $1,000 grant to DOVE (DOmestic Violence Ended) and hosted representatives from the Quincy-based organization.

The grant was unanimously approved by a vote of the Norfolk County Commissioners, Chairman Francis O'Brien, Peter Collins of Milton and Joseph Shea of Quincy, and presented to DOVE by the commissioners and Norfolk County Treasurer James E. Timilty.

"DOVE is an organization that has always been near and dear to the hearts of the Norfolk County commissioners and all county residents," O'Brien said. "We are proud to continue our support of this worthy organization because of its critical impact for residents and families across Norfolk County."

Since its founding in 1978, DOVE has grown from a small shelter program to a comprehensive multi-service agency providing life-saving services addressing the complex issues of domestic violence, and it is the only domestic violence organization, including shelter, in Norfolk County that also serves the greater South Shore.

DOVE assists thousands of victims of domestic violence each year through a 23-hour hotline, emergency shelter and community outreach services. The organization also operates a domestic violence prevention initiative focused on youth in partnership with a number of local high schools.

"The Norfolk County commissioners have been supporting DOVE's mission to end domestic violence since 2004," said DOVE Executive Director Sue Chandler. "We are forever grateful for their generosity and long-term commitment to our mission."



NORFOLK COUNTY COMMISSIONERS present a $1,000 grant award to DOVE. From left: Norfolk County Commissioners Peter H. Collins of Milton, Joseph P. Shea of Quincy and Francis W. O'Brien of Dedham, Dawn Hayes, DOVE director of Development and Communications; Hilary Tomsyck, DOVE Development coordinator; and Norfolk County Treasurer James E. Timilty.

Photo Courtesy Norfolk County Commissioners

For more information about DOVE's services call their Community Advocacy & Prevention Services Office at 617-770-4065 or visit DOVE's website at www.dovema.org.

Trash, Recycling Collection Overhaul Still On Table

Cont'd From Page 1

have trash hauled away. He estimated at the time the city could double the amount it recycles under the new program to 10,000 tons annually, saving more than $300,000 each year, which would offset the projected $3 million cost of purchasing the new containers.

The mayor recently said city officials continue to review the plan, which would require the approval of the City Council.

"There is still a lot of due diligence going on. We're looking closely at it, looking at all our options. I think there is great merit to it," Koch said.

"My guess is at some point I'm going to be submitting to the council a plan to convert, but I don't know the timing of that. There is cost involved. There is a payback to it as well – any community that has done this, they've seen the recycling go up, which means their disposal costs go down. There is a return on the investment.

"We're going through all of it now financially, logistically."

"The logistics are different because our neighborhoods are so different around the city," Koch continued. "You go to Wollaston Hill, you've got the big, wide streets – nothing is an issue up there. But you go through some of these dense neighborhood, some of the streets are like driveways. So we've got to be smart about it. We're really taking our time going neighborhood by neighborhood and seeing how we can make it work."

Additionally, Koch said he has heard from some senior citizens who have said the bins would be too big for them. The mayor said they could be provided with smaller containers, but that could cause further problems down the line because the containers stay with the house even after one resident moves out and a new one moves in.

"We can't solve it all going into it, but we certainly want to get it really planned out well so we don't have these headaches," Koch said.

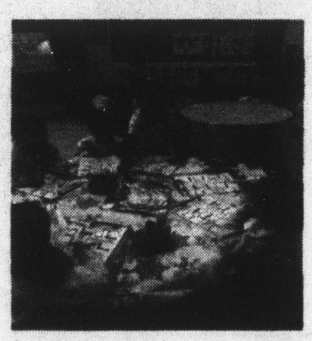
Despite those potential hang-ups, the mayor said the proposal still makes sense for the city. Not only would it save money by increasing recycling, it would also reduce the amount of trash on city streets.

"I think it makes sense. I think we'll have a higher rate of recycling. I think the city will be cleaner because there will be less trash blowing around," Koch said, noting he often sees trash left curbside in plastic grocery bags that rodents and birds can access easily.

"I think it makes a lot of sense for a lot of reasons."

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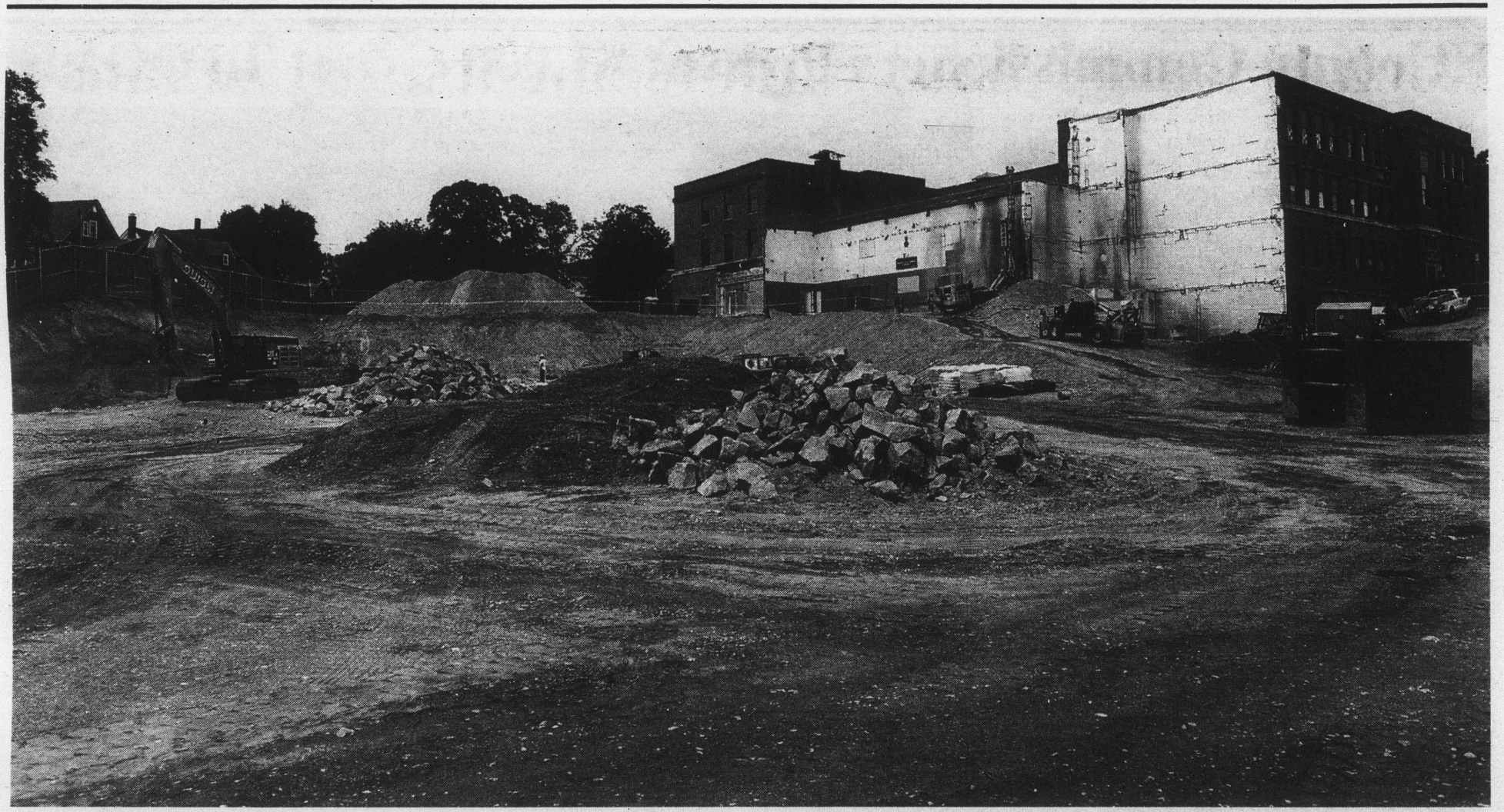


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SITE PREPARATION is well underway for a new middle school in Southwest Quincy. The new $59 million school will replace the Reay E. Sterling Middle School which is partially visible in the background of this photo taken Monday. The new school will be located on the same site as the Sterling School, 444 Granite St., but set further away from Granite Street towards Roberts Street.

Quincy Sun Photo/Robert Bosworth

Site Work Begins For New SW Middle School

Cont'd From Page 1

"We've got a good company in Bond Brothers. The architect (Ai3) is excellent. The team is working well together, so, so far, so good."

The new school will be located on the same site as the present Sterling, 444 Granite St., but set further away from the road. It will stand three stories tall, with only the top two floors visible from Granite Street because of the site's topography. The first floor would house academic neighborhoods for students in grades five and sixth with seventh and eighth graders on the second floor. The lower level of the building, accessible from the Roberts Street side, will include the gym, music room and a 280-seat auditorium.

The 95,155 square foot facility will have room for up to 430 students in grades five through eight. A total of 61 parking spaces would be provided – 50 for staff on the Roberts Street side of the building and 11 visitor spaces on the Granite Street side. There are 29 spaces on site currently. A drop-off/pick-up lane would also be added on the Granite Street side, where two entrances would be available for students – one for those in grades six through eight and the other for fifth graders.

The Massachusetts School Building Authority has pledged $28.52 million toward the construction of the new facility.

Koch in August 2016 told The Sun he would like to see the new school named after its neighborhood. The current Sterling was first known as South Junior High School before being named in honor of Sterling, a longtime principal there.

In the recent interview, the mayor said he would like the School Committee to consider returning to a geographic name for the school, putting it in line with the city's four other middle schools: Atlantic, Broad Meadows, Central and Point Webster.

"I anticipate at some point we'll have that conversation. Even if the committee saw fit to go back to the geographic name, we would still honor Mr. Sterling in some way in that new building, no question about it," said Koch, who, as mayor, is chairman of the school board.

"I understand the sentimentality of some people who attended it while it was named Sterling, but I also think there is something to be said for it to connect with the neighborhood. The four other [middle schools] are all geographic names and I think there is something special about that as far as neighborhoods go. It's not a decision that will be up to me; I'll be one vote of seven at the time if it should come up formally."

He suggested the School Committee could consider a hybrid name, like Point Webster, that would incorporate both the name of the neighborhood and an honoree. Additionally, Koch said there might be a push to represent West Quincy in the building's name.

"In the end, whatever the name of it is, this is a huge investment not only in our public schools and our education system, but in that neighborhood," Koch said. "The South/West community there, we do have some challenging demographics there. It's not the wealthiest section of our city. It's a real working-class neighborhood.

"This is a huge investment not only in the kids' education but really to me in that whole part of our city and that neighborhood, saying 'we do believe, we do care.' I think in some ways it will be a game changer for the neighborhoods.

"Without getting too deep into the argument, good public schools lead to good real estate values, and a new school does some amazing things to the district it serves. Everyone wants to go to a new school – that's part of it – but at the end of the day it's not about the building, it's about the teacher interaction with the kid, but the educational environment for the teacher to blossom is important. I think it's going to have a great ripple effect across the neighborhood."

Koch has also proposed purchasing the former St. Mary School on Crescent Street, razing the building and constructing a new elementary school on site to serve West Quincy. The mayor's latest capital plan, submitted to the City Council in the spring and still pending in committee, includes $2.4 million to purchase the St. Mary School.

In the recent interview, Koch said a purchase and sale agreement is in place for the property.

"This is a very early step. I don't want to get too far ahead of myself," he said." There are a lot of decision makers on this, including the City Council and members of the School Committee. However, I did identify it publicly a couple years back. They're not making any more land, and that is an area of the city as far as schools go that really suffers. They travel probably the longest distance of everybody else getting to elementary schools.

"Getting back to the whole investment in neighborhoods, I think it makes great sense. There was a school there for 100 and some odd years, so the neighborhood was used to a school there; it's not changing the use. But again, I have to go through School Committee, City Council and get approvals moving forward. Worst-case scenario, if they didn't build the school, we have the land in place. It can either be open space or down the road the city could resell it for development, but I expect we'll build a school there some day."

Cont'd On Page 15

VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



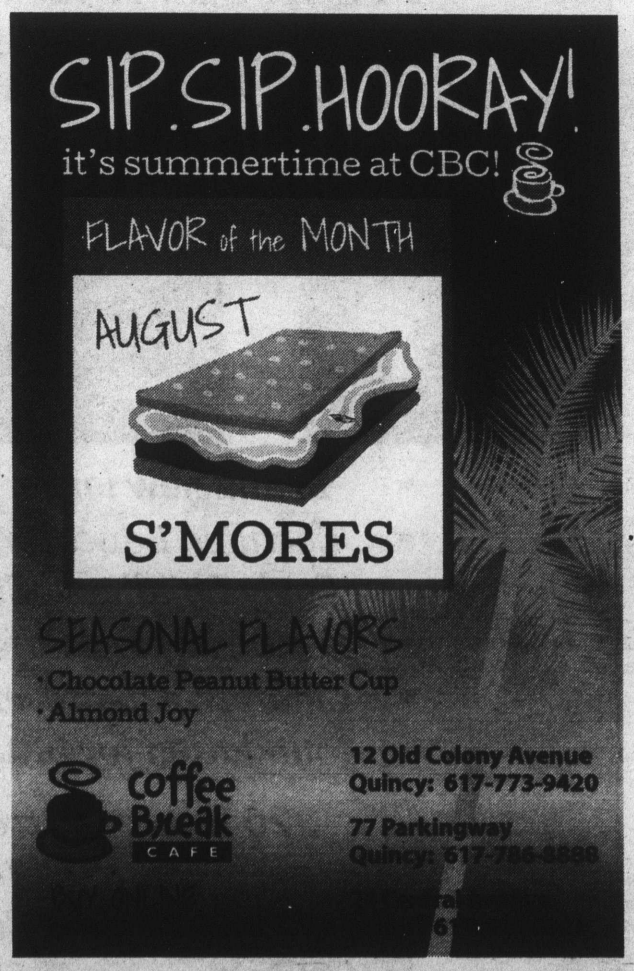
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Koch Unsure About Endorsements, 2019 Plans

By SCOTT JACKSON

Mayor Thomas Koch has not decided whether or not he will endorse candidates seeking seats on the City Council or School Committee this fall, or whether or not he plans to run for a new term in two years.

Koch is not on the ballot during this fall's election because he is halfway through the first four-year mayoral term in Quincy's history. The lack of a mayoral contest did not stop residents from seeking seats on the council and school board this year – 26 candidates qualified for the ballot, setting up contested races for the three councillor at-large spots, three of the six ward seats on the council, and for the three school seats up for grabs.

The mayor, in a recent interview, said he had not decided whether or not he would endorse candidates running for office in the municipal election this fall – and none of the candidates have sought his endorsement either.

"I haven't really thought about that yet," Koch replied when asked if he would endorse candidates.

"I could [endorse candidates]," Koch added. "That cuts both ways though. I don't think people want to be told who to vote for. I think at the end of the day people make a judgment based on who has been at their door, what kind of answers they get to their questions, and the kind of background and what these candidates bring to the table. I think that in the end will be the test and [what] people make a decision on.

"I don't think people are going to say 'the mayor wants this one, I'm going to go with this one.' It could work the reverse for some of them – 'he wants that one, I'm not voting for that one.'"

Koch attributed the number of candidates seeking office this fall to openings on both the council and school board. There is a pair of open seats on the council – one at-large spot and another in Ward 1 – as well as two openings on the school board.

"I think that fuels some of it," Koch said of the open seats sparking interest in the election.

Seven candidates have qualified for the ballot in the councillor at-large race and four qualified in the race for the open seat in Ward 1. In addition, three candidates qualified in the races to represent Wards 5 and 6, where the incumbents are seeking re-election. A preliminary election will be held Sept. 12 to whittle the field of at-large candidates down to six and the field in the ward races to two each.

The final election, on Nov. 7, will include the council races as well as the race for the school board seats. Six candidates have qualified for the ballot in the latter contest.

Koch said the interest in the Ward 6 race, where incumbent William Harris is seeking a second term, is in part because of how Harris was appointed to the seat. Harris finished runner up to then incumbent Brian McNamee in 2015. McNamee, however, died in December 2015, before being his term began. The city then scheduled a special election to fill the seat, but Harris, citing a 1953 state law, challenged that decision and contended he should be appointed for the remainder of the term. A Norfolk County Superior Court judge ruled in Harris' favor.

"You had some people that had some interest before and I think that's still there," Koch said of the Ward 6 race. "I don't think it's a reflection on Bill Harris doing anything wrong – in fact I think he's done a good job. I think he's been very responsive to the constituents. I never knew the guy before, but we've worked well together."

Koch said residents would benefit from the number of candidates on this year's ballot.

"It's a great opportunity for people to get into public service. It gives voters choices. There is quite a difference in candidates with backgrounds and ages. They all bring something different to the table," Koch said. "It's always a benefit to the voter to have choices."

The mayor said is he also unsure whether he would seek a new term in 2019 when his current term expires, adding that he would likely not make an announcement about his plans until early that year. The 54-year-old Koch has served as mayor since 2008.

"Two years in some ways is a lifetime away," he said. "We're making, I think, tremendous progress on our agenda and vision and all, but anything can happen at any time. You just never know. So I'll make that decision around that time.

"I think it's obvious I am not letting up in any way in what I'm doing. The agenda is pretty aggressive…As I've always said I didn't take the job to be a custodian of our assets in the sense of just sitting there. I took the job to get some stuff done. It's what the people elected me to do."

"Obviously," Koch added, "it's a very public decision but it's a personal decision too and it's something my family would be involved in."

Koch would not say whether he is leaning one way or the other.

"I don't know what I'll do," he stated. "I love what I'm doing – that hasn't changed since I took office. As sick as it sounds, I love every day. I love going to work. The schedule can be a grind – there is no question about it – the hours that are required, the nights and weekends. It's grind; there is no question about it.

"It's tough to have a personal life. You're in a fish bowl; no matter where you go people approach you – it's just the way it is – whether they're looking for help with housing or constituent issues or a job, whatever the case might be. I get that everywhere I go and I know that probably gets a little wearisome on my wife. I'm not complaining about it – it's just part of what it is. It's part of the role.

"I'm still excited every day. We'll see what happens in January of '19."

Ward 1, Precinct 2 Voters Will Cast Ballots At O'Brien Towers

The City Board of Registrars is notifying voters in Ward 1 Precinct 2 that their polling location is changing effective with the city preliminary election next month.

In a letter to Ward 1 Precinct 2 voters dated Aug. 14th, the Board is informing voters in that precinct that they will now vote at O'Brien Towers, 73 Bicknell St.

The Germantown Neighborhood Center is no longer a polling place.

The City of Quincy has changed the polling location pursuant to Massachusetts General Laws chapter 54, section 5.

City elections this fall are set for Tuesday, Sept. 12 (preliminary) and Tuesday, Nov. 7 (final).

Voters in Ward 1 Precinct 2 who have questions about this polling location change are asked to call the Board of Registrars at 617-376-1144.

Squantum Community Association Hosting Ward 6 Forum Aug. 30

The Squantum Community Association is hosting an event for residents to meet the candidates running for the Ward 6 seat on the Quincy City Council

The free event will be held Wednesday, Aug. 30 at 7:30 p.m. in Fellowship Hall at the First Church of Squantum, 164 Bellevue Rd., Squantum. The forum will provide an opportunity for residents to meet the candidates in an informal setting.

Refreshments will be served.

There are three candidates seeking the Ward 6 council seat: Herbert Alie Shaughnessy III, 32 Essex St.; William Harris, 74 Ashworth St.; and Steven R. Striffler, 63 Huckins Ave. Harris is currently serving as the Ward 6 councillor.

A preliminary election is scheduled to take place on Tuesday, Sept. 12. The top two vote-getters in the preliminary election will advance to the final election Tuesday, Nov. 7

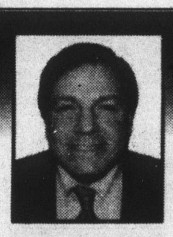
Following opening statements by the candidates, residents will be invited to pose questions, which may also be sent in advance to SCASquantumEvents@gmail.com.

For more information, contact SCASquantumEvents@gmail.com or 617-851-1673.

The council seat in Ward 6 covers Squantum, Marina Bay, and parts of North Quincy.

The Squantum Community Association provides programming that fosters conversation and community with a focus on topics of interest to the Squantum and Quincy communities, highlighting local talent and history. To subscribe to event notifications email SCASquantumEvents@gmail.com. Get the scoop at SquantumScoop.com.

DENTISTRY for the 21st Century



by Steven A. Brustin, D.M.D.

SIPPY CUPS, FRUIT JUICE & DENTAL EROSION

The American Academy of Pediatrics' (AAP) revised guidelines on children's fruit juice consumption calls for a halt to fruit juice for babies under one year of age. While parents might assume that a drink containing "100 percent fruit juice" is healthy, the AAP warns that the drink provides "no nutritional benefit." And although such drinks may contain some vitamins and minerals, they may also contain up to two teaspoons of sugar per 100-milliliter serving and high amounts of acid that contribute to dental erosion. The AAP recommends no more than 4 ounces of fruit juice for toddlers aged 1-3 years. The use of sippy cups is also discouraged because they allow juice to pool around teeth for prolonged periods.

As soon as your baby has teeth, he or she can get cavities. That is why your child's first dental visit should take place after the first tooth appears, but no later than the first birthday. Being proactive about your child's dental health today can help keep his or her smile healthy for life. To schedule an appointment, please call 617-479-6220. Our office is located at 44 Greenleaf St. We offer the services of anesthesiology with a fully trained staff and a qualified anesthesiologist.

P.S. Babies should not be allowed to go to sleep with a bottle containing milk or formula since this habit can lead to "baby bottle tooth decay.



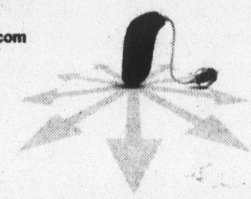
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*Le Goff et al. 2016, Opn Clinical Evidence White Paper. Oticon, Inc

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A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Tuesday, Aug. 8, at approximately 10:35 p.m., Officer Chris Donovan/K9 partner Hodor and Officer Sean McCormack were dispatched to a West Quincy address to investigate a grandmother's concern that her grandson's mother was unfit to care for the child.

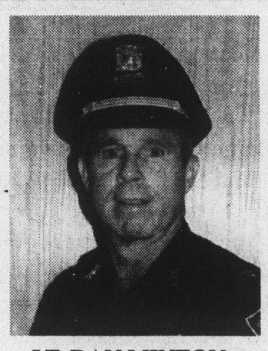
Upon arrival, the fficers met the caller in the rear parking lot of the building. The officers identified one female as the mother of a one year old boy, who was strapped in a seatbelt of her car. There was also another male and a female in the background.

A female came forward and identified herself as the grandmother of the one year old child, adding that her son was the father of the one year old. She said she was concerned for the welfare of her grandson because she believed the mother was under the influence of drugs and unable to properly care for him. She added the child has serious health problems such as muscular dystrophy and developmental issues.

The grandmother continued by stating the one-year-old utilizes a wheelchair and takes numerous medications due to his disabilities. When asked where the father was, the grandmother said he is in prison. The mother of the child contacted her last week to say that she was coming up from her home in New Bedford to her (grandmother's) apartment so that the grandmother could spend time with her grandson. The grandmother said they arrived last Friday.

Officer Donovan asked what happened this evening and she said that at approximately 2:30 p.m., the mother said she was going to get her nails done but didn't return until 9:30 p.m. and appeared to be under the influence of drugs. The grandmother grew concerned because her grandson needed to be fed by tube and it required two people. The grandmother called and texted the mother repeatedly without a response. The mother eventually arrived home and was able to assist in the feeding of her son.

Officer Donovan asked the grandmother what drugs she believed the mother was on and she stated, "What isn't she on?" She added when the mother was pregnant, she had multiple prescriptions that she believed she was abusing. The grandmother said they got into a verbal argument over her leaving for hours without an explanation, and that's when the mother began to pack up the son to leave.



LT. DAN MINTON

Officer Donovan then spoke with the female who was in the parking lot. She said she is a friend of the grandmother and she too was concerned about the condition of the mother. She said she overheard the mother talking to Officer McCormack, telling him the male was a friend of hers. She said that "This is a complete lie – I have no idea who he is." She stated she took the mother to get her nails done and once done, the male appeared out of nowhere and asked if he could go with them.

Officer Donovan asked the female if she thought drugs were involved and she responded, "There's definitely drugs on them or in the car." The female then showed the officer a picture on her phone of the mother involved in a hand to hand drug deal between her and the male. The female said while she was friends with the mother, her concern was for the child. The officers questioned the male who met the mother at the nail salon and asked him what the mother's name was. He stated two first names that were not accurate.

Due to the male's behavior, he was placed in handcuffs, but informed he was only being detained at this point and was not under arrest. When Officer McCormack pulled the male aside, he told the officer that he met the mother a few times and just hung out and smoked cigarettes. Officer Donovan questioned the mother as to why it took seven hours to get her nails done when she has a son with so many complications and she didn't have a responsible answer. The officer noted that as the mother was speaking, she appeared to be extremely edgy, continuously moving and trying to keep herself occupied, yet refusing to make eye contact with the officer She constantly went into her diaper bag and would fidget with her son's medicine and equipment.

Officer Donovan told the mother to look straight at him. He then shielded his flashlight with one hand and used indirect light to look at her eyes, which were extremely dilated. It was at this time that Officer Donovan contacted the Department of Children and Families and requested an immediate response. He then informed the mother of his actions because he didn't feel comfortable with her being responsible for her son this evening.

The officer had the son brought back into the apartment and then called for K9 Handler Officer Paul Foley and his K9 partner Charlie, who is a single-purpose passive drug detection dog, to come to the scene. The female who owned the car and had given the mother and the male suspect a ride back to the apartment then told Officer Donovan that she has three young children and did not feel comfortable knowing there could potentially be drugs in her vehicle. She gave consent to search the vehicle.

Officer Donovan went into the vehicle and quickly came across a bottle of 20 mg Amphetamine Salts (Adderall) prescribed to the owner of the vehicle, which was filled a few days earlier. There were also 12 loose blue circular pills labeled "E64", which were later identified though Drugs.com as Clonazepam, and three Sublingual 8mg Suboxone Strips.

Officer Donovan approached the vehicle's owner and asked if the black bag where the drugs were found was hers and she stated it was not. She then stated that while the search was being conducted, the mother whispered to her that she had taken a bottle of her medication and requested that she tell the officers that she dropped it earlier and asked the mother to pick it up for her. Officer Donovan asked the female car owner if the mother should have any of her medication and she stated, "Absolutely not."

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QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Aug. 4 – Aug. 10
ARRESTS: 31
TOTAL CALLS: 1173

FRIDAY, AUG. 4

LARCENY, 2:08 p.m., Metro PCS, 1363 Hancock St. Employee. Party trespassed by manager and patrolman.

LARCENY, 3:36 p.m., Swingles Quarry, 169 Ricciuti Dr. iPad. Happened last Friday. State Police.

MOTOR VEHICLE LARCENY, 6:29 p.m., Germain Ave. Blue 2017 Yamaha motorcycle.

SATURDAY, AUG. 5

LARCENY, 8:21 a.m., 494 Willard St. Bike.

LARCENY, 10:16 a.m., 433 Sea St. Medication.

MOTOR VEHICLE LARCENY, 2:18 p.m., 40 Rodman St. Happened in Braintree. Car taken from Quincy. Possible use without authority.

LARCENY, 2:36 p.m., 494 Willard St. Bike.

BREAKING AND ENTERING IN PROGRESS, 3:24 p.m., 220 E. Squantum St. Caller came home and front door was open. White male possibly still in residence. White male in his 20s or 30s, possibly balding, 6' or 6'1", overweight, pink/peach shirt, beige color shorts below knee, white hat and sneakers. Report filed. $20 taken.

VANDALISM/PROPERTY, 11:26 p.m., West Elm Variety, 139 W. Elm Ave. Inside and glass break. Cameras show suspect is same person from shoplifting incident earlier. Gone on officer's arrival. Rock was thrown through front window.

SUNDAY, AUG. 6

MOTOR VEHICLE LARCENY, 4:34 a.m., Northfield Ave. Caller states friend didn't return vehicle. To be charged with use without authority.

VANDALISM/PROPERTY, 10:54 A.M., Cleverly Ct. Honda broken into. Tire was damaged.

MONDAY, AUG. 7

BREAKING AND ENTERING, 2:47 a.m., Maggie's, 609 Washington St. Front motion and front door. Broken window and door jam appears to have been damaged. Owner on scene. Nothing appears taken.

VANDALISM/PROPERTY, 6:11 a.m., Prospect St. Caller is helping his landlord report that their red 2010 Honda window was smashed during the night. Unsure what, if anything, was taken. No suspect info.

BREAKING AND ENTERING, 9:35 a.m., CVS, 42 Beale St. Donation boxes.

VANDALISM/PROPERTY, 9:43 a.m., 226 Arlington St. Caller reports someone wrote on his car with a permanent marker. Graffiti is on left rear quarter panel. Says this is the second time over the last several weeks.

ATTEMPTED BREAKING AND ENTERING, 9:57 a.m., Ah Company, 12 Old Colony Ave.

LARCENY, 10:02 a.m., Lansdowne St. Wishes to report theft of jewelry. States he located the custom made jewelry on a website.

LARCENY, 1:28 p.m., 145 Crescent St. Debit card.

VANDALISM/PROPERTY, 2:09 p.m., 226 Arlington St.

LARCENY, 5:17 p.m., Marina Bay, 542 E. Squantum St. Three tuna tails stolen Aug. 4.

MOTOR VEHICLE LARCENY, 6:34 p.m., Town Fair Tire Center, 450 Quincy Ave. Stolen Aug. 4. Vehicle queried by the New Bedford PD tonight. Owner of vehicle called and they have no info.

TUESDAY, AUG. 8

VANDALISM/PROPERTY, 12:34 p.m., 82 Union St. 2010 Chrysler Town windshield smashed and two tires slashed sometime overnight.

BREAKING AND ENTERING IN PROGRESS, 2:54 p.m., 25 Dysart St. Black male in blue shirt, blue pants. Left in big blue truck. Claimed he was Water Department. Told caller and husband to go in basement, then suspect went upstairs in bedroom and stole money.

LARCENY, 2:59 p.m., Boston Scientific, 500 Commander Shea Blvd. iPad taken sometime between last Thursday and today.

ATTEMPTED LARCENY, 3:10 p.m., Eastern Bank, 63 Franklin St. Male party trying to pass bad check. Suspect still on scene. Arrest for attempted larceny, forgery and uttering.

LARCENY, 4:04 p.m., E. Squantum St. Caller claims person known to her stole her credit card.

LARCENY, 5:38 p.m., 73 South St. Caller reports son had sneakers stolen. Spoke with the parents of the other 12-year-old. Mother was given info and will contact other parents to get the sneakers back. Sneakers were returned to the owner.

WEDNESDAY, AUG. 9

LARCENY, 1:50 p.m., 175 Centre St. Money taken from apartment in last hour. Has suspect info. Complaint for larceny over.

LARCENY, 8:46 a.m., Firestone Tire, 2 School St. Credit card.

LARCENY, 9:26 a.m., Common St. Caller's iPhone 7 was stolen last night in Boston. Phone is showing to be at Common Street on the find phone app. Two vehicles in driveway. No answer at door.

LARCENY, 11:18 a.m., South Cove Manor, 288 Washington St. Money taken from patient.

LARCENY, 11:22 a.m., Webster St. Daughter had people over last night. $5,000 taken from father's room. Has suspect info.

LARCENY, 11:48 a.m., Quincy High School, 100 Coddington St. Bike.

LARCENY, 1:32 p.m., Doyle Ter. Lottery ticket.

LARCENY, 2:12 p.m., Franklin St. Money. Trespass and sent on way.

VANDALISM/PROPERTY, 2:13 p.m., Cleverly Ct. Caller was away on vacation for one month and when she returned home she found someone had damager her car. Caller has no suspects and no idea when the vandalism happened.

LARCENY, 2:26 p.m., 34 South St. Package.

LARCENY, 5:48 p.m., Elliot Ave. Caller states his grandmother was walking and was approached by a white female who said 'mama' and took grandmother's gold necklace off her neck. Female fled in a white sedan. Happened at 10:30 a.m. Suspect is 5-foot-tall and chubby, in her 40s.

INDECENT EXPOSURE, 8:19 p.m., Walmart, 301 Falls Blvd. Female with security reporting that a male exposed himself in the toy department. Security trying to find it on camera. Arrest made. Party coming in open and gross. Party trespassed in presence of officer.

LARCENY, 9:09 p.m., 256 Common St. Tools.

BREAKING AND ENTERING, 9:46 p.m., Water St. PlayStation 4 and game missing.

THURSDAY, AUG. 10

VANDALISM/PROPERTY, 10:47 a.m., McDonald St. Car keyed. No suspect info.

ASSAULT AND BATTERY, 1:20 p.m., NAGE, 159 Burgin Pkwy. Two parties arguing and mentioned a gun. No visual on a weapon. Party to QMC for a safekeep. Complaints to be filed for A&B.

MOTOR VEHICLE LARCENY, 3:07 p.m., Ken's Automotive, 1284 Furnace Brook Pkwy. Mechanic thought customer picked up vehicle. He did not.

VANDALISM/PROPERTY, 10:47 p.m., 90 Hall Pl. Youths broke porch light and fled up to Quarry Street and Hall Place. Two solar lights broken. No suspects.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 1284 Furnace Brook Prkwy, 450 Quincy Avenue, Northfield Avenue, Rodman Street, Germain Avenue

❑

CAR BREAKS: Vassall Street (4), Royal Street, Bell Street, 274 Washington Street

❑

BREAKS AND ATTEMPTED BREAKS: 300 block of Water Street, 42 Beale Street, 600 block of Washington Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Site Work Begins For New SW Middle School

Cont'd From Page 12

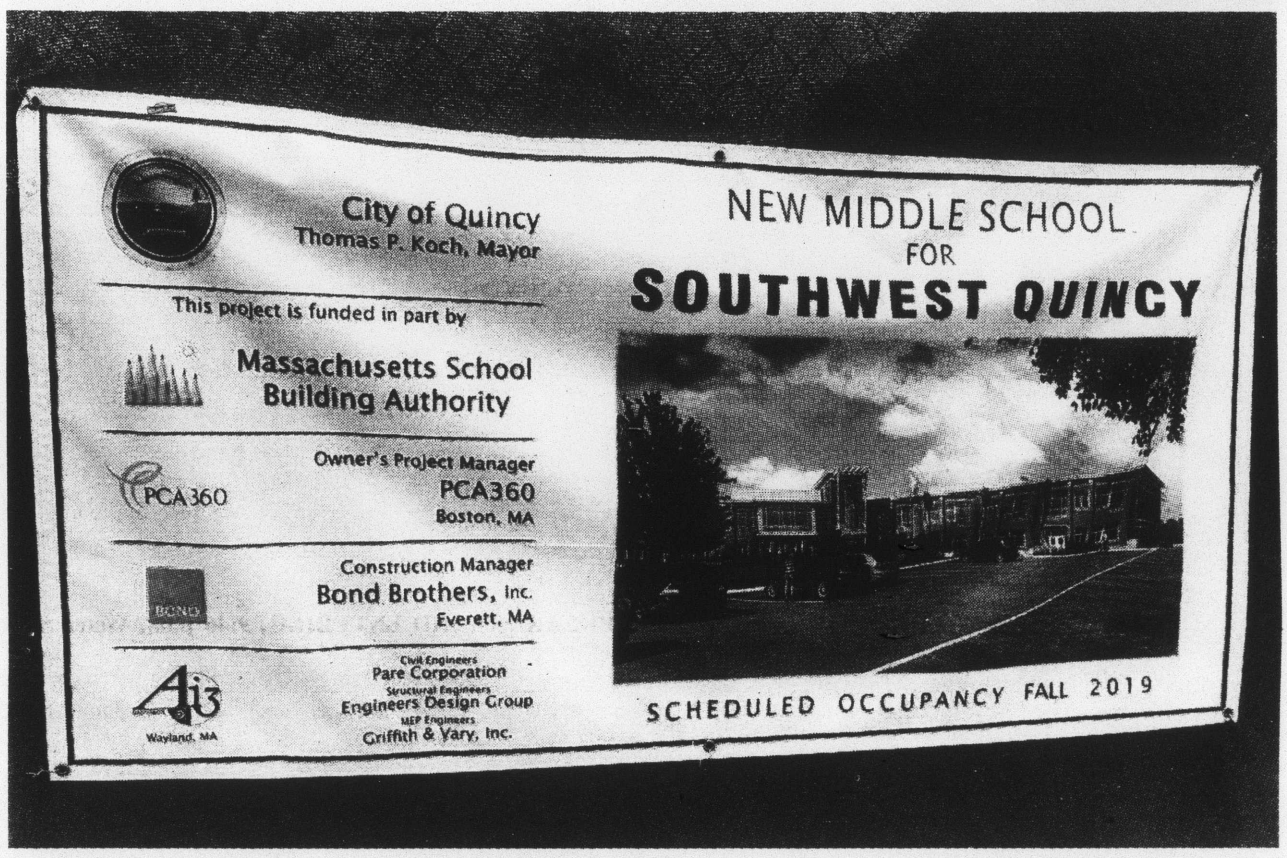
Koch said West Quincy students have to travel to the Bernazzani, Montclair and Wollaston Schools. Creating a new school on Crescent Street would reduce the distance those students travel while alleviating pressure at the other schools.

"It will help everybody. It will help everything in the system," Koch said. "In creating a new district, the lines will get changed. It will ease up on those other buildings and give some breathing space."

The mayor would work with the MSBA to offset the city's cost to construct the new facility.

"We're grateful to that program, to our legislators that fund it, to [Treasurer] Deb Goldberg –she's been equally as committed to Quincy.– and the whole team there," Koch said. "I'm grateful for their interest and concern for Quincy."





TOP PHOTO: An excavator lays a large strip of recycled tires over an area of underground rock that will be detonated at the site of the new middle school in Southwest Quincy behind the current Sterling Middle School. The recycled tires absorb the impact of the dynamite that is set off to loosen the rock. A pile of the rock that was detonated can be seen at left. PHOTO AT LEFT: Sign on the fence on Robert Street near the construction zone of the new middle school includes a rendering of the what the new school will look like. The project manager for the construction is PCA360 of Boston and the construction manager is Bond Brothers, Inc. of Everett. The $59 million school is funded in part by the Massachusetts School Building Authority. *Quincy Sun Photos/Robert Bosworth*

'Discovering Quincy' Cycle Ride Saturday

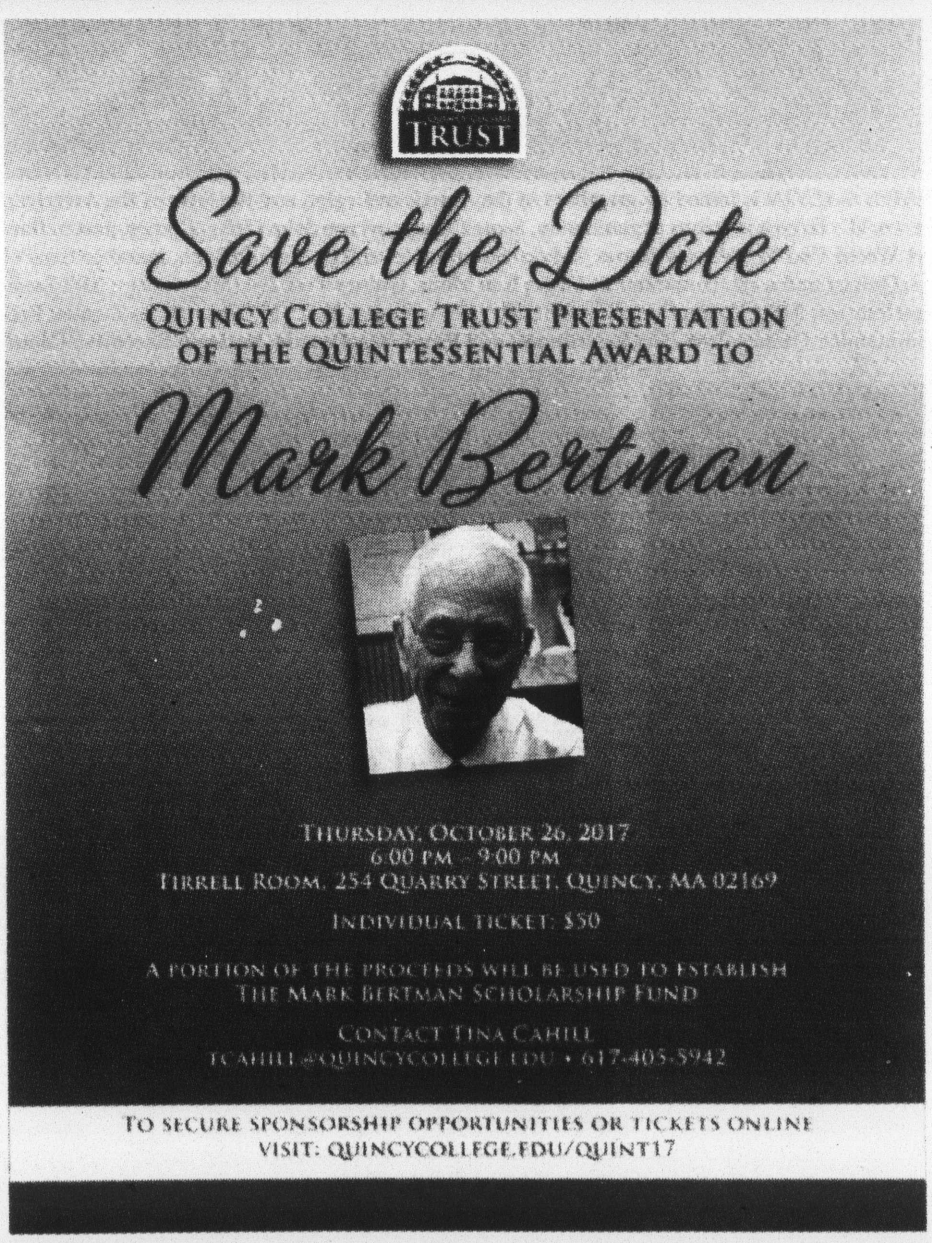
Join Quincycles for a "Discovering Quincy" ride through Quincy Center and Quincy Point on Saturday, Aug. 19 at 9 a.m.

The Discovering Quincy rides are designed to highlight easy routes through the city.

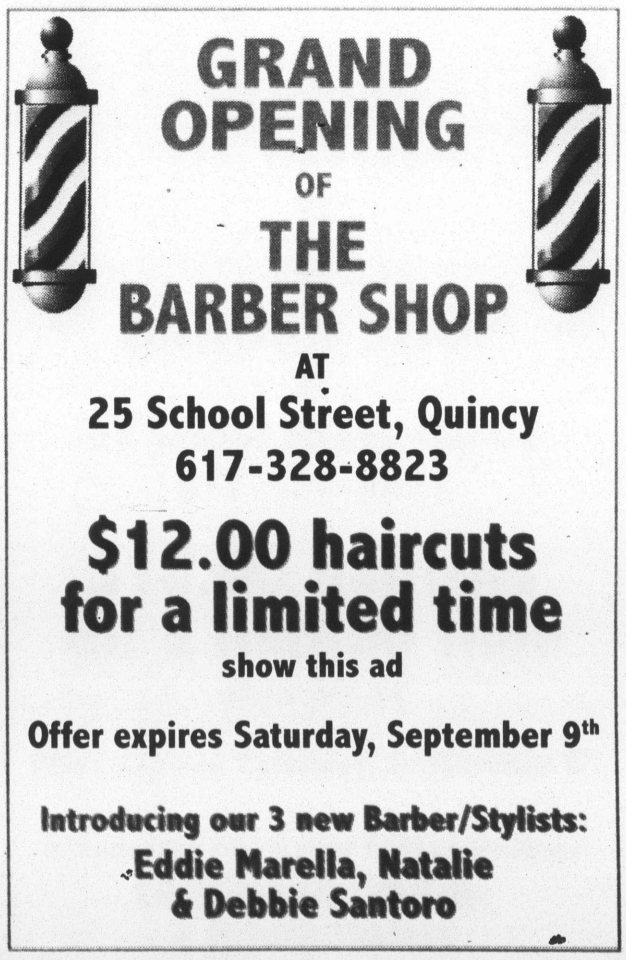
Participants are invited to meet prior to the start time at the Quincy Historical Society, 8 Adams St.This relaxed, short-distance ride will explore the back roads between Quincy Center and the Point. After the ride, participants are welcome to gather for coffee.

All Quincycles rides are free and open to the public.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group and the full schedule of rides can be found on their website at www.Quincycles.org.







WWII Vet James Galvin & American Legion: A Perfect Fit

Cont'd From Page 4

"You'll never have to pay dues again."

Then Galvin stood as Comer placed the cap on his head.

"I want to present to you your dues card and Legion cap with the words Jamaica Plain, Massachusetts, courtesy of the American Legion National Headquarters." As Comer postioned the cap on Galvin's head – a perfect fit – family, fellow Legionnaires, elected officials and other guests applauded.

"History has been made," Comer said, before introducing Mike Davis, state commander of the American Legion Department of Massachusetts. Davis then read a certificate of appreciation.

"This certificate of appreciation is gratefully presented to James Galvin in recognition of outstanding military service in the name of freedom and democracy. Serving as a B-24 gunner with the Flying Horsemen of the 449th Bomb group, his squadron flew 50 missions over Germany and France as part of the U.S. Army Air Corps in World War II.

"We hereby recognize his honorable service to our country in protecting our liberty and independence."

Other presentations were made by Ward 6 City Councillor Bill Harris, Councillor at-large Noel DiBona and Sean Costello, an aide for state Rep. Bruce Ayers.

Harris, who represents Squantum on the City Council, offered a mayoral proclamation on behalf of Mayor Thomas Koch who was unable to attend the ceremony.

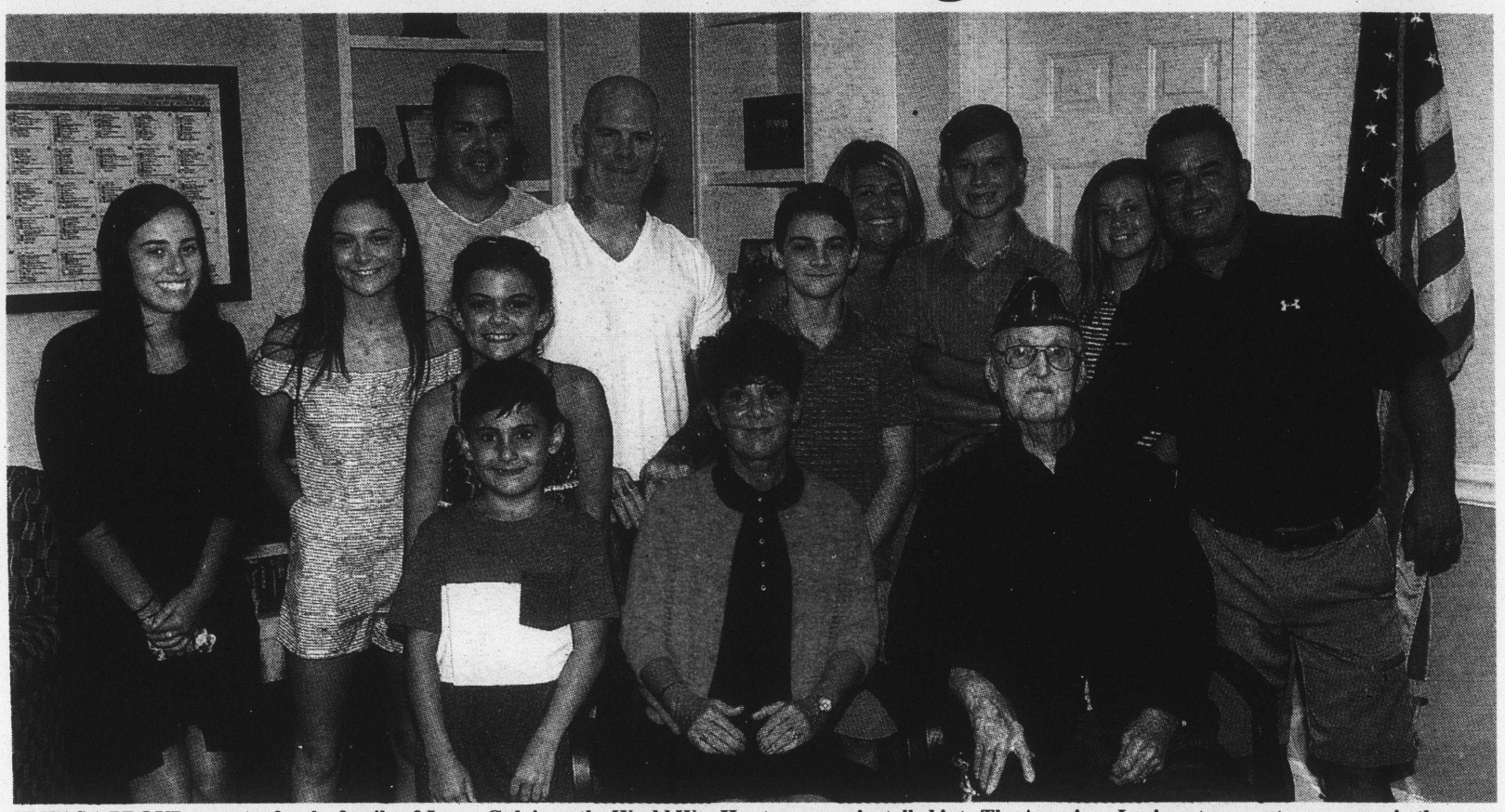
The mayor's citation proclaimed Aug. 5, 2017, as "James Galvin Day in the City of Quincy."

The mayoral citation also noted Galvin's "bravery and sacrifice on behalf of this nation played a vital role in defeating tyranny and protecting our freedoms for generations to follow" and "James has exemplified loving devotion to his family and friends throughout his 96 years. . . . Best wishes for many happy, healthy years ahead."

DiBona, who is also a member of the Sons of the American Legion, Squadron 294, Morrisette American Legion Post, presented a City Council citation on behalf of his council colleagues. "Congratulations on your induction into the American Legion and thank you for your remarkable service to the United States as an Army Air Corps B-24 gunner," DiBona said.

On behalf of his boss, state Rep. Bruce Ayers and the city's other representatives – Tackey Chan and Ronald Mariano – Costello presented a proclamation from the Massachusetts House of Representatives offering its "sincerest con-

Cont'd On Page 17



IT WAS A PROUD moment for the family of James Galvin as the World War II veteran was installed into The American Legion at a recent ceeremony in the community room at Atria Marina Place in Squantum. Front row from left: Aiden Galvin, great-grandson; Jeanmarie Turley, daughter; and James Galvin, recipient. Second row: Amanda Galvin, granddaughter; MacKenzie Galvin, great-granddaughter; Avery Galvin, great-granddaughter; and Shayne Galvin, great grandson. Last row: David Turley, son-in-law; Brian Galvin, grandson; Leann Galvin, daughter-in-law; James Galvin III, grandson; Lexie Galvin, granddaughter; and James Galvin, Jr., son.

Quincy Sun Photos/Robert Bosworth



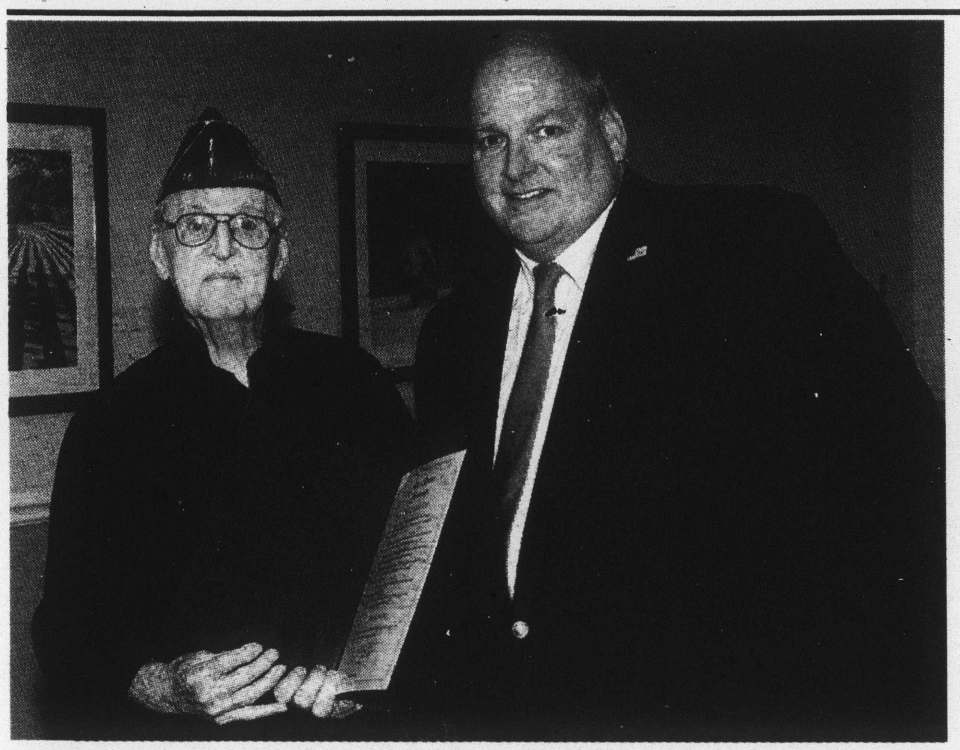
JAMES GALVIN is joined by members of the American Legion and the Sons of the American Legion after being installed into the world's largest veterans organization. Seated front row are John (Jake) Comer, past national commander, American Legion; and World War II veteran James Galvin. Standing from left: Noel DiBona, member Sons of the American Legion Squadron 294, Quincy and a city councillor at-large; Ken Menz, Quincy Post 294 (Morrisette); Milt Lashus, Department Adjutant, Post 26 Charlestown; Mike Davis, Department (State) Commander, Post 117 Oliver Ames Boston; Fred White, Department Senior Vice Commander, Quincy Post 294 (Morrisette); and Frank MacDonald, National Executive Committeeman, Bourne Post 230.



JAMES GALVIN, a proud World War II Army Air Corps veteran and newly installed member of The American Legion, with is daughter, Jeanmarie Turley (center) and John (Jake) Comer, past national commander, The American Legion. Comer and Galvin's daughter were both instrumental in making Galvin a member of the American Legion, the world's largest veterans organization at a recent ceremony at Atria Marian Place in Squantum.



MIKE DAVIS, state commander, Department of Massachusetts, American Legion, presents a certificate of appreciation to James Galvin for his distinguished service during World War II as a B-24 gunner with the Flying Horsemen of the 449th Bomb group. Galvin flew 50 missions over France and German during the war.



WARD 6 COUNCILLOR Bill Harris presents a mayoral proclamation on behalf of Mayor Thomas Koch to World War II veteran James Galvin after the 96-year-old Quincy resident was installed into the American Legion at a special ceremony at Atria Marina Place in Squantum. The citation proclaimed Saturday, Aug. 5, 2017 as "James Galvin Day" in the City of Quincy.

Quincy Sun Photos/Robert Bosworth



JAMES GALVIN ALSO received several other citations including one from Councillor Noel DiBona on behalf of his council colleagues. DiBona is also a member of the Sons of the American Legion, Squadron 294, Morrisette American Legion Post.

WWII Vet James Galvin & American Legion: A Perfect Fit

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gratulations to James Galvin in recognition of your outstanding military service in World War II."

Speaking on behalf of the Galvin family, James's daughter, Jean, expressed gratefulness for all who attended the ceremony.

"I'm just very grateful to all of you who came out today for James. We as a family are so very proud of my father. He has given us so much joy in our life and I just want to thank you from the bottom of our heart for being here for us today.

"Without Jake, this would not have been possible. Thank you all so very much."

Before making James Galvin an member of the American Legion, the Legion wanted to fly him to Washington, D.C. to visit the beautiful World War II Memorial in the nation's capital. The memorial pays homage to the 16 million who served in the armed forces of the U.S., the more than 400,000 who died, and all who supported the war effort from home.

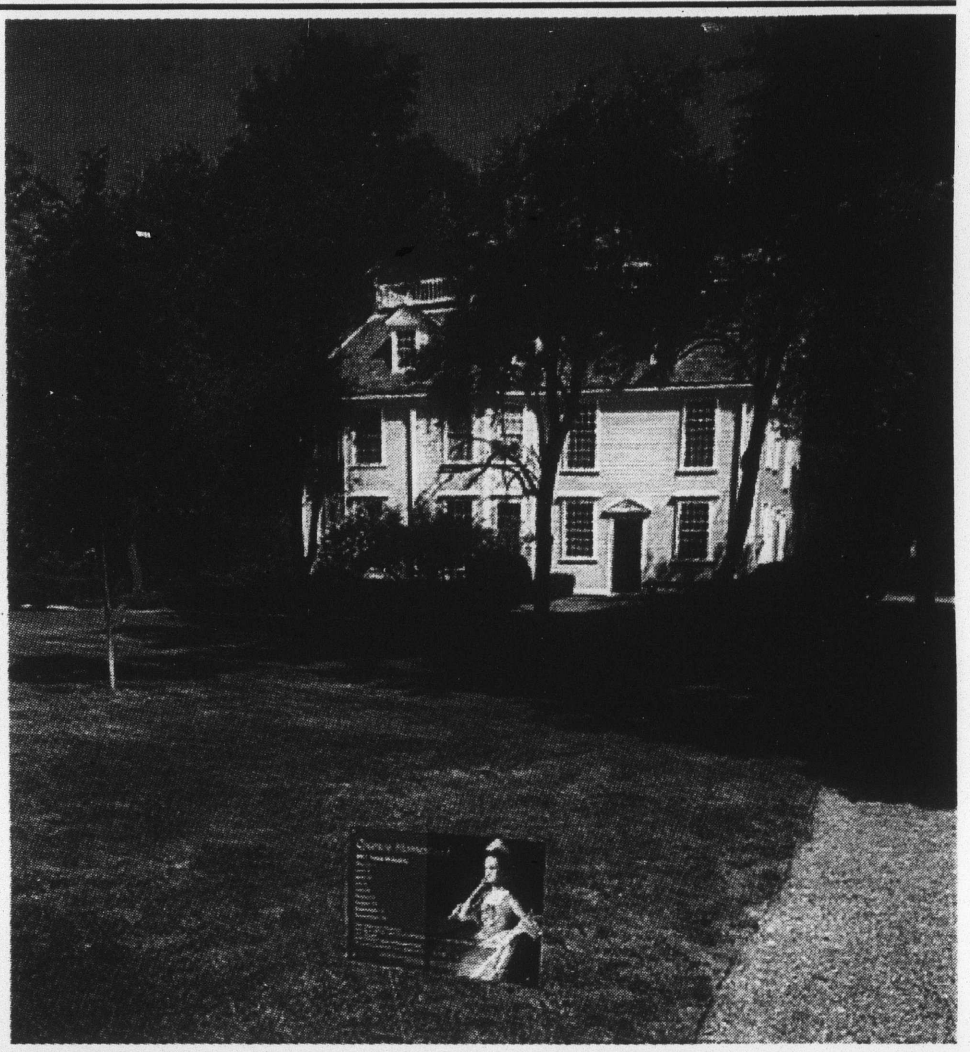
Unfortunately, James is unable to travel to Washington.

"So, we thought this would be better," Jake Comer said at the ceremony.

All those who attended the special tribute couldn't have agreed more.

James Galvin – World War II veteran and now a member of The American Legion.

A perfect fit indeed.



DOROTHY QUINCY HOMESTEAD, 34 Butler Rd., Quincy will welcome visitors for free tours of the historic house and gardens on Saturday, Aug. 19th from 11 a.m. to 3 p.m.

Photo Courtesy National Society of Colonial Dames - Massachusetts

Historic Dorothy Quincy Homestead Open House, Garden Tours Saturday

11 AM - 3 PM At 34 Butler Rd., Quincy

The Dorothy Quincy Homestead will welcome visitors for free tours of the historic house and gardens on Saturday, Aug. 19th from 11 a.m. to 3 p.m. The homestead is located at 34 Butler Rd., on the corner of Hancock Street in Quincy.

Tours begin every half hour, and take about 40 minutes. Bring a picnic and enjoy the 1.8 acre green landscape under the shade of the old trees. Ask to try your hand at old-fashioned children's lawn games if you'd like, or just sit and enjoy yourself.

The Quincy family arrived on our shores in 1633 in search of religious freedom. Edmund Quincy I, his wife Judith and two children, settled on a large land grant which formed part of the territory Governor John Hancock, named as the town of Quincy in 1792. John Hancock himself grew up nearby, as did his future wife, Dorothy Quincy. As Governor, Hancock chose to name the town after Edmund Quincy I's grandson, Colonel John Quincy, a patriot, highly respected civic leader and grandfather of Abigail Adams.

The 1686 Quincy Homestead was built by Edmund Quincy II on the property of his father, just south of Furnace Brook. The original house, built by Edmund Quincy I in 1635, was located quite close by on Butler's Pond, but it was dismantled in 1893.

Today, what is fondly known as the Dorothy Quincy Homestead is owned and maintained as a Not-for-Profit Organization by the Department of Conservation and Recreation (DCR) in public/private ownership with the National Society of Colonial Dames of The Commonwealth of Massachusetts (NSCDA-MA).

For more information about the house, private tours, gardens and grounds, call (617) 742-3190 or email dames@nscdama.org; information is also available at www.nscdama.org and on Facebook under Quincy Homestead 1686.

The Quincy Homestead will next be open for Historic Tours of House and Garden Sept. 2nd.

Register O'Donnell On QATV

Norfolk County Register of Deeds William P. O'Donnell will appear on Quarterly Updates with Mark Crosby on Quincy Access TV.

O'Donnell will speak about many different aspects of the registry. He will be discussing the first quarter real estate activity for both Quincy and Norfolk County, foreclosure activity, deeds scams, Homestead Law and mortgage discharges. The Register will also encourage people to sign-up for its free anti-fraud program called Consumer Notification Service.

Another topic to be discussed is the Registry's Suits for Success program. This program accepts donated clothing at the Registry of Deeds. The Registry donates the clothing to human service agencies to help people who are trying to transition back to the workforce.

Additionally, O'Donnell will talk about a couple of the Registry's latest ground breaking initiatives, its "History Comes Alive" transcription program praised by noted historian David McCullough and another vehicle to be launched later this year called Notable Land Records.

The program will air Friday, Aug. 25th at 7 p.m., Saturday, Aug. 26th and Sunday, Aug. 27th at 8:30 a.m. and 4:30 p.m.

Volunteers Needed To Lead Horse Project Clubs For 4-H Youth Program

Adult volunteers are needed for a couple of hours each month to serve as 4-H club leaders in horse care and management in Bristol and Norfolk Counties. The role of a 4-H volunteer leader is to provide skills from your own area of expertise while developing a meaningful relationship with youth. 4-H members will learn about horses at club meetings as well as at state 4-H horse workshops and events. In addition, 4-H members have fun competing in educational contests at the county, state and even national level. While 4-H is not a riding instruction program, members do sometimes ride horses as part of 4-H their activities and 4-H does sponsor horse shows. The goal of the 4-H program is to help youth, ages 5 to 18, become competent, caring adults through positive mentoring, learning how to take community action, and increasing their sense of self-esteem, responsibility, fairness, trust and decision making techniques. The 4-H office provides training, resource materials, activity curriculum and support for all our volunteers.

"We need people who have an interest in spending time with young people and who want to learn alongside them," says Jay Field, Extension 4-H Educator for Bristol and Norfolk Counties. For more information on how you can make an impact on the youth in your community, contact the 4-H office at (508) 668-9793 or by email at jfield@umext.umass.edu to discuss how you can make a difference, be a part of a productive 4-H team and spend quality time with youngsters. 4-H is an outreach education program of the University of Massachusetts/Amherst in cooperation with the U.S. Dept. of Agriculture. More at www.mass4h.org.

Quincy Farmers Market: 35 Years And Still Growing

Cont'd From Page 1

a market in Quincy.

As an employee of the state Department of Agriculture, Dye said Johnson "knew a lot about farming."

Janet Little took over the market as director several years ago and continues to enjoy success and attracts over two dozen vendors from not only around New England, but from as far away as Florida.

Two of the farms that started with the market in 1982 – Stillman Farms of New Braintree and Freitas Farm of Middleboro – continue to come back every year.

"I like the people here," said Glenn Stillman as he replenished an empty bin with green beans. "It's a good market."

Dye said there are usually 20 vendors any given Friday, 30 different ones during the season.

"Some come twice a month or once a month," he said.

Barbecued meats, sandwiches, honey, maple syrup, eggs, grain-free dog treats and of course, fresh vegetables, are among the offerings. Bakeries recently joined the market and new this year is popcorn - popped onsite in a brass kettle.

Other vendors include an energy conservation company, a bank and a real estate agent.

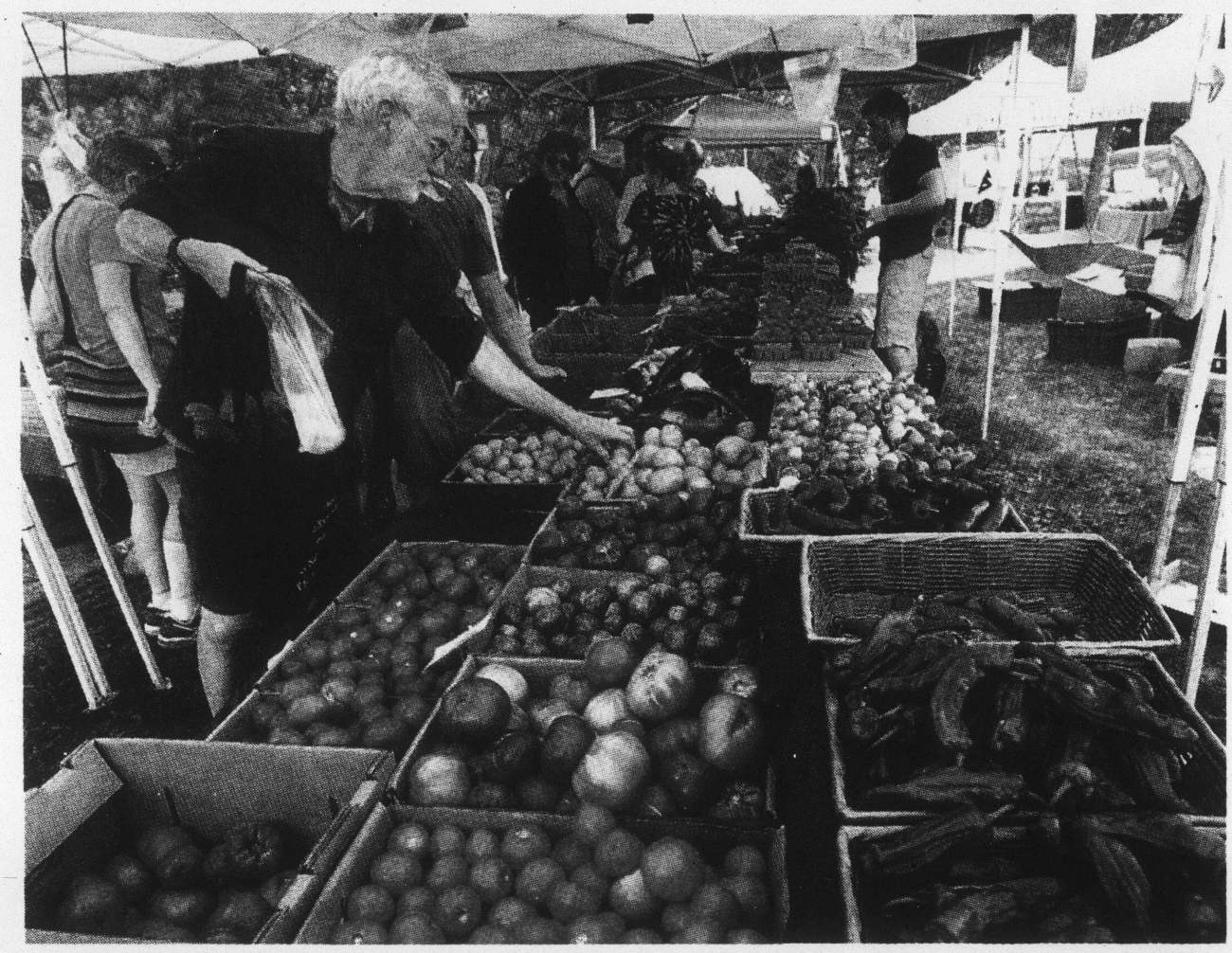
"Everyone has something different to offer," said Dye. "One rule we have here is 'don't produce the same thing.' We don't promote competition within the market. The result is a greater variety."

For the past three years, Ian Ackerman has been bringing jars of maple syrup produced at the farm he and his wife, Caitlin, own in Cabot, Vermont to the farmers market.

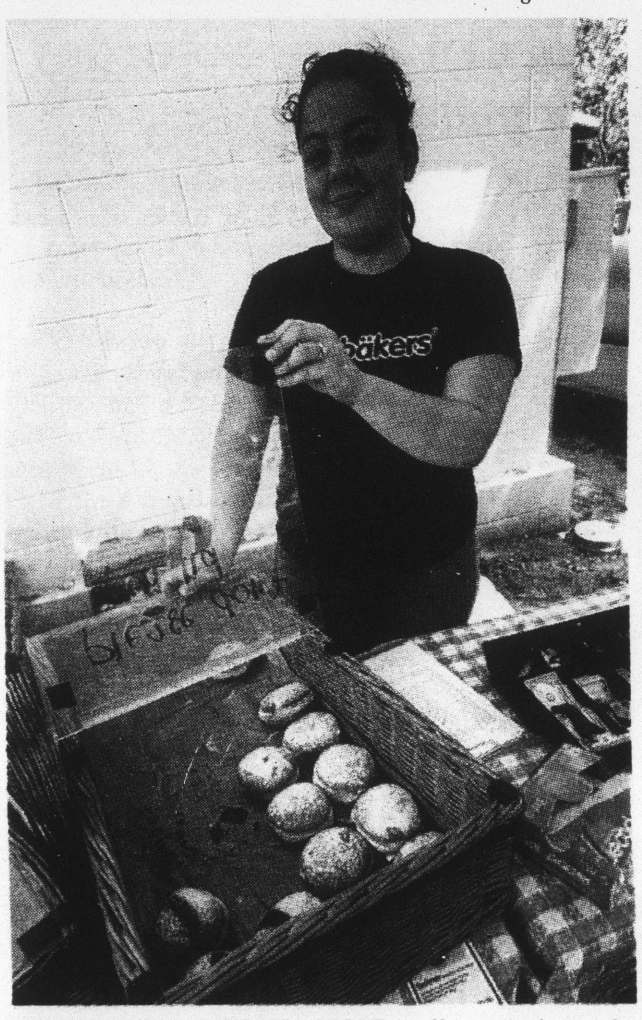
"This is one of the nicest markets," he said. "It's a good customer base."

The Ackermans started the farm five years ago with 26 acres that has since

Cont'd On Page 19



KEN BLUMBERG SELECTS fresh produce at the Quincy Farmers Market at Pageant Field. *Quincy Sun photos/Tom Gorman*



SWISSBAKERS' MELISSA MOURA offers pastries at the farmers market.

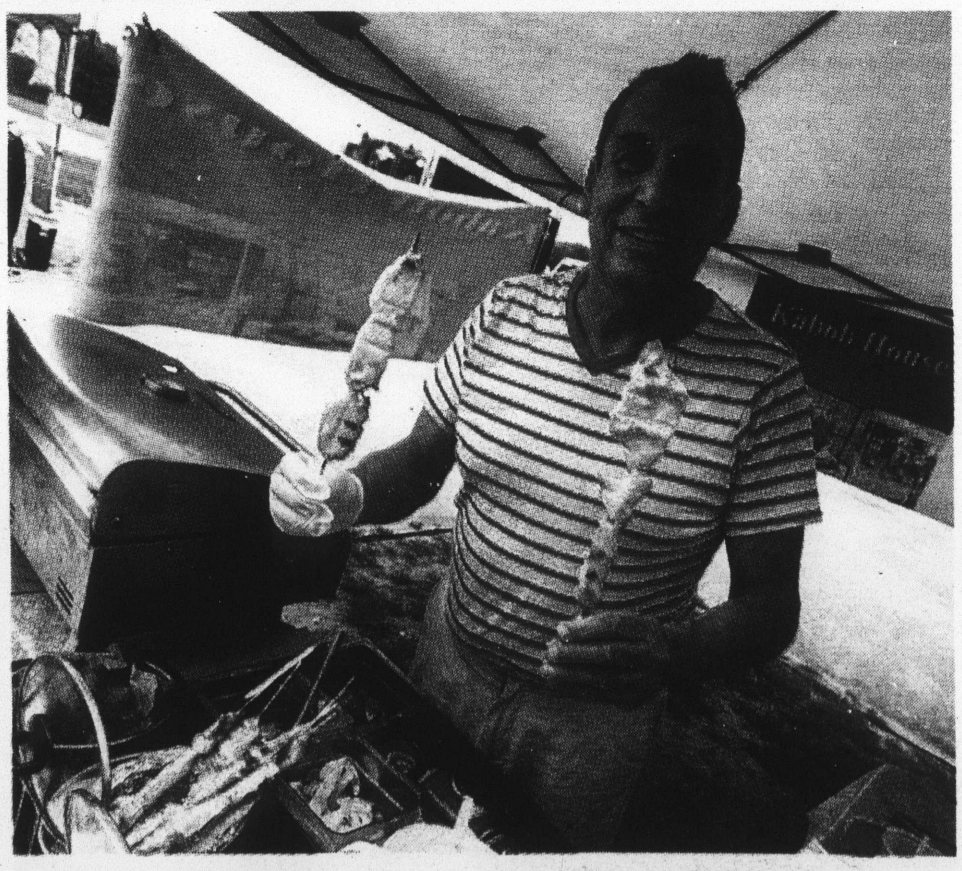


GOLDEN RULE HONEY'S Laurie Herboldsheimener offers samples of honey at the Quincy Farmers Market.

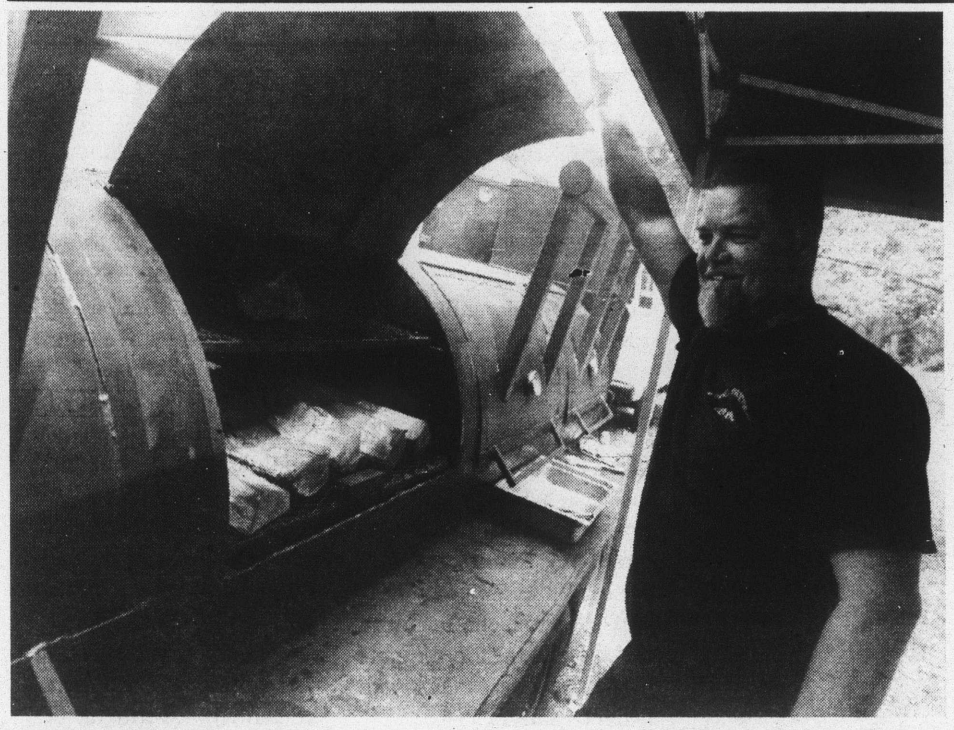
Farmers Market
Fridays At
Pageant Field
11:30 - 5 p.m.



GLENN STILLMAN of Stillman Farms, New Braintree, replenishes beans at the Quincy Farmers Market where he has been a regular vendor for the past 28 years.



M. GHOBASHI of the Kabob House prepares chicken kabobs.



BONEZ BROTHERS BBQ owner Todd Noon of Fort Myers, Florida checks his smokers at the Quincy Farmers Market. *Quincy Sun photos/Tom Gorman*



AMANDA CAMERGO and Jennifer Cumio of Euphoria All Natural offer natural soaps.

Quincy Farmers Market: 35 Years And Still Growing

Cont'd From Page 18

grown to 79 acres. He said they have 6,400 trees and 3,000 gallons of maple syrup are produced each year. In the summer, they sell the syrup in the Boston area and bring their wares to Florida in the winter.

The couple is expecting their first child, a son, next month. Ackerman said he hopes the farm will be "passed down to our son."

This is Mike Ohan's eighth year coming to the Quincy Farmers Market selling fresh eggs from his Undisputed Chicken Farms in Holbrook.

"These are my people," he said of the Quincy market shoppers as he sat next to a cooler filled with cartons of eggs and a cage with two chickens.

Ohan said he started his farm in 2006 after giving up a professional boxing career that included sparring with the late "Marvelous" Marvin Hagler of Brockton.

"Since I was a kid, I always wanted a chicken farm," he said. "This (the farm) changed my whole life."

Todd Noon of Bonez Brothers BBQ came up from Fort Myers, Florida with several large smokers. He prepared pulled pork and barbecued chicken along with sides for lunches.

Laurie Herboldsheimer, who co-owns Golden Rule Honey of Leominster, offered samples of her various kinds of honey.

"The honey is all natural," she said, explaining that the honey is raw and the bees are not treated with any antibiotics or pollen substitutes.

For man's best friend, Scott Burns of Carberry Kitchen had grain-free dog treats. The treats are baked in Laura Carberry's Weymouth home using local, organic ingredients and contain no preservatives, chemicals, salt or sugar.

Dye said the market does not forget the kids.

"We have fun things for the kids," he said. "There are cookies and slush."

Dye said the farmers market is a great place to have lunch and relax.

"You can get something to eat, sit in the (Ruth Gordon) amphitheater and listen to live music," he said. "Last week we had a five-piece band," Dye said. "It's unusual for a farmers market to have a five-piece band."

He noted that the musicians are all local, "they're not just traveling through."

The famers market is not just about selling produce and products. It offers a small business initiative to its vendors through Northeast Community Bank.

"One of the programs we have here since we took over the market, is to foster small business startups," Dye said. "The bank hosts people who are not quite ready to become fulltime vendors."

Dye said one vendor, Euphoria, began selling beauty care products at the market last year and "now is a fulltime vendor through the program."

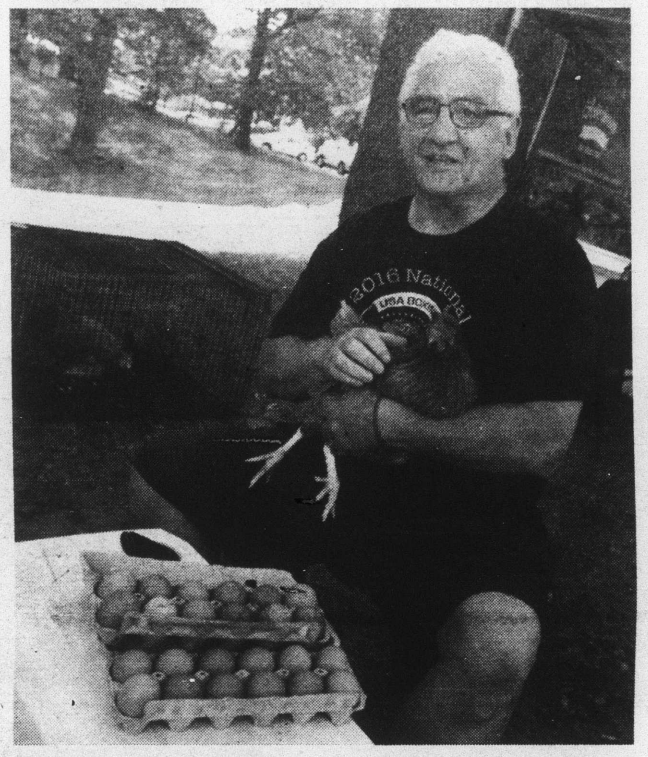
On a recent Friday afternoon, soft music from the harp of Haley Hewitt of Quincy filled the air as scores of people went from vendor to vendor or relaxed in the amphitheater.

Among those looking over the fresh produce was Ken Blumberg who made it a point to say he has become a regular after going to the Boston farmers market for years.

"I like fresh, local food," he said. "I try to come here every week."

Ann Williams came from Bridgewater to shop at the market. She liked the variety of vendors and the convenient location.

"This is one of the better markets," she said. "There's plenty of parking and a lot of different things to choose."



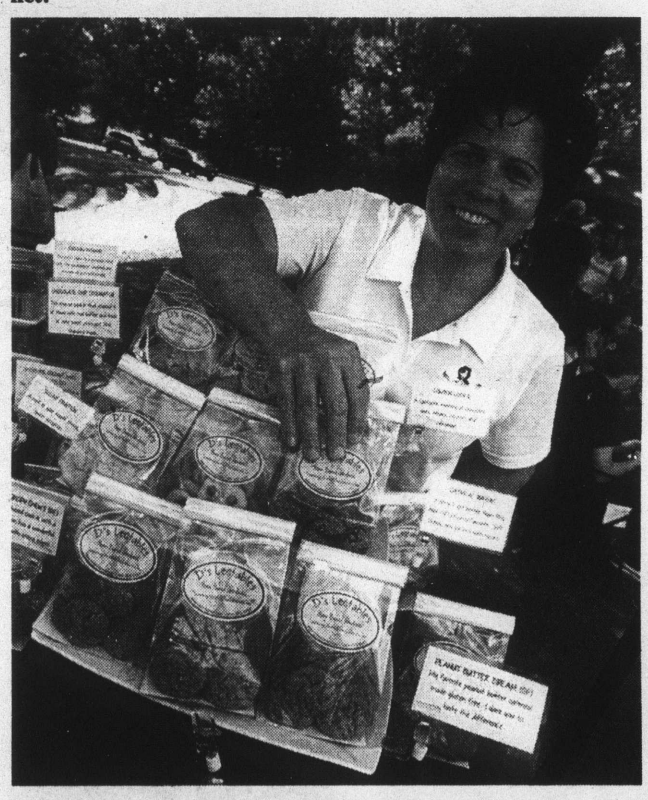
MIKE OHAN of the Undisputed Chicken Farm of Holbrook brought a few chickens along with eggs to the farmers market.



IAN ACKERMAN brought maple syrup from his Vermont farm to the Quincy Farmers Market.



SCOTT BURNS of Carberry Kitchen of Weymouth offers grain-free dog treats in various flavors.



DARLENE SICARD of D's Lectables sorts cookies.



HALEY HEWITT of Quincy entertains at the Quincy Farmers Market on her harp.

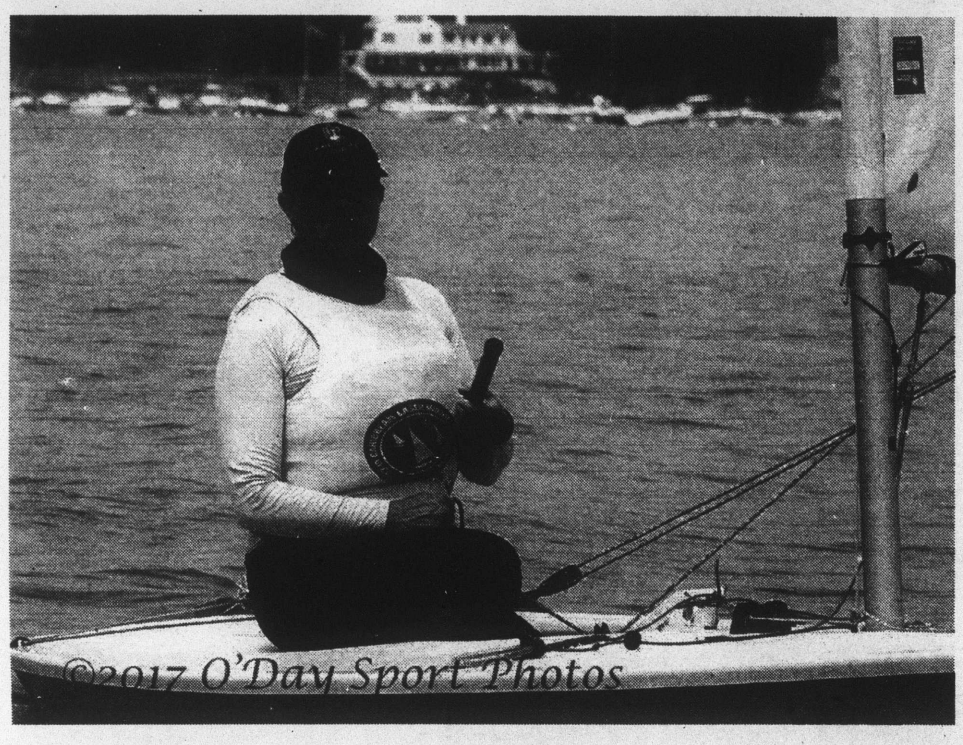


Judith Krimski Takes Top Honors in Marblehead NOOD Laser Radial Fleet

Long-time Quincy resident and sailing coach Judith Krimski captured first place in the Laser Radial fleet at the 2017 Marblehead NOOD Regatta, held on the waters off Marblehead, July 29-30.

The Marblehead NOOD, sponsored by Sailing World magazine, is a yearly event, comprised of 10 racing fleets and drawing over 100 one-design sailing vessels from all over the East Coast.

The NOOD Regatta featured two days of Laser racing in a variety of conditions including heavy winds of 20+ knots and seas of up to 4 feet on Saturday, to more moderate sea breezes and sunny skies on Sunday. Representing her home club: Courageous Sailing Center, Charlestown, Krimski put in a strong showing winning her fleet with an overall score of 26 points after 10 races. Finishes included 2 firsts and 3 second place scores. Krimski tied with Acton sailor David Crawley but won the regatta based on better race results overall.



LONG-TIME QUINCY resident and sailing coach Judith Krimski captured first place in the Laser Radial fleet at the 2017 Marblehead NOOD Regatta.

Photo Courtesy O'Day Sports Photos

"The great thing about the NOOD is, unlike other sports where there are separate age groups, this regatta allows youth and adult sailors to race together in one fleet. I think the age range this year was from 15-62." says Krimski. "That's a pretty big spread but surprisingly the competition is stiff all across the board. In fact three of the top six spots in the two Laser fleets were taken by sailors 55+."

Krimski, or "Coach K" as her youth sailors call her, credits her success with keeping a positive outlook, eating foods from the "outside aisles" and a consistent workout schedule. "You have to be strong and mentally focused to sail the Laser. I started kick boxing this spring and that has helped increase my stamina as well as response time."

When not running her Quincy-based firm, Krimski Design & Communications, Krimski coaches the Buckingham, Browne & Nichols sailing team, a private high school located in Cambridge. She is also a regular fixture at Courageous Sailing where she has coached Laser sailing clinics.

In addition to her win at Marblehead NOOD, Krimski earned a berth at the championship regatta hosted by sunsail in the British Virgin Island this October. "I'm definitely going!" She states, "It will give me great incentive to stay in shape."

Six Recreation Sailors Participate In Race Week Junior Racing

Recently six sailors from Quincy Recreation's Ryan Boathouse participated in the Quincy Bay Race Week Junior Racing.

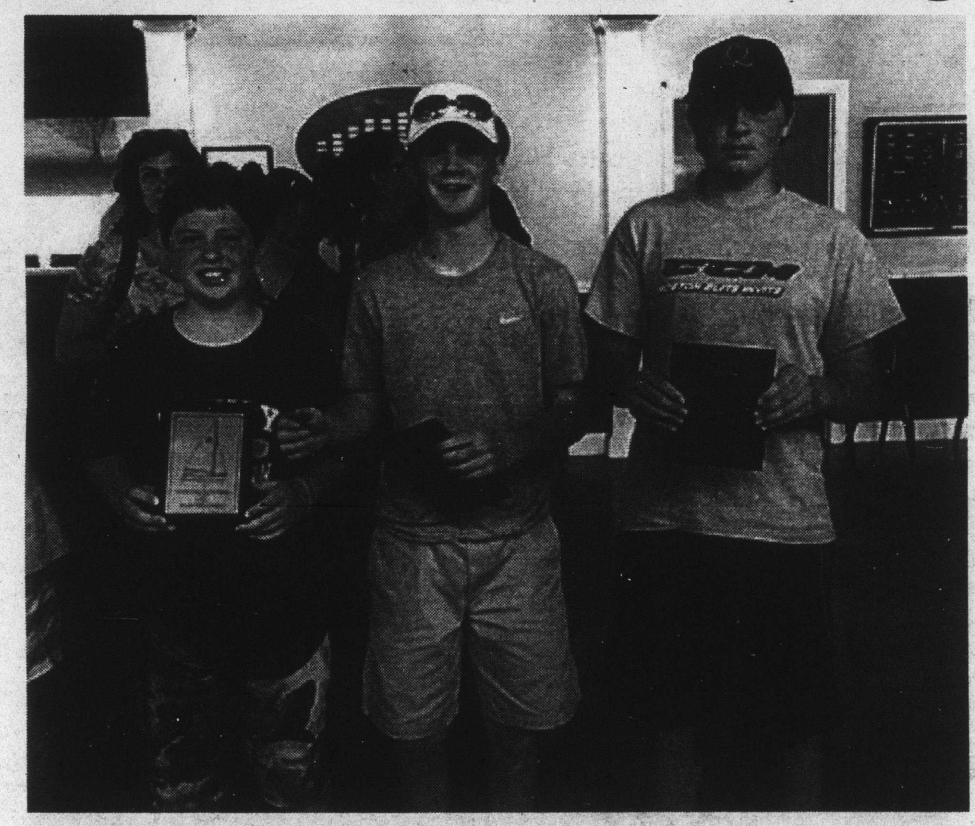
The sailors from the Ryan Boathouse are a part of the department's Advanced Sailing Class. This class is supervised by Bridget Mazza and taught by Emily Mazza, Brooke McCarthy, and Ciaran O'Connor, sailing instructors as part of the popular summer program located at Blacks Creek.

This year the Ryan Boathouse had two of their boats place in the Widgeon Fleet. Taking second place was skipper Riley O'Connor with help of crew William McMillan and Nate McMillan. Coming in third place was skipper Josh McMillan with crew Rachel Farrell and Quinlan Perry.

Quincy Bay Race Week Junior Racing is a two-day event where local yacht clubs send competitors under the age of 18 to race against one another. This year the races were held at Squantum Yacht Club in Wollaston. After the two days of racing there is a cookout and award ceremony for all of the participants and their families.

Recreation Director Barry Welch praised the outstanding volunteers who donate their time and talent to race week activities.

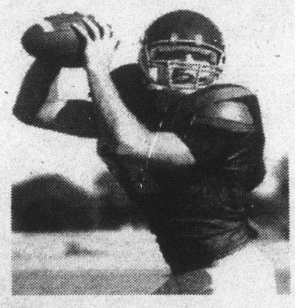
"Our participants benefit greatly by having the opportunity to race in Quincy Bay. It is the highlight of the season for these youngsters who have worked their way through our lesson program to earn the privilege of being part of race week. Our thanks go out to the outstanding race week organizers for another great year," Welch said.



COMING IN SECOND for the widgeon fleet was skipper Riley O'Connor with crew William McMillan and Nate McMillan of Quincy Recreation's Ryan Boathouse. Shown here from left to right: Nate McMillan, Riley O'Connor and William McMillan.



FINISHING THIRD for the widgeon fleet was skipper Josh McMillan with crew Rachel Farrell and Quinlan Perry of Quincy Recreation's Ryan Boathouse. From left: Rachel Farrell, Josh McMillan and Quinlan Perry.



Quincy / North Quincy High Schools
Football Hall of Fame

2017 Hall of Fame
Nomination Form

There is a seven year waiting period from Graduation before a candidate can be nominated All nomination must be returned to :Ron Ivil by **October 6, 2017**

34th Annual Banquet

Annual Football Hall of Fame

Seniors Dinner & Induction Banquet

November 21, 2017

Quincy Sons of Italy Hall

Quarry St, Quincy, Ma.

Cocktails: 6 -7 pm, Dinner: 7:15 pm

All tickets must be purchased in advance. Contact Ron Ivil at:

1-781-337-0062

This has been a sell-out dinner so don't wait to buy your tickets.

No Ticket Sales at the Door

$45 ea., Table of 10, $400

Sponsor a Senior Player: $40

All fields required to be filled

Name of Nominee: _____ Contact Number: _____

School Attended: QHS ___ NQHS ___ Graduation Year: _____

Nominee's Address: _____
City: _____ State: _____ Zip: _____

Biographical Information: _____

_____

_____

_____

_____

_____

Real Estate

Quincy Real Estate Transactions August 7 - August 11

Transactions are compiled by the Norfolk County Registry of Deeds

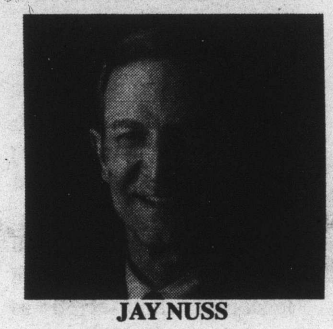
Seller	Buyer	Amount	Address
Fourteen Ninety Five Hancock LLC	Hancock Flag Realty LLC	$4,600,000.00	1495 Hancock Street
Laura S. Lo	Charisse Taylor	$265,000.00	123 Elm Street Unit C-10
Mattie Homes LLC	Heather, Donna, Brendon & Bradley Sprinkle	$526,000.00	14-16 Dartmouth Street Unit 16
Lap K. Lam	Aris Bega & Sofia Samir	$320,000.00	211 West Street Unit 12B
Mary C. Krantz	Rong S. Chen & Qiuying Liu	$465,000.00	56 Marlboro Street
Hue Tang	Steven D. Truong & Sarah T. Bui	$300,000.00	241 Washington Street
Stephen V. Provenzano Revocable Trust	Yulian Chen & Guangwen Yu	$240,000.00	45 Oval Road Unit 23
John Dalton	Zhaohui Wang & Jing Guo	$301,000.00	40 Cross Street Unit A-22
Huo K. & Mulian Mei	Quiyun Tian	$377,000.00	137 Common Street
David C., David J., Mary A., Audrey M. Andronico; Angela M. & Mark Dailey	Hieu D. Pham	$580,000.00	84 South Walnut Street
Nicole N. Frierson	Nikki I. Worthman & John J. Murphy	$280,000.00	230 Willard Street Unit 601
John K. Gallagher	Ahmad Karbasi	$430,000.00	21-23 Westford Street
BP Liberty LLC	Giulio A. & Paula J. DeConti	$469,000.00	999 Hancock Street Unit 505
Nancy D. Wu	Stanley B. Zheng	$725,000.00	360-362 Beale Street
Elite Property Development LLC	Ryan T. & Elizabeth M. Miranda	$478,000.00	16 Ames Street
Debra Morin	Joseph & Eleisha Cascarano; James P. Griffin	$385,000.00	27 Chick Street
Michael C. Soper & Kimberly E. Wiles	Timothy Fay & Eliza Bergstrom	$301,000.00	896 Sea Street
Residences at 1022 Hancock Street LLC	Anthony G. Viscusi	$375,000.00	1022 Hancock Street Unit 205
Jo-Ray Realty Corporation	Zhi M. & Stella Chen	$340,000.00	50 Presidents Avenue
Jonathan F. & Heather Keller	Brandon M. Ruggiero & Jamie R. Rauch	$408,000.00	77 Adams Street Unit 1209
Tiffanie A. Needham	Morimoto LLC	$200,000.00	21 McGrath Highway Unit 206
128 Huckins Avenue Realty Trust	Paul & Patricia Nestor	$475,000.00	128 Huckins Avenue
Lauren Hess & Matthew Boyle	Christine M. Tracey	$340,000.00	12 Thomas Street
Kenneth & Annie Chin; Xionghui Chen	Li Chen	$400,000.00	63 Colby Road

Jay Nuss Realty Group, LLC Brokers Sale Of 74 Greenleaf St.

The Non-Profit Asset division of Jay Nuss Realty Group, LLC of Braintree has brokered the sale of 74 Greenleaf St., Quincy, on behalf of Work, Inc.

The 4,325 square foot, 11-room, 3-level wood frame building sited on a 16,335 square foot lot, was most recently utilized as a Group Home.

The building was listed on the National Historic Register on Sept. 20, 1989. The property was sold to the City of Quincy for the consideration of $700,000.



JAY NUSS

Jay Nuss of Jay Nuss Realty Group, LLC was the sole broker in the transaction.

DOVE Receives $1,650 From Jack Conway, Realtor

Jack Conway, Realtor recently presented a check for $1,650 to DOVE (Domestic Violence Ended), Inc, a Quincy-based multi-service organization that has been providing shelter and services for victims of domestic abuse since 1978.

"We are happy to support the important work that DOVE does for women and children in our area," said Conway-Quincy Manager Rocklyn Clarke, who delivered the donation to Dawn Hayes, DOVE's director of development and communications. "Victims of violence in the home have a safe haven, thanks to this amazing organization."



JACK CONWAY, REALTOR recently presented a check for $1,650 to Quincy-based DOVE (Domestic Violence Ended), Inc. From left, Conway agent Casey Klas, DOVE's Dawn Hayes, Manager Rocklyn Clark, VP Janet Pistone and agent Alyssa McCoy.

Photo Courtesy Jack Conway, Realtor

Hayes was grateful for the donation, which came to her charity through proceeds of "Conway Cares," the philanthropic arm of Jack Conway, Realtor. "We are thankful for this generous contribution," she said. "And we are very appreciative of the supportive relationship between the Conway Company and DOVE, which dates all the way back to our program's founding nearly 40 years ago."

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Hancock-Adams Park Construction Moving Smoothly

Cont'd From Page 3

behind them. You saw the piles of stuff they dug out, the amount of curbing they took out as well as the other debris.

"Everything seems to be according to plan. What they've been finding underground is what it shows on the plan, so that's a good thing – a good thing for timing and also a good thing for the budget."

Construction of the latest stage of the park is projected to cost $15.7 million, which was included in a $27 million bond approved by the City Council this spring. The bond, which includes funds for other park projects, will be paid for with money the city collects through a tax on hotel rooms.

Halifax-based WES Construction is overseeing the construction of the new park, which will take about a year to complete. The company, which was the low bidder for the Hancock-Adams Green project, is the same firm that built the new Creedon Stadium at North Quincy High School, which opened last fall.

"They're the ones that did Creedon Field. They're a good company and their clerk of the works is a Quincy guy. He takes great pride in it," Koch said.

"This is a tremendous project to have on your resume. They know this has national importance – think about the statues, the process we went through to pick the artist for that – they get that. They're a classy company. We've had nothing but professional dealings with them in North Quincy. Sometimes you have issues with companies and it's a nightmare, but we haven't had any of those issues. I'm glad they bid this and I'm glad they won it, because we have a history with them."



WORK IS PROCEEDING on the Hancock-Adams Green public park between United First Parish Church (left) and the James R McIntyre Government Center (Old City Hall.) in Quincy Center. Halifax-based WES Construction is overseeing the construction of the new park, which will take about a year to complete.

Quincy Sun Photo/Robert Bosworth

The statues – one of John Hancock and the other of John Adams – will sit at opposite ends of the promenade. Seventy-eight artists submitted proposals to design the statues and the city selected Russian-born Sergey Eylanbekov to cast them at his studio in Pietrasanta, Italy. Koch has said the city has received the statues and they are now in storage awaiting their installation in the new park.

Two well-known dignitaries have been selected to speak at the dedication ceremony for the park, which will likely be held in August 2018.

Gov. Charlie Baker will unveil the statue of John Hancock, who served as Massachusetts' first governor in addition to being the first signer of the Declaration of Independence. Author and historian David McCullough will unveil the statue of John Adams; McCullough won a Pulitzer Prize, his second for his 2001 biography of the second president, which was later adopted in an award-winning HBO miniseries and has been credited with sparking a revival of interest in all things Adams, including tourism to Quincy and historic sites associated with the family.

Koch said both have agreed to speak at the ceremony.

"I had conversations with both of them and they've both agreed to participate," the mayor stated. "I want to make sure it's done before I book the date, because both guys' schedules are very, very crazy. McCullough is in great demand. Next year is an election year for the governor.

"They'll each speak a little bit about those individuals and they will unveil each of those statues, but we'll be inviting a lot of folks."

The other invitees will include members of the Adams and Quincy families, numerous elected officials and dignitaries. Koch said two four-star generals with Quincy ties would be invited as well: Gen. Joseph F. Dunford Jr., the chairman of the Joint Chiefs of Staff and former commandant of the U.S. Marine Corps, and Gen. James C. McConville, who was sworn-in as the U.S. Army's vice chief of staff in June.

A Job Well Done - Continued From Page 14

Cont'd From Page 14

Officer Donovan read the mother her Miranda rights to which she stated she understood and was willing to answer questions. She confirmed the bag where the drugs were was hers and claimed that the bottle was accidentally placed there. When asked about the Clonazepam, the mother said she did not know what that was and stated it must have been part of the medication the female driver dropped. When asked about the Suboxone Strips, she stated those belonged to the male and he had a prescription.

Officer Foley directed K9 Charlie to sniff both suspects for drugs which yielded negative results. Charlie then swept the vehicle and only showed interest in the area of the black bag where drugs were already located. A check of the prescription bottle indicated over 20 pills were unaccounted for and it is believed that the mother and her friend ingested them.

At approximately 1 a.m., DCF case workers arrived on scene and they went to the apartment to check the status of the child and to interview people involved. During the DCF interview, the grandmother added that on Sunday the mother abandoned her child again, by leaving the apartment in the middle of the night and returning at approximately 6 a.m.. The grandmother also stated she just got a prescription for Neurontin filled for 120 pills, and had yet to take any of them, but realized there were only 86 in her prescription bottle.

After DCF conducted their interviews and spoke with a supervisor, the decision was made to remove the child from the residence and transport him to South Shore Hospital. At this time, the mother, a 33-year-old New Bedford resident, was placed under arrest and charged with possession of a Class B Substance (2 counts Suboxone/Adderall), possession of a Class C substance (Clonazepam), larceny of property $250 or less (Clonazepam) and reckless endangerment of children. (By leaving child with someone ill-equipped to handle all of his known medical issues, there was a substantial risk of serious bodily injury to the child).

It was also determined that the street cost for Adderall is approximately $15 a pill, so an additional charge of larceny of property over $250 was added.

Nice Work!

(If this story was confusing at times, consider the efforts of the officers on scene who spent considerable time interviewing all those involved, determining what was truth and who was lying.)

❑

AUG. 21st SOLAR ECLIPSE: Scammers will be out selling products that claim to protect your eyes from the sun. They will be selling eclipse glasses or hand held solar viewers, however, they may not be certified as safe to protect your eyes.

Start by making sure that the glasses or viewers you're considering have the manufacturer's name and address printed somewhere on the product. The certification means the glasses and solar viewers have met an international safety standard and are safe for your eyes. Only consider products marked with ISO 12312-2, which means that the product has met the international safety standard. According to the American Astronomical Society, to date, only five manufacturers meet the standard for this certification:

•American Paper Optics
•Baader Planetarium (AstroSolar Silver/Gold film only)
•Rainbow Symphony
•Thousand Oaks Optical
•TSE 17
•Be sure your glasses or viewers are new: glasses that are more than 3 years old, or are wrinkled or scratched, won't protect your eyes.
•Don't use homemade filters or ordinary sunglasses.
•Never look directly at the sun without eclipse glasses or solar viewers that are certified as safe. (Again, look for ISO 12312-2 to be printed on the product.) It can lead to serious injury.

Job Search, Support At QCAP Sept. 8, Sept. 22

Quincy Community Action Programs, Inc. will host a job search, support and placement workshop Friday, Sept. 8 and Friday, Sept. 22 at QCAP's Greater Quincy Financial REACH Center, 1509 Hancock St., second floor, Quincy.

Besides job search, support and placement, topics will include workforce development, education and training; credit counseling and repair; money management and budgeting; and financial education and coaching.

To register, contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

More information is also available at www.qcap.org.

QHS Class Of 1949 Reunion

The Quincy High School Class of 1949 will hold its 68th reunion on Friday, Oct. 20, 2017, at The Common Market in Quincy.

Reservations are required. For more information, contact Barbara Lee Fitzgerald at 508-477-6271 or Bill Smith at 508-386-3305 or willsmith53@comcast.net.

CPR Certification Course Sept. 12 At Christ Church

Health Ed of New England will hold a C-P-R AED course Tuesday, Sept. 12 from 6:30 to 10 p.m at Christ Church, 12 Quincy Ave., Quincy.

Learn to save the life of an adult, child, and infant victim. This is a basic American Heart Association certification course, appropriate for childcare professionals, parents, and the general public.

The cost is $45 per person. This course requires pre-registration by Monday Sept. 11.

To register, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "The Real Goodness & the Real Evil."

Fellowship with light refreshments will follow the service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon - 1 to 3 p.m. Please visit us at our Web Page: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Deacon Ralph Jacobs will lead the service. Nancy Jacobs, liturgist will call to worship and read the scripture lesson. Guest Speaker Molly Jacobs will give the sermon.

Steve Reed, Minister of Music will provide the music. Jaime Gordon and Rob Rheault will serve for the Diaconate.

Following the service everyone is invited to a fellowship coffee hour hosted by Nancy Jacobs.

A giant indoor yard sale will be held Saturday, Aug. 26 in Fellowship Hall

from 9 a.m. - 1 p.m. to benefit the "Save the Belfry Fund."

For more news visit:
thequincysun.com

RELIGION

Quincy Point Congregational

"So Watch What You Eat," is the title of Rev. Stan Duncan's sermon on Sunday, Aug. 20th at 10 a.m., in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

The church is handicap accessible, complete with an elevator via the Abbey Road side of the building. After worship, there will be light refreshments downstairs in the social hall. While there take a moment to sign the "Birthday and Thinking of You" cards.

A "One Room" Summer Sunday school is available during the summer months. If you wish your child to attend, bring them to the children's room on the basement level adjacent to the kitchen before worship.

The summer curriculum is the One Room Sunday school series by Deep Blue, see: www.deepbluekids.com for more details. Rally Day, the start of the fall season is Sept. 10th. Mark your calendars.

Indoor Yard Sale At Houghs Neck Church Saturday

A giant indoor yard sale will be held Saturday, Aug. 26 from 9 a.m. to 1 p.m. in M. Alicia Corea Fellowship Hall of the Houghs Neck Congregational Church, 310 Manet Ave.

It will offer a wide variety of items including antiques, bikes, kitchen ware, clothes, books, jewelry, decorations and more. Snack bar will be available.

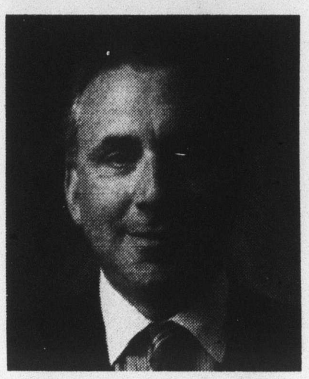
Donations may be dropped off on Thursday, Aug. 24 between 6 and 8 p.m. or Friday, Aug. 25 from 9 a.m. to noon.

To have items picked up, call Gayle at 617-653-5928.

Please no furniture or bedding.

The yard sale will benefit the "Save the Belfry Fund."

Doron Ezickson Addresses Quincy-SS Jewish Committee



DORON EZICKSON

Doron Ezickson recently spoke to the Quincy South Shore Jewish Committee about his position and the rising incidence of anti-Semitism and intolerance.

He is the son of Ruth Ezickson and the late David Ezickson, both co-founders of the Committee. Doron was recently appointed as regional director of the Anti-Defamation League which in his capacity covers Washington D.C., Maryland, Virginia, and North Carolina. The Anti-Defamation League was founded over 100 years ago in response to the defamation of the Jewish people but over the years has expanded its mission to those suffering from intolerance and discrimination.

Doron is a graduate of Quincy Public Schools, Dartmouth College with a concentration in Middle Eastern studies and received his law degree from Boston University. He partnered in several law firms having offices in Washington, Boston and London. He was a law clerk to the U.S. Court of Appeals for the D.C. Circuit. He also served as deputy chief of staff and head of operations to Mass. governor William Weld.

Doron commented that the degree of fear in the country is high and has some basis in the political climate in the country with a marked increase in the number of "hate" groups, which have taken on an air of respectability and have directed much of its efforts to use of the internet. It is the role of the ADL to educate law enforcement, schools and the public in general about the toll on society that bigotry, discrimination and hatred take.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m. Deacon Ralph Jacobs will lead the service, Molly Jacobs will give the sermon.
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "The Real Goodness & the Real Evil"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service

QUINCY POINT CONGREGATIONAL
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

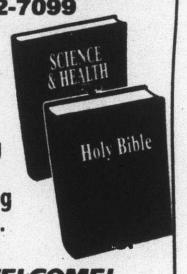
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www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

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Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther; Children's Pastor
Don Rted, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

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OBITUARIES

Elsa M. Anderson, 94

A memorial service for Elsa M. (Olsson) Anderson, age 94, of Quincy, formerly of Holbrook, was held Aug. 12 in Faith Lutheran Church, Quincy. Pastor Heidi Johnston officiated.

Mrs. Anderson died peacefully Aug. 5 at the Good Samaritan Medical Center in Brockton, surrounded by her loving family.

She was born in the province of Smaland, Sweden to the late Gustav A. and Agnes (Andersson) Olsson. She immigrated to the United States as a child. She was raised in Quincy and was a graduate of Quincy High School, Class of 1942. Mrs. Anderson was also a graduate of the former Quincy City Hospital School of Nursing, Class of 1945.

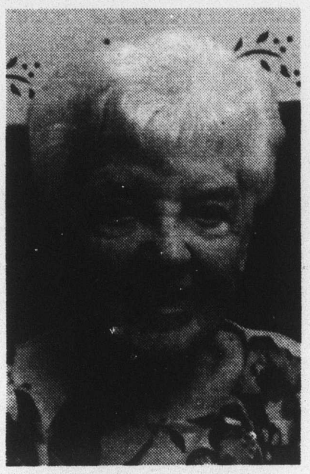
She had lived in Quincy for nine years, previously in Holbrook for over 50 years.

Mrs. Anderson was a registered nurse at the former Quincy City Hospital. She was a proud member of the Quincy City Hospital Nurse Alumni group.

Mrs. Anderson was also a devoted homemaker who was dedicated to her family, especially her grandchildren and great grandchildren.

Along with her late husband, Victor, she was a longtime, active member of Faith Lutheran Church in Quincy.

Beloved wife for 70 years of the late Victor E. Anderson, who died April 27, 2017.



ELSA M. ANDERSON

Devoted mother of Steven V. Anderson and his wife Maureen of Holbrook, Linda M. Johnson and her husband Kenneth of Bellingham, Stanley R. Anderson and his wife Carolann of Lakeville, and Cynthia L. Meaney and her husband Edward of Bridgewater.

Loving grandmother of ten grandchildren and six great-grandchildren.

Dear sister of the late Gustav E. Olsson and his wife Adele of Florida, and the late Johnny Olsson.

Mrs. Anderson is also survived by several nieces and nephews.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Faith Lutheran Church Memorial Fund, 201 Granite St., Quincy, MA 02169.

Donald F. DiNardo, 79

A funeral service for Donald F. DiNardo, age 79, a longtime Quincy resident, was held Aug. 11 at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy Center.

Mr. DiNardo died peacefully Aug. 7 at home, surrounded by his loving family.

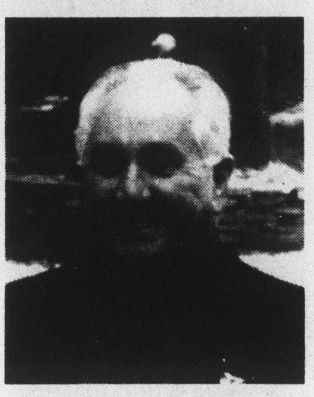
Mr. DiNardo was born in Norwood to the late Dominic and Antoinette (LaCivita) DiNardo. He was raised and educated in Quincy and was a graduate of Quincy High School.

He was employed for the U.S. Postal Service in Boston's South Station for 25 years. Previously, he had worked for the City of Quincy Highway Department for several years.

Mr. DiNardo proudly served as an Airman 3/c in the U. S. Air Force during the mid 1950s.

He enjoyed reading and dining out with family and friends.

Mr. DiNardo was dedicated to his family.



DONALD F. DiNARDO

Beloved husband for forty years of Karen (Visco) DiNardo.

Devoted father of Donna, Jacqueline, Deborah, Nicholas, Mark and his wife Denise, Angela and Dan DiNardo.

Loving grandfather of six grandchildren.

Brother of the late Dominic DiNardo and also survived by two nieces.

Interment with Military Honors was at Blue Hill Cemetery in Braintree.

Memorial donations may be made to the Fisher House Boston, P.O. Box 230, South Walpole, MA 02071.

Arthur J. Keough, 77

A funeral Mass for Arthur J. Keough, age 77, of Milton, was celebrated Aug. 11 in St. Pius X Church, Milton.

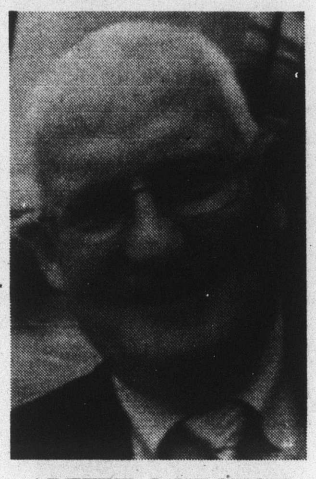
Mr. Keough passed away Aug. 8th surrounded by his loving family at the Tippett House in Needham.

Born in Cambridge, he was raised in Medford and Dorchester and graduated from B.C. High School. Mr. Keough went on to earn his BA from Boston College, an MA in English from Boston College, and an MA in Linguistics from Georgetown University.

He was a professor of English for many years and dean at Quincy College before retiring in 2002.

Mr. Keough was a very active member of the Quincy Community where he worked enthusiastically with the Committee for Immigrants and Refugees, Impact Quincy, Quincy After School Child Care, Kids Vote, Quincy School-Community Partnerships, Externship Opportunities for Students at Eastern Nazarene College, and Germantown Thanksgiving Food Drive.

He was also a member of the Quincy Teachers' Union and the Massachusetts Teachers' Association.



ARTHUR J. KEOUGH

Beloved husband of Janice (Dooley). Father of Christopher Keough and his wife Sarah of Canton and Alexandra Keough Sugrue and her husband Michael of Canton. Grandfather of Beth, Tim, and Larry Keough. Brother of Winnifred Keough Hawley of Richmond, VA.

Burial was in Milton Cemetery.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, 326 Granite Ave, Milton.

Memorial donations may be made to the Boston College High School Scholarship Fund, 150 Morrissey Blvd., Boston, MA 02125.

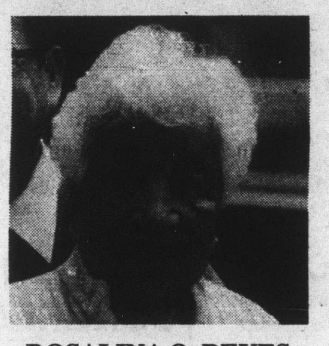
Rosalina O. Reyes, 97

A funeral Mass for Rosalina Orden Reyes, 97, of Quincy, was celebrated Aug. 12 in St. Mary's Church, West Quincy.

Mrs. Reyes passed away peacefully at home on the afternoon of Aug. 8 surrounded by the love, comfort and care of family. She was the devoted wife of 44 years to the late Teodoro R. Reyes, Sr. who died in 1988.

Born and raised in the Philippines, Mrs. Reyes made her career there as an elementary school teacher before immigrating to the U.S. in 1978.

Beloved mother of Edwin "Ed" Reyes and his wife Adelaida of Quincy, the late Florante "Flor" Reyes and his wife Evelyn of the Philippines, Rolando "Rolly" Reyes and his wife Nelly of Calif., Teodoro "Junior" Reyes and his wife Corazon of Calif., Lovinia "Lovie" Peterson and her husband Cliff of Calif., Erma Lazo and her husband Manuel of Calif., and Preciosa "Precy" and her husband Dr. Dante Lantin of Quincy.



ROSALINA O. REYES

Cherished grandmother of 23 and great-grandmother of 33. She was eagerly anticipating the birth of her 2nd great-great grandchild who is due later this month. Also survived by extended family both in the U.S. and the Philippines.

Interment was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Hamel Funeral Care and Cremation Service of Massachusetts, 26 Adams St., Quincy Center.

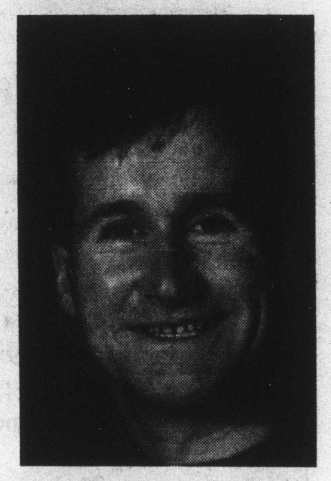
Patrick K. Murphy, 53

A funeral Mass for Patrick K. Murphy, age 53, of Quincy, was celebrated Monday in St. Agatha Church, Milton.

Mr. Murphy passed away suddenly Aug. 7th at home.

Born and raised in County Leitrim, Ireland, Patrick came to the United States in his early 20s. He had lived in Quincy for many years and was a devoted father who enjoyed spending time with his children, walking, and swimming. Patrick had a large circle of friends and was loved by everyone who knew him.

Beloved husband of Mary H. (Manning). Father of Isabel, Aidan and Abigail Murphy all of Quincy. Brother of Seamus Murphy and his wife Maeve Costello of Donegal, Ireland, Michael Murphy and his wife Ann of Leitrim, Ireland, Deirdre O'Boyle and her husband Russell of Quincy and Noel Murphy and his wife Marie of Braintree.



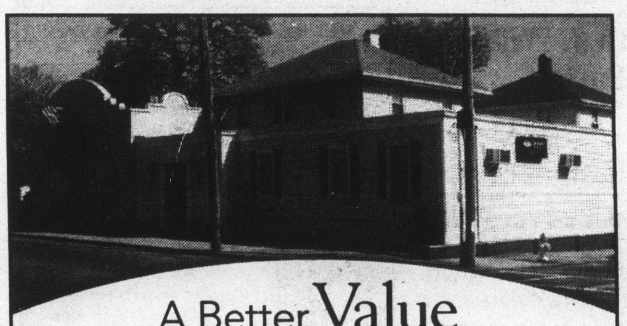
PATRICK K. MURPHY

Also survived by many nieces, nephews, cousins and his four-legged friends – Lily and Duke.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

Memorial donations may be made Murphy Children's Education Funds, c/o Edward Manning, 19 Ryan Dr., Norwood, MA 02062.



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Anna D. Harris

A funeral service for Anna D. (Katundi) "Anne" Harris, of Quincy, will be held Saturday, Aug. 19 at 10 a.m. in the Albanian Orthodox Cathedral of St. George, 523 E. Broadway, South Boston.

Mrs. Harris passed away peacefully Aug. 4.

Born (1921) and raised in Boston's South End, Anne was the daughter of Rev. Dhosi and Thomaidha (Philip) Katundi.

Beloved wife of 59 years to the late William V. Harris of Quincy, MA. Devoted mother of Joseph Harris (Diane) of Half Moon Bay, CA and William Harris (Marianne) of Chicago, IL. Cherished grandmother of 5 grandchildren.

Mrs. Harris was a retail specialist and accomplished seamstress at R.H. Stearns on Washington Street in Boston where she worked with her dear sister Shpresa "Peg" Ostar. She was also a loving and wonderful stay at home mother.

Mrs. Harris was later employed for over 15 years by the Quincy Public Schools



ANNA D. HARRIS

in their lunch program at Gridley Bryant, Lincoln Hancock, Willard and the Furnace Brook elementary schools. She was a caring wife and mother who enjoyed her blessings, Orthodox faith, grandchildren, the beach, reading U.S. history, and gardening.

A visiting hour will be held at 9 a.m. Saturday, Aug. 19 at the Albanian Orthodox Cathedral of St. George, 523 E. Broadway, South Boston.

Burial in Knollwood Memorial Park, Canton.

Memorial donations may be made to Albanian Orthodox Cathedral of St. George, 523 E. Broadway, South Boston, MA 02127.

Paul K. Kennedy, 71

A funeral Mass for Paul K. Kennedy, Sr., age 71, of Quincy, formerly of Dorchester, was celebrated Aug. 12 in Saint Peter's Church, Dorchester.

Mr. Kennedy died unexpectedly Aug. 6 at the Boston Medical Center, surrounded by his loving family.

Mr. Kennedy was born in Boston to the late Patrick J. and Mary (Tierney) Kennedy, who had immigrated from counties Sligo and Clare, Ireland. He was raised in Saint Peter's Parish, Dorchester and was a graduate of Boston Trade High School. He had lived in Quincy for 45 years and also enjoyed his home in Wells, Maine.

Mr. Kennedy was the owner and president of P.J. Kennedy and Sons, Inc. of Dorchester, a respected, family owned mechanical contracting firm, established in 1925.

He was active in all phases of the mechanical trades and shared his knowledge and experience by serving on various professional boards, including as chairman and member of the Massachusetts State Board of Plumbers and Gas Fitters for fifteen years. Recently, he was honored with a Lifetime Achievement Award from the Greater Boston Plumbing Contractors Association.

Mr. Kennedy was also active in various community organizations, civic affairs, and he enjoyed politics. He was a former member of the City of Quincy Conservation Commission, the Quincy Christmas Festival Committee, and had served as Quincy's Ward 6 Democratic Party chairman. He was also a former board member at the Cardinal Spellman High School in Brockton.

Mr. Kennedy was devoted to his faith, his family, and his work. As a man of strong faith, he and his wife, Ann, were active parishioners and Eucharistic Ministers at the former Star of the Sea Parish in Squantum.



PAUL K. KENNEDY

He was dedicated to his family and especially proud of his grandchildren, actively supporting all their many activities and accomplishments.

Beloved husband for 45 years of Ann M. (MacDonald) Kennedy.

Devoted father of Paul K. Kennedy, Jr. and his wife Audrey of Quincy, Mark P. Kennedy and his wife Laura of Weymouth, Christine K. Robles and her husband Joaquin of Quincy.

Loving grandfather of Ned, Avery and Clara Kennedy, Jackson, Ryan and Ainsley Kennedy, Alex, Ann and Caroline Robles.

Dear brother of Norah Curtin of Quincy, John F. Kennedy of Pembroke, and the late James P. Kennedy of Milton.

Cousin of Theresa Voelkel of Marshfield. Mr. Kennedy is also survived by many nieces, nephews, cousins and dear friends.

Interment was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to The Fund for Cardinal Spellman High School, 738 Court St., Brockton, MA 02302 or St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Barbara A. Graham

A life celebration service for Barbara Ann (McCaffrey) Graham, of Pembroke, formerly of Quincy, was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Graham died peacefully Aug. 12, surrounded by her loving family.

A devoted mother and grandmother, she enjoyed cooking and baking for her family, gardening, and crossword puzzles. Mrs. Graham enjoyed cutting coupons and sharing them with family, friends, and even strangers. She also enjoyed sharing her many sought after recipes. She loved the ocean.

In her younger years, she enjoyed playing softball, boating and scuba diving. Mrs. Graham was a founding member of the women's Norfolk Yacht Club and served as vice-commodore in its first year. Mrs. Graham was fiercely independent, self sufficient, and handy with home repairs. She was frequently first to offer a helping hand when needed. A strong, funny, and smart woman who will be greatly missed. She was born August 12, 1939 in Boston and grew up in Brookline.

She was the daughter of the late John and Dorothy



BARBARA A. GRAHAM

(O'Brien) McCaffrey. Loving mother of Karen King and her husband Bruce of Kingston, Jaime Dwyer and her husband Matthew of Pembroke, and the late Joseph and Michael Arsenault. Cherished sister of Dorothy Driscoll of California, James McCaffrey of Boston, and the late John, Robert, and Thomas McCaffrey, Joan Reardon, and MaryLou Katsafanas. Beloved "Grammy" of Laurie McGrath and her husband John of Rockland, Michael Picot and his wife Andrea of Easton, and Joseph and Allison Dwyer of Pembroke. Loving Great "Gram-Gram" to Michael and Nolan Picot. Also survived by many nieces and nephews.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Marina Bay To Host Ward 6, At-Large Candidates' Night

Marina Bay Access Corporation and the Marina Point Council Committee will jointly sponsor a forum Tuesday, Aug. 29 at 7 p.m. for those candidates running for city councillor at-large and Ward 6 councillor.

The candidates' night will take place at 500 Victory Rd., Quincy.

In the invitation to candidates each was notified that possible topics of interest might be: enhanced ferry service to Boston, the extension of Commander Shea Boulevard, economic development in North Quincy and related traffic concerns.

Residents want their appointed and elected office holders to appreciate Marina Bay's unique character and challenges. And, they want to know those who serve on a personal basis. Candidates will each be afforded time to make opening statements followed by questions and answers.

Because of the number of people running in each category a preliminary election will be held Tuesday, Sept. 12th followed by the general election on Tuesday, Nov. 7th.

Candidates who have qualified for the ballot are: At-Large – Noel DiBona, Margaret Laforest, Nina Liang, Anne Mahoney, Stanley Dong Fang Xiao, Daniel Raymondi and Steve Tougas. Candidates for Ward 6 councillor are H.A. "Alie" Shaughnessy, William Harris and Steven Striffler.

Open House Aug. 20 Temple B'nai Shalom

The public is invited to an Open House Sunday, Aug. 20 from 10 a.m. to noon at Temple B'nai Shalom of Braintree, 41 Storrs Ave., Braintree.

Enjoy coffee and a bagel and meet congregants, learn more about religious school and weekly services.

For further information call 617-921-0368.

Beach Church Sunday On Wollaston Beach

Beach Church, a brief Christian Worship Service, will be held Aug. 13 and Aug. 20 at 8 a.m. on Wollaston Beach between the Squantum and Wollaston Yacht Clubs.

The public is invited to attend. This is a wonderful way to begin a summer Sunday and the service will include singing, Bible readings and a brief message.

For further information see the website of Christ Evangelical Church at www.christevangelicalchurchmobmin.org.

Walter Berthelsen, Jr.

A funeral service for Walter Berthelsen Jr. of Quincy will be held at 11:30 a.m. Thursday in Deware Funeral Home, 576 Hancock St., Quincy.

Mr. Berthelsen died Aug. 8 at his home.

He was the loving husband to Joyce (Frederick) Berthelsen for 50 years; cherished brother to Barbara P. Berthelsen. Also survived by several nieces and nephews.

Mr. Berthelsen proudly worked for many years at Boston College High School, in the maintenance department.

Visiting hours are 9:30 to 11:30 a.m. Thursday in the funeral home.

Interment at Woodlawn Cemetery, Everett.

Memorial donations may be made to Eastern Nazarene College.

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City Saving Through Load Shedding And Solar Electricity

By EMMA SMYTH

We all know that reducing the electricity use in your house leads to savings in your energy bill. Imagine the savings if reducing electricity use was done for the Quincy's municipal buildings. The savings would be impressive, right? Well, that is exactly what is happening. Through monitoring electricity use at four of the Quincy's larger schools, the City has reduced its expense for electricity this year by more than $88,000.

Over the past two summers, the City of Quincy has saved electricity and money. This effort is led by Shelly Dein, the City's Energy Manager, and involves the efforts and cooperation of many others from the schools' Senior Custodians to the City's Energy Technician.

The bills for large commercial electricity accounts are determined by a number of factors including how much electricity is used that month, the largest amount of electricity used in a 15 minute period (Demand), and how much electricity the account uses during the one hour each year when the Northeast electrical grid is under the most stress because demand is so high (Capacity). This one hour occurs on what is called a peak demand day. Peak demand days are often hot, humid days, and the peak usage hour is often after three p.m. when heat builds up and businesses and residences' air conditioning is turned on. Saving electricity during this one hour has a greater effect on saving money than reducing electricity any other time of the year.

To encourage large customers to use less electricity when demand is highest, ISO-NE which manages the electric grid, raised the capacity charge this year, and will raise the charge again next year. To minimize the City's cost increases despite rising electricity rates, the Metropolitan Area Planning Council, a regional planning agency for municipalities, sends out daily peak load demand risk assessments.

On likely peak demand days, the City's Energy Team and the Senior Custodians at Lincoln Hancock Community School, Central Middle School, Quincy High School and North Quincy High School very carefully monitor electricity use to reduce the need to buy electricity, particularly during the hour when New England's use is predicted to be the highest. This effort is helped by the solar electricity (PV) systems on 13 of the City's school roofs, which are generating electricity for the City's use, further lowering the amount the City needs to buy from utilities, assuming the sun is shining during the peak demand hour. Last summer these 4 schools used 58% less electricity during the peak demand hour than they used the prior year's peak demand hour, which translated into a 27% drop in peak use over the City's 325 electricity accounts.

By understanding the amount of electricity needed during peak demand periods, utilities and ISO-NE are able to plan what power plants need to be operating, and how much power they need to generate. By helping lower the amount needed on the heaviest demand day, the City is aiding efforts to retire old power plants, without the need to replace them.

Turning off unnecessary electricity is called load shedding, and it starts with research. Before any electricity is turned off, the team figures out the events taking place at each school. Then, after discussions with Senior Custodians and each schools' principals, the load shedding process begins. Communication is key to ensure that the conditions in the buildings are still comfortable even with the reduced electricity.

Load shedding is done by a handful of municipalities, including Lynn, Melrose, and Acton-Boxborough. Through conservation and the PV systems on thirteen Quincy Public Schools, the City has significantly reduced their use of electricity on peak demand days compared to use in the past.

West Nile Virus Confirmed In Mosquitoes In Quincy

The Massachusetts Department of Public Health (MDPH) has confirmed that West Nile virus (WNV) has been detected in mosquitoes collected from Quincy. There was one WNV-positive Culex pipiens/restuans complex mosquito sample (pool) identified from samples collected on Aug. 9.

To date, for 2017, the state has reported 80+ WNV-positive mosquito pools from eleven counties, including at least three from Norfolk County.

While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe infection. WNV is most commonly transmitted to humans by the bite of a mosquito infected with the virus. The City of Quincy Health Department and the MDPH recommend that the public continue to take action to avoid mosquito bites and reduce mosquito populations around their home and neighborhoods.

• Limit your time outdoors during peak periods of mosquito activity (dusk and dawn) or, if you must remain outdoors, wear a long-sleeved shirt and long pants.

• Use a mosquito repellent that contains DEET or Picaridin. Oil of lemon eucalyptus may also be considered. Products with permethrin should only be used on clothing. Always follow the directions on the label. Repellents should not be used on children younger than two months of age. Oil of lemon eucalyptus should not be used on children under 3 years of age.

• Take special care to cover up the arms and legs when playing outdoors. When you bring a baby outdoors, cover the baby's carriage or with mosquito netting.

• Fix any holes in your screens and make sure they are tightly attached to all your doors and windows.

• Remove any standing water around your home that is available for mosquito breeding. Mosquitoes will begin to breed in any puddle or standing water that lasts for more than four days. Make sure water does not collect and stagnate in trash cans, recycling containers, old tires, wading pools, birds baths, etc. Remove leaves that prevent drainage of roof gutters.

While the Quincy Health Department continues to work closely with the MDPH, locally the city is actively involved with Norfolk County Mosquito Control. Detailed information regarding WNV is available on the website: https://www.quincyma.gov/govt/depts/health/hdnews/west_nile_virus_/default.htm. Fact sheets regarding mosquito control are available at the Health Department.

Information about WNV and reports of WNV activity in Massachusetts during 2017 can be found on the MDPH website at http://www.mosquitoresults.com/. The Quincy Health Department will continue to work closely with the MDPH Arbovirus Surveillance Program and the Norfolk County Mosquito Control Project on mosquito control and surveillance efforts.

Council On Aging Day Trip - The Platters

The Quincy Council on Aging will depart for the Chez Josef in Agawam Thursday, Sept. 21 for a luncheon and afternoon of nostalgic music, starring Tony Funches - former lead vocalist of Herb Reeds "Original Platters."

Funches and his all-star band will be performing all the Platters' hits including "Smoke Gets in Your Eyes," "My Prayer," "Twilight Time," "Only You," "The Great Pretender" and more, re-creating the classical harmonies of the original band.

Luncheon will be served in the banquet hall. Menu includes choice of yankee pot roast, baked Boston scrod, or apple and sage stuffed chicken, along with a garden tossed salad, oven roasted potatoes, green beans almondine, rolls and butter, dessert and beverage. Cheese and crackers and coffee and tea will be provided on arrival.

The bus will leave the Kennedy Center at 8:45 a.m. and return at 6 p.m. Cost of this trip is $77. Payment must be made at time of registration. For more information call the Kennedy Center at (617) 376-1506.

Call 811 Before Digging Project

National Grid (NG) reminds customers that every digging project, no matter how large or small, always requires a call to 811. Knowing where underground utility lines are buried before you dig will help protect you and your family from injury.

The depth of utility lines varies, and there may be multiple utility lines in one common area. A phone call to 811 at least two days before digging connects callers to an operator at a local One Call Center who will provide information on when participating utilities must clearly mark their underground equipment. The call is simple and the service is free of charge.

Whether you're planting a tree or shrub, or installing a deck or pool, every job requires a call to 811 to know what's below before digging. State laws mandate that 811 be called several days in advance of beginning projects that require excavation. Failure to call 811 may be punishable by fines, but more importantly, calling 811 is the right thing to do because it helps keep everyone safe by preventing potentially deadly contact with underground electricity and gas lines.

If You Suspect a Natural Gas Leak, Call NG

Because "dig ins" are a leading cause of natural gas leaks, NG reminds customers to take the following safety actions anytime a gas leak is suspected:

Evacuate your home and move to a safe area.

Do NOT smoke, light matches or do anything to create a flame.

Do NOT touch any light switches or electrical equipment and do NOT pull any plugs from outlets. These items may produce a spark that might ignite the gas and cause an explosion.

If you have a gas range or oven, make sure the controls are turned OFF. Extinguish any easily accessible open flames such as lit candles, but never try to put out a fire you suspect may be caused by escaping gas. Leave immediately.

Do NOT assume someone else will report the condition.

Call 911 and NG's gas emergency number from a safe location at 1-800-233-5325. NG has crews on call 24 hours/7 days a week who will respond immediately.

Provide the exact location, including cross streets.

Let us know if sewer construction or digging activities are going on in the area.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO17P1802EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Robert D. Daniels
Date of Death:
May 18, 2017

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Patricia M. Logan** of **Quincy, MA.**

a Will has been admitted to informal probate.

Patricia M. Logan of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/17/17

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO17C0204CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Shojib Islam
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Shojib Islam requesting that:

Shojib Islam be allowed to change his/her/their name as follows:

Johnathan Shojib Vega

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Canton** ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON **09/06/2017.**

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: August 8, 2017

PATRICK W. McDERMOTT
Register of Probate

8/17/17

PUBLIC NOTICE

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from S6 Group Inc., d/b/a S6, Courtney A. Rego, Manager, for a Transfer of Stock, New Officer/Director and New Stockholder for the premises located at 1550 Hancock Street, Quincy. A hearing will be held in the First Floor Boards & Commissions Room, 1305 Hancock Street on **September 19, 2017 at 4:00 P.M.**

Andrew G. Scheele
Chairman

8/17/17

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Long Chuan Garden, Inc. d/b/a Long Chuan Garden, Qiaoyan Chen, Manager, for a Transfer of Stock, New Officer/Director and New Stockholder for the premises located at 47 Billings Road, Quincy. A hearing will be held in the First Floor Boards & Commissions Room, 1305 Hancock Street on **September 19, 2017 at 4:00 P.M.**

Andrew G. Scheele
Chairman

8/17/17

Timing Belt, Topping Off Fuel Tanks, College Car Checklist

Ask John Paul: AAA New England's Car Doctor

I know - another timing belt question. I have a 2008 Hyundai Elantra with about 100,000 miles on it. If the timing belt breaks will that be the end of the engine? I just want to get to winter and then buy a small SUV and would rather not spend the extra money.

The engine in this year Elantra is referred to as an interference engine. This means that if the timing belt breaks the valves and pistons will crash into each other and cause significant engine damage. It is a general recommendation to replace the timing belt on your car at 90,000 miles. Since you are already 10,000 miles past the recommendation you are taking a chance. You may find that prices for SUVs in nice weather are more favorable than in the middle of winter and you also may be able to take advantage of some "clearance" prices as the 2018 models start to arrive.

What are the advantages of replacing the air in my tires with nitrogen and are there any disadvantages? By the way I really enjoy your AAA Car Doctor section in the paper.

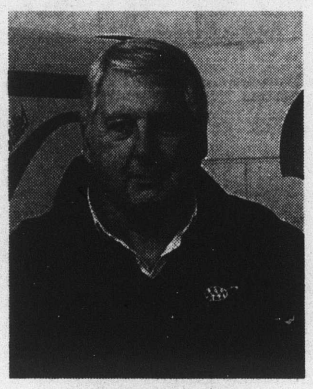
The advantages of nitrogen in tires is nitrogen tends to be dryer and has larger molecules. This makes nitrogen less prone to seeping through the tires as well as rusting/corroding vehicle wheels. Nitrogen pressure also doesn't vary as much with temperature changes as conventional air, which is why it is used in race car tires. The down side of nitrogen is cost; $3-$10 per tire. Since conventional air is free contains 78 percent nitrogen, 21 percent oxygen and I'm cheap I'll stick with free air.

My daughter told me that I should stop filling my car's gas tank when the nozzle clicks off the first time (she read that in your column.) I hate buying gas and try to put the last smidgen of gasoline in my car, especially if prices are lower. My question is am I really doing harm?

Topping off the fuel tank can overtime cause damage to the car evaporative emission system and is not recommended. If you continue this practice you may find yourself facing some fairly costly repairs.

If you could pick a couple of items to check on a five-year-old car before my daughter takes it to college what would they be?

I would check all the vital fluids, including coolant, the battery and tire condition. Good tires are necessary to get moving and to



JOHN PAUL
AAA's Car Doctor

stop in poor weather. Tires with good tread are more resistant to punctures and or road hazards. Typical battery life is about five years and since the one in her car is five years old I would have it replaced now, before she heads off to college.

My 2010 Jeep Grand Cherokee has been having some hesitation when starting. The battery is only one year old. The last time I tried to start the car, there was some loud clicking. My neighbor was there and he checked the car with some kind of little gadget and then tried to jumpstart it. When I tried to start my car it would click but not turn-over. It was as though there was no life in the battery. He then used some little jumpstart device and after four tries of me turning the key, some smoke came out of the engine. It was towed by AAA to the Jeep dealership where they replaced the starter. Any idea what happened? The dealer never mentioned anything that look burnt. My Jeep is starting just fine now.

If the tester and jumpstart pack were used correctly, the battery and associated components shouldn't have been damaged. I suspect the car needed a starter and what may have happened is from trying to start it you overheated the starter wiring and melted some wire insulation. Since the engine starts well now and they didn't mention anything I wouldn't be concerned.

I replaced the thermostat and the upper radiator hose in my Chevrolet Tahoe because the hose was collapsing. I flushed out the radiator, changed the hose and thermostat and the hose still collapses. The truck runs great, doesn't use any coolant, but could this be a head-gasket issue?

More than likely the problem is as simple as a malfunctioning radiator cap. In addition to pressuring the cooling system the radiator cap allows the coolant to flow into the overflow tank. When the engine is off and as it cools down and the pressure in the system drops the pressure cap allows the excess coolant in the overflow tank to return to the radiator. If the radiator cap is malfunctioning the vacuum created in the system will collapse the hose.

My Subaru battery died after I used my cell phone for 20 minutes while sitting in the car with the car turned off. This also, happened when I used my laptop while sitting in the car. What do you think?

Subaru over the last few years has had its share of battery issues, although I'm not sure it is just a battery issue. Years ago, cigarette lighter sockets (12-volt power points) were always powered when the key was off. Today with most vehicles that is not the case, the key or push button needs to be in the accessory position. These additional systems (sound system included) plus the cell phone or computer may be just enough to have drained a four year old battery. If this was my Subaru I would replace the battery with one that has the highest reserve capacity possible and limit accessory use.

My car started making a noise on the highway. If the window is down I don't hear it. It sounds like a humming/vibrating noise. The car is running just fine and there are no warning lights on. Any ideas?

The issue could be a loose/rusted exhaust system heat shield. The shield will vibrate at certain engine speeds and will tend to resonate up through the body of the car. At this point I would take the car to a good repair shop and road test it with a technician so they hear the same noise you hear.

Does it save gas and wear if I shift my automatic into neutral at red lights? To me it seems like there would be a fuel saving, by shifting into neutral.

You are correct in your thinking that when stopped your car is getting zero miles per gallon. Although my experience is that any gas savings is offset by the addional wear of moving the shifter. A better solution to save fuel is when stopped for what looks like a couple of minutes, shut off the engine. This is why many new cars today have an automatic shut off feature. And of course the best fuel savings come from how you drive: easy on the gas and the brake will always help to maximize fuel economy.

I have a 2013 Chevrolet pickup and it runs great but the battery is always going dead. I have had the battery replaced and the electrical system tested and it still has the same problem. The truck is completely stock, except for a remote engine starter, could that be the problem?

The remote car starter could certainly be an issue. Over the years I have seen this many times. As a very simple test, have the shop that installed the car starter temporarily fully disconnect it. If the battery remains charged you have found the problem.

Based on your recommendation, I'm looking to buy a Hyundai Santa Fe Sport 2.4-liter four-cylinder engine. It will be mostly driven around town but it will also be hitting the highway once or twice a month for 250 miles round trip. The plan is to drive it until it dies. The question is should I immediately switch to full synthetic oil right from the get go?

I'm a little old-fashioned and would prefer to wait until the first scheduled oil change to allow the engine to break in. Although that being said some of the finest engines in the world come with synthetic oil right form the factory. These include Mercedes, Porsche, Corvette, Volkswagen and even some Hyundai models. Whether you chose synthetic or conventional oil; use the correct weight and grade of oil recommended by the vehicle manufacturer.

When I turn the steering wheel left or right, I hear a slight squealing noise but only at the beginning of the turn. This started a few days ago. The car we are talking about is a 2001 Lincoln Town Car with 78,000 original miles. What might be the cause?

Depending where the noise is coming from- if under the hood, it could be a power steering belt. The steering column could have something rubbing or if from the tire area it could be a dry ball joint or tire rod. The best thing to do would be to go for a ride with a technician and demonstrate the noise. A 16-year-old car – even one with low mileage – can make a variety of noises and you want to make sure that you and the technician hear the same noise.

I've written to you in the past concerning my 2003 Saturn. I am now in the market for a new car, and while my commute isn't a huge one, I was looking for something fuel efficient, easy to park, decent storage and maybe even with a stick shift. I don't want to spend more the $20,000. So far I have looked at a Kia and Chevy. Anything else I should look at?

I recently drove Toyota Corolla IM. It had good storage, could seat four in reasonable comfort and the model I drove had a six-speed manual transmission adding a little bit of a sporty feel. My overall average city/highway fuel economy was 35 miles per gallon. If you need to be out in all kinds of weather the Subaru Impreza is also a great car. It is at the top of your budget but it does have all-wheel-drive.

I'm 60 years old and want a performance car with a manual transmission; I have looked at the Mustang and the Camaro, since I always wanted one as a kid and couldn't afford it. Both cars feel great and are faster that I need although I do like that. I have two questions: I'm leaning toward the Mustang; what do you think and am I too old for one of these cars?

I recently spent a few days in the Mustang GT convertible and it was great fun. The Mustang handled great, was easy to drive just as good with the top up or down. I took this Mustang to a local car show and it got positive comments from all ages. We are similar ages, and you are only as old as you feel and I think you should buy any car you want.

My Jeep Cherokee is in good shape except the passenger door won't lock with the power lock button. Any idea what could be wrong? I took my Jeep into the local dealer they did a quick check and told me to live with locking the door manually. What could be wrong, they didn't say but also didn't charge me to look?

More than likely the door lock actuator is faulty. The part is about $175 and it will take a couple of hours of labor to further test the part as well as removing the door panel and replacing the actuator. At nearly $400 I might be tempted to manually lock and unlock the passenger door as well.

I have a 2016 Honda Pilot with 9-speed transmission (which I'm not crazy about but that's another story). Problem is between 27 and 29 miles per hour, while accelerating, you hear, for lack of better description, a popping sound. Not really loud but it is annoying. And you can feel it under the gas pedal. Only happens at that speed and happens most of the time, but not 100 percent of the time. I test drove it with the supervisor of the service department and he said it was the gears shifting. My husband said "baloney" and I tend to agree with him because if it was the shifting of the gears, wouldn't it happen all the time? Next option is to drive another same model car and see if it happens with that car. But that's a pain since I have to arrange to have the same year and model available at the dealer. Have you heard of this issue? Do you think it is a problem?

Road testing the exact vehicle makes the most sense just to determine if the problem/characteristic is unique to your vehicle. If the exact same vehicle produces the same result then it is a characteristic, perhaps undesirable but not a problem. What I suspect you are feeling is the result of the normal cylinder-deactivation (the engine runs on three cylinders at certain times) combined with the new transmission characteristics. Although annoying, the result is better fuel economy.

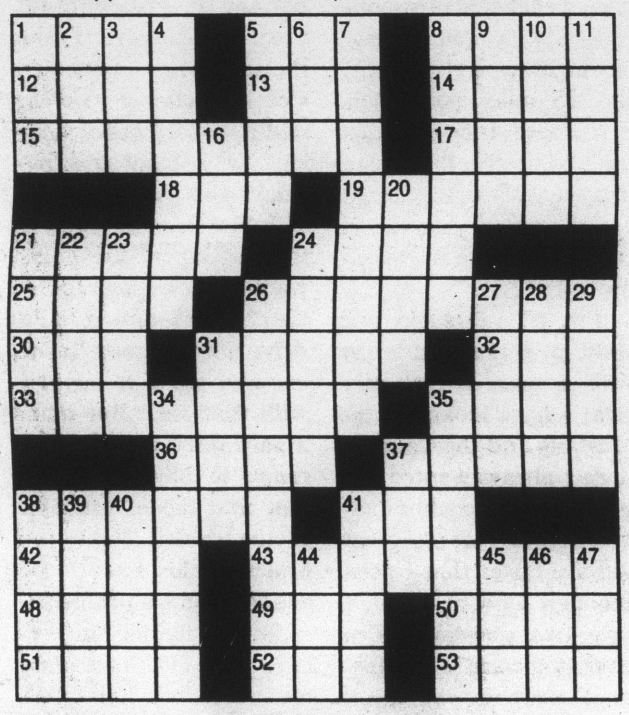
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(Walking distance from Quincy Adams T Station)
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Insurance Estimates
Auto Glass Installed
Complete Auto Detailing & Reconditioning
$25.00 OFF ANY DETAILING SERVICE OVER $100.00
Cannot be combined with other offers
One coupon per visit
Expert Color Matching
Licensed Dealer
Pre-Owned Vehicles
Insurance Rentals Available

SUN FUN PAGE

King Crossword

ACROSS
1 Moby-Dick's pursuer
5 Strange
8 Slight coloration
12 Disturb
13 Hawaiian neckwear
14 Reed instrument
15 Tunes
17 Diamond source
18 Court
19 Spring, for one
21 Unspoken "I dunno"
24 Leave suddenly
25 Henhouse
26 Became less harsh
30 Everything
31 Bisect
32 Commotion
33 Creator of 1-Across
35 "Phooey!"
36 Shoppe
37 Greedy one's describer
38 Wheedle
41 "A mouse!"
42 Enthusiastic
43 Rapid decline
48 Equestrian game
49 Type squares
50 Concept
51 Aware of
52 Regret
53 Retain

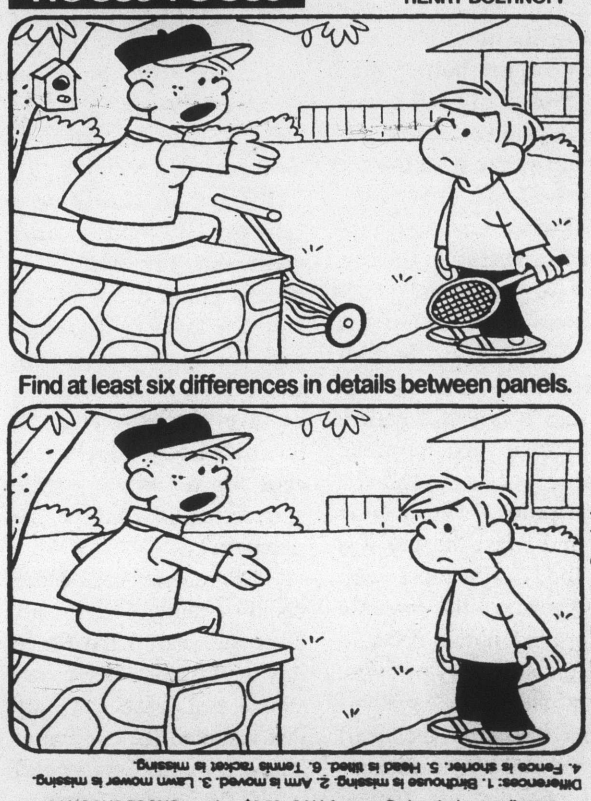
DOWN
1 Upper limb
2 Weeding tool
3 Have a bug
4 Explode
5 Hodgepodge
6 Cee follower
7 Turn to liquid
8 Beefsteak or plum
9 Sacred bird of Egypt
10 Taboo, to a child
11 Adolescent
16 Pooch
20 Model Macpherson
21 Con game
22 Golf target
23 Hot dog holder
24 Southern lass
26 Seasickness
27 Friendly
28 Dutch cheese
29 Be too fond
31 Jack and Jill's terrain
34 Type of doll
35 Long-snouted antelope
37 Obtain
38 Crime boss
39 Shakespeare's river
40 Leave at the altar
41 Different
44 Ostrich's cousin
45 Rhyming praise
46 Teensy
47 Siesta



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Birdhouse is missing. 2. Arm is moved. 3. Lawn mower is missing. 4. Fence is shorter. 5. Head is tilted. 6. Tennis racket is missing.

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Trivia test

by Fifi Rodriguez

1. GENERAL KNOWLEDGE: What is the international radio code word for the letter "W"?
2. LITERATURE: What famous mystery novelist sometimes wrote under the pseudonym Mary Westmacott?
3. U.S. PRESIDENTS: Who was the tallest of the U.S. presidents?
4. LANGUAGE: What is a gerund?
5. ANIMAL KINGDOM: What is a group of raccoons called?
6. HISTORY: The United States purchased Alaska from which country in 1867?
7. MEDICAL: What happens when someone experiences obdormition?
8. U.S. STATES: Which is the largest U.S. state by area?
9. GAMES: How many tiles are involved in the game of mahjong?
10. FAMOUS QUOTES: What 20th-century playwright once said, "I like long walks, especially when they are taken by people who annoy me"?

Answers

1. Whiskey
2. Agatha Christie
3. Abraham Lincoln, at 6 foot, 4 inches
4. A verb that functions as a noun and ends in "ing," such as swimming or asking.
5. A gaze
6. Russia
7. An arm or leg falls asleep
8. Alaska, which is more than twice the size of Texas
9. 144
10. Noel Coward

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Salome's Stars

ARIES (March 21 to April 19) This week could offer more opportunities for ambitious Lambs eager to get ahead. But don't rush into making decisions until you've checked for possible hidden problems.

TAURUS (April 20 to May 20) Some light begins to shine on professional and/or personal situations that have long eluded explanation. Best advice: Don't rush things. All will be made clear in time.

GEMINI (May 21 to June 20) Although you might want to protest what seems to be an unfair situation, it's best to keep your tongue and temper in check for now. The full story hasn't yet come out.

CANCER (June 21 to July 22) Work prospects are back on track. But watch what you say. A thoughtless comment to the wrong person -- even if it's said in jest -- could delay or even derail your progress.

LEO (July 23 to August 22) A colleague might try to goad you into saying or doing the wrong thing. It's best to ignore the troublemaker, even if he or she riles your royal self. Your supporters stand with you.

VIRGO (August 23 to September 22) Be careful not to let your on-the-job zealousness create resentment with co-workers who might feel you shut them out. Prove them wrong by including them in your project.

LIBRA (September 23 to October 22) Although it's not quite what you hoped for, use your good business sense to make the most of what you're being offered at this time. Things will improve down the line.

SCORPIO (October 23 to November 21) A more positive picture of what lies ahead is beginning to take shape. But there are still too many gaps that need to be filled in before you make definitive plans.

SAGITTARIUS (November 22 to December 21) Continue to keep a tight hold on the reins so that you don't charge willy-nilly into a situation that might appear attractive on the surface but lack substance.

CAPRICORN (December 22 to January 19) You still need to demand those answers to your questions. Remember, your wise counseling earns you respect, but it's your search for truth that gives you wisdom.

AQUARIUS (January 20 to February 18) You'll find that people are happy to help you deal with some difficult situations. And, of course, knowing you, you'll be happy to return those favors anytime. Won't you?

PISCES (February 19 to March 20) Give that special someone in your personal life a large, loving dollop of reassurance. That will go a long way toward restoring the well-being of your ailing relationship.

BORN THIS WEEK: You are a delightful paradox. You like things neat and tidy. But you're also a wonderful host who can throw a really great party.

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MAGIC MAZE ● SINGLE —

B O L I F C Z E W T Q N K I F
C Z W U R P M J S H E C C Z X
U S Q N F L J G E O C U Z X V
T R P N L I J H E C P R A Y W
V N T S R P L N D T L R K I G
E R O T C B Z E X N G E U W U
S R E I P O D M R E C N L P J
I G E T T N D B X R A C I D Y
X W U C A C T S U A A Y E W Q
P T O H S E A O O P T B N L K
Y R T N E U S S I J H G F D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Action	Entry	Purpose	Stitch
Barrel	Handed	Seater	Tax
Bed	Issue	Shot	Wing
Currency	Parent	Source	

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Wishing Well®

3	4	7	6	3	7	6	2	7	3	2	3	7
J	D	S	D	O	T	O	L	A	V	E	I	Y
6	4	7	5	3	7	4	3	8	7	3	2	8
R	E	I	C	A	N	E	L	F	T	D	A	U
6	8	2	4	6	7	3	4	6	7	4	2	5
E	T	D	P	S	O	I	E	E	U	N	T	O
7	4	3	5	4	3	4	5	4	2	8	6	5
C	E	S	N	D	P	D	T	E	H	U	A	R
6	4	8	3	4	6	4	5	3	8	2	4	3
R	S	R	O	I	C	R	O	S	E	E	E	I
7	5	8	2	6	5	4	3	8	3	5	8	2
H	L	U	W	H	B	S	T	N	I	U	C	A
5	3	2	8	3	8	5	8	5	8	5	8	8
D	O	Y	L	N	O	G	U	E	D	T	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

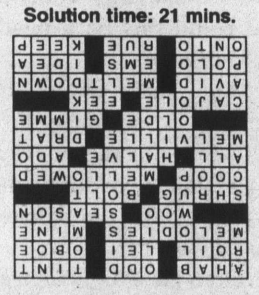
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle, Solution is accomplished by trial and error.

Clue: G equals R

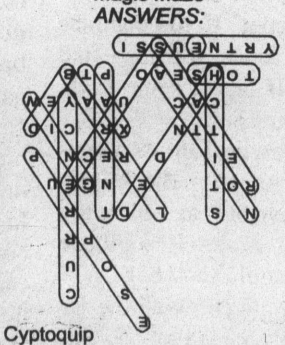
BWDJ H VCQGCDN CF ADDT HTT QACDG FUDGDQCHJX, ZFOTN KFO VQK H BQV WQUHJX Q XTOC GDQZCHFJ?

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— King Crossword —
Answers
Solution time: 21 mins.



Magic Maze
ANSWERS:



Cyptoquip
ANSWER:

When I started to feel ill after overeating, could you say I was having a gut reaction?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Anne Hathaway, Oscar winner for "Les Miserables" (2012), who impressed with "Ella Enchanted" (2004), "Brokeback Mountain" and "The Dark Knight" (2012), is taking on the role of her career -- she will be playing "Barbie." Yes, that Barbie, who's been kicked out of Barbieland for not being perfect enough. Hathaway's girl power continues to rule with the female reboot of "Ocean's Eleven," called "Ocean's Eight," with Sandra Bullock, Cate Blanchett and Rihanna, opening June 8, 2018, followed by "Nasty Women," with Rebel Wilson. It's the female reboot of the 1988 Michael Caine/Steve Martin comedy, "Dirty Rotten Scoundrels."

***

First came Chris Hemsworth (age 33) as Thor, and Liam Hemsworth (27) in "The Hunger Games," and now the third brother, 36-year-old Luke Hemsworth (currently playing Ashley Stubbs, in HBO's "Westworld") had his first starring film. "Hickok" (as in Wild Bill Hickok), with Kris Kristofferson, Bruce Dern and Trace Adkins, hit big screens in July. The Hollywood Reporter observed in its review, "The innate superiority of the Hemsworth family gene pool is demonstrated by the low-budget oater." The film will be available Aug. 17 on DVD. Luke's next film, the sci-fi thriller "Encounter," with Tom Atkins (of the 1980 classic "The Fog"), will arrive Nov. 1.

Chris Hemsworth has three Thor films in his future: "Ragnarok" (in theaters Nov. 3), "Avengers: Infinity War" (out May 4) and an untitled "Avengers" film (due May 3, 2019). He's also starring for Jerry Bruckheimer in his war drama "Horse Soldiers," in which he, Michael Shannon and Michael Pena are CIA agents in Afghanistan fighting the Taliban. Youngest Hemsworth, Liam, engaged to Miley Cyrus, currently is filming "Isn't It Romantic," with Rebel Wilson, Adam DeVine and Priyanka Chopra, for a Valentine's Day opening.

***

Dame Helen Mirren, who won an Oscar for "The Queen" (2006) and appeared most recently in "The Fate of the Furious," stars in "Ella & John," with Donald Sutherland, opening Jan. 19, about a senior couple taking a road trip from Boston to Florida in a vintage Winnebago. Next up is "Winchester" (out Feb. 23) as Sarah Winchester, whose husband, William Winchester, treasurer of The Winchester Repeating Arms Co., and daughter died suddenly, three weeks apart, in 1881. She believed she was cursed, and that if she stopped building their house in San Jose, California, she would die. For nearly 40 years, she built rooms and staircases that led nowhere, until she became ill and the work stopped, at which time she died. In addition, she's co-starring with Keira Knightly and Morgan Freeman in Disney's live-action film, "The Nutcracker and the Four Realms," due Nov. 2, 2018.

It's a hot week when we can write about Barbie, girl power, three hunks and a dame. Oh well, three out of four isn't bad!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		22
×		–		+	
	–		×		28
+		×		×	
	×		–		27
22		25		27	

2 2 3 4 5 6 7 8 9

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Collecting
by Larry Cox

Q: I have inherited a piece of Hull pottery in the Coronet pattern. It is a 9-inch vase. What can you tell me about it? -- Susan, Pueblo West, Colorado

A: The Coronet line of Hull pottery was made to be sold in chain stores. Most of the ones I have seen are marked "Coronet," not Hull. I found your vase referenced in "Warman's Hull Pottery" by David Doyle. Doyle lists your vase in the $15 to $25 range.

***

Q: I love to pick up odd kitchen utensils. Since I live in Iowa, I attend as many farm auctions as I can, and this is where I have found some of the truly unique items in my collection. As you can imagine, I sometimes discover an older piece that I can't identify. I am enclosing a picture of just such an item. What is it? -- Mark, Iowa

A: I found your item in 300 Years of Kitchen Collectibles by Linda Campbell Franklin (Krause, $29.95). It is a candy-curling machine, which was used for making candies known as "opera curls." According to this guide, it is worth about $150. Incidentally, you should purchase a copy of this book. It will make your hobby even more fun and will quickly become one of your favorite references.

***

Q: I have an old lawn mower that has been owned by my family since the 1930s. Is it valuable, or should I toss it? -- Steve, New Mexico

A: I'll cut to the chase. Most older lawn mowers manufactured in the United States have very little value. In my 40 years of writing this column, I have yet to find a club for collectors. I suggest you post it on eBay, and if a feeding frenzy develops, you'll have your answer.

***

Q: I have an album of "The Best of the Statler Brothers" that has never been opened. I would like to find out it's value. -- Betty, Minnesota

A: I found your 1975 album listed in the Goldmine Standard Catalogue of American Records 1950-1975 edited by Tim Neely (Krause, $34.99). It is worth $12.

Write to Larry Cox in care of KFWS, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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Strange BUT TRUE

* It was 18th-century American novelist and poet Herman Melville who made the following sage observation: "Of all the preposterous assumptions of humanity over humanity, nothing exceeds most of the criticisms made on the habits of the poor by the well-housed, well-warmed, and well-fed."

* Dogs can be xenophobic, too -- those are the pups that are afraid of strangers.

* You've heard of standing desks, right? These work surfaces -- which are designed to allow people to stand rather than sit while accomplishing their tasks -- have become quite popular in recent years. Standing desks are not a new invention, however; they reportedly were used by such notable historical figures as Benjamin Franklin, Leonardo da Vinci, Thomas Jefferson, Virginia Woolf, Oliver Wendell Holmes and Winston Churchill.

* According to scientists, time can be measured more accurately than length.

* If you're sick of naysayers, you might want to try becoming a yeasayer for a day. Yep, that's a word -- it refers to a person with a confident and positive outlook. (Note: It also can mean a yes-man -- someone who agrees uncritically with others -- but let's be confident and go with the positive definition.)

* It's been reported that 16th-century English theologian John Wesley, founder of Methodism, never ate an evening meal.

***

Thought for the Day: "We open our mouths and out flow words whose ancestries we do not even know. We are walking lexicons. In a single sentence of idle chatter we preserve Latin, Anglo-Saxon, Norse: we carry a museum inside our heads, each day we commemorate peoples of whom we have never heard." -- Penelope Lively

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Now here's a tip!

by Jo Ann Derson

* "If you are going on vacation, leave a plastic baggie filled with ice cubes in your freezer. When you return, if the baggie is filled with a single chunk of ice, you'll know your power was interrupted long enough to spoil your food while you were away." -- G.L. in Missouri

* Here's another moving tip: Bundle clothing on hangers with a rubber band. Slip the whole lot into a trash bag. The items will be ready to hang in the new closet with hardly any fuss.

* Ants in your pet's food bowl? Set cat or dog food bowls in a pie plate or other shallow dish filled with water. Ants and bugs can't cross the water to get to the food, so it's safe from pests.

* "Use charcoal in the bathroom to prevent humidity from turning into mildew. Put a few charcoal bricks into a small open container, like a bowl. Then just tuck it behind the toilet. It traps excess moisture. Use only plain charcoal, not the kind that has lighter fluid in it!" -- W.K. in Ohio

* "If you have a magnetic closure on a kitchen cabinet that is too strong (you have to really pull the door to get it open), try this simple fix: Put a small piece of clear tape over the magnet. It reduces the magnet's pull just enough that it doesn't take as much effort. We did this at my grandma's house when she got new kitchen cabinets, and she's much happier now!" -- Y.L.S. in Alabama

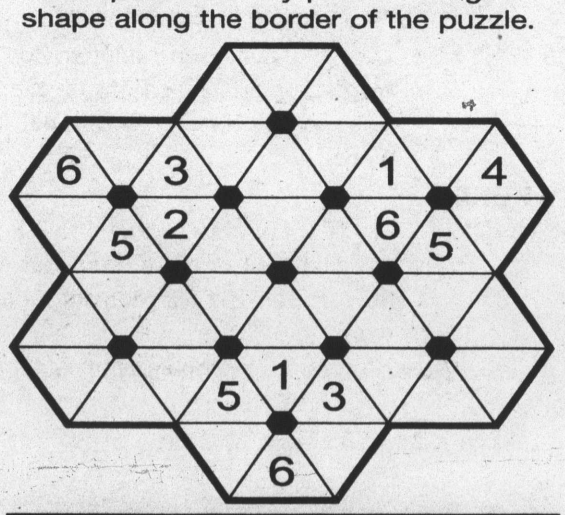
* Have a terrific-smelling candle that's burned down to bits? Scrape them out, and place in a small mason jar. Poke holes in the lid, and cap the jar. Then keep the jar in your car's cup holder. When the car warms in the sun, it'll smell wonderful, and there's no need for a flame.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES
by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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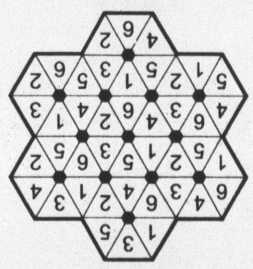
STICKELERS [sic].
by Terry Stickels

Are you a good speller? Hand this puzzle to a friend or family member so he or she can read the words to you.

1. ennui
2. bourgeoisie
3. dumbbell
4. sepulchre
5. lascivious
6. obsequious

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SNOWFLAKES
solution



Go Figure!
answers

2	+	9	×	2	22
×		–		+	
8	–	4	×	7	28
+		×		×	
6	×	5	–	3	27
	22		25		27

Stickelers Answer

1. ennui
2. bourgeoisie
3. dumbbell
4. sepulchre
5. lascivious
6. obsequious

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New volunteers always welcomed.

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11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

There's A Lot Of Good Happening At Wollaston Beach

By MAUREEN MAZRIMAS

Most people know about the numerous cleanups, and Kids' Fest, a great free family-friendly event, sponsored by Friends of Wollaston Beach (FWB). But, there is so much more happening on Wollaston Beach – and it's all good!

The recent Books and Boogie event brought children out to enjoy a free evening of games, snacks and music at the Tot Lot. But, it also collected new and gently-used books for Cradles to Crayons. Thanks to Save the Harbor/Save the Bay for assisting in the funding of Kids' Fest, and for sending volunteers to help with the Tot Lot event. And, a shout out to Discover Quincy for their help.

Next, the FWB sponsored the Ice Bucket Challenge raising awareness for both ALS (amyotrophic lateral sclerosis), and clean water issues. FWB's Ice Bucket Challenge had a slight twist. The ice was supplemented with ocean water to highlight that Wollaston Beach is safe. Many of the participants then took a dip in the brisk ocean water.

FWB live streamed the event and challenged all other Friends beach groups from Nantasket to Nahant to show their support for both ALS and clean water.

Not to be outdone, the Wollaston Yacht Club recently held its first Pizza and Public Service night. Members and guests enjoyed a pizza party while listening to speakers from Boston Children's Hospital Blood Donor Center (BDC) and Together We Rise.

Cindy MacKinlay of Children's spoke of the urgent need for blood and platelets for children suffering from grave illnesses.

"While the need exists all year long, the summer is a particularly critical time," MacKinlay said. "Donations are frequently down because of vacations and demand is often up due to parents choosing to have a child's elective surgery done in the summer to avoid missing too much school." She urged the audience to consider donating blood (about 30 minutes) or platelets (about a two-hour commitment) to "Give pints for half-pints."

To donate, log onto half-pints.childrenshospital.org.

WYC Member Mark Linnane spoke of the satisfaction he receives from being a donor, "You really are saving lives – it's a very powerful experience."

WYC Membership chairperson, Allison Williams made the presentation on behalf of Together We Rise (TWR), a group dedicated to providing support to children entering and living in the foster care system. When kids leave foster care, they are typically sent off with a couple of plastic bags to hold all their belongings. Through TWR, and the artistry of the WYC community, these kids will now have decorated Sweet Cases and adorned duffle bags stuffed with goodies.

"Kids should leave foster care with a little dignity," Williams said. "They shouldn't have to start their new lives with everything they hold dear in a trash bag! It doesn't send the right message."

For further information on how you can help, or to "sponsor a duffel bag," log on to https://www.togetherwerise.org.

A very special thank you to Bill and Kelly McGinnes of Papa John's, Southern Artery, Quincy for generously subsidizing the pizza night.



FRIENDS OF WOLLASTON BEACH recently sponsored the Ice Bucket Challenge raising awareness for both ALS (amyotrophic lateral sclerosis), and clean water issues.

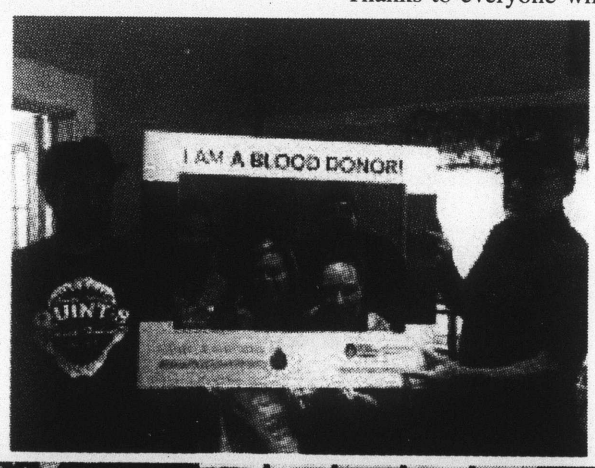
Other recent activities and events included a Wollaston Beach Wellness Walk presented by Manet Community Health Center and FWB Aug. 12 at Caddy Memorial Park, Quincy Shore Drive.

A puppet show as set for Wednesday, Aug. 16 at 6 p.m. featuring Rosalita's Puppets. The free "ocean-themed" marionette show was for for all ages.

WYC will celebrate its 120th anniversary in September. Look for plans to celebrate this milestone in weeks to come.

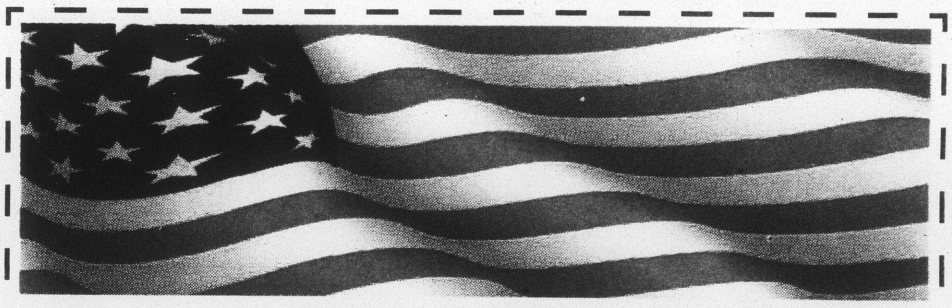
Coastsweep - an annual coastal cleanup of regional significance, will again take place this year. In Massachusetts, volunteers have been pitching in to clean up stretches of beaches, marshes, seafloor, and riverbanks since 1987 as part of Coastsweep. The date for Wollaston Beach has not been set. Watch for details.

Thanks to everyone who helped to make these various events such a success. Please join us on the beach and do your part to maintain it. Remember, "Clean Water is Everybody's Business."





BOOKS AND BOOGIE event brought children out to enjoy a free evening of games, snacks and music at the Tot Lot. Friends of Wollaston Beach members Doug Gutro, Kristen Awed-Ladas, Carla Moran, Maureen Mazrimas, Rep. Bruce Ayers, Ward 1 Councillor Margaret Laforest, Bob Verney and Michael Mazrimas with Save the Harbor/Save the Bay volunteers.



FLAGS FOR VETS ISLAND
SQUADRON 294

Bricks for Veterans Program



Announcing PHASE 2

Last year, the Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy began a new initiative called "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

The program was a success with more than engraved 416 bricks sold and placed along the walkway to the island's main flag pole.

Now, the Squadron is announcing **PHASE 2.**

These engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

For more information or to order, call 617-472-5952

Laforest, Falcione, Hurley, Striffler Top Spots Sept. 12

On Preliminary Election Ballot For Councillor At-Large, Wards 1, 5, 6 Respectively

By ROBERT BOSWORTH

The names of Margaret Laforest, Michael Falcione, Michael Hurley and Steven Striffler will appear at the top of the councillor at-large, Ward 1, Ward 5 and Ward 6 ballots respectively for the city-wide Preliminary Election Tuesday, Sept. 12.

Ballot positions for the preliminary were drawn last Friday morning outside the City Election Department by City Clerk Nicole Crispo and Assistant City Clerk Joseph Newton.

Here is the order of how the candidates' names for the four contests Sept. 12 will appear on the respective ballots:

Councillor at-large:

Margaret Laforest, 236 Rock Island Rd.; Stephen F. Tougas, 78 Gilbert St., A; Noel T. DiBona, 70 Chickatabot Rd.; Nina Liang, 2 Williams St.; Anne Mahoney, 12 Ferriter St.; Stanley Dong Fang Xiao, 73 Bicknell St., 607; and Daniel G. Raymondi, 88 Elm St.

The top six vote-getters in the at-large race will advance to the final election Tuesday, Nov. 7.

Laforest, the current Ward 1 councillor, is vacating her seat to run at-large. DiBona and Liang are incumbent at-large councillors seeking a second term. Mahoney has served nearly 12 years on the School Committee and is vacating her school seat to run at-large. Raymondi is a former Ward 2 councillor and school committee member and most recently served six years as the commissioner of Public Works.

Xiao and Tougas are first-time candidates.

Ward 1 Councillor:

The ballot position order will be Michael Falcione, 3 Graham Ter.; Joseph C. Murphy, 18 Macy St.; David McCarthy, 48 Whitney Rd.; and Daniel J. Davis, 155 Babcock St. McCarthy is a former school committeeman. The others are first-time candidates.

Ward 5 Councillor:

The ballot position order will be Michael M. Hurley, 51 Elm Ave.; John Rodo Rodophele, 62 Grenwold Rd.; and Kirsten L. Hughes, 116 Willow Ave. Hughes is the incumbent Ward 5 councillor and is serving as the president of the city council. Rodophele ran for school committee in 1997 and 2003. Hurley is a first-time candidate.

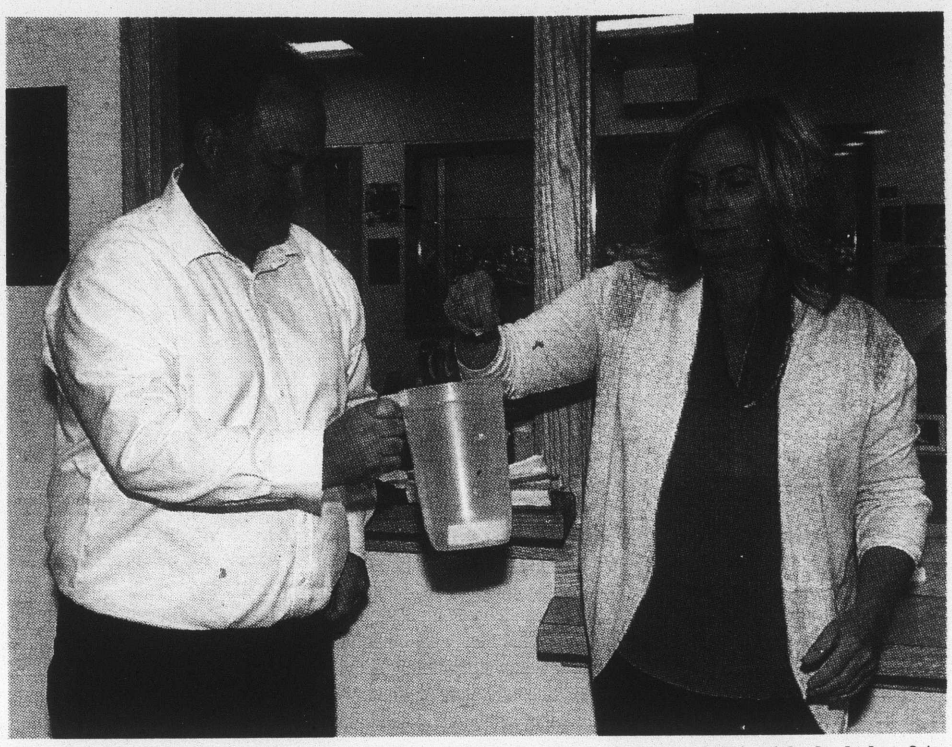
Ward 6 Councillor:

The ballot position order will be Steven Striffler, 63 Huckins Ave.; Herbert Alie Shaughnessy III, 32 Essex St.; and William Harris, 74 Ashworth Rd. Harris is the incumbent councillor who was appointed to the seat by a judge in 2016 after the death of former councillor Brian McNamee in December of 2015. Shaughnessy and Harris were both running for the Ward 6 seat when the judge determined Harris should be appointed to fill the open seat thus negating a special election in Ward 6. Harris had challenged McNamee in the 2015 city election.

Striffller ran for school committee in 2009.

The top two vote-getters in the ward preliminary elections will advance to the Nov. 7 final election.

Besides the council at-large contest and council races in Ward 1, 5 and 6, there is also a competitive field for school committee where six candidates are running for three school seats. Those school committee candidates are Anthony Andronico, 126 Charles St.; David Jacobs, 11 Dunns Court; Douglas Gutro, 36 Marlboro St.; Mark Sauter, 76 Longwood Rd.; Emily Lebo, 354 Highland Ave.; and Geraldine Manning, 1035 Southern Artery.



DRAWING FOR BALLOT POSITION - City Clerk Nicole Crispo (right) with the help of Assistant City Clerk Joseph Newton pulled names for ballot position in the Sept. 12 preliminary election Friday morning at City Hall. The names drawn first and will appear at the top of the councillor at-large, Ward 1, Ward 5 and Ward 6 ballots were Margaret Laforest, Michael Falcione, Michael Hurley and Steven Striffler respectively. *Quincy Sun Photo/Robert Bosworth*

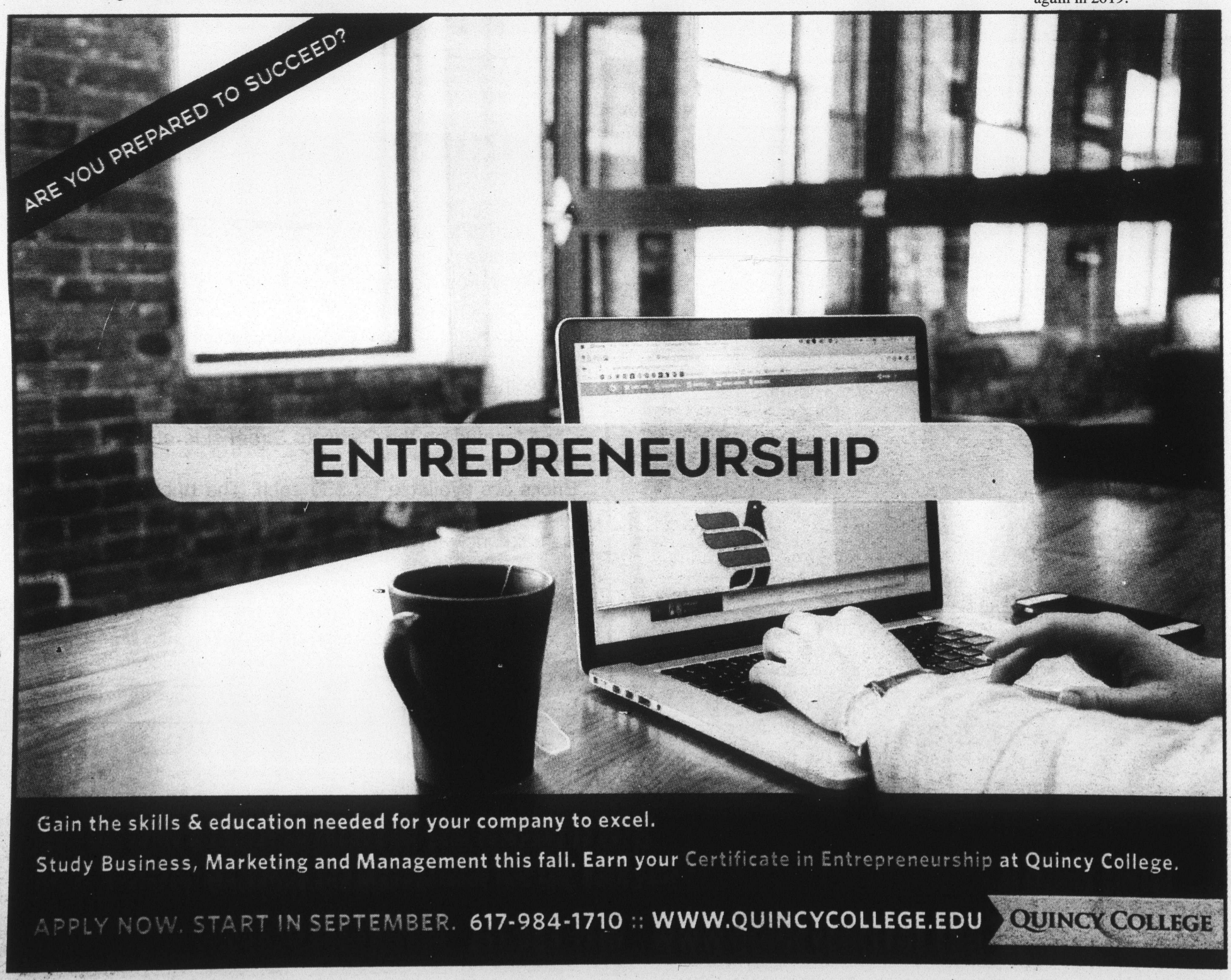
Lebo is an incumbent school committee member and Gutro served on the city council. The others are first-time candidates.

Two of the three school committee seats are open. Mahoney is vacating her seat to run for councillor at-large. The other seat is being vacated by Barbara Isola who is not seeking re-election this fall.

Uncontested races this fall are for city councillor in Wards 2, 3 and 4 where incumbents Brad Croall, Ian Cain and Brian Palmucci are unopposed.

There is no mayor's race this fall. Mayor Thomas Koch was elected to the city's first four-year mayoral term in 2015 after voters approved doubling the term from two to four years in 2013.

The mayor's seat will be in the hands of the voters again in 2019.



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Solar Eclipse Eye-Opening Experience - *Page 16*

DA Morrissey: Be Wary Of Rental Scams - *Page 10*

Kentucky Students Clean Squantum Park - *Page 13*



The Quincy Sun

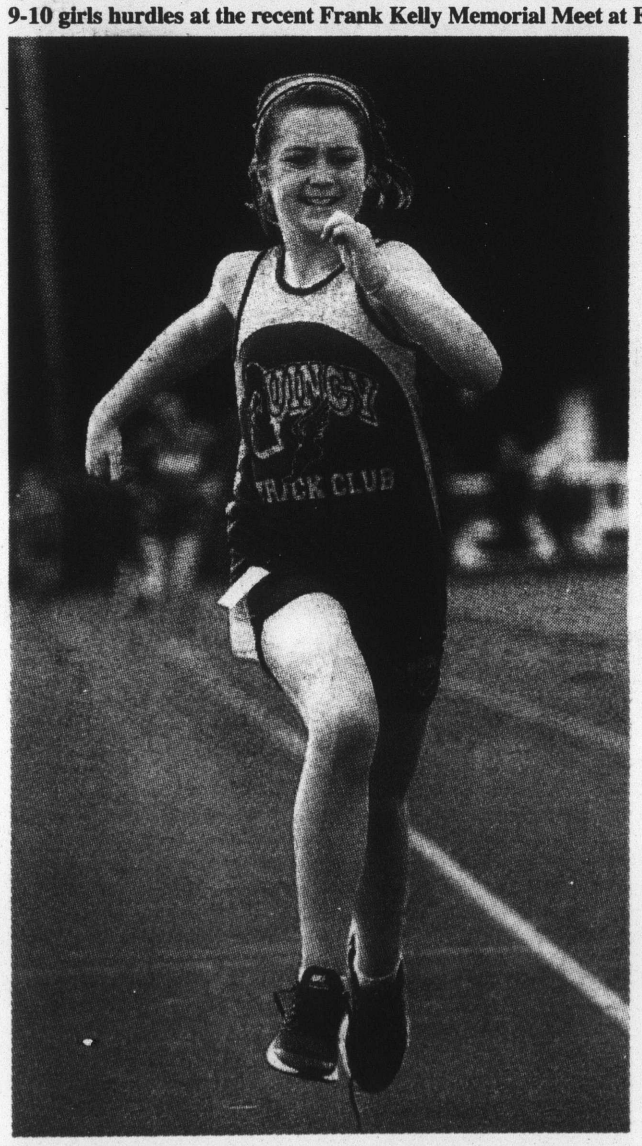
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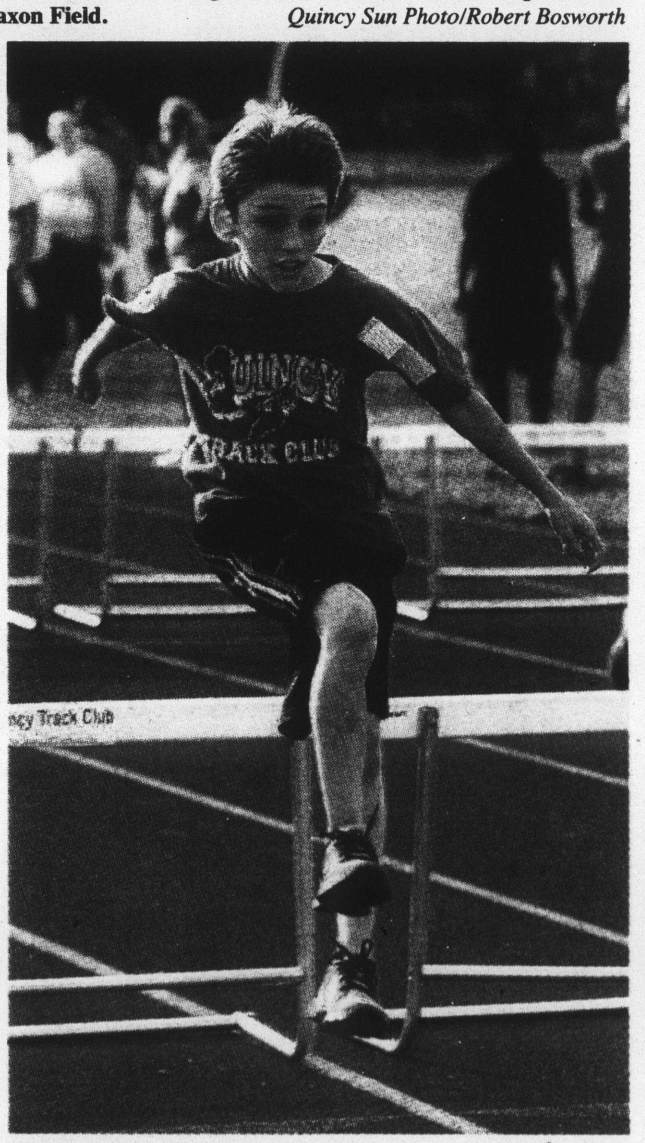
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Eyeing Finish Line At Kelly Track Meet



QUINCY TRACK CLUB members (from left) Jassenia Jones, Ariana Rouse (in background) and Victoria Reid compete in the 9-10 girls hurdles at the recent Frank Kelly Memorial Meet at Faxon Field. *Quincy Sun Photo/Robert Bosworth*





ALSO STARING DOWN the finish line during competition at the Frank Kelly Memorial Meet are (left) Madison O'Hara-Kelly in the 400m and Liam Faherty, 9-10 boys hurdles. More photos, story Pages 18-21.

Real Estate Market Up In Quincy

Activity Here Outpacing County

By SCOTT JACKSON

The real estate market in Quincy grew during the first seven months of 2017 compared to the same period last year, while the market for real estate in the whole of Norfolk County has remained flat.

William O'Donnell, the Norfolk County register of deeds, said his office recorded 835 deeds in Quincy

Cont'd On Page 11

K9 Karl Joins Police Department

By SCOTT JACKSON

The Quincy Police Department's newest officer has four legs and is one-year-old.

The department recently welcomed K9 Karl, a one-year-old black Labrador retriever trained to sniff out narcotics. Karl was purchased using funds seized from drug trafficking cases, Sgt. Karyn Barkas said. Those funds were also used to purchase a K9 cruiser for Karl and his handler, officer Steve Dabillis.

Karl is the department's second single-purpose narcotics interdiction dog, Barkas said. He joins K9 Charlie, a chocolate Labrador retriever the department purchased in January 2016.

Charlie directly assisted in the seizure of more than $57,000 cash, approximately 40 grams of fentanyl, more than 135 grams of heroin, more than 270 grams of crack cocaine, over 3,000 oxycodone pills, and approximately 500 Suboxone pills in his first year of service, Barkas said.

With the addition of Karl, Quincy police now have a total of 12 patrol, narcotics and explosives detection dogs.



POLICE POOCH – Karl, a one-year-old black Lab trained to sniff out drugs, recently joined the Quincy Police Department. *Photo Courtesy Quincy Police*

Ward 1 Candidates Discuss Issues At Forum - *Page 2*

Children's Programs At Library Aug. 24-31 - *Page 6*

Binge Drinking: A Path To Destruction - *Page 9*

More Quincy news:

The Quincy Sun.com

Ward 1 Candidates Discuss Development, Infrastructure

And Other Issues At Merrymount Assn. Forum

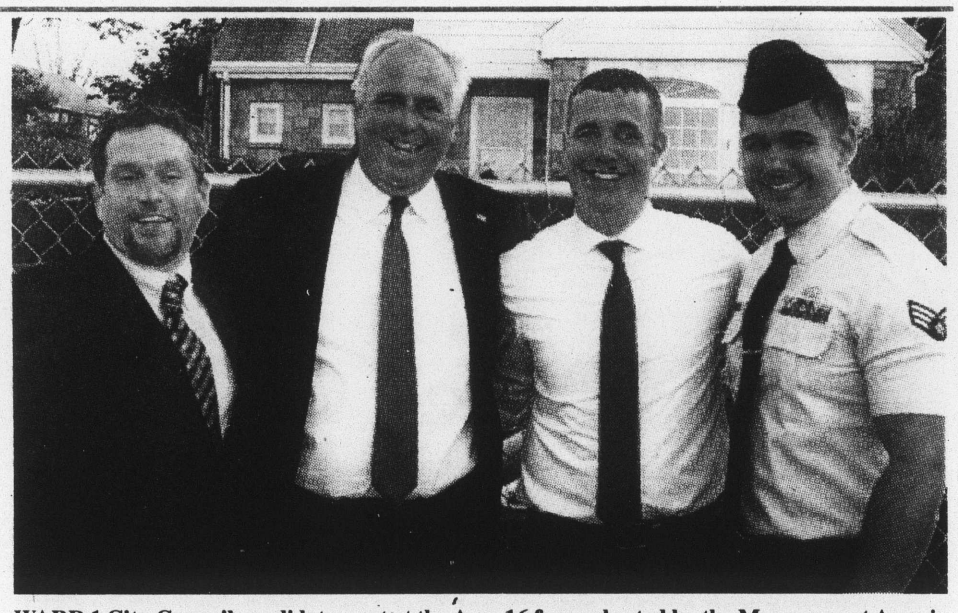
By SCOTT JACKSON

The four candidates in the race for the Ward 1 seat on the City Council in this fall's election had a chance to state their case to voters during a recent forum in Merrymount and spoke out on a number of topics including development, both in the city and the district, and infrastructure.

The candidates – Daniel Davis of Babcock Street, Michael Falcione of Graham Terrace, David McCarthy of Whitney Road and Joseph Murphy of Macy Street – spoke at the Aug. 16 candidates night at Merrymount Beach hosted by the Merrymount Association.

Ward 1 includes Adams Shore, Germantown, Houghs Neck, Merrymount and portions of Quincy Center and Quincy Point. The district is now represented by Margaret Laforest, who

Cont'd On Page 14



WARD 1 City Council candidates met at the Aug. 16 forum hosted by the Merrymount Association. From left: Joseph Murphy, David McCarthy, Daniel Davis and Michael Falcione. The top two vote getters in the Sept. 12 preliminary election will advance to the final election on Nov. 7.

Quincy Sun Photo/Scott Jackson

Murphy Operations Director, McGowan New HR Head

By SCOTT JACKSON

Human Resources Director Helen Murphy has returned to the mayor's office as director of operations and long-time HR administrator Patricia McGowan is the new head of that department.

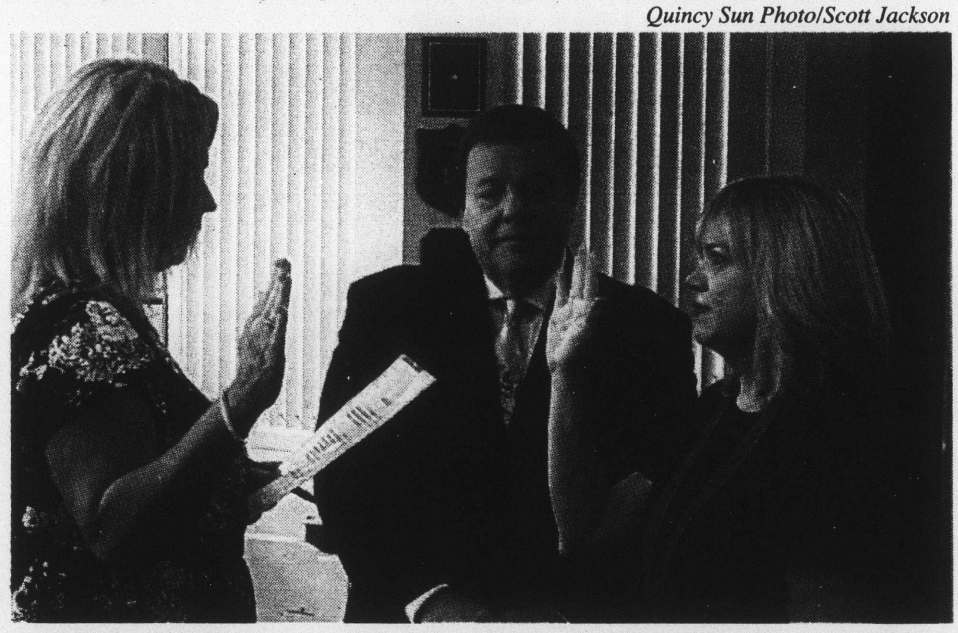
Murphy was Mayor Thomas Koch's director of operations from 2008 to 2013 and she replaces Al Grazioso, who two weeks ago was appointed commissioner of public works. The director of operations is tasked with oversight of day-of-day government activities, and is the primary liaison between city departments and the mayor's office.

McGowan had been the benefits coordinator in the Human Resources Department since 2008, responsible for managing health, dental and other insurance plans for all city employees. She was an HR assistant from 2002 to 2008, after more than more a dozen years of private sector experience as a research analyst for Harvard Pilgrim Health Care and a development supervisor for Bay State Health Care. She has a master's degree in business administration from Suffolk University.

The mayor announced both appointments Aug. 15, and they were effective last week.

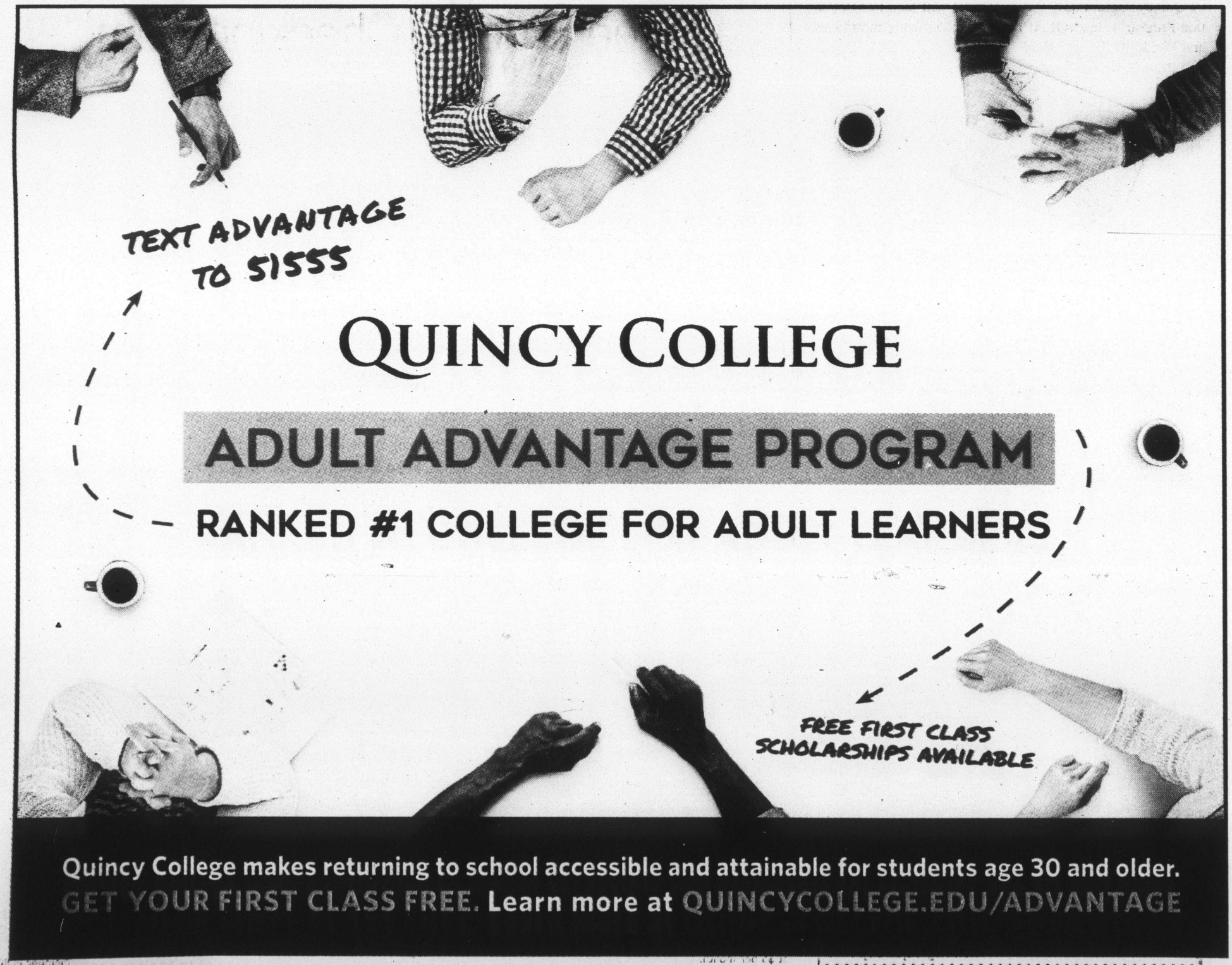
"Both Helen and Patty are tremendous assets to our team – their experience, history of hard work and their ability to solve problems and help people will continue to be a great benefit to the city and our residents," Koch said in a statement.

The director of operations position has a $97,000 salary under the city's budget for the current fiscal year, FY2018, and the HR director's salary is $106,000.



PATRICIA McGOWAN (right) is sworn-in as the city's new human resources director by City Clerk Nicole Crispo as Mayor Thomas Koch looks on. McGowan replaces Helen Murphy as HR director following Murphy's appointment as Koch's director of operations, a position Murphy held from 2008 to 2013.

Photo Courtesy Mayor's Office



William F. Degan Remembered On 25th Anniversary Of Tragic Death

Mayor Thomas P. Koch proclaimed Monday, Aug. 21, 2017 "William F. Degan Memorial Day" in the City of Quincy in reverence of the 25th anniversary of Degan's tragic death in the line of duty.

Inspector "Bill" Degan, a native of Quincy, was a Supervisory Criminal Investigator in the Boston office. He was also a senior member of the Marshals Service's elite tactical unit, the Special Operations Group (SOG). He served in the capacity as SOG Commander during the humanitarian and enforcement responses after Hurricane Hugo devastated approximately 90 percent of the buildings on the Virgin Islands in 1989. Because of his unwavering leadership during those crucial days, Degan was presented both the Attorney General's Distinguished Service Award, and the Marshals Service Director's Special Achievement Award.

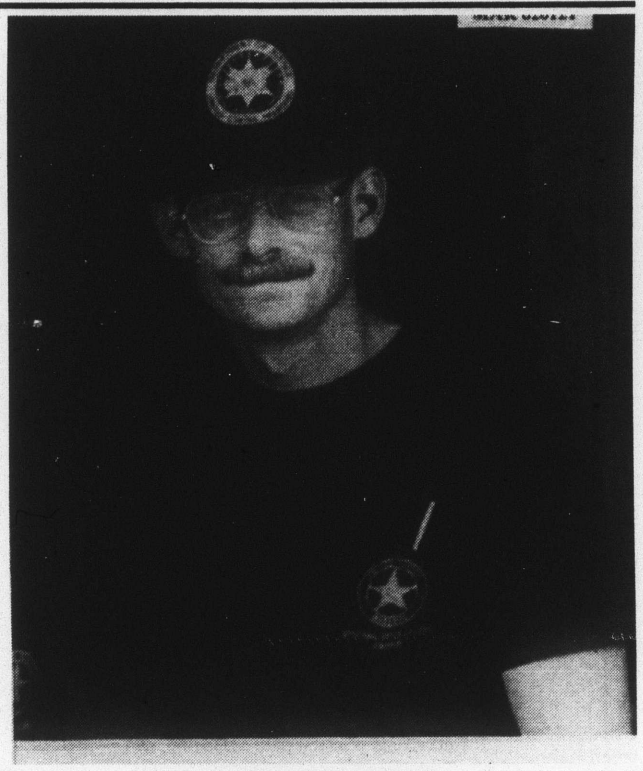
At the time of his death, Degan was on a covert SOG surveillance mission on Ruby Ridge, in Northern Idaho when his team was suddenly encountered by the fugitive, a family member and a family friend. At the end of the firefight that immediately ensued, Bill laid mortally wounded. Bill died a hero, attempting to cover two fellow SOG Deputies, allowing them to get to a position of safety.

Prior to joining the Marshals Service, Bill served as a Lieutenant Colonel in the United States Marine Corps. He served active duty during Operation Desert Storm.

Posthumously, he was awarded even more honors. He received the Marshals Service's Robert Forsyth Valor Award, which is named for the first Deputy United States Marshal to be killed in the line of duty in 1794. Bill was also elevated to the level of Colonel by the United States Marine Corps.

Degan graduated from North Quincy High School in 1968 and attended the University of New Hampshire where he played football for the Wildcats.

The Sons of the American Legion, Squadron 294, Morrisette Legion Post, will honor Degan with a memorial brick later this year at Flags for Veterans Island, Fort Square, School and Pleasant Streets, Quincy.



WILLIAM F. DEGAN

Senior Forum Sept. 22 At Kennedy Center

The first annual John Noonan Senior Forum will take place at the Kennedy Center on Friday, Sept. 22 at 12:30 p.m.

This event takes the place of what was the Quincy Council on Aging Senior Conference. Instead of various workshops the focus of the forum will be how the perception of aging can change.

Today's seniors are very active; planning, shifting careers, starting new businesses, cooking, texting, volunteering, traveling, dating, taking classes and much more yet most beliefs about aging have remained the same.

Keynote speaker will be Tom Clasby, director of the Quincy Council on Aging. The forum will also feature a catered luncheon and discussion on how the community should move forward to help change one's perception of aging.

Tickets for this event are $10 per person and can be purchased at the Kennedy Center, 440 East Squantum St., Quincy.

For additional information call the Kennedy Center at (617) 376-1506.

Singer Sigy Moller Performs Sept. 15 At Kennedy Center

Back by popular demand, Sigy Moller will entertain the crowd at the Kennedy Center with his live performance of treasured songs on Friday, Sept. 15th at 1:30 p.m.

Sigy Moller is an international performer who has captured the hearts of audiences around the globe. Light refreshments will be provided.

Tickets are $10 and are available at the Kennedy Center, 400 East Squantum St., Quincy. For additional information call the Kennedy Center at (617) 376-1506.

Homebuyer Workshop Sept. 21, Sept. 23

Quincy Community Action Programs, Inc. (QCAP) and Randolph Savings Bank will host a comprehensive workshop designed for first time homebuyers.

The two-day workshop will be held Thursday, Sept. 21 from 6 to 9 p.m. and Saturday, Sept. 23, from 9 a.m. to 3 p.m. at Quincy Community Action Programs office, fourth floor, 1509 Hancock St., Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

This monthly workshop provides a comprehensive review of the home buying process. Real estate professionals will lead instruction on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Individual counseling is also available.

Registration is underway and ends on Tuesday, Sept. 19th.

For more information about the program and / or to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit qcap.org.

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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



CUFF YOUR EARS

Ear cuffs, jewelry designed to hug the upper portion of the ear, are among the hottest jewelry trends. Because their curved shape grasps the outer fold of the ear, ear cuffs do not necessitate ear piercing. Many feature abstract shapes, while others take the form of a clinging female body, a feather, a leafy vine, or a butterfly. These ear adornments may be cast from a single solid piece of precious metal, or they can be strung with beads, wires, chains, or decoratively shaped ornaments that include gemstones or even carved bone. Otherwise, ear cuffs may consist of simple bands that can be arranged in a series that cascades down the outside of the ear.

Historically, ear cuffs were popular among different people around the world to represent styles, ranks, marital status and age. They were seen as art for the ear. Today, there are various kinds of ear cuffs that respond to today's fashion. For example, tribal looking pieces are popular, but we can also accessorize our ears with elegant or extravagant ornaments. For more information, please call or visit our store at 1402 Hancock St. in Quincy Center (617-773-3636).

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The Quincy Sun

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Moments in time

THE HISTORY CHANNEL.

• On **Sept. 5, 1666**, firefighters in London begin blowing up homes in a desperate attempt to halt the spread of a great fire through the city. By the time the fire was finally extinguished the following day, more than 100,000 people had been left homeless.

• On **Sept. 9, 1893**, President Grover Cleveland's wife, Frances, gives birth in the White House to the couple's daughter Esther. She remains the only child of a president to be born in the White House.

• On **Sept. 6, 1915**, a prototype tank nicknamed Little Willie rolls off the assembly line in England. Little Willie was far from a success. It weighed 14 tons, overheated, got stuck in trenches and crawled over rough terrain at only 2 mph.

• On **Sept. 10, 1940**, in light of the destruction and terror inflicted on Londoners by German bombing raids, called "the Blitz," the British War Cabinet instructs British bombers over Germany to drop their bombs "anywhere" if unable to reach their targets. One of them even landed in the garden of Joseph Goebbels, the Nazi Party's minister of propaganda.

• On Sept. 7, 1950, Julie Kavner, perhaps best known as the voice of Marge Simpson on "The Simpsons," is born in Los Angeles. Before taking on the role of the famously blue-haired housewife, Kavner played Brenda Morgenstern on "Rhoda."

• On **Sept. 4, 1972**, U.S. swimmer Mark Spitz wins his record seventh gold medal at the 1972 Summer Olympics in Munich. The record would stand until Michael Phelps took home eight gold medals at the Beijing Games in 2012.

• On **Sept. 8, 1986**, "The Oprah Winfrey Show" is broadcast nationally for the first time. Her daytime television talk show turned Winfrey into one of the most powerful, wealthiest people in show business.

(c) 2017 King Feattures Synd., Inc.

QCAP Job Search, Support

Quincy Community Action Programs, Inc. will host a job search, support and placement workshop Friday, Sept. 8 and Friday, Sept. 22 at QCAP's Greater Quincy Financial REACH Center, 1509 Hancock St., second floor, Quincy.

Besides job search, support and placement, topics will include workforce development, education and training; credit counseling and repair; money management and budgeting; and financial education and coaching.

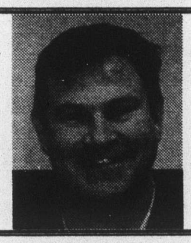
To register, contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

More information is also available at www.qcap.org.

QHS Class Of 1949 Reunion

The Quincy High School Class of 1949 will hold its 68th reunion on Friday, Oct. 20, 2017, at The Common Market in Quincy.

Reservations are required. For more information, contact Barbara Lee Fitzgerald at 508-477-6271 or Bill Smith at 508-386-3305 or willsmith53@comcast.net.



Son Beams

By ROBERT BOSWORTH

At-Large Run-Off A Political Rarity

It's not at as scarce as Monday's solar eclipse but the city council at-large preliminary election Sept. 12 is something of a political rarity in Quincy.

In fact, the at-large preliminary election in less than three weeks will mark just the third of its kind in the last 36 years.

Yup. That is correct.

There have only been two other at-large run-off elections since the year Ronald Reagan was inaugurated president: in 1981 (10 candidates) and 2001 (9 candidates).

The preliminary election in 2001, of course, took place Sept. 11 of that year. A date that is remembered for the tragic terrorist attacks on U.S. soil. There was some thought that day of cancelling the election after the two planes that departed Boston's Logan Airport crashed into the World Trade Center in New York City.

But officials made the right call: keep the polls open.

Turnout for the 9-11-2001 preliminary election was 29 percent (out of 52,253 registered voters). Turnout had been predicted as high as 40 percent but apparently many voters remained home to watch the television coverage of the terrorist attacks.

Or were too frightened to head to the polls since two planes were hijacked in Boston and no one really knew what other horror might unfold in the hours after those initial attacks.

Postponing the election here would have had a financial impact: reprint ballots and pay election workers and police details again for a second preliminary. And it would have interfered with registering new voters for the final election set for Nov. 6 that fall.

But the overwhelming sentiment to keep the polls open that day was to show those who attacked that no cowardly act would keep us from exercising our most basic and fundamental freedom: the right to vote.

Fast forward to Sept. 12 in a few weeks. We asked City Clerk Nicole Crispo to give us a turnout prediction and she is hopeful that at least 25 percent of the city's nearly 60,000 registered voters will go to the polls.

Other political observers aren't so optimistic with forecasts running in the 15 to 20 percent range.

A lot has changed in Quincy over the last 16 years and one of them has been the steady decline of voter participation in city elections. Even hard-hitting mayoral battles have not reached more than 50 percent turnout the last two contested mayoral elections: 41 percent in 2015 and 34.91 percent in 2011.

But perhaps turnout will start trending upwards again. There are have been many new residents who have moved into the city over the past several years including the residential properties in Quincy Center. They are putting down roots and with that the potential to become politically active and someday voters in local elections.

Comparing this at-large preliminary election to the last one in 2001 several similarities cropped up.

In 2001, there were nine candidates for councillor at-large (with the top six advancing). The field included two incumbents – Tim Cahill and Frank McCauley – who were both seeking re-election that fall. There was one open seat held by Paul Harold who was vacating the seat to devote full time as Norfolk County Register of Deeds. Cahill, McCauley and Joseph Finn were elected in November.

This year, there are seven candidates chasing six spots to advance to the final election Nov. 7 when voters will elect three at-large councillors. The field this year includes two incumbents – Noel DiBona of 70 Chickatabot Rd. and Nina Liang of 2 Williams St. – and there is one open seat vacated by Finn who is not running for re-election. The other candidates are Ward 1 Councillor Margaret Laforest of 236 Rock Island Rd.; School Committeewoman Anne Mahoney of 12 Ferriter St.; former Ward 2 councillor and former school committeeman Dan Raymondi of 88 Elm St.; Stephen Tougas of 78 Gilbert St., A, and Stanley Dong Fang Xiao of 73 Bicknell St.

In 2001 like this year, there are also three ward council races.

Sixteen years ago, there were preliminary contests in Ward 3, Ward 5 and Ward 6.

Ward 3 had four candidates running (including eventual winner Kevin Coughlin); Ward 5 three candidates (including eventual winner Doug Gutro) and Ward 6 four candidates (including eventually winner Joseph Newton).

This year, there are preliminary contests in Ward 1, Ward 5 and Ward 6. The top two vote-getters in each ward will square off in the final Nov. 7.

The four candidates in Ward 1 are, in the order they appear on the ballot: Michael Falcione, 3 Graham Ter.; Joseph C. Murphy, 18 Macy St.; David McCarthy, 48 Whitney Rd.; and Daniel J. Davis, 155 Babcock St. McCarthy is a former school committeeman.

The three candidates in Ward 5, in the order they appear on the ballot: Michael M. Hurley, 51 Elm Ave.; John Rodo Rodophele, 62 Grenwold Rd.; and Kirsten L. Hughes, 116 Willow Ave. Hughes is the incumbent Ward 5 councillor.

The three candidates in Ward 6, in the order they appear on the ballot: Steven Striffler, 63 Huckins Ave.; Herbert Alie Shaughnessy III, 32 Essex St.; and William Harris, 74 Ashworth Rd. Harris is the incumbent councillor

So just like 2001, there are some ward races to help bring out voters along with the city-wide at-large contest.

Another similarity – there is no mayoral preliminary election this year. In 2001, incumbent James Sheets and challenger William Phelan squared off in the final with Phelan unseating the six-term Sheets. But there was no mayoral preliminary election that year.

This year, there is no mayoral preliminary as well as no mayoral election – period. That's because Mayor Thomas Koch is at the half-way point of the first four-year mayoral term in city history. The mayor's seat will again be in the hands of the voters in 2019.

Another dissimilarity this year compared to 2001:

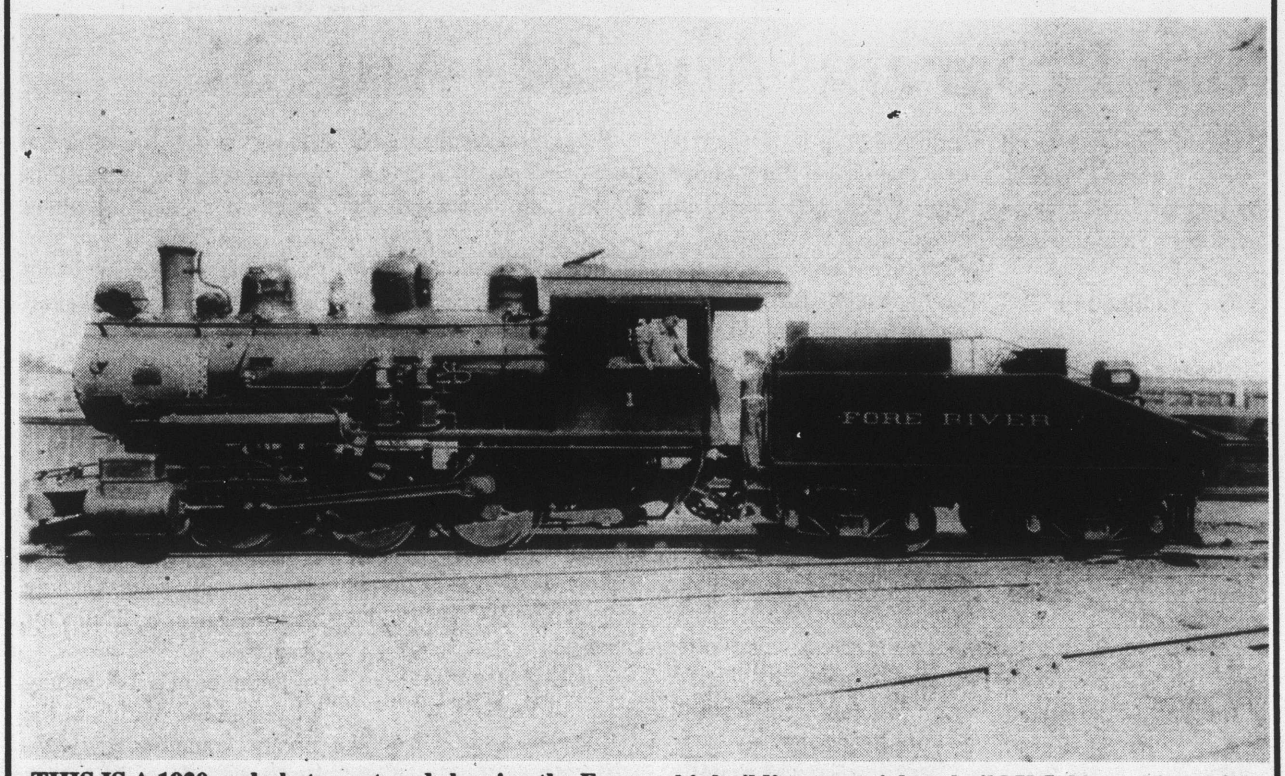
Sixteen years ago the three school committee candidates were all unopposed in the final: incumbents JoAnn Bragg, Ron Mariano and Michael McFarland were re-elected without opposition.

This year, there are six candidates seeking three seats on the school committee. Two of the seats are open. One is being vacated by Mahoney who is running at-large; the other by Barbara Isola who is not running for re-election. The six candidates vying for the three seats this year are: incumbent Emily Lebo, 354 Highland Ave.; former councillor Doug Gutro, 36 Marlboro St.; Anthony Andronico, 126 Charles St.; David Jacobs, 11 Dunns Ct.; Mark Sauter, 76 Longwood Rd. and Geraldine Manning, 1035 Southern Artery.

So while voters will not be electing a mayor this fall, they will elect at least four new office holders. There is one open seat at-large, an open seat in Ward 1 and two open seats on the school committee. Potentially, there could be nine new office holders: 3 at-large, Wards 1, 5 and 6 and three school seats.

Plenty of reasons to go to the polls – on Tuesday, Sept. 12 and again Tuesday, Nov. 7.

Scenes From Yesterday



THIS IS A 1920 ~~real~~ photo postcard showing the Fore River Railroad's new ALCO 0-6-0 steam powered switching engine. It was built at the American Locomotive Company plant in Schenectady, N.Y. The founder of the Fore River Shipyard, Thomas Watson, had built the shipyard's railroad in 1903 to carry shipbuilding materials from the Old Colony Railroad's Greenbush Line in Braintree to the Fore River waterfront at Hayward's Creek. It was a private railroad until Bethlehem Steel bought the yard in 1919 and separately incorporated the railroad and its right-of-way as a short haul common carrier. During World War II, the railroad's steam locomotives transported almost a million tons of shipbuilding materials to build U.S. Navy ships. After the war diesels replaced the steam locomotives. And in 1963 the railroad and the shipyard were sold to General Dynamics. The MWRA purchased both properties in 1987 and now leases the 2.7-mile railroad right-of-way to Fore River Transportation, a Twin Rivers Technologies company. Long before Watson opened his shipyard an earlier railroad ran along here. It had been built in the 1850s to carry granite from the nearby Wendall Quarry to Hayward's Creek. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Marina Bay Ward 6, At-Large Candidates' Night Aug. 29

Marina Bay Access Corporation and the Marina Point Council Committee will jointly sponsor a forum Tuesday, Aug. 29 at 7 p.m. for those candidates running for city councillor at-large and Ward 6 councillor.

The candidates' night will take place at 500 Victory Rd., Quincy.

In the invitation to candidates each was notified that possible topics of interest might be: enhanced ferry service to Boston, the extension of Commander Shea Boulevard, economic development in North Quincy and related traffic concerns.

Residents want their appointed and elected office holders to appreciate Marina Bay's unique character and challenges. And, they want to know those who serve on a personal basis. Candidates will each be afforded time to make opening statements followed by questions and answers.

Because of the number of people running in each category a preliminary election will be held Tuesday, Sept. 12th followed by the general election on Tuesday, Nov. 7th.

Candidates who have qualified for the ballot are: At-Large – Noel DiBona, Margaret Laforest, Nina Liang, Anne Mahoney, Stanley Dong Fang Xiao, Daniel Raymondi and Steve Tougas. Candidates for Ward 6 councillor are H.A. "Alie" Shaughnessy, William Harris and Steven Striffler.

America Needs More Heroes Like James McCloughan

Readers Forum

Ever since I met Jim McCloughan at this year's 30th anniversary Vietnam Veterans Memorial gathering at the Marina Bay Clock Tower ceremony back in April, I had been waiting for July 31 to arrive when he would be honored with the Congressional Medal of Honor presented to him by President Trump for his heroism during the Vietnam War when he was a young medic.

He received this medal for his actions during a battle back in 1969 when he entered live fire to rescue injured comrades despite being wounded himself.

However, after talking with him this past April, what he did was much more than a one battle event. He probably saved so many injured soldiers that he doesn't know exactly how many. He told me his job was to tend to the wounded not count them.

Imagine a young 23-year-old in the midst of battle risking his life over and over again for others. If this doesn't qualify someone as a hero, what does. Also, he remembered all those he could not save but was there to comfort them as they left this world in his arms.

McCloughan like myself were members of what is referred to as Baby Boomers. The children of the Greatest Generation. It should not have taken nearly 50 years to recognize a hero but since he never saw himself as a hero, he seemed appreciative of the honor finally given him.

McCloughan does not see himself as a hero just someone who did his job and did it well. Someone who calls himself a hero is not a hero. America needs more heroes like James McCloughan and I was honored to have met and spoken with him.

I wish him well and thank him for all he did in that terrible war.

His actions spoke for themselves.

Sal Giarratani
Princeton Street
East Boston

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Quincy's Yesterdays

This Week
1963
54 Years Ago

New Post Office For North Quincy

The Post Office Department plans to construct a new post office.

The department has taken an option on a track of vacant land on Hancock Street as a possible site for the new facility.

The land is located at 454-460 Hancock St. near the intersection of Hayward Street, it was revealed in a letter Mayor Amelio Della Chiesa received from John N. Murphy of the regional real estate office of the Post Office.

If the site is approved, a modern masonry building will be constructed. It would be privately owned and leased to the government.

RESIDENTS TO FIGHT BURGER KING LICENSE

The question of the reconsideration of the Burger King Restaurant on the old Brooks-Skinner property granted last week will be on the upcoming agenda of the Quincy License Commission.

The Commission had received an application from attorney Nicholas Barbadoro representing about 200 citizens living in the area, for reconsideration. Ward 4 Councillor George B. McDonald also appeared before the Commission in the interest of reconsideration.

BILL ASKS INCINERATOR SITE IN BLUE HILLS

Senator James S. McCormack (D-Quincy) filed a legislative bill in the legislature for the city of Quincy to acquire, from the M.D.C., 12 acres of land in the Blue Hills Reservation, to serve as a site for an incinerator.

Sen. McCormack announced he had cleared the way for the late filed bill.

The bill will direct the M.D.C. to transfer the plot to the city, but it is optional with the mayor and city council whether or not the land is acquired.

The bill will be written so that Quincy will have to pay only a nominal price for the land.

QUINCY-ISMS

"Money Worries?" "Solve Them Now at Your Time Finance Office at 1426 Hancock St., Quincy Center, Loans Available Up to $3,000." . . . Hertz Car Rental Co. was offering car rentals for just $5 plus 9 cents a mile. . . Capitol Super Markets, 1508 Hancock St., was advertising "U.S. Choice Heavy Western Steer Beef for 75 cents a lb." . . . "The Great Escape" starring Steve McQueen, James Garner and Richard Attenborough was playing at the Strand Theater, Chestnut St. . . The Walter J. Hannon Tire Co., 495 Hancock St., North Quincy, was offering "A New Tire Special, A Premium Tire 2 1/2 Times as Strong." . . . **John Kelly**, playground leader at O'Rourke Playground, West Quincy, announced that O'Rourke participants scored the most points in the Quincy Park and Recreation Field Day held at Veterans Memorial Stadium. . . Some 400 Quincy children were guests at a Red Sox - White Sox game at Fenway Park. They were guests of the Red Sox and **State Representative Joseph E. Brett**. . . **Robert J. Weafer**, a faculty member at Bentley College since 1954, was promoted to the position of chairman of the school's Accounting Department. . . **Richard J. Koch, Sr.**, executive secretary of the Quincy Park and Recreation Board, announced the Board has banned carnivals from all park property effective Sept. 1. . . **C.W.O. Frederick P. Cullen, Jr.**, son of Mr. and Mrs. Frederick P. Cullen of 85 West Squantum St., received two commendations for his service as a helicopter pilot in Viet Nam. His father was a Quincy firefighter. . . A son was born at Quincy City Hospital to **Mr. and Mrs. Carl Leone, Jr.**, 87 Cedar St., Wollaston. . . **Technical Sgt. John Burke** of 398 Highland Ave., Wollaston, a member of the 94th Troop Carrier Wing, was appointed to the Wing Recruiting program. . . Commencement exercises at the Quincy City Hospital School of Nursing were scheduled for Sept. 5. **Edna B. Austin,** chairman of the Hospital Board of Managers, will preside over the graduation of 45 student nurses. . . **Lt. Col. Stephen T. Keefe** returned to his duties as Quincy assistant city solicitor after spending two weeks on active duty in the joint Army-Air Force Maneuvers in the Carolinas. Col. Keefe was commanding the 901st Troop Carrier Group, U.S. Air Force Reserve.

KEEPING UP WITH THE RED SOX

Red Sox leftfielder Carl Yastremski was the leading hitter in the American League with a .329 average, while Sox first baseman Dick Stuart led the league in homeruns (32) and RBIs (91). The Red Sox were in sixth place in the 10-team American League with a 59-64 record, 19 1/2 games behind the league-leading New York Yankees.

Arts & Entertainment

Children's Library Programs Aug. 24 - Aug. 31

By JULIE RINES
Thomas Crane Public Library

The Thomas Crane Public Library announces the following events and activities for children during the week of Aug. 24 through Aug. 31.

Family Board Games @ Wollaston

Thursday, Aug. 24th
9:30-4:40
Ages 3+

Come drop by to play some family board games. We'll have some old favorites and some you might not have played before. Try some word association with Codenames, press your luck with Tem-Purr-A, make some wild guesses with Concept and more!

For children ages 3 and old accompanied by an adult.

Children's Concert with Mama Steph

Thursday, Aug. 24th at 10 a.m.

Main Library Large Meeting Room

All Ages

Join Mama Steph, a Quincy favorite, for a special concert for children and their families. Join in with familiar and new songs. While the whole family will enjoy this concert Mama Steph's music is especially suitable for preschoolers and their families.

Children's Movie Matinee @ Adams Shore "Sing"

Thursday, Aug. 24th at 2 p.m

Rated PG

Join us at Adams Shore for a showing of "Sing."

A koala impresario stages a gala singing competition in order to save his theater, and the contest attracts the attention of such musically inclined animals as a harried pig mom, a teenage gorilla, a shy elephant and a punk porcupine. Singing along is greatly encouraged.

Rated PG Runtime 108 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

Music and Movement with Rubi

Friday, Aug. 25th @ 10 a.m.

Main Library Large Meeting Room

Ages 0-4

Sing and dance with Rubi Lichauco! Put on your favorite dancing shoes and join us for this lively mix of music and movement for children ages 0-4 accompanied by an adult.

Sponsored by the Friends of the Thomas Crane Public Library.

Art-to-go is a nine-week series of drop in art activities that travel throughout Quincy. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school age children to add their own personal touch.

Children up to age 8 are invited to drop in any time between 2 and 4 p.m. Monday, Main Library; Tuesday, Adams Shore; Wednesday, Wollaston; Thursday, North Quincy to make this week's craft. Week of Aug. 29th – Skyline headband.

Sponsored by the Friends of the Thomas Crane Library.

Children's Movie @ North Quincy "101 Dalmatians"

Monday, Aug. 28th at 2 p.m.

Rated G

Pongo and Perdita have a litter of 15 puppies. Cruella De Vil takes a fancy to the pups, and wants to get hold of them, as well as more pups, to make herself a lovely dalmatian skin coat... Cruella hires some thugs to kidnap the pups and hold them at her mansion. Will Pongo and Perdita find them in time?

This movie is rated G and runs for 80 minutes.

Sponsored by the Friends of the Thomas Crane Public Library.

LEGO Building at Wollaston

Tuesday, Aug. 29th from 1:30 to 4:30 p.m.

Ages 5 and older

Drop in at the Wollaston Branch every Tuesday in July and August and see what new LEGO building challenge is up each week. How high can you build a tower? What sort of space vehicle can you make? Can you build something all in one color? See if you can meet the challenges every week! This week's challenge: Schools.

Parents please note these are regular LEGO, not DUPLO and are not appropriate for smaller children.

Summer Reading Challenge

Don't forget to finish logging all your reading and challenges by Thursday, Aug. 31st.

Summer may be coming to an end but the fun at the library continues throughout the whole year. Check back here for monthly program updates, sign up for the library newsletter or consult the library's website thomscranelibrary.org for upcoming events and storytime information.

13th Annual Houghs Neck 'ChowdaFest' Sept. 9



The Houghs Neck community will host its 13th annual "ChowdaFest" on Saturday, Sept. 9th from 2 to 6 p.m. at the Maritime Center in Houghs Neck, 137 Bay View Ave.

The "ChowdaFest" will feature at least two dozen recipes from local restaurants and individual contestants. Admission is $5 and includes a taste of each chowda and live entertainment by SuperFly.

There will be a cash bar serving wine and beer from Burke Distributors mobile keg trailer sponsored by Mark DiBona, owner of Cagney's. East Coast Gaming will be in site to entertain those video game enthusiasts

A selection of cold drinks and food will be sold by the Boy Scouts. The Houghs Neck Congregational Church will have their bake sale with all proceeds going to McKinney-Vento Homeless Assistance Program. For more details or to donate baked goods email Gayle Mackay at gaylemackay@comcast.net.

All proceeds raised from ChowdaFest will support local youth and family programs of the Houghs Neck Community Council.

Any individuals interested in entering a "Chowda" should contact Eileen Timcoe at 617-479-4107 or 617-481-9153 etimcoe@yahoo.com.

Restaurants or businesses interested in entering a chowda or sponsoring the band for $500, tent for $100 or a keg for $50 should contact Jim McCarthy at (617) 285-8405 or HoughsNeckQuincy@gmail.com

Congratulations to the winner of the event logo contest. Houghs Neck resident Aimee Burke's art work will be featured on the back of the t-shirts and novelty cups. The logo appears above. Thank you to all the art entries.

The event is an opportunity to reconnect with friends and neighbors, past and present, in a beautiful seaside location. Last year, more than 1,500 people attended and more are expected this year.

Sidewalk Sale Sept. 9 At Mite Box Thrift Shop

The Mite Box Thrift Shop, located at The Parish of St. Chrysostom, 1 Linden St. (corner of Hancock Street) Wollaston will be holding a Sidewalk Sale on Saturday, Sept. 9th, from 9 a.m. to 1 p.m. on the church grounds.

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8	Government Access Channel 9
Thursday, August 24 6:00pm: Bethany Congregational Church 8:00pm: Quinzee Memories, episode #3	Thursday, August 24 6:30pm: FYI: QHD Back to School 7:00pm: QATV Classic: South Korea
Friday, August 25 3:30pm: CIQ Interview: Farmers Market 6:00pm: Sound Advice	Friday, August 25 6:30pm: FYI: QHD Multiple Sclerosis 7:00pm: Crime Watch: College Safety
Saturday, August 26 7:30pm: QRD: Dance Clinic 8:00pm: QRD: Musical Theatre	Saturday/Sunday, August 26/27 10:30am: Health Links: Plastic Surgery 2:00pm: Good Deeds: Summer Update 4:00pm: AM Quincy: The Kennedy Center 5:00pm: Quincy In Focus 6:30pm: FYI: QHD Multiple Sclerosis 7:00pm: QRD: Musical Theatre
Sunday, August 27 11:30am: Terra Santa News 3:30pm: Sound Advice	
Monday, August 28 11:30am: LIVE: Currently in Quincy 7:00pm: Quinzee Memories: South Quincy	Monday, August 28 6:30pm: FYI: QHD Electroconvulsive Therapy 8:00pm: In the Spotlight: Bill Brett
Tuesday, August 29 6:00am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: 2017 Senior Forum	Tuesday, August 29 6:00pm: Health Links: Electrology 8:00pm: At the Library: Andy & Judy Daigle
Wednesday, August 30 6:00pm: Terra Santa News 10:00pm: The Constitution: Then & Now	Wednesday, August 30 7:00pm: Good Deeds: Summer Update 8:00pm: At the Library: Quincy Symphony

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Free Wellness Program At Kennedy Center

The Quincy Health Department is offering a free wellness program at the Kennedy Center in September.

The program titled "My Life My Health - Health Self Management Program" is a six-week program developed by Stanford University Medical Center.

It is for those living with or caring for someone with chronic health conditions such as high blood pressure, arthritis, pre-diabetes, etc. Participants will learn how to set and meet personal goals, increase energy levels, handle stress and relax, and improve communications with health providers and others.

The program will take place at the Kennedy Senior Center; 440 East Squantum St., Quincy beginning Sept. 7th through Oct. 12th Thursday evenings from 5 to 7 p.m.

Register by calling the Kennedy Center at 617- 376-1506.

Blood Drive At Sons Of Italy Monday

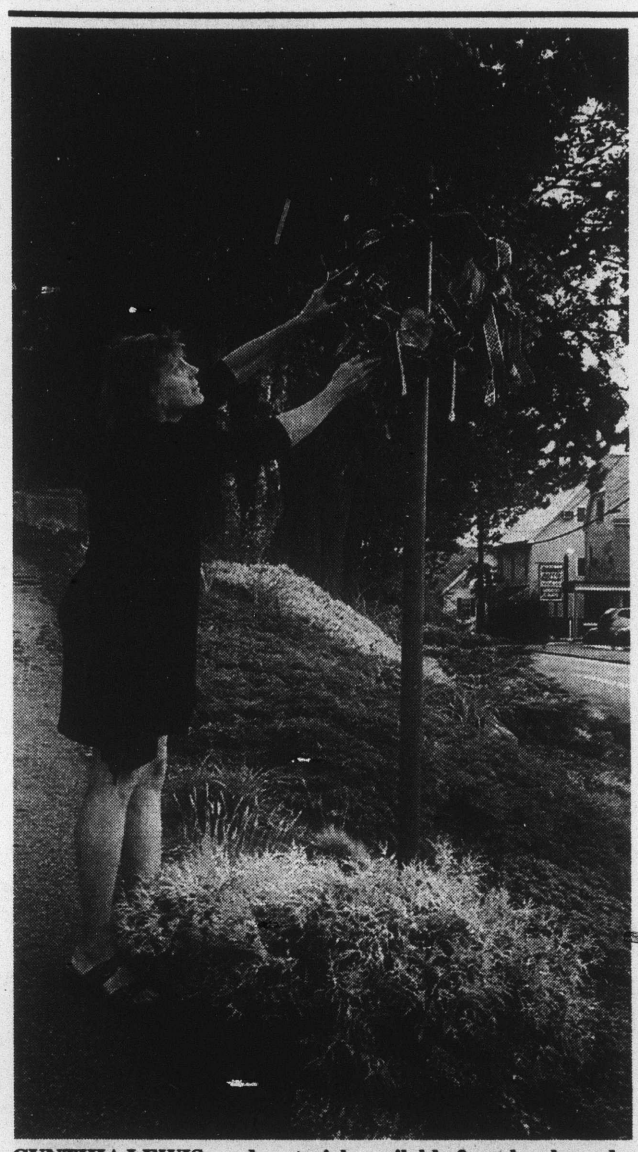
The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy Social Center, 120 Quarry St.

Appointments can be scheduled by calling 1-800-RED CROSS (1-800-733-2767).

The American Red Cross urges blood donors to give in the final weeks of summer to help overcome a chronic summer blood shortage.

In August, regular donors may delay giving as final summer vacations are planned and back-to-school activities ramp up. To fully meet the needs of hospital patients in the coming days and weeks, donations are urgently needed from new and current donors. Those who donated blood earlier this summer may be eligible to donate again. Blood can be safely donated every 56 days, and Power Red cells can be donated every 112 days.

Social



CYNTHIA LEWIS used materials available from local woods, marshes, and seashore to create a wreath she imagined Anne Hutchinson might have made.

Photo Courtesy Zoe Antonopoulos

Garden Club Celebrates 427th Birthday Anniversary Of Anne Hutchinson

Creates, Places Grapevine Wreath At Memorial Sign In Wollaston

By PAT ARTIS

For the past few years, in celebration of Anne Hutchinson's summer birthday, a floral arranger from the Wollaston Garden Club has created a hanging wreath design for the memorial sign at Anne Hutchinson Square at the corner of Newport Avenue, Beale Street, and Grandview Avenue in Wollaston.

This year's design is a grapevine wreath, created in a naturalistic style, by club past president and Master Gardener, Cynthia Lewis, who is also WGC horticulture chairperson as well as vice president of the Houghs Neck Garden Club. Lewis has designed many times for the Museum of Fine Art's Art in Bloom. She explained her wreath design in this way.

"I thought of the local natural materials that Anne Hutchinson would have found in the woods, marshes, and seashore," Lewis said. "Manipulating the grape vine into a circular shape, I added: driftwood, red pinecones, mushrooms, seashells and magnolia leaves."

Lewis also added a piece of sun-bleached nautical rope and red and blue ribbon to signify Hutchinson's importance in American history. The sunny, windy, and dry conditions of Anne Hutchinson Square, along with the summer heat, make this a very challenging project.

Members of the Wollaston Garden Club have long been intrigued by the story of Anne Hutchinson and her family's farm in the Wollaston Hill area of Quincy in the 1600s. This summer would have been the 427nd birthday of Hutchinson.

In 2006 the garden club created, and still maintains this garden dedicated to Hutchinson on the hillside, with the Roxbury puddingstone marker that commemorates "the place where she tarried..." in her exile from Massachusetts Bay Colony in 1638. Two other civic groups from Portsmouth, Rhode Island and White Plains, New York, share with the garden club annually news and programs commemorating Hutchinson's life.

"Wollaston Garden Club members are inspired by this strong, determined colonial woman, who as a midwife gardener had a farm and a home, right here in Wollaston," said Club president Jan Clifford.

Pat Artis is a retired history teacher and coach, and past president of the Wollaston Garden Club.



(DENISE HAJJAR (center) with models during exclusive fashion show hosted during MMB By The Sea: Boardwalk Expansion Celebration. Besides the fashion show the event also featured local artisans, an appearance by the Patriots cheerleaders and Pat Patriot, live music by The Waves, food trucks, as well as a beer garden. *Photo Courtesy Stephanie Palumbo*

Meriel Marina Bay Partners With Denise Hajjar For Exclusive Fashion Show

Hines, Callahan Construction Managers and Quincy Mayor Thomas P. Koch celebrated the expansion of the Maria Bay boardwalk expansion with a recent celebratory community event known as MMB By The Sea: Boardwalk Expansion Celebration.

The event included local artisans and crafters; music and giveaways from KISS 108; an appearance by the Patriots cheerleaders and Pat Patriot; live entertainment by The Waves; food trucks including Boston Burger Company, Del's Lemonade and Clyde's Cupcakes; as well as a beer garden by Ipswich Ale Brewery.

A highlight of the day's festival was an exclusive fashion show hosted by Boston-based designer Denise Hajjar with clothing and accessories from Andrea Valentini, Dawna Davis Designs and A Gilded Nest. Sweets were provided by Ginger Betty's Bakery. The private showcase was held in the lobby of Meriel Marina Bay, Quincy's newest waterfront apartment community.

Meriel Marina Bay is comprised of two, five-story buildings featuring 352 luxury apartments with ample garage parking and approximately 20,000 square feet of ground-level retail space ideal for dining establishments and specialty boutiques.

Quincy Access Television Open House Sept. 7

Quincy Access Television will hold its annual open house Thursday, Sept. 7 from 6 to 8 p.m. at its studio located at 88 Washington St., Quincy Center.

The public is welcome to tour the facility, learn about public access television and get information on how to become a member at QATV.

Open house visitors will also get a behind-the-scenes look at how a show is produced and an opportunity to meet the hosts of current QATV programs.

All visitors will be entered into a free drawing for a GoPro Hero5 Black camera and a one-year QATV membership.

QATV's fall semester will begin Thursday, Sept. 14 with an "Orientation to Community TV" to be held at 8:30 p.m. The orientation session, a requirement for all new members, will provide an overview of QATV policies, a tour of the facility and information about course offerings. A six-week studio production class will begin on Tuesday, Sept 19. Participants will learn the basics of how to produce a studio show, including preproduction elements, audio, graphics, directing and more.

Portable production and editing will begin on Thursday, Sept. 21. Camera movement, tripod tips, and how to edit footage (using Final Cut Pro X software) will be covered in the six-week course.

For more information about QATV's open house, or to register for upcoming classes, call 617-376-1440.

QATV membership is open to any Quincy resident over the age of 18 and to non-profit organizations based in the City of Quincy.

QATV
Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

OPEN HOUSE
THURSDAY, SEPTEMBER 7, 6-8pm

Join us and learn how you can become a member of Quincy Access Television. Visitors will get a behind the scenes look at several live shows, the opportunity to meet current producers, and be entered to win a **Free GO PRO camera**!

Classes begin with "Orientation to TV"
Thursday, September 14, 6:30pm

First 50 visitors receive an "I Support Public Access TV" T-shirt!

Check us out! You'll be glad you did!

WHAT'S COOKING
with
Marie & Susie
By MARIE D'OLIMPIO and SUSIE FALCO



Mini Pineapple Upside-Down Cakes in Muffin Tins

By MARIE

I found the idea for mini pineapple upside-down cakes on-line and it reminded me so much of the days when I baked it for my friends. We were a group of four couples who always got together for sandwiches and dessert and called these gatherings "club."

Pineapple upside-down cake was always a big hit at "club" and in those days we made the cake in a either a large, round cake pan or sheet cake pan. However, no matter what shape pan was used this cake was always a favorite.

For the batter of this recipe I used my mom's plain golden cake recipe.

Cake Ingredients:

2 ¼ cups all-purpose flour
3 ¼ teaspoons of baking powder
1 teaspoon of salt
1 1/4 cups of sugar
½ cup melted butter (1 stick)
1 cup of milk
2 eggs unbeaten
1 teaspoon of vanilla

Topping:

1/4 cup butter (1/2 stick or 4 tablespoons)
2/3 cup brown sugar (packed)
1-can pineapple rings
6-maraschino cherries

Preheat oven to 350 degrees.

Spray large muffin tins with non-stick cooking spray. Or lightly grease with vegetable oil.

Place the flour, baking powder, salt and sugar together in a bowl, and combine. Add the melted butter and half of the milk and beat at medium speed for 2 minutes. Add the 2 eggs, vanilla and rest of the milk and continue mixing until batter is well-blended.

In a small sauce pan, melt the butter and add the brown sugar. Stir on low heat for one minute, or until well-blended.

Spoon a layer of the warm brown sugar mixture into the bottom of each prepared muffin tin, then place a pineapple ring on top. Add a cherry in the middle of each pineapple. Spoon cake mixture on to fill each muffin tin 3/4 of the way full. Bake for 25 minutes or until toothpick comes out clean.



AUTHOR GRACE LIN talks about her books during a recent visit to the Parker School. The children's author outlined the stories she wrote and the accompanying illustrations she drew in each of her books: "Where the Mountain Meets the Moon," "Starry River of the Sky," and "When the Sea Turned to Silver." Story, other photos on Page 31.

Quincy Sun photo/Tom Gorman

No Ice Cream Maker Chocolate Coconut Milk Ice Cream

By SUSIE

Using only a few ingredients this chocolate ice cream is a great alternative for those of you looking for a cold and creamy treat, but would rather use another base other than dairy.

Many are lactose (the milk sugar) or casein (the milk protein) intolerant. Having a can of full fat coconut milk in your cupboard is a must for many recipes that you wish to switch out for dairy. You can even whip into a whipped cream!

This ice cream is just delicious and very creamy. This is a great recipe for the kiddos to make since it requires zero cooking and very little mess. (Well, not sure about the mess if they are anything like my kids.)



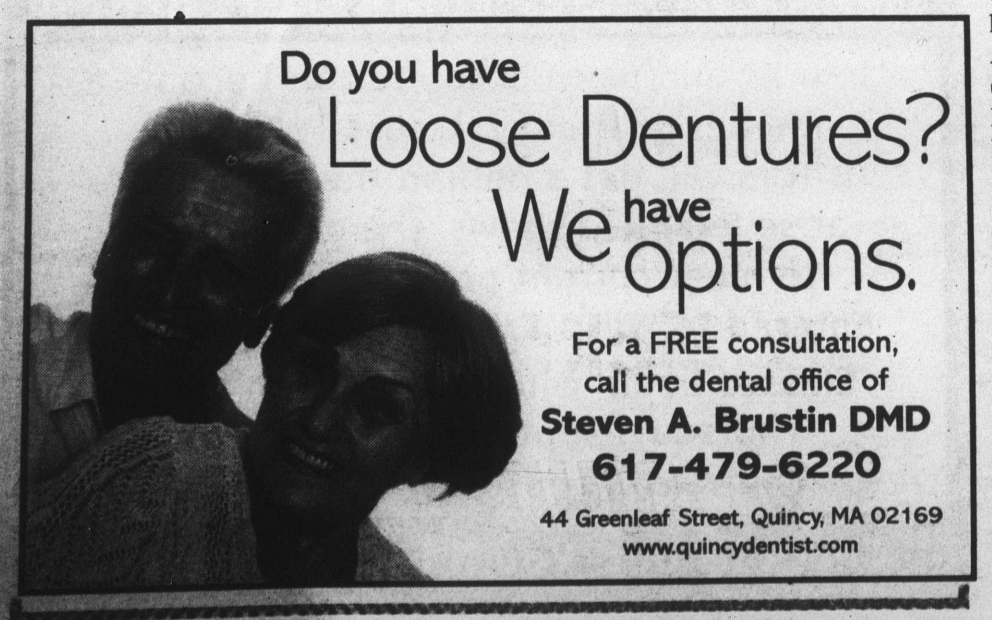
No Ice Cream Maker Chocolate Coconut Milk Ice Cream!

Ingredients:

1 14 oz. can full fat coconut milk
1/4 cup + 2 Tablespoons cocoa powder
1/4 cup real maple syrup
2 teaspoons vanilla extract
1 banana (OPTIONAL)
Dash sea salt

Combine all of the ingredients in a blender, and blend until smooth and creamy. Pour in freezer proof container and freeze at least 4 hours.

Scoop and eat! ENJOY!



Quincy Fall ArtsFest Call For Entries

The City of Quincy and the Quincy Art Association announce the 20th annual Quincy ArtsFest will be held Saturday, Sept. 16 and Sunday, Sept. 17 at Adams Field.

The call for entries is underway. Entry deadline is Monday, Aug. 28.

Categories are:

Oil and acrylic paintings, drawing and pastels, watercolor painting, mixed media – collage; printmaking, sculpture, clay, color photography, black and white photography, special effects photography, "Best of Quincy" – artwork and photography; fabulous fakes, separate young artists category (no entry for young artists).

Entry forms for all categories are available online at: https://www.quincyartma.org/events

Full entry details, fees and other information can be found on the entry forms.

ArtsFest hours will be 10 a.m. to 5 p.m. on Saturday, Sept. 16 and 10 a.m. to 4 p.m. on Sunday, Sept. 17.

For more information, contact the Quincy Park Department at 617-376-1251.

Public Announcement Concerning A Proposed Health Care Project

Lahey Health System, Inc., located at 41 Mall Road, Burlington, MA 01805 (the parent of Lahey Clinic Hospital, Inc., 41 Mall Road, Burlington, MA 01805, Northeast Hospital Corp., 85 Herrick Street, Beverly, MA 01915, and Winchester Hospital, 41 Highland Avenue, Winchester, MA 01890), CareGroup, Inc., located at 109 Brookline Avenue, Boston, MA 02215 (the parent of Beth Israel Deaconess Medical Center, Inc., 330 Brookline Avenue, Boston, MA 02215 (which in turn includes Beth Israel Deaconess Hospital-Milton, Inc., 199 Reedsdale Road, Milton, MA 02186, Beth Israel Deaconess Hospital – Needham, Inc., 148 Chestnut Street, Needham, MA 02492, and Beth Israel Deaconess Hospital – Plymouth, Inc., 275 Sandwich Street, Plymouth, MA 02360), New England Baptist Hospital, 125 Parker Hill Road, Boston, MA 02120, and Mount Auburn Hospital, 330 Mount Auburn Street, Cambridge, MA 02138), and Seacoast Regional Health Systems, Inc., located at 25 Highland Avenue, Newburyport, MA 01950 (the parent of Anna Jaques Hospital, 25 Highland Avenue, Newburyport, MA 01950) (collectively the "Applicant"), intend to file an Application for Determination of Need ("Application") relative to a proposed affiliation involving the Applicant (the "Project"). The Applicant is submitting its Application as it intends to affiliate to create a new comprehensive, distributed, high quality and high-value non-profit healthcare delivery system to serve patients throughout Eastern Massachusetts. To facilitate the level of economic and clinical integration required to better manage the health of a broad population and meaningfully impact care delivery in the state, the Project would establish a new parent company that will function as the sole corporate member of each hospital, and will also include the participation of the organizations' accountable care organizations. The Total Value of the Project is estimated to be approximately $5,323,154,000. There is not expected to be any anticipated price or service impacts on the Applicant's existing Patient Panel. Any ten Taxpayers of Massachusetts may register in connection with the intended Application or amendment by no later than October 16, 2017, by contacting the Department of Public Health Determination of Need Program, 250 Washington Street, 6th Floor, Boston, MA 02108.

Binge Drinking: A Path To Destruction Not A Rite Of Passage

A Message From The Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-F

Excessive drinking over a brief period of time is referred to as binge drinking. In order to be considered a "binge," the drinker's blood alcohol concentration (BAC) must reach or exceed 0.08 grams per 100 grams of blood. This usually happens when a male consumes 5 or more drinks or a female consumes 4 or more drinks over the course of approximately 2 hours. While some college students declare they're only trying to have a good time, patterns of excessive drinking can be hazardous and lead to devastating consequences. This approach to drinking poses serious health and safety risks, including car crashes, drunk-driving arrests, sexual assaults, and injuries. Over the long term, repeated binge drinking can damage the liver and other organs.

Harmful and underage college drinking are significant public health problems, and take an immense toll on the academic and social lives of students across the United States. Drinking at college has become a ritual that students often see as an essential part of their higher education experience. Numerous students enter college with established drinking habits, and the college environment can intensify the problem. According to a national survey, almost 60 percent of college students ages 18–22 drank alcohol in the past month, and almost 2 out of 3 of them engaged in binge drinking during that same timeframe. Drinking affects college students, their families, and entire college communities. Researchers estimate that each year:

- About 1,825 college students between the ages of 18 and 24 die from alcohol-related unintentional injuries, including motor-vehicle crashes.
- About 696,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking.
- About 599,000 receive unintentional injuries while under the influence of alcohol
- About 97,000 students between the ages of 18 and 24 report experiencing alcohol-related sexual assault or date rape.
- About 1 in 4 college students report academic consequences from drinking, including missing class, falling behind in class, doing poorly on exams or papers, and receiving lower grades overall.
- More than 150,000 develop an alcohol-related health problem
- Binge drinkers who utilized alcohol at least 3 times per week, were about 6 times more likely than those who drank but never binged, to perform poorly on a test or project as a result of drinking and 5 times more likely to have missed a class.
- About 20 percent of college students meet the criteria for an Alcohol Use Disorder.
- Other problems include suicide attempts, unsafe sex, and driving under the influence of alcohol, as well as vandalism, property damage, and involvement with the police.

Although the majority of students come to college having previous experience with alcohol, aspects of college life, such as unstructured time, alcohol availability, inconsistent enforcement of underage drinking laws, and limited interactions with parents, can deepen the problem. In fact, college students have higher binge-drinking rates and elevated incidences of driving under the influence of alcohol than their non-college peers. The initial 6 weeks of freshman year are a vulnerable time for heavy drinking and alcohol-related after-effects because of student expectations and social pressures at the beginning of the academic year. Some identify binge drink as a way to meet people and fit in, while others undertake binge drinking as a way to block out underlying problems. Many who are on their own for the first time, battle with loneliness as they adjust to life away from family and friends. When these feelings intensify, depression can set in. Excessive drinking only exacerbates these feelings, and can lead to cyclical drinking behavior.

To avoid binge drinking and its consequences, it is recommended that all who drink track the number of drinks they consume over a given period of time. To accomplish this, it is crucial to know exactly what counts as a drink. In the United States, a standard drink contains about 14 grams of pure alcohol, which is found in: 12 ounces of beer with 5 percent alcohol content, 5 ounces of wine with 12 percent alcohol content or 1.5 ounces of distilled spirits with 40 percent alcohol content.

Regrettably, although the "standard" drink amounts are helpful for following guidelines, they may not be indicative of a customary serving size. A large cup of beer, an over-poured glass of wine, or a single mixed drink could contain significantly more alcohol than a standard drink. In addition, while alcohol concentrations listed are typical, there are considerable inconsistencies in alcohol content within each type of beverage (e.g., beer, wine, distilled spirits).

Thousands of college students are brought to emergency rooms each year for alcohol poisoning. This occurs when excessive levels of alcohol suppress the nervous and respiratory systems and the body struggles to purge itself of toxins produced from the breakdown of alcohol. Signs of this treacherous condition can include:

- Mental confusion, stupor, coma or the person cannot be roused
- Vomiting
- Slow or irregular breathing
- Hypothermia or low body temperature, bluish or pale skin

Alcohol poisoning can lead to permanent brain damage or death, so anyone exhibiting any of these signs requires immediate medical attention.

As a general rule, the most effective interventions in college alcohol mediation consist of a range of counseling options and policies related to sales and access. The most significant chance for creating a safer campus will probably come from a combination of individual and environmental interventions that merge to amplify positive effects. Strong leadership from a concerned college administration, in conjunction with an engaged campus community and an inclusive program of evidence-based approaches, can assist in addressing destructive student drinking. An often-overlooked deterrent involves the continuing influence of parents. Research demonstrates, that students who choose not to drink, frequently do so because their parents discussed alcohol use and its adverse consequences with them well before entering college. Teaching consequences and responsibility before a student ever sets foot on campus may help to lessen the sad statistics associated with this perilous rite of passage.



RUTH JONES

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Squantum Community Association Hosting Ward 6 Forum Aug. 30

The Squantum Community Association is hosting an event for residents to meet the candidates running for the Ward 6 seat on the Quincy City Council

The free event will be held Wednesday, Aug. 30 at 7:30 p.m. in Fellowship Hall at the First Church of Squantum, 164 Bellevue Rd., Squantum. The forum will provide an opportunity for residents to meet the candidates in an informal setting.

Refreshments will be served.

There are three candidates seeking the Ward 6 council seat: Herbert Alie Shaughnessy III, 32 Essex St.; William Harris, 74 Ashworth St.; and Steven R. Striffler, 63 Huckins Ave. Harris is currently serving as the Ward 6 councillor.

A preliminary election is scheduled to take place on Tuesday, Sept. 12. The top two vote-getters in the preliminary election will advance to the final election Tuesday, Nov. 7

Following opening statements by the candidates, residents will be invited to pose questions, which may also be sent in advance to SCASquantumEvents@gmail.com.

For more information, contact SCASquantumEvents@gmail.com or 617-851-1673.

The council seat in Ward 6 covers Squantum, Marina Bay, and parts of North Quincy.

The Squantum Community Association provides programming that fosters conversation and community with a focus on topics of interest to the Squantum and Quincy communities, highlighting local talent and history.

Ward 1, Precinct 2 Voters Will Cast Ballots At O'Brien Towers

The City Board of Registrars is notifying voters in Ward 1 Precinct 2 that their polling location is changing effective with the city preliminary election next month.

In a letter to Ward 1 Precinct 2 voters dated Aug. 14th, the Board is informing voters in that precinct that they will now vote at O'Brien Towers, 73 Bicknell St.

The Germantown Neighborhood Center is no longer a polling place.

The City of Quincy has changed the polling location pursuant to Massachusetts General Laws chapter 54, section 5.

City elections this fall are set for Tuesday, Sept. 12 (preliminary) and Tuesday, Nov. 7 (final).

Voters in Ward 1 Precinct 2 who have questions about this polling location change are asked to call the Board of Registrars at 617-376-1144.

CITY OF QUINCY
VOTING
WARD 1
PRECINCT 2
Has MOVED to
O'BRIEN TOWERS
73 Bicknell Street
Community Room

DA Morrissey Warns Residents To Be Wary of Rental Scams

By GAYLE BELLOTTI
Coordinator,
Senior Programs
Norfolk County District Attorney's Office

Have you been saving your money to afford a vacation on the beach? Or to escape the cold New England winter in Florida?

Norfolk District Attorney Michael Morrissey warns residents to use caution before making a deposit on your next vacation/rental property. Prior to giving up your hard earned money, it is imperative that residents do their homework to ensure you are dealing with a legitimate rental property, a legitimate renter, and that you are getting what you are paying for. Scammers are robbing residents of their hard earned money daily.

Online searches for vacation rentals usually include beautiful photos with descriptions that make it inviting to put a deposit on your upcoming vacation or rental property. Online portals, including Craigslist, AirBnB, VRBO (Vacation Rentals by Owner) and other legitimate sites try to protect their online visitors by offering secure payment and reviews.

However, scammers are often one step ahead of legitimate companies. So before you give money to a potential landlord, google the rental property and ensure it actually exists. Check google map and look at the street or aerial view of the property to ensure it matches the ad description. Search online for the homeowner's name and confirm the name matches the name on the lease agreement.

• Do not pay cash or wire money to individuals under any circumstances. Most legitimate companies have the option of paying by credit card. Credit card companies provide the ability to challenge a fraudulent charge and provide certain protections not otherwise available to residents if you pay by cash or wire money.

• When deciding on renting property, if the price of the rental property seems too good to be true, it probably is.

• If the property checks out and you enter into an agreement, make sure your agreement is in writing. Don't hesitate to ask a trusted friend or family member to review all agreements prior to executing – a second pair of eyes never hurts. Contracts typically have several penalty clauses and restrictions that you are bound to once the contract is executed.

• Finally, listen to your gut. If something doesn't sound right or if you are getting a bad feeling about this deal, stop and ask a trusted friend for help. Being wary of scams will ensure that you are able to enjoy your vacation and protect your hard earned money.

• In the event that you are scammed, immediately contact your local police department to the report the scam. Also report the scam to the Federal Trade Commission at 877-FTC-HELP or www.ftc.gov.

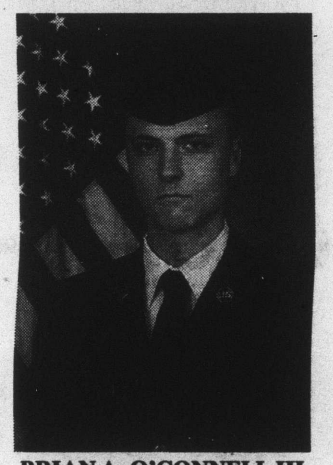
Airman Brian O'Connell Graduates Basic Training

U.S. Air Force Airman Brian A. O'Connell III recently graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

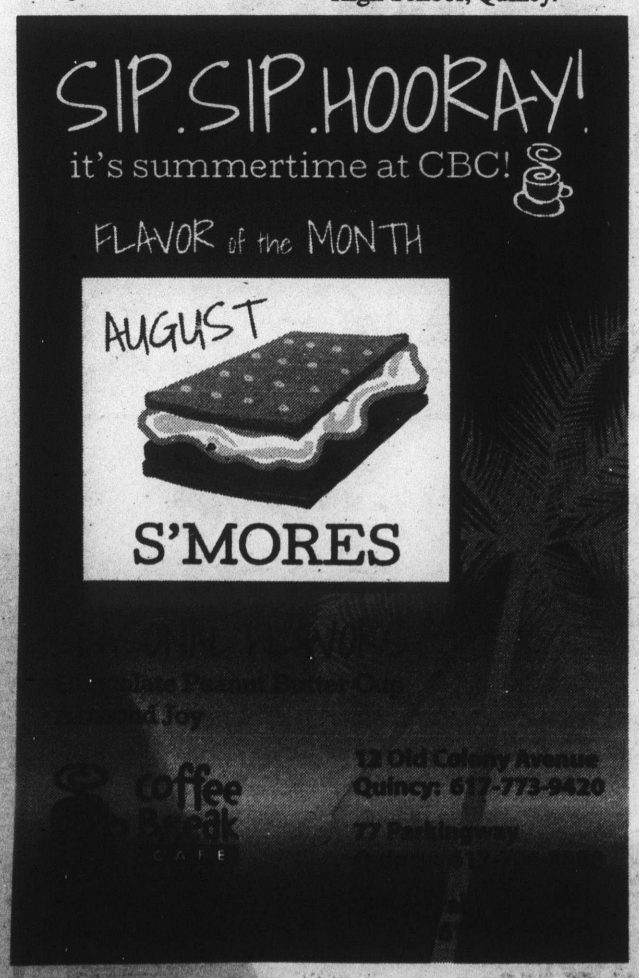
Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

O'Connell is the son of Kelly Jones and Brian O'Connell Jr. of Quincy, and grandson of Sandra Jones of Quincy, Brian and Elaine O'Connell Sr. of Brockton, and Cheryl MacDonald of Weymouth. He is also the brother of Cameron, Shane and Casey.



BRIAN A. O'CONNELL III

The airman is a 2017 graduate of North Quincy High School, Quincy.



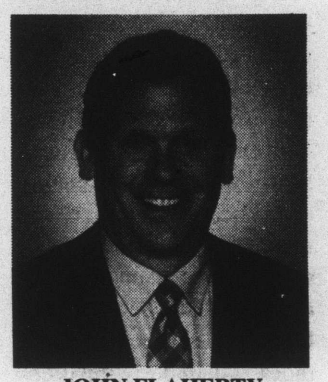
John Flaherty Vice President MountainOne Insurance

John Flaherty has been appointed vice president at MountainOne Insurance, announces President and Chief Operating Officer Jonathan Denmark.

"As we continue to expand insurance services in each of MountainOne's current markets, we are excited to bring John on board, based in our Quincy office, to further develop our regional presence," Denmark said. "Quincy and the surrounding communities are vibrant and growing, and John's knowledge of the local market and his business connections will help us to develop a strong local group benefits base."

As vice president, Flaherty will be responsible for the growth of MountainOne's employee group benefits portfolio in the Quincy and greater Boston markets. MountainOne Insurance group benefits plans, offered to businesses of all sizes, include: health, disability, dental, life and vision.

"John's experience working with large employers makes him a great fit for our team. MountainOne's partnership with OneDigital Health & Benefits will provide John with an array of tools to solve client needs in the complex and ever-changing employee benefits sector," Denmark said.



JOHN FLAHERTY

Prior to joining MountainOne Insurance, Flaherty has served in group benefits business development, underwriting, and financial analyst roles in the Boston area for nearly 25 years. He has also served as an adjunct faculty member and senior lecturer at Northeastern University during this time.

Flaherty holds a Bachelor of Science degree in business administration from Norwich University, and a Master's Degree in Business Administration from the D'Amore-McKim School of Business at Northeastern University. Additionally, he has earned the Chartered Life Underwriter (CLU) designation.

CPR Certification Course

Health Ed of New England will hold a C-P-R AED course Tuesday, Sept. 12 from 6:30 to 10 p.m at Christ Church, 12 Quincy Ave., Quincy.

The cost is $45 per person. This course requires pre-registration by Monday Sept. 11.

To register, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com

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Social Security Matters

Disability After Starting Social Security Benefits

By RUSSELL GLOOR
AMAC Certified Social Security Advisor

Dear Rusty: I am now 64 years old and started taking my Social Security at 62. I continued to work part time since I applied, until December of last year when I was disabled from a bad car accident. I haven't been able to work since the accident, and I'm wondering if I can switch from my regular benefit to disability benefits, because I think that will be higher. Can you tell me - is it possible for me to switch to disability benefits and get a higher payment than I'm now getting because I took Social Security at 62? ***Signed:*** **Worker now Disabled**

Dear Worker: Social Security disability insurance, or SSDI, is intended to sustain you financially if you become disabled while still working. Included in the FICA tax you contributed each payday was your insurance premium for disability coverage. If you were still working, became totally disabled and unable to continue working, and the total disability is expected to last a year or more, you can apply for disability benefits even though you are already collecting Social Security early retirement benefits. There are, however, some things you should be aware of.

If you qualify, your SSDI benefit would be higher than your reduced early retirement benefit, as you believe. You would still need to meet the fairly stringent requirements to qualify for SSDI benefits (which you can find at www.ssa.gov/disability) and among those requirements is that you must have worked and paid FICA taxes for at least 5 of the last 10 years. You can apply online at the website referenced above, by telephone at 1-800-772-1213, or by visiting your local Social Security office which you can find at www.ssa.gov/locator. Be aware that it could take 3 to 6 months for a decision on your case but, if approved, benefits will be paid retroactively. If your case is not approved, you have the right to appeal, but the appeal process is significantly backlogged and could take a year or more to adjudicate. Statistically, only about 1/3rd of applications are initially approved but the success rate for appeals is considerably better.

Disability benefits are based upon the benefit you're entitled to at your full retirement age. If you are approved for and start collecting SSDI disability benefits, the amount of that benefit will be reduced corresponding to the number of months you received retirement benefits prior to being awarded SSDI. From what you've told me, that reduction will be about 13.3% because you've collected retirement benefits for about 2 years. When you reach your full retirement age of 66, your SSDI benefit will automatically convert to retirement benefits, but the benefit amount will stay the same as your reduced SSDI amount. That will, however, be more than your current early retirement benefit which was reduced by about 25% because you applied at age 62. The switch is mostly an accounting transaction because retirement benefits are paid from a different Social Security trust fund than disability benefits.

Finally, you may want to consult with a law firm that specializes in SSDI disability claims. An SSDI attorney should not charge a retainer or upfront fees, and Federal law limits the amount they can charge in contingency fees to 25% of any past due benefits they get for you to a maximum of $6,000. You should not have to pay anything unless you win, though some attorneys will charge a small fee for out-of-pocket expenses. As with anything you sign, be sure to review the legal agreement carefully.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government.

LGBTQuincy Meetup Evening Social Friday

LGBTQuincy Meetup will host a casual evening social on Friday, Aug. 25th, at 6:30 p.m., at The View Restaurant and Tavern on Presidents Golf Course, 357 West Squantum St., North Quincy.

Open to all members of the LGBT community in Quincy, and across the South Shore. There will be lite appetizers and a cash bar.

Cost is $10 per person. RSVP by emailing Frank Rubino at frank55887@gmail.com.

For more information, visit http://www.meetup.com/LGBTQuincy-Meetup/

Quincy Real Estate Market Outpacing County

Cont'd From Page 1

between Jan. 1 and July 31 of this year, a 15 percent increase over the 727 deeds recorded during the same time frame in 2016. That stands in stark contrast the rest of Norfolk County, where low inventory and increasing interest rates have kept the market flat.

"I look at Norfolk County globally and things are a little flatter," O'Donnell said Monday morning in an interview.

"I think they're flatter because brokers tell us there is lack of inventory – not as many houses out there to sell. I think it's flatter because comparatively speaking the interest rates ticked up a little. Those of us who are older recognize it's still relatively low interest rates, but some people, they might not have seen higher interest rates and that certainly has affected the activity."

"Quincy's activity has sort of gone counter to what's going on countywide," O'Donnell added. "Some markets within the county are hotter than others. Some communities' deeds are down in Norfolk County, but Quincy's deeds are up. There are communities in Norfolk County where there is still activity – they're kind of going against the trend lines countywide"

There are 28 communities in Norfolk County, and O'Donnell identified four where the real estate market has held strong this year: Brookline, Needham, Wellesley and Quincy. Quincy, he said, has a lot going for it.

"Some markets are hotter than others. A lot of it is through the private sector – what makes a community attractive? There is a lot to be attracted to in Quincy," he said.

"Other markets, like in Needham, a different type of market, they're not building what you see out here with the big units, but that market is hot because the private sector has said 'we want to knock down houses and build these bigger houses.' I think some of it is dictated by the private sector and some of it is dictated by communities that are well run and also attractive in some ways. Quincy is a beautiful city."

Deeds – filed when a property changes owners, including sales and transfers – aren't the only measure by which Quincy is outpacing Norfolk County through the first seven months of this year. The total amount of documents filed in Quincy increased slightly from 8,551 in the first seven months of 2016 to 8,556 in the same period of this year, while there has been a 4 percent decrease in documents filed countywide.

O'Donnell was hopeful Quincy's hot market wouldn't cool off in the near future, but couldn't predict if that would be the case or not.

"That's always a little harder to predict but it's certainly hopeful that it does [continue] because it's good for everyone. It's good for the local economy, it's good for the regional economy and certainly at the registry we like to see it being busy because it keeps the registry busy, which is great as well," he said.

There is concern in the market about rising interest rates, O'Donnell said, which makes people less likely to borrow money.

"The interest rates have gone up and I think that's been a concern. We hear it from real estate brokers, we hear it from bankers, that maybe people are less apt to borrow," he said.

"Those other people who maybe borrowed money in the 1980s remember interest rates being anywhere from 8 percent on an adjustable to 17 percent, so these rates look so low. But these rates have been low for a long time, so I think when it ticks up a little people just think of it as a big increase to those who don't remember from years ago.

"So yea, it's a factor. I think if people have concerns about the interest rate and maybe concerns about their jobs, they're less apt to borrow money. And mortgages are down – borrowing is down – whether it's in Quincy or countywide, the number of mortgages is down."

He noted, however, that the potential for rising interest rates can motivate buyers to enter the market sooner rather than later, one of the factors driving up demand for those properties that are available.

"That's the other side you hear from brokers…it does push some people to say 'OK, let met get into the market," O'Donnell said. "And prices are up. Prices are up in Quincy. Prices are up countywide. According to the information we get from real estate brokers, there is a lack of inventory. You might have a number of people competing for that one property. That demand increases the prices."

The Registry of Deeds is responsible for recording all land records in the county, including items like deeds and mortgages as well as decisions by local boards and commissions. The registry holds deeds from 1793, when the county was established.

"The Registry of Deeds, it's an arm of government many people might not know about. But when you think about it, the biggest asset most of us have are our homes and the registry is where all the records for the 28 communities that make up Norfolk County get recorded," O'Donnell said.

"I would say the mission is probably the same as it was when the county was

Cont'd On Page 32

Wednesday Deadline To Register To Vote For Preliminary Election

By SCOTT JACKSON

Residents hoping to cast ballots in September's preliminary municipal election had until Wednesday at 8 p.m. to register.

Wednesday (Aug. 23) was also the first day residents can cast absentee ballots in the preliminary. Absentee voting at City Hall, 1305 Hancock St., will end at noon on Sept. 11.

Voters across Quincy will head to the ballot box Sept. 12 to whittle the field of candidates in the City Council at-large race down from seven to six. Voters in Wards 1, 5 and 6 will also be casting ballots in preliminary contests to represent those districts on the council; there are four candidates on the Ward 1 ballot and three each in Wards 5 and 6.

The final election is set for Nov. 7. In addition for the four council races, voters will also elect three members of the School Committee. Six candidates are vying for those seats.

QCU's Jennifer Bloom Earns Top Residential Loan Originator Recognition

Quincy Credit Union Real Estate Loan Supervisor Jennifer Bloom was recognized recently by Banker and Tradesman as a Top Residential Loan Originator.

For the Commonwealth of Massachusetts, Bloom placed fourth for number of loans originated and sixth for loan volume from the period of April 1, 2016 to March 31, 2017. For Eastern Massachusetts, Bloom placed fourth for number of loans originated during this same time period.



JENNIFER BLOOM

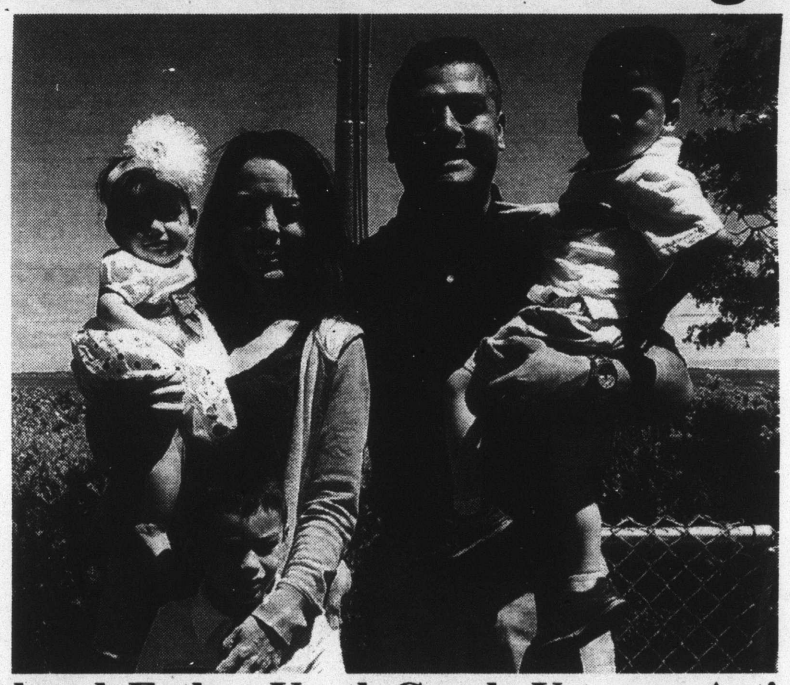
"Congratulations to Jennifer for her commitment in helping so many Members realize their dream of homeownership," said Quincy Credit Union Chief Lending Officer Catherine Harrington.

Quincy Credit Union, currently celebrating their 80th anniversary, provides financial services to over 32,000 Members operating from two locations; 100 Quincy Ave., Quincy and 519 Columbian St., Weymouth. Membership is available to those who live or work in Norfolk, Plymouth Counties and the communities of Dorchester.

POLITICAL ADVERTISEMENT

Re-Elect

Noel DiBona
Councillor-At-Large



Husband, Father, Youth Coach, Veterans Activist
Continuing to keep Quincy a safe place to live!

Please, Vote Tuesday, Sept. 12th

Paid for by the Committee to Re-Elect Noel DiBona, 70 Chickatabot Road, Quincy, MA 02169

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*Student Advantage Accounts are for Members ages 15-25. QCU will not charge Student Advantage Account Holders for ATM use; however, the ATM owner may impose a fee if you use an ATM not in the SUM network. At age 26, Student Advantage Totally Free Checking Account will be converted to a Totally Free Checking Account. At which time, ATM fees of $1.00 each will be assessed for foreign ATM transactions over 8 per month. Quincy Credit Union is not responsible for text or data charges you incur from your wireless provider while using Mobile Banking. Some services require Q-Net Internet Banking and/or checking account. Membership eligibility requirements apply. $5.00 Primary Share Account required for Membership. VISA is a registered trademark of VISA International.

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Real Estate

Quincy Real Estate Transactions August 14 - August 18

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Gayathri Arumugham	Timothy J. Murphy & Molly S. Hawksley	$353,000.00	86 Post Island Road
Nancy T. Bishop-Barry	Tracy T. Quigg	$207,000.00	651 Sea Street
Nicholas J. Bruno	Peng L. Boey & Sarah Wong	$248,625.00	185 Quincy Shore Drive Unit A21
Copeland Street Realy LLC	Jie Zhu	$365,000.00	326 Copeland Street Unit 2D
David V. Grogan	Jennifer Grogan	$360,000.00	60 Allerton Street
Catherine Frederick, Jeanne & Patricia Farulla	Michael & Clare Foshey & Heather Hogan	$430,000.00	138 Franklin Avenue
Ping Ge	Yu T. Chen & Li F. Li	$527,000.00	42 Oakland Avenue
Jeffrey B. & Lisa Raischel	James Thorp	$536,000.00	4-6 Intervale Street
Parkway Automotive Center LLC	Partel Management LLC	$1,000,000.00	500 Adams Street
Patricia Nardullo	Ana S. Popa	$303,000.00	43 Nelson Street
Kineavy Germain Trust	Sammi M. Sinno	$599,000.00	59-61 Germain Avenue
Laurel R. Wilmore & James W. Doran	Michael D. Pennini & Irene O'Brien	$499,000.00	22 Algonquin Road
Renken Realty Trust	Justin W. Lawless	$299,900.00	18 Hawthorne Street
Residences at 1022 Hancock Street LLC	Casey Pelkowsky	$419,000.00	1022 Hancock Street Unit 214
Ann M. Burke	Jia Zheng & Yan Lin	$650,000.00	64 Bromfield Street
Catherine M. Berlo	Ross M. Simpson	$388,000.00	195 Copeland Street Unit E
James A. Dunn	Jieyu & Qiang Zhang	$307,500.00	165 Quincy Shore Drive Unit C33
Heather Scranton & Winston Feliz	Hua & Bao R. Pan	$735,000.00	10 Ridgeway Street
Jennifer McGurty	Christopher H. Fast	$455,000.00	215 Thomas Burgin Parkway Unit 16
James & Donna J. Raimondi	Hang J. Wang & Xiaoyan Liu	$595,000.00	136 Phillips Street
James P. & Kristine Lovett	Susan T. & Richard S. Troup	$325,000.00	44 Riverbank Road
Draicchio Realty Trust	Xiang Z. & Yu Gao	$390,000.00	146 Independence Avenue
Downing Family Trust	David Carter & William J. O'Toole	$540,000.00	344 Beale Street
Richard S. Adams	Kensley M. Lin & Christy K. Pat	$360,000.00	115 Roberts Street
Alyson Fleming & Till Wagner	Charles T. & Yudelki M. F. Perretti	$595,000.00	26 Hamilton Street
Kenneth R & Phyllis E. Ware	Cynthia Dareshori	$830,000.00	1001 Marina Drive Unit 510E
Xia H. & Winne T. Lee	Lei Xu & Alayne Liu	$278,385.00	1025 Hancock Street Unit 510E
Teresa Tao	A & F LLC	$232,000.00	1025 Hancock Street Unit 8B
Jonathon Kolodny	Aaron Kolodny	$275,000.00	1122 Furnace Brook Parkway
Christopher M. Klier & Natalie M. Quinn	Ann Marie Burke	$485,000.00	102 Huckins Avenue
Gregory A. & Linda A. Hayes	Zhimin Huang & Qiong Lin	$680,000.00	365 Highland Avenue
Yi H. Ma & Xiao X. Chen	Lian P. & Li Rong Liang	$380,000.00	93 Quincy Shore Drive

Register O'Donnell Highlights Registry Customer Service Center

Call 781-461-6101 Monday Through Friday, 8:30 A.M. To 4:30 P.M.

Norfolk County Register of Deeds William P. O'Donnell reminds consumers if they have a Registry question, the answer is just a phone call away by dialing the Customer Service Center at (781) 461-6101.

The department is open Monday through Friday from 8:30 a.m. to 4:30 p.m.

"The Customer Service Center is a one-stop shop for Norfolk County homeowners and institutional users who have land related document questions," said O'Donnell. "These questions can vary such as confirming the current ownership of a particular property, or verifying if a discharge of a property's mortgage has been filed after the loan has been paid off. We are glad to help with any inquiry, whether you come through our doors or call us by phone."

O'Donnell further noted, "The department can also inform customers about the various cost for filing and receiving land documents. Upon a customer's request -whether it's by visiting us here at the Registry or by a direct mail request - we can provide copies of documents to you for a fee of $1 per page, plus an additional $1 per document to cover the cost of postage."

The Registry only accepts cash or check payments. In addition, the Customer Service Center staff is happy to answer questions about the Homestead Act, a law which provides limited protection against the forced sale of a homeowner's primary residence to satisfy unsecured debt up to $500,000.

"For many, trying to ascertain information about land documents can be a very frustrating and intimidating experience," O'Donnell said. "Please know our trained customer service staff is well-versed in all areas of land document research. By utilizing our state-of-the-art land document research system, which is also available via www.norfolkdeeds.org, people can get answers to their property questions."

Notary services are also offered by the Customer Service Center.

"All staff members are notary publics. We are more than glad to notarize any land document provided the person requesting the service appears before us and presents satisfactory proof of identification by showing either their driver's license or passport," said O'Donnell.

"Providing first-class customer service is a core objective of the Registry's mission to serve the public. We strive to ensure our customers have a positive experience when interacting with us. The bottom line is: We are glad to be of service to you."

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

Free Estate Planning Lunch & Learn Sept. 20 At Bank of Canton

Learn how to preserve your independence and protect your assets from risk and uncertainty, with an estate plan.

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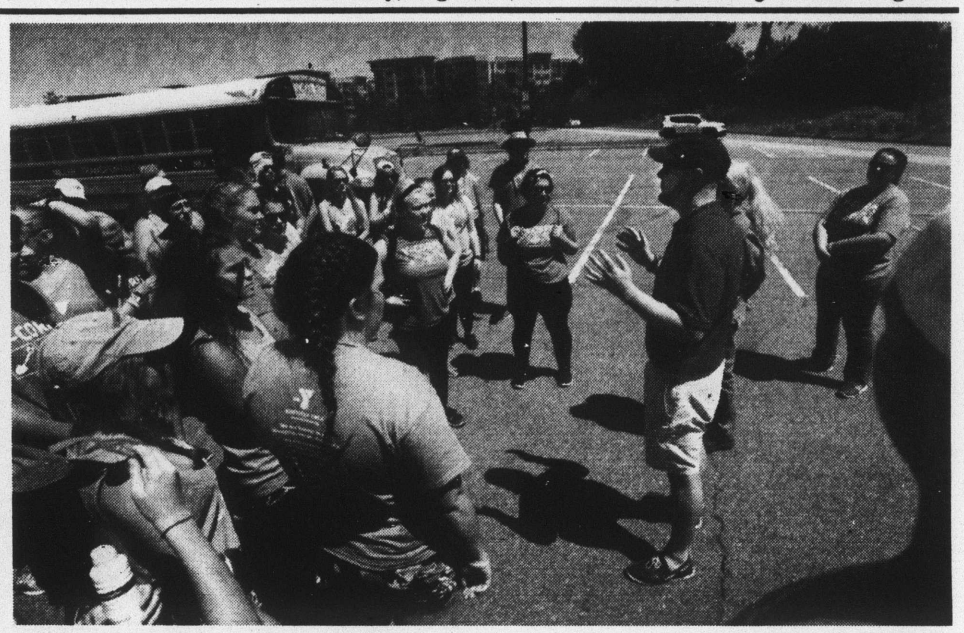
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KENTUCKY Y CORPS members Tate Becherer and Catherine McAninch join other members cleaning Squantum Point Park as part of their community service project.



SEAN COSTELLO, legislative aide to state Rep. Bruce Ayers, welcomes Kentucky students to Squantum Point Park. *Quincy Sun photos/Tom Gorman*

Kentucky Students Clean Up Squantum Point Park

By TOM GORMAN

Belle Townsend, a high school student from Henderson, Kentucky, stood near the water's edge of Squantum Point Park in Marina Bay looking at the Boston skyline and marveled at the history of both Boston and Quincy.

"I feel this is one of the best historical places," she said. "We are very focused on government and democracy. I feel this is probably the home of it."

Townsend was one of 32 Kentucky high school students, members of the state's YMCA youth and government "Y Corps" program, who recently visited Boston and Quincy. The group spent the afternoon cleaning up Squantum Point Park as part of their community service program.

The teens raked up branches and grass clippings and cleaned up trash. The DCR provided a crew with trucks to haul it all away.

The group was invited to clean the park by state Rep. Bruce Ayers, his legislative director Sean Costello and state Sen. John Keenan. Ayers and Keenan are two of the four legislators who sponsor the Massachusetts Youth and Government Program. Discover Quincy and the city co-sponsored the Kentucky group's visit.

Each state's YMCA sponsors a youth and government program where groups of high school students are bused to various areas of the nation to perform community service projects. Most of the students join the Y Corps because of their interest in politics and community.



BRENDON EUGENE of the Kentucky youth and government Y Corps rakes up branches along a trail at Squantum Point Park.

Costello explained that he was contacted by the Kentucky Y Corps that they would be conducting a community service project all along the east coast and asked if an area around Boston needed attention. He said that Squantum Point Park was suggested and Ayers, Keenan, Ward 1 Councillor Margaret Laforest and Discover Quincy arranged the group's visit.

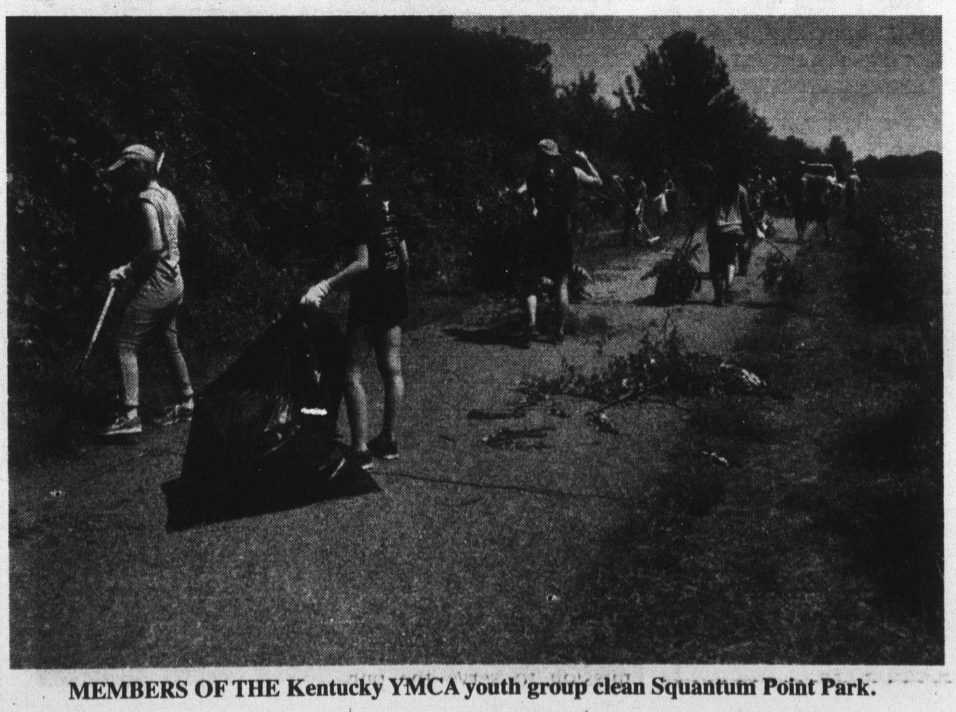
The teens arrived early in the morning and visited the Church of the Presidents where they viewed the tombs of Presidents John Adams and John Quincy Adams and their wives. After that, the group went to Old City Hall where they were greeted by Keenan who gave a history of the building and a tour.



KENTUCKY Y CORPS member Tate Becherer places branches in a DCR truck during his group's cleanup of Squantum Point Park.



CONNOR KISSEL rakes up Squantum Point Park during the Kentucky Y Corps community service project .



MEMBERS OF THE Kentucky YMCA youth group clean Squantum Point Park.

They then went to Peace field at the Adams National Historical Park for a tour and lunch with Keenan and Ayers. From there, they were bused to Squantum Point Park.

Costello said the park was chosen because it is part of a revitalization of the Marina Bay area. He said officials are pushing for a fulltime ferry service from Squantum Point to Boston.

"There is such great potential here for water transportation," he said, noting that Ayers been working on the ferry service for the past 20 years since he was on the city council.

Costello said Ayers is working with Keenan, Laforest and Mayor Thomas Koch to make the service permanent from the park.

"There are so many hands coming together to advocate for ferry service from this area," he said. "We are continuing to push for that. Our offices are continuing to collaborate to convince those that need to be convinced that a permanent ferry service makes perfect sense for this area."

Costello said keeping the park clean will make it inviting to serve as the base for the ferry service.

"Having these kids come out here to clean Squantum Point Park to showcase what we have in North Quincy, a hidden gem, will be a huge help in convincing people that a fulltime ferry service is good for this area," he said.

Keenan's aide, Ruth Dollarhide, said the teens are a "great group of kids and very engaged." She added that were moved when visiting the Church of the Presidents.

"Some teared up when they went down to see the crypts," she said.

Townsend concurred that visiting the crypt was an emotional experience.

"When we walked in,

Cont'd On Page 27

Ward 1 Candidates Discuss Development, Infrastructure

Cont'd From Page 2

opted to run for an at-large seat on the council this fall.

A Sept. 12 preliminary election will cut the field of candidates down to two. Those two would then go head-to-head in the final election on Nov. 7.

Each candidate had 15 minutes to speak at the Aug. 16 forum – the first five to eight minutes to introduce himself to the 50 or so residents in attendance and then fielding questions from moderator Mark Sauter for the remainder of the time.

Here is what the candidates had to say that night, in order of appearance:

Daniel Davis

Davis, who works for Quincy Mutual, identified overdevelopment in the city as his top concern, saying he was concerned about the prospect of multi-unit construction spreading from the downtown into Ward 1.

"Multi-unit housing is fine. It provides a service… but it's not really something that adds a whole lot of tremendous value to our local neighborhoods. Nobody wants to live next to an eight-story apartment building with a bunch of people," Davis said.

"One of the goals I would like to do is try to keep these multi-family units out of our ward. That is not what Ward 1 is, that is not why we all live in Ward 1 and that's not part of what we love about it."

After being asked if there would be anywhere in the city where he would support multi-unit developments, Davis said he was also opposed to the current redevelopment efforts in Quincy Center.

"I don't feel like hedging all of our bets on luxury, high-end apartments is what's best for the city," he said.

Davis was also critical of the $80 million bond approved this spring that will pay for a new 730-car garage on the Hancock Lot and the taking of land on Cottage Avenue, among other items, to support downtown redevelopment. He said the city should have looked to save money by not building a level of the garage underground.

"I understand you have to have parking downtown, you need to get rid of that building (on Cottage Avenue) to have it, but I did not agree with necessarily the fact that we had to go underground…which costs taxpayers roughly an additional $8 million," Davis said.

Davis said he would also work to ensure Ward 1 got its fair share of city money for infrastructure and other improvements.

"I also want to make sure we get our fair share of tax dollars. I think Councillor Laforest did a good job of making sure we continue to get money back into our communities – I would like to see additional steps get taken forward," Davis said. "I think we can all look at sidewalks or roads or parks that are in need of help and we need someone to go up there and fight for us and make sure they take care of us."

Joseph Murphy

Murphy, an administrator at MIT, said he supports smart development, such as multi-unit housing near the city's MBTA stations, while keeping such construction out of places in Ward 1 like Houghs Neck, Germantown and Merrymount. He also said it was important to attract a greater variety of businesses to Quincy.

"We have a lot of businesses that thrive here, but we don't have a huge variety," Murphy said.

"Some of the things that I've been pushing for are maker spaces, science concerns, music concerns, art concerns – things that will enrich our lives, will educate our youth and just have more fun together as people…I'm for encouraging and facilitating partnerships with other types of businesses that we don't see here as often."

Another priority Murphy identified was reprioritizing the city's spending, placing more of a focus on infrastructure.

"Don't get me wrong, world-class green spaces and huge maritime centers are wonderful concepts and I support them conceptually," he said.

"But just ask yourselves are you satisfied with our roads? Are you satisfied with our water mains…I think we can improve our parks, improve our green spaces, but still keep the bones of our city healthy."

Murphy called the environment another priority. He said the city should reduce the use of single-use plastic bags through education campaigns, encourage retailers to donate unsold goods rather than dispose of them, and require new commercial development to incorporate alternative energy, skylights and water reclamation.

"You look around – we see lots of our children here," Murphy said. "I want Quincy to be part of the solution for their future. Right now, we can do better as a community."

During the question and answer period, Murphy was asked about his position on his website that Quincy should declare itself a sanctuary city. He said the Quincy Police Department's current policy of dealing with immigration status only after arresting and charging an individual with a crime is fine, but said the Quincy should declare itself a sanctuary city so people do not fear calling emergency services if they are in need of assistance.

"To be honest, the Quincy Police Department's current policy works fine for me," Murphy said. "I fear that not a lot of people who would be affected by it are aware of their policy."

David McCarthy

McCarthy, a director of security for General Dynamics and a former School Committee member, said the number one item on his platform was paving of streets and sidewalks in the ward.

"We've got a lot of work down in Houghs Neck in regards to some of the side streets – Charles, Bell, Wall, Darrow, Rock Island – that need some TLC and need it soon," he said.

McCarthy also identified traffic as an issue – in particular the fact that neighborhood roads in Merrymount are used as cut-through streets by some commuters hoping to bypass Sea Street. McCarthy said he'd host a neighborhood meeting to determine how residents would want to address the issue.

"First, [I'd] ask the neighbors what they thought and then second move forward, if they wanted to, and stop the traffic from coming in during the rush hour hours," he said.

McCarthy added that he wants to take a long look at Sea Street to work out traffic issues on that thoroughfare.

"We've got to look at the lights. We've got to look at the bus stops. We've got to look at the way things flow through that intersection at Fox & Hound," he said. "I know Margaret has been fighting for that for years also, but I'd pick right up and start fighting again because it's busy and people do abuse Sea Street with speed."

McCarthy said opioids are another concern of his. If elected, he said he would meet with police officials and work to establish a program similar to a neighborhood watch to help identify where opioids are coming from.

"The first thing I'd do is try to go and find out the source – where it's coming from – in Quincy, in Ward 1," McCarthy said.

He also spoke against overdevelopment, saying it felt like multi-unit construction was being squeezed into parcels. Multi-family development, he said, is appropriate in places like Quincy Center but not in areas such as Merrymount.

"It's just not for us," McCarthy said.

If elected, McCarthy said he would meet on a regular basis with community groups throughout Ward 1.

"[I'd] line up active community meetings regardless every couple months down in the areas…and hear the problems from the folks that are down in G-town, that are in Adams Shore, that are up in Quincy Point, the Neck, and Merrymount," he said.

Michael Falcione

Falcione, a union carpenter and Air Force reservist, recalled sitting in the lunch room at Quincy High School and being able to tell which neighborhood each of his fellow students was from and called that sense of neighborhood pride something important to the city that should be preserved.

"They wore it like a badge on their sleeve, which I think should be preserved, protected and is one of the charms that I love about this city," he said.

"I don't want to see us turn into another South Boston, another Cambridge, another Dorchester where overdevelopment has pushed out the long-term residents – the legacies – that have been there for so long. New is not always good."

Falcione identified public safety as his top priority.

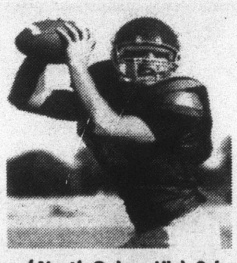
"As far as my policies go, safety and security is number one. I believe in giving the fire and the police departments exactly what they need to operate," he said. "This is a very safe city to raise your kids in and bring up a family and I want to keep that."

When asked about infrastructure during the question and answer portion of this time, Falcione suggested building footbridges near the T stations to help increase the flow of traffic, and selling ad space on the footbridges.

"Our roads are less than the best – I think everyone can agree to that. I was considering an idea where we could alleviate some of our traffic by erecting footbridges abutting our T stations," he said. "You can eliminate some traffic lights there, increasing traffic flow. You can move the pedestrians across the streets safely."

Falcione was also asked about what steps the city could take to reduce the property tax burden on residents. He said the city should work to bring large employers to Quincy Center, which would provide not only tax money but also some residents to work in the city instead of commuting to Boston.

"If we bring in big business – if we have a stronger outreach program to these Fortune 500 companies to bring them in to Quincy so we all don't have to fight traffic to get into Boston…I would love to have Putnam Investments or Price Waterhouse or something like that in mid-rise buildings in Quincy Center offsetting our taxes and providing career opportunities – I think that could help out," he said.



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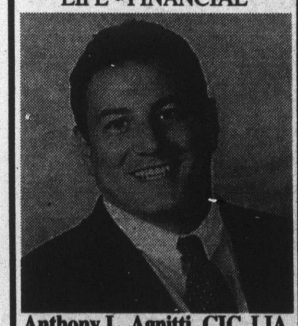
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Fall Opening Eyed For New Dunkin' On Washington St.

By SCOTT JACKSON

Quincy is home to the first Dunkin' Donuts, and by the end of the year the city could be home to one of the first Dunkin' shops – a new concept from the chain that puts an emphasis on coffee and other beverages while downplaying doughnuts.

The Board of License Commissioners on Aug. 15 granted a common victualler license for the new Dunkin' store, which will open at 588 Washington St. in Quincy Point, formerly home to a Wild Willy's burger restaurant. The Zoning Board of Appeals gave its approval to the proposed new store Aug. 8.

Franchisee Victor Carvalho said the plan is to open the new location around Dec. 1. The Carvalhos currently operate nine Dunkin' Donuts in the area – six in Quincy, two in Weymouth and one in Hingham – including the original Dunkin' Donuts on Southern Artery, the one at the corner of Southern Artery and Washington Street, and one on Bridge Street in Weymouth at the foot of the Fore River Bridge. There are presently no plans to shutter any of those three locations despite their proximity to the new store, Carvalho said.

Ed Fleming, the attorney representing the Carvalhos before the licensing board, said the Canton-based chain is excited about the new concept and wanted Quincy to have one of the first locations. Dunkin' Donuts first opened in the city in 1950.

"Dunkin' is very excited about this new brand. The goal is to create an on-the-go beverage service – a real concentration on the on-the-go and the beverage service aspect of their business," Fleming said. "We talk about this new brand coming online, there was no question that Dunkin' wanted it to start in Quincy since its initial store also started in Quincy."

In addition to the new Dunkin' branding, the location at 588 Washington St. will be the first store to feature a four-lane drive through. Two of the lanes will feature kiosks where customers can order and pay for their food and drink, one lane will be for customers who placed an order ahead of time through Dunkin' Donuts' smartphone app, and the fourth lane will be a conventional one with orders placed through a speaker.

The four lanes will converge into a single pick up window. Signals will be installed at the drive through to control the flow of customers to the pick up window.

The site will have 31 parking spaces, room for up to 17 vehicles in the drive-through lanes, and the restaurant will have 10 seats inside.

Fleming said most of the customers headed to the store would be drivers headed northbound along Route 3A as part of their morning commute to Boston; the shop is located on the northbound side of the road. Carvalho expects to capture some of the drivers who don't stop at the Dunkin' Donuts on Bridge Street, which sits on a smaller lot with less room in the drive through.

The Dunkin' restaurant will occupy 1,800 square feet of the 3,800 square foot building on site. Fleming said another undetermined retailer would take over the rest of the facility.

The licensing board permitted the new restaurant to operate between 5 a.m. and 10 p.m. seven days a week. Ward 2 Councillor Brad Croall, in a letter to the board, asked that the store close at 9 p.m. to allay concerns about noise from nearby residents.

"I'd like to begin by expressing the fact that the Carvalho group are extremely competent operators who have a solid track record owning and operating Dunkin' Donuts shops throughout the city of Quincy and quite frankly they're good guys," Croall said.

"I did host a neighborhood meeting and this application has moved through the ZBA up to this point. What I'm wondering and asking for the board to consider is an earlier close time of 9 p.m. versus 10 p.m. I think this action would go a long way with the neighbors who directly abut the property."

The board approved the license in a 4-1 vote. City Clerk Nicole Crispo voted against the license, saying she would have preferred the earlier closing time.

"I think you run a very good business here, but I do think that the 9 o'clock closeout would be best – then the employees would be leaving around 10 – for the people in the neighborhood," she said. "I think the concept is great. I wish you success, but I think 9 o'clock would have been better."

Health Commissioner Drew Scheele and Inspectional Services Director Jay Duca, the board's chairman and vice chairman, respectively, said the closing time could be revisited if it does prove problematic in the future.



ARTIST RENDERING of the new Dunkin' Donuts store planned for Washington Street in Quincy Point. The shop will be one of the first to use the new Dunkin' concept, which emphasizes coffee and beverages. *Rendering Courtesy Victor Carvalho*

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Partial Solar Eclipse - An Eye-Opening Experience



THE PARTIAL SOLAR ECLIPSE peaked over Quincy at 2:46 Monday afternoon with 60 percent of the sun covered by the moon in this photo taken with a lens filter during the Crane Public Library Solar Eclipse Celebration.

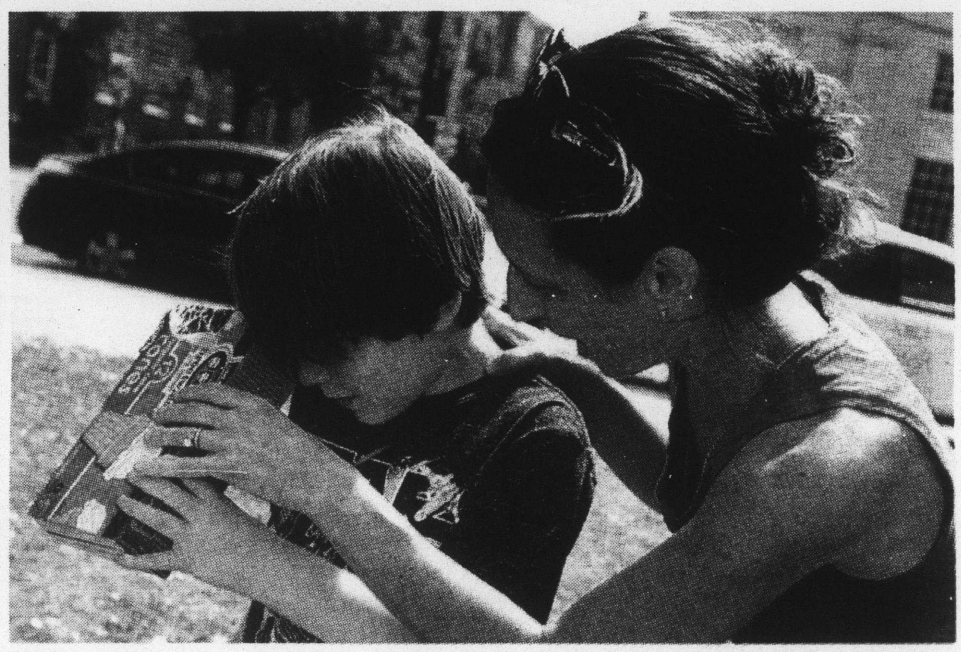
Quincy Sun photo/Tom Gorman

PHOTO BELOW: Nolan Deveau, 6, checks out the partial eclipse of the sun during the Crane Public Library's Solar Eclipse celebration.



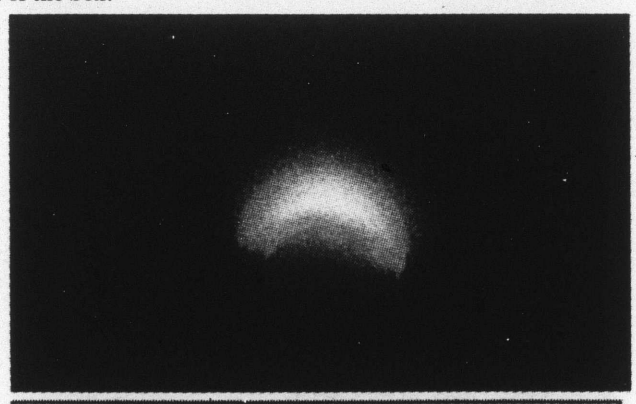
KRISTEN EMANUEL, 5, reacts when she views the partial eclipse of the sun during the Crane Public Library's Solar Eclipse celebration Monday afternoon.

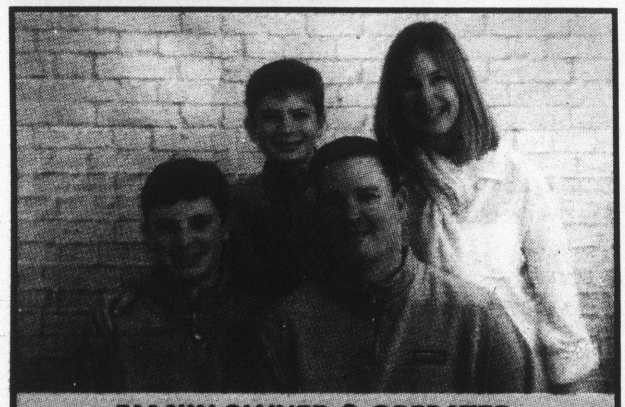




TRACY DEVEAU helps Jack Emanuel, 8, with his pinhole viewer that projects the solar eclipse through a pinhole to the bottom of the box.

PHOTO AT RIGHT was taken with a piece of welders glass covering a 200m lens at 2:46 p.m. in Quincy Center. The glass gives the sun a greenish glow. *Quincy Sun Photo/Robert Bosworth*





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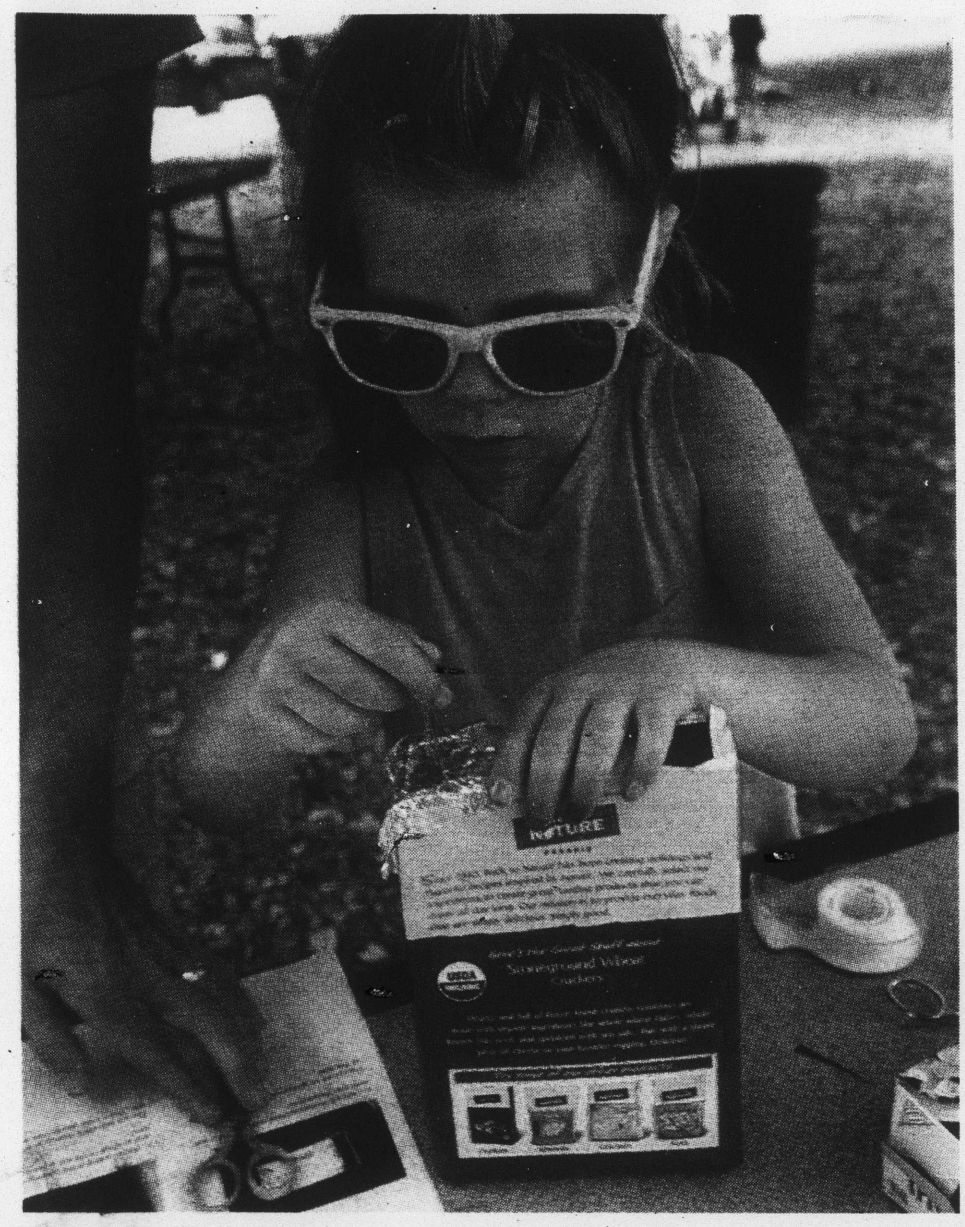
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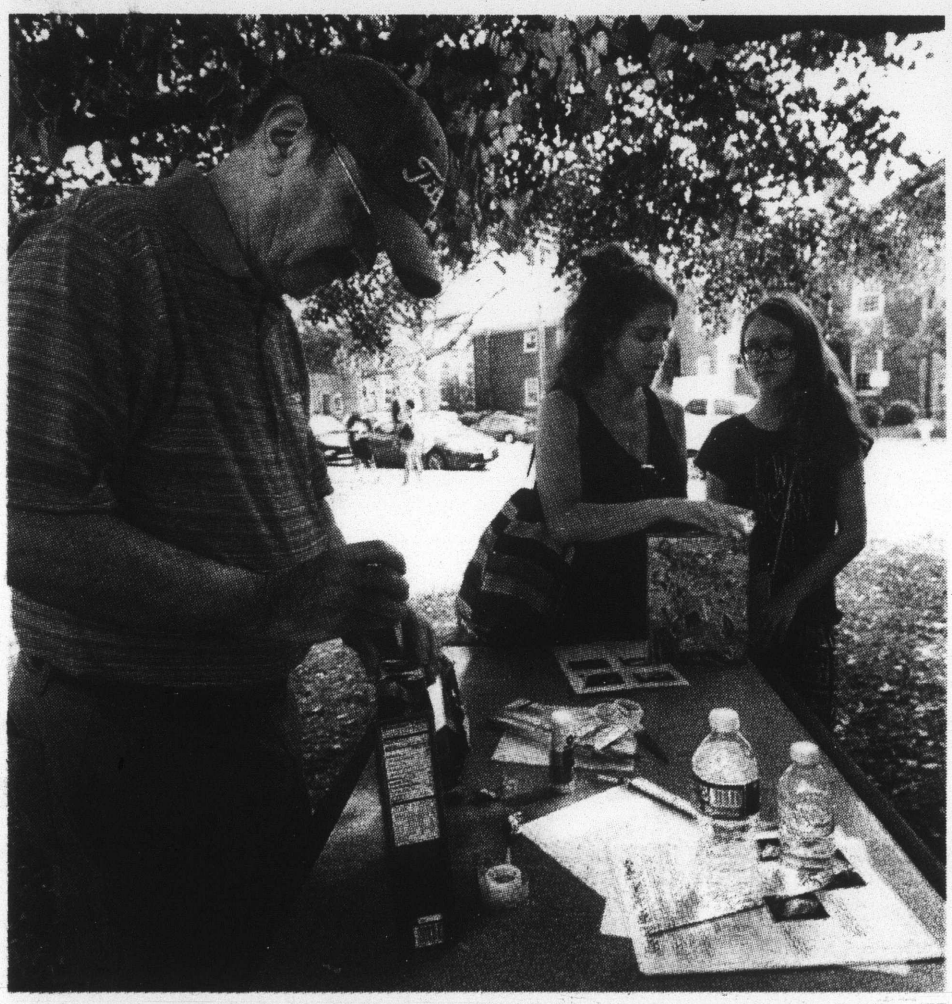
Partial Solar Eclipse - An Eye-Opening Experience



TEAGAN WELBY, 6-1/2, converts a cereal box into a pinhole viewer to watch the progress of the partial solar eclipse Monday afternoon at the Crane Public Library.



ABOUT 70 ADULTS and children gathered on the lawn of the Thomas Crane Public Library Monday afternoon for the library's Solar Eclipse Celebration. Clouds filtered the sun at times during the eclipse. *Quincy Sun Photos/Tom Gorman*



TIM STEVENS creates a pinhole viewer to safely view the partial eclipse of the sun.

Cub Scout Meet And Greet Aug. 29

Families of boys in grades K-5 are welcome to come meet and learn about Quincy's Cub Scouts Pack 42 on Tuesday, Aug. 29 from 6:30 to 8 p.m. at Bethany Congregational Church, 18 Spear St., Quincy Center.

Come participate in some activities, meet leaders and scouts and learn about all the fun things all year round in scouting.

For more information on the Cub Scout program visit the Pack 42 website at http://cubscoutpack42.doubleknot.com or find us on Facebook, Cub Scout Pack 42 (Quincy, MA).

Strength Training For Seniors

The Quincy Council on Aging is offering a 10-week strength training session with personal trainers Maggie Faretra and Joanne D'Andrea, beginning Thursday, Sept. 7th from 10:30 to 11:30 a.m. at the Kennedy Center.

The cost for the 10-week session is $50. Two free sessions are offered at the end of the 10 week session. Payment must be made at time of registration.

For more information call the Kennedy Center at (617) 376-1506.

Quincy's 7th annual
candlelight overdose vigil



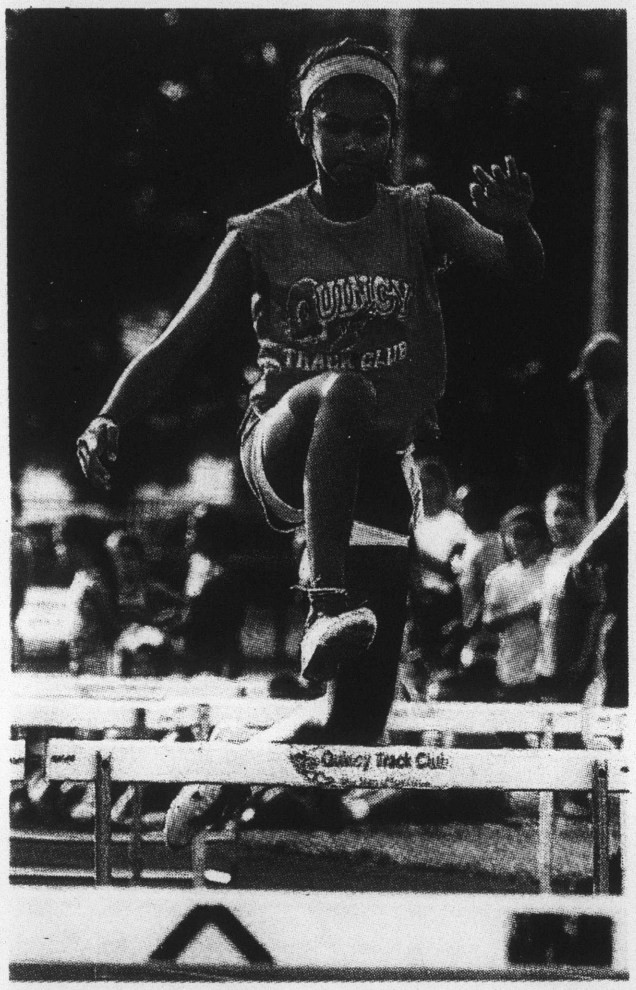
To remember all those lost to overdoses and support those affected by substance use disorder

Time: Registration of names to be read 6:30 - 7PM, ceremony begins
Location: Thomas Crane Library Lawn: 40 Washington Street, Quincy
Rain Location: Bethany Congregational Church 18 Spear Street, Quincy

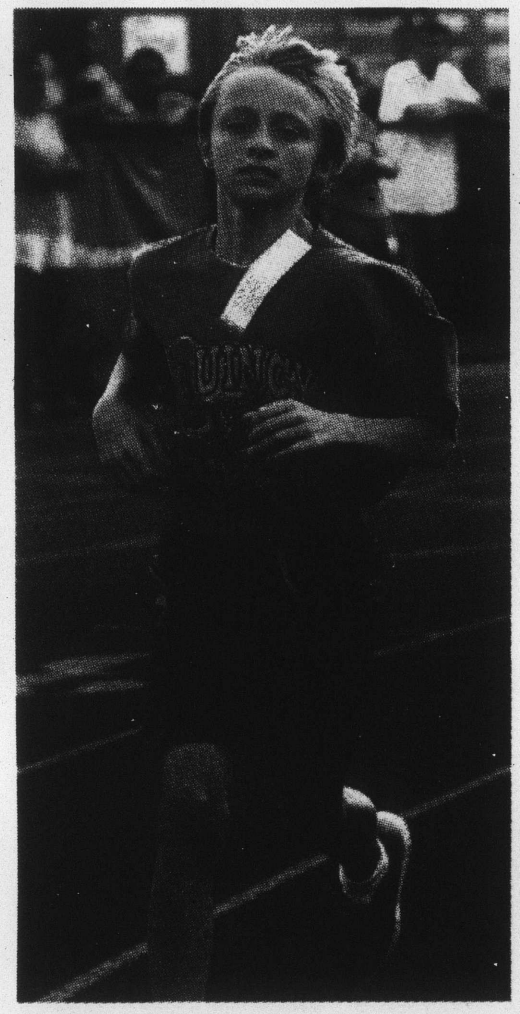
One Community working together to bring the message of "HOPE BEYOND LOSS"
Resource tables and follow up support group

Hosted by Mayor Thomas Koch's Substance Abuse Prevention Task Force in collaboration with our many community partners
Questions or additional information contact: [redacted]

Run And Fun At Frank Kelly Memorial Track Meet



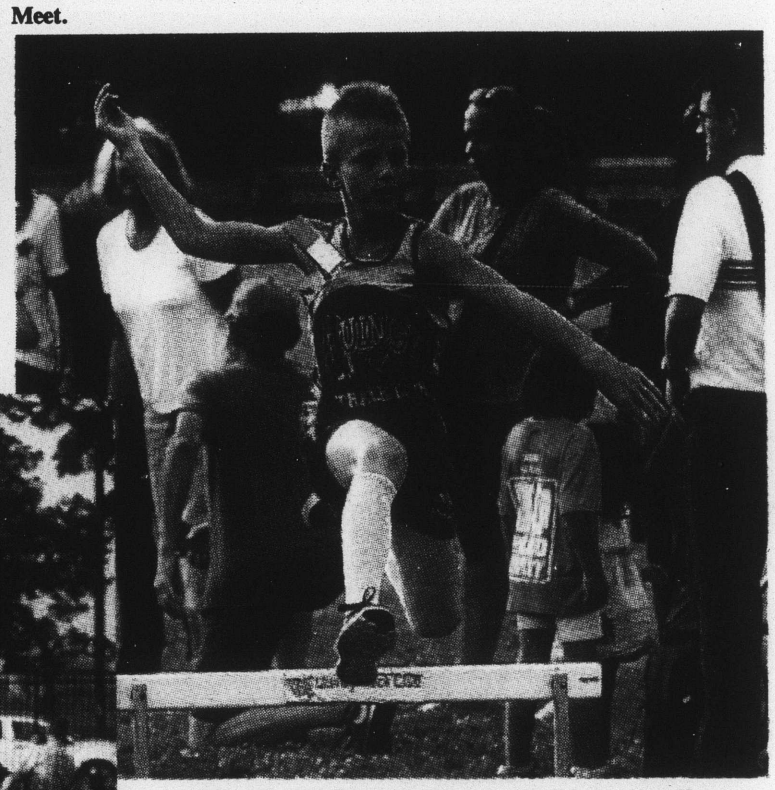
HUNDREDS OF YOUTH recently competed in the Frank Kelly Memorial Track Meet at the Faxon Field Complex, 86 Coddington St., Quincy. Here Izzy Kraimer clears a hurdle in the 11-12 girls hurdles. *Quincy Sun Photos/Robert Bosworth*



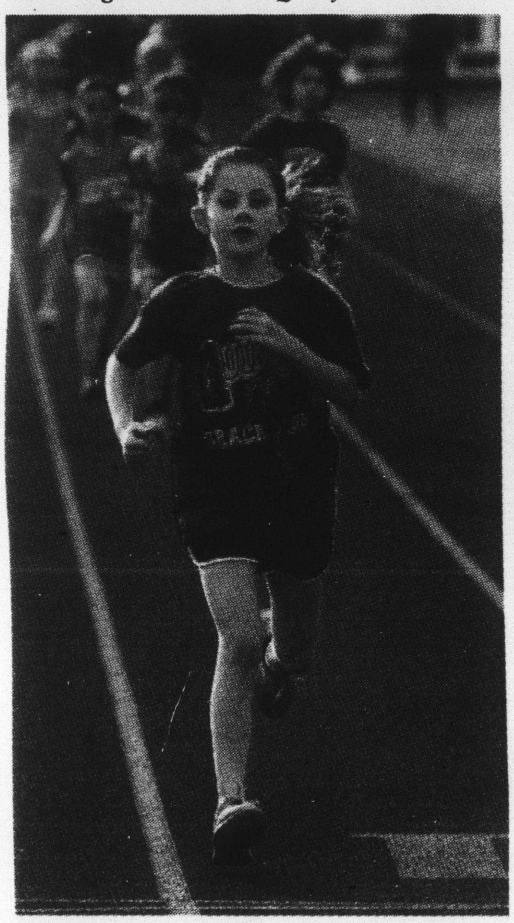
ROBERT CANNON competes in a running event at the recent Frank Kelly Memorial Meet hosted by the Quincy Track Club.



CHLOE GUIA clears a hurdle in 7-8 hurdles at the Frank Kelly Memorial Meet.



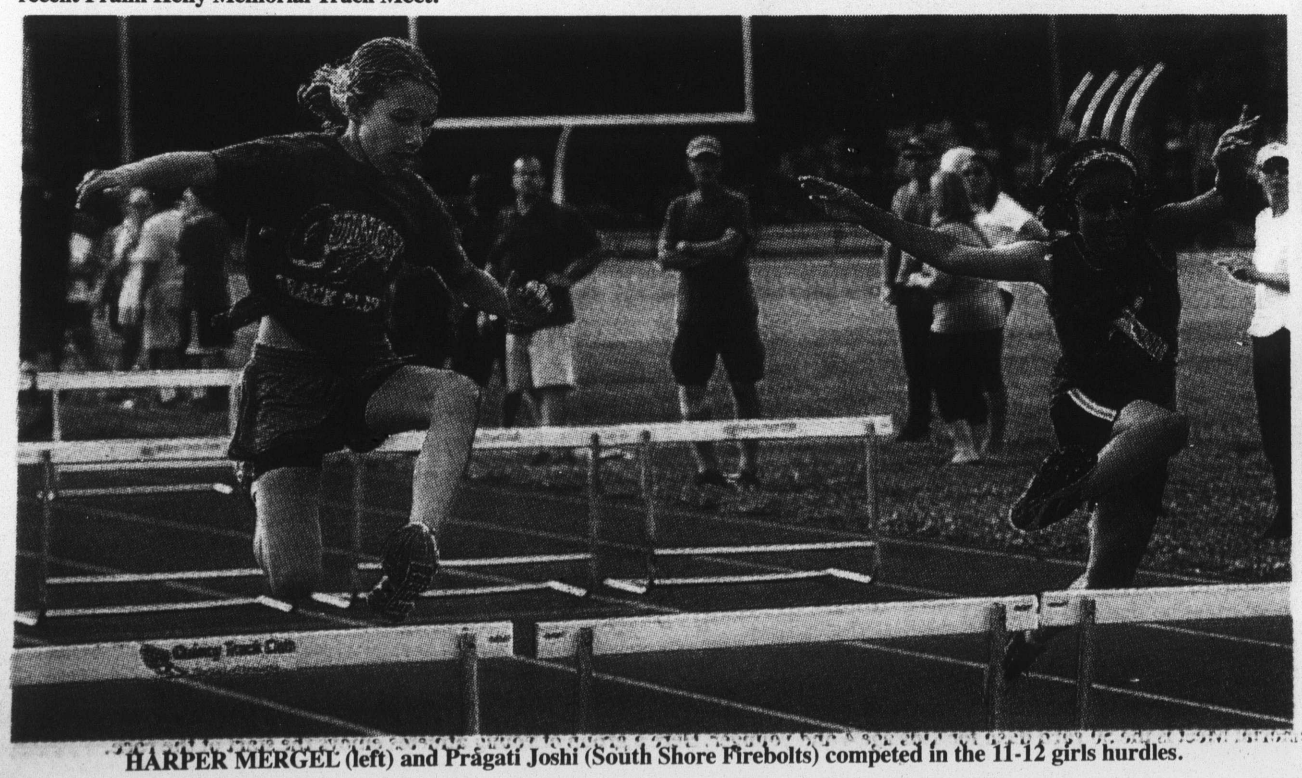
BLAKE NELSON competes in the 7-8 boys hurdles.



OLIVIA CLIFFORD leads the pack crossing the finish line in one of the many running events at the recent Frank Kelly Memorial Track Meet.



JOEY FERREIRA takes off in the running long jump.



HARPER MERGEL (left) and Prägati Joshi (South Shore Firebolts) competed in the 11-12 girls hurdles.



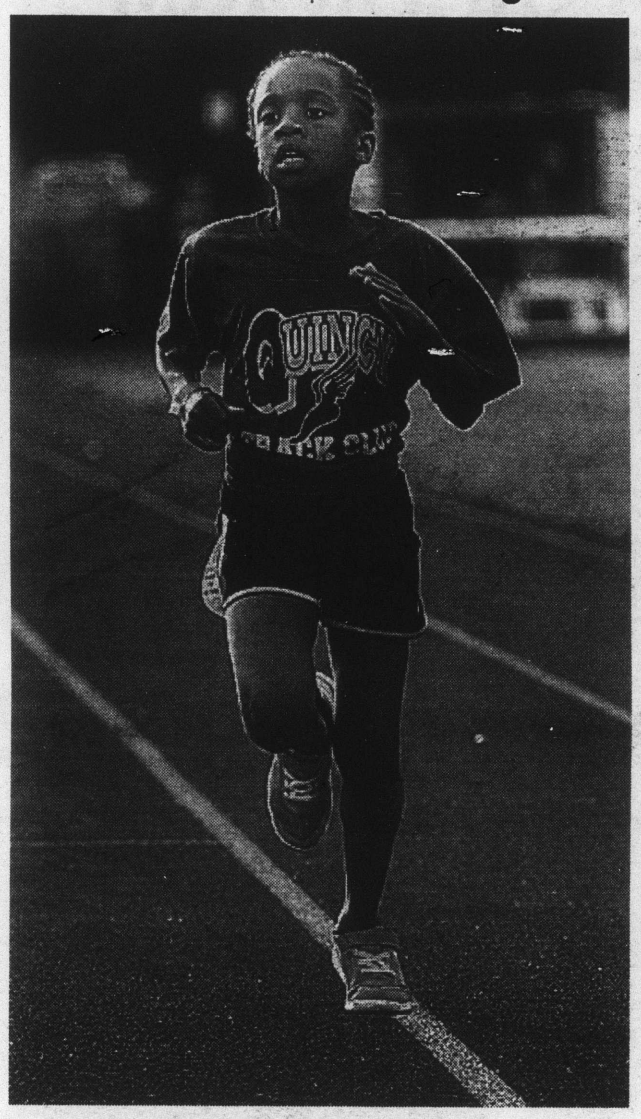
TERESA McNALLY competes in the turbo javelin throw at the recent Frank Kelly Memorial Meet.



HURDLING THEIR WAY down the track in the 7-8 girls hurdles event at the recent Frank Kelly Memorial Meet at Faxon Field are (from left) Emily Ryan, Grace Warren, Mikaela Ferriera, McKenzie Sullivan and Olivia Clifford.

Quincy Sun Photos/Robert Bosworth

Frank Kelly Memorial Meet: Fun On The Run



LOVE ROBY crosses the line in the 400 meters.



COMPETING IN THE 13-14 girls hurdles at the recent Frank Kelly Memorial Meet are (from left) Sorcha Quinn, Gerelle San-Jose and Sabrina Egan.

Hundreds Of Youth Compete In Annual Event Hosted By Quincy Track Club

By JOE REARDON

Running easy with the fluid stride of a distance ace, Maddie O'Hara-Kelly could just as easily been running over the lush landscape of Ireland as the Faxon Field Track. With wins in both the 400 and 800, the 11-year-old Irish Rose was one of the most dominant runners at the recent Frank Kelly Track Meet.

The annual meet, put on by the Quincy Track Club and its legendary coach Geoff Hennessy, has become a staple in the city and a stepping stone for young kids who have gone on to become some of the city's best and most well-known athletes.

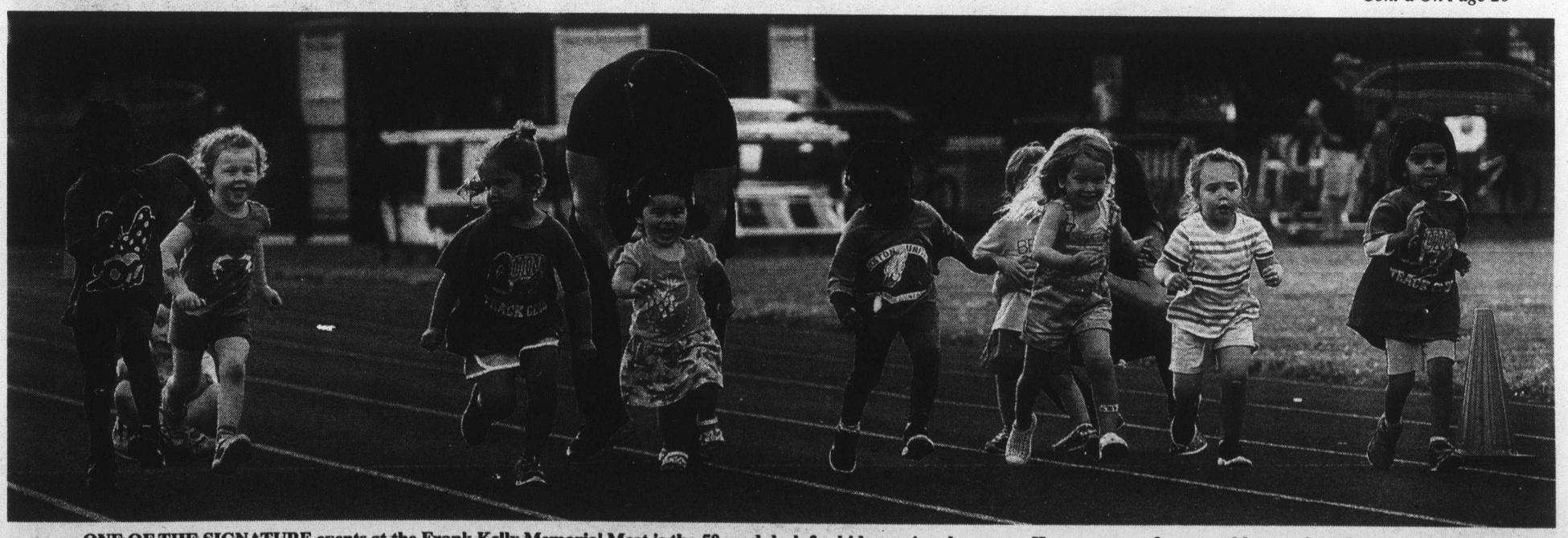
Maddie, who will compete in her first season of cross country beginning in September when she starts sixth grade at the Broad Meadows School, prefers the explosiveness of the 400 to the 800 on the track.

"With the 800 you have to do two laps," said Maddie. "With the 400 you can go right out and do your best. I've been doing track since I was 5. Geoff has given me feedback that helps me a lot with races. Like if you're in the 800 and you're in first place early, that can be a bad thing because you don't want to sprint at first."

Ten-year-old Liam Faherty captured the 800 in his age group as well, although he prefers the shorter, faster, 100 meters. "This is my first track meet this year," said Liam, who also plays basketball.

Soncha Quinn was yet another athlete who liked

Cont'd On Page 20



ONE OF THE SIGNATURE events at the Frank Kelly Memorial Meet is the 50 yard dash for kids age 4 and younger. Here a group of young athletes enjoys the start of the race.



Frank Kelly Memorial Meet: Fun On The Run

Cont'd Fron Page 19

the sprints, despite running away with the 800. An avid basketball player, the 14-year-old considers track to be her top sport. "I'll probably wind up doing the 400 (in high school)," said Soncha. "I've been in the Quincy Track Club since the fourth grade. It's a lot of fun and I've made a lot of new friends. I know a lot more people now because of it. Geoff is a really good coach and I'm really excited that he'll be my coach in high school."

It was smooth sailing for 9-year-old Harper Merget as she bolted to victory in the hurdles. "I've been in the track club for two years," said Harper. "I like how there is an event for everyone."

As much as Hennessy loves to coach at the high school-aged athletes, he gets just as much satisfaction watching the younger kids get their first taste of track at the most basic level.

"It's awesome. This is so much fun," said Hennessy. "These kids come to you and they just want to compete. The win and loss - that means nothing. Kids just want to get going and spread their wings. The first year I did this (1974) the kids come to you and they don't know anything about track. They just want to run, jump and throw. A lot of kids went on to have success later on and they started with us. Every year is like a rebirth. It's never the same old, same old. Some sports keep kids together year after year, but with us it's a complete reorganization and start over. And what that means is that some kids who weren't at the top become the top kids in their event and age group."

Members in this year's Quincy Track Club include: Brendan Adams, Owen Adams, Sadie Adams, Dylan Aldoupolis, Wesley Aldoupolis, Zachary Aldoupolis, Rayan Alghazawneh, Josephine Altavesta, Lucia Altavesta, Salvatore Altavesta, Amira Altsaid, Amelia Andre, Tristan Andre, Will Arndt, Aviv Noah Augustin, Liam Bailey, Kavya Balamurugan, Heidi Barber, Jesse Bargar, Sam Belcher, Alden Belfort, Kyle Belony, Collin Berard, Ellie Berard, Chitraang Bhagania, Guaraang Bhagania, Elle Blaton, Soham Bondre, Evan Bowe, Madelyn Bowe, Jackson Breslin, Brighid Burke, Joey Burke, Elam Burke-Lewis, Evania Burke-Lewis, Ezekiel Burke-Lewis, Abigail Cannon, Annie Cannon, Charlie Cannon, Maria Cannon, Robert Cannon, Thomas Cannon, Kensie Carroll, MacKenzie Carty, Marcy Carty, Madeline Case, Evalyn Catrambone, Lilliana Catrambone, Bradley Chaisson, Nathan Chaisson, Sadie Chaisson, Abheri Chanda, Braeden Chartier,



Lila Chartier, Anna Chen, Cory Cheng, Jojo Cheng, Aiden Christian, Anthony Clark, Dylan Clark, Julianne Clark, Sophia Clark, Kyle Clements, Cali Clifford, Olivia Clifford, Wil Clifford, Love Colantonio, Roby Colantonio, Molly Colantonio, Thomas Colarusso, Angelina Coletti, Elizabeth, Cordero, Thomas Cordero, Wil Cotter, Cole Coughlin, Jack Coughlin, Anya Coulter, Elliot Coulter, Harlow Creedon, Gabriela Cutone, Jeffrey Daignault, Trevi Damon, Liliana Dauphinee, Emma Davis, Charlie Deane, Caroline DeCoste, Elizabeth DeCoste, Andrew DeLisle, Elizabeth DeLorenzo, Isabelle Demo, Luisa-Raquel Devarie, Mehar Dhall, Delaney Djerf, Patrick Donovan, Paul Dugan, Savannah, Durand, Vivian Durand, Sabrina Egan, Emma Enos, Joe Enos, Liam Faherty, Natasha Faherty, Oisin Faherty, Shane Faherty, Eliana Fasano, Joey Ferreira, Mikaela Ferreira, Thomas Fitzgibbons, Berkeley Flater, Mckenna Flibotte, Shae Flibotte, Savannah French, Deveraux Fuller, Grant Fuller, Jamie Fulton, John Fulton, Peter Fulton, Hannah Gallagher, Callie Galligan, trevor Gardner, Colin Geagan, Patrick Geagan, Alexander Giaquinto, Bridget Gilmartin, Delilah Giordano, Esmeralda Giordano, Eddie Giza, Avery Glennon, Robert Glennon, Connor Green, Seth-Odin Green, Riley Greene, Ryan Greene, Iliana Gregoriadas, Ella Grimes, Niamh Grimes, Skyla Guadalupe, Vanessa Guan, Alexandria Guia, Chloe Guia, Ponette Hamel, Anya Healy, Finn Healy, Ryan Healy, Kazuki Hedge, Tim Heise, Eliza Henry, Emilia Henry, Jack Herlihy, Keira Herlihy, Hayden Hill, Kylee Hughes, Cooper Ilacqua, MacKenzie Ilacqua, Madeline Ilacqua, Riley Ilacqua, Joseph Ippolito, Michael Ippolito, Yoshitha Jayakumar, Leon Jean-Louis, Madison Jeffers, Jassenja Jones, Ahmed Kaddour El Boudadi, Amina Kaddour El Boudadi, Nathan Kane, Eshwar Karthick, Alexander Kasimati, Mateo

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Frank Kelly Memorial Meet: Fun On The Run

Cont'd From Page 20

Kasimati, Bridget Keane, John Henry Kennedy, Rory Kennedy, William Kennedy, Grace Kenney, Charlotte Kerfien, Jacob Kerfien, Joshua Kerfien, Austin Keung, Cody Keung, Chloe Kingsbury, Mriduna Kishore, Payton Knight, Spencer Knight, Bridget Knox, Joseph Knox, Finely Kolaric, Eli Kream, Megan Kream, Jonathan Lanergan, Liam Leahy, Liam Lee, Ciaran Lee, Patrick Lee, Rory Levesque, Colton Linkiewicz, Gabrielle Linkiewicz, Maxwell Linkiewicz, Macy Lippincott, Dennis Liu, Isabel Llamas, Marcela Llamas, Liam Lundon, Alanna Lynch, John Lynch, Kailey Lynch, Leili Mahrouk, Teresa Manning, Donna Manzi, Srivatsan Marimuthu, Dante Marinilli, Luca Marinilli, Samira Marinilli, Armand Matijasevic, Milan Matijasevic, Eli Matteson, Patrick Matthews, Tommy McGill, Niamh McGillicuddy, Maya McGrath, John McGurty, Aidan McKeen, Charlie McLaughlin, Mary McNally, Teresa McNally, Ellis McRoberts, Gemma McRoberts, Max Melchin, Christine Marget, Harper Merget, Tyler Merget, Brayden Milano, Arthur Miller, Giulianna Monaco, Jamari Moreno, Lucy Morkan, Filip Mozoul, Lvana Mozoul, Cash Murphy, Ella Nadworny, Sophia Nadworny, Blake Nelson, Zoe Nelson, Hayden O'Connell, Jake O'Connell, Quinn O'Connell, Orla O'Driscoll, Madison O'Hara-Kelly, Ciara O'Neill, Niamh O'Neill, Lucas Ortiz, Mateo Ortiz, Sicilia Palermo, Enhea Panariti, Nicole Panariti, Aryanksh Parida, Gabriel Phillips, Andrew Pina, Elisabeth 'Libby' Pina, Eamon Pint, Mac Poles, Shane Polvere, Jack Potter, Yash Prakash, Cullen Quilty, Lily Quilty, Daithi Quinn, Sorcha Quinn, Anushka Raj, Victoria Rejd, Russell Rodenhiser, James Roper, Matthew Roper, Jake Roston, Arianna Rouse, Emma Roux, Anna Ruggiero, Michael Ruggiero, Emily Ryan, Vivan Sahoo, Sophia Salah, Gerelle San Jose, Terezze San Jose, Renzo Santangelo, Mia Scaife, Mark Schaaf, Alexander Schramm, Seyon Shankar, Niharika Shinde, Audrey Simons, Hiyaa Singh, Amar Skeete, Jaedn Skeete, Sofija Slezas, Charlette Smith, Harold Smith III, Madison Stenberg, Megan Stirling, McKenzie Sullivan, David Sutter, Addison Swanson, Caiden Swanson, Audrey Tallent, Cate Tallent, Christian Terry, Maya Tittel, Cassidy Travers, Aaron Tsang, Jonathan Tsang, Connor Wagner, Katherine Walker, Caden Wallace, Frankie Walsh, Tara Walsh, Gabrielle Warner, Grace Warren, Tom Warren, Jaiden Weathersby, Nisariah Wise, Avery Wood, Caitlin Wood, Ciara Wood, Delaney Wood, Kylie Wright, Shane Wright and Rui Wu.





More Frank Kelly Track Meet Photos Online: www.TheQuincySun.com (click galleries)

QUINCY TRACK CLUB

CROSS COUNTRY RUNNING PROGRAM

Boys & Girls Ages 5 to 14

From Quincy and Surrounding Communities

$40 per child



REGISTRATION

EVERY MONDAY AND WEDNESDAY BEGINNING SEPTEMBER 11TH

6-7 PM

Quincy Residency NOT Required

PAGEANT FIELD

1 Merrymount Parkway (top of the hill)

For Information Call or Text

Geoff Hennessy 617-510-1456

www.quincytrackclub.wordpress.com

email: quincytrackclub74@gmail.com

FOLLOW US ON FACEBOOK

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

On Monday, Aug. 14, at approximately 2:15 p.m., Officer John O'Donnell along with Detectives Reilly, Dentremont, and Bowes responded to a Vassall Street address to serve an arrest warrant on a 39-year-old female. The default warrant was from Boston District Court for assault and battery on a public employee and assault and battery on a police officer and resisting arrest.

As the officers approached the house, a female (the suspect) and a male were standing on the front porch. Detective Bowes asked the female if she was the person named on the warrant and she responded, "Yeah, what do you want?" The female immediately clenched both fists and widen her stance, movements that the officers believed were intended to show that she was going to fight.

The detective asked the suspect to come down from the porch, which was five steps up. When she didn't respond, Detective Bowes again requested that she come down off the porch. The suspect asked, "What's this about?" The detective then walked up the steps stating that there was an outstanding arrest warrant for her.

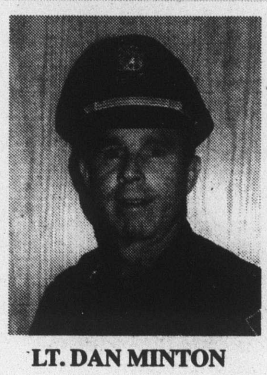
As Detective Bowes reached for the suspect's right arm in an attempt to place her under arrest, the suspect struck Detective Bowe's left forearm with her closed right fist. Detective Reilly was able to gain control of the suspect's left arm, while giving verbal commands to place her arms behind her back. Officer O'Donnell gained control of the suspect's right arm while Detective Bowes assisted Detective Reilly with the suspect's left arm. The suspect continued to resist and disregarded verbal commands to place her hands behind her back.

During this struggle, the suspect was guided to the ground which enabled her to free her left hand and put it under her body. Detective Dentremont attempted to gain control of her left hand which resulted in the suspect slapping his hand away. During this struggle, the suspect scratched Detective Dentremont's right hand causing it to bleed. Detective Dentremont was able to gain control of the suspect's left arm at which time she was placed in handcuffs. The suspect was led to Officer O'Donnell's cruiser and handcuffed.

Officer O'Donnell attempted to guide the suspect into his cruiser, but the suspect stiffened up and attempted to push her body away from the cruiser. After a brief struggle, the officers were able to get the suspect into the cruiser.

In addition to the default warrant, the suspect was charged with two counts of assault and battery on a police officer and knowingly resisting arrest. Nice Work!

❑



LT. DAN MINTON

ANOTHER JOB WELL DONE: On Tuesday, Aug. 15, at approximately 12:40 p.m., Officers Paul Jackson and Steve O'Donnell were dispatched to a Beale Street residence for a male/female disorder.

Upon arrival, the officers observed a female outside yelling and then go into the house. There was also a male in the back yard. Officer Jackson interviewed the female while Officer O'Donnell spoke to the male.

The female was visibly upset and crying. She said that her boyfriend is involved in a civil court case and just learned that his attorney required an additional $6,000 for future services. The female said that they are already struggling to pay the bills and that she became very upset and started yelling at her boyfriend. She said that she is fine and calm now. Officer Jackson advised the female of her rights under the domestic violence laws but she declined any further assistance.

Officer Jackson joined Officer O'Donnell interviewing the male, who was very calm. He confirmed the debt situation caused the argument. During the interview, Officer Jackson learned from the male and female that they both inflicted damage onto their jointly owned vehicle and neither one wanted to pursue any charges. He kicked the grill and she punched the hood, revealing minor damage.

During the domestic situation, there were three children present, appeared to be in good health and well taken care of. At this point, Officer Jackson went into the station to write his report. Soon after, a second call for a disorder came in for the same address.

When Officers Bob Sweetland and Steve Cleary arrived on scene, a neighbor approached them and showed a video of the female with what appeared to be a black pipe attempting to strike her boyfriend. Officer Sweetland then placed the 37-year-old female under arrest for assault by means of a dangerous weapon. Nice Work!

❑

FITNESS AND HEALTH CLUB THEFT: rates vary depending upon the facility's effort to prevent crime among other factors. Thefts can range from taking change from a member's locker to stealing a car by removing keys from a locker, then using the remote on the key to locate and then take the car. The crime rate in these clubs are often dependent upon the actual physical set up of the club, the clientele and the effort made by the club to deter crime.

*As always, report suspicious activity to staff and other members. You don't have to wait until someone steals a valuable to take action. Let a staff member monitor or question a person who is acting oddly.

*By reporting a loss due to theft, it helps management and the local Police Department create a pattern such as a time period and specific items being taken. It also helps law enforcement in reviewing video from security cameras for suspects or putting undercover officers in the club.

Below are crime statistics for the 4 main health clubs in Quincy for 2016 and part of 2017. Keep in mind that these statistics can be deceptive and most likely higher because victims may:

-report the crime only to the police

-report it just to the health club

-not report it at all, figuring there is nothing that can be done.

*By reporting a loss due to theft, it helps management and the local Police Department create a pattern such as a time period and specific items being taken. It also helps law enforcement in reviewing video from security cameras for suspects or putting undercover officers in the club.

CRIME STATISTICS FOR QUINCY HEALTH CLUBS:

2016	Anytime Fitness	Northeast Fitness	Planet Fitness	South Shore YMCA
M.V. breaks	0	0	1	6
Larceny	1	0	5	25
2017 (8/13/17)	**Anytime Fitness**	**Northeast Fitness**	**Planet Fitness**	**South Shore YMCA**
M.V. breaks	0	0	2	2
Larceny	0	0	4	10

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics
Aug. 11 – Aug. 17
ARRESTS: 27
TOTAL CALLS: 1119

FRIDAY, AUG. 11

INDECENT EXPOSURE, 10:42 a.m., Stop & Shop offices, 1385 Hancock St. Male party in cowboy hat, jeans and blue button up exposing himself in plaza. Security with party. One arrest for open and gross and lewd and lascivious.

LARCENY, 1:45 p.m., 352 Granite St. Lawn ornaments.

ASSAULT AND BATTERY, 5:03 p.m., 22 Bigelow St. MSP transfer. Caller hung up but stated his landlord attacked him. They were on the front lawn.

LARCENY, 7:14 p.m., YMCA, 79 Coddington St. Past larceny of a cellphone, watch and car keys.

LARCENY, 7:46 p.m., Excelsior Condominium, 1 City View Ln. Floral bouquet worth $75 was taken from lobby of residence. Occurred yesterday. There are screenshots on camera of male that took flowers and the vehicle he was driving. Complaint sought for larceny in a building.

ATTEMPTED BREAKING AND ENTERING, 7:48 p.m., 22 Mechanic St. Party reports someone entered her apartment last night using a key. Reports she knows because there were items behind the door they did not know about.

VANDALISM/PROPERTY, 8:07 p.m., Bryant Ave. & Grove St. Caller reports a truck parked at above. Saw a white meal in brown cargo shorts spray painting truck. Caller yelled at him and he fled on foot into backyards. Male also had a backpack. Small paint mark left. Requesting frequent checks.

BREAKING AND ENTERING, 10:35 p.m., Billings Rd. Someone appears to have broken in. Caller states his bedroom door is broken in. No one appears to be in there. Nothing taken.

SATURDAY, AUG. 12

BREAKING AND ENTERING IN PROGRESS, 2:06 a.m., North Quincy Shell, 315 Hancock St. Male wearing dark clothes broke into business with a hammer. Caller believes he was on foot and may have had dark hair. Caller was unable to get a good description and last saw the party inside the gas station. Unknown direction of travel.

MOTOR VEHICLE LARCENY, 9:39 a.m., 29 Hancock St. Party in lobby of Best Western requested officer to report his vehicle stolen and he knows suspect. Vehicle is a black Lexus sedan.

LARCENY, 1:29 p.m., Dunkin' Donuts, 825 Southern Arty. Car came up in the drive through and stole a case of energy drinks.

SUNDAY, AUG. 13

VANDALISM/PROPERTY, 1:16 a.m., 53 Newbury Ave. Broken window. 15 minutes ago. Does not see suspects.

VANDALISM/PROPERTY, 9:16 a.m., 128 Elmwood Ave. 2017 Honda Fit damaged overnight. Caller states her roommate unintentionally damaged the vehicle last night. Damage includes windshield and small dent on roof. She said while throwing a piece of 2x4 up at bedroom window it fell on top of vehicle. She said she was locked out of the house and tried to get her attention by waking her up. Roommate agreed to pay for all the damages.

BREAKING AND ENTERING, 8:43 p.m., Eventide Home, 215 Adams St. Building in unoccupied. Two B/M and two F/M rented a UHual and stole appliances. Unknown amount. Detective responding for prints. Detective sought complaint.

MONDAY, AUG. 14

ASSAULT AND BATTERY, 1:54 p.m., Vassall St. One arrest for warrant and A&B PO.

VANDALISM/PROPERTY, 3:52 p.m., Manet Ave. Vehicle damaged.

LARCENY, 8:04 p.m., YMCA, 79 Coddington St. Caller said his phone was stolen off the bleachers.

TUESDAY, AUG. 15

MOTOR VEHICLE LARCENY, 1:37 p.m., Highpoint Cir.

VANDALISM/PROPERTY, 2:34 p.m., Squantum School, 50 Huckins Ave. Caller said someone smashed her son's cellphone and the son says he believes he knows who did it.

VANDALISM/PROPERTY, 4:12 p.m., Greenview St. Large bolt in her tire. National grid is doing work on the street and it appears to be a bolt they would use. National Grid is working on gas line and is not using nuts or bolts. Also spoke with two detail officers. Looks like metal that might have been picked up on the highway.

VANDALISM/PROPERTY, 4:33 p.m., Granite Place, 125 Granite St. Parking lot. Arrest made for malicious damage.

BREAKING AND ENTERING, 4:59 p.m., 2 Hancock St. Caller saw neighbor's door appears broken. It is open and dog is barking inside. Officers unable to check apartment. Unsecured pitbull not letting them in. Will call when occupants return. Caller said there is a large amount of drugs in the unit.

LARCENY, 7:20 p.m., 625 Willard St. Wishes to file a report about employee who forged his signature on checks totaling $4,000.

LARCENY, 8:02 p.m., Montclair School, 8 Belmont St. Reports baby stroller was stolen from the park.

ATTEMPTED BREAKING AND ENTERING, 10:25 p.m., 143 Elmwood Ave. Homeowners came home to find door damaged.

WEDNESDAY, AUG. 16

BREAKING AND ENTERING, 3:54 a.m., Delaney's Pub, 35 Franklin St. B&E happened tonight. Entrance gained through back door.

VANDALISM/PROPERTY, 4:37 a.m., Glenwood Way. Caller states it looks like someone smashed her vehicle's windshield with a bat. Does not look like they gained entry to vehicle. No suspect or other damage in area.

LARCENY, 8:14 a.m., Home Depot, 465 Centre St. Caller reports his cellphone was stolen from above.

LARCENY, 10:28 a.m., Quincy District Court, 1 Ryan Pkwy. Work folder. Happened Aug. 14.

BREAKING AND ENTERING, 11:51 a.m., Cleverly Ct. Caller returned home after being away and found her room broken into.

BREAKING AND ENTERING, 6:59 p.m., Greenleaf St.

THURSDAY, AUG. 17

LARCENY, 9:36 a.m., 77 Adams St. Items. Complaint for larceny less.

LARCENY, 4:55 p.m., Granite St. Ring.

LARCENY, 5:23 p.m., Whitwell St. Happened Aug. 16. Caller reports larceny by a contractor hired to do work.

LARCENY, 8:31 p.m., Fore River Field, 16 Nevada Rd. Caller's cousin stole her medication.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Highpoint Circle, 29 Hancock Street

❑

CAR BREAKS: Revere Road, Victory Road, French Street, 99 McGrath Highway, Channing Street, Calumet Street, Glover Avenue

❑

BREAKS AND ATTEMPTED BREAKS: Cleverly Court, Franklin Street, Elmwood Avenue, 2 Hancock Street, Greenleaf Street, Billings Road, 200 block of Adams Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764 or** log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremont at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- *Lt. Dan Minton*

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Religion

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Do Not be Conformed to the World." Fellowship with light refreshments will follow the service.

All are welcome to attend Worship Services and numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon - 1 to 3 p.m. Visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, the Service is broadcast on QATV at 6 p.m. on Thursdays and 10 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational

The Sunday worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Candidate Pastor Stephen Vandergrift will lead the service and preach a sermon entitled "Who do you say that I am?" based on Matthew 16:13-20. Following his children's message the children may go to the hall for supervised activities.

Susan Stimpson and Glenn Brown will serve for the Diaconate. Steve Reed will provide the music.

Immediately after the service a vote will be taken to call Pastor Vandergrift to serve the church. All members please plan to attend for this important vote.

A fellowship coffee hour follows hosted by Nancy Jacobs. All are welcome.

On Saturday a Meet and Greet reception will be held in Fellowship Hall from 3-5 p.m. for Pastor Vandergrift and his wife Jean. Please stop by to introduce yourself and enjoy some refreshments.

A giant Indoor Yard Sale will also be on Saturday from 9 a.m. to 1 p.m. Something for everyone. Snack bar all day. Sale will benefit the "Save the Belfry Fund."

Summer monthly Yoga will be on Thursday, Aug. 31st at 7 p.m. in the Hall with Amy Ross. Bring a mat, water and $5.

Quincy Point Congregational

"Body Building for Christians" is the title of Peter Johnston's sermon Sunday at 10 a.m. in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

The church is handicap accessible, with an elevator via the Abbey Road side.

After worship, there will be light refreshments downstairs. While there take a moment to sign the "Birthday and Thinking of You" cards.

Rally Day, kicks off at 10 a.m. worship on Sep. 10th. The church invites students to bring their backpacks to be blessed on this day. To register for Sunday School classes which meet during the 10 a.m. Sunday worship or Youth Group, call 617-773-6424 or email office@quincypointcong.org for registration materials. The children learn about the Bible and participate in Mission work using the "Deep Blue curriculum, see www.deepbluekids.com for more info. They have many unique opportunities to be involved with choir, learning an instrument, and helping with videoing the Service.

Beth Shalom – Blue Hills To Hold Open Houses

Congregation Beth Shalom of the Blue Hills, will hold two Open Houses in September for prospective members.

The first Open House will be a "Shabbat Under the Stars" on Friday, Sept. 8th and begins at 6:30 p.m. with a barbecue (rain or shine), followed at 7:40 by a Musical Shabbat Service and a Festive Oneg Shabbat dessert. Open to anyone interested in the synagogue, including its Rabbi Jerome Weistrop Religious School, it's free, but RSVP's are requested.

The second Open House will be Sunday, Sept. 17, 10 a.m. to noon. Visitors will be able to participate with their children in our Religious School's Family Rosh Hashanah program. Both Open Houses will be at 18 Shoolman Way (off Lodge St.) in Milton, with overflow parking on Pleasant Street only.

All interested families are invited to attend either or both Open Houses. Meet Rabbi Alfred Benjamin and Education Director Nancy Mollitor, learn about the congregation's programs and activities, tour our new building, and find out about our Special First Year Membership and Religious School rates.

For info. about membership or programs, call 617-698-3394, email office@BethShalomBlueHills.org or visit www.BethShalomBlueHills.org.

ENC Wind Ensemble Seeks Community Members

The Symphonic Winds at Eastern Nazarene College is beginning its 16th season on Wednesday, Sept. 13.

Since 2002, community members have participated in the fall and spring concert seasons under the direction of Professor Stephen Bell.

"Since the founding of the wind ensemble, over fifty South Shore community members have been part of the program with some members coming from as far away as Attleboro, Hull, Boston, Marshfield, Whitman, and Norwood," Bell said. "The wind ensemble is an extension of the instrumental music program at Eastern Nazarene College. Music Majors have had the opportunity to play with and conduct a full instrumental ensemble."

The Symphonic Winds rehearses each Wednesday from 6:30 to 8:30 p.m. in the Cove Fine Arts Center, Wendell Avenue in Quincy, on the campus of Eastern Nazarene.

"Over 35 musicians are expected to return for the upcoming fall season," Bell said. "The ensemble is currently looking to add some alto sax, trumpet and trombone players, but all wind and percussion players are welcomed."

"Local high school musicians are also encouraged to participate if they have been taking private lessons or have the recommendation of their local school band director."

Contact the music office at 617-745-3715 for further information or directions. This is a wonderful opportunity for community members to get actively involved in a musical ensemble at no cost.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ *Air-Conditioned*

St. John The Baptist
ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 &10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and
8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and
10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m. Candidate Pastor Stephen Vandergrift will lead the service & preach "Who do you say that I am?"
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
Rev. Peter M. Preble will conduct the service and preach the sermon "Do Not Be Conformed to the World"
Child Care Available For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service

QUINCY POINT CONGREGATIONAL
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, *Interim Pastor*
Peter Johnston, *Interim Associate Pastor*
Rachel Hallenbeck, *Music Director*
email: office@quincypointcong.org

Congregational

Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams Pastor
617-773-7432
www.wollastonucc.com

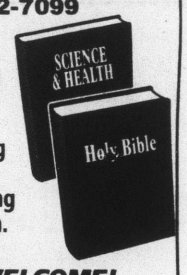
Unitarian Universalist

UNITED FIRST PARISH CHURCH
A THEOLOGICALLY LIBERAL CONGREGATION, ENCOURAGING PEOPLE TO SEEK THEIR OWN SPIRITUAL PATH. ALL ARE WELCOME.
CHALICE CIRCLE DISCUSSION GROUP:
SUNDAYS AT 10:30 AM
FOLLOWED BY FELLOWSHIP & REFRESHMENTS
REV. REBECCA FROOM
1306 HANCOCK ST., QUINCY
WWW.UFPC.ORG

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, *Minister*
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3RD Friday – Couples 7:30PM
4TH Friday – Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.


ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service
(Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Bev Keuther, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617.472.5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION army
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100